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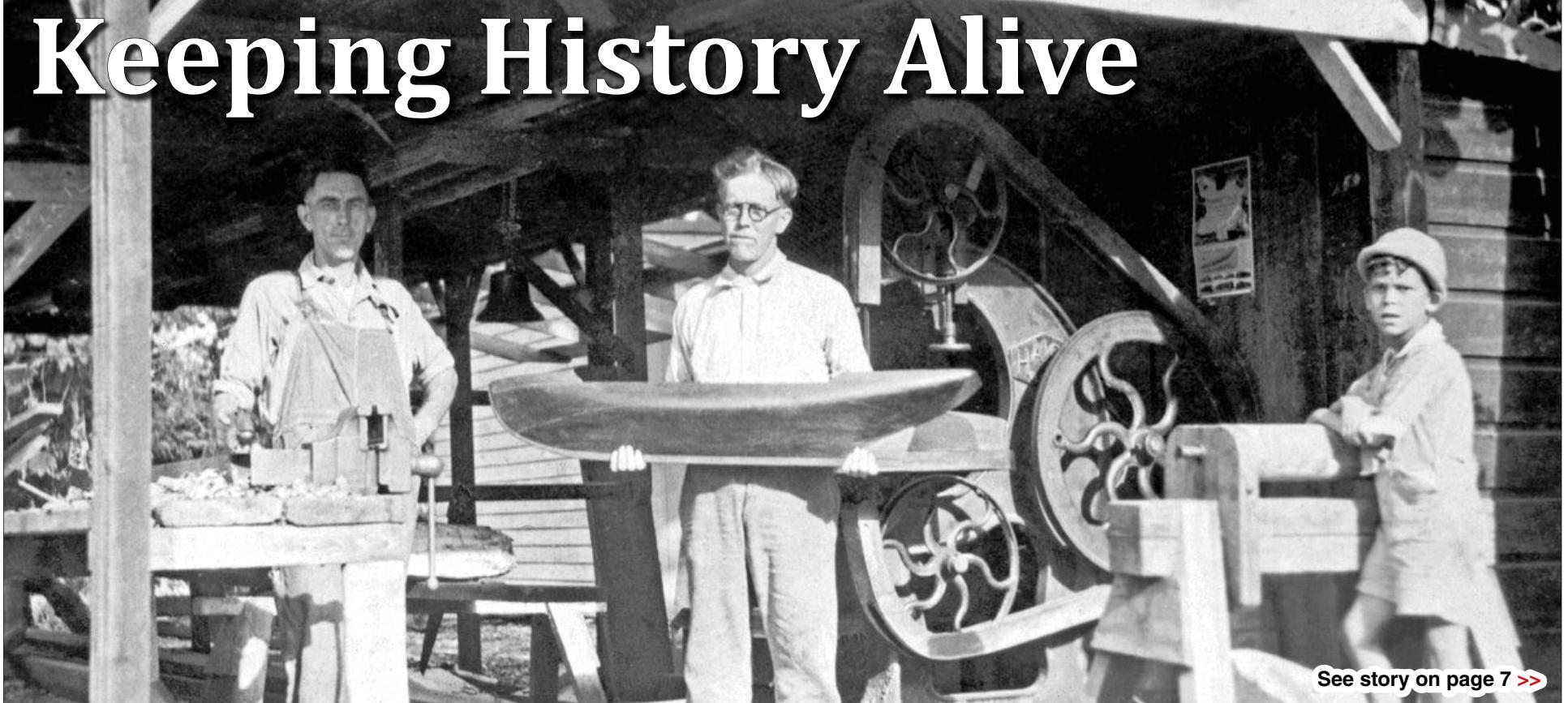
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Caymanian Times

Happy
New Year

2023

Keeping History Alive



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Premier's New Year Message

The Hon G. Wayne Panton, JP, MP

My fellow Caymanians, residents of our islands and friends of the Cayman Islands, welcome to 2023. Where ever in the world you may be today, I wish you and your family good health, peace, and joy.

May you enter this new year with a sense of gratitude for the blessing bestowed upon you and renewed optimism for all the good things that are yet to come.

Yes, we have challenges at home and there are external forces making things harder than they have been in decades. YET, there is still much we in the Cayman Islands can be thankful for. Let us take a

moment to count our blessings and truly appreciate what we have in these three islands.

We have a beautiful natural environment.

We have intelligent, talented people. We have a concentration of capital.

We are relatively safe.

We have a reputation as a leader and best in class service provider.

We have the rule of law.

We have an incredibly strong judicial bench.

We have financial wherewithal.

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Cruise Ship Schedule



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EDITORIAL



2023 - MORE CHANGE ON THE CARDS FOR CAYMAN

Happy New Years just don't simply happen. They are planned, and with a lot of behind-the-scenes effort, hopefully, they come to fruition.

It's a continuous process of change driven by adapting, renewing and innovating. We see that happening in Cayman, sometimes in a very understated way, which has skyrocketed this jurisdiction on a rapid trajectory to becoming a significant global financial and tourism player.

That didn't happen overnight, although in some respects the transition over the past five decades especially has been at warp speed and Cayman as a society is still adjusting to its new status.

It's all part of the never-ending change process. And as the world changes, so must Cayman...but in a manner that is best for Cayman.

Over the past new years, we have seen a stream of changes that have impacted key aspects of how we do business and even our social mores as we adjust to these 'ever-changing times'.

To list a few: same-sex relationships have been normalised in law, sweeping legislative changes have been made to our financial sector, far-reaching changes have been made extending the limits of building heights, and our liquor licensing laws have been amended to accommodate demands for extended opening hours of bars and restaurants.

There are moves underway to relax some of the restrictions on the gambling laws, and decriminalising mari-

juana is being considered beyond current laws recognising CDB for medical purposes.

Cruise ships are now calling on Sundays, and even the issue of a cruise ship pier could be revisited as we continue to seek a balance between economic growth, economic development and protecting our very fragile environment which is a tourist attraction in its own right, and further expansion of the main gateway Owen Roberts International Airport is on the cards including jet bridges.

Post-pandemic, the concept of remote working - in our case working from home (WFH) as a business continuity strategy during the pandemic - has now embedded itself in the way we work both in government and the private sector, and not just the preserve of a new global tourism marketing trend of remote working digital nomads.

Change is constant and Cayman is changing with the times; embracing new realities and adapting them in a manner that reflects the best of Cayman.

So too it is with our newspaper as we step into the new year of 2023 taking further significant steps in our evolution.

In 2023, we'll continue to report and comment reflecting the activities, events and developments in this gem of a multi-cultural, cosmopolitan and inclusive society as Cayman continues to change with the times...and being a changemaker at the same time.

Happy New Year!!

COMMUNITY NOTICES

Suspension of Monday Publication

Due to logistical issues with the delivery of the Monday publication, we advise our readers that we will be suspending the distribution of the Monday publication until further notice.

We will continue to publish our Wednesday and Friday newspapers which will also feature the specials from the Monday publication.

Newspaper advertising will continue in our Wednesday & Friday Publications.

From the desk of the Publisher



Public Health launches online reporting for COVID-19 side effects



**Public Health Department
HEALTH SERVICES AUTHORITY
CAYMAN ISLANDS
Caring People. Quality Service.**

The Public Health Department advises that it will be updating its approach to the surveillance of COVID-19 vaccination side effects for the Autumn Booster. Previously, captured through a physical form, Events Supposedly Attributed to Vaccination or Immunization (ESAVI) will now be captured electronically on the Cayman Islands Health Services Authority (HSA) website or the Ministry of Health's website: <https://forms.office.com/r/wi78Qw5Rwd>.

The purpose of introducing digital reporting is to enable real time monitoring of any reactions and create a more robust surveillance system. The online ESAVI form is for persons who have received the COVID-19 Autumn Booster in the Cayman Islands only and is not intended for persons who have received the Pfizer vaccine (Dose 1 and Dose 2). The paper-based reporting system for dose 1 or dose 2 remains in place.

One of the essential components of the safe vaccination system offered by Public Health is the surveillance of ESAVI. This surveillance tool is aimed at early detection of any adverse events that may occur following vaccination,

to monitor and classify risks related to a vaccine, the manufacturing process, transportation, storage, administration, and any preexisting condition in the vaccinated person, and to rule out an association between the event and the vaccine.

To ensure vaccine safety, persons who have received the Autumn booster are encouraged to fill out this form if they experience any adverse events after being vaccinated. While these reactions are suspected to be the result of a recent vaccination, some events may result from other non-vaccine related factors and some reactions are indicative of the body's normal immune response. By reporting this information, Public Health can monitor for any new side effects or unusual patterns.

The form does not collect any information that can be used to identify an individual, therefore all online entries will be anonymous.

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Deputy Premier's New Year Message

The Hon Chris Saunders

My friends,

I want to start off by wishing you and your families a happy, healthy, and prosperous New Year.

I must also warn you that this message will not be a typical or traditional New Year Message. I composed an earlier message that was in line with previous messages that I sent on New Year but to borrow a line from my daughter – “I wasn’t feeling the vibe.”

The question I found myself asking over and over was:

What will Cayman look like in 2023?

Like many people here and overseas, I welcomed 2023 with a barrage of fireworks although I must admit that I paused to check out some of the fireworks of others in the community like Rolando.

30 minutes later, I was on my computer reading various articles as well as checking out various YouTube channels that focused on predictions for 2023. I wanted to get a head start in making sure that the Cayman Islands was prepared for the opportunities and challenges that may come our way this year.

