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SWANKY JOINS PIRATES WEEK MUSIC LINEUP



Full story on page A6 >>

► Swanky Kitchen Band - Guardians of the Culture (Photo credit: Helene Jones)

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● WORLD WATCH — B2



Brexit Britain heads to the polls

CIFS updates rescue Equipment

New equipment has arrived at the Cayman Islands Fire Service (CIFS) designed to tackle road traffic collisions.

Four complete sets of Holmatro road rescue hydraulic cutting and spreading tools, with associated modern road traffic collision extrication equipment, were added to the inventory of the CIFS this month. The equipment is now located in Frank Sound, West Bay, Central and Cayman Brac stations.

Vehicle extrication is the process of removing a vehicle from around an individual involved in a road traffic collision when conventional means of

exiting the vehicle are impossible or unsafe. A delicate approach to remove vehicle roofs, doors and structural posts is vital to minimise the potential for injury.

"The investment by the Government to provide new equipment for the Fire Service demonstrates our focus on public safety and our commitment to reducing the number of fatalities and serious injuries on our roads," commented the Minister for Home Affairs, Hon. Tara Rivers, JP.

... Continued story on page A8



► Officers display cutting and spreading tools (Photo by GIS)

Premier: CPR will not succeed



Cayman's historic cruise berthing and enhanced cargo facilities referendum, set for 19th December, was debated in the Legislative Assembly on Monday, with Premier Alden McLaughlin confirming to the Assembly that the Government would succeed in their aim to build the new facility and that the group leading the campaign to have a referendum held - CPR (Cruise Port Referendum) Cayman - would fail in its ultimate intentions.

In a blistering attack on CPR Cayman, the Premier suggested that the information they had been disseminating was untrue.

"...there is no requirement in the Constitution or elsewhere for any campaign behind a petition for a referendum to be based on truth," Premier McLaughlin stated. "Nor is there any requirement to keep vested interests, including commercial interests, from being involved in

... Continued story on page A5

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EDITORIAL

Guy Fawkes Night

Guy Fawkes Night, also known as Guy Fawkes Day, Bonfire Night and Firework Night, is an annual commemoration observed on 5 November, primarily in Great Britain. Its history begins with the events of 5 November 1605, when Guy Fawkes, a member of the Gunpowder Plot, was arrested while guarding explosives the plotters had placed beneath the House of Lords.

Celebrating the fact that King James I had survived the attempt on his life, people lit bonfires around London, and months later the introduction of the Observance of 5th November Act en-

forced an annual public day of thanksgiving for the plot's failure. [Wikipedia]

In some British territories, this event is still commemorated and bonfires can be seen on beaches and in open fields. Many fireworks displays are also the norm and parents usually treat the children with the lighting of sparklers.

As we prepare for the fireworks event that marks the start of another Pirate's Week celebration, many of us standing in the crowd will remember the annual November 5th event that marks a significant event in British history. 🌐



COMMUNITY NOTICES

Nominations Deadline Extended for National Arts and Culture Awards

The nominations deadline for the Cayman National Cultural Foundation's 26th Annual National Arts and Culture Awards has been extended until Thursday, 7 November.

The National Arts and Culture Awards recognises those who have made a significant contribution to arts and culture; achieved a high-quality body of creative work; or who have supported the work of CNCF. Each year CNCF recognises the arts and culture honourees at an elegant awards ceremony. Presentations are also made to the Volunteer of the Year, Sponsor of the Year and the winner of the Chairman's Award for outstanding long-term support of CNCF's work.

Nominations are open from cultural and heritage organisations as well as from the general public. Arts organisations may submit nominations for the CNCF Star for Creativity in the Arts in their particular disciplines. The general public can make nominations for the CNCF Heritage Cross. Posthumous nominations can also be considered.

The CNCF Heritage Cross is reserved for individuals and groups who have a consistent and active, quality engagement in the preservation and/or celebration of Caymanian cultural heritage. The award has three levels: GOLD for a lifetime of high-quality engagement; SILVER (minimum of 10 years) and BRONZE (minimum of 5 years).

The CNCF Star for Creativity in the Arts is awarded for artistic endeavour, achievement and excellence in the arts. Like the Heritage Cross, the Star for Creativity also has three levels reflecting the span of the artist's work and/or its overall impact.

For work that covers a shorter period or to recognise other achievements that contribute measurably to the preservation and /or celebration of Caymanian art and culture, the Creativity in the Arts Certificate is awarded.

The deadline for submission of nominations has been extended to 7 November. The awards ceremony will take place on Thursday 20 February 2020, during the month long "Cayfest" festival of the arts.



► Earl LaPierre Receives His Gold Star for Creativity from CNCF Artistic Director Henry Muttoo

Nominations can be made online at artscayman.org. A copy of the nomination form is also available from the CNCF Office during normal working hours: 2nd Floor, in the building directly behind the Harquail Theatre at the F.J. Harquail Cultural Centre, 17 Harquail Drive (Phone: 949-5477).

Last year's recipients were:

Gold Heritage Cross

Melvin Augustine (posthumous)
Maxine & Maureen Bodden
The Crighton Family

Silver Heritage Cross

Annie Rose Scott
Elvie Elizabeth Walton-Thompson

Bronze Heritage Cross

Keino Daley

Gold Star for Creativity

Rita Estevanovich
Earl LaPierre
Joanne Sibley
Janet Walker

Bronze Star for Creativity

Jawara Alleyne
Melisha McField
Isy Obi

Chairman's Award

Winston Salmon

Volunteer's Award

Rebecca Wick 🌐

Dr. Ormond Neely Panton receives Honorary Doctorate

The University College of the Cayman Islands will be bestowing on Dr. Ormond Neely Panton, the degree, Doctor of Science (Sc.D.) honoris causa, in recognition of his contribution to the field of science. This degree will be conferred at UCCI's 2019 Commencement Celebration, November 7, beginning at 7pm.



► Dr. Ormond Neely Panton

The degree of Honorary Doctorate is the highest form of recognition given by the University College of the Cayman Islands to persons of highest distinction. These persons must have made an indisputably positive, signal and lasting contribution to the develop-

ment of the Cayman Islands. Such areas include scholarship, public service, humanitarianism, science and art or any other deemed appropriate.

Dr. Ormond Panton, as a top surgeon, clinical professor and leader and pioneer in the medical field, stands out as a most successful and accomplished medical doctor. His curriculum vitae shows a depth and breadth of achieve-

ments that are difficult to surpass. As a humanitarian, Dr. Panton has kept closely in touch with his country and has quietly contributed to the local hospital and to the University hospital of the West Indies. 🌐

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Another Successful Grading for Purple Dragon

By Flynn Bush

On Friday and Saturday, October 25th and 26th, the premier martial arts group on the island held its super seminar and grading. The Grand Cayman Purple Dragon dojo had its students at the Loyola Hall for this exciting, and challenging, event and everything went smoothly. Professor Don Jacob, the Grand Master and founder of the Purple Dragon discipline, was on hand to conduct the entire event. Accompanying him was Shihan Anthony Thompson who is an 8th degree Black Belt and the second highest ranking student in the system.

The Super Seminar on Friday evening was as always an enlightening, empowering and of course sweaty one. Professor Jacob broke down and educated the students ranging from 6 years - 62 years on several different blocks, strikes, takedowns and exciting life defense techniques. These were followed by some team resistance and aggression drills. Finally, the seminar closed with a demonstration of Block Routine; one that was done by 21 of 23 active Purple Dragon Black Belts in the Cayman Islands.

On Saturday, students were tested in all aspects of their training. There was the physical side which included tests of strength, endurance and flexibility, along with Katas, Self De-



fense and Point Sparring. Also graded, however, was their discipline in how they carried themselves, while seated awaiting their group's turn and their ability to stand in a uniform manner

with little to no assistance or instruction from the examiners.

At the end of the rigorous exam, all candidates triumphed and were upgraded to their next rank. There must be special mentions of Ms. Elizabeth Walton and Mr. Neil Lumley who were upgraded a rank past the one they were testing for. This is also known as skipping/jumping a rank. In addition to Ms. Walton and Mr. Lumley, Ms. Brenda Lee Scott was rewarded for her excellence as it was announced that she had jumped 2 complete ranks. These three warriors were given this distinction because of their outstanding performances.

From here, Professor Jacob is expected to travel back to the United States with visits to Georgia and New York next before continuing the tour over in Canada. Purple Dragon Cayman Islands' very own Instructor Shihan Floyd Baptiste will be joining the Grand Master on the Canadian leg of the grading tour, to render his assistance and to learn more valuable lessons and techniques. These he will undoubtedly bring back to the Cayman Islands to share with the Purple Dragon students here.

Overall, as has become the norm, the Cayman Islands Purple Dragon dojo went into the grading properly prepared and all of the students performed admirably. Well done to all of the students.

For more information on Purple Dragon Cayman Islands visit them on Instagram and Facebook @purpledragoncayman, Call: 946-1241 or email purple@candw.ky



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Register for the Fair at www.bediwalker.com

For more information on the 2019 Boarding School Fair, contact:
Neil Murray at 925-8793, E-mail: L-Murray@candw.ky
Amanda Roberts at 925-4610, E-mail: admin@dormandday.ky
Michael "Bedi" Walker at E-mail: info@bediwalker.com

North American
Boarding School Fair

November 17th, 2019 :: Cayman Islands



NRA Upcoming Roadworks Projects

The National Roads Authority (NRA) would like to alert members of the public about the following existing and upcoming roadworks:

1. **Red Bay Roundabout:** the NRA is providing an expansion to the Red Bay Roundabout, to enlarge it to three lanes. The increased capacity will help with traffic flow to and from the eastern districts. Works began last week, while the schools were on midterm break and completion is expected in December.

2. **Selkirk Drive:** the NRA will deliver a subdivision road upgrade and new road surface (hot mix paving) to Selkirk Drive and Abbey Way. The paving is due

to take place in the first week of November.

3. **Shamrock Road, between Mangrove Ave. and On The Run gas station:** the NRA has implemented a new traffic pattern, allowing for two full lanes of travel westbound, from Mangrove Ave. to Admirals Ave. This added lane capacity will improve traffic flow for the Prospect area. A central lane has also been added to improve entry and exit to The Achievement Centre, Red Bay Primary and Lighthouse Schools.

4. **Rex Crighton Blvd. between Poindexter Roundabout and Chrissie Tomlinson Roundabout:** the NRA has

begun work on expanding this section of Rex Crighton Blvd. from two to four lanes, to add capacity along this section. The increased number of lanes will help shorten the traffic queues that develop at this location in the morning peaks. The CTMH Roundabout will also be upgraded to accommodate additional traffic volumes along this area.

5. **Grand Harbour Roundabout:** the NRA has begun work to create a third lane at Grand Harbour Roundabout. This will be constructed inside the two existing lanes and will be used, temporarily, as a filter lane for traffic entering the roundabout from South Sound Road.

Longer term plans will see the third lane used to help traffic flow in both directions between the CUC Roundabout (at King's Sports Centre) and the CTMH Roundabout.

The NRA apologises for any inconvenience the upgrades may cause and reminds drivers to please be alert to new road layouts and to the safety of crews working on the projects.

For more information about the roadworks, please contact the NRA on 946-7780 or email nra@nra.ky.

The NRA will circulate further information related to these roadworks in the coming days, to provide road-users with more clarification. [f](#)

BE INFORMED

Cruise and Cargo Port Facility PUBLIC MEETINGS

The conversation about whether or not to build a cruise terminal has been ongoing for more than 25 years. We now stand at a pivotal point and must choose which way to go.

Come and hear officials from Government and Verdant Isle Port Partners speak about the project and have your questions answered.

ALL MEETINGS START AT 7PM.

- TUESDAY 12th November Mary Miller Hall, Prospect & Red Bay
- THURSDAY 14th November Family Life Centre, George Town East, South & West
- SATURDAY 16th November Venue TBC, George Town, North & Central
- TUESDAY 19th November John A Cumber Primary School Hall, West Bay
- SATURDAY 23rd November Savannah Primary School Hall, Savannah & Newlands
- TUESDAY 26th November Bodden Town Civic Centre, Bodden Town East & West
- TUESDAY 3rd December East End Civic Centre, East End
- THURSDAY 5th December North Side Civic Centre, North Side



Premier: CPR will not succeed

... Continued story from page A1

such a campaign. Nor is there anything to prevent the government's opponents from using a petition as a vehicle for their wider opposition to the government's agenda."

