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Friday, August 26, 2022 Issue No 794

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Gas Prices

Biggest class graduates at UCCI



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THIS WEEK

SUPER PAINT



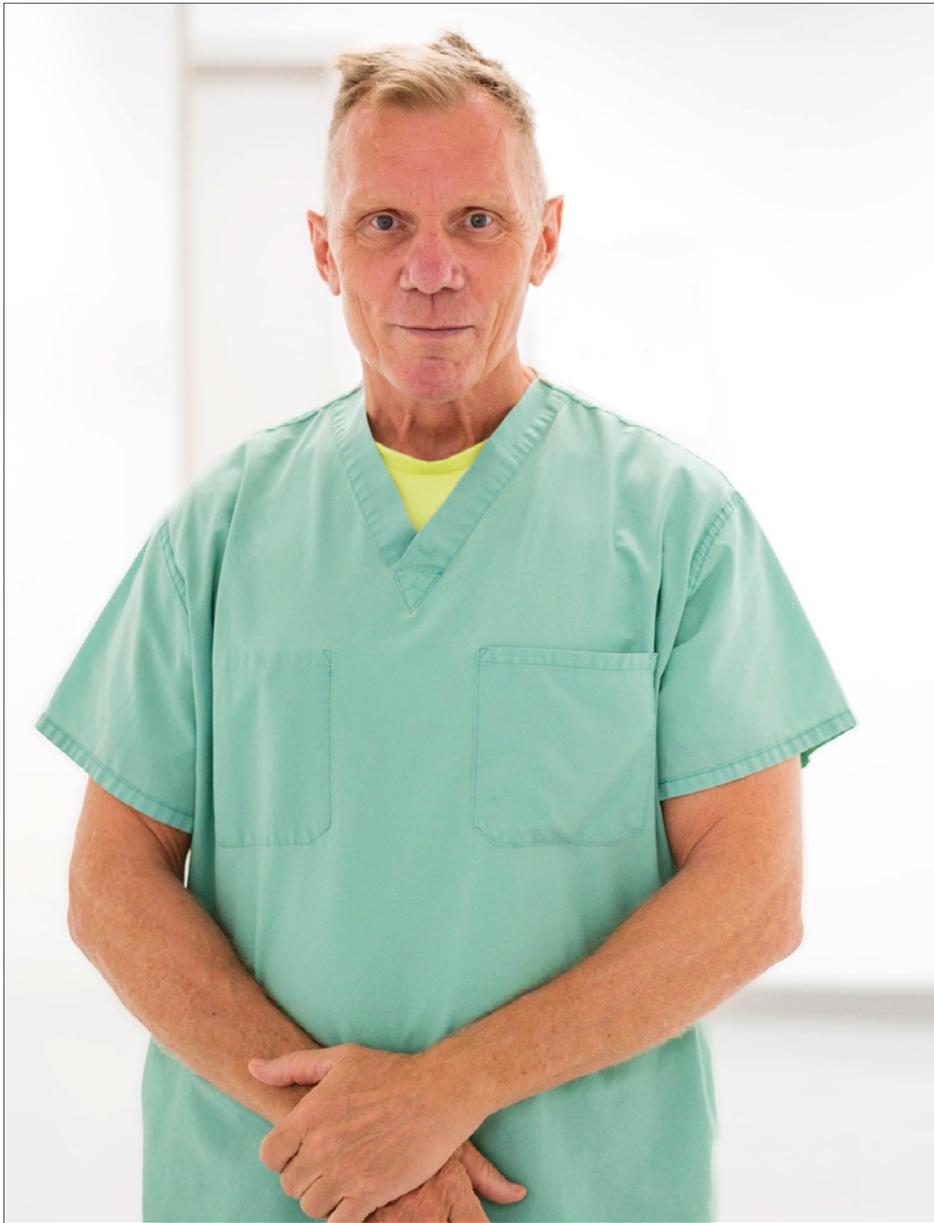
COX LUMBER'S WEEKLY SPECIALS

See page 6 inside for sale items!



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New Sports and Exercise Medicine Clinic boosts medical care options for athletes



► HSA Sports Traumatologist and Orthopaedic Surgeon, Dr Allan Larsen



► HSA Medical Director and Head of the Sports Medicine Clinic, Dr Delroy Jefferson

Athletes in Cayman seeking recovery or performance improvement can look forward to more options for exclusive care and advanced treatment with the opening of the new Sports and Exercise Medicine (SEM) Clinic on Monday, 29 August 2022.

To be located on the second floor of the Smith Road Medical Centre, this latest service of the Health Services Authority (HSA) will connect elite athletes or exercise enthusiasts with a team of experts specializing in the treatment and prevention of a wide range of sports-related injuries, from the neck to the ankle.

“Cayman has a thriving sports community and sports and activity-related

injuries are quite common,” said HSA Sports Traumatologist and Orthopaedic Surgeon, Dr. Allan Larsen. “There are also many people who are interested in boosting athletic performance who may jump to putting in more reps, adding on more miles or getting in more protein. What some may not realise is one of the most reliable resources to address their range of needs is sports and exercise medicine.”

“Introducing sports and exercise medicine into their healthcare regimen can be a real game-changer. Our team of specialists includes physicians who are trained in sports and exercise medicine and pain management, as well as orthopedic surgeons, physical therapists

and nutritionists. We all work together to deliver holistic customised care to our patients and address their unique concerns, such as injury prevention, appropriate nutrition and timely recovery after injuries such as a sprain, strain, dislocation or fracture. We can help to get them back in top shape and improve their game,” he added.

The SEM Clinic will be able to diagnose and treat injuries including tendonitis, tennis elbow, golfers elbow, arthritis, knee bursitis, rotator cuff tears, ligament tears (ACL, PCL), achilles tendon tear, ankle instability and a range of fractures, sprains and strains.

“This clinic is a much-needed niche in medicine,” said HSA Medical Director

and Head of the Sports Medicine Clinic, Dr Delroy Jefferson. “We are pleased to again be at the forefront of modern medical care just as we have been with the introduction of the country’s first Molecular Biology Laboratory, Complementary and Alternative Medicine Clinic and the Telemedicine Service to the smallest of our three islands. Our athletes and health enthusiasts within our general population will now have access to top sports medicine experts and a comprehensive programme for recovery and heightened performance, all in one location.”

The clinic hours of operation will be Monday – Thursday, 8am – 12pm. To book an appointment please contact, 244-7739. No referrals required.

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Caymanian Times
 Issue # 794



Publisher: Ralph Lewis
 Editor: Lindsey Turnbull
 Company: Lewis Cayman Islands Ltd
 #19 Walkers Road (next to Tomlinson Furniture)
 Telephone: 345 9162000
 Email: info@caymaniantimes.ky
 Website: www.caymaniantimes.ky



CARIBBEAN Aviation Day

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Cayman Islands Government



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This is an opportunity to hear from and network with industry leaders and decision makers in aviation, a critical part of the tourism industry.

Cayman Celebrates Tourism Recovery Milestone



► Hon. Kenneth Bryan

The Cayman Islands has achieved an important milestone in efforts to rebuild stayover tourism arrivals. An airlift capacity report created by the Cayman Islands Department of Tourism Research Unit that tracks flights to the Cayman Islands through Q1 2023 and compares capacity to 2019, shows the destination gaining seats in late 2022.

The report shows an increase of 1,253 seats in the fourth quarter of this year, representing a 1% increase in capacity over Q4 2019, and is positive indication of tourism restoration moving towards 2023.

“The airlift capacity report is a welcome indication of recovery as we look ahead to the 2022 – 2023 season,” said Hon. Kenneth Bryan, Minister for Tourism and Transport. “The PACT Government’s easing of the travel regulations has unlocked pent up demand. However, we cannot become complacent. Our focus is to drive growth from the markets where it will have the most positive impact. While we celebrate a net increase in available seats for Q4 2022, we must also continue to strive for opportunities to increase the number of flights, operating airlines and gateway cities.”

The net growth in seats is driven in part by:

- Increased American Airlines connections through Charlotte and Miami,
- Southwest’s strong feeder markets in Texas,
- United’s growth in Washington D.C. and Newark
- A new non-stop route from Baltimore-Washington.

However, many secondary markets with less frequent service, such as Phil-



► Seven Mile Beach’s beauty is one reason for Cayman’s tourism recovery

adelphia and Boston are pacing behind 2019 capacities, while historical stalwart Delta is still in a rebuilding phase with its connections through Atlanta.

The report also shows signs of longer-term growth in Q1 2023: with Dallas and Houston showing Year over Year growth of 5% and 40% respectively.

Cayman Airways is one of the destination’s most important advantages in mitigating any loss in capacity from U.S. carriers and can serve as a silver bullet for market development. The national flag carrier’s new non-stop route to Los Angeles accounts for 1,280 seats in Q4 2022 and could have a disproportionate positive impact in growing arrivals from southern California, through increased awareness and focused marketing and sales activity.

