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Highlights of UCCI's 2023 Commencement celebrations



Celebrating seafaring heritage

By: Marsha Ebanks

Local seafarers celebrated their seafaring heritage at the 3rd annual Cayman Islands Sea Sunday event, hosted by the Society of St. Vincent de Paul Cayman Islands and the Cayman Islands Seafarers' Association on Sunday (9 July) at the Seafarers' Hall in Prospect, Grand Cayman.

The special day, which is observed on

the second Sunday in July each year, is a global celebration that gives God thanks for the lives and work of mariners and

SEE **CELEBRATING SEAFARING HERITAGE**, PAGE 9







Dear Sir, Madam

I hope this message finds you well. I am writing to you as the Director of the Cayman LGBTQ Foundation to address recent misleading statements circulating in the media regarding our organization's alleged involvement in Caymas 2023 and the inappropriate behavior of its participants.

It has come to our attention that our foundation has been wrongly associated with a specific float and the conduct of its participants during Caymas 2023. We would like to clarify that the Cayman LGBTQ Foundation did not have a float or any representation in Caymas this year. Our foundation annually hosts the Cayman Pride Parade, an event that celebrates inclusivity, diversity, and unity in the LGBTQ community.

The float in question and its participants are affiliated with a separate company located on the island and are in no way associated with the Cayman LGBTQ Foundation. We would like to emphasize that any inappro-

priate actions or conduct displayed by these individuals do not reflect the values, mission, or principles of our organization. We condemn any form of lewd behavior or misconduct, and it is important to note that the Cayman LGBTQ Foundation is committed to promoting respect, acceptance, and equality for all.

We kindly request your assistance in correcting this misrepresentation and ensuring accurate information is provided to the public. It is crucial to maintain the integrity of our organization and to prevent any further misunderstanding or misreporting that may arise from this incident.

We appreciate your support and understanding in rectifying this matter promptly. If you require any further information or clarification, please do not hesitate to contact me directly at clgbtqf@gmail.com

Thank you for your cooperation. Sincerely, Noel Cayasso-Smith President / Founder Cayman LGBTQ Foundation





Premier Panton: Community Safety Update

Following the arrests of suspects believed to have been involved in a spate of crimes in recent weeks, Premier Hon. Wayne Panton expressed gratitude to the Royal Cayman Islands Police Service (RCIPS) for their ongoing efforts to ensure the safety of the Cayman Islands community.

Premier Panton recognised the RCIPS for their swift and tireless efforts to increase patrols and targeted operations, which led to the successful capture of eight men in recent weeks:

"Our community has noticed an increase in crime that is particularly concerning. In an effort to tackle this upsurge in serious crime (especially armed robbery), I welcome the news that the RCIPS has now arrested a further four men thought to be responsible for these heinous offences," said Premier Panton.

Despite the fact that these arrests have undoubtedly reduced the number offenders from our streets, Premier Panton urged that our community continue its open and honest dialogue with police: "As the safety of our people continues to remain paramount, and as we continue to improve plans to prevent further criminal activity and apprehend suspects, community cooperation is essential. We owe it to each other to be vigilant and speak up when we have



▶ Premier Panton

relevant information." said Premier Panton.

"We in Government and the RCIPS are committed to zero-tolerance towards crime in our communities. The RCIPS continues to have the full support of the Government; and with your help and cooperation, I am confident that we will continue to have a high degree of success in bringing perpetrators of crimes to justice. As has been said before, and I will reiterate here: let us ensure our Islands remain a peaceful, crime-free environment," Premier Panton concluded.

Residents encouraged to verify data before sharing

The Cayman Islands Government's Cyber Security Office is encouraging residents to verify information they receive and not fall prey to sharing and spreading misinformation.

This reminder has come in light of sponsored social media posts being circulated with false information targeting government officials and the Cayman Islands.

Representatives of the Cyber Security Office said that this type of misinformation poses reputational risks to the government and the Islands. "We all have a responsibility to avoid spreading disinformation, particularly on social media. This could be in the form of a false claim, reposting a manipulated photo or repeating a false quote."

Members of the public are reminded of some questions to ask and steps to take before re-sharing information and images via social media. These include:



- \cdot Stop and think. If any doubts, pause and check further.
- · Before you forward it on, check your source and each fact individually.
- · Could it be fake? Appearances can be deceptive.
 - · Unsure whether it is true? Don't share.

 Reware of amotional posts and think
- · Beware of emotional posts and think about biases. Are you sharing because you know it is true or because you agree with it?

Information on government's other cyber security tips can be viewed at https://www.exploregov.ky/cybersafe



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Ministry launches new energy efficiency retrofits programme in partnership with Resilience Cayman

Applications for the Cayman Home Energy Efficiency Retrofits (CHEER) Programme open on 11 July

The Ministry of Sustainability & Climate Resiliency is launching a new programme to provide energy efficiency retrofits for eligible Caymanian homeowners struggling with high utility bills.

The Cayman Home Energy Efficiency Retrofits (CHEER) Programme will implement energy-saving retrofits for lower-income families in small homes facing high monthly utility bills. Priority consideration will be given to the elderly, families with children, and persons with diagnosed health conditions. The Ministry has contracted local non-profit organisation Resilience Cayman to deliver the programme.

Premier and Minister for Sustainability & Climate Resiliency Hon. Wayne Panton said the new programme is the latest in a series of initiatives designed to help advance the twin goals of the implementation of the National Energy Policy and helping to lower the cost of living for Caymanians.

"Saving energy saves money. These retrofits will help lower the cost of living for people in our community who are struggling with the high cost of electricity," he said, noting that strategy 3.3.9 of the National Energy Policy specifically speaks to energy efficiency retrofits of existing buildings. "The new CHEER Programme is one of several programmes the PACT Government has launched since 2021 to address the escalating cost of living crisis and rising energy costs. Last year, we launched the Electricity Assistance Programme to offer direct subsidies to residential customers with monthly consumption between 101 and 2,000 kilowatt hours - an initiative which benefitted more than 22,000 households across the Cayman Islands. We also waived the import duty on energy efficient devices and building materials; and the Ministry of Sustainability & Climate Resiliency achieved two grants from RESEMBID – the Resilience, Sustainable Energy and Marine Biodiversity Programme – to improve energy efficiency in public sector buildings and Government-built affordable homes."

Under the CHEER Programme, approved homes will undergo an energy audit, conducted by a trained energy professional, prior to receiving tailored energy-saving upgrades such as: insulation, upgraded air conditioning, sealing the building envelope, LED lighting, Energy Star-rated appliance upgrades or smart thermostats.

Resilience Cayman Chairperson Jan Gupta said: "The programme is very timely and welcomed by many families in Cayman who are struggling to keep up with their energy bills, especially as we enter the hottest months. It will also provide us with an opportunity to assist many homeowners to retrofit their homes towards a more sustainable energy future."

To be eligible for the programme, applicants should satisfy the following criteria:

- You are Caymanian;
- You own your home and you are living in it;
- Your total household income is CI\$4000/month or less;
- Your home is no more than 2,500 square feet gross floor space; and,
- Your monthly energy consumption is 2000 kWh or more.

Premier Panton said the CHEER Programme is a prime example of how sus-



► CHEER Contract Signing

tainability measures that balance society, environment and economy can improve quality of life for Caymanians.

"This summer's record heat demonstrates that the energy crisis, the cost of living crisis and the climate crisis are all interlinked," he explained. "Programmes like this one that support our people, our economy and our environment, help make the Cayman Islands more sustainable, benefitting current and future generations."

In this initial phase of the project, the Ministry has allocated \$500,000 towards energy efficiency retrofits. Once this funding has been utilised, the Ministry will evaluate the programme implementation

and consider opportunities for extending the initiative, subject to the approval of additional funding.

Applications open 11 July and the deadline to apply is 31 August 2023. To access the application page and learn more about the programme, visit: www.resilience.ky/ energy

Resilience Cayman has issued a request for proposal for contractors interested in taking part in this project. Please visit https://www.resilience.ky/contractors to learn more and submit a bid.

More information on the project will be shared on www.energy.gov.ky and through the National Energy Policy Facebook and Instagram pages.

Grant Thornton Celebrates Second Summer of Four-Day Working Weeks in the Cayman Islands

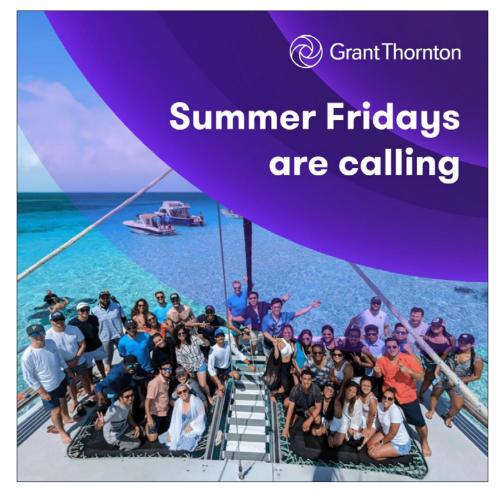
Following its resounding success last year, Grant Thornton Cayman Islands proudly announces the return of its summer four-day working week policy for all employees.

Once again, during the summer months of July and August, professionals will have the option to claim the Friday of their working week off. This initiative forms an essential part of the firm's ongoing mission to promote wellness and maintain work-life balance among its talented workforce. Grant Thornton remains confident that this innovative approach better enables its professionals to meet the dynamic and evolving needs of their clients.

"We are delighted to bring back the popular summer four-day working week policy," shares Dara Keogh, Managing Partner of Grant Thornton Cayman Islands. "This opportunity offers our hard-working team the chance to pursue hobbies, explore travel, or simply rest and rejuvenate. Last year's positive impact demonstrated that this initiative empowers our people to improve their work-life balance, ultimately enhancing wellbeing and job satisfaction."

"We had an overwhelming positive response to last summer's four-day week made, both with our team but also with the wider community, and were commended on our initiative to be the first firm to employ a four-day week in the Cayman Islands – which made it an easy decision to continue the initiative this year," continues Keogh. "Prioritizing both the physical and mental health of our people is very much ingrained in our firm's ethos. It's the unique character, individuality, and diversity within our team that fuels our strength and sets us apart."

There is ongoing research highlighting



the benefits of a four-day work week, and Grant Thornton is looking forward to witnessing how their employees relish this renewed policy for another year.

For more information, visit grantthorn-

LIFE inspires love for reading with donation of 80,000 books

Literacy Is For Everyone (LIFE), a leading advocate for literacy and education, is proud to announce the donation of an incredible 80,000 books to the Cayman Islands public school system, preschools, and communities. Since its establishment in 2012, LIFE has been dedicated to addressing the issues of low literacy levels in the Cayman Islands through long-term solutions and inclusive programs.

LIFE's signature programmes, including Book Donations, Paired Reading, Thrive By Five, Partners in Print, and the Education for Everyone Project aim to provide children of all ages and backgrounds with the tools and support needed to foster their love of reading. These programmes are designed to ensure that high-interest, developmen-

tally appropriate books and educational resources are accessible to all children.



▶ From left to right, Erin Galatopoulos (LIFE's Book Donations Coordinator) and Erica Dell'Oglio (LIFE's Executive Director) at LIFE's first Book Fair held at Red Bay Primary School at the end of June 2023 where every student from Reception to Year 6 got to choose a free book to take home.

As the largest donor of books to the public school system, LIFE has donated over 48,000

books in the last 4-5 years. This includes the provision of classroom libraries for every primary school and textbooks needed for student examination preparation.

