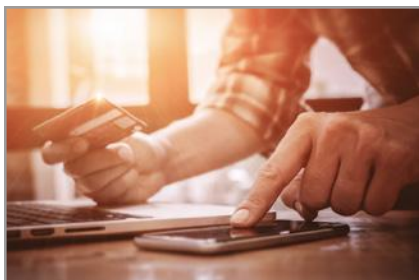


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Get your tickets now for Miss Cayman Universe pageant!

The changing face of South Sound

By Lindsey Turnbull

In 1976 an article was published in the July edition of the Nor'Wester magazine entitled 'Into the green heart of Grand Cayman' written by Clem Thomas. In it, the author describes the area bound by Smith Road, Crewe Road and South Sound as the "green heart of Grand Cayman". He describes his journey into this green and almost untouched land as follows:

"Drive along South Church Street, which continues as South Sound Road. After about seven minutes you will start seeing the canals on your left just as you are leaving South Sound village. Here, the sea and South Sound lagoon are to the south while the road itself winds through a pleasant young pine forest with occasional patches of mangrove."

While this description of South Sound might not be recognisable to readers only familiar with present-day South Sound, now home to huge condominium developments interspersed with a dwindling few Caymanian cottages the length of South Sound Road, there is one landmark that was as much a stand-out feature 40 years ago as it is today:



► Vela showcases a modern aesthetic

"Continue past the rugby pitch – again on your left and with its unmistakable H-shaped goal posts – until you reach the next canal and track exiting left; in all about ten minutes from the centre of George Town."

Forty years ago, South Sound appeared to be a haven for wildlife, as the author notes wild pineapple, a Louisiana heron, a higgat, water lilies, a 'Donkey's

Eye' butterfly, aerial roots and mangrove along his South Sound journey.

A special place

Just a few years later, Mary Lawrence wrote a comprehensive piece on South Sound in her walk down memory lane, published in the February 1979 edition

... Continued story on page A9

Cayman in top 5 Safest Caribbean Islands

The Cayman Islands has placed close to the top of the list of global island destinations considered safe for tourists.

A recently published guide to the 'safest and most dangerous Caribbean islands' the travel site TripSavvy, ranks the Caymans fourth out of a list of 12.

It says "The Cayman Islands is another British Overseas Territory widely known as a financial haven for wealthy individuals, and thus, is very safe for travellers."

Noting that the "murder rate is relatively low, with a rate of around five per 100,000 population", it contrasts this with destinations such as St Kitts, Trinidad and Tobago, the Dominican Republic and Jamaica.

At the other end of the Tripsavvy scale, Jamaica, ranked at number 12 (out of the 12 islands compared) is described as having "one of the highest murder rates in the world, but 70 per cent of all crime is linked to the drug trade".

St Kitts and Nevis is ranked at 11 with its capital Basseterre, said to have "the highest murder rate of any capital city in the world, and the overall homicide rate is the eighth highest across the globe."

"Most violence and criminal activity in the country is believed to be gang or drug-related."

Tripsavvy concludes that "it goes without saying that travelling to this country is at your own risk."

... Continued story on page A3



► Cayman Islands George Town

Police appeal for witnesses in Boat Accident



Investigations into the boating collision which occurred in the North Sound on Sunday, 11 August continue, and police are appealing for any witnesses who may have seen either of the boats involved in the collision that day or early in the evening.

One of the boats involved, which capsized as a result of the collision, is the Pepper Jelly, a white 32-foot Scarab centre console boat with two engines, registered to Mango Jam Charters. It is said to have docked in Camana Bay where several

... Continued story on page A11

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EDITORIAL

Get ready to vote

As at 8pm 12th August, the petition calling on Government to give the voting population a peoples'-initiated referendum on whether they want the cruise berthing project to go ahead reached more than 85 per cent of verified signatures. This means it is most likely that the Elections Office will have verified the remaining 14.9 per cent by the end of this month.

Government has said once it has received the requisite number of verified signatures (at least 25 per cent of the overall voting public) they will consider whether to go ahead with a referendum, as permitted under the Constitution when there is a matter of national importance to consider. We believe that a project of this magnitude and cost, estimated by the Government at just under \$200 million, constitutes a matter of national importance and that the Government must listen to the voice of the people on this crucial issue.

We hope our readers have taken the time to read up as much as possible on the implications of either the pro-

ject going ahead or Cayman remaining with its existing berthing and port facilities. We hope readers have considered the economic impact such a project is touted to bring into the economy, the environmental impact such a huge development will undoubtedly make to our George Town waterfront, and whether, at the end of the day, Cayman actually wants to encourage more cruise tourists to our shores.

It should be for the people to decide who the real winners will be in this project and whether or not those winners are the local populace.

If and when a referendum is announced, we hope the question that the voting public will be asked to answer as set by Government will be a clear one that speaks directly to the populace and allows everyone to make a clear decision - does Cayman want a new cruise berthing and port facility or not. And once the vote has taken place, we hope the will of the people will be heard and Government will act according to the wishes of the people. 🇧🇪





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COMMUNITY NOTICES



Elections Office Update

Keep up to date on the Cruise Port Referendum signature verification

Visit Elections.ky
for regular progress updates

# of Elector Signatures Submitted for Verification*	# of Verification Forms Received	# of Signatures Remaining to be Verified	# of Verification Forms Remaining to Reach 5,292**	% of the Required 5,292** Signatures Received	Date & Time of Last Update of Verified Count
5,663	4,501	1,162	791	85.1%	Aug 12th, 8pm

*5,438 submitted June 12th + 199 submitted July 11th + 26 submitted August 5th
**Constitutionally required 25% of the 21,116 registered electors = 5,292

► Elections Office Update on Current Verification Process 13Aug

Airport Airfield upgrade project rescheduled

The Cayman Islands Airports Authority (CIAA), which owns and operates the Owen Roberts International Airport (ORIA) and the Charles Kirkconnell International Airport (CKIA), announced on Wednesday that their plans to commence runway upgrade works at ORIA this summer have been rescheduled due to unexpected extended contract negotiations.

The airfield upgrade project consists of five sub-projects, namely:

- Milling and Re-Paving of the existing Runway surface
- A Runway Extension to the west of threshold 08
- Filling of the ponds within the airfield perimeter
- Establishing a robust airfield perimeter road
- Expanding the aircraft parking ramp in an easterly direction to provide additional aircraft parking

Earlier this year, it was announced that the airport runway would be closed for eight consecutive weeks on a Tuesday, starting in September 2019, to facili-

itate the repaving and extension of the runway as part of this next phase of continued improvements to the airport infrastructure. However, due to these unforeseen circumstances, the milling and re-paving of the existing runway surface works will have to be rescheduled. The airport runway will now remain open on those eight Tuesdays in September and October, and the works will be carried out at a later date, in the evenings, outside of the normal operating hours of the airport.

"We are very grateful for the traveling public's ongoing cooperation as we work to improve the infrastructure at ORIA, and we sincerely apologize for any inconvenience these changes to the airfield upgrade project timeline may cause," said CIAA CEO Mr. Albert Anderson.

Other aspects of the airport airfield upgrade, such as the ramp expansion, the works of filling the ponds and establishing a robust airfield perimeter road, are expected to continue as planned and will not be affected. 🇧🇪



► Airside views of the new Owen Roberts International Airport

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Caymanian Times

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► Montserrat

Cayman in top 5 Safest Caribbean Islands

... Continued story from page A1

The Cayman Islands' sister British Overseas Territory, Montserrat ranks at number one - perceived to be the safest place in the Caribbean, according to Tripsavvy.

Of Montserrat, the travel site says "Montserrat is nicknamed "The Emerald Isle of the Caribbean," both for its terrain and the heritage of its inhabitant. The island is a British territory in the Leeward Islands and is considered to be the safest island in the Caribbean."

While Jamaica is considered by Tripsavvy to be the most dangerous in the Caribbean by its twelve-country ranking, the site does not give a ranking for several other Caribbean destinations.

For example, not included are the British Overseas Territories of Anguilla and the Turks and Caicos Islands, as well as several other Caribbean states such as Grenada and Dominica, all of which are known to have lower crime rates than Jamaica.

Tripsavvy says it based its rankings "on crime and murder rates, which describe the number of crimes or murders reported to law enforcement agencies per 100,000 inhabitants".

In the introduction to its report from June this year and largely based on 2010 information, "a few high-profile incidents can quickly get visitors wondering how they can stay safe during a Caribbean vacation, and what may be

lurking beneath the sun-and-fun image promoted in tourist brochures.

In general, fear of crime in the Caribbean is generally overblown," it noted.

"However," it adds, "the overall murder rate among developing nations in the Caribbean is nearly four times the average rate in North America.

High rates of unemployment and a lack of economic development along with narcotics trafficking breed crime, violence, and gang activity in many Caribbean nations."


Tripsavvy offers the following advice: "To avoid becoming a victim of a violent crime, do not associate with criminals by buying drugs or taking part in other illegal activities.

It's essential to keep in mind that safety is relative, and nowhere is completely free of dangers, including your backyard. Make sure you do your due diligence, try to avoid looking like a tourist and keep your wits about you.

Before you begin planning your Caribbean getaway, be sure to check the U.S. State Department crime warnings for Caribbean destinations."

Tripsavvy describes itself as "one of the top-10 travel information sites in the world as measured by comScore, a leading Internet measurement company, we have more than 50 writers — from lifetime locals to licensed tour guides — sharing useful travel advice and inspiration from destinations around the world." 🌐

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Miss Teen contestants visit Cayman Brac

On Saturday 10 August five beautiful young ladies – contestants in the forthcoming Miss Teen beauty pageant, took a tour of Cayman Brac. “The purpose of this trip is to explore our Caymanian Culture,” said Ms. Jessica Woods, a member of the Miss Teen organising committee.

The five contestants visited Cayman Brac Museum, where they saw displays and artifacts showing how Cayman Brackers lived in days-gone-by. They also visited Skull Cave, one of the Brac’s many caves that weave their way through the Bluff.

Cayman Brac Heritage House was next on the tour, where the contestants could see for themselves what everyday life was like. Cayman Brac is a very special and magical place, full of history and wonder, and all the contestants understood this to be true as they stood at the top of the beautiful bluff, overlooking the deep blue sea. There they saw the little lighthouse, which was put there nearly ninety years ago, and had to be hauled up the side of the cliff from a boat far below.

Ashley Gooden said: “For my first time being in the Brac, I must say I had a great time touring the island with my pageant sisters. My favorite part was visiting the Heritage House where we got to learn a bit more about our Caymanian culture. This was by far an amazing learning experience and I can’t wait to go again!”

Sadé Parchment said: “Cayman Brac was nothing short of amazing. I would have to say the bluff is at the top of the list of what I treasured the most. The scenery alone was breathtaking and ironically enough, a breath of fresh air.”

The ladies also visited the Cayman Brac Retirement Home, and the National Trust Parrot Reserve which stretches from side to side of the island, across the Bluff. Cayman Brac parrots are some of the rarest parrots in the world, because they are unique to Cayman Brac, and different from the Grand Cayman Parrot. The contestants found out all that was being done to protect our bird, and its habitat.

The Cayman Brac tour followed on from the earlier cultural tour of Grand Cayman, at the beginning of July, when the contestants were taken to Cayman National Museum, Cayman Turtle Centre, and Historic Pedro St. James.

The young princesses will also take part in a Motorcade on Saturday August 17, which will begin at the Lions Centre.

Tickets are currently on sale by committee members, contestants, Lorna’s Rubis Gas Station (Bodden Town), The Finishing Touch, Funky Tang’s and on EventPro. The cost is \$40 –premium, \$25 – General and \$15 Kids.