The first area of focused research was inflation. Recognizing that most of our inflation is imported from the United States, I was curious as to what the US economy would look like for 2023. Economists are now forecasting that the United States Fed will continue to increase interest rates and that the United States unemployment rate will increase to 4.6% in 2023. Naturally, these events will impact mortgage rates here in Cayman as well

as our tourism sector. While I recognize that some younger families may be able to refinance during this period, I am cognizant that this may be a challenge for older members in our community. I must pause here to thank the Board of the Cayman Islands Development Bank led by Chairman Mark Scotland for recognizing this and other challenges and for responding to the needs of many within our community. I look forward to their continued efforts in 2023 and beyond.

Another area of inflation that is also of concern is the continued war in Ukraine and the continued challenges with COVID. Both events continue to disrupt global supply chain as well as the energy markets that will impact the prices of goods and energy globally.

The second area of focused research was the weather. What would the 2023 Hurricane Season look like? I was pleased to see that the Tropical Storm Risk released this early prediction where they expect the 2023 season to be 15% below average with 13 named storms, six hurricanes, and three major hurricanes. I made a mental note to follow up with the team at CINICO regarding their product expansion. I must pause here to recognize the efforts of their Board chaired by George McCarthy and the Management team led by Michael Gayle. Both the Board and Directors and the Management of CINICO are aligned in their purpose of serving the people of the Cayman Islands.

The last area of focused research was opportunities for our young people. Like many of you, the increase in burglaries



► Deputy Premier Hon Chris Saunders

is also a major concern for everyone that calls the Cayman Islands home. I recognize that there will also be economic and social issues that may result in increased criminal activities, nonetheless this is an issue where everyone must come together and work together to ensure that crime does not get a foothold in the place, we all call home.

As I said at the start, this would not be a typical or traditional New Year Message, and while there is more, I would like to write, I was just asked the question by my son “you still writing that message?” – I will close with this:

Despite our challenges, despite our setbacks, and despite whatever reservations we may have – life is still beautiful, and the Cayman Islands is still one of the best places to live and work on this planet.

Be kind to one another. Look out for each other and continue to place your trust in God for our best days are still ahead of us.

May God continue to bless you, may God continue to bless the Cayman Islands, and May God bless every one that shares this planet.

*One love. One Cayman.
Chris Saunders*

48 migrants over holidays



Cayman Islands Customs & Border Control

The Cayman Islands Customs and Border Control Service dealt with several Cuban migrant vessels arriving in the Cayman Islands over the festive season.

On 23 December at around 10am a vessel with 19 males and one female landed in Cayman Brac. Five males disembarked and the vessel continued on its journey. Hours later those remaining on board disembarked when it arrived in Grand Cayman.

On 30 December a vessel landed in East End and another in North Side at around 2pm with a total of 16 migrants. Both had six males and two females on board.

On Sunday, 1 January at around 4pm a vessel came ashore in North Side with ten males and two females who all came ashore. All are being processed in accordance with established border control protocols.



CBC Photo-Migrant boat arrived 23 December 2022

Premier's New Year Message

CONTINUED FROM Page 1

An almost destined geographical positioning.

We have fixed exchange rates.

A generally peaceful, calm and orderly society.

We have caring committed citizens who look out for each other, men and women who care about their community.

All around us we have thoughtful, kind people who always take time to check on their neighbour or relative, and make the time to help out with errands, or a cooked meal or a household chore

We have children and young people who are committed to excellence and succeeding on the world stage.

We have a premium tourism product and the benefit of our own national airline.

A thriving, sophisticated financial services industry.

We are successfully diversifying our economy with healthcare and tech, creating new and good jobs.

And we have an excellent reputation around the world as a country known for its leadership, and commitment to excellence and professionalism.

There are people in countries around us who would be keen to have a mere **handful** of the things we have going for us.

And it's time for us to recognize it,

Cherish it,

Protect it and

Cultivate it.

2022 was a year of transitions.

Here at home, due in no small part to our fantastic Covid vaccine record, we were able to make a full return to everyday life for the first time in two years, and it was indeed reason to be joyful. We were able to gather without restrictions and travel without testing or mandatory isolations. We were able to return to life together, gathering in the community and opening our homes to friends and family.

We hosted a number of prestigious conferences and international dignitaries; the Judicial Committee of the Privy Council held its first sitting in the Caribbean here in Cayman and our talented youth are dominating the rest of the world in as far away places as Australia, and we welcomed our first ever female Chief Justice and our 5th female Speaker of the House.

However, 2022 was also a year where we experienced the sadness of people gone too soon. We lost a number of esteemed nation builders, community icons and young, bright stars. We also said a final farewell to former Governor Michael Gore. Each loss reminded us that we must cherish the time we have together.

In September, we joined the world in paying our final respects to Her Late Majesty Queen Elizabeth II, the longest reigning monarch and head of the Commonwealth. We welcomed accession of her son, King Charles III and look forward to his coronation in May of this year.

2022 was a year we will not soon forget.

It was also a year where we advanced some of our most important objectives.

Thanks to the efforts and care of many, we were able to successfully reopen the country to travel and tourism, dropping the isolation and testing requirements.

Few countries in the world were able to reopen without needing to implement new restrictions afterwards. Thankfully,

we have been able to manage the COVID cases thus far; with residents enjoying travelling freely again. Business travel has resumed in earnest, and tourism is booming.

Covid is still with us however, and will continue to present a challenge to manage through the vaccine and booster programs and the other common sense protocols we have all become so familiar with.

In the face of external forces – including rising fuel costs, significant increases in central bank interest rates to control inflation, supply chain issues, and global shortages – as a Government we came together to implement more than twenty different initiatives to blunt the effects of sharp increases in cost of living.

These include establishing 3-year fixed rate mortgages through the Cayman Islands Development Bank; providing the electricity assistance programme for more than 20,000 households over the past six months; and reducing or eliminating import duty on a number of goods.

We also passed the Financial Assistance Act, which replaced and significantly improves upon the previous Poor Persons Relief Act that had not been updated in decades. We modernised the legislation to help the most vulnerable in our community, particularly the elderly and persons with disabilities.

Your Government has been committed to being fiscally responsible and restoring the financial strength of the Country following the difficulties of the past three years. We are succeeding with those objectives.

Whilst we have had many unplanned expenses, mostly aimed at helping our people deal with challenges beyond their control, we are also on track to achieve record revenues with NO increase in taxes and fees and similarly we are on track to achieve our projected budget surplus for the first time in three years.

This is important because it enables us to begin to rebuild our reserves and maintain our ability to help our people in the face of any adversity that may come our way.

And knowing that the strength of any country also relies on its political stability and reputation for good governance, the Cayman Islands continues to build on its reputation and put in place additional measures to ensure good governance via the elected leaders in the form of a Parliamentary Code of Conduct. This Code of Conduct outlines the minimum ethical standards of behaviour that Caymanians can expect from their MPs. It has been signed by all members of Government including the non-elected official members of Parliament. I have written to the Leader of the Opposition to invite them to sign it as well. This is an important milestone in our democratic process.

In 2023, we will continue to focus on sustainability and sustainable development. Sustainable development is not just about ecological sustainability, climate change, and preventing the extinction of species. It also has equally important economic, social, and cultural dimensions. As a Government we are committed to make decisions where we focus on fulfilling the needs of current generations without compromising the needs of our future generations.



► Cayman Islands Premier Hon G. Wayne Panton, JP, MP

Sustainability is often misunderstood. It consists of ensuring balance – not only balance within the environment, but balance between people, planet, and prosperity. We are committed to doing everything within our power to protect our islands from the global climate crisis. We must consider environmental stewardship *alongside* economic growth and social well-being.

As a Government, we are here to responsibly safeguard, and improve, the quality of life for this and future generations of Caymanians. Good health is essential to a good quality of life. In this coming year, I hope that we will all make a concerted effort to safeguard and improve our health – our physical health, our mental health and our emotional health.

As I have said on multiple occasions, our vision is of a Cayman Islands that is held up as one of the most sustainable countries in the world, a trio of islands where ALL of its citizens can thrive; a peaceful and prosperous place known for its resourcefulness, its diligence, its excellence, and its innovativeness.

We must agree on a *shared* vision for the future of our country and decide the kinds of physical, economic, and social development we want to see on our islands and at what pace. The priorities and framework must be developed with extensive input from the Caymanian people: students and business leaders, senior civil servants and frontline workers, multigenerational Caymanians and first generation Caymanians, retired persons, single parents of school aged children, educators, investors, voters and non-voters.

The input of people from all walks of life is essential to charting ONE Cayman, a Cayman that is unified, thriving and sustainable.

In shaping our shared vision, and for that matter, in ALL our dealings, we must be able to discuss topics, exchange ideas and debate issues in a way that is reasoned and reasonable.

We are small enough to learn from the mistakes of other countries, where dogma, prejudice and irrational polarization damages families and communities. We must

be able to have differing opinions without attacking and eroding the character of each other. We must be willing to listen to each other and truly see to understand the opposing side.

As adults, particularly as leaders, we must remain calm and respectful of each other no matter how much we disagree. It is only through discussion, reason and logic, listening with our head and our heart, that we can bring forth the best in each other for the greater good of our families, our workplaces, our communities and our country.

Lest we forget, our children and young people are watching; we have a duty to set a good example for them. Beyond our shores, the world is watching, we have a duty to uphold our country's excellent reputation in the region and around the globe.

