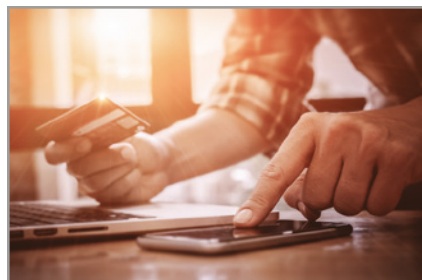


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PROTESTORS IN HONG KONG 'FLAG UP' THEIR CONCERNS

International football legends play charity match



Full story on page A6 >>

► All fit and ready for the match

Historic Role of Town Hall Recognised

Celebrations marking the 60th anniversary of the Cayman Islands constitution moved to George Town Town Hall on Monday, 1 July 2019.

The Town Hall, which is still in use today, was the venue where the Cayman Islands first constitution was signed.

Members of the public joined elected leaders, senior officials and interna-

tional guests at the special event on the public holiday morning to celebrate the significance of this historic building. Special guest Arley James "AJ" Miller was also in attendance. Mr. Miller is the last living 1959 Vestryman.

The guests then moved outside the Town Hall for the unveiling of the com-

... Continued story on page A4



► Premier Hon. Alden McLaughlin and Sir Michael Fallon MP unveil George Town Town Hall's new sign and name "Constitution Hall"

MRCU Enhances Mosquito Management

The Mosquito Research and Control Unit (MRCU) recently announced an overhaul of its mosquito management programme across Cayman Brac and Little Cayman. Changes are designed to bring the islands in line with operations in Grand Cayman and with scientific best practice.

The Minister for Health, Environment, Culture and Housing, Hon. Dwayne Seymour explains that "the MRCU has taken these steps to ensure the highest standards of mosquito management are met across for communities across all three islands."

The unit's plan for Cayman Brac and Little Cayman includes moving away from acting on ad hoc spray requests from the public, towards a sustained approach of surveillance based control, which has been proven to be most effective at tackling mosquito populations.

Such surveillance techniques, which include bite counts and portable and baited traps, are new to Cayman Brac and Little Cayman, though they are regularly used successfully in Grand Cayman. This practice helps to determine

... Continued story on page A10

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EDITORIAL

A different kind of same

A year ago, the Governor's Office was playing defence. Questions swirled around the sudden removal of Anwar Choudhury, the then representative of the Queen in the Cayman Islands.

Mr Choudhury was recalled to London with very little being said at the time and concerns being raised that the saga was shrouded in secrecy. Prior to that, he was busy integrating into island life and made waves as he cleaned fish at the fish market in George Town. Eventually, he was removed, and details emerged over what led to his demise.

His successor, Martyn Roper, has settled in comfortably in the role and has gone about his business – at least in public – in very much the same way that Mr Choudhury did, embracing his role in the Cayman Islands and appearing to love every minute of his time in the sunshine.

Like Mr Choudhury, Governor Roper got active in touring the Islands and integrating with locals. He's upped the social media game with his regular posts and, in very much the same way

that Mr Choudhury created a buzz for his fish market theatrics, Mr Roper has embraced another Caribbean tradition – playing the steel pan. He even performed on the pan during the recent Queen's Birthday celebrations.

And while the path is similar, one cannot help but feel differently about how Mr Roper has conducted himself on island. After all, he was saddled with the burden of replacing a postholder who was accused of not being as nice as he portrayed himself publicly.

The current governor has come across as a friend of the Cayman Islands, and if we take him at his word, is an advocate for this British Overseas Territory, particularly on matters of the environment and financial services. We wish him the best as he goes about his duties. As long as he remains as warm as he comes across when one meets him, he'll have fond memories of his time living on arguably the world's most beautiful beach before moving on to represent the UK's interests somewhere else in the former British Empire. 🌐



▶ Mr. Brainard Watler shows H.E. the Governor artefacts from his family's history alongside Councillor Barbara Conolly and Hon. Roy McTaggart

COMMUNITY NOTICE

The Counselling Centre Provides DUI Workshop on Cayman Brac

The Counselling Centre (TCC), in partnership with the Department of Community Rehabilitation (DCR), hosted its first-ever DUI workshop on Cayman Brac earlier this month.

Five participants attended the workshop, which included educational and non-judgmental presentations by TCC staffers, Dr. Katheryn Whittaker and Sarah Dewson on Friday, 7 and Saturday, 8 June 2019.

The Minister for Health, Environment, Culture & Housing, Hon. Dwayne Seymour said: "Such DUI workshops are an invaluable tool in our mission to educate the public about the possible personal and communal repercussions of driving under the influence."

"They also represent another example of cross-governmental collaboration," he added.

The five-hour course covered a number of topics, including the human and economic impact of drinking under the influence, the legal consequences of DUI (including fines and ultimately the revocation of the offender's driving license), and where to seek professional help for alcohol misuse issues.

Participants were encouraged to discuss the reasons why they were referred and how their DUI conviction had negatively impacted on their personal and professional lives. Attendees were subsequently given avoidance and prevention strategies and how to identify their triggers. They were also advised how alcohol is processed in the body and the interaction of it with other substances including medications.

Psychologist Dr. Whittaker said: "This was such a fulfilling experience; to see these men engage in such thoughtful and honest discussions around the impact of driving under the influence".



▶ The Counselling Centre staffers (L-R): Sarah Dewson, Dr. Katheryn Whittaker, and Probation Officer Sue Morrison at the first-ever DUI workshop on Cayman Brac earlier this month.

Probation Officer, Sue Morrison said: "The Brac is a unique and wonderful community which unfortunately also faces issues regarding alcohol misuse. The presentation provided helpful information that I feel certain will have an impact on participants."

"The Counselling Centre has been providing the DUI workshop in Grand Cayman for more than 18 years, and recently had to make several changes to the programme format in order to meet the increased demand for placements," said TCC Director Judith Seymour.

"These changes, in conjunction with our collaboration with the staff from the Department of Community Rehabilitation in Cayman Brac, have now allowed us to more easily offer the group to residents there charged with DUI offences," she concluded.

The next TCC DUI workshop will be held in the autumn. For further information about the work of the Department of Counselling Services, visit www.dcs.gov.ky/tcc/ 🌐

PERSEVERANCE WINS

By Shakir Khan

Lesly Dayanna Lopez-Colindres was this year's Valedictorian of the graduating class of Layman E Scott Senior High School on Cayman Brac. Born on August 4th, 2002, she migrated to Cayman Brac with her family when she was just 8 years of age. Lesly is from La Ceiba, Honduras and admits that it was a real struggle settling in as, "I could not speak English at the time." Over the last eleven years she has developed into a well-mannered and respectable young lady demonstrating that when you persevere there will always be the moment of triumph.

She attended the high school from 2011-2019, with a focus on overcoming all the challenges that she faced. Her results speak for themselves. IGCSE-BIOLOGY (B), CXC-Mathematics-1, English A-1, English B-1, Add Maths-3, Spanish-1, POB-1, Accounts-2, Social Studies-2, Integrated Science-1, Digital Media-2, and IT-2.

Q: Tell me a bit about your school life

"Almost from my first day in Primary School I made friends with Saskia. She became a tower of support for me helping me with my English and being there for me. This blossomed right into and throughout High School, where Chanelle became another great friend. They were a great source of encouragement to me."

Q: What influence did the teachers have in your progress?

"All the teachers who tutored me were of excellent encouragement. They saw my potential and ensured that I never lost focus on my goals. In a special way I express gratitude to Mrs. Velusamy, my Home Room tutor who was like a mom to me. Of special mention also is my Maths tutor Ms. Swaby, who showed me how to overcome the negatives that came my way and was instrumental in my success as well."

Q: You said you want to be an Accountant. Can you say why?

"I love Maths and since this field has a lot to do with figures it kind of became natural to me. My desire is to work diligently so that I can obtain a scholarship to study Accounts in the U.K. After graduating I will return here to make my contribution to the island that I call home."

Lesly participated in a variety of activities while at the high school. She was involved in the Agriculture Club, Science Club, and was also a part of the Leo's Club. She was also a member of the Junior Achievement organization, Spelling Bee, Swimming and Sports. Lesly also represented the school in the Dart's Mathematics Competition. She told me her favourite sport is Swimming. She also assisted the Stake Bay Baptist Church in a number of activities including VBS, and the Christmas programme.

Q: What was the role of your parents in all of this?

"My mom and step dad were truly a tower of strength for me. Mommy always encouraged me to stay focused on what I want to achieve. She sacrificed a lot for my siblings and me. I give God thanks for her and I trust that I will be able to make her the happiest person in the world. I must also express great gratitude to my step father Mr. Marcus. He actually taught me how to converse in English. He helped with school work and was never tired of assisting. He took me under his wings and nurtured me to be the success I am today. I thank God for all that He means to me and without Him none of this was possible. By the way, I have a dear passion that I would like to accomplish and that is to be able to establish an outreach to help unfortunate children. To this end I hope to be able to adopt a child and become his/her mentor."

Lesly thanked Caymanian Times for giving her the opportunity to share her story and hoped that that all who read her story will discover that, "PERSEVERANCE WINS." 🌐



▶ Lesly Dayanna Lopez-Colindres

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Lord Ahmad discusses “Partnership” with OTs

By Christopher Tobutt

Three key words, “Partnership,” “Respect,” and “Family” characterized all of Lord Ahmad of Wimbledon’s descriptions of the evolving relationships between the Overseas Territories (OTs) and the UK, in a press Q & A session during his recent three-day visit to the Cayman Islands.

Lord Ahmad began by paying tribute to the Cayman Islands for taking a key role in organizing a trade summit, which took place at the Kimpton hotel, with senior delegations from across the OTs. The Minister also attended a Joint Ministerial Council Meeting on Brexit, and bilateral talks with the Jamaican Prime Minister.

About the trade summit, he said: “I very much hope there will be momentum from this particular event so we can build on the important issues that matter to the overseas territories particular on the agenda of prosperity because prosperity builds progress.

“I am also delighted to celebrate the 60th Anniversary of the Constitution,” he said, before speaking about how the UK has been working with the OTs and other countries across the region to strengthen the region’s resilience against hurricanes and other disasters. “We can learn from Cayman’s experiences and how we can build on its assets to ensure there is a collective response to any future challenge we may face. We are committed to the region, and that is why RFA Mounts Bay will remain in the region.”

On the issue of Beneficial Ownership, Lord Ahmad said: “I am also conscious that the last couple of years have been

years of challenge in the area of financial services, I will defend the principles of ensuring transparency. We need, as our parliament decided, public registers which are an important step forward for the whole British family including our Overseas Territories, but we do so in a practical and pragmatic way.

