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▶ Health and Wellness Minister Sabrina Turner at the Alex Panton Foundation Mental Health Symposium



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# Health Minister updates on mental health initiatives

### By Lindsey Turnbull

Speaking at Saturday's Alex Panton Foundation Symposium on Youth Mental Health, Health and Wellness Minister Sabrina Turner gave an update on the government's new mental health facility, through which a delegation from the Ministry was recently given a tour. Attendees at the conference saw a video of this tour and were able to see the buildings and how far they had come with their construction, including the main facility and nine residential cottages.

"Completion is definitely near," Minister Turner said. "From where we were coming from since I took up office and where we are today, I feel much more comforted that they are nearing completion."

The Health Minister continued: "Some of the

key works remaining for the completion of the facility include the permanent power connection, and the IT data infrastructure and works. The facilities project management team advised that once power connection occurs completion of the building works is expected

within approximately six to eight weeks thereafter."

She said she trusted them with this time line as they were the experts. While the physical aspects of the facility were being finalised, the approval process for the facility's senior management team was underway, she advised.

"It is imperative that this team is in place as they will be tasked with creating and implementing the facility's operational plans, as well as determining the facility's therapeutic programming," Minister Turner explained.

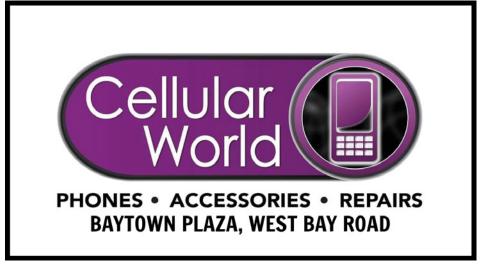
She also mentioned that the recruitment process for the facility's director was underway.

Cabinet had also approved five appointments to the Mental Health Commission earlier this month for a threeyear term until the end of December 2025. Ms Fiona McDougall would be the Commission's chair, an individual who had been with the commission since 2017.

Ms Turner also outlined a new project that would be opened on the old Mariner's Cove site in Spotts. The government had recently purchased that parcel of land for the establishment of a new wellness community park, she outlined, a park that would be built for all of Cayman to use.

"This is an important tangible step towards enhancing the wellness of our people of all ages. It can only lead positively to mental wellbeing for everyone," she said.

The Ministry would keep the public engaged in the project as the plans developed.





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# CUC reports growth for 2022



Cayman's electricity provider has announced growth during 2022. It found that, despite the challenges of 2022, with rising inflationary pressures and fuel costs, the Cayman Islands economy proved to be resilient.

CUC saw a 2% sales growth from new customers, with total customers as at the end of 2022 at  $33,\!119$ , an increase of 934 or 3% compared to  $32,\!185$  customers as at the end of 2021. These new customers, plus developments in the construction sector were the driving factors in their growth. They also saw a 2% increase in the summer peak load.

2022 was a tough year for energy consumers, with rising fuel costs impacting customer bills. CUC's average price per imperial gallon of fuel for 2022 increased by 61% to \$4.67 in comparison to \$2.90 in 2021. In July 2022, government initiated the Electricity Assistance Relief Programme to assist residential customers with the impact of high fuel prices through to the end of the year.

In addition, in October 2022, the regulator approved the proposed CUC Fuel Relief Programme applicable to all customers to reduce the financial impact of the fuel cost spike to all customer from 1 October to 31 December, 2022. CUC said this action reinforced its commitment to its sustainability plan.

Electricity, while proving to be increasingly expensive over 2022, was also reliable. During 2022, CUC recorded exceptional reliability performance, they said, their reliability results surpassing that of the 2021 North American Average for electricity service interruption while they continued to maintain a consistent standard in its safety performance overall.

In 2022, two new 13 kilovolt feeders were completed and put into service. These feeders would provide improved reliability for approximately 13,000 residential customers in the Prospect and Newlands areas, they advised. In September 2022, CUC signed an agreement with the technology group Wärtsilä for the supply of two 10 MW energy storage systems. In November 2022, they also signed an agreement with MAN Energy Solutions SE for life-cycle upgrades for five existing engines with a total capacity of 68 MW.

These upgrades would increase the fuel efficiency and extend the useful life of the engines and allow the use of alternate, cleaner fuel sources. These projects all form a part of CUC's integrated resource plan as CUC seeks to reduce its reliance on fossil fuels and increase renewable energy penetration, they said.

CUC President and CEO Richard Hew said 2022 was a positive year for CUC.

"Significant effort was made by CUC to innovate and progress major projects while continuing to offer operational excellence," he said. "The Company responded well in the aftermath of Tropical Storm Ian and not many customers were without electricity service for a long period of time."

Mr Hew said most financial experts were predicting a global recession in 2023 and that meant that the Cayman Islands could likely see some slowing in the economy.

"CUC will remain vigilant and focussed on being an efficient operation while providing an excellent service to its customers," he stated.

Net earnings for the year ended 31 December, 2022 were \$33.2 million, a \$2.9 million increase from net earnings of \$30.3 million for the year ended December 31, 2021, due primarily to higher operating income and slightly lower finance charges.

After the adjustment for dividends on CUC preference shares, earnings on Class A Ordinary Shares for 2022 were \$32.2 million, or \$0.86 per Class A Ordinary Share, as compared to \$29.3 million, or \$0.79 per Class A Ordinary Share, for 2021.



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RETAIL226039

# Two independent directors strengthen Paradigm Governance team

Paradigm Governance Partners, a governance and financial services firm with a presence in the Cayman Islands and New York, has further bolstered the depth of its services by adding two experienced independent directors to its growing team.

Michelle O'Mahony joins from the Maples Group where, for the past ten years, she served as an independent director on a wide range of alternative investment funds including hedge funds, fund of funds, segregated portfolio companies, private equity vehicles and related structures. O'Mahony also administered a portfolio of private wealth and unit trust clients.

