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# \$10K to be won at Song Competition



► 2018 National Song Competition Winners, Matt Brown, Ben Hudson, Jah Mitch Ebanks and Erica Assai with Minister Seymour, Melanie McField and Jean-eric Smith

Full story on page A3 >>

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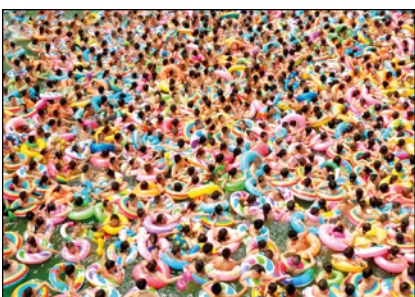
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Opposition urges Government to reconsider Referendum date

## FUEL MARKET ASSESSMENT COMMENCES

The winning bidder of the formal Request for Proposal to perform the economic and competition assessment of the fuels markets across the Cayman Islands has commenced work. The Principal Consultants from Economics Partners Limited, a Hong Kong based

firm with global regulatory and economics expertise, arrived in the Cayman Islands and has been meeting with stakeholders to carry out the 'market diagnostics' stage of the assessment.

... Continued story on page A3



## World's Strongest Man Brings Positive Message

By Flynn Bush

As part of the Inaugural Strongman event here in Cayman, there were many people who benefited from having the 2017 World's Strongest Man in the country. Mr. Eddie Hall, who was the guest of honor this past week, Obviously, he was at the competition on Saturday but, it was the two previous days where he, undoubtedly, made the most impact. Those were the days when he spoke to two very important audiences.

On Thursday October 3rd, Mr. Hall flew to Cayman Brac where he was the main draw during a special assembly at the Layman Scott High School. There, he spread his message to all 140 students of the school. He spoke of his struggles with anxiety, depression and suicidal thoughts and how these things impacted him. Additionally, however, he also spoke about how he was able to find his purpose through powerlifting, and to emerge from those negative feelings and thoughts. It was a message of inspiration as he encouraged the students to "Be Strong." The message was received, loud and clear.

... Continued story on page A4

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# EDITORIAL

## Our Children Are Our Future

By Flynn Bush

The planet is in constant change. Global warming is becoming more evident every year. There is less and less of the earth's rainforest remaining each month. The sea level is rising at a seemingly unprecedented rate. According to scientists, up to 8700 species of animals go extinct each year, and hundreds of others join the endangered list. In short, the earth is quickly being drained of resources. Many of us wonder if our planet can be saved. The good news is that our world's most important resource is capable of being saved, our children.

It seems quite fortuitous for us as a civilization that this is the case. You see, by allowing the youngest generations to flourish, we ensure that they will have the opportunity to save our planet. They are the ones who will come up with the solutions to problems that we as humans have created ourselves; and the environmental problem is not the only issue the youth of today will solve. Rather, as they grow, and as subsequent generations emerge, crisis after crisis will fall by the wayside. For our country's youth, this will also be the case, although, we as adults must play our part.

The old saying goes, "It takes a village to raise a child," and that still holds true today. Children still need to be supported by adults who hold their best interest at heart, and that support can come in many forms. As a publication, the Caymanian Times is dedicated to making its contribution. We know that our children and youth are already racking up many accomplishments, and we have always strived to shine a spotlight on these achievements. From the very start, and through the years, we have been the true community newspaper and we have published many articles that show youth at their best. Today, we commit to that approach.

On our pages, you will find frequent articles highlighting sporting success, academic achievements, mental ingenuity, or displays of compassion and caring by the youngest members of our society. We will encourage their efforts, and cheer on their successes. We will build them up one praise-soliciting article at a time. All the while, we will keep the adults' minds looking forward, so to speak. We will reinforce the fact that our children are our hope. Be sure to grab some sunglasses because the future looks bright. 🌍



## Local Kids Raise Funds for Dorian Relief

By Flynn Bush

As all are aware, the recent direct hit of Hurricane Dorian on the Bahamas caused major devastation. There are still people there who are hurting. There are thousands of individuals and families who are homeless and without the basic necessities; the likes of which we sometimes take for granted in our everyday life. However, this event has been a wakeup call for many, and an effective reminder of what we as a nation endured in the not-too-distant past with the destruction brought by Hurricanes Ivan and Paloma. As a result, we here in the Cayman Islands have been giving to the relief cause.

The need to help others has not been lost on the young, either. In fact, recently, a group of young residents took it upon themselves to make a difference, in their own unique way. They used what they knew. You see, these children had recently taken part in the International Lemonade Day exercise of running a lemonade stand. They knew they had been successful with earning some money then; and they still had some supplies left over. So, the choice was made to replicate that venture.

On the weekend, they ended up being two different lemonade stands set up on Grand Cayman. One was primarily staffed by girls and the other by boys. The participants were Riley, Chase, Noah, Johnny, Clara, Ella, Isabella, with help from Russell and Andre. The children also wanted to note that the initial suggestion for the children to do something came from a swim coach of theirs, who provided them with the information on how to donate to the relief effort that was being organized by the Cayman Islands Red Cross.



While the stands were operated on Saturday, they had many residents stop by to support them. The effort ended earning over \$400 for the cause. This encouraged the youth, and they prepared to give the money to the Hurricane Dorian relief effort by purchasing essential items on Amazon to be delivered to a distribution outpost in the Bahamas. The fact that they raised so much money, including an additional \$65 on Sunday, made them decide to give some of it to the Red Cross effort here as well.

All in all, the experience has served two purposes. First, it has allowed these youth to learn the importance of giving to others in need. These children will always remember how good they felt inside because of this good deed. Secondly, this event has given the rest of Cayman's residents, particularly those who happened to see the children at work, a reminder that there is goodness in our youths' hearts. Cayman's future is indeed bright. 🌍

# COMMUNITY NOTICES

## Road Safety Conference Returns for Second Year

The National Roads Authority (NRA) will host the second annual Road Safety Week, building on the success of last year's inaugural conference.

Set to take place over four days at the end of October, road safety will be at the forefront of the conference agenda, which will boast a wide array of both local and international speakers.

"I'm pleased we have the opportunity to host the Road Safety conference for the second time," comments Edward Howard, NRA's Acting Managing Director.

He adds: "the NRA is committed to improving road usage, particularly safety, for everyone who shares in the Cayman Islands road network. This priority is something with which we rely on a number of other stakeholders to assist us. The conference is the perfect opportunity to get all parties together to establish best practices and collaborate for the mutual benefit of all."

The 2019 conference will see Michael Dreznes of the International Road Federation (IRF) return as keynote speaker. The IRF is a global not-for-profit organisation that assists member countries in moving towards better, safer and smarter road systems. The agenda is to include a roundtable discussion on the Cayman Islands newly formed Road Safety Strategy and short presentations by local agencies covering current issues with

emergency services, enforcement and education as they relate to road safety in the Cayman Islands.

Other speakers and local stakeholders include: Royal Cayman Islands Police Service (RCIPS), Department of Vehicle and Drivers Licensing (DVL), Cayman Islands Fire Service and a Traffic Management Panel roundtable discussion.

The Minister for Commerce, Planning and Infrastructure Hon. Joey Hew thanks the NRA for hosting the event for a second time.

"The NRA does vital work maintaining and refining roads in the Cayman Islands. This year, we've seen a number of improvement projects make a real difference to road users, whether they are drivers, cyclists or pedestrians. We understand there are still a number of concerns that require innovation and resourcefulness to tackle effectively; conferences like this allow vital stakeholders a seat at the table, so we can collaborate for the benefit of the whole community," Mr. Hew explains.

The conference will take place from the 29 October - 1 November at the Ritz Carlton Grand Cayman. The event is open to all government departments, road safety stakeholders and the public. Registration is free with limited space. Persons interested in taking part can email shena.ebanks@nra.ky or call 946-7780. 🌍

## Needs Assessment Unit Office Closures

The Needs Assessment Unit (NAU) wishes to inform the public that its Grand Cayman office will be **closed at 3 p.m. on Friday, 18 October**, to accommodate staff attending the Silent Witness March.

Furthermore, the Grand Cayman and Cayman Brac offices will be closed at

**3 p.m. on Thursday 31 October**, to facilitate the NAU's monthly staff meeting.

Both offices will be also be **closed all day on Friday, 1 November** for a staff function. The NAU apologises for any inconvenience these closures may cause. 🌍



## Caymanian Times

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# “NATIONAL SONG COMPETITION BOASTS \$10K IN CASH PRIZES”

## *Pirates Week Seeks Song Competition Entrants*

The 2019 National Song Competition is returning to the Pirates Week calendar after a strong comeback last year with over a dozen entrants.

This is the second year the top prizes will amount to CI\$10,000 with the Ministry of Culture, the Tourism Attraction Board (TAB) and the Cayman Music and Entertainment Association (CMEA) sponsoring the \$5,000 first, \$3,000 second and \$2,000 third prizes, respectively.

“This exciting cultural event aims to showcase the best talent in the Cayman Islands,” said Melanie McField, Pirates Week Festival General Manager.

Dating back to the inception of Pirates Week, the National Song Competition was a highlight of the Festival, but it had been suspended from the calendar for several years. The CMEA pushed for the return of the event to build upon local

talents and to create a balance between popular North American music genres and regional genres.

“The National Song Competition pushes for contributions of original songs from locals in the genres of reggae, dancehall, calypso, soca, salsa and reggaeton,” commented Jean-eric Smith, CMEA President.

“In the early years, it was an integral component to Pirates Week. Everyone who was creative would enter; it was highly competitive district to district. It was what got the people involved,” he said.

“As Minister of Culture, it is within my remit to support the creation of Caymanian music. The number of people entering last year’s event was a great indicator of the interest our people have in this historic event. We encourage all local artists and newcomers to enter the competition. I also encourage the public to come out in support of those who will be showcasing their talent,” said Minister of Culture, Hon. Dwayne Seymour.

The deadline to enter the Pirates Week National Competition is Friday 18th October. A registration fee of \$50 per entry must be submitted directly to Pirates Week Office (10 Shedden Road, upstairs behind the National Museum) with a completed application form which can be found online at [www.piratesweekfestival.com/pirates-week-national-song-competition-1](http://www.piratesweekfestival.com/pirates-week-national-song-competition-1)

For more information, email [events@piratesweekfestival.com](mailto:events@piratesweekfestival.com) or log on to [www.piratesweekfestival.com](http://www.piratesweekfestival.com)

The National Song Competition is proudly supported by AI Rentals, Ace Hardware, the Ministry of Culture, the Tourism Attraction Board and the Cayman Music and Entertainment Association.

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*The Pirates Week Festival is the largest event in the Cayman Islands calendar, annually drawing over 35,000 spectators for the duration of the 11-day festival. During this time, the islands are transformed into a mass of colour and revelry, with over three dozen different events being hosted over three weekends, across all three islands!*

*The Pirates Week Festival is administered by the Tourism Attraction Board of the Cayman Islands.*

*Those looking to participate in the festival or become a sponsor in any way, can email [events@piratesweekfestival.com](mailto:events@piratesweekfestival.com).*

*If you would like more information about this topic, please email [marketing@tab.ky](mailto:marketing@tab.ky).*

# CAYMAN ISLANDS FUEL MARKET ASSESSMENT COMMENCES

... Continued story from page A1

Economics Partners Limited were selected last month by OfReg following an open competitive bid process by the Central Procurement Office to perform the assessment of the fuels market across the Cayman Islands, and the assessment is expected to be completed within six months.

The Fuel Market Definition and Economic and Regulatory Assessment will deliver the following:

- A definition of the fuels market in the Cayman Islands which will identify the products that fall within the relevant markets in the sector, and the way those markets behave;
- An assessment of the market(s) in the Cayman Islands. This will include analysis of the impact of the supply chain, logistics and infrastructure on the proper functioning of the market, with a view to understand the extent and the effectiveness of competition in the market(s);
- Recommendations to address issues identified at the assessment phase of the project, which will be designed to enhance competition in the sector. Recommendations will be made following a consultation process with stakeholders, including fuels providers, busi-

ness users, the public and government.

