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Friday Edition

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October 7, 2022

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Flu vaccine now available

# Big Shave raises over \$300,000



See story on page 12-13 >>>



**THIS WEEK**  
 GAS APPLIANCE  
**SALE**

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## COX LUMBER'S WEEKLY SPECIALS



See page 6 inside for sale items!

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# Forging a path for women in STEM

Two young Caymanians conducting scientific research that could change lives for the better



► Emma Turnbull and Anja van Genderen received Dart high school scholarships in 2014

Two young Caymanians, Emma Turnbull and Anja van Genderen, are at the cutting edge of scientific research as they continue their post-graduate studies in the STEM-related fields of virology and biochemistry.

Emma Turnbull completed a Masters in Immunobiology, Cancer and Transplantation, graduating from Newcastle University with Distinction this summer. She is now starting a three-year PhD in virology, undertaking groundbreaking research looking at how immune cells react when the lungs are infected with

respiratory viruses such as Covid-19 and influenza.

Anja van Genderen is completing her final year at Uppsala University in Sweden where she will graduate with a Master of Science in Chemistry (Biochemistry) before beginning her PhD next year. Her field of study is the properties of enzymes in RNA, the ribonucleic acid present in all living cells.

For Turnbull and van Genderen, their shared journey from high school to PhD students began in 2014 when both became Dart Scholars, aged just 14. Over the



► Anja van Genderen graduated University of Edinburgh with a Bachelor of Science with first class honours in 2021

past eight years, the STEM-focused scholarship programme provided the two girls with financial support and mentoring as they progressed in their studies.

Having received top marks in their A-level exams at Cayman Prep and High School,

Turnbull and van Genderen transitioned from high school scholarships to the William A. Dart Memorial Scholarship in 2018. Turnbull chose Biomedical Sciences and van Genderen chose Biological Sciences for their undergraduate degrees, with Turnbull heading to Newcastle University and van Genderen to the University of Edinburgh for a Bachelor of Science. Both graduated with first class honours.

“We are extremely proud of Emma and Anja who consistently excelled in their studies and are now involved in such pioneering research,” said Glenda McTaggart, senior manager of education programmes at Dart. “They are wonderful role models for our younger Dart Scholars and for the next generation of girls thinking about careers in STEM. I hope their achievements will inspire more girls to study science, maths and other STEM subjects in school.”

The Dart Scholar programme was launched in 2011, awarding two new high school scholarships and one new university scholarship every year for the past 11 years. Nearly 40 Caymanian students are either current Dart Scholars or Dart Scholar alumni.

For more information on how to apply for a Dart scholarship, visit [dartscholar.ky](http://dartscholar.ky).



► Emma Turnbull graduated from Newcastle University with a Masters in Immunobiology, Cancer and Transplantation with Distinction in 2022



## Labour Force Survey 2022

Starting Sunday, 2nd October 2022

The 2022 Fall Labour Force Survey (LFS) will be conducted by the Economics and Statistics Office (ESO) starting Sunday, 2nd October 2022.

The LFS collects data on the employed and unemployed persons, as well as those who are not in the labour force.

Trained interviewers, with identification cards from the ESO will visit 2,000 randomly selected households in all districts.

The interviews are confidential in accordance with the Statistics Law (2016 Revision). No individual data will be published or disclosed. Survey data are exempt from Freedom of Information requests.



For further information on any aspect of the survey, please contact the **ESO hotline 516-3329**.



## Caymanian Times

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# CIMA Celebrates World Investor Week to Promote Financial Resilience

The Cayman Islands Monetary Authority (“CIMA” or the “Authority”) joins the International Organization of Securities Commissions (“IOSCO”) and regulators from over 100 jurisdictions to celebrate World Investor Week 2022.

World Investor Week is a global initiative promoted by IOSCO to raise awareness about the importance of investor education and protection. The global campaign consists of week-long outreach activities carried out by participating IOSCO member jurisdictions.

CIMA will participate in the initiative from 3 – 9 October with an online campaign that is designed to promote financial resilience and help investors make sound decisions.

As a member of IOSCO, CIMA recognises the importance of investor

education and considers this campaign a good opportunity to promote smart investment strategies within the Cayman Islands’ financial services community as well as the general public. This campaign will serve as an introduction to a larger initiative on investor education the Authority has planned under the theme “I Learned the Hard Way”. More details will follow in the coming weeks.

Key messages for World Investor Week will focus on investor resilience and sustainable finance, highlighting the importance of having an emergency fund and understanding that all investments entail risk as well as considering what sustainable finance entails.

Such messages will be issued online throughout the week via CIMA’s website, and on social me-



World Investor Week is a week-long, global campaign promoted by IOSCO to raise awareness about the importance of investor education and protection and highlight the various initiatives of securities regulators in these two areas.

dia platforms LinkedIn and Facebook. The industry and public can take part in World Investor Week

by sharing messages across online platforms to enhance the effectiveness of these valuable messages.

For more information about World Investor Week, visit [www.worldinvestorweek.org](http://www.worldinvestorweek.org)

# ilm Leadership



ILM Level 2 and Level 3 recipients with Facilitator Eric Jenkinson (seated left) and CUC’s President & CEO Richard Hew (standing left) included (standing) Odayne Lynch (Level 3), Robert Tiofilo (Level 2), Aaron Frederick (Level 3), Sasha Veeran (Level 3), David Bodden (Level 2), Leandro Feniello (Level 3) and Andrew Thompson (Level 2). (Seated from left) Careen Craig (Level 3), Ellstine Mitchell (Level 2) and Namitha Abraham (Level 3). Missing from photo is Abel Medina, Alfred Berry, Angela McLean, Christopher Ebanks, Clayton Powell, Donna Gayle, Franklin Ebanks and Jessie Bodden (Level 2) and Leighton Barnes and Shane Cato (Level 3).

CUC recently hosted a graduation ceremony to recognise and celebrate the achievements of 20 employees who successfully completed the Level 2 and Level 3 Certificate in Leadership Management from the Institute of Leadership and Management (ILM).

The Institute of Leadership and Management (ILM) programme, offered by Ndeavour Consultants, is focussed on key leadership principles, which include Understanding Effective Teamwork, Workplace Communication, Leading and Motivating a Team Effectively and Managing Projects. ILM is at the leading edge of leadership and management thinking. Research programmes into new management ideas, techniques and methods ensure ILM courses are constantly improving and helping to develop leadership and management skills.

Richard Hew, CUC’s President & CEO said, “I am very pleased to see this group of employees complete their respective ILM Level 2 and Level 3 leadership courses. I cannot emphasise too greatly the importance of having effective leadership at all levels throughout the Company to develop and grow our employees individually and to inspire their focus and alignment with the goals of the Company. I congratulate the participants on their endeavour to enhance their leadership skills, which included many hours of study and written assignments and wish them every success as they practice these new skills. I also extend thanks to the ILM facilitators, in particular Eric Jenkinson and his team at Ndeavour Consultants for their facilitation of the courses.”

CUC has been at the forefront of supervisory and management leadership training dating back to the late 1990s with the City & Guilds National Examination Board for Supervisory Management (NEBSM) Training Courses. The Company adopted the ILM Programme in 2014 and has successfully guided over 60 employees through the Level 2, 3 and 5 programmes.



The Environmental Management System at the North Sound Road Power Plant is registered to ISO 14001



# SCOTIABANK CAYMAN WINS ANOTHER BEST DIGITAL BANK AWARD

*State-of-the-art digital platforms delivering enhanced banking services and greater convenience for customers*

Scotiabank Cayman has again been named Best Consumer Digital Bank for 2022. For the second year, the Bank's efforts in digital transformation have been recognized as world-class by New York - based magazine Global Finance.

After being evaluated by a world-class panel of judges at Infosys, a global leader in consulting, technology and outsourcing, Scotiabank Cayman was selected based on strength of strategy for attracting and servicing digital customers, success in getting clients to use digital offerings, growth of digital customers, breadth of product offerings, evidence of tangible benefits gained from digital initiatives, and web/mobile site design and functionality.

"It's our pleasure to have been selected once again for this prestigious honour. Being named the Best Consumer Digital Bank for 2022 in Cayman means that our decision to increase our focus on digital for the benefit of our customers continues to be the correct one," said Sarah Hobbs, VP & Managing Director, Scotiabank Cayman & Trust Ltd.

The Bank's push for digital was heightened on the heels of the worldwide COVID-19 pandemic and extended restrictions on face-to-face interaction - particularly in Cayman. "Our ongoing digital transformation and other customer initiatives allowed customers to seamlessly continue to conduct



► Sarah Hobbs

banking transactions despite the disruptions that occurred throughout the year," explained Hobbs.

This challenging period for banks globally was noted by Joseph Giarraputo, founder and editorial director of Global Finance, who said, "With the multi-year pandemic

accelerating banks' digitalization efforts, the market has witnessed a rapid evolution in electronic offerings. Those financial institutions that best introduced new and improved products and services are being honoured as Global Finance's World's Best Digital Banks 2022."

In Cayman, Scotiabank's move towards more digital operations for routine transactions happened on both the virtual and physical front for Scotiabank Cayman with major upgrades to the Scotia Online portal and mobile as well as the introduction of digital branches and smart Automated Banking Machines (ABMs). Scotiabank Cayman has also experienced growth in the usage of its digital channels by 6.8 per cent and has registered a 16 per cent increase in the number of online transactions over the past eighteen months.

The Bank has also announced recent upgrades to its mobile and online banking platforms which have further expanded its capabilities and includes tools that are helpful in identifying potential fraud monetary and non-monetary transactions.

The World's Best Consumer Digital Bank Award is handed out yearly by Global Finance, which was founded in print in 1987. The publication, with a circulation of 50,000 across 193 countries, regularly selects the top performers among banks and other providers of financial services. The award is a trusted standard of excellence for the global financial community.

Scotiabank Cayman joins its counterparts in Jamaica, Barbados, The Bahamas, Trinidad & Tobago, and Turk & Caicos in receiving this award.

## Harneys appoints new head of Cayman Islands Litigation

Harneys is pleased to announce that Partner Andrew Johnstone has been appointed Head of the Litigation, Insolvency, and Restructuring practice in the firm's Cayman Islands office. Andrew has been with Harneys in Hong Kong for over 4 years where he has built a leading reputation as an offshore litigator. Andrew relocated to Cayman in early September, to join and lead the Cayman disputes team.

