Issue No 377



REGIONAL C360 — B1

**Complimentary** =



**CIGTV Schedule for this week** 

Monday, May 20, 2019

HEALTHCARE \_\_ A5



The Importance of Understanding **Blood Pressure** 

**Latest Gas Prices** 



Anguilla has record-breaking Winter Season

## Airport Airfield Upgrade to commence this Summer

www.caymaniantimes.ky



▶ Airside views of the new Owen Roberts International Airport

## Yello2Green Launches **Annual Community Recycling Programme**

Yello Media Group is proud to launch their annual Community Recycling Programme Yello2Green. Starting Monday, March 11th to Sunday, March 31th, Yello invites the community to participate in one of the most impactful environmental initiatives within the Cayman Islands, on both Grand Cayman and Cayman Brac. Yello2Green School Challenge is underway and Yello2Green recycling bins are conveniently located at four Foster's IGA locations and Hurley's Supermarket.

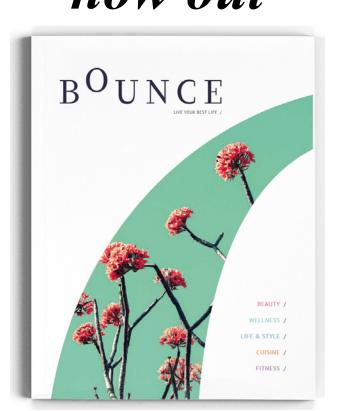
An island-wide annual event, Yello2Green is an eco-friendly programme that has saved more than 200,000 directories from the George Town landfill. Over the next three weeks, the Cayman Islands community will come together to collect and recycle used phone books which will then be converted into reusable material. Yello puts their commitment to the Cayman Islands community and envi-

... Continued story on page A5



▶ 2018 Yello2Green School Challenge

## Bounce magazine now out



Bounce, Cayman's first lifestyle magazine dedicated to helping readers live their best life is now out.

Packed with more than 100 pages of engaging and lively content *Bounce* raises the bar for magazines in Cayman which are specifically tailored towards the island's resi-

Printed perfect bound on high-quality paper Bounce's editorial categories cover beauty, fitness, wellness, cuisine, and life & style. The magazine is scheduled to be printed

... Continued story on page A6



PAGE A2

Monday, May 20, 2019 | Issue No 377

**CAYMANIAN TIMES** 

## **EDITORIAL**

## Walking the walk and talking the talk

We're blessed to be able to call these islands with a combined 102 square miles our home - permanently for some, others are just passing through.

There's been much talk about environmental protection in recent years and movements started toward the reduction of single-use plastics. But on an average day,

how much do we show our environment some love.

A recent Earth Day clean-up ended with a considerable amount of garbage collected from across Grand Cayman, in particular. One would think that with environmentalism arguably at an all-time high, that the need for such activities would be eliminated by now because of our love for Mother Earth.

Do those of us who loudly champion the need to protect the environment live this in our daily lives? Do we consider not dropping a piece of trash for someone else to collect or do we wait till we reach the nearest bin? Do we



seek to reduce our daily waste, knowing that we have an almighty battle to keep the landfill in check or do we simply complain that government needs to find a solution?

The thing is, it is easy to get caught up in the political and emotional battles that use the tag line of protecting the environment, but we often overlook the simple steps we can take in our own lives to reduce the burden.

Our challenge to our readers is that if you are going to talk the talk, you better ensure that you walk the walk because actions always speak louder than words.

## COMMUNITY NOTICES

## Department of Commerce and Investment (DCI) Closure

The Department of Commerce and Investment (DCI) would like to notify the public that their office will be closed on Wednesday, 29 May 2019, to facilitate staff training.

DCI will resume normal business hours on Thursday, 30 May 2019. DCI staff apologise for any inconvenience the closure may cause. •

## DEH Launches New

### Radio Campaign Last Wednesday (1 May 2019), the Department of Environmental Health

(DEH) began to intensify its ongoing public education program aimed at increasing residents' awareness about the importance of adequately packaging and handling household garbage, through a new radio campaign.

The three-month campaign, with the core message of 'Keep your Neighbourhood Clean,' includes public service announcements on Radio Cayman, Z99 FM and Irie 98.9; and targets households.

"We can only achieve a smooth garbage collection process through public education," says DEH Acting Director Richard Simms. "This will equip residents with the necessary tools to ensure that they practice proper waste packaging and handling techniques."

Additionally, DEH officials will make the rounds at local media houses and use informational flyers, video and social media to promote an awareness of these issues and to foster collaboration throughout this campaign.

For more information about proper garbage handling, interested persons may visit the DEH's website at deh. gov.ky, or message its Facebook page at www.facebook.com/DEHCaymanIslands. 🌎





### Caymanian Times

Issue # 379

Publisher: Ralph Lewis Company: Lewis Cayman Islands Ltd #19 Walkers Road (next to Tomlinson Furniture) Telephone: 345 916 2000

Email: sales@caymaniantimes.ky, or info@caymaniantimes.ky Website: www.caymaniantimes.ky

## **CIGTV GUIDE** FOR WEEK OF MAY 20 - 24

#### Monday, 20 May

	Monday, 20 May
12:00:00 AM	For the Record
2:00:00 AM	Cayman Classic Press Conference
2:34:39 AM	RCIPS Crime Stats Press Conference
3:18:27 AM	News Update
3:30:41 AM	Childhood Obesity at One Health Symposium
4:00:00 AM	Cayman's Maritime Heritage with the National Trust
6:00:00 AM	News Update
6:10:00 AM	RCIPS Crime Stats Press Conference
7:10:53 AM	National Gallery Cayman Islands Biennial
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#### Tuesday, 21 May

12:00:00 AM	Legislative Assembly 3 April 2019
5:41:19 AM	Legislative Assembly 4 April 2019
9:41:57 AM	Legislative Assembly 5 April 2019
2:09:48 PM	Legislative Assembly 8 April 2019 pt 1
4:00:00 AM	Miss Lassie Documentary
4:47:15 PM	Childhood Obesity at One Health Symposium
5:22:24 PM	George Town Revitalisation at RICS Conference
5:59:31 PM	News Update new
6:09:31 PM	Legislative Assembly 8 April 2019 pt 2-3
10:28:49 PM	Miss Lassie Documentary
10:54:44 PM	Childhood Obesity at One Health Symposium
11:22:54 PM	George Town Revitalisation at RICS Conference

#### Wednesday, 22 May

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12:00:00 AM	For the Record
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# Airport Airfield Upgrade Project to Commence this Summer

The Cayman Islands Airports Authority (CIAA), which owns and operates the Owen Roberts International Airport (ORIA) and the Charles Kirkconnell International Airport (CKIA), is ramping up to begin works on the airfield upgrade project this summer as part of the next phase of continued improvements in operations and safety standards at the airport.

