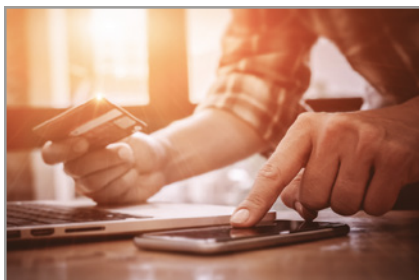


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Monday to Thursday 8:30am to 6:30pm	Saturday 13th July 10am to 3pm	This weekend North Side, East End, Bodden Town, West Bay, Cayman Brac, Little Cayman
Friday 8:30am to 5pm	Foster's Food Fair Countryside Shopping Village in Savannah	
Saturday 10am to 3pm	The Strand in George Town	

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Cayman makes a golden start

Elections Office Launches Web Ticker

As part of its objective to ensure a transparent and efficient verification process, the Elections Office has launched a web ticker so interested persons are able to track the ongoing progress.

The web ticker will provide the public with regular updates as Elections Office officials continue to verify the signatures on the provided cruise port referendum petition.

The new website plugin will include the number of verification forms that have been received, the number outstanding, as well as an overall percentage of the signatures confirmed out of the 5,438 that have been submitted thus far.

For more information please visit the Elections Office website at www.elections.ky.

Keep up to date on the Cruise Port Referendum signature verification

Visit Elections.ky for regular progress updates

# of elector signatures submitted for verification	Number of forms received	Number of forms outstanding	% of submitted forms received	Date & time of last update of verified count
5,438	1,503	3,935	27.6%	8/Jul/19 9PM



See more on page A4 >>

Indigo Bay set to broaden South Sound real estate offering

The Caymanian Times continues its focus on the many new residential developments that are currently underway on the island. This time we look at Indigo Bay in South Sound/Red Bay.

Indigo Bay is most definitely an upscale development, with prices that range from US\$1,079,000 all the way to US\$1,450,000 depending on the size and location of the unit. But what you will get for your money will be a beautiful townhouse in a low-density development of just 29 residences, ocean views and a setting very much geared to a pleasing, family-orientated lifestyle, all set in a brilliant location that's minutes away from town.

Located at the eastern end of South Sound, near to the quickly evolving Grand Harbour, Indigo Bay offers owners stunning panoramic views from each one of their luxurious villas in this oceanfront community. The two and three storey homes provide energy efficiencies, hurricane elevation and protection, the latest construction technologies and stamp duty savings on raw land strata lots. The prices of



► Mark Gaus, Sales Associate with RE/MAX Cayman Islands

the townhomes range with the location of the unit and the size of the individual property; however, all units deliver stunning panoramic ocean views. Prices start at US\$1,079,000 for a 2,166 square foot property, US\$1,199,000 is for 2,406 square foot villa and US\$1,450,000 for the largest residence which features a garage and spans 3,367 square feet.

... Continued story on page A5



Police Helicopter arrives first on scene of traffic collision

As part of the ongoing collaboration between the RCIPS and the Health Services Authority, staff from the RCIPS Air Operations Unit deployed in the police helicopter on Saturday morning, 6 July, to conduct flight familiarization training with paramedic Shawn Kelly.



During the flight, a report was received of a single vehicle collision on Anton Bodden Drive in Bodden Town, where a vehicle with three occupants had overturned. A decision was made by the crew to respond to the location, and they arrived first on scene, landing the helicopter in a nearby open field. Tactical Flight Officer and Deputy Unit Commander Neil Mohammed assisted Paramedic Kelly in conducting initial

... Continued story on page A9

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EDITORIAL

Protecting our children

His Excellency, the Governor Mr. Martyn Roper, toured the M.A.S.H offices at Anderson Square, George Town recently.

During his inaugural visit to the Multi-Agency Safeguarding Hub the Governor was briefed on the sensitive nature of MASH work. The unit's remit encompasses not only child safeguarding referrals but also extends into investigating and prosecuting domestic violence, including elder abuse. MASH employees who met with the Governor included the Health Services Authority (HSA) child psychologist, and members of the Royal Cayman Islands Police Service (RCIPS) and Department of Children and Family Services (DCFS) teams.

The centralization of staff from three critical Government agencies may be one of the best decisions made in recent years and we applaud all stakeholders, staff and leaders for working tirelessly to achieve this result.

In the words of one of the team members, the job of protecting children requires support from the com-

munity as vulnerable children can be found in our midst.

We are sure the RCIPS will use all of its powers to ensure that guilty perpetrators who abuse children are dealt with accordingly and the message will be sent that no stone will be left unturned until justice is served.

As a newspaper, we will do our part and use our pages to educate the community on ways to identify, prevent and report incidents of child abuse.

Time is of essence in these cases and in the words of Governor Mr. Roper said: "It was great to visit the Multi-Agency Safeguarding Unit to meet staff who do essential and challenging work. Our multi-agency approach is leading the way regionally but there are still significant issues to address. More success can be achieved by working co-operatively across agencies in order to protect the children of our islands. I was impressed by the commitment and dedication of the staff."

We can now sleep a little better at night knowing that the fate of our children and the future are in better hands. 📍



► His Excellency the Governor, Mr. Martyn Roper visits the MASH office

COMMUNITY NOTICES

Hurricane season increases threat to national bird

With the 2019 hurricane season now upon us, the Department of Environment (DoE) asks members of the public who are making their own preparations, to also consider the resilience of Cayman's natural habitats and species during this storm season.

Our local ecosystems have evolved along with the threat of major hurricanes, such as 2004's Hurricane Ivan, as well as Hurricane Paloma, which hit Cayman Brac in 2008. While these natural disasters have taken their toll, ongoing human-made impacts have also served to make certain species less resilient when storms do occur and these impacts have been seen, particularly within our local bird populations, especially to the population of our national bird, the Cayman Parrot.

Hurricanes, and even tropical storms, are generally devastating to avian populations on small islands, but DoE scientists believe that the potential risk has become worse in Cayman, in recent years, due to the annual loss of the parrots' natural habitat, combined with the poaching of parrots.

"We lost an estimated 50-60 per cent of our parrot population during 2004's Hurricane Ivan, and more than half of the parrots on Cayman Brac during 2008's Hurricane Paloma," said DoE Terrestrial Resources Unit Manager Fred Burton. "Over time, the Grand Cayman Parrots made it back to pre-Ivan levels. The Brac Parrots took about five years to recover from the effects of Paloma."

DoE population assessments done since Hurricanes Ivan and Paloma have found that the parrots, while resilient, are now concentrated in smaller areas on both Cayman Brac and Grand Cayman. Those studies also suggest a lower number of breeding parrot pairs on both islands.

"Stresses on the population from clearing of natural habitats and also from unlawful poaching have made our Cayman Parrots less able to come back from major losses experienced during hurricanes or tropical storms," said DoE Research Officer Jane Haakonsson, adding that Cayman Parrots are a protected species under the National Conservation Law (NCL).

Grand Cayman Parrots are now mostly restricted to the central and eastern mangroves and dry forest. On the Brac, breeding mainly occurs on the bluff and in the dry forest. Cayman Brac Parrot



► Cayman Parrot pair engaged in grooming (Photo credit: Stuart Mailer)

populations that once inhabited Little Cayman stopped breeding following the disastrous 1932 storm, which largely destroyed their breeding grounds. The Brac Parrot's home range is now among the most limited of any Amazon parrot subspecies in the world.

Mr. Burton said Cayman has not been required to adopt captive breeding measures in attempts to boost its local parrot population, as has occurred in Puerto Rico, where hundreds of thousands of dollars have been spent preserving the local species. Puerto Rico managed to reestablish some of its parrot populations earlier in the decade, only to have the species depleted again following 2017's Hurricanes Irma and Maria.

"Puerto Rico lost a huge number of its re-established native parrots during the 2017 storms," said Jafet Vélez, wildlife biologist at the Puerto Rican Parrot Recovery Program. "The captive breeding efforts needed to support the remaining population are both expensive and time-consuming. It is far better, in the Cayman Islands situation, to conserve what natural habitats remain and try to curb such issues as poaching of the birds."

"We certainly don't want the added expense some other countries have incurred trying to protect their indigenous wildlife via captive breeding efforts," Minister for Environment, Hon. Dwayne Seymour said. "Let's ensure Cayman Parrots can safely remain in their natural habitat."

For more information about Cayman Parrots, conservation efforts and what you can do to help, please contact DoE Public Education and Outreach Officer Brent Fuller via email at brent.fuller@gov.ky or via phone 244-5984/922-5514. Please check out the DoE website for further information on our local bird species: <http://doe.ky/terrestrial/animals/birds/bird-guide/>

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Lifting up the community with giving hearts



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Every organisation has their own mission for the community, ours is to help the community grow through financial contributions and staff volunteerism.

Initiatives supported in the 3rd quarter:

- Agape Worship Centre: 13th Annual Kicks Football Camp
- Batabano (Cayman) Limited: Junior Batabano Teen Jam
- Bodden Town Seventh-day Adventist Church Orion Path Finders
- Brac Heritage Autumn Festival: Annual Brac Heritage Autumn Festival
- C.A.S.E. (Governor's Award): Design and Construction Excellence
- Cayman AIDS Foundation: Annual Tea Party
- Cayman Brac Jackpot Fishing Tournament
- Cayman Islands Conference of Seventh-Day Adventist: Cayman Academy Graduation Accounts Award
- Cayman Islands Netball Association: National Team participation in European Tournaments
- Cayman Islands Softball Association
- Circle of Love: Annual Child Breakfast
- Department of Children and Family Services Child Month Youth Conference

- George Town Primary School PTA: Equipment for Performing Arts Center Stage.
- Global Young Leaders Conference with ENVISION: Clifton Hunter High School Students participants
- Grand Cayman Toastmasters Club: Cayman Participation in the District81 Spring Conference
- John Gray High School: Flight Club
- John Gray High School: Student Participation in 44th Annual Northwest Track and Field Classic
- Lions Club of Tropical Gardens: Kevin Downswell Concert
- Meals on Wheels: Orange You Glad Fundraising Gala
- Movers for Life: Community Awareness
- Rotaract Blue Cayman Islands: Open Arms Gala
- Triple C School: Annual Captain Theo Bodden Memorial Golf Tournament
- YMCA: Cayman Brac Flight Club

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CoP meets with second Landowner in West Bay Land Dispute

On Monday, 8 July, Commissioner of Police Derek Byrne and West Bay Area Commander Insp. Lloyd Marriott met with Mr. Wilson Mendoza on his property in the Kings Road area of West Bay. During the meeting the CoP spoke with Mr. Mendoza regarding developments in the ongoing dispute regarding a registered easement across his property.