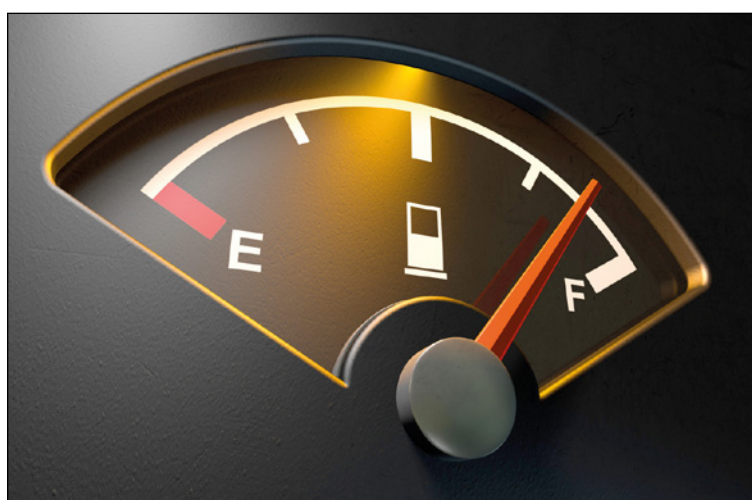
An assessment of the state of competition was identified as a pre-condition for OfReg to fulfill its mandate of effectively regulating the fuel sector. Effective regulations designed to enhance performance ensures competition, transparency, efficiency and innovation in the fuels market(s).

Mr Duke Munroe, Executive Director of Fuels at OfReg, said: “I am pleased to announce to the public that the necessary foundation work that will allow the Office to effectively regulate the fuels market(s) across the Cayman Islands is underway. We fully understand the public’s concern about the price of fuel at the pumps, and this assessment will allow us to establish the framework to balance the dynamics of the various factors that influence the fuel market and ultimately, prices at the pump. It will further allow us to identify the appropriate regulatory remedies and intervention measures needed to fix market failures where they exist.”

The fuels sector emerged into the full ‘economic’ regulatory space in the Cayman Islands at the time OfReg was formed. Prior to this, while safety and compliance regulations existed, there was limited regulatory oversight carried out by the former Petroleum Inspector-

ate, in respect of competition in the market(s). This assessment therefore represents the first major step towards appropriate and effective regulation of the economic aspects of the fuels market(s).

OfReg invited bids locally and internationally, which were judged against criteria relating to the quality of the methodology proposed, the expertise, experience and achievements of the bidder, price and timeframe. The team of professionals at Economics Partners, has very considerable experience in performing market studies of this kind across the world, including in jurisdictions similar to the Cayman Islands.



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# World's Strongest Man Brings Positive Message to Youth

... Continued story from page A1

On Friday, the Be Strong! Youth Rally was held on Grand Cayman, at the Lions Centre. It was a totally electric atmosphere from the time that Mr. Hall made his entrance when the Year 7-9 students erupted in cheers and roars. There were more than 1300 students in attendance, so one can imagine what a raucous and welcome these excited spectators gave the strongman. The youth were from both public and private schools on the island (John Gray, Clifton Hunter, St. Ignatius, Wesleyan Christian Academy and Grace Christian Academy.)

At the rally, Eddie again told his story, starting from when he was a 12-year-old boy. Again, it was well received as the students all absorbed his message. Additionally, Isaiah Webster-Scott performed his skit which he had done for the Brac students as well. The skit was entitled "If Anxiety Had A Voice." Representatives from the Alex Panton Foundation and the United Against Bullying Foundation were both at the event and spoke to the youth. Former Miss Teen Laticia Bush and rapper DLMND both addressed the crowd. It was such a great

... Continued story on page A5



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... Continued story from page A4

experience. Rhonda Kelly of the event coordinating company, Kelly Holding, remarked, "It was really amazing to see all these kids together." She also wanted to note that Tortuga provided Taste PATTIES, water and juice to all the students, and that both youth rallies were made possible by the Ministry of Education.

It is unknown whether any of the students who heard Eddie's message, either in the Brac or the rally on Friday or the students at the Lighthouse School where he stopped by to do the shuffle with, will ever grow up to be as physically strong as him. However, Mr. Hall's message of "Be Strong!" was about the strength that he hopes everyone will find within themselves; strength to resist negativity, to embrace positivity, and to ultimately become the best they can be, at whatever they

choose to do. This is a message that, especially in today's highly negative and critical world, each of our young residents needs to have impressed upon them. Thank you, Mr. Eddie Hall; and thank you to Mr. Tony Mc Inerney and your team for arranging the event week, from start to finish.



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# Government commits to beneficial ownership register

In a statement issued this week, Government has announced that it will advance Cayman's laws to introduce a public register of beneficial ownership information when these types of registers become the international standard and at least implemented by EU Member States by 2023.

"We recognise and fulfil our responsibility to the globally interconnected financial system to prevent the use of our jurisdiction for hiding and transferring illicit funds around the world," a release from Government read.

Government went on to say that such a move needed to be undertaken by many other countries in order to have an impact.

"In such a globally interconnected framework, transparency standards had to be widely adopted and effectively implemented in order to have a tangible impact," it said. "The United Kingdom has been a leader in championing such standards, and the European Union has further advanced these principles in the EU fifth Anti-Money Laundering Directive (5th AMLD). We support these principles and commit to further develop the accessibility and transparency of our systems for beneficial ownership of companies consistent with emerging international standards."

Government also confirmed that this commitment was made "with due regard to the protection of and proportionate safeguards for fundamental rights of individuals, in particular the right to privacy, the protection of personal data and the presumption of innocence."

The Government's intention to introduce a public register of beneficial ownership is in line with evolving standards and international obligations such as those reflected in the principles of the EU 5th Anti Money Laundering Direc-

tive and follows the announcement of similar moves made earlier this year by the British Crown Dependencies.

"The commitment to introduce publicly accessible registers on a timeline that reflects the development and evolution of public registers in the UK and EU confirms our ongoing commitment to meeting international standards, and to adapting proactively as global best practice evolves," a Government statement read.

Premier Alden McLaughlin said the Government had committed to introduce a public register of company beneficial ownership when it becomes an international standard and that time was now approaching.

"The introduction of the UK's public beneficial ownership register, the EU 5th Anti Money Laundering Directive and similar actions by other jurisdictions represents a shift in the global standard and the practices used to combat illicit activity," he confirmed. "I am proud that the Cayman Islands has worked so well with law enforcement and tax authorities the world over, and that the level of transparency of our regime has been recognised by key international bodies and other governments. The timeline we have announced today recognises the work necessary to create a register that is sufficiently robust, capable of suitable levels of interoperability and that will avoid the redesigns that the UK now has to undertake."

Minister of Financial Services Tara Rivers said these plans reinforced Cayman's standing as a leading International Financial Centre and Cayman's commitment to global best practice.

"It is appropriate that other jurisdictions with developed financial services industries follow suit, and we will make every effort to support the global devel-



► Minister of Financial Services Tara Rivers

opment and implementation of evolving international standards in this area. We stand ready to work collaboratively with other jurisdictions as a common approach emerges in the design and maintenance of verified beneficial ownership registers," she stated.

Cayman Finance issued a statement in favour of the move.

"Cayman Finance supports the decision by the Cayman Islands Government to introduce a public register of beneficial ownership in line with evolving global standards and practices within a timeframe that aligns with UK legislation and the EU 5th Anti Money Laundering Directive," it said.

"The Cayman Islands' position as a premier global financial hub is based, in part, on our industry's long-standing commitment to the highest global standards for transparency and cross-border cooperation with tax and law enforcement authorities. That commitment has

contributed significantly to the Cayman Islands achieving the same OECD rating for transparency as countries like the UK, US, Germany, Canada and Australia.

Cayman, it said, was already ahead of the game in this respect, having had its own system of verifying beneficial ownership for a good while.

"Our industry has also actively supported Cayman's verified ownership regime for more than 15 years even though verification of ownership information is not yet a standard achieved by most other jurisdictions, who still rely on less accurate registers of self-reported information," it said.

The association said now that the UK and EU were establishing an emerging global standard for ownership registers to be public, the Cayman Islands financial services industry would work closely with the Cayman Islands Government to ensure Cayman met that standard also. 🌐

# Minister Hew Addresses Mare Forum of Shipping Sector Leaders

The Minister for Commerce, Planning and Infrastructure, Hon. Joey Hew was the keynote speaker at the Mare Forum on Friday, 27 September.

The Mare Forum conferences take place across the world and are regarded as highly influential for key players in the maritime and shipping industries. They host prestigious discussions and debates relating to current and future issues pertaining to the sector.

The theme for the Superyacht Europe 2019 conference held in Monaco was: What's next in yachting?

The high-profile symposium gave Minister Hew a platform to stress that the Cayman Islands is open for business and will continue to grow the portfolio of mega yachts that operate under the Cayman Red Standard.

"A huge cross-section of powerful industry voices came together at this prestigious forum to share views and debate business strategy alongside policy-makers," Minister Hew explains.

He adds: "Everyone from yacht owners to maritime lawyers, marine equipment manufacturers and industry regulators is able to voice an opinion. This makes it a highly useful exercise for us to participate in, as we seek to maintain our position at the forefront of this important industry."

The Cayman Islands has the top-rated shipping registry in the world, with the most experienced staff of the flag states in the yachting industry. An efficient registration system and competitive pricing structure, coupled with highly specialised service providers, contribute to the Cayman Islands being the preferred choice for discerning ship owners.

In his speech, Minister Hew noted that the Cayman Islands is continually updating legislation and introducing innovations, which enhance safety. These also help to make the industry sustainable, by promoting improvements such as helping prevent pollution.

He emphasised how the highly-skilled technical staff at the Registry has, for more than two decades, been involved in the majority of the largest new-build yacht projects in the world.

Under the leadership of Maritime Authority of the Cayman Islands (MACI), which falls under the remit of the Ministry of International Trade, Investment, Aviation and Maritime Affairs (MITIAMA), the Cayman Registry team is able to offer the best possible advice to owners and find actionable solutions to new yacht designs, without compromising on quality or safety.

The Cayman Islands also recently qualified for continuance in the United



► Minister Hew addresses leading industry voices at Mare Forum in Monaco on Friday, 27 September

States Coastguard's Quality Shipping for the 21st Century (QUALSHIP 21) Programme for the ninth consecutive year.

This programme identifies high-quality ships and flag states and to maintain the status, flag states have to meet the highest international requirements. The Cayman Islands is one of the very

few flag states, which have managed to maintain their QUALSHIP 21 status consistently since 2011.

While the Cayman Islands earns substantial fees from the work of the Shipping Registry, the abundance of luxury yachts that are registered in the Cayman Islands and fly the Red Standard further enhance the Islands' global image. 🌐



► The Mare Forum panel, including Minister Hew and CEO of MACI, Joel Walton



► His Excellency Governor Roper is photographed with (l-r) Agriculture Assistant-Extension Oral James, Assistant Director Brian Crichlow, Director of Agriculture Adrian Estwick, Financial Administrator Veronica Mutuva, Senior Veterinary Officer Dr Larry Caven, Agronomist Claudette McKenzie-Bowen and Plant Protection Officer Matthew Castle



► His Excellency Governor Martyn Roper (2nd right) takes a photo with (l-r) Senior Veterinary Officer Dr Larry Caven, Deputy Chief Officer Wilbur Welcome, Assistant Director Brian Crichlow, Director of Agriculture Adrian Estwick, and Agronomist Claudette McKenzie-Bowen during his tour of the plant nursery

# Governor Roper Tours Department of Agriculture

His Excellency, the Governor, Mr Martyn Roper, toured the Department of Agriculture (DoA) for the first time on Friday, 27 September.

He was accompanied by Mr Wilbur Welcome, Deputy Chief Officer, Ministry of Education, Youth, Sports, Agriculture and Lands (EYSAL). Director of Agriculture Mr Adrian Estwick, guided the tour. Assistant Director Mr Brian Crichlow, Senior Veterinary Officer, Dr Larry Caven and Financial Administrator Mrs Veronica Mutuva were also present.

During the two-hour-long tour, Mr Roper visited the department's Administrative offices, Laboratory, Abattoir, Plant Nursery, Animal Rescue Shelter, Sales Warehouse, Veterinary Clinic, Orchard, Compost section, and the recently completed Post Harvest Building.

Upon arrival at each section, Mr Estwick introduced him to the members of staff. Section heads along with employees then provided him with an overview of the work that takes place in each section as well as information about ongoing projects.

"I am impressed at the comprehensive work that takes place here at the Department of Agriculture and the commitment and passion of the staff to their work. Agriculture is a crucial part of our livelihood in the Cayman Islands, and the department plays an important role in providing local farmers with the tools which will enable them to feed the nation," Governor Roper stated.

At the end of the tour, Mr Estwick presented His Excellency Mr. Martyn Roper with a basket of local agricultural produce.

