

Caymanian Times

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A ROYAL VARIETY PERFORMANCE

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Coronavirus spooks global markets

Agricultural Show 2020



► The 52nd Annual Agriculture Show showed the very best that Cayman's farms had to offer

52nd Annual Agriculture Show at the Stacy Watler Pavillion was filled with the very best of Cayman's produce, livestock, crafts and so many things that link

us to the soil, and to our roots, and to one another. There are so many things, especially for children to do that make it one of the best family days out for an

Ash Wednesday holiday. As always, it's the early birds who get the very best -

... Continued story on page A7

Speaker under Pressure

The future of the Speaker of the Cayman Islands Legislative Assembly hangs in the balance over an alleged incident of assault and a public statement he has issued in connection with the matter.

The controversy stems from an altercation reported to have happened at the Coral Beach establishment on Friday, February 21st.

According to a Royal Cayman Islands Police Service (RCIPS) report, "a Public figure in the Cayman Islands

had assaulted a female...resulting in her receiving minor injuries".

In a statement, Hon. McKeeva Bush said he expressed "profound and sincere apologies to the management and staff of Coral Beach, the public, my colleagues, my constituents and in particular the General Manager of the Coral Beach for the incident which occurred on Friday, February 21st.

... Continued story on page A4



CRUISE SHIP BARRED OVER HEALTH CONCERNS



The Cayman Islands government this week barred a mega cruise ship from entering the territory over health concerns.

Permission was denied to the Swiss-registered MSC Meraviglia with a passenger capacity of 4,500.

The ship was en route from Jamaica with George Town as its next port of call.

Minister for Health Hon. Dwayne Seymour said "In an abundance of caution,

... Continued story on page A5

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EDITORIAL

Avoiding a stagnated society

The American President, Harry S. Truman once said, "In periods where there is no leadership, society stands still".

As the Cayman Islands prepares to assess its current and future leaders sometime in the next 14 months or so, a major test for the electorate is to determine the suitability of those offering to lead.

New entrants to the arena will be scrutinised with an intensity not akin to anything they have experienced at any point in their lives. Any pageant contestant would have undergone a crash course for this.

People putting themselves forward will need to demonstrate that they have a track record of performance and delivery away from the public eye. Buzz words like accountability and integrity will fill the air like silk cotton blowing from a tree in a storm.

The people in the various districts will need comfort that these new hopefuls will be able to deliver if given



the mandate. So too will it be for those who have occupied seats in the white building on Fort Street, whether for four years or longer.

With an increasingly enlightened electorate, time will tell if distant and recent transgressions will be forgiven. If, as has often been the case throughout history, that forgiveness comes easy or temporary amnesia sets in inside the voting booth, then those casting ballots to determine the future of Beloved Isle Cayman have but themselves to blame if a few years down the road, they realise their society has failed to advance but remains stagnated without solutions to modern day problems.

OAG highlights Government's huge healthcare obligations

In its recently released report on the audit of the 2018 financial reports provided by Government Ministries and other entities, the Office of the Auditor General (OAG) pointed out the enormous sums that Government is obliged to pay for healthcare to individuals who were once employed by Government but who were now retired.

The OAG report explained that during the 2016-2017 fiscal period, a decision was made by the Ministry of Finance that all Statutory Agencies and Government Companies (SAGCs) which had employees who were deemed eligible to receive post retirement healthcare benefit should reflect this obligation in their respective financial statements. To be eligible for these benefits, employees of SAGCs would have had to be previously employed with central Government and been transferred to a SAGC and have worked no less than 10 years in the public service and retired from public service.

The Health Services Authority led the pack in terms of the size of its outstanding healthcare obligations, with obligations totaling \$149,118,000 as at 31st December 2017 and \$137,416,000 as at 31st December 2018. They were followed by the Port Authority, with just \$34,694 as at the end of 2017, but rising to \$33,105,000 as at the end of 2018. They were followed by the Water Authority with \$18,065,000 (31 December 2017) and \$16,764,000 (31st December 2018) and then the National Roads Authority with \$16,510,000 and



► Sue Winspear, Auditor General

\$15,545,000, respectively. The total obligations as at 31st December 2018 for SAGCs was \$218,177,000 which did not include the Cayman Islands Airports Authority whose healthcare obligations totaled \$15,763,000 as at 31st December 2017 but whose audit for 31st December 2018 was still ongoing.

As far as the Health Services Authority was concerned, the Auditor General Sue Winspear said she was drawing attention to the fact that the recognition of post-retirement health liability resulted in a net deficit of \$7.3 million. This event raised a substantial doubt about the HSA's ability to continue as a going concern, she said.

COMMUNITY NOTICE

Fuel Odor coming from Old Rubis Fuel Farm

Grand Cayman, Cayman Islands (25 February 2020) During excavation for the construction of the new aircraft parking area for Owen Roberts International Airport (ORIA), to the east of the current ramp, an odor of fuel was detected at the site of the old Rubis

fuel farm. It has been determined that there is some contaminated soil from the old tanks that were in this location. This is currently being mitigated under the direction of Water Authority Cayman and is expected to be rectified within the next 48 hours.

We're looking for Innovators

The Thomson Leadership and Innovation Award Scholarship Programme

What is The Thomson Leadership and Innovation Award?
The Thomson Leadership and Innovation Award is a scholarship designed to recruit and support Caymanian students who are driven to improve the Cayman Islands in areas including, but not limited to, entrepreneurial studies, emerging technologies, design and creative arts and/or the sciences.

Who are we looking for?
To become a Thomson Leadership and Innovation Award scholar, you are a creative thinker and innovator. You have created, lead and/or inspired others to make a measurable impact of change in a community project or in a business. You are passionate and driven to succeed in an emerging field that is underrepresented or wholly not represented in the Cayman Islands, or you desire to bring a completely new perspective to a traditional and longstanding field or industry and require further education to do so.

What does the Scholarship cover?
The award is valued up to a maximum of US\$30,000.00 per annum, is renewable within limitations and applicable towards the completion of the course of study. The award will be paid directly to the institution of study and allocated to the student's account. The award can be used to fund travel, tuition, student and course fees, course texts, materials and supplies and/or housing/living subsistence on campus.

How do I apply?
To review the General Rules and Guidelines and apply, visit the "The Thomson Leadership and Innovation Award" page under the "Careers" tab on CUC's Home Page (www.cuc-cayman.com). Click the "Apply Here" link, complete the online forms and follow the instructions. Applications must be submitted not later than **Tuesday, March 31, 2020**. Hard copies will not be accepted. For more information, e-mail pntscholarships@cuc.ky.

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Caymanian Times

Issue # 508

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James Sherieff



Joy Oremule



Jason Burke



Antwan Seymour



Karan Andrew



Richard Wallace



David Bodden

Employees honoured

Caribbean Utilities Company, Ltd. (CUC) recently honoured seven employees for outstanding service to the Company in 2019. The awardees are:

James Sherieff: Employee of the Year

An Industrial Electrician by trade, Mr. Sherieff was presented with the 2019 Employee of the Year Award for his commitment to excellence throughout his 30 years with the Company. During his tenure, James has received the Company's "Shine the Light Award" on a number of occasions. He has always held CUC's core values to a high standard and has been consistently recognised for his efficiency, reliability and team work. James is also a member of the Company's recently formed Emergency Response Team.

Joy Oremule: Supervisor of the Year

Mrs. Oremule was awarded the 2019 Supervisor of the Year Award for her outstanding leadership qualities. As Supervisor Human Resources, she was honoured for her reliability, humbleness, trustworthiness, care and consideration of others. In 2019, Joy contributed to the success of a number of special projects, always maintaining her high level of performance while ensuring employees' needs were met.

Jason Burke: Excellence in Safety Award

Mr. Burke was presented with the 2019 Excellence in Safety Award for his work with safety awareness. As a Senior Project Manager, Jason is meticulous when it comes to safety and ensures that all available control measures are in place prior to beginning new projects. Because of his extensive knowledge and experience with safety issues, Jason's colleagues appreciate his willingness to offer safety support on other Company projects and initiatives.

Antwan Seymour: The Jeffrey Broderick Bright Spark Award

Mr. Seymour was awarded the 2019 Jeffrey Broderick Bright Spark Award for his creativity and technical expertise. As an engineer and leader of the reliability group, Antwan has devised and introduced a number of new initiatives and work methods for simplifying and improving certain operations on the Company's transmission and distribution system.

Karan Andrew: Wellness Champion

Mrs. Andrew was presented with the 2019 Wellness Champion Award for her participation in a number of health and wellness campaigns during the year. A Project Manager in the IT department, Karan is always keen to participate in the many wellness workshops organised by the Company's Human Resources department as well as the numerous community and charitable walk/runs. Karan is a member of the "CUC Striders" running group that participates annually in the Cross Island Relay and the Cayman Islands Marathon.

Richard Wallace: The Otis Jackson Golden Wrench Award

Mr. Wallace is the first recipient of The Otis Jackson Golden Wrench Award. This award honours the late Otis Jackson, one of the Company's "Veterans of Power" and is awarded to an employee from any of the departments responsible for power generation. As a Foreman in the Mechanical Maintenance department, Richard was rewarded for his hard work, dependability and tireless effort on a number of projects with which he was involved. He is deeply respected by his colleagues and is always willing to assist with other projects, offering solutions and support to employees who face unplanned challenges in their day-to-day work.

David Bodden: The Pedro Echenique Golden Bucket Award

Mr. Bodden is the first recipient of The Pedro Echenique Golden Bucket Award. Named in honour of the late Pedro Echenique, another of CUC's celebrated "Veterans of Power", this award is presented to an employee in transmission and distribution who embodies the Company's core values. As a Power Line Technician, David was rewarded for his leadership skills, hard work and exemplary customer service. He is highly respected by his colleagues because of his willingness to listen and his positive response to their ideas and suggestions.

These employee awards are based on nominations from employees, which are then voted on and finalised by the Executive and Management teams. In addition to these annual awards, the Company has a number of reward and recognition programmes designed to recognise employees' contribution to improving all facets of life at CUC.