As a Government, we believe in the importance of a strong, diverse economy; we believe in putting people first and at the centre of our decision making; and we believe in maintaining a healthy balance between the natural and developed world. A healthy environment is at the core of a healthy economy and a healthy community.

When it comes to sustainability and continued success, we must aim much higher, and be much bolder. We must push back against cynicism. There are seventeen different dimensions of sustainability according to the United Nations known as the Sustainable Development Goals (or SDGs).

These are:

- No Poverty
- Zero Hunger
- Good Health and Well-being
- Quality Education
- Gender Equality
- Clean Water and Sanitation
- Affordable and Clean Energy
- Decent Work and Economic Growth
- Industry, Innovation and Infrastructure
- Reduced Inequality
- Sustainable Cities and Communities

CONTINUED ON Page 6

Historic Caymanian-made ships of distinction

Last time we explored Cayman's rich ship-building heritage, so a natural follow-on from that article is a look at two of Cayman's most famous locally-built ships - the Cimboco and the Goldfield.

Cimboco: connecting Cayman to the outside world

Residents on Grand Cayman may well frequent the Cimboco restaurants – one at the Marquee Plaza and one at Countryside in Savannah – and even enjoy the artwork of the Cimboco ship that adorns the walls at the Marquee Plaza restaurant. But they may not know much about the history of this once-famous vessel.

In 1927 the launching of the 120-ton Cimboco was a game-changer for the Cayman Islands. According to an article in the Northwesterner from November 1972, the launching of the Cimboco was one of the greatest days in Caymanian history, with islanders making a festival of the event with lots of eating, drinking, dancing and merriment to be had at the time.

Built the year before by the Cayman Islands Motor Company, the Cimboco (an anagram of the company's name) was a pioneering vessel, the very first locally-owned motorship that would open up a whole new world for residents.

It was built at the George Town yard on North Church Street by Capt. Rayal Brazley Bodden who also crafted Elmslie Memorial Church, the George Town Post Office and the original George Town Library that stands in front of the new library building. Its importance to the islanders in the late 1920s and 1930s could not be underestimated, as it provided a lifeline when it came to bringing in items that would not have previously been experienced, such as ice and exotic food items, while at the same time providing a passenger service for people visiting Jamaica. Of great importance also was its mail service that provided people with a regular communications link to the outside world. Up until that point mail was received every ten weeks or so, at best.

In fact, the Cimboco became the only reliable freight, passenger and mail boat in Caymanian history, with residents looking forward to its regular round trip service every three weeks between Grand Cayman, Little Cayman, Cayman Brac and Jamaica.

The Northwesterner article tells how the President and Managing Director of the company was Dr Roy McTaggart and that the Cimboco was classed by the Marine Board of Jamaica to carry 20 first class passengers, 12 deck passengers and 12 crew, including the Master. The vessel shipped thatch rope which was then a major industry on the island.

In May 1942 the Cimboco made a significant contribution to the Second World War effort by rescuing the survivors of the Comayagua, which was torpedoed by a U-boat not far from Cayman's shores. Captained by Eugene Thompson, the Cimboco was sent to rescue the remaining survivors on board after the attack. In 1947 the ship was sold to Archibald Brothers of Columbia and now lends its name to popular restaurants on the island.

Sad tale of the Goldfield

Another important locally-built vessel of the era was the Goldfield, a magnificent schooner built for Conwell Watler by the Arch brothers in 1930. Crafted out of local mahogany wood that was highly prized for its ability to weather wet conditions and also yellow pine brought in from Louisi-

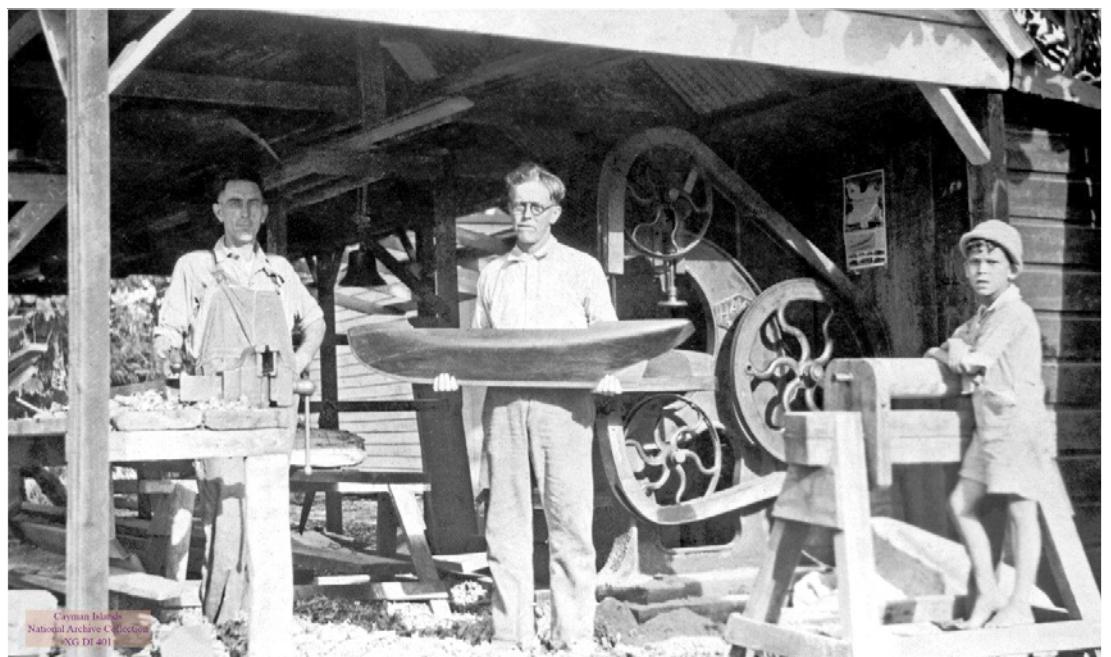
ana, the Goldfield was used as a turtle vessel. Skipper Capt. Charles Farrington hunted loggerhead, hawksbill and green sea turtles in the Miskito Keys off of Nicaragua, eventually taking the ship and its prized cargo to Key West in Florida where the catch would be sold.

The Goldfield was then sold three further times and used as a cargo and passenger ship, taking its load - both human and cargo - back and forth between Grand Cayman and Florida, before being purchased by the Goldfield Foundation for US\$75,000, refurbished and sailed back to Grand Cayman. Sadly, the Goldfield even-

tually sank and her remnants are still to be found at Canal Point.

Seaman H.E. Ross spoke about the Goldfield at a presentation he gave at the National Gallery in 2018, having been involved with the ship in the early 1980s. Mr Ross explained how he had tried to teach the then crew of the ship how to sail, but that the ship eventually came to its sad demise in Canal Point.

Readers interested in the story of the Goldfield can see a model of this Caymanian-made schooner made by Dr William Hrudey in 2002, which is on display in the lobby of the Cayman Turtle Centre.



► Captain Rayal Bodden – centre, Hilary Conrad I, builder of Cimboco [model boat in hand], 1926. (Photo credit: The Cayman Islands National Archive Photographic Collections)



► Launching of the Cimboco in 1927. (Photo credit: The Cayman Islands National Archive Photographic Collections)



► Model of the Goldfield to be found at the Cayman Turtle Centre



► Sweetsop plant



► Callaloo



► Jackfruit

Sir Alden's Farm

By Christopher Tobutt

"Do you see that mahogany tree there? My grandfather told me that was a big tree when he was a boy," said former Premier, Alden McLaughlin as he showed us around his 23-Acre farm in the middle of East End. Mr. McLaughlin was showing some of George Town constituents around, courtesy of Barbara Connolly MP, who had arranged a lovely day out for them, and they loved it. It was like walking around the Garden of Eden.

There are lots of farms out here, making use of the water they pump up from the huge freshwater lens that runs between East End and Frank Sound. Mr. McLaughlin uses a combination of drip-irrigation, which involves lots of pipes that takes the water straight to the root of the plant, and spraying. Spraying fruit trees twice a week during dry times is part of his secret to a bumper crop, he says.

Mr. McLaughlin presently has about half of the land cultivated, but his aim, now that he has more time on his hands, is to cultivate all of it. There is already just about everything you can think of, including fruits trees of all kinds, and vegetables too. "I've got about a thousand fruit trees - I grow mango, avocado, sweetsop, sour-

sop, naseberry, June plum, red plum, yellow plum, jackfruit, lime, and we always have papaya too, and coconut. Then we do cucumbers, tomatoes, eggplant, Chinese cabbage, bok choy, tomatoes, watermelon, and cantaloupe," he said. There are also several dragon fruit plants, which are in the cactus family, and need to be grown on wooden frames. I was amazed at the variety of crops he had managed to cultivate. Variety is good, because it makes natural barriers for pests and diseases. One pest might like one type of crop, but they will not attack everything. It also means that several crops are always "in season," so that steady income can be maintained all year round.

Like many Eastern District farms, the soils are quite thin over the rock. But the red soil is good, and, with a mixture of drip and spray irrigation using water pumped up from the underground lens, there is a lot you can do to care for it and enrich it. "It's one of my plans to build some composting bins with those pallets. I have it in my mind how we are going to build them. As it breaks down, it will fall through into a tray, and then you pull the tray out," Mr. McLaughlin said.