Before this, she was a tax manager at Deloitte in the Cayman Islands specialising in taxation services to hedge funds, private equity funds, US Corporations, structured finance entities and other hybrid alternatives established in the Cayman Islands.

O'Mahony's experience also includes the provision of audit and advisory services to a wide range of alternative investment funds. She also worked as an accounts officer at First Caribbean International Bank in the Cayman Islands responsible for the review and analysis of applications for commercial real estate, business loans and lines of credit for high-net-worth individuals and businesses.

Neil Grav will be available to serve as a professional independent director on the boards of both open ended and closed ended funds in addition to Investment Special Purposes Vehicles and other corporate structures.

Gray has acted as a director to Cayman Islands companies for more than 15 years and has over 30 years' experience in the financial services industry, 26 years spent offshore. He sits on a broad range of open and closed ended funds with strategies including equity, credit, quantitative, fund of funds, special situations, private equity and real estate. He has extensive experience and knowledge of hedge fund governance, operations, fund administration and regulatory risk management. He



▶ Paradigm Governance Partners unveils two key new hires – Neil Gray (left) and Michelle O'Mahony (right)

also acts as a director on a number of other corporate structures.

Prior to Paradigm, Gray spent 26 years at Intertrust Cayman where he acted as a professional independent director inclusive of his time with Intertrust Cayman's Ironstone Global Solutions (Cayman).

Paradigm Governance Partners was launched in 2018 in the Cayman Islands on the back of the growth in demand for premier quality fiduciary services. Its offering includes independent directors, distressed fund and value recovery services, family office outsourced solutions, AML compliance solutions, board support, AEOI reporting and economic substance solutions. Its directors provide complementary skillsets ranging across all aspects of the alternative investment industry, including risk management, legal, regulatory, audit, accounting, compliance, valuation, trading and recovery.

Geoff Ruddick, partner of Paradigm Governance Partners, said:

"We are delighted to have two individuals with their respective track records and qualifications in the Cayman Islands hedge fund community join Paradigm. Given her dedicated client service focus, skill set, and multi-disciplinary experience Michelle was an obvious choice for us at Paradigm. Equally, Neil is an established figure in the governance space and a recognized thought leader. Neil will add further depth to our team of highly experienced and diverse governance profession-

Michelle O'Mahony commented:

"To join such a highly regarded organisation as Paradigm with its best-in-class leaders and colleagues is tremendously exciting for me. The firm's leaders are renowned as consummate professionals and leaders in their field of governance and fiduciary services. I look forward to working with them and the larger team of Paradigm colleagues in delivering a superior client service offering using my many years of broad experience across the Financial Services Industry in the Cayman Islands. Paradigm is a dynamic, innovative, and growing firm. This is directly due to the value add that it is brings, relentlessly, to its clients and their needs and is exactly what attracted me to the Paradigm team."

Neil Gray added:

"I am delighted to be joining such a well-recognized and forward-thinking independent fund governance firm where I feel that I will complement their existing deep bench of talented fiduciary professionals. Paradigm's core governance values and having a passion for governance mirror my own values closely. Now more than ever it is critical for entities to appoint seasoned, knowledgeable proactive directors who can help clients navigate through the ever more complex regulatory environment. The provision of high-quality governance services is in the DNA of Paradigm, and I am delighted to be joining the Paradigm family."

# **Maples Group Again Top Listing Agent** on Cayman Islands Stock Exchange



Scott Macdonald

Maples Group's law firm, At the end of 2022, the is pleased to announce total number of listings that it is once again the number one listing agent on the Cayman Islands Stock Exchange (the "CSX") having advised on 49% of all CSX listings in 2022, which was notably 28% higher than the next listing agent.

The CSX listed 402 new securities in 2022 making it the fourth best year for new listings since the

Maples and Calder, the CSX's inception in 1996. on the CSX was 2,750, amounting to a market capitalisation of US\$807 billion. The CSX also continued to reinforce its position as a leader for CLOs with a recorded total of 146 CLO securities listed on the CSX last year, comprising a significant percentage of US launches, refinancing and resets in the market.

In 2022, the firm's would not be possible Cayman Islands listing without the talented team advised on nearly 200 listings, including approximately 42% of CLOs listed on the CSX for the year.

Commenting on the recently published results, Scott Macdonald, Partner and global head of Finance said, "We are thrilled to once again be the number one listing agent on the CSX. Our continued success

members of our global listings team and their dedication to providing unparalleled service to our clients."

The Group's global listings team is an acknowledged leader in listing services with specialist teams based in its Cayman Islands, Ireland, Hong Kong, Jersey, London and Luxembourg of-

# Chef Niven Patel returns for the Brasserie's Harvest Dinner



▶ Niven Patel

This month's Harvest Dinner at The Brasserie heralds the return of Chef Niven Patel to Grand Cayman. The restaurant's former head chef's star has truly ascended over the last decade, with three restaurants, Ghee Indian Kitchen, Orno and Marney, and his 2-acre homestead, Rancho Patel, to his name since he left Cayman's shores. Chef Niven was named one of Food and Wine Magazine's Best New Chefs of 2020 and Ghee was awarded the coveted Michelin Bib Gourmand in 2022.

This month he has been nominated for the 2023 James Beard Award for Outstanding Restaurateur along with his partner Mohamed Ali Akassar for Alpareno Restaurant Group, the parent of their three South Florida restaurants.

Chef Niven has been creating menus and dishes since his childhood in Georgia, USA; he used to make menus as a child and let his family order, cooking up whatever they wanted in the family kitchen. He started his career at 3030

Ocean Restaurant at the Harbor Beach Resort and Spa in Fort Lauderdale, working under the Brasserie's Executive Chef, Dean Max, for six years. He then traveled to Italy for six months to learn and cook, returning to the US and then moving to Grand Cayman in 2012. His style is heavily influenced by those experiences and the way in which local ingredients are sourced and impacted by environment, driving him to push the envelope in his farm-to-table approach. It is the same respect for sustainable, ethical and environmental values of the Farm-to-Table philosophy the Brasserie has been guided by for more than twenty-five years.

