



Breezy in the morning

Friday, December 24, 2021

Issue No 727

www.caymaniantimes.ky











HAZARDS TO AVIATION



Global Citizen Concierge Programme Extended



COMMUNITY — page 12

Santa comes to Bodden Town

Christmas in Cayman 2021



George Town applies for city status

A total of 39 places in the world have applied to become cities, a prize that is on offer in a competition that is part of the Queen's 2022 Platinum Jubilee. While the majority of the places vying for the right to call themselves a city are UK towns, there are also some from British Overseas Territories and Crown Dependencies, including the Cayman Islands, Gibraltar and the Falkland Islands. In order to judge which places will be bestowed the honour, an expert panel will work with UK Ministers to make recommendations, before being approved by Her Majesty The Queen.

Winning city status can provide a boost to local communities and open up new opportunities for people who live there, as is the case with previous winners Perth and Preston where the local economies benefited from their improved national and global standing.

For the first time ever, British Overseas Territories and Crown Dependencies were eligible to apply for the title as part of the competition.

The UK's Chancellor of the Duchy of Lancaster Steve Barclay said:

'Today's announcement is a celebration of the rich and diverse communities which make up not only the United Kingdom, but

SEE GT APPLIES FOR CITY STATUS, Page 5





Caymanian Times presents **COMMUNITY CORNER** January 2022 Friday Mornings 7 to 9.30



Christmas in Cayman 2021

By Flynn Bush

Every year, for almost the past decade, I have written a piece on Christmas to be featured in this publication. Recalling our Caymanian traditions and customs, highlighting the modern practices, and speaking of the general atmosphere during the holiday season are the usual guiding principles of these articles. Those all provide plenty of fodder for discussion and al-

low me to acquaint the readers with the true "Christmas in Cayman." Since 2020, around about March, things have been really different. There has been a little "bug" that has caused all sorts of disruption around the world; and not in a good way. Yes, my friends, covid-19 is a menace.

Actually, this article I am writing right now is shaping up to look quite different than I thought it would just a few weeks ago. You see, in spite of the pandemic, it was

looking like Christmas would be able to be a little closer to normal. Just like me, a lot of residents of our three beloved islands were looking forward to get-togethers with friends and family. Caymanians, in particular, were anticipating attending church, visiting loved ones, and walking through the lights at the Crighton or Bodden residences. Perhaps it would be while wearing masks but, it still seemed possible; and that made us happy to think about that.

Now, with the arrival of the omicron variant of that hated virus, things have changed again. Restrictions have increased and everyone is on high alert, it seems. While we are not in a lockdown, the increase in infections and the ability of the new variant to pass easier from person to person among even the fully vaccinated, has put a damper on our plans. Truly, the wise among us realize that we have to be careful and protect those around us that we care about. To do that, there is really only one way and that is to limit or eliminate contact. There are some of us who will not be visiting their families, or going to church, or inviting anyone over for dinner. It is not fear; but rather, it is respect and love for those who mean so much to us that drives us to do this.

If you all stop and consider for a moment that over two thousand years ago, God came to us in the form of a baby, Jesus. His message was one of love and peace, and his teachings stressed the need for us to love others. So, as we act to protect our loved ones, and the community as a whole, we are actually honoring God. We simply need to remember the reason for the season and truly act in kindness and love toward others. That is something that also hearkens to our Caymanian traditions as well. May God bless us all.



CUC's New Year's Closures

On Friday, December 31, our Customer Service Centre at our Administrative Offices on North Sound Road will close at noon for New Year's. This office will reopen for business on Tuesday, January 4, 2022 at 9:00 a.m.

Gift Certificates from CUC that can be used towards paying electricity bills are available in denominations of \$25, \$50 and \$100 from our Customer Service Centre.

Visit www.cuc-cayman.com for a complete list of our online bill payment options. Bill payments can be made at our remote payment locations across Grand Cayman during their respective holiday hours.

Warmest wishes for a safe and happy New Year!







Cavmanian **Times**

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Blood Bank donations needed

The Cayman Islands Blood Bank has announced a critical appeal for Type O positive blood. All eligible individuals are being asked to donate blood immediately, regardless of their blood type.

In announcing the appeal, Head of Laboratory and Blood Bank Services at the HSA, Judith Clarke says it is critical to have a healthy supply of Type O blood on hand. O positive blood is one of the most common types and therefore one of the most needed for transfusions.

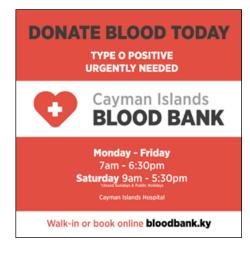
Supply chain delays from the US due to the pandemic, has slowed the receipt of blood, therefore Cayman needs to increase our local blood donations to ensure we have adequate supply for patients when they need it.

Healthy volunteers are also encouraged to donate blood throughout the year to maintain a stable blood supply for the sake of patients' dependent on blood transfusions due to surgery or blood diseases. Men can donate every three months and women every four months.

It is not possible to contract COVID-19 through blood donation. The Blood Bank at the Cayman Islands Hospital takes every precaution to minimize the risk to blood donors, including appropriate physical distance between people and sanitization. Persons who have recovered from COVID-19 are also able to donate blood.

Donors are asked to follow these guidelines:

· If you are feeling any degree of illness, you should stay home and not attempt to give blood.



- If you have any reason to believe that you have had contact with a person suspected or confirmed to have COVID-19 within the last 14 days, you should not attempt to donate blood.
- If you have had any symptoms of fever or viral infection within the last 14 days, please wait until you have been completely symptom-free for two (2) consecutive weeks.

Donations can be made Monday -Friday from 7:00am-6:30pm, and Saturdays from 9am to 5:30pm at the Cayman Islands Hospital. Walk-ins are also accepted. Persons who have not donated before with the Blood Bank can take a brief eligibility test on its website before scheduling an appointment.

The Blood Bank will be closed on the upcoming public holidays: December 27, 28 & January 3, 2022.

For more information and to book an appointment, please visit www.bloodbank.ky or call 244-2674.

POLICE NEWS

RCIPS Stress Patience on the Roads in Lead up to Christmas

HE The Governor, Martyn Roper and the Deputy Governor and Head of the Civil Service, Franz Manderson have lent their support to our Christmas road safety message in the attached voice notes.

This weekend, 18-19 December, was the third of the RCIPS Holiday Safety campaign, Winter Guardian, and the busiest yet for officers enforcing the road safety component of the campaign.

57 prosecutions were made, 28 speeding tickets issued, 27 for tint, and 2 DUI's. Officers also responded to 28 MVA's, one being a pedestrian on Smith Road who received serious but non-life threatening injuries.

"We know the lead up to Christmas can be a busy time. With only a few days to go and last minute Christmas preparations to organise, we want to stress to the community to please be patient and drive carefully on the

roads. We want to see everyone arrive home safely for Christmas", says Head of Traffic & Roads Policing Unit, Dwayne Jones.

"No one likes receiving a ticket, particularly at Christmas, but the police have an important role to play in making our roads safer for all road users, and our enforcement efforts help send a clear message to those motorists that choose to break the law", says Superintendent Brad Ebanks. "We will continue our multi-faceted approach with increased police enforcement and visibility in the lead up to Christmas and through to the New Year, not only on the roads but also within the community and commercial establishments, to help keep the Cayman Islands safe over the festive season."

The RCIPS wishes everyone a safe and enjoyable holiday season.





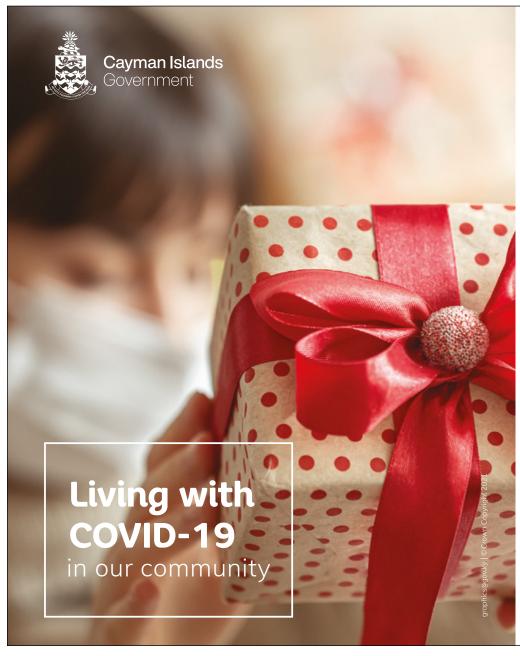
RCIPS Report Increase of Scams over Holiday Period

The RCIPS Financial Crime Investigation Unit has noticed a recent increase in scams and is providing the following information for community awareness.

The scams are usually sent to recipients via messaging services such as WhatsApp. Some of the recent scams that have been reported include the following scenarios:

- Advising of lottery winnings from prominent brands and requesting bank details or administrative fees to collect winnings
- Purported cryptocurrency investments that use the names of public figures to entice people to invest

If persons receive messages of this nature the RCIPS advise blocking the sender.



