

T Caymanian Times

Cruise Ship Schedule



Page 9 >>

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Friday, April 22, 2022 Issue No 758

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Cayman Islands Government

Lifelong Learning and no Age Restriction Scholarships
Page 5

WORC Partners with Inspire Cayman
Page 8

Stone leaps to CARIFTA double
Page 11

Happy campers keep Easter tradition alive!



See story on page 4 >>>

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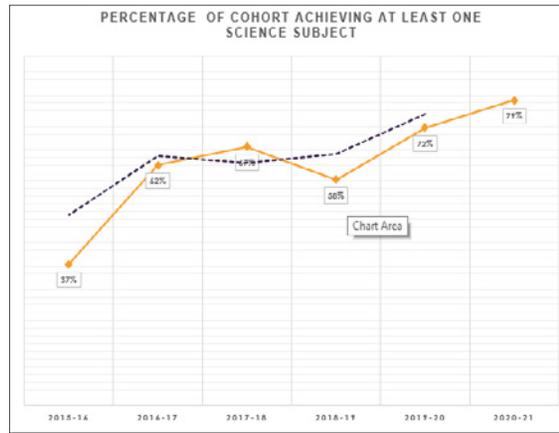
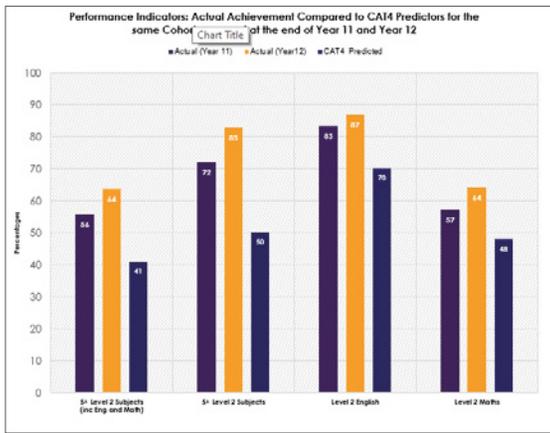
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See page 6 inside for sale items!

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Students' Overall Performance Exceeds Predicted Levels



The Ministry of Education (MOE) and the Department of Education Services (DES) have released the Education Data Report for the 2020-2021 academic year. The data indicates that overall student achievement at the end of Years 11 and 12 has exceeded outcomes predicted through the Cognitive Abilities Test (CAT4) administered to students in Year 9.

“Despite the numerous challenges that have occurred over the past few years, students’ performance has continued to improve with the support of their parents and our hardworking team of educators. I commend students for demonstrating such resilience and tenacity that

allowed them to surpass their expected academic outcomes,” stated Minister of Education Hon. Juliana O’Connor-Connolly.

The report further revealed that 95.3 per cent of Year 12 students who achieved the national standard of five or more level two qualifications, including English and mathematics, graduated with honours.

Also among the report’s highlights was a notable increase in the percentage of students who obtained a passing grade in at least one science subject by the end of Year 12. The 79 per cent pass rate represents the highest national average for any cohort.

Commenting on the positive growth in science attainment, MoE Chief Officer Ms. Cetonya Cacho remarked, “It is evident that more of our students have been taking advantage of the opportunities provided at the Cayman Islands Further Education Centre (CIFEC) to improve their performance in subjects such as science. This positive trend further demonstrates our students’ increased ability to think critically and effectively solve problems, by the end of their compulsory education.”

Improvements were likewise evidenced among the Year 11 cohort as there was a slight increase in the number of students attain-

ing the national expected standard compared to 2019.

In addition, 63.4 per cent of Year 11 students obtained passes in science, and 43.2 per cent obtained passes in mathematics. These percentages represented increases of 6.1 and 2.6 percentage points over 2019 passes in these respective subject areas.

DES Director Mr. Mark Ray explained the decision to compare 2021 examination results to those obtained in 2019. “In 2020, external examination bodies, including the Caribbean Examination Council (CXC) and the UK Boards (Cambridge, AQA, WJEC), adjusted their usual examination processes in several ways to mitigate the impact of the COVID 19 pandemic on the teaching and learning process. Chief among these for CXC were a review of School-Based Assessments (SBA) and reducing the number of written papers offered to candidates. The UK Boards opted to use a Teacher Assessed Judgement (TAJ).

In 2021, CXC reintroduced the full suite of examinations in line with previous years and for this reason, we believe that the 2021

results are more comparable to those obtained in 2019,” Mr. Ray remarked.

The Education Data Report further showed that 65 per cent of Year 6 students were either at or exceeded the expected level in reading. Sixty-four per cent demonstrated proficiency in grammar, punctuation, spelling (GAPS), and 63 per cent were either at or exceeded the expected level in mathematics. Forty-eight per cent of students were either at or exceeded the expected level in writing.

The report also revealed that students’ performance in grammar, punctuation, spelling (GAPS), reading and mathematics were consistent with predicted performance outcomes.

To view the Education Data Report for the 2020-2021 academic year, click of the following link: <https://www.gov.ky/publication-detail/data-report-for-the-academic-year-2020-21>.

For more information or to view previous Education Data Reports, visit the MoE website at www.gov.ky/education.

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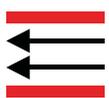
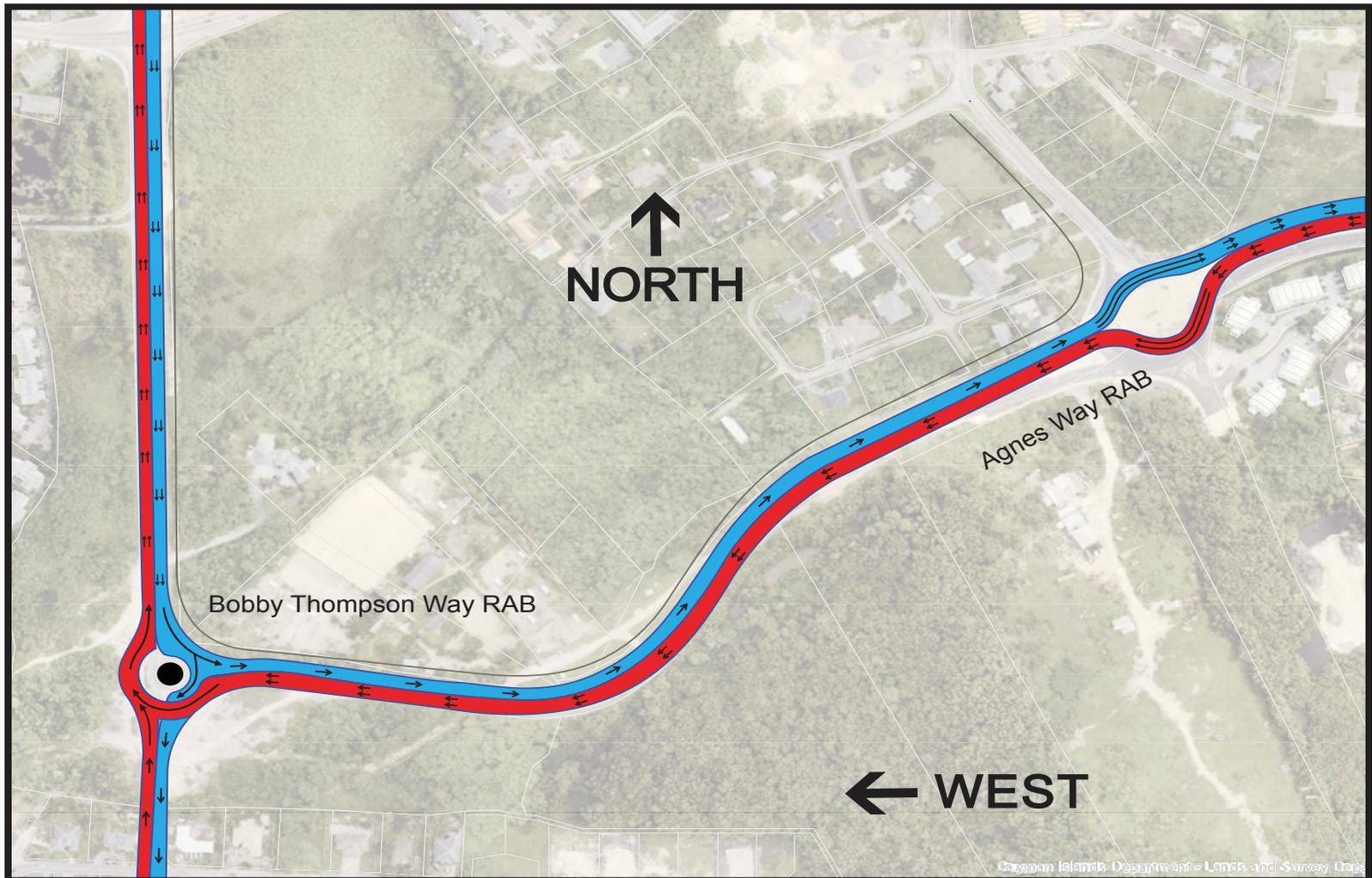
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► Todd, Kirstie and Kai



► “Chef” Armando Range was cooking some delicious jerk chicken and jerk pork



► Playing dominoes is a lot of fun.

Happy campers keep Easter tradition alive!



► Hilbert and Charmaine



► Happy campers at Beach Bay.

family, friends and everybody,” he said. “I like it because you get away from society, you know? Back to nature. I’ve been doing some fishing and playing games like hide and seek with the children, and playing a little music,” Kirstie, his wife said, “I’ve been camping every year since I’ve been married to this man.”

Smith Barcadere was packed with campers. Lots of them were playing dominoes. Armando Range is a great barbeque chef, and he was cooking up some great jerk chicken and jerk pork on a traditional charcoal grill, for his family and friends. It smelled really good too, but the smoke kept on getting in my eyes. “The kids are in the water right now. The family’s playing dominoes and I’m cooking so we’re all enjoying ourselves. We usually play ludo, too, but we kind of forgot the ludo board this evening,” he said.