"We focus on local ingredients and farm-to-table," shares Dean Max, Executive Chef, the Brasserie. "As well as our garden produce, we have our own coconut plantation, bee hives, chicken coop for fresh eggs and our own boats for the freshest catch possible. "We try to create our menu from our local ingredients and work the flavours around that in the kitchen."

Working closely with local farmers, Niven Patel has a deep appreciation for the journey to the plate and the delights of fresh produce and peak season flavours and he and his team lovingly cultivate the greens, fruits and vegetables at his home farm, Rancho Patel for his



three restaurants. He started the farm when one of his cooks threw out half of a perfect tomato. "I lost it," he recalls. It was clear to him that his team didn't appreciate what went into growing the produce they used. "So, I told them, "You guys are all going to come to my house and we're going to start a farm."

On Friday 24th February Chef Niven, Executive Chef Dean Max and Chef de Cuisine, Artemio Lopez will join culinary forces to create a celebration of bold Spring flavours and local fresh ingredients with influences of both India and Italy. The evening will begin with cocktails and canapes in the Brasserie Garden, before guests dine under the stars at the Caboose. Chef Niven and the team will serve three courses, inspired by the fresh seasonal produce from the Brasserie's garden, plantation, beehives and coops, cooked over open fire on the Caboose grill. Brasserie Purveyors will provide the wine pairings for dinner, selected by Master Sommelier, Simone Ragusa, who has recently joined the Brasserie team.

The Brasserie Harvest Dinner series continues monthly through 21 April featuring international chefs, Pano Karatassos of Kyma, Atlanta on 24 March and Michael Backman of Aioli Bakery in West Palm Beach on 21 April.

Tickets are CI \$150 per person plus 20% gratuities.

To reserve your seat for Friday 24th February with Chef Niven Patel or the March and April Harvest dinners, email reservations@brasseriecayman.com or call +1 345 945 1815.

# Cayman First Appoints New Director to its Board, Mr. Abraham Thoppil

Cayman First Insurance Company ("Cayman First") today announced the appointment of Mr. Abraham Thoppil to the company's Board of Directors, effective 17 January 2023.

Mr. Thoppil will serve as the Chair of the Corporate Governance Committee and as a member of the Audit Committee. As an Attorney, Certified Management Accountant and Chartered Engineer, he brings more than 30 years of legal, accounting and engineering experience to the Board.

"We welcome Abraham to the Board," says Cayman First Chairperson, Alison Treco. "We are confident that his diversified expertise and relevant experience will add valuable perspective as we execute on our strategic plan to accelerate growth and drive shareholder value."

As Law Reform Commissioner, former member of the Cayman Islands Financial Services Legislative Committee, and past President of the Caymanian Bar Association, Mr. Thoppil has over the years been called upon to assist in the drafting of various Cayman Islands laws, including legislation related to insurance, intellectual property, financial services, and local business licensing. He also serves as an Adjunct Lecturer at the



► Mr. Abraham Thoppil joins the Cayman First Board of Directors, serving as Chair of the Corporate Governance Committee and as a member of the Audit Commit-

Truman Bodden Law School and has been a guest lecturer at the University College of the Cayman Islands.

He joined Maples and Calder (Cayman) LLP in 1997, was elected Partner in 2013,



Cayman First Managing Director, Roger Balkissoon, will work closely with the Board of Directors to ensure Cayman First continues to make a positive impact for all stakeholders.

and practised in the Funds & Investment Management group until his retirement from Maples in 2022.

Mr. Thoppil holds a Bachelor of Engineering degree in electronics and telecommu-

nication engineering, Bachelor of Science (Business) and Master of Science (Management) degrees, a Juris Doctor degree and a Post Graduate Certificate in Cayman Islands Law. Mr. Thoppil is admitted to legal practice in the state of Massachusetts, USA, England and Wales, the Cayman Islands and the BVI.

Mr. Thoppil joins six other Cayman First Directors who all carry a wealth of knowledge and experience from across a range of disciplines and industries, including insurance, healthcare, and finance. Together, the Board oversees the governance of the company in relation to its legal and regulatory requirements so that Cayman First can continue to earn the trust of its customers and its communities.

"Abraham's extensive experience within the local business community, coupled with his knowledge of Cayman Islands law makes him an ideal person for this role," says Roger Balkissoon, Managing Director at Cayman First. "As Cayman First looks ahead to its 40th year in business next year, I look forward to working closely with him and the Board to ensure Cayman First makes a positive impact for all its stakeholders, including the Cayman First family of employees, clients, brokers and providers."

# OfReg leadership visits Cayman Brac



▶ OfReg leadership team and District Commissioner, Mr. Mark Tibbetts

As OfReg continues to focus on promoting consumer protection and ensuring good utility regulation across the entire country, Acting Chairman Mr. Frank Balderamos, Interim CEO Mr. Peter Gough and key staff members visited Cayman Brac last week to meet with regulated entities and tour their facilities. The team, visited Island Energy Ltd (formerly Cayman Brac Power & Light), Digicel, Flow, Logic and Home Gas Ltd.

The visit provided the OfReg team with an opportunity to view the current infrastructure and installations in place as used to provide service to consumers

and to meet staff charged with managing and operating the various facilities. The discussions allowed the team to learn first-hand what issues operators are experiencing in delivering service, what their future plans for development are and how OfReg can assist in better regulating the various sectors for the benefit of consumers.

The team also met with District Commissioner Mr. Mark Tibbetts to discuss how OfReg is working to promote sustainable utilities development and consumer protection in the Sister Islands, and to get an idea of what issues resi-

dents are most concerned with respect to utility service. A highlight of the discussions surrounded the newly formed Consumer Council and the value of having a representative from the Sister Islands appointed to the committee.