“I welcome the positive exchange we have had with the Cayman Island Government on the technical working conditions we are setting up to ensure that the challenges but also the priorities of Cayman can be recognized in our approach to these important issues.

“There is the issue of Brexit: Yes we are committed to fulfilling our mandate to the British people on leaving the European Union on the target date which is the 31st of October, but in doing so I have directly set up engagement with our British Overseas Territories to ensure that in our negotiations with the European Union on our important future partnership, the priorities, as the British overseas territories see them, are also reflected.”

In response to a question concerning the continuity between commitments to the Cayman Islands made between the last UK Prime Minister and the next one, Lord Ahmad said:

“The requirement of the British Government is at the end of 2020 is that any territory that has not yet announced its intention to create a public register, we are obligated now through Parliament to issue an Order in Council. However, in essence we are looking at is building on the positive relationship we have with the OT’s to ensure that can be done in a very constructive way.



► Lord Ahmad of Wimbledon

I know both the individuals who (are likely to be) the next Prime Minister; former Foreign Secretary Mr. Johnson, and Current Foreign Secretary Mr. Hunt, Mr. Johnson’s views reflect the views I have already articulated, and the current Foreign Secretary Mr. Hunt) also has the same views.

“There will be challenges; and we have to ensure that, working with the Overseas Territories, we present a robust case to our parliamentary colleagues to ensure that the essence of the ability of the Overseas Territories working forward on these important issues is not just sustained but strengthened.”



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Simply Weddings is Moving!



Cayman’s much-loved wedding company, Simply Weddings, is moving from the George Town waterfront effective 1 July, 2019. Its brand-new location is upstairs at the Chestnut Centre at 6 Palm Road, on the corner of Palm and Smith Road, George Town opposite Pasadora Place.

Husband and wife team Sam and Joy Basdeo are pleased to offer their clients the same comprehensive wedding services at their new premises.

“Our new location will serve as an ideal location for a small group, intimate wedding,” Joy said. “If clients prefer an air-conditioned, inside location, we provide a beautifully decorated Wedding Room free of charge to our clients, and an inviting Bridal Room where the bride can get ready for her special day in peace and privacy.”

A full-service wedding provider, Simply Weddings takes the couple all the way through the wedding process, publishing the Banns of Marriage and performing the ceremony. They also plan and officiate weddings for both cruise and stay-over visitors under the Governor’s Special Marriage License, that is reserved for visitors only.

In addition to conducting weddings on island, Simply Weddings will organise a Certificate of Eligibility for



residents who want to get married overseas. They also offer the services of a Notary Public and Justice of the Peace, and can obtain an Apostille for couples who need this service.

In business for the past eleven years, Joy is continuing a legacy business started by her parents Vernon and Francine Jackson more than 30 years ago. The Jacksons, through their business ‘Cayman Weddings’ officiated more than 7,500 weddings

between them. To date, Joy has officiated 2,700 weddings and hundreds of vow renewals.

Simply Weddings looks forward to welcoming you to their new location. For enquiries, please call 949-9933 or 525-6551. Apply online at www.simplyweddingscayman.com or email mywedding@candw.ky. Photos of many of their weddings can also be found at www.facebook.com/SimplyWeddingsCayman.

Premier represents Cayman at 40th Regular Meeting of the Conference of Heads of Government of CARICOM

Premier Hon. Alden McLaughlin is leading a delegation of the 40th Regular Meeting of the Conference of Heads of Government of the Caribbean Community (CARICOM) in St. Lucia this week.

Traveling with him are Attorney General Hon. Sam Bulgin, Minister of Finance and Economic Development Hon. Roy McTaggart, Cabinet Secretary Samuel Rose, Head of the Office of the Premier Roy Tatum, International Affairs Analyst Jamal Anderson and Personal Assistant to the Premier Jana Pouchie-Bush.

Minister McTaggart has been invited to attend the Council for Finance and Planning prior to the CARICOM meeting.

Areas of interest to the Cayman Islands being discussed include issues of sargassum in coastal waters, EU black-listing, the potential to increase regional trade and security matters, including border control.

"While as an associate member of CARICOM not all the agenda items are applicable to the Cayman Islands there will be many areas of common interest,"

said Mr. McLaughlin. "It is important to foster fraternal relations with our neighbours within the region and to support each other as far as is practical. It is also worth noting that at the last CARICOM Heads of Government meeting, at my behest, CARICOM supported the Cayman Islands and our fellow Overseas Territories on the challenges we are facing regarding public registers of beneficial ownership."

An Opening Ceremony will be held on Wednesday 3 July, and will be addressed by Prime Minister Chastanet; the outgoing Chairman, Prime Minister Dr. Timothy Harris of St. Kitts and Nevis; and CARICOM Secretary-General Ambassador Irwin LaRocque.

CARICOM has 15 Member States – Antigua and Barbuda, The Bahamas, Barbados, Belize, Dominica, Guyana, Grenada, Haiti, Jamaica, Montserrat, St. Kitts and Nevis, Saint Lucia, St. Vincent and the Grenadines, Suriname and Trinidad and Tobago; and five Associate Members – Anguilla, Bermuda, British Virgin Islands, Cayman Islands, and the Turks and Caicos Islands.



► Premier Hon. Alden McLaughlin

Historic Role of Town Hall Recognised

... Continued story from page A1

memorative plaque and sign, which marks the building's new name: Constitution Hall.

A traditional Caymanian breakfast followed.

All activities were organized by the Celebrate Cayman Office, which will also take part in a panel discussion on Radio Cayman, next Thursday, 4 July.



► Premier Hon. Alden McLaughlin and Speaker Hon. McKeeva Bush unveil the commemorative plaque on Monday, 1 July 2019



► Arley James "AJ" Miller, the last living 1959 Vestryman, was the special guest at the ceremony on Monday, 1 July 2019



► Governor, H.E. Martyn Roper at the commemorative ceremony on Monday, 1 July 2019

Solomon Harris Becomes Bedell Cristin

Following the merger of Solomon Harris and Bedell Cristin in October of last year, Solomon Harris will officially be changing its name to Bedell Cristin on 2 July 2019.

The merger has enabled the new, expanded firm to broaden its reach into other international markets including the Middle East and the Far East, where Cayman legal structures are particularly popular. In addition to extending its global reach, the Cayman office will continue to focus on its local practice including real estate, banking, immigration, captive insurance and local corporate services.

Sophia Harris, Managing Partner of Bedell Cristin Cayman, commented on this last piece of the merger: 'We have been able to successfully integrate two existing companies and business cultures into a solid, unified entity. We will continue to provide the same high quality legal expertise to the local market that we have always done, with a more enhanced offering for our international clients. The change of name cements our integration and we are excited to be continuing our journey as part of the Bedell Cristin global team.'



► Sophia Harris, Managing Partner of Bedell Cristin Cayman



► "Gloria" dance performed by Carifesta group



► Africa Homeland dance by Dream Chasers

Talent Xposition of the Arts turns 18

By Christopher Tobutt

This year, the Talent Xposition of the Arts, run by the Cayman Islands Self Help Foundation turned 18. It's always one of Cayman's most popular events – there's singing, dancing, drama skits, poetry, and the Harquail theatre was packed.

Always an amazing and spectacular and this year's show was no different. The Cayman Islands Self Help Foundation's CEO is JC Connor, whose aim is to help Cayman's rising stars by putting on an amazing show, and also by using some of the money raised to support various local artists and young people.

This Year two people who performed in the show in past years, Lloyd Barker and Anika Conolly, were the MCs.

Three of Cayman's beauty queens, Cayman Islands Miss Universe, Caitlyn Tyson, Miss Teen, Latecia Bush, and Miss Cayman Islands World, Kelsie Woodman-Bodden each came onstage to introduce the show. Each one had something to say about the importance of developing your talent, and being the very best you can be.

The opening act was a really amazing dance, with lots of dancers from the Dream Chasers dance group. The dance, called 'African Homeland,' was actually choreographed by Caitlyn Tyson, and was one of the scenes from The Color Purple musical. It told the story of going back to find roots in the richness of African culture and history.

Next, Tiffany Conolly sang the song, "the Joke." It was a great song, all about how the joke turns out to be on all the people who laugh at us, when success finally comes.

"Whipped into Shape," was the name of the next dance number, by Centre Point Dance, and was all about working out hard down the gym.

Butterfield's Young Musician of the year, Dequan Smith came next to play the Cello. Everyone was delighted at his soulful rendition of Brahms' Hungarian Dance.

Amber McLaughlin came next, singing an old-fashioned Broadway-style song, Beyond the Sea. It was enchanting.

The most exciting thing about Talent Xposition is really how the mood changes, so completely from

one performance to the next, so you are always being surprised by something different and amazing. Next came Aniyah Smith, 2019 Poetry Slam winner with a poetry performance: "Life is unfair. A tree cannot stop an axe or the rolling of the waves," she began.

There was a medley of popular Jamaican dances, performed by a group of young Caymanian dancers. It was fast paced, high energy and funny too.

Butterfields Young Musician of the Year 2018 played a wonderful example of Boogie Woogie style on the piano, and everyone was stomping their feet and clapping along by the end.

Dance fans were in for a real treat, as this year's Cayman entry to Carifesta 2019 in August, a group of young dancers all dressing in long red dresses, took to the stage to perform the dance, "Gloria." It was magnificent, majestic and magical.

Mixing the contemporary and the traditional, the next dance was a traditional quadrille, performed by students from the Edna Moyle Primary School. There were many other performances all evening, and the audience loved it.