The Environmental Management System at the North Sound Road Power Plant is registered to ISO 14001



SPEAKER UNDER PRESSURE

... Continued story from page A1

Reaction to the development has been swift and extensive both in the public domain and in official circles.

THE GOVERNOR

His Excellency the Governor, Martyn Roper OBE has said he is "greatly concerned by any allegations of assault especially when these relate to violence against women."



Scholarship to pursue A level Studies

Students invited to apply for a CUC Scholarship

CUC is proud to offer a scholarship for Caymanian students seeking to pursue Advanced Level (A level) studies at a local high school. The scholarship will be awarded with a particular focus on students interested in Science, Technology, Engineering and Mathematics (STEM).

Applicants must:

- ▶ have already obtained, or expect to obtain, during the current school year, adequate academic qualifications to be accepted into Advanced Level (A level) studies or equivalent;
- ▶ be Caymanian or hold Caymanian Status;
- ▶ be involved in school and/or volunteer activities;
- ▶ provide references.

The scholarship will also provide an opportunity to gain hands-on work experience and develop further skills, which will benefit the successful applicant in their studies and possible future career with CUC.

To review the General Rules and Guidelines and apply, visit the "Scholarships" page under the "Careers" tab on CUC's Home Page (www.cuc-cayman.com). Click on the "Apply Here" link, complete the appropriate online forms and follow the instructions. Applications must be submitted not later than Tuesday, March 31, 2020. Hard copies will not be accepted.

For more information on these and other scholarship opportunities, please contact CUC's Human Resources & Employee Development Department via e-mail at careers@cuc.ky.



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In a brief press release following a broadcast interview, Governor Roper stated: "...this is now a matter for the RCIPS who began an immediate investigation headed by a senior officer."

"I have every confidence that they will deal with it in accordance with the law, which applies to everyone equally", adding that, "it would not be appropriate for me to comment further until this process is complete".



▶ His Excellency the Governor, Martyn Roper OBE

THE PREMIER

The Hon. Premier Alden MacLaughlin has also addressed the swirling issue.

"I wish to express my deep regret and that of the Government at this most unfortunate incident and to extend our support to the lady that has suffered injury and distress as a result. She deserves our support. I want her to know that everyone in the Government wishes her a speedy recovery," the Premier stated.

In acknowledging the account given by the Speaker McKeeva Bush about the February 21st incident, Premier MacLaughlin said: "I appreciate the candour of the Speaker's statement and his recognition that he has problems with which he needs to deal."

He, however, implored the Speaker to seek help and offered to support him through this process.

"Therefore, the most important immediate issue is for the Speaker to seek the treatment that he references in his statement. I and all in my Government will do all we can to help in his efforts to access appropriate professional help at this time."

The Hon. Premier who is currently in London on official business, said he will discuss the matter directly with the Speaker Bush who is also due in London this week.

It is expected that a decision could be made regarding Mr Bush's official position role at least in the short term.

"I also recognise that the incident that occurred over the weekend will have consequences. The police investigation is underway and I have confidence in them to carry that out thoroughly and effectively."

"I will be sitting down with him to discuss his statement and the efforts to deal with his problems and to talk about the actions that need to be taken as a consequence of the incident itself," the Premier stated.

THE OPPOSITION

Meanwhile, in a joint statement issued on Tuesday, February 25th, four opposition MLAs have put the onus on the government of Premier MacLaughlin to take action against the Speaker.

Issued by Hon. V. Arden McLean on behalf of Opposition members Anthony Eden, Alva Suckoo, Christopher Saunders and Bernie Bush, the statement notes:

"In the absence of him (the Speaker) voluntarily choosing to stand aside to seek the professional help he clearly needs, a decision must now be taken by the Unity Government of which he is a member."

Putting the ball squarely in the court of the Premier, the four opposition members add:

"Recognising that our Constitution requires a two-thirds majority for the removal of the Speaker, the Leader of the Opposition contacted the Premier, yesterday, 24th February 2020, to discuss this issue and the way forward. The Premier confirmed that he is in discussions with his caucus."

Noting Mr Bush's explanation and apologies for his actions, the four MLA opposition members also chided the Speaker for what they see as his failure - also admitted by Mr Bush - to deal with his personal challenges.

"It is clear that he is not dealing with the challenges of his grief and use of alcohol," they wrote.

"However, what Mr Bush fails to note in his public statement, is the very privileged and public role that he occupies as Speaker of the House."

The four opposition MLAs are concerned that "whilst this matter remains under criminal investigation, this incident leaves a very public stain on our Legislative Assembly."

"The seriousness of this incident means it may very well progress into a criminal matter and the public must be cognisant that the vast majority of registered



▶ Hon. Premier Alden MacLaughlin



▶ Speaker Hon. McKeeva Bush



▶ Opposition Leader Hon. V. Arden McLean



▶ North Side legislator Ezzard Miller

... Continued story on page A5

Runnin' in di Republic ... is a West Bay ting



Saturday, March 7, 2020
Starts and ends at Ristorante Pappagallo, Conch Point Road, West Bay



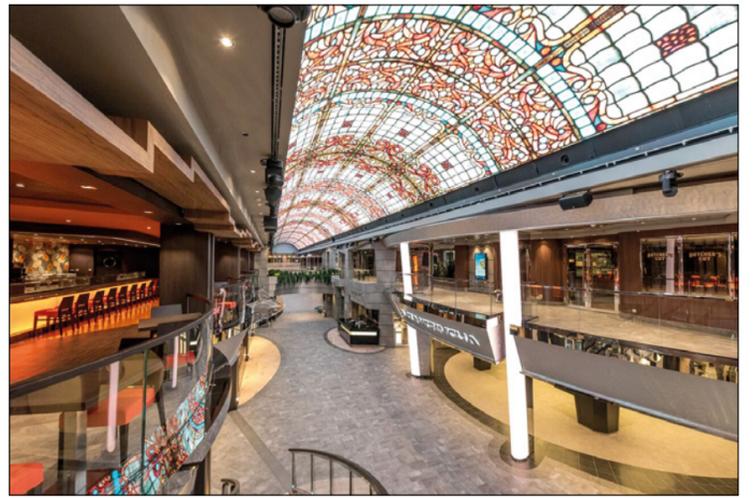
CUC WEST BAY SUNRISE

5K

CUC is taking to the streets again in West Bay on **Saturday, March 7th, 2020** for a fun run and walk as we raise money for the Sunrise Adult Training Centre and the Cayman Islands Athletic Association (CIAA). Everyone is welcome to join us.

- Course:** Starts and ends at Ristorante Pappagallo, Conch Point Road, West Bay
- Start Time:** 6:00 a.m. (Walkers) and 6:30 a.m. (Runners). Check-in time is 5:15 a.m. (to receive numbers (all participants) and race chips (for runners))
- Fee:** **CI\$15** Adults and **CI\$10** Youth (Under 17)
- Registration:**
- 1) Register online at www.caymanactive.com
 - 2) Download the PDF form from CUC's website at www.cuc-cayman.com (click on "Events" under the "About Us" tab on the Home Page). Complete, scan and e-mail the form to communications@cuc.ky
 - 3) Forms can also be dropped-off and payments made by cash or cheque (payable to CUC) at CUC's Administration Building on North Sound Road on Tuesday, March 3rd, Wednesday, March 4th and Thursday, March 5th between 8:30 a.m. and 4:00 p.m. Participants who register online can also collect their t-shirts from CUC on those three days in March. *There will be no registration on the day of the event*
- Amenities:** First 250 participants will receive a t-shirt (sizes are not guaranteed) and all participants will receive a participation medal, bag, cap and water bottle following the event. Light refreshments will be provided at the end of the event. Trophies for the fastest and second fastest adults and youth (Under 17).
- Contacts:** CUC's Pat Bynoe-Clarke (914-1107), Patrick Barnes (914-1136) and Neil Murray (914-1110) or communications@cuc.ky





CRUISE SHIP BARRED OVER HEALTH CONCERNS



... Continued story from page A1

in order to provide protection to the health and safety of the residents of the Cayman Islands, the Government has denied permission for the cruise ship to call on Grand Cayman as previously scheduled."

The Ministry of Health and the Public Health Department report that they reviewed the medical details of the person who has been isolated, and the details of one other member of the ship's complement who was also said to be unwell.

Both appear to be in a stable condition, according to the government statement.

The Jamaica Ministry of Health & Wellness had reported that a crew member

was placed in isolation, suffering from flu-like symptoms similar to those associated with the coronavirus.

This is the latest development involving a cruise ship being denied port entry due to mounting global concerns about the spread of the new coronavirus, COVID-19.

Similar developments have been reported elsewhere in the Caribbean and at other cruise destinations around the world.

MSC Meraviglia which is based in Geneva, Switzerland is owned and operated by MSC Cruises.

The ship's next ports of call after being barred from Jamaica and the Cayman Islands, were Cozumel, Mexico and The Bahamas. 🌐

CSPL DEFERS COMMENT ON SPEAKER ALLEGATIONS - but calls for code of conduct

The Commission for Standards in Public Life (CSPL) has distanced itself from the furor surrounding allegations of misconduct against the Speaker of the Legislative Assembly, Hon. McKeever Bush.

However, the CSPL, also known as 'the Commission', is calling for a code of conduct to be enacted which would apply to all elected members.

Mr Bush is alleged to have assaulted a female manager of the Coral Beach establishment on the night of February 21st.

The incident, over which Mr Bush has issued a public apology, is being investigated by the Royal Cayman Islands Police Service (RCIPS).

In an official statement, the CSPL, says it "has noted the allegations made against the Honourable Speaker of the House, the public statement issued by the Speaker on 24 February 2020, and the expressions of concern by members of the public regarding this matter."

In emphasising that it is not privy to the factual events that occurred during the incident, the Commission however notes that based on the information in the public domain and previous legal advice on its

powers, that it "considers this matter to be outside of its remit at this time."

Noting that the matter is being investigated by the RCIPS, the CSPL says it has decided to refrain from further comment at this time.

However, it does point out that it has made several requests for updates on the finalisation and implementation of the Ministerial Code of Conduct, which it understands remains in draft form.