The CoP stressed to Mr. Mendoza as he did during his meeting with neighbouring landowner Mr. Mike Adam last Friday that the police's only role with respect to the easement is to enforce an order of the court, if issued.

Both landowners have also agreed to abide by orders of the court.



► Captain Crosby, CoP Byrne, Area Commander Insp. Lloyd Marriott, and Mr. Wilson Mendoza

Update on Current Verification Numbers

After a weekend spent verifying signatures on the cruise port referendum petition, the Elections Office has received an additional 801 verification forms, bringing the total forms received to 1,503 thus far.

Between the door-to-door verification process, booths set up at local supermarkets, and persons visiting the Elections Office to verify signatures; officials have received verification forms for 27.6% of the 5,438 signatures submitted by the Cruise Port Referendum Cayman group.

As the Elections Office continues door-to-door verification, please note the following details:

- Staff members are identifiable by their branded collared shirts and identification cards issued by the Elections Office
- Verifiers will visit assigned addresses Monday to Sunday between the hours of 9 a.m. to 8 p.m.
 - ◻ Unless appointments for a return visit are made outside of these hours.
- Officials will produce a pre-printed verification form that includes the person's name, voter registration information and the proposition contained in the referendum
- Petitioners will be asked to review and confirm the provided details, present a form of identification and if correct, sign the official form
- Elections Office verification staff will leave a card with their name and

contact number if they visit a location several time without finding individuals at home.

Understandably, most contact will be made after close of the business day and on weekends. It is important to note that there may be repeat visits to locate additional members of the same household who might also have signed the petition.

This week, verifiers continue going door-to-door in the Grand Cayman districts of:

- North Side
- East End
- Bodden Town
- West Bay
- As well as in Cayman Brac and Little Cayman

Additionally, staff members will be available at verification booths this Saturday (13 July 2019) from 10 a.m. – 3 p.m. at the following supermarkets:

- Foster's Food Fair at the Countryside Shopping Village in Savannah
- Foster's Food Fair at The Strand in George Town

Persons who wish to verify their signatures in person, and receive voter ID Cards can do so at the Elections Office headquarters, which has extended its hours to:

WHERE TO VERIFY YOUR SIGNATURE UPDATE

ELECTIONS OFFICE OPENING HOURS	SUPERMARKET VERIFICATION BOOTH	DOOR-TO-DOOR VERIFICATION
<p>Monday to Thursday 8:30am to 6:30pm</p> <p>Friday 8:30am to 5pm</p> <p>Saturday 10am to 3pm</p>	<p>Saturday 13th July 10am to 3pm</p> <p>Foster's Food Fair Countryside Shopping Village in Savannah</p> <p>The Strand in George Town</p>	<p>This weekend North Side, East End, Bodden Town, West Bay, Cayman Brac, Little Cayman</p>

ELECTIONS OFFICE
CAYMAN ISLANDS

- Monday to Thursday from 8:30 a.m. to 6:30 p.m.
 - Friday from 8:30am to 5 p.m.
 - Saturday 10 a.m. to 3 p.m.
- Persons who signed the cruise port referendum and are off island during

this time are reminded that they can email office@elections.ky or contact officials at (345) 949-8047 to verify. For more information please visit the Elections Office website at www.elections.ky

Simply Weddings is Moving!



Cayman's much-loved wedding company, Simply Weddings, is moving from the George Town waterfront effective 1 July, 2019. Its brand-new location is upstairs at the Chestnut Centre at 6 Palm Road, on the corner of Palm and Smith Road, George Town opposite Pasadora Place.

Husband and wife team Sam and Joy Basdeo are pleased to offer their clients the same comprehensive wedding services at their new premises.

"Our new location will serve as an ideal location for a small group, intimate wedding," Joy said. "If clients prefer an air-conditioned, inside location, we provide a beautifully decorated Wedding Room free of charge to our clients, and an inviting Bridal Room where the bride can get ready for her special day in peace and privacy."

A full-service wedding provider, Simply Weddings takes the couple all the way through the wedding process, publishing the Banns of Marriage and performing the ceremony. They also plan and officiate weddings for both cruise and stay-over visitors under the Governor's Special Marriage License, that is reserved for visitors only.

In addition to conducting weddings on island, Simply Weddings will organise a Certificate of Eligibility for



residents who want to get married overseas. They also offer the services of a Notary Public and Justice of the Peace, and can obtain an Apostille for couples who need this service.

In business for the past eleven years, Joy is continuing a legacy business started by her parents Vernon and Francine Jackson more than 30 years ago. The Jacksons, through their business 'Cayman Weddings' officiated more than 7,500 weddings

between them. To date, Joy has officiated 2,700 weddings and hundreds of vow renewals.

Simply Weddings looks forward to welcoming you to their new location. For enquiries, please call 949-9933 or 525-6551. Apply online at www.simplyweddingscayman.com or email mywedding@candw.ky. Photos of many of their weddings can also be found at www.facebook.com/SimplyWeddingsCayman.

Rotary Sunrise starts year with a growing family

The Rotary Club of Grand Cayman Sunrise (Rotary Sunrise) held its first meeting 3 July 2019 by newly installed President, Patricia Steward. President Pat's first order of business was to induct four new members into the club.

"Rotary success comes from connecting our membership to the local community. By growing our family, we can continue to do projects that impact community needs in the Cayman Islands and internationally" said President Pat.

Rotary Sunrise focuses on local projects in Literacy, Youth and Community Service. They meet every Wednesday at George Town Yacht Club at 7:00am, you may email rgcsunrise@gmail.com for information about volunteering or visiting the club.



► 2019 – 2020 Sunrise Board at their changeover ceremony



► (L-R) Newly inducted Rotarians Marlon Boddan and Takeyce Palmer with Past President Deirdre McFarlane, and Sergeant Faye Lippitt listening to President Pat Steward during the induction ceremony



► Newly Inducted Rotarian Takeyce Palmer being pinned by her sponsor Past President Deirdre McFarlane

Indigo Bay set to broaden South Sound real estate offering

... Continued story from page A1

Mark Gaus, Sales Associate with RE/MAX Cayman Islands, says each three-bedroom residence is designed with privacy and relaxation in mind and offers what most people living in the tropics really desire: a seamless blend of indoor/outdoor living spaces.

He goes on to say that they are still at the original pre-construction prices which will be increased by a minimum of 10 per cent once construction begins, so prospective buyers would be wise to get on board now, before prices inevitably rise.

"Another great benefit is that stamp duty is only payable on the land value, which is a saving of between US\$70,000 to US\$90,000 when you enter into contract before 31st December 2019," Mark confirms.

The development also features Indigo Park that runs the length of the development, a 500-foot park area which will feature outdoor yoga, walking paths, a large lap pool with separate kids' pool and play area and a 150-foot dock with a cabana and boat slips.

"This complex is also extremely environmentally friendly and efficient not only with the construction methods but also with available solar panels and electric car charging," Mark advises. "There will also be solar panels on the common Strata areas. Some additional amenities include state-of-the-art gym, clubhouse, covered parking, smart home technology and a storage unit for each residence. The development is pet friendly, family friendly and eco-friendly and will be very popular with professional couples and families who love outdoor oceanfront living, energy efficiency, modern construction technology and stunning panoramic sea views," he says.

Mark advises that site work has begun as they are preparing and anticipate breaking ground in August 2019.

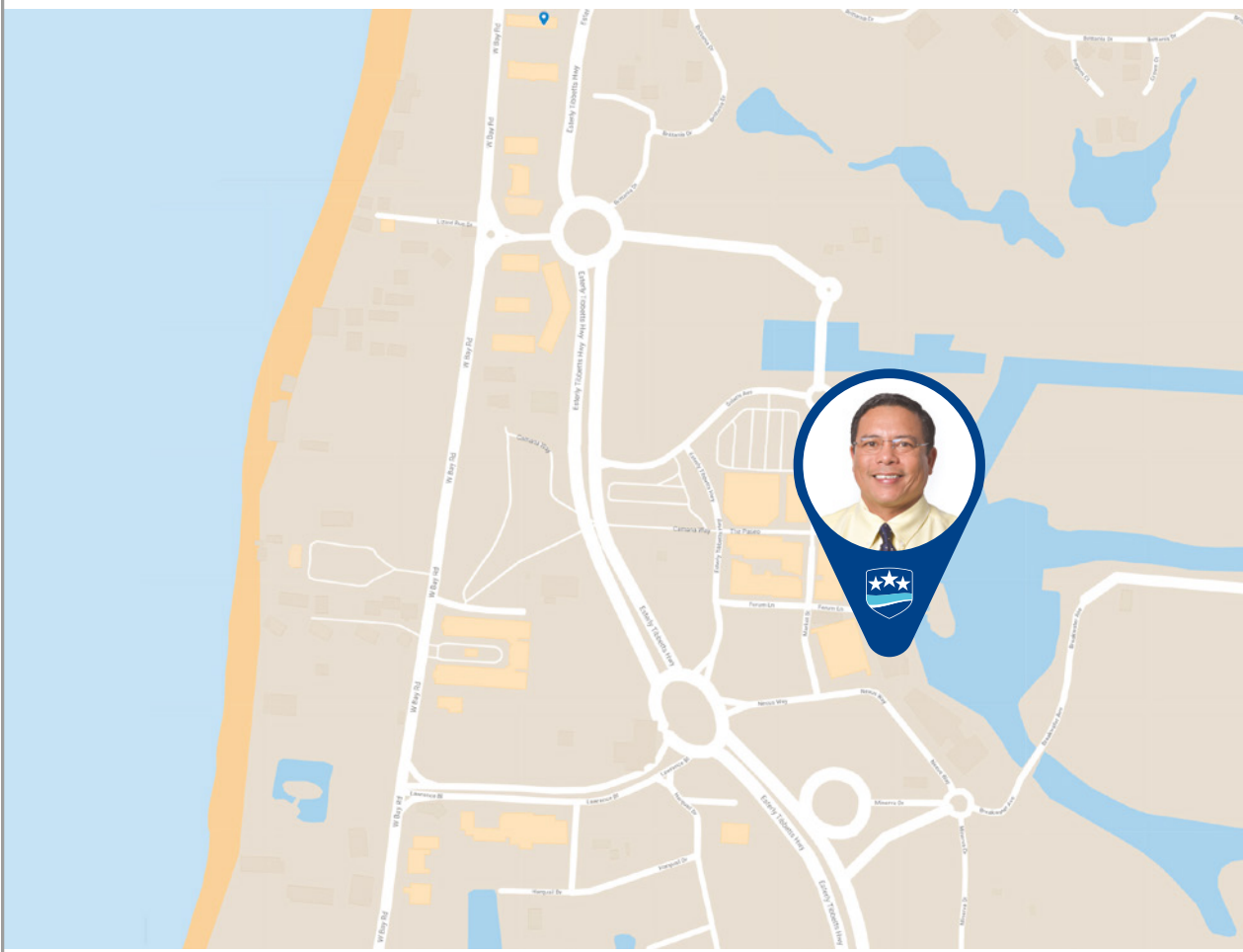
Contact Mark if you are interested: 1-345-324-9961, Mark.Gaus@remax.ky

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► Unemployed Caymanians and out-of-work spouses of Caymanians register for the NiCE two-week summer project at the Lions Centre



► Minister for Commerce, Planning and Infrastructure, Hon. Joey Hew is interviewed about this month's NiCE project by local media

NiCE Summer Project Tackles Sargassum

Four hundred and eighty-six unemployed Caymanians and out-of-work spouses of Caymanians attended the National Community Enhancement (NiCE) summer project's registration and orientation recently. This season's two-week paid initiative is taking place Monday, 8 - Friday, 19 July.