► Tiffany Conolly



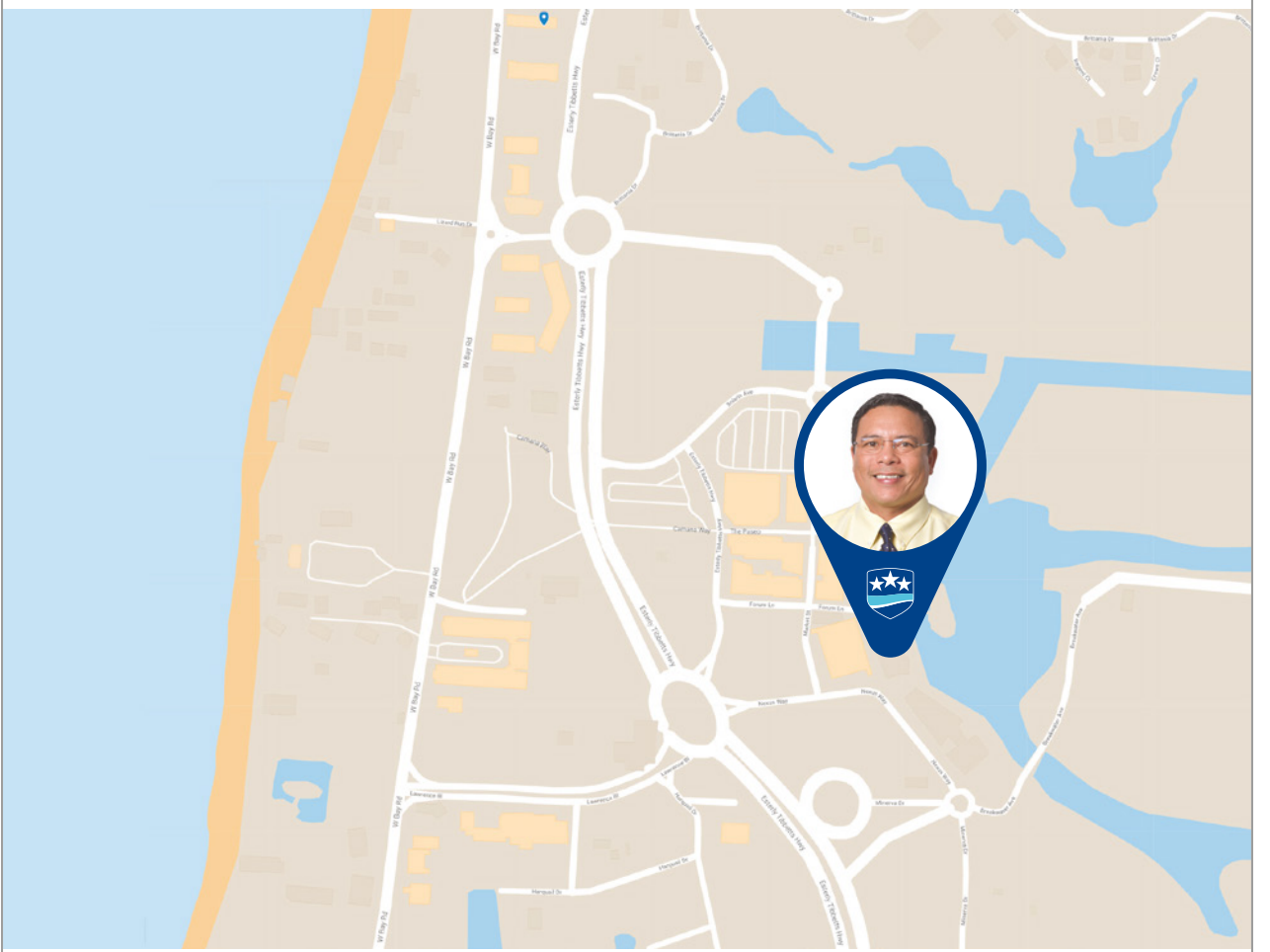
► Dequan Smith

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► (L-R) Legends Charles Parchment and Lee Ramoon

► Prime Minister of Jamaica, Andrew Holness, greeted each of the players before the match

International football legends play charity match at Truman Bodden

By Christopher Tobutt
Local Correspondent

It was a legendary night at the Truman Bodden Sports Complex on Saturday 29 June, as international football legends from Cayman, the Caribbean, and around the world delighted football fans with a charity exhibition match with proceeds going to help the Hope for Today Foundation. The match was organized to mark the 60th anniversary celebrations of Cayman's constitution, and was attended both by Cayman Island Premier, Hon. Alden McLaughlin, and the Prime Minister of Jamaica, Andrew Holness, who came to greet each of the players who stood in a line, before the match started.

Former Chelsea football star Gianfranco Zola was there, along with Trinidadian goalkeeper Shaka Hislop, Ricardo Gardner and Darren Moore of Jamaica, Sean Davis of England, and Pascal Chimbona of France. Jamaican legends Onandi Lowe and Walter Boyd and were there too alongside Cayman Islands National Team greats Gillie Seymour, Lee Ramoon, and Antonio Smith.

Before the match started, some of the players explained why they wanted to play: "I'm Michael Balfour but I am better known as 'big bird.' I used to play for the National Team here, back in the 80s and early 90s and I played for a lot of top clubs like Scholars, Future, and West Bay United." Another legend, Charles Parchment, said: "I played for the national team for 14 years. I just want to have fun, pass the ball around, and have a little bit of a competition." Lee Ramoon, one of Cayman's biggest stars, was taking a little bit of time off from coaching youth football. "I just want to entertain the crowds and raise some funds for the Hope for Today Foundation," he said. Hon Dwayne Seymour, MLA was there too. "I'm happy to see all the guys out again. Everybody's elated at seeing one another again. It's a very nostalgic moment." Onandi Lowe, Former Jamaica National Team player, said: "Today is a very important day for the Caymanians and they decided to put on an event, and we Jamaicans decided to come and take part in it. We're a neighboring island, and our fore-parents are from Jamaican and Cayman descent, and so it's a privilege to be here."

Samuel Rose Cabinet Secretary said: "Tonight is a very special evening. We're celebrating our connection between Jamaica and Cayman through sport. We are celebrating the sixtieth anniversary of our first constitution so we have a number of international master footballer retirees playing alongside our Caymanian master footballers. So it's a fun night for charity and we are celebrating our connection with Jamaica and the world, and hopefully raise some money for the Hope for Today Foundation.

Premier Alden McLaughlin made a special 'ceremonial' pass to Jamaica's Prime Minister, Andrew Holness as a sign of solidarity between Cayman and Jamaica. After a scoreless first half the second half saw seven goals scored in total, with Lee Ramoon's side, in bright red, beating the other side, in blue by four goals to three.



► Michael Balfour (known as "Big Bird")



► Jamaican legend Onandi Lowe



► Blue Team



► Red Team

COMMUNITY EVENTS

Free Tours for Summer Camp Groups

5 - 23 July - Calling all Summer Camp Organizers! Free student tours led by Gallery educators are available all summer. Enjoy fun and interactive tours of the Permanent Collection of Caymanian art or the colourful temporary exhibition - Tropical Visions - Landscape Painting from the National Collection. Tours are available Monday - Friday, 9:00AM - 3:00PM and must be booked in advance. Email info@nationalgallery.org.ky or call 945 - 8111 for more information.

Mango Season at the Museum

6 July - Join the National Museum in celebrating mango season with the fourth annual Looky Ya: Mango Season at the Museum! Enjoy local food and mango products, a mango peeling competition, fun activities for kids, catboat rides and much more! Come and enjoy fun for the entire family. This fun event begins at 10:00am and ends at 2:00pm. Call 949 - 8368 for more information.

Free entry to the National Museum

6 July - Residents can enjoy free entry to the National Museum every Saturday to learn about the unique natural and cultural heritage of our three Islands.

2019 RF Group RAN Men's and Women's Rugby Sevens Tournament

6 - 7 July - This international tournament takes place at the Truman Bodden Complex and serves as a qualification event for the Games of the XXXII Olympiad Tokyo 2020. Call 525 - 6743 or visit the website www.caymanrugby.com for more information.

Visual Arts Society (VAS)- Sunday Open Clay Studio

7 July - Open studio is held at the Watler House located in the grounds of Pedro St. James Castle. The studio will be set up for ceramics and is open to independent adult artists and do not include instruction. The cost is \$15 members and

\$25 non-members. This covers the use of studio, glaze and tools. White or red earthenware clay can also be purchased for \$30 per bag. For more information or to register, contact Info@visualartcayman.com

Free Vacation Bible School 2019: "In The Wild"

8 - 12 July - Cayman Islands Baptist Church on Pedro Castle Rd. is having its VBS 2019 for children just finishing Year 1 to those just finishing Year 6. from 8 - 12 July beginning every day at 8am and ending at 12:15pm. The theme is "In the Wild". There will be music, games, crafts, Bible stories, and more! This is free of charge but pre-registration is required! Contact carla@cibaptist.ky or 946 - 2422 for info or to register.

Lunchtime Lecture at the National Gallery

9 July - Join NGCI curators for a tour of the exhibition Tropical Visions - Landscape painting from the National Collection. This lecture will look specifically at how the featured artwork was acquired for the collection and plans for future growth. Booking is not

required. Call 945 - 8111 or email info@nationalgallery.org.ky for more information.

Imagination Playground at Camana Bay

9 July - Imagination Playground is at Camana Bay from 10am to 7pm. This type of play prompts creativity and sensory exploration through the use of loose parts - giant foam blocks, mats, wagons, fabric and crates. With this type of experience, children are able to build, play, dream and explore endless possibilities using a changing array of elements.

Free HIV Screenings

9 July - The Public Health Department has extended its hours for free HIV screenings. The free testing is now available from 9.00 a.m. to 1.00 p.m. every Tuesday at the Cayman Islands Red Cross on Huldah Avenue, George Town.

Storytime at the Library

13 July - Children's Story time - The George Town Public Library is hosting Children's StoryTime for children ages 0 to 5 years old starting at 10:30 am. No registration is required and a parent /guardian must be present at all times. No

drop-offs are allowed. Reading is done by the Pink Ladies Volunteer Corps. For more information, call the library at 949 - 5159.

Community Chess

16 July - Join the Cayman Chess Club at The West Indies Wine Company, Camana Bay for a complimentary chess class and open challenges weekly. Anyone can learn play and enjoy chess; even complete beginners. Start time is 5:00pm. Call 640 - 4000 for more information.

Cayman Stingray Tourism Awards

23 July - The 16th annual 2019 Stingray Awards, hosted by Cayman Islands Tourism Association is taking place on Tuesday, July 23rd at The Ritz-Carlton Grand Cayman. Nominations are now open for the event. Come celebrate "The Magic of Tourism" and be a part of the excitement. Cayman Islands Tourism Association (CITA) is a nonprofit organization, located in George Town, Cayman Islands which represents its membership of just over 200 tourism related businesses in the Cayman Islands. Please visit www.cita.ky/stingrayawards for more info.

RED LENTILS - Hmm!

Lentils are inexpensive, highly edible legumes. They are small, round, lens shaped beans that come in various texture, taste and colour such as green, brown, black, yellow and red. They are considered a staple in many cuisines globally. Amongst all lentils, the red has a sweet, distinct flavour. When the skin is removed the seeds are split in half. Amongst all varieties, the red is quickest and easiest to prepare. When cooked they create a smooth, puree - like consistency making them



► RED LENTILS SOUP

the perfect ingredient for soups, dal and other Indian cuisine. So here are some reasons to add them to your health treasury.