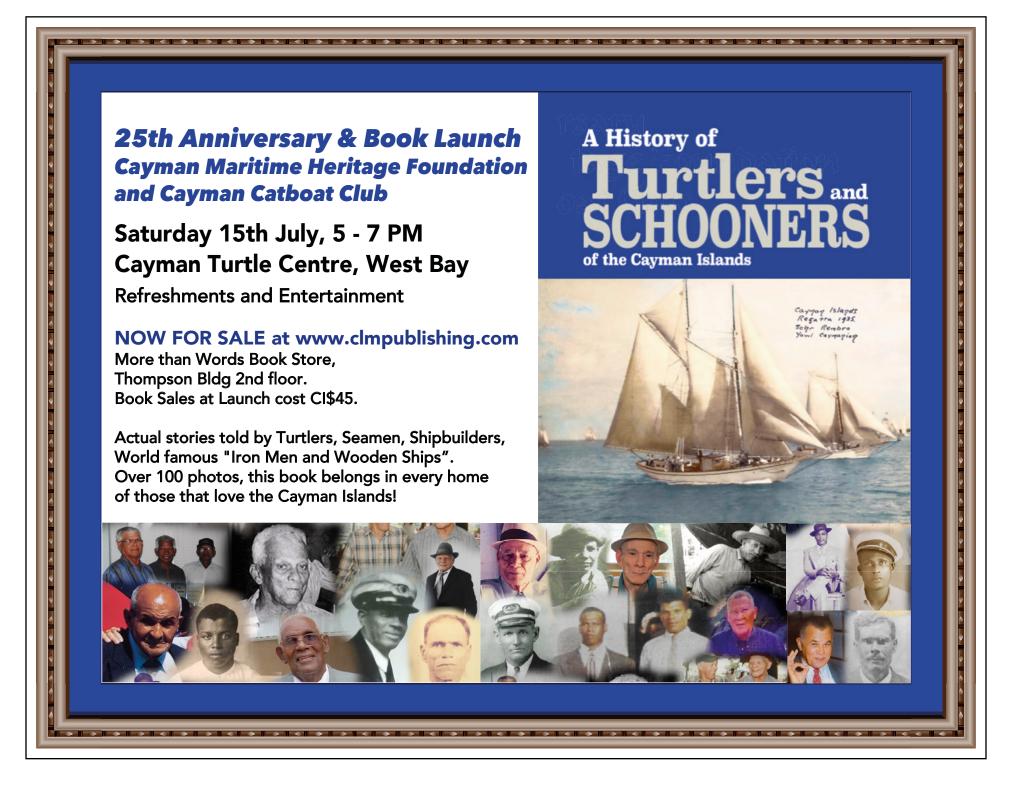
Recently, LIFE held its first-ever Book Fairs, donating 502 books to the students at Red Bay Primary School and Edna Moyle Primary School. The Book Fairs were inspired by research in the latest Scholastic Kids and Family Reading Report, which found that children are more likely to engage in reading for fun when they have chosen their own books. The enthusiasm of the students in attendance reflected the success of this initiative.

"LIFE is thrilled to have reached this incredible milestone of 80,000 books donated," said Erin Galatopoulos, LIFE's Book Donations Coordinator. "With our goal of providing classroom libraries for all government primary schools in Cayman achieved last year, we are focusing on developing the classroom libraries of John Gray High School and Clifton Hunter High School, as well as providing books for students' homes and supporting LIFE's Early Childhood programmes."

The recent Government Data Report for the Academic Year 2021–22 revealed that only 27% of the assessed Year 6 students at government primary schools met expectations in reading, writing, and arithmetic during the previous academic year.

"These findings are very troubling," said LIFE's Executive Director, Erica Dell'Oglio. "They highlight the urgent need to improve literacy outcomes for Cayman's children. We are committed to extending our programmes and initiatives to more children and families, emphasising the importance of language and fostering a love of reading. We are immensely grateful to our generous donors, dedicated volunteers, and community partners as their support is instrumental in our mission."

LIFE frequently collaborates with other education and community focused organisations, including the Ministry of Education, the Early Childhood Care and Education Unit (ECCEU), the Cayman Islands Early Childhood Association (CIECA), the Family Resource Centre, and other non-profits, to maximise their impact in the community.



Electoral Commission shares findings in community meetings



After an extensive survey, taking into account population changes throughout the the different electoral districts in the Cayman Islands, the Electoral Boundaries Commission held a series of community meetings in church halls to gather feedback which is part and parcel of their mandage, after explaining their methods and recommendations. Those meetings were in West Bay, George Town and Bodden Town, but they are planning to involve the Sister Islands in the discussions too, at

In accordance with sections 88 and 89 of the Cayman Islands Constitution Order of 2009, an Electoral Boundary Commission must be appointed within eight years of the submission of the last Commission's report

a later date.

Former Governor, Martyn Roper set up the commission to consist of Chairman Lisa R. Handley, PhD as well as local attorneys Dr A. Steve McField and Adriannie Webb. the teams reviewed the 2021



► Hon Premier Wayne Panton.

Census data and the Labour Force Survey population estimates. The Commissioners also considered other relevant matters at the meetings and visited each of the Electoral Districts to determine whether any changes are needed to the current boundaries.

In an earlier release the Commission said that 15 seats are affected by the proposed boundary changes due to population growth experienced over the last eight years, with the biggest impact on George Town and bodden town.

The three-member team gave a presentation at the Theoline L. McCoy Primary School in Bodden Town on Thursday 6 July. The meeting was well attended, with Hon Premier Wayne Panton, Hon Dwayne Seymour, Hon. Isaac Rankine. The Venerable Dr. Frank McField was also in attendance.

The presentation began with Commission chairperson Dr Lisa Handley explaining some technical considerations



▶ Left to right, Dr. Steve McField, Dr. Lisa Handley and Adriannie Webb who made up the commission

for each of the districts, explaining that it was necessary to formulate boundaries that represented roughly equal numbers of "Potential voters" - that is, people with Caymanian status who could get onto the electoral register if they wanted to. That excludes a large section of Cayman's population who either do not have status, or are her on work permits. The aim was to get each district in line with accepted international standards pertaining to equal numbers, within 10 to 15 percent of each other, so that when they vote for an MP the voting system will be fairer.

Some of the areas were problematic, with North Side and East End falling behind in terms of numbers, a scenario which led to a suggestion they may be combined in some way. But each representative of the commission was quick to point out that, broadly speaking, their remit was just about numbers, and not about other

cultural, historical and community-focussed factors that might complicate the picture. It would not be for them to make the final decision, but for the elected government, she said. It emerged that, in view of the rapid population growth of Bodden Town there may be a recommendation for an additional seat there. Hon Dwayne Seymour expressed his concern over changing the present divisions between Bodden Town East, Bodden Town West, Savannah and Newlands, by adding another constituency division.

Dr Frank McField voiced concerns that the criteria for the proposed changes seemed to be based on numbers alone, rather than other matters pertaining to social cohesion between members of various communities. Dr. Handley said that they had looked at such matters, but broadly speaking these considerations were beyond their mandate.

POLICE NEWS

Increase in stolen vehicle number plates

Police have noticed an increase in reports of vehicle number plates being stolen or going missing.

"With the recent increase in robberies, we have noticed a similar uptick in reports of vehicle number plates being stolen. There are instances where persons have attached stolen vehicle number plates to getaway vehicles in order to frustrate the efforts of the police in tracking them down once they have committed a crime", says Chief Superintendent Brad Ebanks.

Police are encouraging members of the public to immediately report any instances where their vehicle number plates have been stolen, have gone missing, or have been tampered with, to the police as soon as possible, especially if persons have



CCTV footage available showing the culprits removing the plates.

Reports can be made at your nearest police station or 911, or if you witness suspicious activity, tips can be submitted via the RCIPS website.

The RCIPS thanks the community for supporting their efforts in Making the Cayman Islands Safer.

RCIPS Arrest Four Men and Recover Two Vehicles in Relation to Robberies

Over the weekend, Friday 7 July - Sunday 9 July, police operations resulted in the arrest of four men believed to be involved in the recent spate of robberies and firearms offences that have occurred across Grand Cayman.

Those arrested include a 22 year-old man, a 26 year-old man and a 20 year-old man, all from George Town, and a 21 year-old man from Bodden Town.

The men have been arrested for a range of offences including robbery, attempt robbery, breach of court bail, and drug offences. One man has been bailed whilst the three other men are either charged with drugs and court offences and attended court in on Monday, or they remain in custody at the Cayman Islands Detention

Centre under investigation..

In addition, police have recovered the blue Jeep Liberty that is believed to have been used in at least two robberies reported last week on Thursday 6 July, and a black Suzuki, used in the gas station robbery in Savanah, on Friday 30 June.

"The RCIPS is focused on locating and dismantling the network of individuals involved in the recent spate of robberies. By employing targeted operations and increased patrols we have managed to successfully apprehend four men over this weekend, and four men last weekend. We believe that our efforts are having an effect on these recent crimes" says Detective Superintendent Peter Lansdown, head of RCIPS Criminal Investigations Unit.

Police Warn Against Assaulting Officers

The RCIPS has seen a recent increase over the last two weeks where police officers have been assaulted by members of the public while responding to calls for service.

The first such incident took place on West Bay Road in the vicinity of the Public Beach on 1 July, where persons were damaging property and officers intervened. A male officer, who was assisting a female officer, was attacked by another man who was not directly involved in the incident. The man was subsequently arrested on suspicion of assaulting police, and was later bailed pending further investigation. This matter is currently awaiting a ruling from the ODPP.

Two more incidents have since taken place, one on the 5 July in North Side, and the other on 9 July in East End. Both were

of a domestic nature, when officers were assaulted by persons involved in the calls for service they were responding too.

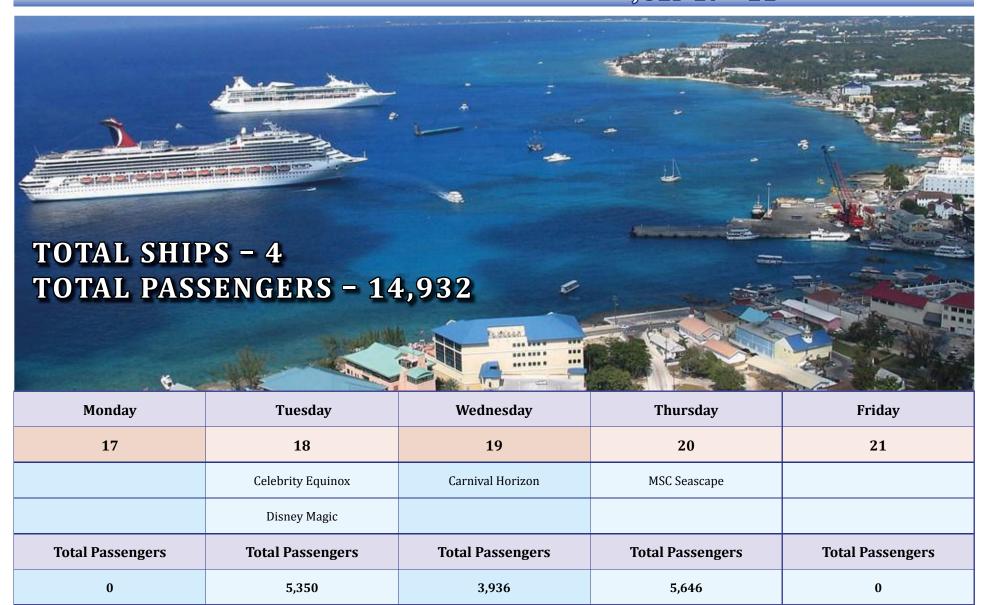
"Assaults on police officers are offenses that are taken very seriously and will not be tolerated by the RCIPS", says Chief Superintendent Brad Ebanks. "Any violence against officers executing their lawful duties will be prosecuted and if convicted, persons face a

fine of up to \$5000 or imprisonment for two years, or both.

