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	Public Holidays for 2020	DMS Broadcasting donates funds	51 Arrests for DUI	UK and OTs: New year, new decade, new leaderships, new partnership?

A Day of Family Fun

By Christopher Tobutt

New Year's day is always a day for Family Fun and games in West Bay, thanks to the hard work of a small army of around 40 volunteers, who freely give up their holiday time to help bring the community together, in the good-old time way. The Old Time New Year Family Fun Day is a seven-year old tradition, started by West Bay MLA Hon Tara Rivers, but she is the first to tell you that she couldn't do it without all the people and businesses who step up to the plate and donate their money, time and things to make the day wonderful for moms, dads, kids grandparents and aunts and uncles.

"The purpose of today is to start the New Year off in a very positive family-oriented way," Ms Rivers said, "It's also a way to help the young generation connect with Cayman's cultural heritage of yesteryear all of the games and all of the crafts are geared towards promoting that traditional heritage that we have in the Cayman Islands, and it's also a way to help the older generation to reconnect with the Cayman that they grew up in. So there's games for the young, and



► The winner!

... Continued story on page A3

Trailblazing Sunfired Culinary Institute Expands



Full story on page A4 >>

► The Sunfired Institute Classroom and demo setup

Having a Say



One of the fundamental tenets of our democracy is having a say. The right to have a say is something that should not be taken lightly.

If we consider that it was around 60 years ago that a group of resolute women fought for their right not to be overlooked in the electoral process in the Cayman Islands, we would recognise that activism has long been a feature of these beloved islands.

... Continued story on page A2



800m and 400m Sea Swim

Saturday, January 11, 2020 | Governor's Beach

Where : Race Starts and Finishes at the Governor's Beach (loop)
 Time : Race Starts at 4:00 pm (800m) and 4:45 pm (400m)
 Registration : Governor's Beach from 3:00 pm to 3:45 pm
 Registration Cut-Off Time : 15 minutes from Start of 800m Race

Trophies for 1st, 2nd and 3rd (all age-groups)
 Ribbons for 400m swimmers
 T-shirts, 'goody bags' and refreshments for all
 Random Prizes : 5 Cayman Airways Gift Vouchers

Entry Fees: CIASA Members = CI\$15 (Adults) and CI\$10 (Children) Non-Members = CI\$20 (Adults) and CI\$15 (Children)
 400m Swim for Children 12 and Under = CI\$10

Celebrating 31 Years in the Water

EDITORIAL

Having a say!

... Continued story from page A1

Now we see various groups being formed and coming together to ensure as wide an engagement as possible among the people of Cayman on major issues impacting our society. We applaud their efforts to press forward to let their voices be heard, whether on the issue of wanting a referendum on the port project or to preserving public access.

That is the essence of democracy. Regardless of which side of the fence you sit on any of these issues, Caymanians should be proud of the right they have to stand up and be counted. Having a say on major issues is not simply

confined to the four-year election cycle but by sharing your views – hopefully in a respectful manner – when the need arises.

Caymanians should be proud of such rights and not sit back willy nilly and let others be their voices. Don't rabble rouse just for the sake of doing so, but educate themselves on the issues of the day, so they can make an informed choice. That is how democracy is meant to work. So, let us keep our democracy alive in a respectful and informed manner.

This is the year to have your voices heard. Let us hear what you have to say. 🗣️

COMMUNITY NOTICE

Public Holidays for 2020 Listed

The Deputy Governor's Office has confirmed public holidays in the Cayman Islands for 2020, with the exception of the Queen's Birthday.

The United Kingdom traditionally celebrates Her Majesty's birthday by holding the Trooping of the Colour ceremony on the second Saturday in June. As such the

public holiday in the Cayman Islands is likely to be Monday, 15 June 2020. Confirmation is expected in early 2020.

The 2020 public holidays are:

- New Year's Day: **Wednesday, 1 January;**
- National Heroes Day: **Monday, 27 January;**
- Ash Wednesday: **Wednesday, 26 February;**
- Good Friday: **Friday, 10 April;**



- Easter Monday: **Monday, 13 April;**
- Discovery Day: **Monday, 18 May;**
- Queen's Birthday: **Monday, 15 June (UNCONFIRMED);**
- Constitution Day: **Monday, 6 July;**
- Remembrance Day: **Monday, 9 November;**
- Christmas: **Friday, 25 December;** and
- Boxing Day: **Monday, 28 December.** 🗣️

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CIGTV GUIDE

FOR WEEK OF JANUARY 7 - 10



Tuesday, 7 January

- 12:00 AM Sunrise Adult Training Centre The Lion King
- 1:10 AM Miss Lassie Painting Conservation
- 1:20 AM Miss Lassie Architectural Conservation and Restoration
- 1:30 AM Miss Lassie Vision and History
- 1:35 AM Miss Lassie CNFC Board Perspective
- 1:40 AM DEH - Antimicrobial and the Environment
- 1:50 AM Ecosystem Services with Lauren Dombrowski
- 2:00 AM News Update
- 2:20 AM Cruise Berthing and Cargo Facility Press Conference
- 3:30 AM Down to Earth with the Premier
- 4:00 AM Sunrise Adult Training Centre The Lion King
- 5:10 AM Miss Lassie Painting Conservation
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- 6:00 AM News Update
- 6:20 AM Cruise Berthing and Cargo Facility Press Conference
- 7:30 AM Down to Earth with the Premier
- 8:00 AM Healthcare Conference September 26 2019
- 10:00 AM News Update
- 10:25 AM Healthcare Conference Dr. Lewis Warrington
- 11:20 AM Healthcare Conference Dr. Jason Markie
- 12:00 PM Healthcare Conference Dr. Erick Gryzbowski
- 12:45 PM News Update
- 1:05 PM Healthcare Conference Nasolo Thompson
- 1:45 PM NiCE Project An Overview of the Winter 2018 Initiative
- 1:55 PM Healthcare Conference Dr. Kerry A. Rood
- 2:50 PM Healthcare Conference Dr. Ravi Kishore
- 3:35 PM News Update
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- 7:30 PM Healthcare Conference Carole Appleyard
- 8:00 PM Healthcare Conference Dr. Troy A. Gatliff
- 8:40 PM News Update
- 9:00 PM Healthcare Conference Professor Virginia Murray
- 9:50 PM Cruise Berthing and Cargo Facility PB July 29 2019
- 11:00 PM Special Commemorative Town Hall Ceremony

Wednesday, 8 January

- 12:00 AM Cruise Berthing & Cargo Port Dedevlopment Project Mary Miller Hall
- 2:30 AM News Update
- 2:50 AM Special Commemorative Town Hall Ceremony
- 4:00 AM OLDER PERSONS MONTH Talent and Fun
- 6:00 AM News Update
- 6:20 AM Cayman Islands Fire Service Chief Interview
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- 10:00 AM News Update
- 10:20 AM Dr. Vivek Patel - Holy Cross Hospital
- 10:30 AM Dr. Vineetha Binoy - Health City Cayman Islands
- 10:45 AM Dr. Rupesh Kotecha - Miami Cancer Center
- 11:00 AM Dr. Perez Mitchell - Memorial Healthcare System
- 11:20 AM Dr. Cesar Perez - UHealth Univ. of Miami Health System
- 11:30 AM Dr. Arun Nagarajan - Cleveland Clinic Florida
- 11:45 AM Dr Dennis Tishko - Broward Health International
- 11:50 AM Dr Anita Johnson - Cancer Treatment Centers of America
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Friday, 10 January

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► Burgers and hot dogs!



► H.E The Governor talks to artist Mark Ebanks

West Bay New Year's Family Fun Day

... Continued story from page A1

young-at heart. It's a fun-filled day of activity, and everything's for free. Free food, free soft drinks, free water, It's also a way to help the older generation to reconnect with the Cayman they grew up in."