The airfield upgrade project consists of five sub-projects, namely:

- Milling and Re-Paving of the existing Runway surface
- Runway Extension of 124 meters to
  the west of threshold 09.
- the west of threshold 08Filling of the ponds within the air-
- field perimeter
   Establishing a robust airfield perimeter read
- rimeter road
   Expanding the International Ramp in an easterly direction to accommodate either a single CODE E hardstand, or two

CODE C hardstands
"With the transition into the new
Owen Roberts International Airport terminal nearing full completion, despite
the many challenges we faced with operations during all of the construction
phases, we now turn our focus to implementing the ORIA airfield upgrades,"
said CIAA CEO Mr. Albert Anderson.
"The project has progressed past the
100% design phase and is currently
into the tendering phase and bid evalua-

award."
Mr. Anderson explained that careful planning and consideration have been given to completing the runway works in a timely, safe manner to provide the highest quality end product.

tions, followed thereafter with contract

"With only one runway serving ORIA, the options were to complete the runway works at night over some 20 weeks, or to have closures during low traffic days and completed in a shorter timeframe and to a higher quality," he said. "Ultimately, the decision was made to have closures during the day in order to meet the key objectives of the Airport and its Airline partners. We are grateful for the airlines' full support of this project, which will take approximately eight weeks to complete."

Eight consecutive runway closures are planned for September and October, occurring every Monday evening at 10:00 p.m. local time (after the last flight movement of the day) and reo-

pening the following Wednesday at 6:00 a.m. local time (before the first flight movement of the day), thus enabling a continuous period of 31 hours of work each week. Contingencies will be in place for emergency flight operations during these closures. All other sub projects will fall outside of the runway closures and will have limited effect on arrivals/departures at ORIA.

The dates for the scheduled ORIA runway closures are as follows:

- Closure 1: Monday, 2 September 10:00 p.m. Wednesday, 4 September 6:00 a.m.
- Closure 2: Monday, 9 September 10:00 p.m. Wednesday, 11 September 6:00 a.m.
- Closure 3 Monday, 16 September 10:00 p.m. Wednesday, 18 September 6:00 a.m.



- Closure 4: Monday, 23 September 10:00 p.m. Wednesday, 25 September 6:00 a.m.
- Closure 5: Monday, 30 September 10:00 p.m. Wednesday, 2 October 6:00 a.m.
- Closure 6: Monday, 7 October 10:00 p.m. Wednesday, 9 October 6:00 a.m.
- Closure 7: Monday, 14 October 10:00 p.m. Wednesday, 16 October 6:00 a.m.
- Closure 8: Monday, 21 October 10:00 p.m. Wednesday, 23 October 6:00 a.m.

These scheduled runway closure dates have been selected due to historical data, which identifies this eightweek period as having the least demand for air carrier service at ORIA. Any unforeseen project delays due to inclement weather or other complications beyond

the control of the CIAA that could otherwise negate the ability to complete the runway surface work during any of the above-mentioned dates will not result in further closures of the ORIA runway.

Furthermore, any additional time needed to complete the runway rehabilitation will occur during the periods at night, commencing after the last scheduled air carrier service in/out of ORIA and re-open the following day prior to the first scheduled air carrier service in/out of ORIA.

"We are very grateful for the traveling public's ongoing cooperation as we work to improve the infrastructure at ORIA, and in particular for their support of this initiative to reduce the timeframe and increase the safety of this necessary runway pavement work," said Mr. Anderson.



## Sea Grape Secretarial Services

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(Opposite Hi-Tech Electronics)
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DIGICON Monday, May 27, 2019

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Registration 8:30am - 9am • Conference 9am - 1:30pm Register at www.digiconcayman.com



**FINAL WEEK TO REGISTER** 



## CIAA Starts Customer Service Ambassadors' Programme

The Cayman Islands Airports Authority (CIAA), which owns and operates the Owen Roberts International Airport (ORIA) and the Charles Kirkconnell International Airport (CKIA), announced today the launch of their new Customer Service Ambassadors' Programme as part of their strategic plan to improve customer service standards at the airport.

The Customer Service Ambassadors will be placed in various locations at ORIA to welcome guests, share information about the airport and offer assistance to arriving and departing passengers, especially those with special needs, the elderly and families with young children. They are also responsible for monitoring the appearance and tidiness of the terminal building, as

well as managing the flow of passengers through the terminal, particularly during peak periods.

"We are thrilled to have this programme up and running as we recognised the need to bridge the gap of providing exceptional customer service," said CIAA Customer Service Manager Ms. Ivis Matute. "Our mission is to provide a warm CaymanKind welcome to all those who pass through ORIA's doors and to continually raise the standards of Customer Service at the airport."

The CIAA currently has nine Ambassadors in the programme; however, the goal is to attract 20 ambassadors in total. The recruitment process continues. For more information contact Ivis Matute.



(Left) Customer Service Officer Arvin Haylock and (Right) Customer Service Manager Ivis Matute flank the new Customer Service Ambassadors Cheryl-Lynn Ebanks, Peter Gore, Marjorie Stewart, Jonathan Anderson, Eilene Sutton, Adrian Barnett, Jessy King and Demesha Bodden. Not shown: Carlene Leachman.

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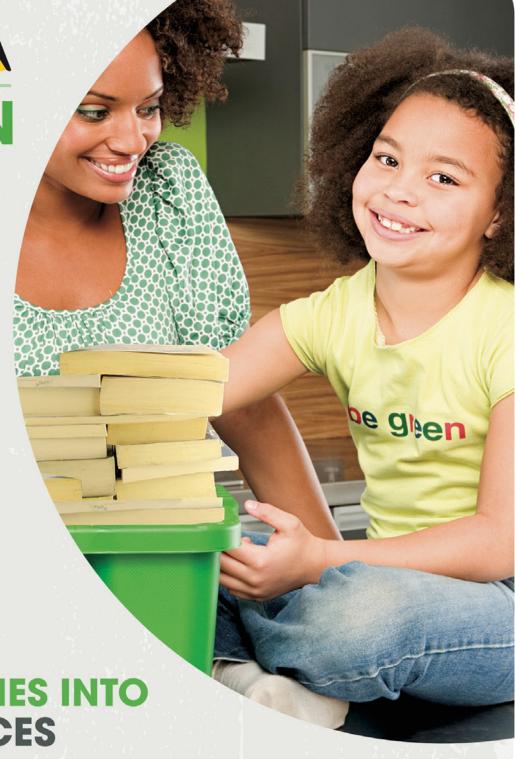
E-Mail: caymandentures@gmail.com | www.caymandentures.com



# COLLECT USED DIRECTORIES DROP OFF TODAY!

#### **LOCATIONS**

- Foster's IGA Supermarkets
- Hurley's Supermarket
- Primary Schools (Participating)
- Yello Office



TURNING DIRECTORIES INTO REUSABLE RESOURCES

In 2018, Yello2Green turned directories into insulation for 10 homes!



