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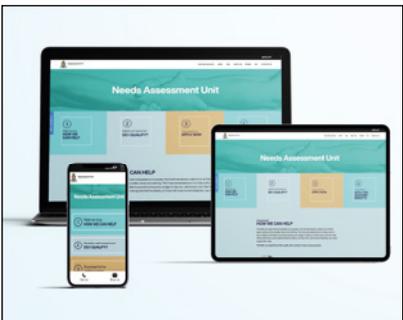
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NAU Goes Digital

FORMER PREMIER AMONG NEW CAYMAN QCs



See story on pages 8-9 >>

Artwork Gifted to Cayman National Cultural Foundation

A crate containing three historical paintings, donated to the Cayman National Cultural Foundation (CNCF), was opened at the Harquail Theatre on Saturday, 21 August 2021.

Flown from London, the artwork by artist Gladwyn K. Bush, better known as Miss Lassie, was gifted by American couple Lyle Lawson and Gordon Jaynes. Bought from the artist more than 20 years ago, the intent was always to have the paintings returned back to the Cayman Islands.

Minister for Culture and Heritage, Hon. Bernie Bush, CNCF's Artistic Director Henry Muttoo, CNCF Board Chairman Martyn Bould, opened the

special consignment, in the company of the Ministry's Chief Officer, Teresa Echenique.

Simeon and Jesus in the Synagogue (oil on glass), The History of Cayman, and Let There Be Light (oil on canvas) now form part of the National Collection and are stored in a temperature-controlled room.

"I want to take this opportunity to give thanks to all concerned for the safe arrival and return home of what can only be described as three magnificent pieces of local art," said the Mr. Bush.



► Minister for Culture and Heritage, Hon. Bernie Bush, Ministry Chief Officer Teresa Echenique, CNCF Board Chairman Martyn Bould and CNCF Artistic Director Henry Muttoo with Simeon and Jesus in The Synagogue by Miss Lassie

SEE **ARTWORK GIFTED TO CNCF**, Page 10

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Stipends will be tapered

The PACT Government reiterates its plans to continue the COVID-19 tourism worker stipend until it is no longer needed as addressed in the Government Strategic Policy Statement and iterated many times by the Premier Hon. G. Wayne Panton.

Mr. Panton, in addressing remarks made by Tourism Minister Hon. Kenneth Bryan on a Monday morning radio talk show, said that the Minister had gotten caught up in the moment of being on the radio and fielding questions from callers.

“Our Minister of Tourism is doing a great job and taking care of our people within the industry,” said Mr. Panton. “His indication that the stipend was to be reduced to incentivize people to get jobs was a mis-step. He was seeking to express his desire to both support tourism workers and motivate them to seek ways to help themselves. He is a human being who like all of us will occasionally be a little less than perfect.”

Mr. Panton pointed to his comments made during his winding up speech after the Strategic Policy Statement was presented to Parliament in July.

“Our aim with the current COVID-19 tourism worker stipend is to continue aid until it is no longer needed. And our intention is that the tourism industry will be back up and running again in time for our traditional high season in November – which is when we plan to taper the stipend payments – with the idea being that displaced Caymanians will be back at work at that time doing what they love and taking advantage of those opportunities.”



► Premier Hon. G. Wayne Panton

Mr. Panton said that the PACT Government has every intention of ensuring that those in the tourism industry are taken care of until the industry gets back on its feet but confirms that Government will be tapering off the stipend payments as the industry re-grows.

“This PACT Government has done more to promote and protect the interests of the people of this country in four months than the previous administration did in the last four years,” said Mr. Panton. “Just as we are monitoring the uptake of the COVID vaccine, we are also monitoring the hiring and placement of tourism workers in other jobs. At some point the stipend will no longer be needed. Until then, those in the tourism sector who are without work can depend on the Government to continue providing support.”

SUPPORT OUR COFFEE SHOPS!

With Cayman’s borders closed now for over a year and without the vitally important business from tourists, our brilliant coffee shops are feeling the pinch like never before, so we are on a mission to remind our readers of all the excellent coffee shops dotted around Grand Cayman that need your support!

Cozy Oasis that eases the Daily Grind

By Lindsey Turnbull

We begin our new series in the heart of George Town at the Daily Grind, situated on the corner of Dr. Roy’s Drive and Edward Street. An independent coffee shop that has been oiling the wheels of George Town commerce through its quality coffee for a quarter of a century, Daily Grind offers its customers a friendly face and space. Established in 1996, it is the longest running coffee shop in the Cayman Islands and has stayed true to its original premise from the get go. That is to serve excellent coffee all within an immaculate, amiable environment where everyone feels welcome and where the customers’ experience is priority.

It’s a great spot to enjoy your favorite latte or espresso, banana cake or croissant and to catch up on the day’s news (via the available free copies of the Caymanian Times, of course!). It’s a go-to spot for George Town’s business community, who are looking for a grab-and-go breakfast or lunch that they know will be tasty and fresh. Located on the 2nd floor in the heart of Cayman’s capital, the shop also gives you a first-class view of the comings and goings in George Town, all in air conditioned serenity.

Daily Grind uses Lavazza coffee beans which offer a smooth rich flavored coffee and expertly pull shots on their Italian San Giorgio espresso machine. Coffees are reasonably priced: our yardstick is a 12oz latte at CI\$4.50 and CI\$4.95 for a 16oz and they don’t charge extra for non-dairy milks (almond and coconut



on offer). Their skilled Barista can fill almost any special request including Dirty Chai, Flat white, London Fog, Dry Cappuccino, Cubano and for the little ones, Babyccino. A variety of flavorings are available for those so inclined, including Turmeric, Caramel, white chocolate and Irish cream, begging the question “one pump or two?” To cool you off on these hot summer days, they have an excellent selection of iced drinks, including reasonably priced iced coffee, iced latte, iced mocha and frappe. You could also try their iced passion tea lemonade which sounds delightful and their fruit smoothies including “Feel the beet” and “Green clean”. Their baked to order service provides “straight out of the oven” goodies including their “ahh-mazing” Cinnamon rolls and Cream puffs which have gained Island-wide popularity.

Wednesdays are definitely the best days to stock up on your Daily Grind coffee as you can take advantage of their buy one, get one free coffee (BOGO) special on that day only.

Rediscover the Daily Grind and you will be coming back time and time again.



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Water Authority - Cayman



Caymanian Times

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NAU Is In Our District

Friday, 3 September

East End
Civic Centre
9 am - 11:30 am

North Side
Public Library
1 pm - 3:30pm

Friday, 10 September

Bodden Town
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10 am - 1 pm

Friday, 17 September

West Bay
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10 am - 1 pm



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BRITCAY
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Florida infectious disease expert tells Cayman “get vaccinated”



► Jarelys Hernandez-Jimenez, MD

By Lindsey Turnbull

As the United States and, in particular, Florida sees the impact from a surge in new infections from the Delta variant of Covid-19, Jarelys Hernandez-Jimenez, MD, a board certified Internal Medicine Physician, and an Infectious Disease Physician at Cleveland Clinic Florida, urged people in the Cayman Islands to get vaccinated to protect themselves, their children and their community and to keep ICU beds open, at a time when reports indicate that 95 per cent of such beds are in use in Florida.

“We have worldwide data supporting how safe and efficacious these vaccines are,” she confirmed. “You are significantly more likely to get infected and injured from this infection than from receiving the vaccine. The vaccine protects you, your children, and your community. It will help keep hospital and ICU bed opens for everyone.”



Dr Hernandez-Jimenez earned her medical degree at San Juan Bautista School of Medicine in Puerto Rico and completed her Internal Medicine residency at the University of Florida in Jacksonville, and her fellowship in Infectious Disease & International Medicine at the University of South Florida in Tampa.

Vaccinations on the increase

Since the Pfizer vaccine had recently obtained full FDA approval, she said that they were now seeing a big increase in the numbers of people wanting to get vaccinated.

SEE CAYMAN “GET VACCINATED”, Page 5

COVID-19 Vaccine Schedule – AUGUST – SEPTEMBER 2021^(v4)

The COVID-19 vaccine is available to ALL persons 12 years and over.

PLEASE REMEMBER TO BRING YOUR OWN FACE MASK



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	25	26	27	28
	ORIA 9am – 12pm 1:30 – 4pm	ORIA 9am – 12pm 1:30 – 4pm	SAVANNAH MLA OFFICE 4 – 7pm	CAMANA BAY 11am – 3pm 4:30 – 7pm	ORIA 9am – 12pm 1:30 – 4pm
30	31	1	2	3	4
Clinic Closed	CAMANA BAY 10am – 2pm 4:00 – 7:30pm	CAMANA BAY 10am – 2pm 4:00 – 7:30pm	PROSPECT COMMUNITY OFFICE 4 – 7pm	CAMANA BAY 11am – 3pm 4:30 – 7pm	CAMANA BAY 10am – 2pm 4:00 – 7:30pm
6	7	8	9	10	11
Clinic Closed	CAMANA BAY 10am – 2pm 4:00 – 7:30pm	CAMANA BAY 10am – 2pm 4:00 – 7:30pm	WEST BAY TOWN HALL 4 – 7pm	CAMANA BAY 11am – 3pm 4:30 – 7pm	CAMANA BAY 10am – 2pm 4:00 – 7:30pm
13	14	15	16	17	18
Clinic Closed	CAMANA BAY 10am – 2pm 4:00 – 7:30pm	CAMANA BAY 10am – 2pm 4:00 – 7:30pm	SAVANNAH MLA OFFICE 4 – 7pm	CAMANA BAY 11am – 3pm 4:30 – 7pm	CAMANA BAY 10am – 2pm 4:00 – 7:30pm
20	21	22	23	24	25
Clinic Closed	CAMANA BAY 10am – 2pm 4:00 – 7:30pm	CAMANA BAY 10am – 2pm 4:00 – 7:30pm	PROSPECT COMMUNITY OFFICE 4 – 7pm	CAMANA BAY 11am – 3pm 4:30 – 7pm	CAMANA BAY 10am – 2pm 4:00 – 7:30pm

COVID-19 VACCINE CLINIC LOCATIONS

- ORIA - OWEN ROBERTS INTERNATIONAL AIRPORT
- CAMANA BAY (FORMER CAYMAN MAC LOCATION)
- DISTRICTS – AS NOTED ON THE SCHEDULE

When receiving your 2nd dose, you MUST also bring along your vaccination card reflecting your 1st dose.