During a meeting with representatives from Island Energy Ltd (IEL)- Mr. Jonathan Tibbetts General Manager and Mr. Kenny Ryan, Line and Plant Manager (IEL) and Jan Feik, Vice President of Active Investments, DART the OfReg team was provided with an understanding of their current operations and in particular their future plans to transition to re-

newable energy to a degree that works for the consumer.

"This visit is a great opportunity for us to engage with licensees directly and understand the essential utilities and services they provide on the three islands," said Mr. Gough. "It is essential for us to understand the challenges they face and support them in delivering reliable and affordable services to the public.

"Regular site visits and meetings with both licensees and consumers is key to effective regulation and OfReg endeavors to continue its' efforts in these areas."

# **A Momentous Week**

# Royal Visit and 54th Agricultural Show



▶ His Royal Highness Prince Edward, The Earl of Wessex (R) and Her Royal Highness Sophie, The Countess of Wessex (L)

## By: Mina Whorms

Residents of the Cayman Islands may find there is an air of excitement over the coming days as the Country prepares for a number of auspicious events.

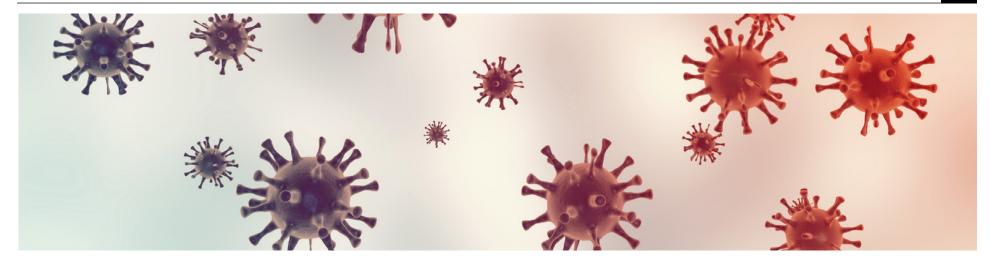
As announced, Their Royal Highnesses, The Earl and Countess of Wessex, are set to arrive on Monday, 20 February for an official visit. They will be met on arrival by His Excellency the Governor Mr Martyn Roper and Hon. Premier Wayne Panton and will receive a royal salute, inspect the Royal Cayman Islands Police Service, and meet key government officials. This is the fifth time His Royal Highness has visited our shores, and the second time accompanied by Her Royal Highness The Countess of Wessex.

The Earl and Countess will spend much of their time on Island supporting various events with their respective patron organisations, the Central Caribbean Marine Institute (CCMI) and 100 Women in Finance. Both or-

ganisations are highly respected for the excellent work they do across the Cayman Islands.

As another important aspect of the trip is to focus on youth development and enhancement, the Duke of Edinburgh Award will be presented by the Earl of Wessex to two deserving youth recipients. Furthermore, the Countess will be visiting midterm campers at the YMCA Cayman Islands. His Royal Highness will also receive a Royal salute from the Cayman Islands Cadet Corp honour guard, who will be present at the Coast Guard Headquarters along with the Cayman Islands Regiment.

The Countess will be opening the 54th Agricultural Show on Wednesday, 22 February, where she will experience the cherished Caymanian event. The annual Agricultural Show is expected to draw record numbers following a two-year hiatus. The public is therefore strongly encouraged to utilise the free Park and Ride Service to avoid vehicular traffic entering the grounds.



# **COVID-19 Surveillance Data**

January 2023 (data as of 3 February 2023)



### **Key points**

### **Locally:**

In the Cayman Islands there were 17 COVID-19 hospital admissions in January 2023, which remains similar to the previous month of 16 COVID-19 hospital admissions. This includes individuals admitted for morbidity relating to their SARS-CoV-2 infection and those who test positive for COVID-19 when screened on

admission and receiving hospital care for other medical needs. Two COVID-19 patients were admitted to critical care during January 2023. There were no COV-ID-19 deaths reported in January, and two COVID-19 deaths were reported in the previous month.\*\*

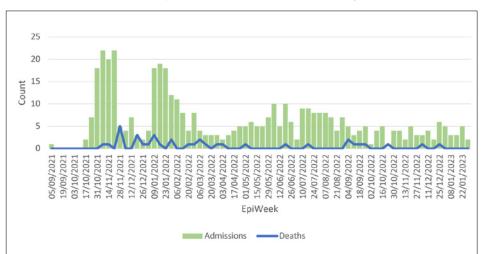
An additional 432 Autumn 2022/2023 boosters were administered during January.

[1] World Health Organization, 2023. Weekly epidemiological update on COVID-19 - 8 February 2023. Available online: https://www.who.int/publications/m/item/weeklv-epidemioloaical-update-on-covid-19---8-february-2023

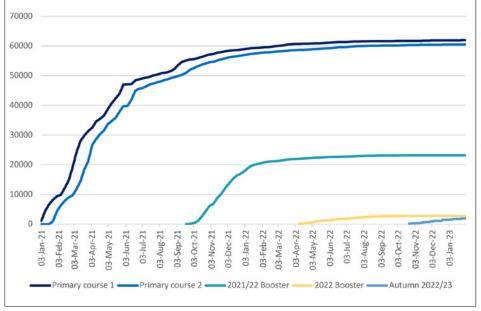
[2] UK Health Security Agency, 2023. SARS-COV-2 variants of concern and variants under investigation in England: technical briefing 49. Available online:

https://assets.publishina.service.aov.uk/aovernment/uploads/svstem/uploads/attachment data/file/1129169/variant- technical-briefing-49-11-ianuary-2023.pdf

\*\* Effective immediately, the Ministry of Health & Wellness will report information relating to COVID 19 deaths on a monthly basis, via the Public Health Spotlight publication.



