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Caymanian Times

Friday, October 1, 2021

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Covid 19 Vaccination Schedule



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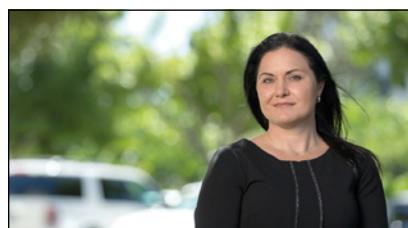
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Athena wins Best Offshore Governance Firm for the second year

From Boys to Men



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► Minister of Home Affairs, Youth, Sports, Culture and Heritage, Hon Bernie Bush MP ties one of the smart black ties around one of the Boyz 2 Men

Himalaya Wellness moves location

By Staff Writer

Cayman's favourite herbal products store, Himalaya Wellness, has recently opened a flagship store called Himalaya House, located at 138 Elgin Avenue in George Town, citing the importance of the Cayman market as the reason to locate the headquarters of this multi-national operation here.

General Manager Yasmini Castillo explained that the store had recently celebrated

SEE HIMALAYA WELLNESS, Page 12



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WEEKEND PROTEST AGAINST VACCINE MANDATE

There are signs that some segments of the community are becoming restive over the issue of mandatory vaccinations.

A protest is being organised for this Saturday afternoon outside the Governor's House opposing what the organisers see as a violation of human rights.

Under the banner of 'Freedom of Choice' the organisers, Vaccine ChoiceCayman and Christian. KYSupport, say they are taking a stand 'for civil servants, work permit holders, permanent residents, for Caymanians, for children...for everyone!'

This weekend's planned action comes as the question of compulsory vaccinations increasingly takes centre stage globally in the continuing battle against the coronavirus pandemic.

In the United States President Joe Biden has taken the controversial decision to demand vaccination mandates for 100 million workers - about two-thirds of the American labour force.

Compulsory vaccination requirements are already been instituted in some states with thousands of New York health workers at risk of losing their jobs for refusing to be vaccinated.

The British government has launched a consultation looking into the feasibility of requiring that workers in adult care homes in England and, potentially, front-line NHS staff, be vaccinated as a

SEE WEEKEND PROTEST, Page 2

WEEKEND PROTEST AGAINST VACCINE MANDATE CONSIDERATION



CONTINUED FROM Page 1

condition of employment. Care home employees will be required to have had two doses of coronavirus vaccine, unless exempt, from November.

That plan is already being opposed by unions.

Around 3,000 healthcare and care home workers across France have been suspended for failing to comply with mandatory Covid vaccination. In the Netherlands and some other European countries, a vaccine certificate is being required as a condition of entry to bars, restaurants, nightclubs, sports and entertainment venues.

The 'no-jab-no job' approach policy is also a major issue in some Caribbean countries. In Antigua and Barbuda which has been rocked by a spike with 30 deaths this month alone due to the virus, the government has made it law that all civil servants must be vaccinated. The decision is being challenged in court by the country's main trade union.

Here in Cayman, the issue was thrown into the spotlight with a recent announcement from Hon. Deputy Governor Frans Manderson, that compulsory vaccinations for the civil service and frontline workers is being considered, although no firm decision has been taken on whether or not to go through with it.

"As a caring employer, we want to do everything we can to protect our own staff. We have staff voicing concern about working on the front line with un-vaccinated, staff members, and we have staff members on the front line who say they will not get vaccinated," Mr Manderson

outlined during a government press conference.

He also pledged that before any final decision is taken on the issue that he would "meet with them department to department," adding that, "I'm going to keep my word."

The Deputy Governor had further explained that "one of the things that we are doing now is to join the government in looking at developing legislation which would require government workers on contracts to be to be vaccinated as well."

However, he acknowledged that "this is an ongoing issue and is not easy."

Mr Manderson said he'd already been contacted by a number of civil servants who confirmed to him that they were going to get vaccinated and her appealed to others to also take the jab.

"Our commitment is to continue to encourage civil servants and others to take the vaccine. It is the best thing to fight against COVID, and I am very concerned, very concerned as head of the civil service that was I was on the front line at Travel Cayman and not all of them are vaccinated."

He said his greatest fear as head of the civil service is that he would have to attend the funeral of a civil servant.

"I would never want to do that. So I'm asking all the civil servants to get vaccinated and do not put me in that position."

But much of that seems to have failed to sway others who are against any talk of a vaccine mandate.

The organisers of this weekend's protest are calling on like-minded people to join what they say will be a peaceful protest 'to stand for your human rights'.



Prospect Primary School Student Tests Positive for COVID-19 and Primary Contacts Tested

On Tuesday, Public Health confirmed that a Year Six student of the Prospect Primary School tested positive for the COVID-19 virus.

The Ministry of Education has since implemented the following measures, on the advice of Public Health officials, to ensure the wellbeing of the entire school population:

- The child's primary contacts at the school are being quarantined and Public Health has been on site to conduct testing.
- The primary contacts include the child's classmates and teachers who have had prolonged interaction with that class.
- The school's leaders also reached out to the parents/guardians of the child's classmates for them to attend the school to consent for testing.
- In order to facilitate deep-cleaning activities, the Prospect Primary School will be

closed tomorrow, Wednesday 29 September 2021. The Department of Education Services (DES) will advise on reopening.

• Public Health will contact other parents, as required, or indicated based on findings of contact tracing activities.

The Ministry of Health and Wellness has declared its support for the Ministry of Education, Public Health Officials and the Community at large in managing this latest positive case and encourages the public to adhere to the guidance issued from the Public Health Department and the Ministry of Education accordingly.

To contact the Flu Hotline, please contact 1-800-534-8600, 947-3077, 925-6327 or email flu@hsa.ky.

For a trusted and reliable source for the latest information, visit www.exploregov.ky/coronavirus and visit www.gov.ky/news/noticeboard for all updates.

GTPS Lions Centre COVID test results

George Town Primary School (GTPS) students and their household members tested at the Lions Centre on Tuesday Sept 28th are asked to stay in quarantine until they receive negative (non-detected) test results for the entire household.

If anyone in the household tests positive for COVID-19, everyone in the home will need to remain in isolation and will be contacted by Public Health.



If you have not received all of your household's results within 24 hours, please contact the Flu Hotline 947-3077, 1-800-534-8600 or flu@hsa.ky.



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Exciting things ahead for 100WF Youth Mentoring Programme

100 Women in Finance Cayman has an exciting line-up of exclusive programming for this year's GirlForce100 and 100WF Collegiate League mentees and mentors. 100 Women in Finance is now accepting applications for its flagship mentoring programme, 100WF Pre-Career Initiative, which offers career mentoring and engagement to its participants.

"We are excited to launch the 2021/2022 mentoring theme which is SOAR: Strategies, Opportunities, Aspirations and Results," said Christina Bodden, Maples Group Partner and 100WF Board Member. "This strategy will focus equally on mentees and mentors and provide programming which helps both achieve professional development as part of the mentoring relationship. I could not be prouder of how we have grown as a career mentorship offering and how we continue to change lives and build futures."

"For programming, with 12 monthly career sessions being delivered to mentees continuing the themes highlighted at the Summit, 100WF will also appeal to its mentors deep love of community with #The 100WFGiveBack. Monthly mentor sessions will be introduced to focus on the meaning and purpose of mentoring in our society, why community matters, the history of great philanthropic institutions and the people behind them. Looking to engage its participants on a variety of levels this year 100WF will launch an educational campaign for its mentors which asks the question "What's Your Give Back?"

Chair Lara Deysel, KPMG Director said "Since its inception, 100 Women in Finance has continued to develop a career mentoring offering which not only catered to the goals and aspirations of our youth, but inspired local professional women to lead local students on their career journey and build community. As we launch a new mentoring year, we continue to create, develop and innovate with new forums, platforms and strategies to achieve this objective for our existing mentor and mentee pairs, as well as the many new applicants which we receive each cycle. On behalf of myself and KPMG, as a proud programme partner, we are so pleased to be a part of this effort."

100WF Pre-Career Initiative is a strategic community partnership between 100 Women in Finance and the Cayman Islands Ministry of Education, which provides support, educational guidance and opportunity to young women aged 13-25 years, attending local educational institutions in the Cayman Islands.

As part of 100 Women in Finance's Investing in the Next Generation Initiative, 100WF Pre-Career Initiative reaches, inspires, and supports pre-career women of all backgrounds, to create the next generation of finance industry leadership. This initiative is an important element in the organization's 30x40 Vision, in which women will perform 30% of the finance industry's investment and executive team roles by year 2040.

Encompassing two mentorship programmes, GirlForce 100 and 100WF Colle-

giate League, the 100WF Pre-Career Initiative pairs local 100WF members with young women who have indicated an interest in a career in finance and have demonstrated notable potential meriting their placement. Through mentorship, the 100WF Pre-Career Initiative programmes supports mentees in the development and progression of their career paths leading them to success.