The Commission is therefore calling for the finalisation of a code which would apply to all elected members. 🌐



SPEAKER UNDER PRESSURE

... Continued story from page A4

voters are potential jurors. In addition, there are disciplinary procedures within the Legislative Assembly that may be employed.

"However," they note, "in the interest of fairness and natural justice, our actions as legislators must not be seen to impede, prejudice or influence a criminal investigation that may result in a matter before the courts."

"We must all continue to support the victim in the matter and leave judgment and atonement for Mr Bush in the hands of his family, the electorate and the justice system."

The tone adopted by the four signatories to that statement contrasts with the stance of another opposition MLA.

Representative for North Side Ezzard Miller, has called on Speaker Bush to step down.

In a statement issued on Tuesday, Mr Miller demanded that "it is in the best interest of both Mr Bush and the people of the Cayman Islands that Mr Bush resigns from the role of Speaker forthwith."

Failing that, he is of the view that "the necessary action be taken to remove him from office."

THE PUBLIC

While there has been both support and concern expressed for Mr Bush, there are nevertheless quite adamant comments demanding his resignation.

The issue has been dominating public discourse throughout the community and across various channels especially social media.

Some of the remarks have been particularly scathing towards the long-serving politician.

The ensuing fall-out from this development are being closely observed for any consequential political or legal consequences. 🌐



Engineering and Technology Scholarships

Applicants invited to apply for a CUC Scholarship

As an employer of choice, and one of the largest employers of Caymanians, CUC is committed to attracting, developing and retaining high potential employees by providing opportunities for Caymanian students to succeed in the electric utility industry.

CUC is proud to offer a scholarship to an accredited university for students who are interested in completing:

- ▶ an Associate's Degree in Engineering Technology or Occupational Safety & Health; or
- ▶ a Bachelor's Degree in Engineering (Mechanical, Electrical or Renewable Energy) or Occupational Safety & Health.

Applicants must:

- ▶ have already obtained, or expect to obtain, during the current school year, adequate academic qualifications to be accepted by a university;
- ▶ be Caymanian or hold Caymanian Status;
- ▶ have a current GPA of 3.5 or higher;
- ▶ have a minimum of seven (7) GCSE/CXC/IGSE passes including English, Mathematics and Science(s) or the equivalent in the American educational system. Preference will be given to students with higher level passes (A level, AP, IB, etc.) in Mathematics and Science(s).

The successful applicant(s) will have an opportunity during school holidays to gain hands-on work experience and may be offered full-time employment with CUC upon completion of his/her studies.

To review the General Rules and Guidelines and apply, visit the "Scholarships" page under the "Careers" tab on CUC's Home Page (www.cuc-cayman.com). Click on the "Apply Here" link, complete the appropriate online form and follow the instructions. Applications must be submitted not later than Tuesday, March 31, 2020. Hard copies will not be accepted.

For more information on these and other scholarship opportunities, please contact CUC's Human Resources Department via e-mail at careers@cuc.ky.



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► West Bay Heritage, and Zeta Bodden

Agriculture show – a celebration of Caymanian tradition and innovation

... Continued story from page A1

and avoid the worst of the traffic. But inside there were already long lines for some of the lovely fruit tree saplings, grown by the Agriculture Department, which prove to be popular year after year. Fruit trees are a real blessing, and they are the gift that keeps on giving.

Of course, young children always like to see the animals, and there were cows, goats, pigs, and wonderful, fancy chickens and huge roosters with magnificent plumage. Some of the bigger cows made some pretty loud moos, scaring some of the smaller children away, but daddy or mommy were there to hold their hands, and take them to see the goats instead. There were many different kinds from Billy goats with big beards and curly horns to gentle mothers with their kids. Agriculture shows bring out the very best in farmers, as they strive to outdo each other year after year. It is something we can all celebrate and be proud of. Cayman is only small, but it always puts on a mighty fine show that could rival the very best in the region.

There were stalls for garden-fresh tomatoes, lettuces, cassava, bright yellow scotch bonnet peppers as well as lots of big seasoning peppers, too. There were lots of limes and guava and zucchinis, cucumbers and cantaloupe. Eating locally means eating healthy produce. You know it hasn't spent weeks on a big ship, or hasn't been picked long before it was ripe and then force-ripened with chemicals or sprayed, over and over again with toxic pesticides. Another difference you'll enjoy – really enjoy- is the flavor. If all you're used to is produce from the supermarket, just taste the difference when you pop a locally-grown tomato into your mouth.

As always, there were plenty of crafts to be seen. Silver Thatch bags, hats and baskets – made well enough to last a lifetime. This year there were some particularly impressive ornate dolls, each wearing lovely hand-sewn dresses. But of course, Caymanians are not only good at growing, they are also particularly gifted at making wonderful products such as delicious preserves, sauces and jams and juices. Local produce is growing into a real cottage industry, and out-of-season ingredients can be frozen for processing. "These are all local delicacies made with all natural, and all-local ingredients" said Mr Donnie Dixon, owner of Adelaide's Kitchen. He makes all manner tarts and heavy-cakes in his kitchen along with mango jam, guava jam and stewed plums. "We also have pickled peppers; a lot of people go for that but the sweets are the big hit."

'Healthy Alternatives' is a business which makes all kinds of skin treatments, using gentle coconut oil as a base. Zena Rochester stated it about ten years ago, she said, after they found out that her grandson was allergic to many different substances, and coconut oil had some remedial effects. "I make everything; I make a lip gloss, and soaps, and tea tree oil for cuts and bruises. I have deodorants, a pain killer, and a vapour-rub. All the coconut oil is local, because my uncle has 200 trees in North Side," she said.

Bodden Town Heritage Committee always go the extra mile with their charming and wonderful displays. Last year it was a Caymanian man riding a bicycle, all made out of fruits and vegetables. This year they had a lovely little donkey, carefully crafted, to show the importance of animal traction in Cayman's past – something which is often forgotten. 🌍



► Choosing just the right one is difficult!



► Lots of fruits and vegetables for sale at the Agriculture Show



► Bodden Town Heritage Committee always make a very special display



► Pigs were on-show



► Close encounters



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- Do you misunderstand what people are saying?
Yes No
- Do you have difficulty hearing and/or understanding children?
Yes No
- Do you have ringing in your ears?
Yes No

If you answered Yes to any of these questions you might want to schedule an appointment with the audiologist



Matthew E. McCully, MS CCC-A

"I have been an audiologist for over 20 years and I love what I do! Seeing thousands of patients has given me a plethora of experience from all age groups"

HEALTHY HEARING TIPS

- Use hearing protection around loud sounds. Foam earplugs are an economical solution, or consider purchasing custom earplugs to best reduce the sound levels.
- Do not put anything smaller than your elbow in your ear! This includes cotton swabs, bobby pins, keys, paperclips, or anything else you might use to clean or scratch your ears.
- Keep moving! Exercise keeps the blood pumping throughout the body, including the ears. This keeps the internal parts of the ears healthy.

To make an appointment with Matthew McCully at ENT in Cayman Ltd
Call +1 (345) 745-ECKE (3253)

NEXT AVAILABLE DATES
March 2th - March 6th



www.entincayman.com

TAMBIÉN HABLAMOS ESPAÑOL

Q. What happens when you have a hearing loss ?

A. When hearing loss occurs, there is a disruption in the connection between your ears and your brain. Because the ears aren't able to provide the brain with the information it needs in order to "hear", your brain has to work harder to fill in the gaps. Studies show that, over time, this extra effort by the brain can have unwanted consequences and can lead to isolation, depression and earlier on set of dementia. Clinical research regarding hearing loss indicates that an inability to hear is only one part of the larger picture of how the brain uses hearing in order to function properly.

RESTAURANT REVIEW

Romantic lunchtime at The Lighthouse

The Lighthouse has been one of those restaurants that we've driven past on our way to Rum Point or the Botanic Point and said: "We must go back there soon" but have never quite made it. The restaurant, situated on the water's edge in the little village of Breakers, sprung to mind for a romantic Valentine's day lunch as a good place that was away from the hustle and bustle of the usual Seven Mile scene.

Thankfully the place hasn't changed very much since we were last there maybe five years ago save for some elegant white curtains that now add a soft layer of privacy between different sections of the outside seating. The long terrace that runs the length of the back of the building is the perfect location in which to drink in the clean, salty air, watch as birds dive bomb the ocean in search of food and be lulled by the gentle sound of falling surf. On this day the surf was up and so a handful of surfers were out enjoying the waves while we watched their daring. It's always been a popular place

to enjoy some great Italian food, so we looked forward to our meal with anticipation.

A handsome bread basket graced our table along with our glass of lovely California Bread & Butter Chardonnay, the basket stuffed full of homemade garlic bread and Tuscan focaccia, served with a rosemary olive oil and balsamic vinegar and baked-to order. No namby-pamby bread basket this one, it was a proper basket, full of delicious tasting, warm and comforting bread.

Feeling ready to embrace mains, we chose the gnocchi with shrimp in a tomato and chilli marinara sauce with basil oil and a bowl of fresh P.E.I. black mussels with a side of penne pasta. We eat out a lot, but we could both honestly say that this meal was one of the best we've had in a long time. The mussels were plentiful (and, actually, they were from the appetiser menu), plump and juicy and went really well with the penne on the side (I ordered a kids-side portion which was plenty.) The gnocchi with shrimp was again plentiful, re-

ally well flavoured and satisfying. Other menu choices we might have sampled, had we decided to stray from the Italian-theme, could have included a shrimp curry, served with all the usual accompaniments including basmati rice, poppadum and mango chutney, fish and chips served with tartar sauce and malt vinegar or a CAB beef burger served with bacon and provolone cheese. Any of these would have been just as tasty, I'm sure. This was a reasonably-priced meal in a lovely location with excellent food, so it would be highly recommended as a lunch or dinner spot.

The Lighthouse is also well-known for its brick oven pizzas, of which there are some interesting versions, including their Salmon Breakers, with mozzarella, rum-cured smoked salmon, red onions and a tomato sauce or for serious cheese-lovers, their Quattro Formaggi with mozzarella, goat's cheese, gorgonzola and ricotta. These will be top of our list to try the next time we visit, which will definitely be in the not-too-distant future.