Hilbert and Charmaine had been having lots of fun, too with a tent tucked away under the sea grape trees. “Myself and my fiancé was here from Thursday night, camping. We barbeque, went fishing, played ball, swam, everything you could think of where fun is concerned. I really enjoyed myself 100 percent,” Hilbert said. Charmaine agreed. “I really enjoy it. It has been a lot of fun. I particularly like playing ball and swimming,” she said.

Paula Scott has seen a lot of changes going camping over the years, and doesn’t like all of them, but she still has lots of fun. “This is my usual camping spot,” she said. “We’ve been having family time, cooking and get-togethers,” She said. Yvonne Evans agreed, “We had a nice little social event last night, making jokes, a little get-together with family and friends were we were all talking. Paula cooked some conch soup for them. I love coming here. She comes here every year, so I come here every year, too.

By Christopher Tobutt

Camping has been an Easter tradition in Cayman since...well, as long as anyone can remember. Ask your grandparents if you don’t believe me. This year was no different. The early birds were putting their tents up on beaches all over the island, from West Bay to East End, on Wednesday night. They had settled in the best spots by Thursday and Friday was when all the family fun started happening. Barbeques, playing ball, playing dominoes, going fishing, or going for a swim or just a splash around in the sea. It’s about having fun and getting away from all the stress of the modern world, and its also a good way to celebrate Jesus’ death and resurrection. He cooked fish for the disciples on the beach after he rose again, didn’t he?

Mr Todd has been camping near South Sound Dock, and loves it. “We do it every year, and my





Business Survey 2022
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In 2020, total foreign exchange revenue from Cayman’s export of services totaled CI \$2.5 billion.

Foreign Exchange Revenue from Services in 2020, CI\$Million

Service Category	Revenue (CI\$Million)
Financial & Insurance Services	1,542.0
Travel	209.0
Accounting, Legal, & Other Business Services	686.3
Other Services	95.6

Did the Cayman Islands revenue on export of services increase or decrease?

The annual Balance of Payments (BOP) Survey collects information necessary in recording the Cayman Islands residents’ foreign transactions with the rest of the world.

The survey runs April 11th to June 17th, 2022.

Data collected for the BOP survey is **CONFIDENTIAL** under the Statistics Act (2016 Revision) and is **EXEMPT** from the Freedom of Information Act.

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Lifelong Learning and no Age Restriction Scholarships



► Dr. Livingston Smith is a Professor at the University College of the Cayman Islands. He is also Director of the CXC Education Volunteer programme

through the various transitions they will face over their life course says the International Labor Organization (ILO), while UNESCO defines it as “all learning activity undertaken throughout life, with the aim of improving knowledge, skills and/or qualifications for personal, social and/or professional reasons”. The European Commission explains that it is “all general education, vocational education and training, non-formal education and informal learning undertaken throughout life, resulting in an improvement in knowledge, skills, and competences within a personal, civic, social and/or employment-related perspective. It includes the provision of counseling and guidance services”.

Lifelong learning can occur in our homes, schools, and workplaces.

Benefits of life-long Learning

Those who are motivated enough to pursue additional learning have many choices. They can register for one of the many evening courses at UCCI, pursue another formal academic qualification, work and leisure skills, not for credit courses, professional development, and on-the-job-training, taking on a massive open online course (MOOC), or one of the Great Courses, or independent online learning offered for free by several online universities.

The Great Courses are condensed series of lectures given by professors and other experts in their various fields. The courses cover an enviable breadth of academic areas including economics and finance, fine arts, Mathematics, philosophy and intellectual history, literature and language, science, religion etcetera. I find the Great Courses to be especially useful and they are not too expensive.

The benefits to those who commit to life-long learning are many and enduring. These individuals are more marketable,

versatile, and intellectually nimble. They are more able to keep up with trends in their industries, more adaptable to the ever-changing economy and its various demands. Studies in the field of lifelong learning are finding that lifelong learners are healthier, more fulfilled and productive, have sharper minds and a greater sense of purpose and confidence and are better able to take on new opportunities as they engage in new challenges, passions, and career goals.

Off course the benefits are not limited to the individual. Lifelong education helps to build and sustain a country’s social and institutional capital making it more attractive for investment in multiple areas. The

more educated the citizenry, the better the society.

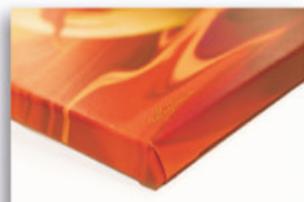
And this takes us to the question of who should fund lifelong education. Individuals must themselves be motivated to do as much as they can. We must invest in ourselves as far as we are able to. Our workplaces must lead the way as many are. Many leave their jobs as they find they have little or no opportunities to learn and grow.

The recent no age limit for government scholarship recipients is certainly inspired and a step in the right direction. With longevity rates now up to 90 for women and 85 for men, and with far a more dynamic local and global economy, we must be constantly keeping up to be viable, productive, and current.

As covid slowly loosens its stranglehold, we continue to look back and forward simultaneously. Klaus Schwab of the World Economic Forum believes that ‘the pandemic represents a rare but narrow window of opportunity to reflect, reimagine and rest our world.’ One of the ‘reset’ points must certainly be everything to do with education. While the experience with this pandemic has taught us resilience, we must make a concerted effort to regain whatever was lost in the education front. And this brings me to the focus of this article- lifelong learning.

Lifelong learning means investing in people’s capabilities, enabling them to acquire skills, reskill and upskill and supporting them

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Attention Bodden Town Farmers

The Department of Agriculture’s Land Clearing Equipment service is now collecting applications for the district of Bodden Town. This service is being offered only to registered Commercial Farmers and organizations involved in agriculture are to apply.

Application forms can be collected from the Department of Agriculture’s Sales Office or downloaded from it’s website at www.doa.gov.ky (Agronomy/Revised Bulldozer Policy). No incomplete or late applications will be accepted.

Deadline for receipt of applications for this district is Friday 13th May 2022.

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A Decade Of Excellence! Multinational Petroleum Leader Rubis, Celebrates 10 Years In The Cayman Islands With Art Competition



Rubis Cayman is basking in the glory of its excellence as it celebrates 10 years of continued service to the Cayman Islands. The Petroleum juggernaut is hosting the 'Art Your Part' Competition leading up to the grand celebration in recognition of the monumental occasion.

The 'Art Your Part' 10-year celebration competition features local artists who will flex their creative muscles as they conceptualize designs to turn a wall at the Rubis Headquarters into a beautiful mural. The winning artwork be-

comes a welcome addition to the pristine coastline while imploring everyone to protect the natural beauties as they significantly impact the islands culturally and ecologically.

Each artist is assigned to one of 4 charities and allowed to craft a mural that aligns with the missions and visions of the respective charity while incorporating the Rubis Cayman 10th anniversary theme, "10 Years of Fueling the Cayman Islands".

The artists vying for cash prizes and charity donations are Christina Pineda of



Art Nest Creative Studio, representing the National Trust for the Cayman Islands, Carlos Garcia for Feed Our Future, Kerwin Ebanks creating for Alex Pantou Foundation, and Gordon Solomon representing Cayman National Cultural Foundation.

The artists must paint their concept on a wall panel measuring approximately 96 feet wide x 9 feet high. They have three weeks to complete their murals. The murals are then ranked based on creativity, uniqueness, the impact/improvement they make to the area, impact they will make on behalf of their charity, and overall execution.

The voting system to determine the winner is multi-tiered. The first round of voting is public based and will take place via the Rubis Cayman Islands Facebook page. This accounts for 20% of votes and kicks off on April 13, 2022. Four local judges will adjudicate the remaining 80% and select the winner and runner-ups.

The winner and runner-ups will be announced on May 12th, 2022, at the official Rubis 10th Anniversary event. The winning artist will earn \$3,000 towards charity and a \$3,200 reward. 2nd place will receive a charity donation of \$2,000 and a \$2,100 cash tip. The artist who secures the 3rd spot will receive \$1,500 for their charity and \$1,600 cash prize, and 4th

place will walk away with \$1,000 towards charity and a \$1,100 cash prize.

"At Rubis, we take great pride in providing a platform that engages community members in conversations about local issues, all while highlighting a community of concerned creatives inspired to utilize their talent to nurture a culture of creating purpose-driven, community-based art," expresses Managing Director of Rubis Cayman Islands, Andres Barthel.

About Rubis

RUBIS is an established, French based international private limited company founded in 1990. We specialize in the downstream petroleum and chemicals sector, operating bulk liquid storage facilities (for petroleum products and chemicals) through our subsidiary, Rubis Terminal and distribute fuels through our subsidiary, Rubis Energie.

Since 2000, Rubis has expanded its presence across three regions, (Africa, Europe and the Caribbean) through direct investments and acquisitions. The Group has enjoyed strong, regular growth since 2000, driven by organic growth, new sites and acquisitions, while also constantly improving its productivity.

For more information about Rubis Cayman Islands, visit www.rubiscaymanislands.com, Facebook, Twitter, Instagram or YouTube.