The Premier went on to say that CPR Cayman had used "all manner of scare tactics and misinformation" to persuade people to sign the petition for a referendum.

"...in my view the leadership was disingenuous when they told the public that their goal was not to stop the port, rather they merely wanted more information on the project. Their real aim as everyone in the House knows full well, was to get enough people to sign their petition by fair means or foul with the hope to derail the project. And they were ably assisted by an online blog and a radio talk show," he said.

Premier McLaughlin said that now that CPR Cayman had managed to get the sufficient number of signatures (a quarter of the voting population) "we can see their true stripes emerge as they now actively campaign to stop the port project."

As a result, the Government had acted "in good faith" and moved forward the Bill before the House for it to be discussed. To highlight that, Premier McLaughlin said that he gave an undertaking on behalf of Government that

they would not move to finalise a contract with Verdant Isle in order to allow sufficient time for the referendum process to come to a conclusion.

"And even as we head to the requested referendum the leadership of the CPR group have moved from one complaint to another to seek to either delay the referendum or have the government change the rules in the Constitution and in the election law that govern the process for a binding people-initiated referendum so as to improve their position for success and to derail the port project," he said, adding, "The CPR will not succeed."

Even though CPR Cayman had recently obtained a legal opinion on a variety of issues to do with the referendum, Premier McLaughlin said the Government had also taken legal advice on the conduct of this matter and as a result, the Government was "more than satisfied that the process being followed is fair and proper and constitutional in every respect".

The Premier continued his attack on CPR Cayman by stating that he felt it was becoming increasingly clear that the CPR leadership and their financial backers were not really interested in holding a referendum, "presumably because they think they will lose, but are simply intent on derailing the cruise port and cargo port project by any means possible, including frustrating it by delay," he said.



► Premier Alden McLaughlin

Premier McLaughlin said Government would not allow that to occur.

"If the CPR leadership and their financial backers (and perhaps the real leaders of the CPR campaign) really believe they have a legitimate challenge to the

process being followed by the Government, they should immediately apply to the court for leave for judicial review and have the matter adjudicated by the court rather than debated in the media," he stated. 🌐

New Executive Director Named for Cayman Islands Tourism Association

The Cayman Islands Tourism Association (CITA) announces the new Executive Director of the organization, Mr. Jay Ehrhart.

Following the rigorous and extensive search for the new Executive Director, facilitated by Baraud and a CITA select committee, "I am extremely pleased with Mr. Ehrhart's selection for the post" said CITA President, Ms. Theresa Leacock-Broderick. "As the Board of Directors are all volunteer roles, the Executive Director is crucial to the successful execution of the organization's endeavors. The Board has every confidence that Jay will build on the work of his predecessors and will be instrumental in advancing current initiatives and opportunities to serve our members and the interests of the industry" she said.

Mr. Ehrhart brings a wealth of government and private sector tourism experience to the

top post at CITA. He was reporter at Radio Cayman for almost 18 years culminating his time there as the News Director. He most recently worked in the Public Relations Unit of the Department of Tourism finishing with over 22 years of government service. Mr. Ehrhart began working in the Cayman Islands in the hospitality industry in Little Cayman in 1995 and has over 15 years of experience in the field.

"The knowledge of the inner workings and programs of the Department of Tourism will certainly support me in my new role as CITA Executive Director" Mr. Ehrhart said. "I am looking forward to working with the CITA Directors, members and the government to help ensure positive visitor experiences and to help our local tourism businesses continue to thrive in this growing industry."

Mr. Ehrhart will take up the post November 1st. 🌐



► Jay Ehrhart

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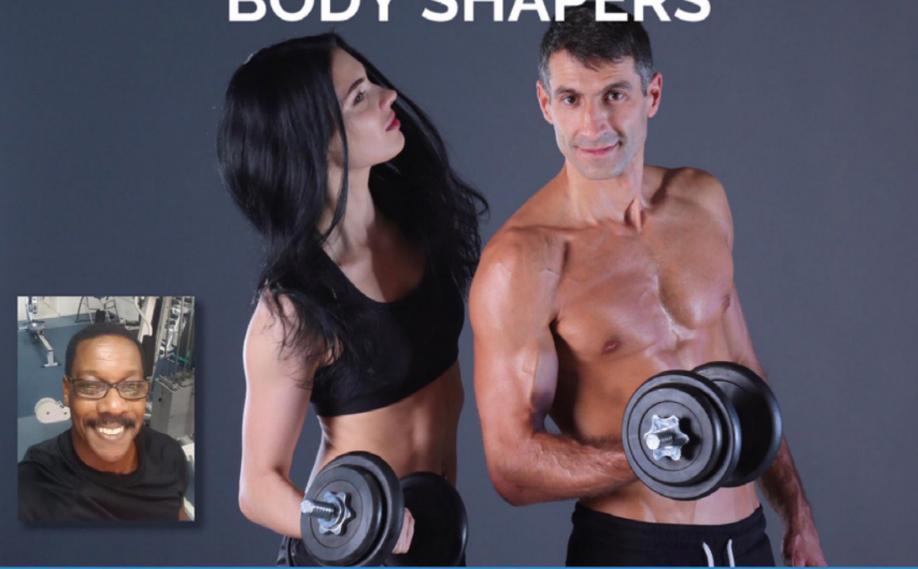


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► Erphaan Alves



► Alison Hinds



► Nickapella

SWANKY KITCHEN BAND JOINS PIRATES WEEK MUSIC LINEUP

Pirates Week is pleased to bring a great line up of local and international music to the Festival this year, including Cayman's premier traditional ensemble; Swanky Kitchen Band.

You can catch the Swanky at the holiday Monday Culture Shop event from 4:00 pm on the main stage- then follow Swanky around Grand Cayman as each District Heritage Day committee welcomes the band in celebration of traditional Caymanian musical stylings who will entertain local crowds with original songs, as well as a mix of Top 40 hits and Caymanian folk songs like "Munzie Boat", "Conch Na Ga No Bone" and others.

"We are so pleased to have Swanky Kitchen Band on board not only for the Culture Shop on holiday Monday but also at the districts for the evening musical events," said Pirates Week General Manager, Melanie McField.

"While it is important that each district organise and host their annual display of traditional art, food and artifacts; we believe showcasing traditional folk songs and Caymanian musical stylings is imperative to the story we tell of the way Caymanians lived and survived 100 years ago," said Ms. McField.

The 2019 District Days will be held between 11am and 10pm from 12th and 16th November and are as follows:

- Tuesday, 12th November - East End
- Wednesday, 13th November - West Bay
- Thursday, 14th November - North Side
- Friday, 15th November - Bodden Town
- Saturday, 16th November - George Town

Partygoers can also expect a variety of international and local soca acts to entertain at the street dances coined 'Pirates Week SOS - Sounds of Soca Weekend' pulling from the festivals 2019 'Shipwrecked' theme.

International acts for the Pirates Week SOS Weekend beginning on Friday 8th November include Erphaan Alves, Alison Hinds, Destra Garcia and the Bakanal Band. SOS - Weekend tickets are on sale now at www.eventpro.ky.

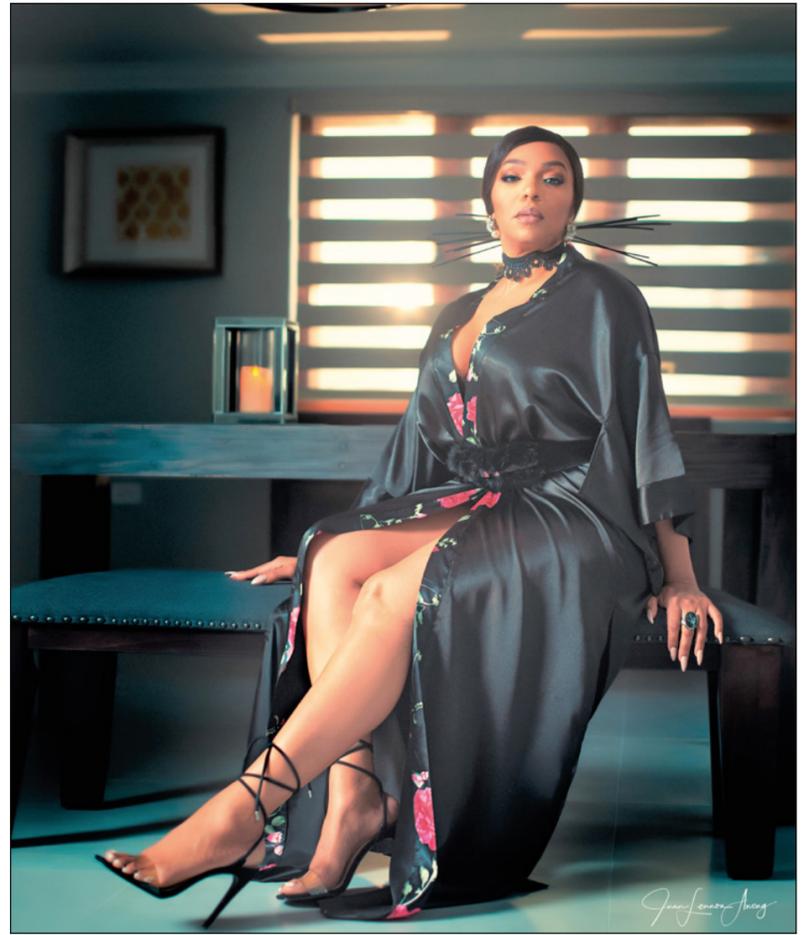
With her headline debut in the Cayman Islands Nessa Preppy performs on Saturday 9th November - that street dance is FREE to the public.

Local acts, Erica Assai, Tha Dude Feev, Stuart Wilson, Mr. Notch, Deja Blue and Nickapella are also performing during

... Continued story on page A7



► Tha Dude Feev



► Destra Garcia

PIRATES WEEK
CAYMAN ISLANDS
SOS Weekend
SATURDAY, 9TH NOVEMBER
Performing Live
NESSA PREPPY
SHOWTIME 8PM
CAYMAN ISLANDS
ACE Hardware
Pirates
BACARDI
sandbar

ERPHAAN ALVES • DESTRA • ALISON HINDS

► Nessa Preppy



► Erica Assai



► Mr. Notch



► Stuart Wilson

... Continued story from page A6

the SOS – Sound of Soca Weekend alongside more than a dozen local DJ's.

To learn more, follow Pirates Week on Facebook (<https://www.facebook.com/CaymanIslandsPiratesWeekFestival/>) or Instagram (<https://www.instagram.com/piratesweekcayman/>) or log on to www.piratesweekfestival.com

The Pirates Week Festival is the largest event in the Cayman Islands calendar, annually drawing over 35,000 spectators for the duration of the 11-day festival. During this time, the islands are transformed into a mass of colour and revelry, with over three dozen different events being hosted over three weekends, across all three islands!

The Pirates Week Festival is administered by the Tourism Attraction Board of the Cayman Islands.

Those looking to participate in the festival or become a sponsor in any way, can email events@piratesweekfestival.com.

If you would like more information about this topic, please email marketing@tab.ky.

BIOS FOR ARTIST

Erphaan Alves

Erphaan Alves is a young Trinbagonian artiste on the rise! Honing his skills from an early age, he has performed for several competitions including the T&T Idol Calypso Competition, Twelve and Under Series, Xante Calypso Monarch, TV6 Sound Stage, TSTT Party Flava Face Off Song Competition, Synergy TV Soca Star, and the National Schools' Soca Monarch which he won in 2008 and 2009. Most notably, he won the National Song competition in 2012 singing his own composition, "As We Rise".