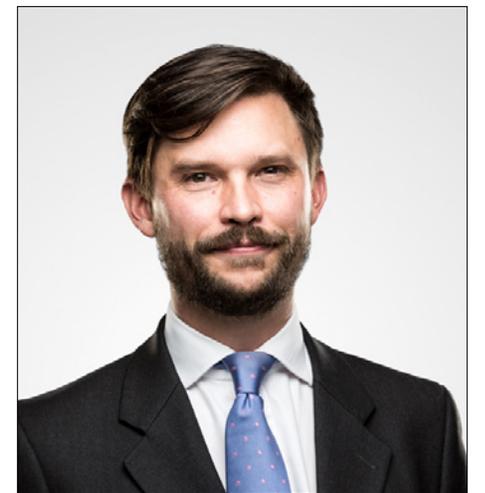
Andrew specialises in fraud and asset tracing, asset preservation and enforcement, shareholder disputes, contentious trusts and insolvency. He has advanced specialist expertise in cross-border and

multi-jurisdictional litigation, including obtaining recognition orders, and all forms of interim relief including disclosure orders, freezing injunctions, anti-suit injunctions and search orders. He is a highly experienced advocate and trial lawyer with a reputation for providing user-friendly and practical advice to listed companies, corporates, hedge funds, professional advisers and high net worth individuals.

Nick Hoffman, Managing Partner of the Cayman office commented: "We are tremendously excited that Andrew has agreed to come to Cayman and take on such a significant role. His move presents

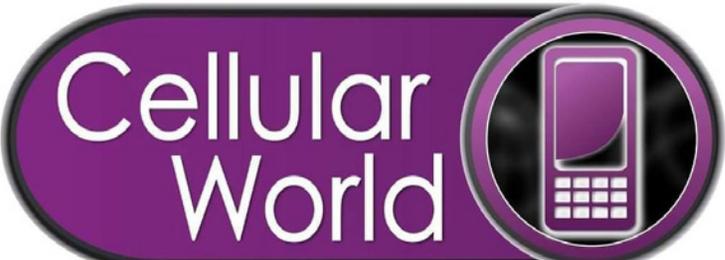
a great opportunity for the team to tap into his vast experience." Andrew added: "I am thrilled to be joining and leading our fantastic Cayman litigation, insolvency and restructuring team and look forward to working with my colleagues to continue and build upon Harneys' market-leading practice in this jurisdiction."

The development of the Harneys Litigation and Insolvency team in the Cayman Islands is mirrored globally, with 88 team members now in the group. The firm has long been considered a leader in the key Caribbean offshore jurisdictions, providing a full range of legal services in the



► Johnstone Andrew

areas of investment funds, private equity, corporate and M&A, finance and banking, trusts and private wealth, and litigation and insolvency.



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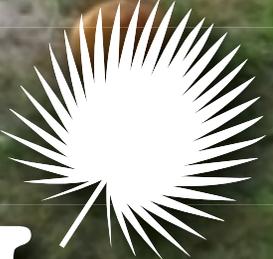
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**Pirates Fest**  
CAYMAN ISLANDS NATIONAL FESTIVAL

Saturday

**15**  
**Oct**



# North Side Heritage Day



Water Cay Public Beach, Water Cay Road | 10AM to 12 AM

**45**  
mins

Approximate  
drive time from  
George Town



Ministry of Youth, Sports,  
Culture & Heritage  
Cayman Islands Government



# SALE

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 ELFG7637AT

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 ELFG7437AW

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# AM Best affirms “A” financial strength rating of BF&M Group rated companies



Island Heritage Insurance Company, Ltd. (“Island Heritage” or “the Company”) announced that AM Best has affirmed its financial strength rating of A (Excellent), along with the financial strength of all rated insurance operating companies of parent company BF&M Limited, as follows:

BF&M General Insurance Company: A (Excellent) Bermuda

BF&M Life Insurance Company: A (Excellent) Bermuda

Island Heritage Insurance Company, Ltd.: A (Excellent) Cayman

The outlook of each of these credit ratings is stable.

In its assessment, AM Best noted balance sheet strength which was assessed as “strongest”, a continued focus

on profitable growth, solid market share, more than adequate levels of capitalization, and strength in diversification of business. Also highlighted by the ratings agency was a prioritisation on maintaining significant catastrophe reinsurance protection despite the hardening market.

Abigail Clifford, Group President and Chief Executive Officer of BF&M Limited, said: “This endorsement by AM Best reinforces our position as a market leader in the jurisdictions where we operate. These are the highest ratings given to domestic insurers operating in Bermuda and the Caribbean, and I’m incredibly proud of the performance and dedication of our team during these particularly challenging times.”

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## APPLEBY ADVISES SILVER CREST ACQUISITION CORPORATION ON SUCCESSFUL COMPLETION OF US\$1.4 BILLION DE-SPAC WITH TIMS CHINA



► David Bulley



► Dean Bennett

Appleby is pleased to have acted as Cayman Islands legal counsel to Silver Crest Acquisition Corporation (NASDAQ: SLCR) (“Silver Crest”), a publicly traded special purpose acquisition company or “SPAC”, on its business combination with TH International Limited (“Tims China”), the exclusive operator of Tim Hortons coffee shops in China. The transaction values Tims China at an initial enterprise value of approximately US\$1.4 billion and will provide Tims China with access to nearly US\$200 million of additional financing to allow their continued store expansion. The combined company will retain the TH International name and its shares and warrants will trade on NASDAQ under the symbols “THCH” and “THCHW”, respectively.

Appleby earlier advised Silver Crest, a SPAC formed by Ascend-

ent Capital Partners, on its upsized US\$300m SPAC IPO on NASDAQ which closed in January 2021.

The Appleby team was led by Hong Kong managing partner and global co-head of SPACs David Bulley and Cayman-based counsel and global co-head of SPACs Dean Bennett, assisted by Hong Kong associate Alejandra Gonzalez Saucedo. Morrison & Foerster LLP acted as lead counsel for Silver Crest.

The Appleby team continue to be selected as Cayman Islands counsel of choice for SPAC IPOs and business combinations in the US and Hong Kong in recognition of the firm’s market-leading expertise and cross-jurisdictional capabilities in this area. Appleby was named second in the league table of the “Top Asia-related SPAC Legal Advisers of 2020-21 – Offshore Firms” by Asia Business Law Journal.

# CIAA Honors Long Serving Staff



► Long-serving employees at Owen Roberts International Airport. Back row (L-R) Vilora Sinclair, William Manderson, Herbert Myles, Armando Ebanks, Edmundo Woods, Timothy (Chad) Yates and Sean Lewinson. Front row (L-R) Webster Chambers, Craig Connor, Cecil Van Eijk, CIAA CEO Albert Anderson, Michael Dixon, Jeremy Jackson, James (Casey) Parsons, Martha Bush and Daniel Hydes. Missing from Photo: Beverley Solomon, Nicola O'Connor, Denniston Smith and Laurie Farrington.



► Long-serving employees at Charles Kirkconnell International Airport. (L-R) Violet Walton, CIAA CEO Albert Anderson and Robert Tiofilo. Missing from photo: Josh Dixon, Michael Freeman, Linda Young, Durley Christian and Aura Flores.

members and seeks to achieve excellence through encouraging effective communication, enhancing employee relations, fostering a culture of learning, ensuring compliance with best practices of people management and implementing staff incentives and productivity schemes. As part of this strategic vision, the CIAA first implemented an Employee Recognition Programme several years ago to acknowledge the outstanding efforts of its long-serving employees and to attract and retain local talent.

The Programme was revitalized in 2017 with the appointment of a diverse Rewards & Recognition Committee. The Committee is empowered to coordinate a host of supporting events and initiatives to assist with the recruitment and retention of talent for the CIAA and to recognise its long-serving employees.

Twenty-five long service employees were celebrated at the ceremonies, which were held at Owen Roberts International Airport on 30 August 2022 and at Charles Kirkconnell International Airport on 1 September 2022, with a total of 360 years of combined service. Each long service employee was awarded with a commemorative gift.

The five-year long-service recipients were Martha Bush, Daniel Hydes, Jeremy Jackson, Josh Dixon and Michael Freeman. The 10-year long-service recipients were Armando Ebanks, William Manderson, Herbert Myles, James (Casey) Parsons, Cecil Van Eijk, Timothy (Chad) Yates, Robert Tiofilo, Violet Walton and Linda Young. Employees with 15 years of long-service were Craig Connor, Michael Dixon, Beverley Solomon, Edmundo Woods, Durley Christian and Aura Flores. Employees with 20 years of long-service were Sean Lewinson and Vilora Sinclair. Nicola O'Connor celebrated 25 years of long-service. Webster Chambers celebrated 30 years of long-service. Denniston Smith celebrated 35 years of long-service. Laurie Farrington celebrated 40 years of long-service.

CIAA CEO Albert Anderson remarked, "We appreciate the service of our people at the Cayman Islands Airports Authority and recognise the importance and significance of each of these

The Cayman Islands Airports Authority (CIAA), which operates the Owen Roberts International Airport (ORIA) on Grand Cayman and the Charles Kirkconnell International Airport (CKIA) on Cayman Brac, recently honored its long-serving staff at ORIA and CKIA with award ceremonies.

The CIAA currently employs 181 staff

awards, whether they have been a part of the CIAA family for five years or for 40 years. Every year is a milestone, and we appreciate our people and their dedication to the CIAA – they make us proud, and they are the reason we have found the right way to deliver an excellent airport experience to our colleagues, our stakeholders and our customers!"



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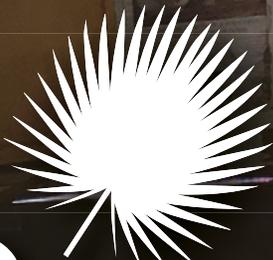
# Pirates Fest

CAYMAN ISLANDS NATIONAL FESTIVAL

Friday

14  
Oct

**STOP**  
Please Do Not Touch  
The Exhibits



# Bodden Town Heritage Day



Nurse Josie's Senior Centre (AM) &  
Coe Wood Beach (PM) | 10AM to 12 AM

**20  
mins**

Approximate  
drive time from  
George Town



Ministry of Youth, Sports,  
Culture & Heritage  
Cayman Islands Government

# Cayman Turtle Centre releases rescued Cayman parrots at Botanic Park

Three Grand Cayman parrots, the national bird of the Cayman Islands, were released into the wild at the Queen Elizabeth II Botanic Park recently. The release was a joint effort between Cayman Turtle Conservation and Education Centre (CTCEC), the Cayman Islands Department of Environment, and the Botanic Park.