Become a Mentee

Want to become a mentee of GirlForce 100 or 100WF Collegiate League? Simply visit 100women.org/pre-career, choose your programme, fill out the application form and submit. Successful applicants will have access to exclusive 100WF Pre-Career benefits that include:

- A free college-level membership to 100 Women in Finance
- Online and in-person career education events, designed to prepare college students with the knowledge, tools and tips for pre-employment networking and job-placement success
- Access to a vast online learning library of content, including previous 100WF events

Become a Mentor

Do you have a career or knowledge in business and/or finance? If you do, you would be the perfect match for a 100WF Pre-Career Mentee. We are always looking



for bright women to help us achieve our vision. If you are interested in becoming a Mentor simply visit 100women.org/pre-career.

30/40

100 Women in Finance operate under the guiding principle that we call Vision 30/40. It is the goal for women to occupy 30% of senior investment roles and executive committee positions by 2040. To achieve this vision 100 Women in Finance, through Education, Peer Engagement and Impact, furthers the progress of women who have chosen finance as a career, and enables their positive influence over pre-career young women. We need your help in achieving this vision by joining the 100WF Pre-Career Initiative as a mentor and/or advocating for this mission of empowerment of women.

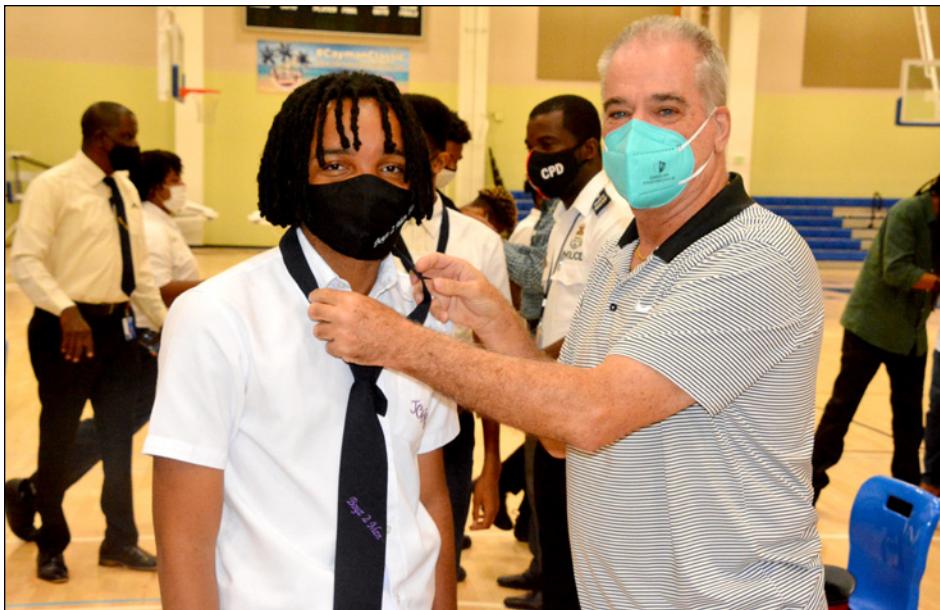
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BRITCAY
Good Like That.



► David Wight has been supporting the programme for several years, by buying all the black ties for the boys

► Boyz 2 Men super-smart face-masks as well as ties!

New Boyz 2 Men tie presentation at JGHS

By Christopher Tobutt

The most recent Boyz 2 Men inductees, more than 50 in total, filed onto the bleachers in the John Gray High School. They had each already been given their special "Boyz 2 men," face-masks, at the door by the group's founder and director, Christopher Murray, who started the group going with just three boys 11 years ago. They were all set for their official induction, because they were going to be presented with the smart black ties which have become the group's emblem. The smart black ties are a central part of the mentorship programme which aimed at helping fourteen and fifteen year old boys from John Gray to become true gentlemen, as they learn self-respect and respect for others.

Minister of Home Affairs, Youth, Sports, Culture and Heritage, Hon Bernie Bush MP, who spoke to the boys about the benefits of acting like young gentlemen all the time. "Never get upset over words people say to you. Hold on to your core values the values you have been taught on this course and remember to always act like a gentleman."

As they progress through the programme, the boys are helped and encouraged at every turn, not only by one another (their new 'brothers') but also by many role models, successful entrepreneurs, as well as professionals, who come to give inspirational talks to the boys. One of the highlights is visiting the Ritz-Carlton ho-



► Boyz 2 Men black neck tie ceremony group shot, showing all the boys of the new cohort, along with all the programme's supporters and sponsors (front and second rows), including Hon. Minister Bernie Bush, as well as George Town Elected Representative David Wight, as well as programme Directors, Christopher Murray, Seaford Russell

tel, where senior hospitality staff gladly give up their time to teach the principles, and the techniques, of courtly etiquette. Later on, the boys are invited to escort their mothers back to the Ritz – Carlton, for an evening of fine dining.

Another person who has helped is George Town Elected Representative Mr. David Wight. He has stepped up to the plate, year after year, and brought all the black ties for the boys. "This is a programme that I love, and I will sponsor it as long as I am able to, because it is very dear to my heart," he said. There are more and more ties to buy each year, because the group keeps growing. The boys see how joining up changes their friends, and they want to join too.

Mr. Seaford Russell, now a journalist, was one of three boys who

joined the very first cohort "These ties represent the start of your journey to success," he told the boys. "I was one of the first three, and I was pretty rough and tough back then I can tell you. But now I'm a journalist I'd like to say I am successful ...raise your hand if you are going to be successful!"

All the boys stood proud and straight before lining up in single file to receive their ties from all the adult supporters of the programme. Just before they did, John Gray Principal Jonathan Clark addressed them. "When you leave school, I want you to be able to look Mr. Murray, myself and Mr. Seaford in the eye and say, 'thank you. I made a difference to myself,

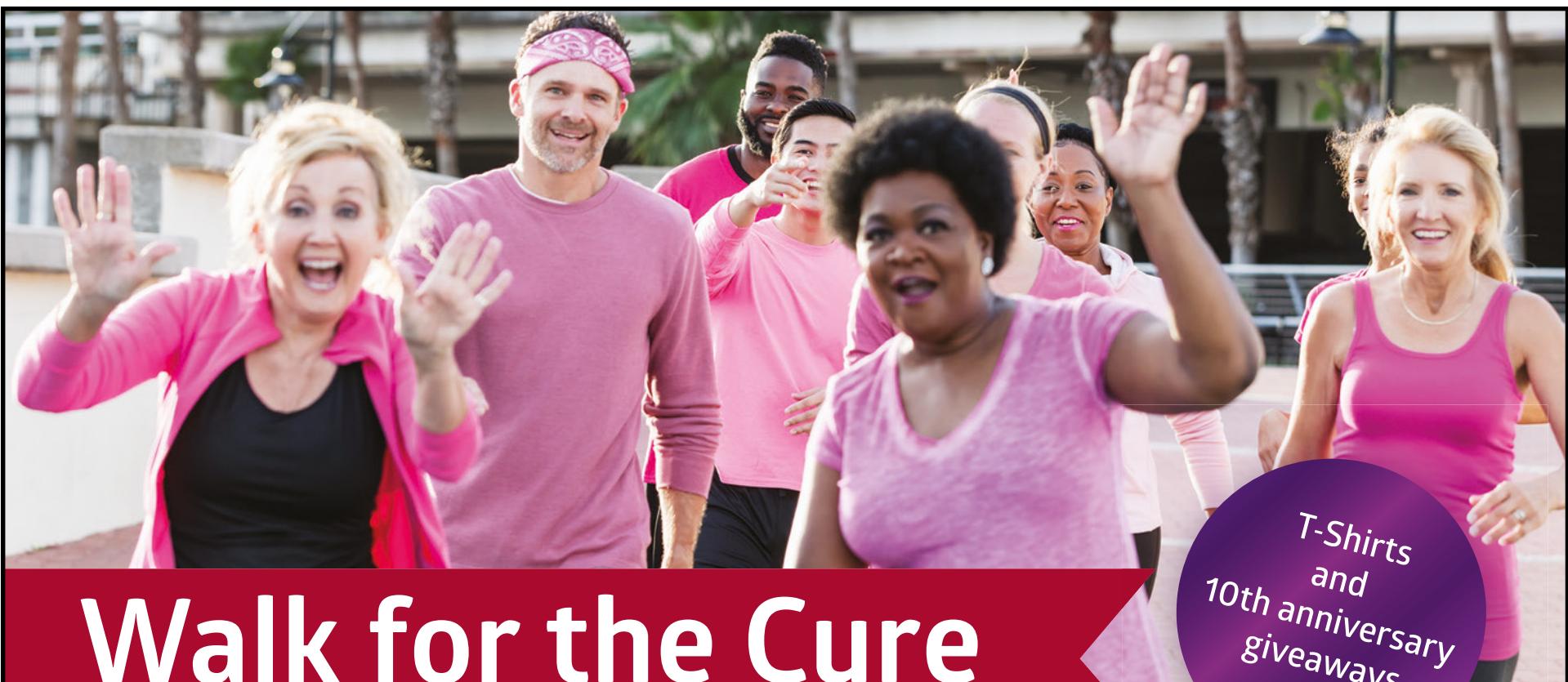


► John Gray Principal, Jonathan Clark



► Minister of Home Affairs, Youth, Sports, Culture and Heritage, Hon Bernie Bush MP

my school and my community," Mr. Clarke said, "I am very, very proud of you boys."