"Thankfully, in all these recent incidents, there were no serious injuries, either for our officers or the involved members of the public, says Superintendent Roje Williams. "We are encouraging the public to cooperate with our officers as we are here to help find solutions to issues, to keep you safe." We therefore urge the public to act with restraint and assist us in the "Making the Cayman Islands Safer".

6

CRUISE SHIP SCHEDULE - WEEK - JULY 17 - 21









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for more details.

UCCI LEADS THE FIELD IN WORLDWIDE RESEARCH AS CARIBBEAN WORKFORCE PAPER IS PUBLISHED BY THE UNIVERSITY OF LONDON

The Institute of Commonwealth Studies, School of Advanced Studies at the University of London has published a research paper prepared by UCCI President and Chief Executive Officer Robert W. Robertson and Special Project Assistant at UCCI Peter Paul. Dr. Robertson also holds a Senior Research Fellow post at the University of London.

The paper is titled, Community Perceptions of Workforce Skills in the Caribbean. The research for the paper included a survey of eighty Rotarians across eight islands in the region as well as twelve semi structured interviews. The Cayman Islands (27) and the Bahamas (22) had the most respondents. Almost 80% of respondents were



► UCCI President and Chief Executive Officer, Dr. Robert W. Robertson

identified as senior managers in their companies and the largest responding group was the financial services sector.

Approximately 45% of respondents suggested that their workforce was not globally competitive. In fact, most respondents (51%) stated that lower literacy and numeracy skills of candidates represents significant challenges in hiring employees. Indeed, many firms identified the need to "upskill" new employees to meet their requirements.

In terms of the top challenges facing business with respect to local recruitment of employees' respondents noted: limited qualified pool of candidates; a lack of job-ready skills such as soft skills; IT (digital) skills and technical

and vocational (trade) skills.

Finally, 64% of respondents suggest that the regional skills gap has grown post-pandemic and that addressing the skills gap is important for companies and countries as they build competitive advantage in today's global economy.

Dr Robertson notes that understanding the evolving needs of business and society is important for the education sector. "Universities must adapt to the changes that are evident in this Fourth Industrial Revolution—it is critical that universities provide students with the right skills to be globally competitive in today's digital economy and skills gap research of this nature is a way to build that understanding."

Highlights of UCCI's 2023 Commencement celebrations



▶ Nurse Gracian Beale winning the Health City Outstanding UCCI School of Nursing Alumni Award, awarded by Charles D. Bush, Health City's Senior Education Coordinator.



► Dr Robert W. Robertson, President and CEO of UCCI at UCCI's 2023 Commencement Ceremony.



▶ Valedictorian 2023, Janet Eldridge.



 Dr James Dever, at UCCI's 2023 Commencement Ceremonv.



The event, which took place on the evening of 29 June 2023 at the UCCI campus, commemorated its graduating class of 2023. Over 200 students walked on the evening and over 250 graduated this year.

This year's commencement ceremony also included several special awards; the first of which was named the 'Health City Outstanding UCCI School of Nursing Alumni Award,' kindly sponsored by valued partner Health City Cayman Islands.

The special award was created to cele-

brate UCCI School of Nursing's 10th year of offering the Bachelor of Science Nursing Programme, a flagship programme of the Cayman Islands. It was awarded to Nurse Gracian Beale.

Other awards on the evening were:

- UCCI Community Partner Award awarded to Enterprise Cayman.
- UCCI Board of Governor's Award awarded to Zeb Yanes Bush.
- Excellent in Institutional Service awarded to UCCI staff member Dr. Deborah Beale.

• Excellence in Programme Leadership awarded to Programme Leader for the Dual Enrolment programme, Mrs. Lorna Blackman.

Dr. James Dever was the keynote speaker at the annual commencement ceremony. Dr. James Dever is an entrepreneur who retired at 41 before returning to education at 50 to obtain the bachelor's degree he never completed in the 1960s. In July of 2009, he completed the requirements for his Ph.D. in Entrepreneurship at the University of Strath-

clyde in Glasgow, Scotland. He brings a wealth of practical entrepreneurial experience to Florida State University, having owned, and operated many successful businesses during his 20-year entrepreneurial career. Those businesses included trucking companies, motels, restaurants, a construction company, and other assorted ventures.

The 2023 valedictorian was Cayman Brac resident Janet Eldridge who graduated from a BSc in Business Admin with a GPA of 3.89.

Additional 6 MW of Distributed Generation Capacity to Consumer Owned Renewable Energy ("CORE") and Distributed Energy Resources ("DER") Programmes Released

Caribbean Utilities Company, Ltd. ("CUC") is pleased to announce that the Utility Regulation and Competition Office ("OfReg") has approved CUC's proposal of an additional 6 megawatts ("MW") of renewable energy capacity for public access. 1 MW of this release has been reserved for the Cayman Islands Government. In November 2022 OfReg and CUC committed to a two-week notice period to customers in relation to rates for the programme. This two-week period would allow customers to be informed on the set rate and allow customers to consider their investment in the installation of solar on their homes.

OfReg has determined that the extension of the CORE programme will continue to be limited to smaller systems of capacity with a feed-in tariff (FIT) rate of CI \$0.175 per kilowatt-hour (\$0.175/kWh) for solar PV systems 5 kilowatt ("kW") and below and a FIT rate of CI \$0.15/kWh for systems between 5kW and 10kW. As before, the size of any individual consumer system is restricted to the normal kW peak load of the consumer, if less than 10kW. The DER Programme provides opportunities for system sizes up to 250kW, or the normal kW peak load of the consumer, whichever is less. With this public notification of the upcoming programme rates, access to application forms will occur on July 19, 2023.

The CORE and DER programmes support the long-term goals of the National Energy Policy and CUC's Integrated Resource Plan. The programmes also demonstrate the steadfast commitment of CUC and OfReg to sustainability, the continued growth of our communities and the commitment to providing incentives for consumers to generate energy from renewable sources. These programmes allow for customers to connect renewable energy systems, such as small-scale solar systems or wind turbines, to CUC's distribution system and generate their own electricity while remaining connected to and benefitting from the reliability of CUC's grid.

President and Chief Executive Officer of CUC, Mr. Richard Hew, says, "We are pleased to announce this additional capacity for residential and commercial customers. We anticipate these programmes will fill up rapidly and will assist the company in our goal of reducing the Grand Cayman's dependence on fossil fuels. CUC continues to make headway on the installation of the 20 MW Battery Energy Storage Systems ("BESS"). The BESS will further support the deployment of intermittent renewable resources to the grid."

Customers wishing to obtain further details may contact CUC's Customer Service



Department at CORE@cuc.ky or 949-5200 on or after July 19, 2023.

The CORE Credit & Interconnection Agreement and the DER Excess Energy Sale & Interconnection Agreement between the consumer and CUC will set out the terms under which services, connectivity, metering, and billing credits will be governed. The agreements, which also act as the method by which customers apply, will be released on CUC's website at www. cuc-cayman.com on July 19, 2023. Further information regarding the application process will be distributed by CUC.

100+ Women Who Care Cayman Islands raised \$7,500 for local charities

Breast Cancer Foundation - Cayman Islands wins \$5,000



▶ Her Excellency, Governor Jane Owens (left), hands over the cheque to Ari Underwood and Cheyenna Caldron of the winning charity Breast Cancer Foundation - Cayman Islands, surrounded by the Women Who Care members, including a few lucky raffle prize winners.

100+ Women Who Care held their second event of the year at Guy Harvey's Boathouse Grill. The 'Girl's night out with a difference - summer edition'

aimed at achieving more together within the Cayman community. Breast Cancer Foundation - Cayman Islands won the main pot of \$5,000 donated by the

members. Cayman Islands Crisis Centre and Plastic Free Cayman both left with \$1,250 thanks to platinum sponsor Health City Cayman Islands and a gen-

erous donation of emcee Vicky Wheaton. In total, the event raised \$7,500. Her Excellency, Governor Jane Owens rewarded the winning charity with their cheque.

At the start of the evening at 6pm, after donating \$100 CI, all women were welcomed with a raffle ticket, a voting card, a goodie bag, an experience lounge of local businesses, and a complimentary drink provided by drink sponsor Bombay Bramble. Vicky Wheaton, our emcee for the evening, started off the 5-minute charity presentations. Ari Underwood and Cheyenna Caldron presented for Breast Cancer Foundation - Cayman Islands, Mariesha Spencer for Cayman Islands Crisis Centre, and Bella Rooney for Plastic Free Cayman. After their time was up, all members voted for their favorite to win, and the volunteers counted the cash and votes behind the scenes whilst so many raffle prizes were awarded. We topped up our refreshments at the bar while catching up with friends and making new acquaintances. Special thanks to our venue sponsor Market Street Group for hosting this event at the wonderful Guy Harvey's Boathouse Grill.

Learn more about our next event and how to get involved as a member or sponsor by visiting www.100women.ky.

Local Seafarers Celebrate 3rd Sea Sunday

CONTINUED FROM Page 1

their families, as well as to recognise their positive impact to international trade.

The celebration in Grand Cayman was filled with stories of yesteryear, prayer and thanksgiving as well as food, fellowship and fun surprises for attendees.

President of the Cayman Islands Seafarer's Association Denniston Tibbetts stated that he was proud to know that seafarers have done so much to build the Cayman Islands. "It is important that we keep activities going to recognise this group that has done so much for us. The first Sea Sunday event was held in Grand Cayman, last year we were in Cayman Brac and it is fitting that today we are at the Seafarers' Hall.

He further noted that CISA has changed the rules to include membership of adult children of seafarers and also that they are currently adapting the articles of association to provide membership to grandchildren.

During the proceedings President of the Society of St. Vincent de Paul Cayman Islands Merle Whorms McGann, gave the welcome address and kept the proceedings enjoyable for the over one hundred guests who gathered to celebrate the Cayman Islands' rich seafaring, history, culture and heritage.

In the spirit of Sea Sunday, a touching opening prayer was delivered by the Cayman Islands Seafaring Association's in-house Chaplain Delano Bush, a former seafarer himself.

Following tradition, the national song of the Cayman Islands, Beloved Isle Cayman, filled the Hall. Also, on the programme was an in memoriam moment of silence and the ringing of the bell.

In her closing address, Mrs Whorms McGann reminded the audience that seafaring is not a thing of the past by but still a vital part of the Caymanian and the global economy. "Today, seafarers bring the world more than 93% of all household and business amenities. Without our seafarers, the world economy would collapse," she explained.

The celebratory event included the introduction to the Cayman Maritime Foundation's book, "The History of Turtlers and Schooners of the Cayman Islands".

Sponsors of Cayman Islands Sea Sunday included A.L. Thompson, Fosters, Progressive Distributors Limited, Uncle Bill's, Subway, Cayman Airways, Member of Parliament Moses Kirkconnell and Zemar Uniques Photography.