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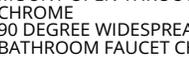
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 Boosters (3rd & 4th Dose) is available to persons 18+ year old*

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
APRIL 18	19	20	21	22	23
NO CLINIC PUBLIC HOLIDAY	131 CENTRE** 2pm – 7pm (**131 MacLendon Drive, next to DHL, behind Foster's Airport)	131 CENTRE** 2pm – 7pm (**131 MacLendon Drive, next to DHL, behind Foster's Airport)	131 CENTRE** 2pm – 7pm (**131 MacLendon Drive, next to DHL, behind Foster's Airport)	131 CENTRE** 2pm – 7pm (**131 MacLendon Drive, next to DHL, behind Foster's Airport) SISTER ISLANDS ASTON RUTTY CENTRE 2 – 4pm	131 CENTRE** 1pm – 4:30pm (**131 MacLendon Drive, next to DHL, behind Foster's Airport)
APRIL 25	26	27	28	29	30
NORTH SIDE HEALTH CENTRE 4pm – 7pm	131 CENTRE** 2pm – 7pm (**131 MacLendon Drive, next to DHL, behind Foster's Airport)	131 CENTRE** 2pm – 7pm (**131 MacLendon Drive, next to DHL, behind Foster's Airport)	BODDEN TOWN PUBLIC BEACH 4:30pm – 8:30pm	FOSTERS REPUBLIX 4pm – 8pm SISTER ISLANDS ASTON RUTTY CENTRE 2 – 4pm	131 CENTRE** 1pm – 4:30pm (**131 MacLendon Drive, next to DHL, behind Foster's Airport)
MAY 2	3	4	5	6	7
EAST END HEALTH CENTRE 4:30pm – 7:30pm	131 CENTRE** 2pm – 7pm (**131 MacLendon Drive, next to DHL, behind Foster's Airport)	131 CENTRE** 2pm – 7pm (**131 MacLendon Drive, next to DHL, behind Foster's Airport)	WEST BAY PUBLIC BEACH 4:30pm – 8pm	FOSTERS REPUBLIX 4pm – 8pm SISTER ISLANDS ASTON RUTTY CENTRE 2 – 4pm	COST U LESS 1pm – 4:30pm



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Cayman Islands Government

WORC Partners with Inspire Cayman to Provide Paid Training Opportunities

Workforce Opportunities & Residency Cayman (WORC) is currently offering 10 scholarships for Caymanian job seekers to participate in certification courses in the three key areas of Construction, Watersports, and Heavy Equipment Operation.

Offered under the Build Your Future Cayman (BYF) banner, established in 2020 to offer scholarships for internationally accredited Technical Vocational Educational Training (TVET) courses offered by Inspire Cayman Training Centre (ICT), these career development opportunities are also available to Caymanians who are seeking a career change.

Deputy Premier and Minister for Labour Hon. Chris Saunders said, "We have analysed the gaps in the job market where there are roles available, but we are without enough trained Caymanians to fill them. We have partnered with Inspire Cayman in these specific areas to provide relevant training courses. While the number of spaces in this cohort is limited, we are hopeful that we will have a high success rate and be able to expand the programme moving forward."

Specific courses include PADI Training, International Yacht Training, Introduction to Craft Skills, and Heavy Equipment Training. Further areas of training include Entrepreneurship, Retail, Customer Service, Management & Leadership, Personal Finance Management, and Career Development.

Participants will receive certificates of their qualifications from accredited training institutions including PADI (Professional Association of Diving Instructors) and NCCER (National Center for Construction Education and Research), among others.

Successful applicants will not only receive a scholarship for the three-month course of their choice but will also be placed in mentored apprenticeships and paid a monthly stipend while gaining skills for advancement.

Deputy Premier Saunders said, "The monthly stipend amount will be the same that we are currently paying displaced tourism workers, which is CI\$1,500 per month.



► R-L: WORC Head of Labour Demands, Training & Development Katherine Whittaker, WORC Deputy Director Sian Pairaudeau, Inspire Cayman Director Michael Myles, Parliamentary Secretary Katherine Ebanks-Wilks, Deputy Premier Hon. Chris Saunders, Ministry of Border Control & Labour Deputy Chief Officer Debbie Ann Whittaker, (back) Ministry of Border Control & Labour Attorney-at-law Christopher Eakin, (front) WORC Acting Director Jeremy Scott and Ministry of Border Control & Labour Chief Officer Wesley Howell.

This will assist those undergoing the three-month training to support themselves and their families while also gaining vital career skills that will allow them to advance in their chosen field. For the past two years, we have been paying people a stipend to stay at home. I would like to shift that to paying people a wage to learn and grow. Not receiving a salary is often a real barrier for people when it comes to taking up and completing training courses. By removing that barrier, we are increasing opportunities while also offering trainees some real-world experience plus mentoring and counselling support."

Parliamentary Secretary for Education Katherine Ebanks-Wilks is spearheading the project at the Deputy Premier's request, as the programme is seen as a lifelong learning opportunity.

PS Ebanks-Wilks said, "I am very pleased to be involved in this programme, as the topic of lifelong learning is one that is close to my heart. I have spoken with so many constituents in

my district who missed out on education and training in their youth and are now facing loss of employment and the need to make a career change. This programme provides opportunities to people ages 16 to 55, proving that we can always keep learning and developing at any stage of our lives. I am very happy to be involved in offering this chance to those who are seeking new and better prospects in their working lives."

WORC Deputy Director Sian Pairaudeau said, "We understand how important it is for local businesses to ensure that vacant positions within their companies are filled as quickly as possible. However, it is our mission to ensure that we are providing Caymanians with every possible means of filling those positions. Pragmatically, we are aware that they may not immediately possess the required skills for available roles. We are seeking to bridge the gap within the market by supplying the demand for qualified Caymanians through upskilling."

Michael Myles established ICT, an internationally accredited TVET centre licensed by the Education Council, in February 2019 to help Caymanians develop careers in the trade and technical industries.

Over 380 individuals have received professional development training and employment placements since ICT opened its doors.

The upcoming BYF training contingent will be the second group going through the programme. ICT first partnered with WORC in March 2021 to provide career development training to 10 young Caymanians seeking employment opportunities. All of those participants successfully completed the three-month career training programme.

Mr. Myles has confirmed that a year later, over 80 percent of the first group of trainees have maintained long-term employment. He also told several success stories of the initial participants, including:

SEE **WORC**, Page 10

CBC Hires 32 Caymanian Recruits

The Cayman Islands Customs and Border Control Service (CBC) has welcomed 32 new Caymanian officers into its ranks following a recent successful recruitment drive.

Forming the largest recruitment class to date, the 32 Caymanian recruits bring varying professional backgrounds and areas of expertise, but all share a common enthusiasm for law enforcement.

The new recruits are currently being rotated through various sections of the Service as they undergo their initial on-the-job training whilst they await the commencement of the CBC Officer Basic Training Course in the near future. The rigorous four-month training programme, which includes theory and practical training modules, is designed to prepare and test the recruits for all eventualities in their new role as Customs and Border Control Officers. At the conclusion of their basic training, the graduates will be deployed to different sec-

tions within CBC. In welcoming the new recruits, Director of CBC Charles Clifford said, "I am pleased with the level of community interest in CBC as evidenced by the approximately 500 applications from Caymanians. The recruitment exercise was very competitive and time consuming but was certainly worth the effort. I congratulate our 32 new recruits on their success and welcome them to our ranks. They must remain ever mindful that as CBC officers we bear the heavy responsibility for collecting and protecting Government's revenue and securing our borders. Through our collaborative work with our partner law enforcement agencies, we ensure the national security of our country and thereby allow our twin economic pillars of financial services and tourism to flourish."

Deputy Director Marlon Bodden, who has responsibility for CBC's Management Support Services Portfolio including the



► CBC photo caption: New Recruits of 2022

Training Unit said, "I look forward to delivering a robust and comprehensive training programme for our new recruits that will produce well-trained CBC officers who can function effectively in various sections of our agency. Excellence in customer service is integrated into our training programme and as a law enforcement agency, we have been consistent in our objective to be effective border control officers while simultaneously delivering excellent customer service."

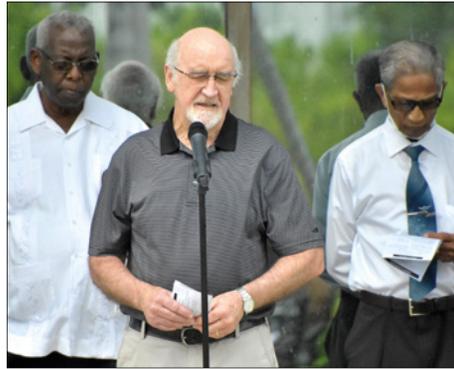
Deputy Premier and Minister for Border Control Hon. Chris Saunders said, "I am very pleased to see that there are many young

Caymanians interested in a law enforcement career with the Cayman Islands Customs and Border Control Service, and congratulate the 32 new recruits on their success in the recruitment process. As Director Clifford noted, they bear an important responsibility in their new roles. I am certain that with the strong guidance they will receive from Director Clifford, Deputy Director Bodden, and the entire senior management team at CBC throughout their training, they will be successful. I thank them all for their willingness and enthusiasm to serve and wish them well throughout their careers."

National Day of Prayer



► People gathered together at the Glass House for the National Day of Prayer with Bishop Juliette Fagan



► Pastor Allister Belbin



► Joining together in prayer for the Cayman Islands



► Pastor Torrance Bobb, Pastor Winston Rose and Rev Godfrey Meghoo

By Christopher Tobutt

God's people from churches all over the Cayman Islands came together for the National Day of Prayer. There, right outside the Glass House they called on the name of God for his blessing and his providence on behalf of the Cayman Islands.

Pastor Torrance Bobb of the First Assembly of God Church, said, "The National Day of Prayer is important, because it gives us as a nation the opportunity to corporately seek God, beseeching Him on behalf of the well-being of our country. 'He hath founded us upon the Seas,' means that God is responsible for our existence. In Him we 'live and move and have our being.' Because God is the One who made us and the One to whom we are responsible, it is fitting that we as

a community would take time to thank God and to ask Him for protection, provision and guidance in our national affairs."

Rebecca Chacon Missionary assistant with Pastor Torrance Bobb at the First Assembly of God church, said, 'We do this annual gathering during the week of Easter and come together a few days before Good Friday for a National Day of Prayer to pray for our nation, our leadership, our families, our children, and just lift all the needs up to God, as we celebrate something that God came to do on earth, two thousand years ago. He came to give up his life as a ransom for our sins.'

Pastor Andrew Ebanks of the Agape Family Worship Centre led the congregation in a prayer for all who are in authority including Her Majesty the Queen, the

Governor, and the Members of Parliament. Then there was a scripture reading, from Matthew 28, 1-10, which describes how the Angel of the Lord rolled back the heavy stone from Jesus' empty tomb, and sat on it. "Do not be afraid, for I know that you are looking for Jesus, who was crucified. He is not here; he has risen, just as he said. Come and see the place where he lay."