Participants were advised about two new elements introduced into the initiative, namely the clearance of sargassum from beaches and a booth at registration hosted by Workforce Opportunities and Residency (WORC) as a NiCE partner agency.

In her welcome address, NiCE's Project Manager, Lois Kellyman, noted that the Department of Environment (DoE) was giving a presentation on sargassum during the orientation.

Attendees learned that such clearance would take place alongside the usual NiCE roster of tidying road verges, clearing beach accesses and general beautification of the island.

During his remarks, Minister for Commerce, Planning and Infrastructure, Hon. Joey Hew said that the summer programme had been brought forward a month, to help address the urgent need to remove the seaweed.

"We are pleased to be offering the programme earlier than we did last year and I want to thank the Department of Environmental Health and WORC staff and personnel in my ministry's agencies notably the National Roads Authority and Public Works Department for moving forward with its implementation and organisation," he added.

"Sargassum is a naturally occurring phenomenon across the Caribbean,



► The Department of Environment's Sustainable Development Officer Nathan Dack discusses sargassum in Cayman waters

however the number of blooms we are currently experiencing is unprecedented and is affecting watersports enthusiasts' and beachgoers' enjoyment of some stretches of coastline. As the DoE considers this is likely to be a long-term issue, posing both environmental and a tourism challenges, Government has established a Sargassum Taskforce to tackle the issue.

"I am confident that NiCE can help with the clean-up effort. Sargassum removal from our coastal areas is a priority which requires a robust, multi-agency approach to keep our island's beaches and sea beautiful for local residents, wildlife and Cayman's tourism product," he added.

Minister Hew said that he was certain that NiCE workers were up to the task and hoped that participants would do as they had previously by working efficiently and well.

During the orientation, attendees also heard presentations on safety, and NiCE procedures and policies from PWD Vocational Trainer Eric Green and Acting Deputy Director, Department of Vehicle Equipment Services and NiCE Works Manager Mark Bothwell.

DoE Sustainable Development Officer Nathan Dack explained what was causing the large blooms of sargassum in Cayman waters, why they pose problems for marine life, and explained that raking and removal by hand was preferable to using heavy machinery on beaches, which would also remove sand and might cause coastal erosion during hurricane season.

As turtle hatchlings use sargassum as shelter, Mr. Dack asked clean-up crews to avoid sweeping away turtle tracks as DoE use them to identify nesting sites.

In the Q & A session, registrants learned how sargassum would be col-

lected, what would be done with it following removal and if it was a health risk. Government workers were told that the seaweed would be gathered at sites throughout the island for possible use as fertiliser or burnt, and that it need not pose a health issue if proper safeguards were taken. Mr. Dack advised that those with respiratory problems should refrain from working with the seaweed.

In closing, Mrs. Kellyman advised newcomers and reminded returnee applicants that the project will offer the unemployed the opportunity to gain new skills and to show their ability to work diligently as part of a team.

"Your supervisors will be evaluating you and at the end of the two weeks you will be getting documentation that could be useful as a reference when job seeking," she concluded. 🌐

Travel Trends: Embracing the Rise of Experiential Travel

Strategic business planning, can help hospitality-related businesses invent new ways to engage with their customers, expand reach, and boost market share

Summertime in the Cayman Islands signifies many things - from the long-awaited summer holidays, to enjoying a succulent mango while the juices drip down your chin, and outdoor adventures with family and friends. It also signifies a crucial time when many hospitality businesses and service providers wind down the season and begin to tactically prepare for their busiest time of year - all over again.

Small businesses dominate the hospitality and tourism industry worldwide and are of critical importance for the competitiveness of destinations such as the Cayman Islands. A key to success for businesses and to ultimately remain a competitive destination in the region is understanding and strategically planning for current hospitality trends - such as, the systemic trend of experiential travel, a form of tourism in which travelers focus on experiencing a country, region or place by actively and meaningfully engaging with its history, people, culture, food and environment. In other words, they want to sit and hear stories from our historians, learn to make cassava cakes, and take part in purposeful activities to help the community as they often gain a much deeper understand-

ing of, and empathy for, the places travelled when making more personal connections to local issues.

In the world of hospitality and tourism, consumer attitudes are changing, and as an industry we must adjust with them. Shifts away from a "value-in-exchange" approach to purchasing goods and services, to a "value-in-experience" approach has given rise to travelers purchasing more than just a meal - just a tour - just a hotel room, but an overall transformative, life-changing experience.

While making plans for next season, businesses would do well to explore and plan for new innovative ways to elevate current offerings beyond the traditional notions of hospitality - and hone in on creating more authentic, meaningfully engaging, and sustainable visitor experiences that are locally focused, - to keep locals and travelers alike coming back for more.

The idea or concept of the "tourist" is itself becoming outmoded. The experiential trend is moving towards, and already uses, the idea of the "traveler" rather than the "tourist". For exam-



ple, by going on an experiential tour the traveler can see something from a completely novel and fresh perspective, experiencing regions through living the lives of locals. This provides the traveler with much more than simple click photographs, but with memories of a great, new, once in a lifetime experience. Once in a lifetime and cultural experiences is also leading the travel trend in 2019.

At the end of the day, providing unique and personal experiences are one of the most effective ways to foster one-on-one connections with target consumers. A truly immersive experience will engage consumers' sense of touch, smell, sight, sound, and sometimes even taste. When it's done well, consumers will treasure the experience for life - and they will talk about it when they return home.



► Brooke Meyer is the managing partner of Caymera International

According to data from the Event Marketing Institute, 72% of consumers say they view brands that provide quality experiences more positively, and nearly three-quarters noted that when they can engage with a brand's experience, they're more likely to invest in its products or services.

As businesses strategize their business and marketing plans for the year ahead -- taking experiential travel trends and potential offerings into consideration will help ensure the mark is hit for a profitable season.

Brooke Meyer is the managing partner of Caymera International, a Grand Cayman-based hospitality and tourism consulting and advisory firm and has an unwavering commitment to mastering the dynamics of the hospitality industry - and sharing that wisdom with her peers, clients, and stakeholders. Visit Caymera online at caymeragroup.com or email info@caymeragroup.com 🌐



COMMUNITY EVENTS

Free Tours for Summer Camp Groups

12 - 23 July - Calling all Summer Camp Organizers! Free student tours led by Gallery educators are available all summer. Enjoy fun and interactive tours of the Permanent Collection of Caymanian art or the colourful temporary exhibition - Tropical Visions - Landscape Painting from the National Collection. Tours are available Monday - Friday, 9:00AM - 3:00PM and must be booked in advance. Email info@nationalgallery.org.ky or call 945 - 8111 for more information.

Art at the Strand

13 July - This Saturday and every Saturday, from 3pm to sunset, the Visual Arts Society local ART market at The Strand features artists displaying arts, crafts, paintings, prints, hand-crafted jewellery & ceramics for sale in front of the Lodge/Eco-Den who offer 2-4-1 drinks, healthy pub food and homemade treats, smoothies, and speciality coffees / teas. For more information or to become a displaying artist, email info@visualartscayman.com

Free HIV Screenings

16 July - The Public Health Department has extended its hours for free HIV screenings. The free testing is now available from 9.00 a.m. to 1.00 p.m. every

Tuesday at the Cayman Islands Red Cross on Huldah Avenue, George Town.

Storytime at the Library

13 July - Children's Story time - The George Town Public Library is hosting Children's StoryTime for children ages 0 to 5 years old starting at 10:30 am. No registration is required and a parent /guardian must be present at all times. No drop-offs are allowed. Reading is done by the Pink Ladies Volunteer Corps. For more information, call the library at 949 - 5159.

Community Chess

16 July - Join the Cayman Chess Club at The West Indies Wine Company, Camana Bay for a complimentary chess class and open

challenges weekly. Anyone can learn play and enjoy chess; even complete beginners. Start time is 5:00pm. Call 640 - 4000 for more information.

Humane Society Quiz

18 July - The Humane Society is having its monthly trivia to raise funds for its organization. It costs the Society \$60,000 per month to run its operations. The quiz will take place at Fidel Murphy's starting at 7pm. Entry fee is \$10 for a six person team. Call 949 - 589 to book a table.

Cayman Basketball Festival

18 - 20 July - Cayman is hosting basketball teams from the US, Bermuda and Trinidad for its Basketball Festival. All- star squads from Bermuda, Cayman's all- star team featuring its overseas players such as Kai Robinson, Joshua O'Garro

and Tyler Ebanks, and players from Trinidad's basketball academy will go for the hoop in this exciting event. Check the website <https://caymanbasketball.com>, email info@caymanbasketball.com or call 916 - 5083 for more information.

Community Policing Department: George Town Community Clinics

21 - 28 July - The Community Policing Departments invites residents to attend the community clinics. You will have the opportunity to meet your beat officer; hear the plans for the community; tell what you would like done and air your concerns. Dates and times are as follows:
21 July - Smith Rd. Centre 1 - 4pm
24 July - Raleigh Quay Roundabout 7 - 9 pm;
25 July - Family Life Centre 7 - 9pm
28 July - Watler's Rd./ Helen Dr. - 12 noon - 3pm

Free VBS at West Bay Church of Christ

22 - 26 July - The West Bay Church of Christ is hosting a free Vacation Bible School from July 22nd - 26th beginning at 9am and ending at 12noon each day. Call 946 - 9294 for more information

Cayman Stingray Tourism Awards

23 July - The 16th annual 2019 Stingray Awards, hosted by Cayman Islands Tourism Association is taking place on Tuesday, July 23rd at The Ritz-Carlton Grand Cayman. Nominations are now open for the event. Come celebrate "The Magic of Tourism" and be a part of the excitement. Cayman Islands Tourism Association (CITA) is a non-profit organization, located in George Town, Cayman Islands which represents its membership of just over 200 tourism related businesses in the Cayman Islands. Please visit www.cita.ky/stingrayawards for more info.