► Left to Right Monina Thompson, Ashley Gooden, Latecia Bush (Current Miss Teen), Saskia Edward (Heritage House Representative) Sade Parchment, Jada Bodden and Amelia Lamie



► Miss Teen contestants on the Brac’s beautiful beach



► Miss Teen contestants on the Bluff

Cayman Brac: Moving into the future

By Christopher Tobutt

Mervyn Scott is a man with a big heart, and an even bigger dream. That dream is to see the economy of Cayman Brac, his home and the island he loves, taking off.

Mr. Scott is the Operations Manager of Scott Development, which began back in the 1960s with just one big digger. Today it owns many heavy quarrying and earth moving trucks of all kinds and not only provides Cayman Brac with its building aggregate needs, but also exports sand and gravel to Grand Cayman. The Company owns many acres of land on Cayman Brac, and would very much like to encourage investors to come and buy it, develop it, and kick-start the flagging local economy.

“We are a family-owned business” Mr. Scott said. “The Scott family came to Cayman Brac in 1832, so we are some of the original settlers.” he showed me the huge trucks and earth-movers, rock-crushers and graders in and around the big quarry. There are great piles of sand, looking a bit like the sand dunes in the Sahara desert.

But this isn’t a desert. Instead it’s a lush, beautiful green emerald in the middle of the sea, which together with Little Cayman is about as close to most people’s dream of a Caribbean paradise as it is possible to get. “We have everything here,” Mr. Scott said, “We



► Mervyn Scott, of Scott Development



► The beautiful Bluff

have supermarkets, a hospital, modern communications, lovely restaurants and bars and beaches, and everyone is so friendly. But one thing we don’t have enough of, is people.”

“Cayman Brac is about where Grand Cayman was in the 1960s,” But, Mr. Scott says, there are just not enough people to make the Brac businesses work. He drove me around to show me some of the beachside bars and restaurants of all kinds. They were really nice, as everything in the Brac is, but they were nearly all virtually empty. It is lovely at the Brac, but there is not enough tourist accommodation, Mr. Scott said.

The first thing then, is more accommodation for tourists. Since the 71-room Divi Tiara Beach Resort closed in 2006, the main accommodation space has been split between the Brac Reef Beach Resort and the Carib Sands condo development, Mr. Scott said. The Alexander Hotel, which opened just over a decade ago, shut down in 2014. Mr. Scott showed me many ideal beach-side sites for luxury hotels, exclusive restaurants and condos, including the now bare site of the Divi Tiara, which is just waiting a new hotel to be built on it.

But right now, Mr. Scott is very excited about plans to make Cayman Brac a big

draw for cruise tourism, by developing the dock on the North West coast of the island into a cruise ship berthing facility. It would not be as big as the one currently envisioned for Grand Cayman, but the water there would be deep enough for the new mega-cruise ship, Mr. Scott said. a development company would be prepared to buy up more than 20 acres of Scott Development-owned land, to build a hotel, marina and condos. “We are waiting on a M.O.U. from government,” Mr. Scott said, explaining that the M.O.U would undergird investment by providing an assurance of Government cooperation in the plans. Mr. Scott says that at least one of the big cruise companies has expressed an interest in bringing ships there, if the new facility gets built.

“Our economy is at five O clock in the morning and it is about to open right up into the daylight. We want to give the opportunity to investors to get in on the ground floor,” Mr. Scott said. Certainly, the Brac is a paradise, waiting for people to come and fall in love with it.



► Captain’s Table restaurant



► Beautiful but deserted public beach



► La Esperanza



► Skull Cave



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Accessible Practices for Guests with Disabilities

The hospitality industry prides itself on giving its customers a warm welcome and providing outstanding service in pursuit of high guest retention and customer satisfaction. But, are we as an industry truly doing everything, we can to extend that same level of customer experience to ALL guests or customers, including those who have disabilities?

Studies show over a two-year period more than 26 million American adults with disabilities traveled for pleasure and/or business, taking 73 million trips. The study also quantified how much adults with disabilities spend on just their own travel - \$17.3 billion annually. Since these individuals travel with one or more other adults, the economic impact is likely double, or \$34.6 billion. Demand for accessible travel will continue to grow due to demographic ageing, creating the travel industry's greatest untapped opportunity - especially considering the U.S. is the number one inbound market for travelers visiting the Cayman Islands.

The Caribbean is one of the most popular vacation destinations in the world for disabled travelers, but not all Caribbean islands are equal when it comes to accommodating visitors who are handicapped, in a wheelchair or have limited



► Brooke Meyer is the managing partner of Caymera International

mobility. Travelers still face obstacles in accessing the most basic travel needs such as clear and reliable information, efficient transportation and public services, and a physical environment that is easy to navigate. Many islands are known for older structures that unfortunately lack accessible-friendly elements such as elevators- or overall do not have adequate provisions for those with limited mobility making access difficult, or - impossible. The U.S. Virgin Islands and Puerto Rico have a bit of a competitive advantage since they are part of the United States, they must comply with the Americans with Disabilities Act (ADA)

by ensuring accessibility for guests with disabilities. Barbados, Aruba, Jamaica and St. Martin have also been recognized for their accessible initiatives.

In order to enable guests from all over the world with these access requirements, as an industry, we must understand, implement, and enforce accessibility regulations - or at minimum internal policies in your own hospitality businesses so guests of all abilities can enjoy and experience our destination.

While there are circumstances that sometimes prohibit facilities or businesses from becoming fully accessible, there are simple ways to better accommodate guests with disabilities.

Information and marketing - provide detailed information on the accessibility of facilities and services in advance, making this information easy to find, while helping to avoid any surprises upon the guest's arrival to your business.

Customer service and training - It is critical that staff (both onsite and off) are properly trained to interact with guests with disabilities, respond to questions, and provide additional information regarding your business's accessible features. Poor customer service and lack of business upkeep can ruin a customer experience, even if the business itself is fully accessible.

Physical facilities - making reasonable adjustments to buildings and facilities. A hospitable experience is not provided when a guest cannot locate an accessi-

ble parking space, get to the front door, maneuver around his or her accommodations, or dine in a restaurant.

Guests with disabilities and older adults who benefit from accessible features are likely to become repeat customers for businesses that provide them with accurate information, informed assistance, and a friendly accommodating attitude.

For an evaluation of simple cost-efficient ways your business can improve its guest accessibility, a list of resources, or to schedule our employee training program Accommodating Guests with Disabilities, please contact info@caymeragroup.com or 936-3671.

Brooke Meyer is the managing partner of Caymera International, a Caymanian-owned hospitality and tourism consulting and advisory firm. She holds a master's certificate in Hospitality Management from Cornell University in Ithaca, NY and has also earned continuing education certifications in Hotel Real Estate and Asset Management, Digital Marketing, and Revenue Management from Cornell University. Brooke has earned the Meeting Professionals International's Certified Meeting Professional (CMP) and Professional Convention Management Association's Certified Association Sales Executive (CASE) designations. She has an unwavering commitment to mastering the dynamics of the hospitality industry - and sharing that wisdom with her peers, clients, and stakeholders. Visit Caymera at caymeragroup.com.



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THE DEADLINE FOR REGISTERING AS A DESIGNATED NON-FINANCIAL BUSINESS AND PROFESSION (DNFBP), UNDER SECTION 55F OF THE ANTI-MONEY LAUNDERING REGULATIONS (2018 REVISION), HAS PASSED.

ENFORCEMENT NOTICES ARE NOW BEING ISSUED.

Under Section 55S of the Anti-Money Laundering Regulations (Amendment) (No. 2) Regulations, 2019, you may be liable for an administrative fine of \$50,000 (sole trader) and \$100,000 (company).

In addition, a criminal conviction for breach of the Regulations may lead to a fine of \$500,000 plus two years' imprisonment.

For assistance please contact enforcement@dc.gov.ky or **244-3168**.

DCI would like to thank the majority of DNFBPs who have already registered.

Local Healthcare Officials Meet in Response to Global Warning

Local healthcare professionals have met a number of times to assess preparedness since the World Health Organisation declared the current outbreak of the Ebola virus to be a Public Health Emergency of International Concern last month.

In addition to facilitating lines of communication between the public and private sector, officials have also been working to review and update plans for dealing with epidemics of this nature, and discussing plans with our border control agency.

Chief Medical Officer, Dr John Lee, notes that recognising the outbreak as a Public Health Emergency of Interna-

tional Concern allows for intensified and coordinated international action to manage the threat by releasing funds and resources.

Ebola Virus Disease (more simply called Ebola) has caused sporadic outbreaks in Africa since the 1970s. It is likely that the virus is animal-borne, with bats being the most likely reservoir.

Ebola is spread by direct contact (touching) with:

- blood or body fluids of a person who is sick or who has died from Ebola
- blood or body fluids from infected bats or non-human primates
- semen from a man who has recovered from Ebola

• clothes, bedding, needles and syringes of a person who is sick or who has died from Ebola.

Ebola cannot spread to others when a person has no symptoms or signs of the disease. Although there is no licensed vaccination available to date, trials of vaccines are showing a good deal of promise.

Guidance from the World Health Organisation is currently that no country should close its borders or place any restrictions on travel and trade. Additionally for countries not in the affected areas, there is no requirement to screen passengers arriving at airports or other ports of entry.



For more information, call the Public Health Department on 244-2889 or 244-2621 or Faith Hospital on 948-2243. 📍

Renewing the focus On Education: The Teacher as the Central Force

Many factors make for student success in our schools. These include such critical ones as teacher and parent relationship, the extent of parental involvement and interest in the education of their children and the extent to which discipline and fortitude are nurtured and encouraged at both the school and the home, both reinforcing each other. Also important are the availability of critical resources, the quality of leadership in the school as well as its physical environment. Most critical, in my view, is the teacher- a motivated and competent educator, with the appropriate autonomy and accountability, is the central force deciding the quality of education that is delivered.

A speech given recently by Mrs. Felicia Robinson, Director of the University College's Social Work Programmes, to the volunteer teachers of the CXC Education Volunteer Programme, places in sharp focus the importance of teachers, at whatever level, and the crucial nature of the educational enterprise.

As we begin the New School Year and turn the spotlight more on education, those who teach must be constantly reminded that what they do is priceless and the better they do it, even more so.

What follows is taken verbatim from this excellent speech.

In the capacity as educators you are enriching not just the individual but also indirectly touching and reshaping your community. Through education, you are empowering and propelling students into new heights. Your work with the students enables them to create a new narrative; to vision and reach forward into new possibilities. It creates room for them to sit at tables where a seat is guaranteed based on academic or professional achievement only. Education opens doors for them to imagine, to tell and rewrite their story, to set goals for new successes, to meet social expectations, to practice reasoning skills, to think logically, listen carefully and expand their participation in society. All of this is what your giving facilitates. It helps the student to step into pathways

that will lead towards improved social status and life circumstances.

The aim of an educator is not to clone or reproduce him or herself. Rather, it is to challenge and inspire the student to become their best. The mentoring and teaching of students is intended to support their individual and collective successes. This is the responsibility that you undertake when you sign on to give and invest in the education of others.

I see education is an extraordinary gift that brings limitless possibilities for personal and professional success. As a three times graduate of the University of the West Indies and graduate from two other Universities in the United Kingdom, I am very much aware of the power and value of an education. Education helps us to advance but education also humbles us. It is true that the more we learn, the more we recognize that there is so much more that we do not know.