Rev. Alson Ebanks spoke on the topic of the importance of prayer, and gave thanks for the Privy Council's recent ruling on marriage. Next, Pastor Joel Clarke prayed for all the members of the Judiciary, including the Courts, the Parole Board, and Probation Services. Pastor Garrett Haylock prayed God's blessing upon all the uniformed services including the Police, Immigration, Customs and the Fire Service. Bishop

Juliette Fagan let the congregation in a heartfelt prayer for victims of domestic abuse, drug abuse and crime. Pastor Eitel Morris prayed next, for Cayman's families, marriages, the elderly and Cayman's youth. Rev. Godfrey Meghoo prayed for all of Cayman's teachers and schools and students at all levels, and Pastor Allister Belbin prayed for all of Cayman's pastors and churches, and asked God to bring a mighty revival to the Islands. Pastor Steve Brady, of the First Baptist Church, prayed for all the leaders, and people of Ukraine. Pastor Mitch Exctain prayed God's blessing and protection on all of Cayman's doctors and nurses and health practitioners, especially during this very difficult time of the covid pandemic. Pastor Winston Rose gave the closing remarks, thanks, and the benediction.



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	29
	MSC Seashore	Carnival Horizon			Spirit of Adventure
	Disney Fantasy				
Total Passengers	Total Passengers	Total Passengers		Total Passengers	Total Passengers
0	9646	3936	0	0	999

MOMENTS OF INSPIRATION

JESUS IS COMING SOON

Do you realize the nature of the times in which we are living is PERILOUS? Yes! That is how the Holy Bible describes the current times. Each day we are bombarded with news that is simply depressing.

Famines, and earthquakes in diverse places. Hurricanes of devastating nature and power. Kingdoms rising up against Kingdoms. Nations against nations. Political and economical turmoil has gripped the

planet to such an extent that there is no longer trust amongst leaders who were once allies. Children are disobedient to parents. Immorality is at an all-time high, and now looked upon as a normal aspect of life. Fornication, adultery, idolatry used to be looked and scorned upon but is now the new normal as they say.

Jesus told us in His word, "when you see these things come to pass know that the end is near." Are you ready for His return? Now is the time to confess your sins and repent, and receive Him as your PERSONAL SAVIOUR. Eternal life is awaiting you through Jesus Christ. He is COMING SOON.

Resilience Cayman helps 105 year old pay her bills



► Jan Gupta (right) of Resilience Cayman gives a check to Sheila Henry, on behalf of Rena Alexander for her electricity bill

By Christopher Tobutt

At 105 years old, Rena Alexander is one of Cayman's oldest residents, and recently, many prominent people came to wish her a wonderful happy birthday. But sadly, her home on Shamrock Road was damaged by last year's hurricane. Resilience Cayman stepped in to help repair her home, and it was then that they found out that her CUC bills were overdue, and as a result, her electricity has been disconnected.

Resilience Cayman's director, Jan Gupta, explained that because of her age, Ms. Alexander has special needs and so the assistance she gets from Cayman's Needs Assessment Unit is not really enough in itself, so Resilience stepped up to pay 650 dollars of her 950-dollar bill, with C.U.C providing 300 dollars-worth of gift certificates to pay the remainder, to get her home reconnected.

But that isn't the only problem. Ms Alexander has never been connected with running water, and so all of her water has to come from an old well in the

backyard. So Resilience Cayman is stepping in again, this time to help get Ms. Alexander connected up to the water supply.

Ms Gupta expressed her concerns in anticipation of the expected increase in electricity bills later this year, and wonders how not only Ms Alexander, but many others like her, will manage. "For an individual who is elderly, and already struggling to keep the lights on, it is going to be very difficult in the face of inflation," she said.

It's just one example of what this non-profit organization does to help people who are struggling to make ends meet in Cayman. Resilience Cayman was started in 2020, right after Covid began to make an impact on the lives of people who lost their jobs or had their hours cut as a result of covid-19. Since those days, it has often joined with other organizations and reached out to hundreds of local families and individuals for help with food, or utilities, or similar items to help them survive.. Just over a year ago, Resilience received a grant of 1.5 Million grant to begin a

new housing repair programme with help from the R3 group, as well as the Cayman Islands Government, and have since helped many families all over the island make vital repairs to their homes.

Resilience Cayman also have a food-voucher program which has been the lifeline of many families whose costs have exceeded their incomes, something that seems to be an increasing problem in the Cayman Islands especially since covid began. But it is not all quick-fix solutions, and Resilience Cayman believes in putting down deep local roots and cultivating relationships. With a vision for Cayman's food security, the organization has been helping to support local farmers, by helping provide outlets for local produce markets. Their programs aim to expand knowledge and make exposure to practical opportunities available, and so they are also helping local companies connect with qualified individuals to make valuable internship programs possible, breaking the cycle of 'no job because of no experience.' Resilience Cayman helps 105 year old pay her bills.

WORC Partners with Inspire Cayman to Provide Paid Training Opportunities

CONTINUED FROM Page 8

- Abigail Turner, whose dream and passion to start her own company was realised when she started Cayman Boba, which sells bubble tea online and fulfills orders through delivery;

- Janilee Dixon, who landed employment with the Security Centre and now provides security services for the Government Administration Building;

- Claudina Morgan, who is now a Patient Care Specialist who prides herself in delivering friendly customer service and patient care;

- Vanessa Moore, who is employed at the Westin in the PBX Department and is currently pursuing further training at the University College of the Cayman Islands (UCCI);

- Tatiana Ow, who is employed at Corporate Electric as an Apprentice Technician, and will continue to seek further qualifications as she advances her career at the company;

- Marjorie Rodrigues, who completed her two-year degree at UCCI in Social Sciences and is determined to complete a four-year degree.

Mr. Myles also noted that graduates of ICT have successfully found employment and are building long-term careers in organisations including the Department of Commerce and Investment; the Department of Planning; Island Waste Carriers (IWC); Rubis; McAlpine; Polar Bear; the Ritz-Carlton Grand Cayman; Tony's Toys; Go Pro; CML, Walkers; the Cayman Islands Fire Service; Martlet Design; Blackbeard's; and Grand Old House, among others.

Mr. Myles said, "In addition to providing specific technical/vocational certification, we also offer beneficial soft-skills train-

ing to our clients and further supplement this training with appropriate job placement and apprenticeships. Our goal is to ensure that these job seekers are provided with every opportunity to obtain the necessary skills to be successful in the labour market. Through mentoring and counselling, participants are also encouraged to address any identified self-perpetuating barriers to employment or career advancement."

Participants are also the subjects of six-month and one-year check-in reports following the end of the training programme to determine if they are fulfilling their goals or if they need any further support.

The application period is currently underway for the upcoming BYF cohort and closes at 5pm on 22 April 2022. The courses will start on Monday, 9 May 2022, and continue for 12 to 15 weeks.

Applicants must be Caymanian or Permanent Resident; between the ages of 16 and 55 years old; computer literate; and have transportation to attend training at least four days per week.

All applicants will be required to register with WORC to be considered for the scholarship opportunities. There are ten available spots to access these courses.

Application forms may be downloaded at www.buildyourfuturecayman.com and returned to WORC.training@gov.ky. Only completed applications will be considered.

For more information, email WORC.training@gov.ky or info@buildyourfuturecayman.com

Ministry of Tourism Celebrates Caymanian Student's World Class Achievement



The Ministry of Tourism and Transport (MOTT) is delighted to offer congratulations to 19-year-old Liam Bulgin for his outstanding achievement in receiving the highest mark in the world for the Cambridge International Examinations (CIE) A-level in Travel and Tourism 2021.

A former St. Ignatius Catholic School student, Liam recently received his year 13 examination results and has been applauded by his alma mater for his academic success. "I am very grateful for the amount of congrats I have received. I really enjoyed the subject Travel and Tourism and I studied very hard and gave it my best in the exams," said Liam Bulgin, Class of 2021, and St. Ignatius High School.

"It is a wonderful feeling to have received the highest mark in the world. [A] big thank you to my teachers at St. Igna-

tus and to my family for the support and encouragement," he added.

Expressing pride in her son's results, Liam's mother Mrs. Cindy Jefferson-Bulgin said, "As parents we are very proud of [his] academic achievement. He has always been a very diligent and focused young man. Thanks to St. Ignatius School for their excellent tutoring, nurturing and pastoral support of Liam. It is all greatly appreciated," she said.

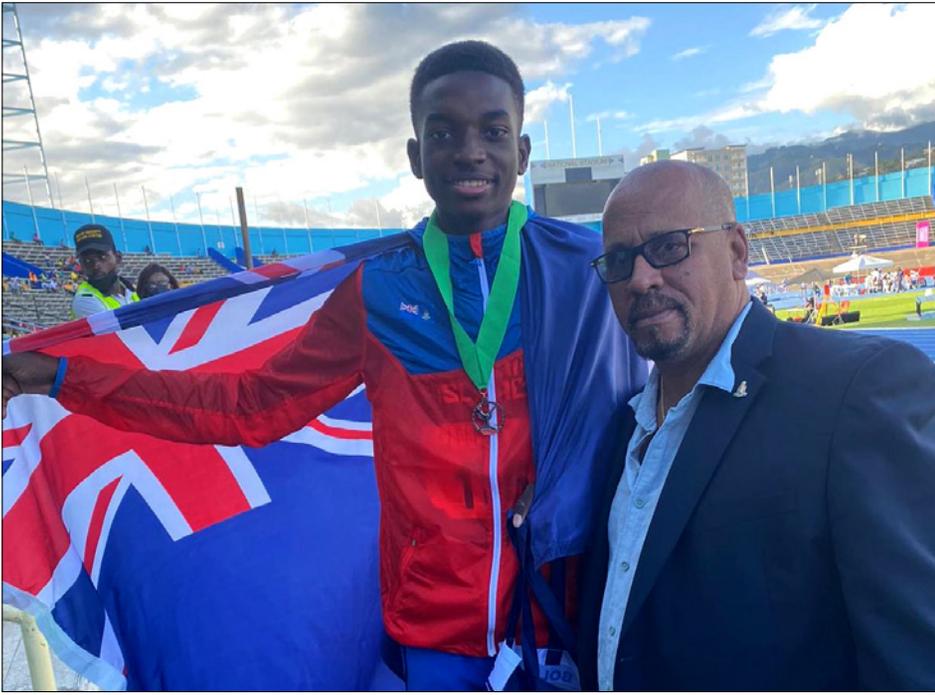
The Cambridge International syllabus provides students with an understanding of the nature of travel and tourism from global, national and local perspectives.