Wow! Everywhere kids and families were enjoying the fun atmosphere. There were two bouncy castles, face-painting, hot dogs, burgers, soft drinks, chicken-burgers, patties... more than enough food for everyone. Oh and don't forget the Sno Cones! Henry, a

very tall clown was there, making children happy by making designer balloon animals - what do you want? A giraffe? A sausage-dog? A hat? A sword? No problem! There were lots of traditional games, too like hula hoops, and races (everyone from toddlers to grandpas joined in).

His Excellency The Governor was there, admiring artist Mark Ebanks' wonderful, brightly-coloured paintings of Cayman parrots and turtles, and all the other arts and traditional crafts on display, including Deal Ebanks' Mancala (or 'Worrie') board, calved out

of driftwood. In case you don't know what it is, it's a game played by moving seeds along a series of indentations carved into wood. It comes from Africa and said to be the oldest game in the world.

Next to him was Marlena Anglin: "I've got the finest straw work from the silver thatch in the Cayman Islands," she said, and I live in West Bay, Grand Cayman, close to Hell but I'm still living in Heaven. My work is making baskets hats brooms thatch rope; anything that can be made out of silver thatch, and I've been doing that since I was nine

years old, and now I'm 87 and I'm going to keep it going as long as God gives me the strength to do it. God bless the Cayman Islands."

Hard at work serving patties and hot dogs, Betty Smith, just didn't stop: "from the beginning, for seven years I've been doing it because I love Tara, and I love to support her," she said. "West Bay needs something like this, the whole Island needs something like this and this is really important," she said.

Nobody went home until they were full up with hot-dogs, sno-cones. But most of all, filled to the brim with fun. ☺



► Hula Hoop competition



► Skipping!



► Bouncy castle fun all afternoon



► Marlena Anglin and her thatch-work



► Hon Tara Rivers MLA for West Bay, and her son, Rome



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DMS Broadcasting donates funds to the Cayman Heart Fund

The Cayman Heart Fund (CHF) recently received a generous donation from DMS Broadcasting Corporate Cup.

On Saturday, October 12th, the Truman Bodden Sports Complex was the place to be for corporate entities seeking fun and comradery. You see, that was because it was the 6th Annual DMS Broadcasting Corporate Cup. This year, 24 Cayman companies signed up; it was a record number.

For those members of our community who are unfamiliar with this event, the Corporate Cup is a mini Olympics, so to speak. Companies sign up a team to go up against other companies in team building events like Tug Of War, Sack Races, an Obstacle Course, Soccer Kick, Netball, Swimming (at Lion's Pool), Target shooting (with CISSA), and Climbing at the YMCA Alpine Tower. There are 10 events in all, and every event is hard-fought. Traditionally, each team works hard to be the best, and this year was no different.

At the end of the day, the team with the best overall combined score wins the Corporate Cup and takes possession of the Corporate Cup trophy to display in their office until next year's event when they have to return it - and then it's up for grabs once again. This is the achievement that each team strives for. However, along the way, there are other benefits to be had. As mentioned before, it is essentially a team-building

event, and nothing forges relationships like going through a challenge side-by-side. Blake Rogers, Operations Manager for DMS Broadcasting, states, "It's an amazing day with some of Cayman's most competitive professionals, pitted against rival companies, but also with the best sportsmanship on display! Plus, it all benefits a local charity. For Companies looking for a team-building event, and to give back to the community, it doesn't get much better than the annual Corporate Cup!"

One point to make is that this event not only serves a purpose for dozens of corporate professionals to blow off steam and challenge each other. It is a fundraiser for a local charity. This year, the featured charity was the Cayman Heart Fund and the event helped raise \$7,200 for this worthy cause.

This year Deloitte won the event, with the second-place finisher, Cayman Enterprise City, only one point behind. There was a tie for third place between CUC (last year's winner) and KPMG. Overall, the competition was close, and there were many examples of great achievements. This was really a great event, organized solely by DMS' team of eleven individuals.

Dr. Bella Beraha, CHF Vice-Chairperson, said on behalf of the CHF we would like to give thanks to DMS for having chosen us as the recipients of the 2019



Corporate Cup fundraiser funds. These funds will be instrumental for us to be able to fulfil the mission of educating and creating awareness, with the goal of diminishing heart disease in Cayman Islands. Once again thank you for the support.

The Cayman Heart Fund (CHF) is a non-profit, non-government organization dedicated to the reduction of heart and circulatory disease in the Cayman

Islands. Heart and circulatory disease, known as cardiovascular disease (CVD), is the number one health problem in the Cayman Islands. Cayman Heart Fund is dedicated to educating the public, influencing policy and supporting access to high quality healthcare through various programs and initiatives.

For more information contact: 345-916-6324 or info@caymanheartfund.com. 🌐

Trailblazing Sunfired Culinary Institute Expands

The Sun-fired Foods Culinary Institute is blazing a trail and creating a gastronomical movement in Grand Cayman, with the demo and food preparation classes, phase now in full swing.

Located at Palm Heights' Coconut Club on the Seven Mile Beach - formally know as Beach Suites - the Institute is where Dr. Aris Latham and his world-renowned brand of healthy eating are making a notable impact. His tried and tested wisdom relating to plant-based, 'sun-cooked' foods is a mix of nutrition and artistry.

As a result of the growing demand for good food and a healthier lifestyle, he is already fully operational and students, as well as residents can either visit his special spread on Thursday and Sundays or enroll in online classes or in-person.

With a new classroom, service-area and demo lounge right on the seaside of Cayman's most popular strip of sand, there is a hive of activity on the beach when the action gets started and much to see and learn.

"We are launching an online institute on the 1st of January, when people will be able to enroll. The first LIVE sessions/classes start on 5th January from 9am to 12pm. It's complimentary for the first month and then there's a small monthly fee," noted Dr. Aris.

Sessions are also recorded, so if one is unable to make the times for the class, they can still access the sessions online. More details about the online institute program can be found on sunfired.com.

Classes for residents are set for the second Wednesday of every month from 9am to 12pm and 6pm to 9pm.

The three hour classes feature special recipes and the full science behind the foods and how they are prepared, as well as meals. Details can be found at palmheights.com.

An ever expanding list of clients and students is testament to Dr. Aris' approach to cuisine and the relevance of his philosophy, which steadily continues to grow in notoriety and influence.

Thousands following on social media around the world also have the opportunity to see Dr. Aris at work against the backdrop of Cayman's turquoise Seven Mile Beach, as he is streaming live on Facebook and Instagram.

He can often be seen giving LIVE demos and mini-lectures about how the food is prepared and what each dish consists of.

"It's a sun-fired, gourmet, street-food scene at the beach, highlighting local produce and creating exciting dishes on a daily basis," exclaimed Dr. Aris. "It's where you get to see food create in a special way and learn while the food is being prepared.

There is actually no fire used at all and all the recipes reveal ways in which to use plant-based foods that are not



► Dr. Aris prepares sunfired foods to crowds on the Seven Mile Beach

only extraordinarily healthy but also really quite unique. The food Dr. Aris prepares is not cooked in a traditional sense.

His philosophy means that he relies on the sun to cook the foods through a plant's natural growing process to maturity; hence the moniker 'sun-cooked' foods.

In many circles this way of eating is referred to as a raw-food diet but Dr. Aris elaborated, "We don't always use the word 'raw' because there tends to be a connotation that the food is unprepared and nothing could be further from the truth."

In fact much of the spread consists of dishes that can take hours to make. Whether it be using lime and coconut or apple and ginger in the combination, Dr. Aris rarely repeats the same dish twice because of the vast variety of foods that allow him to use the farm to table selections to create inconceivable artistry with fruits, vegetables, roots and natural herbs.