“Airlift is the oxygen of our islands’ tourism industry, and our global team has been working hard, engaging with the airlines to restore routes and seats,” said Mrs. Rosa Harris, Director of the Cayman Islands Department of Tourism. “A spirit of teamwork between the Cayman Islands Department of Tourism, Cayman Airways, Cayman Border Control, the Cayman Islands Airport Authority and the Civil Aviation Authority, coupled with cooperation with the private sector is the key to our success. As we continue to collaborate in rebuilding our stayover arrivals and welcoming visitors back to our beautiful shores, further increasing the Cayman Islands’ airlift remains a top priority.”

In Q1 2023, seats from New York are reported as trailing Q1 2019 by 8%. The

tri-state area has traditionally been leading source market when temperatures are coldest and demand and accommodations rates, and subsequently tax revenue and on island visitor spending, are highest.

“Year-over-year growth from the New York market is always a priority, added Mrs. Harris. “Instilling confidence amongst the airlines and sharing booking pace and demand indicators as contextual data in partnership with our accommodations sector will help the Cayman Islands extend our momentum.”

Visitors are encouraged to visit the following web page to familiarize themselves with the current COVID-related travel entry requirements for visiting the Cayman Islands: <https://www.visitcaymanislands.com/en-us/travel-requirements>.



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Living with COVID-19 in our community

What are the Rules?

As of 24 August 2022

Vaccines

- Vaccines continue to be the best defence we have against COVID-19. They are proven to provide good protection against hospitalisation and death. For more information on vaccines, visit www.hsa.ky/public-health/coronavirus/.

Masks

- There are no government requirements to wear a mask in most public places. However, owners or operators of establishments, health care facilities, residential home care facilities, prisons, or places of detention may require any person visiting their establishment to wear a face covering or mask prior to entry.

Public Gatherings

- There are no government requirements or limits on public gatherings in the Cayman Islands.

Testing

- It is a public health requirement to report a positive Lateral Flow Test (LFT) result. Visit gov.ky/report-covid19-result.
- Close contacts of people positive for COVID-19 can continue to work and attend school, given they complete daily lateral flow testing.
- All persons who test positive for COVID-19 by lateral flow test are encouraged to complete a PCR test to confirm their result.

Quarantine/Isolation

- All persons who have tested positive are required to isolate for a period of no less than 7 days.
- There is no requirement for a person to test once isolation has been completed.

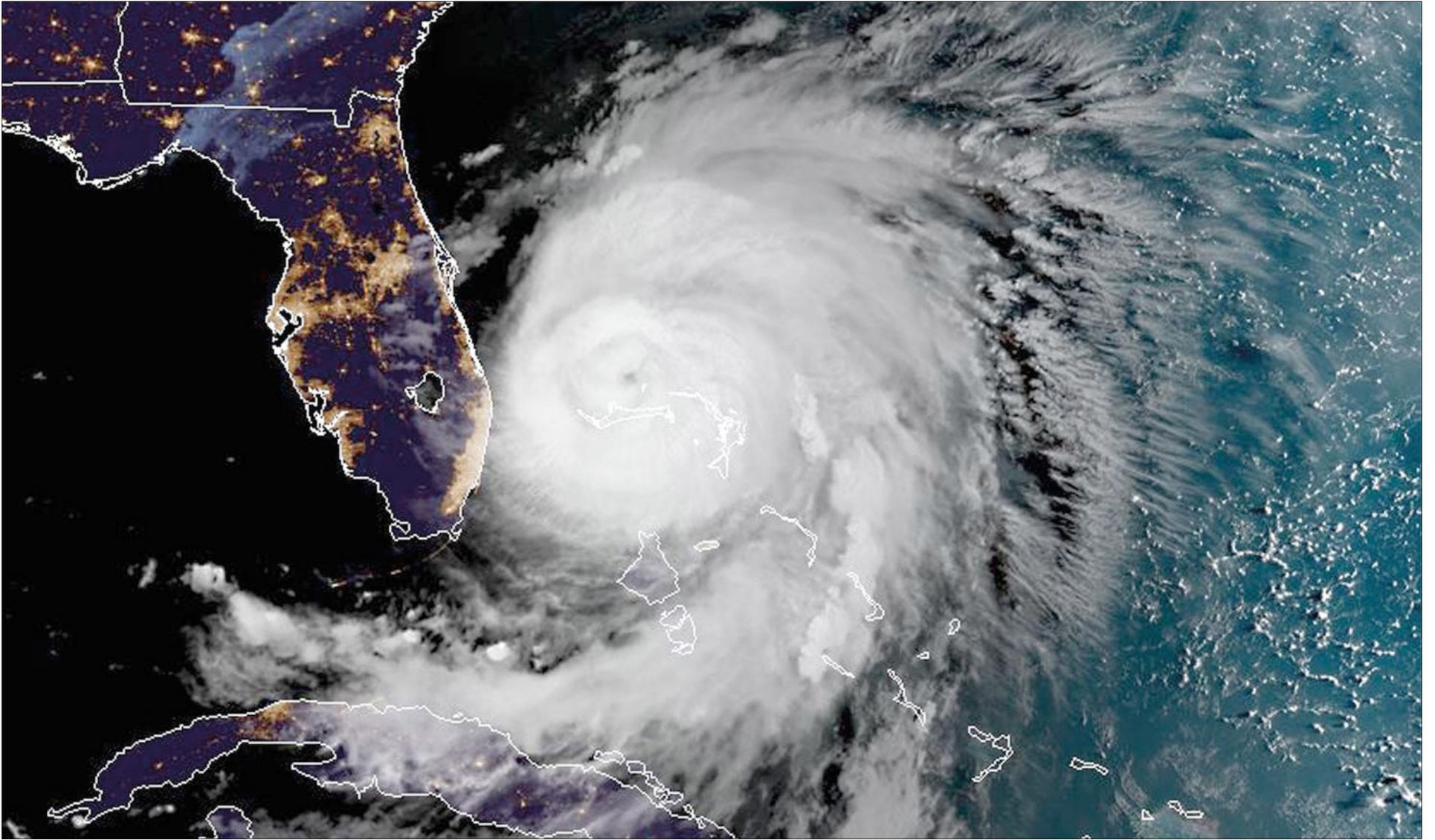
Travelling

- There are no restrictions for anyone travelling to or within the Cayman Islands.
- Travellers are no longer required to:
 - apply to travel (*via Travel Cayman*)
 - quarantine or isolate upon arrival
 - be vaccinated prior to arriving in the Cayman Islands
- Travellers are encouraged to check the requirements of their destination before travelling.



Cayman Islands
Government

Climate change a big worry for people



According to the results of a recent survey undertaken by the Ministry of Sustainability & Climate Resiliency, most people in Cayman consider climate change 'very' or 'extremely important' to them personally, and are 'very' or 'extremely concerned' that climate change will impact them in their lifetimes.

The survey was designed to evaluate and measure local climate change knowledge, attitudes and practices, and was an anonymous, digital survey hosted for a four-week period between May to June this year as part of the ongoing Climate Change Risk Assessment.

Ministry Chief Officer Jennifer Ahearn said the survey received more than 1,000 responses before it closed, confirming a high level of awareness and concern about climate change in the Cayman Islands community.

Mrs Ahearn confirmed: "The final number of responses far surpassed our goal for a nationally representative sample of approximately 400 responses and mirrored the level of participation seen in similar surveys in European countries."

She said the responses would be incredibly valuable to their efforts to update the 2011 Draft Climate Change Policy and consider long-term public awareness and education initiatives related to climate change in the community.

The climate change risk assessment being undertaken by the Cayman Islands government in partnership with the Centre for Environment Fisheries & Aquaculture Science (Cefas) and the UK Centre for Ecology and Hydrology (UKCEH) is a critical element of ongoing efforts to review and update the Cayman Islands' Climate Change Policy.

The climate change risk stakeholder group includes approximately 60 representatives from the public and private sectors, non-governmental agencies and academia. Over the course of a two-day workshop held by the visiting Cefas and UKCEH scientists in May 2022, this diverse group of local subject matter experts reviewed a draft 'long-list' of 52 key risks and opportunities related to biodiversity and natural habitats, the economy and society which had been categorised in terms of the level of agreement among researchers, as well as the level of confidence in the evidence. The local subject matter experts then scored the risks according to proximity (urgency) and magnitude of impact (seriousness).

While the full climate change risk assessment report is expected in September 2022, a technical working group spearheaded by the Ministry of Sustainability & Climate Resiliency is progressing a parallel workplan for updating the 2011 Draft Climate Change Policy by the end of 2022.

"In an effort to have an updated policy to Cabinet by the end of the year, the technical working group recently presented Caucus with our ambitious schedule of stakeholder consultation and public meetings. Working closely with the climate change risk assessment stakeholder group, our aim is to have a working draft finalised for public review and input by October 2022," Mrs Ahearn said. "I know the level of ongoing projects can sometimes feel overwhelming but public participation is essential to developing inclusive, holistic policy and we hope to see a high level of turnout at the public meetings once those dates are announced next month."



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Biggest class ever graduates at UCCI



► The graduates



► The graduates received their diplomas



► The graduates received their certificate and diplomas



► Dr. J.D. Moseley-Matchett

By Christopher Tobutt

It was a really big Celebration at the UCCI on Wednesday 17 August, because it was the biggest ever graduating class. Hundreds of Bachelors, Associates and Certificate graduates gathered in the Sir Vassell Johnson Hall in their black, blue and bright yellow graduation gowns.