PACKING & SHIPPING



RECYCLING AT GREENFIBER



GREENFIBER INSULATED HOME

Pick-up **2019 Go Green Directory** to learn about Cayman's go-green programs. Directory made from **100% Recycled Paper**.

# Yello2Green Launches Annual Community Recycling Programme

## 2019 Goal is to create Home Insulation for 15 Homes!

... Continued story from page A1

ronment into action by shipping used Yello directories to our sustainability partner GreenFiber.

FUN FACT: In 2018, Yello collected over 13,000 used directories, that translated into GreenFiber insulation for approximately 10 homes! Goal in 2019, 15 homes!

#### SO HOW DOES YELLO DO IT?

Step One: Education and Awareness

Yello shares the benefits of recycling with primary schools and encourages schools, students and parents to participate in the Yello2Green School Challenge. In addition, Yello places Yello2Green recycling bins at Foster's IGA and Hurley's.

**Step Two: Packaging and Shipping** 

Yello palletizes the books and ships to GreenFiber's Tampa facility, which is closest to Cayman Islands. "It's a costly endeavor, but absolutely worth the investment" says Marketing Manager, Melanie Shambaugh.

Step Three: Recycling at GreenFib-

GreenFiber makes its home insulation from blends of various paper products in order to accommodate different housing needs. Directories are blended with cardboard, newspapers, shredded papers, confidential documents, etc. The manufacturing process consists of shredding and fiberizing the paper back to original fibers before being treated with natural chemicals to make it fire retardant and pest resistant. Then it's packaged for retail! Green Fiber supplies insulation to home improvement stores including Home Depot and Lowes along with big builders who are working on developments. They also sell to private homeowners who choose

#### Yello2Green School Challenge

Primary schools compete in a friendly challenge to win prizes. The school that collects the most directories, per student body, wins! Prizes include \$1,500 for 1st Place, \$1000 for 2nd Place and \$700 for 3rd Place. In addition, each participat-

ing primary school will reward the class that collects the most directories with a celebratory Subway sandwich party. In addition, the student to collect the most directories at each school, will win a \$100 gift certificate for school supplies. To date, we have nine primary schools participating in Grand Cayman and three schools in Cayman Brac.

- Grand Cayman: Cayman Academy, Cayman International School, Cayman Prep, Edna M. Moyle Primary School, First Baptist Christian School, , John A. Cumber Primary School, St. Ignatius Catholic School, Triple C School, Truth for Youth School and Wesleyan Christian Academy.
- Cayman Brac: Creek & Spot Bay Primary School, Layman E. Scott Senior High School and West End Primary School

We wish to thank and recognition our community partners: Foster's IGA, Hurley's Supermarket, Tropical Shipping, Lemmie's Trucking and HOT 104.1 and X107

For information about how to get involved in Yello2Green, please contact Melanie Shambaugh at 345-814-1762,

 $via\ email\ mshambaugh@yellomg.com\\ or\ www. Find Yello.com.$ 

#### **About Yello Media Group**

Yello Media Group is the leading provider of digital media and marketing solutions operating across 20 countries in the English speaking Caribbean and Central & South America. Their digital solutions and directory products create seamless connections with businesses and their customers online and offline.

With decades of advertising expertise, Yello is the most celebrated Google AdWords Partner in the Caribbean, Central & South America receiving three consecutive awards for Google Display and Mobile Champions. Yello's diverse mix of digital solutions such as SEM, Website Development, Social Media Management, Online Videos and Display Advertising helps businesses build awareness, expand reach and generate leads.

In 2018 they were one of five companies recognised internationally by Google for their innovation in Search & Display Advertising in the Caribbean and Latin America.

## The Importance of Understanding Blood Pressure World Hypertension Day 2019 reminds us to 'Know Your Numbers'

Hypertension, or high blood pressure, is considered a leading risk factor for disease on a global level. Often called the "silent killer," many individuals may not be aware that anything is wrong while the damage is occurring within the body. Chronic hypertension can potentially lead to serious conditions like stroke, heart attack, heart failure, or kidney disease. For World Hypertension Day 2019, celebrated internationally on May 17, the theme is "Know Your Numbers" – raising awareness about the importance of knowing what your blood pressure measurement is.

Blood pressure is the measurement of the pressure or force of blood pushing against blood vessel walls. The following is a breakdown by Cleveland Clinic of blood pressure variations and what each variation indicates:

- Normal Blood Pressure:
- \* Systolic mm Hg (upper number): less than 120
- \* and Diastolic mm Hg (lower number): less than 80
- Elevated Blood Pressure:
- \* Systolic mm Hg (upper number): 20 129
- $\ast$  or Diastolic mm Hg (lower number): less than 80
  - Hypertension Stage 1:
- \* Systolic mm Hg (upper number): 130 139
- \* or Diastolic mm Hg (lower number): 80 89
  - Hypertension Stage 2:
- \* Systolic mm Hg (upper number): 140 or higher
- \* or Diastolic mm Hg (lower number): 90 or higher

The goal of hypertension treatment is to lower harmful high blood pressures and protect important organs, such as the brain, heart, and kidneys. Studies have associated successful treatment for hypertension with reductions in stroke (reduced an average of 35 percent to 40 percent), heart attack (20 percent to 25 percent), and heart failure (more than 50 percent).

Hypertension heightens the risk of developing a serious condition, like the ones mentioned above and others, if untreated. According to the American Heart Association, strokes are 4 to 6 times more likely to occur in people with high blood pressure and 6 times more likely for those with heart disease. Approximately 10 million people die annually globally because of raised/elevated blood pressure, according to the Pan American Health Organization (PAHO).

"We recognize high blood pressure is extremely prevalent in Cayman, and one of the leading causes of heart disease, so we support efforts such as these to get closer to our goal of eradicating cardiovascular disease," says Dr Bella Beraha, Vice Chairperson for the Cayman Heart Fund.

"Hypertension can cause serious damage to arteries throughout the body, causing them to burst or clog more easily," says Dr David Lopez, MD at Cleveland Clinic Florida, which is part of the Cleveland Clinic health system based in Ohio – a leader in Cardiology and Heart Surgery for the last 24 years. "A stroke occurs when a blood vessel to the brain is either blocked by a clot (ischemic) or bursts (hemorrhagic). Since the brain controls one's movements and thoughts, it can affect a person's ability to think, move and function, and also a person's speech, memory and vision."