The singer/songwriter's breakout year came in 2012 when he successfully qualified as a finalist in both Groovy and International Power Soca Monarch Finals with the songs "In your Eyes" and "Terrible" becoming the youngest artiste to ever qualify for both categories at just 20 years old. Erphaan was awarded Best New Male Soca Artiste in the International Soca Awards that year and he has gained international recognition being featured as an MTV IGGY Artiste of The Week the same year. In 2018 his song "Overdue" was the Top 10 most played/viewed Soca Song (YouTube views/streams). This year he made his debut appearance in the Finals of National Calypso Monarch competition.

Alison Hinds

Crowned the undisputed "Queen of Soca" by fans worldwide, her powerful, emotional vocals and high-energy live shows are legendary in Caribbean music.

At 17, she joined 'Square One' as one of the band's lead vocalists. The band recorded several albums and won multiple awards with hits like 'Ragamuffin', 'Twister' and 'Faluma'. In 2005, Alison formed her own band and released her first solo album 'Soca Queen' in 2007. She's collaborated with Richie Spice "King and Queen", Jah Cure "Call On Me" and Shaggy "Can't Let My Love Go."

Her classics "Roll It Gal," "Togetherness," and "Faluma," were also included in the album with a mix of high energy to mid-tempo as well as the classically soulful ballad "Island Girl." Her latest wave of new music includes recent hits such as "Pull Up" and "Take ah Wuk".

Destra Garcia

Trinidadian born Destra Garcia has grown from strength to strength since her 1999 debut. She has shared the stage with international superstars like the Heather Headley, Sean Paul, Shaggy, Ja-Rule, Enrique Iglesias, Rihanna, Mary J Blige, Patti La Belle, Natalie Cole, Diana Ross, Gladys Knight, Stevie Wonder and Beyoncé.

Destra has released eleven albums dating from 2003 to 2018. In 2014 Destra released "Queen Of Bacchanal" and "Queen Of Bacchanal (Deluxe Version)". In 2015, she released the album "Bakanation" with her hit song 'Lucy'. In 2016, the 'Queen' album includes her Carnival 2016 hits as well as collaborations with Peetah Morgan and Tanya Stephens. Though she did not release an album in 2017, she did release an album in 2018 which includes her hits from 2017 and 2018 like "Closer" and "Family" respectively.

Nessa Preppy

Born Vanessa John, the artiste comes from a big family: a German father, Trinidadian mother, and three older brothers. Her song "Tingo" was released in 2017 and received more than 1 million YouTube views in less than a year's time.

While she began singing calypso in primary school competitions, Nessa's passion for music only expanded as she began experimenting with hip-hop and rapso. Rapso inspired her interest in soca, and in 2013 she released "Turn Up The Sound" with Madmen Productions.

Nessa says audiences often have misconceptions about her because of the persona she takes on in her music videos and onstage. Her latest release are "Majah" and "Issa Snack".

Swanky Kitchen Band - Guardians of the Culture

How do you keep what is arguably the Caribbean's most endangered music alive? Well that is Swanky Kitchen Band's mission! Dedicated to preserving traditional Cayman Islands kitchen dance music, while keeping it fresh for a new generation, Swanky Kitchen Band has been the cultural flag bearers for the Cayman Islands since 2003. Swanky Kitchen Band represented the Cayman Islands at Carifesta in Barbados in 2017.

Erica Assai

Erica Assai - is a multi-award-winning singer-songwriter from the beautiful community of Savannah in Cayman Islands. During her career, she has earned many accolades. She has 4 NCFCA Gold awards, a 2013 Young Musician of the Year nomination, 1st place award for Cayman Got Talent 2013, 1st place for Pirate Star 2014 and 2017 Song of the Year Poinciana Award winner. Along with these, she has competed internationally at the World Championships of Performing Arts in Long Beach, California and returned a three-time gold medalist for pop, contemporary and Broadway respectively. She holds the title for Overall Champion for Broadway ages 18-24 in the world!

Currently, Miss Assai is working on a few projects. Some of those projects being her own and the others for major artists. To keep up with Erica Assai you can follow her on Instagram @ericaassai.

Stuart Wilson

Stuart Wilson fuses Reggae, Jazz, Blues and Hip Hop into what the artist calls "Reggae Renaissance Music". He has been busy playing for some of the biggest shows in the world, including a recent appearance at Reggae Sunfest, in addition to opening for acts such Damian Marley, Beres Hammond, Michael Bolton, Robert Flack, Sean Paul, Mortgan Heritage, Third World, Tanya Stephens, John Legend and many more.

Stuart and his band also had the privilege of touring Thailand, where the artist played a whopping 72 shows over three months!

Wilson has been recording material and compiling songs for an upcoming album while working with giants in the business. His band provides the cascade of sound that is the backdrop to what is a distinctly unique vibration that Wilson says is something that happens when all the right elements come together.

Tha Dude Feev

Born and raised in George Town, Grand Cayman, ThaDudeFeev is one of the Cayman Islands' top soca artists. Since first stepping foot on the Pirates Week Stage in 2013, Feev has gone on to make quite the name for himself as one of Cayman's premier entertainment talents.

He has opened for soca superstars such as Machel Montano and Bunji Garlin as well as hosted major events, both locally and internationally, alongside some of the Caribbean's most elite DJs. In 2018 he released "Camera Man", followed up with the 2019 release, "Good Vibes Only" produced by Skorck Bun It and Cool Blaze. If there's one thing that's certain, it's that Feev is surely on a steady rise to stardom.

Nickapella

Noel Green, better known as 'Nickapella' is a Jamaican born reggae/dancehall recording artist. With the persona of vibes, positivity and consciousness known mainly from his motivational and inspirational song hard days and his high energy melodic single wavy.

Nickapella was born at St. Ann's Bay Hospital in Ocho Rios. The musical journey for Nickapella started as early as kindergarten where he would sing over folk songs for graduation and any special event going on at his school. He was a lover of music from birth his Mom always mentioned how he use to play with the radio volume as if he was a "Selector" (DJ).

As a young boy growing up Nickapella got in trouble at school for having the whole class singing. Throughout high school at Fern Court High School in Ochi Rios, Nickapella was known as a clash artist in his community having songs rotating in the streets.

Nickapella went on to pursue and complied studies for human/animal psychology but recently shifted to focus on his ultimate passion and path as a singer/songwriter.

Nickapella had a raw start with much of his earlier lyrics reflecting the hard lifestyle present in his surroundings. He recently changed his course to only focus on music and lyrics that align with his outlook. As a result, Nickapella removes 23 songs from the internet to showcase only his latest singles that truly represent his essence. 'Wavy' and 'Hard Days' were both produced, recorded and released in Grand Cayman in 2019.



► CIFS presents new equipment designed to tackle road traffic collisions



► Crew demonstrates battery powered tools

New Equipment Helps CIFS on the Road

... Continued story from page A1

“This most recent acquisition is part of our overall plan this budget cycle to equip the Fire Service to world-class standards to better protect our community,” she continued.

“Given the prevalence of road traffic collisions, increased traffic levels and the technical complexity of modern vehicles, this investment provides front-line crews with state-of-the-art tools. This new equipment ensures a quick and controlled extrication to maximise survivability rates of people involved,” Interim Chief Fire Officer, Paul Walker QFSM explained.

A bespoke training programme has been delivered at all stations. This covered equipment familiarisation, cutting and spreading techniques and operational road traffic collision procedures to maintain scene safety and safe systems of work for officers.

“Road traffic collisions are unfortunately part of every fire officers’ career and we can all recount stories of the

tragic loss of life and serious injuries. At CIFS, we do everything we can to minimise the impact that road traffic collisions can have on an individual’s life,” Deputy Chief Fire Officer for Domestic, Roy Charlton said.

“Most tragic though is the fact that a lot of road traffic collisions are avoidable if all road users adopted some key safety principles. We all have an important role to play in keeping everyone safe on the streets,” he continued.

The CIFS’s CITRUS (Cayman Islands Think Road User Safety) approach includes simple tips all road users must remember to stay safe while using our roads.

- **Pedestrians** – make sure you can be seen at night
- **Cyclists** – wear a helmet and obey normal road rules
- **Motorcyclists** – stick to the speed limit. Wear a helmet and protective clothing
- **Drivers** – avoid the fatal four:
 - * Speeding
 - * Driving under the influence
 - * Distraction driving (mobile phone use)



► Holmatro road rescue hydraulic cutting and spreading tools used in demonstration by CIFS at Central fire station on Monday, 28 October 2019 (Photos by GIS)

* Not wearing a seat belt
The Road Safety Week Conference begins on Tuesday, 28 October 2019. Hosted by the National Roads Authority, the four-day conference includes local and

international speakers discussing best practices in road safety.
CIFS will be attending to discuss its continued commitment to promoting safety on local roads. 🌐

The UCCI Learning Experience: Extracts from its Academic Standards Document

Academic standards are the benchmark of excellence and quality and the assurance to various stakeholders of the basis of accountability.

The local university, UCCI, correctly believes that student centredness is the linchpin, the connecting principle, the common core around which all activities, plans and ideas cohere. In this respect, one of the things it has done is explicitly state the standards to which it aspires.

These standards cover the gamut of student achievement and learning outcomes, institutional integrity, faculty, institutional planning and effectiveness and policies, procedures and practices as they affect the academic enterprise.

In this article, I share extracts of Part One of this document which relates to the UCCI learning experience.

Student Experience

‘Every academic department, in tandem with the rest of the University, will aim to ensure that all students have an exceptional and distinctive experience while at the University College.

‘The student experience encompasses many aspects of academic and intellectual development; social and emotional life; and the growth and refinement of cultural, political, sporting, and artistic interests.

‘The experience of being a student at the University College, from applicant to alumni should prepare students for life beyond their studies and foster a positive lifelong relationship with us. We will accomplish this through collaboration among the admissions office, the academic enterprise, student life, financial services, the office of alumni relations and the office of the President.

Student Engagement

‘UCCI faculty will aim to have students engaged intellectually, behaviourally, emotionally, physically, and socially. Department Chairs will incorporate this as part of faculty evaluation.

‘Student engagement is defined as the degree of attention, curiosity, interest, optimism, and passion that students show when they are learning or being taught, which extends to the level of motivation they have to learn and progress in their education. This definition stands on the premise that learning improves when students are interested, inspired, inquisitive, and interested. The reverse naturally occurs when they are disengaged.

There are five forms of student engagement:

‘**Intellectual engagement:** Heightening interest by choosing topics of interest to students, widening presentation options, and varying presentation styles. The use of high-impact teaching methods is outlined later in this document, and their use will go a far way in enhancing intellectual engagement.

‘**Behavioral engagement:** Developing purposeful interactive methods with students, assigning tasks or roles, groups, routines encompass this form of engagement. Research done on brain-based learning has revealed evidence that novelty, variation, and physical activity can stimulate and improve learning. The UCCI faculty member will need to become more creative in facilitating learning that engage students in active learning methods.

‘**Emotional engagement:** This requires the use of a wide variety of strategies to promote positive emotions in students that will support the learning process, decrease negative behaviours, and keep students from dropping out. For example, the learning environments may be redesigned to make them more conducive to learning; professors should be more alert and monitor students’ moods and adjust delivery and interaction or use counseling, peer mentoring or other intervention services as deemed necessary. Students would then likely feel more positive, optimistic, and excited about learning. Some examples may be facilitating open discussions on personal passions, future aspirations, and specific learning challenges and needed support.

‘**Physical engagement:** Addressing or providing support and information in the areas of finance, nutrition, sleep, and time management are aspects of physical engagement. The Student Life Department at UCCI is especially poised to contribute to this area.

‘**Social engagement:** Through social interactions, students may be paired or grouped to work collaboratively on projects, or teachers may create academic contests through which students engage in friendly competition. Teams can be given specific tasks to complete in the shortest amount of time. Academic and co-curricular activities, volunteerism, involvement in civic groups among other activities can promote social engagement.

‘**Cultural engagement:** Take deliberate steps to assist students from all cultural backgrounds to feel welcomed, oriented, accepted, safe, and valued. The aim is to reduce the feelings of confusion, alienation, disconnection, or exclusion that some students may experience.

‘**Student engagement** is generally accepted as being connected to academic success, retention, learning, and student experience. It must be a guiding force at UCCI.

