

# T Caymanian Times

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## The Alexander is back

"It is going to be a tremendous thing for Cayman Brac. The Alexander will be opening its doors officially next month."

That announcement signals the long-awaited reopening of Cayman Brac's 'The Alexander Hotel' in February and brings to an end a six-year hiatus since the property was closed in 2014.

The Alexander Hotel has been a fixture in Cayman Brac - and the Cayman Islands - tourism sector since 2009.

Since the 2014 closing, the owners - father and son team Cleveland and Nelson Dilbert - undertook a comprehensive review of their investment and eventually decided on the best business model for the property's future development and sustainability, while maintaining its unique brand.

"We are pleased to announce there will be a hosting capacity of 60 guests in 30 rooms each with kitchenettes," they've announced.

"It has a variety room types available, including two-bedroom suites. The bar and restaurant would also be coming on stream soon with some surprises to look forward to."

... Continued story on page A3



## Food and drink flowing at Cayman Cookout

By Lindsey Turnbull

The twelfth annual Cayman Cookout offered a plentiful supply of the best food, wine and cocktails that Cayman has to offer last weekend, as chefs from all around the world convened at The Ritz-Carlton for what has developed as one of the world's best culinary weekends.

Even though the host of the event, Chef Eric Ripert of the resort's Blue restaurant, was unable to attend this year, Cayman Cookout still buzzed with the excited atmosphere of a world-class event. This is primarily so because guests not only get the chance to mix and chat with some of their culinary

... Continued story on page A4



► Andrew Zimmern praises Cayman's number one export

## 'THE HOUSE' SHOULD BE THE OTs HOME TOO



► UK House Of Parliament And Big Ben

By Michael Jarvis, London UK

A suggestion by a British MP (member of parliament) that the Overseas Territories (OTs) "should be invited to become equal members of the United Kingdom after Brexit" is worthy of consideration.

The idea comes from John Penrose, Conservative MP for Weston-super-Mare, a seaside town in Somerset, south-west England.

It should reopen this issue if the UK and the OTs are serious about 'resetting their relationship' as expressed in the title of a last year's report by the UK parliament's Foreign Affairs Committee (FAC) in its inquiry into the future of relations between these two parts (partners?) of the United Kingdom.

... Continued story on page A7

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# EDITORIAL

## Stay in Touch Subscribe for your daily dose of News and win \$100

Knowledge is power and in particular now, that we are living in a global village.

The Caymanian Times launched its daily paper this week with additional publications on Tuesday and Thursday. This move comes in response to what we believe is the success of our particular brand of community-based reporting that has been so well received by our brilliant readers.

We do believe that the internet will compliment our printed newspaper and have upgraded our website to a highly user-friendly platform that is already receiving over 30K visits per week.

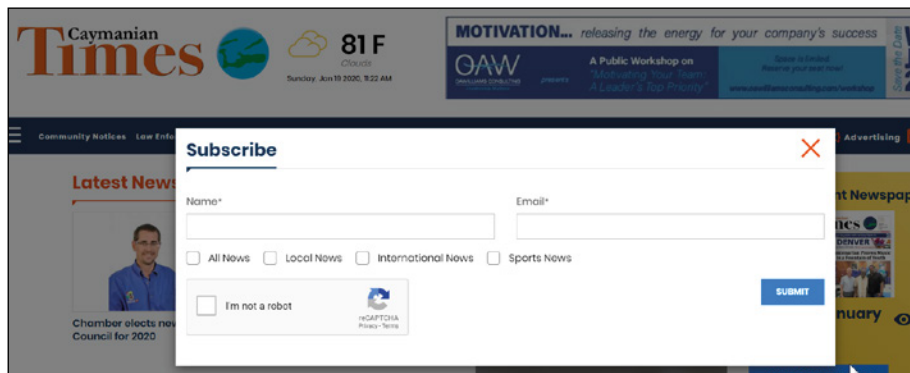
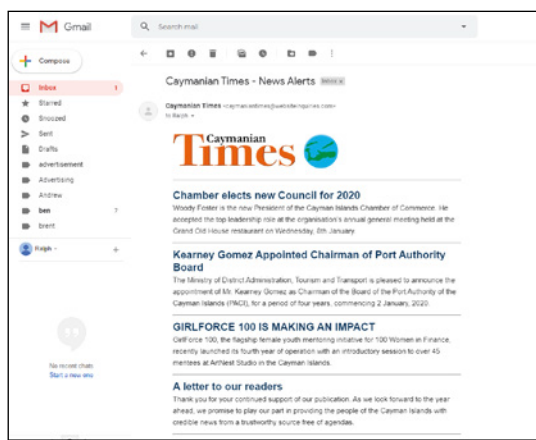
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# COMMUNITY NOTICE

## Family Resources Announces Free 2020 Programmes

The Family Resource Centre (FRC) proudly presents the following free, interactive programmes, starting in February and March, to help parents and strengthen family ties.

- **Family Skills** (6 February – 9 April, 6 p.m.) – Learn effective behaviour-management strategies to support your children and equip your family with skills to improve all relationships. For families with children ages 6-11.

- **Co-Parenting** (3 February – 6 April, 5.30 p.m.) – The weekly sessions for families raising children between two separate households will help adults navigate with the successful transition from a one- to a two-home family.

- **Young Parents Services** (4 February – 30 May, 9 a.m.) – This weekly parenting programme for young parents (16-25 yrs old) is designed to assist attendees with parenting skills to build and improve parent-child bonding

- **Positive Discipline** (4 February – 24 March, 12 p.m.) The weekly Lunch & Learn workshops will focus on teaching you positive parenting strategies



egies to help and handle challenging behaviour. For parents with children ages 5-12 years old.

- **Digitally Distracted** (5 May – 26 May, 12 p.m.) – This weekly Lunch & Learn will give you the practical tools to support you parenting your digitally distracted child(ren). For parents with children of all ages.

For further details, call FRC on 949-0006, or email [frc@gov.ky](mailto:frc@gov.ky). FRC is now located at Apollo House West, 87 Mary Street, 2nd Floor, George Town.



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# The Alexander is back

... Continued story from page A1

Reservations are being set up via on-line booking services such as Airbnb, Vrbo, Homeaway, Expedia and The Alexander's official site [www.Alexanderhotelcayman.com](http://www.Alexanderhotelcayman.com).

"Already, we know that the next few months would be busy with some large groups already booking for functions and group getaways. Two staff will initially run the day to day operations, maintenance, and guest services," the Dilberts report.

The property passed the government's pre-opening inspection with flying colours.

"All government inspectors were professional and detailed and we are pleased to have had an 'excellent' rating," they said adding that, "We look forward to welcoming our first guests."

"Already, we know that the next few months would be busy with some large groups already booking for functions and group getaways."

Two staff will initially run the day to day operations, maintenance, and guest services.

District Commissioner, Ernie Scott, is pleased to see The Alexander back in business:

"The reopening of the Alexander hotel will breathe new hope back into our tourism industry, and the local economy. Their new business strategy will allow

for more flexibility in respect of bookings. It will also provide guests with the opportunity to experience the services available to both residents and visitors alike."

