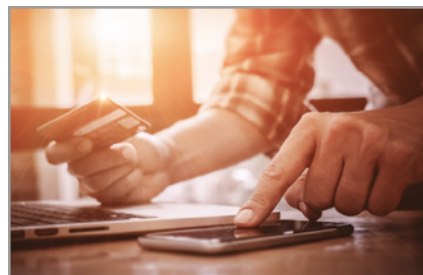


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UK PRESS UNDER PRESSURE

Cayman brings home baskets of gold



► The Women's National Basketball Team

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NiCE workers make huge impact

The Department of Environmental Health (DEH) is coordinating the use of grab trucks to collect sargassum from South Sound, Coe Wood and New Cemetery Beach in Bodden Town; as well as from the Frank Sound Junction launch ramp.

The seaweed once collected is being taken to George Town Landfill, where it is being weighed and deposited. Work crews will continue coastline clear-ups this week.

"After careful consideration it has been decided that the majority of the sargassum collected will be kept at the landfill for disposal," said a NiCE official.



... Continued story on page A4

► A team of NiCE workers clear sargassum from South Sound dock and the beach

COUNTDOWN TO 10 DOWNING ST



The clock is counting down to the installation of the next British prime minister.

Votes will be counted on Monday, July 22nd. The decision is expected by the early hours of Tuesday, if not earlier.

But it's not an election 'as usual'.

This particular leadership 'selection' is unprecedented in that while there have been leadership changes within ruling parties in the UK before, it's the first time that it's going to a membership vote only.

This time though, it has attracted more public interest and even concern.

The level of interest is underlined by the pivotal moment in British politics represented by Brexit, and concern as

... Continued story on page A11

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MOTIVATIONAL TIP

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Live longer. Live happier. Live life to its fullest with MUSIC. 🎵

HEALTH TIP

Drinking alcohol and Blood Pressure

By Sheldon G. Sheps, M.D.

Drinking too much alcohol can raise blood pressure to unhealthy levels. Having more than three drinks in one sitting temporarily increases your blood pressure, but repeated binge drinking can lead to long-term increases.

Heavy drinkers who cut back to moderate drinking can lower their systolic blood pressure (the top number in a blood pressure reading) by 2 to 4 millimeters of mercury (mm Hg) and their diastolic blood pressure (the bottom number in a blood pressure reading) by 1 to 2 mm Hg. Heavy drinkers who want to lower blood pressure should slowly reduce how much they drink over one to two weeks. Heavy drinkers who stop suddenly risk developing severe high blood pressure for several days.

If you have high blood pressure, avoid alcohol or drink alcohol only in moderation. Moderate drinking is generally considered to be:

- Two drinks a day for men younger than age 65



- One drink a day for men age 65 and older
- One drink a day for women of any age

A drink is 12 ounces (355 milliliters) of beer, 5 ounces (148 milliliters) of wine or 1.5 ounces (44 milliliters) of 80-proof distilled spirits.

Keep in mind that alcohol contains calories and may contribute to unwanted weight gain — a risk factor for high blood pressure.

Also, alcohol can interfere with the effectiveness and increase the side effects of some blood pressure medications. 🎵

COMMUNITY NOTICE

ANTI-BULLYING LEGISLATION

The Cayman Islands Law Reform Commission submits for stakeholder and public comment the draft Education (Amendment) Bill, 2019 and the draft Anti-Bullying (Schools) Regulations, 2019.

The respective pieces of legislation are formulated in response to several comments received since the publication of the Commission's Issues Paper entitled "Bullying: Legislation, Policy or Both?" The focus of the paper was to determine whether a comprehensive strategy for addressing the incidence of bullying should be grounded in appropriate legislation, formulating policies or a combination of both.

The proposed legislation, which is formulated to complement a national policy on bullying includes provisions which:

- require every school to formulate an anti-bullying policy;
- identify the provisions to be included in such a policy;
- holds the school leader responsible for the implementation and oversight of the legislation and any policies made under the legislation to address bullying;
- require a member of the school staff as soon as reasonably practicable to report to the school leader any act of bullying or act of retaliation witnessed by that member of the school staff, or that has come to the attention of any member of the school staff;
- require the school leader to communicate the results of the investigation to the person who made the report;
- require a school leader, on a quarterly basis, to submit a written report on bullying to the Department, the Ministry and the Education Council;



- provide for the imposition of penalties against a student where there is a failure to comply with an anti-bullying policy; and
- provide for the imposition of administrative and disciplinary penalties against a school leader of any school, a member of the school staff or parent who acts in contravention of the legislation or any anti-bullying school policy.

Stakeholders and members of the general public are invited to provide their comments on the draft Education (Amendment) Bill, 2019 and the draft Anti-Bullying (Schools) Regulations, 2019.

The legislation may be viewed on the following website: www.lrc.gov.ky or www.gov.ky or a copy may be collected from the Offices of the Commission.

Submissions should be forwarded no later than 16th September, 2019 to the Director of the Cayman Islands Law Reform Commission, 4th Floor Government Administration Building, Portfolio of Legal Affairs, 133 Elgin Avenue, George Town, Grand Cayman, P.O. Box 136, Grand Cayman KY1-9000 either (a) electronically to clawreform@gov.ky, or (b) in writing, by post or hand delivered. 🎵

COMMUNITY NOTICES

45% of petition signatures verified

Cruise Port Referendum Signature Verification Countdown				
# of Elector Signatures submitted for Verification *	Number of verification forms received	Number of forms outstanding	% of the required 5,292** signatures received	Date & Time of Last Update of verified count
5,637	2,362	3,076	44.6%	July 15th, 8 PM

Cayman Islands Duo at Regional CPA Youth Parliament

University College of the Cayman Islands (UCCI) students Reon Porter and Leah Robinson will represent the Cayman Islands at the 15th Regional Youth Parliament on Wednesday, 17 July 2019.

The Youth Parliament is organised as a part of the 44th annual conference of the Caribbean, Americas and Atlantic Region of the Commonwealth Parliamentary Association (CPA), held this year from Sunday, 14 July to Friday, 19 July in Trinidad and Tobago.

Youth participants this year will debate the topic "Securing our borders to mitigate the effects of crime whilst striving to meet our Humanitarian Obligations."

Both Mr. Porter and Ms Robinson were avid participants in this year's Youth Parliament conducted by the Cayman Islands Branch of the CPA on Commonwealth Day, Monday, 12 March 2019.

The duo, who have been hard at work preparing for their presentations, leave



► Representing the Cayman Islands at the 15th Regional Youth Parliament are University College of the Cayman Islands students (L-R) Reon Porter and Leah Robinson (Photo by Bina Mani, GIS)

Tuesday for Trinidad for the event in the Parliament Chamber in Port-of-Spain. They say they are both excited and very proud to represent the Cayman Islands at the regional meet. 🎵

OFREG REFUSES CAYMAN WATER COMPANY LTD. REQUEST FOR RATE INCREASE

OfReg has refused a request from Cayman Water Company Ltd., to raise the price of water rates paid by its consumers in Grand Cayman.

Cayman Water Company Ltd., which provides water to residents in West Bay and Seven Mile Beach, had requested that OfReg allow the company to increase its rates in line with inflation. This is despite ongoing licence negotiations, and that the request was without legal basis as a result. However, OfReg took the decision to assess the request in good faith, despite the absence of a licence.

Mr Gregg Anderson, Executive Director of Energy and Utilities, made his decision based on regulatory principles, including fairness to both the consumer and provider. Having assessed the request, and the financial statements of Consolidated Water Co. Ltd (the parent company of Cayman Water Company



► Mr Gregg Anderson, Executive Director of Energy and Utilities

Ltd.), Mr Anderson concluded that there was no justification for a rate increase.

Commenting, Mr Anderson said: "In a competitive market, providers battle for market share which raises standards and lowers prices. In this instance, consumers do not have a choice of water supplier, so it is the job of the regulator to

ensure that the rates are fair to the consumer, whilst also providing a sufficient return on investment for the provider."

"There was no justification for Cayman Water to be granted their request to increase the water rates. I now look forward to focusing on getting the best deal for both consumers and Cayman Water, in the ongoing licence negotiations."

Cayman Water Company Ltd. has been without a permanent licence for almost ten years; the licence first elapsed in 2010 under the Water Authority. Since then, the licence has been extended

several times to give the Water Authority and Consolidated Water time to negotiate a new deal. OfReg assumed the ongoing negotiations since its inception in 2017.

The negotiations will conclude when OfReg is satisfied that the agreed licence conditions - which include water rates - strike the right balance between the legitimate commercial interests of Cayman Water Company, and consumers in the Cayman Islands. 🎵



Caymanian Times

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► Members of the combined Cayman Dance Troupe



► Members of the combined Cayman Dance Troupe

CNCF To Preview Cayman's CARIFESTA Performances

The Caymankind spirit for which the Cayman Islands is world renown will soon be on full display as the largest-ever Cayman contingent shares its talents and expertise with our Caribbean neighbours. More than 50 delegates will travel to Trinidad & Tobago this summer to represent the Cayman Islands at the 14th Caribbean Festival of the Arts (CARIFESTA) where they will showcase the best of Cayman's arts and culture on the largest regional stage and make our country proud. From music, dance and theatre to visual arts, culinary arts and heritage arts, CARIFESTA attendees will be treated to several aspects of Cayman's vibrant culture, and the diversity of talent that exists within Cayman's arts community.

This extravaganza of Cayman culture will not be limited just to CARIFESTA attendees, however. For two weekends only, the Cayman public will have the opportunity to experience just a taste of what the Cayman group will be taking to Trinidad. The Cayman National Cultural Foundation (CNCF) is putting on four nights of music, dance and theatre at the Harquail Theatre. The Cayman Islands' CARIFESTA Showcase fundraiser will take place on Saturday, 20 July at 8:00pm and Sunday 21 July at 6:00pm as well as Saturday, 27 July at 8:00pm and Sunday, 28 July at 6:00pm.

The first weekend (20 and 21 July) will feature music from the Local Motion band, and dance performances from the combined Cayman dance troupe, which comprises dancers from the University College of the Cayman Islands, Dance Unlimited and Dreamchasers.

Local Motion is the collaborative effort of local musicians representing the cultural diversity that makes the Cayman Islands unique. Along with lead vocalist and President of the Cayman Music Association, Jean-Eric 'Mr Notch' Smith, the band is comprised of some of the Caribbean's finest and most experienced musicians, some of whom were part of legendary Caribbean bands. Included in this remarkable line-up of talented musicians is Jeff Japal, the keyboard player for the world famous Tradewinds and George Jones, keyboard player and founding member of top Barbadian soca band, Square One. Lead female vocalist Vashti Bodden has been a top performer on the local scene for several years and is the 2019 Cayman Islands' reigning Soca Monarch. The other members of the band are Robert Ebanks on drums, Mitchell Ebanks on guitar and vocals, and Roger 'Bugs' Wilson on bass.

Dance enthusiasts will be thrilled by the performances which will feature modern contemporary dances, other popular genres showcasing a fusion of British, Indian, African and Caribbean expressions, and a colourful display of Cayman's folk forms, choreographed by Dr. MoniKa Lawrence, respected dancer, choreographer and Assistant Professor and Artistic Director of the Performing Arts at University College of the Cayman Islands.

On the second weekend (27 and 28 July) the compelling drama "Downside Up", written by Frank S. McField and directed and designed by Henry Muttoo, will feature the talents of Jevaughnie Ebanks, Jerin Carter, Troy Rodgers, Leslie-ann Bernard and Giselle Webb. Dr. McField is acknowledged as Cayman's foremost playwright, whose dramas often reflect his extensive sociology background. CNCF's Artistic Director, Henry Muttoo, is one of the Caribbean's foremost theatre arts practitioners, and is a house-



► Storyteller - Virginia Auntie V Foster

hold name both here and abroad for his award-winning work in the theatre, arts and cultural practices. "Downside Up" examines the fate of a family caught in a cycle of secrecy, domestic abuse and infidelity, family dynamics that are not uncommon but are so often covered up. CNCF advises audiences to consider parental guidance, as the themes may not be suitable for very young children but trusts that the play will spark discussion that will lead to a better understanding of the issues it highlights.