(Do NOT laminate your card)

The date on your vaccination card for the 2nd dose is the earliest that is recommended.

Parental consent required for anyone 12 – 17 years old

All persons must present photo identification showing date of birth.

Facemask required – Please bring your own.

Most up to date schedule will be on www.hsa.ky

August v4



Florida infectious disease expert tells Cayman “get vaccinated”

CONTINUED FROM Page 4

“Many people have been hesitant about getting vaccinated for Covid-19 because it was initially authorised for emergency use and was not fully approved by the FDA,” she advised. “Now that the Pfizer vaccine has been FDA approved, we are seeing a substantial increase in the number of people getting their first dose of the Covid-19 vaccine compared to mid-July. Given the present prevalence of the Delta variant, which is hyper-transmissible and deadly, more individuals have made the decision to get vaccinated.”

Dangerous Delta

The Delta variant was causing more cases of critical illness and death in young adults, children, and adolescents, she observed. As a result, Covid-19 related hospitalisations in the state of Florida had surpassed previous records due to this variant.

Dr Hernandez-Jimenez acknowledged that the Delta variant could infect vaccinated people, which is what the medical profession called “breakthrough cases.”

“The Delta variant, however, is notorious for causing more severe illness and death in unvaccinated people. For instance, in our hospital system, 90 per cent of admit-

ted Covid-19 patients are unvaccinated and virtually 100 per cent of the patients requiring higher levels of care and life supportive measures in the ICU are unvaccinated,” she stated.

Covid-19 vaccines are safe and they work, she confirmed, citing studies which suggested that the vaccine efficacy (the protection against hospitalisation and critical/lethal illness) against the Delta variant ranged approximately between 60 to 80 per cent.

“This is significant,” Dr Hernandez-Jimenez said, “especially for vulnerable patients like the elderly, obese, immunocompromised, and those who live with other chronic conditions. Because unvaccinated individuals do not have this extra protection, they are more susceptible to critical and lethal illness, which can lead to a need for intubation and mechanical ventilation (which in multiple instances result in collapsed lungs from the high oxygen pressure they need for proper oxygenation), thrombosis, dialysis, among other dire medical issues.”

Vaccination was, without a doubt, the absolute best resource we have to survive this detrimental malady, the doctor said.

Annual Marketing Conference to Explore ‘Reimagining Resilience’

The Cayman Islands Marketing Professionals Association (CIMPA)’s annual marketing conference will be held this Friday, 3rd September, at the Kimpton Seafire Resort & Spa.

The conference will bring together Cayman’s marketing community for in-person networking and will feature virtual presentations from a host of internationally recognised speakers. Inspired by the curiosity, fire, and heritage that drives some of the most successful brands, this year’s conference will explore the theme “Reimagining Resilience” and will focus on legacy brands that have cemented their place in the market and how up and coming brands can learn from their journeys and best practices.

“If we’ve learned anything these last two years, it’s that brands have to set themselves apart through strong positioning and a uniquely creative mindset that activates engagement and genuine human connection to thrive.” Julian Foster, CIMPA Chair, said.

Made up of virtual speaker sessions, a fireside chat, networking opportunities, and interactive experiences, the growing annual conference is



► Ron Johnson of Blueprint Creative will host a workshop on defending and growing your brand during a crisis

the flagship event on the marketing community calendar.

The conference is designed to provide local marketers with the tools they need to stay up to date with the latest trends and marketing strategies in the current environment. The speaker line-up has been carefully curated to provide local marketers with the best insights and ideas from experts and innovators across a broad spectrum of industries, from digital marketing and crisis communications to entrepreneurship and creative design.

Speakers include Emil Asmussen, Global Creative Director at Copenhagen-based UNIT9, Marc Babin of Anyline

Digital in Vienna, Bertie Mills of Virtual Umbrella in the UK, Samantha Tenus of Reprise Digital, Canada, and Ron Johnson, Co-Founder of Blueprint Creative in Barbados. The day will end with a fireside chat with Elizabeth Chambers, hosted by Vicki Wheaton, who will be sharing her own story of her brand, BIRD Bakery’s, journey from small bake shop to award winning bakery.

Tickets are available for purchase online now at www.cimpa.ky. For further information, visit [www.cimpa.ky](mailto:events@cimpa.ky) or email events@cimpa.ky.



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Opposition slam Government's stipend reduction "hoax"

Opposition Leader Roy McTaggart accused the Government of appearing to commit what he called a "cruel hoax" by suggesting that they would be halving the tourism stipend of \$1,500 down to just \$750 per month in a bid to encourage displaced tourism workers to go back to work and not continue to rely on Government pay outs when tourism returns later this year.

Mr. McTaggart said that Tourism Minister Kenneth Bryant revealed on a radio talk show that the Government's plan to cut the tourism stipend from \$1,500 per month to \$750 per month starting in November was a 'scare tactic' on his part to try to get displaced tourism workers to start looking for jobs.

"In other words, he and the PACT Government were playing games with the public," Mr. McTaggart fumed, adding that the tourism minister acknowledged he had had to make an about turn because of the political negativity linked with such a reduction.

Mr. McTaggart called this an "incredulous admission" from him.

"The Minister and his government have seemingly committed a cruel hoax on Caymanians who found themselves needing assistance during a global pandemic through no fault of their own," he stated. "No different to the many hundreds of Caymanians who received other forms of Covid-19 related assistance from the government, including access to free quarantine facilities."

Mr. McTaggart said the Government's announcement of their intended cut to the tourism stipend had caused many Caymanian stipend recipients unnecessary added stress and concern as to how they would manage their financial affairs after October, in the run up to the Christmas holidays.

"I know because my colleagues and I in the Opposition heard their valid concerns first-hand. I suspect that Minister Bryan and his PACT colleagues heard from them as well. And so, as the Minister has confessed, the political negativity from it forced his hand," he stated.

He went on to say that he felt the tourism minister was attempting to make people believe the Government never really intended to cut the stipend.

"It was a mere 'trick' to get stipend recipients, who he thought would refuse to work once tourism returned, to find work. Now, we in the Opposition have greater faith in our people than that. We know that if work is available, then the vast majority of displaced tourism workers would prefer to be employed. We also know that the \$1,500 stipend is small compared to what most of our displaced tourism workers, including tour operators and taxi drivers, earned monthly from tourism."

Mr. McTaggart said the Government had frequently stated its intention to reduce the tourism stipend to \$750 starting in November and this was mentioned on several occasions and reported in the press.

"It would therefore appear, given Minister Bryan's admission, that the Govern-



► Opposition Leader Roy McTaggart

ment went very far in deceiving the public," he said.

Mr. McTaggart felt the tourism minister and Government as a whole should be ashamed for carrying out their "cruel hoax" on the Caymanian public, especially on those unfortunate Caymanians who were unemployed through no fault of their own.

Mr. McTaggart said he had implored Government to not cut the stipend amount without the country being open to tourism and tourism establishments back in business providing full employment for people.

"We knew that tourism would not return in full by October, and the stipend would still be needed for several months thereafter. In fact, given that tourism will not return in any meaningful way anytime soon, the Government should increase stipend to \$2,000 as we also suggested and requested," he confirmed.

He asked for an apology from the Government for their "cruel hoax" and to use the upcoming finance committee meeting to increase the tourism stipend to \$2,000 per month.

LGBTQ Foundation supports Cayman's youth

Recognising the need to provide Cayman's young people with a safe and supportive environment in which to discuss any issues they may have, the Cayman LGBTQ Foundation participated in Cayman International School's recent Back to School BBQ and Information Bonanza, holding a booth where young people could get information on how the Foundation can assist them.

The Cayman LGBTQ Foundation's President and Founder, Noel Cayasso-Smith, confirmed the organisation was very happy to take part in the event.

"It is important for young people to know that we are here for them should they need help in LGBTQ matters. Dis-

crimination and stigma is incredibly hurtful at any age but it cuts far more deeply with young people who are in the process of understanding who they are without the emotional maturity of an adult that is necessary to deal with that process," he advised. "As a Foundation, we are committed to ensuring that any young person who needs our help can reach out to us."

Mr Cayasso-Smith said that he was heartened to find parents also reaching out to the Foundation in a bid to finding out what more they could do to support their young people.

"The mission of the LGBTQ Foundation is to help people of all genders in the Cay-



► Left to right: Ms. Kemorin Wiggan, Executive Assistant; Mr. Mark Magliocco Marketing Assistant; and Mr Noel Cayasso-Smith, Founder and President of Cayman LGBTQ Foundation

man community by a process of education, so we were particularly pleased to work with these supportive parents," he confirmed.

Cayman International School Director, Jim Urquhart said:

"We are very pleased that the Cayman LGBTQ Foundation attended and participated in the CIS Welcome Back BBQ & Information Bazaar. Their message of achieving equality is a great message for diversity, equity, and inclusion in the Cayman Islands and beyond. This message certainly also speaks to our school's community principles of kindness, partnership, sustainability, and good intent. We look forward to an ongoing partnership

in support and understanding of diversity, equity, inclusion and justice."

Mr Cayasso-Smith said he was especially grateful to Cayman International School for the support it had shown the Foundation and that the school had recognised the fact that young people needed support in LGBTQ matters.

"The staff at CIS have shown great sensitivity and empathy for their students in inviting us into the school and it gives us hope that more educators will show the same understanding in the future," he said. "Young people are particularly vulnerable to discrimination and we want them to know we are here for them, whenever they may need us."

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Private vehicles not allowed at airport terminal

As from 30th August 2021, only authorised public transportation such as taxis and pre-booked buses will be permitted to drop off or pick up passengers at curbside in front of George Town's Owen Roberts International Airport main terminal. The announcement was made by the Cayman Islands Airports Authority, which stated that the changes were being made so that Cayman complies with new local and international airport land side security requirements.

Changes in the flow of traffic at the airport were necessary in order to comply with international civil aviation regulatory requirements which specify that unknown, or unvetted, vehicles are not permitted to be within 30 metres of any airport terminal building.

This means that all other vehicles (such as the general public dropping off at or collecting people from the airport) will be routed to the short-term or long-term parking lots where the standard parking rates will apply, and which will come into effect in October 2021. For the month of September, the standard parking rates will be waived. A drop-off zone in the short-term parking lot has been allocated for people dropping off departing passengers and drivers who are picking up arriving passengers must also park in the short-term parking lot. Parking will be free for up to five minutes after which time the standard parking rates will apply from October.