He is essentially an alternative artist, using his outdoor food pantry as a painter would wield his brush; only instead, summoning elaborate spreads of Island delights.

Students can also opt in to Dr. Aris' food certification course at sunfired.com. Space for this class is limited to 6 persons per session. 🌐



► Dr. Aris with two students who completed his food certification course recently



► Exterior of the new Rotary Schoolhouse in the Children's Garden classroom at the Queen Elizabeth II Botanic Park

► Each repurposed cedar wood bench bears a dedication plaque, "Repurposed, Reused, Recycled", from the Owen Roberts International Airport to the Queen Elizabeth II Botanic Park

Airport's Repurposed Wood Benefits Children's Classroom

Cedar wood from the iconic 'A' frames that were the main architectural feature of the old Owen Roberts International Airport (ORIA) terminal building, best remembered for the open air 'waving gallery' that was popular to locals and tourists alike, has been repurposed into benches for the Queen Elizabeth II Botanic Park's Children's Garden Classroom.

The waving gallery was first put in place in 1984 when the airport terminal building was completed and was an integral part of the facility for many years. In 2017, in order to comply with international security regulations, the waving gallery had to be permanently closed.

The Children's Garden classroom has been on the Queen Elizabeth II Botanic Park's master plan since 1994 (originally as the "Discovery Garden"). In 2015, this area was still undeveloped when the Park's General Manager, John Lawrus, revisited the idea.

"The Rotary Schoolhouse was the first component of the Children's Garden to be built. Designed as a multipurpose, open air structure, we wanted to establish the classroom as the "heart" of the project to be utilized as an educational facility for all schools of the Cayman Islands who visit the Park," said Mr. Lawrus.

When construction on the Children's Garden began in 2018, communications with CEO Albert Anderson of the Cayman Islands Airports Authority (CIAA), which owns and operates Owen Roberts International Airport, and Ian Pairaudeau of McAlpine Ltd. began, and both organizations agreed to graciously donate several large pieces of timber from the airport's A frames.

"It fills me with a sense of pride and nostalgia to know that a piece of Cay-

man's history, that was once an iconic feature of ORIA will serve another grand purpose in the community," said Mr. Anderson, remarking on the repurposing of the cedar wood from the airport. "We are thrilled to be a part of the exciting venture with the Queen Elizabeth II Botanic Park and contributing partners to bring the Children's Garden and Rotary Schoolhouse project to life for generations to enjoy."

A small plaque has been fastened to each bench highlighting the donation and origin of the wood.

"Children, just by sitting on the benches, passively learn about our important heritage and the importance of recycling and repurposing valuable resources, which was a common practice in the early years of the Cayman Islands. Nothing was wasted. That, in itself, is an extremely important message that needs to be shared," commented Mr. Pairaudeau.

The Children's Garden project is ongoing with Greenlight RE Grow Zone now completed and the Cayman National Splashpad currently under construction. The next phase will be the construction of the Observation Tower and the KRyS Global Discovery Pond.

"I would like to express my thanks to the CIAA and McAlpine for this important donation to the project, which not only keeps our heritage alive, but also provides an important environmental message that's becoming more critical in the world we live in today," added Mr. Lawrus.

The Queen Elizabeth II Botanic Park is still actively seeking donations to complete the Children's Garden project as well as individual donations of \$250 for each bench. Interested donors should contact the park on manager@botanic-park.ky



► CIAA CEO Albert Anderson, Queen Elizabeth II Botanic Park General Manager John Lawrus and McAlpine Managing Director Ian Pairaudeau next to the repurposed cedar wood benches inside the Children's Garden Schoolhouse

POLICE NEWS

Holiday Traffic Enforcement Leads to 51 Arrests for DUI

The RCIPS carried out Operation Azurite Two (2) during the month of December which allowed for high visibility patrols and provide a focused approach to persons driving under the influence of alcohol as well as a host of other traffic related offenses.

The RCIPS also partnered with the National Drug Council for their #ArriveAlive345 Campaign and did a host of joint media appearances to promote the use of the purple ribbon buses on New Year's Eve and New Year's morning as well as to educate the public on ways to enjoy the holidays without putting themselves at risk by driving under the influence of alcohol or other substances, such as the Designated Driver Program. The NDC has informed us that over 3300 in person's road the purple ribbon buses in Grand Cayman and over 40 in Cayman Brac.

"We want to thank everyone who made the responsible decision to ride the purple ribbon buses on New Year's Eve and New Year's morning. By taking advantage of this service you have help us in making the roads safer for yourselves and others," said Inspector Dwayne Jones, head of the Traffic and

Roads Policing Unit. "We are also grateful to the National Drug Council and their many partners and sponsors for coming together and making such an invaluable opportunity possible for the citizens of the Cayman Islands, and for including us in their preparations."

Throughout the month of December, over 50 persons were arrested on suspicion of DUI and just fewer than 300 motor vehicle collisions were record including one fatality (see press release here). Over 1300 tickets were issued in the month of December with offenses ranging from speeding, illegal tint, use of mobile phones and more.

Of the DUI arrests made in December no arrests for DUI were made on New Year's Eve however 2 persons were arrested on suspicion DUI on the morning of New Year's Day.

"Road safety is always the number one priority of the Traffic and Roads Policing Unit." Added Inspector Jones "Now that Operation Azurite Two (2) has concluded, our focus for the coming year will be to take a proactive approach to road safety through campaigns, partnerships and operations in order to ensure safety on our roadways. We will continue



to provide safety tips to all road users, as well as increase enforcement to discourage traffic offenses from being com-

mitted and encourage good driving etiquette and proper use of the roadways by all road users." 🌐



Team Nolan programme raises public awareness

Team Nolan programme, the pediatric arm of the Cayman Heart Fund, raises public awareness and provides financial assistance to families in Cayman when their child is born with a congenital heart defect, assisting them with expenses associated with urgent pediatric cardiology healthcare. Financial aid may be granted, for example, to assist in the following instances:

1. accommodation or airfare;
2. assistance with paying for utilities, food, etc.; or
3. assisting with taking necessary time off work.

Over the holidays, Team Nolan was honored to visit and present a donation to a family in need. Baby Mirella was born with Tetralogy of Fallot (a combination of four congenital abnormalities. The four defects include a ventricular septal defect (VSD), pulmonary valve stenosis, a misplaced aorta and a thickened right ventricular wall [right ventricular hypertrophy]) and Down Syndrome. She has been hospitalized at Health City for over 4 months after many Heart Surgeries.

Ailian Evans, CHF Board Member & Founder of Team Nolan, said, as a heart mom it is so rewarding to see that with

our efforts and fund-raising initiatives in the loving memory of our heart angel son, we are helping others in need. I know Nolan is proud of the legacy that we are creating. I liked spending time with the family and giving emotional support on their journey as heart parents. I can for sure say that Nolan has taught me compassion, resilience and to never give up.

Please contact info@caymanheartfund.com for additional information or for an application to apply for financial aid.

Cayman Heart Fund is a non-profit organization incorporated under the Com-

panies Law (2007 Revision) in 2007, with Registration License # 220594. Our aim is to alert, reduce and help prevent Cardiovascular Disease (CVD) – Cayman's #1 cause of death in the Cayman Islands. We achieve this through education, training and by providing medical equipment and services to the public.

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UK and OTs: New year, new decade, new leaderships, new partnership?

By Michael Jarvis, London UK

From Britain to the Overseas Territories (OTs) New Year and Christmas messages by the various leaders were replete with commitments and morale-boosting pledges for development.

From the Brexit to Britain to disaster recovery and expanding on growth in OTs, in just about every challenge the gospel of opportunity was preached.