Many residents recalled the wonderful services they experienced in the past and look forward to an even more impressive restart. Local groceries, car rental companies, souvenir shops and restaurants are beaming with anticipation.

John Lynch (regular visitor and now property owner) are excited: "My wife and I have been coming here for the last 7 years. We are excited about this, as we often enjoyed the ambience and delicious meals that were served in the past. It's a great idea to have an additional facility on the island. It will surely bring a boost to the local economy and tourism industries. We wish them all success."

And as one resident put it: "This is much needed for the community, especially at high season time. It will boost the inflow of tourists, as there will be an increase of room availability. I am expecting Cayman Airways to play a vital role in the travelling aspects.

"There will be a boost in hospitality, as well as, car rentals, restaurants and grocery sales. It will also, in the long run, create employment. Tourists now have a choice and the bread and breakfast approach is welcomed.

"Exciting times are here." 🌐



# Caymanian Times

Jan 20, 2020

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► Chef Christian from The Wharf



► Andrew Zimmern chats with Chef Shetty of Blue Cilantro

# Food and drink flowing



► Michelin starred British Chef Clare Smyth and her chef showcased British fare

... Continued story from page A1

heroes, they also get to eat their food as well, a unique chance for foodies as they enjoy lunches, dinners, cooking demonstrations, wine tastings and signature events that even include a Golden Eye getaway to Jamaica for the day.

Chef José Andrés has been a mainstay star of the show since the Cookout first started and he didn't disappoint this year, his spectacular entrances always making for a fun kick start to Friday's proceedings. Known to have arrived via jumping out of a helicopter, out of a submarine and from a jet ski, this time he opted for a team of Mad Max lookalikes tearing down the beach to herald his arrival. Chef José and Chef Eric had supposed to be cooking paella

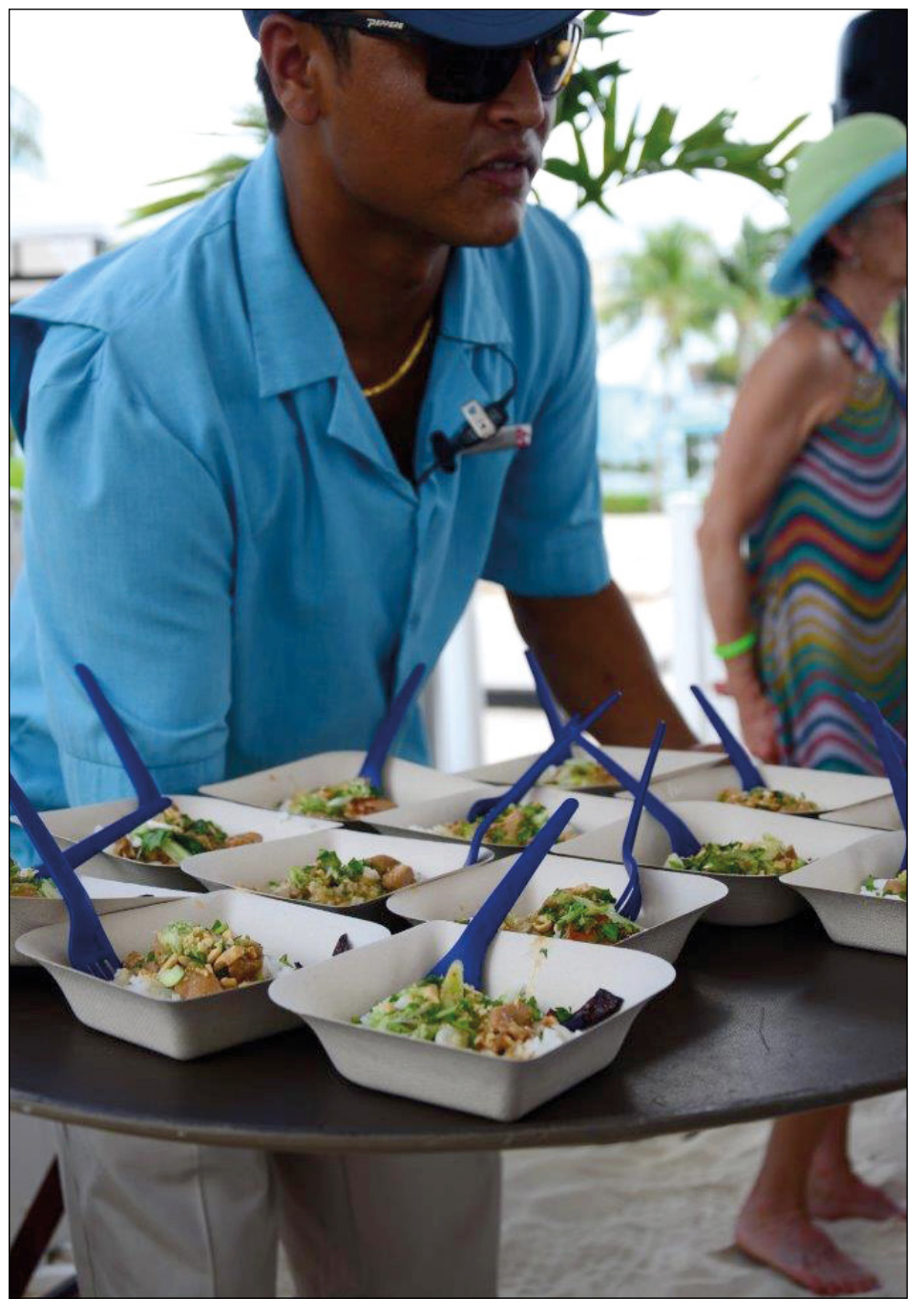
and bouillabaisse in a head-to-head but Chef José was so entertaining that the crowd was forgiving of Chef Eric's inability to attend. Chef José joked it was because he was scared of losing but looked forward to the challenge next year.

Later in the day TV Chef Andrew Zimmern joined hundreds of diners and toured the best of Cayman's restaurants as they set up stands around the Great Lawn at the Ritz-Carlton with tempting plates of their food. Here, representatives of the Cayman Islands Brewery presented Chef José with a cheque for \$18,938.32 that they had raised and donated to his World Central Kitchen. This is a charity spearheaded by Chef José

... Continued story on page A5



► Jose Andres shared Eric Ripert's message with the crowd



► Chef Clare's spicy chilli chicken was a hit



► The Ketel One Bloody Mary bar kicked off Friday's events



► Andrew Zimmern explores the flavours of Cayman



► Visitors from Cleveland Ohio enjoy birthday celebrations at Cayman Cookout



► Aaron from The Ritz-Carlton's Seven presented delicious cocktails





► Jose Andres raises a glass to the Cayman Islands Brewery team



► Andrew Zimmern tries the flavours of Kirk Market

# at Cayman Cookout

... Continued story from page A4

that has fed millions of people in need, particularly in the Caribbean, following disasters such as hurricanes.