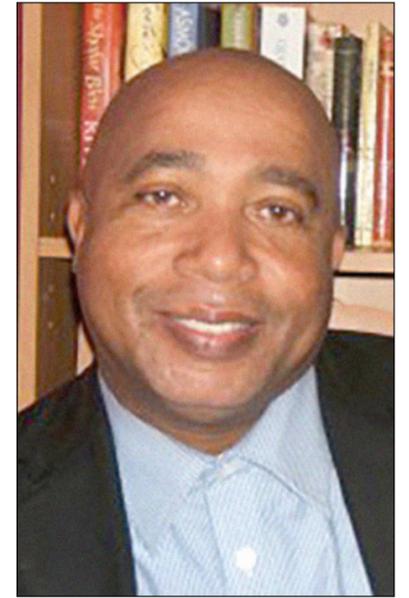
‘Student engagement can take different forms. Students can be engaged in learning itself to include collaborative experiences, with research opportunities, peer mentoring, teaching as graduate assistants, study abroad, placements, at work sites, and volunteering.

‘Opportunities can be provided for students to be engaged with the institution through participation in student representation, evaluation, and feedback activities. Students can also be given voice in programme development.

Workforce Readiness through Experiential Learning

‘Each academic department at UCCI will ensure that students, regardless of the programme they are pursuing, gain appropriate workforce involvement and experiences. Where appropriate, competency-based assessments will be used to determine workforce readiness. Department Chairs will ensure that at least two forms of experiential learning are part of the programmes offered by the department.

‘In the US, The National Association of Colleges and Employers identified the top skills employers are looking for from recent college graduates in 2018. In order: problem-solving skills, ability to work in a team, communication skills, leadership, strong work ethic, analytic/quantitative skills, verbal communication skills, initiative, detail-oriented, flexibility/adaptability, technical skills, interpersonal skills, computer skills, creativity, friendly/outgoing personality, tactfulness, entrepreneurial skills/risk-taker and fluency in a foreign language. The top-five are problem-solving skills, ability to work in teams, written communication, leadership, and a strong work ethic. These are similar to the top ten list of essential 21st Century Employability Skills unearthed by the New World of Work: adaptability, analysis/solution mindset, collaboration, communication, digital fluency, entrepreneurial mindset, empathy, resilience, self-awareness and social/diversity awareness. The New World of Work (NWoW) is a 21st-century employability skills curriculum being taught at over 50 community colleges in California. The curriculum provides instruction in 10 key competencies, using work-relevant content.



► Dr. Livingston Smith is a Professor at the University College of the Cayman Islands. He is also Director of the CXCEducation Volunteer programme

‘Whereas the classroom experiences are crucial in developing and honing these skills, ultimately, it is real-life experiences in workplace settings that will truly allow and prepare our students for employment.

‘Experiential learning is defined as knowledge and skills acquired and developed outside the traditional collegiate setting by means of experiences including, but not limited to, study abroad programmes, internships, undergraduate research, service-learning, scholarly and creative activities for which the student has not received academic credit, as well as professional work experiences and professional development self-study programmes.

Student Advisement

‘As experts in their fields, faculty members are expected to assist in the advisement of students. Advisement is here referred to in its widest sense inclusive of career, course progression and scheduling, course expectations, academic (relating to performance and solutions), relating to persistence and co-curricular activities and orientation. Student advisement is critical to students’ matriculation and success at the University. Academic advisors must be knowledgeable of the curriculum, graduation requirements, and their respective field of study.’

We continue with further extracts in upcoming articles. 🌐

Value Creation for Hospitality & Tourism Business Owners

From a financial perspective, the primary aim of any business entity is value creation. Value is created when a business earns revenue (or a return on capital) that exceeds expenses (or the cost of capital). Value creation for hospitality and tourism business owners is typically focused on operations, growing the bottom line, investing capital for a return on investment, and strategizing the exit plan.

There are several key questions business owners should ask when developing value creation strategies for their hospitality and tourism business.

As a business owner, what are your goals and objectives? Why did you invest in this business or asset? Has your strategy changed over time? Should it have changed considering fluctuating market dynamics? Do your investment objectives – short term or long term holding-, drive the business's operational strategy?

Investment objectives are only beneficial if all resources are aligned towards achieving them. One of your most valuable resources is your team. Have you effectively articulated your expectations to the management team? Do they understand what you are looking



to accomplish with the investment and how their plans and actions impact that outcome? Ensure all your resources are steering the business's performance in the direction of your goals.

In the land of automation, avoid underestimating the true value of the human touch. When it comes to service delivery, sales prospecting and price positioning, machines do not always know it all or have the answers. Only people know and understand the nuances of guest preferences, which prospective clients are more likely to return a call, or how certain events impact market demand. Make sure you have the right people in the right places, and at the right times.

Evaluate your financial and performance metrics. Do they relate back to your overall objectives? If they are not aligned, is there an action plan to get there?

Benchmark often—against yourself, against competitors, against like businesses. There is always room for improvement. Data is all around us and more readily available than ever before. Benchmarking can go beyond revenue and expense key performance indica-

tors (KPIs). Focus could be placed on guest scores, online reviews, employee satisfaction, turnover rates, accident rates, forecast accuracy, sellout efficiency and more.

Encourage your management teams to leverage data to develop "best in class" metrics and hold teams accountable for establishing goals to achieve them.

Keep a close eye on productivity metrics. It is easy to see if payroll spend is up or down to the goal but analyze further to identify why the numbers are where they are. Use benchmarks— for example, ensure managers are tracking hours per occupied room (POR) for rooms positions or hours per cover for F&B positions. Teams should review labor statistics daily and weekly to find savings opportunities based on business volume.

Have you given thought to what value creation looks like for your investment in the future? Use your team to help innovate. As the people on the ground, they experience first-hand what resonates most with travelers and what guests are most likely to complain about. They will have creative ideas, if only given the

opportunity to share. Measure financial performance and value creation for your business and connect these metrics with the business's strategic goals and its managers' performance.

There are many approaches you can take to execute your value creation strategies to meet your investment objectives. One is to surround yourself with expertise, in-house, or with a third-party asset manager who has the knowledge, resources and capability to execute. While the examples shared may seem basic, a lot of detail is required to mine the true value from a business.

Brooke Meyer is the managing partner of Caymera International, a Caymanian-owned hospitality and tourism consulting and advisory firm. She's an industry veteran and holds a master's certificate in Hospitality Management from Cornell University in Ithaca, NY and has also earned continuing education certifications in Hotel Real Estate and Asset Management, Digital Marketing, and Revenue Management from Cornell University. Visit Caymera at www.caymeragroup.com or email info@caymeragroup.com for more information.



▶ Brooke Meyer is the managing partner of Caymera International

WORC Opens at Apollo House West

The Employment Services and Training & Development services offered by WORC are ready to welcome customers to their new location at Apollo House West on Mary Street.

Over the past few months, the building formerly known as Walkers House was under construction to be outfitted for its new residents.

On the first floor, WORC offers a Customer Care Service area, which has four new kiosks where customers can self-login to the online system to register and access any job opportunities available.

Caymanians already registered with WORC as a Job Seeker Extended will get the added benefit of an assigned Employment Services Officer who will assist them with resume preparation, interview skills, career counseling, job search support and referral recommendations and connect them to any relevant training and development opportunities.

The first floor also hosts a training room, two quiet rooms and public restrooms. In the staff only area, there is a Call Centre, a kitchen and common area and offices for the Employment Services Officers and Training and Development team.

The third floor, open to staff only, consists of senior management offices, HR, Compliance, Finance, Work Permits and Residency, Appeals and Freedom of Information, Labour Needs and Supply and Business Operations.

"The move to Mary Street, gives our customers a more central location to access our services" said Employment Services Manager, Tania Ebanks. "It's within walking distance from the bus depot and offers WORC designated parking spots just across the street".

The services provided at the building formerly known as the Immigration building will re-

main the same for now and it's important to note that the Mid-town office number 945-3114

is no longer in service. For all WORC services call the Call Centre on 945-9672 or toll free

+ 1 (800) 534 9672 or email generalqueries@worc.gov.ky or visit www.worc.ky

A note to our clients

Interest Rates Adjustments on USD Credit Facilities

Effective 1 November, 2019, CIBC FirstCaribbean will amend its KYD and USD Prime Rates from 5.00% to 4.75%.

This amendment is in response to the decrease in the US Federal Funds rate announced by the Federal Reserve Open Market Committee in the United States on 30 October, 2019.

Should you have any queries speak with your Branch or Relationship Manager.



Crown Counsel Enhance Their Awareness of FATF Standards

UK legal expert John Ringguth, who has extensive experience dealing with Financial Action Task Force (FATF) standards, addressed Crown Counsel in the Cayman Islands on their role in relation to anti-money laundering and counter financing of terrorism (AML/CFT).

Held at the George Town Public Library on 23-24 October, the sessions were orchestrated by the Office of the Director of Public Prosecutions (ODPP) and the national coordination team spearheading Cayman's work to enhance its AML/CFT capabilities. Mr Ringguth has over 40 years of experience as a solicitor and previously provided AML/CFT training in other countries.

'John's wealth of knowledge assists the work being carried out by the various Government agencies', National Coordinator for the Anti-Money Laundering Steering Group Elisabeth Lees said. 'His prior experience educating members of the international community on AML/CFT specifics will allow us to address targeted areas within our framework.'

'In addition to Crown Counsel, John has met with members of the Financial Reporting Authority, the Financial Crimes Unit and the Joint Intelligence Unit of the Royal Cayman Islands Police



► UK legal expert John Ringguth, middle, spoke to local Crown Counsel



► Thursday's interactive session addressed money laundering and terrorist financing (Photos credit: Ministry of Financial Services)

Service, and the Cayman Islands Monetary Authority, all with a view to assisting the proactive investigation and prosecution of cases', said Ms Lees.

The sessions are part of the work Government is undertaking to help address the Caribbean Financial Action Task Force's March 2019 report on Cayman's AML/CFT regime. The report outlines certain recommended actions to be taken by the Cayman Islands to strengthen its AML/CFT regime. The jurisdiction is under a one-year "Observation Peri-

od" by the FATF, ending February 2020, during which it is expected to correct strategic AML/CFT concerns.

Mr Ringguth is familiar with FATF standards having served as the scientific expert to the Council of Europe's AML/CFT monitoring mechanism, MONEYVAL, since 2016. He also co-chairs the MONEYVAL Working Group on Evaluations that discusses country assessments and policy matters.

'During the sessions with the prosecutors, we covered some important

topics such as the role of prosecutors in relation to money laundering and terrorist financing, the prosecution of legal persons, third party laundering and the development process from intelligence through to investigations and finally prosecutions', Mr Ringguth said. 'It was a very interactive session and these local prosecutors offered some useful insights into the work being done in the Cayman Islands and the more proactive approach being undertaken.' 🌐

Gala Evening Closes Out Busy Older Persons Month

Seniors across the Cayman Islands attended the Older Persons Month Gala, the annual observance's close out event on Saturday, 26 October 2019.

Held at Margaritaville Beach Resort, the gala had a packed programme, compered by Dr. Kenrick Webster and Ms Patricia Hanlan. Formalities began with the Opening Prayer by Older Persons Month Ambassador Mrs. Beulah McField followed by the welcome from Department of Children and Family Services Director Paulinda Mendoza-Williams.

In his remarks, His Excellency the Governor, Mr. Martyn Roper, congratulated DCFS on the range and number of events it had staged throughout the month before thanking seniors for their many, continued contributions to the development of the Cayman Islands. Furthermore, he highlighted several Government initiatives that show its continuing commitment to safeguarding the welfare of its rapidly ageing population.

Other attendees included the Governor's wife, Mrs. Elisabeth Roper, Coun-

cillor for Education Barbara Conolly and former Director of Social Services Mrs. Deanna Look Loy.

Chairperson of the Council of Older Persons Ms Lucille Seymour gave greetings in which, she urged seniors to stay connected and retain their zest for life.

"It is evident that the Council, set up by the Older Persons Law, and the policies of DCFS with regards to the advancement of older persons and their ageing positively, are mutually inclusive," she noted.