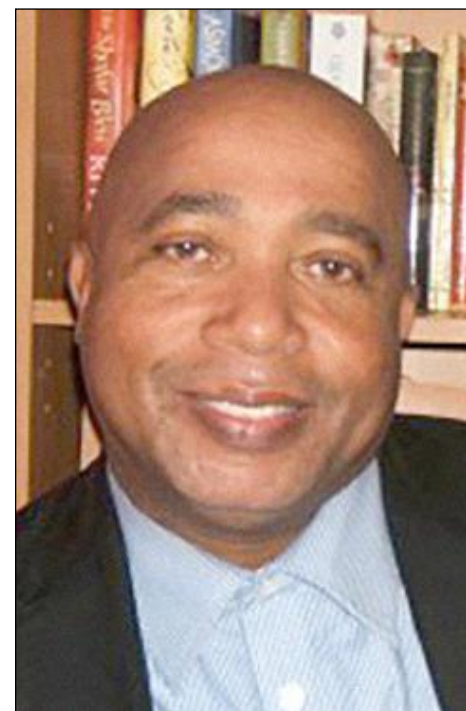
Let us be grateful for the privilege of access to a quality education. When I pause and reflect upon the breadth of opportunities that are available to educated individuals, I conclude gracefully that we all have a moral imperative to teach and bring others along with us into the knowledge world. The truth is the exact outcomes of what our students will become are often unknown to us at the beginning of their education journey. This uncertainty of outcome should never be a discouraging factor. It is because of our education that we can believe and hope that many others will be socially transformed.

Today, education is still counted as a powerful vehicle for social justice. However, I caution that education alone will not put all wrongs right. While it will not substitute for integrity or character, education can position the individual into the space where he or she can contribute to the process of redress, redirect trajectories and make changes. Someone has aptly de-

scribed education as the great leveler of social class and inequalities. This truth is very evident throughout our Caribbean societies. It is because of educational achievements that many of us here have experienced improvements in our family and personal economic circumstances. Without any doubt, our education has impacted the quality and definition of our social status and our family life.

Education also has the potential to bring changes into our employment settings and to engineer the transformation of the moral, socio-cultural, political and economic aspects of our communities. When we participate in the creating of a more highly educated population, we do so with the hope that our investment will contribute to the formation of a community of thinkers, dynamic, knowledgeable and ethical leaders. As educators is a moral imperative for us to be involved in the teaching and championing of transparency, honesty and accountability in public life and in influencing the definition and adoption of good governance models in our societies.

Education is not a passive engagement. Arguably, education has always had at its core a reforming agenda. As educators we are involved in what could be described as a political process of teaching, influencing and changing minds. As educators, we facilitate access to knowledge and information. We promote a voice when encourage individuals to speak up (opinion) and to engage in debating matters important to them. As teachers, we can shape the context of the social, political and economic discourse. We can influence the voice, tone, the volume and tenacity with which the



► Dr. Livingston Smith is the Vice President and Provost of UCCI

community speak on issues. By encouraging careful thought, respectful debate and exchange of ideas we instill in our students an appreciation of not simply rights but also their responsibilities. As educators, we are also involved in developing informed advocates who will challenge and seek to correct social injustice.

I would like to suggest these are some of the reasons why we choose to engage in the transfer of knowledge and in supporting the education of others. As educators we are simply opening a pathway for persons to enter and experience knowledge, greater freedom, and self-actualization. 📍

NOTICE

THE ELECTIONS OFFICE WISHES TO ADVISE THAT AS THERE HAVE BEEN NO CLAIMS OR OBJECTIONS FILED WITHIN THE PRESCRIBED PERIOD IN RELATION TO THE REVISED LISTS PUBLISHED ON 19th JULY, 2019 THE REVISING OFFICER WILL NOT BE SITTING IN ANY OF THE NINETEEN ELECTORAL DISTRICTS FOR THIS QUARTER

SUPERVISOR OF ELECTIONS

Advertise here!

Contact a staff member to find out how you can advertise in this spot!

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AUGUST 23RD

80's 90s Party

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FEATURING:
SELECTA RENEGADE // DJ SCATTA HYPE
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DOORS: 8:00 PM

At Surfers Paradise, The Mansion South Sound, (besides the Civic Center)

Dress code: Semi formal / beach attire

Tickets available at REFLECTIONS * EVENTPRO

SPONSORED BY

Get your tickets now for Miss Cayman Universe pageant!

Only a few days left. The Miss Cayman Universe pageant is fast approaching, and the committee encourages you to purchase your tickets at Funky Tang's or Sand Angels before they sell out. The 2019 pageant theme is 'A Magical Affair' and dress code is cocktail.

This year's event will be held in the main ballroom at the Ritz Carlton Resort on Saturday, 17 August. As there is a seating capacity, there will be a very limited quantity of tickets available at the door.

"This year's six contestants have been working tirelessly on runway and fitness training, in addition to their upcoming etiquette training session. They are very much looking forward to the event and we are excited to introduce them on the big stage," said Committee Chairperson Derri Dacres.

The committee would like to extend a huge thank you to this year's contestant sponsors:

Contestant # 1 - Mahalia Seymour, sponsored by Wauve's Fashion Contestants # 2 - Samantha Dixon, sponsored

by Mega Foods Distributors Contestant # 3 - Mariah Tibbetts, sponsored by ACE Contestant # 4 - Aleka Beckford, sponsored by Airport Professional Services Ltd. Contestant # 5 - Francine Wright, sponsored by Fashion Mart Contestant # 6 - Kadejah Bodden, sponsored by Personnel 2000

Seating is on a first-come-first-serve basis, so it is recommended that you get there early to secure your spot. The price of tickets remains at CI\$75, which includes a welcome drink and canapes.

Corporate sponsors, once again, are the Ministry & Department of Tourism, Cayman Airways, Hurley's Media and Radio Cayman, who continue to offer tremendous support leading up to the event.

Visit <http://www.missuniversecayman.com/> to learn more about the contestants and our reigning Miss Cayman Islands Universe, Caitlin Tyson. Follow us Facebook @Miss Cayman Islands Universe and Instagram @officialmissuniversecayman. [f](#)



► Charlie Lapson, will be one of the judges for the upcoming Miss Cayman Islands Universe pageant

Renowned designer and television host to judge Miss Cayman Universe pageant

International award winning designer, Charlie Lapson, will be one of the judges for the upcoming Miss Cayman Islands Universe pageant, this Saturday at The Ritz Carlton.

Mr. Lapson is recognised for his collections of jewellery, fashion and lifestyle products. He has been defined by the global press as an authority of style, while Entertainment Tonight has called him "The Designer for the New Millennium" and TIME Magazine referred to him as "One of the Hippest Designers in Los Angeles".

The committee is pleased to extend a warm Caymankind welcome to Mr. Lapson and is delighted that he has accepted the invitation to be an official judge for the pageant this Saturday.

Pageant seating is on a first-come-first-serve basis, so it is recommended that you get there early to secure your spot. Tickets are CI\$75, which includes a welcome drink and canapes. They are available at Funky Tangs and Sand Angels.

Corporate sponsors, once again, are the Ministry & Department of Tourism, Cayman Airways, Hurley's Media and Radio Cayman, who continue to offer tremendous support leading up to the event.

Visit <http://www.missuniversecayman.com/> to learn more about the contestants and our reigning Miss Cayman Islands Universe, Caitlin Tyson. Follow us Facebook @Miss Cayman Islands Universe and Instagram @officialmissuniversecayman. [f](#)

THE OCEAN IS A BETTER PLACE BECAUSE OF THEM.

NOMINATEDIVE.COM

Nominate those that have made a difference to the Cayman Islands dive industry and those that are making an impact today.

These local honourees are to be recognized at the International Scuba Diving Hall of Fame (ISDHF) induction Ceremony on October 4, 2019.

Closing, 30 Aug 2019

MINISTRY OF DISTRICT ADMINISTRATION, TOURISM & TRANSPORT
CAYMAN ISLANDS GOVERNMENT

CI First Rap Off Registration Extended

The deadline for the most talented Rapper in the Cayman Islands to win a trip to Sound Academy in LA for a four day workshop has been extended.

Cayman's very first National Rap Off signup deadline has been pushed to 16th August.

Officials from Hurleys Media and the Cayman Music and Entertainment Association said the reason for the extension was to make sure everyone had enough time to 'make the cut'.

So far there has been an overwhelming response to what CMEA representatives called an unprecedented event.

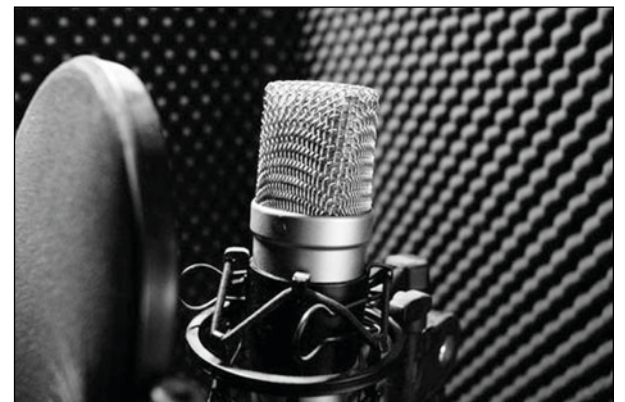
"The National Heritage and Culture Policy exercise has uncovered that most youngsters are creating rap music. We want to encourage that creative direction, as we have done the same with regional genres," noted a CMEA PR representative.

Music Association Officials added that the fact that there was a song contest during Pirate's Week that stipulated that only regional genres could participate, 'it was only fair and right that the same kind of opportunity existed for those doing American Urban Music/Hip Hop or Rap'.

Sound Academy is a highly accredited music program that will avails the winner of the Rap off of industry standard recording equipment, as well as best practices and strategies, as they relate to music and today's Music industry.

The Ministry of Culture and current Minister Dwayne Seymour have been instrumental supporting these kinds of opportunities and will also be endorsing the event and trip to Sound Academy, according to organizers.

"The Minister shares the vision of the Association and I have to say this is the most I have ever seen done by any Minister of Culture. He has been the most



progressive by far," noted CMEA President Jean Eric Smith.

The final of the competition is slated for the end of September and is set to take place LIVE on the radio airwaves of Hurleys Media.

To participate in the Rap Off Submit your music to cmeainfo@gmail.com

The Registration fee is CI\$50

"If you got the skills, we'll you assist you to pitch your music to record execs,!" reads a statement on the CMEA's official FB Page.

The CMEA has several other events on the Calendar each year. These include the Sounds of Love; an annual benefit concert, which takes place on 30th November.

On 7th December, the CMEA stages, "A Night with Legends." This yearly event features Chalice this year. International Singer Freddie Jackson was last year's headliner.

This year's show will honor The Tornados and Kiemanians. Last year's Night with Legends show honored the Humble and the Meek and Memory of Justice.

Lastly, is the Muzaic event, which is the biggest event on the Music Association's Calendar for the year. The event takes place on Heroes Day Weekend and is dubbed 'Muzaic Festival Weekend' and features four major events. Among these are the DJ Showcase, the Young Musicians Showcase, the Official Awards Ceremony and the Live Music Showcase. [f](#)



► IWC Managing Director Jason Brown

IWC celebrates 15 years of keeping Cayman clean

Solid waste management company Island Waste Carriers is celebrating 15 years equipping the construction, residential and commercial community with waste management education and service.