► The Lighthouse at Breakers



► Excellent shrimp gnocchi



► Gorgeous location



► Plump and juicy mussels on the menu

Cold Front Forecasted for CI

Cloudiness and showers are expected around the Cayman Islands over the next few days, according to the Cayman Islands National Weather Service.

A cold front over the central Gulf of Mexico is expected to move over the extreme Northwest Caribbean by tomorrow morning, supporting light to moderate southeasterly winds along with slight to moderate seas across the Cayman area over the next 24 hours.

Further to the north, Radar images show isolated and scattered showers in and around the Cayman area moving towards the northwest.

The official forecast for Thursday, 27th February, calls for: partly cloudy

skies; becoming cloudy by afternoon with a 30% chance of showers.

Winds are expected to be Northerly at 5 to 10 knots during Thursday morning, and north to northeasterly at 10 to 15 knots from the afternoon; increasing to 15 to 20 knots late at night.

Seas are expected to be slight to moderate with wave heights of 2 to 4 feet during the day; increasing to rough (4 to 6 feet) late at night.

Small craft should continue to exercise caution over open waters from Thursday, 27th February to Sunday, March 1st, as higher swells are likely to affect the north and western coast of Grand Cayman. 🌊



► Cold Front Forecasted for CI

Hospitality Social Media Marketing Trends for 2020

In the ever-changing social media landscape, staying abreast of the latest marketing trends is crucial to the success of any hospitality and tourism business. With the click of a feed update, a new hashtag appears, a news story has popped up, or a meme has become outdated. Being at the forefront of what is new enables your business to keep its content fresh, keep your followers entertained, and hopefully, encourage engagement.

While trends in social media are constantly evolving, a few of the continuing trends to some of the latest are:

Video Content

Video content consistently performs well across all online channels. Think about it: would you rather read a long post about a place you'd like to travel to -or watch an enticing video?

Creating content that your potential guests may find engaging can mean simply taking videos of what is happening on-site, like creating a new drink or a

short tour of the hotel pool and other fun amenities. Additionally, if you do not have the resources to create your own content, you can share relevant content that you find from local area attractions, Tourism organizations and even recent guests to keep up with this continuing trend.

Instagram Removes Likes

In an effort to keep the community positive, Instagram is slowly rolling out the removal of Likes from their platform. You may have experienced this already, but instead of seeing a number of Likes under your posts, you will simply be able to see WHO liked your posts instead of a number. Instead of comparing how many Likes one post received to another, you can view content without the competitive factor.

How does this affect businesses? Social media is growing even more into a pay-to-play landscape, and running paid ads on Instagram will ensure that your posts are seen even when you are not able to quantify the number of likes a post receives. On the organic end, you can strategically include hashtags within your posts to ensure that they are receiving maximum reach regardless of whether you can see how many likes they earn.

Influencer Marketing

Beyond ads, another way to promote your business is through partnering with an influencer. Influencers will have a much wider united reach than your business alone, and can use this to encourage visitors, promote initiatives, and so much more. Not only can you partner with influencers to promote your business and help it increase its exposure, you can work with as many or as few as you like depending on budget to better suit your needs.

Working with influencers can be simple: ask a past guest of yours who has high engagement if you may share a post



of their mentioning your hotel with your audience. Or, conduct your own research to discover relevant influencers in your local area who would be a good pairing with the typical guest that you receive.

Demand for Speedy Customer Service

Customer service is not a new trend, but the way we engage online is constantly changing. Guests expect a shorter response time than ever, and in 2020, it will be as important as ever to be on top of comments and reviews. Keeping up with each negative comment by responding to them as soon as possible can show future guests how quickly they are likely to experience customer service on-site. In the coming decade, guests are likely to expect even shorter response times than usual with continuing technology improvements and AI.

Be sure to check in on each social media and review channel that you manage at least once a day, so that you have time to formulate a fitting response. Ensure that responses are said in a manner that reflects how you would want to be treat-

ed as a guest: make them feel heard, respected, and make them want to come back to your business again for a better experience.

User Generated Content

A trend that is definitely carrying over to the new decade is finding and using User Generated Content, or UGC. UGC includes images and videos that have been shared to various social networks by their users, and can be found a few ways. You can look at your notifications to see whether there are new photos that have been shared, check the geotag for your business on Instagram, or even prompt your guests to share images from their visit with an enticing caption, like "What is your favorite view in our hotel?" or "What is your favorite dessert at our restaurant?" Just be sure to credit the original poster in your content.

To 2020, and Beyond

Wondering what other trends to look out for, or want to know about one that we covered? Just reach out, and we are happy to help. Info@caymeragroup.com or visit caymeragroup.com. 🌐



► Brooke Meyer is the managing partner of Caymera International

For a complete update of Local News, Notices and Events, log on to www.ctimes.ky

The only website that allows you to download your daily news and upload your advertisements

COMMUNITY EVENTS

Data Protection Law Awareness Session

28 February - The Ombudsman Office is hosting an awareness session on the Data Protection Law on February 28 at the George Town Public Library from 2 to 4pm. Anyone may attend and may register at info@ombudsman.ky or call 946 - 6283 for more information. There will be another session in March.

Friday Fish Fry Nights!

28 February - Back by popular demand is the St. Ignatius Youth Ministry Lenten Fish Fry Nights! Starting this Friday and every Friday up to 3rd. April, come to the school canteen and enjoy a menu of fried or baked snapper or mahi - mahi served with fries or rice, cole slaw, grilled onions and festival. You can dine in or take out with prices from \$8 - \$15 with free dessert. All proceeds go to the Parish Religious Education & Youth Ministry. Call 949 - 6797 for more information.

Bargain Store Sale

29 February - St. George's Anglican Church, Courts Rd. is hosting its monthly Bargain Store Sale on Saturday from 7am to 11am. Lots of items to choose from!

Cayman Brac Annual Fundraiser - "Roaring 20s"

29 February - The Cayman Brac District Committee presents a night of fun and fundraising. The

theme is "Roaring 20s" and takes place at the Brac Trust House starting at 6pm. The cost is CI\$25 per person and includes a meal. For more information, call 916 - 3960.

Red Sky at Night

29 February - Red Sky at Night is the anchor event for Cayfest and is a favourite of participants and attendees alike. Each year patrons are treated to live performances from musicians, dancers, actors and storytellers, as well as displays of creative work by visual artists and artisans, all on the grounds of the FJ. Harquail Cultural Centre. Visitors revel in a sensory filled experience at this multi-disciplined arts fair, as the sounds of steel pan, fiddle and drums, and the aroma of mouth-watering local culinary delicacies waft on the night air. For more information, or to buy tickets visit <https://www.artscayman.org/red-sky-at-night/>

Fishing Family Fun Day

7 March - A family fun day takes place at the George Town Yacht Club from 12-4pm. Activities will include an IGFA Kids Fishing Clinic where you can learn the ins and outs of sportfishing, virtual reality, educational games, fish fighting, face painting and more. Brought to you by BK Big Fish Tournament, Cayman Islands Angling Club, Guy Harvey Ocean Foundation, IGFA and Car City. For more information email events@guyharvey.com.



► Fishing Family Fun Day



► Cayman National Choir Performance

Light Up the Night Beach Walk

7 March - Join the Breast Cancer Foundation for their 10th annual Light Up the Night Beach Walk, starting at Royal Palms Beach Club at 6pm. The walk will go from Royal Palms to The Ritz-Carlton, Grand Cayman and back. Cost is a \$25 donation and participants receive a T-shirt while stocks last, and a raffle prize draw entry. Pick up a registration form at 19 Grand Harbour or Remax, Seven Mile Shops or download from www.breastcancerfoundation.ky. Please call 923-1135 or email info@breastcancerfoundation.ky for further information.

Special Olympics AGM

11 March - The Annual General meeting of the Special Olympics Cayman Islands will be held at the VIP Lounge, Truman Bodden Sports Complex starting at 6pm. Agenda includes the presentation of annual reports and the election of the board of directors. For further information please call the Special Olympics office at 345-946-7624 or email soci@candw.ky.

Dress for Culture Day

13 March - Dress For Culture Day is CNCF's annual 'dress up, dress down' fundraiser. Each year

schools, businesses and individuals across the Cayman Islands are invited to get creative and display their homeland pride and cultural attire on one day. Apart from raising cultural awareness and celebrating diversity, donations from the participants in Dress for Culture Day are used to support various CNCF youth programmes. Want to get involved? Contact info@artscayman.org to register or call 949 - 5477.

Cayman National Choir Performance

13 March - The Cayman National Choir & Orchestra's Royal Variety Performance takes place at the Harquail Theatre. Featuring music from Handel and Walton to the royalty of the pop world including Queen and Elvis Presley, this is a concert that will stir the heart, lift the spirits and set the feet tapping with something for everyone to enjoy. The concert is at 7:30pm. Tickets are \$25/10 from Event-Pro.ky or from choir and orchestra members.

Cayman Heart Fund Symposium

19 March - The symposium will be held at the Margaritaville Resort Grand Cayman from 5pm to 9 pm. and registration is free, and CME credits are available. The

Cayman Heart Fund's 13th Annual International Symposium welcomes internationally renowned Hospitals and Doctors specializing in cardiovascular disease. Attendees will receive information on the latest research, current technology and advancements in cardiovascular medicine. Refreshments and food will be provided. To register for the event please paste and copy this link: <https://www.surveymonkey.com/r/M936ZXS>. For more information about the conference please contact the Cayman Heart Fund at (345) 916-6324 or info@caymanheartfund.com.

St. Ignatius Golf Scramble

20 March - Enjoy Golf? Then this event will suit you to a tee! Join fellow golfers at the North Sound Club for a chance to win US\$50,000 for a hole in one! There are other great prizes to be won - prize for best dressed team, 2 longest drive holes and more surprises. The final deadline to register is Monday, March 16th, but it is likely that all available spaces will fill up before then, so please register early to avoid disappointment. Please e-mail st.ignatius.golf.scramble@gmail.com or phone 949-6797 if you have any further questions. Proceeds for Building Fund and Scholarships. 🌐

5 Sneaky Ways to Burn Calories at Work

You may think the 30 minutes you spend every other day in the gym is enough to keep you trim and healthy, but it's not. If you want overall good health, you need to eat well and find windows of exercising opportunity every day—not just during your scheduled workouts.