Practising Holiday Traditions Safely

7 ways to practice holiday traditions safely during COVID-19:

- Visit Santa virtually or write a letter
- Switch large gatherings for holiday light tours
- 3. No-contact food giving
- 4. Set-up a gift exchange done via delivery
- 5. Have a drive-by party
- 6. Attend smaller gatherings only
- 7. Send virtual cards

→ gov.ky/coronavirus

SAFETY DURING THE CHRISTMAS SEASON 2021. HAZARDS TO AVIATION

The Civil Aviation Authority of the Cayman Islands (CAACI) would like to remind the public of the risks to aviation and public safety in general which come from the flying of small unmanned aircraft (also known as drones or unmanned aerial vehicles) kites, sky lanterns and firework displays which are received as presents or used as a part of the holiday festivities.

Small Unmanned Aircraft (SUA)

Each operator is legally responsible for the safe conduct of each flight. Prior to each flight be sure that your drone is undamaged and all components are working. Drones must be kept within your direct sight at all times and it is your responsibility for avoiding collisions with other people or objects. Do not fly your unmanned aircraft in any way that could endanger people or property.

As a protective measure, "no-fly" zones, were introduced in February 2015 and it is illegal to fly an unmanned aircraft within 3 nautical miles of Owen Roberts International Airport (Grand Cayman), Charles Kirkconnell International Airport (Cayman Brac) and Edward Bodden Airfield (Little Cayman) without a specific written permission issued by the CAACI. In addition, a "no fly" zone has also been established around HM Prison Northward and it is illegal to fly an unmanned aircraft within 1 nautical mile of the Prison perimeter without the specific written permission of the Director of Prisons.

To operate your drone/SUA for commercial purposes, the operator must be in possession of a current permission issued by the CAACI. Permission will ensure the competence of the operator to provide a safe service and will require him/her to be medically fit and hold "adequate third-party liability insurance". Any organisation or individual undertaking commercial aerial work without such permission required may be guilty of an offence and liable on summary conviction to a fine not exceeding \$3,400. The application for a Permission to undertake aerial work

should be made on the application form which can be found at the following link: https://www.caacayman.com/wp-content/uploads/LIST%200F%20REQUIRE-MENTS%20FOR%20CAACI%20SUADRO-NE%20PERMISSION.pdf

Any company requesting the use of a drone/SUA for aerial footage for commercial purposes should ensure that the operator is approved by the CAACI. A full list of all approved drone operators can be found here: https://www.caacayman.com/wp-content/uploads/pdf/SUA-Operators.pdf

The CAACI is responsible to the Governor, for the oversight of the use of Small Unmanned Aircraft (SUA)/drones in the Cayman Islands as identified in the legislation of the Air Navigation (Overseas Territories) Order 2013, Article 73. The above national regulations have been developed for the use of SUA/drones, in keeping with the legislation, and identify the requirements applicable to the operation of these aircraft in the Cayman Islands.

Please 'Safety Drone Video': https://vimeo.com/611974687?embed-ded=true&source=vimeo_logo&own-er=98238949

Kites

The flying of kites in the vicinity of airports is potentially dangerous to aircraft particularly during the taking-off and landing phases. Not only is there a risk that the body of the kite could damage the aircraft or be ingested by a jet engine with possibly catastrophic results, but the control lines, sometimes made of high tensile steel wire on performance aerobatic models, can pose a significant hazard to propeller driven aircraft.

Article 71 of the (AN[OT]O 2013) effectively limits the height at which a kite can be flown to a maximum of 100ft above ground level (AGL) within a 3 nautical mile radius of an airport. Beyond this distance, a kite cannot be flown above 200ft AGL within the Cayman Islands.

The rules regulating kite flying may not be generally known and the purpose of this advisory is to provide the necessary information to allow the public to under-



stand the potential hazards to aviation and to enjoy this recreational activity within the limits established by law.

In order to protect the safety of aircraft, the operators of kites being flown above the heights specified are liable to be prosecuted and may have their equipment confiscated.

Fireworks and Light Displays

Firework displays can vary from small domestic events to major commercial or ceremonial displays whilst light shows include all outdoor laser and searchlight displays. The associated risk posed by these events is increased when the activities take place in the vicinity of aerodromes, particularly during critical phases of flight including approach, landing and take-off. Organizers planning firework and light displays during the coming season are reminded of the legal requirement under Article 165 of the (AN[OT]O 2013) to coordinate their proposed events with the Civil Aviation Authority of the Cayman Islands (CAACI) in order to prevent potential threats to aircraft operations.

Coordination with the CAACI is required for all firework activity that takes place within 3 nautical miles of an airport or under the approach and departure paths. Firework displays outside this area where the display height is expected to exceed 200ft above ground level must also be coordinated with the CAACI. Proposed laser and searchlight events within the same areas are similarly subject to coordination with and approval by the CAACI.

Firework, Laser and Light displays which come into this category must be formally approved in advance by the CAACI and will incur the appropriate fee, as per the Air Navigation (Overseas Territories) Order Fees Regulation 2010.

Sky Lanterns

Sky Lanterns are forming an increasingly significant part of community and individual celebrations in the Cayman Islands and the number and size of lanterns being released is increasing to a point where they can pose a hazard to aircraft.

Unlike other forms of recreational and celebratory activities including SUA and kite flying, firework displays and laser light shows, all of which can be controlled from the ground, sky lanterns cannot be controlled once released and the larger lanterns, some of which exceed 4ft in height and diameter, are able to climb in the prevailing wind to a height of several thousands of feet.

Many such products are described by the manufacturers or the retailers as being "bio degradable" inferring that they burn themselves out and leave no trace behind them. Whilst this may be true of successful launches over the sea, it is not necessarily the case of Sky lanterns which are blown back over the land. There are documented incidents in which fires have been started, property destroyed or damaged by the smoldering remains and of livestock injured form digesting bamboo or wire debris.

In addition, the risk to aviation is obvious and although there is currently no legislation in place to regulate the release of sky lanterns the need for caution and careful planning before a launch will be equally obvious.

Any individual or organization planning to release sky lanterns should consider their personal liability in the event that damage to property or injury to humans or animals is caused either by the release of a sky lantern or the debris generated by them.

All enquiries regarding this press release should be addressed to:

Civil Aviation Authority of the Cayman Islands

Tel: (345) 949-7811

For SUA queries:

Email: caston.powery@caacayman.com

Phone: 949-7811 Ext 8223

For all other queries:

E-mail: alastair.robertson@caacayman.

Phone: 949-7811 Ext 8242

The CAACI would like to wish the public a safe and wonderful Holiday Season. For any additional information, please email civil.aviation@caacayman or call 949.7811.



George Town applies for city status

CONTINUED FROM Page 1

also our friends further afield in the Falklands, Gibraltar and the Cayman Islands.

"It's fitting that, as we look towards celebrating the 70 year reign of Her Majesty the Queen, we extend the competition to include those parts of the world which also hold her so dearly.

"City status is not only about local pride, it can deliver real levelling up benefits for businesses and the local area which is clear from the high number of applications. A sincere best of luck to all those who have applied."

The competition is part of a series of planned celebrations to mark Her Majesty The Queen's historic, 70-year reign.

Applicants were asked to talk about the distinct identity and community which they felt meant that their area deserved to become a city, as well as the royal associations of their area.

The UK's Cabinet Office has also announced the 12 cities which are vying for Lord Provost or Lord Mayor status, including Newport and Perth who both previously won city status on The Queen's Golden and Diamond Jubilees.

UK Culture Secretary Nadine Dorries said:

"Her Majesty The Queen's Platinum Jubilee is an exciting chance for local areas to become cities and level up opportunities for all. As well as fostering local pride and potential, this competition is a great way to mark Her Majesty's 70 year reign.

"I wish all entries the best of luck. 2022 is set to be a year of pride, celebration and coming together with the four-day weekend for the Platinum Jubilee alongside other blockbuster events including the Birmingham 2022 Commonwealth Games and Unboxed, championing creativity in the UK.'

Unlike previous Civic Honours competitions, an expert panel will work closely with Ministers to make their recommendations, before being approved by Her Majesty The Queen.

Chair of the Preston Business Improvement District in the UK, John Boydell, said:

"Preston winning city status brought attention to the city, from the buying public and from those thinking of investing in the city. I think it brought Preston to mind as a place to do business."

The final decision will be taken in spring 2022 and announced shortly afterwards as part of The Queen's Platinum Jubilee celebrations. The full lists of applicants can be found below.

List of places which applied for city status

- Alcester, Warwickshire
- · Ballymena, County Antrim
- Bangor, County Down
- Blackburn, Lancashire
- Bolsover, Derbyshire
- Boston, Lincolnshire
- · Bournemouth, Dorset
- · Coleraine, County Londonderry
- · Colchester, Essex
- Crawley, West Sussex
- Crewe, Cheshire
- Doncaster, South Yorkshire
- Dorchester, Dorset
- Douglas, Isle of Man
- Dudley, West Midlands
- Dumfries, Dumfries and Galloway
- Dunfermline, Fife
- Elgin, Moray
- George Town, Cayman Islands
- Gibraltar, Gibraltar
- Goole, East Yorkshire



Maples Group Announces Three Year Partnership with LIFE

The Maples Group is proud to announce a three-year partnership with non-profit literacy organisation; Literacy is for Everyone ("LIFE"). A recent donation made by the Group of US\$30,000 on behalf of its clients is the first of three annual commitments towards LIFE and their cause of raising literacy levels in the Cayman Islands.