UCCI Acting President Dr. J.D Moseley-Matchett told all the students: “You are amazing. You survived years of pandemic madness that ripped you from the traditional structures of academic life, with face to face classrooms, lectures and exams. Instead you found yourself managing government-mandated lockdowns, global uncertainty. So you found novel ways to tackle traditional problems and you created innovative

pathways for learning. You demonstrated ability to adapt and triumph and will be the strength that sets you apart from others who graduated before you” she said. “The UCCI already has British accreditation through the Accreditation Service for International Colleges. We also have programme-level accreditation for our business degrees through the International Accreditation Council for Business Education and for our technical and vocational programmes through the National Centre for Construction Education & Research. However, attaining accreditation from the most stringent accreditor in the United States will further validate the academic achievement you are attaining today. As the UCCI grows in international stature and achievement, your degree be-

comes more valuable. And as the value of your degree grows, so do your opportunities,” Chairman of UCCI board Gilbert McLean said, “It is a privilege and a pleasure on behalf of the Board of Governors of the University College of the Cayman Islands, that I can congratulate our graduates of 2022, for successfully completing their programmes. The proudest day for UCCI is Commencement Day, when our students, their friends and family, instructors, mentors and advisors gather to celebrate the completion of years of hard work, dedication and commitment. Your graduation from the University College of the Cayman Islands is not the endpoint of your education, but a bridge to endless possibilities. A world of opportunity awaits you as you graduate and the cre-

dential you have earned will open many doors. Even with the difficulties of the pandemic, thanks to all of you, UCCI has gone from strength to strength. In the academic year 2020 to 2021 UCCI saw a 17% increase in enrolments to 1,941 students across the Grand Cayman and Cayman Brac campuses. This is the greatest number of students ever to enroll during an academic year”.

Minister of Education the Hon. Juliana O’Connor-Connolly praised all the students for achieving so much. “We are a small island but we tower, so let’s go and show the world that it doesn’t matter where you come from. What matters is your determination, your goal and your objectives to achieve,” she said. come back to my beautiful cayman. Make a difference in this country ...the ripple effect will affect the whole world. Yes we can yes we will love you love you very much.

Minister of Tourism and Transport the Hon. Kenneth Bryan said, “We are happy to be here as a government because today celebrates a major achievement I think this is one of the biggest classes we’ve ever had and we are happy to see from a tertiary level of education so many Caymanians graduating the pact administration made education the number one priority, and it is our intention by the end of this administration to offer education for UCCI and ICCI to be free of cost for every single Caymanian who wants an education. We see education not as an expense but as an investment. Studies show that countries that have more years of continuing education, the value of their country is high.

Keynote speaker Winston Connolly said, “I remember being in your shoes, and thinking about the possibilities of the future,” before going on to talk about the importance of building strong bridges in your life. “The process of building a bridge requires hard work and diligence. But once its finished something strong something safe something amazing and marvelous has been erected. All of you sitting here tonight are about to graduation. You have crossed a bridge that was started long before you began your journey.”



► Valedictorian Alan Cubas



► Earle Walcott, President’s List

Tackling Cayman's Cost

CONTINUED FROM Page 8

mier several hours, closeted in a meeting room with his colleagues, to answer that question. And that answer was so inadequate that he felt compelled to try again early the following morning.

The Premier's inadequate reply to my urgent question in Parliament made it clear that PACT had no clear ideas on what action needed to be taken.

So, I immediately wrote to the Premier, setting out some of our ideas. These included those that I had suggested in Parliament, such as:

- an increase in the stipend paid to retired seamen, veterans, pensioners and those dependent on financial assistance from the government.
- reducing the import duties on gasoline and diesel for six months to help ease the cost at the gas pump.
- deferring the government's planned reinstatement of pension contributions to the end of the year.
- and providing a cost-of-living adjustment for all those working in public services, not just civil servants.

I made other recommendations to the Premier. Such as:

- the continuation of Covid stipends to those in need, given tourism, would be slowly returning.
- requiring the Government-owned Cayman Islands Water Authority not to increase water rates for at least six months.

• and I urged the government to seek other ideas from Chief Officers in the various ministries.

All our recommendations would bring some immediate relief to a broad cross-section of hard-pressed Caymanian families and businesses. I am pleased that we have seen some action taken in response, notably the extension of the 'pension holiday.'

However, it was not just my urgent question that finally got the government to pay some attention to this issue.

At the same June meeting of Parliament, my colleague, David Wight, Member of Parliament for George Town West, proposed a Private Member's Motion urging the government to cut stamp duty for all Caymanians and to provide extra support to first-time Caymanian buyers. The measure was specifically designed to bring additional relief when housing costs are spiralling.

I am pleased to say that the government accepted and voted for David's motion. We are now waiting for them to implement the measures we proposed.

Also, at that meeting, Barbara Conolly, the Member of Parliament for George Town South, pressed the Minister for Education over whether she had plans to extend the support offered to young families through the Early Childhood Assistance Programme. The Education Minister could not provide any ideas at the time, but she subsequently announced that the programme would be extended to cover the summer months.

This is excellent news for young Caymanian working parents who, as a result, can continue to afford quality childcare over the summer. Again, I welcome

the government's willingness to listen once we had raised the issue with them.

The government's lack of preparedness for this cost-of-living crisis reflects their gross misjudgement of the future likelihood of inflation in the economic forecasts the Minister of Finance announced at the time of the budget last December.

The government's budget forecast that inflation would be 3.4% in 2022 and only 2.2% across 2023-25. The Minister of Finance told the House and the country that these relatively stable prices would be enabled by 'relatively stable rental prices and declines in transport and electricity.'

Of course, the Minister got it completely wrong, and his numbers have turned out to be wildly inaccurate.

And it is not just hindsight that allows me to say this. I told the Finance Minister in November that his estimates would prove wrong, and the consequences could prove disastrous.

In my response to the government's budget, I pointed out that inflation in the United States was already at its highest level since 1990 at above 6%. I told the Minister of Finance that this would inevitably lead to higher inflation in Cayman. Indeed, I pointed out that there was al-

ready evidence of that inflation in our grocery stores, the gas pumps and utility bills.

Finally, I warned the PACT Government that inflation often hits the poorest and most vulnerable in our society the hardest. As costs rise due to inflation, so must government support.

Despite my warnings last November the government sat on its hands and did nothing for six months as prices spiralled and families suffered. It was only once my colleagues and I forced them to confront the reality that the government has taken any action at all.

And, while I welcome what they have done, they must now go further.

It is much less important who has the ideas than that something is done. I have said many times that if Ministers have no ideas and do not want to listen to us in the Opposition, they should ask their capable civil servants to develop proposals.

The only wrong answer at this time of a cost-of-living crisis would be to do nothing. Whatever the source of the solutions, I urge the PACT Government to act swiftly to help alleviate the adverse impact that runaway inflation is having on the living standards of thousands of families across our Islands.



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Healthcare Explorers STEM Day Camp attracts all-time high participation in 9th year



► Health City's Senior Education Coordinator, Charles D. Bush, (L) shares a handshake with Director of the Department of Education Services Mark Ray.



► Radiographer Sathish Sekar speaks to students about radiography and jobs in that field.



► Students participate in a learning exercise on healthy eating assisted by Dr. Marjorie Culbert and Education Specialist Christene Campbell.

The 9th annual Health City Healthcare Explorers STEM (Science, Technology, Engineering and Mathematics) Day Camp attracted an all-time high of in-person attendees, as approximately 40 students experienced a further immersion into educational and profes-

sional opportunities that may be available to them.

The camp, which was held at Camana Bay on Saturday 13 August, 2022, provided the students between the ages of 10 and 14 years old with opportunities to participate in sessions at learning

stations focusing on nursing and vital signs, healthy eating, and radiology. Among the features of this year's camp was a video providing insights into arthroscopic surgery followed by a Q&A session with orthopaedic surgeon, Dr Prathap Vincent.

The Healthcare Explorers STEM Day Camp has been hosted by Health City since 2014 as part of the organisation's promise to provide educational opportunities to students in the Cayman Islands with programs that encourage students to pursue rewarding careers in medicine and allied health. After shifting to a virtual event in 2020 due to the COVID-19 pandemic, this is the second consecutive year of returning to hosting an in-person event.

"We were particularly pleased to once again have the camp and to have attracted such a diverse group of students. I'm personally delighted that the camp continues to be a valued summer attraction for the students," said Health City's Senior Education Coordinator, Charles D. Bush.

"Those students who have attended the camp over the years have gone on to participate in other Healthcare Explorers programmes and events, which tells me the interest in STEM education and careers is there, and I hope this translates to a new cadre of local medical professionals in the years ahead."

Health City's Chief Business Officer, Shomari Scott added: "We have always strived to provide these types of learning opportunities for our students to get excited about pursuing educational pathways that would lead to careers in medical and healthcare field because we understand the importance of educating Cayman's students in these areas."

Attending the event and delivering remarks on behalf of the Minister of Education, was the Director of the Department of Education Services, Mark Ray. He said events like this one are important because they align with government's recognition of the importance of STEM in the lives of Cayman's young people.