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Walkers/Runners limited to first 1000 registrations

Deadline to register: Friday, 1 October, 2021 at 3:00 pm

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Maples Group Donates Over US\$50,000 in Continued COVID-19 Relief Support

The Maples Group is proud to have recently made a further donation of US\$53,200 to two local organisations as part of its philanthropic efforts to support those in the local community who have been financially impacted by COVID-19. The recent donation brings the Group's COVID-19 related donations to over US\$400,000.

The recipients of the most recent donation were Cayman's Acts of Random Kindness ("ARK") and Resilience Cayman who each received US\$26,600 towards their respective Utility Relief and Relief Care Packages programmes that provide financial assistance to families and individuals affected by COVID-19. The donation also supported Resilience Cayman to offer financial grants to more than 200 families and ARK to distribute relief care packages to nearly 1200 people.

Tara Nielsen, Director at Cayman's ARK commented, "ARK is sincerely grateful for this generous donation. We are encouraged that the Maples Group continues to support ARK's Relief Care Package programme that ensures that those impacted by the pandemic and the closure of our borders are not disconnected from food, utilities, housing and access to healthcare.

There has been no greater time to give to NPOs as we remain on the frontline one year after the initial lockdown, supporting desperate people who have nowhere else to turn for life's basic needs."

Jan Gupta, Director at Resilience stated, "Resilience Cayman is incredibly appreciative for the Maples Group, who have supported us to surpass the recent \$100,000 goal to beat the summer heat. Thanks to the Maples Group generous donation, 645 local families, with critical disconnection notices, received Resilience grants to cover CUC arrears totalling over \$112,564 in assistance".

Remarking on the donation, Senior Vice President and member of the Maples Group's Cayman Islands CSR Committee, Laura Chisholm, said "The Maples Group would like to extend its appreciation to ARK and Resilience for their continued efforts to help those affected by COVID-19 in our community and we are delighted to be able to provide financial assistance to aid them in their essential work."

The Maples Group continues to support local causes and organisations in the Cayman Islands which focus on the development, improvement and benefit of five pillars in the community: Arts & Culture,



► Senior Vice President and member of the Maples Group's Cayman Islands CSR Committee, Laura Chisholm

Community Outreach, Healthcare, Sports and Youth & Education.

In 2020, the Maples Group and its team members proudly donated over US\$600K to local charities and not-for-profit organisations dedicated to supporting the Cayman Islands community under its five pillars. Since 2008, the Maples Group has

donated approximately US\$8M to the local community and remains deeply committed to continuing its philanthropic programme.

To keep up to date with the Maples Group philanthropic efforts, follow the Maples Group Facebook page and Instagram page @MaplesGroup.

Conyers welcomes new Articled Clerk

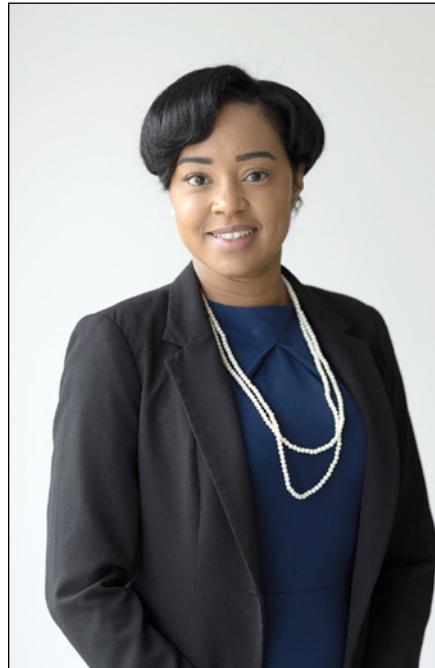
Conyers is pleased to welcome Daniella Carrazana to our Articled Clerk programme, a comprehensive 18-month training programme which will see Daniella undertaking rotations across Conyers' various practice areas, including Corporate & Commercial, Insurance & Regulatory, Funds, Litigation, and Trusts & Private Client.

Daniella was awarded an LLB in 2020 from the University of Liverpool and in 2021 she was awarded her Professional Practice Course Certificate from Oxford Brookes University (both which are administered by the Truman Bodden Law School). She also has a Diploma in Paralegal Studies from the National Association of Licensed Paralegals.

"Conyers is dedicated to supporting the next generation of Caymanian legal talent and we were incredibly impressed with Daniella's resumé and focus. We look forward to seeing Daniella grow and develop as a lawyer throughout her articles," says Matthew Stocker, Partner and Head of Corporate and Daniella's principal.

In addition to her qualifications, Daniella joins Conyers with extensive legal experience gained as an Executive Officer in the Cayman Islands Government Judicial Administration and as a paralegal for several leading offshore firms on island.

Conyers is proud to sponsor Caymanians pursuing a career in law, and in addition to our Articled Clerk programme, the firm offers an annual scholarship to qualified Caymanians enrolled in a law



► Daniella Carrazana

degree course as well as summer internship opportunities across all areas of the business.

Conyers Cayman's Articled Clerk programme provides qualified Caymanians with training opportunities that ensure professional experience in a range of practice areas. Our articled clerks work in a stimulating and supportive environment with senior lawyers, many of whom are recognised leaders in their practice area.

To learn more about Conyers Articled Clerkship programme visit conyers.com/about-us/careers

SCOTIABANK CAYMAN AWARDED BEST CONSUMER DIGITAL BANK 2021

Scotiabank Cayman has been named the "Best Consumer Digital Bank 2021" by Global Finance (New York), which regularly selects the top performers among banks and financial services and is a trusted standard of excellence for the global financial community.

In commenting on the award, Sarah Hobbs, Vice President & Country Head, Scotiabank Cayman said "This award comes amid many months of intense focus and investments in our digital channels. This, as we aim to make banking easier for our loyal customers and particularly in light of the continued uncertainties linked to the pandemic. We have fully embraced our role in ensuring that our customers can continue to do business in a seamless manner and are very pleased that our efforts have again been recognized in this way."

Some of the most recent investments include the expansion of the capabilities of the Scotiabank Mobile App, upgrades made to the Bank's ABM network to include intelligent deposit machines and the use of digital analytics to anticipate customer needs and deliver personalized financial solutions.



Winning banks were selected based on the following criteria: strength of strategy for attracting and servicing digital customers, success in getting clients to use digital offerings, growth of digital customers, breadth of product offerings, evidence of tangible benefits gained from digital initiatives, and web/mobile site design and functionality. Read more about the awards here.

Scotiabank Cayman's award for "Best Consumer Digital Bank" follows another recent global recognition for innovation in financial services by The Banker's Global Innovation in Digital Banking Awards 2021. The 'Most Innovative in Data' award acknowledges the Bank's investments in data and analytics, as well as its commitment to delivering a more personalized customer experience.

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CELEBRATING CAYMAN WRITERS, WRITINGS & THE ARTS

Philip Paschalides: Poignancy, Structure, Interpretations

By Stephanie Fullerton-Cooper

Derek Walcott, St. Lucian poet and playwright, winner of the 1992 Nobel Prize for Literature, and described as "lush in style", is the Caribbean poet that I studied as an undergraduate student of Literatures in English at the University of the West Indies years ago, which made me vociferously conclude – "I hate poetry!" Why was that the conclusion? I just could not figure him out. His words were truly poetic, and he was profound, and creative, and smooth, and carefully polished, and - did I say profound? So profound, in fact, that I became curious to discover and interpret the various layers of his work, decided to rise to the challenge his writings presented, and decided to enjoy, rather than bemoan his content and style. What opened up for me was a world of such poetic beauty, such poetic poignancy, that I am now a die-hard Walcott fan. As a professor of English today, I try to include something of Walcott's whenever I can, because to meet him in the lines and stanzas he creates, is truly to experience something ethereal.

When I read Philip Paschalides' poems, he too made me curious. I loved that his poetry was not immediately explicable, and I was immediately struck by his structure, the poems' potential for multiple readings, and the diverse interpretations that his words evoked. A lawyer in the Cayman Islands, Paschalides did a Master of Arts in English Literature and Theology at the third-oldest university in the English-speaking world, the University of St. Andrews in Scotland. He recalls that at age 16, some works of literature had "opened something up" in him, starting with the 1919 novel, *The Moon and Sixpence* by W. Somerset Maugham. After graduating, he studied Law and went on to the legal career he today enjoys. However, the love of language, the need for structure, the ability to write effectively and to 'read between the lines' are common to both legal practice and poetic craft.