We took a snapshot of what's on offer. British Prime Minister Boris Johnson is brimming with confidence having just won by an unexpectedly comfortable margin, an election called after less than six months since he took over the reins of office.

In his 2020 New Year message Mr Johnson welcomed the new year as a new era.

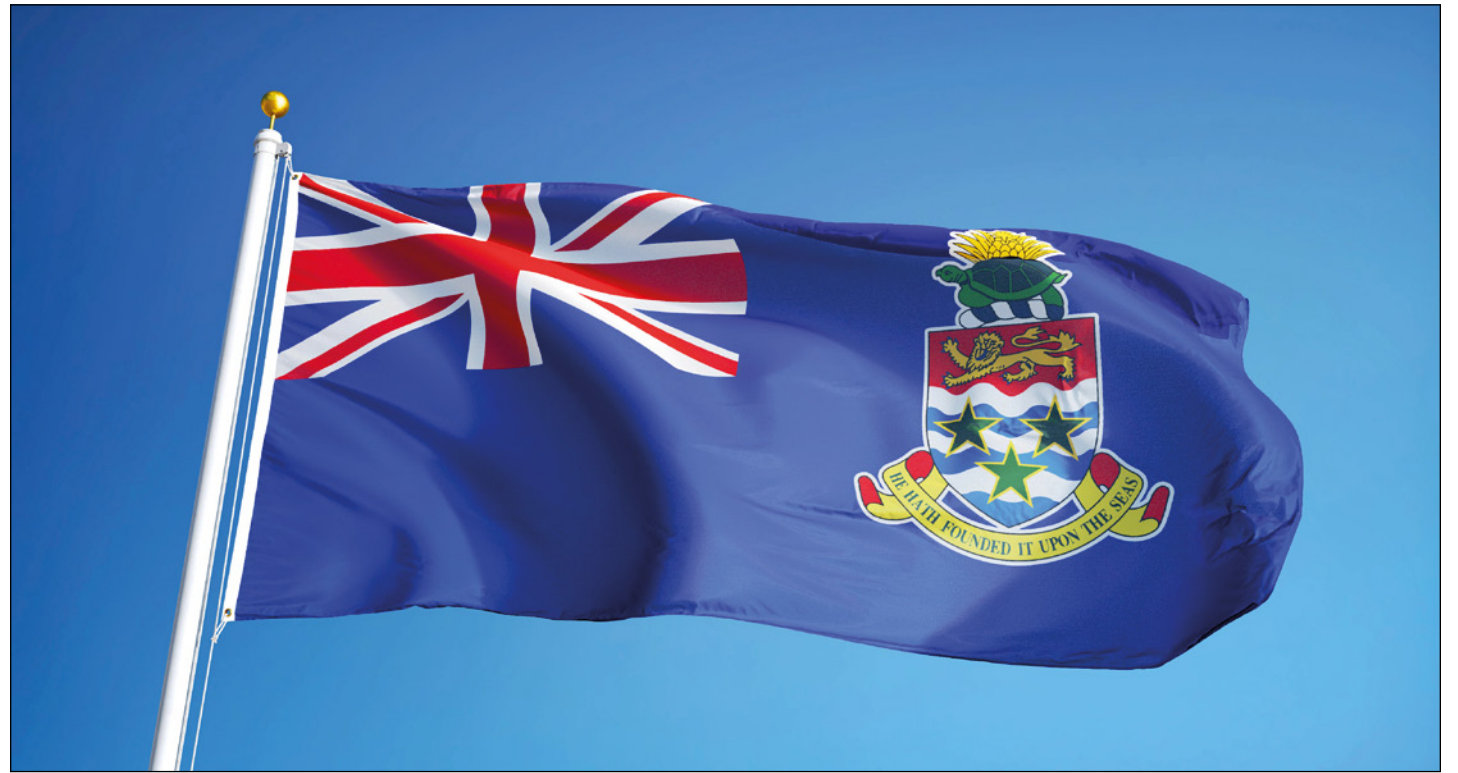
For him, it's not a Brexit-beleaguered Britain but a Brexit-bolstered Britain poised to capitalise on opportunities the split from the European Union (EU) will bring.

The next phase is scheduled for this month-end with the separation will be formalised before crucial negotiations begin on a trade deal.

"We can start a new chapter in the history of our country, in which we come together and move forward united, unleashing the enormous potential of the British people," Prime Minister Johnson stated.

Two issues were predominant in his address which brimmed with confidence; Brexit and the National Health Service (NHS) - although his opponents suggest that his unbridled optimism it's more about himself and fails to fully address the challenges the country faces.

"The loudest message I heard during the election campaign is that people expect us - expect me - to protect and improve the NHS. The NHS is a wonderful British invention, there for us and our families when we are ill, whatever our background and regardless of ability to pay."



Mr Johnson is also clearly aware that his despite his barnstorming 80-seat majority, there is still a swathe of the population who might still be sceptical. "I want to reassure you that I will be a Prime Minister for everyone, not just those who voted for me."

"I want to work with you, as friends and equals, as we build the future this United Kingdom deserves," he pledged.

The challenge - and opportunity - is for the Overseas Territories (OTs) to firmly fit themselves into this future for

the UK as envisaged by Prime Minister Johnson as real partners.

On the back of the UK Foreign Affairs Committee's OTs/UK inquiry and report titled "Resetting the Relationship", one would have to look very hard beyond the handful of recommendation accepted by the previous UK government to find indications of what that future holds.

A review of Christmas and New Year messages of mainly the Caribbean OTs shows an understandable preoccupation with pressing local matters, but hardly if any, UK/OTs relationship mentions beyond brief references to constitutional reform and aid in specific cases.

All might very well be well beyond the FAC report.

For the Cayman Islands with elections due by 2021, Premier Alden MacLaughlin, reflected: "I believe most would agree, our Islands are in a far better place today than we were when I first took office as Premier in 2013."

"Over the remaining seventeen months of this term, I intend, along with my Government, to 'roll up our sleeves' and work even harder to ensure that a progressive Cayman provides opportunities for all Caymanians, regardless of social standing, now and into the future."

In Anguilla, where elections are due this year, Premier Victor Banks, was in full campaign mode and his island's continuing recovery after the 2017 disastrous hurricane season, much of that recovery is UK aid-funded.

"Even though the recovery process was a tremendous success we understood quite clearly then that there would still be some difficult times ahead. However, as we did over the past four years our Government demonstrated our ability to find ways and means to make positive things happen. We have had our delays in implementation but we have remained focused."

Montserrat's new government took office less than three months ago.

Premier Easton Taylor-Farrell assured his citizens; "We plan to build on the projects already in progress, and at the same time roll out some key priority areas."

"Job creation is one of my government's key priorities if we are to improve livelihoods, and retain and expand the population which is vital for economic growth."

With Montserrat heavily reliant on UK aid in its long-drawn-out recovery from the ravages of a volcanic eruption, Mr Taylor-Farrell emphasised that "Montserrat will never be viable if we depend solely on aid funding. So, in the months ahead, we will reach out beyond the boundaries of aid financing, seeking to attract investment and encourage growth in the private sector."

British Virgin Islands Premier Andrew Fahie, getting ready to mark his government's first year in office, painted an optimistic outlook for the territory under his leadership.

"Within the 10 months of taking office, we have accomplished many things together, with a lot still left to be done in this New Year."

"Together as one people, our Vision 2020 is to transform the Territory into a leading regional economy by 2025 through Entrepreneurship, Innovation, Local and Foreign Investment."

Over in the Turks and Caicos Islands, earlier in December Premier Sharlene Cartwright-Robinson, in an annual national address, listed her government's achievements after three years in office and ahead of another major statement this January 7th.

These ranged from "critical work ongoing in national security, border protection and immigration" to a range of other portfolio areas from constitutional review to education, health, tourism and the economy.