EXCELLENT SOURCE OF FIBER - 1 cup contains about 40 grams of carbohydrates, 15 grams being fiber alone. In every cup there are only 3.6 grams of sugar making it ideal to prevent spikes in sugar.

HIGH IN PROTEIN - 1 cup contains almost 18 grams of protein, which satisfies 32% of protein for men and 38% for women. Eaten together with other sources of plant-based protein like whole grains and black beans your body receives the required amount of amino acids.

VITAMIN B - They are superior in providing B-Vitamins. They are high in vitamin B6, pantothenic acid and thiamine. Cooked red lentils yields a whopping 358 grams of vitamin B-9, also known as folate. Folate is essential in synthesizing red blood cells and DNA to aid in energy metabolism.

AIDS WEIGHT LOSS - To have a healthy weight you must be mindful of calorie intake. Red lentils provide fiber and protein, two essentials for weight loss.

DECREASE HEART DISEASE RISKS - Red lentils contain a large amount of magnesium and folate, nu-



► RED LENTILS SOUP

trients essential to reducing heart risks. Magnesium provides blood flow, oxygen and nutrients throughout the body. Folate works on lowering homocysteine levels, a serious factor in heart disease. So, next time you get to the supermarket, RED LENTILS should be your first pick up.

How to Break Free from a Weight Loss Slump

Next week is July 1st! July 1st is a good time to take a close look at where you are with your exercise and nutrition plans. How are you doing? Are you pleased with your daily habits and progress? Are you in a slump from which you need to break free?

We are 6 months into the New Year — how are you doing with your New Year's resolutions?

Daily life keeps us so busy that we can slowly lose motivation to work out and eat healthy food. And it happens so gradually we hardly notice it. Before we know it, we're off track and old habits are slowly getting the upper hand.

You know you are in a slump when you look back over the past few weeks and realize that you are not working out much (or your workouts are very low intensity), you are being a little more lax

with what you eat, and worst of all, you feel discouraged. The further behind you get, the harder it is to revamp and start again.

Break free

If you are in a slump, this is a perfect time to break free.

The hardest part of breaking out of a slump is taking action, but once you get moving again and take some positive steps, you will quickly find your feet and resume your forward momentum to fitness and health.

Try this:

- **Schedule some exercise time into your day today.** It does not have to be a long session; it can be 10 minutes. Just move. The biggest predictor of whether you work out tomorrow is whether you work out today. The tough part is to be-

gin. Take a walk, make several trips up and down your stairs, jog in place—it doesn't matter what it is, just do something.

- **Decide on your July 1st eating plan.** You will likely be in the presence of unhealthy holiday food. What is your plan? One of the best things you can do to get back on track is draw a line in the sand and don't step across it. Make healthy choices. Eat for energy and vitality.

Once you take the first step, the next will be easier, and the next even easier. Declare independence from your slump, dust off those resolutions and make the second half of 2019 the best half!

Call Ernest Ebanks at Body Shapers Fitness 325-8696 or email bodyshaperscayman@gmail.com today and let me help make the second half of 2019 your best half.



► Ernest Ebanks

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FREE ADMIS SATURDAY, GATES OF KICK TRUMAN BODDEN SPORTS



► Fashions by Along



► COOL designs



► Emerging designers Kareen Connolly

InStyle fashion show at the Ritz-Carlton

By Christopher Tobutt

InStyle fashion show lit up the runway with beautiful fashions, beautiful models, and lots of style and pizzazz. InStyle, founded by Terry Donovan, Norma Ebanks and Stephanie Ford-Ramon, aims to encourage young people in particular to explore their gifts as fashion designers, and everything else connected with the fashion world.



► 15-year old designer Rochelle Ebanks

"InStyle Cayman is a fashion and lifestyle event encouraging our local creatives (fashion Designers, artists, photographers, musicians, makeup artists, hairstylists and more) to 'free their mind,' as we provide a platform for the talent and creativity alongside international designers, artists and celebrities, in a multi-million dollar global industry."

Two shows took place on Friday and Saturday 28 and 29 June and is the first of what is hoped will become an annual event. Part of the event is an art auction to raise funds for the Alex Pantou Foundation.

Saturday night was a mixture of international, Caribbean, and local designers. The first collection was high-fashion, but just for kids – toddler age and up. It was called Sunny Day and the kids wore the clothes with amazing confidence and style.

Next came designs by 14-year old Rochelle Ebanks, who has been designing fashions ever since she was little. Her collection this year is called Body Language and features a wide of stylish and practical designs. She is part of a new group of young local fashion designers who rocked the runway with their great looks and imaginative couture, and who are all set to put Cayman at the very center of Caribbean fashion design. Another young local designer, Dior Sey-



► Some of the fashions from the Summertime kids' fashion section



► Post Imperial

mour, has been creating fashions ever since she was six years old. "Designing makes me happy and it helps me share what hasn't been created yet," she said, neatly summing up what is so special about creative design.

Emerging local designers Digna Ebanks and Kareen Connolly certainly had some heads turning with their wonderful designs. Ms Ebanks enjoys creating one-of-a-kind pieces and has a love for women's wear, in particular dresses and skirts. Ms Connolly is a Caymanian creator who loves the idea of working a simple piece of material into a unique fashion creation.

Sai Sankoh is Sierra Leone's renowned entrepreneur and luxury fashion consultant, and is deeply inspired by the glamour of old Hollywood. The Sai Sankoh brand is also influenced by Sai's own continent of Africa too.

COOL stands for Create Out Of Love and the COOL collection is an empowering fashion-meets-art sportswear line. The pieces are inspired by the 60s civil rights movement. Uzuri International designers Karl Williams and Mark McDermoth, both from Jamaica, create couture masterpieces using feathers, luxurious fabrics, crystals and an unusual paint-art embroidery they personally developed.

Hon. Dwayne Seymour, Minister for Health, Environment, Culture and



► Post Imperial

Housing said: "I am extremely proud to support an event of this caliber which showcases the immense talent we have here in the Cayman Islands. It is important to me that we recognize and encourage artistic expression amongst our local Caymanian designers and young people wherever we can. This event is an excellent platform to highlight our culture and to help creativity flourish." 🌐



► Sai Sankoh



► Uzuri



► Sai Sankoh

Reflections on the Constitution and the Rule of Law

By Livingston Smith

On Monday of this week, we celebrated Constitution Day that is meant to celebrate the adoption of the 1959 Constitution. This celebration of a country's constitution must be regarded as a most significant event when one considers how crucial a constitution is for making a political community possible in the first place.

Broadly speaking, British civil servants at Whitehall, with little input from Caribbean publics, primarily produced the constitutions of Caribbean independent states. At independence, Commonwealth Caribbean countries adopted the parliamentary system known for the rule of the party which gets the majority of seats in an election. It is also known for its dual executive power structure in which the head of state, the Governor General, represents the British monarch and the Prime Minister is the head of government.

Political scientist Anthony Payne, specialist on this region, has observed that the Commonwealth Caribbean's legacy of liberal, representative institutions is a "political order based on the working of practices and commitments that have as their inspiration the Westminster system". According to Payne, this legacy includes, among its core elements, the convention of constitutionalism, the doctrine of civilian supremacy, the custom of competitive elections, the practice of pluralist representation and the 'presumption' of bureaucratic and police neutrality.

'The convention of constitutionalism' as Payne calls it, really means that all persons in the country are required to abide by the provisions of the constitution. This makes for what is called the 'rule of law'. This idea that each person is equally under the law and that the law is applied equally is a cardinal requirement for the operation of modern civilized societies. This is so irrespective of the fact that it does not happen in this way for all cases.

In further explaining what is meant by 'the rule of law', The World Justice

Project says that it comprises four principles. It is a system of self-government in which all persons, including those in government, are accountable under the law. It also implies a system based on fair, publicized, broadly understood and stable laws. The 'rule of law' also implies that there is a fair, robust, and accessible legal process in which rights and responsibilities based in law are evenly enforced and also that there exists 'a diverse, competent, and independent lawyers and judges.'

The idea, if not the practice, of the rule of law, goes way back in British history to the declaration of the Magna Carta or Great Charter that was signed by King John of England in 1215. A group of barons or powerful noblemen, who supported the king in exchange for estates of land, demanded that the king sign the charter to recognize their rights. The Magna Carta, imposed on King John by his subjects, was sealed by him on the banks of the River Thames, June 15, 1215.

The framers of this document understood that law had to be binding on all, including the Monarch, or else one would not have 'the rule of law' but instead a situation where the Monarch could do as he pleased. In fact, in the case of England, as in other European countries, before the Monarchs were gradually stripped of their powers, there was a history of them being the very epitome of tyranny being able to make, interpret and enforce the law. The Monarch was for a long time 'above the law.'

By its insistence that the life, liberty, or property of free subjects of the king could not be arbitrarily taken away and that the law of the land had to be followed in the making of judgments against a person, the Magna Carta planted the seeds for the concept of due process as it developed first in England, and then in the United States. Due process means that everyone is entitled to a fair and impartial hearing to determine his or her legal rights.

Senior Lecturer in Law, University of Chicago Law School, and U.S. Court of

Appeals Judge Diane Wood, in her paper "The Rule of Law in Times of Stress" (2003) explains that the rule of law requires an open and transparent system of making laws and laws that are applied predictably and uniformly. People need to know and understand what the law is and why they are required to follow it, she writes.

In addition, she continues, the rule of law also requires that people can expect predictable results from the legal system; this is that people who act in the same way can expect the law to treat them in the same way. If similar actions do not produce similar legal outcomes, people cannot use the law to guide their actions, and a "rule of law" does not exist, the judge explains.

But the rule of law, the cornerstone of a modern society, is made possible by the constitution. This explains why when a society thinks it necessary to reform or to "modernize" its constitution, each citizen should stand up, pay attention and participate. This is so as the constitution is a sacred covenant between leaders and citizens. It lays down the ground rules for living together in society and protects the possibility of community in which individual citizens can live their full lives. It addresses the questions of who are to be included as members of the political community, the kinds of rights and liberties to which they are entitled and the concomitant responsibilities.

A constitution limits the arbitrary actions of government, guarantees the rights of the governed and defines the sovereign power. This binding document, both conceptually and practically, reaches into the lives of citizens, as it is both concerned with the structure of power, that is, the way government can treat its citizens and also the ways citizens may treat each other.