"I hope that the public will come out to the Harquail and support our artists who are working hard to put on professional, dynamic and meaningful performances. We feel it is important that our community both gives encouragement to and is able to feel proud of Cayman's arts and culture ambassadors to the regional stage," said Marcia Muttoo, CNCF Managing Director. "CARIFESTA is a significant event and forum for Cayman because it gives us an opportunity to demonstrate to our neighbours, and visitors from more distant shores, the wealth and uniqueness of Cayman's arts and culture and establish a greater international profile in the arts realm."

Also making the trip to Trinidad are chefs Brittanni Seymour, Timisha Edwards, and Jessica Moore from Women in White; Caymanian filmmaker Badir Awe; UCCI student trumpeter, Cameron Gilson, who will take part in the Caribbean Youth Orchestra; Debra Barnes-Tabora from the Cayman Islands National Museum; heritage crafters Ms. Carmen Connolly and Isaac Jeralow

Rankine; and storyteller Virginia "Auntie V" Foster. Members of the contingent will be sharing their expertise and giving demonstrations and workshops in their own individual area/s of expertise.

About CARIFESTA

Held every two to four years in various islands of the region, CARIFESTA is the largest, most far-reaching and longest running arts and culture festival in the Caribbean. It was created to showcase the artistic richness, creativity and diversity of the region and its Diasporas. The event attracts artists and culture professionals from more than 30 countries in the region and has been held 13 times across eight countries. Trinidad & Tobago, the 2019 hosts, have chosen the theme *The Tangible and Intangible - Connect, Share, Invest* for this fourteenth edition of CARIFESTA which takes place from 16 to 25 August.

The Cayman Islands has been attending CARIFESTA since 1981, and the most recent participation was in 2017 when a group of 38 delegates representing seven disciplines - theatre, dance, fashion design, visual arts, artefacts, literary arts, symposia and music - travelled to Barbados to showcase and celebrate Barbados's arts and culture.

Tickets for the Cayman Islands' CARIFESTA Showcase are \$25 per person per show and are available at Fosters (Airport & Strand), Funky Tangs, Healthcare Pharmacy Grand Harbour, the CNCF office or online at eventpro.ky. For more information call 949.5477 or email cncf@artscayman.org



► Chef Brittanni Seymour



► Giselle Webb and Jevaughnie Ebanks Rehearse for Downside Up

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► Recycling plant work is one of the many duties that NiCE workers assist with at George Town Landfill



► Jefferson's Beach in West Bay gets a clean-up from this crew of NiCE workers

Landfills Get Extra NiCE Work, Minister to Tour Project Work Sites

... Continued story from page A1

"Some will also be sent on to the Department of Agriculture (DoA), where it will be tested and trialled for use as fertiliser."

Eighteen work teams are currently clearing beach accesses; as well as eliminating roadside vegetation, installing

road signage and repainting markings. Crews are similarly removing litter from parks and cemeteries, while a crew at the landfill are processing recyclables, tire shredding, clearing vegetation and cleaning, stripping and painting equipment.

"With the first week of the NiCE Summer Project 2019 now completed, I am pleased to announce that the clean-up

and enhancement initiatives have been successfully carried out so far," said Minister for Commerce, Planning and Infrastructure, Hon. Joey Hew.

"I will be touring to visit several of the work teams later this week, to talk to the NiCE operatives and to see first-hand some of the outstanding beautification remediation efforts they have accomplished."

"This has been a huge effort to both coordinate and accomplish and I want to take this opportunity to thank the Public Works Department, National Roads Authority and the Department of the Environmental Health. This cross-agency approach is a model we want to perpetuate throughout Government," he concluded. 🌐



► NiCE workers clear sargassum from South Sound dock and the beach



► Government property in West Bay gets spruced up and cleared by NiCE workers with rakes and leaf blowers

Speaker Heads CI Team at CPA Regional Meet

A five-member team is representing the Cayman Islands at the ongoing 44th annual conference of the Caribbean, Americas and Atlantic (CAA) Region of the Commonwealth Parliamentary Association (CPA), in Trinidad and Tobago.

The Speaker, Hon. McKeeva Bush, OBE, JP leads the team which comprises Minister of Financial Services and Home Affairs, Hon. Tara Rivers, JP; Leader of the Opposition, Hon. Arden McLean, JP; Opposition MLAs Mr. Kenneth Bryan and Mr. Christopher Saunders.

The Speaker, who is the Immediate Past Chair of the CAA Regional Executive Committee and now the CAA representative on the CPA's Small Branches Steering Committee, also attended executive meetings. The conference is underway at Port of Spain from 12 to 19 July 2019. Plenary sessions are underway from 15-17 July.

Minister Rivers is attending as a delegate and participated in the 12th Commonwealth Women Parliamentarians Conference from 13-14 July.

Representing the Cayman Islands in plenary sessions are Opposition Leader McLean on the topic "Migrants and Ref-

ugees: Is there a need for a collective regional response?" and MLA Bryan on the topic "Digital Disinformation: The challenges to Parliaments and Democracy". MLA Saunders is attending the conference as an observer.

Other topics for presentations include "Human Rights: Are our Parliaments fully accessible to persons with disabilities?", "Forging a Caribbean Identity: How relevant are the Westminster traditions in a modern Parliament?" and "Rethinking the Westminster Model of Governance: The need for a fundamental shift."

The CPA regional conference also includes the 15th Regional Youth Parliamentary where two students, Leah Robinson and Reon Porter, will represent the Cayman Islands in the debates. For more, see <http://bit.ly/32vmazu>.

Mr. Bush also spoke at a CPA Roadshow where he addressed a packed audience of young people, from high schools, colleges and youth organisations at city hall in Port of Spain. He shared with them his experiences as an Elected Member, Minister, Leader of the Opposition, Premier and now Speaker.



► Speaker Hon. McKeeva Bush (first left) at the CPA Roadshow at City Hall, with students and the CPA Secretary General, Mr. Akbar Khan (fourth from left); the Speaker addressed a packed audience of young people at the Roadshow

CPA Secretary General Mr. Akbar Khan, who welcomed the participants, began the CPA Roadshows initiative in

2016, with the first one held on Grand Cayman at the Town Hall in George Town. 🌐



► Hon. Tara A Rivers, JP, MLA



► Leader of the Opposition Hon Arden McLean, JP



► Mr. Chris Saunders, MLA



► Mr. Kenneth Bryan, MLA

Deputy Director Appointed as ESO Head

Mr. Adolphus Laidlow is the new Director of the Economics and Statistics Office (ESO) which is a principal department in the Ministry of Finance and Economic Development.

Mr. Laidlow was chosen following an open and rigorous selection process. He served as the Deputy Director from June 2015 but has been with the CI Government from February 2006 when he was recruited as the Senior Economist at ESO.

A master's degree holder in economics, Mr. Laidlow originally from St. Vincent, served as Senior Economist in the Ministry of Finance in the St. Vincent and the Grenadines Government. Mr. Laidlow also taught at University of the West Indies Distant Learning Centre in St. Vincent and at the International College of the Cayman Islands from 2008-2019 as an adjunct professor.

Now as ESO Director since 1 June 2019, he strategically and operationally manages the work of 27 technical and administrative staff. As such, he leads the office in developing and implementing a comprehensive programme of economic monitoring, analysis, forecasting and reporting.

Principally, Mr. Laidlow oversees, manages and guides the ESO's collection and collation of information and statistics that are essential tools to help monitor and analyse the national economy. Additionally, he serves as the principal advisor to Government on a range of economic issues to ensure sustained national macro-economic growth of the Islands.

To accomplish this, he leads the department in conducting a relevant and

timely programme of statistical information and services to CIG and the public in accordance with the Statistics Law (2016 Revision).

The director's remit also includes policy advice to Government on all matters of macroeconomic development as well as policy and technical advice to government departments and committees on statistical matters, elaborated Senior Assistant Financial Secretary in the ministry, Mr. Michael Nixon.

Mr. Nixon noted: "In partnership with the community, the ESO is committed to being the main source of statistics that matter and research that counts. The ESO's mission is to enable Government's informed decision-making by providing relevant, high quality, timely and client-focused statistical information and socio-economic analysis."

He continued, "Moreover, in carrying out its mission, ESO will strive to implement international standards to heighten the comparability of Cayman Islands' statistics with the rest of the world."

The ESO Director also has the remit to pro-actively design a comprehensive programme to upgrade the national statistical system to meet international standards and to develop new economic assessment tools.

Financial Secretary and Chief Officer in the Ministry of Finance and Economic Development commented, "I congratulate Mr. Laidlow on his appointment as Director of the ESO. He is well respected within the Public Service and by the public as a result of his considerable knowledge and experience. I'm certain



► Mr. Adolphus Laidlow is the new Director of the Economics and Statistics Office (Photo by Bina Mani, GIS)

Mr. Laidlow will enhance the ESO's profile in the public."

Commenting on his new assignment, Mr. Laidlow said: "I am delighted to be given this opportunity to lead our team of skilled professional statisticians, economists and administrative staff as we endeavour to strengthen the decision-making ability of the people of the Cayman Islands by providing high-quality data and analysis. As it is said, 'lead-

ership is an opportunity to serve, it is not a trumpet call to self-importance'; therefore, I am here to serve the people of the Cayman Islands."

He added, "In this new role, I look forward to continually enhancing the services offered by the ESO with an unmatched level of professionalism and confidentiality as we strive towards providing world-class service by making lives better." 🌐

New sustainable community takes shape

Grand Harbour seems to be the focus for interesting new developments just now, the latest catching potential buyers' eyes is Periwinkle, offering a total of 94 units, some of which are two to three bedroom cottages, four to five bedroom townhouses and four to five bedroom waterfront townhouses, the latter complete with a 30 foot dock included.

Following the design principles of Camana Bay, Periwinkle is embracing the new urbanism design concept that makes use of shared spaces, creating a buzzing thriving community with a focus on sustainable living, rather than simply constructing a row of houses. While offering privacy and seclusion for owners, it is also hoped that residents will develop a real sense of place at the same time. A stand out point is the development's focus on sustainability, with an intention to obtain LEED certification which will be the first for a development of this kind in the Cayman Islands.

Vince Budesca, Sales Associate with RE/MAX Cayman Islands gave some background to what sets this new development out from the crowd.

"With so many new residential projects to choose from, buyers often look closely at the reputation of the developer before they consider purchasing newly constructed homes. Unfortunately, flaws in design and workmanship tend to appear long after completion, when the developer is out of the picture. Under the stewardship of Mr Heber Arch, when you meet the development team at Periwinkle, you immediately sense their passion and their desire to do things right the first time," he advised.

Vince called development a painstaking process because so many people have their hands in the process from when the first shovel goes into the ground until completion.

"I've spent many years working for a development company prior to my arrival in Grand Cayman. I advise



my customers to purchase new homes based on quality, value and location. If you look closely at Periwinkle, I believe that you will find it excels in all three categories," he said.

Construction costs are on the rise and it's become more expensive to build new homes in Grand Cayman these days, Vince added.

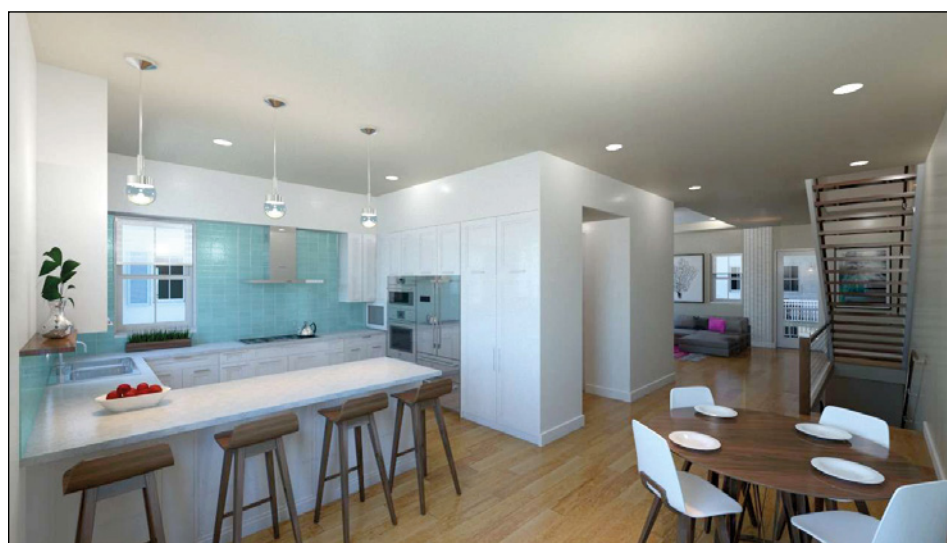
"Periwinkle offers great overall value and additional savings derived from its energy efficient construction, smart appliances and solar power," he confirmed.