Back in June 2021, a clutch of recently hatched nestling Cayman parrots were found abandoned in a fallen nest at the Dart plant nursery in West Bay. The Department of Environment were contacted and in turn requested assistance from the animal care team at Cayman Turtle Centre.

The full-time care of the nestlings was voluntarily taken over by CTCEC's animal care team who have the expertise and experience in working with breeding and releasing Cayman parrots. Over the past year, the three

chicks had grown into robust and healthy specimens of juvenile Grand Cayman parrots and were ready to be returned to the wild.

The three parrot siblings were affectionately named Chonky, Klakker and Slim Jim, and collectively known as "The Brats".

"Chonky was the smallest of the clutch, with no feathers and eyes not even open yet. She had the strongest appetite and was fondly nicknamed 'Chonky' as she would still be ready to eat even when her crop was full. She is the shyest of the three and continues to be the most playful." Mr. Geddes Hislop, Curator, Terrestrial Exhibits & Education Programmes at CTCEC, said.

"Klakker got his Danish nickname from DOE Officer Jane because he tends to scream if anything comes close to him. It took him a while to settle down and allow the other parrots to

play with him. He can be distinguished by his red underbelly. He loves green beans and enjoys spending time right alongside his brother, Slim Jim."

"From day one, this one parrot had a habit of stretching his neck upwards for food and was nicknamed 'Slim Jim'. He is the bravest of the three and is the first to explore anything new. He has become the dominant parrot of the trio and the other two tend to follow his lead." Mr. Hislop continued.

After a period of quarantine, and preparation for their integration into the wild, the trio were released at the QEII Botanic Park on Saturday 1st October. Spectators gathered in the Children's Garden to witness as they were released one at a time and flew off in a colourful display towards the nearest poinciana tree.

The Cayman parrot was de-



clared the national bird of the Cayman Islands in 1979. There are two different species of Cayman parrot, the Grand Cayman parrot and the Cayman Brac parrot, which is similar but smaller.

## Department of Education Services (DES) Bids Farewell to Gloria Bell Years of Dedicated Service



On 21 September, the Department of Education Services (DES) held a farewell luncheon in honour of education stalwart, Mrs. Gloria Bell upon her retirement after 31 years of dedicated service.

The afternoon was punctuated by heartfelt speeches and well wishes by DES and Ministry of Education team members and officials, including Acting Chief Officer Ms. Lyneth Monteith.



Ms. Monteith lauded Mrs. Bell's willingness to go beyond the call of duty and the camaraderie she enjoyed with her colleagues.

DES Director Mr. Mark Ray commented, "Mrs. Bell has contributed 31 years to the local education system, and we are a much better place for it. Her contributions have been many, but most significant among these are the many lives she has touched. That is the mark of a work-life well spent. Thank you very much, Mrs. Bell. Enjoy your retirement thoroughly."

In response to the warm wishes, Mrs. Bell responded, "The journey has been long, fruitful and fulfilling. Together, we have done a lot of work with our students here in the Cayman Islands and have seen growth and improvement. As I leave, I know you will continue to gain greater heights.

I thank you all for the years of friendship, camaraderie, the hard work. I wish you all continued success."

Trained as a Literacy Specialist in her native Trinidad, Mrs. Bell arrived in the

Cayman Islands in 1991.

She was a teacher at the Alternative Education Centre for six years before moving to the Department of Education Services in 1997 as an Assistant Education Officer responsible for Literacy.

Ms. Bell was appointed as an Education Officer in 1999.

As Education Officer, Mrs. Bell was a founding member of the Cayman Islands Reading Association. She was also instrumental in introducing several notable initiatives, including island-wide book fairs and the popular Spelling Bee competition.

In 2006, Mrs. Bell was appointed principal of the Prospect Primary School. While there, she played a significant role in establishing the International Baccalaureate programme.

She returned to the DES as a Senior School Improvement Officer in 2015 and took on the role of Customer Service Manager in 2020.

Mrs. Bell's retirement took effect on 30 September.



# Tourism Minister Sets Out on Official Travel

The Hon. Kenneth Bryan, Minister for Tourism and Transport will be setting out on official travel this week, in a bid to enhance destination awareness and deliver wide-ranging media coverage for the Cayman Islands.

Throughout October, Minister Bryan will take part in several speaking engagements, attend networking events with key industry executives and participate in high-level panel discussions.

“By attending these vital trade and business conferences, the Ministry and Cayman Islands Department of Tourism (CIDOT) will be able to optimise networking opportunities with airline, cruise and other industry stakeholders,” explained Minister Bryan.

“Our new initiatives and enhanced tourism products must be communicated in order to drum up new business and reengage with our existing partners,” he added.

Official travel comprises participation in the Caribbean Hotel and Tourism Association (CHTA) MarketPlace, the Florida Caribbean Cruise Association (FCCA) Cruise Conference, Routes



► Kenneth Bryan

World 22 and the Fort Lauderdale Boat Show.

“The Cayman Islands was one of the last countries in the Caribbean to re-

open, fully removing COVID-19 travel restrictions only in August. Especially in the lead up to the high season, it is imperative we take an aggressive ap-

proach to marketing our destination,” Mr. Bryan said.

These profile-raising events will take place in various locations within the USA and Caribbean over the next five weeks. They are aimed at stimulating tourism economic activity, expand business-to-business network connections and facilitate tourism recovery strategy for the Caribbean region.

In his capacity as the newly appointed Caribbean Tourism Organization (CTO) Chairman, Mr. Bryan will attend to his additional duties by hosting in-person meetings with the CTO membership. “We are capitalising on the instance that regional Ministers of Tourism will also be attending many of these conferences, this allows me to work efficiently in both capacities at no additional cost,” the Minister said.

Additionally, the Tourism Minister will attend the inaugural flight of the new Cayman Airways Ltd. route from Los Angeles to Grand Cayman in November. He will be accompanied by a delegation from the Ministry Of Tourism and Transport and the CIDOT during each travel appointment.

## Flu vaccine now available



The Director of Primary Health Care, Dr Samuel Williams Rodriguez, is advising the public of the arrival of this year’s flu vaccine.

Vaccines for the seasonal flu will be available at the Cayman Islands Hospital, District Health Centres in Grand Cayman, Faith Hospital Cayman Brac and Little Cayman Clinic.

The locations and times are listed below:

- The Atrium (front entrance) at the Cayman Islands Hospital from 10:00 am-noon, Monday through Friday beginning Wednesday 5th October to Friday 14th October 2022.

- The General Practice Clinic at Smith Road Medical Centre, and all District Health Centres, from 2:00 p.m. to 4:00 p.m. Monday through Friday beginning, Tuesday October 11, 2022.

- Faith Hospital in Cayman Brac - Residents of Cayman Brac should contact Faith Hospital to make arrangements.

- The Little Cayman Clinic - Residents of Little Cayman should contact the clinic to make arrangements.

The flu vaccine is FREE to all residents. No appointments are necessary; however, persons should indicate to the registration officer at the clinic that

they need to have the flu shot.

“The flu vaccine remains as important during this flu season as is with the COVID-19 booster vaccine. Both vaccines can be given at the same time or 14 days apart”. Dr Williams-Rodriguez said. “All persons 6 months and older are encouraged to get the flu vaccine to protect themselves and others. It is especially important for people at high risk of severe flu-related complications and those who live with or care for them.

### The flu vaccine

He added, “I acknowledge the receipt of requests for the seasonal flu vaccines from employers for their staff and the Public Health Department will continue our programme of the onsite workplace vaccination initiative for companies with twenty or more employees wishing to have the vaccine. This is to minimize workplace disruption and ensure that as many persons as possible get vaccinated.”

Companies interested in the programme should contact the Public Health Department at 244-2621, 244- 2889, or email [publichealthdepartment@hsa.ky](mailto:publichealthdepartment@hsa.ky) to register.

Flu shots will also be available at participating supermarkets across the Islands in the coming weeks and a schedule will be provided, at a later date.

For more information, please contact:

- Public Health Clinic - 244-2889/244 2621

- George Town General Practice Clinic - 244-2800

- Faith Hospital -948-2243

- Little Cayman Clinic - 948-0114

- The District Health Centres

- o East End 947-7440

- o North Side 947-9525

- o West Bay 949-3439

- o Bodden Town 947-2299

# Cayman community unites once more for Childhood Cancer Research



Deep Blue Images



Deep Blue Images

A huge crowd packed The Wicket Bar in Cricket Square on Friday evening for the 8th annual Hannah's Heroes Big Shave to raise funds for the St Baldrick's Foundation, the largest private funder of childhood cancer research.

More than seventy men, women, and children shaved their heads to raise funds and demonstrate their solidarity with children fighting cancer who often lose their hair following chemotherapy treatment. Amongst the freshly shorn were the families of Cayman's childhood cancer survivors, Gaylene Meeson, whose 15-year-old daughter Hannah was diagnosed with medulloblastoma in 2012; Woody Foster, father of 14-year-old leukemia survivor, Charli; Tom and Jo-Jo Sperandeo, father and brother of 10-year-old leukemia survivor; Saylor and Fiona Macfarlane whose 22 year old son Kai, died on 25th September, five years after being diagnosed with an inoperable brain tumour. Also present were cancer survivors, Beau Shields (11), Tayden Grant (14) and Ally Capasso (15).

His Excellency, The Governor Mr. Martyn Roper welcomed the crowd praising the community's continued support of fund-

# Cancer Research

CONTINUED FROM Page 12

raising for research and officially opened the event; he was joined on stage by Woody Foster who led the audience in a prayer celebrating childhood and Ms. Kelly Forebaugh, Director of Hero Funds from the St Baldrick's Foundation in California, whose travel and accommodation was sponsored by local firms, Conyers and Dart.

Mr. Roper addressed the gathered crowd before helping to shave Mr. Foster's head.

"It's a privilege to be amongst so many brave individuals and families who are such an inspiration to all of us here. I hope our presence here will show our very strong support for this wonderful event and encourage others to support much-needed research".