"I am glad that we had the opportunity to provide Governor Roper with an understanding of some of what we do here at the Department of Agriculture," Mr Estwick said.

For more information about the DoA, please visit its website at [www.doa.gov.ky](http://www.doa.gov.ky).



► His Excellency Governor Roper is photographed with Abattoir Supervisor Lincoln Ricketts



► His Excellency Governor Roper is photographed with Animal Control Officer II Ezra Hewitt, Senior Animal Welfare Officer Erik Boddan and Animal Control Officer II Anthony Martin



► Agronomist Claudette McKenzie-Bowen walks His Excellency Governor Roper through the plant nursery



► Director of Agriculture Adrian Estwick (l) presents His Excellency Governor Roper (r) with a basket of agricultural produce

## Governor Appoints Commissioner of Police for a Further Four Years

His Excellency the Governor, Martyn Roper OBE has confirmed that the contract of Police Commissioner Derek Byrne has been extended until the end of September 2023.

In confirming the contract extension the Governor said: "I am delighted that Commissioner Byrne has agreed to renew his contract until 2023. He is a dedicated and experienced police leader who has made an enormous impact to the safety and security of the Cayman Islands. This territory remains one of the safest places to live and visit in the Caribbean and serious crime levels continue to fall under the Commissioner's leadership. The Commissioner, Premier and I are committed to continual reform and modernisation of the police and other agencies who work to keep Cayman safe. This includes developing Caymanian talent and investing in community policing. We will continue to pursue this agenda in the years to come".

The Honourable Premier commented: "I am happy that Police Commissioner Byrne's contract has been extended until 2023. It is reassuring to know that the stability he has brought to the job while helping to train Caymanian police officers will continue."

Police Commissioner Byrne said: "It is a great honour to serve as the Commissioner of Police for the Royal Cayman Islands Police Service and I am very pleased that H.E. Governor Roper has approved my extension in office for the next 4 years. I look forward to working with H.E. the Governor, the Government of the Cayman Islands and with the



► Police Commissioner Derek Byrne

men and women of the RCIPS to continue on our journey to deliver a modern, progressive, professional policing service, one that meets all of the expectations of Cayman society. I am committed to working in partnership with communities across the Cayman Islands to deliver a policing service that has the trust and confidence of the communities it serves. As an entity of the wider Cayman Islands Civil Service, the RCIPS will continue its transition to deliver a police service that is accessible, responsive, transparent and accountable, delivered within an ethical framework supported by robust governance structures, processes and procedures'.

## Asylum Seekers Win Right to Remain in Cayman

Two recent asylum appeals before the Immigration Appeals Tribunal have been granted and both individuals have been granted refugee status. HSM acted for the asylum seekers after their initial applications had been rejected. In two detailed judgments, the Immigration Appeals Tribunal accepted that both individuals would likely suffer persecution due to their political beliefs if they were to be returned to their home country.

HSM Lawyer for the asylum seekers, Alastair David, reflected upon the fullness of the hearing afforded the applicants and the detailed reasoning provided by the Immigration Appeals Tribunal. "It is clear that the Government's efforts in ensuring compliance with all applicable standards, are bearing fruit. The Decisions offer more guidance to Customs and Border Control and should avoid the need for further appeals in similar circumstances."



► HSM Lawyer for the asylum seekers, Alastair David

## Opposition urges Government to reconsider Referendum date

Leader of the Opposition, Hon. V. Arden Mclean expressed his disappointment with Governments plans to hold the Cruise Berthing referendum on December 19th, 2019. Speaking on behalf of the Official Opposition, Mr. Mclean pointed to the announced date as the worst possible time that the Government could have chosen to hold the referendum.

With many voters travelling for the holidays, and everyone caught up in Christmas activities, Mr. Mclean feels that the Government is attempting to manipulate the vote in order to discourage people from fully participating in the process. Mr. Mclean stated:

"I am utterly disappointed in the Premiers lack of respect for the people, his entire Government is complicit in this behavior, and it really puzzles me that supposedly sensible representatives who were elected to represent and advocate for their people can suddenly turn a blind eye to the abuse their Government is dishing out against their constituents."

Mr. Mclean also pointed to the extremely short time voters will have in order to apply for, and be allowed to vote by, postal ballots, he considers it very unfair for the Government to now mobilize civil servants who have worked extremely hard throughout the year and subject them to more time away from their families throughout the holiday season.



► Leader of the Opposition, Hon. V. Arden Mclean

The Premiers attempt to suppress voters and manipulate the referendum results was not lost on the Leader of the Opposition however as he stated:

"This was no coincidence, neither was it a question of efficiency or practicality. The Government is deliberately attempting to pervert the referendum and manipulate the outcome. We are extremely concerned with what is clearly an attempt to deny the people a free, open and fair referendum. It is an indictment of how the Government views its constituents."

## A New Sport Begins in the Cayman Islands

A recently founded federation on the island has brought the Olympic sport of Fencing to Cayman. The Cayman Islands Fencing Federation (CIFF) is a not for profit that has been recognised as the official governing body for the sport of Fencing in the Cayman Islands by the Cayman Islands Olympic Committee. Founded by Logan Ryan Golema, the CIFF envisions Caymanian representation in Olympic Fencing for years to come.

Fencing has existed for hundreds of years and combines both physical and mental aspects to create an exciting and fast-paced sport. Coach Ian Lenthart explains, "I often hear Fencing referred to as physical chess, and I think this is very accurate. Not only is there the aspect of athleticism, but also the mental game of attempting to predict and outwit your opponent."

"It's awesome for the children here. The team is incredibly motivational and inspirational for anyone coming into this sport. It provides a unique opportunity for Cayman," says Ruth Gustafsson, Broker of 1503 Property Group and mother of Sophia, an Epeeist in the CIFF. "It's been a lot of fun," Sophia says. "I always thought it was a really cool sport."

Practices are being held at the Performance Lab on Mary Street and the Arts & Recreation Centre (ARC) in Camana Bay. Age is not a barrier, and they are open to anybody with an interest in Fencing. "We encourage anyone from ages 8 to 85," says Golema. The federation is open to working with schools as it would be a great addition to gym class and is also providing free demonstrations in schools across the Island.

One of the Fencers, Sadie Soloman, a student of St. Ignatius stated, "I've always wanted to do Fencing and when



my mom saw they were starting the federation I was first in line. Since I've started, I've grown and learned so much!"

In addition to regular practices, the Fencing Federation will also be hosting the 1st Annual Cayman Open in January, which will give both local and international Fencers a chance to compete and test themselves. In order to help fund the federation and raise awareness about the Cayman Open, the CIFF will be hosting a dodgeball tournament on Saturday, November 2nd from 1-6pm at the ARC. Registration is open on the website <https://fencing.ky/bookings>.

Taiba Khan, Co-Founder and Director of Finance for the federation, mentioned that there are still a lot of groundwork to be laid. The federation is seeking sponsors, fundraising partners and donations to contribute toward a permanent facility among other things.

"It's the spirit that we have that's keeping us going," she said. "We want to see it through until the end goal, and it's a long way because we're looking towards building an Olympic level team for the Paris 2024 games. That's the goal that keeps all of us on our toes. We come from different places but there's a sense of unity in the sport."

To inquire about how you can be involved email [info@fencing.ky](mailto:info@fencing.ky) or sign up at <https://fencing.ky>



## Overtourism: At What Point Is There Too Much Tourism?

Tourism forms the backbone of many economies; in fact, it is one of the largest industries in the world. It has brought wealth to forgotten rural communities, cushioned the blow of financial crashes, conserved critically endangered species and restored crumbling, historic cities. And, while tourism's benefits are indisputably clear, at what point does a destination experience too much tourism or 'overtourism' - and it becomes an existential risk to the destination?

### What is 'overtourism'?

'Overtourism' is a relatively new term in the public and academic debate on the negative effects that emerge from the presence of too many tourists at certain places and times. "Too many" is a subjective term, of course, but it is defined in each destination by residents, hosts, business owners and tourists. It describes the situation in which the impact of tourism, exceeds physical, ecological, social, economic, psychological, and/or political capacity thresholds.

When rent prices push out local tenants to make way for vacation rentals, that is 'overtourism'. When narrow roads become jammed with tourist vehicles, that is 'overtourism'. When wildlife is scared away, when tourists cannot view landmarks because of the crowds, when fragile environments become degraded - these are all signs of 'overtourism'. There are many examples where the cultural and natural heritage of a place is at risk, or where costs of living and real estate have substantially increased and caused a decline in quality of life.



► Brooke Meyer is the managing partner of Caymera International

### Are we really in danger of 'overtourism'?

Grand Cayman isn't seeing visitor numbers anywhere close to destinations with major 'overtourism' just yet. However, ineffective tourism policies may still lead to a form of 'overtourism'. It's critical for stakeholders to understand what figuratively constitutes 'overtourism' for the island and be prepared with strategies to address the threats from 'overtourism'.

### What can be done to prevent 'overtourism'?

Most experts agree government regulations are key to addressing the threats from 'overtourism'. While it may not be

a challenge now, be prepared. Many cities, for instance, are following Barcelona's lead to tighten restrictions on Airbnb. The Thai government is closing popular Maya Beach on Phi Phi Island for four months every year to allow the sea life to recover. Creatively, Copenhagen is promoting a tourism policy based on "localhood": A long-term vision that supports the inclusive co-creation of



### What are the key causes of 'overtourism'?

'Overtourism' is a complex phenomenon. And, you may be surprised to hear some of the many contributing factors to 'overtourism', and of course these will vary from destination to destination. Airbnb has been used as somewhat of a scapegoat, as hundreds of beds have suddenly been made available, without being subject to any kind of planning. Hosts can undercut nearby hotels, rooms open in already-saturated districts, and as the "home share" concept becomes ever more commercialized, the demand for apartments means that rents are pushed up, and local people are pushed out.

Governments and tourist boards have long believed that more is better. A "successful" year in tourism is generally considered to be one in which numbers have increased substantially. Not necessary considering whether these numbers are of cruise ship passengers, duty free shoppers, resort guests, or high-end visitors; the number is all that counts. The shifting focus of governmental tourism agencies play a role in 'overtourism', as well. Many agencies are now almost exclusively marketing-focused, and their singular goal is promoting growth. Sustainable tourism strategies no longer seem to be as high a priority.

Giant cruise ships are another contributing factor when it comes to 'overtourism'. Thousands of passengers spill out into port cities each day, returning to the ship in time for dinner. Passengers often spend very little in the destinations, yet ensure that historic streets, monuments, cafes and shops are crammed with people, creating an unpleasant experience for residents as well as for visitors who may be staying on land and spending money locally.

Social media also plays a role in popularizing places, which go from being off-the-grid to "must-see" destinations overnight.

With access to affordable flights for most people, it is easy to jet away to that Instagramable destination. The most popular destinations though, are only large enough for a limited amount of people. Natural resources become stretched, environmental issues are raised and residents are pushing back.

their future destination. A future destination where human relations are the focal point. Where locals and visitors not only co-exist but interact around shared experiences of localhood. And in New Zealand, the tourism board is actively promoting tourism visits outside of peak season. This is a good example of how government agencies can use "demarketing" strategies, or deflecting interest in places, to address rising tensions over tourism.

In order to proactively prevent and/or address its impacts, customized and island-specific tools and measures are needed. In addition:

### Key recommendations include:

- Conduct systematic research on the 'overtourism' issue.
- Collect data on the number of tourists and day-visitors, Airbnb and other new forms of accommodation and transport mode shares.
- Put greater emphasis on qualitative elements of tourism development (profitability; local employment, fair pay rates) rather than continued arrival growth.
- Involve stakeholders and particularly residents in tourism planning and development processes on a regular basis in all destinations.
- Support monitoring the 'sentiments' of both tourists, hosts and (other) residents in order to have an early warning of the psychological and social forms of 'overtourism' developing.
- Encourage the creation of a cross-Caribbean Task Force on 'overtourism'. The Task Force should provide 'overtourism' management recommendations and solutions. The tourism bodies worldwide should consider taking a more sustainable and holistic approach to tourism planning to reflect the values and desires of local communities. That will ensure visitor numbers remain in check and tourism remains an enjoyable experience - for tourists and residents alike. Let's get creative. There's room for everyone, at the right time.

Brooke Meyer is the managing partner of Caymera International, a Caymanian-owned hospitality and tourism consulting and advisory firm. Visit Caymera at [www.caymeragroup.com](http://www.caymeragroup.com) or email [info@caymeragroup.com](mailto:info@caymeragroup.com) for more information.