The company locally known as IWC started in 2004 with 1 grapple truck and 10 dumpsters, hauling its first load for Pro-Builders site in Red Bay. IWC would later join forces to assist MC Restoration with the 2.4 billion in damage caused by the CAT 4 Hurricane Ivan to assist with the clean-up of Grand Cayman in the wake of the 2004 storm. IWC not long after landed its first government contract to relocate the Bodden Town temporary dump site so that hurricane debris could

be processed and disposed of properly. Since then IWC went on to be well established amongst contractors, commercial clients and hotels in Grand Cayman.

Today, IWC boasts a fleet of 15 trucks and hundreds of containers making them the well-respected waste management company islandwide now located on the 2-acre property at 19E33 Sparky Drive, Industrial Park. The company offers an arrangement of waste management solutions in assorted styles from skips, roll-offs, front loaders and compaction units. These solutions coupled with the qualified technicians, mechanics and welders of its internal maintenance and repair division has kept the company's service standards strong

and the promise to customers firm ensuring that the Cayman Islands remain a pristine destination to live, work and visit.

Putting its 15 employees and large portfolio of customers at the forefront, IWC wants to create the most efficient, effective, honest, environmentally innovative and profitable waste management company in the jurisdiction.

"There have been so many milestones that we are proud to have accomplished as the focused and passionate team that we are and thank the community for entrusting us with such a rewarding challenge," said IWC Managing Director Jason Brown "with your help, IWC aims to fulfil its vision to become the ultimate

sustainable environmental solution in the Caribbean."

In 2014, Brown partnered with Guernsey Recycling Group to start sister company Island Recycling Ltd, which handles the buying, processing, export and recycling of non-ferrous metals. The company is also responsible for recycling 670,000 shredded tyres in a 16-month period, the first major Government recycling project of 2016.

The public is encouraged to visit the company's website at iwc.ky for further information or call 946-DUMP to determine the best options for waste management or recycling needs. You can also follow Island Waste Carriers on Facebook and Instagram. [f](#) [i](#)

The changing face of South Sound

... Continued story from page A1

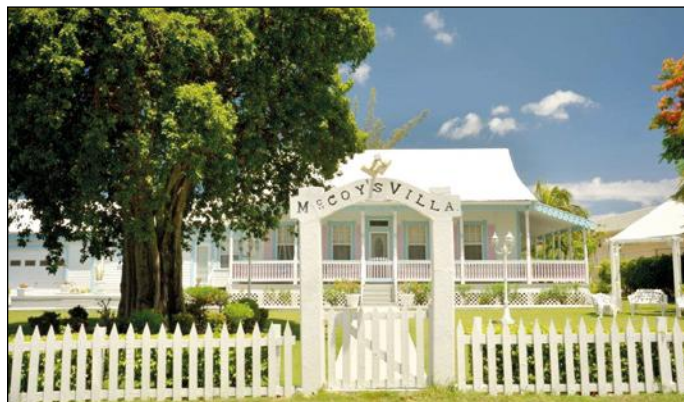
of the magazine. In it, she also describes how, leaving the road into George Town at Red Bay, "one is quickly swept into an entirely different atmosphere". She describes how the road "twists and winds quite near to the water in places through a veritable forest of Australian pines which vie with the hardy sea grape, almond and a host of other local vegetation for supremacy."

She adds: "Sandy beach areas shaded by the stately pine and carpeted with its fallen needles, offer ideal picnic spots or places just to pull off for a while and take in the surrounding beauty."

In her article, Ms Lawrence says that building is sparse and strictly on the water side for the first mile or so. She mentions just a few developments along her journey down South Sound, including "gaps hewn out of the young pine forest in the area known as Pirates Cove to accommodate the block of new tennis courts owned by the Cayman Islands Tennis Association and the popular rugby pitch and clubhouse." She also mentions Caribbean Paradise, which she describes as "a string of ultra-modern villas with commanding views of the coastline", the newest development in the area. Heading into town, she describes how the "old homes strung out along the road have had many of their gaps filled in, in recent years, as newer homes and developments crowd the area."

Grand Old House

While many old buildings had been replaced by new in the late Seventies,



► The McCoy Villa is a sign of the past

Ms Lawrence noted that the Grand Old House, which was the former Petra Plantation, "still offers to visitors a touch of old-time grandeur", a building which is still going strong today. Originally designed as a stately Caribbean Great House, Grand Old House was built by Boston businessman William Henry Law in 1908. An important building for the location, it served as a Sunday school, a hospital for soldiers wounded in World War II, a beauty parlour and a shelter for island residents during storms. In 1969 it was placed into the hands of new owners who turned it into a restaurant when South Sound was no more than a dirt track. Today it's one of the most popular fine dining establishments in Cayman.

Another landmark that is still very much part of the fabric of South Sound is the South Sound Community Centre. Ms Lawrence describes how, in the late Seventies, the community came together to build a new hall fit for purpose. Nowadays the "new" hall still plays an integral

part as a meeting place for local residents to assemble and celebrate.

South Sound is still home to a handful of historically-important dwellings along with Grand Old House, such as the pink, blue and white traditional Cayman home known as McCoy's Villa that is located on the waterfront on South Church Street, built by Edgar Samuel McCoy around 1870. Original features of this beautiful cabin style home, include hardwood floors, a delicate lacework etched glass panel and wrap around porch (which had been extended over the years.)

21st Century development

Fast forward to the 21st Century and South Sound's appeal has grown massively, observed by real estate professionals as making an excellent alternative to the most sought-after area of Cayman, that of Seven Mile Beach. It's now known as the new "Seven Mile", as inventory in that location has dwindled hugely in the past few years. Now, as Cayman transitions into a new phase of

its life with population numbers moving to the mid-60,000s and beyond, developers have seized upon South Sound as one of the quickest developing areas of Grand Cayman.

Luxury developments, such as the 24-unit oceanfront Tides property and the 36-unit, five-storey Fin condominium development on South Church Street, have begun to punctuate the landscape, with many new developments sporting ultra-modern fixtures and fittings, clean lines and contemporary designs.

But while the natural vegetation has made way for construction and development, and the peace and stillness gives way to traffic jams twice a day, the location still manages to hold on to the same community feel of yesteryear, no doubt anchored by the great sporting bastions of the rugby club, the tennis club and the squash club, all of which encourage a feeling of togetherness and unity. South Sound remains a special place in the hearts of many that no amount of development should ever quell. [f](#) [i](#)



► Tides on South Sound



► Pure Art is another reflection of yesteryear



► The Fin development on South Sound

COMMUNITY EVENTS

Alvin McLaughlin Collection Exhibition at the National Museum

16 August – 30 November - Visit the Cayman Islands National Museum to view the collection of East End resident Alvin McLaughlin. Mr. McLaughlin's collection is used to showcase the individuality, culture and heritage of the East End district. The museum is opened from Monday to Saturday and schools can book tours. There is free entry to residents every Saturday. For more information call 949 – 8368 or email info@museum.ky

Summer Story Time

17 – 31 August - The Cayman Islands Public Library in Bodden Town is hosting Summer Story time with Uncle Vic every Saturday from July 20th through August 31st at 1030am. For more information, call 947 – 0966 or email boddentown@caymanlibraries.com.

Charity trunk sale

17 August - CIBC First Caribbean Bank is having their annual charity trunk sale in the parking lot of the CIBC First Caribbean Main Street branch from 6 – 10am. Sellers should arrive by 5:30am and be set

up no later than 6am. Vendor entry fee is \$25. The deadline to register a space is 2pm, Friday, 16 Aug. Call 815 2405 or 815 2407 or email shadden.mclaughlin@cibcfib.com or joy.anglin@cibcfib.com to reserve a space. All registration fees will go to benefit the Cayman Islands Cancer Society.

Art at the Strand

17 August - This Saturday and every Saturday, from 3pm to sunset, the Visual Arts Society local ART market at The Strand features artists displaying arts, crafts, paintings, prints, hand-crafted jewellery & ceramics for sale in front of the Lodge/Eco-Den. For more information or to become a displaying artist, email info@visualartcayman.com

Soldier Crab Sundays - Crab Racing

18 August - Participate in the Caymanian tradition of Soldier Crab Racing on Sunday 11 August at the Royal Palms Beach Club, West Bay Road. This is a fun way to help the NCVO in its goal to raise \$1.6 million dollars by October. Participation donation is \$10 for adults and \$5 for children. Visit ncvo.org.ky for more information.

Free HIV Screenings

20 August - The Public Health Department has extended its hours for free HIV screenings. The free testing is now available from 9.00 a.m. to 1.00 p.m. every Tuesday at the Cayman Islands Red Cross on Huldah Avenue, George Town. Call 949 – 6785 for more information.

Summer Fun Family Day at the National Gallery

17 August - Join the NGCI Education Department for its free family fun art activities based on the exhibition Tropical Visions. Art activities will be available for children of all ages and self-guided activity booklets can be collected at reception for families to use as they explore. Admission is free and open to all ages. Call 945 – 8111 or email info@national-gallery.org.ky for more information.

Seniors Tour and Tea Party at the National Museum

23 August - The National Gallery and EY welcome Seniors for a morning of art and conversation. The special event will begin with a tour of the new exhibition 'Tropical Visions: Landscape Painting from the National Collection' with a chance to share stories and memories inspired by the art-

work. This will be followed by tea service with refreshments and pastries in the Gallery gardens. Admission to the event is free thanks to the generous sponsorship of EY Cayman, please RSVP by calling (345) 945-8111 or emailing receptionvolunteer@nationalgallery.org.ky by 19 August. Transportation assistance can be arranged if requested.

New Student Orientation

26 August - There is orientation for all new students going into government primary and secondary schools in Grand Cayman on Monday 26 August. This is mandatory and parents must accompany the students. Orientation times may differ from school to school so you are advised to call the school before.

Release of Exam Results

26 – 27 August - Release of Exam results for Yr. 12 students is on Monday 26 August and Tuesday 27 for Yr. 11 students. Initial consulting will be available at for students.

School reopens

27 August - The new school year begins for all government primary and secondary schools (with the exception of CIFEC). Most private



► Back to school

schools will also open. Check individual schools for confirmation.

Speaker Series: Wreck of the Ten Sails

27 August - The National Museum continues its Speaker Series with a discussion on the Wreck of the Ten Sails from 6 to 730pm. Log on to museum.ky for more information.

CIIPA Run/Walk

27 August - Help to raise funds for the local YMCA by participating in CIIPA's Run/Walk. Runners and walkers of all levels are invited to this fun event. There are 2 distances for runners to choose from – 10K or 5K and walkers do a distance of 5K. Registration is C\$25 and this includes breakfast provided by Amazon Cafe and entry into the raffle prize drawing. The run/walk begins and ends at Cricket Square. Well behaved on – leash dogs are welcomed. For more information visit www.ciipa.ky.

Easiest fitness hack that you're not doing

It's the time of year for focusing on fitness, health, and self-improvement; and, as to be expected, I'm busier than ever with clients looking to shed pounds and to take the New Year by storm.

I love seeing this renewed enthusiasm for fitness and the surge of motivation in the air! I hope that you're feeling it too.

What's not as awesome is the struggle that I see so many of you endure when it comes to shedding pounds and transforming your body to firm and toned. Improving your fitness level should be enjoyable, and it's my sole purpose to help you in this process of achieving your best body and best health yet.

Let's start with the easiest fitness hack of all, something that I can almost guarantee you're not doing. By making this small change to your daily routine you'll quickly find those unwanted pounds coming off quickly and easily.

Warning: This fitness hack is going to sound so easy that you may be inclined to simply dismiss it. My advice is to try it out before writing it off as too easy.

The easiest fitness hack that you're not doing is to drink a minimum of 64 ounces of water daily.