"The Ministry of Education endorses this and other similar initiatives to provide our nation's children with an opportunity to enhance their knowledge of science, technology, engineering, and math concepts beyond what is taught in our schools and apply this knowledge in a practical way," said Mr Ray, as he read a message from Minister for Education, Hon. Juliana O'Connor-Connolly.

"Strong knowledge and understanding of STEM are becoming increasingly recognised as tools for success in today's fast-paced globalised economy, and that is likely to continue into the future. I am, therefore, confident that participation in this day camp will help to heighten children's interests into STEM concepts, foster creativity and innovation, and foster pathways for future career opportunities," the message continued.

Healthcare Explorers is an award-winning educational program that has provided over 27,000 educational opportunities since 2014 through Shadow a Doctor internships and work experience placements for secondary school students, on-demand educational videos used in classrooms across the Cayman Islands, field trips, and events like the STEM Day Camp. To find out more visit healthcareexplorers.com.



► Nurse Chitra engages students about the importance of taking and knowing vital statistics.

GAS PRICES



Location	Gas Station	Regular	Premium	Diesel
East End	Eastern Star Rubis (Woody's)	7,15	n/a	6,9
NorthSide	Jack's Esso (Jack's II)	6,78	6,93	6,41
Bodden Town	Lorna's Rubis	7,17	7,53	6,93
Bodden Town	Mostyns Esso	6,73	6,88	6,49
Savannah	Savannah Rubis	7,17	7,53	6,88
Red Bay	Barcam	6,67	6,82	6,41
Red Bay	On The Run (Brown's Red Bay)	6,59	6,74	6,41
George Town	Peanuts	7,17	7,53	6,88
George Town	Jose's Escape	6,97	7,49	6,79
George Town	Refuel	6,47	6,59	6,24
George Town	Esso Tigermart 4 Way Stop (JS)H&B 11	6,59	6,74	6,41
George Town	Eastern Avenue Rubis	7,17	7,53	6,93
George Town	Walkers Rd. Rubis	7,17	7,53	6,88
George Town	On The Run (Mike's Walkers Rd.)	6,59	6,74	6,41
George Town	On The Run (Brown's Industrial Park)	6,59	7,74	6,42
George Town	On The Run (Mike's 7 Mile)	6,59	6,74	6,41
West Bay Rd.	H & B Esso (H&B 1 Seven Mile)	6,59	6,74	6,36
West Bay Rd.	7 Mile Rubis (AA 7 Mile)	7,17	7,53	6,88
West Bay	Hell Esso	6,57	6,72	6,4
West Bay	Esso 4 Way Stop (Four Winds)	n/a	n/a	n/a
George Town	Scotts Landing	7,4	n/a	6,51
Cayman Brac	West End	n/a	6,38	7,24
Cayman Brac	Tib Mart	n/a	n/a	n/a
Little Cayman	Village Square	n/a	7,16	7,69

Lowest Prices	Grand Cayman	6,47	6,59	6,24
Highest Prices	Grand Cayman	7,4	7,74	6,93

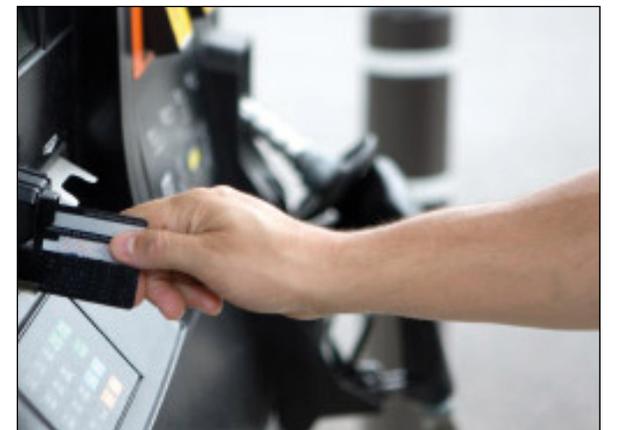
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COMMUNITY EVENTS

2022 Summer Reading Challenge

Ongoing until 31 August - The Cayman Islands Public Library Service is proud to announce the 2022 Summer Reading Challenge. The exciting theme for this year is Incredible Authors. Visit any library branch and register to compete. Visit the website cipl.gov.ky for more information.

Nominations for Ambassadors for Older Persons Month

Ongoing until 2 September - Every year, the Department of Children and Family Services (DCFS) designates individuals in the Cayman Islands community as "Ambassadors" for its Older Persons Month, observed in October. For 2022, DCFS invites nominations for two ambassadors, to celebrate those persons' achievements, leadership and/or advocacy in supporting older persons and contributions to the community. Go to <https://www.gov.ky/news/press-release-details/nominations-2022-opm-ambassadors> to download the fillable PDF nomination form.

Please send completed form as an email attachment to dcfs@gov.ky. The deadline for submissions is Friday 2 September, 2022.

Children's Colouring Day

27 August - The Cayman Islands Public Library Service (CIPL) invites the public to 'Children's Colouring Day' at the George Town Library parking lot on Saturday, 27 August 2022, from 10:30 am to 1pm. Admission is free and there will be lots of activities including painting, drawing, face painting, prizes and more. For more information, contact George Town Library at 949-5159 or libraryprogrammes@gov.ky

Free Empowerment Conference - From Addiction to Authority: Higher

27 August - The Christian Association invites the public to the free empowerment conference, "From Addiction to Authority: Higher" on Saturday 27th August beginning at 7pm at Lions Community Centre. Presenters are Kattina Anglin and Joseph "Joey" Ebanks with performances by Izzy Ferrao and the Williams' Family. Donations accepted at the event.

National Gallery - Teen Art Drop In

27 August - Teens are invited to drop-in to the National Gallery's Susan A. Olde Art Studio from

12pm-1pm to engage with other like-minded individuals, create collaborative projects, and enjoy a quiet, mindful art space. Pre-registration is not required, but unaccompanied individuals under the age of 18 must complete a waiver signed by a parent/guardian. Booking is not required. For more information, call 945 - 8111 or email education@nationalgallery.org.ky.

Services for the month of August at St. Alban's Church of England, Shedden Road

28 August - Services of Holy Communion will be held at St. Alban's Church of England on Sunday 28th of August at 9:30am. All are welcomed.

Cayman Turtle Centre - Evening Hatchling Release

29 August - Join Cayman Turtle Conservation and Education Centre for a once in a lifetime experience. Watch as tiny baby turtles are released into the wild and learn more about the journey they have ahead of them. This experience includes transportation to and from the release locations. Go to caymanturtles.ky or call 949 - 3894 for more information.

Department of Agriculture - Field Day training activity

1 September - The Caribbean Agricultural Research and Develop-



ment Institute in collaboration with the Cayman Islands Department of Agriculture invites interested persons to a field day training activity focusing on root and tuber crops (sweet potato, cassava and yam). The field day will take place at the CARDI Field Station located on the grounds of the Department of Agriculture, Lower Valley on Thursday 1 September from 10am to 12:30pm.

Cayman Islands Red Cross - Golf for Red

2 September - Join the Cayman Islands Red Cross for Golf For Red on Friday 2nd. September at the North Sound Golf Club. For more information, call 938.3317 or email rcm@redcross.org.ky.

Two-day boat design competition

3 - 4 September - Calling all creative students! Join Cayman Enterprise City for our two day boat

design competition, where our experts will teach you how to design and construct your own paper boat and an overall winner will be decided. This takes place on 3 and 4 September at the Strathvale House from 9am to 4pm for ages 11 to 17. Registration is CI\$50 and covers material, lunch and snacks. For more information, call 945 - 3722.

Family Resource Centre - Parenting programme for young parents

6 September - The Family Resource Center offers weekly parenting program for young parents between the ages of 16 and 25. The program will resume on September 6th at 12pm. Call the FRC on 949 - 0006 or email frc@gov.ky to register for this free program.

Send your community events to wendy@caymaniantimes.ky

Enough with the guilt

You have so many demands on you. Your family relies on you for money, food, transportation, and a million other things. You hardly get a moment to yourself at the end of each day. It's hard not to feel guilty about taking a moment to care for yourself.

From the moment that your day starts, with making meals, getting ready for work, and getting the kids to school on time and yourself to work on time, you have demands on you minute-by-minute. It's easy to start feeling like there's nothing left for yourself, even though the benefits of self-care are well known.

Why self-care?

Every time that we board an airplane to jet to another country, we are reminded of the importance of caring for ourselves before attempting to care for others.

"In case of emergency, air masks will drop from the ceiling. If you are traveling with a minor, please put on your own mask before helping the minor."

The reasoning is simple: if you are not in good working condition (i.e. gasping for air) then you will not be as effective when attempting to assist others around you in getting their air secured.

This concept applies to everyday life, not just while soaring at 39,000 feet. Everyday you have the ability to put your air mask on first before assisting others. Now it's easy to feel like putting your air mask on first isn't even an option - since the dependents in your life are so good at making their needs known, and your own

needs are quieter and easier to shove aside.

Let's take this moment to assess what your self-care needs are...