Convention of Jehovah's Witnesses

26 - 28 July - You are invited to "Love Never Fails" - the Convention of Jehovah's Witnesses 2019 at the Kingdom Hall of Jehovah's Witnesses, 12 Keturah Street. There will be talks and interviews, multi- media presentations including a feature film - The Story of Josiah. Sessions begin 9:20 am daily. Admission is free. Go to www.jw.org for more information.



► Community Policing Department: George Town Community Clinics

IMPROVE STOMACH ACID LEVELS

Stomach acid is critical for disinfecting and killing off bad microbes and for optimizing protein digestion in the body. When the stomach is unable to produce enough stomach acid, inadequate digestion and microbial overgrowth occurs. It is critical to take the time to improve stomach acid levels. Stomach acid sterilizes

food, improves protein digestion, activates pepsin and the intrinsic factor, stimulates the delivery of enzymes and bile, closes the esophageal sphincter and opens the pyloric sphincter.

When the body is unable to produce enough stomach acid it affects protein digestion and mineral uptake. These partially digested molecules get into the small intestine and create severe pressure on the pancreas to produce adequate enzymes for the process. Poorly digested food leads to increased inflammatory activity which depletes key minerals and antioxidants from the body. Here are the main symptoms of low stomach acid levels:

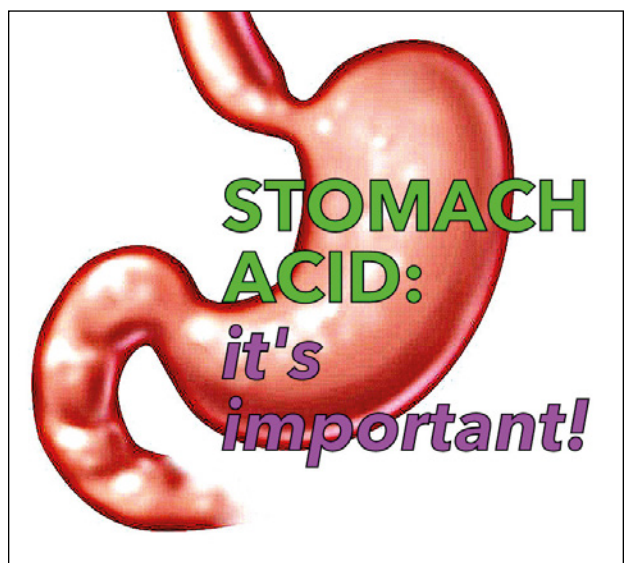
Gas and belching, acid reflux, bloating and cramping, chronic bad breath, bad body odour, undigested food in stools, aversion to meat, tired after meals, feeling full but still hungry, chronic anemia, weak fingernails, and frequent nausea.

Here are ways to improve stomach acid levels. Perform the Baking Soda Test. Drink ¼ tsp baking soda in 6 oz cold water first thing in the morning. Wait for 5 minutes. If you do not burp it means you have insufficient acid production. Perform the test for 3 consecutive mornings in order to determine the average.



In addition one may be prone to food poisoning because the less stomach acid you are producing, the less able you will be to sterilize the food stuff in your stomach. Have you ever wondered why two people consuming the same dish sees one gets sick while the other does not? According to Dr. Jockers, "It may have had to do with low stomach acid production."

In my next article I will share some useful ways for you to enhance stomach acid levels.



Power Naps: Why You Need Them

It's 3 in the afternoon and you can barely keep your eyes open. Your mind feels foggy, and all you want to do is curl up under your desk for 20 minutes and take a nap. But cutting-edge, productive people don't take naps, do they?

Actually, they do. It turns out that a nap is exactly what you need in the afternoons when drowsiness takes over your body and mind.

From N.B.A. players to Google employees, high-achieving people are turning to naps to recharge.

Sleep experts have discovered that naps can improve stamina and motor skills, and enhance creativity. In fact, Dr. Sara C. Mednick, author of Take a Nap! Change Your Life and Assistant Professor of Department of Psychology at the University of California, Riverside says, "...without a midday rest, we are not able to perform at optimal levels throughout the day. In fact, our performance falls apart. Napping maintains and even boosts our skills."

When you are running on empty and slugging through your projects, wouldn't it be great to have a fresh burst of creativity and energy? That is what a power nap can provide.

There are measurable physical benefits from napping as well. The risk of dying from a heart-related complication decreases in nap-takers (37% for those who nap at least 3 times per week!), and the release of growth hormone aids in weight loss.

How to power nap

15-30 minutes seems to be the sweet spot for the best power nap. Berkley biology students report that naps must be short in order to most effective. When

naps exceed 45 minutes, the benefits begin to disappear. Just a 30 minute snooze can improve cognitive faculties by about 40%, according to NASA researchers.

Many people naturally wake up after 15-30 minutes of napping. But if you tend to be a longer nap-taker, set an alarm to awaken you so you do not over sleep. Keeping your nap at 30 minutes or less will also prevent you from being overly groggy upon waking.

Here are some tips to have a successful power nap:

- **Try to be consistent.** The best time for napping is between 1 and 3 in the afternoon, or approximately 8 hours after waking in the morning.
- **Darken the room.** Darkness causes your body to produce melatonin, which


helps you fall asleep. If you can't darken the room, put on a sleep mask or even drape a jacket over your face.

- **Stay warm.** Your body temperature drops while you sleep. Keep a blanket or jacket nearby to help stay warm.
- **Control noise.** If noise bothers you while you sleep, turn on a fan or white noise machine. Better yet, use an iPhone App like Mind Tuner. It's great for napping, waking up, enhancing creativity and increasing focus! Feeling drowsy yet?

Want more helpful tips and personal training, then call Ernest at Body Shapers Fitness 325-8696 or email bodyshaperscayman@gmail.com to set up a consultation.




► Ernest Ebanks



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CAYMAN TO PARTICIPATE IN ICC AMERICAS REGIONAL UNDER 19 WORLD CUP CRICKET QUALIFIERS

Cayman Cricket is proud to announce that their U19 squad will be representing the Cayman Islands in the ICC Americas Regional U19 World Cup Qualifiers in Toronto, Canada. The team and support staff will fly from Owen Roberts Airport on 06 July in readiness for the qualifiers which will be held between 08 to 16 July 2019. There will be no opportunity to ease in gently with the first match being played against USA on the first day of the event. All the matches will be played at the Maple Leaf Cricket Ground in King City.

Members of the squad went through a tough selection process where they displayed their cricketing prowess during rigorous training sessions held at the Smith Road Oval, facilitated by Head Coach and Technical Director Peter Anderson.

Mr Anderson is no stranger to stiff competition himself. An ex-Australian All Star, Peter accompanied Cayman's senior men's team to Argentina in 2018 where they successfully progressed through to the ICC Americas Regional T20 qualifiers for the ICC T20 World Cup to be held in Australia in 2020. The Under 19 team has a tough act to follow but Peter is confident the team will be well prepared and ready for the challenge.

"The average age of this squad is pretty young at 15. It is really encouraging to be able to have such a youthful team ready to represent Cayman in this competition. These players are the backbone of youth cricket in Cayman and I have no doubt they will go on to represent the country on future senior overseas tours" said Peter Anderson.

He added "the players have been committed to attending training sessions and to being the absolute best that they can be in readiness for these qualifiers, and I am confident that they will do very well indeed against the stiff competition".

International law firm Mourant, who have been generous sponsors of Cayman Cricket in recent years, are sponsoring the team's travelling and match uniforms for the tournament.

Hayden Isbister, Mourant's Cayman Managing Partner said, "We're really excited and proud to see the Under 19s heading to Canada. This not only gives them a unique opportunity to fly the Cayman flag internationally, it also brings them individually and as a team a different perspective on the sport. Cayman Cricket has worked hard with the schools' cricket programmes to make the sport accessible to young children in the Cayman Islands and we are delight-



► U19 Team

ed to be working with them to continue making this happen."

The line up for this tournament is: Luke Harrington-Myers (Captain), Revaughn Johnson, Gabriel Harrington-Meyers, Stephen Watson, Lucas Carter, Neildeep Ghosh, Arjun Dhanase-

kar, Kandre Amerally, Dedrick McLaughlin, Tazmar Dawkins, Liam Sinclair, Tareque Simpson, Joshua Ebanks and Junior Saunders.

The team will be accompanied on the trip by Manager, Marlon Hoyte and Head Coach Peter Anderson. 🌐

CCCAN SWIMMING CHAMPIONSHIPS 2019 - RESULTS

Cayman's National Swim Team returned from Barbados on Wednesday with five hard earned medals. The Central American and Caribbean Swimming Championship was hosted in Barbados at the Barbados Aquatics Center in Wildey, Christ Church, from June 28th to July 2nd, 2019.

The Central American and Caribbean Swimming Championship hosted 550 swimmers across all swimming disciplines and close to 400 swimmers in competitive swimming over 151 events. The races were swam as preliminary qualifying heats in the morning and finals in the evenings, a similar format to CARIFTA and other four or five day swim meets.

Eight Cayman swimmers made it through to the finals, resulting in one gold and four bronze medals. CCCAN is a more competitive meet than CARIFTA, as it includes swimmers from Central America and swimmers over 18 years old.

Medal results:

- Bronze, Alex Dakers, Boys 18 & Over 1500LC Meter Freestyle, Time: 16:49.16
- Bronze, Kaitlyn Sullivan, Girls 11-12 200LC Meter Breaststroke, Time: 2:55.86
- Bronze, Harper Barrowman, HarperGirls 11-12 100LC Meter Butterfly, Time: 1:09.63
- Gold, Harper Barrowman, Girls 11-12 200LC Meter Freestyle, Time: 2:14.60
- Bronze, Harper Barrowman, Girls 11-12 400 LC Meter Freestyle, Time: 4:44.80

Full results and finals summary attached.