"On January 7, 2020, we will set out, as you have become accustomed, our record of work across Government. Hold us into account," she declared pointing to her government's Vision 2040 National Plan.

Meanwhile, in Bermuda, amidst the seasonal cheer, Premier David Burt offered: "Despite the challenges that our island faces, we are truly a blessed country and we have much to be thankful for. (...)"

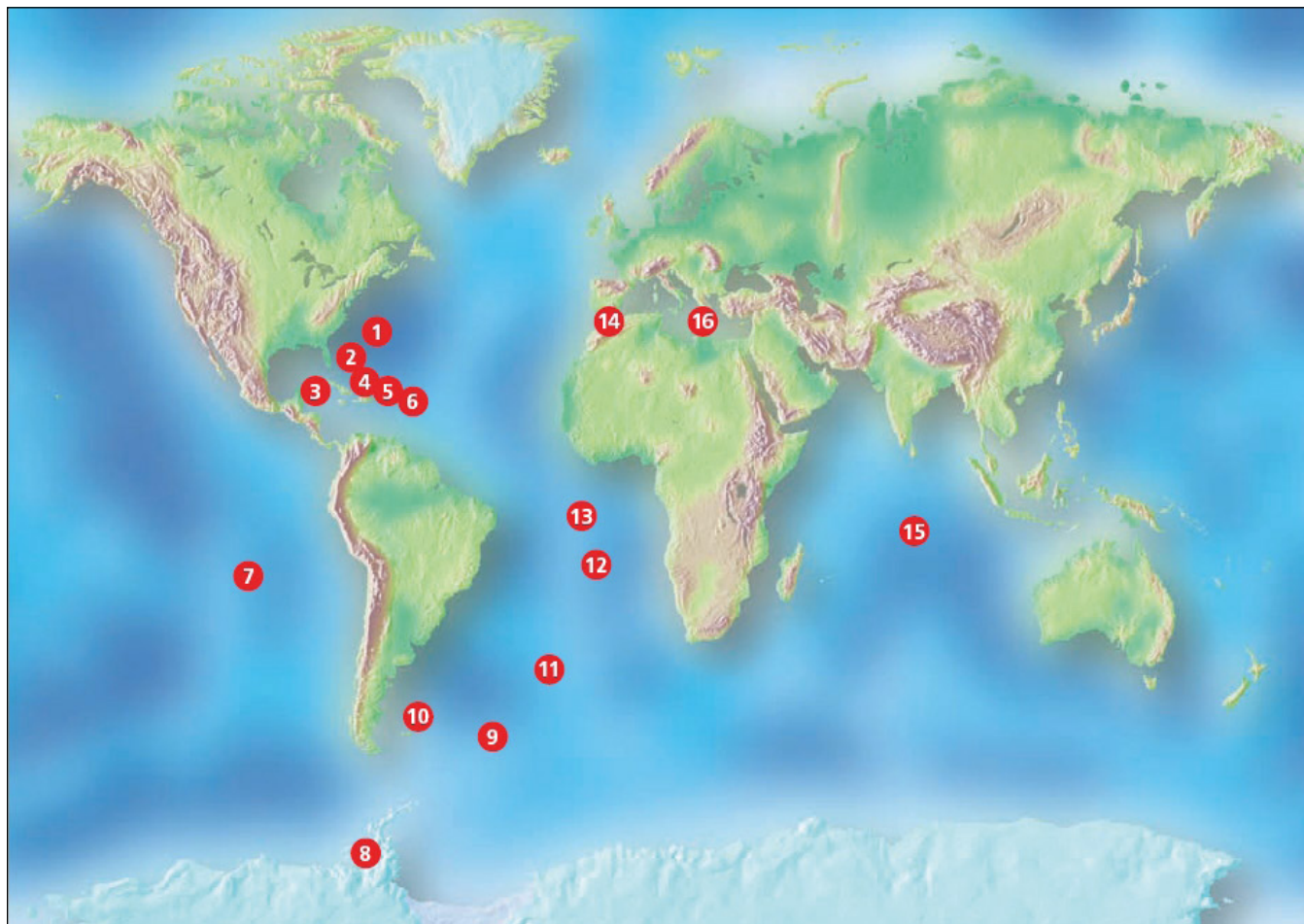
"As Christ was a symbol of God's love, in Bermuda we need more love in our homes, in our communities, in our schools, in our workplaces, and in our government."

All in all, an abundance of positivity prevailing in sometimes even the most challenging of circumstances.

A new year, a new decade for the UK and the OTs, and in many instances a lot of new beginnings. 🌐



► British Prime Minister Boris Johnson



► UK Overseas Territories map

UK Overseas Territories

- 1 Bermuda
- 2 Turks and Caicos Islands
- 3 Cayman Islands
- 4 British Virgin Islands
- 5 Anguilla
- 6 Montserrat
- 7 Pitcairn Island
- 8 British Antarctic Territory
- 9 South Georgia and South Sandwich Islands
- 10 Falkland Islands
- 11 Tristan da Cunha
- 12 St Helena
- 13 Ascension Island
- 14 Gibraltar
- 15 British Indian Ocean Territory
- 16 Sovereign Base Areas on Cyprus

Gas Price



Location	Gas Station	Regular	Premium	Diesel
East End	Eastern Star Rubis (Woody's)	4.62	—	4.50
NorthSide	Jack's Esso (Jack's II)	4.60	4.96	4.44
Bodden Town	Lorna's Rubis	4.66	4.94	4.55
Bodden Town	Mostyns Esso	4.65	4.98	4.51
Savannah	Savannah Rubis	4.69	4.94	4.49
Red Bay	Barcam	4.58	4.94	4.54
Red Bay	On The Run (Brown's Red Bay)	4.68	4.94	4.54
George Town	Peanuts	4.62	4.92	4.54
George Town	Jose's Escape	4.62	4.92	4.54
George Town	Refuel	4.41	4.59	4.19
George Town	Esso Tigermart Shedden Rd.H&B 11	4.65	4.98	4.54
George Town	Eastern Avenue Rubis	4.69	4.94	4.54
George Town	Walkers Rd. Rubis	4.69	4.96	4.49
George Town	On The Run (Mike's Walkers Rd.)	4.65	4.98	4.54
George Town	On The Run (Brown's Industrial Park)	4.65	4.98	4.55
George Town	On The Run (Mike's 7 Mile)	4.65	4.98	4.54
West Bay Rd.	H & B Esso (H&B 1 Seven Mile)	4.65	4.98	4.54
West Bay Rd.	7 Mile Rubis (AA 7 Mile)	4.62	4.92	4.27
West Bay	Hell Esso	4.65	5.03	4.44
West Bay	Esso 4 Way Stop (Four Winds)	4.65	4.89	4.31
George Town	Scotts Landing	—	4.99	4.58
Cayman Brac	West End	—	5.04	4.87
Cayman Brac	Tib Mart	—	5.04	—
Little Cayman	Village Square	—	5.82	6.02

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Highest Prices	Grand Cayman	4.69	5.03	4.55



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► Lime



► Kenneth Bryan loves bright, beautiful lilies

Mixing fruit with flames of color

It goes without saying George Town MLA Kenneth Bryan leads a very busy life, but he still finds time for his garden. He was brought up with a love of growing plants and flowers and vegetables, and it has never left him, he says. But he loves flowers especially, and bright, beautiful flames of color light up his garden like a magical fire.

He has only lived in this house in George Town for four years, so most of the plants, and especially the fruit trees, are still very young. But Mr. Bryan is planning carefully for the future, and his garden is not too crowded with trees, so that there will need plenty of space to grow when they get bigger. As he showed me around, we started in the neat front garden, where it was good to see fruit trees and ornamental plants all mixed up together.