How can you squeeze in a little exercise when most of your hours are spent sitting at a desk, meeting in the conference room, and preparing for big presentations? Read on to find out when you can squeeze in exercise and how to do it.

1. On the Way to Work. To start your day with a smidgen of calorie-burning exercise, you may need to wake up a few minutes earlier than usual. Not to get in a workout before tossing on your power suit, but rather so you'll have time to torch a few calories on the way to work. To shed some calories before clocking in, you have a number of options depending on your situation. You can bike or walk to work, perform seated calf raises on the bus, or park your car at the far end of the parking lot so you get to walk farther to reach your office. And of course, once you get to your building, take the stairs.

2. When Doing Mindless Tasks. Admit it: everything you do at work doesn't require an amazing amount of brainpower. Take advantage of the easy tasks by multitasking with some exercise. The easiest option is to flex and squeeze your body. From your glutes and your abs to your pecs and thighs, you can get rid of a few calories by simply flexing them as you work. As you grow accustomed to the flexing, you may find it to be a great way to work your way through a long, difficult meeting.

3. Every Time You Finish a Task. When you first get to work, make a to-do list. This will help keep you on track and will also set you up for exercise rewards. Each time you cross a task off your list, give yourself an exercise reward. This could be walking a couple laps around the office, standing up and doing a couple



► Ernest Ebanks

ple quick stretches, or closing your office door and knocking out a dozen push-ups. Know what your reward of the day will be and go for it.

4. When You Need to Communicate. Helpful as email may be, there is a way to communicate with your colleagues that actually keeps your body moving. That way? Getting out of your seat and walking to your coworker's office to talk things through. Have to make a few phone calls? Stand up as you talk or better yet, pace back and forth during the conversation.

5. At the Top of the Hour. A great way to sneak a little calorie burning into your routine is to get up every hour. And your exercising doesn't need to be super intense. All you need to do is stand up. Do this for five minutes, eight times a day, and you will drop 100 calories a day.

That's right—all you have to do to stand up for your health is stand up!

All of these bonus calorie burning tips are great - when done in conjunction with a consistent, challenging exercise program. If you aren't yet one of my valued clients then now is the time to join in - call Ernest at Body Shapers Fitness Studio 325-8696 or email bodyshaperscayman@gmail.com today to get started! 🌐

POWER OF PASSION FRUIT

This is an awesome fruit. It packs a punch as it relates to health benefits, and also taste. It's used to make a delicious fruit cocktail. But what is this Passion Fruit all about. It is a tropical, flowering vine, known as Passiflora, that grows in warm climates including South America, South Africa and India. It contains a soft pulp and lots of seeds inside a hard rind. People can eat the seeds and pulp, juice it, and add it to other juices. It contains high levels of vitamins A and C.

It is also rich in anti-oxidants, which are compounds which help to mop up free radicals from the body. Anti-oxidants help in reducing cellular stress and inflammation.

The pulp contains a high volume of dietary fiber. Fiber helps regulate the digestive system and keep the gut healthy. This serves to control constipation. The American Heart Association has identified the value of fiber in

its role in reducing cholesterol, as well as, improving heart health.

Passion fruit, a tropical fruit has low glycemic index. That means it does not cause any alarming increase in blood sugar after consuming it. Therefore, it is safe for diabetics.

Some research suggests that a compound found in passion's fruit seed could improve a person's insulin sensitivity. This virtue is a great development for those who have diabetes.

Loaded with heart- healthy potassium and low sodium, there's no arguing that this is a powerful fruit to add to improve your heart health.

When eaten with seeds it gives a high volume of fiber which in turn can remove excess cholesterol from the blood vessels thereby reducing heart disease risk. In addition, since it is low in sodium it means that it will be beneficial in reducing blood pressure. 🌐





A ROYAL VARIETY PERFORMANCE

For their first concert of the 2020 season the Cayman National Choir & Orchestra will present A Royal Variety Performance, sponsored by Island Heritage, at the Harquail Theatre on Friday, March 13. Musical directors Sue Horrocks and Jonathan Taylor have arranged a musical program which brings the choir and orchestra together in a concert with a rousing royal theme.

The audience can expect to enjoy the pomp and circumstance of royal music and much more. Featuring music from

Handel and Walton to the royalty of the pop world, including Queen and the King himself, this is a concert that will stir the heart, lift the spirits and set the feet tapping. There will be something for everyone to enjoy!

The concert is at the Harquail Theatre for one night only at 7:30 pm on Friday 13 March. Doors open at 6: 30 pm and a cash bar, sponsored by Jacques Scott is provided. Tickets cost \$25/\$10 and are available from EventPro.ky or from choir and orchestra members, or from Abacus in Camana Bay. 🌐



WEEKLY WEATHER FORECAST

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
78°/72°	76°/72°	76°/75°	79°/77°	82°/79°	81°/79°	81°/78°
Partly sunny, showers around	Partly sunny, showers around	Winds gradually subsiding	Some sun returning, a shower	Sunshine and breezy	Mostly sunny	Partly sunny with a shower

OBITUARIES

Churchill's Funeral Home

We have been asked to announce the passing of Sariah Natalia Jelysa Stafford (Infant), who passed away on Tuesday, January 14, 2020. The late Sariah Natalia Jelysa Stafford will be repatriated to Trinidad & Tobago.

Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Mrs. Constance Green, AKA "Constance & Connie", who passed away on Monday, February 17, 2020. A Thanksgiving Service will be held at Cayman Islands Baptist Church, Pedro Castle Road, Grand Cayman on Saturday, February 29, 2020 at 2:00 p.m. Viewing: 12:30 – 1:45 p.m. Interment at: Eden Cemetery

Condolences can be registered at churchillsfuneralhome.com

MOMENTS OF INSPIRATION

FAITHFULNESS
Daniel 6:3

By now Daniel is an old man. He had lived in Babylon from a youth and served in various positions for a succession of Kings. Darius the Mead had recently ascended the throne. He appointed 3 presidents and 120 princes to oversee his affairs. Apparently suspecting dishonesty amongst his officials, and seeing Daniel's trustworthiness, he thought to place, "him over the whole realm."

To have an old Hebrew over then was just plain intolerable. Therefore, the presidents and princes conspired against him, and Daniel's record proved unblemished. He hadn't embezzled money nor took bribes. Finding no fault there, they now conspired to attack his faith. "We will never find any charge against him unless we find something against him as it relates to the law of his God."

Scientists revile our belief that God created all things. Some so-called Bible scholars scoff at our believing that Jesus Christ is our only hope of salvation. Let us remain ever faithful to God because He is faithful to us. 🌐



► The New York Stock Exchange has taken a big hit

Coronavirus spooks global markets

Global financial markets saw some of the sharpest falls in years on Monday after a rise in coronavirus cases renewed worries about economic slowdown. It has led to fears of a global recession possibly on the scale of the 2008 financial meltdown.

It had a huge impact on Wall Street which had a ripple effect on other markets. The Dow Jones Industrial Average, S&P 500, and Nasdaq all ended the day down by more than three percent. The Dow tumbled by 3.5 percent, more than 1,000 points, erasing its gains for the year.

There have been concerns about the coronavirus for months but worries about it approaching pandemic status have been building in recent days. At press time there were more than 80,000 cases of Covid-19 (the disease caused by the coronavirus strain) in around 30 countries with hundreds of deaths and the numbers are increasing daily. They posted their sharpest daily declines since 2018.

While most cases have been found in China, countries everywhere have reported surges in recent days, including Italy, Iran, and South Korea. Italy quarantined multiple towns and cancelled the Venice Carnival and several football events. And an outbreak on a cruise ship outside Japan has increased concerns, too.

Although the Caribbean stock markets have dipped significantly, the cruise ship business has been affected the

most. Major cruise operators like Royal Caribbean Cruises, Carnival Corporation and Norwegian Cruise Line Holdings declined at least nine percent.

China constitutes 7.6 percent of the global cruise industry and there has been mass cancellation of voyages in other parts of Asia.

While cruise business from China and Asia fell significantly, bookings for the broader business outside Asia has also softened recently thanks to travel restrictions to contain the spread of the contagion.

The World Health Organisation said it believes there's still time to contain the virus and that its epidemic peak may be declining in China, but other experts believe the virus has already spread widely and anticipate epidemics around the world. Either way, the threat is causing ripples across global stock markets and economies.

The UK's FTSE 100 share index closed 3.3 percent lower, the sharpest drop since January 2016.

In Italy, which has seen Europe's worst outbreak of the virus, Milan's stock market plunged nearly six percent.

In contrast, the price of gold, which is considered less risky, hit its highest level in seven years at one point.

About 77,000 people in China, where the virus emerged last year, have been infected and nearly 2,600 have died.

More than 2,000 cases have been confirmed globally and there have been



► Jeff Bezos lost \$4.8 billion in one day

more than 20 deaths. Italy reported three more deaths on Monday, raising the total there to six.

"There has been so much complacency in recent weeks from investors, despite clear signs that China's economy is facing a large hit and that supply chains around the world were being disrupted," said Russ Mould, investment director at AJ Bell.

"Markets initially wobbled in January, but had quickly bounced back, implying that investors didn't see the coronavirus as a serious threat to corporate earnings. They may now be reappraising the situation."

Firms such as Nike, Apple and Walt Disney, which do major business in China and rely on it to make goods, were some of the hardest hit, with shares down more than 4 percent. United-Health Group, Carnival Group, and American Airlines were among the stocks dragging markets down, all shedding at least 4 percent too.

Put another way, the world's 500 richest people lost a combined \$139 billion Monday. It's the biggest wealth drop for the group since the Bloomberg Billionaires Index began tracking that figure in October 2016.