Beautiful poetry

So, what does Paschalides write? Beautiful poetry. Beautiful poetry that makes you want to linger in reading them. Beautiful poetry that makes you want to linger in reading them, and that brings tears to your eyes, and tugs a smile across your lips, even as you sigh in soul-felt satisfaction. I admired these aesthetic qualities, as I read work after work. In "Beach combing before the Eclipse", a poem penned in Little Cayman in 2019 following a solar eclipse, Paschalides reports that

The waves are childishly insistent,
a wet parade through which
big things grow small:
the stone and coral, and
the things we bought yet
lost a use for -
nature/nurture both,
the sea makes no distinction. (lines 9-16)

The ironic and poignant statement that "big things grow small" is memorable, as somehow there is truth in its paradox. This truly poignant stanza is somehow eclipsed (yes, pun intended), by alliterations like "a brine of barmaids and beauticians" found in the poem "Press Release", or by the fascinating fight to find the meaning in new words, such as those presented in "Observer effect": "like a budding leaf on a galool/or that wad of khat on your cheek .../and you, before the Qalqad". Then there is the dissonance of the poem "Homoiosios" that alludes to the Trinitarian controversies in the fourth-century Christian Church, over whether the Son and Father "are of one substance", a position promulgated by the Nicene Creed and encapsulated as doctrine in 325 C.E., and which effectively ended the debate. Though written in 2014, this poem manages to capture the dissociation of the 'and/or' controversy that characterises the observer and the observed and which patterns the fourth-century controversy about the multiple – yet paradoxically singular – identity of the Christian God. In "Homoiosios", the persona

expresses his thoughts as he observes a stranger, waiting tables in a Manhattan restaurant in the early morning hours and concludes:

that is it
that
makes me watch
and
ask why
I
just
cannot
be
like
you. (lines 11-21)

Though different and detached from each other, the observed and the observer seem to somehow defy isolation, which makes one question whether indeed, fundamentally, we are all the same – or different.

Comparison to Keats

Like the poems of Romantic Poet, John Keats (1795 – 1821), Paschalides reflects thematic concerns like mortality, art, beauty, and delves into human experiences to discover hidden messages. In his poem "The Most Legendary Exhibition of all Time Now in its Final Weeks!", the poet questions immortality like Keats does in his "On Seeing the Elgin Marbles". In his poem, Paschalides comments on the commercialisation of antique "remains" and builds his thoughts around the deaths of Pharaohs. Though written in Grand Cayman in March 2019, the poem creatively explores the devaluation of embalmed Pharaonic bodies and their burial accessories, in much the same way that Keats' "On Seeing the Elgin Marbles" bemoaned the ruin and devaluation of the Greek marble statues, leading both poets to philosophise and rhapsodise about immortality. What they both produce is "A thing of beauty (which) is a joy forever" – certainly a joy for me.

As I indulged in reading Paschalides' poems, particularly resonant for me was "You rode with Abdul", a 14-line poem – no, not a sonnet – that captures the idea of regret and the emptiness of small talk



► Dr Stephanie Fullerton-Cooper is an Associate Professor of English at the UCCI

when one fails to crystallise truly meaningful dialogue with another human being. This poem reflects the genius of the poet in at times economically using scene and language – a seemingly simplistic journey, a simplistic observation – the absence of real talk, through which Paschalides explores the theme of missed opportunities:

a thousand conversations
of the kind
are simpler than
to turn and say
the words I have to
say to you (lines 7-12)

This poem also explores the notion that words deserve respect, and that it is important to use them properly – "they go unspoken one more time" (lines 13-14). This poem reinforces for me that there is so much I would like to capture about these works that it seems I have sadly not used the words to say all I want effectively. Thankfully, I will have another opportunity in our next article to explore the poignancy, structure, and interpretations of Phillip Paschalides' poems in more detail. I can hardly wait!

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*COVID-19 travel protocols are protecting visitors and tourism employees.
Winter season looks bright for Caribbean tourism*

While travel advisories have been placed on several Caribbean destinations due to the increase in COVID-19 cases, attributed to the highly contagious delta variant, a leading tourism executive has countered that travel to the region is safe because of effective health safety measures and a continued commitment to protect employees and visitors.

Vanessa Ledesma, Acting CEO and Director General of the Caribbean Hotel and Tourism Association (CHTA), said that there has been no indication that the increase in travel to the region over the past several months has contributed to any significant spread of the virus.

"According to contact tracing analysis provided by several of the region's destinations which are monitoring this, the level of COVID-19 transmission between residents and visitors has been negligible," said Ledesma, who added that testing of departing travelers returning to major source markets has shown insignificant positivity rates.

The travel trade association veteran believes that travel warnings based on COVID-19 positivity levels can be misleading. "We have gone to great lengths to produce the safest possible corridors in our tourism-related communities," she assured, adding that "Caribbean travel is safe and continues to get safer."

Ledesma shared that the Caribbean's commitment to health safety started long before the beginning of the pandemic, and its multi-agency collaborative approach helped to jumpstart the training of nearly 8,000 of the region's tourism industry supervisors, managers and owners.

Early in 2020, CHTA locked arms with the Caribbean Public Health Agency (CARPHA), the Caribbean Tourism Organization (CTO), the Organization of Eastern Caribbean States (OECS) and the Global Tourism Resiliency and Crisis Management Centre (GTRCMC) to form the COVID-19 Caribbean Tourism Task Force. Recognizing that the Caribbean is the world's most tourism-dependent region, a priority was placed on establishing protocols to ensure that interpersonal interactions within tourism communities and between members of the tourism community and visitors were as safe as possible.

Next on the agenda for the regional organizations is to continue managing the pandemic's risks and rebuild the region's economic mainstay by protecting lives and livelihoods. Speeding the momentum of vaccinations throughout the Caribbean in the upcoming weeks is part and parcel of

the process, said Ledesma, who congratulated governments for prioritizing vaccines for travel- and tourism-related employees. She warned, however, that "the pace of recovery still rests in the hands of the public and we encourage all employees who are able to be vaccinated to do so, to help fast-track the region's recovery."

"The people of the Caribbean can control their own destiny, accelerate our recovery, and help to get our people back to work faster, while generating the revenue our governments desperately need to provide basic services," stated Nicola Madden-Greig, CHTA's First Vice President, Chair of its Advocacy Committee and a Jamaican hotelier.

"There is no question that the rate of vaccination within the tourism and related communities is higher than the national averages, and we know that vaccination provides that extra level of protection for our team members and their families," Madden-Greig stated, while pointing to efforts by many Caribbean hotels to assist health authorities with administering vaccines to tourism employees, who along with essential workers, were given priority.

She applauded the work of CARPHA, the Pan American Health Organization (PAHO), CARICOM (Caribbean Community) and Caribbean governments which have placed high priority on securing vaccines: "We've been advised that vaccines are now readily available throughout the Caribbean, so there is little excuse for those who are able to receive one not to do so."

"A number of destinations in our region rely on tourism for more than 70 percent of their GDP and over 50 percent of employment. That is what makes it deserving of special consideration for vaccines," she added.

Despite the challenges which the delta variant has presented to global travel, the Caribbean's industry performance numbers have been among the best in the world. CHTA's Data Partner ForwardKeys, which tracks air travel globally, indicates that through August 31, 2021, the Caribbean and Mexico have been reliable destinations for international visitors, with seven of the world's top airlift performers coming from the region. Hotel occupancy rates for the Caribbean, while still below 2019's strong performance, increased to 53.6 percent in July 2021 from 19.5 percent the year before according to CHTA Strategic Partner STR, which gathers global hotel performance data.



► Vanessa Ledesma, Acting CEO and Director General, Caribbean Hotel and Tourism Association

While advance bookings have slowed globally, demand for travel to the Caribbean this upcoming winter is strong as indicated by advance bookings, buoyed by flexible cancellation policies and travel insurance as added assurances to give travelers confidence.

While most of the region's 30-plus destination offerings have similar travel and health safety protocols, variations can be reviewed at <https://bit.ly/3IEOnOS>.

About the Caribbean Hotel and Tourism Association (CHTA)

The Caribbean Hotel and Tourism Association (CHTA) is the Caribbean's leading association representing the interests of national hotel and tourism

associations and the region's private sector. For more than 55 years, CHTA has been the backbone of the Caribbean hospitality industry. Working with some 1,000 hotel and allied members, and 33 National Hotel Associations, CHTA is shaping the Caribbean's future and helping members to grow their businesses. Whether helping to navigate critical issues in sales and marketing, sustainability, legislative issues, emerging technologies, climate change, data and intelligence or, looking for avenues and ideas to better market and manage businesses, CHTA is helping members on issues which matter most.

For further information, visit www.caribbeanhotelandtourism.com.

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COMMUNITY EVENTS



2022 National Heroes Day Nominations

Ongoing until 16 October - The Ministry of Youth, Sports, Culture & Heritage invites the public to put forward eligible persons for recognition during the January 2022 National Heroes Day events "Celebrating our Uniform Services." The National Heroes Day nomination **closes on Saturday, 16 October 2021**.

Nominations forms with eligibility criteria and categories are now available at www.celebratemyky.org. Email NHD@gov.ky for more information.