Indeed, developers say that solar power will be the main source of energy for homes, street and dock lighting and Periwinkle kitchens will be powered by natural gas and fitted with appliances that have the highest energy efficiency ratings.

Potential buyers should note that Phase I of this project contains 24 units, 10 of which (cottages) are already completed and sold. The remaining 14 units are sold and under construction to be completed this summer. Vince advised that there is one waterfront canal unit available (MLS 409616) with a list price of CI \$1,150,000 for a 3,750 square foot unit with a 30 foot dock which will be completed in September 2019. There is no pricing currently available for Phase II, but that should be released soon.

Vince assesses that Periwinkle should appeal to a mixed bag of buyers, including young families, professionals and definitely buyers interested in sustainability. The community is also dog friendly.

Contact Vince Budesca at RE/MAX for more information on 516 7464. 🌐



ESTERA RECOGNISED AS A TIER 1 FIRM

Estera has been recognised as a Tier 1 firm in the eprivateclient Top Trust Companies rankings for 2019. The tiers are based on reputation, quality of service, size and global scale.

Conrad Proud, Trust Director at Estera, commented "Our trust services are highly respected and long-established. We are very grateful to our clients for their continued support and are proud of the work that we do for them. We are thrilled that our teams have again been recognised for the quality of their work and their approach to delivering outstanding client service."

Richard Gordon, Managing Director, Estera Cayman, added "The last few years have been tremendously successful for Estera. We have seen

strong results, significant revenue growth, and we have built a well-diversified business. We have built a fully-fledged global funds capability as well as investing in the growth of our long-established trust business. Eprivateclient's recognition is a great endorsement of our approach."

Estera provides offshore trust management and administration services including foundations, managed trust companies, personal pensions, private trust companies, trust formation and administration and have over 550 professionals in 11 jurisdictions. Estera's multi-jurisdictional reach allows their client directors to offer solutions which are tailored to the clients' global needs no matter where they are located. 🌐



► Conrad Proud, Trust Director at Estera



► David Hudson, Group CEO of SMP Group and Martin Katz, Principal of Middleton Katz

MIDDLETON KATZ JOINS SMP GROUP

Isle of Man-based corporate services provider Middleton Katz has today announced a deal to join the SMP Group of Companies, a global professional and financial services group. The transaction has been approved by the Isle of Man Financial Services Authority.

Middleton Katz is a well-respected service provider on the Isle of Man, delivering corporate, tax, and accounting services to a broad range of clients. The company has built its reputation on professional expertise, personal service, and attention to detail.

Martin Katz, Principal of Middleton Katz, commented: 'I am incredibly proud of the business and sense of community we have built; as a small, close-knit team, we have consistently punched above our weight in terms of the services we deliver. However, joining a larger group gives us the back-office support we need to extend and improve the services we offer clients much farther than we could alone. For us, SMP was a

clear candidate from the beginning. We have dealt with them many times in the past and always been treated fairly and respectfully, so we already have strong relationships with many of their team.'

David Hudson, CEO of SMP Group, added: 'Middleton Katz is an efficient and highly skilled company that is well-loved and respected by both clients and staff for its personable and reliable service and culture. We know they will integrate very naturally into our business, and we believe our shared history and ambitions will be hugely beneficial for their clients and staff.'

'Middleton Katz is our second acquisition since completion of the MBO on 14th June and represents another significant milestone for our Group.'

The deal has been undertaken with the support of Palatine Private Equity LLP, the UK mid-market private equity house that took SMP through its 2019 MBO, with additional debt funding from Apera Asset Management. 🌐

Millennials & Gen-Z: A Driving Force of the Tourism Industry

Building a new generation hospitality workforce to drive your business forward

Over the past decades, Millennials have taken much of the limelight - and in the tourism industry, this has meant not only tailoring and reshaping services to accommodate them as customers, but also recognizing that they make up an increasing percentage of the workforce. We've worked diligently to understand and become accustomed to the work habits and attitudes of Millennials - and just like that - its already time for a new generation to enter the fold.

Meet Generation Z (Gen-Z): The newest member of the hospitality workforce, classified as the demographic born after 1996- is finally taking the spotlight from its more well-known predecessors, the Millennials.

While Millennials still dominate the workforce, we will soon see an influx of Gen-Z job seekers entering the tourism industry, surpassing Millennials as the most populous generation. Understanding this new generation will allow hospitality businesses to develop effective strategies for attracting, engaging, developing and retaining new team members -who will provide an excellent customer experience, resulting in increased business performance.

Attracting and recruiting the Gen-Z generation

Hospitality businesses must establish a stronger employment brand on the

internet- going beyond a LinkedIn page or a Facebook page; maintain a positive image as an ideal employer across different online communities. Be sure to highlight the purpose and the mission of the business as communicated to the stakeholders, and maybe consider offering structured internship programs to local college students. Businesses must show genuine interest in the candidates and are willing to work with them in developing a personalized career plan.

Engaging & developing the Gen-Z generation

Despite the stereotype that Gen-Z will only communicate through a smartphone, they like to talk face to face. They prefer in-person discussion over instant messaging or email. While Millennials are more focused on teams, research shows that Gen-Z wants to be judged on their own merits. Because they've experienced rapidly changing technology trends this generation also understands that there's a need for constant skill development in order to stay relevant. Gen-Z seeks a strong workplace culture. They expect their employers to value creating a team culture, rather than just focusing on the tasks at hand. Gen-Z expects quick advancement in the workplace. Like millennials, Gen-Z is invested in personal and career development.



Managing and retaining Gen-Z generation

Gen-Z will look for more independence in their career than Millennials. Members of Gen-Z are achievement-driven and don't want someone telling them what to do from an ivory tower. That said, they do value stability and support. Rather than issuing marching orders, focus on mentoring. Help them work toward long-term goals through well-defined markers, but don't take away the opportunity for creativity. Millennials want to make a difference and an impact in the workplace. While Gen-Z holds those same values, they view job security even higher.

As Generations begin to work together in the tourism industry, it's important for owners, managers and supervisors to understand what each generation expects from their careers. Success will be determined by how your business celebrates each generation and their ability to cultivate positive change. It is up to you to let each generation bring their strengths to the table in order to foster long-term business growth. With their fresh take on hospitality, Millennials and Gen-Z can receive the baton and take the tourism industry to new heights.

Brooke Meyer is the managing partner of Caymera International, a Grand



► Brooke Meyer is the managing partner of Caymera International

Cayman-based hospitality and tourism consulting and advisory firm and welcomes the opportunity to share her career testimony with Millennials or Gen-Zers interested in pursuing a career in tourism industry. Visit Caymera online at caymeragroup.com or email info@caymeragroup.com 🌐



COMMUNITY EVENTS

Cayman Basketball Festival

18 – 20 July: Cayman is hosting basketball teams from the US, Bermuda and Trinidad for its Basketball Festival. All-star squads from Bermuda, Cayman's all-star team featuring its overseas players such as Kai Robinson, Joshua O'Garro and Tyler Ebanks, and players from Trinidad's basketball academy will go for the hoop in this exciting event. Check the website <https://caymanbasketball.com>, email info@caymanbasketball.com or call 916 – 5083 for more information.

Free Tours for Summer Camp Groups

19 – 23 July: Calling all Summer Camp Organizers! Free student tours led by Gallery educators are available all summer. Enjoy fun and interactive tours of the Permanent Collection of Caymanian art or the colourful temporary exhibition - Tropical Visions - Landscape Painting from the National Collection. Tours are available Monday – Friday, 9:00AM – 3:00PM and must be booked in advance. Email info@nationalgallery.org.ky or call 945 – 8111 for more information.

Storytime at the Library

20 July: Children's Story time – The George Town Public Library is hosting Children's StoryTime for

children ages 0 to 5 years old starting at 10:30 am. No registration is required and a parent /guardian must be present at all times. No drop-offs are allowed. Reading is done by the Pink Ladies Volunteer Corps. For more information, call the library at 949 – 5159.

Art at the Strand

20 July: This Saturday and every Saturday, from 3pm to sunset, the Visual Arts Society local ART market at The Strand features artists displaying arts, crafts, paintings, prints, hand-crafted jewellery & ceramics for sale in front of the Lodge/Eco-Den who offer 2-4-1 drinks, healthy pub food and homemade treats, smoothies, and speciality coffees / teas. For more information or to become a displaying artist, email info@visualartscayman.com

Community Policing Department: George Town Community Clinics

21 – 28 July: The Community Policing Departments invites residents to attend the community clinics. You will have the opportunity to meet your beat officer, hear the plans for the community; tell what you would like done and air your concerns. Dates and times are as follows:

- 21 July: Smith Rd. Centre 1 – 4pm
- 24 July: Raleigh Quay Roundabout 7 – 9 pm;



► Cayman Stingray Tourism Awards

- 25 July: Family Life Centre 7 – 9pm
- 28 July: Watler's Rd./ Helen Dr. – 12 noon – 3pm

Soldier Sundays - Crab Racing

21 July: Participate in the Caymanian tradition of Soldier Crab Racing on Sunday 21 July at the Royal Palms Beach Club, West Bay road. This is a fun way to help the NCVO in its goal to raise \$1.6 million dollars by October. Participation donation in \$10 for adults and \$5 for children. Visit ncvo.org.ky for more information.

Free VBS at West Bay Church of Christ

22 – 26 July: The West Bay Church of Christ is hosting a free Vacation Bible School from July 22nd – 26th beginning at 9am and ending at 12noon each day. Call 946 – 9294 for more information.

Free HIV Screenings

23 July: The Public Health Department has extended its hours for free HIV screenings. The free testing is now available from 9.00 a.m. to 1.00 p.m. every Tuesday at

the Cayman Islands Red Cross on Huldah Avenue, George Town.

Community Chess

23 July: Join the Cayman Chess Club at The West Indies Wine Company, Camana Bay for a complimentary chess class and open challenges weekly. Anyone can learn play and enjoy chess; even complete beginners. Start time is 5:00pm. Call 640 – 4000 for more information.

Cayman Stingray Tourism Awards

23 July: The 16th annual 2019 Stingray Awards, hosted by Cayman Islands Tourism Association is taking place on Tuesday, July 23rd at The Ritz-Carlton Grand Cayman. Nominations are now open for the event. Come celebrate "The Magic of Tourism" and be a part of the excitement. Cayman Islands Tourism Association (CITA) is a non-profit organization, located in George Town, Cayman Islands which represents its membership of just over 200 tourism related businesses in the Cayman Islands. Please visit www.cita.ky/stingrayawards for more info.

Leadership Cayman Information Session

24 July: The Chamber of Commerce is now accepting applications for the 2020 class of Leadership Cayman. If you are 25 years or over and are looking to improve

your leadership skills, network with likeminded professionals and gain an in depth understanding of our community, then you should apply.

To learn more about this outstanding leadership programme, sign up to attend an information session on Wednesday, 24th July 6:00pm – 7:00pm at the Chamber of Commerce offices in Governors Square. The deadline for applications is 31st July. Visit leadershipcayman.ky to apply today.

Convention of Jehovah's Witnesses

26 – 28 July: You are invited to "Love Never Fails" – the Convention of Jehovah's Witnesses 2019 at the Kingdom Hall of Jehovah's Witnesses, 12 Keturah Street. There will be talks and interviews, multi-media presentations including a feature film – The Story of Josiah. Sessions begin 9:20 am daily. Admission is free. Go to www.jw.org for more information.