But there are other ways of enriching the soil: "I got the 'magic' - pig manure,"



► Former Premier, Alden McLaughlin, shows some of his bell peppers in a plant that has been attacked by ants

Mr. McLaughlin said. Apparently, there is nothing like pig manure for fertilizing the soil. He recently started a piggery with 42 pigs in it. How does that work out in terms of feed cost? "It only costs him about 10 dollars a day to feed all those pigs," he says, because he uses all the fruits that are not pretty enough to sell. "They eat mangoes, papaya, just about anything. Also, I sell most of my stuff at Kirks, and so we pick up four or those big garbage containers full of peelings, and discarded fruits and vegetables (to feed to the pigs)."

It's good to incorporate livestock onto a farm that is mostly fruits and vegetables, because animals can help complete nature's system of recycling nutrients, so it's really a win-win, if you manage it just right. The more variety you have on a farm, the more you can manage it so that each animal or plant has its own produc-

tive niche. But it can take time to see how everything fits together in practice. People have been telling Mr. McLaughlin that he needs some goats too, but he wants to see how the pigs work out first, he says.

As Mr. McLaughlin took us around, we could see some sweet pepper plants. They are normally one of his big-sellers, because there is a lot of demand for bell-peppers, but some of the leaves looked as if they were wilting. Not enough water? No, "That is ants, attacking the roots," Mr. McLaughlin said, as he explained that you couldn't really treat the soil for ants until the crop was finished.

"We're going to have a really good avocado crop unless we get bad weather. I deliberately planted ones that mature at different stages of the year, so I start picking avocados in June all the way through to March," Mr. McLaughlin said.



► Mr. McLaughlin surveys just some of the mango trees on his farm



► The irrigation system consists of drip irrigation, which brings water straight to the roots, and spray irrigation for the fruit trees

Leader of the Opposition's 2023 New Year Message

The Hon Roy McTaggart

My fellow Caymanians and Residents. I hope that you and your families have enjoyed Christmas and the festive period as I have.

In my message last New Year, I spoke of how important hope is to all of us.

I recognised then that for many on our Islands, 2022 would be a year of continued anxiety. I must reflect today that many will view 2023 with a similar concern.

The issue we faced this time last year was the ongoing uncertainties caused by the Covid pandemic.

The issues we face now, as 2023 begins, are increasing crime and economic uncertainties, despite re-opening the economy.

The increased spate of armed robberies has created fear in the hearts of small businesses and regular citizens. The Royal Cayman Islands Police Service has committed to doing more to deal with the escalation. But the RCIPS also need your help to prevent these crimes and to arrest and jail the individuals responsible. If you have information that can help keep our communities safe, call the confidential tip line at 949-7777. You can also visit caymancrimestoppers.com and leave a tip there to help the police.

Sadly, Caymanian families have also seen cost-of-living skyrocket over the last 12 months. And the sluggish local economy means many will be fearful for their jobs or their businesses. Some families will face losing their homes this year. An increasing worry if mortgage repayments and home insurance go up much higher.

My colleagues and I, in the Opposition, understand the anxiety that many families will be experiencing.

It is because we understand these difficulties that we have spent the last year pushing the Government to take the necessary action to help our people through these challenging times.

And I am pleased to say that, at least some of the time, the Government has been willing to listen.

We in the Progressives Opposition raised the issue of the cost-of-living crisis in Parliament and insisted the Premier make a statement on it. We were gratified that, in response, the Government began to put new measures in place to support those in need.

We, in the Opposition, argued that support measures needed to be extended for longer and broadened to help more families and to support small businesses still impacted by the pandemic and increasing costs. Again, I am grateful that the Government was willing to listen to our ideas.

But more needs to be done. The Government needs to go further to help families and businesses through the ongoing cost-of-living crisis, even if inflationary pressures begin to ease in the months ahead.

And the Government needs to end its complacency over the economic future of our Islands and put in place the measures we have been advocating to drive future economic growth.

So, throughout 2023, the Progressives Opposition will continue to challenge the

Government to do more and move faster. They need to make up for their lost time in 2021 and 2022.

This New Year message publicly allows me to renew the commitment we, in the Progressives, made to continue to serve our country through our time in Opposition.

In 2022, the Progressives commemorated the 20th anniversary of our founding.

Many of you will have attended the various events we staged last year to celebrate that landmark anniversary. And more events are being planned for 2023.

The success of our anniversary events reflects two key features of our party. The Progressives are rooted in the communities of our Islands. As a political party, we are here to serve those communities.

That feeling of public service binds our Progressives Parliamentarians together. That sense of obligation to our country and to our people keeps us fighting to get the best results for Cayman, even in Opposition.

In our time in Government, we worked hard to deliver improvements for our country and people. We modernized the nation's creaking infrastructure, created thousands of new jobs for Caymanians, and delivered improvements in public services, including education. Significantly too, we restored public finances, including building financial reserves that helped maintain us through the pandemic and still help us today.

In Opposition, we continue to work hard to secure the best possible results we can.

Our leadership role might have changed, but our dedication to the Cayman Islands and its people, our sense of public service, is unwavering. As our party Motto indicates – we do what we do *"For Love of Country"*.

Last year we celebrated the Platinum Jubilee of Her Majesty Queen Elizabeth II, only to be saddened scant weeks later by the news of Her Majesty's death.

That was a time of grief for us here in Cayman, just as much as it was in the United Kingdom. But it was also a time to recognize the importance of continuity and certainty as His Majesty King Charles III ascended to the throne.

In Cayman, we will see that notion of continuity during change play out in the coming year as we see a changeover of Governor.

Governor Roper will leave our Islands after four and a half years in the post. I thank him for his open and positive approach and for his dedication throughout his tenure, but none more so than through the testing times of the Covid pandemic.

I know firsthand that his willingness to work constructively with the elected Progressives-led Government was crucial in helping us to navigate those tough months.

In April, we will see Ms Jane Owen appointed as our Governor. I pledge to her the continued support of myself and my colleagues in the Opposition, and I wish her both success and happiness in her role.



► Opposition Leader Hon Roy McTaggart

She brings with her a wealth of experience and knowledge. In particular, her work in Switzerland and Liechtenstein will mean that she will have a familiarity with the workings of the financial services industry that will no doubt be valuable here in Cayman.

The idea of continuity through periods of change is vital in binding us together. It reminds us of our shared values and maintains our sense of community and mutual obligation.

As we face the challenges ahead, we must not lose that sense of togetherness, for it is what our country is built upon.

One of the unfortunate things about Westminster-style politics is that it casts elected politicians as 'Government' and 'Opposition.' It creates a necessarily adversarial relationship but is also potentially destructive if we let it.

We must not let that happen.

As an opposition, we have disagreements with this Government. They are failing to deliver the action our country needs at the pace necessary to overcome the challenges we face.

As I have said, we will continue to push them to do more and to move faster.

But we will also continue to support the Government when they get things right. And we will continue to respect the Premier and his Ministers as we respect their roles.

Just as that mutual respect should guide our politics, so it should guide us in our everyday lives.

In recent years, we have seen signs that the togetherness, which has been Cayman's hallmark for decades, has begun to erode.

In the press and on the airwaves, some in our community have become quick to criticize one part or another of our community for problems that we all face.

We must not fall into that trap of division. It gets us nowhere and only prevents us from working together to solve the challenges we are facing now. Be it rising crime, economic hardship, or the climate emergency.

The solutions to those problems can only be found if we all pull together, whatever our status or background and, yes, whatever our politics.

This New Year, I hope we can rediscover the strength of unity that has bound us together in the past. That strength of unity and togetherness has seen us grow from small island anonymity to an economic powerhouse. It has brought prosperity and achievement. It has overcome adversity. It can do so again.

I am grateful to you for listening to this message. I wish you every success and happiness for the year ahead.

May God bless you and your family and protect our beloved Cayman Islands.

COMMUNITY EVENTS

Ministry of Tourism Scholarship Programme

Ongoing until 31 January - The Ministry and Department of Tourism invites Caymanians wishing to study for a Bachelor's or Master's degree in a Tourism or Tourism-related discipline to apply for the 2023 Ministry of Tourism Scholarship Programme. The application deadline is Tuesday, January 31, 2023. Scholarship criteria and application are available on scholarships.ourcayman.ky. For any questions, call 949-0623 or email motscholars@caymanislands.ky.

National Gallery - Pop-In Pop-Art for Pre-schoolers & Parents

6 January - Drop into the National Gallery art studio for a free hour-long session of Pop - In - Pop Art activity for preschool children and reception age are also welcome. Children should be supervised by an authorised parent or guardian. Cost is \$5 for the general public and free for National Gallery members. Call 945 - 8111 or email education@nationalgallery.org.ky for more information.

National Museum - Free entry to Residents

7 January - Residents can enjoy free entry to the National Museum every first Saturday of the month. View two floors of galleries that contain six exhibitions to learn about the unique natural and cultural heritage of our three Islands. Call 949 - 8368 for more information.

Dr. Wolfe's Dental Centre - Oral Health Fun Fest

14 January - Join the team at Dr. Wolfe's Dental Centre at 135 Andrew Drive, Snug Harbour for the first Annual Oral Health Fun Fest on Saturday 14 January from 9am to 2pm. The mission is to help the community to understand the importance of oral health. Offerings include free general dental exams, free oral hygiene instruction and free cancer screening. There will be fun activities for the kids of all ages! For more information, call 945 - 4388 or visit wolfedental.ky.