Visit the National Museum – Free Admission for residents

2 October - Residents can enjoy free entry to the national Museum every first Saturday of the month to learn about the unique natural and cultural heritage of our three Islands. There are 2 floors of galleries, 6 exhibition galleries and a unique local gift shop for all to enjoy. For more information, call 949 - 8368.

Little Cayman Intergenerational Picnic

2 October - In celebration of Older Persons Month, the Department of Family Services is hosting an intergenerational picnic at the Blossom Village Park from 3pm to 5pm.

Children's Ceramics Workshop with Virginia "Aunty V" Foster

2 & 9 October - Children 5 to 7 years old can learn the basics of clay and glazing and create their own ceramic masterpieces with Virginia "Aunty V" Foster. Classes are from 10am to 11am in the Susan A. Olde Art Studio. Cost is \$20 and covers both sessions. To sign up, contact education@national-gallery.org.ky or call 945 - 8111.

Register for the My H.S.A. Patient Portal

2 October - Register for the My H.S.A. Patient Portal, which will provide you with access to your digital covid 19 vaccination records at Foster's Camana Bay from 1pm to 3pm.

October Services of Holy Communion at St. Alban's Church of England

3 October - All are invited to Services of Holy Communion on the first and third Sundays on October 3rd and October 17th at 9:30am. The Rt. Rev. Dr. PJ Lawrence, Bishop, is the celebrant.

Morning prayers will continue on alternate Sundays at 9:30am.

Prospect Academy Football Club Lady Wolves Open Practice

4 October - Prospect Academy Football Club Lady Wolves is holding open practice for females 15 years of age and older from 6:30pm to 8pm on Mondays and Wednesdays. All skill levels are welcome. The Lady wolves will compete in the CIFA Senior Women's League during the upcoming season. For more information, please contact Coach Chloe at 917 - 9957 or Coach Chelsea at 547 - 4897.

Chamber Training – Basic Accounting made Easier

6 October - This half-day course is designed to transform accounting into easily understood concepts. This course is for anyone who needs to gain an understanding of basic accounting as part of their job. Topics include the differ-



► Chamber Training "Basic Accounting made Easier" instructor, Lauren Christie



► Christina Pineda - Speaker Series - Art, Culture and the Environment

5 Week Bible Study - St. Alban's Church of England, Shedd Road

6 October - The 5 Week Bible Study at St. Alban's Church of England continues on Wednesday 6 October at 7pm at the school room. Bishop PJ Lawrence will conduct the Bible Study of the Epistle of James. If you plan to attend, please arrive before 7pm. This is a wonderful opportunity for all to gain greater insight into God's word.

Brenda Tibbetts-Lund Memorial 10k & 5K Walk/Run

10 October - The Lions Club of Tropical Gardens will be having its annual Brenda Tibbetts-Lund Memorial 10k & 5K Walk/Run on Sunday Oct 10, 2021 at the 7 Mile Public Beach. Early registration takes place at various supermarkets on Saturdays. The first 300 participants to register will receive a T-shirt and participation medal. Males and females who place 1st, 2nd & 3rd in the 5k and 10k run will receive medals. There will also be a Raffle and all participants are eligible. The company with the most registered participants will win the Corporate Cup. Registration fee is \$25 per person and is available on www.CaymanActive.com and www.EventPro.ky

Send your community events to wendy@caymantimes.ky

The only effective way to get fit

Talk to 10 people and you'll get 10 different opinions on the best way to get fit. One will tell you to attend an aerobics class.

Another will swear by jogging. Yet another will tell you that dance and biking worked for them. The truth is that there's really only one effective way to get fit. Before I get into the details, it's important that we agree on the definition of 'fit'. Too often thin is mistaken for fit, and that's not what you should strive for.

When someone is thin, but has very little muscle tissue, they aren't truly fit.

Here's why thin doesn't equal fit:

- Their body fat percentage will be higher than ideal—even though you won't see a lot of fat on them, if their muscle percentage is low then fat percentage will be higher.

- Their resting metabolism will be low, since little muscle is present to burn calories at rest.

- Their body won't be functionally strong, which will lead to injuries and frustrations.

So how does one get truly fit? It's this simple: **Resistance Training**.

Resistance training is when resistance is used to challenge your muscles in order to gain strength and endurance. You could do this with traditional weights, exercise bands, medicine balls, cable machines,

sandbags, kettle bells or even just using your own body weight.

Consistent resistance training has the following side effects...

- Strength and muscle tone
- Cardiovascular capacity
- Speed, Agility and Flexibility
- Resistance to injury and disease

If that's not enough to convince you that resistance training is the only way to truly become fit, then read on...

Top 9 Benefits to Resistance Training

1. To Build Muscle and Gain Strength:

Don't worry, ladies. This does NOT mean that you're going to 'bulk up' or look too masculine. What will happen is that your arms, tummy and legs will become tighter, leaner and more defined.

2. To Lose Fat: When it comes to losing size, all that you want to see go is fat, not muscle. Strength training ensures that you maintain and grow those muscles and only lose fat.

3. To Build Strong Bones: The older we get, the more important our bone density is. A good strength training program is one of your best defenses when it comes to osteoporosis.

4. To Alleviate Anxiety, Stress and Depression: Sure, there are plenty of pills out there that claim to give these benefits,

but you and I both know that strength training is more wholesome and effective way. And besides, who really wants pharmaceutical side effects?

5. To Sleep Better: Here's another pill you can stop taking once you start strength training. Study after study has proven that strength training improves sleep.

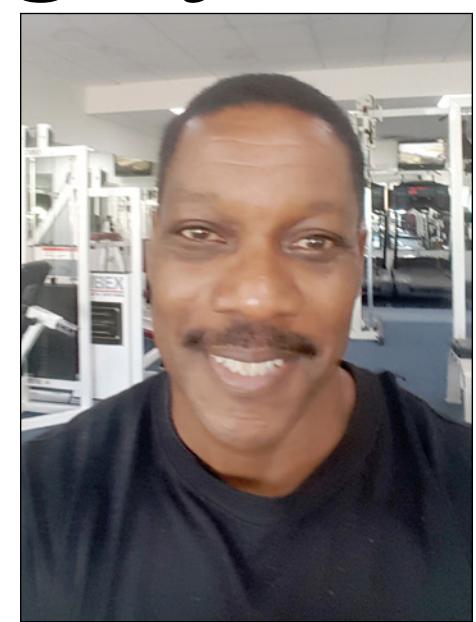
6. To Improve Chronic Back Pain: If you are one of the millions across the globe who suffer from back pain then you'll love the benefit of lowered pain.

7. To Improve Insulin Sensitivity: Today diabetes is a huge threat. Minimize your risk by improving insulin sensitivity through regular, challenging strength training.

8. To Improve Good to Bad Cholesterol Ratio: Here is yet another pill that you could potentially stop taking while on a strength training routine. Blood pressure and heart health are of utmost concern, so why not give yourself the advantage of a strength training routine?

9. To Raise your Metabolism: This helps to reduce body fat and to keep that body fat off, even on the days that you aren't able to exercise. Pretty awesome, right?

A solid resistance training routine will tone your legs, lift your buns, strengthen your core, and will result in inches and pounds lost.



► Ernest Ebanks

If you're ready to begin your body transformation then feel free to reach out to me.

Call Ernest at Body Shapers Fitness Studio 325-8696 or email me at bodyshaperscayman@gmail.com today and I will get you started on the exercise program that will reshape your body once and for all!

I'm located now in Cayman Business Park unit C5.

Marine vessels travelling to the Sister Islands need CBC clearance



In accordance with the Prevention, Control and Suppression of COVID-19 (Travel and Boating) Regulations 2021, (SL 64 o 2021), effective immediately, all marine vessels travelling from Grand Cayman to the Sister Islands must receive a clearance letter from Customs & Border Control Service (CBC).

All persons on the vessel, over the age of sixteen, must provide a vaccination certificate to the CBC Officer at the Port Authority and must not be showing any respiratory symptoms or symptoms of the virus in order to travel to Cayman Brac or Little Cayman.

at the office at the Port Authority on the George Town waterfront.

Once the required paperwork is presented to a CBC officer at the Port Authority, the clearance letter will be issued immediately. The clearance letter will then need to be presented to the CBC officer upon arrival to the sister islands.

CBC advises boaters the importance of complying with these new regulations and encourages persons to obtain the clearance during regular working hours as outside hours may result in a special fee.

To read the full regulations visit www.cbc.aov.ky

If persons have not completed a COVID-19 vaccination course 14 days before travel, they will need to provide a negative COVID-19 PCR test no more than 48 hours before departing, this includes all persons on board over the age of five years. Documents are to be presented to the CBC Office located





Who Can Travel to the Sister Islands

- Persons who have had the COVID-19 vaccine at least **14 days before (all doses)** and:
 - are not displaying symptoms of COVID-19, and
 - can provide the airline or Port Authority with a vaccination certificate
- Unvaccinated travellers who **provide a negative PCR test for COVID-19** to the airline or a Customs and Border Control officer at the Port Authority no more than **48 hours before departing**.

Testing/proof of vaccination is for persons 5 years and over.