Now I know that sounds boring, but take a moment to reflect on your water intake over the past few days. Did you

even get close to the minimum of 64 ounces? Really, for optimal fat loss, you want to be drinking closer to a gallon of water each day.

Why is water such a big deal? Here are 3 compelling reasons as to why drinking a minimum of 64 ounces of water a day will help you drop pounds and achieve a stunning transformation...

#1) Water Aids Fat Metabolism in the Liver

When it comes down to the technical process of losing fat, your liver is where the action is. The key to having a highly functional liver, one that quickly removes metabolic waste and built up toxins, is to be properly hydrated by drinking a minimum of 64 ounces of water each day.

Your liver is a filter for your body. When you aren't drinking enough water, your liver accumulates a build up of waste product that slows the process of fat metabolism down.

#2) Water Helps Balance Hormones

Without getting too technical about the science of fat loss, it's important that you understand that your hormones play an important role in your body's ability to lose fat. When your body en-

ters a state of dehydration, your organ and digestive functions are compromised, which in turn negatively impacts hormonal balance.

This stress, brought on by dehydration, impacts your adrenal glands, signaling the need for an increase in cortisol, which encourages your body to begin storing fat, rather than burning it.

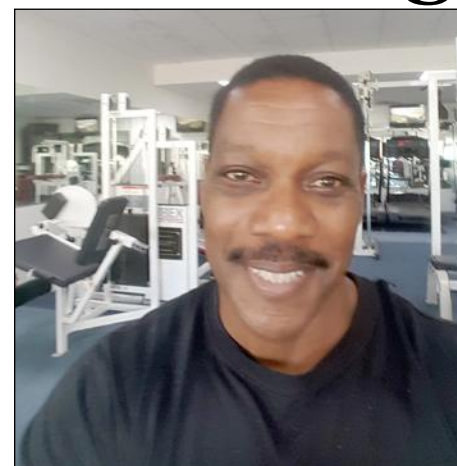
#3) Water Reduces Calorie Intake

Now that you understand the science behind water and weight loss, let's examine the positive effect that proper hydration has on your daily caloric intake.

By drinking a minimum of 64 ounces of water daily, your desire for high calorie, sugary drinks like soda and high fructose juices will diminish. This decrease in fattening calories really adds up!

In addition to weight loss, drinking water has an infinite number of benefits – including improved skin complexion, boosted immune system, cleansing toxins out of the body, etc.

While it's important to drink plenty of water in general, be sure you're increasing your amount before and after your workouts. The more you sweat, the more water you lose, and it's important



► Ernest Ebanks

to replace that lost water to avoid dehydration.

Does this make sense? Remember: *Drink a minimum of 64 ounces of water each day.*

I hope that you find this simple fitness hack to be helpful in your quest for a new and improved you this year! Remember that participating in a challenging and consistent exercise program is absolutely vital when it comes to getting into great shape.

I'm here to help you on your fitness journey. Call Ernest at 325-8696 or email bodyshaperscayman@gmail.com today to get started!

A HIGH PROTEIN BREAKFAST - WHY?

Have you ever looked at before and after pictures and wondered if they are real? Is it true that your body has been transformed in such a way that it's almost unbelievable. Actually, it's very much possible to slim down, lose belly fat and be transformed from, "a caterpillar to a butterfly," so to speak. What is the mystery here? None at all!

There are many people today who have been doing apparently all the right things, tried every diet out there to slim down and be attractive but seem to be getting no where. You feel like throwing in the towel. Wait! I have some great news for you. The answer - EAT MORE PROTEIN! You see one of the biggest mistakes in this whole process is not getting enough PROTEIN. On average an adult must have at least 125g of protein

daily. The majority of folks are getting just about half of this daily. As a result your body is starving for protein, the very fuel it needs to burn fat and increase metabolism.

Coach Tim from BioTrust nutrition recommends 24g of protein first thing in the morning. But you must have a great source of protein. This keeps hunger hormones in check and one will remain full and satisfied over a longer period of time. I have begun trying this instead of the regular cereals and stuff. The results are amazing so far. BIOTRUST LOW CARB PROTEIN has made a world difference. Why?

This protein powder is of premium standard. It's takes only about 30 seconds to be whipped into a healthy, tasting smoothie that will give you awesome health benefits. Here are the values from the website:

- Reduce cravings for unhealthy foods—both day and night
- Manage your appetite so you feel "full and satisfied" longer
- Build calorie-burning lean muscle
- Increase your metabolism
- Protect your body from age-related muscle loss
- Reduce unwanted, unsightly body fat
- Improve glycemic control
- Enjoy peak energy levels fast and sustained energy all day

Each smoothie provides:

- 24 filling grams of clean, pasture-raised, grass-fed protein per serving
- An equally-balanced, time-released blend of 4 premium proteins, to fuel your body and keep you feeling full longer—including slow-digesting Micellar Casein, the ultimate breakfast protein
- Just 150 calories, less than 1 gram of naturally-occurring sugar (very low in lactose), and 4 grams of net carbs per serving
- A top source of essential amino acids (11 grams per serving), BCAAs (over 5 grams), and leucine (nearly 2.5 grams) to maximize your results
- 4 grams of body-regulating, gut-nourishing prebiotic fiber per serving for better digestion
- ProHydrolase®, a natural enzyme blend that enhances protein absorption and optimizes digestion—making it very easy on your stomach
- Immunoglobulins, which support the immune system
- Plus, it's certified hormone- and antibiotic-free and humanely-sourced from happy, healthy, humanely-treated cows that are pasture-raised
- A lab-tested protein powder that's FREE OF JUNK: Non-GMO; NO artificial colors, flavors, sweeteners, or preservatives; NO soy; NO gluten; NO added sugar
- Cold-processed, micro-filtered, non-denatured protein for ultra-purity and bioavailability



► Coach Tim from BioTrust

• It's available in 6 smooth, creamy, delicious flavors: Café Mocha, Chocolate Peanut Butter, Milk Chocolate, Peach Mango, Strawberry Banana, and Vanilla Cream

So, get your health into a different mode. Visit the website and order your can of BIOTRUST LOW CARB PROTEIN and watch the results.



POLICE NEWS

Update: Police Appeal for Witnesses in Boating Collision

... Continued story from page A1

passengers disembarked, before departing with three occupants and re-entering the North Sound where the collision took place. Police believe the boat left Camana Bay sometime after 7:00PM.

The second boat, which sustained significant damage, is a 24-foot Hurricane Deck boat with a single engine. It has a white hull with a dark blue stripe and a light green bimini top. It is said to have last been seen in the Star Fish Point area at around 7:30PM, when it departed with three occupants, to travel back across the North Sound.

Pictures of both boats are included in the article.

Any witnesses who may have seen either of these boats on Sunday, especially in the evening/night are asked to **contact the RCIPS at 649-4501**.

Although formal identification of the deceased has not been completed, police are operating on the basis that the two men who died in this incident are John Turner, age 70, a UK-national living in Cayman, and Emmanuel Brown, age 49 of George Town.

Emmanuel Brown was a police officer with the RCIPS for twenty-two years, having retired in 2018. The



RCIPS offers its profound condolences to his family and to the family of Mr. Turner.

The woman who was the third occupant of the vessel, remains in hospital in critical condition. 📍

West Bay Man Arrested and Charged with Cocaine and Ganja Offenses Following Search

Just after 8:40AM on Friday, 8 August, police had cause to stop a vehicle at a residence on North West Point Road, West Bay. The male driver of the vehicle attempted to run from the officers but was apprehended. His actions aroused the suspicion of the officers who subsequently conducted a search of the man's vehicle and person.

A bottle containing several yellow paper wrappers was recovered from his person. One of the wrappers was checked and found to contain suspected cocaine. The man, age 42 of West Bay, was immediately arrested for possession of a controlled drug.

With the assistance of the RCIPS K-9 Unit, a search of the man's residence was conducted and similar wrappers, as well as a significant quantity of ganja and drug paraphernalia, were recovered along with a quantity of cash, which was seized as proceeds of crime. The man was further arrested for additional drug offenses.

He has now been formally charged with Consumption of Cocaine, Possession of Ganja, Possession of Ganja with Intent to Supply, Possession of Utensils, two counts of Possession of Criminal Property, and Consumption of Ganja. He appeared in court this morning, 12 August, and was remanded into custody until tomorrow, 13 August.



► Substance Recovered During Search

Detective Sergeant Anderson Taylor, in charge of the West Bay CID states, "One of our main goals as police officers in West Bay, whether we are community officers, detectives or patrol officers, is to eradicate the use of drugs on the streets of West Bay."

"This is a beautiful district that has been tainted by the deeds of a few and we are here to help stop the persons who wish to cause harm. I have been working in West Bay for the past 3 years and have met many people who share the same love for the district, who also share the same sentiments about drug use within it." 📍

Indecent Assault in North Side, 14 August

Shortly before 7:00AM on Sunday, 11 August, a report was received of an indecent assault that had occurred on Old Robin Road in North Side. A woman had been out walking a few minutes earlier when she was approached from behind by a male unknown to her who pushed her to the ground and attempted to force himself on her. The man was disturbed by the sound of a vehicle nearby and the woman was able to run from the location. She was not injured in the incident.

The suspect is described as being tall and slim, of light complexion, and was wearing khaki shorts and an off-white shirt. He appears to have left the location on a pedal cycle.

The matter is currently under investigation and police are appealing for anyone who may have witnessed the incident, or seen anything suspicious in the area between 6:00AM and 6:30AM on Sunday to come forward. Police are particularly interested in speaking with the occupants of the vehicle that appeared to have passed nearby during the incident. Anyone with any information is asked to contact **Bodden Town CID at 947-2220**.

Anonymous tips can be provided directly to the RCIPS via our **Confidential Tip Line at 949-7777**, or via our **website** <https://www.rcips.ky/submit-a-tip>. Tips can also be submitted anonymously via the Miami-based call centre of **Crime Stoppers** at **800-8477(TIPS)**, or **online** <https://www.tipsubmit.com/WebTips.aspx?AgencyID=681>. 📍

Caymanian Times



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WEEKLY WEATHER FORECAST

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
						
88°/81°F	89°/85°F	88°/84°F	87°/80°F	88°/83°F	87°/83°F	88°/85°F
Partly sunny; breezy	Partial sunshine; breezy	Partly sunny, a shower	Periods of sun, a few showers	A p.m. thunderstorm in spots	A t-storm around in the a.m.	An a.m. thunderstorm in spots

MOMENTS OF INSPIRATION



What Are You Going to Do with the Knowledge?

By The Rev'd Christopher Pierce, Rector Saint Alban's Anglican Church, George Town

We live in an age where that information is available to all and sundry. Some would say that we have too much information at hand...just look at your smartphone. It has more computing power than the computers that took the first astronauts to the moon and back 50 years ago. Google knows all and puts it in our hands but what do we do with the information?

Remember when the equivalent of Google was a set of encyclopaedias? My parents bought me one before I was able to read. They never really encouraged me to read them but as I got older, one of the volumes, if not several, were generally within reach. One cousin told another...who told me; that one of her favourite memories of when we were kids was watching me get on the school bus with encyclopaedias under my arm. I don't recall that, but I do remember being a giant sponge for information of all kinds. Nothing escaped my interest...except for algebra. I never liked it...too abstract. Geometry...I could get my head around but algebra held as much interest as a sore thumb. It was to be avoided. Some things you can avoid but some

you can't...and some so important that there's only one answer.

The summer of the year that I turned 13 was a big one for me. Not only was I going to be a teenager but it meant that I was old enough to go with my dad, uncle, and cousins on the big deer hunt that autumn. Little did I know that it was going to be my last few months with my grandpa. He'd just turned 77.