Central American and Caribbean Swimming Championship (CCCAN) is an Age Group swimming championship with 11-12, 13-14, 15-17 and an 18 and over age categories. Cayman's swimmers are aged from 12 to 18 years old. The Cayman Islands Swim Team included eleven swimmers: Will Sellars, Corey Frederick-Westerborg, Kaitlyn Sullivan, Stephanie Royston, Harper Barrowman, Stefano Bonati, Sarah Jackson, Alex Dakers, Lauren Hew, Zachary Moore and Jake Bailey.

Twenty seven countries were represented at the swimming championships, including:

Antigua & Barbuda, Aruba, Bahamas, Barbados, Bermuda, British Virgin Islands, Cayman Islands, Costa Rica, Cuba, Curacao, Dominica, Dominican Republic, El Salvador, Grenada, Guatemala, Haiti, Honduras, Jamaica, México, Nicaragua, Panamá, Puerto Rico, Saint Kitts and Nevis, Saint Lucia, Saint Vicente and Grenadines, Trinidad and Tobago, Turks and Caicos and the US Virgin Islands.

The Cayman Islands placed 17th overall out of 27th teams, with 65 points from the pool events and 11 points from Open Water. Cayman had standout per-



► L-R Back: Jake Bailey, Sarah Jackson, Zachary Moore, Alex Dakers, Corey Frederick-Westerborg, Coach Kirk Ermels, Will Sellars, Stefano Bonati, Coach Darren Mew. Front L-R: Team Manager Terri Barrowman, Lauren Hew, Stephanie Royston, Kaitlyn Sullivan and Harper Barrowman

formances from medalists Harper Barrowman, Alex Dakers and Kaitlyn Sullivan. Alex Dakers, Stefano Bonati and Jake Bailey competed in the 5k Open Water race, with all three Cayman swimmers finishing in the points.

"Cayman had Impressive results at CCCAN with nine of the eleven swimmers competing at this event for the first time. Timing for this event was challenging as half of the Representative Team headed to Gibraltar for the Island Games and were not able to attend both meets." commented Steve Broadbelt, CIASA Director for Media.

"CIASA would like to congratulate all swimmers who represented the Cayman Islands at the CCCAN Championships and we commend their dedication, commitment and passion for the sport of swimming." commented Michael Lockwood, CIASA President.

The Cayman Islands Aquatic Sports Association (CIASA) is a volunteer, not-for-profit association dedicated to furthering the interests of all aquatic sports in the Cayman Islands. CIASA is the recognised Governing Body of aquatic sports in the Cayman Islands and is a member of FINA, UANA, CCCAN and the CIOC. For more information on CIASA please visit www.ciasa.ky.

Full results and photos may be downloaded here:

<https://www.teamunify.com/Event-Show.jsp?returnPage=%2FEventsCurrent.jsp%3Fteam%3Dcccan&id=1007599&team=cccan>

Media Contact: Steve Broadbelt 🌐

	Seed	Finals	Place
Event 2 Boys 13-14 1500 LC Meter Freestyle Bonati, Stefano 13 Cayman Islands	17:46.86	17:25.56	9th
Event 2 Boys 18 & Over 1500 LC Meter Freestyle Dakers, Alex 18 Cayman Islands	16:35.18	16:49.16	3rd
Event 11 Girls 11-12 200 LC Meter Breaststroke Sullivan, Kaitlyn 12 Cayman Islands	2:55.77	2:55.86	3rd
Event 17 Girls 18 & Over 200 LC Meter Breaststroke Jackson, Sarah 18 Cayman Islands	2:48.82	2:57.12	5th
Event 27 Girls 11-12 100 LC Meter Butterfly Barrowman, Harper 12 Cayman Islands	1:10.53	1:09.63	3rd
Event 35 Girls 11-12 200 LC Meter Freestyle Barrowman, Harper 12 Cayman Islands	2:15.45	2:14.60	1st
Event 41 Girls 18 & Over 200 LC Meter Freestyle Hew, Lauren 19 Cayman Islands	2:05.98	2:12.96	5th
Event 49 Girls 18 & Over 50 LC Meter Butterfly Jackson, Sarah 18 Cayman Islands	30,39	30,17	8th
Event 57 Girls 18 & Over 100 LC Meter Backstroke Hew, Lauren 19 Cayman Islands	1:03.97	1:08.96	6th
Event 62 Boys 15-17 400 LC Meter IM Bailey, Jake 15 Cayman Islands	4:48.76	5:02.87	8th
Event 87 Girls 18 & Over 50 LC Meter Breaststroke Jackson, Sarah 18 Cayman Islands	34,77	35,84	6th
Event 89 Girls 11-12 100 LC Meter Freestyle Barrowman, Harper 12 Cayman Islands	1:02.78	1:02.83	5th
Event 104 Boys 18 & Over 200 LC Meter Butterfly Dakers, Alex 18 Cayman Islands	2:12.90	2:16.93	5th
Event 109 Girls 11-12 400 LC Meter Freestyle Barrowman, Harper 12 Cayman Islands	4:41.39	4:44.80	3rd
Event 116 Boys 18 & Over 400 LC Meter Freestyle Dakers, Alex 18 Cayman Islands	4:11.79	4:19.50	6th
Event 123 Girls 18 & Over 50 LC Meter Freestyle Hew, Lauren 19 Cayman Islands	26,59	27,57	7th
Event 131 Girls 18 & Over 100 LC Meter Breaststroke Jackson, Sarah 18 Cayman Islands	1:16.38	1:21.41	8th
Event 134 Boys 11-12 200 LC Meter Backstroke Sellars, Will 12 Cayman Islands	2:34.25	2:35.92	7th

The Journey Begins- A Further Look at Bodden's Book

In this article, I summarize and discuss three chapters in Roy Bodden's latest work - **From Glass House to Guard House - one Man's Journey Through the Maze of Caymanian Politics**. Previous articles considered the Foreword and the Preface.

This book was launched recently and its publication has further cemented Bodden's place as an important Caymanian public intellectual. The public intellectual works with ideas and with books. Ideas must never to be underestimated. At times, the public intellectual, in seeking to advance knowledge, realizes that the status quo can be disturbed, and sometimes, need to be disturbed.

Bodden's book is what he calls a 'personal reflection'. He looks back at his life and seeks to record it but in reminiscing on his personal story, he presents the society, in all its complex dimensions, in which his story takes place.

In Chapter One - **The Journey Begins**, Bodden describes in considerable detail, the facets of dysfunction that were part of his family reality. Guard House, the home in which he grew up with his three siblings, was once the headquarters of the militia when Bodden Town was the capital.

His father, was only partially so, as he was frequently drunk 'A binge drinking, sometimes insanely violent father'. The reader feels the pain that this brought to the family but more so the psychological impacts it must have had on the author. Enough is known today on the importance of the father in the home and the need for them to be present, not only physically, but emotionally, psychologically and spiritually. Unfortunately, this was not the case, as it is in many other Caribbean families.

Even though good fathers abound, the fact is that there is not enough male leadership especially in Afro-Caribbean families. This phenomenon caused Caribbean Sociologists to label as 'matriarchal' or 'matrifocal' the nature of familial relationships in the Caribbean- especially in the Afro-Caribbean segment. Matrifocality has a socio-ecology grounded in stability often provided by women-mothers, daughters, grandmothers, et-cetera. Edith Clarke's ground breaking text - **My Mother who Fathered** me described areas of Jamaica where mothers and in some cases grandmothers moved into the vacuum left by the absence of a biological father becoming the primary providers and caregivers. In these moth-

er-headed families, fathers pay a less important role.

Unfortunately, the case of the author, though real and touching, is still a pervasive feature of Caribbean family life. The causes for this sociological fact is subject for another time.

It is his mother who takes pride of place in Bodden's story and who had the most profound impact on the writer. Born in Cuba, 'Sunshine' gave more than love- she gave the author firm discipline but also introduced him, in her own way, to ideas and concepts of race, colour, class, and the impacts of inequality generally. She introduced him to Garveyism that she had been influenced by while a child in Cuba. This was the author's initiation to the world of reality and this information would later become the basis for further readings and the development of an anticolonial perspective and stance, a prism through which to understand the Caymanian society 'with its own near white merchant elite, most of whom held black people in contempt'. (Bodden).

His mother encouraged him educationally and in fact used part of her meagre resources to afford the Reader's Digest further developing the author's thirst for knowledge and certainly, his vocabulary.

When his father was not drunk their home was also a place for evening gathering and the telling of stories by old men- a treat for the ears of young Bodden. Another source of solace, learning and pride for the author were his paternal grandparents. His grandmother, Jean Bodden, he writes in recollection, brought 'prayer, moral and material support.' His paternal grandfather, Joseph Scobel Bodden, role model, mentor and hero, a naturalized American citizen, encouraged the author to get an education for 'livelihood, virtue and social conscience.' According to Bodden, from his grandfather he learnt how to be a man, and the essential qualities of a real man: honor, respect, propriety and decorum, piety, morality, ethics and a sense of social justice.' The subject of how Caribbean boys learn manhood is an especially important one especially given the concerns of educators, social workers and the public about male underperformance in many instances, and the growing narrative of male adolescents and young men driving the crime wave across the Caribbean.

Yolande Forde's 2006 study, **Predisposing Factors to Criminality in the**

Cayman Islands identified inadequacy of fathering as a concern and this subject was also taken up by Barry Chevannes in his important study - **Learning to be a Man: Culture, Socialization and Gender Identity in Five Caribbean Societies**. Chevannes's work examines how males are socialized in the Caribbean. Therefore, Bodden raises very current and important points, which must be constantly assessed if our societies are to survive.

Of significance is the fact that when the author completed Bodden Town All Age, very little opportunities were available for poor children desirous of continuing their education. This speaks to the inequality in educational opportunities along racial/ colour lines. Bodden says he was impatient for change. As fate would have it, the author completed required exams for The Mico College where he was trained as an educator.

Bodden writes at some length about his time at The Mico, the second oldest teacher's college in the world and the oldest in the Western Hemisphere. Bodden ate up all opportunities for additional learning and became an active leader in the Parliamentary Club, Debating Society and Scout Troop of the College. At this college, the author was exposed to the teaching of history from the perspective of the marginalized, unpacked from experiences of the colonized. This he found illuminating and intellectually impactful as it helped in the development of his ideas and perspectives. The author did well at The Mico graduating with honours and then taught for three years at George Town Junior High and later at East End where he became Principal.

The author continued his reading of history and ideas about the colonial enterprise and everything soon fell in place. He concluded that imperialism and colonialism were responsible for the oppression and underdevelopment of the Third World and he began to apply this knowledge even more to the Caymanian situation, seeing the society with new eyes and new vision.

He concluded that the nature of the colonial enterprise on the Caymanian society was not unique except for the size of the country. He deduced that the merchant establishment controlled the society to the extent of inhibiting its sense of history and desire for self-determination. He supported the protest march of 1970.