"Both organisations are determined to ensure that the Cayman Islands becomes a more age-friendly society. The gala epitomised this determination and it is safe to say that the future is bright for Older Persons in the Cayman Islands," she concluded.

Seniors socialised throughout the four-hour event, catching up with friends and visiting the photo booth. Attendees also watched a Powerpoint slide picture presentation of this year's Older Persons Month events. During the three-course meal, guests won spot prizes for: answering OPM questions; being the oldest attendee (North Side resident Mrs. Thelma Range, 99 years old) and for being the longest married couple (George Town residents, Mr. and Mrs. Roy Bodden, wed for 63 years). The latter's prizes included a two-night stay at the beach resort courtesy of Margaritaville's management.

Asked which of the many OPM events they had particularly enjoyed, Mrs. Bodden said: "I have bad hips and was surprised that I was in fact able to enjoy the excursion to Crystal Caves that was part of the bus tour. I'd never imagined I'd be able to go, so that really was the highlight for us."

Older Persons Month Ambassadors: Mrs. Idalee Scott, Mrs. Beulah McField were given bouquets and Mr. McFarlane Conolly received a boutonniere in recognition for their services, Ambassador Mr. John E. Ebanks having his sent apologies.

Musical entertainment was provided by the Regeneration Band and by DJ Super C. Guests, including Mr. and Mrs. Roper, danced to a selection of Soca and old time favourites before the Ministry of Community Affairs Chief Officer Teresa Echenique crowned Mr. Herbie Martin and by Mrs. Annie Rose Scott the gala's Dance King and Queen.



► Older Persons Month Gala attendees included (L-r): Older Persons Month Ambassador Mrs. Beulah McField, Councillor Barbara Conolly, Mrs. Elizabeth Roper and H.E. the Governor, Mr. Martyn Roper (Photos by Elphina Jones, GIS)



► Older Persons Month attendees danced the night away at the Margaritaville Beach Resort on Saturday, 26 October 2019



► Council of Older Persons Chairperson Ms Lucille Seymour gave greetings at the Older Persons Month Gala on Saturday, 26 October 2019

Well-received impromptu singing performances were given by Mr. Roy Bodden, Mr. Rupert Ackerman and Mr. Crosby Walton.

DCFS Director said: "Our Ministry's unwavering commitment to Cayman's seniors is what has made Older Per-

sons Month a success. Underpinned by the Older Persons Policy 2016-2035 and our newly-formed Elderly Services Team, the Department is constantly looking to enrich the quality of the services we provide for our ageing population." 🌐

COMMUNITY EVENTS

Nomination Deadline for CNCF Annual National Arts and Culture Awards

31 October - If you believe someone you know has made a significant contribution to the arts, culture and heritage of the Cayman Islands, the National Arts and Culture awards is the opportunity to recognize these individuals and their efforts. If you are interested in nominating someone you can obtain a copy from the CNCF office behind the Harquail Theatre.

Little Savannah Halloweenfest

31 October - Come out with your little witches and ghouls to enjoy Halloween fun in a safe and secure neighbourhood as Jayson Avenue is transformed into Halloween Town from 6-9pm.

Free Road Safety Conference

1 November - The National Roads Authority's Road safety conference at the Ritz Carlton continues. On the agenda is discussions on Cayman's new road safety strategy and presentations by local agencies, covering emergency services, enforcement and education on road safety. Speakers include representatives from the Royal Cayman Islands Police Service, the Department of Vehicle and Drivers Licensing (DVL) and the Cayman Islands Fire Service. There will also be a planned traffic management panel round-table discussion. For more information and to participate, email shena.ebanks@nra.ky or call 946-7780.

First Assembly of God - Car Boot Sale

2 November - Come along and grab a bargain! The First Assembly of God Church has extended their car boot sale to this Saturday 2 November at their parking lot at Old Crew Road from 6 am - 11am. There will be clothes, shoes, furniture and lots more on sale. Car spots are \$25. Call 945 - 2182 for more information.

Pirates Weekend in Cayman Brac

1 - 3 November - Pirates Weekend in Cayman Brac begins on Friday 1st. November. This 3 day event includes the Heritage Day and Float Parade on Saturday 3rd. Nov. Visit www.piratesweekfestival.com for more information.

Breeze Fusion 5/10K Walk/Run

2 November - Join Breeze Fusion for their 13th annual Walk / Run at Smith's Barcadere, Saturday, November 2nd. Registration is \$20 for adults and \$10 for Juniors (16 and under). The first 300 registrants will receive a T-Shirt. Participants are encouraged to collect their race bags from Radio Cayman on Elgin Ave. during the week prior to the race. All participants receive a medal and the chance to win random prizes. Part proceeds will support NCVO and the John Gray High School Music Department. Walkers start at 6:30am and runners start at 6:45am. Registration will be available at www.caymanactive.com/registrations

Cayman Brac Dominos Tournament

2 November - The Lions Club of Cayman Brac is hosting a Dominos Tournament on November 2nd. Email braclions@gmail.com for more information.

Re/Max Family Fun Day

2 November - Join the Re/Max group a Family Fun Day at the Black Pearl Skatepark, Grand Harbour from 3-7pm. There will be free entry to the skatepark, with the first 100 kids receiving free scooter, skateboard and helmet rentals. Free bouncy castle, basketball tournament, games, hot dogs, snow cones, cotton candy and popcorn.

Ministry of Peace Church Evangelistic Services

2 - 3 November - The Ministry of Peace Church continues its evangelistic outreach campaign and



► Rundown

worship with Brother Al Ebanks on November 2nd. and 3rd at the Ministry of Peace Church parking lot. Call 927 - 6050 for more information.

The Pirates are Coming to Grand Cayman

7 - 11 November - A series of parades and fireworks displays, street dances, costume contests, sporting competitions, happy hours, traditional foods, music and much more will herald the 42nd. Pirates Weekend in Grand Cayman. Go to www.piratesweekfestival.com for all the details.

Remembrance Day - Public Holiday

11 November - Remembrance Day is observed to honour all veterans who fought in World War 1. On Remembrance Day in the Cayman Islands, there will be an official wreath-laying ceremony presided over by government officials, and public recognition of military veterans both living and dead.

Matilda - the Musical

14 -16 November - St. Ignatius Catholic School Musical, 'Matilda' will be performed from No-

vember 14th-16th with shows at 7:00 pm on Thursday, Friday, and Saturday, with an additional 2:00 pm matinee on Saturday. Tickets are on sale at the school office. Phone 949-9250 for further details.

Rundown 2019

14 November - 1 December - The popular comedy Rundown returns to the Harquail Theatre from 14 November to 1st. December. There will be 10 shows only! Tickets are adults \$30; kids (12 and under) and seniors \$20. Call the Harquail Theatre at 949 - 5477 for opening weekend group specials.

Tennis for the Cure

16 November - First Caribbean International Bank is inviting 16 teams to participate in Tennis for the Cure on Saturday 16, November at the Courts at the Ritz Carlton Grand Cayman. Registration is \$425. 100% of the proceeds will be donated to the Cayman Islands Cancer Society. For tournament details, please contact justin.pierre@cibcfib.com or uli.hoppe@ritzcarlton.com. Food and beverages will be available for purchase throughout the event.

SDA Conference International Annual 10K Run/Walk

17 November - Join the Seventh Day Adventist's Cayman Islands Conference for their 30th. International 10k Walk / Run. Participate with other runners from Bahamas, Canada, Costa Rica, Dominican Republic, England, Guyana, Ireland, Jamaica, Scotland and the USA. Entry C\$25 Adults & C\$15 Children (Under 13). Free T-Shirt with entry. The event begins at 6am and their will be children's races. Water will be available on the course and at the finish. Regrettably, no dogs are allowed. For more information, go to caymanactiv.com or call 949 2647 or 640 2647.

November - Prostate & Colon Cancer Awareness Education Event

21 November - The Lions Club of Grand Cayman in collaboration with The Cayman Islands Cancer Society and November Committee will be having a Prostate & Colon Cancer Awareness Education Event at the Lions Centre on Thursday 21 November from 7 -9 pm. There will be free PSA testing for eligible men. Light refreshments will be served. Call the Cancer Society at 949 - 7618 for more information.

4 Simple Ways to Eat Clean



► Ernest Ebanks

By now you are probably aware that the term, *eat clean*, has nothing to do with washing your food and has everything to do with eating in a way that promotes fat loss.

While it may sound simple enough, it's pretty challenging to stick with a clean eating plan. I suppose if it were

easy then everyone would be lean and confident about their body.

So what's the secret to long-term, clean eating success? Here it is...

How-To-Eat-Clean Secret #1: Keep It Balanced

So many fat loss strategies out there encourage eating only from one category of food: soup, grapefruit, salad, chicken breast... While these foods may promote fat loss and reduce overall calorie intake, this way of eating sets you up for a fall.

No one sticks with highly restrictive, one-food-only diets for very long, and you're no exception. To make your clean eating plan last, keep your diet balanced with a range of healthy, real foods.

How-To-Eat-Clean Secret #2: Don't Put a Label On It

How many times have you uttered the words *I'm on a diet*? Ugh, just saying that puts one in the mood to cheat on said diet.

If eating clean means you're on a diet, then you're not committed enough to make this a way of life. True fat loss suc-

cess comes when clean eating is second nature, and not a temporarily imposed sentence.

How-To-Eat-Clean Secret #3: Have Patience

Wouldn't it be great if a week of clean eating could erase a decade worth of indulgences? But, alas, you didn't gain that fat in a week, and you won't lose it in a week either.

Look for, and acknowledge, each and every small victory along the way to your long-term goal. Notice each pound, each inch and each pant size. These accomplishments build on one another until you reach your ultimate goal. Just remember that big changes take consistent, long-term effort. Be patient.

How-To-Eat-Clean Secret #4: Have a Plan

This is the most important step in your clean eating quest, without it you'll flounder around without direction and will likely find yourself staring into the bottom of a bowl of ice cream. Spend time writing out your do's and don'ts for your clean eating plan—and please feel

free to reach out to me to help you with this step. See below for a list of foods that your diet should mainly consist of and then make another list of completely off-limits foods.

Use these 4 steps as a guide to make clean eating a way of life. Call Ernest at Body Shapers Fitness Studio 325-8696 or email bodyshaperscayman@gmail.com to get started on one of my fitness programs that will transform your body - once and for all.

Clean Food: The Basics

What food should you consider *clean*? I'll give you a hint: not foods that come packaged and processed.

The healthiest, cleanest foods are ones that are wholesome and untouched...as nature intended. Whole fruits, vegetables, greens, nuts, seeds, eggs, seafood and lean meats. Stick with this list of natural foods and you'll be eating very clean.

Steer clear of any food that has been manufactured, processed and packaged. These are most definitely not clean and will lead to pounds gained.

AMAZING HERB

This is a vine native to China and areas of Russia, and has a berry that is an important ingredient which is part of the traditional Chinese medical approach. The berries have different flavours ranging from sour to sweet, salty, bitter and spicy. No matter the flavour the health benefits are numerous and here are few of them and reasons why they should become a part of your health regimen:

IMPROVED CIRCULATION - A daily dose of 130 mg on average, gives powerful aid to blood flow and circulation by up to 9% in adults. Nitric Oxide flow also increases which helps relax muscles and expand blood vessels.

CARDIOVASCULAR HEALTH - This berry helps cardiovascular health by increasing Nitric Oxide in the blood stream. Also, it improves heart tissue

and helps repair damage that is done to the heart. A Chinese drug called, Sheng-Mai-Sen, which has the berries is used to treat heart issues.

COMBATS STRESS - The berries reduce corticosterone, the stress hormone in the body. Just a small dose promotes a high sense of calmness and relaxation. This helps to deal with people who have on going sleep problems due to any kind of stress.

INCREASED ENERGY - Its antioxidants play a significant part in increasing one's overall health. Not only this but, it also increases overall energy, along with increased metabolism which helps improve SIRT experience. As a result it protects the muscles from aging and allows healing to take place at a faster pace. Subsequently, this leads to



an increase in the functionality of one's brain, heart, liver and kidneys.