Mr. Bryan is especially passionate about growing Canna Lilies: "They are very beautiful flowers and they bloom all year round and have a variety of different colors and sizes and heights," he said. Right next door to one is a little pomegranate tree, with some tiny round pomegranates already on it. There is a little lime tree, too, with a few bright green limes on it, and a bougainvillea, very small, but already crimson flowers play about the leaves, like flames in a burning bush. There are some other lilies too, pink and white and yellow.

In the back garden, many of the boards are raised up a few inches about

the lawn, using long wooden strips of wood to support the sides, and demarcate them from the lawn. Mr. Bryan says he uses fertilizer, but tries to keep everything he does as natural as possible, and would like to begin composting, too, sometime in the future. Here are more canna lilies: "Once they have bloomed, then you cut it out and another one shoots up," he says.

As we move along a border, there are some young avocado trees, and a tall slender sweetsop tree. Sweetsops possess anti-cancer properties, he said. Next in line are some Bird of Paradise flowers, which are large and spectacular. They are growing next to some lovely ferns. Mr. Bryant likes to work with nature, by planting the flowers that like water in the area of the garden that tends to get most water.

"This is a Custard Apple tree, I planted this about six months ago but it hasn't given me any blossoms yet. Sometimes I try to cross pollinate them myself, but it's not easy. That is why the bees are so important," he said.

There is a nice, neat raised bed full of herbs - fever grass, basil, chives, mint... "Depending on the season we put tomatoes and peppers in there too," he said. When the basil goes to seed he plants it straight away. "Fever grass is also known as lemongrass, and you boil it. I add a bit of mint, and I drink it most mornings. It is what I grew up on," he said, although he said that for him it

was also very useful for a herb used in cooking. Of course, good fruit trees need good soil, and Mr. Bryan explained about how he prepares the ground for his fruit trees. "Whenever people do development, they usually go in and they fill the soil with marl. Marl is not very fertile soil for plants. There a sink-hole here - I got a guy with a backhoe to come and dig that out, and replace it with topsoil," he said.

Talking about the continuing significance of backyard gardening in today's world, Mr. Bryan said: "Production has seemingly taken away the role of self-sufficiency from the human being and now that you have generations who don't provide for themselves because of production, that puts you in a situation where if that production stops, you can't survive. There are so many concerns about the negative effects of these produced items that they sell to people, either having bad chemicals or genetically modified



► Bird of Paradise flower, growing by a wire fence

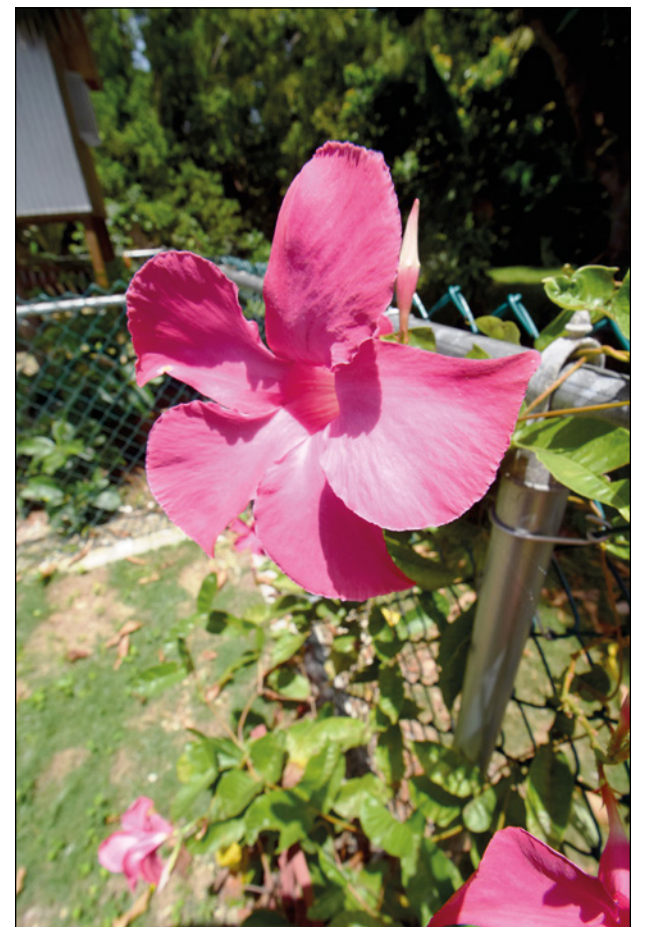
things in them. The only things that you can truly trust are the things that you grow yourself. It gives you good stress relieve as well, and gives you good values as a family," he said. 🌱



► Basil



► Calla lilies are beautiful and blossom all year round



► Beautiful flowers fill Mr. Bryan's garden



► Sweetsop



► Breadfruit

CARIBBEAN BRIEFS

Antigua tourism hits 300,000

Antigua and Barbuda Tourism Officials rang in the New Year at the VC Bird International Airport marking its 300,000th visitor for 2019, a record.

It was a festive afternoon on Dec. 31, as cultural masqueraders, and dancers in colourful costumes, begun celebrating by partying on the band stand and greeting passengers in an extravagant cultural display complete with the sounds of melodious steelpan music.

Below in the airport's VIP Lounge, Antigua and Barbuda's Minister of Tourism, Charles Fer-

nandez, Minister of State in the Ministry of Tourism, Sen. Mary-Clare Hurst and other airport and tourism officials awaited the announcement that the record-breaking 300,000th visitor mark had been reached.

Laura and Ian Bowen became the 300,000th and the 300,001 visitors when they arrived on a Virgin Atlantic Flight into Antigua from the United Kingdom. As the couple stepped into the Arrivals Hall, tourism team members, and the cultural performers welcomed them.

In the VIP reception held for their arrival, the couple were presented with a free seven-night luxury hotel stay sponsored by Sandals Grande Antigua Resort and Spa along with return flights, a bouquet of tropical flowers and a gift basket filled with Antigua and Barbuda handmade treats and a bottle of the acclaimed 10-year old English Harbour Rum provided by the Antigua and Barbuda Tourism Authority.

"We have seen incredible year over year growth every month this year so far", said Fernandez.



► St John's is teeming with visitors

Jamaica malaria scare is over for now

Jamaica fears that malaria may become a health issue after a recent scare. Health authorities said that the island remains malaria free even though two imported cases had been identified in November.

The Ministry of Health and Wellness said Jamaica has not recorded any local transmission of the potentially fatal disease.

The disease produces chills, headache, a high fever, and other flu-like symptoms and the malaria parasite is transmitted to humans by the infected bite of female Anopheles mosquitoes.

Jamaica has been able to prevent the re-introduction of malaria by public health surveillance, identifying imported cases and putting in place the neces-



► Mosquitoes carry the malaria virus

sary control measures to prevent local spread, even in the presence of imported malaria.

Meanwhile, the Ministry is cautioning travellers to the regions where malaria is present to take steps to prevent a reintroduction of the disease on the island.

Dominica numbers up after storms

Dominica continues to see a tourism renaissance, according to the most recent data from the Discover Dominica Authority after storms and Hurricane Maria in 2017 caused huge devastation.

Dominica reported a total of 75,726 visitors in the first 10 months of 2019, representing a 52 percent increase over the same period in 2018.

More crucially, it represented a 15 percent increase over the same peri-

od in 2018, which largely comprised pre-Hurricane Maria data. The data also eclipsed 2016 visitor numbers by 14 percent. Dominica tourism officials said the 2019 numbers surpassed its stated arrival targets for this year.

It's another very positive sign for a destination that has seen a remarkable recovery since the storms of 2017 — most recently buoyed by the island's first luxury resort, the 151-room Kempinski.