TALK ON THE STREET

# Talk On The Street: Referendum Set for Dec 19

With the recent news that the government will hold a referendum on the cruise port on December 19th, the obvious question comes to mind. This reporter wanted to check the public's pulse on this to see what their answer would be. The specific question posed was, "What will be the outcome of the referendum?" Below are the responses of 15 individuals.

**Johnny, Caymanian, 45:**  
"I think that the referendum will pass. It will be hard, though."

**Al, Caymanian, 48:**  
"The government is smart and they set the referendum for a date that many people might have planned to be off island. I don't think it will pass."

**Anthony, Caymanian, 49:**  
"There is no way that the referendum will pass. There needs to be more than 50% of the total registered voters say they are against it in order to kill the project."

**Victor, Caymanian, 35:**  
"The port is still going to go forward. There are not enough people against it to stop it."

**Kevin, Caymanian, 51:**  
"I think the referendum will fail and the port project will continue. It's a shame, but I think that is what will happen."

**Wayne, Caymanian, 53:**  
"This port is going to be stopped. The people will be heard."

**Michael, Caymanian, 43:**  
"If everyone gets out to cast their vote, then the port will be stopped."

**Lisa, Caymanian, 56:**  
"I hope we can stop the port. That would ruin this island. I don't know if that will happen, though."

**Leslie, Caymanian, 51:**  
"I hope it does. And I hope that the people vote against the port too."

**Gina, Caymanian, 53:**  
"The port is a good thing, but I think that the referendum will pass and that it will be stopped."

**Ernie, Caymanian, 50:**  
"I hope that we can stop this port project. I think it will be very close, though."



► Royal Caribbean Cruise Ship "Oasis of the Sea"

**Leslie, Caymanian, 48:**  
"The government will continue to lobby for the port, and I think that their side will win."

**Corey, Caymanian, 55:**  
"There is no way that we should build this port, but I fear that we will not have enough votes to stop it."

**Bobby, Caymanian, 47:**  
"If there is a God, then the port will be stopped."

**Francine, Caymanian, 61:**  
"If everyone votes their conscience and really thinks about what is best for Cayman, the port project would be stopped." 🌐

# UCCI and the Student-Centeredness Approach

This column has been unswerving in arguing the benefits of tertiary education. Resources dedicated to this level of education are well placed as all the evidence shows that higher education is instrumental in fostering growth, reducing poverty and boosting shared prosperity. A highly skilled workforce, with a solid post-secondary education, is a prerequisite for innovation and growth: well-educated people are more employable, earn higher wages, and cope with economic shocks better.

A World Bank Report on the subject says that Higher education fosters growth, reduces poverty and boosts prosperity.

The report says that 'A highly skilled workforce, with a solid post-secondary education, is a prerequisite for innovation and growth: well-educated people are more employable, earn higher wages, and cope with economic shocks better.' It continues- 'Higher education benefits not just the individual, but society as well. Graduates of higher education are more environmentally conscious, have healthier habits, and have a higher level of civic participation.'

'Also, increased tax revenues from higher earnings, healthier children, and reduced family size all build stronger

nations. In short, higher education institutions prepare individuals not only by providing them with adequate and relevant job skills, but also by preparing them to be active members of their communities and societies.'

In addition to these benefits is the fact that tertiary education, more than any other level, must teach and develop the skills of critical thinking. These skills are vital for the sustenance of our democratic practices and for the further evolution and maturity of our societies. The examined life, to borrow from Socrates, is thus a requirement for national development.

Our local university, UCCI, has been quietly making transformational changes to better place it on a trajectory for sustained contributions to the Cayman Islands. Readers who follow developments at this University will know that the school has adopted three 'pillars' around which its plans and activities cohere.

The first and most crucial is that of student centeredness: 'A UCCI education builds social and cultural capital, advances subject matter expertise and cognitive development, and nurtures agency and civic responsibility providing school leavers and adults with a lifetime

of personal and professional successes.' The second is that the University must be adequately resourced. As is stated in the Strategic Plan, 'Through the strategic engagement of the UCCI campus community with external stakeholders, the institution has secured the resources and relationships needed to fulfil its mission and purpose.'

The third pillar of the strategic plan is for UCCI to become the engine of economic development, innovation and social change: 'UCCI's teaching and scholarly activities regularly adapt to address the educational, research and innovation needs of Cayman's main economic sectors providing essential knowledge and support to the economy while undertaking activities aimed at solving societal challenges.'

The university believes, correctly, that the first pillar is the most important and crucial. In this respect, one of the things it has done is explicitly state the standards to which it aspires.

These standards cover the gamut of student achievement and learning outcomes, institutional integrity, faculty, institutional planning and effectiveness and policies, procedures and practices as they affect the academic enterprise.



► Dr. Livingston Smith is a Professor at the University College of the Cayman Islands. He is also Director of the CXC Education Volunteer programme

Subsequent columns will bring extracts from the UCCI statement of academic standards as they relate to the student experience and other areas of university life. 🌐

# South Sound Squash Club gears up for fundraisers

By Lindsey Turnbull

Squash players across the island are being encouraged to head to the South Sound Squash Club for two important events this October, all in aid of worthy causes.

The first is a fundraiser for popular squash advocate Derek Tyler, a former teacher at Cayman Prep and High School, who sadly was injured in a car accident. Funds raised will go towards the cost of his medical care.

"Mr. T, as he is fondly known, has been a staple and pillar of strength for the Squash Club and a superb advocate of

the sport of squash," Paolo Juarez, South Sound Squash Club Board member said. "In honour of World Squash Day, which happens on Saturday 12th October, and in support of Mr. T, the SSSC will host October's Club Night on that day from 5pm until 8pm."

Squash games will be organised for the evening at a cost of CI\$20.00 per participant. Nibbles will also be included. All proceeds will be going to the family for assistance to cover medical expenses.

Paola said that the SSSC is asking for those unable to join on the 12th October to consider making a donation/contribution to the family, which they can do

by contacting the club to get the Butterfield account details.

She confirmed: "We would love to see the entire community join-in. All levels of players are welcome to play: young, old and in-between!"

The second event takes place on 29th October. In support of Breast Cancer Awareness, this month's Squash & Wine will be hosted in its honour. This will be a 6:30pm start and tickets will cost CI\$15 which will include a drink per person. The Club is asking ladies to wear pink that evening, gather girlfriends, get in court, play some squash and together, "squash cancer", Paolo said.

The game of squash is one of the world's top ten healthiest sport, according to Forbes magazine and World Squash Day is a world-wide campaign with ambitious plans to attract one million new players to the game over the next decade. The South Sound Squash Club is Cayman's premier facility with 24/7 key access and seven air-conditioned courts. It has hosted international events including the 2018 Pan American Squash Championship qualifiers and the Women's World Open in 2012 and currently has around 300



► Derek Tyler, a former teacher at Cayman Prep and High School, with daughter

members who play regularly. They have a number of different programmes, including adult beginner squash, a junior programme, Doubles Drop In, Corporate League, Boxed League, Ladies Squash and Wine, Squash Fit Classes and themed club nights. Various tournaments for adults and juniors are held throughout the year.

Find out more at Facebook.com/SSSCKY or mail info@squash.ky

South Sound Squash Club is located at 25 Anne Bonny Crescent, South Sound. 🌐

**OCTOBER**  
SOUTH SOUND SQUASH CLUB

**WORLD SQUASH DAY 2019**  
OCTOBER 12  
FUNDRAISING

**SQUASH CANCER**

# COMMUNITY EVENTS

## Opening Reception for Bendel Hydes – A Retrospective

**10 October** - The National Gallery invites everyone to an evening reception to celebrate the opening of Bendel Hydes' latest showing. Call 945 – 8111 or email info@nationalgallery.org.ky for more information.

## Little Cayman Tour

**11 October** - As part of Older Persons Month, a tour of Little Cayman followed by a social will be held on Friday 11 October. For more information, call Annie Rose Scott at 925 9872 or 916 7310.

## Traditional Craft Class: Old-Time Caymanian Songs

**12 October** - The National Trust invites you to come out and to The Mission House on Saturday 12 October from 10am to 12:00pm to learn some good ole time Caymanian songs. Cost is CI\$35.00 for adults and CI\$20 for children. Call (345) 749-1121 or email info@nationaltrust.org.ky for more information.

## Older Persons Month Tea Party

**12 October** - As part of Older Persons Month, The Department of Children & Family Services and the Pines Retirement Home are

hosting a Tea Party at the Pines on Saturday 12 Oct from 4 to 6pm. For more information, contact the department at 949 – 0290 or call the Pines at 949 – 5650.

## Squash games to fundraise for Derek Tyler on World Squash Day

**12 October** - In honour of World Squash Day and in support of Mr. T (one of our founding members Derek Tyler), we will have our next club night on Saturday October 12th from 5 - 8pm. Cost is \$20.00 (will include nibbles) per person with ALL proceeds going to the Tyler Family to assist them with the ongoing medical expenses after the car accident he was affected by. If you are unable to come and play, please consider making a donation to Derek Tyler's family. Our banking details are below with the noted reference: Butterfield Online: #02101-030242 South Sound Squash Club Ref: Mr. T

## Brenda Tibbets – Lund Walk/Run

**13 October** - The annual Brenda Tibbets – Lund 5K/10K Walk/Run takes place on Sunday 13 October at 6am from the Seven Mile Beach to Hemmingways and back. The first 400 registrants can collect shirts and gift bags from the Lions Club of Tropical Gardens Pink

Shop in Elizabethan Square from 10am to 4pm daily. The organisation with the most participants will win the Corporate Cup. Runners will be officially timed to give participants their individual times for completing the course. Walkers will not be timed. Age group winners in the run will receive 1st 2nd and 3rd place trophies.

## Walk and Wag 5k Charity Fun Walk / Run

**13 October** - Come and support the Cayman Islands Humane Society at its annual Walk and Wag 5k Charity Fun Walk / Run. This will take place on Sunday October 13th beginning at 7am at Savehaven. The entry fee is CI\$25 and includes a t -shirt for the first 200 registrants. There are many great prizes to be won. You are welcomed to bring your dog, or collect a dog from the shelter from 6am. Registration will be online at www.caymanactive.com/registrations Your support is greatly appreciated and funds raised will go directly towards helping the dogs (and cats) at the Cayman Islands Humane Society.

## West Bay Breast Cancer Clinic

**15 October** - The Lions Club of Tropical Gardens hosts a breast cancer awareness clinic beginning at 10am. at the West Bay District Health Centre. Mammogram vouchers available. Call the Health Centre at 949 – 3439 for more information.

## Chamber of Commerce course - Immigration: Caymanian Status & Naturalisation

**15 October** - This two hour course covers Caymanian Status / The Right to be Caymanian and British Overseas Territories Citizenship of the Cayman Islands. Attendees will understand how foreign nationals can become Caymanian, and the mechanisms by which such status can be lost. Guidance will also be provided as to the difference between having Caymanian Status (being a Caymanian) and simply being a British Overseas Territories Citizen, and also, mechanisms to help employers to determine whether a person is, or may not be, a Caymanian. The cost is \$175 for Chamber members and \$225 for others. Call 949 – 8090 or visit caymanchamber.ky for more information.

## Voices Around the World

**17 October** - Jasmine, in recognition of World Hospice and Palliative Care Day and to support Voices for Hospice, hosts 'Voices Around The World' at the Harquail Theatre beginning at 7pm. Performers include the Cayman National Choir, Cayman National Orchestra, Singrays a cappella group, Miss Jackie's Company Dancers and more. Cost for adults is \$30 and those under 18 are \$10. Tickets available from www.eventpro.ky/voices-for-hospice. For more information, email info@jasmine.ky or call 945 7447.

## East End Breast Cancer Awareness

**17 October** - The Lions Club of Tropical Gardens hosts a breast cancer awareness meeting on Thursday 17 October at East End United Church Hall beginning at 7pm. Mammogram vouchers are available for eligible persons. For more information, call 936 – 1739 or email bcawareness@gmail.com

## Cayman Islands Veterans Association

**19 October** - The 8th annual veterans benefit dinner/dance takes place at Grand Cayman Marriott Beach Resort, held to full military etiquette. The event is a fundraiser for veterans and recognises Cayman's veterans, heroes, current service members, local police, fire service and seamen. Contact Andrew McLaughlin at 916 5317 or caymanislandsveterans@gmail.com for more details.