About Sea Sunday

In 1891 the Apostolate of Prayer first mailed devotional magazines and books from Wimbledon College to twelve ships and began enrolling seafarers in this pious association as a means of



▶ Local seafarers, family and friends at the 3rd annual Cayman Sea Sunday held at the Seafarers Hall on 9 July



▶ (left to right) Minister of Investment, Innovation and Social Development, Hon. Andre Ebanks, Speaker of the House Hon. Katherine Ebanks-Wilks and President of CISA Denniston Tibbets at Sea Sunday.

communication and hope in spirit while at sea. In 1893 the Society of Saint Vincent de Paul commenced visiting seafarers when they anchored in various British ports.

Priests, pastors, chaplains and members of the various associations counselled and held church services for seafarers, who mostly were very many miles from their countries and families, often for long extended and very lonely periods.

With this fraternity, Sea Sunday was born, and has grown to an annual global celebration. Officially held on the second Sunday in July each year, on Sea Sunday churches globally, set aside services to remember, recognize and pray for seafarers and their families and give God thanks for their lives, their work and contribution to international trade.



Tent Store

This Friday & Saturday 11am - 7:30pm

180 Shedden Road, across Mary Street George Town

CARICOM AT 50: Caribbean Integration Movement at a Crossroad?

By Dr Livingston Smith, PhD
Professor, Department of the Social
Sciences
University College of the Cayman
Islands

When the CARICOM heads of state gathered in Trinidad and Tobago earlier this month for the 45th Heads of Government Meeting, they knew it was more than the usual get-together. Comprised of fifteen full members and five associate members, formed August 1, 1973, CARICOM is celebrating fifty years of existence making it the oldest surviving integration movement in the developing world. The founding fathers, Eric Williams of Trinidad and Tobago, Michael Manley of Jamaica, Errol Barrow of Barbados and Forbes Burnham of Guyana, and certainly many others, had not given up on the idea of Caribbean Integration even with the demise of the short-lived West Indian Federation which was intended to facilitate the combined independence of all the countries as a single unit.

The concept of an integrated Caribbean has always made sense, even if Edward Seaga, former Prime Minister of Jamaica, once referred to CARICOM as 'one of the enduring problems of the last thirty years' in an article he wrote in the Jamaica Gleaner of July 8, 2016. Sir Arthur Lewis, the Caribbean's only Nobel Laureate in economics, for example, had envisaged a regional framework for industrialization. Most Caribbean countries have populations of under one million and land areas of less than twenty thousand square kilometers. The largest is Guyana with 83,000 square miles. These are predominantly small states and ministates known for their greater dependence on foreign trade and world prices, possession of a narrow range of resources, dependence on foreign



▶ Dr Livingston Smith

corporations, etcetera. Their economies are dependent on fragile ecosystems made even more so by global warming and they are highly susceptible to natural hazards. There is an obvious logic of corporation and integration. As Michael Manley, former Prime Minister of Jamaica said: 'We must seek our strength in our unity. And then we must dedicate that strength to the building of a new life of opportunity and security for our people.'

But with fifty years of existence, what successes can CARICOM boast? Professor Sir Hilary Beckles, Vice-Chancellor of the UWI, in his statement on the occasion of the CARICOM's 50th anniversary, explained that these accomplishments include 'climate change advocacy, coordination of external trade negotiations, disaster management, education, health

cooperation, marine biodiversity advocacy, private sector collaboration.'

But Dr. Carla Barnett, Secretary-General of CARICOM believes that the achievements have been far more. In her presentation at a symposium 'CARICOM at 50' hosted by UWI St. Augustine on April 14, 2023, she explained that CARICOM has served as a model for similar integration movements resulting in 'our friends from Africa and the Pacific sending missions to study what we have been doing'. The Secretary-General pointed to the establishment of collaborative mechanisms in education, health, agriculture, disaster management, climate change and crime and security. She also took pride in the successful establishment of the Caribbean Development Bank, the Caribbean Court of Justice, the Caribbean Disaster Emergency Management Agency, the Caribbean Catastrophe Risk Insurance Facility, the Caribbean Examination Council, the Pan Caribbean Public Health Agency, etcetera.

She also pointed to the emerging success of the Caribbean Single Market and Economy (CSME), intended to 'create a single, seamless economic space within the community that provides a larger scale economic, trading and business environment.' The CSME was intended to catalyze business and productivity within the region as the 'foundation for international competitiveness and effective insertion in the global economy.' It was her view that significant progress has been made in realizing this objective.

The Honourable Mr. Justice Adrian Saunders, President of the Caribbean Court of Justice, in his celebratory message, lauded the CCJ as 'a prime example of Caribbean ingenuity' and explained that the court continues to pursue its mission 'to provide accessible, fair and efficient justice for the people and sates of the Car-

CaymanianTimes

ibbean.' He further explained that the 'CCJ regards itself as a prime example of Caribbean ingenuity'. It is his view that the 'institutional arrangements developed to fund the Court and to select and appoint Judges have been praised the world over for their uniqueness.' So far, the CCJ serves as the highest court of appeal on civil and criminal matters for the national courts of Barbados, Belize and Guyana, and Dominica only. This court also deals with any dispute among members of the CSME.

This article could go on listing what are said to be the achievements of CARICOM after fifty years. However, as praiseworthy as these are, for many Caribbean people who value the integration movement, there are still many questions being asked. They are exactly those posed by Chair of CARICOM, PM Roosevelt Skerrit of Dominica.at the opening of the 45th CARICOM Heads of Government Meeting in Trinidad and Tobago.

Is CARICOM truly integrated? What about issues of free movement, and non-tariff barriers to trade? What is preventing CARICOM from reviving the Single Domestic Space? Why is intraregional travel still a hassle? What about the expansion of categories for free movement of skilled nationals to benefit the growth and expansion of the regional spirit of our community? How much more can CARICOM, within its resources, do for Haiti? Why are so many Caribbean peoples skeptical and some downright dismissive of the value and benefit of CARICOM? These are all very pertinent questions raised by the PM which indicates that the CARICOM leadership is well aware of what the main issues are going forward, even as we take pleasure in the achievements of fifty years of this community. Maybe its time to build CARICOM from the bottom up. What do the people want and how do they think it should be done?



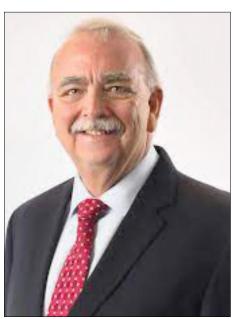
Statement Following A Meeting With Commissioner Byrne

My fellow Caymanians & Residents;

Member of Parliament Joey Hew and I met with Commissioner Byrne on Monday morning (July 10, 2023) regarding the increasing serious crime. We had a productive and frank conversation, and the Commissioner gave his assurances that the RCIPS are acting to disrupt and arrest those committing the spate of armed robberies, including employing a dedicated task force and a focus by the police on high-risk areas.

Targeted policing of hot spot areas was one of the suggestions mentioned in my statement last week Wednesday on Safer Communities, so I was pleased that the Commissioner included this in his action plan.

In my statement, I included a number of other recommendations, and I hope the Premier and his Government have listened and will consider them, including working harder to divert young people away from gangs and criminality.



► Roy McTaggartr

It was good to finally hear from Premier Panton late Friday evening as he sought to calm public concerns re-

garding escalating serious crimes and confirm his Government's 'zero tolerance policy' against crime. I trust that the Premier will continue to monitor events in the coming weeks to see if the situation improves and serious crimes are brought under control.

In addition to the work of the RCIPS, the Premier and his Government need to consider the longer-term recommendations included in my statement on Safer Communities. Such as supporting individuals leaving prison with employment and housing opportunities and access to mental health and addiction support services.

Providing counselling support and cognitive behavioural programmes to help tackle criminal attitudes and beliefs is also important.

And though mentioned already, it is worth repeating that we should focus on preventative measures to divert young people from gangs and criminal activities.

All of these are directly within the purview of the Government, and the Premier must ensure that he includes sufficient resources in the coming budget to address these.

The budget should also contain funding to improve our CCTV capabilities and our ability to detect boats arriving with illegal drugs, guns and people.

The Progressives have complete confidence in the RCIPS and will do all we can to support them. But the public must do their part as well. If you know something, it is crucially important that you say something.

As I said in my earlier message to the country, now is the time to act if we are not to let the problem of increasing serious crime spiral out of control.

In the interim, the Progressives will continue speaking out if serious crime is not controlled.

Thank you for listening, and may God continue to bless our beautiful Cayman Islands

Community Officers Respond to Concerns in Windsor Park Community

This past week our community officers joined with partner agencies to conduct various operations in the Windsor Park area, in response to community concerns around parking, derelict vehicles, and animals.

At the beginning of the week officers visited areas of concern and discussed parking violations, including causing obstruction while stationary, double parking, and parking on sidewalks, giving advice to the residents there.

The officers visited the areas again later in the week, along with enforcement officers from the Department of Environmental Health, and tagged 9 derelict vehicles for removal by the DEH. Officers also issued 4 tickets for parking violations. Officers returned and issued a further 11 traffic tickets with the assistance of the Traffic & Roads Policing Unit. The officers also spoke to other residents with whom they had not previously made contact with, and advised them about what is and is not permissible, regarding parking in the area.

On this visit, officers were pleased to note that the homeowner of one of the



residences was in the process of adding additional parking spaces to the residence, which would alleviate the need for persons residing there, parking illegally.

The community officers also joined with animal welfare officers from the

Department of Agriculture, to conduct patrols for any stray or unattended dogs.

In addition, while conducting checks at the Community Park, officers made one arrest for possession & consumption of controlled drugs, as well as attempting to supply ganja.

"Our officers will continue to carry out random checks in the area and work with the residents of the community, along with our partner agencies, to find the best ways to continue to address the issues which affect them," says Superintendent Roje Williams. "The police and our partners are aware of the changing nature of some of our communities in recent years. Windsor Park is a prime example, where an increase in multi-tenant housing means more cars at residences. As such, a balanced approach must be taken, where we consider the needs of all parts of the community when trying to find workable solutions."

"This is just one example of the work we do in the communities that we serve, and we will respond to any concerns brought to our attention."

For more information about our community policing program, please visit www.rcips.kywww.rcips.ky.

WHY PAY MORE?

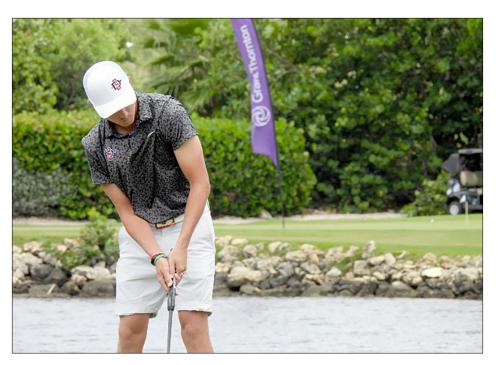
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Hastings Wins Again in the Second Grant Thornton Summer Series Event



Cayman Islands golfer, Justin Hastings, made it back-to-back victories in the second event of the Grant Thornton Summer Series played at the Ritz-Carlton Golf Club on 1-2 July. Having also won the first event in the 2023 series, Hastings' strong performance continued in the second event with rounds of 70, 69 and 64 for a 13-under-par total, to win by 14 strokes over Andrew Jarvis.