Bernard Arnault, chairman of luxury-goods maker LVMH, and Amazon

founder Jeff Bezos led the declines, with each losing more than \$4.8 billion. Amancio Ortega, chief executive officer of Zara parent Inditex SA, tumbled \$4 billion, and the fortunes of everyone else in the top 10 slid by at least \$2.3 billion.

Travel companies also continued to suffer. In the UK, the biggest faller in the FTSE 100 was EasyJet, which sank 16.7 percent, while Tui and British Airways owner IAG were both down by more than 9 percent at the close.

Why is the market so spooked? Part of the answer is the ballooning number of confirmed cases in China and elsewhere. Investors worry this could mean a prolonged economic slowdown around the world.

Tech juggernaut Apple has already warned of a shortage of iPhones and other US companies are also starting to worry. If the impact is as serious as some investors suspect, it could derail the longest economic expansion in America's history.

That means there are political implications too. US President Donald Trump has made a roaring economy a central part of his re-election bid. Any wobbles could make his case for another four years more challenging.

The market moves come as companies continue to warn about the effect of the coronavirus on their supply chains and overall financial health.

Associated British Foods, which owns clothing retailer Primark, warned that there could be shortages of some lines if delays in factory production in China were prolonged because of virus-related shutdowns.

In China itself, officials have said most small businesses have yet to reopen after the authorities extended the Lunar New Year holiday to contain the spread of the virus.

Only about three out of 10 small and medium-sized enterprises were back to work, while transport problems were preventing workers from travelling and disrupting shipments of raw materials, said industry ministry spokesman Tian Yulong.

On a positive note, historically, stock markets have made full recoveries within six months in similar cases of respiratory outbreaks, albeit with less global impact. Predictions are that coronavirus will become a pandemic before it becomes under control. 🌐



► Coronavirus is a problem in Italy, in this image, Milan



► Everybody wearing face masks is the norm in China

CRUISE SHIP SCHEDULE — WEEK — MARCH 1 - 7



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Disney Magic	Rhapsody of the Seas	Independence of the Seas	Carnival Freedom	Carnival Legend	MSC Divina
	Carnival Conquest	MSC Seaside	Carnival Horizon	MSC Armonia	Celebrity Edge	Veendam
	Berlin	Disney Fantasy	Norwegian Breakaway	Nieuw Statendam		
			Explorer 2	Carnival Sunrise		
Total Passengers	Total Passengers	Total Passengers	Total Passengers	Total Passengers	Total Passengers	Total Passengers
0	4,882	10,575	14,057	11,147	5,042	5,629

LOVE SHOULDN'T HURT

Feeling afraid, trapped or silenced through physical, financial or emotional abuse is control...**not love.**

The Cayman Islands Crisis Centre offers services to help victims of domestic violence.

24 Hour Crisis Line - 943-2422

24/7 Safe Shelter - safe house for women and their children

Estella's Place - walk-in centre for all victims of domestic abuse

Aftercare Programme - for victims after leaving the shelter

If you are a victim of domestic violence, contact us now and find out how we can help.



CICC.ky
949 0366
info@cicc.ky



GLOBAL NEWS BRIEFS

Canada to pass euthanasia law

The Canadian government is introducing a law to make medically assisted death available to people who are not terminally ill. If passed, the bill will allow Canadians with degenerative illnesses like cerebral palsy to seek medically assisted death.

Health minister Patty Hajdu said the proposal will protect vulnerable people while giving Canadians autonomy. It was introduced in parliament on Monday and has cross-party support.

The legislation was precipitated by a 2019 Quebec Superior Court decision that struck down the requirement for patients to prove their natural death was "reasonably foreseeable" in order to seek to terminate their life.

Justice Christine Baudouin said the requirement infringed on the "life, liberty and security of the person" and was thus unconstitutional. She sided with the plaintiffs, Nicole Gladu, 74, and Jean Truchon, 51, in the high-profile case last autumn.

Both plaintiffs had degenerative illnesses that had worsened to the point that they had lost all their autonomy. They experienced persistent and irremediable suffering, their lawyer Jean-Pierre Ménard argued. Truchon had cerebral palsy, and Gladu had post-polio syndrome, and both wanted medical assistance to end their lives.



► Canada will soon pass a euthanasia law

However, advocates for people with disabilities, including the Council of Canadians with Disabilities, have said the court decision sent the message that "having a disability is a fate worse than death".

They urged the government to appeal the Quebec court ruling, which it declined to do. Prime Minister Justin Trudeau's Liberal government brought forward the assisted death bill on Monday.

It will create a two-track system for determining a person's eligibility. One track for people who are terminally ill, and one track for people who are not. Patients in both tracks must prove they are facing "intolerable" suffering.

The bill will explicitly exclude eligibility for individuals suffering solely from mental illness. The minority government will need the support of parliamentarians from other parties to pass the bill. 🌐

Philippines targets Indonesian tourists

The Philippines has set its sights on Indonesian travellers to boost its foreign tourist arrivals this year.

Despite the two countries' geographical proximity, which can be covered by a four-hour flight, the number of Indonesian tourists visiting the Philippines remains relatively low compared to that of other countries such as China, South Korea, the United States and other ASEAN countries, according to the Philippines' Department of Tourism.

Indonesia ranked 14th in the Philippines' foreign tourist visits, with 70,819 Indonesians visiting the Southeast Asian neighbour in 2019. The figure was also lower than the 76,000 booked in 2018. In contrast, 261,000 tourists from the Philippines visited Indonesia in 2019, a 20 per cent increase from 217,000 the year before.

Carla Zaldiva, the Philippines Department of Tourism's market development head for Indonesia, said the Philippines aims to welcome more than 80,000 Indonesian tourists in 2020. "For this year, we want to be more aggressive in our marketing campaign," Zaldiva said.



► The Philippines is courting Indonesian tourists

To introduce the Philippines to Indonesians, the Department of Tourism and travel agents will participate in Indonesian travel fairs such as the Astindo Travel Fair, which took place last week in Jakarta.

The growing middle-class segment in Indonesia and its increasing desire to travel to nearby countries is seen as a huge potential that the Philippines needs to tap more.

The Philippines wants to offer Indonesia its diving tourism outside of what Indonesians can find at home. Pilgrimage tourism is also something the Philippines can offer as a Catholic-majority country with many historical churches. 🌐

Hondurans love their smartphones

The Honduran mobile data segment generated 29.1 per cent of the total revenue in the telecoms and pay-tv market in 2019. It is forecast to become the largest revenue contributor by year's end. This will be mainly supported by the increasing adoption of smartphones and operators' investments in 4G-LTE network infrastructure.

The mobile communication market in Honduras closed 2019 with

a total 6.5 million mobile subscriptions.

Some 3.1 million of these subscribers used smartphones. Over the next five years, mobile operators in the country will add a combined two million smartphone subscriptions.

This will bring the country's total to 5.1 million by the end of 2024. Monthly data usage will more than double over the forecast period. 🌐



► Mobile phone owners in Honduras will soar



► Cuba's shortages mean long queues

Cuba shortages mean long lines

Cuba's shortages are so acute that there are long lines for gas, food and medicine.

It is a major issue everywhere with long and chaotic lines in Havana and other provincial cities. When products that are in shortage finally appear, long lines form so people can buy them in bulk. Brawls are constantly on the verge of breaking out and people harshly criticise both the government and hoarders.

Some stores have established limits on how much people can buy to prevent hoarding and reselling. However, corrupt sales assistants tell friends in advance, or resellers who give them a nice cut.

This isn't news in recent decades.

The only problem now is that this has become a recurring problem, due to the weak response from inefficient state-run companies, financial restrictions on imports and the US tightening down on its economic embargo.

The government has explained in official media channels that they have been forced to give priority to food, medicine and fuel, because ships carrying raw materials have been delayed due to pressure from the US.

As a result, shortages are hitting personal hygiene items. 🌐

Venezuelans starving over scarce food

One of every three people in Venezuela is struggling to find enough food to meet minimum nutrition requirements as the nation's severe economic contraction and political upheaval persists, according to a new study by the UN World Food Programme.

A nationwide survey based on data from 8,375 questionnaires reveals a startling picture of the large number of Venezuelans surviving off a diet consisting largely of tubers and beans as hyperinflation renders many salaries worthless.

A total of 9.3 million people – roughly a third of the population – are moderately or severely food insecure, said the study, which was conducted at the invitation of the Venezuelan government. Food insecurity is defined as an individual being unable to meet basic dietary needs.

The study describes food insecurity as a nationwide concern but even in more prosperous regions one in five people are estimated to be food insecure.

"The reality of this report shows the gravity of the social, economic and political crisis in our country," said Miguel Pizarro, a Venezuelan opposition leader.

Venezuela's president, Nicolás Maduro, has been largely reluctant to invite



► Venezuelans have little choice in grocery stores

international organisations to provide assessments of the nation's humanitarian ordeal, though the World Food Program said it was granted "full independence" and collected data throughout the country "without any impediment or obstruction".

There was no immediate response to the findings by Maduro's government.

The survey found that 74 per cent of families have adopted "food-related coping strategies", such as reducing the variety and quality of food they eat. Sixty per cent of households reported cutting portion sizes in meals, 33 per cent said they had accepted food as payment for work and 20 per cent reported selling family assets to cover basic needs. 🌐

Crime fighter backs girls to be searched

A British woman who was "forced" into a gang has called for police to use stop and search powers more often on girls and young women in order to "save them".

Lucy Martindale said she was threatened by men wanting her to hold weapons when she was a teenager in Brixton, south London, as she went between estates.

The 29-year-old believes increased police intervention would allow females to explain they were being groomed. "I think stop and search could save them," she said.

Martindale, who is director of anti-knife crime organisation Operation Shutdown, was nine when she witnessed the murder of her cousin who was stabbed in the head with a screwdriver.

She said when she was in her teens, she and other girls on her block were told they would be "knocked out, head-butted and violently attacked" if they did not help gang members.



► Lucy Martindale advocates police searching girls

"I went from estate to estate and boys would say to me - if they see a police van patrolling the area - 'here hold this because they are not going to stop you - they will stop us'," Martindale said.

