

# T Caymanian Times

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Issue No 899

www.caymaniantimes.ky

July 21, 2023

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Messi is Miami's new maestro



# HOT! HOT! HOT!

By Staff Writer

In Cayman, across the Caribbean, in the United States, parts of Canada, southern Europe, much of Latin America, all of Africa, and some regions of the Far East,

much of the world is baking in a scorching heatwave that shows no immediate signs of abating.

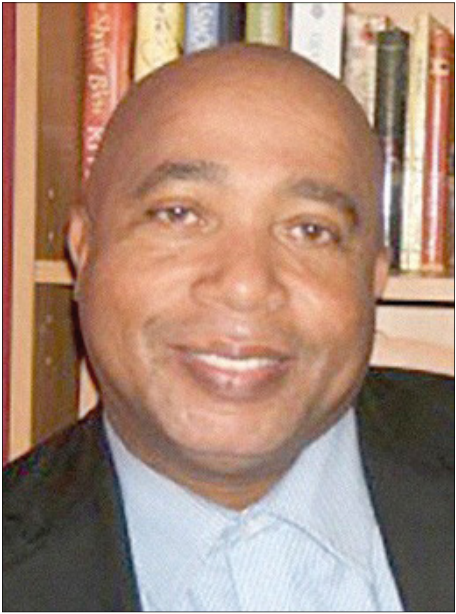
High-temperature records are being broken in several countries with the US, China and parts of Europe already expe-

riencing their hottest temperatures since record-keeping began.

Death Valley in the US lived up to its ominous name with temperatures at one point

SEE **HOT! HOT! HOT!**, PAGE 4

# Mia Mottley: Speaking Truth to the World? Part One



► Dr Livingston Smith

There are those who argue that the bonds of nationalism are being torn asunder by forces of globalization. Hegemonic ideas like capitalism and democracy, the forces of capitalism in the forms of direct foreign investment and trade, labor migrations, and capital markets are seen as operating to dramatically reduce the power and significance of nation-state. In addition, the pressures to remove trade barriers in line with neo-liberal economics, globalizing institutions such as the WTO, UN, IMF, World Bank, and regional agreements among others, they insist, are making the nationalist framework redundant. While there is significance to this perspective, nation-states are still the most critical actors in the modern global system and global inequality is the cause and basis of many of our intractable global problems.

The inequality of nation-states and its impacts on human lives and outcomes is one of the defining features of human societies. Scholars of international relations explain that though power is multidimensional, certain 'natural' features of states such as geographical and population size and the possession of certain vital natural resources, in particular, immediately endow a country with significant power. A large size naturally gives a state some power status. The USA, Russia, China, Australia and so on come to mind. Even though smaller countries with highly educated and skilled population can wield powerful economic and political clout, population size immediately gives great power status as it means a large potential market



► Prime Minister Mottley of Barbados

for outside goods, the possibility to have a large army and so on. Such resources as oil, gold, copper, bauxite, etcetera are deemed important.

A country's level of industrial development as evidenced in higher education levels, advanced technology, and the export of higher end goods such as computers, cars, ships, aero planes, machines, research outcomes and so on, are more powerful than states which are not industrially developed. But there are also intangible sources of power, some argue, such as national image, that is how the country is viewed internationally can affect its level of influence on the world stage. There is also public support and cohesion, the ability of leaders to bring their people along with them in decisions made by the leadership the country has.

Barbados, with a population of just over three hundred thousand, is devoid of size, geographical or otherwise, does not have vital physical resources but having invested heavily in its human assets, has managed to attain a GNI per capita of just over seventeen thousand US dollars placing it in the high-income category of the world's countries. Barbados has attained this as an independent country that has even recently become a republic having given up its constitutional association with the British Monarchy. However, as commendable as this is, Barbados is a small state, which, like many others, is attempting to survive within the vicissitudes of global realities most of which it did not create but must respond to if it is to survive. Still, its leader has shown that size, impact, and influence notwithstanding, it can punch above its weight in global affairs, or so it would appear.