One day in the midst of the summer, he called the house. He wasn't one to use the phone much so it was a surprise. He asked my mom if I was there...she said, yes. "Well, bring him to see me. I need to talk to him." It took my mom by surprise too...so much so that she didn't ask a single question.

She dropped me off but he was different than normal. There was no joking or teasing. He told me to go in the living room and when I did there was a chair in the middle. He said, "Sit down, son. I want to talk to you." I sat down but he remained standing. I'd never seen him so formal.

"He started, "I want you to promise me something." What's that?" and he replied, "I want you to promise me that you will go to college and that you won't stop going til you can't anymore." I told him that was my intention.

Then he said, "I want you to promise because I know if you promise that you'll do it." Keeping one's word was the apogee of character as far he was concerned. So, I promised again. He smiled, then sat down and went on. "The reason I wanted to talk to you about this is because there are two ways in this world to make a living. You can make it with your head or your back...but using your head is a sight easier." I've known a lot of people with advanced degrees never able to say so much with so few words. He was using his knowledge and experience to shape my understanding. Grandpa was good but Jesus was the master of such verbal economy.

Jesus once asked the disciples who people thought he was. They told him...then he narrowed it down to Peter. He put him in a corner when he pushed further and asked, "But who do you say that I am?" Peter's answer was short and sweet. "You are the Christ, the son of the living God!" He didn't just possess that knowledge...he acted on it and did so until his life was required for his faithfulness.

A lot of people say they "know" Jesus but there's a difference between head knowledge and experiencing it and living it out. What are you going to do with your knowledge of Jesus? 🌐

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OBITUARIES

Churchill's Funeral Home

We have been asked to announce the passing of Mrs. Violet O'Connor, who passed away on Thursday, August 08, 2019. A Thanksgiving Service will be held at St. George's Anglican Church, Courts Rd, George Town, Grand Cayman on Saturday, August 17, 2019 at 4:00 p.m. Viewing will be from 3:00 – 4:00 p.m. Interment at: Prospect Cemetery



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Mrs. Gertrude Gooding, who passed away on Wednesday, July 31, 2019. A Thanksgiving Service will be held at Church of God Universal, Walkers Rd on Sunday, August 18, 2019 at 2:30 p.m. Viewing: 1:30 – 2:15 p.m. Interment at: Prospect Cemetery.



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Mr. Emmanuel Ezekiel Brown "Manny", who passed away on Sunday, August 11, 2019. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home


We have been asked to announce the passing of Mr. Virgil Morgan Bush, who passed away on Saturday, August 05, 2019. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home


We have been asked to announce the passing of Mr. Earald Rudon Sr, who passed away on Sunday, August 04, 2019. A Thanksgiving Service will be held at Church of God West Bay, 108 Captain Reginald Parsons Dr, Grand Cayman on Saturday, August 17, 2019 at 2:30 p.m. Viewing: 1:30 – 2:30 p.m. In lieu of flowers donations can be made to the Cayman Islands Cancer Society. Interment at: West Bay Cemetery



Condolences can be registered at churchillsfuneralhome.com


Churchill's Funeral Home

We have been asked to announce the passing of Mr. Joseph Woods, who passed away on Saturday, August 10, 2019. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at churchillsfuneralhome.com

The Family of the Late **John Enderson Evans** regret to announce his passing on Wednesday, 31 July 2019.



A funeral service will be held 3:00 p.m. Tuesday, 20 August 2019 at Wesleyan Holiness Church, West Bay.

Interment will follow in West Bay Cemetery

Condolences can be registered at www.boddenfuneralservices.com & Bodden Funeral Service Facebook page

Bodden Funeral
 "A source of comfort in a troubled time"

The Family of the Late **Jude Mitchell Scott Walton** deeply regret to announce his sudden passing on Wednesday, 31 July 2019.



A Service to Celebrate Jude's Life and his Homegoing will take place at 10:00 a.m. Saturday, 17 August 2019 at the Church of God (Holiness) Spot Bay, Cayman Brac. Viewing will be from 9:00 a.m. prior to the service.

Interment will follow at the Spot Bay Cemetery. Floral tributes are welcome but monetary donations to the Church of God (Holiness) would be greatly appreciated.

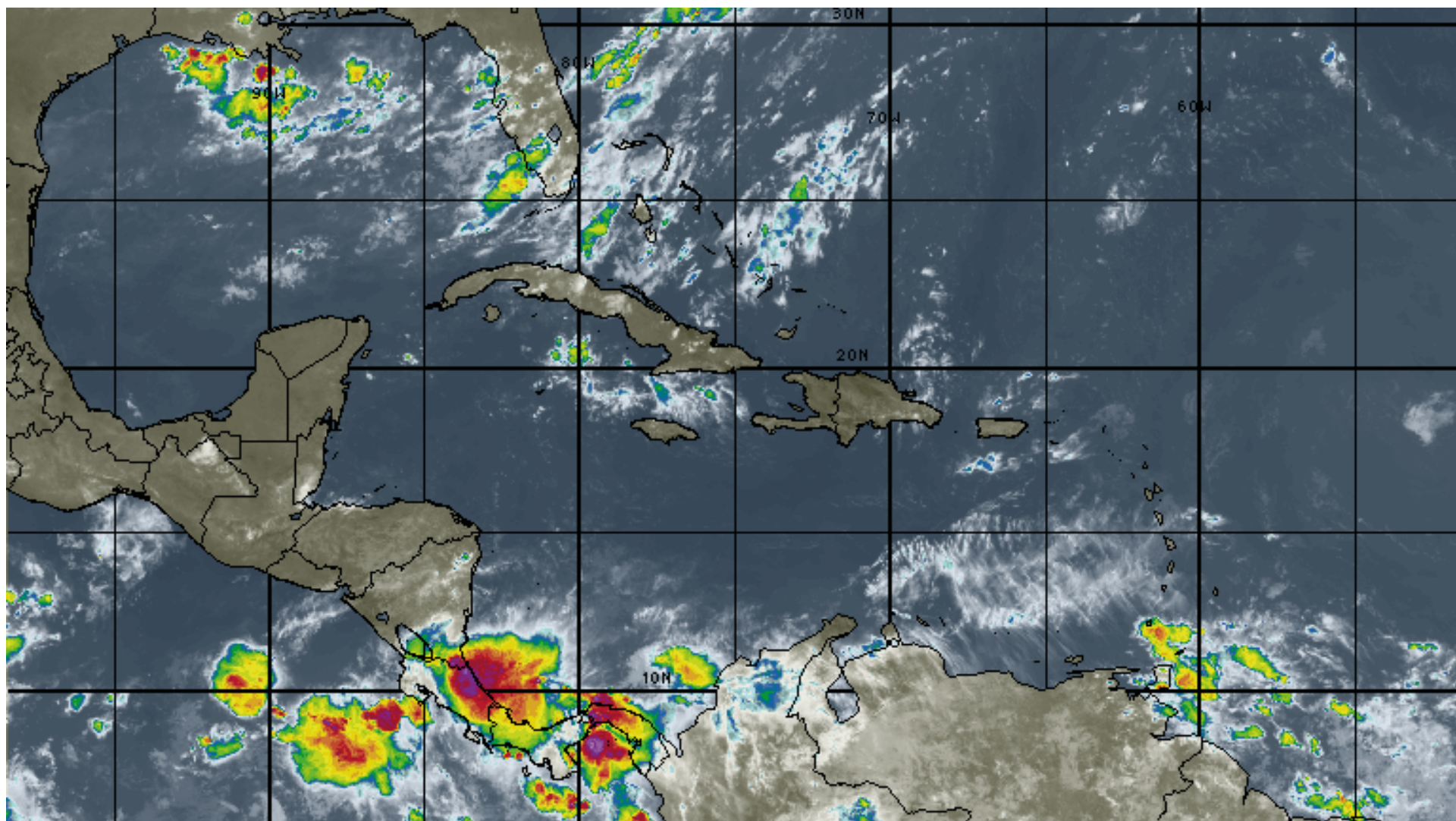
Condolences can be registered at www.boddenfuneralservices.com & Bodden Funeral Service Facebook page

Bodden Funeral
 "A source of comfort in a troubled time"

TROPICAL UPDATE

Atlantic Tropical Cyclones and Disturbances

*For the North Atlantic... Caribbean Sea and the Gulf of Mexico:
Tropical cyclone formation is not expected during the next 48 hours. [NOAA]*



Suggested Hurricane Supply List

To prepare for the unknown, each home should have a 72-hour Disaster Survival Kit. You will need to pack some essential items to help you and your family survive, whether you stay at home or leave it during a disaster.

Ensure at least three days (72 hours) supply for each person. Do not forget pets where applicable! The following is a minimum suggested list of Survival Kit supplies:

Drinking Water:

- One gallon per person/per day in unbreakable containers, Avoid using containers that will decompose or break, such as milk cartons or glass bottles. A normally active person needs to drink at least two quarts of water each day. Hot environments and intense physical activity can double that amount. Children, nursing mothers, and ill people will need more.

- Don't forget to add additional water for mixing formula if you have children and for your pets. Rotate the drinking water each year.

- Food preparation and sanitation require another two quarts (minimum) per person daily.

- Purchased bottled water that has been sealed is best for storage. It meets FDA guidelines for food and is not as vulnerable to temperature changes as unsealed water

- **Tip:** Purchase water this year and use it for drinking next year. This allows for rotation on an annual basis and keeps the water fresh. **Yes water can go bad!**

Water for sanitation use:

- Store extra containers of water to be used for flushing toilets, cleaning, and bathing.

- Purchase water purification tablets (Halazone) to be used if you still have running water but are told to boil water before using it. This allows you to fill the bathtub and other containers without purchasing expensive drinking water.

- **Tip:** Keep plastic containers (milk jugs and other containers) and fill them with water when a storm threatens. You can put these items in the freezer to keep food cold longer in the event that the electricity goes out.

Non-perishable Food:

- Maintain at least 3-7 days of food for each member of the family.

- Small, preferably single serving cans (should not require cooking or refrigeration). Dried fruit, peanut butter and jelly, coffee, tea, soft drinks and pet foods.

- Ready-to-eat canned meats, fruits and vegetables.

- Canned juices, milk, soup (if powdered, store extra water).

- Staples – sugar, salt, pepper in water proof containers.

- High energy foods like crackers, granola bars, trail mix.

- Raw vegetables that do not need refrigeration.

- Fresh bread.

- Comfort/stress foods – cookies, hard candy, sweetened cereals, lollipops, **instant coffee, tea bags.**

- Sterno for cooking.

- Vitamins

- Food for infants

- Paper cups, plates, and plastic utensils

- Non-electric can opener

- Aluminum foil

- Plastic storage containers

- Lots of ice (you can freeze your water supply)

- Pedialyte (to restore hydration if needed)

- **Tip:** Purchase only items that you like to eat and would eat even without a storm. Rotate these items by using them Dec-May each year and purchasing new items Jan-May. This allows you to reduce the cost of buying items for a hurricane kit at one time and keeps the items fresh. **Yes even canned goods have a shelf life!**

Baby Needs:

- Special foods (enough for several days)
- Formula (enough for several days)
- Extra diapers
- Medicines (get a copy of prescription)
- Blankets
- Diaper Rash Ointment
- Baby Wipes
- Powder
- Bottles
- Pacifier
- Favorite toy/blanket
- Medicine dropper
- Diaper-rash ointment

Sanitation

- Toilet paper, towelettes, soap, baby wipes, liquid hand sanitizer
- Liquid detergent
- Feminine supplies
- Personal hygiene items (toothpaste, deodorant, shampoo etc.)
- Plastic garbage bags, ties (for personal sanitation uses)
- Plastic bucket with tight lid
- Household chlorine bleach, disinfectant
- Plenty of absorbent towels

First Aid Kit

- Assemble a first aid kit for your home and one for each car.
- Adhesive bandages various sizes – Sterile gauze pads (various sizes)
- Germicidal hand wipes or waterless alcohol-based hand sanitizer
- Non-latex gloves – Adhesive tape – Anti-bacterial ointment – Antiseptic spray
- Cold packs (non refrigerated type) – Scissors – Tweezers – Rubbing alcohol
- CPR breathing barrier, such as a face shield – Thermometer, Safety pins.