- ▶ Weekly hospitalisations and deaths (since 8 September 2021\*)
- <sup>a</sup> First COVID-19 patient was in March 2020, but hospitalisation figures begin September 2021 for graphical reasons.



► Vaccine uptake over time

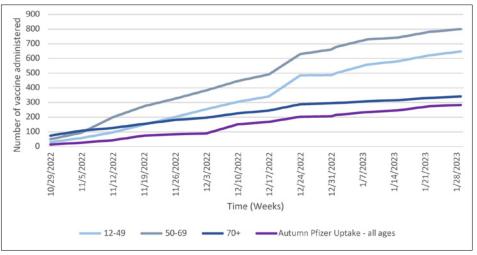
Genomic sequencing results from 83 positive SARS-CoV-2 samples in early December continue to present Omicron as the only variant currently circulating in the Cayman Islands. Among identified sub-variants, BA.5 and its descendant lineages are the most commonly detected (86%). The BQ.1 lineage attributed to 37% and BQ.1.1 attributed 20% of the sequenced samples. These trends align to the global picture, with BA.5 and its descendent lineages reported as dominant globally by WHO[1], and BQ.1 lineage is the predominant sub-lineage currently circulating in the UK[2], XBB and XBB.1 variants were identified in the samples from early December 2022, however are not indicated to be a commonly detected sub-variants.

Indicator	January 2023	December 2022	Percentage change
New COVID-19 patients admitted <sup>a</sup>	17	16	6%
New admissions with ≥ 2 doses of a			
COVID-19 vaccine	14	9	36%
COVID-19 patients discharged	14	15	-7%
Number of inpatients	21	21	0%
Supplemental O2 inpatients <sup>b</sup>	6	2	67%
ICU inpatients <sup>b</sup>	2	0	NA
Ventilated inpatients <sup>b</sup>	0	0	0%

- ► COVID-19 patients admitted to hospital
- Admissions include patients who are detected as being COVID positive on screening,
- <sup>c</sup> inpatient indicators are based on data received at the point of admission.

Dose Number	Number administered January 2023	Count Population C		Coverage of population over 5 °
Primary course 1	73	61,932	86.7%	95.7%
Primary course 2	70	60,659	84.9%	93.7%
2021/22 Booster	0	24,064	33.7%	37.2%
2022 Booster	0	2,772	3.9%	4.3%
Autumn 2022/2023 Booster	432	1,955	2.7%	3.0%

▶ COVID-19 vaccine uptake and coverage within the previous month. f Based on a Total Population of 71,432.



► Cumulative Autumn booster (typically Moderna) uptake overtime by age group.



 Government High School Scholar Abigail Rose (c) receives her award from Premier the Honourable Wayne Panton (l) and Minister for Education, the Honourable Juliana O'Connor-Connolly (r)



► Government High Schools Scholar Diamond White (c) receives his award from Deputy Premier, the Honourable Christopher Saunders (I) and Minister for Education, the Honourable Juliana O'Connor-Connolly (r).

# JGHS students awarded prestigious scholarships



▶ Government High Schools Scholars Abigail Rose (3rd left) and Diamond White (3rd right) are photographed with their parents and John Gray High School Principal Mr. Jon Clark (I).

Two former John Gray High School students, Abigail Rose and Diamond White,

have been named government high school scholars by the Ministry of Education and

for that, will receive a scholarship worth up to \$100,000 per year to further their studies.

Both students graduated from the school last year and were presented with their scholarships at a ceremony at the Grand Cayman Marriott Beach Resort last week.

The Ministry's Acting Chief Officer Ms Lyneth Monteith explained the programme came about last year because they wanted to expand access to the highest quality education for government high school graduates who exhibited academic excellence.

"It also aims to create equal opportunity for both male and female graduates to realise the full benefits of high-quality education,

and raise the profile of our government schools by incentivising other pupils to

exert more effort to excel as exhibited by these exemplary role models from their schools," she said.

The scholarship will go towards the students' overseas undergraduate tertiary studies.

Education Minister Juliana O'Connor-Connolly implored the students to continue striving for excellence and making the people of the Cayman Islands

Minister O'Connor-Connolly also noted the importance of the programme in motivating and empowering Caymanians.

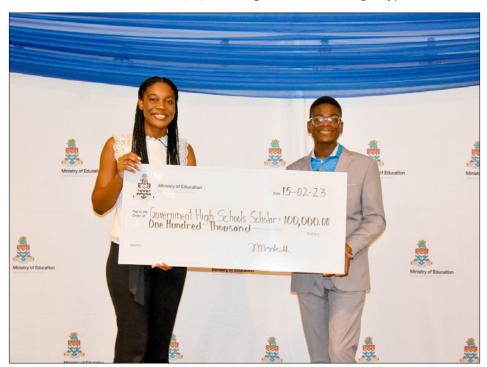
"Through the government high schools scholar award, we have expanded access to the most prestigious universities, and the pathway to achieving the highest heights has now been made even clearer," she said.

The scholars were selected from the Cayman Islands government schools graduating class of 2022.

For more information on the government high schools scholar award programme, visit www.gov.ky/education.



▶ (I-r) Government High School Scholars Diamond White and Abigail Rose receive a ceremonial cheque from Deputy Governor the Honourable Franz Manderson and Minister for Education, the Honourable Juliana O'Connor-Connolly.



► Government High Schools Scholars Abigail Rose (I) and Diamond White (r) pose with the ceremonial cheque.

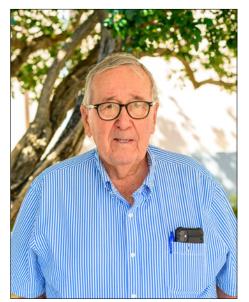
# Interventional radiology offers patients minimally invasive solution to tumours

The Health Services Authority (HSA) is pleased to announce the availability of Radiofrequency ablation (RFA) at the Cayman Islands Hospital. RFA is a unique and modern technique that offers an alternative form of treatment for tumours that is less risky, less painful, and requires a shorter recovery time. While many tumours are traditionally removed via surgery, this new minimally invasive technique was successfully performed at the HSA on a patient with a renal tumour. This is the second time the procedure was performed on island, both with successful outcomes.