The constitution is superior to all other laws. It sketches the fundamental modes of legitimate government operations, guards the fundamental rights of citizens, and is a symbol of the kind of culture, norms, and values, which a



► Dr. Livingston Smith is the Vice President and Provost of UCCI

society subscribes to. The constitution embodies the normative attitudes held by people towards government, their conception of how power ought to be regulated, of what it is proper to do and not to do. Because of these reasons, the constitution matters for social and political outcomes.

For example, in the Cayman Constitution, the inclusion of a Bill of Rights is of major significance. It asserts the concept of human dignity, affirming that on the basis of the dignity and worth of the human person, and for no other reason, each person is entitled to certain minimum rights and standards of living conditions essential for the maintenance of self-respect. These rights and standards are to apply regardless of intelligence, skill, wealth, background, race, religion, sex, creed and political opinion.

Off course, as Martin Luther King writing from his 'Letter from Birmingham Jail' in 1963 notes, law is one thing, but justice is quite another. The real challenge is to align laws to requirements of justice. 🌐

CBC Nets Three in Sting Drug Operation

Customs and Border Control (CBC) arrested three persons on Tuesday, 25 June 2019 for various drug offences including importation of ganja.

On Monday, 24 June 2019 CBC officers at the department's Courier Section were scrutinising numerous international packages that had arrived in Grand Cayman. During this clearance process, several packages were selected for inspection, one of which was described as containing clothing and originating from the United States.

Deputy Director of CBC Jeff Jackson, who has responsibility and oversight of the enforcement portfolio, said approximately 11 pounds of ganja was discovered concealed therein.

The CBC Narcotics Enforcement Team was alerted to investigate the matter and carried out a sting operation along with the RCIPS Drugs and Serious Crime Task Force (DSCTF) officers to track the delivery of the package.

On Tuesday, 25 June 2019 during the joint CBC and RCIPS operation, a 35 year-old Jamaican man employed as a security officer was arrested for importation of ganja. During the joint operation, the officers also arrested a 45 year-old Jamaican woman and a 23 year-old Jamaican man for possession and being concerned in the importation of ganja.

Deputy Director Jackson said this is the eighth arrest in the past few weeks in relation to contraband detected at the Parcel Post and Courier Section and it clearly demonstrates that officers are doing their jobs effectively when processing parcels and mail at these facilities. "With faster shipping times and the increased volume of packages being shipped each year using these services, dealers attempt to circumvent our controls by using creative methods of concealment to facilitate their illegal shipments," he said.

Deputy Director of CBC Kevin Walton who has responsibility and oversight of the Trade and Revenue Portfolio, which includes the Courier and Parcel Post sections said, "It has become a popular trend among



► Deputy Director of CBC Jeff Jackson

dealers to use the postal and courier services to transport contraband which are concealed in cards and harmless-looking packages. Through our proactive efforts we are working very closely on the ground with partner agencies to put additional layers of security in place and we are seeing the results of these increased measures."

Deputy Director Jackson said investigations are ongoing in relation to this matter. 🌐

POLICE NEWS

Two men charged following recovery of Drug Canoe

The men, age 25 of Jamaica, and 39 of Bodden Town, who were arrested in relation to the incident where a Drug Canoe was found onshore in Prospect Point, have been formally charged with Importation of Ganja and Possession of Ganja with Intent to Supply. The 25-year-old has also been charged with Illegal Landing.

Just after 12:00AM on Friday morning, officers on patrol noted suspicious activity onshore in Prospect Point. Two men were observed in the vicinity of a beached white canoe with several bags scattered onshore. The men were detained and a search of the area was conducted, during which several parcels containing what appeared to be ganja were found.

The police have now disclosed that the total weight of the drugs was over 550lbs.








Other officers responding to the area noted a suspicious vehicle nearby and stopped the driver. Further enquiries led to all three men being arrested on suspicion of importation of ganja. Two of the men, ages 37 and 39, are from Bodden Town, and a third man, age 25, is from Jamaica. The Jamaican national was also arrested for Illegal Landing. 🌐



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WEEKLY WEATHER FORECAST

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
 86°/82°F Partly sunny	 87°/81°F Clouds and sun, a few showers	 86°/80°F Periods of sun, a shower	 85°/81°F Partly sunny; nice	 85°/81°F Sunshine and patchy clouds	 84°/81°F A thunderstorm in spots	 84°/82°F Decreasing clouds

MRCU Enhances Mosquito Management

... Continued story from page A1

not only whether mosquitos are in fact present but also to better target mosquito population control efforts where needed.

The MRCU uses a range of control strategies in its arsenal, in addition to spraying. Water management and control of the aquatic stages of mosquito development are techniques most often used by the unit as prevention measures.

When truck or aerial spraying is required to suppress biting, the MRCU has pledged to continue its environmental commitment to avoid disturbing local bee populations in the islands. Cayman Brac will now also be used as a base for aerial operations and the jump off point for such work carried out in Little Cayman.

To assist with the programme's overhaul, MRCU has made substantial investments in order to standardise equipment used across the islands and to improve operations. New surveillance



► Kemarley Maxam learning how to load spray planes in Cayman Brac

traps have been deployed and a forklift, trailer and \$90,000 loader truck arrived in Cayman Brac at the start of this month to facilitate loading spray planes.

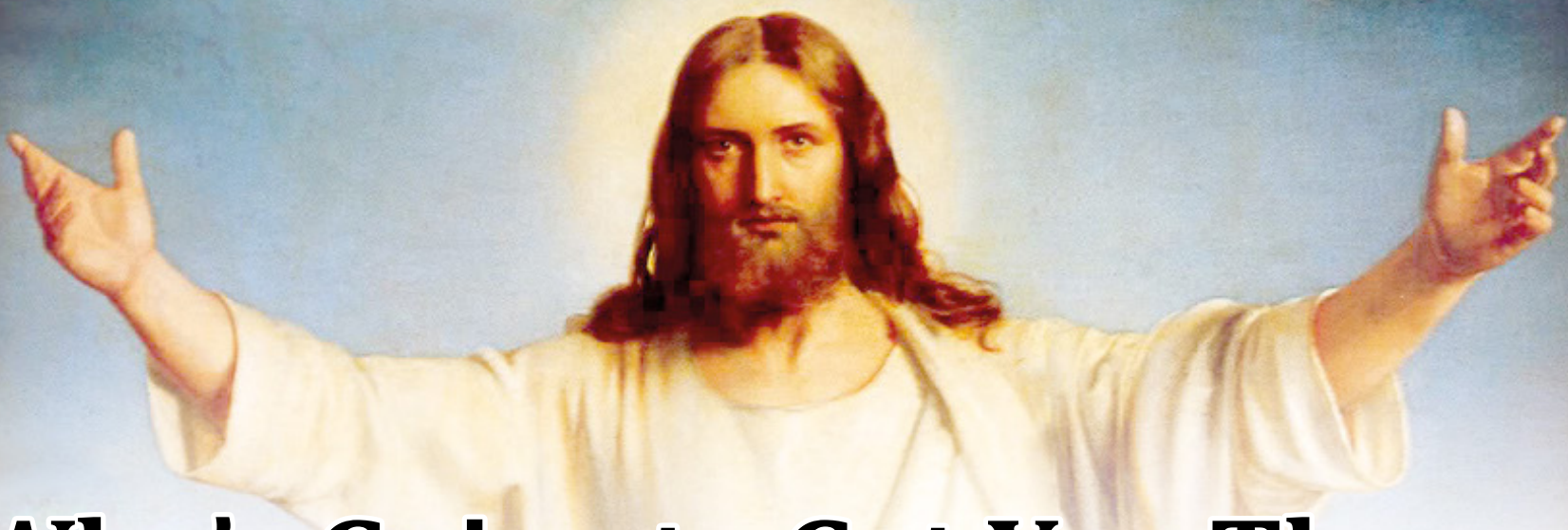
Three full time Disease Prevention Officers were recently hired to assist with increased efforts. Little Cayman has received a new Disease Prevention Officer as part of the improvements made by MRCU.

Kemarley Maxam began work on Little Cayman on 13th May. He is the MRCU's first full time Disease Prevention Officer on that island. The 22 year old Caymanian joined the team with prior experience working in tourism in the Cayman Islands.

Meanwhile, on Grand Cayman, MRCU's increased ground control measures successfully contended with a mosquito outbreak over the past two weeks. An aerial spraying operation on Tuesday, 25 June 2019, using a recently procured chemical that targets adult mosquitoes, helped to mop up nearly 7,000 acres in the Frank Sound/North Side area.

MRCU hopes the public is experiencing less mosquito discomfort and continues to invite requests for service at 949-2557 or through the MRCU website at MRCU.ky.

MOMENTS OF INSPIRATION



Who's Going to Get You Through Life's Rough Spots?

By the Rev'd Christopher Pierce Rector, St Alban's Church, George Town
www.churchofenglandcayman.org

No one likes rough spots, well at least bad ones. Unrelenting anguish, whether it be physical or mental is not enjoyable. We've all probably known someone who makes a mountain out of their molehill of minor ailments or afflictions.

Betty and George were a true love match, and both were silly about one another. Their lives had not been easy and both suffered a lot, but their love shone brightly. George had a carotid artery stroke and suddenly the 6 ft strapping, strong man was put permanently in a wheelchair. Betty was as small as George was large. She might have been 5'2" and 115lbs. Every day for 14+ years she got him up out of his bed and where he needed to go and attended to all his needs. He could not communicate more than a few words. She never knew if he'd make it through a night. Betty never slightly considered put-

ting him in a home. For better or worse meant just that.

During that time, their only son's marriage fell apart and he became involved with drugs. Their only daughter was diagnosed with the autoimmune disease, Lupus. Her baby sister, whom she was like a mom to, was constantly in turmoil and was finally killed by a boyfriend. One of her parents, who had been very cruel to her in her youth showed up and moved in. Through all those things and multitudes more, I never heard Betty complain. Never once. I'd seen her at wits' end but nary a complaint. She had the ability to look beyond her circumstances and trust that Jesus would work things out.

In the few quiet times she had she would write letter or notes to those important to her. They were always a blessing. I received several. She was like an extra mom to me but more so, a living witness to the power of faith more than anyone else I'd known to that point.

Easter Day 1991 found me in Iraq in an American infantry unit. The war had been mercifully brief. It was about sunup and the mail came around. I had one letter...from Betty. George had died whilst I was away. In the aftermath, I had written and told her I was getting out of the Army to start training for ministry. The letter was typically her. "I'm glad to know that you're entering the ministry. The Lord sure has gotten me through a few rough spots." I thought, "Rough spots?!! She'd been trying out for the movie version of Job most of my life and she referred to them as, "rough spots" ...like she'd had a cold or a flat tyre. She succumbed to stomach cancer at the very time I was reading her letter. The letter had been sent months before, but it arrived at just the right time.