## Women in White Scholarship Fundraising Event

**26 October** - Women in White - will present their 2nd. annual scholarship fundraising event on Saturday 26 October from 7pm to 11pm. It will be a night of live music, raffles, hand crafted locally sourced and globally inspired cuisine prepared by your favorite female chefs. Tickets are available at eventpro.ky. For more information and group discounts, please email info@womeninwhitefoundation.com. 📍

# You only have yourself to blame

Question for you...whose fault is it that you're out of shape?

If you go by what you see in the media then you probably believe that it's anyone's fault but yours. The big diet companies think that if they put the blame on you, then you wouldn't buy their bogus pills. So they put the blame on your cortisol levels, your fast food diet, or your busy schedule instead of where it belongs - which is squarely on your shoulders.

Sure, you have obstacles that get in your way – your schedule, your job, your kids, the weather, your knee injury from college...but ultimately you have the body that you accept.

I'm going to repeat that so it will really sink in.

You have the body that you accept.

Accepting the blame for your current body is not a bad thing – it's actually quite empowering. Think about it. If it really wasn't your fault, if it really was due to a long list of variables that you have zero control over, then you'd be stuck. You'd have no way to change.

Lucky for you, it's your fault :) So you have the power to do something about it.

## The Secret Behind 'Before and After' Pictures

Allow me to pull back the curtain for you on something that the diet industry doesn't want you to know. You've seen countless before and after pictures documenting weight loss as a result of a diet product. Well, there is more involved than just the diet product, and it's the same across the board.

Look into the eyes of any person in their before picture and you'll see that they are disturbed. The body they have is no longer in sync with the body they can accept.

They changed the body that they accept.

Now look into their eyes in the after picture – see the sweet satisfaction? They now own the body that they decided they could accept. And what a great feeling that is.

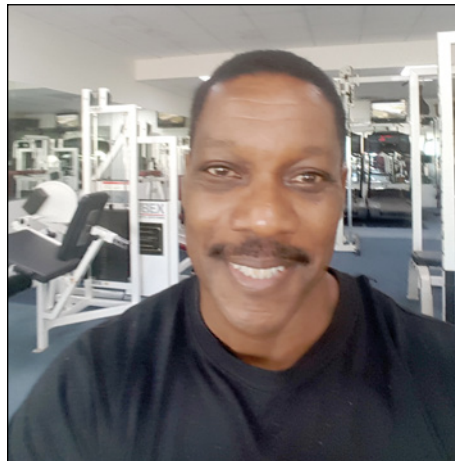
## Your Time To Transform

Whether you realize it or not, you already possess everything you need to transform your body, but it all starts with taking responsibility for the body that you have today. You have your current body because until this moment you've been OK with it.

Oh sure, you aren't thrilled with it, and you even talk about losing weight and getting fit, but you haven't changed what you'll accept. Here's how to transform your body in 3 steps:

## Step One: Get Disturbed

You've heard it said that emotion creates motion. This is essential when it



► Ernest Ebanks

comes to losing weight. Just like those folks in the before pictures, to transform your body you must first decide that you can't live another day in the body you currently have.

It's time to get your emotions stirred up. Make a list of all the reasons that you must lose weight and get fit. Get disturbed!

## Step Two: Get Focused

Without clarity it's very hard to get where you want to go. Now that you're disturbed with the body you have, it's time to decide what the body you can accept looks like.

I want you to think in concrete and specific terms. Just like the captions under those before and after pictures - "Suzy lost 25 lbs," "Mike lost 8 inches from his waist," "Jenny went from a size 18 to a size 6."

Get a clear picture in your mind of what you'll look like in your after picture and visualize what the caption will read.

## Step Three: Get Moving

The time spent between your inspiration (now) and your action determines whether you will succeed or fail. Don't allow yourself to get stuck between inspiration and action - there is always something that you can do right now.

Don't you agree that you'll be happier living life in a fit, healthy and attractive body, rather than the body you have today? Of course you'll be happier.

I've helped scores of clients just like you finally lose their unwanted weight.

I am here to take you from your before picture to your after picture, however, you need to bring something to the table – you need to make up your mind about what you'll accept of yourself.

What will you accept?

**Call Ernest at Body Shapers Fitness Studio 325-8696 or email bodyshaperscayman@gmail.com today to get started on a fitness program and get the body that you want. We are now located in Caymanian Village Unit #10. 📍**



# THEY ARE AMAZINGLY NUTRITIOUS

It's amazing how something so small and natural can be so powerful. People who go nuts are either healthier than those who don't. Eating nuts and seeds regularly, plays a role in managing cholesterol, blood pressure, digestive issues, heart disease, cardiovascular disease, obesity, arthritis, osteoporosis, Alzheimer's and Dementia. Here are some of the healthiest:

**ALMONDS** - One of my favourites on a daily basis. They help influence and lower blood pressure. The DASH DIET recommends 4-5 servings daily, i.e. a cupped handful.

**WALNUTS** - This is my go to with a banana for my mid-morning snack. Hmm! Long touted as healthy, research now shows it's able to lower blood [pressure]. In one study, adults who ate ½ cup daily for 4 months, had better blood flow, lower blood pressure and smaller waistline. (Journal of American College of Nutrition).

**PUMPKIN SEEDS** - The oil form of the seed is the better option for lower-

ing blood pressure. They generate Nitric Oxide that helps in stabilizing the heart rate, and regulates pathological changes in the heart when patients have heart disease.

**MACADAMIA** - Here's one of my favourites as well. In fact I would put it at the top of the list. IT HAS NO CHOLESTEROL. Recent research shows that by consuming 50-100 grams daily can greatly reduce blood cholesterol up to 9%. In addition, consuming this marvellous nuts 5 times or more per week, you can reduce your risk of coronary heart disease by 53%.

**HAZELNUTS** - Eating hazel nuts and other tree nuts can reduce your risk of heart disease. They contain huge amounts of monounsaturated fats, vitamin E and a wide variety of minerals.

To get an even greater benefit with these powerhouses of health, add them to your smoothies. PLEASE CONSUME IN MODERATION. Enjoy!! 📍



# Second RCIPS 2019 Recruit Class Graduates from Training to Operational Duty

The RCIPS' newest group of officers officially graduated from training to operational duty on Thursday, 26 September.

The class of twenty-two, the second recruit class of 2019, successfully completed fifteen rigorous weeks of training under the Initial Recruit Foundation Course, which provides a firm grounding in the legal, operational, and fitness aspects of the job. The graduation ceremony officially recognized the end of the foundational training of these 11 females and 11 males, and the true beginning of their careers as police officers.

The recruits range in age from 19 to 41, and hail from various academic and professional backgrounds. The class also includes a former RCIPS civilian staff member and seven former auxiliary constables, who have made the transition to police constable. The new officers have expressed interest in the range of diverse careers the RCIPS has to offer, including criminal investigation, community policing, K-9 and marine, but all have expressed a desire to become assets to the RCIPS and their communities.

Giving his address on behalf of the graduating class, PC 203 Hershell Thompson said that the reality of the training course was nothing near what he and his fellow recruits had been expecting. "There's no doubt that we challenged ourselves physically and mentally. We constantly strove to overcome our weaknesses and replace them with newfound strength and confidence," PC Thompson said.



Sharon Graham, head of the Training and Development Unit, spoke of the tremendous growth that she observed in the recruits during the training course. For her, they truly became officers during "Traffic Week," when they were able to have their first interactions with the public as police constables, conducting traffic stops and issuing traffic tickets, and dealing with all the pressure that entails.

Three of the recruits were given four special awards at the ceremony: PC 253 Delmar Alexander received two awards: Team Spirit and Best in Drill. PC 443 Sherice Williams received the Most Improved award. PC 384 Winsome Anderson, received the Best Academic Student award.

"Policing is a rewarding and noble profession, and the future is bright for those who wish to excel," said Commissioner of Police Derek Byrne, "I know that there are many careers you could have chosen and many directions your lives could have gone in, but at the end of the day you chose to become police officers, and I thank you for stepping up."

He encouraged the new officers to always put integrity first when it comes to their work. "Police work is a business of partnership, and partnerships rely on trust," Commissioner Byrne said. "To be a good officer you must be trusted and rely on your integrity. Your communications with the community must be open and honest. Integrity is about consist-

ency, you must do the right thing at all times, even when no one is watching."

His Excellency The Governor, Mr. Martyn Roper, congratulated the new recruits on their graduation and welcomed them to the RCIPS. "Policing can be a very challenging but also exciting career and I know that the RCIPS is working hard to connect and engage with communities across the islands. I welcome the continuing focus on community policing and our new recruits will have a big role to play in that."

"I was very pleased to see that among those passing out was again a good contingent of Caymanians, and also 11 female officers, indicating that we are achieving an improving level of gender balance in the recruitment process. I thank each and every one of you for stepping up to the challenge to become sworn police officers, to uphold the laws of the Cayman Islands, protect communities and create a safe environment for people to live, work and visit."

Now that they have graduated and been assigned to police duties, the new constables are embarking on a tutored phase of on-the-job training with an experienced officer, during which they will be assessed for their suitability for independent patrolling. Continuous assessments throughout their two-year probationary period will follow, until they are eventually confirmed in rank by the Commissioner.

The RCIPS now accepts applications year-round for local police constables on its website at [www.rcips.ky](http://www.rcips.ky). The RCIPS also participates regularly at career fairs around the islands and welcomes any questions about the recruitment process or a career in policing at [RCIPSHR@rcips.ky](mailto:RCIPSHR@rcips.ky).



# Second healthcare team joins Bahamas relief efforts

A second team of healthcare professionals was deployed to the Bahamas on Friday, 4 October as the first team returned on the same day after providing two weeks of relief support to the country's healthcare workers in the aftermath of Hurricane Dorian.

The team members include Dr. Gilbertha Alexander, Dr. Obinna Eleweanya, Dr. Eryka Simmons, Dr. Peter Soltau and Nurse Muhammad Abdullahi of the Health Services Authority (HSA) and Nurse Shanna Grant of CTMH Doctors Hospital. The group will continue the work of their returning colleagues by offering clinics and medical care in Marsh Harbour, Abaco Islands, providing respite time to healthcare staff in the

Bahamas to allow them to care for themselves and their families.

"On behalf of CTMH Doctors Hospital, our thoughts and prayers are with those who have been affected by Hurricane Dorian," said Head Nurse at the CTMH Doctors Hospital Jennifer Williams. "We are humbled to be able to have one of our registered nurses, Ms Shanna Grant, be a part of the second team to provide relief. This is certainly a time of need for our fellow Caribbean neighbors and we are happy to help in any way we can. It has been a pleasure working with Ms Lizzette Yearwood and her team to pull this together on a tight timeline. We at CTMH Doctors Hospital are wishing Team 2 a successful, safe and rewarding experience."

The returning team was welcomed back by colleagues and officials from the Ministry of Health. Reflecting on his experience providing medical care to the people in Bahamas, HSA Critical Care Nurse Riley Ondoy said, "It's been a wonderful experience and we received as much as we gave. The people were friendly and very accommodating from the first day and we tried to return their kindness by providing the wholehearted service that they deserve during this tumultuous time."

"During their time in the Bahamas our staff worked diligently and compassionately with their patients and united efforts with various international organizations that were also there to assist,

such as the US Coast Guard and Heart to Heart International," said HSA Chief Executive Officer Lizzette Yearwood. "I am very proud of the initiative they have shown and I am grateful for their safe return home."

"It was wonderful hearing from our returning team of healthcare practitioners about their humbling experiences whilst delivering medical care in the Bahamas," said Hon Dwayne Seymour, Minister of Health, Environment, Culture and Housing. "I am extremely encouraged to know that despite the size of our islands compared to those around us, we positively impacted the lives of the people in the Bahamas including the healthcare staff, patients and other volunteers."



► Health City staff welcomes their Team one members home



► Ministry of Health officials, HSA and CTMH Doctors Hospital members say farewell to the second medical team at the Owen Roberts International Airport

**WEEKLY WEATHER FORECAST**

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
87° / 82°	86° / 82°	87° / 82°	86° / 81°	85° / 82°	84° / 83°	85° / 82°
Partly sunny with a shower	A brief shower or two	Partly sunny, a shower or two	A couple of afternoon showers	A shower in the morning	Partly sunny with a shower	Variable clouds with a shower

# 2019 Water Authority Scholarship Recipients Announced

Water Authority – Cayman is pleased to announce the recipients of its Annual Scholarship. Typically, one scholarship is awarded, but this year the Authority is pleased to present the scholarship to two deserving applicants; Alexander Elias and Kaled Giron.