Sleep: Getting adequate sleep is essential for good health, and doubly essential when you lead a busy, demanding life. Unfortunately, sleep is one of the easiest things to skip out on, as you attempt to get everything done each day.

A normal, healthy adult needs at least seven hours of consistent sleep each night in order to function well. And while allowing yourself time to sleep may feel like a luxury, remind yourself that it is a necessity.

Nutrition: Keeping your body well fed with nutritious meals throughout the day is another key component to functioning as your best self. Most of us tend to let meal-planning slide, in order to meet the immediate demands in front of us, and end up scrambling to piece together less-than-nutritious meals.

Making the habit to pack a few meals that are rich in protein and veggies doesn't actually take that much time out of your morning, and the benefit is extreme. The funny thing about meal planning is that it ends up saving you time in the long run, since it removes the need to scramble around for food throughout the day. And the steady energy that you'll experience once your body is being consistently fueled with good nutrition is priceless.

Hydration: The number of adults that are suffering from chronic dehydration is

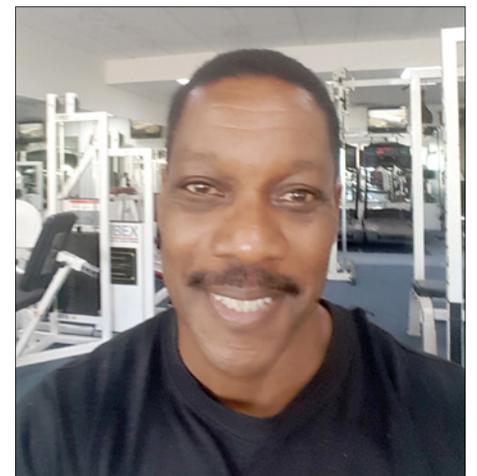
staggering. Part of the problem is that we are drinking fluids throughout the day that are filled with caffeine and calories rather than plain old water.

That plain old water is what your body really needs to thrive, so remind yourself that proper self-care includes making hydration a priority. You could jazz your water up by adding in a few slices of lemon, some fresh herbs or a piece of fruit.

Relaxation!?!: Relaxation!?! Have I gone mad? Here is where you may feel the urge to tune out of my little talk on self-care. How in the world are you going to find the time to relax with everything that you have going on in your life?

I know it's not popular to talk about giving yourself time off to relax, but the benefits of reducing your stress levels are too huge to ignore. I want to suggest that you try the technique of relaxing throughout your day by giving yourself a mental break. This doesn't mean that you walk away from your desk at work or skip out on your responsibilities, just that you consciously take moments throughout your day to focus on deep breathing and to clear any cluttered or stressful thoughts from your mind.

There is also something to be said for making a practice of relaxing when you do have time off from work. Rather than trying to do a million things on your day off, make the effort to take some of the time to simply be. Deep breathing and calming thoughts will do plenty to help reduce your stress level.



Exercise: I walked you right into this one! Yes, exercise is self-care. Exercise is NOT indulgent, or optional, rather it's absolutely necessary for taking good care of yourself. Some of my clients will tell you that their exercise time is also their relaxation time, which might not make sense when you first hear it. But when you walk into your workout with the worries of your day on your mind, and you walk out with a clear mind and the incredible rush of endorphins then you'll understand perfectly what they're talking about!

I'm here to help you make the most of your exercise time, and also to support you as you begin to consciously practice better self-care. Remember all of your loved ones who rely on you and your stamina every single day. You're needed, and you owe it to them to keep yourself in the best shape possible.

Call Ernest at Body Shapers Personal Training Fitness Studio 325-8696 or email me now bodyshaperscayman@gmail.com if you'd like help getting there.

Heavy scene gets exciting

The heavyweight boxing scene is at its most interesting for years after Oleksandr Usyk won his rematch with Anthony Joshua on Saturday, igniting the start of a new phase of activity in the division.

Usyk first beat Joshua last September and handed the Briton another points loss with a decisive performance at the weekend, even if one of the judges ruled surprisingly against him to make it a split decision verdict.

The heavyweight division can now open up for an array of further exciting fights. With Usyk retaining his IBF, WBA and WBO titles against Joshua, matching him with Tyson Fury, the WBC belt-holder, for the undisputed heavyweight championship is the obvious next big fight.

Joshua still has options, with a showdown against America's Deontay Wilder, a destructive puncher too, richly appealing even in a non-title bout. Wilder, of course, backs himself against the former champion. He also tips the Gypsy King to beat the Ukrainian.

The Ukrainian will expect to face the Gypsy King in December with one to become the first undisputed heavyweight champion since Lennox Lewis in 1999.

He said: "I think Fury will be too big for him. He just likes to use his size and a lot of other things. I think Usyk's too small. I think Usyk has a stamina problem as well. If Joshua had enough stamina it would probably be a different result. But that's my opinion about it."

"I'd fight them all," Wilder added. "I'm back by popular demand. The future's bright. The king is back."

Joshua needs to fight either Daniel Dubois or Joe Joyce for a shot at Fury in the future, according to Fury's promoter Frank Warren who also manages the pair.

It is the third loss on AJ's record now, but he immediately signalled his intention to get back to work and be heavyweight champion of the world for a third time.

He may not be fighting for any belts the next time he steps into a ring, but there are plenty of enticing bouts to make.

Joyce takes on Joseph Parker next month. They are the top two contenders in the WBO rankings, and the winner will likely become a mandatory challenger down the line.

Dubois lost to Joyce in 2020, but is still only 24 and has a 17-1 record, winning his last three fights with quick knockouts.



► Deontay Wilder believes he can be champ again



► Oleksandr Usyk comprehensively beat Joshua

Gayle: I'm the greatest spinner



► Chris Gayle is the face of the new tournament

Chris 'Universal Boss' Gayle, has now declared himself as the "best off-spinner" of all time, ahead of the new 60-ball format tournament of 6ixty. The tongue in cheek quote was just to attract attention for the tournament.

The 2022 season of The 6ixty, also known as Sky Exch The 6ixty, for sponsorship reasons, is a T10 tournament organised by Cricket West Indies and the Caribbean Premier League, staged in St Kitts and Nevis. There are both a men's and women's edition of the tournament which started on Thursday.

Gayle will be 43 next month, however, he has not announced his retirement from any format of the game. While his future

for the West Indies seems over, his presence in different leagues around the globe has always been a certainty and he is also the face of Cricket West Indies-launched 6ixty.

Gayle said: "I'm really excited to be back in the field. I missed it. I'm like a kid again, looking forward to the first game... For my debut."

Gayle said that the tournament is all about hitting sixes. "That's what 6ixty is all about."

He joked: "You know what? My bowling is natural. Definitely, I have to bowl. I'm the greatest off-spinner of all time. Murali (Muttiah Muralitharan) won't contest that for sure. I have the best economy, not even Sunil Narine can come close to that."

While Gayle has the highest runs in T20s - 14,562 which is the highest by quite a distance, he has 83 wickets in T20s so far.

The 6ixty's six teams are: Barbados Royals, Guyana Amazon Warriors, Jamaica Tallawahs, St Kitts & Nevis Patriots, St Lucia Kings and Trinbago Knight Riders.

Dolphins put Tua under pressure

Miami Dolphins quarterback Tua Tagovailoa has not had an easy transition into the NFL. As he heads into his third season with the team that drafted him No. 5 overall in the 2020 NFL draft, he still faces heavy criticism and doubt from fans and pundits.

With new head coach Mike McDaniel in control, the Dolphins offense is expected to undergo significant changes. McDaniel is often praised as an offensive guru.

Ahead of Miami's second preseason game of 2022, Tagovailoa was spotted in an empty Hard Rock Stadium alone on the field. He had plays written on a card that he was running through.

Former Heisman-winning quarterback, Robert Griffin III, who now broadcasts for the NFL, took notice and spoke on what this means for the Dolphins and Tagovailoa.

Tagovailoa has repeatedly thrived under this sort of pressure, rising to every challenge from childhood to a collegiate national championship. But the reward for doing so has been more pressure still.



► Tua Tagovailoa faces the Patriots in the Dolphins opener

Which is how he now finds himself facing abruptly high stakes so early in his career. He has to live up to his own historically onerous standards, or risk going from sensational talent to another failed prodigy.

For Tagovailoa, working with a new play-caller who is as serene as he is cerebral has been an adjustment. "Mike is always trying to encourage you and trying to keep you going, so for me, it's a little backward," Tagovailoa said. "I'm used to being hard on myself and the coach getting hard on me, too."

The Dolphins face the Philadelphia Eagles in their last preseason game on Sunday. Their NFL opener is against the Super Bowl champs New England Patriots on 11 September.

WEEKLY WEATHER FORECAST

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
						
87° / 83°	88° / 83°	88° / 82°	89° / 81°	84° / 82°	84° / 80°	87° / 81°
A stray a.m. t-storm; cloudy	Sun through high clouds	A t-storm around in the p.m.	A stray afternoon t-storm	Cloudy with a thunderstorm	Morning thunderstorm; cloudy	Some rain and a thunderstorm

MOMENTS OF INSPIRATION



THE ESSENCE OF PRAYER

When Abraham Lincoln became president, he was tasked with leading a fractured nation. A wise leader and man of high, moral values and coura-

geous. Knowing how inadequate he was in this telling moment he writes, "I was driven to my knees many times by the overwhelming conviction that I had no where else to go but to the LORD."