Liam expressed enjoyment in learning about how countries differentiate themselves from each other and how they attract tourists. "Getting to know the countries brands and their unique sell-

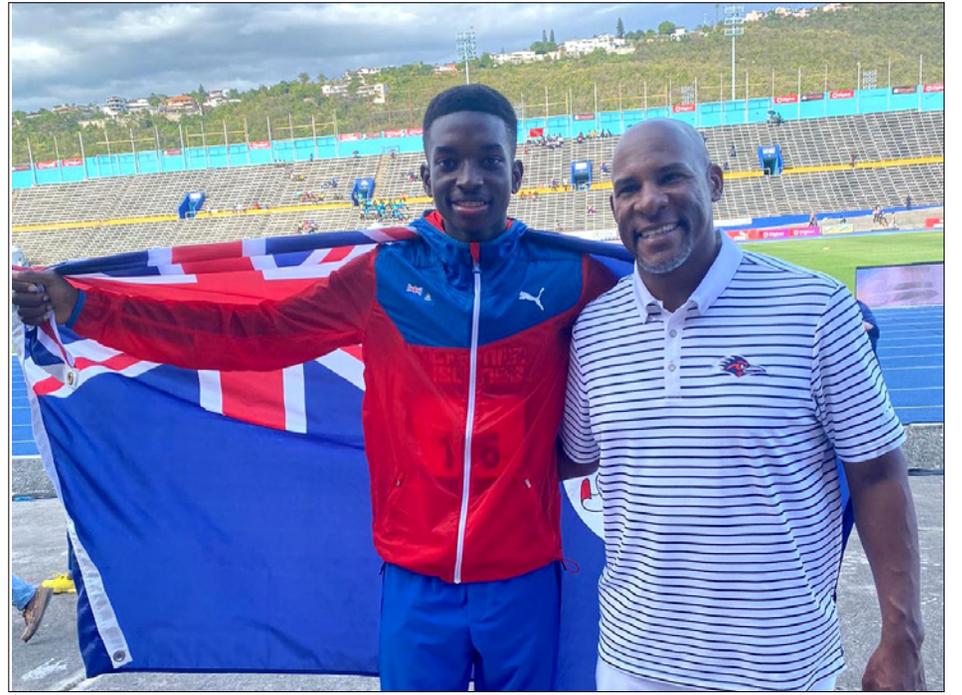
ing points was my favourite part of the course," he said.

Hon. Kenneth Bryan, Minister for Tourism and Transport offered his congratulations, commenting, "It is truly exciting to learn that the highest mark worldwide in the subject of Travel and Tourism has been garnered by a student from the Cayman Islands! I would like to recognise Liam for his exceptional performance which has earned him the 'Outstanding Cambridge Learner Award.' I extend my warmest congratulations to this young man for an achievement for which we can all be proud and I wish him well as he continues his studies," added Minister Bryan.

Liam Bulgin is currently pursuing a degree in Business Studies at York University in Ontario, Canada.



► Andrew Stone celebrates with Bernie Bush

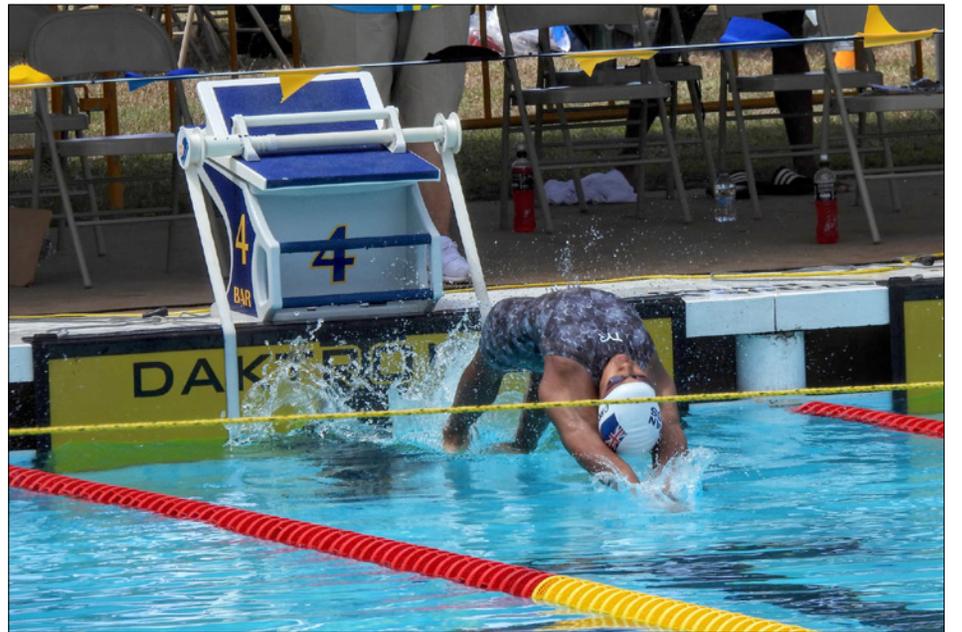


► Stone with the legendary Kareem Streete-Thompson

Stone leaps to CARIFTA double



► Sierrah Broadbelt lines up



► Jillian Crooks was in brilliant form again

The Cayman Islands started incredibly well at the first CARIFTA Games since 2019 because of the covid pandemic, winning one athletics gold and 14 medals in the pool on Saturday, the opening day. Long jumper Andrew Stone grabbed gold in the boys Under-17 with a leap of 6.76 metres at the National Stadium in Kingston, Jamaica, then excelled again in the high jump on Sunday.

Stone's magnificent long jump was well clear of silver medallist, Trinidadian Andrew Steele (6.61m) and the bronze medallist Euan Young of Jamaica (6.60m). Stone then shone again, high jumping 2.00m to grab silver. Jamaica's Chavez Penn (2.05m) won gold and Aaron McKenzie (1.95m), also Jamaica, earned bronze. Cayman's boys u17 4x100m relay team won bronze (40.72 seconds) behind Jamaica's (39.15) gold and the Bahamas (40.41) silver.

James Crooks, better known as a swimmer, was in the boys 17-19 1500m. He came ninth in the final recording a time of 4 minutes, 25.81 secs. Yanelli Dawkins was eighth in the girl u20 discus with 29.33m.

Devon Wright competed in the octathlon and started his campaign with an 11.73 second 100 metres in the boys u20

category. Marlon Satahoo threw 38.50m in the boys 17-19 javelin but did not advance to the finals. Aaliyannah Anderson ran the 100m in 12.67 secs to qualify for the next round in the girls u17 and then 12.43 secs in the semi-finals. In the girls u17 shot put, Mikayla Brown threw 10.69m. Davonte Howell was fourth in the boys 17-19 100m in 10.65 secs and Jaiden Reid ran 10.81 secs. In the semis, Reid ran 10.56 secs and Howell's 10.58 secs to both get into the final. Reid (10.53) was fourth in the final and Howell (10.63) was seventh. High jumper Josh Gardner leaped 1.95m in the boys u20 to place joint fourth. Stephen Watson recorded a no height at 1.85m.

On Saturday, the medals flowed for the swimmers at the CARIFTA Games in Christ Church, Barbados, seven of the 14 were gold. Medallists were Lola Haworth, Kyra Rabess, Harper Barrowman, Coco McGrath, Dominic Hilton, Kaitlyn Sullivan, siblings Luke and Lila Higgs, Jillian Crooks, Sierrah Broadbelt, Brianna Fischetti, Sofia Bonati and Kathryn Lambert-Wragg.

The second night of the 35th CARIFTA Swimming Championship began for Cayman with Rabess and Crooks showcasing their talent separating from the field in the 200m freestyle. Rabess

touched the wall less than two tenths of a second ahead of her teammate in front of an excited, cowbell ringing, horn blowing crowd. In the boys 200m freestyle, James Allison won silver as he challenged Nikoli Blackman, of Trinidad and Tobago, to the finish.

A night after dominating the 50m backstroke, the Higgsos, along with Crooks duplicated the feat again in the 100m backstroke. Lila again broke a CARIFTA record, which had stood for five years. Lev Fahy joined Luke on the medal stand with a strong swim to win bronze. Crooks again led wire to wire in her gold medal performance.

During the long 400m individual medleys, the DJ gets the crowd pumped up. Coco McGrath, Teagan Nash, Dominic Hilton, and Harper Barrowman fed off the energy to earn silver medals in their respective age groups. Cassandra Adapa and Will Sellars also put in great efforts in the challenging event.

The Cayman girls relay teams made it look as easy as 1,2,3 to cap off the session in the 4x100m medley. The 13-14-year-old quartet of Lila Higgs, Brianna Fischetti, Sierrah Broadbelt, and Sofia Bonati held off strong challenges to win gold. Harper Barrowman's strong finish gave the 15-17 team with

Kaitlyn Sullivan, Rabess and Crooks silver. First time CARIFTA participants Riley Watson, Eva Oldfield teamed with Adapa and McGrath to secure bronze in the 11-12 division.

Cayman added 14 more medals on Sunday to take the haul to 28 by the halfway point. The athletics competition finished on Monday and swimming on Tuesday.

St. Ignatius Church
GIGANTIC
GARAGE SALE &
CAR BOOT SALE!

Saturday, April 23rd
6:00-11:00 am (No early-birds)
Loyola Hall and School Car Park
599 Walkers Road



Lots of bargains!
All kinds of items!
Breakfast items on sale!
Masks required indoors!

