## Mobile Health& Wellness









Our Mobile Health & Wellness Check Units will make their way across Grand Cayman, from West Bay to East End, parking in different neighbourhoods daily. Locations and times will be released shortly. For schedule, location and appointments email health@redcross.org.ky or call Red Cross Health +1 (345) 547-0918

## Physical and Mental Health Check for children & adolescents ages 4-17

## What is involved in this health and wellness check?

**Health screening**: where a doctor or nurse will provide a basic health screening to check on the child's/ adlescent's physical health

**Mental health check**: where a mental health professional will provide a basic mental health screening to check on the child's ado-

lescent's mental health. In light of the COVID-19 crisis and lockdown measures we feel strongly that this is a necessary component.

## Who can access this service?

Any school age child 4-17 who resides in the Cayman Islands.

**After the check:** Individuals and/or families that can benefit from additional support services will be referred to the appropriate providers following the check.