It is important to discuss an individual's normal target blood pressure with their doctor and conduct regular blood pressure checks at home. Taking blood pressure management medications as a doctor prescribes can keep blood pressure in check. People with family members who have high blood pressure, cardiovascular disease, or diabetes are at a higher risk of developing hypertension, as well as certain ethnic groups. Inactivity, poor diet, excessive alcohol consumption or smoking are also risk factors.

If you are concerned about your own heart health or that of family members,



Cayman Heart Fund, a local non-profit organization, can assist you with more information and initial screening as part of their preventative programs.

"One of the core missions of the Cayman Heart Fund is to educate the public in hopes to decrease cardiovascular disease. We do this though delivering preventative programs, providing free health screenings and more," says Dr Beraha.

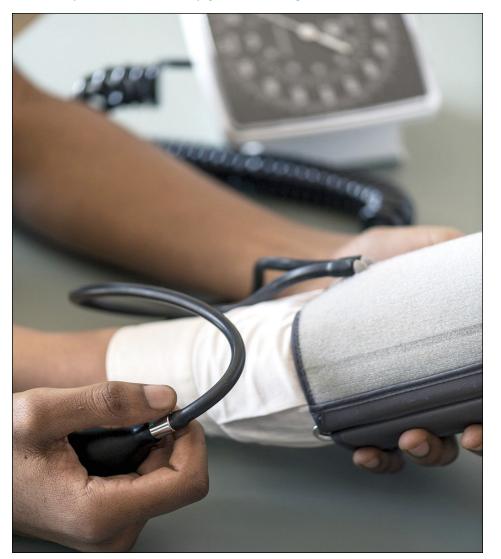
Other recommendations include practicing stress reduction techniques such as meditation, yoga, sleeping well, and breathing deeply. Aerobic activities such as walking, biking, or swimming can also help control and reduce hypertension. It is recommended to start slowly and increase activity grad-

ually. Activity can be done in 10-minute sessions to add up to 30-45 minutes total.

#### **About Cleveland Clinic**

Cleveland Clinic Florida, located in Weston, West Palm Beach, Wellington, Palm Beach Gardens, Parkland, Coral Springs, is a not-for-profit, multi-specialty, academic medical center that integrates clinical and hospital care with research and education. Cleveland Clinic Florida has 250 physicians with expertise in 55 specialties. The medical campus is fully integrated and includes diagnostic centers, outpatient surgery and a newly expanded 24-hour emergency department located in the state-of-theart hospital.







## Governor's holds reception for Int'l Red Cross Day

One hundred and fifteen (115) Cayman Islands Red Cross (CIRC) volunteers and partners gathered at the Governor's residence for a celebration of International Red Cross Day on May 8th. H.E. the Governor Mr. Martyn Roper and Mrs. Roper warmly welcomed the attendees. During his opening speech, he recognized the importance of the work of the CIRC volunteers locally, regionally and globally.

Director Jondo Obi continued by tying the event back to the history of the Movement, which began in 1859 by Henri Dunant. "May 8th is Henri Dunant's birthday, and none of us would be here were it not for his vision and his faith in humanity," she stated.

The Red Cross Movement began with Dunant, who founded the organization based on seven fundamental principles: Humanity, Impartiality, Neutrality, Independence, Voluntary Service, Unity and Universality. Since its official establishment in 1863, the Red Cross Movement has grown to include 190 National Societies around the world. It is the world's largest volunteer organization, with 110 million volunteers and partners worldwide, working together to eliminate and alleviate human suffering and to bring compassion, kindness and humanity to every corner of the globe.

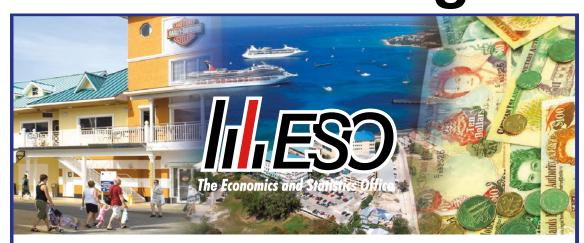
International Red Cross Day was celebrated in all National Societies, with a multitude of volunteer-centered activities, awareness campaigns, educational programs, and fundraising events such as blood drives, workplace "dress down" days, and much more.

The Cayman Islands Red Cross celebrated International Red Cross Day by highlighting the great diversity of its volunteers and partners. The CIRC boasts of its 200 active volunteers who participate in all four CIRC programs, including Disaster Management, First Aid & CPR Training, Thrift Shop & Community Outreach, and Child Sexuality Education and Protection. Local volunteers originate from over 30 countries worldwide, and speak a multitude of languages. To highlight the wide variety of the local volunteers, the CIRC team had the evening's attendees participate in an energetic trivia game, where participants competed for a prize, while learning interesting facts about Red Cross National Societies in the region and around the world.

The evening came to a close with Director Obi awarding H.E Governor Roper with the Red Cross pin, and thanking him for his patronage and for his recognition of work and the diversity at the CIRC. The CIRC looks forward to seeing the strengthening of the relationship between the Cayman Islands Red Cross in its role as an auxiliary to the CI Government, especially in the area of disaster management and response.

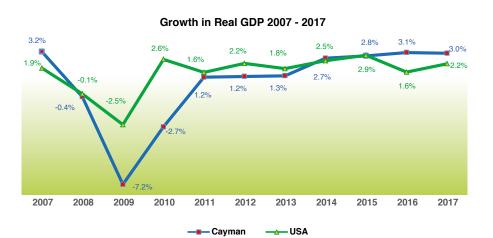
To learn more about the Cayman Islands Red Cross, donate to its programmes or building fund, or register for a training session, email vrm@redcross.org.ky or call 949-6785. 😚

## Bounce magazine now out



## **Business Survey 2018** Your Response Matters!

In 2017, Cayman's Gross Domestic Product (GDP) continued to outpaced the growth for the USA albeit at a marginally slower rate.



#### How did this change in 2018?

The annual System of National Accounts (SNA) survey collects the information necessary to measure the health and performance of Cayman's economy and its various industries.

The survey runs from April 8th to June 7th 2019.

Data collected for the SNA survey is **CONFIDENTIAL** under the Statistics Law (2016 Revision) and is **EXEMPT** from the Freedom of Information Law.

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For assistance or enquiries, please check www.eso.ky or call 244-4676/244-4615.

twice a year, every April and October, and will be available for free at a wide range of businesses and high-traffic locations.

Designed, developed, and conceived by the cast of creatives at Pink Duck Publishing Bounce is the third title launched by Cayman's most forward thinking print and digital publisher, swiftly following on from the launch of The Cayman Book and Your Cayman.

The development of Bounce was overseen by PDP's editor-in-chief, Joanna Lewis, who worked closely with art director, Damon Hardie.

Other key contributors included staff writer, Ian Swaby, and lead photographer, Janet Jarchow. The magazine's marketing and brand development was overseen by Eleanor Smith.