National Trust Kids' Summer Camp

29 July: The National Trust's summer camp will teach kids about Cayman's natural and historic heritage and how they can save it! This camp – for children ages 7 – 12 years old - runs for 2 weeks from July 29 to August 9. The cost is \$250 for Trust members and \$300 for non – members per week. This includes lunch, snacks and daily field trips. Contact 749 – 1121 or email cchildsn@national-trust.org.ky

How to Break Free from a Weight Loss Slump

Next week is July 1st! July 1st is a good time to take a close look at where you are with your exercise and nutrition plans. How are you doing? Are you pleased with your daily habits and progress? *Are you in a slump from which you need to break free?*

We are 6 months into the New Year—how are you doing with your New Year's resolutions?

Daily life keeps us so busy that we can slowly lose motivation to work out and eat healthy food. And it happens so gradually we hardly notice it. Before we know it, we're off track and old habits are slowly getting the upper hand.

You know you are in a slump when you look back over the past few weeks and realize that you are not working out much (or your workouts are very low intensity), you are being a little more lax

with what you eat, and worst of all, you feel discouraged. The further behind you get, the harder it is to revamp and start again.

Break free

If you are in a slump, this is a perfect time to break free.

The hardest part of breaking out of a slump is taking action, but once you get moving again and take some positive steps, you will quickly find your feet and resume your forward momentum to fitness and health.

Try this:

- **Schedule some exercise time into your day today.** It does not have to be a long session; it can be 10 minutes. Just move. The biggest predictor of whether you work out tomorrow is whether you work out today. The tough part is to be-

gin. Take a walk, make several trips up and down your stairs, jog in place—it doesn't matter what it is, just do something.

- **Decide on your July 1st eating plan.** You will likely be in the presence of unhealthy holiday food. What is your plan? One of the best things you can do to get back on track is draw a line in the sand and don't step across it. Make healthy choices. Eat for energy and vitality.

Once you take the first step, the next will be easier, and the next even easier. Declare independence from your slump, dust off those resolutions and make the second half of 2019 the best half!

Call Ernest Ebanks at Body Shapers Fitness 325-8696 or email bodyshaperscayman@gmail.com today and let me help make the second half of 2019 your best half.



► Ernest Ebanks

Now located at Caymanian Village, two doors from down Island Taste Patties.

THE HADZAS

I am a huge advocate of COQ 10. Of its many nutritious components is the ability to fuel energy to the heart. In a new, clinical trial in the Journal, "Antioxidants," it was found that COQ 10 reduced the mortality of patients with cardiovascular risks by 53%. There's no better measuring stick on the power of COQ 10 than in the Hadza of Tanzania. They are a small tribe who neither grows food nor rears livestock. "They are true hunter-gatherers," according to Dr. Al Sears who has seen their lifestyle first hand.

"My first observation of these people was that amazingly they were all lean, strong and healthy. They suffered from no diseases, especially heart diseases." They hunt in the same manner as their ancestors with, spears, bows, arrows

and traps. Their main preys are, giraffe, zebra and giant antelopes. But what makes them different? They eat every part of the animal the capture, including the organs. We may scorn at this but there's a reason they do this. Organ meat is the best source of COQ10 on the planet.

Because it uses more energy than any other organ in the body, your heart is vulnerable to mitochondrial dysfunction. On the other hand healthy mitochondria does not only keep your energy levels powered up, it protects you from heart disease at the same time. According to Dr. Sears, "The more cellular energy they put out, they more waste they produce. And studies have shown that mitochondria are the site of inflammation." So what then is the answer? COQ 10!



This powerhouse nutrient is the key to delaying or preventing mitochondrial depletion. Its power begins with its antioxidant abilities, which protect your mitochondria from free radical damage. More than this it's the high-octane fuel they

need to run on. Again, according to Dr. Al Sears, "I recommend that you take 30 mg of COQ10 daily and this should be doubled if you are 60 and over. Any supplementation must include PQQ (pyrroloquinoline quinone and L- Carnitine."





► A great big welcome for the Men's and Women's National Basketball Teams, at the airport

Cayman brings home baskets of gold

By Christopher Tobutt

Cayman's wonderful success in bringing home more than 30 medals from the XVII NatWest International Island Games got even better when the National Men's Basketball team brought home yet more treasure - another gold medal - from Gibraltar.

Altogether, Cayman athletes put on a remarkable show of expertise, and sporting spirit, by winning medals in six sports, including squash, swimming, beach volleyball and basketball, winning 11 gold and 10 silver medals, and gaining a respectable 10th place amongst the 22 different competing countries.

They were coming from Tampa, after flying from Gibraltar, and a big group of friends and family and coaches and government officials waited patiently for the Arrivals door to open, with balloons and big Cayman flags and big Cayman hugs all ready. Finally the doors opened and both the Men's and the Women's National Basketball Teams, as well as members from the beach volleyball team, came through.

The men's basketball team which was responsible for winning one of the last medals of the games, when the Cayman side just managed to pull ahead of Saaremaa, an island in the Baltic Sea. After a hard-fought match, Cayman won by 75-63.

Coach 'Voot' O'Garro said: "Congratulations to the team and to the staff, and thanks for the support we have gotten from the Government, and the people of the Cayman Islands. It was a difficult and really intense, in the final run, against former defending champion Saaremaa and they were very tough to beat, but we came through. It was a wonderful tournament."

17 year-old Joshua O'Garro was busy being greeted by friends and family. "We won a gold and I scored. We played very well. We won it all." Shaad O'Garro 29 said: "We went to represent Cayman for basketball, and we won two years ago, in Sweden, and now we had to go back and defend the title in Gibraltar and we went back and defended it and got gold."

Davian Cottrell, another Men's Basketball team member, was busy being greeted by both his mother and Cayman Sports Minister Hon. Juliana O'Connor-Connolly.



► The Men's National Basketball Team

Davian said: "It just feels great. We just came back, and it's the second time we won the Island Games, so we've won it two times in a row now and it feels really good to finally start being on the winning side."

Ms. O'Connor-Connolly said: "It's an honor and a privilege to be able to go back to the Island Games, not just because my guys won, but because they really displayed the Cayman Kind. Now nobody in the Island Games can go away saying that they don't know who Cayman is. There was a talk and a buzz in the town, and they did so well."

But it wasn't only the Men's Basketball team who did so well; both the Women's basketball team and the Beach Volleyball team had achieved much to be proud of. Melissa Bridgemohan, 21, a member of the Women's National Basketball Team said: "We didn't get any golds, but we did try our best. We gave it our all and we worked as a team, and we came fifth." Fellow team-member, Neandra Forbes-Morgan said: "I think all of us did really well."



► Davian Cottrell was greeted by his mother, and Minister Hon. Juliana O'Connor-Connolly



► Neandra Forbes-Morgan and Melissa Bridgemohan



► Welcome home!

Some Thoughts on Liberal Education and Integrated Learning

In a recent column in the Jamaica Gleaner, Peter Espeut, Sociologist and Dean of Studies at St. Michael's Theological College, laments the absence of Philosophy from the school curriculum in Jamaica. He argues that '... it is amazing that we expect students to do well in STEM subjects without a solid grounding in inductive and deductive logic.'

Interestingly, in 2013, one of the few Jamaican/ Caribbean academic philosophers (persons who have PhDs in the study of Philosophy) published, **The Loneliness of a Caribbean Philosopher and other Essays**, in which he makes a similar argument. In fact, he concludes that: 'The Caribbean cannot hope to develop great thinkers unless it nurtures them, and in all the great civilizations I know, philosophy has been the main nursery for the development of these transformative persons.'

Philosophy, in its strictest sense, writes St. Hope Earl McKenzie, author of this book, "Includes reflections on the nature of knowledge and the ways of knowing (epistemology); the nature of reality as opposed to appearance, and why the difference matters (metaphysics); belief in God; the meaning of life, the nature of evidential relations between propositions and the principles of good reasoning (logos); and the study of how we ought to live (ethic)".

Peter Worley, writing in the **Journal of Philosophy in Schools**, discusses the reasons why this subject is of importance. Education in Philosophy better equips people for ethical life, improves the quality of student's thinking and provides a space for them to think for the sake of thinking.

He says that done well, because philosophy employs and encourages critical thinking, it invites the student, not only to think for herself, but also to develop intellectual responsibility.

Frank Breslin, writing in the Huffington Post, outlines what a course of this nature would look like : 'it would be a course which simply asks questions: Does life have meaning and purpose, and how do we know? What is truth and how do we know that we have it when truth and illusion feel the same way? Does truth change over time? Are beliefs the creations of our subjective needs? Are values discovered or invented? Do

human beings have value? Can we know anything beyond this world?

'Such a course would consider the various answers which have been advanced to these and similar questions over the centuries; seek to understand the historical era in which an answer arose; empathize with each answer to understand it better; analyze its respective arguments, and suggest objections and rebuttals.

'By observing how each position qualifies, complements, or critiques the others, students would explore not only specific questions and their answers, but also the nature of critical thinking itself. Students would learn how to detect fallacies in logical reasoning; how to dissect and refute faulty arguments; how to determine what can and cannot be proven; in short, how to think, and not what to think.'

The argument for a revival of the teaching of philosophy seems to me in essence a case for the liberal arts generally. There has been for some time now a concern that in lean times, the humanities come into question and so areas like languages, the arts, literature, history, cultural studies, philosophy and religion are usually hardest hit. The 'idealistic' notion that critical thinking, civic and historical knowledge and ethical reasoning, areas the humanities especially develop, are necessary for effective participation in a free democracy regardless of career choice, becomes sidelined for the 'urgent' and the now.

A liberal education is one that ensures that a person becomes more than a specialist or technician. By taking a long range view of education and its purpose, it concentrates on what shapes a person's understanding and values, rather than on what he can use in one or two of the changing roles he might later play. As Marshall Gregory says in his article 'A liberal Education Is Not A luxury' published in the **Chronicle of Higher Education**, Sept.12, 2008, students overriding concern should be how to develop as fully as possible their basic human birthright: their powers of imagination, aesthetic responsiveness, introspection, language, rationality, moral and ethical reasoning, physical capacities and so on.

Liberal education focuses on developing the students as fully as possible

as human beings, as human persons, reflective, thinking beings and as responsible agents thus ensuring that a person becomes more than a specialist or technician. It trains but it also educates. In explaining its devotion to a liberal education, Yale University says 'At Yale you are required to learn broadly and deeply. Depth is covered in your major. Breadth is covered in three study areas: the Humanities and the Arts; the Sciences, and the Social Sciences and three skill areas: writing, quantitative reasoning, and a foreign language.' Yale University Website-

The quotations below further embellish this view.

Fareed Zakaria in his excellent book on the subject - **In Defence of a Liberal Education**, says that "A Liberal Arts education teaches you how to write, how to speak your mind, and how to learn, immensely valuable tools no matter your profession. Technology and education are actually making these skills even more valuable as routine mechanical and even computational tasks can be done by machines or workers in low wage countries."

'Students are clamouring for degrees that will help them secure jobs in a shifting economy, but to succeed in the long term, they'll require an education that allows them to grow, adapt and contribute as citizens. And this is why many schools are shaking up their curricula to ensure that undergraduate business majors receive something they may not even know they need- a rigorous liberal arts education.' **The Atlantic**, June 28, 2016.

"Business majors seem to be graduating with some of the technical skills they'll need to secure their jobs, but without having made the gains in writing or critical skills they'll require to succeed over the course of their careers, or to adapt as their technical skills become outdated and the nature of the opportunities they have shifts over time." Yoni Applebaum- **Business Majors and the Liberal Arts**, June, 2016.

The case has been made for STEM (Science, Technology, Engineering, and Mathematics) an obvious necessity in the modern world, as it has been for TVET (Technical and Vocational Education and Training) and other areas of specialization.



► Dr. Livingston Smith is the Vice President and Provost of UCCI

In an important sense, making the case for one area over another reduces the significance of the overall project called education. Students have interests, passions and aptitudes which pay an important part in what they eventually decide to do.

The academy would do well to break down the walls of learning to find connections between disciplines in presenting a unified view of knowledge. A truncated view of knowledge is prevented through finding ways for cross-curricular and curriculum inter-relatedness making for a holistic education and the holistic development of the person.