Chef Emeril Lagasse is an American celebrity chef and he was on hand bringing his particular style of New Orleans-based cuisine to the crowds, while Michelin-starred British Chef Clare Smyth, who has been voted the best female chef in the world, showcased two delicious-smelling British dishes – turbot with cabbage in cider and a spicy chilli chicken dish during her 'To the Core of British Cuisine' session.

Other formidable figures within the culinary world who brought their own style of cuisine to the proceedings included Los Angeles-based Chef Niki Na-

kayama who showed off the best in Japanese cuisine, French chef Daniel Boulud, whose cooking stretches from Miami to London, Singapore to Beijing, Greek chef Pano I. Karatossos and Bravo's Top Chef winner Stephanie Izard.

Wine lovers were treated to a huge range of tastings, including those from Pinot Noir from around the world, Spanish wines from the Restless creator Paul Perez, a Sherry masterclass and a comparative tasting of wines from Napa and Bordeaux.

A barefoot barbecue beach bash at Royal Palms, a sunset sail sipping wines, a dinner featuring Moët & Chandon's Rosé Champaign and the grand gala reception dinner all completed a fantastic four days of culinary feasting and enjoyment. 🌐



► Chef Emeril Lagasse brought his New Orleans flare to Cookout



► Chef Thomas Tenant



► Chef Thushara from Grand Old House



► Cocktails on the menu



► Jose Andres arrived Mad Max style



► Chef Dylan Benoit and the Best Dressed Chicken team



► Kirk Market's Chef Joao



# NTCI Members Vote to Formally Oppose Cruise Facility

For first time in its 33 year history, the National Trust for the Cayman Islands (NTCI) held an Extraordinary General Meeting, (EGM) on 9th January at the George Town, Yacht Club in order for its membership to vote on a historical issue.

The vote centered around the organization's official public position regarding a controversial cruise berthing facility currently being proposed by the Government in the Cayman Islands.

During the Meeting, the National Trust members unanimously voted for the organization to have an official stance against the port project, noting:

"The National Trust is determined to carry out its mandate to protect and preserve the historic, natural and maritime heritage of the Islands as defined in Section 4 of the National Trust Law.

"It also wants to remind the public of the Constitution Order 2009 which states the Cayman Islands 'will be a country that respects, protects and defends its environment and natural resources as the basis of its existence' and 'a Country that manages growth and maintains prosperity while protecting its social and natural environment'.

Previously, the NTCI were neutral on the issue pending a proper Environmental Impact Assessment, but the organization said in a statement, "...with information not forthcoming, the lack of meaningful consultation, the National Trust decided it had to call an EGM to solicit the feedback of its membership and take a -(official)- position."

After a brief presentation by wildlife and underwater photographer and Woman Divers Hall of fame member Ellen Cuylaerts, NTCI legal counsel John Harris and Executive Director Nadia Hardie, provided an update on the National Trust's legal position as Intervener in the Shirley Roulstone vs CIG judicial review on the Cruise Berthing Port set down to be heard on the 22nd January 2020.

The EGM was well attended by Trust members and over 65 proxies were also submitted. A Resolution was passed unanimously enabling the National Trust to formally oppose any development of a Cruise Berthing Port in George Town Harbor which would jeopardize its endangered and protected species of

coral and marine life and which would be inconsistent with the provisions of section 41 of the National Conservation Law.

Representatives for the National Trust said the non-profit had consistently called for full disclosure on the potential environmental impacts of the Cruise Port project as well as for meaningful consultation with the public since the new design changes, so as to allow voters to make an informed decision when voting at the People Initiated Referendum.

The National Trust for the Cayman Islands is presently seeking an injunction - via the Cayman Islands courts/judiciary - against the government to stop a vote that could mean acres of coral in George Town will be removed. If successful, the injunction would give time for a more current Environmental Impact Study to be done before any vote would take place.

Photo Caption: National Trust for the Cayman Islands Executive Director Nadia Hardie speaks at the organization's Extraordinary General Meeting.



# Cayman's Supervisors Receive Specialised AML/CFT Training

Recognising the importance of effective regulatory supervision for financial services and other designated businesses and professions, the Cayman Islands Government recently organised a training session on assessing and monitoring AML/CFT (anti-money laundering and countering the financing of terrorism) compliance.

The training, held 8-10 January 2020 at the Grand Cayman Marriott Beach Resort, was led by Ms Glenda Leben, Supervision Advisor for the CFATF (Caribbean Financial Action Task Force). The training was organised by Cayman's Anti-Money Laundering Unit (AMLU).

Ms Leben began the training with an overview of key definitions (money laundering, terrorist financing, proliferation financing), as well as the roles and functions of the Financial Actions Task Force (FATF) and the CFATF. She also provided

an overview of the FATF 40 Recommendations and their connections with FATF Immediate Outcome 3, related to the effectiveness of AML/CFT supervision.

"Out of the 11 (Immediate Outcomes for Effectiveness of AML/CFT Systems), Immediate Outcome 3 focuses on supervision and how AML/CFT supervisors may be able to use this information to facilitate and enhance their approach to risk-based supervision," Ms Leben reminded the group.

She also noted, "Immediate Outcome 3 requires supervisors to appropriately supervise, monitor, and regulate financial services and DNFBPs - designated non-financial businesses and professions - for their compliance with AML/CFT requirements. And this compliance is to be in line with their respective risk profiles."

DNFBPs include lawyers, accountants, realtors, dealers in precious metals and

stones, and trust and company service providers.

The training concluded with a simulation on how to incorporate risk profiles during supervision exercises for financial services and DNFBPs.

Ms Leben has extensive experience in financial services and regulatory compliance, including AML/CFT. She is also a Certified Anti-Money Laundering Specialist.

Anti-money laundering staff from the Cayman Islands Monetary Authority; Cayman

Attorneys Regulatory Authority; Cayman Islands Institute of Professional Accountants; Department of Commerce and Investment; Registrar of Companies; and AMLU attended the training.

Cayman's AML/CFT regime is headed by the Attorney General, the Hon. Samuel Bulgin, QC, who told attendees that

supervisors' roles in the global fight against these financial crimes cannot be overstated.

"The supervisor is the preventative axis in this entire endeavour, hence the importance and timeliness of this training," he said during his opening remarks for the sessions.

He thanked the governments of the UK and Canada for funding the CFATF training, and he encouraged continued collaboration among Cayman's supervisors. He also thanked the CFATF and Ms Leben in particular for facilitating the training.

The *Methodology for Assessing Compliance with the FATF Recommendations and the Effectiveness of AML/CFT Systems* is the global standard for AML/CFT, while the CFATF assesses and monitors compliance with the recommendations in the Caribbean region.