Non-Prescription Drugs

- Aspirin or nonaspirin pain reliever, Benadryl, peroxide
- Anti-diarrhea medication, Antacid (for stomach upset)
- Syrup of Ipecac (use to induce vomiting if advised by the Poison Control Center)
- Laxative
- Activated charcoal (use if advised by the Poison Control Center)

Prescription Drugs

- Heart and high blood pressure medication
- Insulin (enough for a 30 day supply)
- Hearing Aid and extra batteries
- Prescription drugs
- Denture needs
- Contact lenses and supplies
- Extra eye glasses
- **Tip:** If your insurance will allow, get a 90 day supply of prescriptions and have at least a 30 day supply on hand. n't wait until a couple of days before a storm to go to the pyou may not get your prescription refilled; the lines arevery quickly.



Clothing and Bedding

Include at least one complete change of clothing and footwear per person.

- Sturdy shoes or work boots
- Towels
- Rain gear
- Blankets or sleeping bags
- Pillows
- Hat and gloves
- Sunglasses
- Tent
- Lawn chairs

Entertainment

- Games
- Books
- Cards
- Extra batteries for gamesColoring books, crayons.

Miscellaneous

- Wind-up or battery-operated clock
- Paper, pencil
- Needles, thread
- Camping utensils
- Map of the area (for locating shelters) and returning to the area.
- Cash or traveler's checks
- **Tip:** Have enough cash to sustain you through a 2 week period. Without electricity, most businesses (if open) will not accept credit cards and may not accept traveler's checks.
- Emergency preparedness manual
- Citronella candles

Not evacuating and staying home?

- Ensure you have enough food, water, medications, and other supplies in your survival kit to last at least 2 weeks.

- Turn refrigerator to coldest setting and keep closed.

- Turn off propane tanks.

- Unplug small appliances.

- Fill bathtub and other containers with water for cleaning and flushing. Additional water is stored for drinking.

- Cover all windows and other openings with hardened protections. If you do not have manufactured shutters, cut plywood and secure to protect the windows.

- Close all interior doors and brace outer doors.

- Select an interior room to use as a safe room.

- Plan as though you were evacuating and have enough cash on hand to sustain usage of gas, food, and other supplies in the days following the storm.

- If you have a generator, ensure you have enough gas on hand to sustain usage for several days.

- Ensure you have sufficient medications in case you are confined to your home for several days. Post-storm there may not be any electricity and pharmacies will probably closed even with a minor storm.

- Plan to cook on a camp stove or grill in the days immediately after the storm passes. 🌐

GLOBAL NEWS BRIEFS

Canada tech jobs mostly in five cities

Many jobs in Canada are concentrated within five major Canadian cities that are influenced by the tech industry which could lead to wage and employment inequality within smaller cities that don't have vibrant technology sectors.

Toronto, Montreal, Vancouver, Ottawa and Calgary make up about 70 percent of all digital services employment in Canada, claims the report authors, TD Economics. Compared to American cities, the report says that in Canada "the divergence in income and employment opportunities between cities has remained stable."

Beata Caranci, chief economist at TD Economics, said Canada should be aware that if pure market forces direct the job market then Canada runs the risk of following the path of the US, with a widening gap between haves and have nots.

"One of the learnings from it, for us, was that we are in a much more favourable place in terms of having less evidence of regional inequality based on this concept of wage divergence that we talk about," Caranci said. "It doesn't



► Canada's tech jobs are mainly in five cities

mean it's not there, it's just not as extreme. And I think that was comforting for us to have seen that."

The problem with having a high concentration of high-skilled workers in a handful of cities is that it puts smaller cities at risk of having weaker home values, lower tax collection and reduced infrastructure utilization, the report states.

Toronto, Montreal, Vancouver and Calgary accounted for 39 percent of all employment prior to the financial crisis which increased to 42 percent after the crisis. In smaller cities their share of employment went from 42 percent to below 39 percent during the same period, 2015-17. 🌐

Honduras economy is child's play

Honduras is increasing its sales of Tegu toy building blocks to help with the employment situation. "Tegu takes us back to the joy of play," says Jose Zelaya, the Honduran toy manufacturer's accounting manager. More importantly, the creator of wooden blocks with embedded magnets that fascinate and engage children, is employing people in a country stressed by poverty, unemployment and violence.

Tegu, founded by brothers Chris and Will Haughey a decade ago, with the mission to create jobs in a country that desperately needed them. Along the way, they've proven that Honduras, less than three hours and just \$233 by air from Houston, can be competitive with manufacturing in China and other Asian countries.

Ana Saucedo, an industrial engineer for Tegu, visited with me during my on-site research trip. She says the company is now shipping product to a variety of countries around the world,



► Honduras is grateful for revenue from Tegu sales

including China, Japan, Malaysia, Switzerland, Argentina, Uruguay and Chile. The company's biggest market remains the United States.

At present, the company employs about 110 people in Honduras with another 20 elsewhere.

It is easy to envision Honduran artisans toiling away in a shop creating handcrafted wooden toys but that is not what is going on. Tegu, which does about \$8 million in revenue annually, operates an impressive manufacturing facility with more than \$1 million invested in production equipment. 🌐

Filipino kids drawn to communism

Filipino parents are mindful that their children don't get recruited to become communist terrorists.

Parents are being warned that if their child behaves like a smart aleck or becomes more stubborn, he or she might be about to turn into a communist terrorist.

This was claimed by newly elected senator, Ronald Dela Rosa, who said he wanted the public to be aware of communists recruiting and "brainwashing" minors.

Mr Dela Rosa is the former national police chief who launched President Rodrigo Duterte's bloody war on drugs. Under his watch, thousands of "suspects" died in what human rights groups have called state-sponsored extrajudicial killings. The administration claims the deaths, which have not stopped, are the result of drug syndicates fighting each other.

During May's elections for the Senate, Mr Duterte personally campaigned for Mr Dela Rosa, who along with the president and several other officials is named in a crimes against humani-



► Communism is attracting young Filipinos

ty complaint filed at the International Criminal Court.

On Wednesday, several tearful parents went to the Senate to recount that their children had been recruited by communist groups and had then gone missing. In a statement last week, Mr Dela Rosa said: "There was an alarming report that communist terrorists are recruiting minors as their fighters as young as 10 years old. We parents, let's observe our children for any changes in their habits, or their outlook on their lives."

He said these could be indications the children had been brainwashed by communists. "You should take steps as parents to avoid losing your children to leftist groups altogether," the senator said. 🌐

Cuban journo faces jail

A prominent Cuban journalist has received a prison sentence just for reporting on a court case, but the real reason is believed to be that he is a strong critic of the Cuban government.

A municipal court of the Cuban city of Guantánamo has sentenced Roberto Jesús Quiñones, a contributor to the news website CubaNet, to one year in prison on charges of "resistance" and "disobedience".

On April 22, Cuban police beat and detained Mr Quiñones while he was covering a trial for CubaNet. Upon his release five days later, Cuban authorities initiated new proceedings against him, alleging that his conduct during his detention constituted "resistance" and "disobedience," for which they imposed

a fine. Mr Quiñones refused to pay the fine, and his sentence was the result of that refusal.

"The fact that Roberto Quiñones is sentenced to prison for failing to pay a fine, while the police agents who beat and detained him for days receive no punishment, is outrageous," said CPJ Deputy Executive Director Robert Mahoney in New York. "If authorities in Cuba want to convey an image of progress and openness to the international community, mistreating, jailing, and fining a journalist sends the wrong message."

Mr Quiñones plans to appeal the decision and on Monday was permitted to remain at his home in the interim; however, he is prohibited from leaving the province of Guantánamo. 🌐



► Roberto Jesus Quinones received a one-year sentence

Venezuela oil gets Chinese support

The Venezuelan government's failing economy could get a boost after it announced the expansion of Chinese investment in the country's oil industry, with the aim of increasing production by 120,000 barrels per day.

The investment, which authorities say is worth US\$3 billion, financed the construction of a new oil blending plant inaugurated last week as the first part of the two-stage plan.

The "Jose" plant, which is located in Barcelona, Anzoátegui State, is to be run by the Sinovensa joint venture, which is 49 percent owned by China's National Petroleum Corporation (CNPC) and 51 percent by Venezuela's PDVSA state-run oil company. The facility will blend extra-heavy grades from Venezuela's Orinoco Oil Belt into the exportable Merer crude, which is popular in Asian markets.

Sinovensa currently produces 110,000 barrels per day, a figure which officials claim will increase to 165,000 bpd with the addition of the new blending plant. The second stage of the project is expected to increase this figure to



► Venezuela's oil industry is being helped by China

230,000 bpd, but no further details have been disclosed so far.

The news follows the conversion of the Petropiar extra-heavy crude upgrader plant into a blender facility earlier this month. Petropiar is projected to produce an additional 130,000 barrels per day of Merer crude, making the lighter blend Venezuela's primary export.

Caracas has signed a repair and maintenance contract with Shanghai-based contractors Wison Engineering Services. The servicing work on Venezuela's refineries is due to take between six months and a year and will be paid for in oil products, including diesel. It is unknown which refineries will benefit from the maintenance. 🌐

UK gambling now a big problem

Gambling addiction in the UK has become a huge problem in recent years, mainly because of online availability.

The number of gamblers complaining about British betting firms has risen almost 5,000 percent in the past five years.

There were a record 8,266 complaints last year, according to Gambling Commission figures. That compares to just 169 in 2013.

Most of them were about firms refusing to pay out on winning bets or failing to operate in a socially responsible way. The rise follows a sharp increase in UK gambling over the past decade.

The big betting firms have already promised \$60m a year to help problem gamblers and say they are working on a plan to reduce gambling-related harm.

Neil McArthur, chief executive of the Gambling Commission, said there were complex reasons for the rise in complaints.

"We are pushing the industry to know its customers, and part of this is



► Online gambling is huge business in the UK

actually, possibly, a good sign because it's suggesting that consumers are demanding more of the gambling operators. And I would encourage them to continue to do that," he said.

The industry has expanded rapidly since the government relaxed restrictions on betting and advertising in 2007. Gamblers are now losing almost twice as much to the betting companies as they were a decade ago. Last year, punters lost a record \$14.5bn.

The biggest rise has been in online gambling, where new games and products have attracted new customers. 🌐

United kids must mature quickly

Manchester United's starting line-up against Chelsea on Sunday was the youngest named by any of the Premier League clubs on matchday one. It augurs well for the season as United hope to finish at least in the top four and return to Champions League competition.

Ole Gunnar Solskjaer selected five homegrown players in his XI - Scott McTominay, Andreas Pereira, Paul Pogba, Jesse Lingard and Marcus Rashford - with two more on the bench in Axel Tuanzebe and Mason Greenwood, who came on in the closing stages of the 4-0 triumph over the Blues. Daniel James, the 21-year-old summer arrival from Swansea City, was another of the substitutes used.