For further information, please

Phone 949-6797 or e-mail

Ignatius@candw.ky



► (From left) MoE Chief Officer Ms. Cetonya Cacho is photographed with medalists in the Girls 9 Year Olds 100 Meter Dash Division 2 Sophie Lyne (CIS), Victoria King (PPS) and Jacquelyn Douglas (TMPS).



► (From left) DES Director Mr. Mark Ray is photographed with medalists in the Boys 12 Year Olds 100 Meter Dash Division 5 event- Donardo Henry (CPHS), Keion McLean (FBCS) and Josiah Ebanks (Cayman Academy).

Red Bay Primary School (RBPS) Retains Title as Inter-Primary Sports Champion



► Athletes compete in the 800 m - Boys 12 and Under-800M Run Open



► Athletes from Joanna Clarke Primary School (Yuvraj Campbell-Graham) and Red Bay Primary School (Division 2 Champion Nathaniel Haye) battle it out during the Division 2 boys 100 dash.

Cayman Islands, 13 April 2022. Red Bay Primary School (RBPS), on Friday afternoon (8 April), amassed 284.9 points to retain its title as Inter-Primary Schools Sports Champion for the fifth consecutive year.

Prospect Primary School (PPS) placed second with 272 points, while third place in the three-day athletic meet, held at the Truman Bodden Sports Complex, went to Joanna Clarke Primary School (JCPS) with 232.5 points.

Cayman Academy and Triple C School placed first and second in the small schools' category.

Head of the Local Organising Committee, Mrs. Gloria Bell, congratulated Red Bay Primary on its victory, adding, "Throughout this year's meet we have witnessed exciting performances from our student-athletes in the culmination of primary schools' physical education syllabus. I am pleased to see the athletic prowess and spirit of camaraderie that our young participants have demonstrated throughout the meet and look forward to their continued growth and development."

Director of Sports Mr. Kurt Hyde expressed his delight at the opportunity to partner with the Department of Education Services (DES) for the Inter-Primary/Secondary School competitions. "He stated, "The collaboration between DES & DOS makes these spectacular sporting events possible. A lot of work happens behind the scenes, but we welcome it, as these two events allow our kids to compete and showcase their talents."

Mr. Hyde thanked all of those who contributed to the success of the schools' sporting meets, describing Mrs. Bell and School Sports Coordinator (DOS) Ms. Cherry Whittaker's efforts as 'outstanding'.



► (From left) Medalists in the Boys 12 and Under-800M Run Open, Teddy West (CIS), Roscoe Newman(CIS) and Donardo Henry are photographed with Minister of Education Hon. Juliana O'Connor-Connolly.



► (From left) Medalists in the Boys 11 Year Olds High Jump Division 4 event- Maliq Brandon (JCPS); Issac Williams (JCPS) and Jahdon Bodden- (SJACPS) are photographed with Director of Sports Mr. Kurt Hyde.



► Photo 6: Victoria King (PPS) listens for the starter's signal at the start of the Girls 10 & Under 4x100 Meter Relay Junior event.



► Toni Wagner (Cayman Prep & High School) competes in the Girls Div.4 High Jump Final.

Red Bay Primary School (RBPS) Retains Title as Inter-Primary Sports Champion

CONTINUED FROM Page 12

First Baptist Christian School's Keion McLean was named Division Five Champion, and Victor Ludorum (overall individual high point winner male), having won the 100-metre dash, the 200-metre run and the 800-metre run.

Victrix Ludorum (overall individual high point winner female) went to George Town Primary School student and Division Four Girls Champion Jeleah Maize. She won the 100-metre dash, 200-metre run, 800-metre Run and the Division Five Girls' Long Jump competition.

Other exceptional athletes included Division One champions Jazmyn Beckford (JCPS) and Seth Mason (PPS), as well as Division Two champions Sophie Lyne (Cayman International School), Aiden Wilson (Sir John A



► Students from Prospect Primary School proudly display their school's flag during the 2022 Inter-Primary Schools Sports Meet opening parade.

Cumber Primary) and Nathaniel Hays (RBPS). Prospect Primary's Jahriah Ngyou and Theoline McCoy Primary's Oshawney Johnson were declared Division Three champions. Cayman Prep & High School's Zara Maharaj and Joanna Clarke Primary School's Kobi Sloely were named Champion Girl and Boy for Division Four.

Notable attendees included Minister for Education Hon. Juliana O'Connor-Connolly, who officially opened day one of the meet. Parliamentary Secretary in the Ministries of Housing, Transport and Labour, Mr. Dwayne Seymour, provided remarks and DES Director Mr. Mark Ray gave the welcome address.

Also in attendance were Ministry of

Education Chief Officer Ms. Cetonya Cacho, Deputy Chief Officer Ms. Lyneth Monteith, and Director of Sports Mr. Kurt Hyde, all of whom assisted with medal presentations.

To learn more about other DES programmes and activities, visit the Department of Education's website at <https://schools.edu.ky/Pages/Home.aspx>.

CARIBBEAN BRIEFS

Cubans fleeing to US creates waves



► Cubans attempt reaching America in dangerous vessels

Desperate Cubans entering the US illegally has become such a problem that American and Cuban officials met in Washington this week to discuss migration concerns.

It was the highest-level formal US talks with Havana since President Joe Biden took office last year. The meeting came at a time when Biden's administration is grappling with rising numbers of migrants attempting to cross the US border from Mexico, with Cubans making up a growing portion of them. Cubans are attempting to leave the island en masse after decades of oppression, exacerbated in recent years by tightened US sanctions and the covid pandemic.

Tensions between Washington and Havana over the Cuban government's crackdown on protests, continuing American

sanctions on the communist-ruled island and other issues have made it difficult for the countries to cooperate on challenges such as irregular migration. Leading the Cuban delegation was the deputy foreign minister, Carlos Fernandez de Cossio. The delegation met with senior officials of the US state department and other agencies.

The US wants Cuba to take back more deportees from among the record numbers of Cubans arriving at the US-Mexico border. Cuba has said it supports legal, orderly and safe migration. It blames the US for the increase in irregular migration, saying cold war-era sanctions and a decision to close the American consular section in Havana encourage Cubans to seek riskier routes to leave the island.



► Cubans are fleeing the island in record numbers

The state department last month said it would again begin processing some visas for Cubans in Havana to start reducing the backlog after a four-year hiatus, but progress has been slow.

The Cuban government has not accepted deportation flights carrying Cubans from the United States for more than six months, a US Department of Homeland Security spokesperson said. There are about 40,000 Cubans in the US with a final deportation order from an immigration judge, according to the spokesperson.

Cuba has said it supports legal, orderly and safe migration. It blames the United States for the spike in irregular migration, saying Cold War-era sanctions and a decision to close the American consular section

in Havana encourage Cubans to seek riskier routes off the island.

A record number of migrants attempted to cross the US-Mexico border during Biden's first year in office. American officials are preparing for even higher numbers this year.

Amid Cuba's faltering economy, after Nicaragua lifted visa requirements for Cubans in November, many dropped everything, sold their homes and took a flight for Managua, with hopes of joining the mainland "migrant highway" north through Central America to the US.

Nicaragua, a close regional ally of Cuba, said the move was intended to promote commercial exchange, tourism and humanitarian family relations.

JA lifts all covid entry rules



► Jamaican tourism is bouncing back

Jamaica has officially eliminated all pre-arrival testing rules for travellers which is a great boost for the country's economy.

International visitors to Jamaica are no longer required to present a negative antigen or PCR test before their trip to the island. Jamaica has also ended its mandate to wear a mask in public places.

"Eliminating mask mandates and the need for travellers to present a negative COVID test result are important strides toward our continued gradual relaxation of travel protocols as the spread of COVID-19 keeps declining,"

said Jamaica Tourism Minister Edmund Bartlett. "We are optimistic that these simpler requirements will serve to increase the appeal of Jamaica as a premier destination and keep us moving along the road to a stronger recovery for both the tourism sector and the nation's economy as a whole."

All other public health measures in the country remain in place, including the requirement for public venues to provide hand washing stations and hand sanitising equipment for anyone entering the premises.

The news comes after the move last week by the United States Centres for Disease Control and Prevention to downgrade Jamaica to a Level 1 travel designation, its lowest-risk category.

The move will increase tourism to the island, which has been steadily improving since the country first reopened two years ago.

Jamaica is one of an increasing number of Caribbean destinations to eliminate all travel requirements, joining destinations like Curacao, Aruba and Grenada. Many other countries in the region have lifted their entry restrictions too.

Grenada wants diaspora's support



► Grenadians are being enticed to return to the island

Grenada has introduced a program to entice its diaspora to visit more often.

Pre-pandemic, tourism made up close to 41 percent of Grenada's gross domestic product and 42 percent of total employment, according to the World Travel & Tourism Council. Two years later, the work to recover all airlift and tourist arrivals there continues. It's a challenge that's led the destination's tourism board to innovate and launch a loyalty program for its most dedicated consumer segment: the 360,000 Grenadians who live abroad.

Named '473 Connect', referencing the country's area code, Grenada Tourism Authority's rewards program for the diaspora launched in March and is another

example of destinations pushing the loyalty frontier to establish a more sustainable tourism future.

"We are a small destination with very limited budgets and coming into the organisation and recognising that we have two people in the US, and we didn't even have anyone in the UK but then we sent someone there, and we have one person in Canada — it's a mammoth task," said Petra Roach, CEO of Grenada Tourism Authority. "You do a quick audit of who are your biggest advocates so that really is the diaspora."

Grenada offers incentives — in the form of points and discounts — for Grenadians abroad who agree to become '473 Connect ambassadors'.

Members are encouraged to sign up on the dedicated 473 Connect loyalty platform, complete an online 12-module training course on Grenada, convince people to visit and refer them to a travel agent who then seals it with a booking.