"I am delighted to announce that Bounce magazine is now being distributed," Miss Lewis said.

"The initial concept for Bounce was conceived over a year ago and is the culmination of many months of hard work and late nights by the team. We are confident that Bounce will quickly establish itself as one of the island's leading magazines, filling a gap in the market for those seeking information on living their best life."

In celebration of the launch, Bounce is running several exciting competitions and prize giveaways, including the opportunity to win a makeup and skincare consultation along with tailored products valued at more than \$1,000, courtesy of Le Visage.

"We are encouraging everyone to pick up a copy of Bounce magazine and to follow our social media sites," Miss Smith said. "After all, you've got to be in it to win it."

PDP's publisher and founder, Kathryn Willman, added that

...Continued story from page A1 there has been a large amount of interest around Rounce

> "Due to its broad range of content this magazine is truly a magazine for everyone," Miss Willman said. "Sales are now open for issue 2 and I encourage everyone to book their ad quickly as a number of prime positions have already been taken."

The magazine will be supported by its own dedicated website - bounce.ky. The website is now being developed and is being overseen by PDP's latest hire, digital expert Amy Hayward.

Miss Willman said: "We are on schedule to launch the Bounce website later this year. This will ensure that Bounce is a truly powerful brand that helps businesses reach more customers than ever before."

#### About Pink Duck Publishing

Fresh, innovative, next generation Pink Duck Publishing is a modern and forward-thinking full-service print and digital publisher headquartered in George Town, Grand Cayman. Founded in 2018 by Kathryn Willman, the company owns and operates some of Cayman's most innovative multiplatform brands, all managed by a cast of creatives covering the media

Pink Duck Publishing's portfolio includes The Cayman Book, a sophisticated resource for the discerning traveller, Your Cayman, the go-to resource for residents and tourists, and Bounce, Cayman's first and only lifestyle magazine dedicated to promoting Cayman's growing health, fitness, beauty, and wellness industry.

Both The Cayman Book and Your Cayman are the official publications of the Cayman Islands Tourism Association. Find out more at pinkduckpublishing.com. 😚

## GREENHOUSE, CAYMAN AUTO AND BOGLE TOPS COED FLAG FOOTBALL LEAGUE

#### **Contributed by Tajae Grey**

COED Flag Football is in its 9th Week and teams such as Greenhouse, Cayman Auto and Bogle have managed to dominate both A and B league respectively, having only lost one game each

Last Friday, teams went head to head to secure spots in the upcoming playoffs. The first set of games both had spectators on the edge. On Field 1, Deloitte went up against Burger Shack. Despite Deloitte defensive tactics, Burger Shack won 13-8. On Field 2, Dolphin Discovery had a tough match-up against Cayman Auto. Both teams were equally strong on both offense and defence but in the end, Cayman Auto will win by a last minute touchdown, 24-18.

The 7:30 matchups featured BNP up against CNB. This was a nail-biting game from beginning to end, as both



teams managed to stop crucial plays on both sides. In the end, CNB will lose by a touchdown, ending the game 26-19 in favour of BNP. On Field 2. Magnum went up against Walkers. Despite Walkers making crucial plays, Magnum will win 24-13.



The final games of the night were nothing short of exciting. Popeye's came prepared with a showcase of trick plays against Cayman Water. Cayman Water made some great offensive plays but in the end, they were no match for Popeye's. The game ended 45-21. On Field 2,



Bogle challenged Maples. Maples was no match for Bogle's strong offense, which resulted in a blowout 26-0.

Week 10 is this Friday, May 17th at Ed Bush Field. For information regarding the association or game schedule please email ciffa345@gmail.com. 😚

## Cayman's National Basketball Women Hope To Repeat History At The 2019 Island Games!

The Cayman Islands National Women's Basketball team is no stranger to hardware at the NATWEST Island Games!

The very first three years of the Cayman women competing at the Island Games was a huge success with the women winning 3 medals under the guidance of the Technical Director for Cayman Islands Basketball Association and then Head Coach Victor "Voot" O'Garro.

The Cayman Islands made an enormous impression when they won Gold in the Isle of Man for their very first tournament appearance in 2001; Bronze in Guernsey 2003 and Gold in Shetland Isles/Gibraltar 2005.

But it would be 2007 Rhodes, Greece where Cayman placed 8th that would put a damper on the women competing at the prestigious games going forward. The women did not compete in 2009 through 2013, but would try their hearts at it once again at the all too familiar tournament held in Jersey, Island the year of 2015 where Cayman

placed 5th. In 2017 in Gotland, Sweden, the women would get close to the podium as they faced Guernsey for the Bronze medal match. Guernsey however, proved too experienced for the young Cayman squad and took away the triplet island's only chances of bringing home hardware.

President of the Cayman Islands Basketball Association Mr. Richard.

Parchment said, "This Cayman National Women's team has history to repeat as medal contenders. Watching their men counterpart in 2017 finally pull off what they have done twice in the past has reignited this team, so July in Gibraltar should be an exciting time for Cayman basketball."

The Technical Director for Basketball Coach Victor "Voot" O'Garro said, the women's team is in a rebuilding stage but he knows that they'll get there soon. "Our women are in preparation right now to regain their rightful place on the podium. They have not been on that podium since 2005. However, last year the team placed 4th just missing medal contention. We look forward to the ladies doing an extremely good job this year in Gibraltar."

This year 2019, the National women's team consists of Courtisha Ebanks, Hannah Parchment, Scimone Campbell, Khailan O'Connor, Michal Segal, Dionne Anglin, Yolanni Manzanares, Alicia Turner, Melissa Bridgemohan, Stacy-Ann Kelly, Chloe Powery-Doxey and Neandra Forbes.

The 2019 Women's Coaches are Wendy Manzanares and Cory McGee

The team's Manager is Melissa Smith.

Coach Wendy Manzanares is very excited to see things coming together with the women's team as preparation continues. She said, "The last time the women's team was on the podium at the Island Games was 2005 with Gold. We did not compete in 2009, 2011 or 2013 and in 2017 we placed 4th so now our team is at a stage of rebuilding and expecting to regain our place on the podium in the near future. The journey is the most important thing and we are definitely aiming to leave a mark." (?)





### Background info on tournament

The NatWest Island Games is held every two years and is an international multi-sports event with Competitor teams representing different island communities with no more than 150,000 people....A mini-Olympics if you must. The 18th annual games will be held in the British Overseas Territory of Gibraltar between July 6th and 12th 2019.

Controversially, the games will not include cycling, football, or Indoor Volleyball which have been in all previous games since 1985, due to the lack of venues, instead replaced by tenpin bowling, judo, and squash.