► Dr. Livingston Smith is the Vice President and Provost of UCCI

Bodden, as his thoughts on the subject developed, came to believe that the maintenance of control over their lands was critical to the well-being of Caymanians and that any separation would spell doom. He saw increasingly saw himself as anti-merchant class which he felt monopolized the Caymanian society.

The final part of these three chapters speaks to the author's years in Canada where he studied History and Sociology at Trent. Here again he studied the nature of colonialism which became the framework for this analysis and understanding of his own country.

Interestingly, in a paper he did in his Development Studies Project, on the subject of colonialism, he took the perspective which he had already settled on - that in the Caymanian context, land was of such singular economic importance, any sale of 'of absolute land titles to outsiders would, in the long run, prove detrimental to the interest of Caymanians'. This paper was published in the Nor'wester causing some disquiet but also announced his intellectual presence on the local scene. The author also did a Master Degree in Educational Administration at Queens University. Later after some more teaching, he decided to enter politics.

Bodden's work raises current and weighty issues, which call for closer examination. 🌐

POLICE NEWS

Single vehicle collision on Owen Roberts Drive, Man arrested for DUI and other offenses

Shortly after 10:00PM on Friday, 5 July, officers responded to a report of a single vehicle collision on Owen Roberts Drive in the vicinity of the Owen Roberts International Airport. A grey Porsche SUV exited the roadway and collided with a building on the airport site, causing damage to the building.

The driver was spoken to by officers and appeared intoxicated. As a result a roadside breath test was performed with a reading of 0.130%.

It was also discovered that the driver was using the vehicle without permission of the owner. The driver, a man age 31 of North Side, was arrested on suspicion of DUI, careless driving, unlawful use of vehicle, driving without being qualified and driving without insurance.

Upon his arrest he was transported to the Cayman Islands Hospital to be treated for minor injuries. He is now on police bail. 🌐

Unmarked Police vehicle involved in MVC in Prospect

Just past 5PM last Friday, 5 July, police responded to report of a collision at the intersection of Mangrove Avenue and Orange Drive in Prospect involving an unmarked police vehicle (a Chevy Aveo) and a motorbike. The motorbike left the scene while the police

vehicle sustained damage to its right rear side.

The motorcycle rider was later located and interviewed. The motorcycle was determined to be properly licensed and insured.

The collision is under police investigation. 🌐

Police Helicopter arrives first on scene of traffic collision

... Continued story from page A1

assessments of the injured parties, and this information was relayed to the ambulances which were on route. Emergency services, police, and fire officers attended the location and the occupants of the vehicle were transported to hospital for treatment for non-life threatening injuries. They were subsequently discharged.

"We were pleased to be able to provide assistance to the persons who were

involved in the collision, while also having the opportunity to put our training with our HSA partners into practice," said TFO Mohammed.








"The fact that we arrived first on scene and were able to assess the situation and triage the patients for handover to my fellow EMS colleagues, was an invaluable experience to have as part of this training," said Paramedic Kelly, "Incidents like this reinforce the importance of the work that we are doing together with the RCIPS." 🌐



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WEEKLY WEATHER FORECAST

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
						
87°/83°F	87°/82°F	86°/82°F	86°/82°F	85°/82°F	84°/82°F	84°/83°F
Partly sunny; pleasant	Partly sunny	Partly sunny; pleasant	A t-storm around in the p.m.	Mostly sunny; pleasant	A p.m. shower in places	Mostly sunny

Cisco Exec to Speak at UCCI's Commencement Ceremony in the Fall

Shari Slate, Vice President and Chief Inclusion and Collaboration Officer for global tech leader Cisco Systems, Inc., is the University of the Cayman Islands' (UCCI) keynote speaker at its Commencement Ceremony on Thursday, 7 November 2019.

Respected and highly regarded as a leader in the areas of diversity and inclusion, Ms. Slate is a first generation American whose family hails from Cayman Brac and Jamaica. She readily accepted UCCI's invitation upon learning of this year's theme, "Nation Building: Transforming the Future," saying, "President McAfee had me at hello."

Known for her mantra, "Dream Big", Ms. Slate also took time out of her vacation this week to tour the campus along with colleague Dr. Cynthia J. Temesi, Cisco's Innovation Advisor within its Country Digital Acceleration Team. Both engaged with UCCI's leaders, members

of the faculty and the Student Representative Council, leading brainstorming sessions and planning collaborative projects.

"Shari's passion for making a difference in the lives of others, her excitement about UCCI's commitment to nation building and her dedication to lifelong learning energised us all and fueled our resolve to fulfill our big dreams for Cayman," said Dr. Stacy McAfee, UCCI President and CEO.

Ms. Slate is responsible for leading Cisco's Office of Inclusion and Collaboration, as well as global Community Relations. Slate has been widely recognised for her visionary leadership and transformational views on the business value created at the intersection of diversity, inclusion, collaboration and technology. Guided by her thought leadership in this area, Cisco is embracing new models of inclusion and collaboration to fuel in-

novation, accelerate market leadership, and reimagine workplace practices in the digital era.

In her previous role, Ms. Slate served as Chief Inclusion and Collaboration Strategist for Cisco's sales organisation. She was responsible for increasing inclusion in the revenue-generating arm of the business and incubating new strategies for fostering full spectrum diversity. Slate joined Cisco in 2010. Prior to that, she served as Chief Diversity Officer and Director of Global Community Affairs at Sun Microsystems.

Ms. Slate's recent honours include the Catalyst Award from the Information Technology Senior Management Forum, The Network Journal's 25 Influential Black Women in Business Award for 2019, Savoy Magazine's Most Influential Women in Corporate America list for 2019, and Black Enterprise's Top Executives in Corporate Diversity list for 2018.

Prior to these, Ms. Slate was named a 2017 Diversity Leader by Profiles in Diversity Journal, and one of the Top Influential Women in Corporate America for 2016 by Savoy Magazine. In 2014, the YWCA named her a "Tribute to Women in Industry" honoree. In 2013, she was named one of Diversity Woman Magazine's "Stars Who Mean Business".

She has also been recognised as one of the "Most Influential Women in California" by the California Diversity Council and a "Woman Worth Watching" by Diversity Journal Magazine, as well as the recipient of the National Coalition of 100



► Shari Slate, Vice President, and Chief Inclusion and Collaboration Officer, Cisco Systems



► Speaker Shari Slate, Cisco Vice President, (1st from left) and her colleague Dr. Cynthia Temesi (second from left)

Black Women 2010 Corporate Leader Award and The Network Journal's "40 Under Forty" Achievement Award.

Slate holds a Bachelor of Arts degree in political, legal, and economic analysis from Mills College.

UCCI's Commencement Ceremony celebrates the achievements of some 200 graduates receiving technical-vocational and professional certificates, associate, bachelor and master's degrees as well as post graduate diplomas.

MOMENTS OF INSPIRATION



WATCH HOW HE WORKS. - 2nd Corinthians 10:5

How does God provide for us? ONE DAY AT A TIME. Recall the Israelites in the wilderness. Each day God fed them faithfully by sending manna. Some wanted to make sure they had enough for other days, revealing their lack of trust in God. They gathered more than stipulated. God wanted them to have enough for

one day so the extras rotted. When you worry over the future or things you can do nothing about, it's like trying to store up manna for tomorrow. God wants us to give tomorrow's concerns to Him because they are too big for us. You will receive only enough Grace for today, so stay in the moment.

We are prone to worry about stuff. We get caught in the, "what ifs?"

What if I get hurt, get sick, can't find a helpmate, can't hear from God?

Instead of imagining the worst case scenario, why not relax and let GOD BE GOD IN YOUR LIFE.

OBITUARIES

Churchill's Funeral Home


We have been asked to announce the passing of Mrs. Veta Wendlin Webster, who passed away on Friday, June 21, 2019. A Thanksgiving Service will be held at Church of God Chapel, West Bay on Saturday, July 13, 2019 at 1:00 p.m. Viewing: 12:00 - 1:00 p.m. Interment at: West Bay Cemetery



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Mrs. Marianne Bilski, who passed away on Sunday, July 07, 2019. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Ms. Latasha Yvette Berry, who passed away on Tuesday, July 02, 2019. A Thanksgiving Service will be held at Church of God Full Gospel Hall, 63 S. Church, George Town, Grand Cayman on Saturday, July 13, 2019 at 2:00 p.m. Interment at: Prospect Cemetery



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Mrs. Beverly Marion Cato, who passed away on Thursday, July 4, 2019. A Thanksgiving Service will be held at Church of God Chapel, 22 Academy Way, Walkers Road, George Town on Saturday, July 20, 2019 at 3:00 p.m. Viewing: 2:00 - 3:00 p.m. Interment at: Prospect Cemetery



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home


We have been asked to announce the passing of Ms. Ruby Maud Hines-Miller, who passed away on Tuesday, July 09, 2019. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Mr. Dimitri Moore, who passed away on Sunday, July 07, 2019. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at churchillsfuneralhome.com

GLOBAL NEWS BRIEFS

Canada vets get own shelter

Canada's homeless veterans will finally get a shelter designed to their needs.

The government has announced financial support for Canada's first shelter designed specifically for homeless veterans.

The Multifaith Housing Initiative is starting construction next month to build the 40-unit home for military veterans struggling with homelessness at the former Canadian Forces Base Rockcliffe, east of downtown Ottawa.

"This building has been very specifically designed for the needs of veterans, the first of its kind in Canada," said Suzanne Le, the charity's executive director. "The issue goes way beyond Ottawa. We want to see veterans houses like this go up across the country."

With the government's support, the charity is hoping the project will inspire other cities to build their own veteran-specific homes to deal with the Canada-wide problem.

The exact amount Veterans Affairs Canada is providing to Veterans' House



► Canada's first vet shelter will be in Ottawa

will be announced this week but the shelter is expected to cost C\$11.5 million (KY\$7.3m).

Veterans will be able to move in around October 2020 and they will be able to stay at the shelter as long as they want, Ms Le said. The charity will work with the Royal Canadian Legion and Veterans Affairs Canada to identify future residents.

The home will offer shelter, as well as mental health and addictions support. Some of the suggestions brought up during a lengthy planning process involving partner organisations and experts include a fitness room, a meditative garden and a dog yard for those with service dogs. These areas will all be included in the new home. 🌐

Honduran sexual assaults alarming

Honduran women are making a stance against sexual violence which has become a huge problem.

In Honduras, it is "dangerous to just be a woman", said Jinna Rosales, a feminist activist and director of human rights organisation Accion Joven Honduras (Youth Action Honduras).