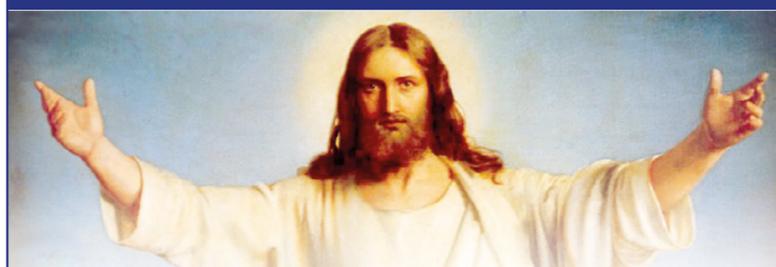
MENTAL HEALTH - Taken on a daily basis it has been shown to help with

insomnia, reduces stress and improves overall anxiety response. There's also evidence that it helps reduce inflammation on the brain if it's occurring.

WEEKLY WEATHER FORECAST

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
86° / 82°	86° / 81°	86° / 81°	85° / 81°	85° / 81°	85° / 82°	85° / 82°
A passing afternoon shower	A passing shower or two	A few showers	Some sun with a shower	Partly sunny	A shower in the afternoon	Sunshine and patchy clouds

MOMENTS OF INSPIRATION



The Significance of Truth

By Bishop Nicholas Sykes

One of the greatest aphorisms of all time: by Anselm, Archbishop of Canterbury in the 12th century: Credo ut Intelligam. Approximately translated: I believe, so that I may understand.

Fast forward to the present time: Writers such as Christopher Hitchens and Richard Dawkins say that religious and particularly Christian belief is an obstacle to human understanding.

We have the choice as to whether Anselm was fundamentally right, or whether C, Hitchens and R. Dawkins are right. The conflict is stark. Both views cannot be right. We like to talk about the progress and development of human thought. Here we do not have progress and development. We have negation. If one of the views is right and true, the other is false and a lie.

The saying of Francis Bacon (17th C): "What is Truth", said jesting Pilate, and would not stay for an answer!

Francis Bacon was a very significant thinker who contributed significantly to the idea of scientific method. Like many of the great scientists he was a Christian and believed in the Truth and reality of God. Yet in the views about science that are taught in our own time, it is not so much truth that is honestly searched for any more, but rather how discoveries may be forced into the models that vast amounts of money have been spent on for the purpose of upholding them.

The saying of George Orwell in 1940: "The very concept of truth is fading out of the world. Lies will pass into history."

Orwell was not a Christian (though I do not know the details of his life). But he wrote the book entitled "1984" as well as others of a similar sort. It was a book describing a vision of a world that he feared was coming about. It was a world in which there was no truth, and therefore no justice, and no history that could ever be relied upon except for small snippets of useless artifacts that had survived the great revolution that had brought that world about. It was a world in which someone you were talking with yesterday was taken out and after a day or two nobody dared talk about his existence. In the words of Orwell's main character, "He had ceased to exist. In fact, he had never existed."

Perhaps many of you are asking, What is this man Sykes going on about? Well what I am going on about is that our Lord said "My Kingdom is a Kingdom of truth."

Yet I want to warn that in all sorts of spheres of information we are being taught lies rather than the truth, and in some cases, those tricky half-truths.

Let me try to show you what I mean. There are many game-shows on TV, but one that

is particularly popular is Steve Harvey's "Family Feud". Valuable prizes can be won when a team of contestants, a "family", gets a sufficient number of "right answers". But wait! The supposedly "right" answers are not necessarily the answers that are actually RIGHT. These answers are taken only from surveys taken beforehand and the answers given in the game that are taken to be CORRECT are only answers that the survey sample came up with. The most popular answer in the survey was the one that gave you most points in the game. Much as I might enjoy watching a bit of Family Feud occasionally I must remind myself that the whole game is based only upon what



► Bishop Nicholas Sykes

chosen groups of people have already answered rather than on the truth, and a conformity to that is what is rewarded, rather than the truth.

I give that as an example not seeking to diminish the Family Feud game show, but because it uncomfortably illustrates the modern mindset about truth and about what is or is not to be rewarded. As someone whose first intellectual love was Physics I can say without any doubt that even in this most reputedly objective of disciplines, what we call the "standard model" about the universe is in just as much of a mess now as the geocentric model was in Galileo's time. But now there is too much money and too many academic reputations at stake that are invested in shoring up the existing model for it to be abandoned without some sort of unthinkable academic revolution, that no matter how much data has been found to prove it wrong, a new and far more satisfactory model just cannot be brought to birth, until I suppose a greater than human force intervenes and says "Enough is enough!"

Gentlemen, what we have got wrong in one area, we will get wrong in others if the characteristic fault of our time is a basic nonchalance towards the truth. Because as we in this room know well, there was One who came down the ladder set up between heaven and earth and taught us both in word and deed that it is the Truth alone that shall set us free. Reputations will not, nor will even the available satisfaction of our desires. All and every satisfaction that one may desire is not a human right in the eyes of God, in whose blessed image man is in fact made. And for this reason our social science models are in just as much trouble or more, and with a far greater immediate effect, as is the standard physical model of the universe. I could say more about the sheer cruelty to children that these errant models are enforcing upon them increasingly with a false narrative driven by their adult guardians about their supposed rights, but I shall refrain for now.

Let us pray for a new sort of revolution, one that sees truth again in the theocentric view of Archbishop Anselm and Sir Francis Bacon and so many other faithful and godly thinkers of the past, and a view of a heaven and earth that will heal and melt the dystopic visions of Aldous Huxley and George Orwell, visions that without this spiritual and intellectual theocentric revolution that we seek will only describe humanity's impending downfall with chilling accuracy. ☪

OBITUARIES

Churchill's

Funeral Home

We have been asked to announce the passing of Mr. Sheldon Marquiss Brown, who passed away on Wednesday, October 23, 2019.

A Church Memorial Service will be held at Church of God Universal, George Town, Grand Cayman on Saturday, November 2, 2019 at 11:00 a.m. Viewing 10:30- 11:00 a.m.



Condolences can be registered at churchillsfuneralhome.com

Churchill's

Funeral Home

We have been asked to announce the passing of Mr. Sherman Eddington Manderson AKA "Sherry" who passed away on Sunday, October 20, 2019.

A Thanksgiving Service will be held at Wesleyan Holiness Church, 150 NW Point Rd, West Bay Grand Cayman on Saturday, November 2, 2019 at 3:00 p.m. Viewing: Closed Casket Interment at: Boatswain Bay Cemetery



Condolences can be registered at churchillsfuneralhome.com

Churchill's

Funeral Home

We have been asked to announce the passing of Mrs. Annie Zelma Ebanks who passed away on Friday October 25, 2019. Details of a Thanksgiving Service will be Announced at a later date.



Condolences can be registered at churchillsfuneralhome.com

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Brexit Britain heads to the polls

Voters in Britain go to the polls on Thursday, December 12th.

The election date came in a vote in parliament on Tuesday, October 29th surrounded by all the drama which has been the hallmark of the country locked its Brexit dilemma.

Parliament is set to be dissolved next Wednesday provided Tuesday's vote passes the upper chamber, the House of Lords.

No drama is expected there.

Despite all political parties claiming that the election allows time to refocus on domestic issues such as the economy, jobs and the health service, Brexit is expected to force its way to the forefront of the campaign agenda as its already impacting all of those issues.

But even just getting to the point of setting an election date was replete with political gymnastics.

Political parties have all been kicking the election option around for the past several months as it best suited their chances of winning at the time or enhanced their stance on Brexit.

Just a few weeks ago Prime Minister Boris Johnson had dangled the prospect of an early election before the leader of the main opposition Labour Party, Jeremy Corbyn in one of their parliamentary clashes.

But Mr Corbyn did not take the bait at that time accusing the prime minister of seeking to force an election as a ruse to avoid parliamentary scrutiny of the new Brexit deal he had reached with the European Union.

While that was happening there were calls for a fresh referendum from some quarters, and a 'peoples vote' on any final Brexit deal, from others.

Mr Corbyn was also facing rifts within the party over his stance - or lack of clarity on it - on the elections option, and even on Brexit.

The Labour leader has historically been known to be a euro-sceptic and is felt to be quietly pro-Brexit.

Prime Minister Boris Johnson has also been facing internal challenges within his minority Conservative Party government, losing twenty-one MPs, some of whom he'd expelled.

He had also fallen out with the Democratic Unionist Party of Northern Ireland which had been propping up the Conservative Party government under a deal reached with former prime minister Theresa May.

By that stage, Mr Johnson's Conservative majority in parliament was down to minus 45.

But surprisingly he was still leading Jeremy Corbyn man-to-man and his party had surged ahead of Labour in all of the opinion polls.

More parliamentary manoeuvres forced Mr Johnson to seek the Brexit extension from the EU, which he said he never would.

His declaration of preferring to 'die in a ditch' before asking for extension beyond the Brexit deadline date of October 31st is now the stuff of legend and the butt of numerous jokes.

Mr Johnson lost on both counts. Fortunately for him, dying in a ditch was more figurative than literal; Mr Johnson being a dab hand at a turn of phrase.

Even his previous mantra of forcing through a no-deal Brexit if the October 31st deadline was not met, was blocked by parliament but not before he succeeded in getting even some Labour MPs to vote in favour of some aspects of his Brexit bill.

But with the polls in his favour, the election option was back on the table.

A previously hesitant Jeremy Corbyn, after an internal party battle it's reported, came out and backed the election call - with vigour this time.

He claimed that it was because Boris Johnson's no-deal option had been finally forced off the table.

But Labour also wanted to give the franchise to 16 year-olds in England (they can already vote in Scotland and

Wales), and to EU nationals living in the UK (they can already vote in local elections).

That motion was defeated.

But there was more drama.

The Liberal Democrats party, which has been experiencing a dramatic surge in profile since it has become the refuge of choice for defecting Conservative and Labour MPs, threw a spanner in the works.

Some observers felt it threw a spanner in its own works when current leader Jo Swinson announced that the LibDems would cancel the outcome of the 2016 referendum, thereby cancelling Brexit in the process.

It took a considerable amount of clarifying to explain that the LibDems would use that as an election campaign commitment and the basis of carrying out the people's wishes if they win the election.

The polls since then have not been particularly favourable to the party which at one point appeared to be threatening Jeremy Corbyn's Labour Party's position as the government-in-waiting.

Any early signs of a possible Labour-LibDem coalition was cast in doubt when the party leader Swinson adamantly declared that Jeremy Corbyn was not fit to lead a government.

That came amidst several points of policy differences over challenging Boris Johnson's government on Brexit with the Scottish National Party (SNP) and the LibDems on the one hand, and Labour on the other, failing to find common ground to tackle the Conservatives.

Just the sheer process of reaching to this point of having elections set for December 12th has been packed with a bewildering array of strategising and details to get through to get to this point.

The 2011 Fixed Term Parliament Act had to be overruled.

Mr Corbyn had initially threatened to block the government from bypassing it

as a bargaining chip to remove Mr Johnson's no-deal option.

Blocking it would have prevented an early election unless Mr Corbyn's own Labour MPs had defied him. In the end that wasn't necessary.

By Tuesday afternoon, Mr Johnson was playing kiss-and-make-up with several of the MPs he had sidelined. By the time of the critical vote to set the election date, ten of them were back in the fold.

A stalking horse in this election is the nascent Brexit Party. Formed to contest the last EU elections on a mandate of taking the UK out of the EU, it is the largest British political party in the European parliament but still does not hold a seat in the House of Commons.

In his previous incarnation as UKIP leader, the Brexit Party's Nigel Farage is aiming for what has eluded him so far in his rise to prominence in British politics; a seat in the UK parliament which he or his party will have won outright.

It's had one short-lived defection before.

Mr Farage might have been a factor in forcing former prime minister David Cameron to hold what many regard as an ill-advised EU referendum in 2016.

Whether he still has that influence is doubtful, but his Brexit Party does have a following.

Despite all parties having ruled out a coalition, the Brexit Party may yet work its way into parliament as opposition, although perhaps not Mr Farage himself.