► Anti-money laundering staff from the Cayman Islands Monetary Authority, Cayman Attorneys Regulatory Authority, Cayman Islands Institute of Professional Accountants, Department of Commerce and Investment, Registrar of Companies, and Anti-Money Laundering Unit attended specialised training on anti-money laundering and countering the financing of terrorism. Held 8-10 January 2020 at the Grand Cayman Marriott Beach Resort, the training was led by Ms Glenda Leben, Supervision Advisor for the CFATF (Caribbean Financial Action Task Force)



# 'THE HOUSE' SHOULD BE THE OTs HOME TOO

... Continued story from page A1

In an interview with The House magazine, an independent publication covering the British parliament, Mr Penrose explained:

"What I am suggesting is they should be at least offered the chance to have an equivalent kind of devolution settlement that has already been agreed and negotiated with Scotland, with Wales and Northern Ireland."

The Overseas Territories would then become "equal elements" of the UK with the "same status" as Scotland, England, Wales and Northern Ireland.

"They would send MPs to the Westminster parliament here, they would have their own devolved governments like the Welsh Assembly or the Scottish Parliament, but it would just mean that it would be constitutionally stable, properly integrated, modern status for these overseas territories."

"It would show that we are committed to being a global nation post-Brexit."

Mr Penrose argued the proposals would provide more "constitutional stability" surrounding the Overseas Territories, with the UK currently in dispute over Gibraltar with Spain and the Chagos Islands with Mauritius.

He rejects any suggestion that the move would be a return to Britain's imperialist past.

"People might make that argument but because we are offering and suggesting that these territories become equal parts of the United Kingdom, it's

hard to make an imperialist argument about this at all. It is clearly something that is talking about equal status."

Mr Penrose said it would depend on the devolution settlement as to whether the Overseas Territories, such as the British Virgin Islands and the Cayman Islands, are subject to the same tax regime as the rest of the UK.

## FOREIGN AFFAIRS COMMITTEE INQUIRY

This issue in its broad context what MP John Penrose is proposing was addressed, albeit inconclusively, in the 2018-2019 inquiry into future of relations between the UK and the OTs conducted by the FAC.

While he takes the route of the OTs being "invited", the onus is also - and probably more - on the territories themselves to actively pursue the issue.

The FAC in its report titled 'Global Britain and the British Overseas Territories: Resetting the relationship', noted that "the elected leaders and representatives of the OTs that appeared before us had mixed views on sending MPs to Parliament."

"Some members of the public also told us in writing that it is time to rethink the principles of Parliament's relationships with the OTs."

"We are aware that many people in the Overseas Territories feel that they do not receive the attention in Parliament that they might expect and that the Foreign Affairs Committee has not carried out a major OTs inquiry since 2008."

But it also flagged that; "...given the competing pressure of other policy areas, and the requirement to scrutinise the whole gamut of the Foreign Office's work, it is difficult to envisage another major OTs inquiry in this Parliament."

As stated by the FAC, "this fails to do justice to the range and complexities of the issues facing the OTs, individually and collectively."

Mindful of this it concluded: "We believe the time is right to give serious consideration to establishing a formal mechanism by which members of the Foreign Affairs, Justice, International Development, EFRA and other relevant Committees are able collectively to scrutinise the UK Government's administration of, spending on and policies towards the OTs."

## RIGHT TIME FOR A CHANGE

But that was before the 2019 UK snap elections and the inauguration of the new parliament.

Some of the OTs have also had elections since then, and in others, elections are pending.

Given the UK's own election outcome, new parliamentary committees being constituted, and importantly, the reality of Brexit at the end of this month, it might the ideal time to revisit this particular issue.

Mr Penrose has a valid point and its worth examining to its fullest extent via an agreed method to determine the 'will of the people' of the OTs (i.e a referen-



► John Penrose, Conservative MP for Weston-super-Mare, a seaside town in Somerset, southwest England

dum), or a vote in the respective OT parliaments/assemblies by their elected representatives.

The UK parliament would also need to have a say.

Whether the OTs having representation in the UK parliament is by invitation or request, this particular issue ought to be put to 'the stress test'.

It seems only logical, fair and democratic that the OTs have a direct voice in the British parliament on matters of the 'united kingdom that they are a part of and which affect them, and not just seen as mere attachments or just distant, detached appendages.

Distant they might be, but detached they are not and appendages they aren't. 🌐

# INFRASTRUCTURE MINISTER TO PARTICIPATE AT CARIF 2020 IN JAMAICA

Minister of Commerce, Planning and Infrastructure, Hon. Joey Hew will participate in the 4th annual Caribbean Infrastructure Forum (CARIF 2020) in Kingston, Jamaica on January 21-22.

The Caribbean Infrastructure Forum convenes the region's public sector, utilities, financiers and project investors to map out the region's infrastructure needs, foster new relationships and introduce Caribbean projects to international sources of expertise and financing.

Some of the themes to be covered in the agenda include investment in infrastructure, financing and construction of world class projects across the region, developing robust energy matrices and public-private partnerships mechanics for the Caribbean

Hon. Joey Hew will represent the Premier Hon. Alden McLaughlin in the keynote opening session alongside Prime Minister of Jamaica, The Most Hon. Andrew Holness, as they present on strategies for advancing infrastructure, sustainability and resilience in their respective islands.

Minister Hew will also serve as a panellist with other leading voices in the region to address the topic, "Walking the Walk - Adoption of Sustainable Energy to Power Island Governments".

The Minister of Commerce, Planning and Infrastructure will be accompanied on the trip by Chief Officer Alan Jones, Energy Policy Coordinator Kristen Augustine and other Ministry staff.

Mr. Jones and Mrs Augustine will also visit the parishes of Clarendon and St. James where they will tour New Fortress Energy's Floating Storage Regasification Terminal and their Bogue LNG Terminal.

Over the years, CARIF has hosted Premiers, Prime Ministers and senior ministerial representatives across the Caribbean. The audience at the event will include private and public sector decision makers, utility representatives, multilaterals and representatives across the financing space from the Caribbean and other regions.

The event is organised by New Energy Events and IJGlobal, the infrastructure arm of Euromoney Institutional Investor. 🌐



► Minister of Commerce, Planning and Infrastructure, Hon. Joey Hew

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# CIG Appeal Shares the Gift of Giving with Hundreds of Clients

Department of Children and Family Services (DCFS) and Family Resource (FRC) clients enjoyed a festive Christmas thanks to a new Cayman Islands Government (CIG) initiative, part of those agencies' annual presents drives. In supporting the CIG Giving Tree appeal, civil servants and local businesses donated nearly 400 gifts.

The Portfolio of the Civil Service, collected \$1,000 in one hour to buy gift vouchers for the drive; while one civil service couple donated what would have been the value of their wedding anniversary dinner to the community outreach campaign.

The drive, on the run up to Christmas, received 310 gifts for DCFS and

75 for FRC clients. Recipients included children, young parents and older persons with presents ranging from baby items, to gift cards and a laptop. As well as individual gifts placed under the Giving Tree in the Government Administration Building's lobby, the appeal was supported by His Excellency the Governor, Mr. Martyn Roper and his wife Lissie and the Deputy Governor, Hon. Franz Manderson and his wife Nuvia.