What got Betty through her trials and tribulations was her deep abiding Christian faith. Almost every Sunday, she had someone stay with her husband long enough that she could make it to worship. She had to forego almost

every other human interaction, but she would not willingly miss church.

I'm not ashamed to admit it, I sat and read that letter and cried...thinking of all that she and George had endured and how that bitterness had not overtaken her life and how that she was encouraging me to do what we both knew I was called to do. When she had written, she did not know what lay ahead of her health-wise, but she did know in whom she trusted. It was the one who'd gotten her, like Job, through those "few rough spots."

When I think of her now, I cannot help but remember the words from our order for the Burial of the Dead. From Job 19:25-27, "I know that my Redeemer liveth, and that he shall stand at the latter day upon the earth. And though after my skin worms destroy this body, yet in my flesh shall I see God: whom I shall see for myself, and mine eyes shall behold, and not another." Jesus, our Redeemer still gets all his sheep over those rough spots and finally home to a place he has lovingly prepared, so that we might be with him.

OBITUARIES

Churchill's Funeral Home

We have been asked to announce the passing of Mrs. Veta Wendlin Webster, who passed away on Friday, June 21, 2019. A Thanksgiving Service will be held at Church of God Chapel, West Bay on Saturday, July 13, 2019 at 1:00 p.m. Viewing: 12:00 – 1:00 p.m. Interment at: West Bay Cemetery



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Ms. Latasha Berry, who passed away on Tuesday, July 02, 2019. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Mr. Edward Clarke Blagrove, who passed away on Wednesday, July 03, 2019. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at churchillsfuneralhome.com



PROTESTORS IN HONG KONG 'FLAG UP' THEIR CONCERNS

By Mike Jarvis
UK Correspondent

It's one of the striking images of the ongoing demonstrations in Hong Kong.

A group of protestors had stormed the Hong Kong legislature and installed a British colonial flag over the emblem of China-ruled Hong Kong.

The significance of that on the 22nd anniversary date of Britain handing back the territory to Chinese rule would not have gone unnoticed.

Hong Kong was ceded to Britain in 1842 by China when Britain defeated it in the First Opium War. It was returned to Chinese rule on July 1st 1997.

However, despite the striking visual impact of protestors covering the Hong Kong city emblem with a flag of the former colonial ruler Britain, and while several were seen waving British flags, there was no immediate suggestion of a demand to return to British rule.

On the same day, there was also a pro-China march and functions elsewhere in the city celebrating Hong Kong-China ties.

But Monday's storming of the Hong Kong legislative assembly hall on the 22nd anniversary of the territory's return under the Chinese flag coincided with wider ongoing demonstrations against a proposed extradition law between Hong and Beijing.

Pro-democracy demonstrators are demanding that a controversial bill that would allow extraditions from Hong Kong to China should be scrapped.

Some protestors have raised fears about China's legal system and have also voiced concerns about the direction Hong Kong could be headed when its 50 year period of autonomy agreed



with Britain in 1997 comes to an end in 2047.

Although back under Chinese authority, Hong Kong, one of the world's leading economies, continues to function largely with a legal system put in place during its period of British rule.

Campaigners say the proposed extradition law violates that principle and there have been a series of mass demonstrations against it since earlier this year.

The Hong Kong government has bowed to pressure and says it will suspend the proposed legislation indefinitely.

That doesn't go far enough for campaigners who want it scrapped altogether

and are also demanding the resignation of current leader, Hong Kong's Chief Executive Carrie Lam.

Elected for a five-year term in 2017 she is regarded as a favourite of the Chinese government but is an unpopular figure in Hong Kong.

It's left to be seen if either will happen.

On paper, Hong Kong has local autonomy as a Special Administrative Region of China, but observers point out that China wields considerable influence behind the scenes.

While Hong Kong police have been criticised in some circles for being heavy-handed against demonstra-

tors, especially during this week's incident, they have been equally chastised for allowing demonstrators to break into and ransack the legislative hall.

Since March this year, millions of people have taken part in the demonstrations against the planned extradition law with hundreds of thousands turning up at individual events.

On one occasion last month it's estimated that around two million people participated in a march described as relatively peaceful.

There are no signs of the demonstrations ending any time soon. 🌐

London to host Miss World final as 130 contestants compete for the crown

The world's largest annual international event returns to London for its 69th year

The Miss World Organisation, led by Julia Morley, Chairman and CEO, has today announced exciting plans to bring 130 incredible women from all over the world to London for a three-week festival and the Miss World Final. Contestants will arrive in London on 20 November with the grand final taking place on Saturday 14 December at ExCeL London.

The opening ceremony will be held in London, each contestant will then compete in a series of fast track events that guarantee a place in the top 30. These include Multimedia, Sport, Talent, Top model, Head to Head Challenge and Beauty With A Purpose, taking them on a journey across some of the London's most iconic landmarks taking in its rich culture and heritage.

Julia Morley said: "London is the greatest city in the world to visit. It's where Miss World started in 1951 as part of the Festival of Britain celebrations and this year, we are going to put on the best show ever."

"Each year we bring together women from around the world with a shared sense of purpose. For many of them this will be their first visit to London, and they are all so excited. They can't wait to share their traditions, the music they enjoy, the food they eat and the astonishing range of 'Beauty With A Purpose' charitable projects they are working on."

The 'Beauty With A Purpose' global humanitarian programme is at the heart of Miss World. This global platform inspires and empowers thousands of young women from around the world to use their talents to raise awareness and funds in aid of humanitarian causes that



► Reigning Miss World, Vanessa Ponce de Leon. Crowned in Sanya, China 2018

make real and lasting tangible differences to the poor, sick and disadvantaged.

The Miss World Festival will be held in Thailand in 2020 to celebrate our 70th year. Thailand will be working very closely in London with us to share the

London experience. Full details of our 2020 celebrations will be announced shortly.

The highly-anticipated Miss World final show will be broadcast globally to over 150 countries, where viewers will

watch as the reigning Miss World, Vanessa Ponce de León, pass the crown to the 69th Miss World in London.

More details about the festival and final will be released in the coming months. 🌐

GLOBAL NEWS BRIEFS

Canada retrieves dumped garbage

Canada has had to concede to the wishes of the Philippines and retrieved dozens of containers it had dumped in the Philippines. Sixty-nine containers full of garbage have returned to the western shores of Canada after being stranded for years in the Philippines. The matter had sparked a diplomatic row and prompted threats of an armed conflict.

The containers arrived at GCT Deltaport, near Vancouver on Saturday, where the contents are set to be incinerated by next week.

The garbage had prompted Philippine President Rodrigo Duterte to withdraw diplomats from Canada and threaten the country with war after Canada failed to retrieve the waste by a May 15 deadline.

A Philippine court had ordered the repatriation after it emerged that the garbage had been mislabelled as recyclable plastics before it left Canada in 2013 and 2014.

Canada agreed to take the waste back in late May.



► Canada was forced to retrieve 69 garbage containers

Other Southeast Asian countries have also struck out against several developed countries over their waste disposal in recent months.

In May, Malaysia demanded that the United States, Japan, France, Canada, Australia and Britain retrieve 3,000 tons of garbage.

The problem emerged after China stopped accepting waste last year, leading many other countries to take in the redirected rubbish.

Canada changed its rules on garbage disposal in 2016 to avoid future disputes like the one with the Philippines.

Philippines braces for deadly earthquake

The Philippines is on high alert for a major earthquake as the country states it is preparing for 'The Big One'.

The Philippines sits atop the dreaded 'Ring of Fire' and with a population of 108 million, a major quake could be devastating for the southeast Asian nation.

The Ring of Fire is the largest and most active fault line in the world, stretching from New Zealand, all around the east coast of Asia, over to Canada and the USA and all the way down to the southern tip of South America and causes more than 90 percent of the world's earthquakes. The plates which make up the Ring of Fire are so huge even the slightest shift results in massive tremors, volcano activity and tsunamis.

Experts know that the Ring of Fire has the potential to unleash some catastrophic quakes and officials in the Philippines are now recognising that threat.



► The Philippines is prone to devastating earthquakes

Recently the Philippine Institute of Volcanology and Seismology (PHIVOLCS) has urged the public to take part in a preparation drill, as it admits 'the Big One' is coming.

The Philippines has always been prone to deadly earthquakes.

The most fatal of them all came in 1976 when a 7.9 magnitude tremor claimed the lives of 4,791 people.

More recently, a tremor registering 7.2 on the Richter scale led to the deaths of 222 people in October 2013.

In April this year, 11 people died as a 6.1 magnitude earthquake devastated Porac, located roughly 67 miles north-east of Manila.

10 years since Honduras coup

Hondurans in their thousands took to the streets Friday in the latest mass demonstration against President Juan Orlando Hernandez, under whose watch gang violence and corruption have made the country the epicentre of Central American migration to the United States.



► Honduran students were killed in protests

Officially held to mark the 10th anniversary of the coup which overthrew leftist president Manuel Zelaya, the now-opposition leader called on his supporters to use the occasion to pile pressure on Mr Hernandez.

Honduras has been rocked by weeks of protests, initially by striking doctors and teachers' unions to protest controversial health and education decrees.

When some units of the police joined truckers on strike last week, the government called the army onto the streets.

Mr Zelaya said that 10 years after the June 28, 2009 coup that deposed him, protesters "are on the streets today against privatization" of the health and education sector and to call on Mr Hernandez to resign.

Mr Zelaya's Liberty and Refoundation Party announced that Friday's

commemoration paid tribute to those killed by police repression of the protests amid rising tensions.

The 66-year-old opposition leader said the country was facing its biggest crisis since the coup that deposed him.

Anti-government protests intensified last week when at least three protesters were killed in clashes with security forces.

On Monday, military police opened fire on students at the National Autonomous University in Tegucigalpa who were calling for Mr Hernandez's resignation, wounding at least five.

Mr Hernandez -- who is due to step down at the end of his second four-year term in January 2022 -- went on television last Tuesday to reject calls for his resignation and insist he would complete his mandate.

'Coup' plotter tortured then murdered

Venezuela's opposition party and the US on Sunday condemned the death under "torture" of a naval officer detained for alleged trying to oust President Nicolas Maduro.

Washington blamed Mr Maduro for the death of Rafael Acosta Arevalo, which came amid a standoff between Venezuela's opposition chief Juan Guaido and the president that's stretched for more than five months.

"The United States condemns the killing and torture of" Acosta, the State Department said in a statement.