The Authority's scholarship, of up to C\$30,000, is provided to a suitably qualified Caymanian to obtain an undergraduate academic or technical/vocational degree or diploma in a field of study relevant to the Authority's work.

Mr Elias will study Applied Computer Science at Dalhousie University in Nova Scotia, Canada. He is a graduate of Cayman Prep & High School, where he earned 3 A-Level passes, including in Computer Science. His interest in IT runs so deep he often spent his free time learning new programming language.

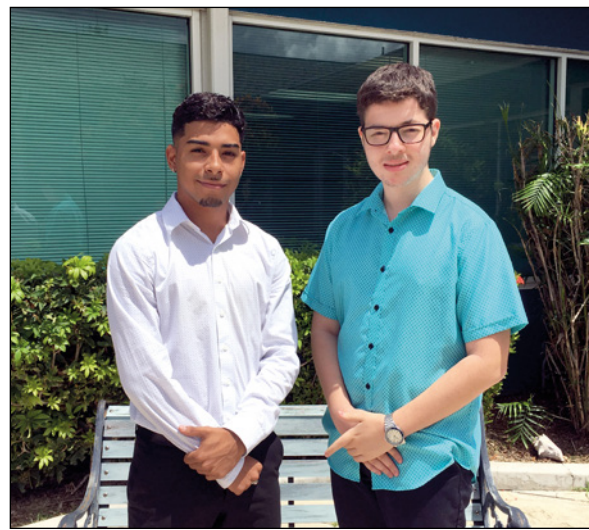
"I'm really happy that I was chosen for this scholarship and very thankful to the Authority for this opportunity," says Mr Elias. "I'm excited to see how what I learn can be applied and help the organisation function even better, whether that's automating services or making water testing more efficient."

In addition to focusing on his studies, Mr Elias hopes to take part in a robotics programme and play squash at his University.

Mr Giron will pursue a degree in Information Technology at Florida International University in Miami, Florida. He is a graduate of John Gray High School, where he achieved ten external examination passes. He earned his Associates of Science in Computer Science from the University College of the Cayman Islands, after which he spent a year working as an IT Service Desk Specialist, gaining practical experience in the IT field.

"I've always had a fascination with how systems work and run, and that has only grown over time. I'm very grateful to the Water Authority for granting me this scholarship so that I can learn even more about this field," Mr Giron explains. "Businesses are becoming more dependent on technology, and I hope that what I learn will help be an asset and make the company even more efficient."

Mr Giron plans to get a Masters Degree in IT or Computer Science in the future and obtain IT cer-



► Water Authority 2019 Scholarship Recipients (l-r) Kaled Giron and Alexander Elias

tifications to make him more competitive in the IT field.

Water Authority Director Dr Gelia Frederick-van Genderen said that the organisation was proud to support Mr Elias and Mr Giron.

"Enabling Caymanian students to pursue their educational goals is very important to the Authority, particularly when it comes to the STEM subjects – Science, Technology, Engineering and Mathematics," she said. "Professionals from these fields are critical to the water industry, and the Authority is proud to support both Mr Elias and Mr Giron's educational and professional development. We wish them all the best as they pursue their studies."

The Authority will begin accepting applications for the 2020 Scholarship early next year, and the deadline for applications will close on 30 April 2020. For more information about applying for the Authority's Annual Scholarship, please visit [www.waterauthority.ky/scholarships-how-to-apply](http://www.waterauthority.ky/scholarships-how-to-apply).

*The Water Authority is the statutory body responsible for the management of water and wastewater in the Cayman Islands. The Administrative Headquarters is located at 13G Red Gate Road, George Town, Grand Cayman, Cayman Islands.*

## OBITUARIES

### Churchill's

Funeral Home

We have been asked to announce the passing of Mr. Gregory Washington Walters, who passed away on Saturday, September 21, 2019. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at [churchillsfuneralhome.com](http://churchillsfuneralhome.com)

### Churchill's

Funeral Home

We have been asked to announce the passing of Mr. Linton Antonio Spence, who passed away on Suddenly in Grand Cayman. Details of a Thanksgiving Service will be announced at a later date.

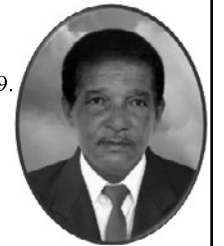


Condolences can be registered at [churchillsfuneralhome.com](http://churchillsfuneralhome.com)

### Churchill's

Funeral Home

We have been asked to announce the passing of Mr. Sedley E. Grant, who passed away on Wednesday, October 02, 2019. A Thanksgiving Service will be held at Savannah Seventh Day Adventist Church on Sunday, October 13, 2019 at 2:00 p.m. Viewing: 1:00 – 1:45 p.m. Interment at: Prospect Cemetery



Condolences can be registered at [churchillsfuneralhome.com](http://churchillsfuneralhome.com)

### Churchill's

Funeral Home

We have been asked to announce the passing of Mrs. Klefen Morna Miller, who passed away on Tuesday, October 01, 2019. A Thanksgiving Service will be held at Churchill's Funeral Home, 328 Eastern Avenue, George Town, Grand Cayman on Saturday, October 12, 2019 at 3:00 p.m. Viewing: 2:00 – 3:00 p.m. Interment at: Prospect Cemetery



Condolences can be registered at [churchillsfuneralhome.com](http://churchillsfuneralhome.com)

### Churchill's

Funeral Home

We have been asked to announce the passing of Ms. Gloria General, who passed away on Monday, October 07, 2019. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at [churchillsfuneralhome.com](http://churchillsfuneralhome.com)

### Churchill's

Funeral Home

We have been asked to announce the passing of Mr. Richard Horace Christian, who passed away on Tuesday, October 1, 2019. A Memorial Service will be held at Avocado Lane, Tropical Gardens, George Grand Cayman on Saturday, October 19, 2019 at 4:00 p.m.



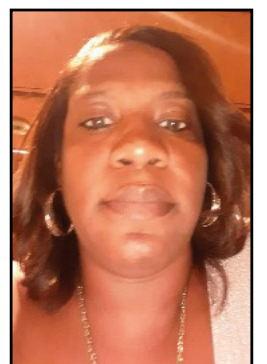
Condolences can be registered at [churchillsfuneralhome.com](http://churchillsfuneralhome.com)

The Family of the Late **Michell Antonetta Morgan** regret to announce her passing on Tuesday, 24 September 2019.

A funeral service will be held at 2:00 p.m. Sunday, 13 October 2019 at Church of God- Universal, viewing will be from 1:00 p.m. prior to the service.

Interment will follow at the Prospect Cemetery.

Condolences can be registered at [www.boddenfuneralservices.com](http://www.boddenfuneralservices.com) & Bodden Funeral Service Facebook page



## MOMENTS OF INSPIRATION



# What About Heaven?

**The Rev'd Christopher Pierce**  
Rector, St. Alban's Anglican Church  
[www.churchofenglandcayman.org](http://www.churchofenglandcayman.org)

I have as yet to meet someone who doesn't want to go to Heaven. Many believe that Hell isn't real but they are sure about Heaven...it just has to be. But like Hell, Heaven is not just a word. It's a destination. So what does the bible say about Heaven? You could easily say, it's described as the opposite of Hell and you'd be correct...but what are some of the particulars?

In St Matthew's Gospel Ch. 25, Jesus says there will be a great day of judgement and on that day, there will be a separation of all who've ever lived. In the end, there will be two kinds of people. Jesus describes them as sheep and goats. The sheep hear these words; "Then shall the King say unto them on his right hand, Come, ye blessed of my Father, inherit the kingdom prepared for you from the foundation of the world. (v. 34) Those described as goats will hear; "Depart from me, ye cursed, into everlasting fire, prepared for the devil and his angels. (v. 41)

When the Apostle Paul was writing to the church in Corinth, he described Heaven, repeating the description of the Prophet Isaiah; "But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him." (1 Corinthians 2:9)

Think about that. You have seen some pretty amazing things in your life...but they don't compare with Heaven. Your eye hasn't seen anything greater. Your ears have not heard anything sweeter. In your heart's greatest imagination, nothing

can surpass the reality of Heaven. Breathtaking, isn't it?

As a pastor, it has been my great privilege to be with many people at their death or near it. The saints of the Lord near it with a sense of expectation...a sense of anticipation. The way that they are to die might not be pleasant but they look forward to seeing and hearing the promises of the Bible fulfilled.

One of those dear folks had been in poor health for decades and would openly say, "You know, I don't know why the Lord has kept me alive for so long"...then she'd stop, consider her words and continue, "I guess He still has something left for me to do...so, I'll wait." She had a sense of God's purpose in her life and a lifetime of experience in trusting Him for everything. She knew He was utterly trustworthy.

I don't think I ever visited her when she didn't say, "You know, I just can't wait to see Jesus. I want to see his face. Often, she'd make her arthritic hands play one verse of, "I Stand Amazed in the Presence."

At her funeral, we sang the hymns she'd chosen. The last one was, "I Stand Amazed in the Presence." The last stanza says, "And when with the ransomed in glory, His face I, at last, shall see, T'will be my theme through the ages, To sing of His love for me; How marvellous! how wonderful! And my song shall ever be: How marvellous! how wonderful! Is my Savior 's love for me."

Many in the congregation knew of her desire to see Jesus. As we sang, that last verse hit us all at once. Her faith had become sight. We experienced a little of Heaven that day. It, like Jesus, was marvellous. ☺

**POLICE NEWS**

# Man Arrested in Relation to Boating Collision

A man, age 35 of George Town, has been arrested on suspicion of manslaughter in relation to the boating collision which occurred in the North Sound on Sunday, 11 August.

One of the boats involved, which capsized as a result of the collision, is the PepperJelly, a white 32-foot Scarab centre console boat with two engines, registered to Mango Jam Charters. It is said to have docked in Camana Bay where several passengers disembarked, before departing with three occupants and re-enter-

ing the North Sound where the collision took place. Police believe the boat left Camana Bay sometime after 7:00PM.

The second boat, which sustained significant damage, is a 24-foot Hurricane Deck boat with a single engine. It has a white hull with a dark blue stripe and a light green bimini top. It is said to have last been seen in the Star Fish Point area at around 7:30PM, when it departed with three occupants, to travel back across the North Sound.

As a result of the accident, John Turner, age 70, a UK-national living in Cayman, and Emmanuel Brown, age 49 of George Town died.

Emmanuel Brown was a police officer with the RCIPS for twenty-two years, having retired in 2018.

The woman, who was the third occupant of the vessel, was in hospital in critical condition immediately after the accident. Her current condition has not been reported.

The 35 year old man been bailed as investigations continue. 🌐



# Man Found Unresponsive in George Town

Shortly after 4:30PM on Monday, 7 October, officers responded to a report of a man found unresponsive on Beckz Close in George Town. Emergency Services attended the location and the man was pronounced dead on the scene.

Formal identification of the deceased man has not yet been established. The matter is currently under police investigation. 🌐



# WIN GIVEAWAYS

## SATURDAY, 12 OCT. 2019

## THE ARC, CAMANA BAY

### 11AM – 5PM

FREE  
TO ATTEND

GLOBAL NEWS BRIEFS

## Canadian hopefuls rely on millennials

Canadians are thinking about whom they'll vote for in the upcoming federal election on Oct. 21 and the most crucial demographic is millennials. According to Elections Canada, there are 27.2 million Canadians who will have the power to make a difference, should they choose to vote, but the generation most likely to decide the prime minister is millennials.

Millennials will make up the largest voting bloc and will have the opportunity to bring significant representation to the polls. According to Abacus, a research and strategy firm that specialises in voting trends, those born between 1980 and 2000 can have the most significant impact on the results of the federal election if they choose to vote.

"It's clearly a very important demographic," Peggy Nash, a political commentator and former NDP MP said. "Not only because of their numbers but because of the decisions that they make. The choices that they make will affect the future of the country for many years to come."



► Canadian millennials have a crucial influence on the elections

Past trends from previous federal elections in Canada have shown low turnouts from young Canadians. "I've talked to people in their 40s, 50s and they had never voted before, and I think it's shocking," Nash said.

However, the last federal election in Canada threw the trends off. In 2015, voter turnout for the Canadian federal election for people aged 18 to 24 went up from 38.8 per cent to 57.1 per cent, in contrast with the trends seen since the 1990s. 🌐

## Marcos avoids corruption punishment

The Philippine anti-graft court has rejected an effort to claim millions of dollars in art, property and investments from the family and associates of late strongman Ferdinand Marcos, saying the government failed to prove its case.