Dionne Anglin Radio Cayman Sports Sports Xtra Host (Cell) 345-925-4117 [Email] Dionne.O'Garro-Anglin@



## Update on the Status of Dogs Taken from Prospect Home

As part of its ongoing efforts to care for and address the medical conditions of the dogs seized last week, the Department of Agriculture (DOA) on Tuesday May 14, invited the senior veterinarians from the three longest established Veterinary practices, Cayman Animal Hospital, Island Veterinary services and The Vet Clinic, to consult with the DOA's veterinary staff on the veterinary care of these animals. The veterinarians met with the DOA's team at the Animal Rescue Shelter on Wednesday afternoon.

"The DOA is grateful to the local private veterinarians, Drs. Benjamin, Dr. Bush and Dr. Watler, for meeting with us to determine the best course of action for the dogs," said Brian Crichlow Assistant Director, DOA. "These veterinarians brought a wealth of knowledge and years of experience in small animal veterinary care in the Cayman Islands to our discussion, helping to ensure that the dogs in the Department's care are receiving the best possible veterinary care under challenging circumstances."

The first and most pressing matter that the veterinarians addressed is the presence of Parvovirus among the animals that were taken. The first case of Parvovirus was confirmed last Thursday evening and immediate measures were put in place to address the disease, including separating animals based on their at-risk factors and introducing rigorous sanitation protocols. Regrettably to date three of the dogs have succumbed to the disease. The veterinary team reviewed and concurred with the protocols implemented, and agreed that given the contagious nature of Parvovirus, it is in the best interest of the general canine population of the Cayman Islands that the DOA shelter should continue to be quarantined with no dogs going in or out until the threat from the Parvovirus is resolved.

Additionally the team of veterinarians discussed and agreed on the appropriate course of action for addressing the general health and medical needs of the dogs as well as the specific needs of those dogs with more serious and chronic medical challenges. Care of these animals will have to follow a gradual approach to address the various medical issues the dogs have, as the poor state of the dogs' general health rules out more aggressive medical treatment. On a positive note, the veterinarians who have been attending to these animals from the beginning report significant improvement in the overall health and condition of the dogs since arriving to the shelter. The private veterinarians who were seeing the dogs for the first time expressed that they were in better condition than they expected them to be, based on what they had seen in the media.

The DOA has been receiving numerous requests and offers to adopt these dogs. Although the ultimate goal remains to find forever homes for these animals, adoptions cannot be initiated until the Parvovirus outbreak has been successfully resolved and the quarantine is lifted. This could take several weeks. Eventual decisions about adoption will depend on the overall health of the dogs and when they can undergo spaying and neutering, which is required prior to any final adoptions. The DOA will continue to work closely with the private veterinary clinics as it moves through this process.

"The DOA is very appreciative of the assistance and support received from the private veterinary clinics, not only in terms of the time and advice given by the veterinarians, but also for the very kind donations of certain needed services, veterinary drugs and medical supplies," said Mr. Crichlow. "The DOA's veterinary services are targeted exclusively to large animal / livestock veterinary services, and as such we do not stock some of the particular drugs or supplies used primarily in small animal care. Their donations have been a big help."

"The improvement of these dogs to date is testimony to the hard work and dedication of the team at the DOA and the private vets who have been assisting us from the beginning. I particular I would like to acknowledge



the efforts of DOA's Veterinary Officer Dr. Dorman, and Drs. Alfred and Olivia Benjamin, the Senior Animal Welfare Officer and the Department's two Animal Control Officers, who have all gone above and beyond to manage this situation," continued Mr. Crichlow.

Managing the health needs of this number of animals has demanded the full resources and time of the DOA's team, especially during this initial quarantine phase. Accordingly, the DOA has had to close the Animal Rescue shelter and suspend normal operations, including the collection of strays and trapping of feral chickens. The collection of strays can not resume until the quarantine on the shelter has been lifted and space is again available. The DOA is exploring alternatives for assisting the public with the control of feral chickens and will provide an update shortly.

The Department appreciates the offers of assistance received by the various Animal Charities and the general public, and is actively looking at ways that these charities and the public may be able to assist with the care of these dogs. On the veterinarian's advice and once the logistics have been worked out, the DOA will provide additional information on what and how help can be provided and accepted. •

#### Gas Price



Location	Gas Station	Regular	Premium	Diesel
			_	
East End	Eastern Star Rubis (Woody's)	4.51		4.50
NorthSide	Jack's Esso (Jack's 11)	4.60	4.96	4.44
Bodden Town	Lorna's Rubis	4.42	4.77	4.50
Bodden Town	Mostyns Esso	4.57	4.97	4.41
Savannah	Savannah Rubis	4.56	4.92	4.50
Red Bay	Barcam	4.46	4.86	4.46
Red Bay	On The Run ( Brown's Red Bay)	4.46	4.97	4.46
George Town	Peanuts Rubis	4.56	4.92	4.55
George Town	Jose's Escape	4.56	4.92	4.55
George Town	Refuel **	4.18	4.66	4.20
George Town	Esso Tigermart (H&B 11 Shedden Road)	4.46	4.86	4.48
George Town	Eastern Avenue Rubis	4.56	4.96	4.50
George Town	Walkers Rd. Rubis	4.47	4.77	4.29
George Town	On The Run (Mike's Walkers Rd.)	4.46	4.86	4.46
George Town	On The Run (Brown's Industrial Park)	4.46	4.86	4.50
George Town	On The Run (Mike's 7 Mile)	4.46	4.86	4.46
West Bay Rd.	H & B Esso (H&B 1 Seven Mile)	4.46	4.86	4.48
West Bay Rd.	AA 7 Mile Rubis	4.56	4.92	4.28
West Bay	Hell Esso	4.46	4.86	4.39
West Bay	Esso 4 Way Stop (Four Winds)	4.61	4.78	4.31
George Town	Scotts Landing (Valvtect Bacadere		4.77	4.45
Cayman Brac	West End		5.04	4.87
Cayman Brac	Tib Mart		5.04	
Little Cayman	Village Square		5.97	5.82

Lowest Prices	Grand Cayman	4.18	4.66	4.20
<b>Highest Prices</b>	Grand Cayman	4.61	4.97	4.50



- \*\* Ethanol Blended Gasoline 87 Octane E10
- \* Information courtsey Ofreg

## Fuel expense reduction



**Peak Traffic** – Avoids peak traffic times. The extra time you spend in traffic burns additional fuel. Leave home earlier or ask your employer about flexi time.



**Tire Pressure –** Check the air pressure in your tires. Low air pressure increases fuel consumption.



**Frequent and fast acceleration** – Avoid heavy acceleration and drive low the speed limit. Frequent and swift acceleration burns fuel at a faster rate.