"We thought, let's treat the diaspora like we would the travel industry, all the channels that we use all the time," said Roach, adding that it cost little to launch the 473 Connect website and loyalty program, no more than EC\$10,000 (KY\$3,100).

COMMUNITY EVENTS

Student Registration

Ongoing - The Department of Education Services (DES) reminds all parents and guardians that registration of students for the 2022/2023 academic year commences on 1 April 2022. For further enquiries, please contact the Registration team at education@registration.gov.ky

Free Tai Chi with Shihan Greg of CASK

22 April - The National Gallery is hosting a free Tai Chi session with Shihan Greg at the Dart Auditorium on Friday 22 April from 5:45pm to 6:45pm. Because Tai Chi puts little stress on muscles and joints, it is suitable for people of all ages and fitness levels. Booking is required so call 945 - 8111 or email education@nationalgallery.org.ky

Turtle Release, Seven Mile Beach

22 April - In honour of Earth Day, the Cayman Turtle Conservation and Education Centre have a special turtle release at Governor's Beach on Friday 22 April from 10am to 11am. Call 949 - 3894 for more details.

Gigantic Garage Sale & Car Boot Sale

23 April - St. Ignatius Catholic Church is having its annual Garage

Sale & Car Boot Sale On Saturday 23 April from 6am to 11am at the Church Hall and School Car Park. There will be lots of great bargains on all kinds of items! Cost of a selling spot is \$25. Call 949 - 6797 or email ignatius@candw.ky to book your spot. Breakfast items will also be on sale.

Chamber's Earth Day Clean up

23 April - In celebration of Earth Day, there will be clean ups at various locations in Grand Cayman. You may show support by sponsoring and recruiting teams to clean up trash off the beaches and roads. Plastic Free Cayman and CIMPA are two groups who are looking for volunteers. Contact nina.robinson-downs@caymanchamber.ky for more information.

Grand Cayman's DG's 5k Challenge

24 April - Runners, walkers, and supporters of all ages are invited to join the DG's 5K Challenge in on Sunday 24 April. Start time is 6:30am and will be at the Southern Cross Club. Registration is \$25 for adults over 18 and \$10 for children 17 and under. Register today at <https://racecaribbean.net/event/dg-5k-cb/>.



Boatswain Bay Presbyterian Church fund raising concert for Ed Solomon

24 April - Boatswain Bay Presbyterian Church is holding a fund-raising concert on Sunday 24th April at 7:00 p.m. There will be many artists from the community and everyone is invited to attend. Proceeds of a free will offering will go towards the support of Ed Solomon's medical and care expenses.

Free Cardio Dance with Quintessential Movement

26 April - The National Gallery presents a free session of Cardio Dance with Quintessential Movement on April 26 at 6pm. Get your sweat on while learning fun choreography to popular songs. RSVP to education@nationalgallery.org.ky

National Museum & UCCI - Speaker Series - Creating a Space for Cayman Literature

28 April - You're invited to a speaker series hosted by the National Museum and the University College of the Cayman Islands. On Thursday, 28 April, the discussion will be on Creating a Space for Cayman Literature in local classrooms. It starts at 6pm. All sessions take place via Zoom. To register, email giftshop@museum.ky.

National Gallery - Family Fun Day

30 April - The National Gallery is hosting a Family Fun Day on April 30th from 10am to 1pm. Enjoy guided art activities and pop-up crafting stations or explore exhibitions with worksheets in the Gallery. For more information, email programme@nationalgallery.org.ky

nationalgallery.org.ky or call 945 - 8111.

Astronomical Society - Stars over Seven Mile Beach

4 May - The Cayman Astronomical Society is hosting Stars over Seven Mile Beach, an evening of star gazing, starting at 7pm on May 4th. For more information, head to their facebook page.

Cayman Carnival Batabano Junior Costume Competition

7 May - Are you creative? Here is your chance to design and create a costume and enter it in our Junior Costume Competition at Carnival Village on May 7 at Festival Green, Camana Bay. Costume must be worn by a child up to 12 years old. Prizes to be won. Register at caymancarnival.com or call 925 - 3970 for more information.

May Services - St. Alban's Church of England, Shedden Road

8 May - Services of Holy Communion will be held on Sunday May 8th and Sunday May 15th at 9:30am. Morning prayers (Matins) will continue on the 1st, 4th and 5th Sundays in May at 9:30am as usual.

Send your community events to wendy@caymaniantimes.ky

I am so sick of this

I'm here to warn you about 5 fat loss myths that most people fall for. This might come across as a soapbox rant, and for that I apologize, but trust me when I say that this is a message that needs to be spread.

Your fat loss depends on it.

Don't waste your time on these:

This is a Myth: Diet pills will help you lose fat.

It's so tempting! The commercials make compelling claims about the power of diet pills, but don't fall for it. The 'magic pill' has yet to be discovered (it has been discovered - exercise. It's just not in pill form...). Diet pills are more likely to damage your health and burn your pocketbook than to slim you down.

- Don't pop a pill—instead burn calories with exercise.

This is a Myth: You should starve yourself to lose fat.

Attempting to lose weight by starving yourself is not only ineffective, it's also dangerous. It may seem that severe calorie restriction would deliver the quickest weight loss, but your body is complex and by doing so you'll disrupt your metabolism and slow your results.

- Don't starve yourself—instead eat healthy small meals throughout the day.

This is a Myth: Lots of crunches will flatten your abs.

We all want our midsection to look toned as we stroll down the beach, but excessive crunches aren't the answer for tight abs. In order to achieve a lean look you'll have to focus on burning off the layer of fat that is covering up your abs.

- Don't obsess about crunches—instead focus on fat burning.

This is a Myth: Eat packaged diet foods for speedy results.

It is amazing to see the kinds of foods that

are packaged as 'diet' or 'weight loss' aids. More often than not these products are packed with refined sugar and other artificial ingredients that your body doesn't need.

- Don't eat packaged diet foods—instead stick with nutritious whole foods.

This is a Myth: You have to avoid carbs to lose fat.

Carbohydrates have been given a bad rap, which is unfortunate because you can (and should) eat carbs while losing weight. The key is to stick with whole grains, oatmeal and brown rice while avoiding processed and refined flours and sugars.

- Don't swear off all carbohydrates—instead stick with wholesome carbs.

Now that you know what not to do in order to look great this summer, it's time to go over your beach ready game plan.

Here's what you need to know in 3 simple steps:

DO THIS FIRST: Cut out the junk.

The best way to do this is to start by purging your kitchen. Get rid of sugary, processed and fat-filled foods. Once the junk has been cleared out don't buy any more of it. Remember that your beach ready abs depend on what you eat - don't eat junk!

DO THIS SECOND: Focus on whole foods.

Replace the junk food in your life with plenty

of the following: cooked and raw vegetables, fresh fruits, whole grains, moderate amounts of seeds and nuts, lean meats and low fat dairy. Clean eating really is that simple.

DO THIS THIRD: Come train with me.

This is the most obvious step. You're ready to get into great shape and I'm in a unique position to make that happen for you.

Want more guidance as you take your body from flab to fab? I'd love to help you! Call Ernest at Body Shapers Personal Training



Studio 325-8696 or shoot me an email bodyshaperscayman@gmail.com and let's get you on track to shed some major fat before summer!

Let's do this together.

Designs by Norma Ebanks
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CATERING TO MEN, WOMEN & CHILDREN

<ul style="list-style-type: none"> • UNIFORMS • SUITS • FORMAL DRESSES • ALTERATIONS • TAILORING • WINDOW TREATMENTS 	<ul style="list-style-type: none"> • CURTAINS & VALANCES • BRIDAL RENTALS • SUIT RENTALS • FABRIC SALES • ACCESSORIES
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 Smith Road, George Town

WEEKLY WEATHER FORECAST

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
84° / 77°	84° / 76°	83° / 75°	84° / 76°	78° / 77°	79° / 78°	80° / 79°
Winds subsiding with a shower	Breezy with heavy showers	Downpours; winds subsiding	A morning t-storm in the area	Showers around in the morning	A couple of showers	Mostly cloudy

DEATH ANNOUNCEMENTS

The family of the late **Ira Graham Thompson** regret to announce his passing on 11th April, 2022.

Viewing will be held from 5:00 – 7:00 p.m. on 25th April, 2022 at Bodden Funeral Home.

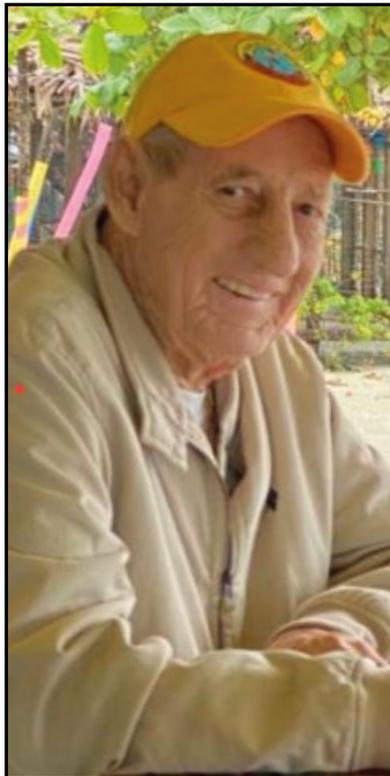
A graveside service will be held at 3:30 p.m. at Tall Tree Cemetery on Pedro Castle Road on 26th April, 2022.

A Celebration of Life will be held at Pedro Castle following the graveside service from 5:00 – 7:00 for family and friends to celebrate the amazing life of Mr. Graham.

The family request informal, colorful attire be worn as was Mr. Graham's wish.

In lieu of Flowers: Donations can be made to Jasmine in Mr. Graham's honour.