The government had alleged that Marcos and his wife, Imelda, acquired expensive art works, jewellery, properties and stakes in businesses with help from a former government official and business leader.

During 20 years of rule, Marcos, his family and cronies amassed an estimated \$10 billion in wealth, according to the findings of a commission created after his ouster in a military-backed civilian uprising in 1986.

The government "failed to prove by preponderance of evidence" that the Marcoses and their associates conspired to obtain ill-gotten wealth, the Sandiganbayan court said in a Sept. 25 ruling that was only made public on Tuesday.

The government won a victory in 2018 when the anti-graft court sentenced the former first lady to 11 years in prison for making illegal bank transfers worth \$200 million to Swiss foundations while Manila governor in



► Imelda Marcos and her family enjoyed immense wealth

the 1970s. She is on bail pending her appeal.

Imelda, who famously had thousands of pairs of designer shoes, has served several terms in Congress, while her daughter Imee is a senator. Ferdinand Marcos' son and namesake, popularly known as Bongbong, is seeking a vote recount after finishing runner-up in the 2016 vice presidential election.

The Marcos family enjoys good relations with President Rodrigo Duterte, who just a few months after he was sworn into office in June 2016, allowed the late dictator's embalmed body to be buried at a special heroes' cemetery. 🌐

## 'El Chapo' paid \$1m to Honduras president

Prosecutors in New York have alleged that the convicted Mexican drug lord Joaquín "El Chapo" Guzmán personally gave \$1m in bribes to the brother of Honduras's president to pass on to the Central American leader.

Prosecutor Jason Richman revealed the allegation in a federal court in Manhattan where Juan Antonio "Tony" Hernández, 41, is accused of using his government connections to smuggle US-bound cocaine through Honduras.

In opening statements, Richman described Tony Hernández as "untouchable" in Honduras and confident he would never face justice because of his powerful sibling.

"The defendant was protected by and had access to his brother, the current sitting president of Honduras, a man who himself has received millions of dollars in drug money bribes – bribes he received from some of the largest cocaine traffickers in the world, bribes he received from men like 'El Chapo' and the Sinaloa cartel who personally delivered \$1m to the defendant for his brother," Richman said.

The defendant was described as a "violent drug trafficker of epic proportions" who moved "massive" amounts of narcotics.



► Juan Orlando Hernandez allegedly received millions in drug deals

Hernández's defence told jurors they will see no proof against their client during the trial.

The Honduran president, Juan Orlando Hernández, has been labelled a co-conspirator, though he has not been charged.

Prosecutors allege he took about \$1.5m in drug proceeds to win his first presidential campaign in 2013, in exchange for traffickers receiving protection.

"The allegation in itself is 100% false, absurd and ridiculous ... this is less serious than Alice in Wonderland," the president tweeted on Wednesday. He has said in the past that drug smugglers extradited under his government are seeking revenge. 🌐

## Cuba use oxen and horses to save fuel

Cuba is employing thousands more oxen to plough sugar cane fields and pull farmers' carts due to lack of fuel for ploughing machines and transport vehicles.

Horses will also be used for transport. The strange thing is that such measures reflect a far more serious situation than the month-long temporary shortage stated by President Diaz Canel.

Cuban farmers are already using some oxen, though agriculture had become largely mechanised. The government

will now add about 8,000 oxen to those already in use.

Cuba is experiencing fuel shortages due to a drop in the imports from crisis-hit Venezuela, also under US sanctions.

The island's sugar cane production fell to 1.2 million tons in the season ending last May, down from 1.6 million tons in the previous season.

Cuba imports the majority of the basic foods consumed by its population, a large burden for its depressed state-centred economy. 🌐



► Cuban oxen are replacing mechanised equipment

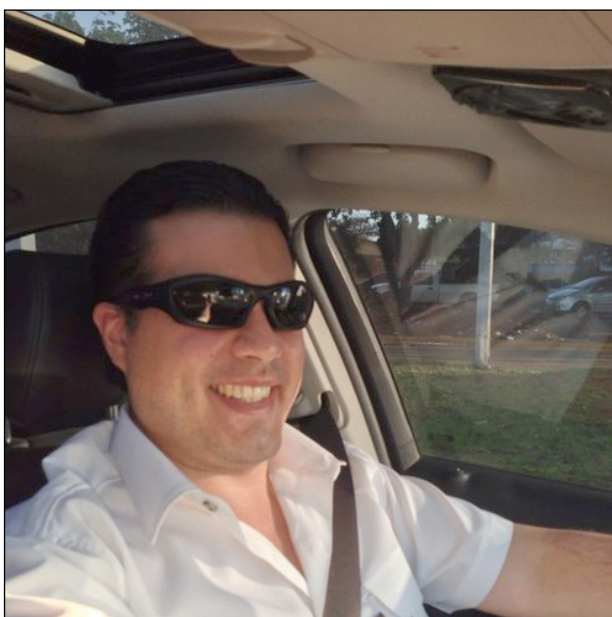
## Venezuelan oil trio arrested

Venezuelan authorities have arrested the president and two other officials in a corruption investigation at state oil company PDVSA's Sinovensa joint venture with China National Petroleum Corp (CNPC).

The three detainees, in the latest round-up in the struggling and graft-plagued oil sector, are Venezuelan. The detention of Sinovensa President Alberto Bockh in eastern Anzoategui state has been confirmed. It was unclear what the precise accusations were against him and the other two detained Sinovensa employees.

Sinovensa had started an expansion project to boost output to 165,000 barrels per day (bpd), President Nicolas Maduro said in August, from a current capacity of 110,000 bpd.

Owned by PDVSA subsidiary Venezuelan Petroleum Corp with CNPC, Sinovensa produces extra-heavy Orinoco crude and blends it with lighter oil to produce medium-grade Merey. Blended crude grades are widely sought in



► Oil chief Alberto Bockh has been arrested

Asian markets, where PDVSA is increasingly sending its crude production following US sanctions that have effectively halted sales of Venezuela oil to the US market.

Opposition leaders say PDVSA has been crippled by malfeasance under two decades of socialist rule, with sporadic arrests more the result of infighting among rival factions than a real effort to root out corruption. 🌐

## Johnson's Brexit plans look doomed

Boris Johnson's Brexit plan appeared to be all but dead on Tuesday night as the government admitted there was little prospect of a deal before Oct. 31, following a day of furious recriminations.

The British prime minister spoke to the Irish Taoiseach, Leo Varadkar, on the phone after a stormy 24 hours of briefing and counter-briefing, as concerns about his tactics were even raised in Johnson's cabinet.

In Brussels, a further extension that could be as long as next summer is now considered almost inevitable, despite Johnson's continued insistence that the UK will leave on Oct. 31, with or without a deal.

A blame game erupted on Tuesday morning as the cabinet gathered in Downing Street when an anonymous source briefed selected journalists about a private call between the prime minister and the German chancellor, Angela Merkel.

The unnamed figure in No 10 claimed that Berlin's insistence on keeping Northern Ireland in the EU customs union made a Brexit deal "essentially impossible, not just now but ever".



► Boris Johnson's Brexit plans are in chaos

That message infuriated Donald Tusk, the European council president, who tweeted directly at Johnson: "What's at stake is not winning some stupid blame game. At stake is the future of Europe and the UK as well as the security and interests of our people. You don't want a deal, you don't want an extension, you don't want to revoke. Quo vadis? (Where are you going?)"

That sentiment was echoed by the European commission president, Jean-Claude Juncker, who said "nobody would come out a winner" in a no-deal scenario. 🌐

# NBA tweet sparks China fury

Who would have thought a seemingly innocuous tweet by Rockets general manager Daryl Morey supporting protestors in Hong Kong would set off a huge chain reaction of fallout between the NBA and China?

With the Los Angeles Lakers and Brooklyn Nets set to play two games in Shanghai and Shenzhen this week, China-based media and businesses are pulling their support from the league.

NBA commissioner Adam Silver has already issued two statements clarifying the league's position on Morey's tweet. Despite the tweet being almost immediately deleted, Silver stated he "regrets" upsetting people in China but wouldn't limit free speech for league employees.

The response has not appeased business leaders and the state-run broadcast networks previously set to air the games. What originally started as a backlash focused on the Rockets now threatens to derail the NBA's strong relationship in China where basketball in the world's most populous country of 1.4 billion is incredibly popular, generating billions of dollars.

While both Nets vs. Lakers games in China remain on the schedule, there is fear the games could be cancelled. China's reaction to that tweet is widespread and seems like a massive over-reaction. China has suspended preseason NBA broadcasts in the country.

Chinese state-run broadcast network CCTV has pulled broadcasts of both Nets vs. Lakers games this week. CCTV issued this statement: "We've noticed NBA commissioner Adam Silver's response to the inappropriate remarks by Houston Rockets GM Morey. We are strongly unsatisfied and opposed to Adam Silver's claim of supporting Morey's rights of having freedom of speech," sports channel CCTV5 said Tuesday on its social media page. "We think any remarks that challenge national sovereignty and social stability are outside the category of freedom of speech."

The network also stated it would "investigate all cooperation and exchanges with the NBA."

The league currently has a \$1.5 billion streaming deal with Chinese media company Tencent but that deal is in



► The Houston Rockets are not popular in China now

jeopardy. Chinese celebrities are boycotting the NBA China games.

Chinese actors, musicians, and other celebrities are pulling out of their involvement in the NBA China games. The Chinese Basketball Association will no longer cooperate with the Rockets even though Rockets former superstar Yao Ming is the president of CBA.

The NBA store in Beijing has replaced Rockets gear with apparel from other teams. Online retailers have also reportedly pulled the team's merchandise. And so on.

On a more positive note, Zion Williamson soared in his first NBA preseason game on Monday night. Showing off the high-flying talents that made him one of the most anticipated rookies in years, Williamson turned in a ferocious slam less than two minutes into his debut with the New Orleans Pelicans and dunked it two more times before the first half was done against the Atlanta Hawks.

"This isn't high school or college anymore," Williamson said. "You've got to go up strong. So I went up strong and I was able to finish." It was quite the

close-range repertoire: one with the right hand, one with the left hand, one with both hands.

He finished with 17 points, seven rebounds, three assists and three steals, helping the Pelicans to a 133-109 victory over the Hawks before a much larger crowd, announced at 15,441, than what would normally be expected in Atlanta for an exhibition between two teams that failed to make the playoffs last season. "I didn't expect that many people to come," Williamson said.

Of course, the score was irrelevant. This was chance to see the future of the NBA for the first time, not counting his brief stint in the Las Vegas Summer League. Williamson did not disappoint, though he's not close to being a finished product after just one college season at Duke. He missed a pair of three-point attempts, turned it over four times and looked a bit lost defensively.

"You know me," he said, breaking into a big smile. "It was a lot of fun. The first NBA game. It's not going to count against the record. But the first one of hopefully many. I'm glad I could get that one under my belt." 🏀



► Zion Williamson made an impressive debut

## King is majestic for Warriors again

Brandon King alone smashed an unbeaten 132, the highest individual score in CPL history, as Guyana Amazon Warriors beat Barbados Tridents to reach the Caribbean Premier League final for the fifth time. Amazon Warriors also extended their unbeaten streak to 11 matches in the process in Guyana.

King can increase his tournament tally in the final in Trinidad on Saturday when the Amazon Warriors face the winner of Thursday's other semi-final between the Tridents and Trinbago Knight Riders.

The 24-year-old Jamaican finished with an incredible ten fours and 11 sixes in his 72-ball knock. While the surface quickened up considerably under lights, Tridents kept losing wickets in their quest for big hits, and while they eventually made 188, their meltdown in the last five overs with the ball, where they conceded 98, proved costly.

During his maiden T20 ton, King went past Lendl Simmons' tally for most runs this season. By the end of his knock, he'd opened a 24-run gap at the top, his tally reading an impressive 453 runs in 11 innings.

The party started in the third over when King took apart Jason Holder, the Tridents captain, for a sequence of 6, 4, 4, 4. The Powerplay produced six fours, two sixes and the Amazon Warriors



► Brandon King has hit the most CPL runs

were well on their way at 48 without loss. Even then, they perhaps wouldn't have dreamt of the total they ended up with. King's shot selection and his leg-side hitting stood out. His pulling off the front foot, reminiscent of Ross Taylor, was particularly impressive.