We too have our limitations. Daily challenges of all shapes and sizes overwhelm us. Many times we feel as if there's no hope. But I challenge us to like Lincoln. Find some space, fall on your knees and cry out to Him who says, "Cast all your

cares upon Him, for he careth for you."

He is the God of absolute power and so He is the perfect person to approach. Are you burdened by the weight of sin pulling you into the abyss? Call on Him, HE WILL SAVE.

DEATH ANNOUNCEMENTS

Churchill's Funeral Home

We have been asked to announce the passing of Ms. Ines Swaby Crowe, who passed away on Wednesday, Aug. 03, 2022. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Mr. Elbert McField Aka "Chico" who passed away on Tuesday, August 16th 2022. A Service of Thanksgiving will be held at Calvary Baptist Church, Walkers Rd, on Saturday, August 27, 2022, at 10:30 p.m. Viewing: Closed Casket. Interment will follow at Prospect Cemetery.



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Mrs. Linorchia Elizabeth Brown who passed away on Saturday, August 13, 2022. A Service of Thanksgiving will take place at the Church of God Universal, Walkers Road, George Town, Grand Cayman, Cayman Islands on Sunday, August 28th, 2022 at 2:00 p.m. No Viewing: Closed Casket. Interment: Prospect Cemetery.



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Mrs. Lillith Forbes, who passed away on Wednesday, August 10, 2022. A Thanksgiving Service will be held at East End United Church, East End, Grand Cayman on Saturday, August 27th, 2022 at 11:00 a.m. Viewing: 10:00 – 11:00 a.m. Interment at: East End Cemetery.



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Mr. Audley George Senior, who passed away on Thursday, Aug. 18, 2022. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Mr. Ishmeal George Graham, who passed away on August 03, 2022. A Thanksgiving Service will be held at Red Bay Church of God (Holiness), Lord's War, Grand Harbour, Grand Cayman on Saturday, September 03, 2022 at 12:00 p.m. Viewing: 11:00 a.m. – 12:00 p.m. Interment at: Prospect Cemetery.



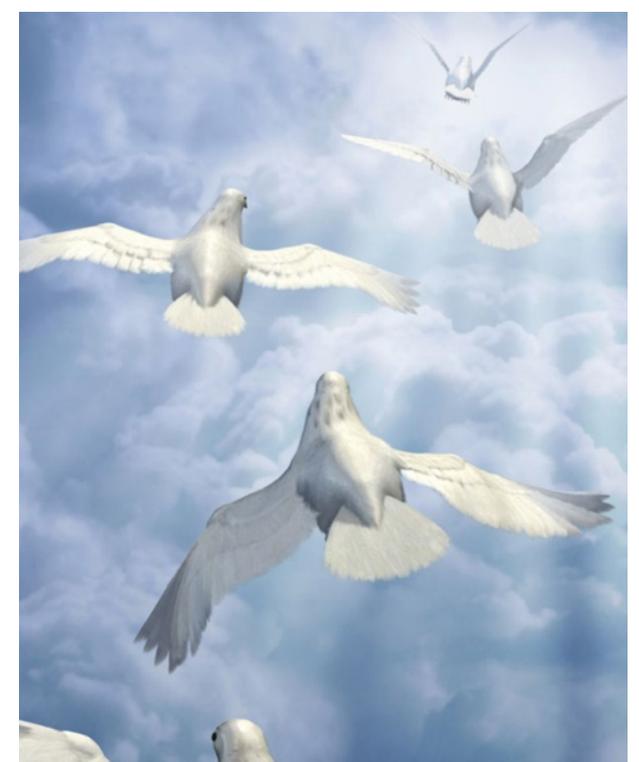
Condolences can be registered at churchillsfuneralhome.com

Churchill's Funeral Home

We have been asked to announce the passing of Ms. Guenda Lindie Tulloch, who passed away on Thursday, Aug. 18, 2022. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at churchillsfuneralhome.com



SUDOKU

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Conceptis Sudoku

By Dave Green

4			6	1				8
		1	2			9		
	2			4				6
3							1	5
		8				7		
9	4							2
	3			1				8
		2			4	3		
7			5	9				4

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Answer to previous puzzle

2	3	4	6	5	7	9	1	8
6	9	5	2	1	8	3	7	4
7	8	1	9	3	4	5	2	6
3	2	8	5	4	1	7	6	9
4	5	6	8	7	9	1	3	2
9	1	7	3	2	6	8	4	5
1	7	9	4	6	5	2	8	3
8	6	2	7	9	3	4	5	1
5	4	3	1	8	2	6	9	7

Difficulty Level ★

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Difficulty Level ★★

2:06

CROSSWORD

By THOMAS JOSEPH

ACROSS

- 1 Add up
- 6 Criminal groups
- 11 Pueblo material
- 12 Sung drama
- 13 "The Devil and Daniel Webster" writer
- 14 Tart fruit
- 15 Pleat
- 17 Need to pay
- 18 "Riverdale" role
- 22 State positively
- 23 Potatoes, for example
- 27 "Cool!"
- 29 Rose part
- 30 Straying
- 32 Cast a ballot
- 33 Like baby food
- 35 Hit show letters
- 38 Put on the wall
- 39 Congress half
- 41 Black Russian ingredient
- 45 Luggage clip-on
- 46 Figure of speech
- 47 Basil-based sauce
- 48 Reading aids

DOWN

- 1 PC key
- 2 Pindar poem
- 3 Great weight
- 4 Supreme Court justice under Johnson
- 5 Admit
- 6 Trophy, at times
- 7 Gorilla, for one
- 8 Nautilus captain
- 9 Get bigger
- 10 Reasonable
- 16 Illuminated
- 18 Wind pointer
- 19 At any time
- 20 Back
- 21 Star of TV's "Fish"
- 24 Harrow rival
- 25 Assess
- 26 Winter glider
- 28 Active
- 31 Capote-based play
- 34 Smithy sight
- 35 Pack and send
- 36 Took the bus
- 37 Inning count
- 40 Used a chair
- 42 Slow-witted
- 43 "Key-stone" character
- 44 Mornings: Abbr.

C	O	W	E	D		L	A	B	O	R
A	R	O	M	A		A	B	A	S	H
S	P	O	I	L		M	E	R	C	Y
T	H	E	L	M	A				H	A
O	A	R		A	R	D	M	O	R	E
R	N	S		T	R	A	M	P	S	
				N	I	E	C	E		
	W	A	B	A	S	H		E	L	M
T	R	U	A	N	T	S		R	O	I
E	A	R			S	H	A	R	D	S
S	P	O	K	E		U	S	A	G	E
T	U	R	I	N		N	I	N	E	R
S	P	A	T	S		D	A	D	D	Y

Saturday's answer

- 20 Back
- 21 Star of TV's "Fish"
- 24 Harrow rival
- 25 Assess
- 26 Winter glider
- 28 Active
- 31 Capote-based play
- 34 Smithy sight
- 35 Pack and send
- 36 Took the bus
- 37 Inning count
- 40 Used a chair
- 42 Slow-witted
- 43 "Key-stone" character
- 44 Mornings: Abbr.

THOMAS CROSSWORD BOOKS 1-8! Send \$4.75 (check/m.o.) for each book to 628 Virginia Dr., Orlando, FL 32803

1	2	3	4	5		6	7	8	9	10	
11							12				
13								14			
				15		16			17		
18	19	20						21			
22						23			24	25	26
27					28			29			
30							31		32		
					33			34			
35	36	37			38						
39				40				41	42	43	44
45								46			
47								48			

2-12

Word Search

G	L	A	S	S	W	A	R	E	T	S	G	S	W	S
V	A	G	K	P	M	T	Y	H	X	N	G	N	H	E
W	U	C	N	E	M	Q	R	S	A	U	I	M	C	T
M	O	X	D	F	J	A	E	U	R	G	K	E	O	A
R	B	A	S	G	N	I	T	N	I	A	P	M	I	L
K	L	F	N	C	H	O	T	S	G	P	A	O	N	P
S	Y	O	T	P	G	E	O	O	I	G	S	R	S	Y
L	D	P	O	R	O	D	P	N	A	S	D	A	T	E
L	S	R	A	Q	G	S	S	Z	B	I	R	B	H	N
O	T	P	O	D	G	H	I	L	E	L	A	I	I	O
D	H	T	P	C	Z	N	B	S	L	V	W	L	M	M
S	R	E	T	T	E	L	O	Q	L	E	A	I	B	Y
C	A	R	D	S	S	R	O	T	S	R	H	A	L	R
B	O	T	T	L	E	S	K	C	O	L	C	S	E	O
W	A	T	C	H	E	S	S	L	E	D	O	M	S	B

- Autographs
- Awards
- Bells
- Books
- Bottles
- Cards
- Clocks
- Coins
- Dolls
- Glassware
- Guns
- Letters
- Magazines
- Medals
- Memorabilia
- Models
- Money
- Mugs
- Paintings
- Pins
- Plates
- Pottery
- Records
- Rocks
- Rugs
- Shells
- Silver
- Stamps
- Thimbles
- Toys
- Trophies
- Watches

Find the listed words in the diagram. They run in all directions - forward, back, up, down and diagonally.