"We were greatly heartened by the overwhelming response to the CIG Giving Tree campaign throughout the civil service and by entities including the National Gallery of the Cayman Islands. Given that it was a weeklong initiative, it shows the depth of goodwill in the civil service and the local community in doing what they could to ensure others had a special Christmas. The majority of the presents were on our clients' wish lists and for some these were the only presents they re-

ceived," said DCFS Director Paulinda Mendoza-Williams.

"As part of the larger annual Christmas present drive supported by the community and local businesses, the Christmas Gift Giving campaign is a very tangible way in which we can make the lives of those we serve better," added FRC's Programme Coordinator Charmaine Miller.

Reflecting on the CIG Giving Tree initiative, the Deputy Governor commended the speed with which the civil service and members of the public come together to support the initiative. "From the time Rosandi Weatherford, who works in the Department of Health Regulatory Services, shared her idea with Strategic Operations Officer Jennifer Ahearn, we saw a number of civil service entities come together at short notice to bring the idea to life. It was truly heartwarming to see everyone supporting this initiative and working together to make lives better, it really captured the magic of the holiday season," added Mr. Manderson.



► (L-r) Deputy Governor, Hon. Franz Manderson, Department of Children and Family Services Director Paulinda Mendoza-Williams, Strategic Operations Officer Jennifer Ahearn and Department of Counselling Services Director Judith Seymour at the close out of the first-ever CIG Giving Tree appeal

► DCFS and FRC staff dress the CIG Giving Tree with gift tags (L-r): Vanda Powery, FRC Programme Coordinator Charmaine Miller, Dorline Welcome, Belinda Gordon, Social Lois Kellyman, Pat Hanlan and Becki Seymour (Photos by Elphina Jones, GIS)

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# McGregor may fight Money again

Combat sports gains more attention, revenue and media coverage every year and the fact that the top protagonists are increasingly cross-pollinating make it even more interesting. For example, Conor McGregor returned to the octagon in style at UFC 246 as he beat American fan favourite Donald "Cowboy" Cerrone in just 40 seconds in Las Vegas. Now McGregor may return to boxing for a rematch with Floyd "Money" Mayweather Jr.

McGregor, 31, came out on top after one of the most spectacular performances of his career. Two of UFC's most popular fighters went toe to toe in the main event at the T-Mobile Arena, but the Irishman was too fast and too powerful for the 36-year-old veteran.



► Floyd Mayweather wants another mega fight with McGregor

Afterwards Tyson Fury, who is training for a rematch with Deontay Wilder on Feb. 22, claimed McGregor should now seek a rematch with Mayweather.

Fury attended UFC 246 and said McGregor, who trained as a boxer before moving into mixed martial arts, should fight the money man again. McGregor lost by 10th-round TKO to Mayweather in 2017 and has spoken of a rematch with Mayweather, as well as fighting Manny Pacquiao.

Mayweather took to Instagram after McGregor's win hinting at a possible 2020 rematch between the boxing and MMA stars.

The bout between Mayweather and McGregor was more competitive than expected, but Money came through some early trouble to cruise through the final rounds. There has been relatively little talk of a rematch, but 42-year-old American's social media post may change that.

"If he wants to be a boxer, if he wants to do boxing, do it," Fury said. "I thought he'd done quite well against Mayweather. He'd done as good as anybody else has done, really. He was catching Mayweather with some good shots.

"I think it's great for boxing and great for combat sports," Fury continued. "If McGregor fights Pacquiao or Mayweather, it creates a big show in Las Vegas. It creates jobs for people.



► Conor McGregor has many fight options now

It brings money to Las Vegas, money to America. It brings tourism to the country. I think it's very, very good for sports in general."

Fury has made forays into professional wrestling and talked about a future involving fights outside of boxing. Fury also addressed the potential of fighting in the UFC himself, and the challenge presented by current UFC heavyweight champion Stipe Miocic. He would be willing to step outside his comfort zone, Fury said, but added that he'd require some special circumstances.

"I don't want to go into an MMA fight, rolling around the floor and all that, no.

But I would fight one of their champions in small gloves. Maybe in a cage, but with boxing rules. After I beat Wilder next month, I'm going to have a sit-down with Dana White and we're going to go for it, run some numbers and see if the fight makes sense."

If McGregor stays in MMA, a shot at the welterweight title, held by Kamaru Usman, or a bout with the UFC's "BMF" champion Jorge Masvidal would allow him to continue at his new weight class of 170lb, while he has made no secret of his desire to face Khabib Nurmagomedov in a rematch for the lightweight belt. 🌐

## Sunshine Girls hope to lift World Cup gloom

Jamaica's Sunshine Girls netball team are competing in England this week hoping for better results than they achieved in the World Cup last year.

Head coach Connie Francis said her team is "hungry" for success ahead of the Vitality Netball Nations Cup in England, which started on Sunday and runs for a week.

The four-nation tournament comprises of world champions New Zealand, England and South Africa. Matches are at Motorpoint Arena in Nottingham, Arena Birmingham and the Copper Box Arena in London.

The Nations Cup is Jamaica's first competitive outing since a series of dispiriting performances led to their fifth-place finish at the Netball World Cup in Liverpool, England, last July.

Jamaica believed they could win the tournament.

The inevitable coaching shake-up followed, and in October, Francis, who previously guided the senior Sunshine Girls between 2007 and 2011, was brought in as Marvette Anderson's successor.

The 12-member squad named for the Nations Cup comprises seven players — Jhaniele Fowler, Shanice Beckford, Jodi-Ann Ward, Nicole Dixon, Khadijah Williams, Shamera Sterling and Kadie-Ann Dehaney — who featured at the World Cup.

The less seasoned quintet of Shmona Nelson, Gezelle Allison, Shadian Hemmings, Latanya Wilson and Shanika Johnson have a combined 12 Test caps. 🌐



► Jamaica's Sunshine Girls are playing in England this week

## Giannis feels punished by flops

Giannis Antetokounmpo is just under 7ft tall and weighs around 240lbs and he feels that smaller opponents are using his size and power to their favour.

The reigning NBA MVP is one of the league's more physical players, which you would think would work to his advantage, however Antetokounmpo, 25, thinks that often the opposite occurs and he is punished for his strength, while weaker players that flop are rewarded with foul calls.

Despite this perceived imbalance though, Antetokounmpo doesn't plan to alter his approach.

"It's kind of hard because in the NBA, the way it's built, they want you to flop," he said. "It wants you to be weak, kind of, because sometimes I think when you're strong and you're going through contact, they don't call the foul. But when you're flopping and kind of going into the contact and throwing the ball out, they're just going to call foul, but that's not who I am, that's not what I'm gonna do.

"I'm just gonna try to power through contact. It's going to be where if a guy grabs me or pushes me, I've got to show it more, but I think I've done a better job



► Giannis Antetokounmpo feels he is unfairly punished

of showing it more so the refs can see that the guys are holding me, pushing me and just being physical."

The Milwaukee power forward's coach, Mike Budenholzer, agrees with his superstar's assessment.

"I think it's a huge concern," Budenholzer said. "If and when players are falling before contact, there's speed and knees and legs that are basically putting Giannis in a dangerous place."