Returning live after a two-year hiatus due to COVID-19, Hannah's Heroes is one of the most successful shave events in the world for St Baldrick's, raising over US \$2.8 million for childhood cancer research. Since 2005, St Baldrick's has donated more than \$332 million in funding for research grants to more than 358 institutions in 31 countries.

Top fundraising teams included Maples and Balder (\$31,686), Team Kai in memory of Kai Parham (\$23,126), Team Waystone in support of Claire Loebell (\$19,626), Dart (\$17,871) who matched the funds raised by the team, The Tortuga Rum Cutters (\$14,991), and Cayman Prep & High School (\$16,982).

12 children shaved on Friday including students and staff from Cayman International School who collectively raised over \$9,500. The crowd was energized by the return appearance of the Firebalds team made up of 10 of the Cayman Islands Fire Service and moved by the story of Claire Loebell, who following her recent breast cancer diagnosis made the courageous decision to join the event to raise funds for childhood cancer research. Mrs. Loebell has raised \$21,899.

At the time of press, organisers confirmed that this year's Big Shave has raised US \$335,000 bringing the fundraising total over the eight live events to US\$2,892,822. The team reported that funds are still coming in with several more fundraising events planned over the next few days including a bake sale at Cayman Prep & High Primary school, the proceeds from the event's silent auction and donations from the register at Fosters stores throughout September.

Donations can still be made by visiting [www.stbaldricks.org/events/hannahshe-ros](http://www.stbaldricks.org/events/hannahshe-ros)



# CAYMAN ISLANDS CHAMBER OF COMMERCE



## *The Chamber of Commerce – Economic growth and diversification*

All living things grow, change, and adapt. To continue to thrive, Cayman's economy needs to grow and change too, embracing new ideas and new businesses. Stagnation of the economy will mean other jurisdictions will be quick to grab new opportunities when they arise, leading Cayman to become an economic backwater.

The Chamber believes in doing both – supporting Cayman's tried and tested business models and seeking avenues for growth. The organisation pushes Cayman businesses to embrace change, innovation, and diversity, to ensure that if one industry falters, there will be others ready to thrive.

We all need change. We need fresh, new ideas to keep Cayman's economy vibrant and healthy. New perspectives and businesses can develop here in two different ways: start-up locally or attracted from abroad.

That's why the Chamber likes to get behind small and micro businesses and help start-up companies find their feet, working with government agencies to establish business incubators, where new microbusinesses can grow in a protected environment until they are big enough to stand on their own.

Economic diversity can also be achieved by attracting it here. There are millions of companies looking for a suitable environment to grow and thrive. If they put down roots here, it means new economic currents begin flowing our way, keeping the waters fresh and alive.

The decision whether to invest and settle in Cayman is a complex decision, involving many factors. But competition from other jurisdictions is fierce, and ever-present. That is why the Chamber supports Invest Cayman which is

focused on attracting businesses here and retaining them. Many other jurisdictions have such an agency, and the Chamber believes that this agency will attract new investment.

We can only embrace tomorrow's opportunities if we move forward in a coordinated way to grow and diversify the economy. That is why the Chamber is advocating to work along with the Ministry of Economic Development to arrive at a comprehensive economic development plan that will enable the Cayman Islands to remain attractive to investment.

The Chamber also advocates for the establishment of an Economic Development Council comprising representatives from Government and the private sector to develop a strategy for short-, medium- and long-term development, helping to bring the Cayman Islands into the future.

Discussing growth and how Cayman's economy generates its income can be a challenging and, at times, confusing conversation. That's why the Chamber launched the Growth Matters educational series of animated videos in 2017. These animated videos explain how the Cayman economy works and how income is generated in the private sector to finance Government's operations and the public services. Visit <https://www.growthmatters.ky> to access the free educational series. Two additional series of animated videos on Financial Services and Tourism are currently under production.

As a catalyst, the Chamber continues to stimulate conversation and change in Cayman. Tune in weekly to find out how they support, promote and protect the business and wider community.

## Chamber Calendar

### Training

#### • 5-6 October – SLII (Previously Situational Leadership)

This online course is part of the Chamber Training Centre (CTC) Ken Blanchard Series. Training your managers to be situational leaders will result in accelerated

development; a common leadership language; increased retention and morale.

#### • 11 October – Effective email communication.

Part of the Workplace Essentials category. Ensure that your use of email is clear, effective and successful.

### Events

#### • 4 October – Leadership Cayman Information Session 2

Come and find out about Leadership Cayman during this information session at the Chamber of Commerce Conference Room, beginning at 5.30 pm. For more details contact [nina.robinson-downs@caymanchamber.ky](mailto:nina.robinson-downs@caymanchamber.ky) or 743-9121

#### • 19 October – Chamber Luncheon with the Hon. Christopher Saunders MP Deputy Premier

12pm to 2pm at the Marriott Grand Cayman Beach Resort.

### Programmes

• 11 November – Leadership Cayman Leadership Cayman (LC), the Chamber of Commerce's leadership development programme, is now accepting applications for 2023. Deadline for applications is 11 November 2022. To learn more visit: <https://www.leadershipcayman.ky/application/>

## Commission Statement on the Allegations Made Against the Honourable Speaker

The Commission for Standards in Public Life ("the Commission") is aware of the recent allegations made against the Honourable Speaker of the House. The Commission wishes to remind the public and all stakeholders of the functions of the Commission which are set out under section 119(9) (b) in the Cayman Islands Constitution Order and section 5(b) of the Standards in Public Life Act (2021 Revision) ("the Act"). One of the functions of the Commission as set out in section 5(b) of the Act is to monitor standards of ethical conduct in the Cayman Islands Parliament, the Cabinet and on the part of public authorities and

public officers. A person in public life includes "members of the Cayman Islands Parliament, including the Speaker" (Schedule 1 (1)) of the Act.

The standards for ethical conduct for all persons in public life in the Cayman Islands are addressed at section 9(1)(a) of the Act which provides that persons in public life shall observe the standards set out in Schedule 2. This Schedule outlines the seven Nolan Principles for adherence by persons in public life. These principles direct persons in public life to exercise selflessness, integrity, objectivity, openness, honesty, accountability, and promote leadership by exam-



ple. Whilst the Commission is not privy to the full details of the allegations, it understands as reported in the media that the matter relating to the Honourable

Speaker is being investigated by the RCIPS and we, the Commission remain vigilant as to the outcome of that investigation.

# CIASA NEWS: Cayman's open water relay race returns to Seven Mile Beach on 17 September



What time is it? It's relay time.

Relays are exciting, fast and fun – and the return of the open water relay to Cayman's open water calendar on Saturday 8, October marks the first year it will be sponsored by Fraser Properties.

"This is a fun, family event that everyone can enjoy", said Jim Fraser, father of Shaune and Brett Fraser – Cayman's Olympic swimmers who took part in all CIASA's open water swims when they were age group swimmers, but are now best known for their exploits in the pool rather than open water. "We have what is truly one of the best locations for open water swimming in the world and the more we use it and show everyone how great it is to race here, the more notice we will get as a possible host nation for international events."

Taking place at Governor's Beach, registration is from 3-3:45 p.m. followed by the race briefing. Race starts at 4:00 p.m. Entries are individual, CI \$20 per swimmer for CIASA members, CI \$25 per swimmer for non-members - teams should be put together ahead of time. Teams may be male, female or mixed gender, swimmers may swim up an age category, the age group entered must reflect the age of the oldest swimmer on the team, the race starts and finishes in the water while swimmer changeovers (1st to 2nd, 2nd to 3rd, 3rd to 4th) will take place on the beach with the handover swimmer exiting the sea to tag the next leg swimmer. Swimmers will be treated to a social and BBQ afterwards.

Pictures – supplied. "Then and now" – Shaune and Brett Fraser.

## CIS and St. Ignatius open new primary school football season

The 2022 CUC Primary Football League (PFL) and Girls' Primary Football League (GPFL) kicked-off this past Saturday, October 1 with some exciting opening matches that didn't disappoint.

Following a year's absence and a week's delay to the start of the season due to Tropical Storm Ian, Cayman's future football heroes and heroines took to the fields across the Island to once again experience that special feeling of representing their respective schools in a competition that has become synonymous with primary school sports.

In Group A of the CUC PFL, St. Ignatius Catholic travelled to the Camana Bay SC to take on Cayman International School (CIS). In the Under 9 game, CIS defeated St. Ignatius Catholic 4-0 (respect rule enforced) thanks to goals from Jesse Duiker-Daignault in the 3rd minute, Hugo Chaloner in the 10th minute, Ben Koszecz in the 13th minute and Finn MacBain in the 22nd minute.

The Under 11 encounter was a much more even contest as CIS edged out a resilient St. Ignatius Catholic team 2-1. CIS' Teddy West was a constant 'thorn in the side' of the St. Ignatius midfield and defence as his piercing runs caused more than a few problems for the visitors' backline. His efforts were rewarded in the 18th minute as his team was awarded a penal-

ty, which young Mr. West dispatched with cool nerves.

It was that young man again as West slammed his and his teams second of the day in the 30th minute to take a 2-0 lead. On the verge of collapse, the St. Ignatius Catholic Under 11 boys corrected a few things in the back and fought hard to carve out a few chances of their own. In the 36th minute, the boys in purple were rewarded for their efforts as Emeka Adumekwe slotted home from close range to bring his team to within one of their opponents, but it wasn't enough as CIS rode out the last few minutes to secure the three points.

In other scores in Group A, it was Cayman Prep 9B 3 vs. George Town Primary 0 (Under 9), Cayman Prep 11B 0 vs. George Town Primary 0 (Under 11), Sir John A. Cumber Primary 0 vs. Truth For Youth 0 (Under 9) and Sir John A. Cumber Primary 0 vs. Truth For Youth 1 (Under 11).

In Group B, games between Prospect Primary and Cayman Brac, NorthEast Schools and Cayman Prep 11A and Theoline L. McCoy Primary and Triple C were postponed due to field and other issues.

In the CUC GPFL, CIS took on West Bay's Sir John A. Cumber Primary in their home opener in what turned out to be an exciting opening day game for the young ladies. The travelling support from West Bay were on their feet in the 8th minute as the



► The 2022 CUC PFL and GPFL kicked-off its 16th season this past Saturday.

speedy Zyniah Missick latched on to a long through ball to slot home her team's first goal for the 2022 season. Chances were limited as both defences held strong but it was CIS' central defender Ava Pierre who levelled the score in the 36th minute with an unstoppable blast from 25 yards out. Both schools pushed for the winner but it was not to be as time ran out. A 1-1 score was a fair result.