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- Working with the most innovative and respected insurance colleagues in the industry

We will count on you to assist/manage:

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- Creating/signing/issuing certificates of insurance
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- Issue policies / binders / cover notes
- Assist with insurance-related audit Inquiries.
- Assist and provide assistance to Insurance Specialist and other service teams as directed.
- Perform additional tasks required by the Client Service Leader to whom he/she reports.
- Issuance of Share Certificates where applicable.
- Be aware of developments in relevant areas of insurance practice and regulation.
- Co-operate in combined client service activities.
- Provide backup support for Corporate and Compliance related tasks

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- Proficiency using Microsoft Office Suites.
- Must possess strong interpersonal skills; including superior written, oral communication skills, and excellent presentation skills
- Strong organizational skills
- Must be able to manage changing priorities and have experience providing support to several professionals
- Willingness and ability to work beyond normal office hours and weekend/public holidays to meet tight deadline
- Attention to detail and accuracy is absolutely critical

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- 2+ years of recent experience in a similar role is preferred

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ABAGAILS BARBER

require the following

Nail Tech, Barber, Hairdresser

4 – 5 years' experience

Salary: \$250 per week plus commission

Email: debbieann2010@live.com

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Must be willing to work split shift, weekends and public holidays.

Caymanians and those Caymanian status need only apply.

Salary \$8.00 per hour and 40% commission or based on experience and qualification. Benefits by Cayman Law.

Please apply by writing to:

P.O Box 10190 #107 KY1-1002

Email: infolifeext@gmail.com

CAYMANIAN PARTICIPATION SOUGHT

Caymanian participation is sought for an investor to invest CI\$834,033 (approx.) for 60% of the issued shares in a Cayman Islands company that will provide an online e-commerce platform that will enable merchants to sell online. The Cayman Islands company will have its principal place of business in George Town, Grand Cayman, Cayman Islands. Expressions of interest are invited from Caymanian individuals or entities and should be received no later than September 8th, 2022. All expressions of interest must be supported by documented evidence of the potential investors financial ability to participate in the business. Expressions of interest must be sent to PO Box 10328, Grand Cayman, Cayman Islands, KY1-1003.

Or

Via email to info@pearsonwise.com

A copy of any Caymanian interest should also be sent to the Trade and Business Licensing Board C/O the Department of Commerce and Investment 133, Elgin Avenue, Suite 126, Grand Cayman, Cayman Islands.

Or

Via email to info@dci.gov.ky



Hansard Editor

Salary CI\$43,812.00 - \$58,920.00

What you will do:

- Assist the Clerk and Assistant Clerk in the preparation and publication of the Official Report (Hansard) of the proceedings of the House and Committees of the Parliament
- Execute the role of Hansard Editor in accordance with the Hansard Style Guide
- Provide research services to the Speaker and Members of the House to support their role
- Ensure the electronic receipt of Members' and witnesses' corrections
- Assist with indexing of final Reports
- Prepare and maintain database for the production of the Official Reports and PDF files

What you must have:

- Associate's degree in a relevant field with 3 years office/secretarial experience which must include editing and proofreading of documents OR
- Minimum of 5 – 7 years office /secretarial experience which must include editing and proofreading of documents
- 'O' level and/or 'A' level passes in English Language and Comprehension, with English Literature, Geography and History being a distinct plus
- An excellent knowledge of English grammar and comprehension
- Knowledge of parliamentary practices and procedures
- Sound knowledge of the history of the Cayman Islands and current local and worldwide affairs
- Knowledge of the Hansard Style Guide

Benefits will be determined in accordance with the Public Service Management Law, Personnel Regulations, the Public Service Pensions Law and the CINICO Health Plan as may be amended from time to time. Pension and health benefits are non-contributory.

Please submit your completed application form and resume to the Parliament Management Commission via email to: jobs@parliament.ky (Ref # PMC-HE0012/22)

A copy of the job description and application form are available on our website and at <http://www.careers.gov.ky> or request by email to the above-mentioned email address.

CLOSING DATE TO ACCEPT APPLICATIONS: SEPTEMBER 9, 2022

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Caymanian Times

Advertising Rates



**Wednesday
Friday**

Description	CI\$	Size (inches) W x H	Maximum # of words
Newspaper Advertisement Full page	750	10 x 13.5	1200
Newspaper Advertisement 2/3 page	650	10 x 8.37 or 6.6 x 13.5	900
Newspaper Advertisement 1/2 page (horizontal)	450	10 x 6.67	700
Newspaper Advertisement 1/2 page (Vertical)	450	4.9 x 13.5	700
Newspaper Advertisement 1/3 page	350	4.9 x 8.37	400
Newspaper Advertisement 1/4 page	250	4.9 x 6.67	350
Newspaper Advertisement 1/5 page	150	4.9 x 4.96	250
Newspaper Advertisement 1/8 page	75	4.9 x 3.25 or 3.22 x 4.96	200
Newspaper Advertisement 1/16 page (Mini)	50	4.9 x 1.55 or 2.38 x 3.25	100
Front Page Banner	200	10 x 1.5	
Inserts	300		
Advertorial 1/2 Page	500		
Graphic Design	50		

All ads are full colour

Advertising Deadlines (48 Hours prior Publication Day)

Publication Day	Deadline (12pm (noon))
Wednesday	Monday
Friday	Wednesday

2 days notice for ads

For further information or to book an advert call 916 2000 or email: sales@caymaniantimes.ky

APPLIANCE SALES & SERVICE

Applicant should be knowledgeable; with at least 10 years experience in the area of major home appliances i.e. is familiar with all major North American and European manufactures and designs.

The applicant should also be familiar with home and kitchen design and be experienced at reading floor plans.

The applicant needs to understand and have experience in HVAC and ventilation.

Finally, the applicant must be familiar with the performance factor of the various appliances, especially kitchen appliances, and the applicant must have the ability to cook a wide variety of food items in order to properly demonstrate these products.

The position requires a university degree in a relevant field, working knowledge of SketchUp software and AutoCad.

REMUNERATION & BENEFITS

STARTING SALARY: CI\$ 3,750.00 / month, plus commissions based on targets.

Please send resume and cover letter:

Bon Vivant – Better Living

PO Box 10593

Grand Cayman, KY1-1005

Cayman Islands

Or email info@bonvivant.ky

Submit by: Friday, September 2, 2022



Internal Communications Specialist

CUC is an equal opportunity Company with over 230 employees who are committed to meeting the electrical needs of Grand Cayman and to providing quality customer service.

Reporting to the Manager Human Resources & Employee Development, the successful candidate will be responsible for:

- ▶ writing and producing high quality creative internal publications, including newsletters for employees and media advertising, internal communication screens and the employee app;
- ▶ building and fostering relationships across business functions to ensure employees are engaged and informed at all times;
- ▶ analysing and presenting key employee engagement metrics to help support the delivery of key initiatives;
- ▶ interpreting internal communications data and user feedback to evaluate and improve internal communications and employee engagement;
- ▶ upkeep of the Company's Intranet;
- ▶ planning and executing quarterly employee meetings.

Applicants must possess a Bachelor's Degree in Marketing, Communications or equivalent, supplemented with at least three years experience in marketing (an advanced degree is desirable); excellent written and verbal communication skills; excellent public speaking skills; 'tech savvy' with experience using different social media applications; and the ability to prioritise and multi-task.

Salary is from CI\$4,981 to CI\$6,475 per month.

CUC offers a very competitive benefits package including pension, health and life insurance. Caymanians, Cayman Status holders and permanent residents are preferred. To apply, visit the Company's website (www.cuc-cayman.com), click on the tab "Careers" on the Home Page, navigate to "Job Opportunities", click on the designated job title and follow the instructions. Applications must be submitted not later than **Friday, September 2, 2022**. Applications through recruitment agencies will not be accepted. Only candidates who are short-listed will be contacted for an interview.



The Environmental Management System at the North Sound Road Power Plant is registered to ISO 14001

INVESTORS IN PEOPLE™
We invest in people Gold



We are currently accepting applications for the position of:

Corporate Care Executive

We are looking for a team player will be responsible for managing the relationship with existing and new corporate clients. Responsible for analyzing and resolving corporate customer queries; contract renewals; evaluating and making recommendations that result in increased benefit for both customers and the organization; and handling of all queries, complaints, and requests with minimum escalations. He / She will also be responsible for the activation and fulfilment of new clients' requests and works closely with other members of the team to build cooperation and communication, and to ultimately achieve department objectives, and ensuring world-class customer care.