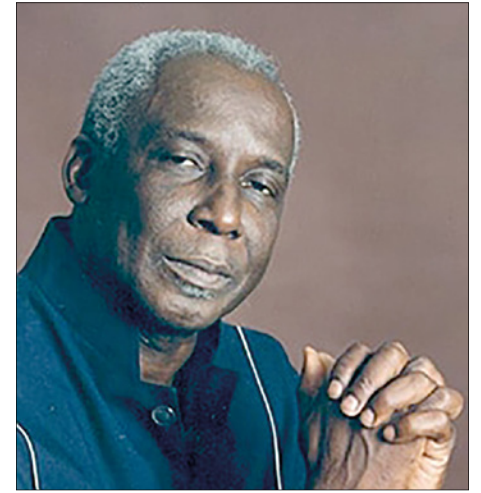
► Dr. Eric Williams, historian and former Prime Minister of Trinidad and Tobago

Many were thus quite pleased to see the formidable Prime Minister of Barbados named by the Times Magazine as one of the most influential persons on the planet in 2022. Those who heard her for the first time, in Glasgow maybe, might have been taken aback by her consummate poise, the power of her oratory, the force of her delivery and the cogency of her arguments.

Mottley is an addition to the long list of strong Caribbean leaders who punch above the weight of the countries they lead. Between the 1940's and 1960's, the leaders of anglophone Caribbean countries took the lead in the movement towards decolonization moving their people towards independence believing like Nyerere of Tanzania that the political house must be in their control. During the 1950s and in the decade after independence, Jamaica stood out in the developing world in its levels of economic growth.

In the 1970's, Michael Manley championed democratic socialism, and was one of the most fluent and irascible defenders of the none aligned movement and of the call for the creation of a New International Economic Order (NIEO). He, like other leaders in the South, had come to realize the debilitating effects of global inequality and the global institutions that keep the system in place. They had called for changes in the terms of international trade, the establishment of a common fund, the regulation of multinational corporations, and a relief of the debt burden among others. At least they could show that they received the LOME Convention for their efforts. This convention allowed for preferential accesses of goods from African, Caribbean, and Pacific countries into EC markets.

On this issue of apartheid in South Africa and the freedom of Mandela, as Fergal Keane points out, while the western world traded with South Africa and their



► Professor Rex Nettleford, Former Vice Chancellor, UWI

most powerful nations maintained secret security ties with the apartheid state, and while western firms profited handsomely from their investments in the Republic of South Africa, an anti-apartheid movement championed the isolation of the white state and became a remarkable community of conscience in the post-war world.

Caribbean nations and their leaders were at the forefront of this community of conscience, their small sizes and limited influence notwithstanding. Our leaders then utilized global platforms and every means possible to denounce the abominable system of racism. Even with limited trade with South Africa, and while still a colony of Britain, as early as 1957, Jamaica declared a trade embargo against South Africa and Hugh Shearer as Prime Minister of Jamaica between 1967-1972, in an address to the UN Assembly called for an embargo against that racist country. During the 1987's and 1980's Caribbean leaders Forbes Burnham of Guyana, Seaga of Jamaica, etcetera, were most critical of the apartheid regime with the latter in particular working to ensure that the embargo stayed in place.

Mia Mottley speaks in the tradition of Michael Manley, Owen Arthur, Eric Williams, and such intellectuals as Marcus Garvey, Arthur Lewis, and Rex Nettleford, just to name a few. She raises some of the most pressing and urgent issues especially for small and developing states existing on the periphery of the global capitalist system: climate change, global poverty and food security, universal education, human dignity, antiracism, world peace and sustainable development. The issues have not substantially changed since the time of those who were before her. Even with changes in the global political system, the fundamentals of global inequality are still in place. We will pick up on these in subsequent articles.

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**Caymanian Times**

Issue # 899

Publisher: Ralph Lewis  
Company: Lewis Cayman Islands Ltd  
#19 Walkers Road (next to Tomlinson Furniture)  
Telephone: 345 9162000  
Email: info@caymaniantimes.ky  
Website: www.caymaniantimes.ky

# road to renewables | Part 1: The beginning

For 57 years, CUC has been providing energy to the people of Grand Cayman. A lot has changed in those 57 years and CUC has remained committed to providing safe, reliable energy at competitive costs and with respect to the environment. The path to renewable energy has not been a straight one but CUC has remained committed to staying the course.