One Dog at a Time (ODAAT) - Walk/Jog

15 January - Help Save A Life - the One Dog Walk/Jog is back Sunday January 15th. 2023! Jog starts at 7:30am with on the day registration available from 7am. Start location and end location is by the road at Safe Haven down to the Holiday Inn and back. This is a child and dog friendly event and all participants get entry into spot draw on the day. Registration cost is CI\$25. The proceeds go towards monthly vet costs. Pre-register on caymanactive.com or email onedogatimeky@gmail.com.

January 2023 Church Services at St. Alban's Church of England, Shedd Road

15 January - Services of Holy Communion will be held on Sunday January 15th at 9:30am. Morning Prayers (Matins) will continue on all other Sundays in January at 9:30am as usual.

Do you follow fitness stars on social media? Their perfect, chiseled images popping up in your newsfeed to give you just the right amount of motivation to get you into the gym...or does it?

Striving for perfection doesn't always work.

Quite frankly, perfection is unattainable, and will always leave you falling short and feeling bad about yourself. Instead I like to remind myself of this quote...

'Strive for progress, not perfection.' - Unknown

Progress isn't as exciting as perfection, but it is attainable. And progress builds upon more progress as you climb your way towards the accomplishment of real goals.

And yet...the gap between your current body and the body you want gapes wide and deep. Any time that you want progress and improvement in your life it requires crossing over from one way of doing things to a new way.

But how do you make it across?

• How do you go from 50 pounds over-

weight to a healthy BMI?

- How do you go from a junk food lover to a health food lover?
- How do you go from a snooze-hitter to an early riser?
- How do you go from a couch potato to active and fit?
- How do you go from someone who talks about their goals to someone who accomplishes their goals?

Lucky for us there's a formula to follow that will get you from point A to point B every single time without fail. And all you have to do is stick with it.

Small Degrees of Progress + Time = A New You

Commit to making one small degree of progress each and every day, and over time you will arrive on the other side of that chasm, a brand new you.

Did you eat white rice with dinner yesterday? Today choose brown rice. Next week choose cauliflower rice.

Did you eat a donut for breakfast yesterday? Today eat half of a donut and a piece of fruit. Next week choose a protein bar.

Did you wake up at 7 a.m. today? Tomorrow wake up at 6:45. Next week wake up at 6:30.

Did you sit all day today? Tomorrow walk for 15 minutes. Next week walk for 30 minutes.

And the end result, the reward, comes after you've made that new way of doing things a part of who you are.

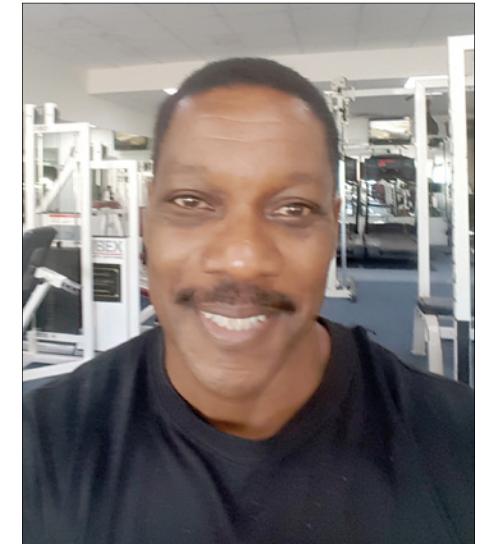
We are all capable of great progress and great improvement - just not all at once.

Progress takes place one degree at a time, so don't look to perfect fitness images on social media as your measurement of success, but rather look at your personal degrees of progress in the right direction.

Refuse the urge to compare yourself to others--the only comparison that matters is between yourself yesterday and yourself today.

Progress isn't about finishing the race it's taking that next step in the right direction.

If you aren't yet one of my amazing clients then consider your next step of



► Ernest Ebanks

progress to begin a challenging and fun exercise program with me. Call Ernest at Body Shapers Personal Training Fitness Studio 325-8696 or email bodyshaperscayman@gmail.com today to get started.

Now that's some serious progress!



► One Dog at a Time - Walk/Jog

Garden Club of Grand Cayman - Family Fun Day

22 January - The Garden Club of Grand Cayman and Queen Elizabeth 11 Botanic Park are having a Family Fun Day on Sunday 22 January from 10am to 3pm. Enjoy games, crafts, music and delicious food. All proceeds will benefit the new Children's Garden. For more information, email manager@botanicpark.ky

National Heroes' Day - Public Holiday

23 January - National Heroes Day is a public holiday celebrated in the Cayman Islands on the fourth

Monday in January. Awards are presented to persons who have made a significant impact to the Cayman Islands. The theme for 2023 is Volunteerism and Charitable Services.

National Gallery - Conch Shell Decoupage

28 January - Decorate your own decoupage conch shell in the style of Pop & the Popular Artist, Deborah Gill. This session is open to students 12 and over and the cost is CI\$55 person. The cost includes a catered lunch. Spaces are limited to registration is required at education@nationalgallery.org.ky.

Stride Against Cancer

29 January - Stride Against Cancer is organized by the Cayman Islands Cancer Society and is the organization's largest fundraising event and will take place on Sunday, January 29th, 2023. The funds raised will help finance the Society's many programs and activities. Go to caymanactive.com to register and for all the information about the event.

Send your community events to wendy@caymaniantimes.ky

Better Than Perfection

Do you follow fitness stars on social media? Their perfect, chiseled images popping up in your newsfeed to give you just the right amount of motivation to get you into the gym...or does it?

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But how do you make it across?

• How do you go from 50 pounds over-

Less Stress for Better Health

By Andrew Vincent MBA DipM
Director, Integra Healthcare Ltd

There is a huge increase in focus on mental health and wellbeing, a topic that has been rightly pushed to the fore during the pandemic, and our mental health may even prove to be one of the longest of Covid consequences. This appreciation of mental health and acceptance of the wide variety of everyday manifestations is paramount to removing the lingering stigmatisation that many feel when opening up about the topic.

It does not help that we tend to associate so much of health as being physical or biochemical, and we are not wrong, of course. We wrongly associate mental health as being essentially 'mental' (deliberately left so vague), when many of the identified conditions remain physical and biochemical in their origins, including neurological, physical injury related and... stress. Let's face it folks, we are a bag of plumbing with a complex bunch of chemicals and electrical pulses dictating much of our existence, and mental health is no different. So, let's not treat it differently!

So, to kick off treating it the same, let's reflect on an issue that so clearly has mental, physical and emotional manifestations – stress. But is it a state, a trigger or an illness? Strong argument could be made for all of these. Stress is not always bad. It provides positive stimuli in some cases, leading to better performance and growth, and it is a fundamental component of our fight or flight mechanism, designed to keep us safe. However, I am referring to the more destructive side, and destructive it can be!

Adverse levels or chronic stress can affect many body systems:

- Brain (anxiety, depression, mind fog, mood etc)
- Cardiovascular System (blood pressure, heart attacks, stroke)



► Yoga for Stress Relief

- Skin (hair loss, dry or inflammatory skin conditions, acne)
- Joints & Muscles (inflammation, fatigue, aches)
- Gut (irritability, poor nutrient absorption, bowel changes, bloating)
- Immune System (poor immune function, increased recovery time)
- Reproductive System (changes in hormone production, sexual function and more)

Having previously suggested that sleep might constitute life's greatest cure-all,

it would certainly be easy to think that stress may be the evil opposite, and that's not an unfair accusation. It is also easy to see from this collection of potential effects that many of them are also interlinked. For instance, poor nutrient absorption could lead to decreased immune function and joint pains. In the same way that sleep seems to act as a virtuous circle, stress is undoubtedly a vicious one.

To return to our chemical analogy, a particularly important one with respect

to stress is Cortisol, often termed the stress hormone. It has many essential functions, from release of glucose from the liver for fast energy in fight or flight, to regulating sleep cycles. Cortisol plays many vital roles. The issue of chronic stress occurs when a persistence or excess of cortisol starts to have adverse effects.

Problems caused by elevated cortisol are too numerous to examine in depth but just a few will help reinforce its prominence in our wellbeing. For instance, it can lead to inflammation, or cause high blood pressure, and because it regulates release of stored glucose, can raise blood sugar and cause diabetes. It is also very clear that high cortisol leads to weight gain, and we all know that weight gain is linked to a whole heap of other issues.

So, having introduced a topic that we will explore in far more depth over coming weeks - **Better health for self through stress reduction** - I will start this journey prudently for fear of now leaving everybody - stressed! The easy and free solutions are numerous, including:

- Getting sufficient sleep
- Exercising regularly
- Maintaining a good sense of humour
- Organising, which avoids overwhelm-generated stress
- Listening to music
- Swimming in the ocean

What we mustn't ever forgot though is that stress is there for a reason, or because of a trigger. It's great to apply these stress-reducing measures but it is equally important to reflect on the cause of stress. Sometimes these are not easy to remove, like the pandemic, for instance, but in many cases, we can take activity steps to reduce the trigger. But I'm just too busy and overwhelmed to even think about it, I hear you say. Well, maybe that's a very good place to start then!