The patient, Robert Slatter, did not expect to be informed that he had a tumour growing on his kidney during his visit to the general practitioner. He showed no symptoms related to the abnormal growth and came to the HSA for an unrelated issue. The tumour was discovered after he was directed to the Accident and Emergency Department for further testing.

Mr. Slatter's medical care team at the HSA discussed the treatment options with him and decided on using the minimally invasive RFA procedure as the optimal technique given his unique circumstances, as well as the size and location of the renal tumour.

RFA is a thermal ablation technique that uses electrodes to generate heat and destroy abnormal tissues. It is used in the treatment of several cancers, including bone, liver, and renal tumours as well as cardiac arrhythmias. The procedure is done by an interventional radiologist who uses imaging techniques such as comput-



▶ Patient Robert Slatter's renal tumour was treated at the HSA using the RFA technique.

erized tomography (CT) scan, ultrasound, magnetic resonance imaging (MRI) or fluoroscopy, to insert the RFA electrode through the skin into the tumour via a needle.

"RFA significantly reduces the recovery time in comparison to the traditional invasive option and presents a success rate of 93% in small renal tumours," explained HSA Interventional Radiologist Dr Alessandro Lemos.

"The treatment choice made sense to me because I was not afraid of modern technology and I had undergone similar procedures before," said Mr Slatter. "Also, the great benefit of this technique is that it



▶ L-R: Interventional Radiology Nurse Amy James, Patient Robert Slatter, Interventional Radiologist Dr Alessandro Lemos and General Practitioner Dr Beatriz Esteban.

didn't require me to be completely sedated, as I prefer to stay awake."

A multi-disciplinary team headed by Dr Lemos and consisting of HSA Urologist Dr Rafal Krupiniewicz, General Practitioner Dr Beatriz Esteban and Clinical Specialist Mr Raul Flores from Boston Scientific worked collaboratively to ensure a successful outcome. After four hours of recovery, the patient was discharged and went home without complications.

"I wasn't nervous nor had any concerns. In fact, the number of people around me made me feel like a VIP. My choice for mild sedation was respected and overall, it was a very successful procedure," said Mr Slatter.

Dr Alessandro Lemos is a diagnostic and interventional radiologist at the HSA. He has been a fellow at the University of California in Los Angeles (USA) in 1996 and at Karolinska Institute in Stockholm (Sweden) in 2010. He completed his doctorate in Medicine and Radiology board certification at the University of Rome "La Sapienza". Dr Lemos published more than 65 peer-reviewed scientific papers. His clinical interests are interventional radiology, CT whole body for trauma, oncology medical imaging, ultrasound, computed tomography, nuclear medicine and digital imaging.

# Dart donates over US\$52,000 to support scholarship for mental health studies

# Company matches funds raised at Addison Kelly Butterfly 5K Walk/Run

Dart has committed over US\$52,000 to support the academic journeys of students pursuing mental health studies.

The donation was made to the Addison Kelly Memorial Scholarship with Dart matching funds raised through registrations and donations for the inaugural Addison Kelly Butterfly 5k Walk/Run on 4 February 2023. Nearly 1,000 participants showed up for the early morning event that saw runners and walkers traverse the roadways and footpaths around Camana Bay.

Addison Kelly was a Caymanian teenager who was diagnosed with post-traumatic stress disorder (PTSD) and depression at age 15, with an additional diagnosis of borderline personality disorder being made in the following months. Even as she fought daily for her mental health, "Addi," as she was affectionately known, maintained a positive attitude and kept a smile on her face. However, on Tuesday, 8 February 2022, she succumbed to her illnesses, taking her life at 16-years old.

"When Addi was in treatment, she spoke often about wanting to study to become a therapist and/or psychiatrist when she got



▶ Dart Chief of Staff, Joanne Lawson, (2nd from right) and Manager Community Development, Dominic Ross, (far right) made the presentation to the Kelly Family.

older so she could help others who were experiencing similar challenges, especially in her beloved home, the Cayman Islands," said her mother, Rhonda Kelly, who noted Addi had researched colleges which offered programmes in these fields, and in her more hopeful moments was looking forward to making a difference in her world.

The Addison Kelly Memorial Scholarship was created by the Kelly family to enable

persons in Cayman who have a desire to help people struggling with mental illnesses do so. "Addi had a team of incredible therapists and doctors who helped her through many challenging times, but we know that there is an urgent need in Cayman for more trained specialists in this field," Kelly said.

Dart Manager Community Development Dominic Ross said although the company paid for its staff to participate in the 5K event, it was compelled to demonstrate stronger support.

"In recent years we have seen the increased demand across all demographics in our community for access to qualified mental health professionals. We are optimistic that these funds, along with what was raised by the Kelly family, will help increase the pool of available mental health support resources for the benefit of the Cayman Islands community for years to come."

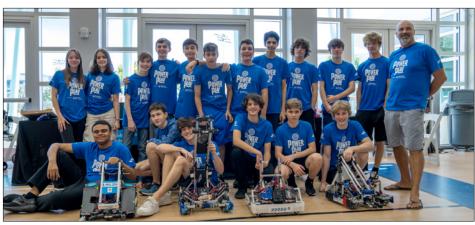
Kelly expressed thanks to Dart for their support. "We were heartened when we heard of this incredible gesture. It means so much and we are excited to see how these funds will help a Caymanian acquire the tools and education to help other Caymanians who are struggling with mental health," she said.

The Addison Kelly Memorial Scholarship is awarded for up to a maximum of four (4) years for a post-graduate degree or other certification from an accredited overseas institution, with annual renewal subject to academic performance. It is administered through the Alex Panton Foundation, a non-profit organisation, with support from the Kelly family.