LIFE strives to identify effective longterm solutions to the existing challenge of low literacy levels and strategically assists in facilitating better teaching and learning in local public schools. With just two staff members and a handful of volunteers on the team, this recent pledge from the Maples Group supports the LIFE team in being able to spend more time in the community; advocating, educating and making a difference, and less time fundraising.

"We are deeply grateful to the Maples Group for entrusting LIFE with this three-year funding commitment and for their continued support," said Erica Dell'Oglio, Volunteer & Programmes Coordinator at LIFE. "These are strange times in which to operate, but now our work is more important than ever. Affording us this type of financial security enables us to focus on delivering LIFE programmes to those most in need."

LIFE's current focus is on early childhood development, working with teachers, families and children to provide improved educational programmes. In addition, LIFE's community outreach programme provides free books and information for families with the aim to drive more books into the home and improve literary development. The LIFE team is also always working hard as advocates for literacy, collaborating with local government agencies and pushing for institutional improvements, such as nationally accessible early education certifications, as well as free vision and hearing screening for all three to five year olds - factors which, if overlooked, may otherwise impact a child's learning abilities.

Commenting on the Group's decision to enter into a partnership with LIFE, Scott Somerville, CEO of MaplesFS, part of the Maples Group, said:

"LIFE's holistic approach to changing the institutional and cultural issues around illiteracy is very refreshing. We are always impressed by the excellent work they do, their inspiring vision for the future and the impact they have on so many in the Cayman Islands. We simply hope that the promise of our support over the coming years provides a little relief to the team and allows them to continue to focus



▶ (L to R) Woody Foster, LIFE Board of Directors Chairman, Erica DellOglio, LIFE Volunteer and Programmes Coordinator, Scott Somerville CEO Maples Group

on making a difference for children and families in our community. We are proud to be a sponsor of LIFE."

LIFE are always open to receiving donations of new and gently used books, and will use them to ensure that public school children have well-stocked shelves and classroom libraries to choose from. If you too wish to donate your books, money or time to LIFE, or if you wish to find out more, please visit https://www.life.org.ky/donate.

George Town applies for city status

CONTINUED FROM Page 5

- Greenock, Renfrewshire
- Guildford, Surrey
- Livingston, West Lothian
- Marazion, Cornwall
- Medway, Kent
- Middlesborough, North Yorkshire
- Milton Keynes, Buckinghamshire
- Newport and Carisbrooke, Hampshire
 - Northampton, Northamptonshire
 - Oban, Argyll and Bute
 - Reading, Berkshire
 - Peel, Isle of Man
 - St Andrews, FifeStanley, Falkland Islands
 - South Ayrshire, Ayrshire and Arran
 - Warrington, Cheshire
 - Warwick, Warwickshire
 - Wrexham, Clwyd

List of cities which applied for lord provost/lord mayor status

- Bath, Somerset
- Derby, Derbyshire
- Gloucester, Gloucestershire
- Inverness, Inverness
- Lancaster, Lancashire
- Lincoln, Lincolnshire
- Newport, Gwent
- Perth, Perth and Kinross
 Courth and Harry Harry British
- Southampton, HampshireSunderland, Tyne and Wear
- Wolverhampton, West Midlands
- Worcester, Worcestershire

Two new board members for Cayman's literacy charity, Literacy Is For Everyone

Cayman's literacy charity, Literacy Is For Everyone (LIFE) has appointed two new members to its Board of Directors. Lynne Byles, founder and Managing Director of Tower Marketing, and Sam Nehra, HR specialist and Chief of Staff at Real Vision, join six incumbents. Their appointments come as the PACT government continues to invest heavily in education, committing over \$200 million to projects, including the introduction of nursery facilities for 3-year-olds at every public primary school.

"LIFE is so pleased to welcome these ladies to our team of committed Directors. Both bring a lot of experience and expertise to the table. Low literacy is a driver of inequality, which can pose serious socio-economic consequences. We are thrilled to continue to grow our organisation and empower future generations of the Cayman Islands," said Woody Foster, LIFE Chairman.

With the Education Data Report 2020, published by the Department of Education Services, showing a troubling discrepancy between the performance of boys and girls, with 63% of girls meeting national expectations, compared to 48% of boys, and the actual outcomes of Year 6 students falling significantly short of Cognitive Abilities Test (CAT4) predictions, education, and the importance of literacy as a gateway to learning, are being brought front and centre of the national agenda.

"All children have the right to literacy. Being able to read and write is the key



▶ New LIFE board members, Lynne Byles (left) and Sam Nehra (rigth)

to accessing education and employment and to participating fully in society. I am delighted to join the board of LIFE to help advocate for stronger literacy outcomes for the children of Cayman," said Byles

LIFE continues to expand its education and community outreach programmes into early childhood, a critical time of brain and language development for children aged birth to five years old. Recognising the importance of early childhood centres for children below the age of compulsory education, the Office of Educational Standards' 2019 Annual Report highlighted international research

demonstrating the critical impact of the quality of a child's early childhood experience on future academic outcomes and educational participation.

Commenting on her appointment, Nehra said, "I am passionate about supporting LIFE and the amazing work they are doing to ensure literacy is not seen as a taboo subject. It is one of the most critical foundations for any society wanting the best opportunities for their future generations."

For more information about how you can get involved in LIFE's mission, email info@life.org.ky or visit their website at www.life.org.ky.



REGISTRATION NOTICE

section 13(2)

TAKE NOTICE that -

- Every person who is entitled to be registered as an elector in the Cayman Brac East and Cayman Brac West & Little Cayman electoral district(s) and who wishes to have his/ her name placed on the Register of Electors for the three month period commencing on the 1st day of April, 2022 shall, unless already registered in the current Register of Electors, apply in writing in Form 4 for registration as an elector, which duly completed form must be received by the registering officer for the said electoral district(s) on or before the registration date, namely the 1st day of January, 2022.
- Every person not disqualified on any of the grounds set out in the next paragraph of this notice is qualified to be registered as an elector in the said electoral district if he or

Oualifications of Electors

- 90(1) Subject to section 91, a person shall be entitled to be registered as an elector in one electoral district only, but he or she shall not be entitled to be registered as an elector for elections to the Legislative Assembly unless
 - he or she was, on the day immediately preceding the date of commencement of this Constitution, entitled to be registered as an elector; or
 - he or she
 - i) is a Caymanian; and
 - ii) has attained the age of eighteen years; and
 - iii) is resident in the Cayman Islands at the date of registration; and
 - iv) has been resident in the Cayman Islands for a period or periods amounting to not less than two years out of the four years immediately preceding the date of registration;
 - on the day of the issue of a writ ordering an election, he (c) or she is otherwise qualified under paragraph (b) but has not attained the age of eighteen, but he or she will attain that age on or before the polling day at the

Disqualifications of Electors

- 91(1) A person shall not be entitled to be registered as an elector in any electoral district who
 - subject to subsection (2) is serving a sentence of imprisonment (by whatever name called) exceeding twelve months imposed on him or her by a court in any country or substituted by competent authority for some other sentence imposed on him or her by such a court, or is under such a sentence of imprisonment the execution of which has been suspended;
 - is a person certified to be insane or otherwise adjudged to be of unsound mind under any law in force in the Cayman Islands; or
 - is disqualified for registration as an elector by any law in force in the Cayman Islands relating to offences connected with elections.
 - For the purposes of subsection (1)(a)-
 - where a person is serving two or more sentences of imprisonment that are required to be served consecutively he or she shall, throughout the whole time during which he or she so serves, be regarded as serving a sentence exceeding twelve months if (but not unless) any one of those sentences exceeds that term;
 - no account shall be taken of a sentence of imprisonment imposed as an alternative to or in default of the payment of a fine; and
 - no account shall be taken of a sentence of imprisonment imposed by a court outside the Cayman Islands other than a sentence on conviction of an offence constituted by conduct which, if it occurred within the Cayman Islands, would constitute an offence punishable under the law of the Cayman Islands by imprisonment of twelve months or any greater punishment.
 - A revised list containing the names, street address and occupation of all persons qualified to vote in the said
 - whose names appear in the current Register of Electors; or
 - who have submitted to the registration officer a duly completed and signed application for registration in Form 4 will be available at the Elections Office in George Town, the District Administration Office in Cayman Brac and the Post Office in Little Cayman for a period of twenty-one days beginning on the 21st day of January, 2022.
 - copies of Form 4 may be obtained at the following
 - i) any post office or sub-post office;
 - ii) the registering office for any electoral district; or
 - iii) the Elections Office
 - The registering officer for the electoral district(s) is

22nd December, 2021

Ellen Lazzari REGISTERING OFFICER

TAKE NOTICE that -

Every person who is entitled to be registered as an elector in the **North Side** electoral district and who wishes to have his/her name placed on the Register of Electors for the three month period commencing on the **1st day of April**, **2022** shall, unless already registered in the current Register of Electors, apply in writing in Form 4 for registration as an elector, which duly completed form must be received by the registering officer for the said electoral district on or before the registration date, namely the **1st day of January, 2022**.