## 2003

### Is wind an option?

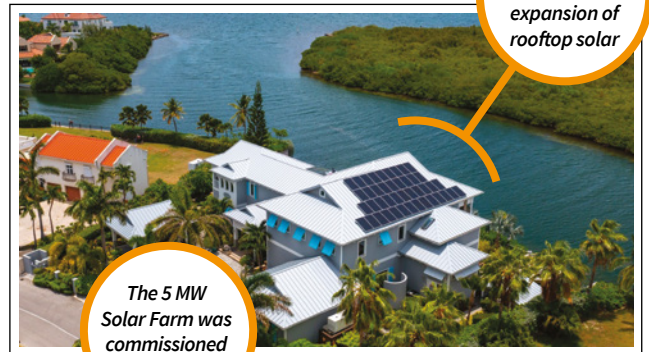
Energy has evolved throughout the course of history. From firewood, coal, oil and diesel, the way that energy was used to meet the demand of the industrial needs of our world has advanced and there has been a big shift to utilising natural resources that are climate friendly. CUC has through the years looked at all various types of energy sources to shift away from oil and diesel generating units. In 2003, CUC looked at wind energy to see if it was a viable option for Grand Cayman. Through a year-long study, it was determined that the average wind speed of 13 mph on Grand Cayman was not strong enough to create enough energy needed to support the Island. There were also regulatory airspace laws that would be required to change to allow for large wind turbines to be constructed. Even though there were barriers to this energy source, CUC believes that wind energy will form a part of the renewable energy mix in the future.

*In 2002, two 170-foot wind-monitoring towers were erected in East End and North Side to determine the feasibility of wind power*

## 2009 + 2017

### CORE/DER Programmes and Solar

At present, the most viable renewable energy source is solar energy and CUC has been making investments into this type of energy for many years. This includes the development and implementation of our Customer Owned Renewable Energy (CORE) and Distributed Energy Resource (DER) Programmes. Both programmes allow for solar energy to be utilised by our customers and excess energy can be sold to the grid. CUC was also responsible for the issuance of the request for proposal that led to the first utility-scale solar project being commissioned on Grand Cayman in 2017.



*The 5 MW Solar Farm was commissioned in June 2017*

*CUC continues to support the expansion of rooftop solar*



*Proposed battery storage facility at the Hydesville Substation*



## 2023

### Utility-Scale Battery Storage

With solar energy as the most viable renewable energy source for Grand Cayman, CUC has taken the necessary steps to ensure that this energy source is supported for the future. The Company has purchased two 10 megawatt (MW) battery storage systems that will enable the storage of excess solar energy to be used when needed. The installation of these batteries will be completed by the end of 2023. To further support green energy, the Company will also convert five of its diesel generating units to run on liquid natural gas (LNG) and this project is set to be completed at the end of 2024.

The Company anxiously awaits the bid process with OfReg for the competitive renewable energy auction scheme. This bid process will allow CUC to openly provide details on the plans that the Company has for renewable energy and demonstrate to the public its commitment to finding affordable, reliable and environmentally friendly energy for the people of Grand Cayman. CUC is committed to staying the course and building a future that Caymanians deserve.

Follow our journey at

[www.roadstorenewables.ky](http://www.roadstorenewables.ky)



*The Environmental Management System at the North Sound Road Power Plant is registered to ISO 14001*

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# NEIT and UCCI joint offering for Caymanian students

Caymanian students can now pursue studies in cyber security and network engineering, electrical engineering technology and construction management with far more support, thanks to a new partnership that has been formed between the University College of the Cayman Islands and the New England Institute of Technology (NEIT), one of America's leading vocational and technical colleges.

To help students succeed in these areas, UCCI has formed a unique partnership with NEIT to offer an extension of the UCCI campus in Rhode Island, USA, so that students can complete world-class, higher-level study in these sectors whilst still being supported by the UCCI family.

NEIT has committed to a generous package which includes on-campus accommodation for all Caymanian students and subsidised living expenses. Up to US\$10,000 per year will be awarded in addition to the Cayman Islands' Government scholarship. NEIT will also offer a fully integrated support package to every Caymanian student to ensure they are happy, healthy and supported whilst away from home.

Dr Robert W. Robertson, UCCI President and CEO, said the partnership launches this



month ready for a fall 2023 enrolment.

"Only two hours north of New York, Rhode Island is a safe suburban township that will offer our students the opportunity to get amazing life experiences and build a stateside network of friends, colleagues, and peers," he said, adding that the only criteria is that students must be Caymanian and qualify for a Government scholarship.