Another issue had surfaced before the vote to go to the polls was taken on Tuesday in the evening to hold the elections on December 12th.

Concerns were expressed - one could almost hear the gnashing of teeth - over holding elections in December.

A previous Labour Party attempt to set the date for December 9th, on which both the LibDems and SNP were in agreement, fell through.

For them, it would block the government from trying to force through the Brexit Withdrawal Bill in time for Mr Johnson's October 31st deadline which he's been holding on to, despite being forced to write and beg the EU for an extension which they have now granted to the end of January 2020.

He'd previously said he'd preferred to die in a ditch before doing so.

Opposition parties also had concerns about university students being disenfranchised over administrative processes and university schedules.

But, it wasn't just about the huge challenge of getting the country's vast elections machinery 'well-oiled and running', nor was it the risk of putting a damper on the seasonal Christmas spirit.

There were even questions raised about the economic impact of a December election on Christmas season shopping.

No. This was about that one guaranteed UK constant; the unpredictability of the British weather and how it is likely to affect the turnout at the polls... especially of older voters.

The last UK December election was in 1923. The turnout then was 71 per cent.

The term 'snowflakes' is now accepted usage even in polite British conversation.

This drama is far from over. 🌐



POLICE NEWS

Two Stabbing Incidents Under Investigation

Shortly before 3:30AM on Saturday, 26 October, the 9-1-1 Communications Centre dispatched officers to a report of a serious assault at the Sky Lounge bar on Mary Street in George Town. It was reported that a man had been involved in an altercation with other men inside the bar and had been stabbed multiple times. He was transported to hospital by private vehicle and remains in hospital for treatment for non-life-threatening injuries.

Shortly after 4:20AM on the same day, the 9-1-1 Communications Centre dispatched officers to a report of a serious assault at Baleadas restaurant on Shedden Road in George Town. It was reported that a man had been stabbed during an altercation and had been transported to hospital by private vehicle. He was treated for non-life-threatening injuries and subsequently discharged.

Two men, both age 19 of West Bay, were arrested shortly afterwards on suspicion of affray and assault GBH, in relation to the incident on Shedden Road. One of the men has been released with no further action, and the second has been granted bail as investigations continue.

Both incidents are currently under investigation and anyone who may have witnessed either incident or who may

have any information is asked to contact **George Town CID at 949-4222.**

Anonymous tips can be provided directly to the RCIPS via our **Confidential Tip Line at 949-7777**, or via our **website** <http://www.rcips.ky/submit-a-tip>. Tips can also be submitted anonymously via the Miami-based call centre of **Crime Stoppers at 800-8477(TIPS)**, or **online** at <https://www.tipsubmit.com/WebTips.aspx> 🌐

GLOBAL NEWS BRIEFS

Canada's business leaders worried

Canada's business leaders want newly elected lawmakers to shift their attention to the economy following an election campaign that sorely lacked how to secure the country's future prosperity.

Much of the campaign's focus zeroed in on pocket-book commitments, which were designed to win individual voter support. Pledges emphasized redistribution of government money, with vows including tax cuts and credits, rather than detailed game plans on how to lift Canadian sectors.

The election's result — a minority mandate for the Liberals — will likely add an additional layer of uncertainty about the future of economic policy. To pass legislation, the Liberals will now have to find partners among their rivals, which creates doubts around what the government will eventually deliver.

The business community is urging the incoming government to build blueprints on how best to boost growth and to ensure Canada keeps up with the rest of the world.

"Lack of proposals or even discussions of a prosperity strategy by candidates seeking public office is very disconcerting," Jim Balsillie, former co-CEO



► Jim Balsillie is chair of the Council of Canadian Innovators

of Research In Motion and chair of the Council of Canadian Innovators, told The Canadian Press in an email.

"Regardless of who governs, the only way we can pay for this country is by having a strategy to generate new revenues on a per-capita basis."

Balsillie, whose council represents some of Canada's fastest-growing firms, said in today's economy the most-valuable assets are intellectual property and data. He warned the economy will continue to face headwinds unless Canada makes a real effort to encourage the commercialization of these assets.

Even with the global economy showing signs of a slowdown, the political parties largely steered clear of any thorough debate on the state of Canada's economy. 🌐

Cubans prefer to shop with dollars

Cubans flocked to a dozen shops that opened in Havana on Monday selling home appliances and spare parts for vehicles in dollars, as the cash-strapped government struggles to rake in tradable currency to purchase imports and pay its debts.

Washing machines, refrigerators, freezers, air conditioners, TVs, electric motorcycles, car batteries, tires and other goods were priced well below similar offers at other state stores, when available for sale in the government's local dollar equivalent, the convertible peso.

Cuba's inefficient state-run economy is going through a liquidity crisis due to the implosion of ally Venezuela's economy and the tightening of the decades-old US trade embargo under President Donald Trump.

The country is dependent on fuel, food and other imports it must purchase for tradable international currencies it earns from exports of goods and services such as sugar, tourism and technical assistance, which are all in decline.

Shortages of everything from fuel to food and medicines have plagued the country this year.



► Cuba has a thriving motorbike spare parts industry

The dollar circulated freely in Cuba alongside the peso after the demise of former benefactor the Soviet Union in the early 1990s sparked a crisis in the Communist-run country. The dollar was taken out of circulation in 2004 and replaced by the convertible peso.

Two currencies, the peso and the convertible peso, which is valued at 24 pesos, circulate in Cuba. Possession of the dollar and other tradable currencies is legal, but they have previously not been deemed legal tender for purchases.

The government claims the convertible peso is equal to the dollar, but imported appliances and other goods, when available, have huge mark-ups as they must be purchased in tradable currencies while the peso and convertible peso have no value abroad. 🌐

Philippines mayor killed in police custody

A Philippine mayor tagged by President Rodrigo Duterte as a "narco-politician" was ambushed while in police custody and killed police said, the latest official on the leader's blacklist to be targeted by unknown gunmen.

Gunmen stopped a police van last Friday that was taking David Navarro, the mayor of the small southern town of Clarin, to the state prosecutor's office in the central city of Cebu and shot him dead.

City police had arrested Navarro, who was visiting on official business, late Thursday after he allegedly assaulted a masseur, a Cebu police officer said. Following the attack, in which one of Navarro's police escorts was also injured, the gunmen escaped, police said.

Local television footage showed two women named by the station as the politician's siblings crying and hugging a bloodied body sprawled on the road beside a police van.

The Philippines has a violent and often deadly political culture, but rights monitors have expressed concern that



► David Navarro was mayor of the small town of Clarin

Duterte's signature drug war - which has led to the killings of thousands of narcotics suspects by police - may be emboldening assailants.

On Mar 14, ahead of May elections, Navarro's name had turned up in a list of 44 mostly local officials put out by Duterte, who accused them of being "involved in the deadly game of drug trafficking".

Duterte had also released a longer list in 2016 of more than 150 judges, mayors and other local officials allegedly linked to drugs. 🌐

Protestors demand Hernandez steps down

Honduran protestors calling for the exit of President Juan Orlando Hernandez turned violent as police used tear gas to disperse hundreds of demonstrators in the capital.

Protesters blocked roads with burning tires. Windows were broken in downtown businesses.

Government critics have been emboldened by the conviction of Hernandez's younger brother on drug trafficking charges in a New York court last month after a trial during which witnesses implicated the president in the drug enterprise.

The president has strongly denied the claims, which included drug traffickers testifying that they gave \$1.5 million to Hernandez's various political campaigns in exchange for protection from security forces.

Salvador Nasralla, a television personality who finished second to Hernandez in the last election, leads a coalition calling for the president to step down. They have promised civil disobedience until Hernandez is gone and threatened a national strike but haven't set a date. 🌐



► Honduran protestors turned violent

Venezuelan exodus continues

The exodus of Venezuelans is on track to reach five million people, as pressure grows on neighbouring countries to provide them with long-term support, United Nations and European Union officials said.

Some 4.5 million refugees and migrants have fled Venezuela since 2015, according to official figures, but more are using illegal crossing points because they lack identity papers, said Eduardo Stein, joint special representative of the UN refugee and migration agencies.

The crisis has worsened since the United States imposed sanctions, including on the pivotal oil industry, to oust leftist President Nicolas Maduro in favour of opposition leader Juan Guaido. Dozens of nations recognize Guaido as interim president, saying Maduro rigged a 2018 election.

Roughly 5,000 people leave Venezuela daily, although the number fluctuates as more states require visas, Stein said.

"The experience of other crises in the world shows us that those who would



► Venezuelans flee the country in their thousands daily

want to go back to Venezuela if the crisis in political terms were to be solved today, it will take a good two years or maybe even more," Stein said.

A UN regional humanitarian response plan of \$739 million for this year is expected to nearly double for 2020, he added.

The initially welcoming attitude to Venezuelans around South America has soured amid accusations they bring crime, crowd the job market, and strain social services. 🌐

UK election just before Xmas

The UK is set for a 12 Dec. general election after MPs voted to back it following months of deadlock over Brexit. By a margin of 438 votes to 20, the Commons approved legislation paving the way for the first December election since 1923.

The bill is still to be approved by the Lords but could become law by the end of the week. If that happens, there will be a five-week campaign up to polling day.

The Prime Minister Boris Johnson has said the public must be "given a choice" over the future of Brexit and the country.

He hopes the election will give him a fresh mandate for his Brexit deal and break the current Parliamentary deadlock, which has led to the UK's exit being further delayed to 31 Jan.

The PM said it was time for the country to "come together to get Brexit done". He has readmitted 10 of the 21 Conservative MPs he threw out of the party rebelling over Brexit, allowing them to stand as Conservative candidates.

Labour leader Jeremy Corbyn said: "This election is a once-in-a-genera-



► UK police are prepared for an imminent terrorist attack

tion chance to transform our country and take on the vested interests holding people back. We can now launch the most ambitious and radical campaign for real change that our country has ever seen."

Meanwhile, British intelligence agencies have heightened their monitoring of subjects of interest after the death of the Islamic State leader Abu Bakr al-Baghdadi to safeguard against the possibility of revenge attacks in the UK.

The response covers about 3,000 people in the UK and abroad who are believed to have connections to Isis or who could be inspired by the group to launch terrorist attacks in Britain. 🌐

Brees still a force as Bolt eyes NFL

New Orleans Saints fans were generally sceptical of the wisdom of starting quarterback Drew Brees during their Week 8 game with the Arizona Cardinals, just five weeks after thumb surgery. Concerns surrounded exposure to injury in a somewhat meaningless game; the Saints had won all five of their previous games with backup Teddy Bridgewater managing the offense. On top of that, the Saints were one game away from their bye week, theoretically giving Brees more time to complete healing.

Nevertheless, always the ultimate professional despite his millions in the bank, Brees insisted on playing and turned in another vintage performance. He left some points on the field early, but quickly found his rhythm and timing to lead Saints to a comfortable 31-9 victory. The Saints could have scored even more points had they not let off the gas late in the game or executed better earlier on.

Thankfully, Brees didn't hurt himself again. He evaded several strong pass rushers with crafty moves in the pocket, showing the twitchy athleticism that's allowed him to bob and weave against pressure to keep plays alive without bailing out into the open field. Brees' refreshing attitude was evident after the game, claiming that injuries are part of the game, and he wouldn't let this latest one keep him off the field any longer than totally necessary.

"Listen, I am on borrowed time," the 40-year-old Texas-born star said. "I never thought I'd be playing this long, and so I am going to take advantage of every single moment and every opportunity I get."

Brees, like Tom Brady, has transcended football and is now a household name. Brees is one of the NFL's biggest, long-standing names, someone with a



► Drew Brees is the consummate professional



► Usain Bolt may attempt an NFL career

legacy that looms as large as Brady's. And like Brady, he's exploring uncharted territory as a quarterback playing at the highest level into his 40s. It's rare to see NFL players of any position sticking around as long as they have, much less play at a level that's making them future Hall of Fame inductees. Similar talents who came before them, like Peyton Manning and Brett Favre, saw the injuries mount up and their effectiveness tail off as they aged. Brees clearly wants to maximize his opportunities come what may.