#### POLICE NEWS

## Collision Involving a Motorcycle on Walkers Road

916-2000

Shortly after 9:00PM on Wednesday night, 15 May, officers responded to a report of a collision at the junction of Walkers Road and Memorial Avenue, involving a Honda Fit and a Yamaha motorcycle. Emergency services attended the scene and the rider and passenger of

the motorcycle were taken for treatment at the Cayman Islands Hospital. The rider is being treated for life-threatening injuries, while the passenger is treated for serious but non-life-threatening injuries.

The matter is under police investigation.  $\center{\mathfrak{S}}$ 

## Water-Related Death off Seven Mile Beach

Shortly before 5:00PM on Thursday, 15 May, officers responded to a report of a sudden death at the Cayman Islands Hospital. A man had been snorkeling off Seven Mile Beach, south of Governor's Beach, when he encountered difficulties and was brought to

shore. Members of the public conducted CPR on the man until the arrival of emergency services. He was transported to the Cayman Islands Hospital and later pronounced dead.

The man, age 51, is a visitor from Massachusetts, in the United States. •



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## Jamaican Financial Group Takes over Regional Insurance Conglomerate

The largest and most profitable financial services group in Jamaica now owns regional insurance conglomerate Guardian Holdings Limited (GHL).

NCB Financial Group Limited (NCBFG) says it has successfully completed the acquisition of 74,230,750 ordinary shares in GHL, following the granting of all necessary regulatory approvals, including in Jamaica and Trinidad & Tobago, and the closing of the takeover bid earlier this month.

The shares were taken-up and paid for on Monday. Based on the shares acquired, NCBGH now owns nearly 62 per cent of the outstanding shares in GHL.

"As we stated at the beginning of this journey, we believe this transaction is a game-changer in the history of the region. Amidst the context of the de-risking impacting the region, we are proud and excited about the implications and prospects of two leading indigenous Caribbean institutions coming together to drive economic growth, customer and shareholder value," said NCBFG Chairman Michael Lee-Chin.

Patrick Hylton, Group President and CEO of NCBFG added that with each having become stand-alone regional leaders, "NCB and GHL combined have the opportunity to become a world class financial services

conglomerate, which has positive implications for our shareholders, our region and its citizens."

GHL CEO Ravi Tewari said the development should allow his firm to better serve the region.

"Since the acquisition of the first block of shares in 2016, the Guardian Group began to see opportunities for a very positive impact for the shareholders, clients and employees of the Guardian Group. This further deepening of the relationship between two leading Caribbean companies augurs well for the acceleration of these positive impacts for Guardian and the region," he said.

NCBFG was incorporated in April 2016 as the financial holding company for National Commercial Bank Jamaica Limited. Through the bank and its wealth management, life and general insurance, and offshore banking subsidiaries, it provides a wide array of financial products and services.

The NCB Group includes NCBJ, NCB Capital Markets Limited and its subsidiaries in Barbados and Cayman, NCB Insurance Company Limited, Advantage General Insurance Company Limited, NCB (Cayman) Limited, Clarien Group Limited and its subsidiaries in Bermuda, Guardian Holdings Limited and its subsidiaries, as well as NCB Global Finance Limited in Trinidad and Tobago.



▶ NCB Financial Group Limited now owns nearly 62 per cent of the outstanding shares in Guardian Group Holdings

GHL, the parent company for the integrated financial services group Guardian Group with a focus on life, health, property and casualty insurance, pensions and asset management, serves markets in 21 countries across the English and Dutch Caribbean, including Trinidad and Tobago, Barbados, Jamaica, Curacao, Aruba. St Maarten and Bonaire.

# Barbados PM Tightlipped on Sale of Country's Majority Shares in LIAT

As LIAT shareholder governments struggle to come up with a viable solution to keep the island-hopping carrier in the skies, Prime Minister Mia Mottley is remaining tight-lipped on the talks while a fellow shareholder suggests Barbados wants to offload its majority stake.

Mottley stopped short of saying whether Government would dispose of its 49 per cent interest in the cash-strapped carrier, declaring instead that she will not be having any discussions in the public domain.

She would only say that she was focused on ensuring reliable and affordable regional transport.

The Prime Minister was responding to a question during the annual luncheon of the Barbados Employers' Confederation (BEC) at the Lloyd Erskine Sandiford Centre yesterday.

Mottley said: "Let's just say we agree on the mission, and the mission is that there must always be reliable affordable access for travel in the region as there must be nationally. And I can assure you and the country that we are working on this every day.

"But you also have to take the reality of an existence as you find it and then determine whether the modality that you have is the best mechanism by which to deliver on that objective."

Her comments come amid speculation that Bridgetown intends to give up its shares so it could start its own airline. It's been a week since fellow shareholder, the government of Antigua and Barbuda, confirmed that it had officially submitted a document to authorities in Barbados indicating interest in buying its shares.

According to reports out of St John's, following a recent meeting of the airline's shareholder governments at which Mottley was not present, Prime Minister Gaston Browne said a proposal was submitted to the Barbados Government on May 7, and he was anticipating a favourable response.

The Barbados representative reportedly indicated that the proposal would be examined.

While sources have indicated that the Barbados Government was willing to sell its shares, responding to the question for an update on regional transport and issues relating to LIAT today, Mottley said she would speak on the matter at an "appropriate time", suggesting that discussions were at a delicate stage.

"I have been in public life long enough to know that when discussions are at a sensitive stage that the worst thing you can do is up the ante by trying to have some kind of public expression that may well lead to hardened positions and an inability for people to negotiate in good faith," she said.

"Suffice it to say that the government of Barbados, at the appropriate time, when discussions are concluded with stakeholders at all levels, will speak to the country.

"Whatever means we choose, whether existing or other, there will be a commitment to providing affordable, reliable air travel between those in the Caribbean because without that we accept that there will be a serious constraints on our people. But there are multiple ways of being able to do that in the context within which we operate."

Mottley added: "Similarly, we are not the only player so that we also have to be mindful of that. Fortunately, the feminine genes in me do not require of me, the need to beat chest in public."

In addition to Barbados and Antigua and Barbuda where the airline is based, the other major shareholding governments are St Vincent and the Grenadines and Dominica. After years of coaxing, Grenada last week announced that it was officially a shareholder.



▶ Prime Minister Mia Mottley says she will not be having any discussions on the issue in the public domain

The four territories together make up just over 94 per cent shareholding interest.

The remaining shareholders are made up of private companies, other Caribbean governments and employees.

LIAT and other officials have been engaged in back-to-back meetings trying to find a solution to keep the airline afloat, while exploring the possibility of a minimum guarantee scheme, which would see countries benefiting from the airline services contributing financially.

LIAT currently employs over 600 people and operates 491 flights weekly across 15 destinations. (Barbados Today)

# Legislation Passed to Make it Easier to Do Business in Guyana

People and businesses involved in trade and transport can expect an improved "ease of doing business" in Guyana.