► Stressed Sick Employee

CRUISE SHIP SCHEDULE — WEEK — JANUARY 9 — 14



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9	10	11	12	13	14
Carnival Pride	Odyssey of the Seas	Carnival Vista	Nieuw Amsterdam		Celebrity Equinox
Disney Dream	Brilliance of the Seas	Carnival Paradise	Carnival Sunrise		AiDAdiva
Explorer of the Seas		Norwegian Prima	Celebrity Apex		
Disney Magic		Radiance of the Seas	Celebrity Summit		
Seven Seas Mariner		Norwegian Dawn			
Total Passengers					
13,233	6,746	13,952	10,624	0	4,900

VACCINE SCHEDULE DECEMBER 2022

COVID-19 Pfizer
 COVID-19 Moderna
 Flu Vaccine

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19	20	21	22	23	24
	FOSTERS, Savannah Pfizer Moderna Flu Vaccine 5:00 pm - 8:00 pm DISTRICT HEALTH CENTRES Flu Vaccine 2:00 pm - 4:00 pm	FOSTERS, Camana Bay Pfizer Moderna Flu Vaccine 5:00 pm - 8:00 pm DISTRICT HEALTH CENTRES Flu Vaccine 2:00 pm - 4:00 pm		FOSTERS, Airport Pfizer Moderna Flu Vaccine 5:00 pm - 8:00 pm DISTRICT HEALTH CENTRES Flu Vaccine 2:00 pm - 4:00 pm	
26	27	28	29	30	31
		DISTRICT HEALTH CENTRES Flu Vaccine 2:00 pm - 4:00 pm		FOSTERS, Airport Pfizer Moderna Flu Vaccine 5:00 pm - 8:00 pm DISTRICT HEALTH CENTRES Flu Vaccine 2:00 pm - 4:00 pm	

Updated Dec 20, 2022

Persons who had their last COVID-19 vaccination or booster more than 3 months ago are eligible for the Moderna (bivalent) fall booster shot.



POLICE NEWS

CICG Vessel Mark Luke Conduct Medevac from Off Shore Cruise Liner

On Sunday, 1 January 2023, the Cayman Islands Coast Guard (CICG) Operation and Rescue Command Centre (ORCC) was contacted by a cruise liner 'Marella Discovery 2' with a request for a medevac of a 65-year male who needed emergency medical attention.

The cruise ship, which was just over 150 nautical miles from Grand Cayman requested the assistance of the CICG in transporting a patient to the closest emergency medical facility for treatment.

The ORCC successfully coordinated the response between CICG patrol vessel Mark Luke and the cruise liner Marella Discovery 2, which resulted in the patient and his wife being safely transferred from the ship to the Royal Walter Terminal, in George Town. The CICG team were met by the Emergency Medical Service (EMS), who then transported the man and his wife to the Cayman Islands Hospital by ambulance.



Two Persons Arrested and Charged in Relation to Robbery Incident

Officers with the Firearm Response Unit, while carrying out patrols on Friday, 30 December, observed a wanted juvenile male at a residence in Prospect. The male was wanted in connection with robbery incidents that took place on 8 December in Prospect and George Town. A 21-year-old man of George Town was arrested along with the juvenile male on suspicion of accessory after the fact of robbery, for assisting the juvenile male in evading arrest.

Persons are reminded that it is a crime to assist a person attempting to evade arrest, or to obstruct officers' efforts to make an arrest. Any persons doing so will be arrested and prosecuted.

Both males were held in custody while the investigation progressed. The juvenile male has now been formally charged with Robbery,



Possession of an Imitation Firearm, and two counts of Attempting to Obtain Property by Deception, in relation to attempts made to access funds using an ATM card stolen during the incident. The George Town man was formally charged with Accessory After the Fact of Robbery as well as Possession of Ganja.

Both remain in custody and are appearing in court on Tuesday, 3 January.

Police Investigate Wounding Incident in West Bay

Just before 7:40AM yesterday, 1 January, police and other emergency services responded to a report of a fight between two men that had taken place at a residence in West Bay, where both men received knife wounds.

Both men attended the hospital separately via private vehicles, were treated for multiple knife wounds and other lacerations and subsequently discharged.

Both men, one age 24, of West Bay and the other, age 32 of George Town have been arrested on suspicion of wounding in relation to this incident and remain in custody as investigations continue.



The incident is being investigated by the Criminal Investigations Unit and anyone with information is encouraged to call the West Bay Police Station at 949-3999. Anonymous tips can be provided directly to the RCIPS via our Confidential Tip Line at 949-7777, or via our website <http://www.rcips.ky/submit-a-tip>.

CDB Approves US\$5 million for Belize Agriculture Project

A multimillion dollar project to improve agricultural productivity and resilience for small farmers in rural Belize, is receiving a US\$5 million injection in funding from the Caribbean Development Bank (CDB).

The bank's board of directors approved the loan to the Government of Belize for the **Resilient Rural Belize Programme** (B-Resilient) project at their December 9 meeting.

The goal of the project is to improve the commercial agricultural output of small farmers, increase their access to markets and strengthen resilience to climate change.

Senior Operations Officer, Agriculture and Rural Development at CDB, **Mr. Luther St Ville**, explained the rationale behind it, noting that while agriculture is a key economic driver in Belize, the small farmers who make up much of the sector, require greater assistance to help it reach its full potential.

"The agriculture sector is one of the main pillars of the Belizean economy – it contributed an estimated 10.2% of Gross Domestic Product (GDP) in 2021. The sector is dominated by small farmers who play a critical role, especially in enhancing national food security. However, their productivity and income are far below potential due to a range of reasons including limited productive resources such as access to finance, limited training in modern agricultural



techniques and low investment in production and market-related infrastructure and services."

The programme will see, among other things, 70 km worth of agricultural/rural roads rehabilitated, ten small-scale irriga-

to increase the ability of smallholder farmers to engage in sustainable production and enhance their access to high-value markets. It will also promote farmers' adoption of new technologies and practices to build resilience to climate change.

The project, worth US\$25 million in total, will be jointly financed by the International Fund for Agricultural Development (IFAD) and The Green Climate Fund (GCF) along with CDB.

About the Caribbean Development Bank

The Caribbean Development Bank is a regional financial institution established in 1970 for the purpose of contributing to the harmonious economic growth and development of its Borrowing Member Countries (BMCs). In addition to the 19 BMCs, CDB's membership includes four regional, non-borrowing members (Brazil, Colombia, Mexico and Venezuela) and five non-regional, non-borrowing members (Canada, China, Germany, Italy, and the United Kingdom). CDB's total assets as at December 31, 2021 stood at US\$3.71 billion (bn). These include US\$2.21 bn of Ordinary Capital Resources and US\$1.50 bn of Special Funds Resources. The Bank is rated Aa1 Stable by Moody's, AA+ Stable by Standard & Poor's and AA+ Stable by Fitch Ratings. Read more at caribbank.org.

tion and drainage systems installed which will supply water to approximately 450 acres and a national climate information system being put in place.

It will also provide technical assistance, training and rural infrastructure upgrades

GAS PRICES

Gas Prices as at Tuesday 9th August 2022

Location	Gas Station	Regular	Premium	Diesel
East End	Eastern Star Rubis (Woody's)	7.15	—	6.9
NorthSide	Jack's Esso (Jack's II)	6.78	6.93	6.41
Bodden Town	Lorna's Rubis	7.17	7.53	6.93
Bodden Town	Mostyns Esso	6.73	6.88	6.49
Savannah	Savannah Rubis	7.17	7.53	6.88
Red Bay	Barcam	6.67	6.82	6.41
Red Bay	On The Run (Brown's Red Bay)	6.59	6.74	6.41
George Town	Peanuts	7.17	7.53	6.88
George Town	Jose's Escape	6.97	7.49	6.79
George Town	Refuel	6.47	6.59	6.24
George Town	Esso Tigermart 4 Way Stop (JS) H&B 11	6.59	6.74	6.41
George Town	Eastern Avenue Rubis	7.17	7.53	6.93
George Town	Walkers Rd. Rubis	7.17	7.53	6.88
George Town	On The Run (Mike's Walkers Rd.)	6.59	6.74	6.41
George Town	On The Run (Brown's Industrial Park)	6.59	7.74	6.42
George Town	On The Run (Mike's 7 Mile)	6.59	6.74	6.41
West Bay Rd.	H & B Esso (H&B 1 Seven Mile)	6.59	6.74	6.36
West Bay Rd.	7 Mile Rubis (AA 7 Mile)	7.17	7.53	6.88
West Bay	Hell Esso	6.57	6.72	6.4
West Bay	Esso 4 Way Stop (Four Winds)	—	—	—
George Town	Scotts Landing	7.4	—	6.51
Cayman Brac	West End	—	6.38	7.24
Cayman Brac	Tib Mart	—	—	—
Little Cayman	Village Square	—	7.16	7.69

Lowest Prices	Grand Cayman	6.47	6.59	6.24
Highest Prices	Grand Cayman	7.4	7.74	6.93

FUEL EXPENSE REDUCTION



Frequent and fast acceleration – Avoid heavy acceleration and drive below the speed limit. Frequent and swift acceleration burns fuel at a faster rate.



Additional Weight – Empty your car trunk of heavy items that can be located elsewhere. Your vehicle will use more fuel when carrying heavier loads.



Vehicle Replacement – Consider replacing your vehicle with a fuel efficient model.

WEEKLY WEATHER FORECAST

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
81° / 78°	82° / 78°	82° / 77°	81° / 77°	81° / 77°	80° / 76°	78° / 75°
Breezy with a shower	Windy with a t-storm in spots	Breezy; a morning shower	An afternoon shower	Mostly sunny and nice	Mostly sunny	Mostly sunny

DEATH ANNOUNCEMENTS

Churchill's

Funeral Home

We have been asked to announce the passing of Mr. Eric E. Dixon, who passed away on Thursday, Dec. 29, 2022. Details of a Thanksgiving Service will be announced at a later date.