The Amazon Warriors were 218 for 3 and won by 30 runs. 🏏

## Biles flips all records at worlds

Simone Biles won a record 21st medal at the World Gymnastics Championships on Tuesday as the United States retained their women's team all-around title. Already acknowledged as the greatest woman gymnast ever, she is on her way to collecting the most medals of any gender.

Biles' 15th career gold medal brings her a total of 21 medals, breaking a tie with the Russian gymnast Svetlana Khorkina for the most medals by a woman at the world championships.

She's now two short of Vitaly Scherbo's record among men or women of 23.

"Every year it feels better and better just because we're adding to the legacy," Biles said in Stuttgart, Germany. "I feel like I never think of records. I just go out there and do what I came to do, which is compete for the country."

The US team scored 172.330 points to beat second-placed Russia by 5.801 points and win their seventh consecutive team title at an Olympics or world championships. It's the longest global title streak for a women's gymnastics program since the Soviet Union in the 1950s, 1960s and 1970s.

Biles, the prohibitive favourite in the individual all-around final, qualified for all four event finals. Additionally, she posted the best individual scores on the vault, balance beam and floor. "I think if I do the routine that I did tonight I'll be more than happy" on Thursday, she said. 🏆



► Simone Biles collected her 21st major title

## Bridgewater fills in superbly for Brees

New Orleans Saints quarterback Teddy Bridgewater may have had a career-best performance against the Tampa Bay Buccaneers, but he still cycled home after the famous win. As stand in for the injured Drew Brees, he knows he's on borrowed time anyway, but Bridgewater is not getting carried away with his outstanding form.

The Saints won 31-24 to improve to 4-1 and sit atop the NFC South standings. Bridgewater passed for 314 yards and four touchdowns to keep him unbeaten in three starts for the Saints this season.

Bridgewater has had games where he threw for 300-plus yards or connected on four touchdown passes, back when he was with the Minnesota Vikings, but he's never done both at the same time in the NFL. Until he went out and did just that on Sunday, completing all three of his attempts that travelled 20-plus yards downfield. Wide receiver Mi-

chael Thomas snagged two touchdown catches from Bridgewater, while veteran wideout Ted Ginn Jr. and tight end Jared Cook each reeled in their own scoring plays.

Despite that success — which prompted the crowd of Saints fans inside the Mercedes-Benz Superdome to chant his name — Bridgewater is keeping a cool head and staying humble.

"Every morning, I'm able to wake up and put my feet on the ground, I'm able to tie my own shoes," Bridgewater said, "and there was a time in my life that I wasn't able to do that." At one point in the aftermath of Bridgewater's infamous knee injury, amputation was considered. He ended up avoiding that drastic decision, but still spent months with his leg encased by stabilising rods. He's come a long way from that to play at a high level in the NFL. No wonder he rode to and from the game on his bike.



► Teddy Bridgewater has been brilliant

The Saints take on Jacksonville this Sunday. Brees returned to practice this week. He participated in individual

drills and stretching. He says he's optimistic he can return before the initial six-week timeline he was given. 🏈

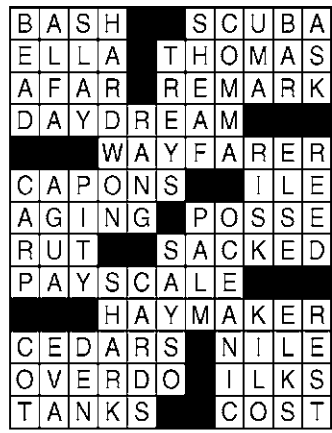
CROSSWORD

By THOMAS JOSEPH

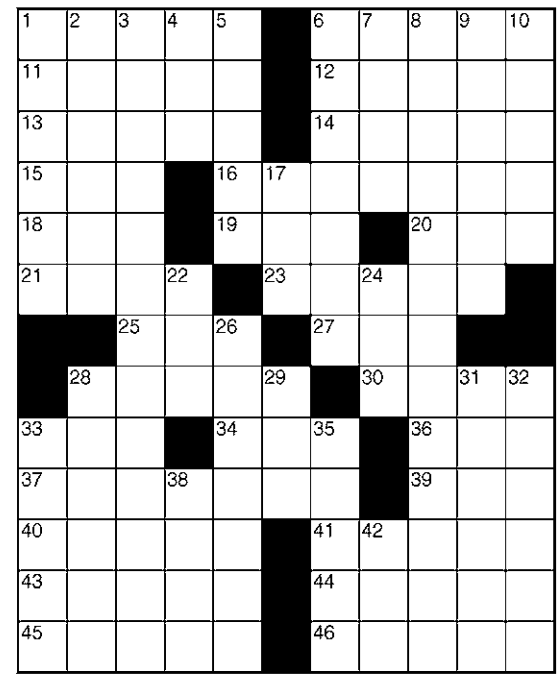
- ACROSS**
- 43 Spotted horse
  - 1 Wine barrels
  - 6 Makes finer
  - 11 Top story
  - 12 "The Tempest" sprite
  - 13 "Keen!"
  - 14 Pat's TV colleague
  - 15 Pitch's kin
  - 16 Expert with keys
  - 18 East, in Germany
  - 19 Work unit
  - 20 Spot
  - 21 Diamond of music
  - 23 Meyers and Rogen
  - 25 Silent OK
  - 27 Go downhill
  - 28 Old market
  - 30 Formerly
  - 33 Music booster
  - 34 Greedy desire
  - 36 Mercury or Mars
  - 37 Florida neighbor
  - 39 Scoundrel
  - 40 Rap sheet info
  - 41 New Zealand native

**DOWN**

- 1 Swiss state
- 2 Relaxed
- 3 Place to begin
- 4 Young fox
- 5 Extent
- 6 Wild ones
- 7 Qom's country
- 8 Outer plaster layer
- 9 Past and present
- 10 Roofing material
- 17 Tax agcy.
- 22 Old card game
- 24 Ring win
- 26 Never seems to end
- 28 Aviator Earhart
- 29 Will Smith film
- 31 Unrefined
- 32 Water whirls
- 33 Visibly stunned
- 35 Debussy composition
- 38 Assess
- 42 "Exodus" hero



Yesterday's answer



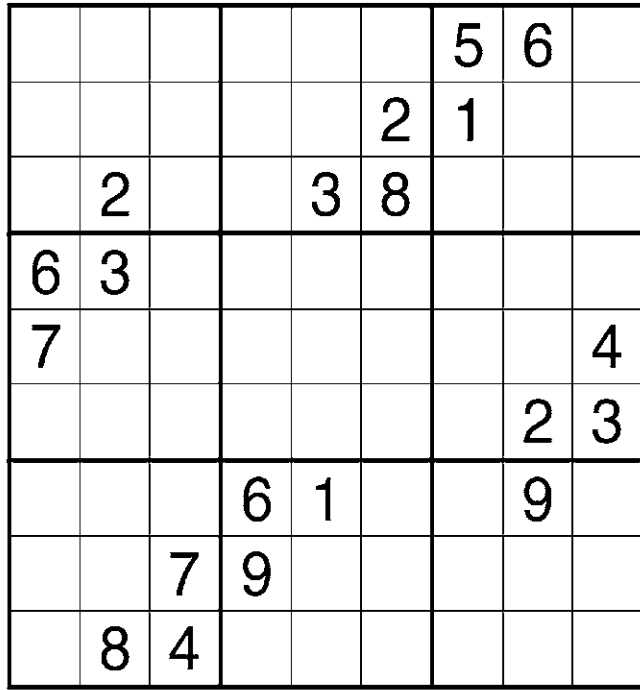
10-26

SUDOKU

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Conceptis Sudoku

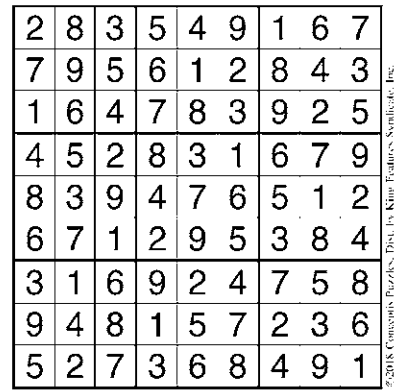
By Dave Green



Difficulty Level ★★★★★

9/15

Answer to previous puzzle



Difficulty Level ★★★★★

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Word Search



- Albumen
- Barnyard
- Boiled
- Chicken
- Custard
- Free range
- Fresh
- Fried
- Lay
- Meringue
- Omelette
- Poached
- Raw
- Scrambled
- Shell
- Whisked
- White
- Yolk



Find the listed words in the diagram. They run in all directions - forward, back, up, down and diagonally.

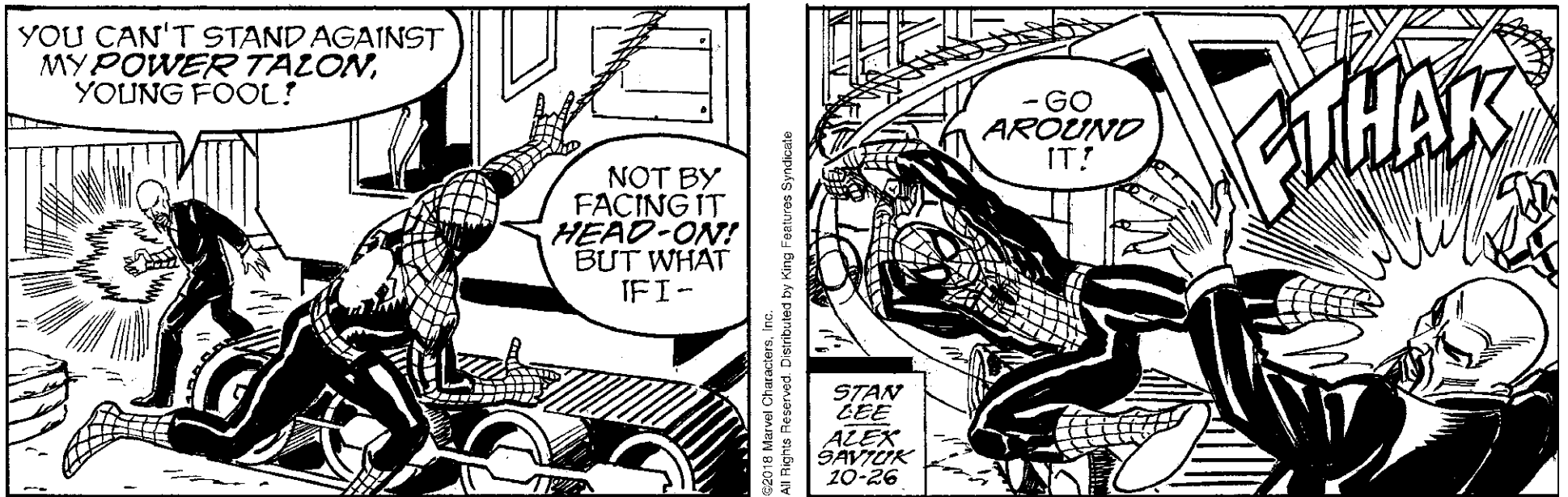
CURTIS

By Ray Billingsley



THE AMAZING SPIDER MAN

By Stan Lee



JUDGE PARKER

By Woody Wilson & Mike Manley







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Should the Cayman Islands Government move ahead with plans to build a new Cruise Port?

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**LETTER TO THE EDITOR**

COMMUNITY VOICE

**Letter to the Editor: Kudos to the RCIPS**

It was pleasing to hear of the RCIPS' Day of Action on Thursday August 15th. Judging by the abundance of accidents, many due to reckless driving habits, I would suggest that there continues to be further checks solely targeting the roads.

2 hour ago

**Most popular News**

- Infrastructure Minister Convenes Emergency Meeting To Discuss Traffic Congestion Issues (3 hour ago)
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Local News



3 hour ago

**Infrastructure Minister Convenes Emergency Meeting To Discuss**

Minister of Commerce, Planning and Infrastructure, Hon. Joey Hew, recently (Monday, September 16), convened an emergency interagency meeting to discuss solutions to the traffic congestion issues affecting the Eastern Districts across Grand Cayman.

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Cayman Finance celebrates completion of 5th year of its

Cayman Finance recently celebrated the culmination of the fifth year of its

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12 finalists have been selected for the 2019 Golden Apple Awards which takes

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At US urging, leaders from numerous Latin American countries on Monday voted to crack down on members of Venezuela's socialist government who have committed acts of corruption, human rights abuse and drug trafficking.

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