# CIS wins Power Play at 2023 FIRST Tech Challenge







▶ Winning team from Cayman International School

The energy was electric at the annual Minds Inspired robotics interschool competition as seven high schools put their robots through their paces in the FIRST Tech arena. After multiple rounds navigating obstacles, shifting alliances and overcoming technical challenges, an exciting final match saw two teams from Cayman International School (CIS) in an alliance against two teams from John Gray High school (JGHS). It was a nail-biting finish with the first game going to CIS, the second to JGHS, and CIS emerging victorious in the final round.

This year's FIRST Tech Challenge, held on 4 February at Camana Bay's Arts and Recreation Centre, had a renewable energy theme that asked teams to consider how technology and innovation can help solve some of the world's most pressing problems.

112 students from seven high schools participated in the event, with Layman E. Scott High School in Cayman Brac entering a team for the first time. John Gray High School and Cayman International School both entered a record four teams this year.

"It's rewarding to see how robotics programmes are growing in schools since we launched the FIRST Tech Challenge in the Cayman Islands five years ago," said Glenda McTaggart, Dart's senior manager education programmes who coordinates Cayman's



► FIRST Tech Challenge Power Play arena

participation in FIRST Tech Challenge and at FIRST Global, the international finale of the robotics season which brings together teams from 180 countries. "Robotics offers so many benefits to kids for their education and future careers," said McTaggart. "In addition to the technical skills required to design, build, programme and operate the robot, it also teaches communication, problem-solving and teamwork."

In addition to awards for the winning and runner-up alliances, FIRST Tech Challenge also presents awards for excellence in innovation and engineering design which was won by CIS. St Ignatius and Cayman Prep won the team spirit prize, and the inspire award went to CIS for being a strong ambassador for the programme and an inspiration to other teams. The Judges Choice award for outstanding effort was given to John Gray High School.

### **Selection for the national team**

Cayman Islands National Robotics team coach Desmond White was watching performances at FIRST Tech Challenge carefully, as students participating are eligible for the Cayman Islands National Robotics team. Teachers nominate students for selection by an interview panel that includes as mixture of sponsors and engineering professionals.

"The standard of competition is increasing every year," said White who was a coach on the team that went to FIRST Global in Geneva last October. "We reuse the kit components every year, so it's interesting to see how designs evolve to suit the different tasks required by this year's theme. Half the skill is in programming the robot to complete the autonomous part of the challenge, then it's down to the operator to navigate the obstacles and other robots in the arena in real time. It's not an easy feat, I'm impressed by the skill on display today."

The venue and theme for 2023 FIRST Global Challenge is yet to be announced. Selection for the Cayman Islands National Team will begin in April, with the international tournament taking place in the fall.

The FIRST robotics programme is sponsored in the Cayman Islands by Dart, Cayman Utilities Company, Digicel, Aureum Re, Health City Cayman Islands and KPMG.

"Our sponsors are all invested in building STEM skills in the next generation," said McTaggart. "Their support of robotics goes beyond funding, they volunteer their time and expertise, giving technical advice, helping as judges or scorekeepers, and providing encouragement to students and educators wherever needed."

# **New Cybersecurity Course Offered**

# Individuals can now explore the fundamentals of ethical hacking and cybersecurity taught by industry professionals

The unprecedented rise in cyber-attacks means there's never been as much demand for skilled cybersecurity professional who can help to defend critical business systems against malware, attacks, and intruders. Enterprise Cayman in partnership with Code Fellows and Ember Lake, recently produced their first Ops 101 workshop where nine participants were invited to explore the fundamentals of ethical hacking and cybersecurity.

"As Cayman's tech ecosystem continues to grow and diversify, it's vital for us to be able to offer accessible and relevant tech education taught by industry professionals," said Alyssa Manderson, Enterprise Cayman Programme & Events Coordinator. "The new Ops 101 Workshop experience allows individuals in Cayman to learn how to explore revolutionary tech tools safely and productively, while exploring innovative career and business opportunities."

The day-long immersive course for be-



ginners took place Saturday, 11 February 2023 and was instructed by John Cokos, Director of Curriculum at Code Fellows, James McGarvey, BSides Cayman Islands Founder and Owner at Ember Lake, and RJ Sudlow, BSides Cayman Islands Founder and Owner at Ember Lake. "As representatives of Ember Lake, BSides and the wider Cybersecurity community, we we're delighted to support and participate in this

great initiative by Enterprise Cayman," said McGarvey. "Nurturing an active and supportive community in the Cayman Islands, is important for the development of the industry and creates a local pool of expertise to share knowledge, recognise opportunities, and grow together to have a positive impact at home."

The recent workshop welcomed a diverse group of individuals from financial

services professionals to postsecondary educators, and entrepreneurs. Kevin Ramirez who received a scholarship from Cayman Enterprise City (CEC) to attend the workshop said, "the Ops 101 - Cybersecurity workshop was truly eye-opening and a valuable learning experience. I gained a deeper understanding of the importance of cybersecurity and the measures that need to be taken to protect our data and systems. The knowledgeable and experienced instructors made the workshop engaging and interactive. I highly recommend this workshop to anyone looking to enhance their cybersecurity knowledge."

Cybersecurity, Web3, and Code courses will be offered by Enterprise Cayman throughout 2023 and private classes for corporate groups and professional associations can be arranged. For upcoming workshops and events visit www.enterprisecayman.ky. For enquiries email innovate@enterprisecayman.ky.