Honduras has one of the highest rates of sexual violence in Latin America. A woman in the country is raped every three hours. And for those who report the assault, they're only "revictimised", advocates say.

"Rapes in Honduras are systematic," said Julissa Rivas, a member of feminist organisation Yo No Quiero Ser Violada (I Don't Want to Be Raped). "Every time a woman is raped, they say, 'Where was she? How was she dressed? What time was it? What was she doing?' They revictimise her."

Yo No Quiero Ser Violada's founding followed the 2018 brutal murder of a 27-year-old medical student who was shot dead when she refused to cooperate with armed assailants who boarded a bus and tried to sexually abuse her and a friend.



► Honduran women campaign against sexual assaults

Since then, the group and other advocates have worked to raise awareness about the high rates of sexual violence in Honduras, and call for the adoption of a national protocol for victims and survivors of sexual violence.

The country does not currently have a protocol for healthcare professionals who attend to survivors of sexual assault, leading to incomplete care and confusion over what services doctors can legally provide. Some doctors may only run tests for sexually transmitted diseases and pregnancy without providing preventive medication. In other cases, doctors refuse to treat patients because they incorrectly believe that the woman must file a police report against her aggressor before they can offer her medical care. 🌐

Cuba looks to cryptocurrency

Cuba's Communist government announced on Tuesday it is studying the potential use of cryptocurrency as part of a series of measures to boost its economy amid a deepening crisis exacerbated by US sanctions.

Cryptocurrency, which allows financial operations to be carried out anonymously, has been used in the past to get around capital controls. Cuba's top ally Venezuela introduced a cryptocurrency last year aiming to avoid US sanctions and weather hyperinflation, although it never properly launched.

Cuba's inefficient state-run economy is facing a crisis due to a sharp decline in Venezuelan aid, lower exports and the tightening of the decades-old US trade embargo under President Donald Trump.

The new measures, announced on state-run TV by President Miguel Diaz-Canel and his government, will raise income for around a quarter of the population and deepen market reforms of one of the world's last Soviet-style command economies started by the island nation's previous president, Raul Castro.

The aim is to raise national production and demand to boost growth as US



► Cuba's cryptocurrency could improve enterprise

sanctions target tourism and foreign investment. Mr Diaz-Canel, working to establish his legitimacy after assuming the presidency in April 2018, said the government is working on the details of the implementation.

The most popular measure in the new package will likely be the hikes in some pensions and wages for workers in public administration, social services and state-run media, bringing the medium monthly wage in those sectors up to the equivalent of \$44.5 from around \$25 previously.

Many Cubans say the measure still will not be enough to breach the gap between salaries and the cost of living. Nonetheless it should boost purchasing power, if inflation is kept in check. 🌐

Philippines drugs violence makes it unsafe

President Rodrigo Duterte's declaration of a "war on drugs" has made the Philippines one of the most dangerous places in the world for civilian-targeted violence.

A report by the Armed Conflict Location & Event Data Project (Acled) identifies India as the most dangerous country, with 1,385 violent events that targeted civilians. Second place is Syria with 1,160, followed by Yemen with 500, and the Philippines with 345. It supports comments made recently by Michelle Bachelet, UN high commissioner for human rights, who voiced concerns over ongoing human rights abuses in the Philippines and the "extraordinarily high number of deaths - and persistent reports of extrajudicial killings - in the context of campaigns against drug use".

Amnesty on Monday accused Duterte of carrying out a "large-scale murdering enterprise", and said he should be investigated by the UN for crimes against humanity.



► Filipinos are not happy with the war on drugs violence

The confirmed death toll of suspects killed in anti-drugs operations currently stands at 5,425 since July 2016, something that Ms Bachelet described as "a matter of most serious concern for any country".

"Acled's findings are consistent with our findings and are an affirmation of the need for the international community, the UN Human Rights Council and the International Criminal Court to take action," said Carlos Conde, Philippines researcher for Human Rights Watch.

The statistics reveal that efforts to clean up the Philippines have resulted in more than 450 direct anti-civilian violent attacks, causing 490 deaths since January 2019. The most targeted regions are Central Luzon, Calabarzon and the capital Manila. 🌐

Labour will campaign to remain

The leader of Britain's opposition party will campaign for the UK to remain in the European Union if there is another referendum.

Jeremy Corbyn has challenged the next Tory leader to hold another referendum before taking Britain out of the EU, saying Labour will campaign for remain.

Mr Corbyn says the party will take this position to stop "no deal or a damaging Tory Brexit".

But he does not say what he would do if he won a general election and was placed in charge of the Brexit process.

Some senior members of his team want him to take a pro-Remain stance in any circumstances.

In a letter to members, Mr Corbyn said: "Whoever becomes the new prime minister should have the confidence to put their deal, or no deal, back to the people in a public vote."

"In those circumstances, I want to make it clear that Labour would campaign for Remain against either no deal or a Tory deal that does not protect the economy and jobs."



► Jeremy Corbyn has always been a remainer

The announcement follows a shadow cabinet meeting on Tuesday, and a meeting with trade union leaders on Monday.

Labour's Hilary Benn - who chairs the Brexit select committee - was a "big step forward" and called it "significant".

He added: "We can now see there is nothing that can be better negotiated that is better for jobs, that is better than the deal we currently have."

The bosses of Labour's five-biggest affiliated unions called for the move the party has made - but also for it to hold a "confirmatory vote" on any new deal it negotiated if Labour won a general election. 🌐

Venezuela leaders hold peace talks

Venezuelan President Nicolás Maduro said he was "optimistic" as talks between the government and the opposition to resolve the country's political crisis resumed on Monday.

The two sides have been engaged in a bitter power struggle since January and preliminary talks held in May in Oslo petered out without an agreement.

Mr Maduro said a six-point agenda was being discussed at the meeting which is being hosted by Barbados. He did not give further details.

The Norwegian foreign ministry is again acting as a mediator, as it did at the previous meeting in Oslo, but has so far only confirmed the meeting was taking place.

Mr Maduro revealed that Monday's meeting lasted five hours. He also said he thought "a path to peace" could be found.

Juan Guaidó, the head of the opposition-controlled National Assembly, laid out the opposition's aim on Twitter. The statement said the goal was to "negotiate a way out from the dictatorship".

Mr Guaidó and President Maduro have been at loggerheads since January, when the former invoked the constitution and declared himself interim president, arguing that the elections which had returned Mr Maduro to power for a



► Venezuelans protest against the government frequently

second term in 2018 had not been free and fair.

Since then, more than 50 countries, including the United States and most nations in Latin America, have recognised Mr Guaidó as Venezuela's legitimate leader.

Ut Venezuela's military - a powerful force in the country - and influential allies such as China and Russia have stuck by Mr Maduro.

An attempt by Mr Guaidó to get the military to switch allegiance to him failed, and the country remains in limbo with both men claiming to be the legitimate president.

Meanwhile, a severe economic crisis has exacerbated, and shortages of food, petrol and medicines have grown even more acute. United Nations figures claim four million people have fled the country since 2015. 🌐

Cayman makes a golden start

The Cayman Islands got off to a good start at the Island Games in Gibraltar winning three gold medals, two silvers and two bronzes by Tuesday night.

The first gold was won by Louis Gordon in the men's high jump with a leap of 2.02 metres on Saturday. Gordon is a brilliant all rounder and is competing in the sprint relay and long jump as well. High jump silver went to Benjamin Le Rougetel (Jersey) and James Margrave (Isle of Man), who both leaped 1.99m.

There were two gold medals won in squash. Cameron Stafford, the world class pro, won the men's singles and Marlene West, whose daughter Kyra is competing in the swimming, won the women's singles. Age is nothing but a number for West who has been winning medals for Cayman for decades. Natalie Dodd (Guernsey) won the silver and bronze went to Amelie Haworth (Isle of Wight).

David Norman (Isle of Man) won silver in the men's squash and Janick Radford (Guernsey) won the bronze.

Sprinter Danika Lyn won silver in the women's 100m and Michael Smikle took bronze in the men's 800m. Lyn's time of 12.89 seconds was six-hundredths of a second slower than the winner Sara Wiss of Aland. Smikle clocked 1 minute 55:71 seconds, the same time as the second placed David Mullarkey (Isle of Man). Seumas Mackay (Shetland Islands) won comfortably in 1:53:18.

Swimmer Raya Embury-Brown won silver for Cayman in the women's

1500m freestyle in 17:26:26, won by Var Erlingsdottir Eidesgaard (Faroe Islands) in 16:47:54. Lily Scott (Jersey) was third in 17:35:96. Jordan Crooks took bronze in the men's 50m backstroke in 25:45 seconds. Harry Shalomon (Jersey) won in 24:31 seconds and Thomas Hollingsworth (Guernsey) was second in 25:29 seconds.

The NatWest International Island Games has gone from 700 participants, 15 islands and seven sports nearly 40 years ago to 2500 participants, 24 islands and 14 sports. It is Gibraltar's turn to host, for the second time. Since 1987 when held in Guernsey the hosts have been the Faroe Islands, Aland Islands, Isle of Wight, Gibraltar, Jersey, Gotland, Isle of Man, Guernsey, Shetland, Rhodes, Aland Islands, Isle of Wight, Bermuda, Jersey and Gotland.

Controversially, the games do not include archery, cycling, football, or volleyball, which have been in all previous games since 1985, due to the lack of venues. Instead they are replaced by tenpin bowling, judo, and squash.

Cayman is competing in 12 of the 14 sporting disciplines, with 10-pin bowling and judo the only exceptions.

Cayman won 25 medals at the 2017 Island Games in Gotland, including sev-



► Marlene West won the women's squash singles



► Cameron Stafford took squash gold

en golds. Six of the golds came in athletics, but only one of the winners – Carl Morgan – is in Gibraltar. Morgan won gold in the triple jump, silver in the long jump and was part of a gold medal relay team.

Cayman's other returning gold-medal winner is the men's basketball team. Cayman beat Gibraltar in an 82-80 thriller in the final game of the 2017 Island Games. Cayman's women's basketball team, a former two-time gold medal winner, hope to regain the title. The games finish on Friday. 🌐

Lloyd: Windies can rise again

The West Indies may have flopped at the 2019 ICC World Cup but their legendary former captain Clive 'The Cat' Lloyd believes they have the potential to be great again.

Lloyd captained the team to glory at the first two World Cups — in 1975 and 1979. Though West Indies have not won the trophy since, he was integral in laying the platform for their global cricket dominance that stretched into the late Eighties.