Essential Duties and Responsibilities

- Continuously seeks and capitalizes on opportunities to exceed the expectations of customers (internal and external) by placing a keen interest on understanding and effectively resolving customer-impacting issues in a professional and result-oriented manner.
- Maintenance and growth of Corporate Accounts ensuring accurate account provisioning, file maintenance, additions and deletions to the account, credit adjustments, bill queries, completing change of information including but not limited to Company name change and all disputed payments /charges.
- Manages all activations and installs into to Broadhub and CRM maintenance in Salesforce.
- Manages (reducing) aged debt of all corporate accounts.
- Responsible for contract renewals within 3 months of expiry.
- Continuously seeks and capitalizes on opportunities to exceed the expectations of customers (internal and external) by placing a keen interest on understanding and effectively resolving customer-impacting issues in a professional and result-oriented manner.
- Acts as the first point of contact for corporate customers.
- Managing any other process to effectively maintain and promote the products and services offered by Logic.
- Retrieval/Responding to all correspondence from customers
- Maintains & records contact with all assigned companies.
- Reports: Revenue Reports, Growth Analysis Reports and updating the Corporate Database and Ad-Hoc Reports.
- Customer Relations: Maintaining relationship with Corporate Customers, assigned account managers. Keeping accurate records of discussions or correspondence with customers. Visiting corporate customers from time to time to provide a one-to-one service. Focus on Retention, Addition & Growth of all accounts managed. Ensuring that customers are kept updated of all Promotions, Products and development as related to Logic and the maintaining of their account.

Education & Experience

- High school diploma or equivalent.
- At least 2-5 years' experience performing similar role/duties.
- Experience in and within the telecommunications sector would be considered a valuable asset.
- An acceptable combination of academic qualifications and work experience may be considered in lieu of minimum requirements.

Income will be based on experience and qualifications within the range of \$48,000.00 to \$60,000.00 per annum. Benefit package includes - comprehensive medical & dental health insurance, pension and Logic products and services.

Apply online today at <https://logichr.bamboohr.com/jobs/>. Deadline for receipt of applications is 05 September 2022.



Our Vision: To deliver an excellent airport experience

The Cayman Islands Airports Authority (CIAA) invites applications for the post of

AIRPORT OPERATIONS MANAGER (AOM)

The successful applicant will be responsible for providing direct supervision to the Airport Operations Duty Officers working at the Owen Roberts International Airport (ORIA) and also provide technical support to the operations at the Charles Kirkconnell International Airport (CKIA). This includes, but is not limited to, the availability of infrastructure and facilities and the operational practices of our partners in maintaining safety and compliance with aerodrome regulatory requirements. The AOM will ensure that airside functions are conducted in accordance with the approved ORIA Aerodrome Manual and its Annexes and will work closely with other Departments to ensure airside, terminal and landside functions are coordinated and conducted in accordance with CIAA policies and procedures. The position includes emergency call-taking and dispatching, and incident control.

Qualifications, Education and Experience Requirements:

- At a minimum an Associate Degree, preferably a relevant Bachelor's Degree, or equivalent professional training and experience (for example, ATPL/PPL).
- At least five (5) years' experience in aerodrome operational and line management at a mid/senior level and certification in airport operations and safety management systems, to include specific certifications or qualifications in wildlife control, inspection processes, Emergency planning, aerodrome certification, safeguarding and Scheduled facilitation.
- Demonstrates understanding of local and international regulatory requirements, including a sound knowledge of ICAO annex 14 and 19 and OTAR 139 and 140.

Competencies and Skills:

- Excellent interpersonal, team working, leadership and people management skills
- Proficiency in Microsoft Office Suite application
- Knowledge and experience in scheduling, budgeting, planning and project management
- Good communication skills both written and orally
- Ability to thrive in a demanding environment with pressing deadlines and changing conditions
- And other competencies and skills as notated in the AOM Job Description

Salary and benefits: Salary range is C\$78,872 – \$118,704 per annum and will be commensurate with experience and qualifications. Benefits include a contributory pension plan, paid vacation, health insurance and professional development opportunities.

Applicants are required to submit a completed CIAA application form, cover letter and CV showing no less than five (5) years' work history.

Applications should be e-mailed to HR.Recruitment@caymanairports.com or mailed to:
Human Resources Officer
P.O. Box 10098
Grand Cayman KY1-1001
CAYMAN ISLANDS

A pre-employment drug screen and medical, a clean police clearance certificate are conditions of employment.

Job Description and Application Form are available at caymanairports.com

Deadline date for receiving application is 16 September 2022.



AVIATION COMMUNICATION (AVCOM) LTD
Is inviting suitably qualified persons for the post of:

IT/TELECOM TECHNICIAN

This position requires an experienced IT technologist/ engineer with strong experience in the Radio Communication industry. Required skills in troubleshooting and repair, radio wireless networks from microwave point to point to LAN/WAN level, IP Access control system, CCTV solutions, computer systems and peripherals. Experience working in an airport environment is an asset.

Duties include (but are not limited to):

- Responding to mission critical Radio communications network issues
- Accurately testing, identifying, repairing, resolving, and documenting end user technical issues
- Troubleshooting and resolving software issues. Ability to reconfigure or reinstall software including remote support.
- Taking ownership of issues from end-to-end to reach a resolution for all appropriate requests and incidents.
- Trains and orients customers on use of hardware and software.
- Recommends and / or performs upgrades on systems to ensure longevity.
- Performs other duties as assigned.

Applicants should possess a valid driver's license. A clean Police Record, with ability to obtain a Security clearance for the airport. Good oral and written communication skills are essential along with the ability to work as a team player.

Our business is an Essential Services Operation hence the individual will be on call seven days per week, twenty four hours per day.

Remuneration package include: 3 weeks' vacation annually, 5% Pension contribution, 50% Health Insurance and salary range of \$2,800.00 to \$3,400.00 per month depending on experience. A monthly call-out allowance is paid for being **ON CALL**.

Resume with cover letter and certificates should be submitted to the address below:

Aviation Communication (AVCOM) Ltd
Attention: Human Resource Mgr.
21 Breezy Way, P O Box 10217
Grand Cayman KY1-1002
Cayman Islands or
Email: magzie.stephenson@avcom.ky

Air Care Ltd. requires:

Air Conditioning and Refrigeration Mechanic. Minimum of 5 years of experience with all types of air conditioning, refrigeration and hood extractor systems. CI\$12-15/hour plus all Government required benefits.

Proven experience and qualifications required. Please email resume and cover letter to aircare@candw.ky.



Deputy Clerk

Salary CI\$79,656.00 - \$92,388.00

What you will do:

- Provide service and support for theittings of the House.
- Ensure that Orders of the House are implemented and that matters for action by Ministries are brought to the attention of the Minister.
- Examine all legislation for presentation to the Clerk.
- Ensure that all matters to be laid before or presented to the House are placed and circulated on a Business Paper.
- Oversee the establishment and servicing of the Standing and Select House Committees.
- Provide general support for the Hon Speaker and Members of the Parliament.
- Oversee the performance of the Assistant Clerks and Serjeant at Arms.

What you must have:

- Bachelor's degree in Business Administration, Public Administration or a related discipline. Possession of a Law Degree would be an asset.
- Minimum of twelve years' relevant experience with at least five years' experience at a management level with exposure to systems of Government. Knowledge of Parliamentary procedures would be advantageous.
- An eye for detail and concern for accuracy, quality and timeliness with an interest in parliamentary practices, procedures and current affairs.
- Working knowledge of the laws, regulations and procedures governing the operations of the Public Service, particularly the Public Management and Finance Law, the Public Service Management Law and Regulations.
- Excellent managerial and interpersonal skills.

Benefits will be determined in accordance with the Public Service Management Law, Personnel Regulations, the Public Service Pensions Law and the CINICO Health Plan as may be amended from time to time. Pension and health benefits are non-contributory.

Please submit your completed application form and resume to the Parliament Management Commission via email to: jobs@parliament.ky (Ref # PMC-DC0011/22)

A copy of the job description and application form are available on our website and at <http://www.careers.gov.ky> or request by email to the above-mentioned email address.

CLOSING DATE TO ACCEPT APPLICATIONS: SEPTEMBER 9, 2022

NOTICE



Reflections has, immediately available, a position as an OFFICE ADMINISTRATOR with a minimum of three (3) years-experience in a similar role. A professional designation in the area is desirable. This is not an entry-level position.

Responsibilities will include but are not limited to:

- All human-resources related activities, including execution of employment contracts, health and pension enrollments, etc.
- Payroll administration, and calculation of leave entitlements.
- Supervision of, & responsibility for completion & submission of all work permit applications and renewals.
- Supervision of, & responsibility for completion & submission of all applications and renewals of Trade & Business Licenses, liquor licenses, and tobacco licenses.
- Supervision of, & responsibility for filing of confidential information.
- Providing back-up assistance for Accounting Department in the event of employee absences (posting of daily sales, processing of monthly payables, etc.)

Requirements:

- Thorough knowledge of the Cayman Islands Labour, Pension, & Health Insurance Acts/Laws.
- Must possess excellent written and verbal communication skills.
- Proficiency in Microsoft Office and Quickbooks. Knowledge of Counterpoint POS system a plus.
- Strong organizational and record-keeping skills; ability to multitask and work without supervision.

Salary Range for the position: CI\$40,000.00 - \$48,000.00 per annum. Benefits as per the Cayman

Islands Labour Law, and generous store discounts. E-mail applications to ppanton@reflections.ky

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For more information contact Ralph at 9162000 or email sales@caymaniantimes.ky