Condolences can be registered at churchillsfuneralhome.com

Churchill's

Funeral Home

We have been asked to announce the passing of Mr. Norman Edward Dixon who passed away on Tuesday, December 20, 2022. A Service of Thanksgiving will be held at Prospect Cemetery on Saturday January 7, 2023 at 10:00 a.m. Viewing from 9:00 – 10:00 a.m. Interment: Prospect Cemetery

Condolences can be registered at churchillsfuneralhome.com

The family of the late **Edward Lanslotte Solomon** regret to announce his passing on 27 November, 2022.

A funeral service will be held 11a.m. at The Lions Center on Saturday January 7th, 2022. Interment will follow at the Bodden Town Cemetery (New).



Churchill's

Funeral Home

We have been asked to announce the passing of Mr. Carlton Uriah Peart, who passed away on Tuesday, Dec. 20, 2022. Details of a Thanksgiving Service will be announced at a later date.

Condolences can be registered at churchillsfuneralhome.com

Churchill's

Funeral Home

We have been asked to announce the passing of Mrs. Effie Dale Ebanks, who passed away on Friday, Dec. 16, 2022. A Thanksgiving Service will be held at the West Bay Church of Christ, Batabano Road, West Bay, Grand Cayman on Saturday, January 7, 2023 at 10:00 a.m. Viewing: 9:00 – 10:00 a.m. Interment at: Boatswain Bay Cemetery

Condolences can be registered at churchillsfuneralhome.com

"A source of comfort in a troubled time"

Churchill's

Funeral Home

We have been asked to announce the passing of Mrs. Veronica Smith-Brown, who passed away on Monday, January 2, 2023. Details of a Thanksgiving Service will be announced at a later date.

Condolences can be registered at churchillsfuneralhome.com

Churchill's

Funeral Home

We have been asked to announce the passing of Mrs. Judith Magan Grant, who passed away on Tuesday, January 3, 2023. Details of a Thanksgiving Service will be announced at a later date.

Condolences can be registered at churchillsfuneralhome.com

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Churchill's

Funeral Home

We have been asked to announce the passing of Mrs. Blossom Shirlene Seymour, who passed away on Friday, Dec. 30, 2022. Details of a Thanksgiving Service will be announced at a later date.

Condolences can be registered at churchillsfuneralhome.com

Churchill's

Funeral Home

We have been asked to announce the passing of Mrs. Nerissa Imogene Scott who passed away on Sunday, December 25, 2022. A Service of Thanksgiving will take place at the St. George Anglican Church, 67 Courts Rd, George Town, Grand Cayman, Cayman Islands on Saturday, January 7, 2023 at 2:00 p.m. Viewing: Closed Casket Interment: Prospect Cemetery

Condolences can be registered at churchillsfuneralhome.com

CaymanianTimesClassifieds



BILLING CLERK

Responsibilities: Working closely with the company's Bookkeeper by assisting with payroll, calculating vacation / sick / commission and regular salary payments and other benefits using different pay rates. Able to prepare final report for salary payment and pay slips for staff, as well as preparing instructions for authorization to the bank for online transfer. Required to ensure all deductions are made according to the Cayman Islands Labour Law and company policies. Ensure that accurate record is kept of vacation and sick days for each staff.

Work closely with the company's Bookkeeper and Office Clerk to encode and record all daily transactions, while assisting with finalizing and preparing customers' monthly statements. Will be required to reconcile and prepare customers' statements for furtherance to the customers. Must be able to assist customers with enquiries regarding their invoices and statements. Required to invoice customers after checking and calculating customers' transactions (purchases and or sales tickers) to obtain amounts outstanding, after applying agreed discounts to customers' accounts where necessary.

Must be able to reconcile and balance daily cash reports from all 3 locations, while able to address queries or discrepancies with front counter staff, when necessary. Will be responsible for weekly petty cash reconciliations for the company, while monitoring cash float for front counter staff. Must be able to assist with monthly bank reconciliation for the company's reports. Assist with finalizing the collections of accounts receivable and preparing bank deposits for the company, with the view of compiling and analyzing monthly reports for management review. Will be required to reconcile invoices and statements from local and overseas suppliers and prepare payments, (bank drafts, cheques, or wire) where required.

QUALIFICATION & EXPERIENCE:

Must possess an Associate Degree in Accounting and should have a minimum for 6 years' experience in Accounts Payables and Receivables. Must be very knowledgeable and proficient in using Quickbooks, while having an excellent working knowledge of Microsoft Word and Excel. Must be able to record and reconcile all sale transactions, prepare billing spreadsheets and statement of accounts. Must possess good communication skills, have a good command of the English Language both orally and written in order to liaise with customers, suppliers and staff alike.

Basic Salary range: CI\$1,800.00 - \$2,200.00 depending on experience plus benefits as required by Law.

Required to work 45 hours per week (including Saturdays)

Interested applicants must apply in person at Puritan Cleaners (1980) Ltd at its main office at 337 Eastern Avenue, George Town, Grand Cayman to complete an application form. References will be required.

we make it happen

WAREHOUSE COUNTER SALES REP

We are looking for a dynamic, customer service-oriented candidate to work in the varied divisions of our rental operation. The successful candidate will be responsible for assisting customers with their rental needs both in person and over the phone. Some administrative duties will be assigned, including, but not limited to, filing, clerical duties and projects as assigned by the supervisor.

Responsibilities and qualifications include, but are not limited to:

- must be proficient with Microsoft Word and Excel;
- knowledge of point of rental or sales systems;
- must have strong organizational skills;
- must have strong customer service skills;
- must be able to work both independently and as a team member;
- must have strong written and verbal communication skills.
- Relevant experience in the rental / sales business or hospitality industry is strongly viewed as a benefit for this position.

This post will require Saturday work and flexibility to work extended hours if needed.

All positions at Massive require a high level of trust and a team-oriented personality. The successful candidate will be well groomed, personable, organized, and must have a solid understanding of customer service. Communication is the backbone to our success and strong communication skills are required.

Salary \$23,000 - \$25,000 KYD per annum based on experience.

The ideal way to submit your information to us is through this link for expedited processing: <https://massiveequipment.bamboohr.com/jobs>

Alternatively, you can email us at hr@massivegroup.com and we can assist you with the online portal.

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CRYSTAL SHINE JANITORIAL

is looking for persons with 5 – 6 years' experience in office, house cleaning and maid services.

Salary: \$7.50 - \$8.00 per hour plus statutory benefits.

Call 546 – 1710 or email info@countonuscaymanltd.com

Food & Beverage Server needed

- Day to day service of bar and restaurant Tables
- Communication skills on the phone for take-out orders
- Cash out skills
- Open and closing duties
- Keeping restaurant clean at all times

Qualifications

- 5 yrs F&B experience
- Willing to work shifts, weekends and public holidays
- Knowledge of sports and schedules
- Computer literacy
- Must have knowledge of Aloha POS
- Inventory checks

Salary \$5.50 per hour plus gratuities

All parties must provide clean Police record.

Please send resume

Pds069@yahoo.com

PD's

LINE COOK

Must have knowledge of all food handling, health and safety.

- 6 years' experience in fast kitchen environment, be exible to work in all stations of the kitchen.
- Be able to work with different members of staff.
- Skills to include and not limited too, be able to work cook in a fast kitchen environment, the skills to prep in every area of the kitchen.

Must be willing to work long shifts, weekends, public holidays and early morning, late night shifts.

Salary between \$6.50-8.00 per hr., plus all other benets as per Cayman labour law.

Please submit resumes to

pds069@yahoo.com

Smile Dental Clinic is looking for an individual who is interested in training to become a Dentist Helper.

This person takes responsibility for the care and cleanliness of the dental office and it's delicate equipment.

Most tasks are carried out after hours, during evenings and weekends, and involve sanitizing surfaces and equipment. Therefore the Ideal candidate would have a Health Services background and a good understanding of cross-contamination and protocols for maintaining asepsis.

Must be trustworthy and reliable with own transport.

Salary range: CI\$12.00 - \$14.00 per hour.

Mon-Fri with alternating Saturdays/Sundays

Caymanians or Status holders need only apply.

Police clearance and proof of a health services background or education required.

Write to: PO Box 10116, KY1-1001



MINISTRY OF FINANCE AND ECONOMIC DEVELOPMENT

THE CAYMAN ISLANDS POSTAL SERVICE INVITES APPLICATIONS FOR:

ASSISTANT FINANCE MANAGER
SALARY: \$62,508 – \$84,036 PER ANNUM

The CIPS has an increasing need for:- detailed financial forecasting (annually and monthly) in the form of projected revenues and expenditure, and cash flows; analysis of the department's financial data; and systems to monitor output quantity and quality targets.

The Assistant Finance Manager will support the finance manager and is primarily responsible for reviewing and auditing reports and records from the Retail Management System to ensure financial operations are conducted efficiently, and that measures to guarantee the protection of revenue are in place and consistently adhered to. Additionally, he/she will, in collaboration with the Finance Manager manage and oversee the daily activities of the CIPS' accounts sections.

Applicants should possess a Bachelor's Degree in Finance or Business Administration and at least 5 years' relevant **supervisory level** experience in the postal industry, or related field **OR** at least seven years' experience in a mid-to-senior level financial position. A full understanding of the Public Management and Finance Law and proficiency in Government's IRIS accounting system and production of various reports (AR and AP) would be advantageous. Additionally, applicants should have a demonstrated ability to analyse and interpret financial data and prepare financial reports, statements and make projections and recommendations. The postholder must possess practical experience in internal audit and knowledge of quality management. Computer literacy, including knowledge of Windows and the Microsoft Office package is needed. Excellent written and oral communication skills are also required.