The 74-year-old Guyanese has resided in England for decades. He was a regular at games as the mostly inexperienced West Indies squad plummeted out of the tournament in England and Wales, finishing ninth in the 10-team league phase with a measly five points, beating only Pakistan and Afghanistan in their first and last of nine games.

India (15 points) topped the table, followed by fellow semi-finalists Australia (14), England (12) and New Zealand (11). The final is scheduled for Sunday at Lord's in London.

Lloyd acknowledged the widening gap in resources between the Caribbean side and the better-funded, powerhouse cricketing nations, affording them superior preparation in and out of competition. He noted that it was



► Clive Lloyd is optimistic

also a factor before the West Indies' halcyon days.

"We need to find out exactly what is important for us to move on," he said. "We don't have the money that these other places have, but we will have to try to make do with what we have until we get to the top. That's what we did — we didn't have a lot of money either, but when we became champions of the world then we could dictate."

The batting was arguably the weakest link. Throughout the nine games of the league phase, the Jason Holder-captained West Indies tallied only two centuries — one from all-rounder Carlos Brathwaite and the other from novice left-hander Nicholas Pooran. For context, India's Rohit Sharma notched a record five tons and Australia's David Warner scored three, while other teams had players scoring two. 🌐

Brazil regain mojo in Copa América

Brazil winning a Copa América at home was not a total surprise. They have hosted the tournament five times and, after beating Peru 3-1 in the final on Sunday, they have won it all five times. But it was not a procession and an indication that mediocre results in recent major tournaments may be coming to an end. Twelve years after Brazil's last success in a major competition, this felt significant.

It is not just that this showed Brazil could handle being favourites, that they did not choke on the expectation as they did so spectacularly when hosting the World Cup five years ago. It's that they won with a largely modern, progressive style of play and, most importantly of all, that they did so without the injured Neymar. This was a victory for head coach Tite and his refreshing philosophy.

Brazil's defeat against Peru in Foxborough three years ago, which eliminated them from the Copa América Centenario at the group stage, was the beginning of their belated shift into modernity. Out went Dunga and in came Tite, who had none of his predecessor's insularity. He studied others, went to Europe to learn, and adopted a form of pressing.

And yet the sense at last year's World Cup was always that he was hampered by Neymar, a galactic ego who could



► Gabriel Jesus was outstanding for Brazil

not be relied on to press and slowed the game down. There were moments in Russia, notably against Mexico in the last 16, when Brazil showed what they could be, but the Neymar imbalance showed in their defeat to Belgium.

Without Neymar in this tournament, Brazil exemplified Tite's strategy. It took a bout of mumps for Richarlison and a misfiring performance from David Neres for him to happen on his front three but once it came together it knitted together superbly, with Everton and Gabriel Jesus cutting in from the flanks and Roberto Firmino dropping deep from a central position. Against Peru, Gabriel Jesus set up the opener for Everton, whose run also led to the late penalty while the second, scored by Gabriel Jesus, came from Firmino winning the ball deep and a forward surge from Arthur. 🌐

James most effective at point guard

LeBron James will start at point guard for the Los Angeles Lakers next season and this seems like more of a reflection of their imbalanced roster than a signal that there will be a massive shift in his game.

Functionally, James has always been a point guard. He is most comfortable on offense when directing his teammates from the top of the key. This, by the way, is what separates him from some of the other greatest scorers in NBA history - armed with a photographic memory and deep knowledge of opponents' tendencies, he can dominate a game by picking defences apart and creating easy shots. Whether he or a teammate is taking them is often immaterial.

It is also what can make James complicated to build around. He needs enough playmaking help that he doesn't feel overburdened, but he wants to take full control of the offense whenever he feels like it.

Last year's Lakers made the mistake of surrounding him with teammates who needed the ball in their hands and couldn't space the floor, which was a predictable disaster. The strategy, however, was a direct response to the problem James had in his last year in Cleveland, where he had shooters around him but didn't have secondary creators he trusted.

Next season, Los Angeles needs Frank Vogel's coaching staff to construct a rotation that maximizes James'

talent and the team's collective potential. That will be hard.

Fortunately for Vogel, Anthony Davis is an ideal superstar teammate for James. He does not require a ton of isolation possessions but is effective enough in those situations to draw double-teams. He is devastating as a roll man and can pick and pop out to the 3-point line. On defence, he covers ground like few others in the league and makes up for a ton of mistakes. He and James will make each other better, and Davis can be the undisputed No. 1 option when James is on the bench or unavailable. If only the rest of the Lakers were so malleable. 🌐



► LeBron James should be more effective next season



► Anthony Davis is a perfect foil for James

CROSSWORD

By THOMAS JOSEPH

- ACROSS**
- 43 Tries for flies
 - 1 Book makeup
 - 6 Crack up
 - 11 Bikini, for one
 - 12 Houston player
 - 13 Baking need
 - 15 Print units
 - 16 Morse E
 - 17 Collar
 - 18 Becomes more profound
 - 20 Toronto-to-D.C. dir.
 - 21 Auditor's org.
 - 22 Like the piper
 - 23 Office helpers
 - 26 Pinochle scores
 - 27 Line of symmetry
 - 28 Combat
 - 29 Skillet
 - 30 What censurers read
 - 34 Punk rock offshoot
 - 35 Yale rooster
 - 36 Pi follower
 - 37 Accountant's app
 - 40 Peptic problem
 - 41 Keyed up
 - 42 Rings
- DOWN**
- 1 Walked back and forth
 - 2 Make amends
 - 3 Gander's mate
 - 4 Caribou's cousin
 - 5 Mini burgers
 - 6 Endures
 - 7 Bat material
 - 8 Fork or knife
 - 9 Like a 13-Across, perhaps
 - 10 Activity centers
 - 14 Ages and ages
 - 19 Gladys Knight's backers
 - 22 Sassy
 - 23 Prepares an athlete's ankle
 - 24 Case in point
 - 25 Mediteranean island
 - 26 Long March participants
 - 28 Untamed
 - 30 Brings up
 - 31 Sports setting
 - 32 Heart's place
 - 33 Carries
 - 38 Long fish
 - 39 Cut down

S	C	R	U	B	S	O	S	A		
A	R	E	N	A	P	O	P	P	Y	
R	A	C	E	S	O	H	A	R	A	
E	T	A	S	I	R	T	I	C		
K	E	P	T	I	N	T	O	U	C	H
	A	S	K	P	L	O	T			
P	O	S	I	T	B	R	A	T	S	
I	N	O	N	D	I	A				
K	E	P	T	I	N	C	H	E	C	K
E	R	R	N	A	Y	R	A	N		
R	O	A	S	T	C	H	I	N	O	
S	O	N	A	R	L	I	C	I	T	
M	O	N	O	E	T	A	T	S		

Yesterday's answer

SUDOKU

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Conceptis Sudoku

By Dave Green

				3	5		6	8	
9	3	8						1	
2								9	
				6		8			3
1				2					9
3			1		7				
	4								1
	5						4	6	8
1	3			8	2				

Difficulty Level ★★

8/07

Answer to previous puzzle

6	5	8	9	7	2	3	4	1
3	7	9	8	1	4	2	5	6
2	4	1	5	6	3	9	8	7
8	3	2	1	5	6	7	9	4
7	1	5	4	3	9	6	2	8
9	6	4	2	8	7	5	1	3
5	9	7	6	4	8	1	3	2
1	8	3	7	2	5	4	6	9
4	2	6	3	9	1	8	7	5

Difficulty Level ★

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1	2	3	4	5	6	7	8	9	10
11					12				
13				14					
15			16				17		
18		19					20		
21					22				
23	24	25			26				
27				28					
29			30				31	32	33
34			35				36		
37			38				39		
40					41				
42					43				

9-11

G	L	A	S	S	W	A	R	E	T	S	G	S	W	S
V	A	G	K	P	M	T	Y	H	X	N	G	N	H	E
W	U	C	N	E	M	Q	R	S	A	U	I	M	C	T
M	O	X	D	F	J	A	E	U	R	G	K	E	O	A
R	B	A	S	G	N	I	T	N	I	A	P	M	I	L
K	L	F	N	C	H	O	T	S	G	P	A	O	N	P
S	Y	O	T	P	G	E	O	O	I	G	S	R	S	Y
L	D	P	O	R	O	D	P	N	A	S	D	A	T	E
L	S	R	A	Q	G	S	S	Z	B	I	R	B	H	N
O	T	P	O	D	G	H	I	L	E	L	A	I	I	O
D	H	T	P	C	Z	N	B	S	L	V	W	L	M	M
S	R	E	T	T	E	L	O	Q	L	E	A	I	B	Y
C	A	R	D	S	S	R	O	T	S	R	H	A	L	R
B	O	T	T	L	E	S	K	C	O	L	C	S	E	O
W	A	T	C	H	E	S	S	L	E	D	O	M	S	B

Find the listed words in the diagram. They run in all directions - forward, back, up, down and diagonally.

- Autographs
- Awards
- Bells
- Books
- Bottles
- Cards
- Clocks
- Coins
- Dolls
- Glassware
- Guns
- Letters
- Magazines
- Medals
- Memorabilia
- Models
- Money
- Mugs
- Paintings
- Pins
- Plates
- Pottery
- Records
- Rocks
- Rugs
- Shells
- Silver
- Stamps
- Thimbles
- Toys
- Trophies
- Watches

Have fun with
**CAYMANIAN
TIMES**

CURTIS By Ray Billingsley

NO PHONE DURING DINNER, CURTIS! YOU KNOW BETTER!

AW, YOU SOUND LIKE MY TEACHER!

WHAT DO YOU MEAN BY THAT?

SHE GETS MIFFED IF I CHECK ON MY EMAILS DURING CLASS!

THE AMAZING SPIDER MAN By Stan Lee

THE LAST OF THE CRIMINALS JUST ENTERED THE THEATER.

EVEN IF WE HAVE TO TACKLE THEM WITHOUT IRON FIST, WE'D BETTER--

OYE, OF LITTLE FAITH--

I TOLD YOU I'D BE BACK!

BUT SUWAN AND HER COHORTS HAVE GONE--

- JUST AS SHE SAID THEY WOULD!

JUDGE PARKER By Woody Wilson & Mike Manley

AT A DEEP-COVER CIA BUREAU IN L.A.---

PARKER HASN'T FLED THE COUNTRY BY ANY OF HER KNOWN ALIASES.

MARCIULIANO + MANLEY 9/11

SHE'S STUCK HERE. AND SHE KNOWS IT.

SO IN THE END IT WORKED. SHE'S AS GOOD AS OURS.

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