Every person not disqualified on any of the grounds set out in the next paragraph of this notice is qualified to be registered as an elector in the said electoral district if he or

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- he or she was, on the day immediately preceding the date of commencement of this Constitution, entitled to be registered as an elector; or
- he or she
 - is a Caymanian; and
 - has attained the age of eighteen years; and ii)
 - is resident in the Cayman Islands at the date of registration; and
 - iv) has been resident in the Cayman Islands for a period or periods amounting to not less than two years out of the four years immediately preceding the date of registration;

on the day of the issue of a writ ordering an election, he or she is otherwise qualified under paragraph (b) but has not attained the age of eighteen, but he or she will attain that age on or before the polling day at the election.

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 - subject to subsection (2) is serving a sentence of imprisonment (by whatever name called) exceeding twelve months imposed on him or her by a court in any country or substituted by competent authority for some other sentence imposed on him or her by such a court, or is under such a sentence of imprisonment the execution of which has been
 - is a person certified to be insane or otherwise adjudged to be of unsound mind under any law in force in the Cayman Islands; or
 - is disqualified for registration as an elector by any law in force in the Cayman Islands relating to offences connected with elections.
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 - where a person is serving two or more sentences of imprisonment that are required to be served consecutively he or she shall, throughout the whole time during which he or she so serves, be regarded as serving a sentence exceeding twelve months if (but not unless) any one of those sentences exceeds that term;
 - no account shall be taken of a sentence of imprisonment imposed as an alternative to or in default of the payment of a fine; and
 - no account shall be taken of a sentence of imprisonment imposed by a court outside the Cayman Islands other than a sentence on conviction of an offence constituted by conduct which, if it occurred within the Cayman Islands, would constitute an offence punishable under the law of the Cayman Islands by imprisonment of twelve months or any greater punishment.
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 - copies of Form 4 may be obtained at the following
 - i) any post office or sub-post office;
 - ii) the registering office for any electoral district; or
 - iii) the Elections Office
 - The registering officer for the electoral district is

22nd December, 2021

E. Patricia Ebanks REGISTERING OFFICER

TAKE NOTICE that -

- Every person who is entitled to be registered as an elector in the **East End** electoral district and who wishes to have his/her name placed on the Register of Electors for the three month period commencing on the 1st day of April, 2022 shall, unless already registered in the current Register of Electors, apply in writing in Form 4 for registration as an elector, which duly completed form must be received by the registering officer for the said electoral district on or before the registration date, namely the 1st day of January, 2022.
- Every person not disqualified on any of the grounds set out in the next paragraph of this notice is qualified to be registered as an elector in the said electoral district if he or she –

Oualifications of Electors

- 90(1) Subject to section 91, a person shall be entitled to be registered as an elector in one electoral district only, but he or she shall not be entitled to be registered as an elector for elections to the Legislative Assembly unless
 - he or she was, on the day immediately preceding the date of commencement of this Constitution, entitled to be registered as an elector; or
 - he or she
 - i) is a Caymanian; and
 - ii) has attained the age of eighteen years; and
 - iii) is resident in the Cayman Islands at the date of registration; and
 - iv) has been resident in the Cayman Islands for a period or periods amounting to not less than two years out of immediately preceding the date of registration;

on the day of the issue of a writ ordering an election, he or she is otherwise qualified under paragraph (b) but has not attained the age of eighteen, but he or she will attain that age on or before the polling day at the election.

Disqualifications of Electors

- 91(1) A person shall not be entitled to be registered as an elector in
 - subject to subsection (2) is serving a sentence of imprisonment (by whatever name called) exceeding twelve months imposed on him or her by a court in any country or substituted by competent authority for some other sentence imposed on him or her by such a court, or is under such a sentence of imprisonment the execution of which has been suspended;
 - is a person certified to be insane or otherwise adjudged to be of unsound mind under any law in force in the Cayman Islands; or
 - is disqualified for registration as an elector by any law in force in the Cayman Islands relating to offences connected with elections.
 - (2) For the purposes of subsection (1)(a)-
 - where a person is serving two or more sentences of imprisonment that are required to be served consecutively he or she shall, throughout the whole time during which he or she so serves, be regarded as serving a sentence exceeding twelve months if (but not unless) any one of those sentences exceeds that term;
 - no account shall be taken of a sentence of imprisonment imposed as an alternative to or in default of the payment of a fine; and
 - no account shall be taken of a sentence of imprisonment imposed by a court outside the Cayman Islands other than a sentence on conviction of an offence constituted by conduct which, if it occurred within the Cayman Islands, would constitute an offence punishable under the law of the Cayman Islands by imprisonment of twelve months or any greater punishment.
 - A revised list containing the names, street address and occupation of all persons qualified to vote in the said district
 - whose names appear in the current Register of Electors; or
 - who have submitted to the registration officer a duly completed and signed application for registration in Form 4 will be available at the Elections Office in George Town, the District Administration Office in Cayman Brac and the Post Office in Little Cayman for a period of twenty-one days beginning on the 21st day of January, 2022.
 - es of Form 4 may be obtained at the places
 - i) any post office or sub-post office;
 - ii) the registering office for any electoral district; or
 - iii) the Elections Office (f) The registering officer for the electoral district is
 - Leisa V. Welcome.

Leisa V. Welcome 22nd December, 2021

REGISTERING OFFICER



REGISTRATION NOTICE

section 13(2)

TAKE NOTICE that -

- (a) Every person who is entitled to be registered as an elector in the West Bay North, West Bay West, West Bay Central and West Bay South electoral district(s) and who wishes to have his/her name placed on the Register of Electors for the three month period commencing on the 1st day of April, 2022 shall, unless already registered in the current Register of Electors, apply in writing in Form 4 for registration as an elector, which duly completed form must be received by the registering officer for the said electoral district(s) on or before the registration date, namely the 1st day of January, 2022.
- (b) Every person not disqualified on any of the grounds set out in the next paragraph of this notice is qualified to be registered as an elector in the said electoral district if he or she –

Qualifications of Electors

- 90(1) Subject to section 91, a person shall be entitled to be registered as an elector in one electoral district only, but he or she shall not be entitled to be registered as an elector for elections to the Legislative Assembly unless—
 - (a) he or she was, on the day immediately preceding the date of commencement of this Constitution, entitled to be registered as an elector; or
 - (b) he or she
 - i) is a Caymanian; and
 - ii) has attained the age of eighteen years; and
 - iii) is resident in the Cayman Islands at the date of registration; and
 - has been resident in the Cayman Islands for a period or periods amounting to not less than two years out of the four years immediately preceding the date of registration;

10

on the day of the issue of a writ ordering an election, he or she is otherwise qualified under paragraph (b) but has not attained the age of eighteen, but he or she will attain that age on or before the polling day at the

Disqualifications of Electors

- 91(1) A person shall not be entitled to be registered as an elector in any electoral district who—
 - (a) subject to subsection (2) is serving a sentence of imprisonment (by whatever name called) exceeding twelve months imposed on him or her by a court in any country or substituted by competent authority for some other sentence imposed on him or her by such a court, or is under such a sentence of imprisonment the execution of which has been suspended;
 - (b) is a person certified to be insane or otherwise adjudged to be of unsound mind under any law in force in the Cayman Islands; or
 - (c) is disqualified for registration as an elector by any law in force in the Cayman Islands relating to offences connected with elections.
 - (2) For the purposes of subsection (1)(a)—
 - (a) where a person is serving two or more sentences of imprisonment that are required to be served consecutively he or she shall, throughout the whole time during which he or she so serves, be regarded as serving a sentence exceeding twelve months if (but not unless) any one of those sentences exceeds that term;
 - (b) no account shall be taken of a sentence of imprisonment imposed as an alternative to or in default of the payment of a fine; and
 - (c) no account shall be taken of a sentence of imprisonment imposed by a court outside the Cayman Islands other than a sentence on conviction of an offence constituted by conduct which, if it occurred within the Cayman Islands, would constitute an offence punishable under the law of the Cayman Islands by imprisonment of twelve months or any greater punishment.
 - (d) A revised list containing the names, street address and occupation of all persons qualified to vote in the said
 - i) whose names appear in the current Register of Electors; or
 - ii) who have submitted to the registration officer a duly completed and signed application for registration in Form 4 will be available at the Elections Office in George Town, the District Administration Office in Cayman Brac and the Post Office in Little Cayman for a period of twenty-one days beginning on the

21st day of January, 2022.