If people have mobility issues, there are handicapped parking spaces allocated in the short-term parking lot, but a parking permit is needed to park in the handicapped parking spaces. The CIAA also advised that porters are available to help people with their luggage, or people can use the airport luggage carts to carry their luggage to the terminal at no cost to them. Airport customer service personnel will also be on hand to provide umbrellas to assist passengers if it is raining, they added.

Changes in traffic flows have been put in place in the United Kingdom and in some overseas territories to reduce risk and improve airport security, the CIAA said.

Q: Why were these changes to vehicular traffic flows entering and exiting ORIA implemented?

A: As airport security continues to evolve globally, the Cayman Islands Airports Authority is committed to mitigating risk and providing an excellent airport experience. These changes are a necessity in order to comply with International Civil Aviation regulatory requirements that specify that unknown, or "unvetted", vehicles are not permitted to be within 30 meters of any Airport terminal building.

Q: Why are only 'authorised' vehicles permitted curbside access?

A: Authorised vehicles include taxis, pre-booked bus operators and limousines, which are considered "vetted" vehicles, having gone through a rigorous airport and public transport screening and licensing process, whereas private vehicles are considered "unvetted" vehicles. Only authorised vehicles are permitted curbside access in front of the terminal building as, with this new Airport Landside Security

requirement, unvetted vehicles are not permitted to be within 30 meters of the Airport terminal.

Q: Where should persons with reduced mobility park?

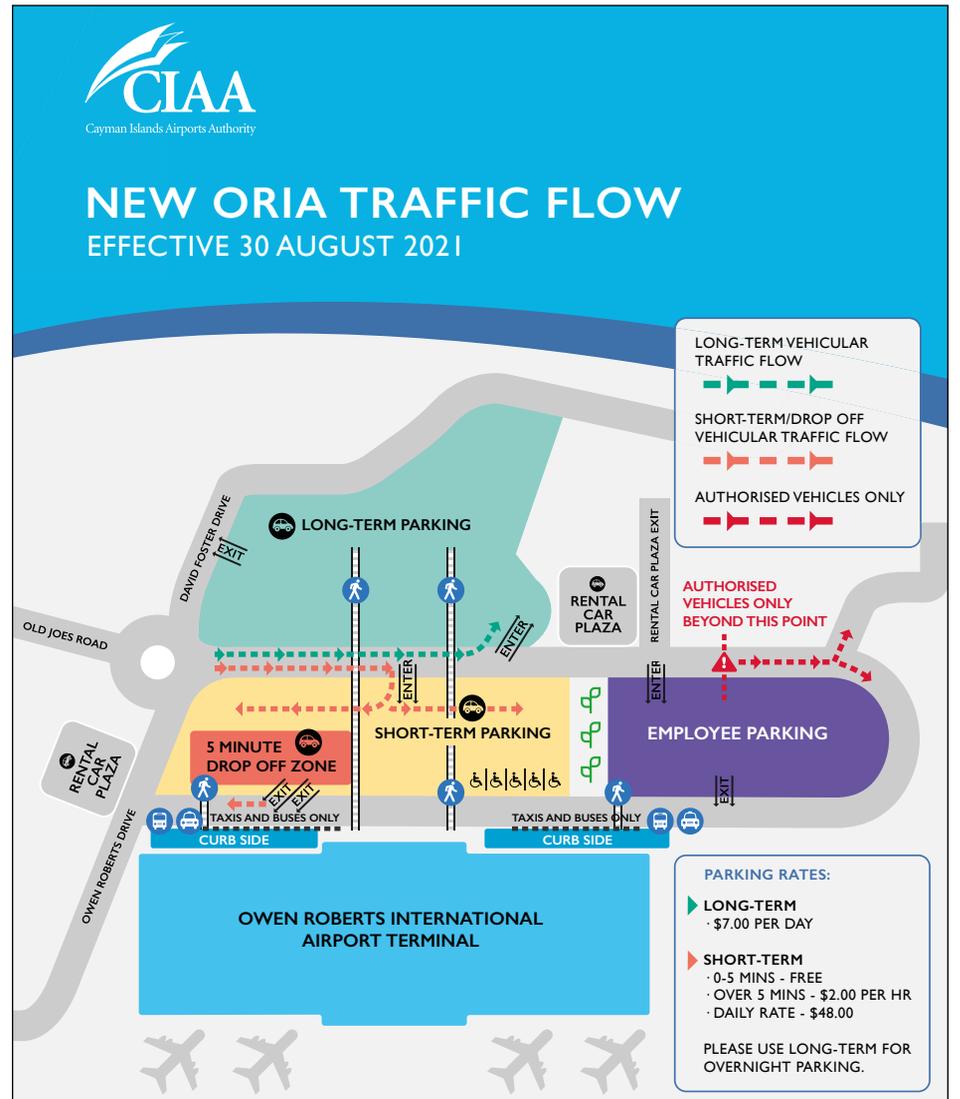
A: Persons with reduced mobility may park in the 'handicapped parking' spaces allocated in the short-term parking lot. A parking permit is required to park in the handicapped parking spaces. Additionally, assistance will be provided for passengers with reduced mobility through the use of the airlines' wheelchair service and an electric golf cart operated by Airport Customer Service personnel.

Q: What is the purpose of the five-minute drop zone in short-term parking?

A: Prior to this new Airport Landside Security requirement, persons dropping off departing passengers curbside were not permitted to park and wait. The five-minute drop zone in the short-term parking lot provides a safer alternative for dropping off departing passengers and ensures a more consistent flow of traffic. Parking will be free for up to five minutes after which time the standard parking rates will apply.

Q: How will departing passengers be assisted in the short-term and long-term parking lots with their luggage and in inclement weather conditions?

A: Porters will be available to assist passengers with their luggage, or passengers may use the airport luggage carts to carry their luggage to terminal at no cost to them. Airport Customer Service personnel will provide umbrellas to assist passengers in inclement weather conditions.



► Drivers entering and exiting Owen Roberts International Airport will experience changes to vehicular traffic flows starting 30 August 2021

Q: Once you have entered the parking lots and pulled a ticket, how do you pay for your parking?

A: Drop-off is free if it is within the first five minutes. If customers decide to stay longer, they may pay for their parking ticket using a debit or credit card at the park-

ing pay stations located at the exits of both the short-term and long-term parking lots. If they prefer to pay by cash, they may pay one of the mobile cashiers directly as they exit. Additionally, they may also pay for their parking inside the terminal building at one of the automated pay stations.

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FORMER PREMIER ALDEN MCLAUGHLIN AMONG NEW CAYMAN QCs

By Staff Writer

Congratulations are in order for former Premier Alden McLaughlin and four other prominent figures in Cayman's legal fraternity who have been elevated to Queen's Counsel (QC).

In addition to Mr McLaughlin, the other other 'Silks' as they are referred to in legal terminology are Reshma Sharma, Solicitor General and Chief Officer, Portfolio of Legal Affairs, Mac Webster Imrie, consultant at Maples and Calder, Rachael Reynolds, global senior partner with Ogier, and Collette Ann Wilkins, partner at Walkers.

The formal ceremony admitting the five new QCs to the Inner Bar of the Grand Court of the Cayman Islands takes place this Friday, 3rd September at 2:30 pm.

It will be presided over by Hon. Chief Justice Anthony Smellie, sitting with other judges of the Grand Court.

An official government announcement on Tuesday said the legal documents formalising the appointments were signed by HE Governor Martyn Roper on August 5th on the recommendation of the Honourable Chief Justice the Hon. Anthony Smellie.

Commenting on the new appointments, Chief Justice Smellie remarked that this comes at the end of an intensive process of consultation and vetting which started in January with input from himself and his colleagues along with the office of the UK Secretary of State for Foreign and Commonwealth Affairs.

He also said that these latest appointments, coming more than four years since the last inductions in February 2017, were made having regard to the needs of the jurisdiction, as prior holders re-locate, retire, or channel their service into the local judiciary.

"QCs are public officers in the sense that they are available to serve wherever there is a need for the special ability and seniority implied in their appointments," the Chief Justice said, adding: "These appointments are a responsibility that my fellow judges and I take very seriously."

Justice Smellie also explained that in managing the system of appointing QCs, they have been "have been able to maintain a stable pool of QCs relative to the size of the profession and local population."

He said that achieving this balance was in the public's interest as it ensured that "homegrown" talent is recognized and made available to meet local needs.

While the guidelines for local QC appointments closely mirror those followed in the UK, the Chief Justice pointed out that in Cayman it's more stringent in that eligibility is based on years of experience. UK candidates must have a minimum of 10 years' experience since admission to the bar. This compares to 15 years for Cayman and other Overseas Territories.

The rules also specify that at any given time the number of new appointees should be restricted to approximately 10% of the members of the practising Bar. The Chief Justice confirmed that he and his colleagues are committed to the ongoing review of the needs of the jurisdiction for the making of further timely recommendations for appointment.

The following is a summary of the achievements of this latest group of appointees:

Alden McNee McLaughlin, Jr., MBE QC

Former Premier of the Cayman Islands Alden McNee McLaughlin, Jr., who while still serving as a Member of Parliament intends to resume practice as an attorney-at-law, holds a 1988 Bachelor of Laws honours degree from the University of Liverpool, UK, and a professional practice certificate from the Cayman Islands Law School. He was admitted to the bar in 1988 and was soon appointed an associate at the firm of Charles Adams & Company. The firm thrived and he became a partner in 1993 (the firm by then having expanded to become Charles Adams, Ritchie and Duckworth), Mr. McLaughlin undertook a wide array of work, including family law; succession, conveyancing, and corporate law; land law disputes; immigration, labour and planning tribunal matters; traffic and criminal matters, and civil litigation.

Court appearances were his métier, Mr. McLaughlin said, and between 1988 and 2000 he appeared regularly before many tribunals and in all the courts in Cayman in a wide range of matters, during which time he instructed many Queen's Counsel, including such notable barristers as Ramon Alberga QC and Pierre Lamontagne QC. More than a dozen of the cases in which he appeared before the Grand Court and the Court of Appeal are reported in the Cayman Islands Law Reports.

During this period, also, Mr. McLaughlin served as president of the Caymanian Bar Association and as a member of the Legal Advisory Council. He also served as a member of the Grand Court Rules Committee.

Retiring from practice in 2005 following his election as a Cabinet minister, Mr. McLaughlin is now serving his sixth consecutive term as an elected representative, which included three terms as a member of Cabinet and two terms as Premier.