With this victory, Hastings has broken into the top 200 in the World Amateur Golf Rankings ("WAGR"), the globally recognized official amateur rankings. At 19 years old, he is hoping to take good form to the Trans Mississippi Amateur Championships in Dallas, Texas during the week of 11 July.

"Another huge congratulations to Justin on his win," says Greg O'Driscoll, Partner and Head of Asset Management and Business Development at Grant Thornton Cayman Islands. "Seeing local players like

Justin raise their global ranking with the opportunities of local events gives us great pride and we expect to continue to see great things from Justin in future events."

Giles Hobday, Tournament Director said, "It is great to see Justin in such fine form and hopefully he can continue to play well going into his third year of US college golf. The Grant Thornton Summer Series events have provided local talent with opportunities to sharpen their games and move up the WAGR rankings."

In the non-ranked division, Jason Trautman collected first prize with 16-year-old Danny DeQuintal taking second.

Event three and four will be the final events of the series, held at the North Sound Golf Club in August and September respectively. Anyone with a handicap of six or lower interested in participating in the WAGR events can email wagrcayman@gmail.com.

Grant Thornton announces new partnership with the Cayman Rugby Football Union



▶ The Grant Thornton Cayman Islands National U19 Men's XV Rugby Team with Managing Partner Dara Keogh, Nicole Fleury and Samantha Green from Grant Thornton Cayman Islands.

Grant Thornton Cayman Islands are delighted to announce a three-year partnership with the Cayman Rugby Football Union ("CRFU"), becoming the Title Sponsor of the Grant Thornton Cayman Islands National U19 Men's XV Rugby Team.

CRFU was founded in 1971 with a mission of developing rugby in the Cayman Islands. They are the governing body of rugby union football in the Cayman Islands and a member of World Rugby and Rugby Americas North. Based in South Sound,

the Union administers and delivers Rugby programs throughout the Cayman Islands.

"The boys have been putting in a lot of work over the past year and we have a great opportunity to put the Cayman Islands back on the map in this year's competition," says Edward Westin, CRFU Junior Development Manager. "We are really excited about the new partnership with Grant Thornton and believe this will help provide even more opportunities for young Caymanians to excel in this great

sport and represent their country in international competition. Our traveling team is a great mix of boys representing 12 different schools."

The National Men's XV team will compete in the annual Rugby Americas North tournament, a five-day event with 15 a-side matches for both the men's and women's divisions. It will take place on 12-16 July in Kingston, Jamaica at the University of the West Indies. The tournament is a round robin with possessional semis

and finals.

"We are delighted to partner with Cayman Rugby and to continue our goal of developing local sport opportunities," says Dara Keogh, Managing Partner of Grant Thornton Cayman Islands. "For over 50 years, CRFU has done a fantastic job of developing rugby on the island, and we are thrilled to support the National U19 Men's XV team."

For more information, please visit grantthornton.ky or caymanrugby.com.

2nd Annual TRUTH Be Told

\$15.00 Registration Dress Code: Relaxed Venue: The Westin





DJ Ralph



Lorna Reid Performer & Speaker



Donna Mitchell Life Coach



Jacqeline E. Peters
Special Guest Speaker
Certified Life Coach



Dr. Arline McGill
Docter & Counselor



Chanda Gleddon Legal Counsel



Laticia Vassell
Evangelist
Main Speaker

6pm-10pm 7 October 2023

Confirm Attendance Register@

WWW.SOCAYMANIAN.COM

GAS PRICES

Gas Prices as at Tuesday 4 July 2023



Location	Gas Station	Regular	Premium	Diesel
			,	
East End	Eastern Star Rubis (Woody's)	5.82	n/a	5.44
NorthSide	Jack's Esso (Jack's II)	5.87	5.99	5.35
Bodden Town	Lorna's Rubis	5.77	5.99	5.36
Bodden Town	Mostyns Esso	5.75	5.88	5.35
Savannah	Savannah Rubis	5.77	5.99	5.39
Red Bay	Barcam	5.8	5.93	5.31
Red Bay	On The Run (Brown's Red Bay)	5.8	5.93	5.31
George Town	Peanuts	5.56	5.76	5.16
George Town	Jose's Escape	5.59	5.79	4.99
George Town	Refuel	5.49	5.74	5.12
George Town	Esso Tigermart 4 Way Stop (JS)H&B 11	5.83	5.96	5.34
George Town	Eastern Avenue Rubis	5.77	5.96	5.39
George Town	Walkers Rd. Rubis	5.75	5.93	5.34
George Town	On The Run (Mike's Walkers Rd.)	5.83	5.96	5.29
George Town	On The Run (Brown's Industrial Park)	5.8	5.93	5.31
George Town	On The Run (Mike's 7 Mile)	5.83	5.96	5.29
West Bay Rd.	H & B Esso (H&B 1 Seven Mile)	5.83	5.96	5.29
West Bay Rd.	7 Mile Rubis (AA 7 Mile)	5.79	5.89	5.28
West Bay	Hell Esso	5.82	5.95	5.24
West Bay	Esso 4 Way Stop (Four Winds)	n/a	n/a	n/a
George Town	Scotts Landing	5.88	n/a	5.12
Cayman Brac	West End	n/a	5.92	6.02
Cayman Brac	The Pit Stop	n/a	5.92	n/a
Little Cayman	Village Square	n/a	7.29	7.06

Lowest Prices Grand Cayman		5.49	5.74	4.99
Highest Prices	Grand Cayman	5.88	5.99	5.44

FUEL EXPENSE REDUCTION



Frequent and fast acceleration – Avoid heavy acceleration and drive below the speed limit. Frequent and swift acceleration burns fuel at a faster rate.



Additional Weight – Empty your car trunk of heavy items that can be located elsewhere. Your vehicle will use more fuel when carrying heavier loads.



Vehicle Replacement – Consider replacing your vehicle with a fuel efficient model.



SUBMIT REGISTRATIONS TO: KINGS.BREBANKS@GMAIL.COM

For more info: www.kingssportscentre.com/ summer-camp

Call: +1 345 946-5464

COMMUNITY EVENTS

West Bay Library – Summer of Friendship Art Programme

Ongoing until 27 July - Need something for kids between 8 years to 12 years during summer? Contact the West Bay Library about their Summer of Friendship arts programme that will be happening every Tuesday, Wednesday, and Thursday from 10:30am to 12:30pm. during July. Call 949-7659 for more information about this great opportunity!

The Cayman National Cultural Foundation -Grants for the Arts

Ongoing until 31 July - The Cayman National Cultural Foundation is accepting applications now for its Grant for the Arts Initiative. For the chance to receive funding for an upcoming artistic project, send

us your application to ndurrant@ artscayman.org by Monday, 31 July to be considered. For more information, head to artscayman.org.

Cayman Islands Public Library Service - Summer Reading Challenge

Ongoing until 31 August – The annual Summer Reading Challenge has begun. This year's theme is World Cultures, however books of any genre can be read! Stop in at your district library branch to sign up your child for this year's challenge or email libraryprogrammes@gov.ky for the registration form or more information.

Early Childhood Assistance Programme -Help Sessions

15 July - The Ministry of Educa-

tion invites parents who require assistance in applying for funding from the Early Childhood Assistance Programme (ECAP) for the upcoming school year to attend Help Sessions organised by its Early Childhood Care and Education Unit. This last two-hour session will take place at the George Town Public Library on Saturday 15 July at 11am. continue at public libraries across Grand Cayman in July per the following schedule.

Chamber of Commerce - Providing Exceptional Customer Service

25 July - This four-hour workshop will give insight into how businesses can make a commitment to provide excellent customer service. It will also explore how to make sure that all employees - from the front-line people right up to the Boss are demonstrating that commitment. For more information, call 949 – 8090.

National Trust Summer Camp - Cayman Brac

17 – 28 July - The National Trust is hosting a summer camp for kids 7 to 12 years old at the Cayman Brac Heritage House from 8am to 12pm daily. The camp begins on Monday 17 July and ends on Friday 28 July.

National Gallery - Open Mic Poetry Night

20 July – The National Gallery is hosting an open mic poetry night on Thursday 20 July beginning at 6:30pm. Guests are encouraged to share their own poetry, spoken word or acoustic pieces. This is a free event. For more information, call 945 – 8111 or email education@nationalgallery.org.ky

East End United Church Vacation Bible School

23 July - The East End United Church is hosting Vacation Bible School for children ages 5 to 18

from 6pm to 9pm. The Vacation Bible School begins on Sunday 23 July and ends on Friday 28 July. Call 947 – 7522 for more informa-

Boatswain Bay Presbyterian Church Annual Vacation Bible School

31 July - Boatswain Bay Presbyterian Church will be having their Annual Vacation Bible School from July 31st thru August 4, 2023 for children ages 5 years - 12 years old. This year's theme is "KEEP-ERS OF THE KINGDOM" and registration can be made through the Church FaceBook page or by calling 327 9775 to obtain an application. Early registration is encouraged as space is limited.

Send your community events to wendy@ caymaniantimes.ky



5 Diet Rules for Flat Abs

As much as I love exercise (and you know I do!) exercise alone will not get you a toned stomach.

Your diet is a huge part of the equation.

Someone could workout all day long, but then eat in a way that promotes major fat storage, and they wouldn't have a toned, beach-ready tummy.

While your diet is probably not terrible, the 5 secrets below will help you improve it even more. And a cleaner diet means flatter and more attractive abs.

Diet Rule #1: Don't eat late

This is the most simple and effective way to flatten your abs. Instead of eating less food late at night, simply don't eat late at all. Try these tips...

- Brush your teeth right after dinner. Once your teeth are clean, you've put an end to your consumption for the day.
- Change things up. If your evening routine revolves around food then find a new routine.
- Let the habit form. The first few weeks will be tough, but soon your new no-food-late routine will feel normal.

Diet Rule #2 Drink more water

Drinking lots of water is another extremely simple way to promote fat loss. Chronic dehydration triggers false hunger signals that causes you to eat extra, empty calories. Try these tips...

- Drink a big glass of water before each meal. This will make you less likely to overeat.
- Replace sugar-filled sodas, coffee drinks and juices with water. This tip alone can make a huge difference in the shape of your body.
 - Carry water with you throughout the day. **Diet Rule #3: Load up on fiber**

Most of us do not get enough fiber in our diet. This is a problem since fiber is essential when it comes to getting lean. Fiber-filled foods are low in calories and are filling, so you'll be eating less and getting lean. Try these tips...

- Turn salads into meals. Add a serving of lean protein to a large pile of greens for a guiltless meal. *Try the recipe for Sweet & Smokey Chicken below and serve it on a bed of greens.
- Include vegetables in every meal. The benefits to eating more veggies are too many to list, so just know that your body will become healthier and leaner with each fibrous bite.
- Fruits are a tasty source of fiber. Eat fresh, seasonal fruits every day.

Diet Rule #4: Eat fewer carbs

Now I didn't say to cut out all carbs, but rather to eat fewer carbs. These diet secrets are meant as lifestyle changes for you to stick with long term. Eating fewer carbs is a realistic and very effective way to flatten your tummy. Try these tips...

- Choose whole grain bread and pasta instead of white. Whole grains are less likely to be stored as fat. That being said, limit the amount that you eat.
- Eat half of the carbs. Make your sandwich open-faced and cut down the size of your pasta serving.
- Avoid carb-filled snacks. Instead of crackers or chips, have a hard boiled egg, a protein shake, fresh fruit or veggies.