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Con	cept	s S	udoK	U		В	y Dave	e Green
	1		9				4	
7		3						6
			1		8		7	
		4				9		1
			8		4			
1		7				8		
	7		6		5			
2						3		9
	3				1		6	

### Answer to previous puzzle

9	5	2	4	7	6	1	8	3
6	3	4	8	2	1	7	9	5
7	8	1	9	5	3	4	2	6
5	4	7	3	6	2	8	1	9
3	2	8	1	9	5	6	7	4
1	6	9	7	4	8	5	3	2
8	9	6	2	1	4	3	5	7
2	1	5	6	3	7	9	4	8
4	7	3	5	8	9	2	6	1

Jules

Louis

Marcel

Marie

Michel

Nicole

Odette

Pierre

Serge

Thierry

Find the listed words in the diagram. They run in all directions - forward, back, up,

down and diagonally.

Philippe

Madeleine

Antoine

Armand

Brigette

Camille

Etienne

Georges

Gustave

Jacques

Jeanne

Henri

Emil

Claudette

### 4/10 Difficulty Level ★★

Ε

D

D

С

М

UFENGSEGROEGD

Word Search

MACAPOE

0 С

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Ε R

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RWLMNC

## *CROSSWORD* By THOMAS JOSEPH

### **ACROSS**

- 1 Tries for flies
- 6 Polite
- address 10 Insertion

## sign

- **11** Aquarium fish
- 12 Levitates
- 13 Got wind

of

- 14 Gossip bit
- 15 Traveler's woe
- 16 Fellows
- **17** Cargo unit
- 18 Caustic stuff
- 19 Marmosets and mandrills
- **22** Surgery reminder
- 23 Take ten
- **26** Boot camp figures
- 29 Mouth part
- 32 Royal flush card
- 33 G-Eazy's music
- 34 Incense
- **36** 2017 Pixar film
- 37 Texas landmark
- 38 First appearance

## 39 Squelched 40 Skilled

- 41 Looks over
- 42 Unkempt

### DOWN

- 1 Be frugal 2 Diner workers
- 3 Whodunit 11 "How
- poison 4 Abound
- **5** Kin of blvds.
- 6 Get
- together 7 Even a
- little 8 Ordered
- display
- 9 "Picnic" role

|O|U|T|O|F|B|R|E| U|S|E A|L|A COM P|E|W|P|E|K|E|S| S INRE G E |C|O|L|L|A|R|S

SP

A|R|M|E|D

BOONE

|S|E|N|D|S|

rude!"

### Yesterday's answer

| O|U|T|O|F|A|C|T| | | O|N

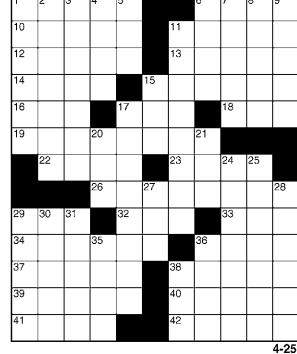
SITIOILIE TIWIAINIG

- 25 Service
  - parts

|S|O|L|E|S

- **15** Write 27 Bar cubes hastily 28 Uneven
- 17 Béarnaise 29 Flat paper
  - sauce 30 Parquet
- feature ingredient 20 Driver's 31 Babble
  - 35 Singer aid
- 21 Porpoise Tori 36 Surrender home
- 24 Flashing 38 Block lights up

THOMAS CROSSWORD BOOKS 1-8! Send \$4.75 (check/ m.o.) for each book to 628 Virginia Dr., Orlando, FL 32803



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# Have fun with CAYMANIAN TIMES

## THE AMAZING SPIDER MAN By Stan Lee







### **CURTIS** By Ray Billingsley







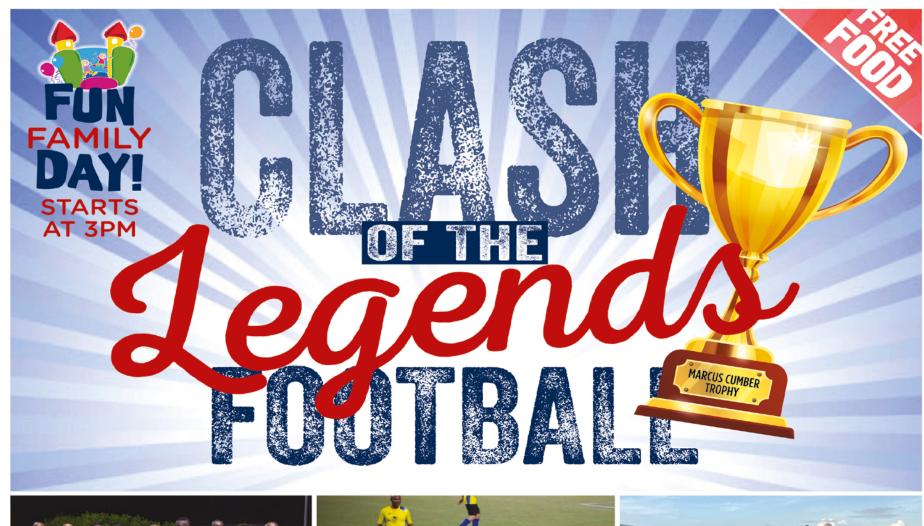


### **JUDGE PARKER** By Woody Wilson & Mike Manley



THEN SHE TRIED TO MANIPULATE ME INTO HELPING HER.











**MONDAY, 15 MAY 2023** 

# ED BUSH STADIUM, WEST BAY

**FAMILY FUN DAY STARTS AT 3PM UNDER 15'S GAME KICKOFF AT 5PM** CLASH OF THE LEGENDS GAME KICKOFF AT 7PM

### \$10 RAFFLE PRIZES:

10 - \$100 GIFT CERTIFICATES FROM PRINCESS JEWELLERS STAYCATION AT HOLIDAY INN

### THANK YOU TO OUR SPONSORS





































## Hope Foundation **Community Challenge**

Contact Brent at 928-9099 www.caymanhopefoundation.com

Contacts: David Arch 939-0025 • Antonio Smith 916-3977 • Brent McLean 926-4040 • Lloyd (Stoocka) Ramoon • Neil Murray

Cayman is home to many people with substance abuse. As a community we can all make a difference in the lives of those individuals.