Over the span of those 20+ years, Mr. McLaughlin's legal training, knowledge and experience were put to considerable use in a variety of ways: drafting and construction of legislation and agreements; advocacy for constitutional advances for the Cayman Islands, notably resulting in the Cayman Islands Constitution Order 2009 and the bill of rights provisions; and in other local and international negotiations. In 2016, Mr. McLaughlin was the lead on further constitutional reform for the Cayman Islands, securing several innovative concessions for the Islands.

Mr. McLaughlin was similarly instrumental in piloting through Cabinet and Parliament an array of other complex legislation, including the more recent Legal Services Act 2020 and the Defence Act 2020, both involving very intense debate.

As Premier, Mr. McLaughlin's leadership in overseas delegations included discussions and negotiations with CARICOM, the UK Government, the EU Commission, and representatives of many EU countries in Brussels, Paris, Berlin, Washington DC, and New York.

These discussions and negotiations spanned the range of matters significant to the Cayman Islands in several critical areas, from advocacy for Cayman's financial regulatory regime, to human rights obligations, and to privacy and data protection, under Cayman's constitution, the provisions of the European Convention on Human Rights, and other conventions and regulatory regimes worldwide.

Among commendations, Professor Sir Jeffrey Jowell, KCMG, QC, who worked closely with the Cayman Islands on a number of occasions and attended two sets of constitutional negotiations with the UK Government, commented, "[Alden McLaughlin's] legal skills meet the highest standard of Silk in any Commonwealth country, including the United Kingdom..."

Now on the threshold of the conferment, Mr. McLaughlin, like all the other new Silks, has committed to making his services available generally to the public, and to undertake to do a fair share of pro bono work as is expected of Queen's Counsel.

Reshma Sharma QC

Cayman Islands Solicitor General Reshma Sharma, who began her legal career as an attorney-at-law of the High Court of Trinidad and Tobago, holds a Master of Laws degree in Commercial Law (with commendation) from the University of Aberdeen; a Legal Education Certificate from the Hugh Wooding Law School; and a Bachelor of Laws (Hons) Degree from the University of the West Indies.

Appointed Cayman Islands Solicitor General in 2019, Ms. Sharma previously acted in that role since 2017 while holding the post of Deputy Solicitor General. Her first local appointment was as Crown Counsel in May 2005. In June 2007, she assumed the post of Senior Crown Counsel. On various occasions since 2016, she has served as Acting Attorney General.

Notable public law cases in which Solicitor General Sharma was involved include the first constitutional challenges in the Islands relating to the right to same-sex marriage and age/nationality discrimination under the Bill of Rights, CI Constitution Order, 2009; the first judicial review of the transfer of prisoners under the UK Colonial Prisoners Removal Act, 1984; a challenge to extradition under the UK Extradition Act (Overseas Territories) Order; and various applications for declarations of eligibility to stand for election under the Elections Act.

Apart from litigation, Ms. Sharma's responsibilities over the years have extended to a broad range of subjects. Her international work includes treaties and conventions; in this area, she has coordinated the preparation of periodic reports for the jurisdiction in relation to various international instruments and has advised on matters relating extension and implementation of such instruments to the Islands. She also advises on matters relating to Overseas Territories sanctions orders and restrictive measures and serves as counsel to the Cayman Islands Mutual Legal Assistance Authority under the Mutual Legal Assistance (USA) Act.



► Former Premier Alden McLaughlin

In other initiatives, Ms. Sharma was involved in the delivery of human rights training for the civil service following the coming into effect of the Bill of Rights. She currently serves on several bodies including the Law Reform Commission, Anti-Money-Laundering Steering Group, National Intelligence Committee, Cayman Islands Child Safeguarding Board and the CIG Project Future Steering Committee. She was a member of the Water Authority Board for a number of years from 2007. As Chief Officer, she has overall responsibility and oversight for seven departments within the Portfolio of Legal Affairs.

Prior to her first appointment in the Cayman Islands, Ms. Sharma held the post of Acting Senior State Counsel in the Solicitor General's Chambers, Ministry of the Attorney General of Trinidad and Tobago. Her key responsibilities there included litigation before the High Court and Court of Appeal of Trinidad and Tobago, with particular emphasis on public/administrative and constitutional law matters. Constitutional litigation involved defending the State against alleged breaches of fundamental rights and freedoms.

Mac Webster Imrie QC

A Partner with Maples and Calder law firm from 2004 - 2019, and now a consultant to the same firm, Mr. Mac Imrie's qualifications include a Bachelor of Laws (Hons.) degree, from the University of Auckland Law School, and a National Certificate in Business Studies, from Auckland University of Technology. He is also an Associate of the Insurance Institute of New Zealand, and an Associate of the New Zealand Chartered Institute of Transport. He was admitted to the New Zealand bar as a barrister and solicitor in 1994.

Mr. Imrie's local practice involves mainly financial services industry cases, including commercial litigation, arbitration, and regulatory work. He is regularly instructed on cases involving mutual fund disputes and on an array of other companies and trusts cases.

Mr. Imrie has frequently appeared in Grand Court and the Cayman Islands Court of Appeal, including one matter which is now on appeal to the Privy Council.

The Maples consultant has represented the Cayman Islands Law Society as a mem-

SEPTEMBER DAWNS WITH A NEW NAMED STORM

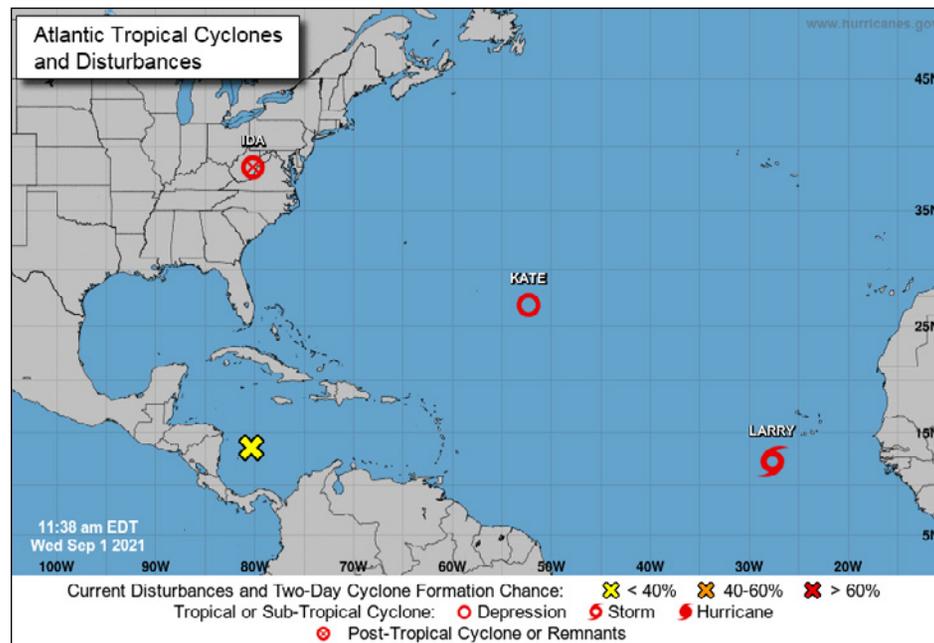
Will it be a September to remember, or a month best forgotten?

It's early days yet, but with this month being the traditional peak of the hurricane season, storm preparedness in Cayman is hitting a higher gear.

The same applies elsewhere across the Caribbean, Central America, Gulf of Mexico and Southern and eastern coastal areas of the United States, all of which lie in the hurricane belt.

In a post on its social media page a few days ago after the near-miss of Hurricane Ida, Hazard Management Cayman Islands (HMCI) advised that "residents should bear in mind there are still plenty of systems out there and while none of these present a threat to the Cayman Islands, we are still two weeks away from the statistical peak of the season."

The US National Hurricane Centre (NHC) is tracking three systems at present, among them: the remnants of Ida still creating havoc across several US states after leaving a trail of destruction in New Orleans and other parts of Louisiana.



There's also Tropical Depression Kate which by Tuesday was around 780 nautical miles north-east of the Northern Leeward Islands moving north-north-west at

8 knots. Forecasters were expecting it to turn toward the northwest with a further shift to the north and north-northeast forecast late by Thursday into early Friday.

That will keep it out in the Atlantic and far away from Cayman and any other land area.

Little change in strength is forecast and Kate is expected to gradually weaken thereafter dissipating by Friday.

Also out in the Atlantic is a newly developed tropical storm named Larry that could be of interest in the days to come.

On September 1st it was centered near 12.3N 24.8W or 150 nm S of the Southernmost Cabo Verde Islands moving W at 17 knots with an estimated minimum central pressure of 1003 millibars and maximum sustained wind speed of 40 knots with gusts to 50 knots.

According to the NHC, on the forecast track, a westward to west-northwestward motion is expected during the next couple of days, followed by a turn to the northwest over the weekend.

Additional strengthening is forecast during the next few days and Larry is expected to become a hurricane by late Thursday or Friday.

FORMER PREMIER ALDEN MCLAUGHLIN AMONG NEW CAYMAN QCs

CONTINUED FROM Page 8

ber of the Grand Court Financial Services Division User Group.

Prior to joining the Cayman legal fraternity in 2002, Mr. Imrie served as a solicitor (Litigation), London and Hong Kong, at the international law firm Herbert Smith Freehills. He was registered as a foreign lawyer in Hong Kong, from January 1998 to February 1999, and was admitted as a solicitor of the High Court of Hong Kong, in February 1999.

Subsequently, Mr. Imrie was admitted as a solicitor in England and Wales in February 2000, and as a solicitor-advocate (Higher Courts—Civil) on 29 November 2000. He is also admitted as a solicitor and solicitor-advocate in the British Virgin Islands.

Mr. Imrie commenced his legal career at a premier New Zealand litigation firm, where he engaged in insurance-based litigation. Other legal work included employment law and the full array of civil litigation, including contract, negligence, and technical issues in a variety of subjects. His court work has resulted in many reported cases."

Rachael Reynolds QC

Recently appointed Global Senior Partner of Ogier, Ms. Reynolds' qualifications include an honours degree in jurisprudence from Oxford University, awarded in 1998, and completion of the Bar Vocational Course at the Inns of Court School of Law, London, in 1999.