In other games played in the CUC GPFL, it was Prospect Primary 0 vs. Cayman Prep 4 (respect rule), St. Ignatius Catholic 4 vs. Triple C 0 (respect rule) and George Town Primary 0 vs. Joanna Clarke Primary 2.

The second round of games are scheduled for this Saturday, October 8 at venues across the Island. Visit [www.cayman-youthfootball.ky](http://www.cayman-youthfootball.ky) for the full CUC PFL and GPFL schedules, scores and standings.

# Cubans protest in darkness

Cubans have taken place on the streets of Havana after Hurricane Ian knocked out power to the entire country on 27 September.

Only parts of the city have had the lights turned back on, inspiring residents to take to darkened streets in protest at the government's lack of response.

Outside of the capital, much of the island is also still without power, as work crews attempt to repair electricity poles that were damaged in the storm.

The power outage caused by Ian prompted protests in the streets of Cuba's capital as several hundred people demanded restoration of electricity more than two days after a blackout hit the entire island.

About 400 people gathered Thursday night in at least two spots in the Cerro neighbourhood shouting: "We want light, we want light," and banging pots and pans.

It was the first public display over the electricity problems that spread from western Cuba, where Ian hit, to the entire island, leaving the country's 11 million people in the dark. The storm also left three people dead and caused extensive damage. Power was restored to much of

the island within a day after the storm's blast.

On Thursday, groups that monitor internet access reported a near-total internet blackout in Cuba.

At a protest on Calzada del Cerro, protesters surrounded a work team trying to repair a pole and a light transformer. Protesters were still in the streets late into the night, but the gatherings remained peaceful.

Repeated blackouts on the already fragile grid were among the causes of Cuba's largest social protests in decades in July 2021. Thousands of people, weary of power failures and shortages of goods exacerbated by the pandemic and US sanctions, turned out in cities across the island to vent their anger and some also lashed out at the government. Hundreds were arrested and prosecuted, prompting harsh criticism of the administration of President Miguel Diaz-Canel.

Cubans complained that the outages forced them to throw out refrigerated meat and other goods that is costly or hard to find.

Experts say the total blackout showed the vulnerability of Cuba's power grid and warned that

it will require time and resources — things the country doesn't have — to fix the problem. Authorities have promised to work without rest to address the issue.

There is evidence in Cuba's other cities — Holguín, Guantánamo, Matanzas, Ciego de Ávila, Camagüey and Santiago — that there are problems similar to those in Havana, with most reporting their neighbourhoods were still without electricity.



► Protesters are furious over power outages



► Havana was completely submerged by Ian

## Homes for St Vincent volcano victims



► St Vincent received \$5m of building materials

The St Vincent and the Grenadines has gathered building materials to construct new houses for victims of last year's volcano eruption that displaced a huge swathe of the population.

Building materials worth \$5.3 million were imported from Jamaica's Tankweld Ltd were made by the St Vincent government recently.

Montgomery Daniel, Acting Prime Minister, said the materials will be used to rebuild homes destroyed in the eruption of La Soufriere volcano in 2021. He said: "There has been \$2.5 million worth of repairs carried out by the Roads Buildings and General Ser-

vices Authority to 471 houses damaged by the eruptions. These repairs were carried out on houses which had minimal damage."

Daniel said that on average, each house costs just over \$5,000 to fix. He admitted that 700 houses still need to be repaired from minimal damage but 129 houses with serious damage have also been rehabilitated. He said: "These houses were repaired at a cost of \$3.7 million; however, there are still more than 100 houses with significant damage to be fixed."

A total of 21 additional houses will be constructed at Orange Hill to house displaced families.

## Jamaica to host Selassie's grandson



► Prince Ermias Sahle Selassie is popular in JA

Jamaica's Rastafarians will be treated to a visit from Prince Ermias Sahle Selassie, grandson of Emperor Haile Selassie I.

Minister of Culture Olivia Grange has announced that His Imperial Highness Prince Selassie, President of the Crown Council of Ethiopia, will be Jamaica's special guest for Heritage Week. Rastafarians regard Haile Selassie I as divine because Marcus Garvey's prophesied: "Look to Africa where a black king shall be crowned, he shall be the Redeemer." That was swiftly followed by the ascension of Haile Selassie as Emperor of Ethiopia. Haile Selassie I is regarded by Rastafarians as the living God to the black race.

The Prince will arrive in Jamaica on October 13 for a week of official engagements. These include the National Honours and Awards Ceremony at King's House and the

National Heritage Week Interfaith Service.

The prince will also meet with the nation's leaders including the Governor-General, the Prime Minister and the Leader of the Opposition as well as members of the Ethiopian and Rastafari communities and the National Council on Reparations.

Grange said she was "very happy that the Prince's visit will take place during Heritage Week when the nation pays tribute to the work and sacrifice of the National Heroes as well as the everyday heroes who make such a difference in our communities."

Prince Selassie previously visited Jamaica in 2016.

Heritage Week, which culminates with National Heroes' Day on Monday, October 17, will be celebrated under the theme 'Reigniting Greatness through our Heritage'.

# COMMUNITY EVENTS

## Cayman Islands National Dance Company - Free dance workshop in East End

7 October - The Cayman Islands Dance Company is celebrating 35 years of dance! To commemorate this, they are hosting free community dance workshops. The first one is at the East End Civic Centre on Friday 7 October beginning at 6:30pm. Anyone aged 12 and over can attend. No dance experience is necessary. To register, call 926 - 1826.

## Brenda Tibbetts-Lund Memorial 10k run and 5k Walk/Run

9 October - The Lions Club of Tropical Gardens' Brenda Tibbetts-Lund Memorial 10k run and 5k Walk/Run will take place on Sunday October 9, 2022 at 6am. The start and finish will be the Seven Mile Public Beach. Registration is \$25 for adults and \$10 for children 12 and under. Participants can register on Race Caribbean.net and eventpro.ky. In person registration will be available at the Club's Pink Shopp at 522 Shedden Rd. The first 300 persons to register will receive a T-shirt or Tank top. 1st, 2nd and 3rd place runners will receive medals. Participants in the walk and run will receive a participation medal. For more information call 936-1739.

## The Church of God Chapels - Praise Gathering Convention - "Revisoning the Legacy"

9 - 13 October - The Church of God Chapels invites all to their 25th

annual Praise Gathering Convention under the theme "Revisoning the Legacy". All services are at the Church of God Chapel George Town and begin on Sunday, October 9th at 10:30 a.m. with nightly services from October 9th to 13th starting at 7:00 p.m. Sunday through Wednesday. Dr Dennis Wilson from Florida, who has ministered in Grand Cayman several times, will be the Guest speaker. Radio Cayman will broadcast the Sunday morning and evening services on 89.9 FM. All services will be live streamed on the church of God Chapels YouTube and Facebook pages. Childcare will be provided for each service.

## Cayman Arts Festival - 2022 Vendome Prize Laureates in concert

12 October - The Vendome Prize aims to seek out, reward, support, and guide future professional artists who are technically perfect, magnetic, original, in possession of a large repertoire and ready to undertake the challenges of a performing career. Cayman Arts Festival is honoured to showcase the winners of this year's competition Korkmaz Can Saglam (Turkey) and Maxim Lando (USA). The Managing Director of the Vendome Prize, Romanian pianist Matei Varga will also be present in Cayman. The three guests will hold a special concert together, an interactive piano performance featuring 2 pianos with some individual and combined pieces, followed by a panel discussion. Tickets are USD\$30 for



adults and USD\$10 for students. For more information and to purchase or reserve tickets please contact us at enquiries@caymanarts-festival.com or tel. 922-5550.

## Pirates Fest - Bodden Town Heritage Day

14 October - All are invited to enjoy Heritage Day on Friday 14 October at the Nurse Josie's Senior Centre during the day and Coe Wood Beach from 12 noon. Partake in delicious food, crafts and lots of fun activities for the entire family. Go to piratesfestcayman.com for more details.

## Gumball Car Rally Fun Event

15 October - Rotary Central's Gumball Car Rally has been rescheduled to Saturday 15 October. All current registrations will be honoured.

Rally around Grand Cayman and answer questions to find the finish line and win prizes. There are prizes for Theme Car, Spirit, Accuracy and more. The cost is \$120 per car with a team consisting of a minimum of 2 persons or a maximum of 4. Registration begins at 11:30 am at the start location Cricket Square or persons can preregister by emailing rotarycentralky@gmail.com. All funds raised will go to the Cayman Heart Fund. For more information, call 936 - 1344.

## St. Alban's Church of England, Shedden Road - October Services

16 October - Services of Holy Communion will be held on Sunday October 16th at 9:30am. Morning Prayers (Matins) will continue on all other Sundays in October at 9:30am as usual.

## Upcoming Auditions - Prospect PlayHouse

24 October - Prospect Playhouse is having auditions for their play Memory of Water to be staged in February/March 2023. The play requires 4 female and 2 male actors and is characterised as a "tragi-comedy". Three sisters come together before their mother's funeral, each haunted by their own demons. The play focuses on how each sister deals with the death and how it directly affects them. Auditions are on Monday 24 October 24 beginning at 7pm at the Prospect Playhouse. Contact paul@cds.ky for further information or to submit your audition application.

Send your community events to [wendy@caymaniantimes.ky](mailto:wendy@caymaniantimes.ky)

# Crave less sugar

If I were to award a single food item with the title of 'Fastest Way To Pack On The Pounds', hands down the winner would be refined sugar.

Today we eat 20 times more sugar than people did 200 years ago! No wonder we are bigger than ever...

One of the reasons that your diet is filled with so much sugar is that some form of refined sugar is included in virtually every single processed food. This is yet another reason that it's important to cut those processed and packaged convenience foods out of your diet.

Cutting sugar from your diet is easier said than done. Once it is a part of your daily diet, cravings strike, causing you to eat it even more frequently. But there is hope.

Here are 7 Ways To Crave Less of that Sugar that you're eating that's killing your results and keeping you from attaining your goal weight:

### Eat More Protein

A diet rich in protein keeps you full, satisfied and less likely to crave sweets. A great way to make sure that you are getting enough is to plan each meal and snack around a protein. Plan breakfast around eggs, lunch and dinner around baked chick-

en breast, and make snacks hard boiled eggs or baked meatballs. Try the recipe below for a protein-packed, sugar-busting snack.