Antetokounmpo isn't the first player to feel that his size and strength work against him in the league - just ask Shaquille O'Neal - but it will be interesting to see if his public comments about the issue alter the way that he is refereed. 🌐

# Ronaldo's work ethic is amazing

Cristiano Ronaldo is in the twilight years of his career but is still a formidable athlete at 34 because of his incredible discipline. Yes, he is extremely vain and self-centred, but the Portugal captain's dedication and ambition are as intense as when he emerged as a tricky teenage winger.

This has helped him become an instant success with Juventus as he continues to sparkle in his second season in Italy. CR7 joined the Italian giants from Real Madrid for \$105 million in 2018 on a four-year-contract. And after a tricky start to his new venture, he scored 31 goals in 47 games in all competitions in his debut season.

This campaign he has netted 16 goals in 23 games - registering in each of the last six.

But behind the scenes it takes a lot of hard work. From his diet, to exercise routine to sleep and rest, Ronaldo leads the most disciplined of lifestyles. He can eat up to six meals a day, with fish a big part of his diet.

Swordfish, tuna and braised cod are particular favourites. He regards chicken as "magical" due to its high protein and low-fat content.

For breakfast Ronaldo will eat ham and cheese and low-fat yoghurt or may wolf down avocado toast for snacks during the day.

Lunch No.1 could consist of chicken and salad, while No.2 might be fish - maybe tuna with salad, eggs and olives. Dinner will see him with meat or fish, maybe breaking them up in two separate sittings.

Steak, swordfish or the Lisbon speciality of Bacalao a la Brasa - a mixture of braised cod, onions, thinly sliced potatoes and scrambled eggs should see him through till bedtime.

Once tucked up, Ronaldo will ensure he has eight hours of sleep each night. That's in addition to up to five naps during the day.

Speaking about rest, the Portuguese superstar said: "Proper sleep is really important for getting the most out of training.

"I go to bed early and get up early, especially before matches. Sleep helps muscles recover which is really important."

Clearly the gym and intense exercise is a huge part of Ronaldo's life - as shown by his incredible muscle definition and speedy recovery from injury.

The forward follows a Pilates-based routine that focuses on resistance work to strengthen his core. He is also a big fan of swimming, often taking to the pool with son Cristiano Jr.

For all his niggles and knocks sustained on the football pitch, Ronaldo invested in a \$55,000 Cryotherapy chamber.

Standing in the chamber for around three minutes, liquid nitrogen freezes Ronaldo to between minus-160 and minus-200 degrees Celsius. Cryotherapy beats muscle soreness and reduces swelling, inflammation or sprains.

He puts mental health alongside physical health as being key to being happy on the pitch as well as off it.

This involves spending quality time with his family - partner Georgina Rodriguez and his four children Cristiano Jr, twins Mateo and Eva Maria and Alana Martina.

He has been teetotal for at least 15 years - not only because of the adverse effects on his diet, but also because his father's death at the age of 20 was alcohol related. 🌐



► Cristiano Ronaldo is obsessed with being in great shape



# Former Medical Student Found Guilty of Threatening to Kill Trinidad's Police Commissioner and Wife

A medical school dropout who threatened to behead the twin-island republic's top cop and kill his wife, more than a year ago, has been released on a bond to keep the peace and be of good behaviour.

Mahindra Ramdath, 35, who was charged with the misuse of a telephone contrary to Section 106 of the Summary Offences Act, was sentenced in the Port of Spain Magistrates Third Court after being found guilty of making the threats against Police Commissioner Gary Griffith and his wife, Nicole Dyer-Griffith.

Ramdath had made the death threats when he called the E999 hotline on Wednesday, November 21, 2018 around 1:30 pm.

He had said: "I want to summon Gary Griffith for defamation of character against me tomorrow in court, or else I will call him and chop off he (expletive) mother (expletive) head. How you like

that? And kill he wife Nicole Dyer... huh mother (expletive)."

However, Ramdath's call was traced and he was arrested at his home just two and a half hours later.

After his first court appearance on the charge, he was sent for a psychiatric evaluation.

Ramdath has now been bonded to a sum of TT\$10,000 (US\$1,482) to keep the peace and be of good behaviour for two years.

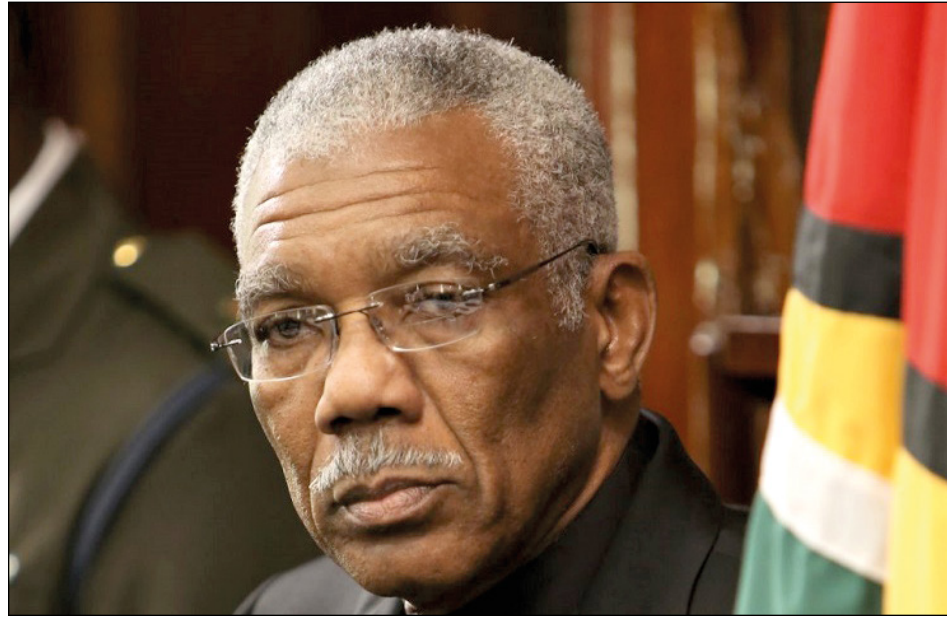
Several death threats had been called in against Commissioner Griffith around the same time of Ramdath's, and the police chief had challenged those who wanted him dead to "stop calling and come...find me".

"It seems that some are trying to make themselves famous by threatening to kill me, but instead of grand charging and boring us, I would ask them to stop calling and come. They could find me. I promise to make them famous," he said at the time.



► Mahindra Ramdath (inset) has been placed on a bond to keep the peace and good behaviour for his death threats against Police Commissioner Gary Griffith and his wife, Nicole Dyer-Griffith

# Guyana Government Denies Salary Increase for President



► President David Granger

The Ministry of Finance has labelled as "patently false", a media report that

claimed President David Granger had awarded himself a salary increase.

The online news outfit Citizens Report published the report on Tuesday.

But the ministry stressed that had there been an increase in the president's salary, there would have been a corresponding increase in the pensions received by the three ex-Presidents – Bharat Jagdeo, Samuel Hinds and Donald Ramotar.