Ms. Reynolds joined Ogier in 2007 and became a partner in 2013. Prior to this, she practised at Clyde & Co., London, and at the English Bar.

Recent awards distinguishing her service as a litigator include Offshore Litigator-of -the-Year at the Citywealth IFC

Awards 2020, and Advisor-of-the-Year 2020, at the Wealth Briefing European Awards.

Ms. Reynolds appears regularly as an advocate in Cayman courts in cases involving high value and complex international trust and investment fund structures. She has taken leading advisory and acting roles in an array of litigation in this area, including advising on the collapse and liquidation of the largest private equity structure in the Middle East. She also led the largest Cayman Islands (and one of the largest globally) company restructuring.

The newly appointed Silk holds membership in the Cayman chapter of several relevant associations. These include the Restructuring and Insolvency Association, Alternative Investment Management Association, and the International Women's Insolvency & Restructuring Confederation. She is also a member of Insolvency International and the Cayman Islands Law Society.

She has several publications to her credit, including being a contributing author to the text "International Asset Tracing in Insolvency," published by Oxford University Press.

Colette Ann Wilkins QC

Mrs. Wilkins has over 30 years' experience as a litigator with emphasis on high value financial services-related litigation. Since 2009 she has been serving as a partner at Walkers, managing a caseload predominantly representing/advising on litigation issues involving corporate and international finance law, investment funds, private equity, structured products, and asset recovery.

On the administrative side at Walkers, Mrs. Wilkins manages a team of attorneys,

trainees, and support staff, is a member of the Walkers Training Committee, and has served as principal for several Caymanian articulated clerks.

Joining Walkers in 2009, Mrs. Wilkins served initially as litigation partner, specialising in litigation, contentious restructuring, and insolvency.

She previously served from 2005 to 2009 with Truman Bodden & Co., where she acted for overseas clients, local institutions, and individuals. From 1990 to 2006, she practised as a barrister at New Square Chambers, Lincoln's Inn, London.

Mrs. Wilkins was admitted as an attorney-at-law in the Cayman Islands in 2005, and in 2011 was admitted as a barrister in the British Virgin Islands.

Her qualifications include Bar Finals, Inns of Court School of Law, 1988-'89; Post Graduate Diploma in Law, City University, London, 1987-'88; and an Honours Degree in History, University of Wales, 1980-1983.

The newly appointed Silk is a regular speaker on Cayman Islands law issues at local and major international conferences, including INSOL, Offshore Alert, the American Bankruptcy Institute, the AICPA national conference and the UNCITRAL Colloquium on Civil Asset Tracing and Recovery, in Vienna.

Among awards recognizing her legal accomplishments, Mrs. Wilkins was twice named Cayman Islands Attorney-of-the-Year by the Recovery and Insolvency Specialist Association (RISA). She is a member of INSOL and the American Bankruptcy Institute, and since 2013 has been regularly recognised by the International Who's Who of Asset Recovery Lawyers as one of top-ten asset recovery lawyers worldwide.

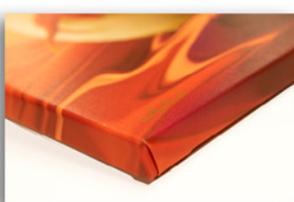
Among an array of community and professional activities, since 2019 Mrs. Wilkins has been a member of the Grand Court Rules Committee and the Insolvency Rules Committee. She has been a mentor at John Gray High School, and was a co-founder of the Cayman Islands Chapter of IWIRC, chartered to advance the professional development of women in insolvency and restructuring in the Cayman Islands.

For the period 2007-2009, she served as a member of two Freedom of Information sub-committees, and served as governor of Cayman Prep. High School, and president of its PTA, from 2006-2008.

In the professional sphere, Mrs. Wilkins has been in active discussion with the Chief Justice on establishing here in Cayman a legal aid clinic, modelled perhaps on the Chancery Bar Litigant in Person Support Scheme (known as CLIPS), and which operates in other jurisdictions.

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► Minister for Culture and Heritage, Hon. Bernie Bush takes his turn in helping uncrate three Miss Lassie paintings last seen in Cayman more than 20 years ago. He is watched by the Cayman National Cultural Foundation's Artistic Director Henry Muttoo



► (L-R) Culture and Heritage Minister, Hon. Bernie Bush and Michael LeMay coordinator of a workshop sponsored by CNCF hold Let There Be Light by Miss Lassie at the Harquail Theatre (Photos by Elphina Jones)

Important Artwork Gifted to Cayman National Cultural Foundation

CONTINUED FROM Page 1

"Such unique artwork, which the CNCF is holding in trust for the people of the

Cayman Islands, is well worth sharing. The Ministry is therefore eager to support public awareness initiatives and exhibits, which will bring the work of our

local artists to wider attention," he concluded.

Mr. Bould, who first introduced the couple to Miss Lassie, said: "I'm absolutely delighted and heart warmed to see these paintings returned to Cayman. In some ways it completes Miss Lassie's collection of which the Cultural Foundation is the custodian, and in addition, her house which is on the World Monument watch list."

Speaking of the significance of the pictures, Mr. Muttoo said: "These paintings represent three key points in Miss Lassie's life."

The expert on the late visionary artist said: "Simeon and Jesus In The Synagogue is brilliant, perhaps her most 'painterly' work with a strongly religious theme,

while also referencing her personal history. *Let There Be Light*, portrays Christ as the light of her life, while the third, *The History of the Cayman Islands* gives a pictorial chronology from Columbus' sighting of our islands right up to the time of when it was painted," he added.

Miss Lassie started painting at 62 years old and is widely acknowledged as "The Mother of Caymanian Art." This latest donation brings the total number of Miss Lassie's work in the National Collection to 140.

Her work has previously featured in the Carib Art Exhibition (Curacao) and both the Surinam and Guyana CARIFESTAs. The last major on-island retrospective of Miss Lassie's paintings was at the Harquail Theatre in 2003.



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LIVE YOUR PASSION FOR EDUCATION



► (L-R) Culture and Heritage Minister, Hon. Bernie Bush; the Ministry's Chief Officer Teresa Echenique, Cayman National Cultural Foundation Board Chairman Martyn Bould and CNCF's Artistic Director Henry Muttoo with The History of Cayman by Miss Lassie

WEEKLY WEATHER FORECAST

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
						
87° / 82°	87° / 82°	87° / 82°	87° / 84°	84° / 83°	84° / 83°	85° / 82°
A passing morning shower	Pleasant with clouds and sun	A t-storm around in the p.m.	An afternoon thunderstorm	Mostly sunny and pleasant	Sunshine	Partly sunny with a shower

Walkers Expands Market Leading Professional Services to the BVI

Leading provider of legal and professional services, Walkers, has announced that Walkers Professional Services (WPS) is expanding its operations to the British Virgin Islands (BVI). In the past year, WPS has made a number of strategic senior hires with a core focus on providing corporate, corporate governance, regulatory compliance and fiduciary services to corporate and institutional clients across global financial centres.

The increase in international and domestic regulation has led to a flight to quality for many market participants gravitating towards service providers with integrated legal, fiduciary and corporate services offerings. In conjunction with Walkers, WPS can provide the necessary

infrastructure and scale to comfortably navigate ever-increasing regulatory demands on behalf of its client base.

WPS' investment in technology and process driven applications ensures that clients are in compliance with regulatory requirements. The firm's success in the Cayman Islands, Bermuda, Ireland and the UAE is driven by the responsiveness of its teams and use of digital applications, a model that WPS will replicate in the BVI. The WPS service offering is also fully aligned with Walkers' market leading Regulatory and Risk Advisory practice, which is made up of multiple experts in the financial services, insurance and fintech sectors, and who advise clients on a comprehensive range of regulatory matters.

Steven Manning, CEO of Walkers Professional Services, states, "Our clients have long told us that they would value the expansion of WPS' service offering to include the BVI. One of the main drivers for this move is the increasing demand we are seeing from our institutional client base in Europe and Asia in particular for the kind of high quality, integrated professional services that WPS provides. We intend to be a major force in the professional services industry in the BVI, growing and developing talent in the jurisdiction while providing outstanding client service."

The move into the BVI market signals Walkers' ongoing commitment to the jurisdiction. The BVI is a leading centre for financial services and is internationally



► Steven Manning, CEO of Walkers Professional Services

recognised for its robust regulatory regime and well-developed corporate infrastructure.

SCOTIABANK NAMED "MOST INNOVATIVE IN DATA"

Scotiabank has been recognized as the **Most Innovative in Data** by *The Banker's Global Innovation in Digital Banking Awards 2021*. The Banker magazine, a Financial Times publication, recognizes global excellence in financial technology and celebrates innovation in finance at the annual awards.

"Throughout the past year, the insight we've gained through data and analytics has allowed us to identify thousands of our most vulnerable customers, and provide them with tailored support and advice to help them navigate through this challenging time," said Brian Porter, President and Chief Executive Officer of Scotiabank

"We're pleased that for the second year in a row, *The Banker* has recognized Scotiabank for our innovation in financial services. Sincere thanks to our winning team of employees who have made these achievements possible, and congratulations on earning this global recognition."

"Through our ongoing digital transformation programme, we have been able to successfully utilize capabilities such as advanced data analytics to expand and improve the services that we offer to our customers. As we go forward, we remain committed to finding ways to make it easier for them to do business with us and our

continued investment will also allow us to offer even more personalized solutions to meet their needs," noted Sarah Hobbs, VP & Country Head, Scotiabank Cayman & Trust Ltd.

She further noted that technology greatly aided the Bank's rapid response during the COVID-19 pandemic to identify and provide assistance for its most vulnerable customers.

Notable recent highlights of Scotiabank's data and analytics efforts include:

- The expansion of digital sales which made it easier for customers to access credit products such as loans and credit cards remotely via ABMs and online banking.
- The Global AI Platform. The platform provides the infrastructure for the Bank to deliver intelligent and personalized financial advice for customers.

The Most Innovative in Data award, received from *The Banker* on August 2nd, 2021, acknowledges the Bank's investments in data and analytics, as well as its commitment to delivering a more personalized customer experience.

Scotiabank was named the Best Bank in North America for Innovation in Digital Banking for 2020 by *The Banker* magazine.



► Sarah Hobbs, VP & Country Head, Scotiabank Cayman & Trust Ltd.