Phase 3

as at 22 September 2021



COVID-19 Vaccine Schedule – SEPT/OCT 2021 (v1)

The COVID-19 vaccine is available to ALL persons 12 years and over.

**PLEASE REMEMBER TO
BRING
YOUR OWN
FACE MASK**



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	OCTOBER 1	2
SAVANNAH MLA OFFICE 4-7pm	CAMANA BAY 9am – 12pm	CAMANA BAY 8am – 12pm 1:30 – 4pm	NO CLINIC	CAMANA BAY 11am – 3pm 4:30 – 7pm	CAMANA BAY 8:30am – 12:30pm 2 – 4:30pm

COVID-19 VACCINE CLINIC LOCATIONS

- CAMANA BAY (FORMER CAYMAN MAC LOCATION)
- DISTRICTS – AS NOTED ON THE SCHEDULE

When receiving your 2nd dose, you MUST also bring along your vaccination card reflecting your 1st dose.

(Do NOT laminate your card)

The date on your vaccination card for the 2nd dose is the earliest that is recommended.

Parental consent required for anyone 12 – 17 years old

All persons must present photo identification showing date of birth.

Facemask required – Please bring your own.

Most up to date schedule will be on www.hsa.ky

Sept/Oct v1



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Himalaya Wellness moves location

CONTINUED FROM Page 1

its 25th anniversary in Cayman, having opened in March 1996, and was originally located in Elizabethan Square, in what she called a "little store, just over 500 square feet, with about 30,40 products."

That business has now built up considerably and, having moved into Himalaya House, across from the Government Administration Building, it now boasts over 350 herbal products.

The global business, Himalaya Wellness, is based out of India and was started in 1930 by its founder Mr. M. Manal. His descendent, Mr Meraj Manal eventually

went on to marry the 1980 Miss Cayman Islands, Devon Manal (nee Watler), which then began the company's connection to the Cayman Islands. Mr Manal went on to work in his small store in Cayman, using the opportunity to meet directly with his customers and find out exactly the types of products his consumers were seeking.

Yasmini said one of the reasons their flagship store was located in the Cayman islands was so they could collect comments, to find out what customers were looking for in terms of their health and wellness, so that every time they received a comment they would be able to notify their research and development team in India.

"As customers ask, we strive very hard to produce what customers are looking for," Yasmini stated.

The company celebrated their 25th anniversary with a special customer appreciation event where they welcomed new customers who had never visited the store before and who wanted to know what Himalaya was all about, along with their regular customers who came by to help celebrate this momentous event over the weekend of 10th and 11th September.

"We tout ourselves as head to heel plus more," Yasmin said when describing Himalaya products. Their products include

all natural wellness items for conditions such as diabetes and digestive issues, as well as hair products (shampoos, conditioners, anti-hair fall), a large selection of products to keep the skin healthy (such as cleansers, toners and moisturisers, and sunblock), baby care, products for male grooming and even ones especially designed for pet health.

Himalaya is a leading herbal wellness brand with close to 500 products recommended by over 450,000 doctors in more than 100 countries. Worldwide, consumers in 2019 bought 30 units of Himalaya products, each and every second. Himalaya is still family-owned and operated.

Athena wins Best Offshore Governance Firm for the second year

Athena International Management ("Athena") has been named "Best Offshore Governance Firm" of the year at the 2021 HFM US Service Awards, marking the Cayman Islands boutique governance firm's second consecutive win in this category.

The prestigious award acknowledges and celebrates service providers serving the US hedge fund industry who have demonstrated exceptional innovation in product delivery, customer service and business performance over the past 12 months.

For the second year in a row, Athena was shortlisted for its directorship services, this year alongside the Maples Group and Calderwood, and took home the award on the night. For the first time, following the virtual event marking last year's inaugural award in this category, Founder Allison Nolan was able to collect the award in-person at a ceremony held at Guastavino's in New York.

Commenting on the win, Nolan said, "We are very pleased to be recognised again for our commitment to providing a fresh perspective on corporate governance, delivering innovative solutions and best-in-class service to our clients. This award serves as continued validation of our relationship-driven approach and high-standards of governance that

continue to set the benchmark for the alternative investment community and beyond."

Nolan is a champion for change within the hedge funds industry, particularly around diversity and inclusion. Over the last 12 months, her firm—which also celebrated its 15-year anniversary in 2020—has seen innovations to its core service offering, including assisting fund managers with environmental, social and governance (ESG) matters and global regulatory compliance requirements, which continues to bring issues like gender diversity on the board of directors of alternative fund structures into the mainstream.

"We have seen ESG assessments and filters becoming a standard component of investor due diligence," she explains. "More and more we see investors looking at the investment management firm themselves and, as a female founded and led governance firm, Athena can ably assist our clients in integrating global standards into their existing governance frameworks and by adding gender diversity to the fund's board of directors or advisory committee."

To learn more about Athena's award winning fund governance solutions, visit www.athena.ky or email connect@athena.ky.



► Athena Founder Allison Nolan

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Jam Night at the Bird



► Musicians at Jam Night at the Bird on the West Bay Road

If you're a music lover looking for something to do around Grand Cayman on a Tuesday night; the type who likes to take karaoke to another level or play an instrument and sing, to get your name out there, look no further than Jam Night at the Bird on the West Bay Road.

The evening is hosted by popular bass guitarist Derrick McKay and friends and gives patrons more than just an evening of easy listening.

For those who are musically inclined it's been a great place to network and jam and the food is on par with the best cuisine on the Islands.

I strongly recommend the wings!

As Cayman prepares to welcome visitors again and the embers from 2019 continue to cool, this is the perfect place to rekindle that

fire of togetherness that has been emerging on the music scene since B.C. (before Covid).

Hot guitar licks and cold beer make this evening one to make sure to put on your list of things to do on the Island

"We have been hosting this night for a bit now and we love the camaraderie of the musicians and the networking aspect of it," noted one visiting musician.

He added that he was surprised to see so much great talent on an Island as small as Grand Cayman and that he would be visiting more of the musical offerings on Island as a result of what he had witnessed in his time at the open mic/jam night at the Bird.

Jam Night at the Bird runs from 9.30pm to 12.30am and features Miller Lite and 'Jack' specials.

Cellular World



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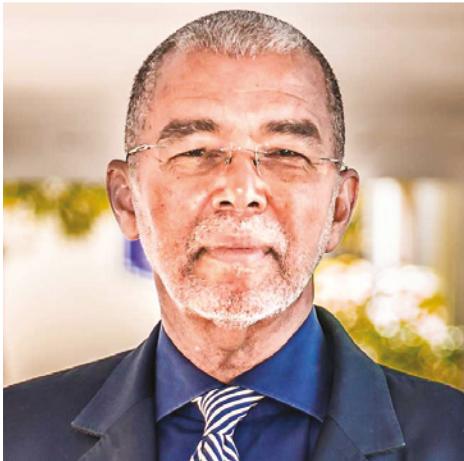
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ANOTHER SUCCESSFUL 5K WALK/RUN FOR RECOVERY

September is designated as Recovery month in Cayman and during this month many organizations across the Islands organize fundraisers and awareness programs to bring awareness to some of the challenges many of our friends, family, and neighbors face. Cayman is home to many people who suffer from addiction. The non-profit, non-governmental, non-denominational Hope For Today Foundation is a coalition of volunteers dedicated to helping and supporting recovering drug addicts and alcoholics through the transition from prison or treatment community life.

Statistics have shown that "relapse" often occurs when an individual returns to the familiar environment where addiction had its origins. By establishing and operating alcohol and drug-free transitional houses and campus within the community, the Hope Foundation program provides a secure, safe, and stable haven for individuals to gradually work their way back to a purposeful life.

On Sunday, September 26, 2021, The Hope for Today Foundation organized a very successful "5K WALK/RUN FOR RECOVERY". There was a tremendous

Hope For Today Annual 5K - RUN/Walk Unclaimed Raffle Prizes

Name	Prize
Jeremy	Calypso Grill - \$25
John Bernard	Parasailing - 1 Double ride
Prince Hewitt	Foster - \$25
Maree Martin	Tukka - \$25
B Huntington	Morgans - \$25
Abraham Whittaker	Foster - \$25
Mari Abe Hudson	Calypso Grill - \$25
Wilson-Rose Daily	Morgans - \$25
Ileana Marin	Coconut Joes - \$25
Bunny Foster	Parasailing - 1 Double ride
Richard Christian	Morgans - \$25
Perry Smith	Calypso Grill - \$25
Janelle S	XQ'S Pizza Bar Grill - 25\$
Kate	Foster - \$25
Johan Bjuroe	Morgans - \$25
Franaisle Sora'a	Parasailing - 1 Double ride
Lois Johnston	Calypso Grill - \$25
Heatrher Halsey	Morgans - \$25
Steve Parson	Tukka - \$25
Vanessa Bernanrd	Lobster Pot - \$25
Derek Farrington	XQ'S Pizza Bar Grill - 25\$
Paula	Morgans - \$25
Carson Ebanks	Calypso Grill - \$25
Kristen Smith	Morgans - \$25
Elizabeth MacDonald	Foster - \$25
Daisy Conolly	Calypso Grill - \$25
Abigail	Tukka - \$25
Ernest Johnson	Lobster Pot - \$25
Dorcas Watson	Parasailing - 1 Double ride



show of support from all the members of the Cayman community. The foundation would like to once again thank everyone who showed their support and look forward to building this relationship stronger through our joint efforts in assisting the Cayman society in any way possible.