- (e) copies of Form 4 may be obtained at the following places
 - i) any post office or sub-post office;
 - ii) the registering office for any electoral district; or
 - iii) the Elections Office
- (f) The registering officer for the electoral district(s) is

22nd December, 2021 DATE

Bethany Powery
REGISTERING OFFICER

TAKE NOTICE that -

Every person who is entitled to be registered as an elector in the George Town North, George Town West, George Town Central, George Town South, George Town East, Red Bay and Prospect electoral district(s) and who wishes to have his/her name placed on the Register of Electors for the three month period commencing on the 1st day of April, 2022 shall, unless already registered in the current Register of Electors, apply in writing in Form 4 for registration as an elector, which dully completed form must be received by the registering officer for the said electoral district(s) on or before the registration date, namely the 1st day of January, 2022.

(a) Every person not disqualified on any of the grounds set out in the next paragraph of this notice is qualified to be registered as an elector in the said electoral district if he or she —

Qualifications of Electors

- 90(1) Subject to section 91, a person shall be entitled to be registered as an elector in one electoral district only, but he or she shall not be entitled to be registered as an elector for elections to the Legislative Assembly unless—
 - (a) he or she was, on the day immediately preceding the date of commencement of this Constitution, entitled to be registered as an elector; or
 - (b) he or she
 - i) is a Caymanian; and
 - ii) has attained the age of eighteen years; and
 - iii) is resident in the Cayman Islands at the date of
 - iv) has been resident in the Cayman Islands for a period or periods amounting to not less than two years out of the four years immediately preceding the date of registration;

or

(c) on the day of the issue of a writ ordering an election, he or she is otherwise qualified under paragraph (b) but has not attained the age of eighteen, but he or she will attain that age on or before the polling day at the election.

Disqualifications of Electors

- 91(1) A person shall not be entitled to be registered as an elector in any electoral district who
 - a) subject to subsection (2) is serving a sentence of imprisonment (by whatever name called) exceeding twelve months imposed on him or her by a court in any country or substituted by competent authority for some other sentence imposed on him or her by such a court, or is under such a sentence of imprisonment the execution of which has been suspended;
 - is a person certified to be insane or otherwise adjudged to be of unsound mind under any law in force in the Cayman Islands; or
 - is disqualified for registration as an elector by any law in force in the Cayman Islands relating to offences connected with elections.
 - (2) For the purposes of subsection (1)(a)—
 - (a) where a person is serving two or more sentences of imprisonment that are required to be served consecutively he or she shall, throughout the whole time during which he or she so serves, be regarded as serving a sentence exceeding twelve months if (but not unless) any one of those sentences exceeds that term;
 - (b) no account shall be taken of a sentence of imprisonment imposed as an alternative to or in default of the payment of a fine; and
 - (c) no account shall be taken of a sentence of imprisonment imposed by a court outside the Cayman Islands other than a sentence on conviction of an offence constituted by conduct which, if it occurred within the Cayman Islands, would constitute an offence punishable under the law of the Cayman Islands by imprisonment of twelve months or any greater punishment.
 - (d) A revised list containing the names, street address and occupation of all persons qualified to vote in the said district
 - whose names appear in the current Register of Electors; or
 - ii) who have submitted to the registration officer a duly completed and signed application for registration in Form 4 will be available at the Elections Office in George Town, the District Administration Office in Cayman Brac and the Post Office in Little Cayman for a period of twenty-one days beginning on the

21st day of January, 2022.

- (e) copies of Form 4 may be obtained at the following
 - i) any post office or sub-post office;
 - ii) the registering office for any electoral district; or
 - iii) the Elections Office
- f) The registering officer for the electoral district(s) is Kathryn Myles.

22nd December, 2021 DATE Kathryn Myles
REGISTERING OFFICER

TAKE NOTICE that -

- (a) Every person who is entitled to be registered as an elector in the Newlands, Savannah, Bodden Town West and Bodden Town East electoral district(s) and who wishes to have his/her name placed on the Register of Electors for the three month period commencing on the 1st day of April, 2022 shall, unless already registered in the current Register of Electors, apply in writing in Form 4 for registration as an elector, which duly completed form must be received by the registering officer for the said electoral district(s) on or before the registration date, namely the 1st day of January, 2022.
- (b) Every person not disqualified on any of the grounds set out in the next paragraph of this notice is qualified to be registered as an elector in the said electoral district if he or she –

Qualifications of Electors

- 90(1) Subject to section 91, a person shall be entitled to be registered as an elector in one electoral district only, but he or she shall not be entitled to be registered as an elector for elections to the Legislative Assembly unless—
 - (a) he or she was, on the day immediately preceding the date of commencement of this Constitution, entitled to be registered as an elector; or
 - (b) he or she
 - i) is a Caymanian; and
 - ii) has attained the age of eighteen years; and
 - iii) is resident in the Cayman Islands at the date of registration; and
 - iv) has been resident in the Cayman Islands for a period or periods amounting to not less than two years out of the four years immediately preceding the date of registration:

or

(c) on the day of the issue of a writ ordering an election, he or she is otherwise qualified under paragraph (b) but has not attained the age of eighteen, but he or she will attain that age on or before the polling day at the election

Disqualifications of Electors

- 91(1) A person shall not be entitled to be registered as an elector in any electoral district who—
 - (a) subject to subsection (2) is serving a sentence of imprisonment (by whatever name called) exceeding twelve months imposed on him or her by a court in any country or substituted by competent authority for some other sentence imposed on him or her by such a court, or is under such a sentence of imprisonment the execution of which has been suspended;
 - (b) is a person certified to be insane or otherwise adjudged to be of unsound mind under any law in force in the Cayman Islands; or
 - (c) is disqualified for registration as an elector by any law in force in the Cayman Islands relating to offences connected with elections.
 - (2) For the purposes of subsection (1)(a)—
 - (a) where a person is serving two or more sentences of imprisonment that are required to be served consecutively he or she shall, throughout the whole time during which he or she so serves, be regarded as serving a sentence exceeding twelve months if (but not unless) any one of those sentences exceeds that term;
 - (b) no account shall be taken of a sentence of imprisonment imposed as an alternative to or in default of the payment of a fine; and
 - (c) no account shall be taken of a sentence of imprisonment imposed by a court outside the Cayman Islands other than a sentence on conviction of an offence constituted by conduct which, if it occurred within the Cayman Islands, would constitute an offence punishable under the law of the Cayman Islands by imprisonment of twelve months or any greater punishment.
 - (d) A revised list containing the names, street address and occupation of all persons qualified to vote in the said
 - whose names appear in the current Register of Electors; or
 - ii) who have submitted to the registration officer a duly completed and signed application for registration in Form 4 will be available at the Elections Office in George Town, the District Administration Office in Cayman Brac and the Post Office in Little Cayman for a period of twenty-one days beginning on the 21st day of January, 2022.
 - (e) copies of Form 4 may be obtained at the following places
 - i) any post office or sub-post office;
 - ii) the registering office for any electoral district; or
 - iii) the Elections Office
 - The registering officer for the electoral district(s) is **Kerry Nixon**.

22nd December, 2021 DATE Kerry Nixon

REGISTERING OFFICER

Active WORC Boards Taking Holiday Break

All of the statutory boards under the remit of Workforce Opportunities & Residency Cayman (WORC) will be taking a break for the holiday season, having been holding regular meetings since first convening in mid-November as per the Immigration (Transition) Act (2021 Revision).

WORC Deputy Director Sian Pairaudeau said, "Although there was an initial delay in meetings following the appointment of new board members, all boards have been active with applications being reviewed and processed in parallel with department administrators."

Between October and November, the newly-appointed members of the Work Permit,

Cayman Status & Permanent Resident, Business Staffing Plan, and Work Permit Cayman Brac & Little Cayman Boards received training on data protection sensitisation and cyber awareness, as well as going through a familiarisation process with board secretaries, relevant processes and policies.

The Cayman Status & Permanent Resident Board also received training on the permanent resident (PR) point system.

Mrs. Pairaudeau said, "We understand the impact on our customers while the boards were in transition, which included delays in the review and adjudication on some applications. However, the training process was necessary to ensure continuity and

timely processing of applications moving forward."

Additional training will run parallel to board meetings, which will resume in early January 2022 following the holiday break. Applications that can be dealt with administratively will continue to be adjudicated on as normal.

The regular weekly schedule of board meetings will resume in January with the Work Permit Board meeting every Monday, the Business Staffing Plan Board meeting on Wednesdays and some Fridays, and the Cayman Status & Permanent Resident Board meeting every Thursday. The Work Permit Cayman Brac & Little Cayman Board meets every other Tuesday in Cayman Brac.



▶ WORC Deputy Director Sian Pairaudeau

Global Citizen Concierge Programme Extended

The Global Citizen Concierge Programme has been extended for an additional year following Cabinet approval to amend the Immigration (Transition) (Global Citizen Exemption) (Amendment) Regulations, 2021 accordingly. The programme will now also allow for proof of additional means of income.

Under the new amendments, the programme is open for applications through October 2022 for participants to stay in the Cayman Islands for two years.

Applicants can now also include other sources of income such as annual salary, annual salary of spouse or civil partner, employment bonus of applicant, spouse or civil partner, income from investments of applicant, spouse or civil partner, share dividends of applicant spouse or civil partner and any other forms of recurring income of the applicant, spouse or civil partner.