NAU gets digital upgrade

In a bid to help those most in need in the community more easily access financial assistance, the Ministry of Investment, Innovation and Social Development has been in the process of reforming the way the Needs Assessment Unit delivers its services. The first upgrade to take effect is the launch of a new, easy-to-use website that is accessible from PCs, tablets and mobile devices and which makes it easy for

people to understand how the NAU can assist them and if they are eligible for its assistance.

Ian Tibbetts, Director of eGovernment within the Ministry, gave some background to the changes:

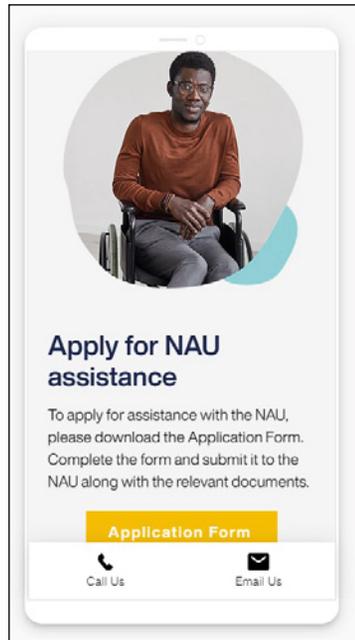
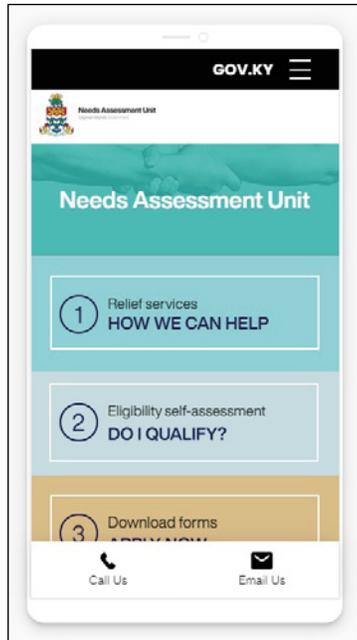
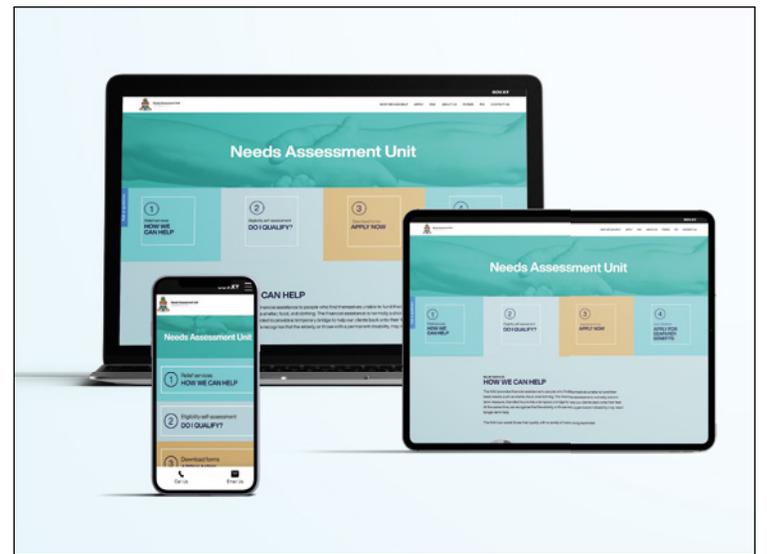
"The Needs Assessment Unit and the eGovernment Unit have developed a project plan for short-term changes to improve the experience of persons seeking financial assistance through

the NAU. The project is being delivered by the eGovernment Unit in phases and will equip the NAU to serve its clients better."

The work undertaken by the Ministry over the past few months has identified critical policy and legislative reforms to be undertaken by Government. Currently, the Ministry has prioritised the need to modernise the NAU with streamlined processes and infrastructure, for the benefit of members of the public who seek financial assistance.

In June and July, the Ministry's eGovernment Unit worked alongside the NAU staff, which led to a series of recommendations for enhancing their workflow processes and interactions with NAU clients.

Some of the enhancements users of the new website can benefit from include more easily visible and accessible application requirements for those who are seeking assistance. This includes a simplified fillable application form which can be downloaded and submitted. The Ministry said additional functionality would be rolled out in the next phase, to create further ease of use by those seeking assistance and si-



multaneously to streamline the NAU's internal processes.

Tamara Hurlston, Director of the Needs Assessment Unit said: "The Unit is grateful for this collaboration, with an attractive and user-friendly website to make information more readily available to our clients."

Ms Hurlston said they looked forward to working with eGovernment on the next phase, and were grateful for their expertise in people, processes and technology.

Minister for MIISD, André Ebanks, said that social develop-

ment was a priority of the PACT Government.

"I am delighted that the Ministry has responded promptly, applying the innovative expertise of the eGovernment Unit to provide the Needs Assessment Unit with a more modern, efficient and streamlined digital infrastructure for the benefit of both its clients and staff as well as a phased project plan to achieve the same; while the Ministry concurrently prepares strategic policy and legislative reforms," he said.

NOMINATE A CONSERVATIONIST FOR 2021 GOVERNOR'S CONSERVATION AWARDS

The National Trust is now accepting nominations for our Governor's Conservation Awards (GCA) ceremony, backed by HE The Governor Martyn Roper. The GCA aim is to recognise outstanding achievement among individuals and corporations that demonstrate an active role in the fields of historic preservation and environmental conservation across all three Cayman Islands.

Nominations must be submitted via email to director@nationaltrust.org.ky or dropped off at the National Trust office located in Dart Park, by 5:00pm EST by 10th September 2021 for consideration in one or more of the following five categories:

Conservationist of the Year – Individuals who have implemented or significantly contributed to a conservation project aimed at protecting biodiversity, wildlife, endangered species or places of environmental significance.

Corporate Conservation Award – Organisations that have made major strides to reduce their environmental impact and carbon footprint.

Tourism Industry Conservation Award – Organisations or individuals who offer environmentally-friendly visitor services and easy access to outdoor nature activities.

Heritage Preservation Award – Organisations or individuals who demonstrate a commitment to the preservation of built, written or cultural elements of Cayman's history.

Lois Blumenthal Youth Conservationist Award – A young person between the ages of 15 and 25 years old for his or her conservation work with native species.

Submissions for the GCA will be assessed by a panel of judges approved by His Excellency. Finalists and distinguished guests will be invited to the awards ceremony on Tuesday 26th October 2021 at the Government House.

Nomination forms, guidelines and more information about award categories may be collected at the National Trust office at the Dart Park or found online at www.nationaltrust.org.ky



The National Trust for the Cayman Islands
invite the public to submit nominations for the 2021

Governor's Conservation Awards

Conservationist of the Year | Tourism Conservation
Corporate Conservation | Heritage Preservation
Lois Blumenthal Youth Conservationist Award

Nomination Deadline 10th September 2021
Awards Ceremony 26th October 2021

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COMMUNITY EVENTS

My H.S.A. Patient Portal Registration

4 September – Register for the My H.S.A. Patient portal on Saturday 4 September from 10am to 3pm at Cost U Less. The portal will soon include access to your digital vaccination records.

One Dog at a Time (ODAAT) - Big Trunk Sale

4 September – ODAAT is having a big trunk sale in the car park of Kensington House, Dr. Roy's Drive from 6:30am. There will be lots of bargains on many items. If you wish to book a spot to sell, please contact ebrosnihan@kensington.ky to book and pay the fee of \$25 per vehicle.

Family Engagement

4 September – The Cayman Islands Public Library Services invites you to a Family Engagement event at the West Bay Public Library on Saturday (4 Sept) from 11am to 130pm. Activities include story time, games and many more.

Call 949.7659 for more information.

September Services of Holy Communion at St. Alban's Church of England

5 September – All are invited to Services of Holy Communion on the first and third Sundays at St. Alban's Church of England, Shedden Road on September 5th and September 19th at 9:30am. Morning prayers will continue on alternate Sundays at 9:30am. All are welcome.

Cayman Islands Book Fair

11 September – Calling all local Authors, Agents, and Publishers! REGISTRATION IS NOW OPEN for the 2021 Cayman Islands Book Fair, happening on Saturday the 11th of September at George Town Public Library. Register now! Limited exhibit space is available on a "first come" basis. For more information, please

email libraryprogrammes@gov.ky or call 949-5159

Ms. Cayman Islands Universe Pageant

11 September – Come out to support the nine beautiful contestants all vying for the crown and title of Miss Cayman Islands Universe 2021 on Saturday, 11th September at The Westin Grand Cayman Seven Mile Beach Resort & Spa. Cocktail hour is at 6pm, followed by the pageant at 7pm. Tickets on sale now for \$75 at Sand Angels and Funky Tang's Ltd.

Truman Bodden Law School 5K Run

12 September – The Truman Bodden Law School Student Society is inviting you to take part in the Annual TBLS Student Society Walk/Run on Sunday 12 September beginning at 6:30am. The starting and finishing line of the race will be at the top of Safe Haven Road. You may attend the race individually or as a team of 4. There will be a prize for the fastest individual and fastest team. Part of the proceeds of this year's fundraising events will go to the Alex Pantan Foundation! For



more information, please contact tbls.studentsociety@gmail.com.

CI Chamber - Employment & the Labour Law: understanding the basics

16 September – This half day course will provide an in-depth overview of the major components of the Labour Law and will cover the employment contract, types of leave, hours of work, severance pay and termination. Visit caymanchamber.ky/events-training for cost and other information.

World Cleanup Day

18 September – Plastic Free Cayman is collaborating with other environmental groups in the Cayman Islands to help clean up the shoreline for World Cleanup Day on Saturday 18 September. Visit their FB page for more details on cleanup sites and how you can help.

Send your community events to wendy@caymaniantimes.ky

Should you be fasting?

What's the best way to eat for fat loss? Two popular eat-for-fat-loss strategies that you've probably heard of are Intermittent Fasting OR Six Small Meals.

Which strategy works best? And which should you follow? Let's find out...

Intermittent Fasting: this eating strategy cycles between periods of eating and periods of fasting. The content of your meals during eating periods is not a factor. Some cycle between eating and fasting each day, creating a small window for eating and fasting for at least 16 hours, while others cycle eating and fasting across several days, taking as much as 48 hours at a time to fast.

Pros: Humans have been fasting for thousands of years. Our bodies are well equipped to handle periods of fasting. Research shows that fasting produces benefits for disease prevention, metabolic health, weight loss and even life extension. Some find it less work to fast rather than to plan for several small meals. During eating periods you get to eat whatever you want.