A recruitment test/project will also be administered.

Benefits are in accordance with the Public Service Management Law, Personnel Regulations, the Public Service Pensions Law and the CINICO Health Plan, which may be amended from time to time. Pension and health benefits are non-contributory.

Interested persons should submit an electronic application via
<https://www.careers.gov.ky>

DEADLINE FOR RECEIPT OF APPLICATIONS: 21 JANUARY 2023



Maintenance Person

Traille's General Maintenance & Repair Services Limited is looking for a maintenance person to join the team. The ideal prospective employee must be punctual, a self-starter, work well as part of a team or independently and be able to work early mornings, evenings & weekends. Must have experience in maintaining, repairing and renovating residential and commercial properties.

Duties include but not limited to, installations of windows, doors, shutters, patio/porch screening, carpentry & masonry, drywall installation, finishing (baseboards & sheet rock) electrical, painting (interior & exterior), mold treatment, roof repair, tiling, steel work, power washing. Experience in various power tools, perform preventative maintenance and repairs on machines, equipment when necessary and provide quick response to issues that may arrive on site.

Education: Highschool or equivalent, relevant on the job experience

Experience Required: 4-5 years

Salary Range: \$9 - \$11 KYD per hour

Benefits: Health & Pension in accordance with The Cayman Islands Laws.

Send resume, 2 job related references, and police clearance to: traillesg@gmail.com

Application closing date: Thursday, January 19, 2023.

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Designer
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Email your ad to
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Accepted by the Immigration
Department



LAUNDRY ASSISTANT x 2

Must have basic knowledge of the laundry operation business. Having at least 1-2 years' experience would be advantageous in being familiar with and able to identify a wide range of fabrics, although on the job training would be provided for the applicant. Must have a good command of the English language to be able to speak and write fluently, in order to read and understanding care labels. Should be able to understand and follow instructions from Management and senior staff regarding the general care and cleaning of all types of garments, hotel linens and household items.

Basic salary starts at CI\$6.15 per hour depending on experience, with health and pension benefits, and any other benefits offered by the company. Must be able to work on weekends and public holidays if and when required.

Interested applicants must apply in person at Puritan Cleaners (1980) Ltd at its main office at 337 Eastern Avenue, George Town, Grand Cayman to complete an application form. References will be required.



Applications are invited from suitably qualified and experienced persons for the position of **Newspaper Editor/Journalist** at Caymanian Times

Role:

The Editor /Journalist will play a vital role in the output of Caymanian Times and its associated media endeavours across several platforms in addition to the printed paper reporting directly to and assisting the Publisher.

Duties and responsibilities include:

Assisting the Publisher with the complete news and current affairs production process from editorial planning to the final output of multi-platform news and current affairs content including; covering events, researching news stories, interviewing and writing, as well as on-mic and on-camera presenting in a multi-media environment.

- Editorial oversight of the general multi-platform news and current affairs output of Caymanian Times under the direction of the Publisher
- Setting and overseeing assignments of the journalism team including; staff, freelancers and contributors
- Produce and present content across the various platforms of Caymanian Times as directed by the Publisher
- Maintaining news files and archives
- Represent Caymanian Times at news and related events as directed by the Publisher
- Liaise with the production teams across the various content output of Caymanian Times as directed by the Publisher

Candidate profile:

- Qualification in Journalism or relevant field
- Previous journalism experience of at least five years with prior editorial management responsibility is a necessity.
- Portfolio of published articles or newscasts
- Graduate-level proficiency in the English language
- Proficiency to a professional level with news content software and digital production processes across print, online, video and audio including television and radio
- Excellent communication and networking skills
- The successful candidate must be familiar with current socio-economic and political developments in the Cayman Islands, as well as the Caribbean and global news agenda with a focus on how they relate to the Cayman Islands.
- An understanding of the history, culture, and society of the Cayman Islands is desirable.

All applicants must have a clean Police Record (no prior convictions or pending judgments), a clean Medical Record, a clean and valid Driver's License and be able to provide at least three suitable references, with two of those being from previous employers.

Salary will be commensurate with experience and qualifications but will be in the range of **CI\$4,500 to CI\$5,500** per month. Benefits will be in accordance with Cayman Islands Labour, Health Insurance and Pensions Laws.

Applications from Caymanians or those legally resident with the right to work on the island should be made in writing, enclosing resume to:

The Publisher
Caymanian Times
Email: ralph@caymaniantimes.ky
Or call Ralph 9162000

AA Rubis Ltd
invites applicants for the following positions:

Cashiers

We are in need of Cashiers with relevant experience in the gas station industry. You will be responsible for taking money in the form of cash, check or credit card from customers in exchange for gas or merchandise. You must scan all items; provide change, balance drawer and process card transactions. You must have knowledge and experience in operating Topaz and Sapphire, POS system and must be versed in resolving discrepancies. Knowledge in operating CUC payment Kiosk is an advantage. Successful applicant must be able to work a tight flexible schedule including holidays, evenings and weekends.

Applicant will receive an hourly wage based on experience between CI\$6.00-\$9.00 per hour, and all statutory benefits such as health insurance, pension, vacation, sick leave with pay will apply as according to law.

Pump Attendants

We are looking for Pump Attendants who have at least five years relevant experience. You will be mainly responsible in filling our customers' vehicles gas tanks and collecting payments. You will also be responsible in providing service to our customers to lubricate vehicle, check and change motor oil, change wiper blade and add water when necessary. You will also be responsible for cleaning all gas pumps and maintain cleanliness in the forecourt area. Successful applicants must be able to work a tight flexible schedule including holidays, evenings and weekends.

Applicant will receive an hourly wage based on experience between CI\$6.00-\$9.00 per hour, and all statutory benefits such as health insurance, pension, vacation, sick leave with pay will apply as according to law.

If you would like to join our vibrant and hard-working team, please send your resume to accounts@fuel.ky. No applications will be accepted after Jan 15,2022.

Manager External Communications

CUC is an equal opportunity Company with over 230 employees who are committed to meeting the electrical needs of Grand Cayman and to providing quality customer service.

Reporting to the Director Customer Services & External Communications, the successful candidate will:

- ▶ develop and deliver integrated external communication plans that raise CUC's profile and reputation in support of business objectives; establish and implement short and long-term communication goals, objectives, policies and procedures for the Company, evaluate programme effectiveness and effect changes required for improvement;
- ▶ oversee all external communications such as news releases and speeches, social media management, print, TV and radio advertising and corporate videos inclusive of communications for planned and unplanned outage situations, etc.;
- ▶ contribute oversight to ensure brand alignment between CUC's customer, corporate and employee communications initiatives; lead the collaboration between External Communications, Human Resources and Customer Services on all communication matters to ensure consistent internal and external communication;
- ▶ oversee the production of all Company publications such as Annual Reports, Quarterly Reports, customer communication documents, etc.;
- ▶ prepare and administer the external communications budget and provide input for the divisional budget ensuring that the budget and sponsorship selections are strategically aligned with the Company's objectives.

Applicants should possess a Bachelor's degree in Marketing, Communications or similar with specialisation in public relations, business, communications or a related discipline from a recognised institution; a minimum 10 years relevant experience or an equivalent combination of education, training and experience including five years at a managerial level; proven leadership skills; the ability to clearly communicate complex issues in a simplified manner to a variety of audiences; demonstrate computer graphical skills and knowledge of corporate workings of social media; strong negotiations skills and the ability to exercise fiscal responsibility and prepare departmental budgets.

Salary is from CI\$7,595 to CI\$9,873 per month.

CUC offers a very competitive benefits package including pension, health and life insurance. Caymanians, Cayman Status holders and permanent residents are preferred. To apply, visit the Company's website (www.cuc-cayman.com), click on the tab "Careers" on the Home Page, navigate to "Job Opportunities", click on the designated job title and follow the instructions. Applications must be submitted not later than **Friday, January 20, 2023**. Applications through recruitment agencies will not be accepted. Only candidates who are short-listed will be contacted for an interview.



The Environmental Management System at the North Sound Road Power Plant is registered to ISO 14001

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Caymanian Times

Wednesday
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Advertising Rates



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Newspaper Advertisement Full page	750	10 x 13.5
Newspaper Advertisement 2/3 page	650	10 x 8.37 or 6.6 x 13.5
Newspaper Advertisement 1/2 page (horizontal)	450	10 x 6.67
Newspaper Advertisement 1/2 page (Vertical)	450	4.9 x 13.5
Newspaper Advertisement 1/3 page	350	4.9 x 8.37
Newspaper Advertisement 1/4 page	250	4.9 x 6.67
Newspaper Advertisement 1/5 page	150	4.9 x 4.96
Newspaper Advertisement 1/8 page	75	4.9 x 3.25 or 3.22 x 4.96
Newspaper Advertisement 1/16 page (Small)	50	4.9 x 1.55 or 2.38 x 3.25
Newspaper Advertisement (Mini)	5	2 x 1
Front Page Banner	200	10 x 1.5
Inserts	300	
Advertisorial 1/2 Page	500	
Graphic Design	50	

All ads are full colour

Advertising Deadlines (48 Hours prior Publication Day)

Publication Day	Deadline (12pm (noon))
Wednesday	Monday
Friday	Wednesday

2 days notice for ads

For further information or to book
an advert call 916 2000
or email: sales@caymaniantimes.ky