Holistic development is a process of self-actualization and learning that combines an individual's mental, physical, social, emotional and spiritual growth. Its premise is that an individual finds purpose and meaning in life through connections to the natural world, the community and through humanitarian values.

The holistic experience includes creative problem solving, critical thinking, innovation, self-awareness, reflection and self-efficacy, teamwork, communication, leadership development and time management. 🌐

POLICE NEWS

Second RCIPS Recruit Class of 2019 Currently In-Training

The twenty-four new local recruits who make up the second RCIPS Recruit Class of 2019 are now six weeks into their initial recruit training. The class consists of twelve women and twelve men, ranging in age from 19 to 41, and also includes seven former auxiliary constables who are making the transition to police constable. Nine members of the class are Caymanian; all the new recruits were sworn in on Monday, 3 June, in a ceremony led by members of the RCIPS Senior Command Team.

The recruits were chosen following a local recruitment drive which concluded last August. After confirmation of minimum qualifications and passage of a written exam, interview, fitness test and vetting, candidates were offered places in the recruit class. Twenty-three of those candidates formed the initial RCIPS Recruit Class of 2019, which graduated to operational duty in May, and the current group of twenty-four was chosen from the same pool.

"Being able to graduate two classes of over twenty recruits in the same year is a great achievement and will be an enormous boost to the service as we seek to bolster our ranks and add fresh ideas and more local perspective to the organization," said Derek Byrne, Commissioner of Police.

"In addition to graduating more recruits in a single year than we have done in years past, we will also be graduating more Caymanians and more women," added Commissioner Byrne. "The increased gender diversity that this will bring to the organization is important as we strive to accurately reflect the population that



we serve. We look forward to their long and fruitful careers as they serve their communities and the Cayman Islands."

The recruits are now a little less than halfway through their 17-week intensive training course and those who pass the course will graduate to operational duty in September and then progress to on-the-job training during a two-year probationary period. At the end of their probation, these new officers can be posted to units as diverse as criminal investigation, traffic, air operations, financial crime, family support, or the K-9 unit, based on operational needs and priorities. 🌐



Serious Assault in George Town

Shortly after 5:00AM on Sunday morning 14 July, the 9-1-1 Communications Centre dispatched officers to the Cayman Islands Hospital following a report of a serious assault. It was reported that a woman had been at a restaurant on School Road when she became involved in an altercation with another woman and was struck with an object,

receiving a wound to the head. She was transported to the Cayman Islands Hospital by private vehicle for treatment and was later discharged.

Later that day, police arrested a woman, age 36 of George Town, on suspicion of Assault GBH in relation to the incident. She remains in custody as investigations continue. 🌐

Robbery in Bodden Town Sunday Evening








Shortly after 11:00PM Sunday, 14 July, officers responded to a report of a robbery at an address off Anton Bodden Drive in Bodden Town. A woman had just left her place of business and returned to her residence with a quantity of cash. Before exiting her vehicle, she was approached by a lone male who brandished a handgun and demanded cash. The male made off with a handbag. The woman was not injured.

The culprit is described as being of dark complexion, and fled the scene in a vehicle.

The matter is currently under police investigation. Anyone with any information is asked to contact Bodden Town CID at 947-2220.

Anonymous tips can be provided directly to the RCIPS via our Confidential Tip Line at 949-7777, or via our website (<https://www.rcips.ky/submit-a-tip>). Tips can also be submitted anonymously via the Miami-based call centre of Crime Stoppers at 800-8477(TIPS), or online. 🌐

WEEKLY WEATHER FORECAST

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
						
86° / 83°	87° / 83°	87° / 82°	86° / 82°	85° / 82°	85° / 83°	86° / 84°
Partly sunny; nice	Sun and some clouds; pleasant	Some sun, a stray t-storm	Partly sunny, a shower	Partly sunny; pleasant	A t-storm around in the a.m.	Sunshine and patchy clouds

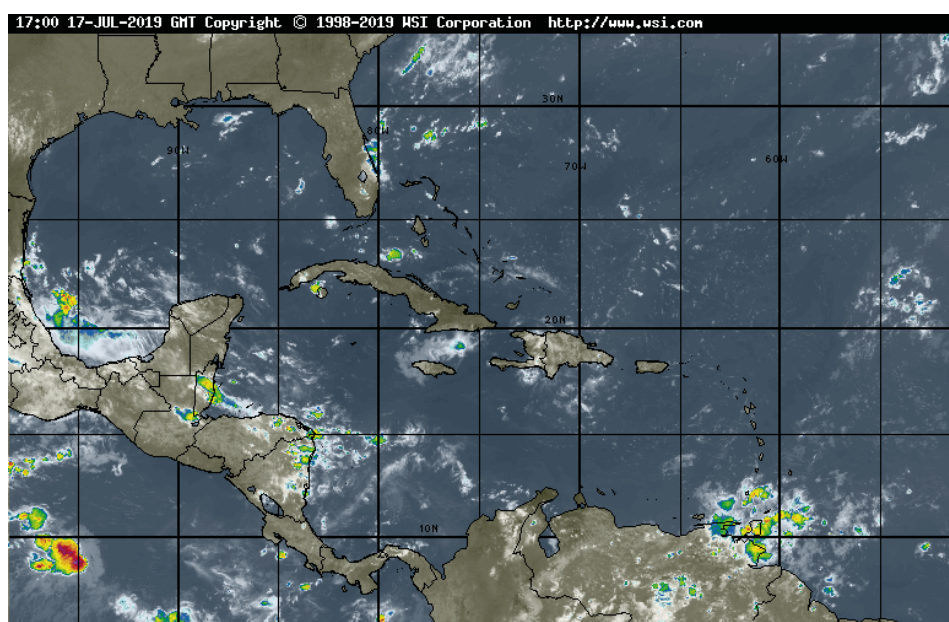
TROPICAL UPDATE

Atlantic Tropical Cyclones and Disturbances

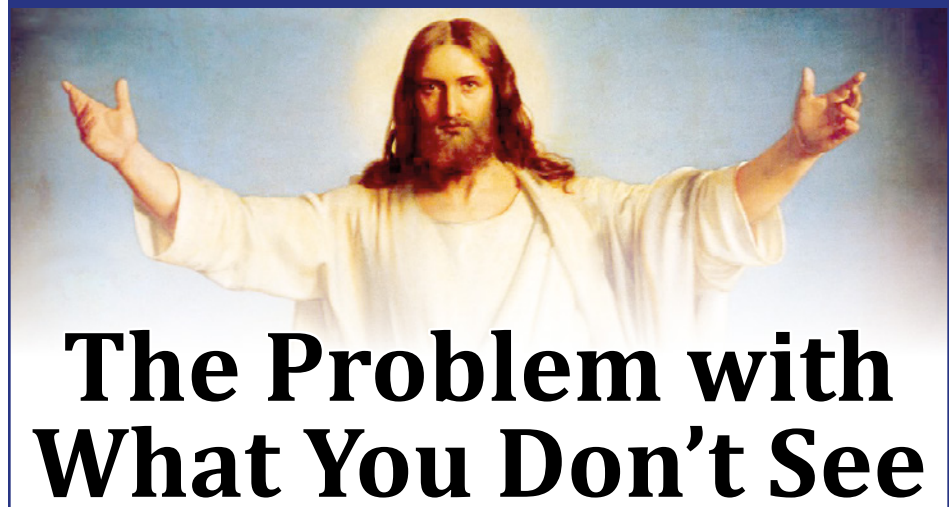
For the North Atlantic... Caribbean Sea and the Gulf of Mexico:

Tropical cyclone formation is not expected during the next 5 days.

NOAA Jul 17



MOMENTS OF INSPIRATION



The Problem with What You Don't See

The Rev'd Christopher D. Pierce
Rector, St Alban's Anglican Church,
George Town
www.churchofenglandcayman.org

Being unaware of your surroundings is quite dangerous. Ask anyone who's lived for long and they can tell multiple instances of events in their lives or in those of others. As a matter of fact, you could have quite a chin wag with most anyone about such but that doesn't keep us from repeating the same mistake of being unaware of our surroundings. It's part of our human condition.

I grew up on a farm and what we didn't raise we hunted. There were also things around that could harm or kill you. There was a bull we had one time that gave new meaning to the term dangerous. Dad had warned and warned me and I hadn't listened so we ate him after he tried killing me. We pretty well filled up a large freezer with beef after that bull's mistake.

Worst of all were the snakes that would frequently surprise you as we went along even though we all knew they were lurking in the shade or as I found out once, even up a tree. To this day, I have a knee jerk reaction when surprised by those slithering serpents.

One day in early fall, my dad and I were heading out to cut firewood. He saw a big squirrel in the top of a tree and shot it...then I saw there was a nest hidden about 2/3 up it. Squirrels were known for having a late litter and I liked raising orphans...so up the tree I went looking for critters. It was a knotty pine with plenty of limbs and overgrown at the bottom with saw briars and various vines.

It was an easy tree to climb and I was making quick progress going higher, but to tell the truth, I hadn't looked up very much. If I had, I would have seen

that about 4 limbs from the nest, there was a big and shiny ill-tempered copperhead snake. Just as I laid eyes on him, he wrapped his tail around the limb and struck at my hat...knocking it clean off my head. Let me tell you, I didn't have to think about what to do...I let go of that limb and fell all the way to the ground. I burst through those saw-briers as if they didn't exist. Dad hadn't seen the snake but was in stitches laughing at the spectacle of me bursting through those briars.

He had always told me to look up and used the example of how that deer never looked up and that is why people climbed up the trees to hunt them. They never looked up and so they never saw what was coming.

In 2 Kings 6 there is the account of the Prophet Elisha and his servant Gehazi. They were in the city of Dothan and the King of Syria had sent a large number of men to get them. The king wanted Elisha badly because he was Israel's secret weapon against his plans. The Syrian soldiers had surrounded the city and as Gehazi went out that morning he noticed the soldiers. He panicked and called out to Elisha. Elisha's response was to pray.

"And Elisha prayed, and said, LORD, I pray thee, open his eyes, that he may see. And the LORD opened the eyes of the young man; and he saw: and, behold, the mountain was full of horses and chariots of fire round about Elisha."

Gehazi didn't understand that even as the King of Syria had an army, so did God. He would have done well (as would we) to remember Psalm 121, "I lift up mine eyes to the hills, from whence comest my help." Otherwise we might be like those unsuspecting deer that never see what's coming or be like faithless Gehazi and not see our help. 🙏

OBITUARIES

Churchill's

Funeral Home

We have been asked to announce the passing of Mrs. Beverley Marion Cato nee Russell, who passed away on Thursday, July 4, 2019.

A Thanksgiving Service will be held at Church of God Chapel, 22 Academy Way, Walkers Road, George Town on Saturday, July 20, 2019 at 3:00 p.m.
Viewing: 2:00 - 3:00 p.m.
Interment at: Prospect Cemetery



Condolences can be registered at churchillsfuneralhome.com

Churchill's

Funeral Home

We have been asked to announce the passing of Mr. Royce Dilbert, who passed away on Friday, July 12, 2019.

A Thanksgiving Service will be held at Aston Rutty Civic Center, Cayman Brac on Saturday, July 27, 2019 at 3:00 p.m.
Viewing: 2:00 - 3:00 p.m.
Interment at: Creek Cemetery



In lieu of flowers donations can be made to the Veteran & Seaman's Society, Cayman Brac.

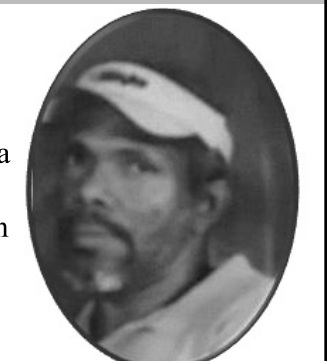
Condolences can be registered at churchillsfuneralhome.com

Churchill's

Funeral Home

We have been asked to announce the passing of Mr. Alford William Bush, who passed away on Tuesday, July 09, 2019.