### Avoid Artificial Sweeteners

One of the biggest fitness myths out there is the idea that calorie-free, artificially sweetened beverages don't impact your fat loss results. Sorry to be the bearer of bad news, but the truth is that the diet soda you're sipping is making it harder for you to reach your goal weight. While the diet soda itself doesn't contain calories, it has been proven to cause cravings for sugary foods. Put down the diet soda and instead pick up a refreshing bottle of spring water.

### Steer Clear Of Saboteurs

The sad truth is that people in your life will try to sabotage your low sugar diet. You'll run into that pushy person at the office who insists that you eat a donut, the well-meaning family member who dishes you up a bowl of ice cream, and the friend who comes over with a plate of her home-baked cookies. The best avoidance strategy is to sincerely thank the sugar-pusher for their gift, tell them you wish you could eat it, and then blame me -

your trainer - as the bad guy who says that you need to cut back on sugar.

### Try Dark Chocolate

For those moments when your sweet tooth is relentlessly badgering you for something sweet, ditch the super-sugary candies and stick with a small square of very dark chocolate. Chocolate that is 70% or higher in cocoa content should be the only candy that you keep on hand. The benefit of the cocoa, in addition to the lowered sugar content, makes dark chocolate an occasionally justifiable treat.

### Stick With Fruit

What's sweet, colorful and comes in hundreds of flavors? Organic, seasonal, fresh fruit, of course! As you remove refined sugar from your life, feel free to add in some natural sugar by way of fresh, local fruit. It's amazing how satisfyingly sweet fruit is - it's truly nature's candy.

### Change Your Palate

As you begin to limit your intake of refined sugars, you'll find that your tolerance for sugar decreases. This means that something that didn't taste sweet before - say a green apple - now has uncanny depths of sweetness. What's happening is that your sweet receptors are becoming more finely tuned, now that you're not overwhelming your palate with sickly-sweet refined sugar.



### Workout Like You Mean It

A regular, challenging exercise routine will not only get you into amazing shape, it also reduces your cravings for sugar. The endorphin rush brought on by vigorous exercise is an even more powerful feel-good-feeling than the pleasure gotten by indulging in sugary foods.

Make challenging, consistent exercise a part of your life by signing up for my fitness program. I'd love to get you to your goals using my results-driven method.

Simply call Ernest at Body Shapers Personal Training Fitness Studio 325-8696 or email me today [bodyshaper-scayman@gmail.com](mailto:bodyshaper-scayman@gmail.com) to set up your first workout.

WEEKLY WEATHER FORECAST

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
						
85° / 82°	87° / 83°	87° / 83°	86° / 82°	86° / 82°	86° / 84°	85° / 81°
A.M. shower; cloudy, breezy	Breezy with some sun	Cloudy and windy	Winds becoming strong	Cloudy with a shower	Mostly cloudy with a shower	Partly sunny

MOMENTS OF INSPIRATION



**THE PROBLEM WITHIN- MATTHEW 17**  
A woodpecker once began pecking on the side of a man's home. He thought the problem was just external.

When Jesus arrived in Jerusalem, the crowd was hoping He would be the one to fix their external problem- the Romans; oppression. They went wild, shouting, " Hosana to the Son of David!

Blessed is He who comes in the name of the Lord. Hosana in the Highest!" It was the moment they were waiting for- THE APPOINTED KING. It was a triumphant entry.

This is what happens when we welcome Jesus as King in our lives. We will always triumph over all the adversities of life. Have you accepted Him as your personal Saviour?

DEATH ANNOUNCEMENTS



The family of the late **Andrew Melvyn Theaker** regret to announce his passing on September 30, 2022.



A thanksgiving service will be held 3:00 p.m. On Saturday, October 15, 2022, at Calvary Baptist Church, Walkers Rd.

In lieu of flowers, please make donation to Jasmine Hospice Care.

Condolences can be registered at [boddenfuneralservice.com](http://boddenfuneralservice.com) & Bodden Funeral Service Facebook page



*"A source of comfort in a troubled time"*

The family of the late **Mrs. Marie Goubault** regret to announce her passing on 29 September, 2022. Mrs. Goubault passed away at home peacefully with her three daughters and devoted husband of 54 years by her side.



Funeral services will be held at the St. Ignatius Catholic Church on Walkers Road on Saturday October 8<sup>th</sup>, 2022 at 10:30 a.m. with interment to follow at the Prospect Cemetery. Attendees are encourage to wear yellow or white. In lieu of flowers it is Marie's wish that donations be made to Jasmine.

Condolences can be registered at [boddenfuneralservice.com](http://boddenfuneralservice.com) & Bodden Funeral Service Facebook page



*"A source of comfort in a troubled time"*

The family of the late **Miguel Enrique Escalante-Jackson** regret to announce his passing on September 18, 2022.



A thanksgiving service for the life of Miguel Enrique Escalante-Jackson will be held 3:00 p.m. on Sunday, October 16<sup>th</sup>, 2022, at Cayman Islands Baptist Church, Savannah.

In lieu of flowers, please donate in Miguel's memory to the Cayman Islands Cancer Society.

Condolences can be registered at [boddenfuneralservice.com](http://boddenfuneralservice.com) & Bodden Funeral Service Facebook page



*"A source of comfort in a troubled time"*

**Churchill's** Funeral Home

We have been asked to announce the passing of Mrs. Emelina Ebanks, who passed away on Friday, Sept. 23, 2022. A Thanksgiving Service will be held at West Bay Church of Christ, 24 Batabano Rd, West Bay, Grand Cayman on Sunday, October 9, 2022 at 3:00 p.m. Viewing: 2:30 p.m. – 3:00 p.m. Interment at: West Bay Cemetery



Condolences can be registered at [churchillsfuneralhome.com](http://churchillsfuneralhome.com)

**Churchill's** Funeral Home

We have been asked to announce the passing of Mrs. Johnnet Ann Jackson, who passed away on Thursday, Sept. 29, 2022. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at [churchillsfuneralhome.com](http://churchillsfuneralhome.com)



**Churchill's** Funeral Home

We have been asked to announce the passing of Mr. Kashwayne McKenzie, who passed away on Sunday, August 28, 2022. A Thanksgiving Service for the late Mr. Kashwayne McKenzie will be held at First Baptist Church, 920 Crewe Rd, Prospect, Grand Cayman on Saturday, October 8th, 2022 at 10:00 a.m. This will be a Closed Casket Service Interment will follow at Prospect Cemetery.



Condolences can be registered at [churchillsfuneralhome.com](http://churchillsfuneralhome.com)

**Churchill's** Funeral Home

We have been asked to announce the passing of Mrs. Mabel Louise Cartwright, who passed away on Monday, Sept. 26, 2022. Details of a Thanksgiving Service will be announced at a later date.



Condolences can be registered at [churchillsfuneralhome.com](http://churchillsfuneralhome.com)

**Churchill's** Funeral Home

We have been asked to announce the passing of Ms. Naldi Alvaree Ritch, who passed away on Saturday, Sept. 24, 2022. A Thanksgiving Service will be held at First Assembly of God, 195 Old Crewe Road, George Town, Grand Cayman on Saturday, October 08, 2022 at 2:00 p.m. Viewing: Closed Casket Interment at: Prospect Cemetery



Condolences can be registered at [churchillsfuneralhome.com](http://churchillsfuneralhome.com)

# SUDOKU

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

## Conceptis Sudoku

By Dave Green

		5	7		4			
	4		8	3		5		7
				4		8	2	
6	1							2
	5	8		6		1	7	
4							5	3
	7	1		8				
3		9		7	5			1
	8		6		2			

©2018 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

### Answer to previous puzzle

7	5	9	8	6	2	1	3	4
4	1	3	7	5	9	8	6	2
8	2	6	3	4	1	7	9	5
9	7	4	5	2	6	3	1	8
1	6	5	9	8	3	2	4	7
3	8	2	4	1	7	6	5	9
5	3	7	1	9	8	4	2	6
2	9	8	6	3	4	5	7	1
6	4	1	2	7	5	9	8	3

Difficulty Level ★★★★★

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Difficulty Level ★

2/19

## CROSSWORD

By THOMAS JOSEPH

- ACROSS**
- 1 Mamas' mates
  - 6 Oyster product
  - 11 By surprise
  - 12 Be in accord
  - 13 Game show loser's prize
  - 15 Jargon suffix
  - 16 Tell tales
  - 17 Stick in a pack
  - 18 Flips
  - 20 Ignored a diet
  - 21 Geese formation
  - 22 Wild guess
  - 23 Divided
  - 26 Shoplifted
  - 27 Seasonal song
  - 28 Producer Ziegfeld
  - 29 Circle section
  - 30 Spotted cat
  - 34 Sch. org.
  - 35 "— we there yet?"
  - 36 That lady
  - 37 Final zinger
  - 40 Snowy wader
- DOWN**
- 41 Singer Cara
  - 42 Slender
  - 43 Frisco player
  - 1 Copier need
  - 2 Degrade
  - 3 Trims
  - 4 Drama division
  - 5 Cook's pan
  - 6 Book makeup
  - 7 Meringue start
  - 8 Tokyo thanks
  - 9 Proving wrong
  - 10 "Go away!"
  - 14 Cairo's river
  - 19 Wicked
  - 22 Terminate
  - 23 Menu fish
  - 24 Carrying of canoes
  - 25 "A Perfect Spy" author
  - 26 Fizz ingredient
  - 28 Forest plant
  - 30 Clergy's counterpart
  - 31 Pale
  - 32 Avignon's river
  - 33 Discourage
  - 38 TV's Danson
  - 39 — Lanka

B	L	A	T	S		M	I	F	F	
R	I	C	K	Y		A	R	I	A	S
A	B	H	O	R		M	A	R	I	E
V	E	E		I	K	E			E	R
O	L	D	F	A	I	T	H	F		
					A	N	T		E	L
K	E	A	T	S		B	A	Y	E	D
E	L	L	A		O	A	R			
Y	E	L	L	O	W	S	T	O	N	E
P	A	T		B	E	E		R	A	M
A	N	I	M	E		M	I	A	M	I
D	O	M	E	S		A	L	T	E	R
		R	E	N	E		N	E	E	D