The officer "died while in the custody of Maduro's thugs and their Cuban advisers," it added.

National Assembly leader Mr Guaido, recognized as interim president by the United States and about 50 countries, said on that Mr Acosta died "after being tortured."

Mr Acosta was part of a group of 13 people arrested for alleged involvement in a failed "coup d'etat" against Mr Maduro, which the government has tied to Guaido.

Mr Maduro's government has claimed the coup was to have taken place on June 23 and 24 and involved the assassination of the president and several other senior officials.



► Rafael Acosta Arevalo was murdered

The Lima Group, made up of a dozen Latin American countries and Canada, condemned the "assassination" of Mr Acosta and called for the intervention of UN High Commissioner for Human Rights Michelle Bachelet.

Ms Bachelet, a former Chilean president, visited Caracas last month and called for the "release" of imprisoned political opponents in the country, which number close to 800.

On top of the fraught political situation, Venezuela is also grappling with its most-severe economic crisis in recent history, with the country in the grip of power cuts and shortages of basic goods and medicines.

According to the United Nations, more than seven million Venezuelans - a quarter of the country's population - need emergency humanitarian aid.

Cubans to get meagre pay rise

The Cuban government has announced that it is raising state salaries as part of a broader package of economic reforms, but it revealed no details of its larger plan beyond increasing worker compensation.

A salary increase is seen as one of the first steps in the unification of Cuba's unique dual-currency system,

a process that could be a risky gambit in the face of an economic crisis exacerbated by tightened US sanctions.

For the last quarter-century, Cubans have used one-peso worth about four cents and another worth nearly a dollar. The stronger peso was introduced as a replacement for the dollars traded on the black market during the island's post-Soviet economic crisis in the 1990s. Over time, the two currencies have come to be used by the communist government to set extremely low prices for goods and services considered basic rights and extremely high prices



► Cubans hope life will get better with the pay rises

for others considered luxuries, creating distortions that cripple economic growth.

The collapse of Venezuela's economy has led to a cut in aid to Cuba, and sharp slowdown worsened by a series of Trump administration measures designed to cut off funding to the island's government.

The announcement read on state television said that the minimum salary would be nearly \$17 a month while the average salary would increase from \$32 to \$44. There were also slight rises in state pensions.

First black female bishop in UK

The United Kingdom has appointed its first black female bishop who said leadership of the Church of England needs to better reflect the minorities who make up its congregations.

Jamaica-born Reverend Rose Hudson-Wilkin said her appointment should broadcast how diverse the Church was.

She described being racially abused in the street recently, when a passer-by told her to "go back to Africa".

Currently chaplain to the Queen and Commons speaker, she will become Bishop of Dover in November.

Rev Hudson-Wilkin, 58, said: "It's been a long time coming and we're working at it and we are going to hold the Church to account," she said.

"The reality is minority ethnic membership makes up a significant part of the Church and this must be reflected in its leadership, not just with one person here and another person there.



► Reverend Rose Hudson-Wilkin is now a bishop

"It must begin to filter through so that young people in minority ethnic background growing up within the life of the Church, within the life of this country, can see images of themselves reflected throughout."

She added: "Visibility is important because if people can see it, then though know they belong."

Rev Hudson-Wilkin has openly criticised the Church's lack of diversity and has accused it of "institutional racism" in the past.

Gauff is a future ace

It was fitting that Cori 'Coco' Gauff, only, 15, made tennis history by beating the legendary Venus Williams.

The prodigy conquered the Williams, 6-4 6-4, in a staggering first-round match at Wimbledon and it was if the baton had been passed. Williams, 39, has won Wimbledon championship five times while this was Gauff's debut. She's the youngest to play at the tournament in 28 years.

"This is the first time I ever cried after winning a match," Gauff said "I never thought this would happen. I don't know how to explain it. I'm literally living my dream. Not many people get to say that."

What made the moment so endearing was her utmost respect and admiration for Williams.

"When we shook hands she told me congratulations and to keep going and good luck," Gauff said. "I said 'thank you for everything you've done.' I wouldn't be here if it wasn't for her."

Gauff played Slovakia's Magdalena Rybarikova in the next round, after our press time. She won't get to the second week of Wimbledon but is surely a future multiple winner of the competition that Venus and sister Serena have dominated for the past two decades.

Before becoming the youngest woman to win a Wimbledon match since 1991, Gauff was already the youngest-ever player to qualify there after receiving a wildcard offer. Gauff is currently ranked 272nd in the world while Venus is 44th.

"I have nothing to lose playing against one of the greatest players of all time, and I'm just super honoured I get to share the court with her," the young athlete said in an interview before the history-making match. Though her family is originally from the Georgia capital, Atlanta, they currently live in Delray Beach, Florida. She has two younger brothers, and her supportive parents were athletes themselves. Her father Co-



► Cori Gauff has a bright future



► Venus Williams is one of her inspirations

rey (she's named after him) was a point guard at Georgia State University and her mother Candi was a gymnast and track star at Florida State University.

Corey is also her head coach and has been since she started playing at 8. He not only supports her game but wants her to speak out on issues and moments in the zeitgeist. For example, according to The New York Times, she recently celebrated Juneteenth on her Instagram story, a holiday that honours the emancipation of slaves.

"I've always challenged her, from the beginning of this when we started, telling her that she'll be able to change the world with her racket," Corey said. "So I'm not going to encourage her, when she gets there, to stick her head in the ground and ignore social issues."

Gauff has also made the US Open girls' final when she was 13 — making her the youngest-ever to do so — and later won the French Open girls' singles title.

"Serena Williams has always been an idol, and Venus, I mean, they're the reason why I wanted to pick up a tennis racket," she said. "I met them both and they're both super kind people and I'm just super

happy and thankful that they chose to play tennis because I'm sure they'll dominate any sport they wanted to play."

Serena made a surprise visit to one of Gauff's practices last October. Apparently, the star wanted to congratulate the youngster over her recent sponsorship contract with New Balance.

Serena admires Gauff's success, reflecting on her remarkable ability to the New York Times. "I see her out there working, training, her and her dad; it reminds me of the time where I was out there with my dad," Williams said. "I can't help but look inside of myself and be proud and be happy for her."

Forbes estimates that the high schooler is set to make an estimated \$1 million in 2019. The impressive sum is due to an endorsement partnership with Italian pasta company Barilla, and multi-year sponsorship agreements with New Balance and racket-making company Head.

With that in mind, when asked in 2017 what her biggest dream was, she gave ESPN a simple answer: "I want to be the greatest of all time."

Looks like she's headed in that direction. 🌐

Pooran ton is first of many

West Indies may have underperformed at the ICC World Cup in England and Wales but some of their younger players impressed giving them hope for the future. Nicholas Pooran was one. The 23-year-old Trinidadian hit a magnificent debut century, scoring 118 against Sri Lanka as West Indies lost by 23 runs on Monday. They finished at the foot of the 10 teams with no-hopers Afghanistan.

Pooran's extraordinary talent has already been spotted by English county side Yorkshire who have signed the

wicketkeeper-batsman for part of the T20 Blast. He will be available for five games for the Vikings from the start of the competition on 19 July.

He has been ever-present for West Indies in the current World Cup, scoring 63 in their defeat by England at the Hampshire Bowl.

"I'm very excited to be joining Yorkshire," Pooran said. "It will be a new and exciting experience for me." He will return to the West Indies squad in time for their home T20 international series against India, which begins on 3 August in Florida. 🌐



► Nicholas Pooran hit a classy century for West Indies

Durant is Brooklyn bound

Kevin Durant was expected to move to New York this summer, but most thought he would join the Knicks. But the two-time NBA champion is set to sign for the Brooklyn Nets, after three seasons with the Golden State Warriors.

The 30-year-old small forward will join the Nets after the free agency period ends on 6 July.

The contract is a four-year deal worth \$164m. Durant won back-to-back championships with the Warriors in 2017 and 2018 and was named as the Finals MVP on both occasions.

In game five of the 2019 NBA Finals against the Toronto Raptors, Durant

returned to an injury-riddled Warriors team after a month-long absence.

But his return was marred by a rupture to his right Achilles tendon, which could see him side lined for the entire 2019-20 season.

Durant joined the Warriors from the Oklahoma City Thunder in 2016 and averaged 25.8 points, 7.2 rebounds and 5.4 assists per regular-season game during his three-year stay in Oakland. Kyrie Irving, who played last season with the Boston Celtics, and DeAndre Jordan, who's currently on the New York Knicks' roster, are also expected to sign with the Nets. 🌐



► Kevin Durant may miss all next season through injury

Mané brace puts Senegal through

Sadio Mané scored twice after missing a penalty as Senegal reached the last 16 at the Africans Cup of Nations with a 3-0 win over Kenya in Egypt.

The Liverpool forward bagged a late brace to make up for seeing Patrick Matasi save his first-half spot-kick in Cairo. Ismaila Sarr opened the scoring in the second half while Philemon Otiemo was dismissed for Kenya after conceding Senegal's second penalty - which Mané converted.

Senegal finished second in Group C, behind Algeria, but needed to wait until the final 30 minutes to break Kenya down.

Just after the half hour, Abud Omar brought down Saliou Ciss but Mané's penalty was weak and Matasi saved comfortably. Sarr opened the scoring after 63 minutes when he fired in from Lamine Gassama's cross.



► Sadio Mane put Senegal through to the last 16

Mané then scored his first when he capitalised on an error from Musa Mohammed eight minutes later. Otiemo was

dismissed for bringing down Sarr with 14 minutes left and Mané scored from the spot.

Algeria's Adam Ounas scored twice, and Islam Slimani also netted in their 3-0 defeat of Tanzania as their second-string side proved far too strong.

The goals all came in the last 10 minutes of the first half. The victory meant Algeria matched hosts Egypt and Morocco with a full haul of nine points in the group stage, while Tanzania finished bottom as they returned to the tournament for the first time since 1980. Algeria will face a third-place finisher in the last 16.

The Ivory Coast secured their progress from Nations Group D with a 4-1 win over Namibia.