A Thanksgiving Service will be held at Filadelfia Seventh Day Adventist Church, 42 Rosemary Street, Prospect, Grand Cayman on Sunday, July 21, 2019 at 2:00 p.m.
Viewing: 1:00 - 2:00 p.m.
Interment at: Prospect Cemetery



Condolences can be registered at churchillsfuneralhome.com

Churchill's

Funeral Home

We have been asked to announce the passing of Mrs. Ruby Maud Hines-Miller, who passed away on Tuesday, July 09, 2019.

A Thanksgiving Service will be held at Churchill's Funeral Home, 328 Eastern Avenue, George Town, Grand Cayman on Saturday, July 20, 2019 at 11:30 a.m.
Viewing: 10:30 - 11:30 a.m.
Interment at: Prospect Cemetery



Condolences can be registered at churchillsfuneralhome.com

Churchill's

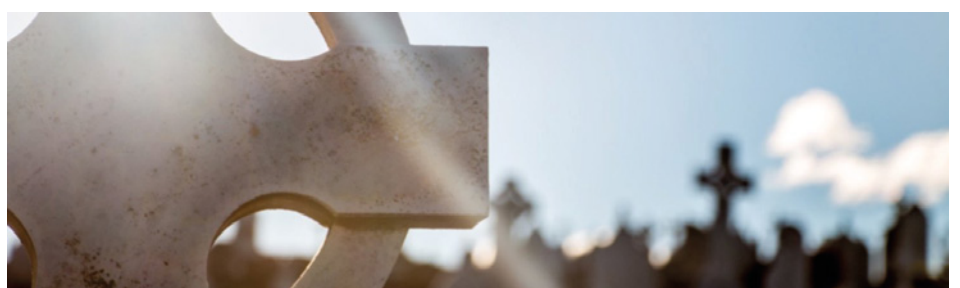
Funeral Home

We have been asked to announce the passing of Mr. Dimitri Moore, who passed away on Sunday, July 07, 2019.

A Thanksgiving Service will be held at Savannah Seventh Day Adventist Church, Shamrock Rd, Grand Cayman on Sunday, July 21, 2019 at 2:00 p.m.
Interment at: Bodden Town Cemetery



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UK PRESS UNDER PRESSURE

By Michael Jarvis
UK Correspondent

A huge debate has been triggered in the UK over a warning to the media by the Metropolitan Police over its investigation into the leak of the contents of a diplomatic memo.

In the first of two statements within the space of 24 hours, the Met had emphatically cautioned the media of the legal risks involved.

Assistant Commissioner Neil Basu said: "The publication of leaked communications, knowing the damage they have caused or are likely to cause may also be a criminal matter."

That set off a storm of reaction with many from the press and across the political spectrum questioning its tone and implications and asking if the UK was descending into a 'police state'.

At issue is the leak and subsequent publication of a confidential memo by the now-former British ambassador to the United States, Sir Kim Darroch.

In it he described the Trump administration in less than flattering terms; in part calling it 'inept' and 'dysfunctional'.

The leak set off a series of reactions and events culminating in Sir Kim resigning the post.

In the midst of the storm was a Twitter tirade by US President Donald Trump in which he not only lashed out at Sir Kim calling him 'pompous', but also withdrawing an invitation to an official function at the White House and refusing any further contact with him.

In the same breath, President Trump had severely criticised outgoing British Prime Minister Theresa May, describing her handling of the Brexit negotiations as 'foolish' and welcoming the upcoming change of leadership in the UK.

Serious questions have been raised about how the contents of the leaked document have - or potentially could - impact the 'special relationship' between the two close allies (the UK and the US).

It was then announced that a police investigation would be undertaken into the source of the leak.

But the original statement by the police itself set off alarm bells over its emphatic tone and implications.

"I would advise all owners, editors and publishers of social and mainstream media not to publish leaked government documents that may already be in their possession, or which may be offered to them, and to turn them over to the police or give them back to their rightful owner, Her Majesty's Government."



That was met with a crescendo of objections by leading media and political figures - including the two candidates vying to replace Theresa May as prime minister.

A major concern was the implied threat to press freedom.

But by Saturday afternoon, the police released what was seen as a more tempered statement in which it insisted that it had no intention of curtailing press freedom but was more concerned about the actual source of the leak.

"The Metropolitan Police respects the rights of the media and has no intention of seeking to prevent editors from publishing stories in the public interest in a liberal democracy. The media hold an important role in scrutinising the actions of the state."

However, the Met has stressed that it will continue to pursue the source of the leak.

"We are however a body charged with enforcing the law, and we have received legal advice that has caused us to start a criminal enquiry into the leak of these specific documents as a potential breach of the Official Secrets Act (OSA). The focus of the investigation is clearly

on identifying who was responsible for the leak.

"However, we have also been told the publication of these specific documents, now knowing they may be a breach of the OSA, could also constitute a criminal offence and one that carries no public interest defence.

"We know these documents and potentially others remain in circulation.

"We have a duty to prevent as well as detect crime and the previous statement was intended to alert to the risk of breaching the OSA."

While somewhat more conciliatory, it still has not quelled the discussion.

The debate continues unabated with strong views from both sides of the spectrum with editorial independence, discretion, the public's interest and the right to publish on the one hand, balanced against what constitutes state security and the national interest.

It's a necessary and important discussion to have, especially in the era of the social media information-sharing and publishing revolution which many countries - and social media platforms - are still struggling to come to terms with.



Sir Kim Darroch KCMG
British Ambassador to the United States

COUNTDOWN TO 10 DOWNING ST

... Continued story from page A1

the next prime minister will be 'selected' by approximately 0.2% of the population.

That number is said to be 160,000 members of Conservative Party members, euphemistically referred to as 'the selectorate', whose ballots by postal vote will select the next British prime minister.

For the past six weeks, the incumbent foreign secretary, Jeremy Hunt and his immediate predecessor in that post, Boris Johnson, have been going head-to-head in what at times bordered on a fractious campaign to replace Theresa May.

With an in-tray overflowing with weighty national and global issues awaiting the next British prime minister, it's Brexit which by far has been the dominant issue of their campaign, even before the original ten (plus others who withdrew) were whittled down to two.

Mrs May announced on June 7th that she was quitting the role - some say she jumped before she was pushed - after failing to deliver Brexit; the process of Britain leaving membership of the European Union.

The choice to leave the EU was determined by a very narrow 52% (Leave) to 48% (Remain) in a referendum in 2016, the necessity of which is still being debated.

While the British parliament had committed to accepting the outcome of the referendum, the oft-repeated mantra of 'respecting the will of the British people' has proven to be a political minefield.

Mrs May met the toughest opposition to her Brexit Withdrawal Agreement from within her government and party.

Mr Johnson, who is vying for her job, had resigned on July 9th 2018 in a bitter row with the now caretaker-Prime Minister May over her handling of Brexit.

His opponent bidding for her job, Jeremy Hunt, was chosen by Mrs May as Boris Johnson's replacement as foreign secretary.



During their six week campaign both have distanced themselves from Mrs May's Brexit plans.

As the days slip by to the counting of the postal ballots, the more urbane Mr Hunt who has trailed the outspoken Mr Johnson, seems to be narrowing the gap - at least in indicating that he too might opt for a 'no-deal Brexit'.

Mr Johnson has been adamant that he is prepared to drag the UK out of the EU without a deal - hence, no-deal Brexit - if London and Brussels fail to reach a new Withdrawal Agreement.

A so-called backstop arrangement reached by Mrs May with the European Union over the border between the Irish Republic and British-controlled Northern Ireland, is a key sticking point for front-runner Mr Johnson.

He wants it scrapped. If not, he says he will force through a 'no-deal Brexit'.



Mr Johnson has gone as far as indicating that he is prepared to force a suspension of the British parliament to push it through.

That has raised numerous questions about its constitutional implications.

For his part, Mr Hunt, who had previously adopted a more conciliatory tone towards the EU on reviewing Mrs May's Brexit withdrawal deal, has recently appeared to be leaning towards his opponent's no-deal stance.

As one prominent British political commentator put it this week, both men seem to be "shape-shifting into each other."

The European Commission had repeatedly stated its unwillingness to return to reopen negotiations after two years of talks with Mrs May's government resulted in the Withdrawal Agreement - now seemingly jettisoned by the UK.

However, just this week the new, incoming head of the Commission, in a departure from her predecessors who had hammered out the previous 'deal', hinted that talks more time could be added to review it.

After failing to meet a March 29th implementation date and several postponements since then, the Withdrawal Agreement is still on the EU calendar to be implemented by October 31st.

If Britain defaults on that date, we'll be into 'no-deal' territory - unless what appears to be signs of an olive branch from the EU are accepted.

Before all that though, there is the matter of 'selecting' the next British prime minister.

To date, most polls have suggested that Mr Johnson will be handed the keys to 10 Downing Street.

Next Tuesday we'll know.

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Former UK Police Officer Jailed for Raping Visitor During His 2015 Vacation in Antigua

A former British police officer has been sentenced to 15 years in prison for raping a young woman when the two met on vacation in Antigua just over four years ago.

Lee Martin-Cramp, who was a member of the UK Metropolitan Police Force, will be incarcerated at the former US Naval Base on the island, in keeping with the agreement between local and UK authorities.



▶ Lee Martin-Cramp

According to the evidence in the trial, Martin-Cramp raped the 22-year-old woman, a foreign student nurse, during his vacation in May 2015.

The two had met on dating app Tinder and went to a bar before going to her apartment where they chatted and drank wine before deciding to watch a movie. According to the evidence, the then 22-year-old police officer spiked the woman's drink when she left the room to change her clothes.

The woman had told the court she noticed the wine had a strange taste when she returned, but Martin-Cramp told her he had added some vodka to it, so she took a few more sips. She said she subsequently started feeling dizzy and stopped drinking, but Martin-Cramp forced himself on her and she woke up later bruised and in pain.

The woman said she maintained WhatsApp contact with her rapist after the incident so she could eventually get him to admit to the crime. And he did, telling her to pretend it never happened, and she reported it to police.

In one of the messages, after the woman told him he had taken her virginity,



▶ Lee Martin-Cramp in uniform before being dismissed from the Metropolitan Police Force after spiking a woman's drink and raping her in Antigua

Martin-Cramp replied: "I can't give it back haha". Martin-Cramp was extradited from the UK to Antigua and Barbuda last September to face the courts for the crime, and after a seven-day trial two months ago, he was convicted.

Following his conviction, he was dismissed from the Metropolitan Police which he joined the year before the rape. He had been posted to the Wanted Offenders Unit in Wimbledon, South East London before his arrest.

Cannabis Industry Opens in St. Vincent and the Grenadines

The first set of licences to start production of medicinal cannabis in St Vincent and the Grenadines have been issued.

"The journey over the past 20 months to put the legislative and administrative frameworks in place was certainly one of the most difficult, yet gratifying, tasks I have had the opportunity to lead in my career. It was not without major challenges," said Minister of Agriculture and Industry Saboto Caesar as he made the announcement.

He said the step-by-step policy guidance from Prime Minister Dr Ralph Gonsalves, and the significant support received from his Cabinet and parliamentary colleagues at different stages of the preparatory work had contributed to the successful opening of the industry.

The Rastafarian community was also identified by the Minister as a "central pillar of strength" in guiding the interaction over the period of consultation.

Throughout the process, religious leaders, civil society and international legal and business experts participated in a very open and transparent consultation process to identify and outline

the potential strengths and weaknesses of the different models. This included a reliance on knowledge in certification and commodity trading from companies such as Bunny Imports and Exports of Trinidad and Tobago.

"The work has just started," Caesar said. "It is our mission in St Vincent and the Grenadines to create a globally certified industry aimed at supplying medicinal cannabis products, targeting ailments based on evidence from clinical studies. The mantra is and will continue to be a successful medicinal cannabis industry begins and ends with science."

Stakeholders in the industry were encouraged to set extremely high standards in research and development, marketing, labour relations, environmental protection and general corporate responsibility.

"Surviving with no trade preferences, grappling with the resultant implications of climate change on cannabis cultivation, competing with global producers, effectively regulating the industry to satisfy national and international laws, continuing to ensure food safety and food security, while at the same time



balancing many unique variables will become our day to day reality," Minister Caesar said.