### Yesterday's answer

- 14 Cairo's river
- 19 Wicked
- 22 Terminate
- 23 Menu fish
- 24 Carrying of canoes
- 25 "A Perfect Spy" author
- 26 Fizz ingredient
- 28 Forest plant
- 30 Clergy's counterpart
- 31 Pale
- 32 Avignon's river
- 33 Discourage
- 38 TV's Danson
- 39 — Lanka

THOMAS CROSSWORD BOOKS 1-8! Send \$4.75 (check/m.o.) for each book to 628 Virginia Dr., Orlando, FL 32803

1	2	3	4	5		6	7	8	9	10	
11						12					
13						14					
15					16				17		
18				19					20		
				21					22		
23	24	25				26					
27						28					
29					30				31	32	33
34					35				36		
37				38					39		
40								41			
42								43			

2-27

## Word Search

E	A	T	N	E	E	C	N	A	T	S	I	S	E	R
V	M	R	E	K	L	F	U	V	N	X	U	R	W	B
I	H	F	E	C	M	E	N	W	B	R	E	H	W	P
T	W	H	O	E	H	X	C	Y	C	P	W	C	F	K
I	O	O	Z	R	T	A	Z	T	M	B	O	A	B	I
S	Q	Y	L	P	C	H	R	A	R	N	M	P	T	E
O	S	R	K	F	S	E	W	G	D	I	Q	E	L	T
P	K	E	M	W	R	P	K	U	E	T	C	V	A	S
Y	Q	T	I	E	A	J	C	W	I	R	E	I	I	G
D	F	T	H	Y	C	T	U	U	V	G	I	T	T	X
P	C	A	C	J	O	H	C	O	B	B	U	A	N	Y
H	C	B	K	R	N	R	H	E	I	C	T	G	E	T
A	T	B	G	C	I	M	G	K	L	S	D	E	T	L
E	S	U	F	C	T	C	E	C	G	L	M	N	O	O
E	J	J	T	A	T	S	O	E	H	R	O	K	P	V

- Ampere
- Battery
- Cell
- Charge
- Circuit
- Conductor
- Electricity
- Flow
- Force
- Fuse
- Negative Ohm
- Potential
- Resistance
- Rheostat
- Switch
- Volt
- Watt
- Wire

Find the listed words in the diagram. They run in all directions — forward, back, up, down and diagonally.



Have fun with  
**CAYMANIAN  
TIMES**

### CURTIS

By Ray Billingsley

### THE AMAZING SPIDER MAN

By Stan Lee

### JUDGE PARKER

By Woody Wilson & Mike Manley



Vidette's Grocery  
14 Reverend Blackman Road,  
West Bay

**Janitor/Cashier**

An energetic, dependable, honest, hardworking mature person

Duties: Cleaning of the store, bathroom, store-room, fridges, and shelves and keeping the outside of the store front area clean daily.  
Receiving deliveries, packing of goods to shelves and fridges, run errands, must be physically fit and able to lift up to 50lbs. Good cashier skills is needed and also be able to provide excellent customer service.

**Applicants should have a clean police record, and their own transportation will be a plus.**

Experience: Should have at least 1-2 years experience of Janitor/Cashier in a busy store environment.  
Knowledgeable in POS systems.

Hourly wages are six dollars per hour. Work hours are 40 hrs per week. Must be able to work split shifts; early mornings and nights, holidays and weekends and late hours are a must. Day off will be given during the week.  
Only Caymanian and Status holders, married to a Caymanian with right to work permit need to apply. Standard benefits as required by law.

Please send resume and job reference from previous employer to:  
[Videttesgrocery@gmail.com](mailto:Videttesgrocery@gmail.com)



**Sales Associate**

Caymanian Times. is seeking a highly motivated sales professional who will develop, work and maintain sales targets and schedule and up sell on quality goods.

**Mandatory Requirements:**

- The successful candidate must have a minimum of 5 years working in sales and service experience in selling Media Advertisement.
- Must be computer literate and advanced in the use of MS Excel.
- Must have excellent administrative and communication skills.
- Must speak, read, write, and comprehend English fluently.
- Must have the ability to drive.
- A current police record must be submitted.

**Duties for the role are:**

- Develop, work and maintain Sales Targets.
- Develop and implement in-house and product knowledge training for staff
- Create weekly & monthly sales and customer reports.
- Be able to learn and sell variety of products.

A strong work ethic and a positive attitude will be required.

**Salary Range: CI\$2,300 – CI\$2,500.** An attractive compensation and benefits package (including medical insurance, vacation, pension and bonus) is being offered to the qualified candidate. All applications received will be reviewed and only candidates meeting the mandatory requirements will be contacted for interview.

**Deadline for applications is 31 October, 2022.**

**Applications should forward a detailed resume quoting reference "Sales Associate" to:**

The Publisher  
Caymanian Times  
Email: [ralph@caymaniantimes.ky](mailto:ralph@caymaniantimes.ky)



Relationship Specialist

We have an exciting opportunity for an optimistic and persistent self-starter.

**THE PERSON** | You will have a minimum of two years in a customer relations position, preferably in the financial services industry. Associates degree in business or relevant discipline, a professional insurance qualification (i.e. Certificate in Insurance from the ACII or CPCU) preferred. Ability to work independently and multi-task, strong organizational and superior communication skills (including written, verbal and presentation) are essential, as well as proficiency with the MS suite of products and email software is required.

**THE ROLE** | Reporting to the Personal Lines Manager, you will be responsible for a range of activities to support the provision of a superior customer service delivery. This includes relationship building and sales, assessing the needs of Fleet, Brokers and Car Dealers, underwriting and providing quotations for motor and home insurance products, accepting premium payments, daily reconciling of cash and other administrative and clerical duties. Excellent and innovative customer service delivery is important to us, critical to our strategic objective of business retention and growth and applies to all roles across the Group.

**ABOUT US** | A leading regional player in the retail insurance sector, British Caymanian Insurance Company Limited is a subsidiary of Coralisle Group Ltd., with over 600 employees and offices in Bermuda, the Bahamas, Barbados, the British Virgin Islands, the Cayman Islands, Turks & Caicos Islands, Anguilla, Antigua and Barbuda, Montserrat, Dominica, St. Lucia, St. Vincent, Saint Maarten, Grenada, Trinidad and Tobago, Guyana, Curacao, Aruba, Jamaica and Belize. We offer a complete range of premier financial and insurance services to our individual and corporate clients. We know that our products make a real difference to our clients and their families.

**THE BENEFITS** | The salary range is CI\$42,000-\$55,300 depending on experience and qualifications. We also offer an attractive benefits package.

**TO APPLY** | Please send your resumé/cv by no later than 19 October 2022, to our Human Resources team at [ky\\_hr\\_manager@cgcoralisle.com](mailto:ky_hr_manager@cgcoralisle.com).



**British Caymanian Insurance Company Limited**  
BritCay House | 236 Eastern Avenue | Grand Cayman KY1-1102  
Tel 345.949.8699 | Fax 345.949.8411 | [www.CGCoralisle.com](http://www.CGCoralisle.com)

Personal and Business Insurance  
INSURANCE | HEALTH | PENSIONS | LIFE  
A member of Coralisle Group Ltd.



Applications are invited from suitably qualified and experienced persons for the position of **Newspaper Journalist** at Caymanian Times

**Role:**

The Journalist will play a vital role in the output of Caymanian Times and its associated media endeavours across several platforms in addition to the printed paper reporting directly to and assisting the Publisher.

**Duties and responsibilities include:**

Assisting the Publisher & Editor with the complete news and current affairs production process from editorial planning to the final output of multi-platform news and current affairs content including; covering events, researching news stories, interviewing and writing, as well as on-mic and on-camera presenting in a multi-media environment.

- Produce and present content across the various platforms of Caymanian Times as directed by the Publisher or Editor
- Maintaining news files and archives
- Represent Caymanian Times at news and related events as directed by the Publisher or Editor
- Liaise with the production teams across the various content output of Caymanian Times as directed by the Publisher

**Candidate profile:**

- Qualification in Journalism or relevant field
- Previous journalism experience of at least five years with prior editorial management responsibility is a necessity.
- Portfolio of published articles or newscasts
- Graduate-level proficiency in the English language
- Proficiency to a professional level with news content software and digital production processes across print, online, video and audio including television and radio
- Excellent communication and networking skills
- The successful candidate must be familiar with current socio-economic and political developments in the Cayman Islands, as well as the Caribbean and global news agenda with a focus on how they relate to the Cayman Islands.
- An understanding of the history, culture, and society of the Cayman Islands is desirable.

All applicants must have a clean Police Record (no prior convictions or pending judgments), a clean Medical Record, a clean and valid Driver's License and be able to provide at least three suitable references, with two of those being from previous employers.

Salary will be commensurate with experience and qualifications but will be in the range of **CI\$2,500 to CI\$3,500** per month. Benefits will be in accordance with Cayman Islands Labour, Health Insurance and Pensions Laws.

Applications from Caymanians or those legally resident with the right to work on the island should be made in writing, enclosing resume to:

The Publisher  
Caymanian Times  
Email: [ralph@caymaniantimes.ky](mailto:ralph@caymaniantimes.ky)  
Or call Ralph 9162000



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ctimes.ky  
@caymaniantimes.ky  
CaymanianTimes

2 PUBLICATIONS PER WEEK



We are currently accepting applications for:

**Chief Executive Officer**

This position reports directly to the CEO One Communications Ltd in Bermuda and is responsible for providing local market leadership and management direction for the overall strategic and day to day operations for Logic. As an indirect subsidiary of a US publicly listed company this executive must have proven capabilities to deliver strong shareholder returns and ensure effective governance. Additionally, this role requires a visible, vocal and positive leadership style in motivating staff, inspiring customers, integrating effectively into the local business community and managing productive relationships with the Government of Cayman and regulatory bodies.

**ESSENTIAL DUTIES AND RESPONSIBILITIES include (but not limited to):**

Develop and promote the vision, strategic and business operating plans that will achieve company goals. Utilize the skills and perspectives of the Senior Management Team in developing and refining plans, adoption of performance metrics and ensure accountability to same.