Condolences can be registered at boddenfuneralservice.com & Bodden Funeral Service Facebook page



Churchill's

Funeral Home

We have been asked to announce the passing of Mr. Washburn Powell, who passed away on Wednesday, April 20, 2022. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at churchillsfuneralhome.com

Churchill's

Funeral Home

We have been asked to announce the passing of Ms. Felicita Taylor Hawkins, who passed away on Wednesday, April 13, 2022. A Thanksgiving Service will be held at Calvary Baptist Church, 191 Walkers Road, George Town, Grand Cayman on Saturday, April 23, 2022 at 2:00 p.m. Viewing: 1:00 – 2:00 p.m. Interment at: Prospect Cemetery



Condolences can be registered at churchillsfuneralhome.com

Churchill's

Funeral Home

We have been asked to announce the passing of Mr. Jorge Osmin Bustillo-Coronado, who passed away on Sunday, April 10, 2022. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at churchillsfuneralhome.com

Churchill's

Funeral Home

We have been asked to announce the passing of Mrs. Martha Dell Bonner-Powery, who passed away on Friday, April 08, 2022. A Thanksgiving Service will be held at the Presbyterian Church of Boatswain Bay, Florence Lane, West Bay, Grand Cayman on Saturday, April 23, 2022 at 2:00 p.m. Viewing: 1:00 – 2:00 p.m. Interment at: Boatswain Bay Cemetery



Condolences can be registered at churchillsfuneralhome.com

The family of the late **William Henry McTaggart**, affectionately known as "Uncle Bill" regret to announce his passing on April 4th, 2022.

A Memorial service will be held 3:00 p.m. at Cayman Islands Baptist Church on Sunday 24th day of April 2022.

To celebrate his life and his love for the sea and sunsets, please wear colors that are representative of these.

In lieu of flowers the family has requested that donations be made to Bill's favourite charities: Jasmine in Cayman and St. Jude's in the USA.

Condolences can be registered at boddenfuneralservice.com & Bodden Funeral Service Facebook page



SUDOKU

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Conceptis Sudoku

By Dave Green

			3		2			
		5				3		
	6		7		9		4	
2		1		9		7		5
4		3		1		2		9
	9		1		5		3	
		2				6		
			6		4			

Answer to previous puzzle

7	5	9	8	3	2	1	4	6
6	3	4	1	5	7	9	8	2
2	8	1	9	6	4	7	5	3
8	9	3	7	2	1	5	6	4
5	7	2	6	4	9	3	1	8
4	1	6	3	8	5	2	9	7
9	2	8	5	7	6	4	3	1
3	4	5	2	1	8	6	7	9
1	6	7	4	9	3	8	2	5

Difficulty Level ★★★

5/14

Difficulty Level ★★★

CROSSWORD

By THOMAS JOSEPH

ACROSS 40 Burdened

1 Spots for down
tots 41 Make
6 Swift blank
11 One 42 Fencing
of the swords
primates 43 Factions

12 Make

amends DOWN

13 Chess 1 Pork

game start servings

15 Stew 2 Indian coin

sphere 3 Clarifying

16 Opponent words

17 Vigor 4 Prohibit

18 Capitol 5 Brandy

worker glass

20 Mine yield 6 Wild party

21 Wallet bill 7 Money

22 Swear machine

23 Car part 8 Become

26 Sacred exhausted

song study

27 Notorious

czar

28 — Vegas

29 King, in

Latin

30 Movie

technique

34 Rainbow

shape

35 Bond

rating

36 "— So

Fine"

37 Home-

buying

expense

S	C	R	A	M	S	W	A	B
A	R	U	B	A	C	A	N	A
L	I	N	E	N	A	D	D	L
E	M	J	T	E	N	R	A	N
S	E	P	A	R	A	T	I	O
			R	A	T	R	I	C
M	A	N	E	S	H	A	D	E
O	V	E	N	F	A	Q		
R	E	P	A	R	A	T	I	O
A	R	T	E	T	C	L	A	W
S	T	U	N	T	H	E	I	D
S	E	N	O	R	E	L	V	I
D	E	M	O	T	I	E	R	S

Yesterday's answer

9 Reciprocal 26 Oversees
10 Most 28 Bank
profound offering
14 Lunch time 30 Big pipes
19 Heaps 31 In the lead
22 Expense 32 Gaggle
group
23 Wonderful 33 Snaky
event
24 Area of shapes
common 38 Behold
interest 39 Work
wk.'s
end

1	2	3	4	5	6	7	8	9	10
11					12				
13					14				
15				16			17		
18			19				20		
			21			22			
23	24	25			26				
27				28					
29				30			31	32	33
34				35			36		
37			38				39		
40						41			
42						43			

9-7

Word Search

M	P	F	R	O	W	A	S	C	R	B	A	T	L	A
E	L	T	A	B	P	F	O	O	M	W	W	U	R	
V	L	E	V	S	R	B	V	N	Y	F	B	V	R	G
D	D	G	E	C	D	E	G	F	R	A	C	A	S	U
A	I	I	G	L	H	S	A	L	C	G	R	C	L	M
E	W	V	C	U	E	B	E	I	W	A	R	F	T	E
T	R	A	R	W	R	M	I	C	T	M	C	S	Y	N
U	E	F	E	U	D	T	Y	T	F	O	U	V	S	T
P	T	U	S	S	L	E	S	A	N	O	F	K	F	M
S	N	U	S	I	N	I	V	T	J	I	I	N	Y	O
I	U	P	O	F	O	W	E	I	G	R	O	O	T	V
D	O	R	D	B	I	S	Y	H	M	M	B	S	N	O
S	C	B	U	A	T	N	T	I	G	P	E	I	C	M
N	N	T	E	F	C	C	S	W	S	C	R	A	P	W
V	E	Y	L	T	A	H	R	S	C	U	F	F	L	E

- Action
- Argument
- Battle
- Bout
- Clash
- Conflict
- Contest
- Dispute
- Duel
- Encounter
- Feud
- Fight
- Fracas
- Fray
- Joust
- Melee
- Row
- Scrap
- Scuffle
- Skirmish
- Struggle
- Tussle
- War

Find the listed words in the diagram. They run in all directions — forward, back, up, down and diagonally.



Have fun with
**CAYMANIAN
TIMES**

CURTIS

By Ray Billingsley

AFTER BEING HOME FOR SO MANY MONTHS BECAUSE OF THE VIRUS, MY PARENTS WILL MISS ME BACK IN SCHOOL!

C-BREEZE, THEY'RE PR'BABLY POPPIN' A BOTTLE OF BUBBLY AND CELE-BRATIN' RIIRIGHT NOW!!

BUSS IT, MAN! I SEE IT, HEART-THROB!

LOOKS LIKE TWO GROUPS OF GROWN-UPS SQUARING OFF IN FRONT OF THE SCHOOL!

THE AMAZING SPIDER MAN

By Stan Lee

AT LEAST THE MOVIE STUDIO PAID FOR FIRST-CLASS TICKETS FOR US!

WE MAY AS WELL BE COMFORTABLE— SINCE WE WON'T KNOW A *SOUL* HERE!

HELLO, MY DEARS! I THOUGHT YOU'D NEVER GET HERE!

A-AUNT MAY!?

HOTEL GRAND

JUDGE PARKER

By Woody Wilson & Mike Manley

WHAT COULD BE TAKING THE FIRE INVESTIGATION SO LONG?

I IMAGINE IT'S DIFFICULT GIVEN THAT THERE'S, WELL...

YOU CAN SAY IT. "NOTHING LEFT OF THE B&B." I'M REMINDED OF THAT EVERY TIME I LOOK OUTSIDE.

Understanding CUC's Fuel Costs

As we anticipate increased fuel costs for electricity bills, we will continue to inform customers about our fuel purchase process and how to conserve electricity and save. We will be communicating the fuel cost for May's consumption (billed in June) as soon as it becomes available.

What do you know about the way in which CUC fuels its diesel-generating units (engines) and combustion turbines?

- + Do you know the path the fuel takes?
- + Are you aware that weather can impact supply?
- + Do you know that the total capacity on Grand Cayman for fuel storage is?
- + Did you know that the more electricity Grand Cayman consumes, the more fuel is used, which increases air emissions?

CUC identified the issue with unstable and rising fuel costs over 10 years ago and as a result, in 2017, presented a plan to OfReg to adopt renewable energy, which will reduce fuel usage by over 60%. Until recommended renewable projects have been approved CUC relies on diesel.

How does fuel get to Grand Cayman?

All of CUC's fuel is purchased from our contracted vendors who are local/on-Island vendors.

- Step 1:** The fuel leaves the U.S. by ship.
Step 2: The ship stops in the Bahamas (and potentially other locations) before voyaging to the Cayman Islands.
Step 3: Once the ship arrives in Grand Cayman, the fuel is offloaded at Jackson Point Terminal in South Sound and transported via underground pipeline directly to CUC.

It takes approximately 7 to 12 days for the fuel to reach Grand Cayman's shores from loading in the U.S. and an additional 2 days for arrival at CUC. This timing is dependent on weather conditions and is also impacted by circumstances outside of CUC's control, such as fuel availability and supply shortages as a result of the COVID-19 pandemic.

Because fuel is purchased in bulk supply, CUC is able to achieve economies of scale and are paying substantially less than retail rates. CUC also invested in the pipeline between the fuel suppliers and CUC to keep on-Island delivery costs at a minimum.



Why is the situation in the Ukraine impacting Fuel Prices?



Russia is one of the largest oil producers in the world. As the attacks in Ukraine intensify, traders, shippers and financiers have been reducing their use of Russian oil, removing much of it from the daily global supply.

Oil prices also increased after the U.S. issued a ban on Russian imports of crude oil, certain petroleum products, liquified natural gas and coal. We anticipate that the price of fuel will be trending upwards for some time.

Approximately 8% of U.S. imports of crude oil and refined products came from Russia last year.

(Source: *The Wall Street Journal* "Why Are Gasoline Prices So High" April 1, 2022)

CUC does not benefit from fuel cost adjustments

Fuel costs and fuel duty have **no mark-up** by CUC. This means CUC does not benefit from any fuel cost adjustments. If the price of fuel is reduced, customers will benefit.

Fuel costs are directly passed through to customers at the same price paid by CUC to the vendors and the Cayman Islands Government.

For a view of historical monthly rates, please visit our website at www.cuc-cayman.com.