While the use of stop and search on black youths and men has been controversial, she said she believed it was "done right, no-one can complain".

She said it would have helped women in situations such as hers. "You will get to the bottom of why she was carrying the drugs or weapons and that can hopefully save her from the grooming," she said. 🌐

Wilder makes excuses - but wants third fight

Deontay Wilder has confirmed that he will exercise his rematch clause for a summer trilogy fight with Tyson Fury.

The Bronze Bomber was convincingly beaten in seven rounds by the Brit on Saturday night in Las Vegas, but insists he was battling several factors which contributed to his crushing defeat.

The 34-year-old American, who lost his WBC title to the Gypsy King, has claimed that his legs were "weakened" by his 45-pound walk on outfit worn to honour Black History Month.

And should the rematch clause be exercised it will take place by the end of July.

Wilder is also considering ditching trainer Mark Breland who threw in the towel to stop the one-sided beating.

Wilder said: "The rematch is definitely going to happen. We're going to get it on. I want to get right back to it. I am upset with Mark for the simple fact that we've talked about this many times and it's not emotional.

"It is not an emotional thing, it's a principal thing. We've talked about this situation many, many years before this even happened. I said as a warrior, as a champion, as a leader, as a ruler, I want to go out on my shield.

Wilder also hit out at referee Kenny Bayless. He was unhappy with Bayless' failure to punish Fury with any sanctions for a series of punches that connected with the back of his head and ear. These blows caused the two-centimetre cut inside his ear that appeared to disorientate him for the rest of the fight. Fury did have a point deducted though for infringements.



► Deontay Wilder wanted to fight on

Wilder even claimed that Bayless had threatened to disqualify him for the same thing in a pre-fight briefing.

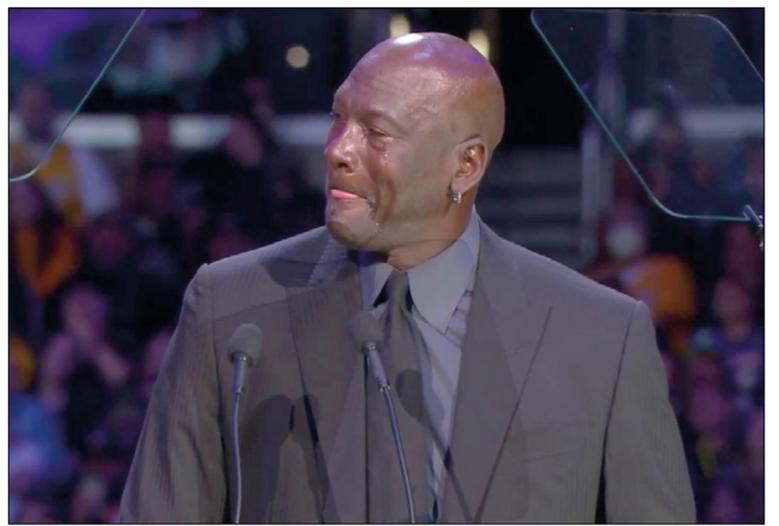
He said: "The referee told me specifically that if I hit him in the back of the head or hit him on the break, he'd disqualify me. But I guess that was only directed toward me, because he allowed Fury to do those things. That's the one thing that bothered me of everything."

On Wilder's now infamous ring-walk outfit, trainer Jay Deas said: "His legs didn't look great to me early on. I didn't think his legs look like they normally look.

"I know he came to the ring in the outfit, which was very heavy. I don't know if that had anything to do with it. Tyson's a lot of weight to be putting on you as well."

Wilder skipped his post-fight press conference to be taken to hospital to have his injuries seen to.

Speculation was that Wilder took Fury too lightly. Fury was in training camp for three months whereas Wilder stayed at home with his wife and kids to prepare. 📍



► Michael Jordan cried at Kobe's memorial

Kobe's legacy is seared in many hearts

The thousands of fans who poured into the Staples Centre to remember the lives of late NBA star Kobe Bryant, his daughter Gianna and seven others killed in a helicopter crash last month in an emotional ceremony, poured their hearts out.

It was a testament to the legendary Laker's outsize impact on Los Angeles, the basketball world and the culture at large. His wife, Vanessa, spoke publicly for the first time since her husband and 13-year-old daughter's death, fighting back tears when speaking about the

loss. She said: "Babe, you take care of our Gigi, and I got Noni, BB, and Coco. We are still the best team. We love and miss you, booboo and Gigi. May you both rest in peace and have fun in heaven until we meet again." Michael Jordan, who called Kobe his "little brother" openly wept during his eulogy. It was a magnificent send-off which included performances from Beyoncé, Alicia Keys and Christina Aguilera. The Lakers said proceeds from ticket sales will be donated to the Mamba and Mambacita Sports Foundation. 📍

Khabib's opponent promises to choke

One of the UFC fights of the year is still weeks away, but the protagonists are taunting each other already.

Tony Ferguson has a masterplan to beat Khabib Nurmagomedov - and it involves lots of D'arce chokes and elbows, according to his jiu-jitsu coach.

Eddie Bravo revealed some of Ferguson's tactics for the huge UFC 249 lightweight title fight in Brooklyn on April 18. "We've been preparing for Khabib for a long time, like for the Rafael Dos Anjos fight we were preparing for him," Bravo said. "But we are always preparing for the worst-case scenario - and Khabib is the worst-case scenario.

"He is probably the best ground and pound wrestler ever, right? This is the toughest challenge ever in MMA for 10th Planet, that's for sure."

Khabib is undefeated at 28-0, but just like the Russian champion, Ferguson (25-3) is riding a 12-fight win streak in the UFC.

"I'm just focusing on stuff that Khabib's never seen, because if I come at him with stuff he's seen, then that's not a good strategy," Bravo said. "I'm gonna pull him into some uncharted territory and that's what I've been doing with Tony. The thing with Khabib is he is undefeated, no doubt one of the best fighters probably of all time, but you gotta remember there are a couple of Khabib



► Khabib Nurmagomedov is unbeaten in 28 UFC fights

fights where you don't see the classic Khabib.

Khabib mauled former interim champion Dustin Poirier and former champ Conor McGregor on the ground during one-sided dominant displays in his last two fights.

"The advantage is that we know exactly where the fight is gonna be if Khabib is successful. There's the stand-up phase, the clinch, the fighting against the fence, the dragging, then there's the in-between the fence and dragging," Bravo said.

"We know where he wants to take the fight, and we'll set traps, all sorts of them.

We've been working on this for a while. Khabib has my respect a million percent, I mean that guy's insane, but Tony has so many goddamn weapons. He might have more weapons than anybody ever in the UFC. Khabib is not invincible.

Meanwhile, UFC middleweight champion Israel Adesanya has apologised for telling his opponent he would "crumble like the twin towers".

Adesanya made the remark during a UFC press conference call towards Yoel Romero, who he is set to fight in Las Vegas on March 7.

Adesanya said on his Instagram on Sunday: "I never made a joke about

people dying or made light of the tragic event that was 9/11. I was simply rambling, and my brain worked faster than my mouth in a moment to choose the wrong euphemism.

"You speak on the mic enough times and you're bound to miss the mark with some bars. I did on this one and for that I'm sorry. I'll be more careful in future with my words."

The remark was made in reference to the terrorist attack in 2001 on September 11 in which over 2,000 people were killed as Al-Qaeda-affiliated hijackers flew two planes into the World Trade Centre in New York City. 📍



► Tony Ferguson expects to beat Khabib

Campbell's action means suspension

Cricket West Indies has suspended allrounder John Campbell from bowling for an indefinite period after he was adjudged to have an illegal action.

The 26-year-old Test player was reported following the drawn match between Jamaican Scorpions and Trinidad and Tobago Red Force on January 9-12 during the first round of the West Indies Championship.

Jamaican Campbell finished with match figures of 1-54 from 19 overs in Tarouba but his right arm leg-break action is deemed to have exceeded the 15 degrees limit.

Scorpions teammate Pete Salmon was given a similar reprimand after his action was pulled up during his first-class debut during the victory over Guyana Jaguars on February 6-9.

Salmon claimed 8-110 at Providence Stadium, which included a seven-wicket haul in the second innings as the visitors stormed to a seven-run success.



► John Campbell's bowling action must be corrected

Campbell has played six Tests, six one-day internationals and two T20Is for the West Indies, while Salmon's senior career is only in its infancy.

Both players are unable to bowl in domestic competitions until their actions are deemed to be legal again.

Their returns will have to be signed off either by a report from Loughborough University in the UK or after independent analysis from another accredited testing centre. 📍

Jokic is NBA's most improved

Denver Nuggets big man Nikola Jokic struggled during the first portion of the season by his All-Star standards, but a new diet and workout plans are the reasons for his lost weight and subsequent improvement. He is probably the most improved player in the NBA right now.

Jokic said he dropped "around 20-25 pounds" as the season was happening because of the changes, which helped lead to his improved play. The 7ft tall centre's form at the start of the season was lamentable.

After making his first career All-Star Game last season, the 25-year-old Serbian was expected to lead the Nuggets in a daunting Western Conference race as a vaunting big man who can score on the blocks, hit from the outside, battle for boards and facilitate as a willing passer.

However, he averaged just 15.0 points in five October games and 15.8 points per night in 12 November contests. He scored single-digit points in three straight outings to end November.

Since then, Jokic has averaged 20.8 points in December, 23.4 points in Janu-



► Nikola Jokic's form has massively improved

ary and a head-turning 27.0 points during his first six games in February.

Denver are 38-17 and sitting in second place in the Western Conference behind only LeBron James and the Los Angeles Lakers. Jokic was an All-Star once again and is playing at a high level as the stretch run approaches.

If he maintains his current pace with a supporting cast led by Jamal Murray, Gary Harris and Michael Porter Jr, Denver may advance past the second round of the playoffs for the first time since the 2008-09 campaign and just the second time since the 1984-85 season. 📍

Haiti's Carnival Called Off as Cops and Soldiers Square off in Gun Battle

Haiti's annual Carnival, scheduled to be staged from yesterday until Wednesday, has been called off following violent clashes between the country's soldiers and police.