► Dominica's Kempinski resort is luxurious

Barbados welcomes boxing champ

Barbados saw another influx of A-list celebrities celebrating the festive season, including boxing champion Anthony Joshua. The heavyweight champion was vacationing there with his friends and family after a stressful few months, which saw him lose his titles to Andy Ruiz Jr before reclaiming his belts again in Saudi Arabia.

Also Simon Cowell, model Cara Delevingne and Barbados-born Rihanna were in Barbados for Christmas. Joshua clearly had the need for speed as he was spotted whizzing around Barbados' crystal blue waters on a jet ski. But not before he cautiously read a pamphlet which likely featured the health and safety rules to prevent any wannabe daredevils doing serious damage. Joshua freshened up and headed to a local restaurant where he couldn't help but



► Anthony Joshua took a relaxing break in Barbados

drop a freestyle rap for the 150th time in the past few weeks of his celebratory tour. Only this time, he had steel pans for his beat. "You thought I was done," he told his Instagram followers in reference to his hobby as a freestyle rapper.

Tobago set for huge pan show

Tobago is preparing for its inaugural steel band show which will be a huge economic benefit for the island.

Pan Trinbago president Beverly Ramsey-Moore says plans are well on stream to host the national finals of the medium conventional steel band Panorama competition in Tobago.

The event will be on Feb. 22 at the Dwight Yorke Stadium, Bacole. An excited Ramsey-Moore reiterated the competition will create history on the island.

"It is the first major national finals of any kind of event to be held in Tobago and we are hoping it comes off satisfactorily," she said.

Ramsey-Moore added the Tobago House of Assembly has already agreed to support the initiative. "So, we are working together."

Ramsey-Moore, who is also manager of the Black Rock-based Katzenjammers Steel Orchestra, claimed she knows many people who have purchased airline tickets for the competition.



► Beverly Ramsey-Moore is Pan Trinbago president

She said she was extremely pleased with the calibre of the performances in the single-pan competition and the recently concluded preliminary round of the small-band competition.

Eight Tobago bands have qualified for the semi-finals of the competition, which is being held on Jan. 11 at Victoria Square, Port of Spain.

St Kitts crops blighted by flies

St Kitts and Nevis residents are being encouraged to help protect crop production.

Minister of Agriculture, Eugene Hamilton said it is imperative that members of the public do all in their power to protect crops from pests such as the Mediterranean fruit fly.

Also known as Medi-Fly, the United States Department of Agriculture has categorised it as one of the most virulent agricultural pests in the world. The Carambola fruit fly is also high on the Federation's watch list. The Ministry of Agriculture said both species can be imported into the twin-island state, by persons who sneak in undeclared fruits, plants or vegetables.

The government has now implemented a robust surveillance programme, to help protect against the spread of the flies. Fruit fly traps have been placed at the Deep-Water Port, the Basseterre Ferry Terminal, the R. L. Bradshaw International Airport and Port Zante. Minister Hamilton said this would allow officials to monitor and document any infestation.



► St Kitts and Nevis is worried by the scourge of flies

However, he said a number of these traps, particularly at the Basseterre Ferry Terminal, have been destroyed.

"It is an important agriculture surveillance method to prevent our nation-state from being overridden by pests that are not supposed to be in this country. So those persons when you go, and you see those traps - it is a yellow thing - don't destroy them for goodness sake. You are helping to ruin the health of our crops," he said.

Minister Hamilton said the government of St Kitts and Nevis has amplified efforts to achieve its sustainable development goal by implementing several programmes, meant to combat threats to the agriculture sector.

UK prime minister celebrates in the Caribbean

UK Prime Minister Johnson and Carrie Symonds enjoyed a visit to Saint Lucia during their island-hopping Caribbean Christmas holiday.

The PM and his girlfriend stopped over on the tropical haven on their way to a \$20,000-a-week villa in Mustique.

Boris and Carrie saw in the New Year in the Caribbean to rest-up after the hard-fought election campaign.

Bo-Jo was welcomed to St Lucia by PM Allen M. Chastanet who congratulated him on his stonking win on Dec. 12.

Mr Chastanet said: "I thanked the PM for his country's continued support to our country and the region and of course took the opportunity to once again offer my heartiest congratulations on his hard-won and well-deserved victory in the recent election.

"We look forward to working more closely together on our countries' shared mutual interests."

The couple celebrated the PM's dominant election win at the Oceanus, a Moroccan-style house nestled on the hilltops of Mustique.



► Boris Johnson met Allen Chastanet in St Lucia

Guests can pick from one of three private pools and looked after by a team of staff including a butler, housekeeper and private gourmet chef.

Each of the villa's master suites faces the ocean, offering romantic sunset evenings, while the property is made of natural materials.

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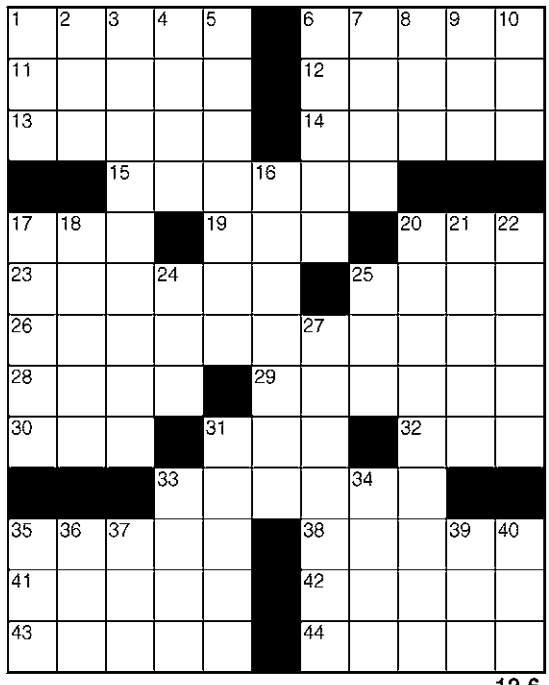
CROSSWORD

By THOMAS JOSEPH

- ACROSS**
- 44 Business bigwigs
 - 1 Take on flourish
 - 6 Letter flourish
 - 11 Hawaiian island
 - 12 Cookout spot
 - 13 Moving about
 - 14 Skilled
 - 15 Infant outfit
 - 17 Pound sound
 - 19 Cozy retreat
 - 20 Bran bit
 - 23 Gangster's gun
 - 25 Hide, in a way
 - 26 Askew
 - 28 Like some wines
 - 29 Chant
 - 30 Workout unit
 - 31 Some crime evidence
 - 32 Army bases: Abbr.
 - 33 Hogwarts grounds-keeper
 - 35 November birthstone
 - 38 Humiliate
 - 41 Love to pieces
 - 42 Arrive
 - 43 Sugar source
- DOWN**
- 1 Alias letters
 - 2 "— Kapital"
 - 3 Not conforming
 - 4 Aspirin target
 - 5 Fed up with
 - 6 Iberian nation
 - 7 Walk in water
 - 8 Snacked
 - 9 Try the tea
 - 10 Blazing
 - 16 Looking for
 - 17 Cheering loudly
 - 18 Blush kin
 - 20 Obsolete
 - 21 "— we all?"
 - 22 White-walls, in Whitehall
 - 24 New England catch
 - 25 Diner sandwich
 - 27 Furious
 - 31 Stunned states
 - 33 Hind's mate
 - 34 Alpine goat
 - 35 PC key
 - 36 Lyric poem
 - 37 "Lenore" writer
 - 39 Attack command
 - 40 Print units