The minimum annual income for an individual applicant to apply for the programme is US\$100,000 and the minimum annual income for a family of four is US\$186,000. A minimum income applies to applicants with up to five dependents and for applicants with five or more de-

pendents, the minimum annual income is left to the discretion of the Director of WORC.

The Global Citizen Concierge Programme launched in October 2020 to allow individuals and families who are employed and generate income outside of

the Cayman Islands to live and work in the Islands remotely.

The programme allows the approved applicants to travel in and out of the Cayman Islands as a Permanent Resident for the term of the contract.

The programme has generated US\$293,040 of direct revenue for the Department of Tourism, and it is estimated that about US\$5,000 per applicant is pumped into the local economy per month of their stay.

To date, 152 applications have been approved resulting in 334 people arriving as part of the programme. There are 23 applications representing 52 people currently awaiting approval to arrive.

All individuals entering the Cayman Islands via the Global Citizen Concierge Programme are required to be fully vaccinated against COVID-19.







Clean Up and Campaign moves to Barkers

Last weekend Plastic Free Cayman, CayOcean, and the MCGI church joined more than 45 local volunteers to clean up Barkers Beach and support Protect Our Future's latest "Our Future is NOT single-use" campaign.

The event also included appearances from Cayman COP26 representative Ms. Dejea Lyons, as well as Mr. Martin Lancaster, Breast Cancer Foundation advisor and beach clean warrior, whose cleanup efforts have raised thousands of dollars for charity.

This holiday clean up marked Plastic Free Cayman's last beach clean of 2021. This year, the organisation removed more than 14,000 pounds (over 7 tonnes) of trash from Cayman's beaches. In

fact, since Plastic Free Cayman's establishment in 2017, more than 6,000 pounds (3 tonnes) of garbage, mostly marine debris, has been removed from Barkers National Park.

Protect Our Future co-leader Nic Corin commented, "It seems as though every time we go back to Barkers Beach the plastic pollution situation gets worse. We need to take action. It is our hope that Cayman will implement the single use plastic ban that was in the works two years ago."

After removing more than 500 pounds of debris this weekend, Chloe Bentick-Lalli, the Protect Our Future campaign leader added, "It's sad to see our National Park filled with plastic. Our future is not single-use, and we

need to wake up and engage in real action."

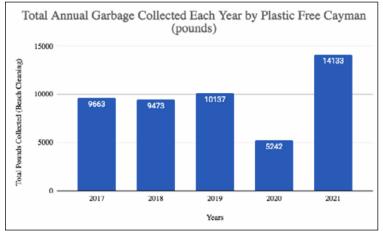
Of course, much of the marine debris does come from other nearby island nations, however, there is also a great deal of local litter, especially in Barkers.

The leaders of Plastic Free Cayman fully understand the convenience of plastic in much of our daily lives, especially during the current global pandemic. Lateral flow tests, masks, and gloves are just a few of the single use plastics that continue to be a part of our current situation. However, this should not become an excuse for continuous local litter, a poor waste management system and inaction regarding the banning of unnecessary single-use items. Like the students of Protect Our Future, Plastic Free Cayman would like to see a future driven less by consumerism. Instead, our products should be part of a circular economy and more sustainable.

This marks Plastic Free Cayman's fifth year of cleanup efforts. As a nonprofit partnering with thousands of volunteers both locally and internationally, they have removed over 25 tonnes of waste from Cayman's beaches. Unfortunately, 2021 marked a significant increase in plastic waste on our beaches,

up more than 30% from 2019. Clearly the problem is not going away, which is why a call to action is so important. In many

ways, our young people are leading the charge on this issue, when we are the ones who caused it.







COMMUNITY EVENTS

Santa at Bayshore Mall
24 December - Catch the last day
of Santa at the Bayshore Mall in
his special grotto from 11am to
3pm. Kirk Freeport continues to
merrily offer sweet treats, Christmas music, and jolly entertainment. In addition, all-day Christmas Eve, an enchanted selection of
face painters, balloon twisters and
magicians will add to the spirit of

Christmas Day

the season.

25 December - This is a public holiday. Have a very Merry and

Blessed Christmas with family and friends! Stay safe.

Boxing Day

26 December – This is a public holiday, but supermarkets, liquor stores and gas stations are opened.

Public Holidays

27 & 28 December - Monday 27 and Tuesday 28 are public holidays. All government offices will be closed. Supermarkets, liquor stores and gas station are opened.

New Year's Eve Fireworks 31 December – Enjoy fireworks in Grand Cayman on New Year's Eve. Camana Bay's event begins at 8pm or you can gather your family and friends at Public Beach for a front row seat to marvel at the various magical displays to ring in 2022.

Free entry to the National Museum for Residents

1 January - Residents can enjoy free entry to the National Museum every first Saturday of the month. View two floors of galleries that contain six exhibitions to learn about the unique natural and cultural heritage of our three Islands.



Ceramics Workshop with Yonier Powery

8 January – The National Gallery is offering a 2-day introduction course on ceramics with Yonier Powery. The cost is \$80 with 10% off for members and all materials

are provided. To sign up, email education@nationalgallery.org.ky.

Send your community events to wendy@ caymaniantimes.ky

Secret to guilt-free dinner

Are the dinners that you cook healthy? Think so, but not sure?

If your weight loss has slowed, or even stopped, then there are improvements to be made in your dinner routine.

I've made 5 guidelines so that you'll know if your meals are healthy and fitness friendly. And as a result you'll experience healthy weight loss.

Check out these 5 Easy Steps to Guilt-Free Dinner...

Step #1: Choose Quality Ingredients

These are the building blocks to a healthy meal. While you certainly don't need to dine in gourmet restaurants in order to ensure quality ingredients, you should pay attention to the quality of the foods you eat.

Choose foods that are:

- Fresh and organic
- Pronounceable ingredients
- Whole foods

Step #2: Use Healthy Cooking Methods

The way a meal is cooked determines how many calories, how much added fat, and the number of nutrients that survive. This simple factor will make or break your weight loss goal.

Avoid foods prepared like this:

- Fried and battered
- Processed and packaged
- · Doused with cream sauce
- Sautéed

Choose foods that are prepared like this:

- Grilled
- Baked
- Broiled
- Steamed

Step #3: Eat Mostly Protein

The bulk of your calories should be coming from a quality source of protein. With the first 2 guidelines in mind, these will be high quality, healthfully prepared.

Good choices of protein include:

- Fish
- Chicken
- Turkey
- Egg
- Lean red meat
- Beans

Step #4: Include Lots of Fiber

Fiber is a huge part of eating healthy and being lean. Fibrous foods will fill you up while delivering vitamins and nutrients in low-calorie packages. Fill at least two thirds of your plate with fibrous vegetables.





Try these forms of fiber:

- Salad
- Seasonal vegetables
- Fruit
- Legumes

Step #5: Reduce Starches

Here's where many well-meaning dieters lose it. The facts are simple, in order to maintain the low-carb, high protein diet required for healthy weight loss, there is no room for starchy foods.

Starches to Avoid:

- Potatoes
- Pasta
- Rice and cereal
- Bread and crackers

For the most effective results, pair your clean eating with a challenging exercise routine. That's where I come into the equation!

Call Ernest at Body Shapers Personal Training Fitness Studio 325-8696 or email bodyshaperscayman@gmail.

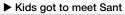


► Ernest Ebanks

com today and I'll get you started on an exercise program that will transform your body once and for all.









Santa comes to Bodden Town

By Christopher Tobutt

There were bouncy castles, hamburgers, hot dogs, cold fruit punch and lots and lots of gifts when Dwayne Seymour, Elected Representative of Bodden Town East put on a great big Christmas family fun-day at beautiful Coe Wood Beach. But most of all there were lots and lots of smiling faces, and lots of laughter coming from the children who had come with their moms and

"We have been doing this for over ten years now," said Mr. Seymour, better known as John-John, said. "Whether I'm elected or not I just have a passion to en-

sure that kids, at Christmas Time especially are appreciated and feel loved, and know that people of this community care for them. We need to appreciate our chil-

When Santa Claus came to Bodden Town there was even more excitement, as the kids lined up and Santa gave each one a present. But the presents didn't end there. Mr. Seymour had bought 25 gleaming new bicycles that were going to be raffled, from little toddlers' bikes right up to full sizes Huffy mountain bikes.

"Today for the first time we are raffling a washing machine, raffling a stove, and also raffling an item for the volunteers. We wanted to show that the parents have got something to look forward to also," Mr. Seymour said,"This is only one of what we are going to do throughout this district. We are going to every senior's house, and delivering a gift and a basket, then we are also handing out turkeys and chickens and hams Bodden town east community led through Dwayne Seymours office.