Diet Rule #5: Only wholesome sweetsRefined sugar-filled sweets will quickly

Refined sugar-filled sweets will quickly add up around your waistline. Learn to enjoy natural sweets. Try these tips...

- Fruit is natural candy. When you stop eating refined sugar you'll find fresh fruit to be more sweet and more delicious than ever.
- Do not eat foods that contain white sugar or high fructose corn syrup. These items are the worst for your abs.
- Try wholesome sweeteners, like pure maple syrup, raw honey or dates in your cooking instead of white sugar. Get white sugar out of



► Ernest Ebanks

vour kitchen.

Take these diet secrets and run with them. These tips, along with a challenging and consistent exercise program, are the formula for a toned, lean body.

I'm here to help you meet your fitness and weight loss goals, so guarantee your results by teaming up with me.

You deserve that fit and attractive body—I can help you get it.

Call Ernest at Body Shapers Personal Training Fitness Studio 325-8696 or email bodyshaperscayman@gmail.com today to get started.

WEEKLY WEATHER FORECAST

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
->-		-,		-	-24	
88 °/ 84°	89 °/ 84°	89 °/ 85°	90°/77°	87° / 83°	85°/ 82°	83 °/ 80°
Breezy in the morning; times of clouds and sun with widely separated thunderstorms	Widely separated morning thunderstorms; otherwise, partly sunny and breezy	Partly sunny, breezy and very warm	Partly sunny	Widely separated morning thunderstorms; otherwise, some sun	Variable clouds with thunderstorms, especially late in the day	Widely separated thunderstorms in the morning; otherwise, considerable cloudiness

OfReg mourns the loss of former Chairman of the Board, Mr. Rudy Ebanks

It is with deep sadness and a heavy heart that OfReg has learned of the passing of our esteemed former Chairman of the Board, Rudy Ebanks, on Tuesday, 11 July 2023.

Mr Ebanks contributions and dedication to our organisation have left an indelible mark, and his loss is deeply felt by all who had the privilege of knowing and working with him.

During his tenure as Chairman of the Board, he played a pivotal role in guiding Of-Reg through a period of significant growth and change. His visionary leadership, un-

wavering commitment to excellence, and sound decision-making have shaped our organisation's trajectory and laid the foundation for our continued progress serving the people of the Cayman Islands.

Mr. Ebanks brought over 36 years of technical and regulatory experience in senior positions in the telecommunications sector to the OfReg Board, on which he served for over five years, with his initial appointment being made on October 24th, 2017. He was later appointed to the Chair position on September 17th, 2021.

Rudy was committed to protecting Cay-

man's critical national infrastructure assets and ensuring the well-being of consumers. He also took on the role of mentor to board members and senior staff and was always willing to teach and pass on some of the wisdom he gained from a lifetime of deep experience in the ICT sector, and service to the Cayman Islands.

OfReg ICEO Peter Gough said, "Rudy was a true friend and mentor, his exceptional leadership and unwavering dedication to OfReg and his extensive knowledge and experience will be greatly missed. We extend our heartfelt condolences to his fami-



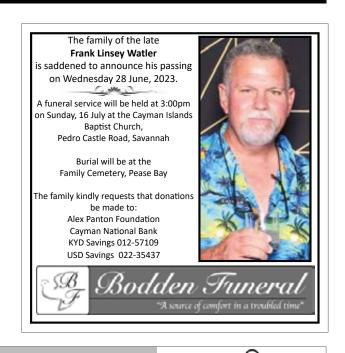
► Mr Rudy B Ebanks

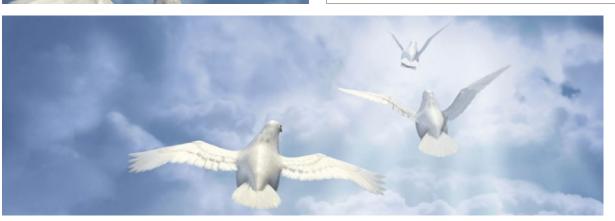
ly and loved ones during this difficult time. We are forever grateful for his invaluable contributions to our organisation."

DEATH ANNOUNCEMENTS









Churchill's

I I
Funeral Home

We have been asked to announce the passing of Mr. Charles Lewis McField aka "Mr. Lewis", who passed away on Saturday, July 1, 2023. A Thanksgiving Service will be held at Church of God Holiness Red Bay, Grand Cayman, Cayman Islands on Saturday, July 15, 2023 at 1:00 p.m.

Viewing :12-1:00 p.m.
Interment will follow at North Side Cemetery

As a request from the family, please wear blue.

Condolences can be registered at churchillsfuneralhome.com

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Conceptis SudoKu By Dave Green 8 6 3 8 5 9 1 6 5 3

Answer to previous puzzle

5	9	6	2	7	1	3	4	8
7	8	3	6	9	4	2	1	5
1	2	4	ფ	8	5	9	7	6
4	1	9	5	2	7	6	8	3
3	6	7	8	4	9	5	2	1
8	5	2	1	3	6	4	9	7
9	4	8	7	6	3	1	5	2
2	3	5	9	1	8	7	6	4
6	7	1	4	5	2	8	3	9

Melody

Music

Notes

Overture

Ragtime

Rhythm

Riff

Rock

Score

Segue Solo

Sonata

Tremolo

Variations

Tune

Find the listed words in the diagram. They

Difficulty Level ★★★★

Ballad

Band

Blues

Chorus

Classical

Concert

Country

Ensemble

Fanfare

Duet

Folk

Group

Jazz

Harmony

down and diagonally

Difficulty Level ★★★★

S

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H C O U N

Word Search

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NFARETWINTHC

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CROSSWORD By THOMAS JOSEPH

ACROSS

41 Fishing poles

1 Mascara target

5 Enjoy a

DOWN

book 9 Viola's

1 Poe's love 2 1990s

cousin 10 Fancy neckwear

13 Copycat's

cry

jig

3 Winter gliders

veep

12 Heavenly 4 Spanish being greeting

5 Lamb's

father

14 Thingama- 6 Language 20 Mamie's

suffix 7 Busy

Point

student

aimlessly

16 Little 8 Sure to rascal fail

17 Screws up 18 Relish tray 9 West

items 21 Golfer's 11 First-rate

peg 22 Drenched 15 Drew

23 Cordurov feature

24 Army exercises

26 Cloth scrap

29 Not too hard

30 Greek cheese 31 Decay

32 1950s singing style

34 Following 37 Unmanned

flier 38 Oklahoma

city

39 Fairy tale monsters **40** Fall mo.

| A | T RIA MED Α L|A|U|A B A D|A|YRUNGUP |A|B|R|A|I|N LOOSE |E|A|N|P|O|L|E NS |O|N|D|EUSA BARE NOONE INAWE |T|O|R|T|E T|A|P|E|S|

Saturday's answer

19 Falls behind 27 Makes amends

mate

28 Stares in shock 29 "Blast it!"

22 Window part

30 Do without 33 Freshener

23 Chest bone

target 24 Bonehead 35 Sixth

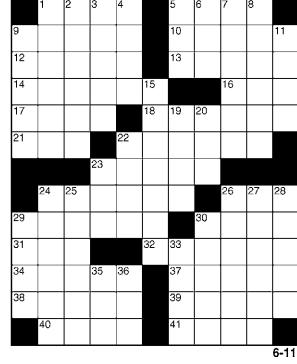
25 Baby's toy

sense, briefly

26 Put another way

36 Sewer rodent

THOMAS CROSSWORD BOOKS 1-8! Send \$4.75 (check/ m.o.) for each book to 628 Virginia Dr., Orlando, FL 32803

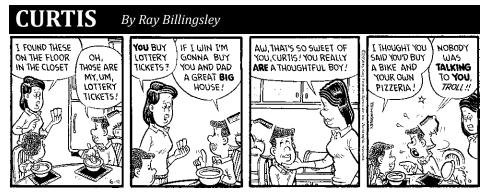


SPIVEY'S BARELY CLIMBED TO METRO GENERAL'S 14th FLOOR WHEN—

WHOA! who

Have fun with CAYMANIAN TIMES







Caymanian Times Classifieds



Our Vision: To provide world-class airport services

The Cayman Islands Airports Authority (CIAA) invites applications for the post of

GROUND TRANSPORT OFFICER

The successful applicant will be required to deliver high standard of customer service and function as part of a team whose primary responsibilities are:

- To ensure the proper functioning of the revenue and staff parking lots and all related service
- Provide dispatch services for ground transportation and process resulting date
- The collection and return of baggage carts from parking lots to the Airport Terminal
- Assist with facilitating a safe and orderly flow of vehicular traffic in the traffic zones near the Taxi & Tour Buses

Qualifications and Education Requirements:

- A High School Graduate Diploma with proficiency in English & Mathematics is necessary
- Excellent oral and written communication skills
- Prior working experience in cash collection and associated controls is highly desirable
- Must be computer literate and conversant with Microsoft Office applications
- Must be willing and able to work Holidays & Weekends, Shift/irregular hours on shift as necessary
- Must be willing to undergo training in basic technical systems
- Documented proof of experience in delivering high quality service is required

This position required the individual to work in indoor and outdoor environment on a shift basis during public holidays and weekends.

Salary and benefits: Salary range is CI\$29,592 – \$39,780 per annum and will be commensurate with experience and qualifications. Benefits include a contributory pension plan, paid vacation, health insurance and professional development opportunities.

Only Caymanians or legal residents with the right to work need apply. A pre-employment drug screen and medical, a clean police clearance certificate are conditions of employment.

Applicants are required to submit a completed CIAA application form, cover letter and CV showing no less than five (5) years' work history.

Applications should be e-mailed to HR.Recruitment@caymanairports.com or mailed to: Human Resources Officer P.O. Box 10098 Grand Cayman KYI-1001

CAYMAN ISLANDS

Job Description and Application Form are available at caymanairports.com

Deadline date for receiving application is



CAYMAN PREP & HIGH SCHOOL

Owned and operated by the United Church in Jamaica and the Cayman Islands

Cayman Prep and High School is a private, co-educational Christian school with over 1,000 students ranging from Kindergarten to Year 13 and offers a British-based international curriculum leading to IGCSE / GCSE and A-level qualifications. The school is renowned for providing a stimulating learning environment in which our students become critical, creative thinkers, responsible citizens, and lifelong learners. This is evident in our consistent record of outstanding academic achievements, pastoral care, and wide range of extra-curricular activities.

The school is currently seeking a fully qualified and suitably experienced individual to join our high performing School team as soon as possible for the following position:

An opportunity exists for an experienced and dynamic IT professional to work under the supervision of our IT Systems Manager in providing IT support to staff and students with the network, hardware, and software throughout both the Primary and High Schools.

In September 2023 Cayman Prep and High School will embark on an exciting one-to-one device project at the High School, which will see the introduction of 500 new laptop devices for students. This role will be targeted to the one-to-one device project but will not be exclusively for the one-to-one device project. This role will continue to have full exposure across both the High School and the Primary School.

The successful candidate will have all or most of the following:

- At least two years of experience in a similar position, within an education or enterprise IT environment.
- A bachelor's degree in IT, Electronic Engineering or Computer Science would be an advantage.
- Certifications in Cisco, VMware, Microsoft, Citrix and A+ are preferred.
- Office 365 Microsoft 365 Certified: Fundamentals.
- COMP TIA A+ or Network+ Certifications.
- Experience with Office 365 administration including user management, mail flow, Intune, and
- Experience troubleshooting issues with laptops, iPads, Smartboards, and mobile phones.
- Ability to work independently and to successfully manage multiple priorities.
- Ability to troubleshoot and fix user problems with hardware and software.
- Great customer service and communications skills.