Yesterday's answer



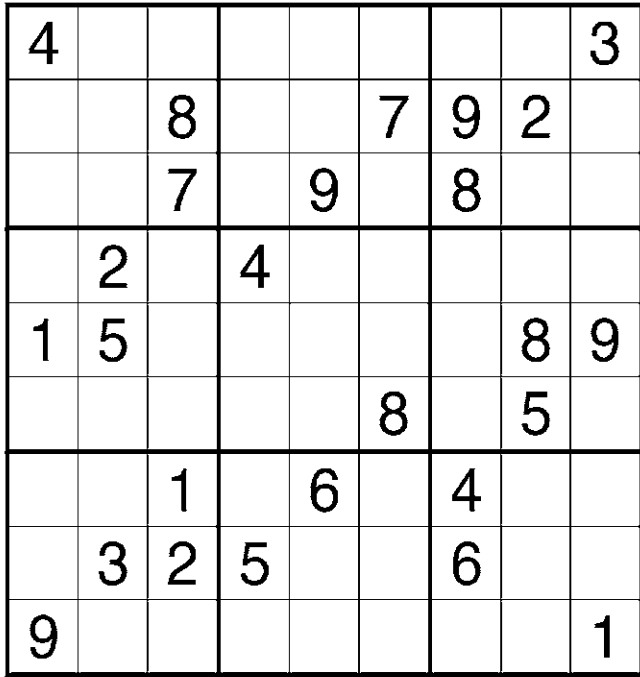
12-6

SUDOKU

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Conceptis Sudoku

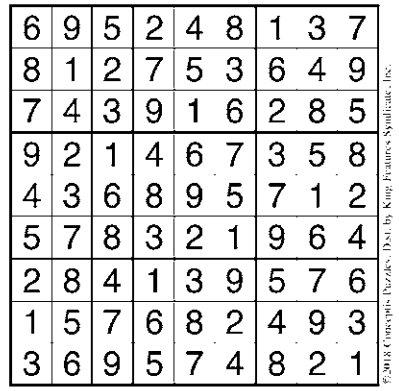
By Dave Green



Difficulty Level ★★★★★

10/20

Answer to previous puzzle



Difficulty Level ★★★★★

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Word Search



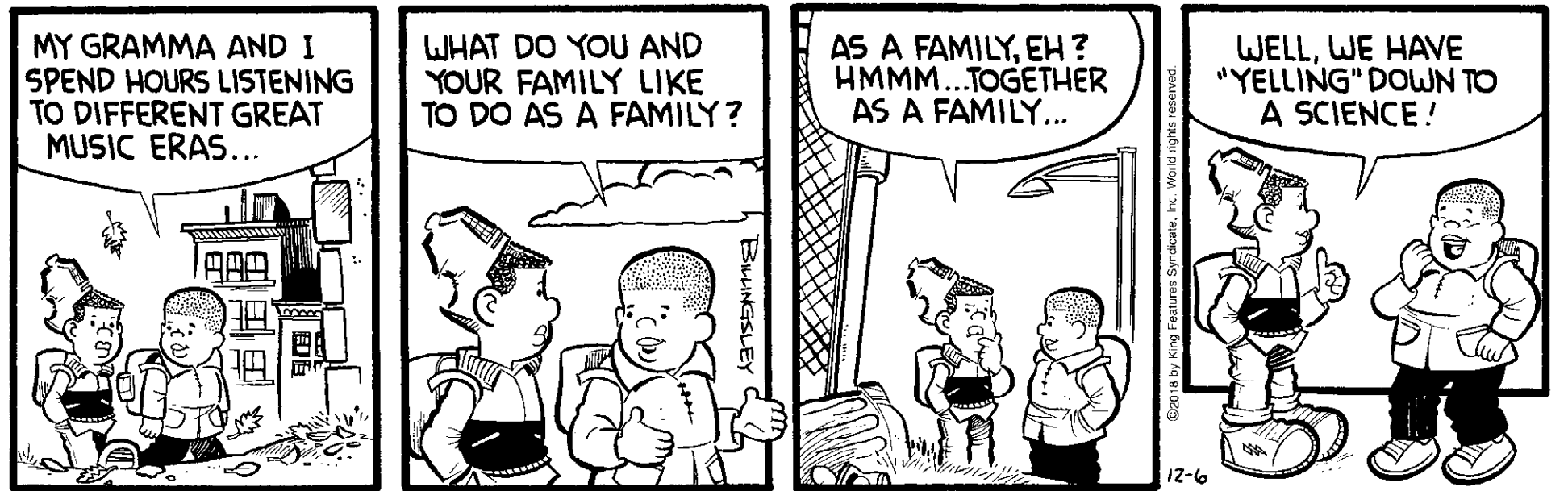
Find the listed words in the diagram. They run in all directions – forward, back, up, down and diagonally.

- Aleppo
- Amman
- Ankara
- Bangkok
- Basra
- Beijing
- Beirut
- Bombay
- Calcutta
- Colombo
- Dacca
- Delhi
- Hanoi
- Hong Kong
- Jedda
- Kabul
- Kandy
- Karachi
- Katmandu
- Kyoto
- Lhasa
- Madras
- Mecca
- Mosul
- Osaka
- Patna
- Rangoon
- Riyadh
- Saigon
- Seoul
- Shanghai
- Simla
- Tehran
- Tokyo
- Vientiane



CURTIS

By Ray Billingsley



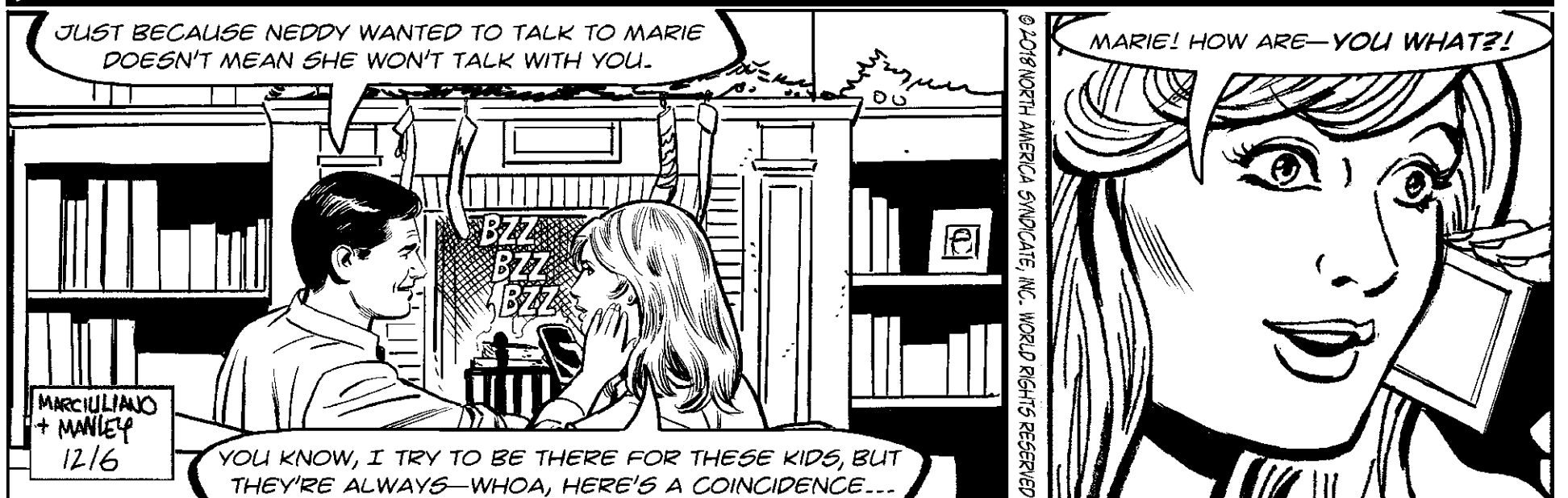
THE AMAZING SPIDER MAN

By Stan Lee



JUDGE PARKER

By Woody Wilson & Mike Manley



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