On what was to be day one of the celebration at the Champ de Mars, members of President Jovenel Moise's reconstituted Armed Forces of Haiti and off-duty members of the Haiti National Police and their supporters exchanged gunfire a short distance from the presidential palace.

Hours after the afternoon battle, government announced that the festival would be cancelled "in order to avoid the planned bloodshed".

Reports indicated that at least one person was fatally shot in the head and more than a dozen other people were wounded.

The deadly clash came during a protest that was organized by police officers demanding better pay and working conditions and demanding that authorities accept their effort to unionize.

During the unrest, a stand that was built for the festivities was destroyed by the protesters.

While the government says it cannot increase the officers' salaries, President Moise announced several other measures, including: doubling a monthly police debit card from \$51 to \$102 for 15,000 members of the police force; and the construction of a new police housing village with two-bedroom apartments that would be sold with a 25 to 30-year mortgage at 7.5 percent interest.

Haiti's Carnival was also cancelled last year due to unrest. [f](#)



Rihanna Calls for Unity and for Friends of People of Colour to "Pull Up", After Winning NAACP Award

Barbadian superstar Rihanna made a call for unity in a powerful speech on Saturday, after accepting the prestigious President's Award at the 51st NAACP Image Awards for her philanthropic efforts.

In a three-minute speech that earned her thunderous applause at Pasadena the Civic Centre Auditorium in California, the singer/ business mogul/ actress/philanthropist - who, in 2012, founded the Clara Lionel Foundation, a non-profit organization named after her grandparents that funds ground-breaking education and emergency preparedness and response programmes worldwide - insisted that people needed to be united to fix the world's problems.

Rihanna spoke of the importance of unifying communities and encouraged people of colour to tell friends of different races to "pull up".

"If there's anything I've learned, it's that we can only fix this world together. We can't do it divided. I cannot emphasize that enough. We can't let the de-sensitization seep in. The 'if it's your problem, then it's not mine'; 'it's a woman's problem'; 'it's a black people problem'; 'it's a poor people problem,'" she said.

Posing a question and asking for a show of hands from the audience, the

32-year-old global music and fashion icon continued: "How many of us in this room have colleagues and partners and friends from other races, sexes, religions? They want to break bread with you, right? They like you? Well then, this is their problem too."

"So when we're marching and protesting and posting about the Michael Brown Jr's and the Atiatiana Jeffersons of the world, tell your friends to pull up," she added, referring to an unarmed 18-year-old man who was fatally shot by a white policeman and a 28-year-old woman who was shot to death in her mother's Dallas home by a police officer.

Derrick Johnson, President and CEO of the NAACP, the US' oldest and largest nonpartisan civil rights organization, said in a statement that Rihanna had received the award for not only her "ground-breaking career as an artist and musician", but also for being a "stellar public servant".

"From her business achievements through Fenty, to her tremendous record as an activist and philanthropist, Rihanna epitomizes the type of character, grace, and devotion to justice that we seek to highlight in our President's Award," said Johnson who presented



► Rihanna after accepting her President's Award at the NAACP Image Awards on Saturday

Rihanna with the award at a live show aired on BET.

Alongside her musical achievements which include nine Grammy awards, Rihanna has added more credits to her burgeoning resume: executive producer, fashion designer, actress, business entrepreneur and philanthropist.

In becoming a recipient of the President's Award, she has joined the

ranks of other distinguished recipients, including American rapper, songwriter, producer, entrepreneur, and record executive Jay-Z; American politician and retired four-star general in the US Army Colin Powell who was the first African American to be appointed Secretary of State; and the late Muhammad Ali, the greatest boxer of all time, activist, and philanthropist. [f](#)

Barbados Government Exploring Possibility of Ferry System for Local and Regional Transportation

Government is presently exploring possibilities for investment to establish a ferry system to move people and cargo from coast to coast and throughout the island chain.

Minister of Maritime Affairs and the Blue Economy Kirk Humphrey recently shared his vision to move cargo from Oistins in Christ Church all the way to the north of the island, as he also spoke about his desire to see service expand even further.

"We have now an expression of interest out to encourage those who have the wherewithal to help us build out those jetties from the north all the way to the south and move cargo along the coastline, and also think bigger, and move between the islands," he said.

He added that Government had determined that there was need for a "nicely built and stabilized" ferry that could move great containers and people.

Humphrey noted that lessons learnt from the aftermath of past disasters indicated that getting food into the island chain was almost impossible.

"The Caribbean should not be in a position where it is waiting on someone to come and save us. That is why it is necessary to have the ferries," he said, making reference to the difficulties experienced in getting planes into Dominica after the passage of Hurricane Maria.

Minister Humphrey also pointed out that investing in ferries would also benefit the country, as the costs could be "recouped" in shipping, and assist with reducing export costs. [f](#)





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CROSSWORD

By THOMAS JOSEPH

- ACROSS**
- 42 Sign of sorrow
 - 1 Plankton form
 - 7 Airport area
 - 11 Candidate of 2000
 - 12 Skater's move
 - 13 Circulatory flow
 - 15 Goatee, e.g.
 - 16 Rating unit
 - 18 Puppy sound
 - 21 Map line
 - 22 You can bet on them
 - 24 Road-house
 - 25 Storage site
 - 26 "The Matrix" hero
 - 27 React to a joke
 - 29 Small seabird
 - 30 "Downton Abbey" countess
 - 31 Go-aheads
 - 32 Radio studio sign
 - 34 Series of links followed online
 - 40 Staff member
 - 41 Royal heir
- DOWN**
- 1 Apply ointment
 - 2 Under the weather
 - 3 In the past
 - 4 "What a shame!"
 - 5 Command
 - 6 Butte's kin
 - 7 Vegetable source
 - 8 Cut drastically
 - 9 Brewed drink
 - 10 Shade tree
 - 14 Check for fit
 - 16 Boom type
 - 17 Lively dance
 - 19 Like some jackets
 - 20 Jury members
 - 21 Equip
 - 22 Diner dessert
 - 23 Junior, to senior
 - 25 Entry form
 - 28 Produce seller
 - 29 Hot
 - 31 Explosive stuff
 - 33 Nile serpents
 - 34 Manx or Siamese
 - 35 Tall tale
 - 36 Writer Tarbell
 - 37 Stop
 - 38 Stunning serve
 - 39 Fellows

S	T	A	M	P		D	A	R	T	S
P	E	R	I	L		E	X	E	R	T
A	N	G	L	E		S	E	P	I	A
		E	A	S	E		S	O	Y	
I	C	E	S	T	O	R	M			
T	O	R	T		S	T	I	L	T	S
E	L	I	O	T		S	L	E	E	P
M	A	N	N	E	D		L	I	A	R
		E	M	I	S	S	A	R	Y	
N	A	G		P	E	A	T			
A	M	A	Z	E		L	O	B	E	S
S	I	L	A	S		A	N	I	M	E
A	D	A	P	T		D	E	B	U	T

Yesterday's answer

- 17 Lively dance
- 19 Like some jackets
- 20 Jury members
- 21 Equip
- 22 Diner dessert
- 23 Junior, to senior
- 25 Entry form
- 28 Produce seller
- 29 Hot
- 31 Explosive stuff
- 33 Nile serpents
- 34 Manx or Siamese
- 35 Tall tale
- 36 Writer Tarbell
- 37 Stop
- 38 Stunning serve
- 39 Fellows

1	2	3	4	5	6	7	8	9	10	
11							12			
13						14				
			15							
	16	17				18		19	20	
21						22			23	
24				25				26		
27			28					29		
	30							31		
				32		33				
34	35	36						37	38	39
40								41		
42								43		

1-15

SUDOKU

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Conceptis Sudoku

By Dave Green

	2							
		3		9				7
		5	2	6		3	8	
	8					9		
		1		8		4		
		9						3
	5	7		3	4	2		
4			1			6		
								7

Difficulty Level ★★★★★

11/23

Answer to previous puzzle

2	7	3	6	4	1	9	8	5
1	8	6	5	9	2	4	7	3
9	5	4	7	8	3	2	1	6
5	3	2	9	7	8	1	6	4
4	6	7	1	3	5	8	2	9
8	1	9	2	6	4	5	3	7
7	4	1	3	2	9	6	5	8
3	9	5	8	1	6	7	4	2
6	2	8	4	5	7	3	9	1

Difficulty Level ★★★

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Word Search

- Abby
- Abbot
- Babble
- Blubber
- Bobbin
- Bobble
- Bubble
- Cabbage
- Cobbler
- Cribbage
- Dabble
- Gabble
- Gibbon
- Hobble
- Hubbub
- Jabber
- Lobby
- Nibble
- Pebble
- Quibble
- Rabbit
- Ribbon
- Rubber
- Stubble
- Wobble

N	L	B	B	A	L	E	G	A	B	B	I	R	C	O
E	O	T	L	T	M	B	L	T	V	B	B	R	O	C
S	L	B	E	J	U	W	O	B	M	U	Y	E	B	E
C	D	B	B	B	A	B	E	B	B	B	R	R	B	L
R	D	I	B	I	B	B	S	L	B	I	U	V	L	B
M	E	U	C	A	R	R	B	O	B	B	N	E	E	B
Y	H	H	W	O	B	B	L	E	B	B	L	L	R	A
Y	F	S	T	U	B	B	L	E	R	B	E	E	W	G
B	H	G	E	Y	O	O	R	W	B	Y	L	P	T	E
B	E	E	G	E	B	L	H	O	N	B	D	C	L	R
H	L	P	A	B	B	B	H	O	B	S	A	B	A	R
E	B	P	B	B	I	H	B	I	I	B	B	A	Q	
R	B	H	B	A	N	B	U	B	L	U	B	B	E	R
A	O	T	A	G	I	Q	I	D	B	I	L	E	V	I
B	B	D	C	G	M	O	U	C	T	I	E	P	U	B

Find the listed words in the diagram. They run in all directions – forward, back, up, down and diagonally.

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CURTIS

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THE AMAZING SPIDER MAN

By Stan Lee

JUDGE PARKER

By Woody Wilson & Mike Manley



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