Ability to work in "on call" environment.

The successful candidate will be expected to fully adhere to and support the Christian ethos of the school.

Salary range for the IT Technician is CI\$38,500 - CI\$50,000 per annum commensurate with experi-

- Generous medical insurance plan medical premium cost paid for employee at 100%
- Contribution to a pension plan
- Generous vacation allowance
- Discounted school fees: first child 100% and 50% for up to 2 additional dependent children
- Continued Professional Development Opportunities throughout the School Year

Cayman Prep and High School is totally committed to safeguarding the welfare of our children and young people and expects the same commitment from all our employees. All successful candidates will be subject to enhanced pre-employment clearance including identity checks, criminal background checks, qualification checks and employment checks to include an exploration of any gaps in employment and three satisfactory employment checks.

For the position listed above applications will only be considered if submitted on the school's rel- $\textbf{evant application form} \ (\text{available on the school website:} \ \underline{\text{www.cayprep.edu.ky}}) \ \text{and forwarded along}$ with a covering letter and CV to:

> **Business Manager** Cayman Prep and High School PO Box 10013 Grand Cayman KY1-1001 Email: officerecruitment@cayprep.edu.ky

Deadline for receipt of applications: Wednesday, July 19, 2023

Only short-listed candidates will be contacted



2 PUBLICATIONS **PER WEEK**

YOUR COMMUNITY NEWSPAPER FAIR & BALANCED REPORTING

Print & Online

No Subscription required info@caymaniantimes.ky / 9162000



ctimes.ky



@caymaniantimes.ky



CaymanianTimes



SUMMARY ROLE DESCRIPTION

The *HR Administrator* will join our fast paced, dynamic team, providing administrative support for all aspects of the employee lifecycle and ensuring that all documentation and employee records, are accurately maintained and up to date.

The PA is a dynamic and multi-tasking administrative professional who is responsible for providing comprehensive support to the CSO.

HR RESPONSIBILITIES

The Human Resources Administrator is accountable for administration and compliance of HR items, including benefits; employee data integrity and recordkeeping, ensure the HRIS database is up to date

- Assist with and/or manage pre-onboarding and onboarding responsibilities, i.e. initiate and manage pre-employment screenings, etc.
- Performs new employee orientations to foster a positive attitude toward company goals
- Run reports for audit compliance and other ad-hoc reports as needed
- Conducts reference checks, background checks
- Assists employees and supervisors with basic interpretation of HR policies and procedures

PA RESPONSIBILITIES

You'll provide comprehensive support to the CSO as well as supporting the coordination and activities for the Board of Directors.

- Manage busy calendars, scheduling appointments and coordinating meetings with precision
- Showcase your presentation skills by creating captivating presentations
- Instrumental in documenting meeting minutes from the respective meetings
- Championing internal stakeholders, ensuring responsibilities are being fulfilled and submitted on time

REQUIRMENTS

- 5+ years of progressive human resources working experience
- Working understanding of human resource principles, practices, and procedures, including knowledge of applicable employment and labour laws
- A high degree of proficiency in MS Office Suite, BambooHR, Asana, Google Apps
- Excellent verbal and written communication skills
- Excellent interpersonal and customer service skills in a team-based environment
- Demonstrates independent motivation with excellent organizational skills and attention to detail
- Excellent time management skills with the ability to handle multiple, competing priorities to complete tasks/projects within stated deadlines

Salary: KYD49,000.00 per annum. Benefits met and/or exceed the Labour Law. Caymanians, Status Holders and Legal Residents Preferred. Only suitably qualified applicants will be contacted for an interview. Closing date for applications is **25 July 2023**.



Cayman Islands Medevac Ltd Is seeking a Fulltime Paramedic for Emergency and Non-Emergency Medical (Ambulance) Transports

Successful candidate will be required to:

- Deliver customer oriented high-quality paramedic care to each patient throughout the transport process.
- Utilize recognized standard ALS and critical care transport (CCT) clinical protocols to provide the highest quality patient care.
- Perform within established company practice policies and procedures to deliver the highest quality patient care in the transport environment.
- Demonstrate the cognitive and motor skills necessary to competently operate all medical and non-medical equipment necessary to perform as noted above.
- Monitor, record, and report to the receiving staff each patient's condition and response to interventions.
- Write and complete in-depth patient care reporting (PCR) utilizing ePCR software.

Successful Candidate must have the following Qualifications and Experience:

- At least 10 years experience as a Paramedic
- 3-5 years experience must include working in a medium to high-volume service area, with a population base exceeding 75,000.
- Overseas or international experience is preferred but not required.
- NRP, HCPC, AHPRA, or other similarly recognized accreditied certification required (must be accepted by Cayman Islands CPAM).
- o Canadian and US applicants must also provide a current and unrestricted Advanced Practice Paramedic/Paramedic license to practice from their domicile Province/State.
- Current AHA ACLS & BCLS required; PALS preferred.
- Current PHTLS/ITLS/TCCC (only one) required. ATLS/DMS/OEMS or similar certification desirable
- CEVO/EVOC required.
- Dive medicine/rescue and ocean rescue certification and experience preferred but not required
- Valid drivers license recognized by the Cayman Islands required.
- Vast experience employing paramedic principles, practices and techniques and knowledge of how they are used in EMS/CCT operations
- Must meet all requirements and will be required to register and be licensed in accordance with the Cayman Islands Health Practice Law under the Council for Professionals allied with Medicine (CPAM) and be otherwise qualified to work in the Cayman Islands.
- Exceptional computer and mobile smart device user skills required.

Salary Range is CI\$50,400 to CI\$54,000 plus health Insurance and pension in accordance with Cayman Islands Laws. Interested applicants, please send your resume via email only to info@caymanmedevac.ky

Deadline for application is 30 July, 2023.



Tighten your Belt
Save on job advertising
(Wednesday & Friday)

Deadline: only 48 hours Free posting on WORC

sales@caymaniantimes.ky / 9162000 jobmarket.ky

Liberty's Flowers & General Merchandise requires a florist

- Must have at least 5 years' experi-
- Must be able to work weekends and holidays

Salary: CI\$300 weekly plus statutory

benefits

Email: barbs@candw.ky

Advertise your JOBS here

FAST EFFICIENT AFFORDABLE

Only 48 hours' notice required Call 916-2000



Requires the services of an Experienced Mason

- 10 Years Experience
- Experience with Safety Procedures on all Construction Sites
- Have your Own Tools
- All masonry techniques required
- Be familiar with Masonry equipment and materials
- Ability to work with all concrete forms
- Ability to work with all carpentry forms
- Possesses full and complete knowledge of all Masonry tools
- Be familiar with Construction Tools

Salary \$13.00 to \$14.00 per hour plus Statutory Benefits based on experience.

This is a Work Permit Renewal Only Caymanians and Legal Residents Need to Apply

Email Applications to: yksubcontractors@gmail.com or P.O. Box 804, Grand Cayman KY1-1502



CAYMAN ISLANDS GOVERNMENT MINISTRY OF BORDER CONTROL & LABOUR

Applications are invited for the post of:

DEPUTY DIRECTOR – COMPLIANCE,
WORKFORCE OPPORTUNITIES & RESIDENCY CAYMAN (WORC)

SALARY BAND: CI\$93,192.00 - CI\$122,268.00 PER ANNUM

The purpose of this senior post is to support the Director in providing leadership, and developing and implementing strategic plans to:

- 1) reduce illegal, unethical and improper conduct and ensure compliance with Immigration Acts, Regulations, policies and established guidelines ensuring these standards are communicated internally and externally;
- 2) serve as a focal point for compliance activities, ensuring reports ascertained and recommendations made to improve trends, identified areas of weaknesses, gaps and loopholes are communicated to stakeholders and continuous improvements being made; and 3) overseeing internal/external investigations on Work Permit, Residency and Caymanian Status Applications ensuring that both the employer and employee are adhering to Immigration Acts, Regulations, internal policies and established guidelines; utilising the highest standards of customer service, effective communication, fairness, transparency and innovative information technology.

Knowledge / Experience:

Essential: A postgraduate qualification or Bachelor's degree in Business Administration, Management, Criminal Justice or similar field plus ten (10) years' experience with at least five (5) years in a management position OR an Associate's degree in Business Administration, Management, Criminal Justice or similar field plus ten (10) years' experience with at least five (5) years in a management position. A Master's degree would be desirable. Broad experience in, and an in-depth working knowledge of, the Government's organizational structure, functions and policies and procedures (including, but not limited to budget preparation and financial control, personnel management and strategic planning) would be an asset.

The post holder must also have sound knowledge of:

- 1. Cayman Islands Immigration (Transition) Act;
- 2. UK Immigration and Nationality Legislation, including relevant provisions of the British Nationality Act 1981;
- 3. Domestic Acts relating to Criminal Procedure Code, Bail Act, Police Act, Penal Code or Training in Criminology/Criminal Justice;
- 4. Procedures and criteria for determining Refugee Status as defined by the United Nations High Commission for Refugee;
- 5. How government works in the Cayman Islands and the United Kingdom;
- 6. Freedom of Information Legislation;
- $\hbox{\it 7. Human Right Legislation (domestic and international); and}\\$
- 8. The Cayman Islands Constitution

Skills:

Excellent analytical, research and drafting skills whilst having excellent written and verbal communication and interpersonal skills with the ability to develop relationships and deal with sensitive and confidential matters with integrity. Strategic thinker with ability to continually look at the future to identify and plan the capabilities the organization and its people will need to deliver success.

Benefits will be determined in accordance with the Public Service Management Act, Personnel Regulations, Public Service Pensions Act and the CINICO Health Plan.

DETAILED job description, benefits information and application form are available at: www.careers.gov.ky

DEADLINE: 31 JULY, 2023



Our Vision: To deliver an excellent airport experience

The Cayman Islands Airports Authority (CIAA) invites applications for the post of:

ADMINISTRATIVE ASSISTANT

The ideal candidate is a mature individual to provide receptionist and administrative duties in the Administration Office/Reception area of the Cayman Islands Airports Authority. The successful applicant will provide prompt and courteous customer service to the public and the Airports Authority staff. Working with minimum supervision, this individual will be required to exercise his/her initiative in carrying out daily responsibilities and performing clerical duties including typing, filing, maintaining records, photocopying, mail and cash collection, maintaining inventory of office supplies and other duties as required and directed.

Qualifications and Education Requirements:

- Must possess a High School Diploma
- High Level of communication skills, both oral and written
- Have a minimum of three years dealing with the public in a professional customer-oriented environment
- Ability to type accurately at a minimum of 50 words per minute
- Ability to compose professional and grammatically correct correspondence to be communicated to internal and external customers.
- Computer literate
- Ability to maintain a high level of accuracy and confidentiality in preparing and handling information
- Excellent verbal and written communications skills, with strong attention to detail

Preferred Skills:

- Knowledge of establishing and maintaining an efficient filing system
- Good working knowledge of the operation of multi-purpose photocopier, scanners and other office equipment
- Teamwork- Work cooperatively and effectively with others to set goals, resolve problems, and make decisions to enhance organizational effectiveness
- Interpersonal relationships- Maintain positive working relations with others, both internally and externally
- Proficient in Microsoft Word, Excel, Outlook
- Ability to accurately reconcile cash collected and receipts
- Demonstrate excellent customer service skills to all internal and external customers on the phone, email and in person

Salary and benefits: Salary range is CI\$33,120 – \$44,508 and will be commensurate with experience and qualifications. Benefits include a contributory pension plan, paid vacation, health insurance and professional development opportunities.