"If Citizen's Report was not so bent on causing public mischief, a quick check of the pensions of any of the three ex-Presidents would have shown that they have remained the same since 2015. The Ministry wishes to remind readers that it is Mr Jagdeo who caused the law governing Presidential pensions to be changed to 7/8 of the salary of the current President, instead of 7/8 of the salary of the President at the time he demits office," the ministry said.

It added that it was unfortunate that as the country enters the elections season, the issue of a well-deserved in-

crease in wages and salaries for public servants, who, under the previous People's Progressive Party/Civic (PPP/C) administration were financially impoverished and subjected to poor working conditions, should be twisted into a blatantly false claim.

"It is worth recapping that this latest increase in the minimum wage represents an overall increase of 77 per cent the A Partnership for National Unity/Alliance for Change (APNU+AFC) coalition took office in 2015. This is a tangible demonstration of the government's commitment to building a Good Life for All Guyanese, as we enter the Decade of Development," it said.

"The Ministry wishes to exhort the reporters of Citizens Report to become more acquainted with the tenets of good reporting, rather than pander to their handlers and do a disservice to their readers," the ministry's statement added.

# Just Under Half the Value of Hurricane Dorian Losses and Damage in The Bahamas is Pledged for Recovery Efforts

Governments, non-governmental organizations (NGOs), multilateral institutions, companies and individuals pledged US\$1.5 billion in recovery funding and in-kind services at the Hurricane Dorian Private Sector Pledging Conference – just under half the estimated losses and damage the Category 5 hurricane caused when it made landfall in the archipelago four months ago.

More than 300 local and international delegates attended the conference at Baha Mar on Monday, and pledges

included: initiatives in homebuilding and repair; educational assistance; renewable energy partnerships; relief aid; grants; direct assistance to storm victims; parks restoration; loans and financing.

"These pledges are an important step in the ongoing reconstruction and rebuilding of areas affected by Hurricane Dorian, so that we may rebuild stronger and with more resilience," said Prime Minister Dr Hubert Minnis.

"We are grateful to domestic and international partners, including foreign governments. We look forward to other possible contributions to help in our recovery efforts."

As a follow up to the conference, the United Nations Development Programme (UNDP) and the Government will issue a detailed account of the commitments made disaggregated by sectors and stakeholders.

Hurricane Dorian hit Abaco and Grand Bahama in September 2019. With maximum sustained winds of 185 miles per hour, and gusts of 220 miles per hour, Dorian was the strongest storm to hit The Bahamas. It was also the second strongest storm by wind speed recorded in the Atlantic.

There have been 70 confirmed deaths as a result of Hurricane Dorian.

"We thank the donors who pledged at Monday's conference for their support of the restoration of Abaco and Grand Bahama," said Katherine Forbes-Smith, Managing Director of the Bahamas Disaster Reconstruction Authority.

"The Authority, as the agency charged with spearheading the reconstruction effort, will work with these local and international partners to ensure that Abaco and Grand Bahama are rebuilt better and stronger. Through these partnerships and assistance we also hope to boost both economies and build back with new, greener technology and resiliency."



► Participants at the Hurricane Dorian Pledging Conference (Photos Credit: BIS/Derek Smith)



► Prime Minister Dr Hubert Minnis expressed gratitude to those who had pledged money and other assistance

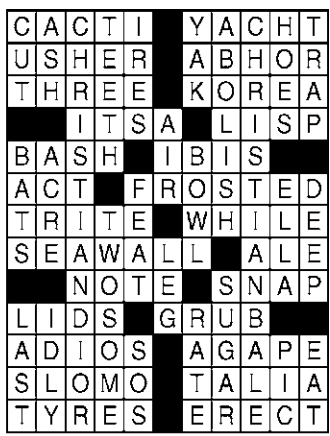


**CROSSWORD**

By THOMAS JOSEPH

**ACROSS** 40 Czech writer-trap statesman  
1 Police trap  
6 Top celebs  
41 Scope  
42 Lock

**DOWN** 1 English counties  
2 Corrida star  
3 How Rome wasn't built  
4 Memo  
5 Maher-shala Ali film  
6 Imitating  
7 Techs' place  
8 Opinion opener  
9 Go pieces  
10 Pithy  
16 Arthur's son  
20 Maher-shala Ali film  
21 Physics particle  
24 Middle: Abbr.  
25 India's Gandhi  
26 New  
27 Statue setting  
28 Takes a breather  
29 Old autos  
30 Sub system  
34 Fly high  
36 Machinery part  
37 Merino mom