"NEIT will kindly top-up this scholarship with an institutional award of up to \$10,000 per student, to ensure the student can succeed. For parents that are worried about their child being away from home, the NEIT

institutional award will cover on-campus accommodation and support staff on campus who will ensure the health and wellbeing of the students," he said.

Dr Robertson said this was a chance to get a world-class education for completely free.

"We implore students to grab this opportunity with both hands," he stated.

NEIT is a private, non-profit technical college located in East Greenwich, Rhode Island, United States. NEIT offers a wide range of programmes at the associate's, bachelor's, and master's degree levels. The programmes span various fields such as automotive technology, construction management, cybersecurity, digital media production, engineering, health sciences, information technology, nursing, and many more. NEIT places a strong emphasis on hands-on learning and practical skills. The college provides students with access to modern facilities, labs, and equipment to gain real-world experience in their chosen fields. This approach aims to prepare students for the demands of the workforce.

Representing NEIT's President Richard Gouse and Board of Trustees, Phillip Kydd, Trustee of New England Institute of Technology, said they were committed to working

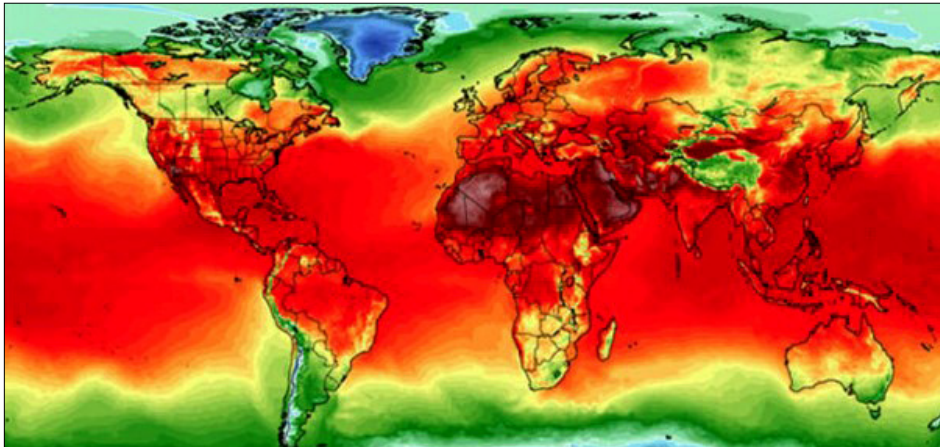
with UCCI and the Caymanian community to enhance the career-prospects of young Caymanian students and give them the opportunity to be exposed to the latest technology, the latest advancements in their field of study and to get a life experience unlike any other.

"We want to overcome every barrier to education that these students face and have implemented a package that we believe is one that cannot be missed. We are recruiting students now for a fall 2023 start and will be expanding this even further for fall 2024. We look forward to welcoming the Caymanian community to NEIT," he said.

Beginning in the Fall of 2023, UCCI students will be eligible to apply to any of NEIT's degree programmes. Through recently signed articulation agreements, qualified UCCI students wishing to transfer to NEIT will have recognised advanced standing in NEIT's cybersecurity, construction management, and electrical technology programmes.

To register interest, students should visit <https://www.ucci.edu.ky/neit> and register their interest in a fall 2023 start. Students will then be contacted to speak to staff at NEIT and attend either a virtual or in-person open day.

## HOT! HOT! HOT! HEAT SEASON



CONTINUED FROM Page 1

peaking at 127.4F - 53.3C raising fears that it was close to setting a new record for the highest temperatures ever recorded on Earth.

According to meteorologists, 2023 is on track to become the hottest year on Earth since records began and climate change is said to be the main cause.

In other parts of the US and Europe outbreaks of wildfires are compounding the heat problem while in some other places, extreme rainfall is the menace at the other end of the spectrum.

And there are no signs of a respite from the hot weather especially happening any time soon, at least not for another month or so. The World Meteorological Organization said the extreme heat and rainfall were expected to extend into August.

There's also the knock-on effect on the health of older people and children in particular with government officials issuing advisories over the risk from the sweltering heat waves.

The impact of agriculture in some parts of the world is crippling with some regions on the brink of famine with its knock-on effects.

Locally for Cayman, the National Weather Service on its website is projecting "moderate heat impact potential with a possible upper limit of extremely high heat for July, August and September."

In its monthly climate bulletin for July, the CINWS also says that a mid-summer dry spell between July to September, marking the peak of the Caribbean Heat Season (May to October) is forecast to be hotter than usual.