A pre-employment drug screen and medical, a clean police clearance certificate are conditions of employment.

Applicants are required to submit a completed CIAA application form, cover letter and CV showing no less than five (5) years' work history.

Applications should be e-mailed to HR.Recruitment@caymanairports.com or mailed to:

Human Resources Officer P.O. Box 10098 Grand Cayman KYI-1001 CAYMAN ISLANDS Job Description and Application Form are available at caymanairports.com

Deadline date for receiving application is 21 July 2023.

Career Opportunities



CIBC FirstCaribbean is a major Caribbean bank offering a full range of market-leading financial services in Corporate Banking, Retail Banking, Wealth Management, Credit Cards, Treasury Sales and trading and Investment Banking. We are a large, regionally listed bank in the English and Dutch speaking Caribbean. The bank has over 2,600 staff; 52 branches, banking centres and offices in 13 regional markets. We are looking to fill the following position

Senior Corporate Credit Manager

Salary, dependent on qualifications and experience, is in the range of CI\$98,114 to CI\$147,171 per annum.

The Senior Corporate Credit Manager will lead and motivate the credit team and support the relationship management team through regular client interactions on lending and non-lending activities. The incumbent is responsible for the efficient management of the credit portfolio of corporate clients through:

- coordinating and executing all necessary due diligence for the preparation and review of all applications ongoing top quality credit risk control activities through the preparation and review of credit renewal reviews for all borrowing clients
- maintaining expired, unauthorised excess, delinquency and out of order collateral
- · key liaison for Credit Risk Management Department relative to exposure
- · primary liaison for regulatory reporting and identification of high risk credit exposure

- · 5-7 years' of experience in Credit Risk Management and Corporate Banking
- Masters or Bachelor's degree in business, finance and/or equivalent professional finance or accounting qualifications and experience
- Demonstrated results in leading and overseeing credit teams and exposure to large corporate deals
- Team leadership attributes, mentoring and coaching experience
- Excellent financial and credit analysis skills, coupled with strong financial modelling skills
- · Industry specific knowledge of the financial and operational metrics and methodologies employed as well as understanding trends and macro-economic factors affecting customer and markets
- Knowledge of business, finance, economics and accounting

About Our Offer

You will have a challenging, diverse experience with opportunities for professional growth. Our compensation and reward package is attractively structured and performance bonuses are offered.

To apply for this and any other positions, kindly visit https://www.cibcfcib.com/about-us/careers. Applications with detailed resumes should be submitted no later than 28 July 2023.

CIBC FirstCaribbean thanks all applicants for their interest, however only those under consideration will be contacted



LINKEDIN cibc-firstcaribbean-international-bank



The CIBC logo is a trademark of Canadian Imperial Bank of Commerce, used by FirstCaribbean International Bank under license.

AET LTD and AET SERVICES LTD are seeking qualified Caymanians or Permanent Resident Holders for the position of F & B Server/F & B Supervisor

The ideal candidate will have in excess of five years' experience as a F & B Server and in a Supervisory position in a restaurant. He/she must have a strong background in the day-to-day operations of a restaurant including payroll, menu updates, cost control, budgeting, and scheduling

The successful candidate will open and close the restaurant, hire and train and develop FOH and BOH staff, troubleshoot both staff and customer issues among other related duties

Interested and qualified persons may email a cover letter, resume, proof of status on island and a clean police record to sevenmileburger@gmail.com.

Salary: CI\$1,200.00 - CI\$1,500.00 biweekly

NOTICES

PLANNING PERMISSION

This is to notify the public that Carolyn Chaloner has applied for planning permission for a 301sf change of use for a porch classroom to an enclosed classroom on Block 15E, Parcel 47, on the corner of Walkers Road and Stingray Drive. The proposal may be inspected at the Planning Department, located in at the first floor of the Government Administration Building, 133 Elgin Avenue (244-6501). Anyone wishing to object may do so in writing. Letters shall state the nature of concern and precise grounds for objection. All objections must be received within 21 calendar days of the final advertisement of this notice. Objections may be e-mailed to planning.dept@gov.ky, faxed to 769-2922 or mailed to P.O. Box 113, KY-9000



SUMMARY ROLE DESCRIPTION

The HVAC Technician spends much of the time maintaining Heating, Ventilation, and Air Conditioning (HVAC) equipment across a large portfolio of properties. This position is fast paced, a very demanding role that requires close attention to detail regarding the safety and operation of equipment on various sites.

RESPONSIBILITIES

- · Maintain systems and equipment (air condition HVAC, plumbing, electrical) by completing preventive maintenance schedules, restoring, repairing, rebuilding, or replacing faulty or inoperative components and parts.
- Establish new preventive maintenance programs and procedure guidelines, as necessary.
- Keep accurate and timely records of maintenance performed in accordance with equipment
- Ability to prioritize and complete work orders in a timely manner meeting deadlines.
- · Maintain a safe and healthy work environment by following standards and procedures and complying with legal codes and regulations.
- Improve function and reliability of facility systems and associated equipment by studying performance results, identifying, recommending, and implementing changes, expansions, and additions.
- · Administer and adhere to policies and procedures to ensure proper operations, preventive maintenance, and repair programs and procedures.
- Must be willing to be on call for after-hour emergencies.

REQUIRMENTS

- 3 to 4 years of working experience.
- Demonstrated knowledge to read blueprints and construction sketches.
- General knowledge of Building Management Systems and associated controls. • Basic computer skills, including Email, scheduling, procurement, and product research.
- Understanding of life safety equipment such as fire alarm systems, fire pumps, and sprinkler
- Supervises a small group of staff in an organization characterized by highly transactional or repetitive processes
- Must be in good physical condition. Working conditions include heights, crawl spaces, carrying
- Must hold a valid driver's licence (Group 2 or higher)

Salary range: KYD14.00 to KYD18.00 per hour. Benefits met and/or exceed the Labour Law. Caymanians, Status Holders and Legal Residents Preferred. Only suitably qualified applicants will be contacted for an interview. Closing date for applications is 25 July 2023.



CI\$	Size (inches) W x H
750	10 x 13.5
650	10 x 8.37 or 6.6 x 13.5
450	10 x 6.67
450	4.9 x 13.5
350	4.9 x 8.37
250	4.9 x 6.67
150	4.9 x 4.96
75	4.9 x 3.25 or 3.22 x 4.96
50	4.9 x 1.55 or 2.38 x 3.25
5	2 x 1
200	10 x 1.5
300	
500	
50	
	750 650 450 450 350 250 150 75 50 5 200 300 500

Advertising Deadlines (48 Hours prior Publication Day)

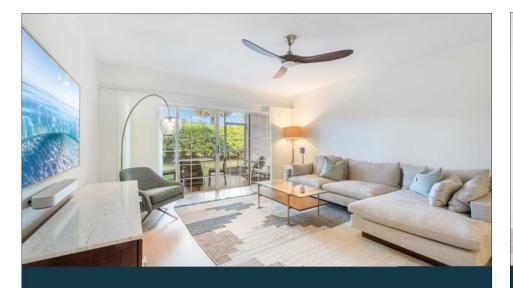
Publication Day	Deadline (12pm (noon))		
Wednesday	Monday		
Friday	Wednesday		

2 days notice for ads

For further information or to book an advert call 916 2000 or email: sales@caymaniantimes.ky

PROPERTY SALES SALES

YOUR GUIDE TO REAL ESTATE





Condo in Seven Mile Beach Corridor

BRITANNIA LIONS COURT 212

1 Bed + 1 Bath | 1,272 sqft | Listed at US \$749,000 Nancy Chen: 345-327-5888

MLS 416077 | Member of CIREBA



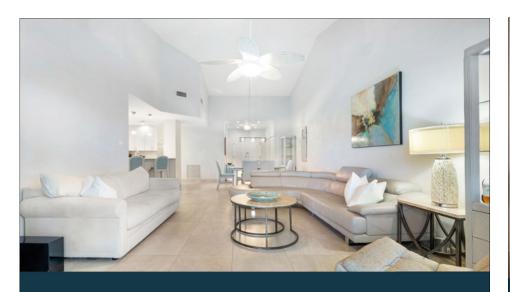


Condo with Pool View in South Sound

VELA 42

4 Bed + 4.5 Bath | 2,780 sqft | Listed at CI \$6,500 per month Sebastien Nehme: 345-923-2223

RMLS 3026 | Member of CIREBA



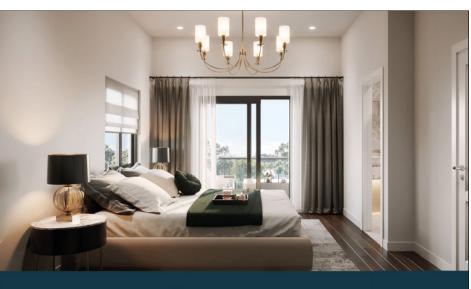


Condo in Seven Mile Beach Corridor

BRITANNIA LIONS COURT 322

2 Bed + 2 Bath | 1,696 sqft | Listed at CI \$745,000 Nancy Chen: 345-327-5888

MLS 416131 | Member of CIREBA





Townhome in Prospect

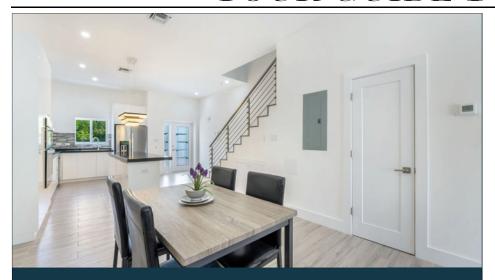
THE PALMS AT DOMINO STREET 3

1 bed + 1.5 Bath | 874 sqft | Listed at CI \$370,000 Kate Ryley: 345-327-5007

MLS 414917 | Member of CIREBA

PROPERTY SALES

YOUR GUIDE TO REAL ESTATE





Brand New Two Story Condo in South Sound

THE MANTRAS 20

2 Bed + 2.5 Bath | 1,369 sqft | Listed at CI \$645,000 Kate Ryley: 345-327-5007

MLS 415460 | Member of CIREBA





Brand New condo in George Town

URBAN FLATS 5

2 Bed + 1 Bath | 716 sqft | Listed at CI 425,000 Kate Ryley: 345-327-5007

MLS 415533 | Member of CIREBA





1 Bedroom Condo in Grand Harbour

HARBOUR WALK 114

1 Bed + 1 Bath | 485 sqft | Listed at CI 385,000 Nancy Chen: 345-327-5888

MLS 416035 | Member of CIREBA



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Cayman's Go-To Immigration Law Firm

When it comes to Immigration Services, HSM has extensive and market leading experience to integrate individuals and businesses into the Cayman Islands.

As a full-service law firm, we can assist with ancillary services such as employment, property guidance, litigation and can provide corporate support under HSM Corporate Services Ltd. HSM is your one-stop legal provider.

- · Residency by Investment
- Right to be Caymanian
- Immigration Applications
- Immigration Appeals
- Company IncorporationsBusiness Licensing
- Special Economic Zone Enterprises

Nick Joseph Partner

CONTACT:

+1 345 815 7425 njoseph@hsmoffice.com www.hsmoffice.com