But he said the Unity Labour Party administration does not shy away from challenges.

"The successful completion of the Argyle International Airport; the education and housing revolutions; man-

aging the transition from a monocrop to a diversified food production platform; the expansion of our tourism and health infrastructure; obtaining a seat as a non-permanent member of the UN Security Council; and geothermal exploration are all evidence that once, as a people, we maintain our focus - we will achieve our goals," he said.

Antigua Government Not Willing to Pay Price Barbados Wants for its LIAT Shares

Prime Minister Gaston Browne has disclosed that the US\$44 million price Barbados was asking for its LIAT shares was too steep, insisting that while his government wanted a bigger stake in the regional airline, it had no intention of "giving away money".

Negotiating teams from both countries recently met in Barbados to begin talks on Antigua securing the majority of the 49.4 per cent shareholding that Bridgetown currently has in the carrier. Neither team made any official statement after the discussions, although media reports in Barbados indicated that talks had broken down.

But speaking on his radio station, Browne disclosed that Barbados put a US\$44 million price tag on the shares.

"I understand mathematics and I understand percentages, and I also understand value for money. So if we were to settle at US\$44 million, that would be a steal for Barbados, and we are not in the process of giving away money. We are in the process of creating value and to get fair value for the people of Antigua and Barbuda, so as far as I am concerned - and I have said this to the Prime Minis-

ter of Barbados because she knows my thinking - discussions cannot start at US\$44 million. She knows my position and has since come down," he said.

Antigua had said that it would seek to acquire Barbados' LIAT shares through a take-over of the country's liability to the Caribbean Development Bank (CDB), from which monies had been borrowed to purchase planes. Browne had said the aim was to finance keeping the three planes owned by the CDB, since Barbados was prepared to sell them.

The Antiguan Prime Minister therefore expressed his disappointment that the government's negotiating team, comprised of Lennox Weston, Sir Robin Yearwood and a representative from the Ministry of Finance, had even considered accepting the Barbados US\$44 million proposal.

"We oppose the sale of the planes to pay off the debt so rather than selling the planes to a third party, Antigua and Barbuda said it would step in and assume Barbados' shares associated with the acquisition of the planes. That's a simple matter....Unfortunately, my team got involved in some kind of sophisticat-



▶ Prime Minister Gaston Browne has rejected Barbados' first offer

ed negotiations which would have resulted in a settlement of US\$44 million. I don't understand that kind of maths," he said.

Antigua and Barbuda currently has 34 per cent shareholding in LIAT. The other

major shareholding governments are St Vincent and the Grenadines, Dominica and Grenada. The remaining shareholders are made up of private companies, other Caribbean governments and employees.



Caymanian Times

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GLOBAL NEWS BRIEFS

Canada juvenile jails emptying

Canada's juvenile crime rate is so low that one young offenders' correctional centre in Nova Scotia has only a few occupants.

The Waterville youth centre in Nova Scotia, along with the rest of the corrections facilities for young offenders in Atlantic Canada, has seen a dramatic decline in the number of inmates.

The hallways of the Prince Edward Island Youth Centre were quiet last week. Nearly all the 16 beds sat untouched. Just one person was confined to the brick walls of the correctional centre, which sits on a pristine lawn just down the road from the hockey rink in Summerside. The building, with its pale green roof and looming concrete fences, costs \$2.86 million a year to run.

For the entire 2018-19 fiscal year, only 17 people in the province were admitted to the youth jail, compared to 70 five years ago. This pattern is repeated across Canada.

During the first week of July, according to a survey by CBC News, there



► Waterville youth centre in Nova Scotia

were fewer than 30 inmates in the region's four long-term youth jails — secure facilities built to hold 10 times that number. As youth correctional centres across Canada continue to see a dramatic decline in numbers, the provinces are left with expensive and largely empty buildings.

A few decades ago, these facilities were full, even overcrowded. The decline in numbers began slowly in 2003, when the Youth Criminal Justice Act came into force. The Act instructed the courts to consider every reasonable alternative to a custodial sentence before putting a young person in jail. 🌐

Philippines worried by dengue figures

The Philippines is having to deal with a severe outbreak of dengue fever.

Health authorities have declared a "national dengue alert" after a spike in cases of the viral disease which has left more than 450 people dead since January. Around 100,000 dengue cases were reported across the Philippines in the first six months of 2019, an increase of 85 percent on the same period last year. Epidemics have been declared in four regions of the country - Mimaropa, Western Visayas, Central Visayas, and Northern Mindanao - which between them are home to more than 20 million people, or roughly 20 percent of the Philippines population.

Health officials are also monitoring the situation in nine other regions, including Davao, the home province of Philippines President Rodrigo Duterte, but said dengue remains "localized" rather than a national epidemic.

A mosquito-borne viral infection, dengue causes flu-like symptoms, including piercing headaches, muscle and joint



► Filipinos are being struck down by dengue fever

pains, fever and full body rashes. Of the millions of people infected with dengue every year worldwide, an estimated 500,000 develop severe symptoms requiring hospitalization, and of those some 12,500 people die, according to the World Health Organization.

While it is most common in tropical and sub-tropical climates such as the Philippines, India and Brazil, a recent study found that rising global temperatures caused by the climate crisis could see mosquitoes which carry dengue -- along with other diseases such as chikungunya, yellow fever and Zika -- move north, affecting the southern United States, inland Australia and coastal areas of China and Japan. 🌐

Venezuelans reject Human Rights report

Venezuelans in their masses took to the streets of the capital Caracas and other cities on Saturday to reject the report presented by the United Nations High Commissioner for Human Rights, Michelle Bachelet and ratify their support for the democratically elected government of President Nicolas Maduro.



► Venezuelans show their solidarity

The report presented by Ms Bachelet two weeks ago in Geneva blames the Venezuelan government for all the country's problems such as the political instability, lack of access to proper medicine, medical supplies and food, a decrease in funds available for social programs and political violence. It completely ignores the impact of the economic and political sanctions imposed by the US as well as the numerous coup attempts carried out by the far-right US-backed Venezuelan opposition.

On the day of the mobilization President Nicolás Maduro posted on Twitter: "The Venezuelan people mobilize to express their overwhelming rejection of the lies and manipulation. For peace and

truth! We are guarantors and promoters of human rights. Venezuela is social justice and dignity!"

Delcy Rodríguez, the vice president of Venezuela, led the mobilization in Caracas and addressed the crowds to reiterate the government's stance on the report and thank the hordes of Venezuelans who continue to resist and stand up for their country in the face of sanctions and an illegal blockade.

The OHCHR report has been denounced nationally as well as internationally. The Venezuelan government released a 70-point document highlighting the errors they found in the report. The representatives of Russia, China, Turkey, Cuba, Bolivia, Belarus, Myanmar, Iran and Nicaragua also condemned the report. 🌐

Brits better paid, despite gloom

Britons are enjoying better pay generally, despite all the economic fears of Brexit. Workers' basic pay is growing at the fastest rate in cash terms for more than a decade as the British labour market continues to defy the slowdown in the economy.

Despite some signs of weakness, the latest data from the Office for National Statistics showed annual average earnings growth at 3.6 percent in the three months to May - comfortably exceeding the increase in the cost of living.

The ONS said that between March and May - a period that saw the UK gripped by Brexit uncertainty - there had been a small rise in employment and that the jobless rate had remained at 3.8 percent - its lowest level since the mid-1970s.

Recent surveys of the economy have painted a bleak picture of mothballed investment and empty high streets, but unemployment as measured by the internationally agreed yardstick fell by 51,000 over the quarter to stand at 1,292,000.

The official data picked up some signs that the UK's jobs boom is fading, with employment rising by just 28,000



► British workers are better off than last year

in the latest quarter. There was a fall of 58,000 in full-time employment, offset by an 86,000 increase in part-time work. A rising working-age population meant the employment rate fell slightly.

The employment minister, Alok Sharma, said: "Wages outpacing inflation for 16 months in a row, more people in work than ever before and joint-record female employment, means better prospects for many thousands of UK families and shows the continued resilience of the UK labour market." 🌐

Hondurans targeted for mass US exit

The Honduran Foreign Ministry warned that its consular offices in the United States are braced for a spike of immigrant deportations while pledging legal help for potential deportees.

The move on the Honduran side came after the US Immigration and Customs Enforcement agency is this week launching inspections of homes and businesses in 10 US cities with large immigrant populations to round up undocumented migrants.

"We call on our compatriots to remain calm. If approached, do not reveal your immigration status. Ask to see an arrest warrant before opening the door to immigration authorities, and above all do not give false information," a ministry spokesman said.

Immigration lawyers are available to provide potential deportees with legal advice, it noted in the statement that



► Hondurans wait to be deported from the US

also provided information about the individual rights.

An estimated one million Hondurans are living in the United States, including 44,000 with "temporary protected status" due to expire in October 2021.

Ironically, since the 2009 US-backed military coup in Honduras, extreme poverty and violence has skyrocketed there, forcing tens of thousands of Hondurans to flee to the US with the hope of receiving political asylum. 🌐

Cuba revives train line

Cuba has revived its previously defunct rail line, raising hopes of better travelling schedules around the country.

For the first time since the 1970s, Cuba has new trains rolling on the island after the first train made up entirely of Chinese cars left Havana Friday on a 14-hour, 835-km journey to Santiago de Cuba, the second-largest city on the island.

The government hopes to develop a large-scale programme for the renewal of the island's rail system, with the help of Russia and China, over the next ten years.

"Thanks to the cooperative relations with China, today the Cuban transport system can count with the start-up of these trains," a Transport Ministry spokesman said.

Havana received in May 80 new rail cars made in China that are already in service and another 80 are due next year and so on at a rate of 80 each year from 2019 to 2021, acquired with a Chinese loan payable in 15 years.

The new cars are divided into the air-conditioned first class and TV and



► Cuba is reviving its train system

the second class with fans and windows.

Each car has a seating capacity of 72. Altogether they offer room for 720 passengers in a railway formation about 325 metres long, something unusual on the island.

Cuba has also signed an agreement with Russia to modernise its railways worth almost \$1 billion, although the details have not yet been disclosed. In 2017, the Russian Railways state corporation said it was also negotiating the installation of a high-speed rail connection between Havana and the Varadero resort. 🌐

Lyles plans for Olympic gold

Noah Lyles is one of a new wave of young sprinters looking to take up the mantle left after Usain Bolt's retirement. Christian Coleman is arguably the fastest young American of the bunch, but Lyles, who turned 22 on Thursday, is not far behind.

At next week's USATF Outdoor Championships, Lyles will just race the 200 metres, his strongest event. It came as a surprise because the 100m is the blue riband event, but Lyles is in no hurry to do the double. The fact that he finished a 100m second to world champion Justin Gatlin at a Diamond League meet in Monaco last Friday bodes well for the future.

For Lyles, doing the double is more feasible at the 2020 Olympic trials, which is spread over 10 days, than at next week's nationals, which are four days. The 100m is contested on Thurs-

day and Friday and the 200m on Saturday and Sunday.

The double is also more feasible at the 2020 Olympics, where there is a full day off between the 100m final and the 200m first round, than the world championships in Doha in late September, when the 200m first round is the day after the 100m final.

Lyles must be cognizant of two other things: that he pulled out during the 2017 USATF Outdoors with a hamstring injury, forcing him to miss that season's world championships. And that competing in the 100m could tire him for the later 200m, though he is the overwhelming favourite in the latter and the top three per event make the team for this fall's worlds in Doha.

Lyles ranks second in the world in the 100m this year behind Coleman, who is expected to do the 100m-200m double

next week. Gatlin, 37, has a bye into the worlds as the defending 100m champion, giving the US four world spots in the event.

Lyles is the fastest 200m sprinter in the world this year by a comfortable two tenths of a second. He clocked 19.50 seconds in Lausanne, Switzerland, two weeks ago, a time bettered in history only by Bolt, Yohan Blake and Michael Johnson.

Lyles has an impeccable pedigree as both his parents were track athletes at university. He was a brilliant all-rounder before concentrating on sprinting, competing in high jump and long jump with aplomb. He was always destined to be an outstanding sprinter though, having won 200m gold at the Youth Olympic Games in 2014.