Staying on the American football topic, Usain Bolt may have retired from track and field, but he's willing to consider another career that would utilize his talents. Bolt admitted he would consider playing in the NFL, but only for two

teams. The Olympic legend and multiple world record-holder would only turn out for the New England Patriots or the Green Bay Packers. He said: "If the Patriots or Aaron Rodgers call me. If they call me, I'm ready!"

Could Bolt actually make that transition after he failed miserably at trying to carve out a pro soccer career? There's no doubt he has the speed and size to be a dangerous threat. Bolt is 6-foot-5 and runs a 4.2 40-yard dash.

Still, it takes more than size and speed to be a force in the NFL. You have to actually have the skills to make catches and run routes.

Given the 33-year-old Jamaican's age and rawness, that's unlikely to ever happen, but at least it's piqued gridiron fans interest.

Woods refuses to fade away

Tiger Woods manages to confound his critics at every opportunity – and he's done it again.

It was only a matter of fitness and time before he moved alongside Sam Snead for the most number of wins on the PGA Tour. The way he equalled the record of 82 victories on Sunday was remarkable and in keeping with his exceptional career.

The Zozo Championship, the inaugural PGA Tour event held in Japan, was Woods' first competitive golf since August. The 43-year-old American has been recovering from yet another operation on his left knee.

This was only his sixth completed tournament since April when he won the Masters to claim his 15th major title. After that stunning triumph at Augusta, he struggled for form and fitness.

That can be attributed to the effects of cartilage problems now rectified by the fifth and latest knee procedure.

Woods shook off rust from this latest spell of competitive inactivity within three holes of his triumphant return. After a hat-trick of bogeys he proved unstoppable despite massive weather interruptions at the Narashino Country Club.

In Japan the course was relatively short, the fairways were soft and played



► Tiger Woods is still winning titles at 43

wide and there was a chill in the air. Yet he still built a three-stroke lead to take into the final round, a position this winning machine never squanders.

What's most encouraging was that it gave him great cause for optimism for the future.

Jack Nicklaus has always said he is grateful for Woods' pursuit of his record of 18 majors. Now aged 79, he claimed 73 PGA Tour victories and reckons it has served to keep his own feats in the public consciousness.

Now there is the quest for a record breaking 83rd win, which will most likely start at Torrey Pines in late January on a course where he has won eight times before.

Raptors eager to show title was no fluke

Toronto Raptors are determined to prove that their surprise NBA championship last season was a fluke and Kyle Lowry is leading the charge.

Lowry has been magnificent so far but, ever the perfectionist, he wants to raise his game.

"I think I can be a lot better," Lowry said after Toronto's win over the Orlando Magic on Monday. "Give me another couple of weeks of playing and getting some extra cardio and get my body right a little bit more, and I'll be a little bit better."

Lowry underwent torn tendon surgery is his left thumb in the offseason, an injury he suffered in last season's playoffs. He sat out most of training camp and appeared in only one pre-season game for the Raptors.

Lowry struggled with his shot in Toronto's season opener against the New Orleans Pelicans - he missed 11 of his 15 shot attempts - but he got to the free throw line 13 times and finished with 22 points. He scored 29 points in a loss to the Boston Celtics a few nights later, following it up with 11 points, eight assists, seven rebounds against the Chicago Bulls over the weekend.

Against the Magic on Monday, Lowry scored a team-high 26 points and came up big down the stretch to secure the win. The only knock on 33-year-old Lowry's play so far has been his efficiency, as he's shooting 41.9 percent from the field and 36.6 percent from 3-point range. Both are an improve-



► Kyle Lowry is carrying Raptors' title hopes

ment over last season but slightly below his career averages.

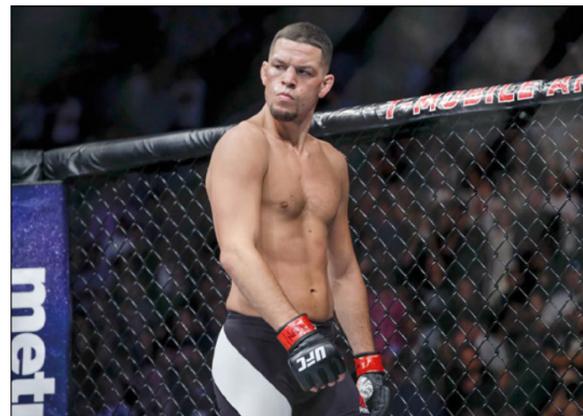
Even so, Raptors head coach Nick Nurse seems to be impressed with how Lowry has come out of the gates. "Nothing really surprises me about him, to be honest with you," Nurse said. "He's just such an experienced guy and he's such a gamer, man."

UFC creates vulgar belt for veteran warriors

A classic UFC fight is promised in New York City on Saturday night when Nate Diaz and Jorge Masvidal headline UFC 244 at Madison Square Garden in a welterweight clash with a unique belt hanging in the balance.

While neither man enters with UFC gold around their waists, the promotion has created a new belt for the occasion, "The BMF Title," which means exactly what you think it does and will be bestowed upon the winner. Both are 34 years old, have patchy records but are two of the most respected fighters in the sport for their raw courage, skills and indomitable fighting spirit.

Although some have scoffed at the creation of a new title that isn't expected to be defended in the future, Diaz (20-11-0) and Masvidal (34-13-0) have long considered themselves amongst the top contenders for such an honour, belt or no belt, and are looking forward to facing one another to determine who is the baddest in the game.



► Nate Diaz is a warrior in the octagon

"Jorge has been around as long as me," said Diaz, who called for a bout with Masvidal following his brilliant performance against Anthony Pettis at UFC 241 in August. "He's been a real fighter and stayed who he is the whole time and that's the baddest m****f***** s**** there is."



► Jorge Masvidal is never in a dull fight

"I called it how I see it and everybody else felt the same way, so this is for the best fighter in the whole game."

A 16-year veteran who has long been respected by his peers and the hardcore set, Masvidal has finally broken into the mainstream this year.

Masvidal said: "We're going to go to war, but no matter what happens, I've got nothing but praise and admiration for Nate. I like what he's done and how he's carried himself. Kudos to him, now let's get this fight s**** going on."

CROSSWORD

By THOMAS JOSEPH

ACROSS 43 Intuit

1 Sir's coun-
terpart

6 Peru
neighbor

11 Texas
landmark

12 Staffers

13 1976
Heisman
winner

15 Kin of Ltd.

16 Ram's
mate

17 "I —
Rock"

18 Sewing kit
items

20 Ran into

21 Scarlet

22 Fury

23 Ignore the
limit

26 Forbidden
acts

27 Curbside
call

28 Cacao
holder

29 European
peak

30 Touched
in passing

34 Early auto

35 Piece of
lumber

36 Second
person

37 1981
Heisman
winner

40 Church
fixture

41 Prom
crowd

42 High
homes

DOWN

1 Morning,
in Mar-
seille

2 Without
others

3 Tango or
twist

4 Author
Tan

5 Worked
the
runway

6 Gives a
hoot

7 Towel
word

8 Brain-
storming
fellow

9 Prisoner's
plea

10 Fancy
homes

14 Had debts

19 Zwei
follower

22 Fishing
poles

23 1984 Jeff
Bridges
film

24 Bitter
brew

25 Sends
overseas

26 Chewy
candies

28 NFL
players

30 Loses
focus

31 Daughter
of Leda

32 Makes flat

33 Thick

38 Mouse
chaser

39 Gettys-
burg
loser

S	E	R	B	S		S	T	U	B		
T	R	O	O	P		P	A	P	A	L	
R	I	G	O	R		E	R	A	S	E	
A	C	E		A	W	L		B	E	G	
W	A	R	M	W	E	L	C	O	M	E	
				O	L	D		O	V	E	N
M	E	E	T	S		T	R	E	N	D	
O	G	R	E		B	O	A				
C	O	O	L	M	I	L	L	I	O	N	
H	I	S		O	D	D		N	I	E	
A	S	I	A	N		O	R	A	L	S	
S	T	O	R	E		F	I	L	E	T	
S	N	I	T			F	O	L	D	S	

Yesterday's answer

SUDOKU

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Concepts Sudoku increases from Monday to Sunday.

Conceptis Sudoku

By Dave Green

7	2			5			3	4
5					6			7
	9		3				1	
	5		7	4	3			
6								1
		1	9	2		7		
	6			5		2		
4			2					6
2	8			4			5	9

Difficulty Level ★

9/24

Answer to previous puzzle

9	3	8	7	2	1	4	6	5
5	7	4	3	6	8	1	2	9
6	1	2	5	4	9	8	3	7
1	6	5	2	8	3	9	7	4
4	2	9	6	1	7	3	5	8
7	8	3	4	9	5	2	1	6
3	4	1	8	7	6	5	9	2
8	5	6	9	3	2	7	4	1
2	9	7	1	5	4	6	8	3

Difficulty Level ★★★★★

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Word Search

U	M	A	N	B	G	L	N	I	C	K	E	L	S	N
D	R	U	B	R	A	S	S	B	A	L	U	E	I	O
O	L	A	I	C	S	R	M	H	I	D	W	E	L	R
Y	P	O	N	H	U	H	I	R	R	S	Q	T	V	I
B	C	I	G	I	T	Y	R	U	E	L	M	S	E	B
B	Z	H	I	X	U	I	V	T	M	P	H	U	R	Y
M	R	P	R	H	Y	M	L	Y	V	V	P	W	T	X
A	U	O	T	O	W	H	Y	D	R	E	P	O	P	H
L	G	I	N	U	M	E	T	N	W	U	A	F	C	Z
Y	A	D	M	Z	N	E	T	T	O	M	C	D	S	A
R	L	J	H	D	E	G	E	L	Q	M	A	R	W	Y
V	L	E	I	Y	A	R	S	N	A	E	I	W	E	L
S	I	F	L	Q	V	C	X	T	L	B	R	T	A	M
M	U	N	I	T	A	L	P	J	E	W	O	K	N	S
W	M	K	Z	S	S	R	A	F	D	N	Z	C	E	A

- Antimony
- Barium
- Bismuth
- Brass
- Bronze
- Cadmium
- Chrome
- Cobalt
- Copper
- Gallium
- Gold
- Iron
- Lead
- Lithium
- Mercury
- Nickel
- Pewter
- Platinum
- Silver
- Steel
- Tungsten
- Uranium
- Zinc

Have fun
with
**CAYMANIAN
TIMES**

Find the listed words in the diagram. They run in all directions – forward, back, up, down and diagonally.

CURTIS

By Ray Billingsley

Panel 1: **ODD DAY IN LOCAL NEWS**

Panel 2: **A HUGE SINKHOLE OPENED IN FRONT OF OUR BUILDING, WATER FROM BURST PIPES FLOODED OUR STREETS, AND AN ESCAPED MAN-EATING LION IS IN THE NEIGHBORHOOD...**

Panel 3: **WHERE ARE YOU GOING?**

Panel 4: **OUT TO VOTE !!**

THE AMAZING SPIDER MAN

By Stan Lee

Panel 1: **YOU ALL RIGHT, SPIDER-MAN?**

Panel 2: **YEAH. BUT I CAN'T HELP THINKING--**

Panel 3: **WITH THE DAMAGE THAT EXPLOSION DID TO THIS THEATER, THERE'S GONNA BE SOME LONG FACES ON BROADWAY.**

Panel 4: **INCLUDING MJ—MY WIFE—WHO'S STARRING IN A HIT PLAY AT THE MAMMON!**

JUDGE PARKER

By Woody Wilson & Mike Manley

Panel 1: **WELL, SON, HAVE YOU THOUGHT ABOUT WRITING WHAT HAPPENED? IT MAY HELP YOU GET CONTROL OF IT, MAYBE EVEN WORK THROUGH FEELINGS...**

Panel 2: **I UNDERSTAND.**

Panel 3: **I APPRECIATE YOU COMING HERE TO TELL ME, THOUGH, DAD.**

Panel 4: **AND I FEEL BAD BECAUSE I HAVE SOMETHING I SHOULD HAVE TOLD YOU...**

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