The last time that many Academy graduates started a Premier League opener for the club in 2008, when Sir Alex Ferguson picked Wes Brown, Darren Fletcher, Paul Scholes, Ryan Giggs and Fraizer Campbell for the home draw with Newcastle United.



► Manchester United's young team beat Chelsea 4-0

When asked about the stat, Solskjaer replied: "We're going to improve and we're nowhere near where we can

be, or where we have to be. We have to play better to get results against loads of teams. Then again, we've got experi-

enced boys helping them: Ashley Young, Nemanja Matic and Juan Mata, who are guiding these boys."

Saturday Premiership fixtures

- Arsenal v Burnley - 6:30am (Cayman Islands time)
- Aston Villa v AFC Bournemouth - 9am
- Brighton & Hove Albion v Ham United - 9am
- Everton v Watford - 9am
- Norwich City v Newcastle United - 9am
- Southampton v Liverpool - 9am
- Manchester City v Tottenham Hotspur - 11:30am

Sunday

- Sheffield United v Crystal Palace - 10am
- Chelsea v Leicester City - 10:30am

Monday

- Wolverhampton Wanderers v Manchester United - 2pm

Gayle's Windies career fizzling out

Chris Gayle became the all-time highest West Indian run-scorer in One-Day International cricket over the weekend.

Going into the second ODI of the three-match series against India at the Queen's Park Oval in Trinidad, needing just nine runs to surpass the tally of 10,405 by Brian Lara, the 39-year-old Jamaican played with exaggerated care for 21 deliveries before slashing left-arm seamer Khaleel Ahmed to the backward-point boundary to reach 11, lifting his overall tally to 10,408.

However, he was dismissed without adding to that score in the next over, trapped leg-before.

This match was already a historic landmark for Gayle as it was his 300th ODI, taking him past Lara's 299 as the most by a West Indian in the 50 overs format.

Having made his senior West Indies debut in an ODI against India in Toronto almost 20 years earlier, Gayle had initially announced that he would be retiring from the format after the 2019 World Cup in England.

However, two weeks before the end of that tournament, with the West Indies eliminated from making the semi-finals, the hard-hitting Jamaican announced he would be playing in this series, despite missing the preceding series of three T20 internationals due to his commitments with the Canadian T20 franchise competition.

Gayle had also expressed a desire to play a farewell Test in Jamaica, despite not featuring in the traditional format of the game at international level for almost five years.

That wish seems to have gone unheeded with Gayle, who turns 40 on Sept. 21, not named in the West Indies squad of 13 for the two-Test series to be played in Antigua and Jamaica at the end of the month.

Legendary former fast bowlers Curtly Ambrose and Andy Roberts were among the most prominent critics of the decision to include Gayle in this ODI series given that he is unlikely to feature in the next World Cup in India in 2023, when he will be 43.



► Chris Gayle should retire from West Indies duty

Donald prevents slow start again

As good as Aaron Donald has been the last two seasons, his first three games each year have been underwhelming. He has just one sack and three tackles combined in the first three games of the last two seasons, yet he still went on to win Defensive Player of the Year both times.

It's probably not a coincidence that he skipped training camp in each of the last two years, but he's hoping the extra practice this time around will lead to a hotter start. After attending training camp, Donald should be in for a better beginning to the season.

"Being here and getting myself in football shape and working my moves, hopefully it won't take me four games to get going this year," Donald said Sunday. "I think it's going to be a plus for me getting here, getting going right away. If anything, I should be better."

Donald, better than he has been the last two years? That's a frightening thought for opponents, at least. He led the NFL with 20.5 sacks last season and that was after those poor starts.

Donald is one of the most important players on the roster, so the Los Angeles Rams are going to be smart about his workload. He's probably not going to practice every day or step foot on the field for a preseason game as Los Angeles tries to keep him healthy for the entire season.

"We're still talking, but I'm pretty sure I'm going to work," Donald, 28, said of the Rams' plan for him. "But they want to make sure that I'm still fresh and I'm healthy. That's the main goal. It's to get



► Aaron Donald won't start the season slowly again

all the great work you want to get, but at the same time make sure your body is still fresh so that come game time you're ready to go. I'm pretty sure we have a nice game plan. We'll see what's going to go on. I'm going to trust the process and hopefully my body stays healthy."

No defensive player in the NFL has been better than Donald the last two years. He's been borderline unstoppable, racking up 31.5 sacks, 68 quarterback hits and 40 tackles for loss. As a result, he's won the last two Defensive Player of the Year awards and has a chance to become the first player ever to win it three years in a row.

It's hard to imagine him getting any better than he was in 2018, but it's not out of the question. With the benefit of attending his first training camp in three years, Donald could be poised for his best season yet.

He's in excellent shape and game-ready, so a slow start should be avoided. When asked how he'll feel if he has zero sacks entering Week 4, Donald said: "I'll be real disappointed."

This should serve as a warning sign for opposing offensive linemen.

Cornier still champ at 40

Daniel Cormier used to tell anyone who would listen that he wanted to retire from mixed martial arts competition by his 40th birthday this past March.

Instead, the UFC heavyweight champion is readying himself for a title defence well after turning 40 and seems to have softened his stance on hanging up his gloves.

Cormier is set to rematch former champion Stipe Miocic this Saturday in the main event of UFC 241 at Honda Center in Anaheim, California.

The two first met at UFC 226 in July 2018 when then-light heavyweight champ Cormier knocked out Miocic in the first round to capture the heavyweight belt. Prior to losing the title, Miocic was considered by many the greatest heavyweight in UFC history after three consecutive successful title defences.

Facing such a serious threat in his second defence of the heavyweight belt, Cormier seems to have his focus solely on the fight, leaving aside immediate talk of a new deadline for retirement.

"I've long said I don't want to be a guy that goes out on my back," Cormier said recently. "A lot of our greatest champi-



► Daniel Cormier is not retiring at 40

ons they leave the sport on their back. They leave as former champions. They leave their fans with that last vision of their favourite fighter on their back, then standing in the middle of the Octagon while their belt is getting strapped on someone else. I want to be a guy that goes out on his own terms. I just have to

decide if that time is now or a little bit later down the line."

Should he get past Miocic in the rematch, talk will almost certainly begin of yet another fight with long-time rival, UFC light heavyweight champion Jon Jones. But neither man has seemed interested in moving from their respec-



► Nate Diaz makes a welcome return

tive weight classes where they currently reign at the top.

Nate Diaz makes his long-awaited return to the Octagon on the same bill against Anthony "Showtime" Pettis. It's been three years since Diaz's last fight, which was a close loss via decision in his second fight against Conor McGregor.

CROSSWORD

By THOMAS JOSEPH

- ACROSS**
- 41 College
 - 1 Some jobs heads
 - 6 Fire proof?
 - 11 Outdo party
 - 12 Blockade guest
 - 13 Drain cover
 - 14 Intent look
 - 15 Granola bit
 - 16 "Falconer" author John
 - 18 "That's revolting!"
 - 19 Church no-no
 - 20 UFO pilots
 - 21 Abound
 - 23 Musial and Getz
 - 25 Friend of Harry and Hermione
 - 27 Attack command
 - 28 Fly like a hawk
 - 30 Use a pestle
 - 33 Coffee, in slang
 - 34 Scoundrel
 - 36 Fresh prefix
 - 37 Cave raider of story
 - 39 Hawk's love
 - 40 Oliver's mentor
- DOWN**
- 1 Bank site button
 - 2 Incense
 - 3 Boxing category
 - 4 Chiding sound
 - 5 Blueprint data
 - 6 Agrees
 - 7 Locale
 - 8 1978 Warren Beatty film
 - 9 Wading birds
 - 10 Prophets
 - 17 Towel word
 - 22 Cattle call
 - 24 Objective
 - 26 "Wish I could help"
 - 28 Comfort
 - 29 Place for a pint
 - 31 Medium meeting
 - 32 Stable group
 - 33 "Aladdin" villain
 - 35 Weather aid
 - 38 Funeral stand
 - 42 Bulldog backer

C	L	E	F		L	E	H	A	R		
R	I	A	L	S	E	D	A	T	E		
O	K	R	A	T	A	I	L	E	D		
W	E	N	T	B	U	S	T				
				C	E	N	T	S	I	G	N
B	A	S	A	L	T			D	I	E	
A	L	E	R	T		M	I	L	L	S	
R	O	W				F	A	C	E	T	S
T	E	N	T	P	O	L	E				
				R	E	N	T	F	R	E	E
R	A	C	I	S	T		L	A	M	A	
A	D	U	L	T	S		O	M	I	T	
P	E	E	L	S			E	A	R	S	

Yesterday's answer

- 8 1978 Warren Beatty film
- 9 Wading birds
- 10 Prophets
- 17 Towel word
- 22 Cattle call
- 24 Objective
- 26 "Wish I could help"
- 28 Comfort
- 29 Place for a pint
- 31 Medium meeting
- 32 Stable group
- 33 "Aladdin" villain
- 35 Weather aid
- 38 Funeral stand
- 42 Bulldog backer

1	2	3	4	5	6	7	8	9	10
11									12
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9-28

SUDOKU

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Concepts Sudoku increases from Monday to Sunday.

Conceptis Sudoku By Dave Green

	6	1				8	9	
9			4		7			1
			8		9			5
			7		3			8
			5		1			7
	2				4			9
3					6			2
6					5			3
5	7	9	2			4	1	

Difficulty Level ★★★

8/22

Answer to previous puzzle

3	4	7	6	1	8	2	9	5
2	8	5	7	9	4	3	6	1
9	6	1	3	5	2	8	4	7
6	9	4	1	8	3	5	7	2
1	7	3	5	2	6	4	8	9
8	5	2	9	4	7	1	3	6
5	3	9	4	7	1	6	2	8
4	1	8	2	6	9	7	5	3
7	2	6	8	3	5	9	1	4

Difficulty Level ★★

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Word Search

M	O	E	R	U	T	R	E	V	O	F	J	R	S	Q
T	T	I	Y	N	O	H	P	M	Y	S	D	S	C	U
O	R	K	Y	K	G	C	O	O	B	R	O	T	X	A
D	E	U	A	Z	F	R	S	P	L	J	Z	N	U	R
N	C	N	R	R	A	A	O	E	U	P	C	S	G	T
O	N	M	R	T	I	M	N	R	C	I	O	L	V	E
R	O	C	O	U	T	A	A	A	F	I	M	E	T	T
G	C	R	H	E	T	U	T	P	M	O	R	P	M	I
V	I	Q	L	O	O	C	A	S	D	P	T	P	W	Q
O	S	L	K	I	R	B	O	U	E	F	U	O	A	N
G	A	U	G	X	T	A	Q	N	G	D	U	A	N	C
B	V	A	I	R	Q	R	L	D	S	K	U	G	R	E
C	D	T	E	T	O	M	I	E	I	A	H	T	U	N
A	W	Y	W	G	E	L	N	O	G	Q	R	V	E	E
A	T	Z	E	K	F	A	N	T	A	S	I	E	G	M

Find the listed words in the diagram. They run in all directions – forward, back, up, down and diagonally.

- Adagio
- Aria
- Ballet
- Caprice
- Chorale
- Concerto
- Etude
- Fantasia
- Fugue
- Impromptu
- March
- Motet
- Nocturne
- Opera
- Oratorio
- Overture
- Poem
- Quartet
- Rondo
- Sonata
- Song
- Suite
- Symphony
- Tone
- Trio

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