Cons: Abstaining from nourishment for long periods of time can be challenging, especially when food is all around you. Socially it can be awkward to skip meals while your friends and family break bread together. Some find themselves overeating during eating cycles, and some find the ongoing absence of food to aggravate food obsession and to produce an unbalanced focus on food.

Six Small Meals: this eating strategy, of breaking the traditional 3 square meals into 6 smaller meals that are spaced 2-3 hours apart, has been used by body builders and fitness competitors for years. The content and size of each meal is an important factor of this eating plan. Meals early in the day contain lean protein, fiber-filled

veggies and a small portion of complex carbs, while meals later in the day are smaller and do not contain any complex carbs. All meals are low in fat.

Pros: You never feel hungry. By fueling up every 2-3 hours you never get the feeling of deprivation that comes with fasting. Energy levels are steady and high due to the constant supply of wholesome calories. Fat loss results are steady, and, when done with an exercise plan, muscle is maintained.

Cons: You have to plan ahead. Every. Single. Day. Get used to carrying around a small cooler filled with containers of chicken, broccoli, brown rice and sweet potatoes. Each meal is small, so restraint is required. Unless you are including the occasional cheat meal, or cheat day, there is no room in this diet for empty calories or comfort foods.

Conclusion: The facts are out there to prove that both of these eat-for-fat-loss strategies work. There are photos of real, actual people who have subscribed to each of these methods and have gone from flabby to lean. Both methods irrefutably work.

But why? How can two methods that utilize opposing strategies both produce fat loss results? And which one is better? Let's dive deeper into what makes these eating strategies work...

Meal Timing: When you eat is a factor with both of these eating plans. This means that subscribers to both plans are required to wait until the appointed time to eat. So mindless snacking, or grabbing a muffin just because it's there, is out of the question. This reduces overall calories, which is key to weight loss, and explains why both plans produce results.

Meal Content: The Six-Small-Meals plan focuses on the content of each of your

small meals in great detail. Your meals contain lean proteins, fiber-filled veggies, and limited complex carbs. This detailed control of calorie content is largely why this plan is a sure bet for fat loss, not just weight loss.

Intermittent Fasting does not consider the content of your meals during eating periods.

Meal Size: The Six-Small-Meals plan also focuses on the exact size of your meals, which makes sense since you are eating six times each day, and excess calories would quickly add up. Typically this is done by weight, so as you pack your meals for the day you'll be using a food scale to ensure that you have exactly the right amount of lean protein and complex carbs. Veggies are often measured rather than weighed.

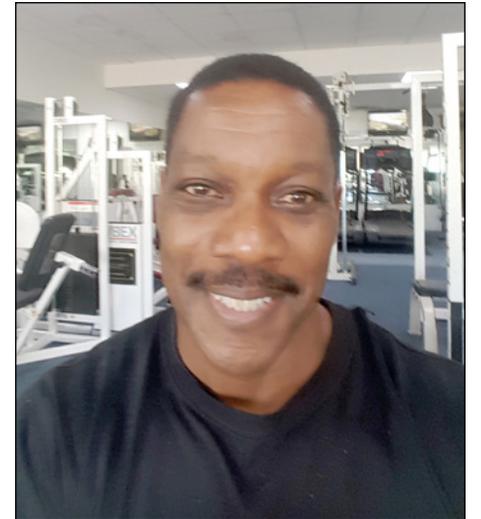
Intermittent Fasting does not consider the size of your meals during eating periods.

So What's the BEST Eating Strategy for FAST Results? As we've discussed, both of the eating strategies above are capable of producing results. This is due to the fact that both plans result in a lowered caloric intake.

When it's all said and done, weight loss comes from caloric balance.

Remember the junk food diet where the professor lost weight eating restricted calories of only vending machine food? As long as you are taking in fewer calories that you are burning, you will end up losing weight.

While both of the strategies above end up curbing your calories, only the Six-Small-Meals plan encourages wholesome calories that are ideal for burning fat and building muscle, which is why this is the plan most used by body builders and fitness competitors.



► Ernest Ebanks

When it comes down to you choosing your own eating strategy it's important to determine what will work best with your lifestyle. If carrying a cooler with you and making time to stop every 3 hours to eat a meal is simply not something you can see yourself doing, then Intermittent Fasting may produce better results for you. The key is to figure out a plan for restricting calories that you would realistically be motivated to stick with. And the more wholesome the content of those restricted calories, the better and quicker your results will come!

Want more guidance as you take your body from flab to fab? I'd love to help you! Give me a call at Body Shapers Fitness Studio 325-8696 or shoot me an email bodyshaperscayman@gmail.com and let's get you on track to shed some major fat.

Did you know Detoxification can help with weight loss. For more info. on Detoxing Call Ernest or WhatsApp me at 325-8696.

GLOBAL NEWS BRIEFS

Roatan mayor denies drug charge

In Honduras, the mayor of Roatan, Jerry Hynds, was allegedly caught escorting a tanker truck in which they were at least two tons of cocaine with a street value of millions of dollars. If convicted, Hynds faces many years in jail.

Together with Hynds, three others were arrested. The capture took place in the Roatan roundabout last Friday. The truck loaded with cocaine went ahead and the mayor followed it in an SUV. Hynds and the three others appeared before a judge in Tegucigalpa on Saturday and charged with drug trafficking. They appeared in court again on Thursday (Sept. 2). Hynds' lawyers deny all involvement.

The operation was coordinated by the Public Ministry through the Special Prosecutor Against Organized Crime (Fescoco) and Atic. Agents from the Department Against Organized Crime and Atic crime



► Jerry Hynds is accused of trafficking cocaine

scene processing technicians carried out the inspection of three automobiles involved.

Europe fears Taliban backlash

The United States left Afghanistan on Tuesday humbled and with few of its goals achieved after 20 years of war and now Europe fears retaliation from the Taliban. For America's European allies, the humiliation may just be starting, despite US President Joe Biden stating that the war is over.

Connected to Afghanistan by land, unlike the US, for Europe the return of the Taliban presents tangible threats. Those include not just terrorism but also mass migration and a huge increase in the heroin trade. Without a presence on the ground, European governments will now have a limited capability to influence the Taliban.

In a sign of those concerns, European Union interior ministers could not agree on Tuesday over how to handle a potential influx of Afghan refugees. Austrian, Czech Republic and Danish representa-



► The Taliban are feared at home and abroad

tives stated unanimously that Afghans should stay put.

There are already almost 2.5 million Afghan refugees registered in countries around the world, the second largest after Syrians, according to UNHCR, the United Nations refugees' agency.

UK fears Afghan reprisals

The United Kingdom faces the greatest terror threat in years from the crisis in Afghanistan, a former British Army commander has said.

Colonel Richard Kemp warned Boris Johnson that Britain faces an "extremely dangerous" situation - and the terror risk could be greater than at the height of the Islamic State. Many other experts feel the same.

The Prime Minister suggested that the UK could form diplomatic ties with the Taliban if they cease terror tactics in the country. But that statement seems naïve as well as highly unlikely.

But Col Kemp, a former commander of British troops in Afghanistan, said that the

Taliban "will allow and probably encourage jihadists to pour into the country from around the world, who plan, meet, prepare, train, organise and carry out strikes against the West from Afghanistan".

He warned that the UK faced "the greatest danger from terrorism since Islamic State at its height" and the threat could be bigger than posed by Isis.

The British government has been heavily criticised over the handling of the evacuation efforts since the Taliban seized power. Around 15,000 people have been airlifted to safety in the UK in chaotic scenes as Western forces withdrew after a 20-year campaign but thousands have been left at the mercy of the Taliban.



► UK security forces are on high alert

Duterte will slyly stay in power

Rodrigo Duterte, the Philippine president, has agreed to be the ruling political party's vice-presidential candidate in next year's elections, effectively paving the way to stay in power beyond his term if his party wins.

The PDP-Laban party made the announcement before a national assembly on Sept. 8 where it is also expected to endorse Duterte's aide and incumbent senator, Christopher "Bong" Go, to be its presidential candidate in the 2022 poll.

Duterte was making "the sacrifice" and heeding "the clamour of the people," Karlo Nograles, the PDP-Laban party's spokesman, said.

In the Philippines, the president is limited to one six-year term and Duterte's term is due to end by June next year. However, his vice-presidential run is seen by political observers as a sly way to the



► Rodrigo Duterte will not really relinquish power

presidency. Duterte is unpopular but his party could still stay in power.

Duterte's critics believe he will make a play for retaining power through the number two post, by taking over as president in the event Go wins and then resigns.

Go has been the 76-year-old's closest aide for over 20 years, when Duterte was a congressman representing Davao City in the south of the Philippines.

Brazil president makes bizarre call

Brazil's president Jair Bolsonaro says he sees three possibilities for his future: re-election in 2022, death or prison.

According to most opinion polls, the far-right leader who models himself on his hero Donald Trump is trailing behind former leftist President Luiz Inacio Lula da Silva in the race for the presidency.

"I have three alternatives for my future: being arrested, killed or victory," he told evangelical leaders. Bolsonaro, 66, later added that the first option is out of question. "No man on Earth will threaten me," he said.

The former military officer was nearly killed after being stabbed in the abdomen during the 2018 presidential campaign - an injury that caused intestinal dam-



► Unpopular Jair Bolsonaro already predicts a rigged election

age and serious internal bleeding.

Many Brazilians have turned against Bolsonaro due to his handling of the coronavirus pandemic and corruption claims over his government's purchase of vaccines.

Brazil has the world's second-highest death toll from the virus, with over 20.7 million infections and over 578,400 deaths.

Nevertheless, Bolsonaro has frequently downplayed the virus and resisted lockdowns and masks. In March, he told Brazilians to stop "whining" and move on from the disease.

Bolsonaro, who is looking to serve a second term, has questioned the fairness of Brazil's electronic voting system and hinted he will not accept the results of next year's contest.

Duke of Edinburgh Programme Hosts First Awards Ceremony in More Than Two Years

More than 50 young people received Bronze and Silver Duke of Edinburgh medals and certificates at the Turtle Centre recently.

The single largest awards presentation in the local programme's history (41 Bronze and 11 Silver awardees) was addressed by the patron, His Excellency the Governor, Mr. Martyn Roper, and by Minister for Youth, Hon. Bernie Bush. Premier Hon. G. Wayne Panton attended to congratulate the recipients and present awards.