Throughout our fundraising efforts, we would like to especially give thanks to; Hon. Andre Ebanks, Hon. Katherine Ebanks-Wilks, RCIPS, and the Fosters Food Fair organization, who have provided us with the use of their facilities

regularly. We have also received great support from local businesses who have donated the raffle prizes distributed at the event.

Below are the winners of the unclaimed raffle draw prizes. Winners are requested to contact Mr. Tahir Chaudhry at 924-8095 to claim their prize.

On behalf of the Board, Management, and the Residents of The Hope for Today Foundation we would like to Thank all the supporters and look forward to your continued support.



WEEKLY WEATHER FORECAST

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
89°/82°	88°/82°	89°/79°	88°/84°	85°/84°	87°/83°	86°/82°
Periods of sun with a shower	A morning t-storm in spots	A stray afternoon t-storm	Mostly cloudy with showers	A thunderstorm or two	Cloudy with a shower or two	Mostly cloudy with a shower

DEATH ANNOUNCEMENTS

Churchill's

We have been asked to announce the passing of Mr. Clarence Velasco Brown better known as "Mr. Hank", who passed away on September 14, 2021. A Service of Thanksgiving will take place on Saturday, October 2nd, 2021 at the Calvary Baptist Church, 191 Walkers Road, Grand Cayman, Cayman Islands at 2:00 p.m. Viewing: 1:00 - 1:45 p.m. Interment: Garden of Reflections Cemetery In Lieu of flowers donations can be made at the Cayman Islands Veterans Association Condolences can be registered at churchillsfuneralhome.com

Churchill's

We have been asked to announce the passing of Ms. Olive Smith, who passed away on Tuesday, Sept. 28, 2021. Details of a Thanksgiving Service will be announced at a later date.

Condolences can be registered at churchillsfuneralhome.com

Churchill's

We have been asked to announce the passing of Ms. Edwina Barnes, who passed away on Friday, July 30, 2021. A Thanksgiving Service will be held at New Testament Church of God, 26 Bronze Road, George Town, Grand Cayman on Saturday, October 09, 2021 at 12:00 p.m. Viewing: 11:00 a.m. – 12:00 p.m. Interment at: Prospect Cemetery Condolences can be registered at churchillsfuneralhome.com

Churchill's

We have been asked to announce the passing of Mrs. Nettie Udeen Bush aka "Ne-Ne" who passed away on Wednesday September 22, 2021. A Thanksgiving Service will be held at John Gray Memorial Church, West Bay, Grand Cayman, on Saturday, October 2, 2021 at 2:00 p.m. Viewing 1:00 – 2:00 p.m. Interment: St. Mary's Garden of Rest This Funeral Service will be livestreamed on the Churchill's Funeral Home Facebook page starting from 1:45 p.m.

Condolences can be registered at churchillsfuneralhome.com

Churchill's

We have been asked to announce the passing of Pastor Davelee Tibbets, who passed away on Saturday, Sept. 18, 2021. A Thanksgiving Service will be held at the Aston Ratty Civic Center, Cayman Brac on Sunday, October 03, 2021 at 2:00 p.m. Viewing: Closed Casket Interment at: Creek Cemetery Condolences can be registered at churchillsfuneralhome.com

Churchill's

We have been asked to announce the passing of Ms. Florence Mae Davis, who passed away on September 24, 2021. A Thanksgiving Service will be announced at a later date.

Condolences can be registered at churchillsfuneralhome.com

Service Announcement

Rev. Dr. Linda McField 1953-2021

Funeral Service to be held
October 3rd, 2021 | 2:30 PM
Lions Centre

Interment to be held immediately following at the Prospect Cemetery

Due to current COVID restrictions there is a limit of 200 guests, as such we have made it possible for anyone wishing to join us virtually, to do so via the link <https://youtu.be/GPZWql-4X8U>

We respectfully request that everyone attending please bring a mask with them.

Churchill's

We have been asked to announce the passing of Ms. Malerymay Farguharson, who passed away on Saturday, Sept. 11, 2021. Details of a Thanksgiving Service will be announced at a later date.

Condolences can be registered at churchillsfuneralhome.com

Churchill's

We have been asked to announce the passing of Ms. Domitila Powell, who passed away on Saturday, Sept. 25, 2021. Details of a Thanksgiving Service will be announced at a later date.

Condolences can be registered at churchillsfuneralhome.com

MOMENTS OF INSPIRATION

ISOLATED?
PSALM 22: 1-10

The Russian writer Fyodor Dostoyevsky says, "the degree of civilization in a country can be judged by entering its prisons." At this very moment we all feel imprisoned. Our once normal lives have become as a cocoon. We seem to be trapped but let me assure all of us WE ARE NOT FORSAKEN.

We are intended to live in relationship and community, not in isolation. This is what makes solitary confinement such a miserable and harsh punishment. I reflect on Noah at this point. For 40 days and nights he and his family were cut off from reality. This was the, "FIRST LOCKDOWN." They sailed on and on never once flinching nor complaining. The company of the animals must have been something to behold. They remained steadfast in the hope, trust and mercy of God, though unseen but fully known. We can do the same in this time.

It was the agony of isolation that our precious Saviour endured from the trial to the cross. His eternal relationship with the Father was broken temporarily on the cross, as He bore our sins, sorrow and suffering. Hear Him, "My God, My God, why hast thou forsaken Me?" Here He was ALONE. The disciples had already forsaken Him. He was totally removed from the Father, who could look upon Him because our sins laced His body. But Jesus had already assured the disciples and all His would be followers, "Lo, I am with you always, even to the end of the age. I will NEVER leave you nor forsake you."

So, during this time when you feel crushed by this lockdown remember Noah and his family, and yes our Lord and Saviour, JESUS CHRIST.

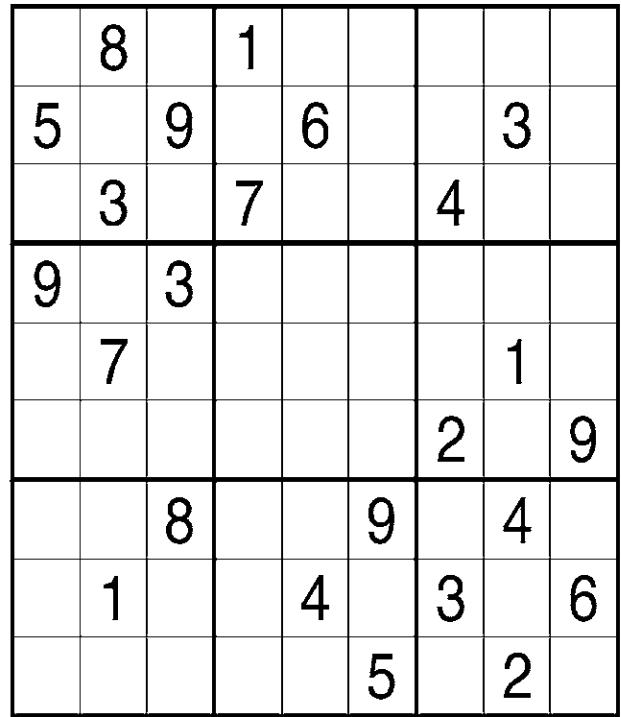


SUDOKU

Conceptis SudoKu

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

By Dave Green



Difficulty Level ★★★★

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Answer to previous puzzle

3	7	8	5	4	9	2	1	6
2	1	4	6	3	8	7	9	5
9	6	5	2	1	7	8	3	4
1	8	9	4	6	2	5	7	3
4	5	3	8	7	1	6	2	9
6	2	7	3	9	5	4	8	1
7	9	6	1	8	4	3	5	2
5	4	1	7	2	3	9	6	8
8	3	2	9	5	6	1	4	7

Difficulty Level ★★★★

CROSSWORD

By THOMAS JOSEPH

ACROSS

1 Chocolate mushroom
substitute

6 Splinter groups

11 Kitchen come-on

12 Benefit peak

13 Alma —

14 River part peak

15 Strut

17 Mover's truck

18 Put away

19 Steering clear of

22 Numbered rd.

23 Bar stock

24 Like Loki

25 Mercury,

for one

27 Joplin tune

30 Old warship

31 Timetable abbr.

32 Sturgeon eggs

33 Stupor

35 Agassi of tennis

38 Old gold coin

39 Say

40 Be penitent

41 Destines to failure

42 Cook's PITY PARE

AR C CARIBOU

POLAR MOONS

ANIMALS ATE

MAGI PROD

TABS TOLD

AMISS GAITS

RENEE LINER

ANGST EDGES

A	S	S	A	Y	H	O	S	E	S
M	A	P	L	E	A	N	K	L	E
A	T	O	L	L	S	T	A	L	E
					R	A	P	S	A
					S	A	T	A	D

Yesterday's answer

- | | |
|----------------------|-----------------------|
| 10 Informal talk | 27 Ill will |
| 16 Actor Rupert | 28 Mysterious tale |
| 20 1928 sister | 29 Fairy |
| 21 Female rabbit | 30 White-collar crime |
| 24 Pester band | 34 Lot buy |
| 25 Right away | 36 "Stand" |
| 26 Deceived sections | 37 Hosp. |