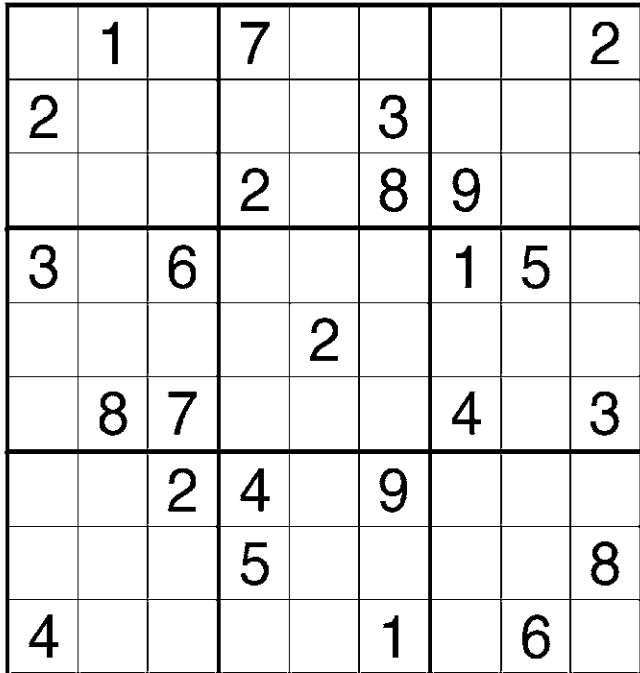
Yesterday's answer

**SUDOKU**

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

**Conceptis Sudoku**

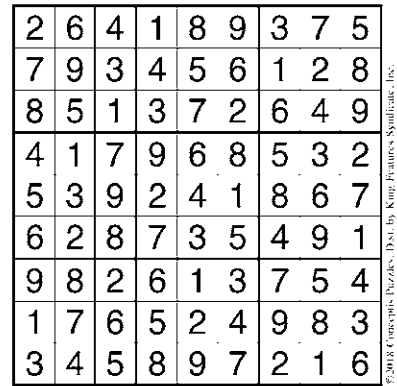
By Dave Green



Difficulty Level ★★★★★

10/28

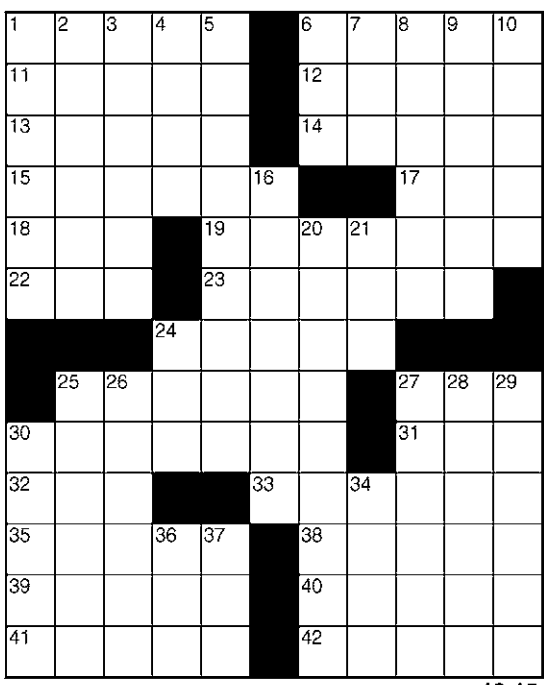
Answer to previous puzzle



Difficulty Level ★★★★★

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25 "No idea what to do here"  
27 Clumsy fellow  
30 Breathing tube  
31 Young fellow  
32 Peculiar  
33 Olympics saucer  
35 Reunion girl  
38 Silly one  
39 Quiver item



12-15

- Ache
- Beat
- Board
- Bone
- Breaking
- Burner
- Court
- Date
- Door
- Drop
- Field
- Fill
- Fire
- Gammon
- Ground
- Hand
- Lash
- Light
- List
- Log
- Number
- Order
- Pack
- Pedal
- Rest
- Road
- Seat
- Space
- Stage
- Stairs
- Stitch
- Stop
- Stroke
- Swept
- Swing
- Track
- Wash
- Water
- Woods
- Yard

**Word Search**

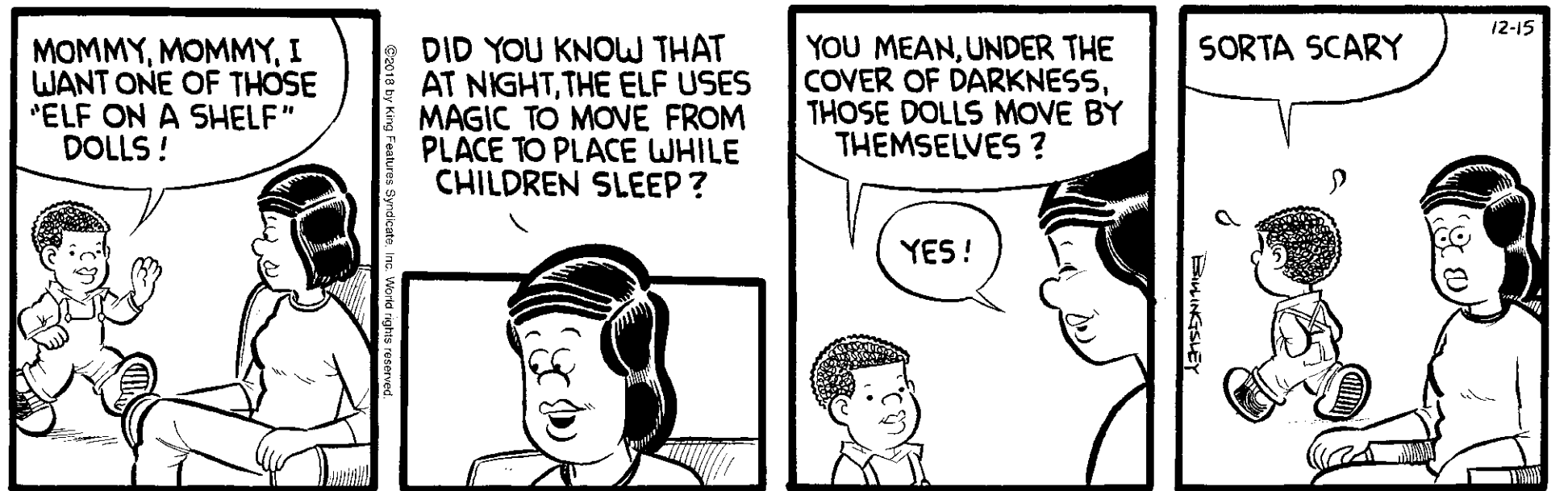


Find the listed words in the diagram. They run in all directions – forward, back, up, down and diagonally.



**CURTIS**

By Ray Billingsley



12-15

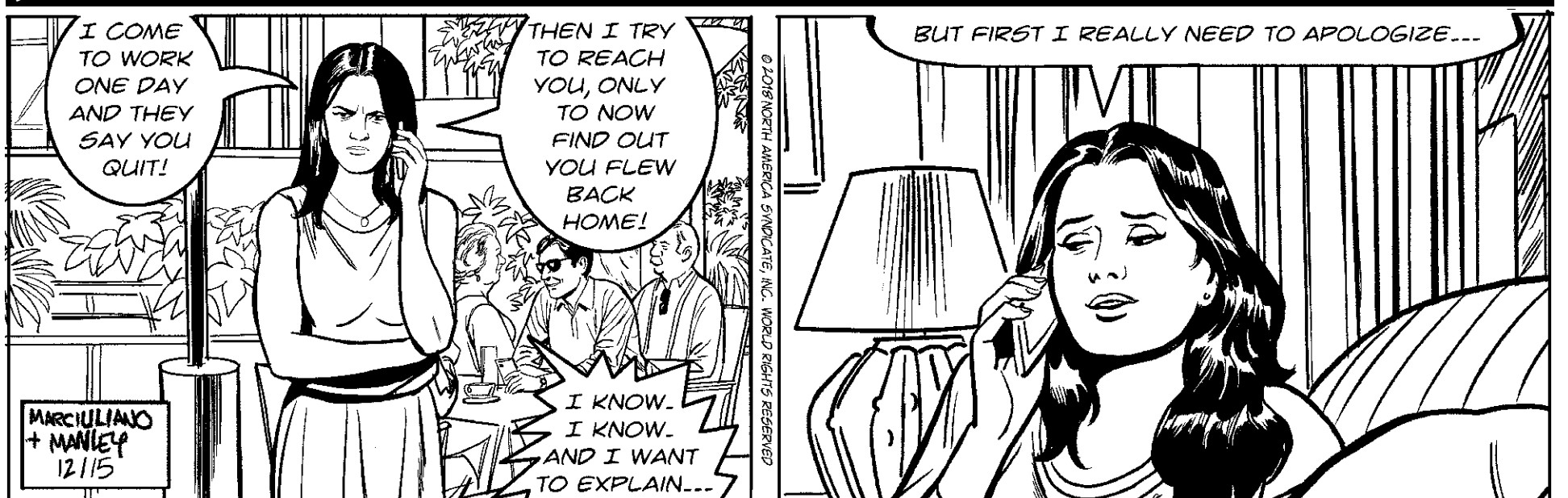
**THE AMAZING SPIDER MAN**

By Stan Lee



**JUDGE PARKER**

By Woody Wilson & Mike Manley



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# Caymanian Times



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