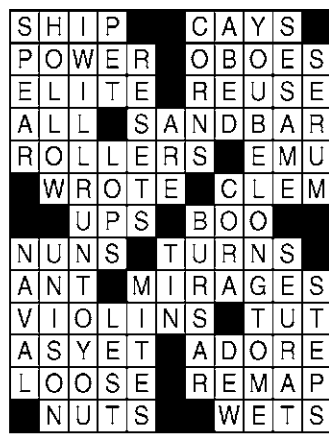
Ivory Coast finished second after South Africa conceded a late winner to group champions Morocco to lose 1-0. Mbark Bousoufa struck in stoppage time in Cairo. 🌐

CROSSWORD

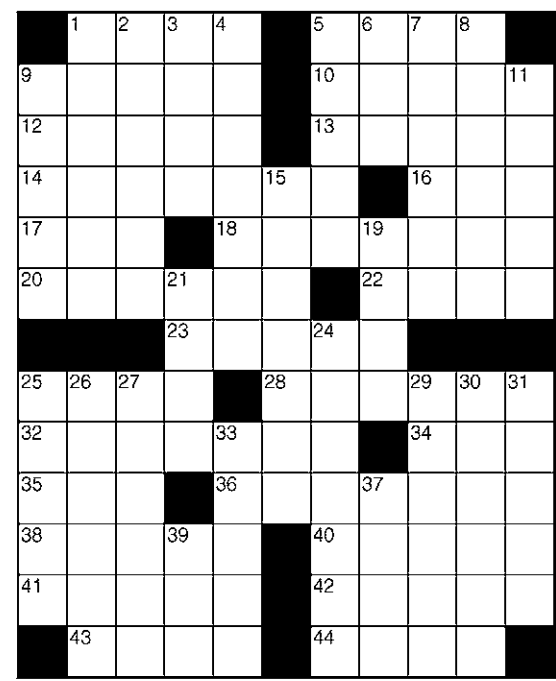
By THOMAS JOSEPH

- ACROSS**
- 41 Lombardy city
 - 1 Trick
 - 5 Fight memento
 - 9 Jail units
 - 10 Hang in the air
 - 12 Church areas
 - 13 Spiny plant
 - 14 Sentiment for an ailing friend
 - 16 Men's store buy
 - 17 Compass dir.
 - 18 Court do-over
 - 20 Harsh
 - 22 Refinery rocks
 - 23 Suit pieces
 - 25 Oxford, for one
 - 28 Improvised contrivance
 - 32 Surf wear
 - 34 Binary digit
 - 35 Common verb
 - 36 1970s fad item
 - 38 Husband of Pocahontas
 - 40 Tureen accessory

- DOWN**
- 1 Mend one's ways
 - 2 Loose overcoat
 - 3 Whole lot
 - 4 Gist
 - 5 Commandments
 - 6 Gear part
 - 7 Film set on Pandora
 - 8 Upbraid
 - 9 Zoo sights
 - 11 Film units
 - 15 Leaves alone
 - 19 Honcho
 - 21 Singer Burl
 - 24 Squeals
 - 25 Honey bunch
 - 26 Like many rescues
 - 27 Verdi opera
 - 29 Sweat-shirt
 - 30 Some kin
 - 31 Flat-nosed dogs
 - 33 Tip over
 - 37 Steak choice
 - 39 Way off



Yesterday's answer



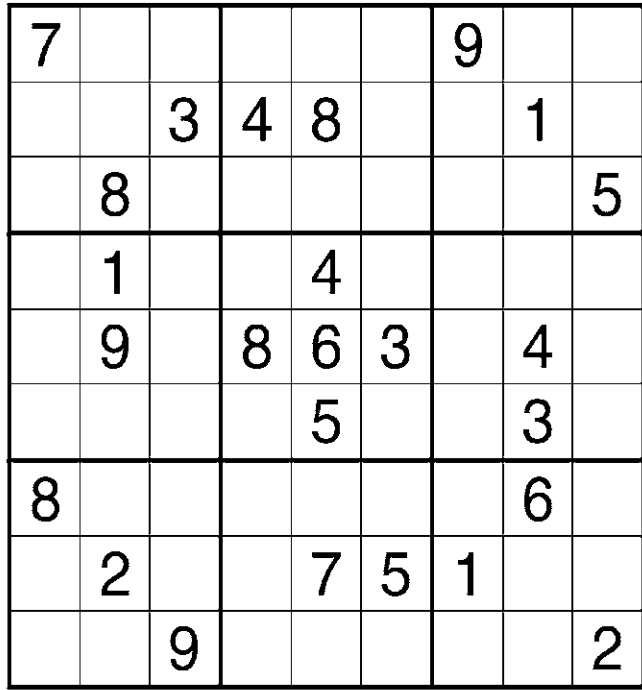
9-8

SUDOKU

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Concepts Sudoku increases from Monday to Sunday.

Conceptis Sudoku

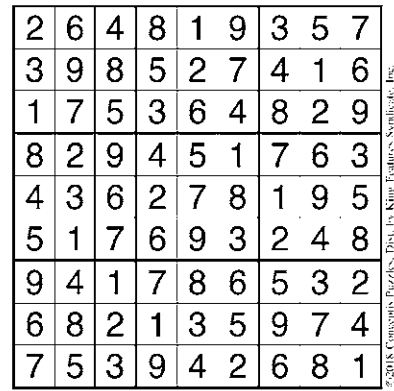
By Dave Green



Difficulty Level ★★★★★

8/05

Answer to previous puzzle



Difficulty Level ★★★★★

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Word Search



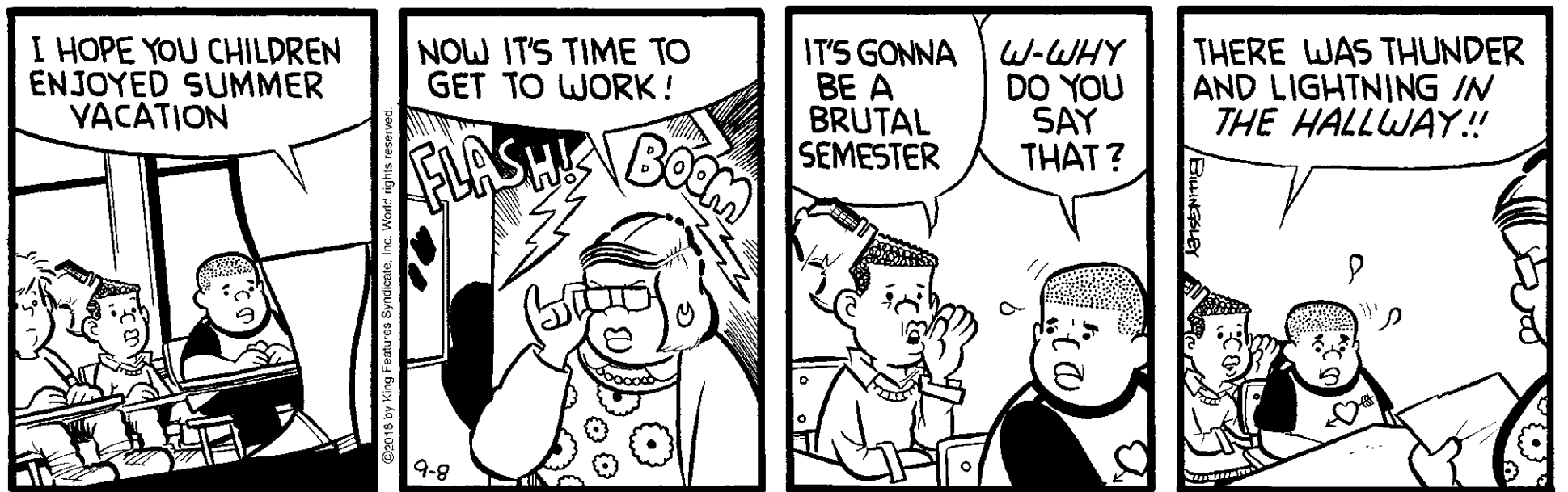
- Act up
- Add up
- Back up
- Bear up
- Blow up
- Break up
- Bring up
- Clam up
- Clear up
- Dig up
- Dry up
- Eat up
- Fill up
- Give up
- Hold up
- Link up
- Make up
- Sit up
- Stand up
- Tie up



Find the listed words in the diagram. They run in all directions – forward, back, up, down and diagonally.

CURTIS

By Ray Billingsley



THE AMAZING SPIDER MAN

By Stan Lee

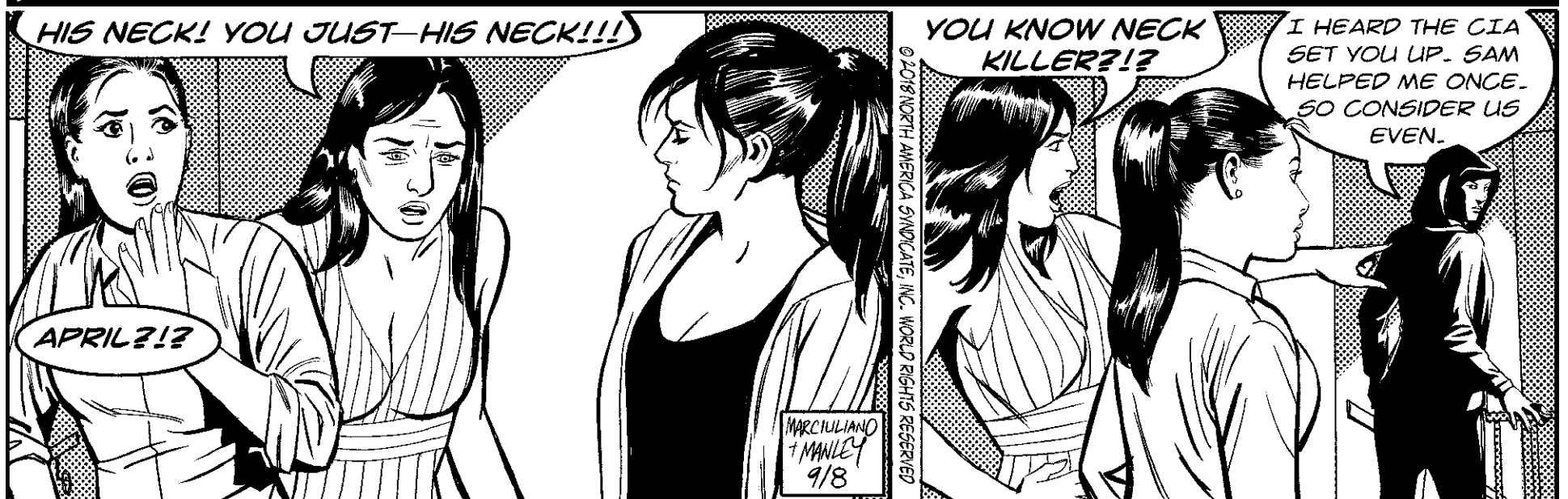


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STAN LEE
LARRY LIEBER
9-8

JUDGE PARKER

By Woody Wilson & Mike Manley



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