He just missed out on an Olympic berth in the 100m relay three years ago when still a teenager, but barring injury should be on a flight to Tokyo next year confident in the knowledge that an Olympic medal is pretty certain.

His rivalry with Coleman, rather than veteran Gatlin, looks set to run for the next decade. To emphasise the generation gap, when Gatlin won 100m gold in the 2004 Olympics in Athens, an 8-year-old boy with big dreams was watching on TV at home in Atlanta.

"I wanted to be just like him," Coleman said.

Three weeks ago, Coleman outran Gatlin and everybody else in the 100m at the Prefontaine Classic at Stanford. The



► Noah Lyles is a 200m specialist



► Justin Gatlin is still winning at 37

23-year-old former Tennessee athlete beat Gatlin in their first head-to-head matchup since the 2017 world championships. Coleman won in 9.81 seconds, with Gatlin (9.87) taking second.

"For us to be teammates in 2016 at the Olympics was a cool moment that I'll never forget," Coleman said. "Three years later, we're still butting heads. He's one of my competitors — that's a blessing in itself." It's only a matter of time before Gatlin bows to the aging process. Then the way will be clear for a series of Lyles-Coleman classics. 🌐

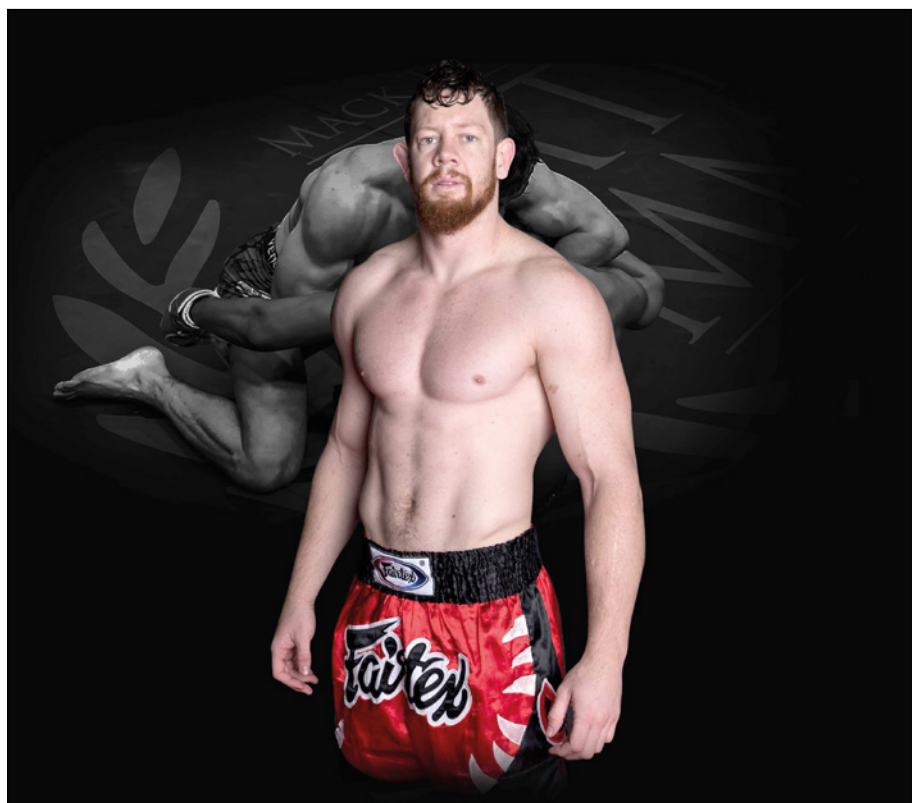
Chelsea keeper turns MMA fighter

A former Chelsea goalkeeper left football to take up mixed martial arts and is now on the verge of a UFC contract.

Ricardo Prasel was signed by the Blues at 18 and after six months at the club he was loaned out to Belgian team Royal Football Club de Liege. A chronic hip injury forced him to retire at just 21.

He returned to his Brazil homeland and took up jiu-jitsu where he then transitioned to mixed martial arts.

Prasel is now 10-1 and he is targeting a UFC contract in the future. "I have no regrets today," Prasel, 29, said. "If you asked me if I prefer to play on the Brazilian soccer team or fight for the UFC, 100 times I would choose to fight in the UFC. MMA is a sport that depends only on me and the adrenaline is much bigger. I love it. I love to fight. My time in soccer was very good, but I would not trade that for my fight career." 🌐



► Ricardo Prasel was once a Chelsea keeper



► Jhaniele Fowler is upbeat about Jamaica's chances

Jamaican hopes fade at World Cup

Jamaica captain Jhaniele Fowler felt on Tuesday that all was not lost for the current crop of players, despite back-to-back losses that have virtually killed chances of a podium finish at the 2019 Netball World Cup in England.

Jamaica, ranked second in the world entering the tournament, were not at that best.

Defeats to fifth-ranked South Africa and 2018 Commonwealth Games gold medallists England, who are rated third in the world were disappointing. Jamaica's victories so far have come against lightweights Fiji and Trinidad and Tobago. They played Scotland on Wednesday and Uganda on Thursday.

"We just have to stay together as one; we'll be fine," goal shooter Fowler after the 56-48 loss to England inside M&S Bank Arena in Liverpool.

"It's not a setback for our programme. We've been third, fourth; we've fought back and we're always getting up there.

"The expectations were great, and we have great talent in our team, but talented teams also finish last sometimes, so I guess we just have to fight hard to come again.

"We finish off whatever games we have left and regroup and see how best we can continue to keep our flag flying."

The last time a Jamaican team failed to reach the last four of the semi-finals was in 1995. Their last medal was the bronze won in 2007.

While Jamaica beat Fiji 85-29 and Trinidad and Tobago 68-43 earlier in the tournament, they were unable to recover enough from a shambolic start against South Africa and went down 55-52. 🌐

Woods is low key for Open

Tiger Woods admitted he is not as sharp as he would like to be for this week's Open Championship but says a light schedule is vital to prolonging his career.

The 43-year-old American has played just three tournaments - two of them majors - since winning the Masters in April.

Woods, who ended an 11-year major drought at Augusta, is playing less golf to ease the strain on his back.

"You have to understand, if I play a lot, I won't be out here that long," said the 15-time major champion. "The tricky part is trying to determine how much tournament play I need to get the feel for the shots and also understanding where my body is."

Woods underwent spinal fusion surgery in 2017 to try and rectify long-standing back problems.

Victory at Augusta saw Woods win a fifth Green Jacket, 22 years after his

first, but the American, who has climbed back up to fifth in the world rankings, added: "Getting myself into position to win the Masters took a lot out of me. That golf course puts so much stress on the system.

"It was a very emotional week. It's hard to believe I pulled it off."

Changes to the major schedule also now mean a more condensed programme for the world's top golfers, with the US PGA Championship this year moving from August to May, making this Open Championship, which is being played at Royal Portrush in Northern Ireland, the last major of 2019.

"Last year, I played too much. I played 17 events and a lot of it was trying to qualify for certain events," added Woods. "This year I made a conscious effort to cut back on my schedule to make sure that I don't play too much." 🌐



► Tiger Woods must limit his playing time at 43

CROSSWORD

By THOMAS JOSEPH

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ABBOT	PATTI
MARSH	AXIOM
STALE	BLEEP
NOODLE	
ODD	RIO
SINGER	OMAN
CLAIM	TOFAME
ALMS	BUTLER
RYE	GAS
DOG	TAG
JOKED	ELAND
IDEAL	ROMEO
BENDY	SEEDS

Yesterday's answer

SUDOKU

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Concepts Sudoku increases from Monday to Sunday.

Conceptis Sudoku

By Dave Green

		9			7			
			4		5			
4			1		2			5
	2	7				8	3	
	9	8				5	4	
1			5		6			3
			9		3			
		4				6		

Difficulty Level ★★★★★

8/10

Answer to previous puzzle

3	7	2	5	1	6	9	8	4
1	8	9	2	3	4	5	6	7
6	4	5	7	8	9	2	1	3
8	5	7	4	2	3	6	9	1
9	3	6	8	7	1	4	2	5
2	1	4	9	6	5	3	7	8
7	9	3	1	4	2	8	5	6
4	2	8	6	5	7	1	3	9
5	6	1	3	9	8	7	4	2

Difficulty Level ★★★

Word Search

Y	R	O	M	E	M	H	G	C	Q	T	H	L	X	P
V	U	E	N	O	R	U	E	N	C	V	L	E	L	
C	J	K	Z	O	X	D	M	M	I	Q	F	R	A	M
X	O	R	G	W	O	C	S	S	A	N	C	R	W	Y
E	S	N	E	S	S	B	A	A	N	E	R	S	A	T
L	E	E	S	S	V	H	E	R	P	A	R	A	R	C
F	M	X	V	C	P	Y	D	T	E	H	X	D	E	E
E	O	V	L	N	I	A	I	P	I	A	U	R	J	L
R	T	T	O	E	G	O	N	A	R	Y	S	E	M	L
W	I	P	G	U	N	G	U	Y	S	Z	A	O	C	E
Z	O	S	I	R	B	L	I	S	S	H	B	F	N	T
E	N	Y	C	O	X	E	T	H	O	U	G	H	T	N
E	R	C	A	S	E	B	X	X	N	L	C	U	Y	I
A	C	H	J	I	Q	B	R	A	I	N	I	V	U	C
K	M	E	T	S	G	D	Z	L	C	E	A	E	X	S

- Aware
- Brain
- Conscious
- Dream
- Emotion
- Ideas
- Intellect
- Learning
- Logic
- Memory
- Neurone
- Meurosis
- Perception
- Psyche
- Reason
- Reflex
- Sense
- Synapse
- Thought

Have fun with
**CAYMANIAN
TIMES**

CURTIS

By Ray Billingsley

Panel 1: "IS THAT YOU, ONION? YOU'VE BULKED UP OVER THE SUMMER!!"

Panel 2: "WHADYA DO, LIFT WEIGHTS IN JUVENILE DETENTION? HA HA HA"

Panel 3: "YEAH"

Panel 4: "ONE-WORD ANSWERS ARE THE SCARIEST!"

THE AMAZING SPIDER MAN

By Stan Lee

Panel 1: "TWO CRIMINAL MASTERMINDS ADDRESS A GANGLAND AUDIENCE... WE ARE HERE THIS EVENING, GENTLEMEN, TO DO YOU A SUBLIME FAVOR. FROM THIS MOMENT ON, YOU NEED NO LONGER WORRY ABOUT THE POLICE."

Panel 2: "-BECAUSE THE GOLDEN CLAW AND I ARE ASSUMING CONTROL OF ALL YOUR RACKETS!"

JUDGE PARKER

By Woody Wilson & Mike Manley

Panel 1: "WE NEED TO FIND YOUR DAUGHTER, NORTON. NOW. I THOUGHT I WAS THE ENDGAME ALL ALONG. WHY ARE YOU STILL AFTER HER?"

Panel 2: "SHE'S KILLED FELLOW AGENTS! HOW MUCH LONGER UNTIL SHE KILLS CIVILIANS TO SURVIVE?! APRIL WAS A GOOD AGENT. SHE'S A GOOD PERSON. BUT YOU MADE HER A FUGITIVE, AND NOW YOU WONDER WHY SHE KEEPS RUNNING."

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SANDRA BROOKS "DID YOU STOP TO PRAY"
KEVIN HEATH "I'M ABOVE"
MICHELLE T "BLESSINGS ALL OVER ME"
CHOZEN BAWL OUT (JESUS NAME)
PREACHING POLICEMAN FROM JAMAICA



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JJZ DANCE MINISTRY . ZAMAR . CLIVE BENNETT . DC PRAISE
SISTER OPAL . MAICHAIL MARYMARK . FAMOUS COUSINS
ACKy FOLK SINGERS . LIGHT OF THE WORLD DANCE MINISTRY
MC: BASILLIA BARNABY-CUFF

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BREAKFAST STARTS AT 8AM

Papa
THE MASTER CHEF FROM HELLSHIRE PORTMORE, JA



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