The evening was memorable as it was not only the first awards ceremony for more than two years, due to Covid-19, but also because of the minute's silence called at the start of the programme. The silent tribute marked the passing of the programme's founder and global patron, The Duke of Edinburgh earlier this year.

The Governor noted: "The Duke of Edinburgh Awards Scheme has a long and proud history in Cayman of over 50 years. It supports our youth to develop life skills with a focus on self-development and individual improvement whether it is serving the community, cultural, vocational or manual skills, physical recreation or team

working on an expedition. It is a competition against oneself. Our public and private schools encourage their pupils to get involved."

The Minister said, "Given my portfolio, which champions the development of Caymanian youth, and my previous work as a Duke of Edinburgh award trainer, the aims of this globally-recognised youth enrichment programme resonate with me

"I congratulate the awardees' success in earning these awards, and am certain that these accolades will be just one of many milestones of excellence to mark their years going forward," he added.

Mr. Roper, the Premier and Minister Bush presented medals and certificates to the recipients. Nathaniel Forbes, a Silver awardee, was absent since he was one of two cyclists representing the Cayman Islands in the Dominican Republic. Attendees were told that he hopes to qualify for the Pan American Youth Games in December.

Speaking of the opportunities open to young people aged 14 to 24 years old in joining the scheme, National Chairman Ms Katherine Jackson said: "The award programme has opened avenues of life for me that I would not have thought pos-



► His Excellency the Governor, Mr. Martyn Roper, the local patron of the Cayman Islands Duke of Edinburgh awards programme with Silver and Bronze awardees at this year's

sible. I have travelled and seen the world, met people of all cultures and ethnicities, made friends in many nations, and have dined with queens and princes.

"Through the award programme, we have the opportunity to climb hills and mountains, wade through streams and

rivers, hike through jungles and meadows, even go to the Amazon jungle in a prop plane," she added.

Ms Jackson said that the calibre of the programme's participants means that she is confident that many will become leaders in their chosen fields.

DEATH ANNOUNCEMENTS

Churchill's Funeral Home

We have been asked to announce the passing of Ms. Dean Vivvia Orr, who passed away on Sunday, August 08, 2021. Details of a Thanksgiving Service will be Announced at a later date.



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Mr. Eldon Charles Walton, who passed away on Friday, July 16, 2021. A Service of Thanksgiving will be held at Elsmilie Memorial United Church, Harbour Drive, Grand Cayman on Saturday, September 04, 2021 at 2:00 p.m. Viewing: 1:00 – 2:00 p.m. Interment at: Prospect Cemetery



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Ms. Barbara Edwards, who passed away on Friday, August 20, 2021. A Thanksgiving Service will be held at West Bay Assembly of God, 100 Finch Drive, off Birch Tree Hill, Grand Cayman on Saturday, September 04, 2021 at 2:00 p.m. Viewing: 1:00 – 2:00 p.m. Interment at: St. Mary Garden of Rest Cemetery.



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Mr. Hasani Vicardo Levy, who passed away on Tuesday, August 10, 2021. A Thanksgiving Service will be held at the Cayman Islands Seafarers Association, Victory Avenue, Prospect, Grand Cayman on Friday, September 03, 2021 at 2:00 p.m. Viewing: 1:00 – 2:00 p.m. Interment at: New Pease Bay Cemetery



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Mr. Levi Dwayne Allen, who passed away on Sunday, August 22, 2021. A Thanksgiving Service will be announced at a later date.



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

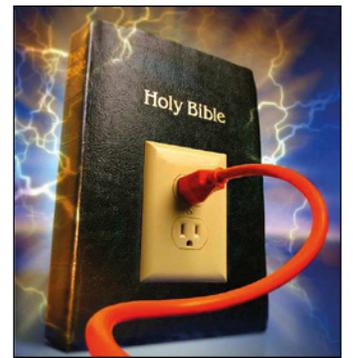
We have been asked to announce the passing of Ms. Edwina Barnes, who passed away on Friday, July 30, 2021. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at churchillsfuneralhome.com

MOMENTS OF INSPIRATION

OUR TRUE POWER SOURCE – JOHN 15:5



Many times I would be working on my laptop when it suddenly dies. Even on my phone at times. Most times when I check, sure enough the other end of the cord wasn't plugged in fully into the wall. If we are not plugged into the true source of power we'll run out of power. In the physical.

Spiritually, Jesus taught this lesson to His disciples using the imagery of the vine and branches.

A branch by itself on the ground is just a stick because it is disconnected from its source of power and life. Once connected to source of power it is alive and flourishing. The lesson here is simple. If you are not plugged in to Jesus you are dead for He is the true source of power to us.

SUDOKU

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Conceptis Sudoku

By Dave Green

5					1			8
		3						
		8	9	5		1	7	
9				8		3		
		6				2		
		7		6				5
	6	9		4	2	5		
						6		
1			8					3

Difficulty Level ★★★★★

3/14

Answer to previous puzzle

2	7	5	8	9	6	1	3	4
4	6	1	2	5	3	7	9	8
8	9	3	4	7	1	2	6	5
6	2	7	9	1	8	5	4	3
1	3	4	5	6	7	9	8	2
5	8	9	3	2	4	6	7	1
3	5	2	7	4	9	8	1	6
7	4	6	1	8	2	3	5	9
9	1	8	6	3	5	4	2	7

Difficulty Level ★★★★★

CROSSWORD

By THOMAS JOSEPH

- ACROSS**
- 40 "Of Thee —"
 - 1 Point of land
 - 5 Acquire
 - 10 Rome's river
 - 12 Spotted steed
 - 13 Justice Kagan
 - 14 Superfluous
 - 15 Pricing word
 - 16 "— a deal!"
 - 18 That woman
 - 19 Genève's nation
 - 21 Base meal
 - 22 Printer problems
 - 24 Luminous glows
 - 25 Very full
 - 29 Plants
 - 30 Usual practice
 - 32 Shoe shade
 - 33 Conical cap
 - 34 "The Simpsons" clerk
 - 35 Ouzo flavor
 - 37 Woody Allen film
 - 39 Personal
- DOWN**
- 1 Flight makeup
 - 2 Accumulate
 - 3 Portugal's place
 - 4 Hamilton's bill
 - 5 Big galoots
 - 6 Blend
 - 7 Patriot's tune
 - 8 Accent of movies
 - 9 Takes to the sky
 - 11 Elevate
 - 17 Patio's kin
 - 20 Bombards with messages
 - 21 Ball wear
 - 23 Hot tub's kin
 - 25 Woodward plant
 - 26 Storefront feature
 - 27 And others: Latin
 - 28 Athlete's no-no
 - 29 Flight unit
 - 31 Oppressively humid
 - 33 Terrarium
 - 36 Green shade
 - 38 PC key

T	A	M	E	R		R	O	M	A	N
A	K	I	T	A		A	R	I	S	E
S	I	N	A	I		D	A	N	T	E
T	N	T		S	T	I	L	T	E	D
E	T	C		E	R	A		C	R	Y
S	O	H	O		E	L	T	O	N	
				O	R	B		S	O	N
		S	C	R	E	E		E	D	G
T	O	O		S	R	I		I	O	N
E	C	L	A	I	R	S		T	O	T
S	C	A	L	D		A	B	I	D	E
L	E	T	M	E		A	R	O	A	R
A	R	E	A	S		C	A	N	T	S

Yesterday's answer

- 11 Elevate
- 17 Patio's kin
- 20 Bombards with messages
- 21 Ball wear
- 23 Hot tub's kin
- 25 Woodward plant
- 26 Storefront feature
- 27 And others: Latin
- 28 Athlete's no-no
- 29 Flight unit
- 31 Oppressively humid
- 33 Terrarium
- 36 Green shade
- 38 PC key

Word Search

O	P	U	S	E	T	A	L	O	I	V	I	B	E	
I	N	F	L	A	T	E	C	E	E	L	A	S	P	T
C	M	D	E	U	S	R	E	T	T	M	O	E	A	
O	D	G	L	B	L	L	E	A	A	P	A	L	T	L
N	E	E	T	T	E	A	O	L	L	R	F	A	A	U
S	F	T	S	R	T	X	T	F	U	E	E	T	L	M
U	L	B	A	O	A	Y	B	E	C	L	T	E	P	E
L	A	S	G	L	L	D	B	R	I	A	A	T	T	B
A	T	Y	A	O	U	A	U	N	T	T	L	A	O	E
T	E	T	A	P	D	S	T	L	R	E	L	L	H	T
E	E	R	S	N	O	C	N	E	A	U	O	F	M	A
R	L	A	T	G	M	E	B	I	G	T	C	N	W	L
E	E	T	A	L	S	I	G	E	L	P	E	O	R	E
S	E	T	A	L	O	C	R	E	P	T	R	C	Y	H
E	T	A	L	P	M	E	T	A	L	O	C	O	H	C

- Adulate
- Articulate
- Chelate
- Chocolate
- Collate
- Conflate
- Consulate
- Deflate
- Desolate
- Emulate
- Hotplate
- Inflate
- Insulate
- Isolate
- Legislate
- Modulate
- Oxalate
- Percolate
- Prelate
- Reflate
- Regulate
- Template
- Ullulate
- Violate

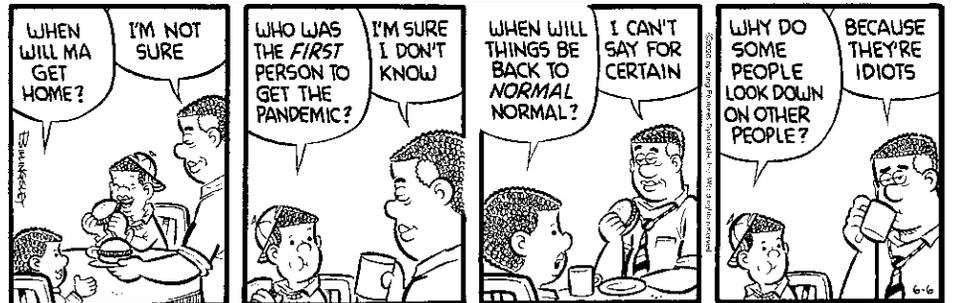
Find the listed words in the diagram. They run in all directions – forward, back, up, down and diagonally.



Have fun with
**CAYMANIAN
TIMES**

CURTIS

By Ray Billingsley



THE AMAZING SPIDER MAN

By Stan Lee



JUDGE PARKER

By Woody Wilson & Mike Manley





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