1	2	3	4	5	6	7	8	9	10
11					12				
13						14			
15					16		17		
18			19		20	21			
22		23							
			24						
25	26						27	28	29
30							31		
32			33		34				
35		36	37		38				
39					40				
41					42				

6-26

Word Search

A	E	H	I	S	I	A	E	S	H	U	C	S	S	A
L	H	V	C	R	G	D	M	P	P	C	U	N	M	N
T	G	O	F	U	E	T	G	L	A	S	S	N	E	I
C	O	I	N	S	G	L	B	O	Y	P	P	G	G	H
O	R	O	D	P	S	L	I	S	S	O	F	A	P	C
S	C	N	O	M	B	V	R	S	V	S	S	S	M	F
E	R	D	L	A	N	E	B	H	V	T	K	G	M	I
U	E	M	L	T	T	P	O	H	C	O	A	M	G	
Q	V	R	S	S	E	Y	T	A	O	A	O	S	S	U
I	L	D	O	W	T	R	T	U	R	B	T	E	R	
T	I	P	T	T	I	E	L	G	H	D	C	N	T	I
N	S	E	O	P	L	T	E	O	N	S	D	I	A	N
A	R	Y	H	P	I	T	S	T	S	W	Y	R	L	E
C	S	P	L	U	N	O	B	U	H	I	P	P	S	
S	C	I	M	O	C	P	A	A	V	D	Y	M	W	T

Antiques
Autographs
Books
Bottles
China
Coins
Comics
Dolls
Figurines
Fossils
Gems
Glass
Maps
Pewter
Plates
Postcards
Posters
Pottery

Prints
Rocks
Silver
Stamps
Toys

Find the listed words in the diagram.

They run in all directions – forward, back, up, down and diagonally.



Have fun with
CAYMANIAN
TIMES

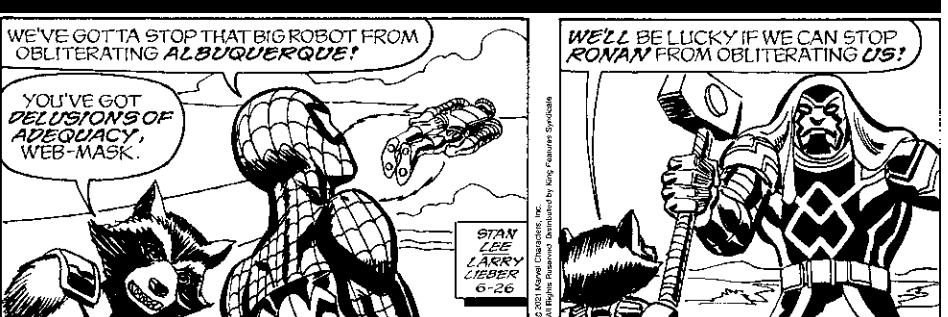
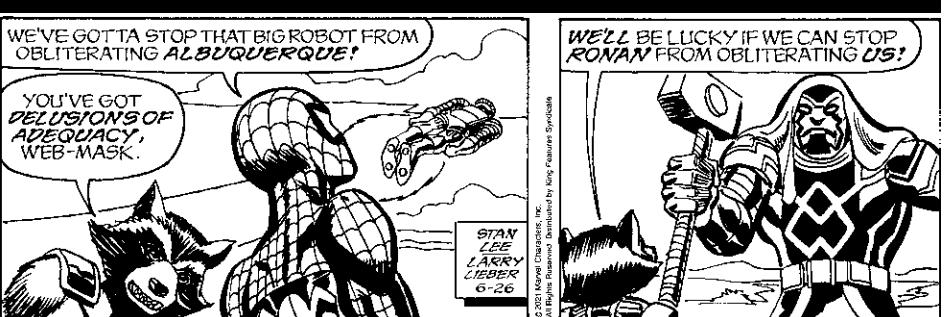
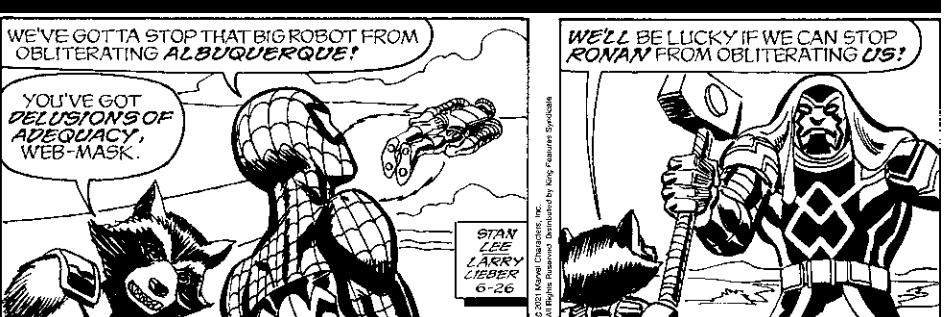
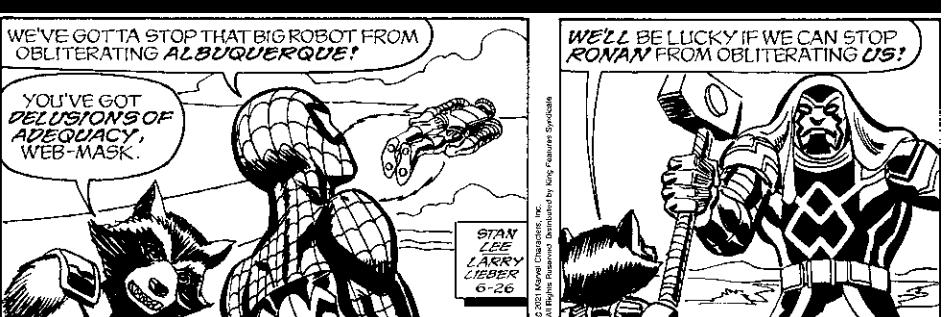
CURTIS

By Ray Billingsley



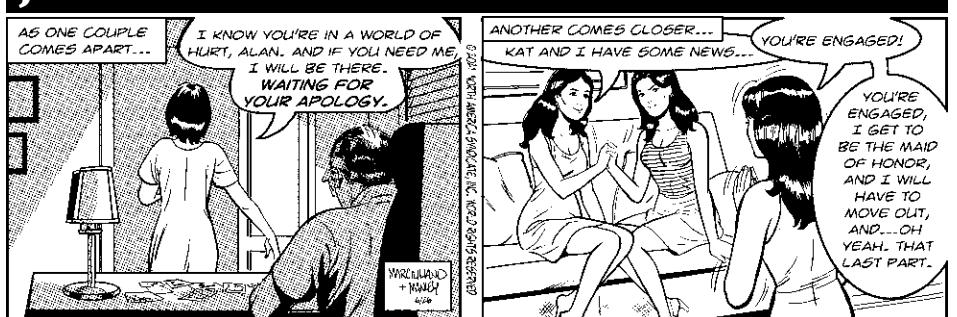
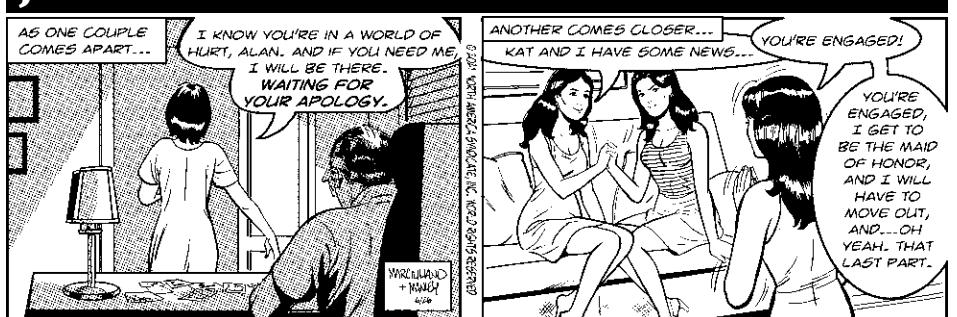
THE AMAZING SPIDER MAN

By Stan Lee



JUDGE PARKER

By Woody Wilson & Mike Manley



FREEDOM OF CHOICE

FOR **ALL** RESIDENTS OF THE
CAYMAN ISLANDS,
THIS INCLUDES YOU!

JOIN US

This Saturday,

Oct 2nd.

4pm-6pm on the
West Bay Road side walk.
Governor's House

TOGETHER WE STAND FOR OUR HUMAN RIGHTS

*Freedom to choose social distancing & masks.

*BRING A SIGN



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