Of Course, it wouldn't be possible to do all these things without lots of volunteers, and some of them were young people from Clifton Hunter, as well as all the faithful volunteers who always support Mr. Seymour's community events. Vasei Barrett, Assistant Administrator in Mr. Seymour's office, said, "I am helping do the food, we have burgers, hot dogs, cupcakes and fruit punch. Another volunteer, Andrene Rankine said, "its good for the community with JJ ("John John"). I want to support his events because he is a beautiful

person, inside and outside. I have known him for about 25 years. I drive a taxi so I bring in all the gifts for the children. John-John pays for all the gifts. Beautiful, can't be better."

of In-between Dreams, a non-profit for



▶ Vasei Barrett

Cory McGee, Director and Founder

young people, said, "We have an inflatable theme park so we always want to come out into the community and bring some energy into the community. One of the dads, Daniel, said, "It's awesome because there's nothing better than seeing the kids smile."



Fun on the bouncy castle



▶ Mr Dwayne Seymour and all the beautiful bicycles



▶ Division Manager Randy Rankin with one of the families at the Christmas Toy Donation in Washington Blvd.



► Kids at the Christmas Toy Donation at the Turtle Centre in West Bay (Photos by Krystle Hinds, GIS)

A Cayman Islands Fire Service Christmas

The Cayman Islands Fire Service (CIFS) collaborated with the Cayman Islands Motorcycle Riders Association (CIMRA) for the annual Christmas Toys 4 Tots Donation Drive on Sunday, 19 December 2021.

Due to COVID-19 restrictions on mass gatherings, this year's event took the form of a Road Show across Grand Cayman from North Side, to East End Park, Savannah Park, Windsor Park, Washington Boulevard Park, and ending at the Cayman Turtle Centre in West Bay. Santa and his helpers were on hand to give out presents alongside CIFS officers from each district. Snacks and refreshments were also distributed to the children and families.

"We look forward every year to treating the kids from the various communities we serve. In an effort to keep everyone safe, we did not host our annual Kids' Christmas Party at the Airport Park this year. Instead we decided to visit the various communities to spread Christmas cheer and drop off the presents. Our Officers also provided masks if needed, and sanitisers for persons before entry and gift collections", said CIFS Division Manager Randy Rankin.

Speaking to CIMRA motivation for working alongside the CIFS, Head of the Cayman Islands Motorcycle Riders Association, Mr. Keith Keller, added: "We enjoy partnering with the CIFS on this initiative annually. In fact, it is at the core of who we are. COVID has affected many of our families across our communities, now more than ever and we have to support those around us."



► Christmas Toy Donation, Windsor Park



► Christmas Toy Donation, Pedro Castle



CIFS Officers handing out refreshments to the Kids at the Christmas Toy Donation in Washington Blvd.



▶ Issac Rankine MP for East End discusses the event with Division Manager Randy Rankin





Saving Christmas Island; The Musical

Broadway came to Cayman this Christmas and lit the Harquail stage with beautiful backdrops, musical numbers, lots of local talent showing their acting chops and Snow, Snow Snow! Our future is bright as leaders of tomorrow took off their professional hats to show that Saving Christmas Island was a piece a cake; well after all of the storms and spells and that sort of stuff anyway! After wishing for snow and a white Christmas, Moana got her wish and then some, to eventually appreciating all that she had on her little island and realising that the grass is literally not always greener on the other side.

Writing, producing and starring in her original Broadway musical production, actress, model and former Miss Cayman Islands Universe, Caitlin Tyson proved that she is a force to be reckoned with. With her band of millennial friends, some recognizable faces, all poised for their place in society, and a little help from the Bayanian choir from Christ the Redeemer Church, and a few baby boomers to even things out, Saving Christmas Island was a treat this holiday season and just what we all needed to bring us some Christmas Cheer after the tough year we have all had.

Bringing your favorite characters like Aladdin, Jasmin, Rapunzel, Belle, Beast, Mrs Potts and more, Broadway was alive and well this holiday season at the Har-



quail Theatre. If you can't get to Broadway, you bring it you, was proven this past weekend as Santa and Buddy narrated the group of friends through the riveting scenes to eventually enlist the Grinch, the unlikeliest of all, to help them to save Christmas. The musical was directed by Catherine Tyson, with the genius of sound and effects done by Sean Ebanks and an incredible set, it was a project that Caitlin is proud to have accomplished. "In

the height of the pandemic I kept thinking about how much I did not appreciate all that I had before it hit and decided to write something paying homage to just being happy wherever you are and blooming where you are planted, knowing that things could change in the blink of an eye", said the classically trained actress from the American Academy of Dramatic Arts in New York, who is happy to be from this little island and depicting a way to save it

from doom and gloom is what this musical was all about. An encore performance is planned for Saturday January 8, 2022 and tickets can be found on Rumrunners.ky.

Finding a way to get through this difficult time is what is needed most this season and with all the favorite Christmas songs and lots of laughs, it was just what the doctor ordered for holiday fun. With what unfolded onstage, it certainly looks like our future is bright and in very good hands Cayman!





CARIBBEAN BRIEFS

Dominica adds to its eco-resort portfolio

Dominica's latest luxury eco-resort has opened over the festive season; Coulibri Ridge is a dramatic design, set on a hillside with spectacular views of the Caribbean Sea.

Coulibri Ridge has 14 rooms, ranging from studios to duplex suites, all of which have views

of neighbouring Martinique and custom kitchens and recycled furnishings. Three of the suites have their own private plunge pools.

It is the latest addition to Dominica's growing portfolio of luxury hotels, that includes Secret Bay, the Cabrits Kempinski and the Pagua Bay House, among others.

Coulibri Ridge is set on a 200acre site, with two pools, two dining rooms, a spa, a yoga pavilion, a conference room and property-wide, complimentary Wi-Fi.

It's the brainchild of Daniel Langlois, a Canadian software en-



► Coulibri Ridge is completely off the grid

trepreneur who became wealthy in film industry animation and special effects used in films like Jurassic Park.

The project has been in conception for several decades, with the idea of creating a self-sustainable, green resort. It is completely off the grid, using solar energy as its main source of power.

The opening of Coulibri Ridge is particularly well-timed, following the recent launch by American Airlines of the first-ever nonstop flights from the United States to Dominica.

Antigua gives LIAT tiny Xmas cheer

Antigua and Barbuda dispatched EC\$2 million (KY\$610,000) to the LIAT court-appointed receiver for distribution to resident former LIAT workers on Monday. The payment is limited to former LIAT workers resident in Antigua and Barbuda.

This payment is intended to meet partial satisfaction of the cash component of the compassionate pay out which the Antigua and Barbuda Government has volunteered, though the government has no legal obligation to make any such payments.

The payment is intended to bring some Christmas cheer to those who have been unable to earn incomes since they were severed although they had requested much more and the total owed is over KY\$40m.

Antigua and Barbuda, a 34 percent shareholder, has taken over operation of the airline since its collapse in April 2020. Barbados with 49 percent along with St Vincent and the Grenadines, Dominica and Grenada, make up the other major shareholding governments. Following LIAT's collapse Antigua and Barbuda, St Vincent and the Grenadines and Dominica agreed to write off debts owed to them by LIAT.

In June this year, almost 100 former Barbadian LIAT workers started receiving a promised EC\$2,000 (KY\$610) per month that would be repaid from any future severance payment.



► LIAT workers are dissatisfied with their treatment

Sandals gives needy families festive cheer

Jamaica's Sandals Foundation is delivering over 600 care packages to families and more than 10,000 fun and educational toys to disadvantaged children in the Caribbean this Christmas.

Through its Christmas campaign, We Are Here For You, the Sandals Foundation is bringing cheer to families facing challenges related to the COV-ID-19 pandemic during the festive season. Care packages of groceries, food vouchers, and hot meals are being distributed through funds raised via a social media campaign.

The fundraiser, which was done in November to mark Giving Tuesday, encouraged followers and guests at Sandals and Beaches Resorts to donate US\$20 to support the charity's yuletide efforts.

Through its decade-long partnership with American toy giant, Hasbro, the Sandals Foundation is also delivering toys to thousands of children in Jamaica, St Lucia, Antigua, the Bahamas, the Turks & Caicos Islands, Grenada and Barbados, who would otherwise go without.



▶ Deprived kids appreciate toys from Sandals

"There is no doubt that so many families across the world have endured tremendous challenges this past year, and it has been no different here in the Caribbean," said Adam Stewart, executive chairman of Sandals Resorts International and president of the Sandals Foundation."

Cuba's vaccine program pays dividends

Cuba has vaccinated more of its citizens against COVID-19 than most of the world's largest and richest nations, a milestone that will make the poor, communist-run country a test case as the highly contagious Omicron variant begins to circle the globe.

Cuba has vaccinated over 90 percent of its population with at least one dose, and 83 percent of the population is now fully inoculated, placing it second globally behind only the United Arab Emirates among countries of at least one million people, according to official statistics compiled by 'Our World in Data.'

Unlike its Latin America neighbours who waited for wealthier countries to develop vaccines, Cuba took the initiative and developed its own. Infections and deaths from COVID-19 have plunged on the island in recent weeks, falling to less than 1 percent of their peak on Aug. 22, when fewer



► Cuba's vaccine program has been successful

than half its citizens were vaccinated. Nearly all of Cuba's children aged 2 to 18 have now been vaccinated with home-grown vaccines.