1. Be success vs. activity oriented. Monitor and analyze relevant performance KPIs to ensure that teams are aligned and company financial and operational targets are achieved. Ensure that employee performance management and development systems, are in place to drive effective service delivery and product management at all times.
2. Provide guidance and oversight for the financial management of the business. Lead corporate budget and forecast process in terms of setting key commercial assumptions. Be facile in managing the P&L, balance sheet and cash flow, and ensuring that team members have the appropriate understanding of how their goals link to same.
3. Manage programs that provide for the aggressive build out of access network footprints and best choice of serving technologies to grow the customer base and associated revenues while optimising cost structures over the next 5 years.
4. In Regulatory Affairs and Government Relations areas, serve as the de facto local leader in this area for Logic Cayman. Make recommendations as required to ensure that Logic takes a leadership role in the ongoing evolution and development of the Telecommunications sector in Cayman.
5. Interact seamlessly with the One Communications Ltd Executive Team and ATN Shared Services functions to best leverage those capabilities for the benefit of the Cayman market.

**SKILLS AND ABILITIES**

- Adept at developing vision and translating vision into focused and prioritized actions
- Strong leadership, influencing, communication skills; imparts strong sense of urgency
- An entrepreneurial passion for leading and growing a business
- A relentless commitment to making the Customer the center of everything the company does; ability to lead transformation efforts to make that commitment a reality
- Track record of delivering on revenue and profitability targets
- Good understanding of financial accounting reporting
- Data and analytics driven when making decisions
- Superior relationship management skills

**KEY SUCCESS METRICS**

- Revenue, Opex and EBITDA \$'s and EBITDA % of sales vs budget/forecast.
- Capital expenditure as a % sales.
- Market share by product
- 5 year EBITDA and Revenue CAGR's

**Qualifications & Experience required:**

- +8 years of senior commercial leadership experience in retail telecommunications covering broadband, mobility, video, ICT managed services, consumer and B2B categories is required, preferably at a general management level.
- Post Graduate degree is desired, preferably in Business Administration.
- Senior operating experience in the Caribbean region is strongly preferred. Understanding of advanced telecommunications & technology standards, preferably within North America, is desired.
- Developing and managing 'High Performance Teams' to effect company goals and objectives.
- Experience with utilization of various sales channels including corporate, digital, retail and consumer sales.

**COMPENSATION**

Salary US \$200,000.00-\$250,000.00 per annum, depending on experience. Benefit package includes - comprehensive medical & dental health insurance, pension and Logic products and services.

Email us at [HR@logic.ky](mailto:HR@logic.ky), Deadline for receipt of applications is 14 October 2022.

# Caymanian Times

# Advertising Rates



**Wednesday  
Friday**

Description	CI\$	Size (inches) W x H	Maximum # of words
Newspaper Advertisement Full page	750	10 x 13.5	1200
Newspaper Advertisement 2/3 page	650	10 x 8.37 or 6.6 x 13.5	900
Newspaper Advertisement 1/2 page (horizontal)	450	10 x 6.67	700
Newspaper Advertisement 1/2 page (Vertical)	450	4.9 x 13.5	700
Newspaper Advertisement 1/3 page	350	4.9 x 8.37	400
Newspaper Advertisement 1/4 page	250	4.9 x 6.67	350
Newspaper Advertisement 1/5 page	150	4.9 x 4.96	250
Newspaper Advertisement 1/8 page	75	4.9 x 3.25 or 3.22 x 4.96	200
Newspaper Advertisement 1/16 page (Mini)	50	4.9 x 1.55 or 2.38 x 3.25	100
Front Page Banner	200	10 x 1.5	
Inserts	300		
Advertorial 1/2 Page	500		
Graphic Design	50		

All ads are full colour

**Advertising Deadlines  
(48 Hours prior Publication Day)**

Publication Day	Deadline (12pm (noon))
Wednesday	Monday
Friday	Wednesday

**2 days notice for ads**

**For further information or to book  
an advert call 916 2000  
or email: [sales@caymaniantimes.ky](mailto:sales@caymaniantimes.ky)**



### CAYMAN PREP & HIGH SCHOOL

Owned and operated by the United Church in Jamaica and the Cayman Islands

Cayman Prep and High School is a private, co-educational Christian school with over 1,000 students ranging from Kindergarten to Year 13 and offers a British-based international curriculum leading to IGCSE / GCSE and A-level qualifications. The school is renowned for providing a stimulating learning environment in which our students become critical, creative thinkers, responsible citizens and lifelong learners. This is evident in our consistent record of outstanding academic achievements, pastoral care and wide range of extra-curricular activities.

The **Primary School** invites applications from fully qualified, enthusiastic and experienced candidates to join our high-performing team **early January 2023 for a Short-Term, 4-month contract, to cover Maternity Leave** for the following position:

#### TEACHING / LEARNING ASSISTANT (Key Stage 1) 2 Vacancies

The successful candidate will be responsible for assisting the Classroom Teacher with teaching and learning as well as with other aspects of school life.

#### Duties will include, but will not be limited to:

- Provide support and guidance for students to develop knowledge, skills and understanding across the curriculum.
- Present learning tasks and curriculum content in a clear and stimulating manner.
- Develop secure subject knowledge and an understanding of how students learn, by observation of and with guidance from the teacher and other staff members.
- Identify and respond appropriately to individual differences between students.
- Assess students' attainment and progress.
- Create and maintain a stimulating and supportive learning environment.
- Build and maintain positive relationships with all members of the school community.
- Participate in a wide range of extra-curricular activities, including the School's After School Care.

#### Qualifications, experience and skills required:

- A degree in a relevant subject area or qualification in Education (preferred) or currently working towards a teaching qualification in Education.
- Minimum of two years' experience working with children in Mathematics and English at Key Stage 1 within a school environment.
- Experience of working within the revised English National Curriculum (2014) is preferred.
- Passionate about facilitating student learning skills with creative and innovative ideas.
- Fully proficient in using Management Information Systems (SIMS) and Microsoft Office products, especially MS Word and Excel.
- Must have excellent written and verbal communication skills.
- Prior experience in a multicultural international school environment is an advantage.
- Candidates will be expected to fully adhere to and support the Christian ethos of the school.

**Cayman Prep and High School is totally committed to safeguarding the welfare of our children and young people and expects the same commitment from all our employees. All successful candidates will be subject to enhanced pre-employment clearance including identity checks, criminal background checks, qualification checks and employment checks to include an exploration of any gaps in employment and three satisfactory employment checks.**

The salary range for the Teaching / Learning Assistant is CI\$24,500 to \$36,000 per annum commensurate with experience. Benefits include medical insurance and contribution to a pension plan.

Further information about the school can be viewed on the school website: [www.cayprep.edu.ky](http://www.cayprep.edu.ky). **APPLICATIONS WILL ONLY BE CONSIDERED IF SUBMITTED ON THE SCHOOL'S APPLICATION FORM** (available on the website) and forwarded along with a covering letter and CV to:

Robin Davies, Primary School Principal  
Cayman Prep and High School  
PO Box 10013  
Grand Cayman KY1-1001  
Email: [ps-recruitment@cayprep.edu.ky](mailto:ps-recruitment@cayprep.edu.ky)

**Deadline for receipt of applications: Friday, October 21<sup>st</sup>, 2022**  
Only Shortlisted candidates will be contacted.



We are looking for a Mason Helper to join our team to cut and dress stone and lay it with modern power tools, and traditional hand tools.

Mason Helper responsibilities include texturing and polishing blocks of rock, installing dressed stone and restoring old, damaged work done by hand with modern techniques like concrete mixing on site.

Ultimately, you will work with other professionals on a construction site to deliver high-quality work based on the needs of our clients.

#### Mason Helper responsibilities include

- Building structures with stone, concrete, and tile
- Cutting, shaping, and dressing materials
- Lifting, carrying, and placing prepared blocks
- Assist in building layout, framing, sheathing and roofing structures
- Use equipment and tools to safely perform basic construction tasks
- Mix cement on the job site as needed

#### Requirements and skills

- Proven work experience as a Mason Helper or similar role
- Experience working with other professionals on a construction site
- Must be able to drive forklift
- High school diploma
- 3 - 5 years' experience preferred or in similar role
- Must be able to understand and effectively communicate in English

**Salary range: CI\$12.00 to \$14.00 per hour**

All standard benefits will be paid as per the Cayman Islands Labour Law.

**Must be available to work Weekends and Holidays.**

Please send CV/Resume, cover letter, three verifiable references

[Contractors.360@gmail.com](mailto:Contractors.360@gmail.com)

**NO AGENCIES!**

## NOTICE

### CAYMANIAN PARTICIPATION SOUGHT IN LOCAL BUSINESS VENTURE

Caymanian participation is sought in the ownership and operation of a local company which intends to invest in commercial and residential properties in the Cayman Islands including the management and leasing of those properties. The company will only manage and lease its own properties. The initial capital investment required is in the region of CI\$20,000,000

Expressions of interest in this project at any level are invited from Caymanian individuals or entities on or before the 13th October 2022. Interested parties should provide evidence of financial ability to participate in a business of this nature supported by a letter from a financial institution within the Cayman Islands.

Any Caymanian interested in making a financial investment in this project should apply to P O Box 10190 Grand Cayman, KY1-1002, Cayman Islands to the attention of Dinner Martin Attorneys t/a Dentons.

A copy of any Caymanian interest must also be sent to the Trade and Business Licensing Secretariat, c/o the Department of Commerce and Investment, Suite 126 Elgin Avenue, Government Administration Building, Grand Cayman, KY1-9000.

In the absence of any Caymanian parties interested and able to participate an application will be made to the Department of Commerce and Investment/Trade and Business Licensing Board for the appropriate licenses.

#### Cayman Participation Sought

Cayman Participation is sought for a professional advisory and accountancy firm.

Investment in the order of **US\$1.5M** is sought.

Expressions of interest are invited from Caymanian individuals or entities on or before October 15, 2022. Interested parties should provide evidence of financial ability to participate in a business of this nature supported by written confirmation from a financial institution within the Cayman Islands.

Any Caymanian interested in making a substantial financial investment should apply in writing to:

**P. O. Box 30561  
Grand Cayman KY1-1203  
Cayman Islands**

**REF:** [ Cayman Participation for a professional advisory and accountancy firm ]

**With a copy to:-**  
Trade & Business Licensing Board  
c/o Department of Commerce and Investment  
Government Administration Building  
133 Elgin Avenue, Suite 126  
George Town, Cayman Islands  
Or  
Send an email to: [info@dc.gov.ky](mailto:info@dc.gov.ky)

# **Caymanian** **Times**

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