This follows yesterday's passage of the Customs and Trade Single Window System Bill 2019 which provides for a single submission of documents electronically for fees, levies, duties, and taxes due to the government on goods which are imported or exported.

Finance Minister Winston Jordan who presented the Bill in the National Assembly, explained that the legislation allows parties involved in trade and transport to lodge standardized information and document with a single-entry point to fulfil all import, export and transit-related regulatory requirements.

There are currently 20 ministries and departments that deal with import and export in Guyana. The majority of these agencies are paper-driven and the system is costly and time-consuming.

"International trade requires [the provision of information] and documents through customs and other regulatory agencies in compliance with laws and regulations....In Guyana, information is submitted and processed numerous times through Customs and other entities, be it on paper, automated or both," Jordan noted.

He said while there was an attempt to implement the new system under the former administration, no progress was made up to 2015.

Recognizing the importance of such legislation, Jordan said, the coalition government resuscitated the project when it took office.

To date, the government has been able to secure a loan of US\$6 million to aid the implementation of the Single-Window System.

The project will be implemented in phases. Phase One deals with modernizing the regulato-



► Finance Minister Winston Jordan

ry environment. The Cabinet also approved the establishment of a steering committee comprising the main border regulatory agencies. The committee is chaired by the Guyana Revenue Authority (GRA) and the Ministry of Business.

The GRA will be responsible for the management of the system and will define the expected roles, responsibilities and obligations of all agencies that will be involved in providing legal and technical assistance with its creation and operation.

The agency will have to adopt relevant internationally accepted standards, procedures, documents, technical details and formalities for the effective implementation of the single-window system.

Processes and technical aspects of the system will conform to the principles of transparency in relations to procedures being undertaken through the system; security of trade date information exchange, simplicity and accessibility, confidentiality and privacy, reality, trust and consistency and efficiency.

## Anguilla Has A Record-Breaking Winter Season

Anguilla has recorded its best winter season in over 27 years. The island logged yet another record-breaking month in March, with 11,940 tourist stayover arrivals. This marks not only the highest March in history, but also the highest monthly total in the history of Anguilla's tourism industry.

The figure represents a 29.16 per cent increase over the same period in 2017, and a 22.55 per cent % increase over March 2016, the month that until now held the record for the most tourist arrivals.

April continued this winning streak, as the 9,790 arrivals recorded is the largest number of tourist arrivals for any month of April dating back as far as 1993. The first quarter tourist arrivals (January to March 2019) at 30,135, was the highest recorded since the Anguilla Tourist Board began tracking arrivals.

During the first four months of the year, just under 40,000 guests spent one or more nights on Anguilla. The island has to date attracted almost 50 per cent of the total tourist arrivals for 2016, the island's best year to date for tourist arrivals.

"Let us celebrate but not become complacent," said Donna Banks, Chairperson of the Anguilla Tourist Board. "There is still much work to be done; our goal remains a 20 per cent increase in tourist arrivals over 2016. We appreciate and value the continued support and cooperation of all our stakeholders, and the people of Anguilla, in helping us to achieve these significant milestones for our industry."



44 Kicked, in

a way

**DOWN** 

1 Quick

punch

2 Before

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4 Lotion

3 Top-notch

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**5** Changes

6 Shaving

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7 Portent

8 Hope of

10 Isle sur-

comedy

rounder

the title of

#### CROSSWORD By THOMAS JOSEPH

**ACROSS** 1 "Aladdin" villain

6 Judicial garb

**11** Like tumblers **12** Love, in

Livorno 13 Fifth element

14 Horse's cousin **15** Fall, e.g. 17 "Skedad-

dle!" 19 Disfigure 20 Greek X 23 Spool out

25 Astronaut Shepard 26 Puts off retirement? 28 Carry

29 Movie ad 30 Have debts

31 Slangy agreement

**32** Retired jet 33 Usual practice 35 Billiards

shot **38** Not oblivious

41 Accepted truth

42 Admit 43 Come

back

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Yesterday's answer

33 Chill

36 Fire

37 Tear

39 Eurasian

34 Wilson of

**18** As a follower 20 Yearbook

"Rushsigner more" **21** Can't **35** Train stand compo-22 Static nent

9 Mess up **24** Iris setting 25 Imitating 27 Locker **16** Greets, in room

deer a way speech 31 Delicious 17 Relish **40** Stop

1	2	3	4	5		6	7	8	9	10
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13						14				
		15			16					
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23			24				25			
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			33				34			
35	36	37				38			39	40
41						42				
43						44				
	I	1	1	1			1	1	1	8-16

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Conceptis SudoKu By Dave Green									
6		7		3	1	4		8	
	1			8	7				],
5			9					6	].
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3	8						5	7	];
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			4	7			3		
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Difficu	lty Lev	el ★						7/16	

#### Answer to previous puzzle 5 6 3 7 9 2 1 4 4 9 8 2 5 7 3 6 3 2 4 6 9 8 5 1

2 3 8 5 2 3 6 9 4 8 7 1 4 1 5 7 8 6 2 3 5 9 3 1 4 6 8 6 8 5 4 2 1 9 7 7 8 6 3 5

Word Search

LSCRRDVYDGFTW CDGGHMNNF NNTARBV IMBDWD REODSUSSEX UTRMLY BODLNRS E T C D E DΡ N N M G Ds D T AMBS R O M O I H T OΝ Α RGI MNITECVACTWWA TOGIUGRHAVENPM RUSSIAUTDVFMRM

Find the listed words in the diagram. They run in all directions - forward, back, up, down and diagonally

Minster Berlin Orange Germany Pakistan Hartford **Point** Prussia Haven Indies Riding Irian Sussex Lothian Virginia Midlands

> Have fun with **CAYMANIAN** TIMES

#### **CURTIS** By Ray Billingsley



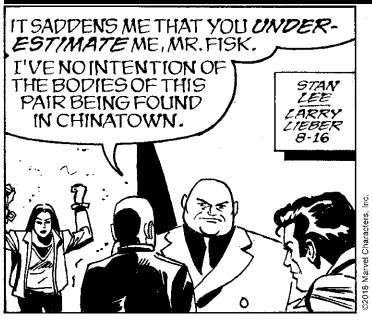
WHEN IN REALITY THEY BARELY TOLERATE HIM. RIP ON HIS CLOTHES AND TALK SMACK ABOUT HIM BEHIND HIS BACK!







#### THE AMAZING SPIDER MAN By Stan Lee





**SUWAN!** TAKE THEM



#### JUDGE PARKER By Woody Wilson & Mike Manley





PAGE B7





PAGE B8

Monday, May 20, 2019 | Issue No 377

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