Schools have reopened and foreign tourists are again welcome. Hospitals and morgues, overflowing in August, appear to be operating at pre-pandemic levels.

St Kitts is magnet for cruise ships

St Kitts and Nevis is one of the most sought after cruise ship locations in the Caribbean. Despite its population being only 53,000, it enjoyed five different ships docked at the Port Zante last Thursday.

The ships were Viking Sea, Royal Clipper, Silver Spirit, Allure of The Seas, Marella Discovery. Lindsay Grant, Minister of Tourism, said the rise in cruise ship calls to St Kitts and Nevis for December and for the next three months is a strong sign of cruise lines' trust in the destination.

In the second week of December, 21 different cruise ships called on St Kitts, bringing thousands of tourists and hundreds of job opportunities.

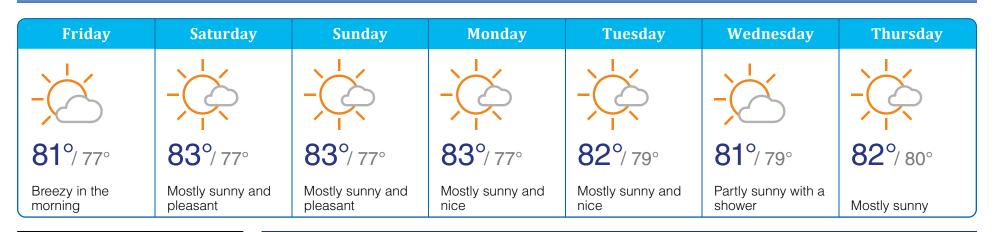
In the Caribbean Journal's annual Caribbean Travel Awards, Grant was just named Caribbean



St Kitts is enjoying high cruise ship numbers

Tourism Minister of the Year. She said 211 ships are scheduled for the first three months of the new year, a remarkable number considering the pandemic.

WEEKLY WEATHER FORECAST





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MOMENTS OF INSPIRATION

ESUS IS COMING SOON

Do you realize the nature of the times in which we are living is PERILOUS? Yes! That is how the Holy Bible describes the current times. Each day we are bombarded with news that is simply depressing. Famines, and earthquakes in diverse places. Hurricanes of devastating nature and power. Kingdoms rising up against Kingdoms. Nations against nations. Political and economical turmoil has gripped the planet to such an extent that there is no longer trust amongst leaders who were once allies. Children are disobedient to parents. Immorality is at an all-time high, and now looked upon as a normal aspect of life. Fornication, adultery, idolatry used to be looked and scorned upon but is now the new normal as they say.

Jesus told us in His word, "when you see these things come to pass know that the end is near." Are you ready for His return? Now is the time to confess your sins



and repent, and receive Him as your PER-SONAL SAVIOUR. Eternal life is awaiting you through Jesus Christ. He is COMING

DEATH ANNOUNCEMENTS

Churchill's

Funeral Home

We have been asked to announce the passing of Mrs. Joan Eldona Frederick, who passed away on Saturday, December 04, 2021 A Service of Thanksgiving will take place at the Webster Memorial United Church, 261 Bodden Town Road, Grand Cayman Cayman Islands on Saturday January 8, 2021 at 3:00 p.m. Viewing: Closed Casket

Interment: New Pease Bay Cemetery Special Notice: Masks are mandatory to wear during the servi

Condolences can be registered at churchillsfuneralhome.com

Churchill's

 \cap Funeral Home

We have been asked to announce the passing of Mr. Shervin Rollston Ebanks, who passed away on Friday, December 3rd, 2021. Details of a Thanksgiving Service will take place at the Wesleyan Holiness Church, 150 North West Point Road, West Bay, Grand Cayman, Cayman Islands on

Monday, December 27th, 2021 at 3:00 p.m. Viewing: Closed Casket Internment: West Bay Cemetery

Condolences can be registered at churchillsfuneralhome.com

Churchill's

Funeral Home

We have been asked to announce the passing of Mr. John Michael Eden,

who passed away on Tuesday, December 7, 2021. A Thanksgiving Service will take place at the First Assembly of God Church, 195 Old Crewe Rd., George Town, Grand Cayman, Cayman Islands on Monday, December 27, 2021 at 3:00 p.m. Viewing: 2:00 p.m. – 3:00 p.m.

Interment: Prospect Cemetery Special Notice: Masks are mandatory to wear during the service

Condolences can be registered at churchillsfuneralhome.com

Churchill's

Condolences can be registered at churchillsfuneralhome.com

We have been asked to announce the passing of Mr. Shervin Rollston Ebanks, who passed away on Friday, December 3rd, 2021. Details of a Thanksgiving Service will take place at the Weslyan Holiness Church, 150 North West Point Road, West Bay, Grand Cayman, Cayman Islands on Monday, December 27th, 2021 at 3:00 p.m.

Viewing: Closed Casket Internment: West Bay Cemetery

Funeral Home $Special\ Notice: Masks\ are\ mandatory\ to\ \underline{wear}\ during\ the\ service.\ Restrictions:\ Limited\ seating\ to\ 100\ people$

Churchill's

Funeral Home

We have been asked to announce the passing of Mr. Warren Wardray Watler aka "Ray", who passed away on Thursday, Dec. 16, 2021. A Thanksgiving Service will be held at East End United Church, Seaview Road, Grand Cayman on Wednesday, December 29, 2021 at 11:00 a.m. Viewing: 10:00 - 10:55 a.m. Interment at: Gun Bay Cemetery

In lieu of flowers donations can be made to the Cayman Islands Seafarer's Association.

Condolences can be registered at churchillsfuneralhome.com

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

| Con | cept | s S | udoK | Ü | By Dave Green | | | | | | |
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| | 1 | 4 | | | | 5 | 7 | | ©2020 C | | |

Answer to previous puzzle

| 6 | 2 | 8 | 3 | 7 | 4 | 1 | 5 | 9 |
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| 3 | 1 | 9 | 6 | 2 | 5 | 8 | 7 | 4 |
| 4 | 7 | 5 | 9 | 1 | 8 | 6 | 3 | 2 |
| 5 | 9 | 2 | 1 | 8 | 6 | 7 | 4 | 3 |
| 8 | 3 | 1 | 7 | 4 | 2 | 9 | 6 | 5 |
| 7 | 6 | 4 | 5 | 9 | 3 | 2 | 1 | 8 |
| 9 | 4 | 6 | 8 | 3 | 1 | 5 | 2 | 7 |
| 1 | 8 | 3 | 2 | 5 | 7 | 4 | 9 | 6 |
| 2 | 5 | 7 | 4 | 6 | 9 | 3 | 8 | 1 |

4/15

Difficulty Level *1

Word Search

| В | В | Α | F | ı | G | L | 0 | ٧ | Ε | s | Е | Ε | Α | F |
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| Ε | R | М | s | 0 | L | W | Ν | Е | Н | М | R | Н | F | С |
| Α | M | I | Т | D | F | Α | 0 | С | В | s | Ε | Р | 0 | R |
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Hook Arena Bell Jab Belt Knockout Match Bout Boxer Points Referee Champ Count Ring Decision Ropes Feint Round Flyweight Second Gloves Spar Heavyweight Uppercut

Find the listed words in the diagram. They run in all directions - forward, back, up, down and diagonally

CROSSWORD By THOMAS JOSEPH

ACROSS

45 Swiss 1 Goes peaks

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46 December mall component workers

DOWN

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extra

12 Albacore, 1 Nourished

e.g. 2 One — 13 Colorful million flower 3 Univ. or

14 Grove growth

15 Hold up

17 Umbrella parts

20 Aisle walker

23 Aussie runner

24 Southwestern capital

26 For each

27 Top

28 Opening

29 Was behind

31 Dos preceder

32 Gibson garnish

33 Some primates 34 Baking

spice

37 Pesters **39** Flowering shrub

43 Sad

44 Rap sheet list

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Yesterday's answer

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R|O|A|D|S

16 Home

17 Copy for pasteup

21 Keaton

of

24 Sow

film

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18 Clarifying spots phrase 5 Lake near 19 Feverish

Buffalo 6 Theater

acad.

4 Cargo

unit 7 Duds

8 Appearing 22 Trade

9 Binary digit

10 West of

25 Batter's films goal

30 Contemptible people

ER

33 Once more 35 Travel aids

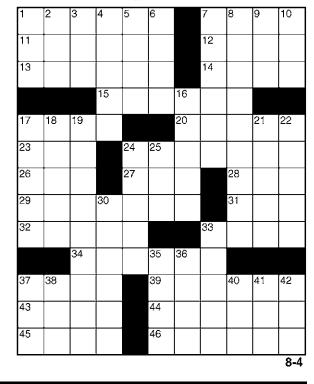
36 Poet

Pound 37 Court org.

38 Everyone 40 Auction

buy **41** Pitching number

42 Cart puller





Difficulty Level ★★★

Have fun with Caymanian TIMES









CURTIS By Ray Billingsley



NEITHER OF US HAS THE MONEY TO PAY FOR ALL THE FOOD WE'VE EATEN! WHAT ARE WE GONNA DO ?











