COVID-19
gov.ky/coronavirus

STAY
HOME
CAYMAN
SAVE LIVES

How to Use Your Mask

- You must wash your mask before you use it (in hot water if possible)

- Always wash your mask after you have been out in public places

- Do not share your mask

- Masks must cover your nose and mouth

The following ways have been documented as the **most effective measures** in reducing the spread of COVID-19:

- Practicing social distancing

- Practicing frequent hand washing techniques

- Covering your cough and sneeze

Fact: Reusable cloth masks can be used in public spaces to reduce the potential spread of some COVID-19 droplets during coughing or sneezing.

However, this MUST be accompanied with social distancing (keeping 6 feet away from others) and frequent hand-washing.

For more info on how to wear a mask and how to clean it properly please visit the website.

#StayingHomeisCaymankind

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CAYMAN ISLANDS GOVERNMENT