"Frequent and, possibly intense episodes of heat stress in the vulnerable population and small livestock because of high temperature and increasing humidity through September."

It explains that a possible transition into El Niño is often marked by a warmer heat

season, a drier summer season, and reduced tropical cyclone activity.

While all of this is happening, concerns are mounting over what this might mean for this year's hurricane season.

The US National Oceanic and Atmospheric Administration (NOAA) reports that it has been tracking a steady climb in ocean temperatures since April this year, which is causing unprecedented heat stress conditions in the Caribbean Basin and the Gulf of Mexico.

Globally, warm sea surface temperatures that can fuel hurricanes have been spiking this year with weather experts saying what really matters for Atlantic hurricanes are the ocean temperatures in two locations: the North Atlantic basin, where hurricanes are born and intensify, and the eastern-central tropical Pacific Ocean, where El Niño forms.

"Hurricanes draw energy from warm ocean water beneath them. The warmer the ocean temperatures, the better for hurricanes, all else being equal," an article in Scientific American explains.

It said that the effects of the weather phenomenon known as El Niño and the extreme ocean heat are about to clash for the 2023 Hurricane Season.

"Warm ocean waters are primed to provide plenty of fuel for the 2023 hurricane season," the article stated but added that a possible El Niño could quash storms.

The article also recalled that tropical Atlantic Ocean temperatures were unusually warm during the most active Atlantic hurricane seasons on recent record.

The 2020 Atlantic hurricane season produced a record 30 named tropical cyclones, while the 2005 Atlantic hurricane season produced 28 named storms, a record 15 of which became hurricanes, including Katrina.

At the start of the 2023 season, the NOAA predicted a near-normal season with 12 to 17 named storms, of which between five and nine could become hurricanes, including one to four major hurricanes.

  
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### NOTICE OF MATERIAL CHANGE

GraceKennedy announces that it has completed its acquisition of Scotia Insurance Caribbean Limited (SICL) and that the Company is to be rebranded under the name GK Life Insurance Caribbean Limited (GK Life).

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For additional information, please submit inquiries to [GKLifeQueries@gkco.com](mailto:GKLifeQueries@gkco.com)



**Gail Moss-Solomon**  
General Counsel &  
Chief Corporate Secretary

 [www.gracekennedy.com](http://www.gracekennedy.com)

# Leading Corporate Lawyer joins HSM

The HSM Group is thrilled to welcome Kathy Macdonald to their full-service law firm in the Cayman Islands. Kathy is an associate specialising in corporate and commercial law.

In her role at HSM, Kathy will guide clients as to the best corporate vehicle for their needs including exempted companies, limited liability companies, segregated portfolio companies, trusts, partnerships and more.

Kathy has over nine years of legal experience and prior to joining HSM, she worked for another Cayman Islands law firm. Kathy has also worked as Legal Counsel for two reputable financial institutions and provided transaction and regulatory advice as well as support to the businesses for core custody, depositary and administration services.

She is well-versed in preparing documents such as board resolutions, de-registration and/or voluntary liquidation of regulated entities with the Cayman Islands Monetary Authority and Registrar of Companies. Regulatory matters are her specialty with an emphasis on Anti-Money Laundering (AML), The Foreign Account Tax Compliance Act (FATCA) and the Common Reporting Standard (CRS) and/or beneficial ownership.

Kathy studied at the Law Society of Ireland. She is also an accredited mediator and received this accolade in June 2014 from the Mediator Institute of Ireland.

"With the addition of Kathy, HSM continues its position as a go-to legal partner for those seeking comprehensive corporate support," shares HSM Managing Partner, Huw Moses OBE. "We are excited to welcome her to our team and for our clients to benefit from her impressive legal counsel."



► Kathy Macdonald outside of HSM's building on 68 Fort Street, George Town

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**CRUISE SHIP SCHEDULE — WEEK — JULY 24 - 28**



**TOTAL SHIPS - 6**  
**TOTAL PASSENGERS - 19,284**

Monday	Tuesday	Wednesday	Thursday	Friday
24	25	26	27	28
Disney Magic		Carnival Vista	Carnival Glory	
		Celebrity Equinox	Carnival Sunrise	
		Disney Fantasy		
<b>Total Passengers</b>	<b>Total Passengers</b>	<b>Total Passengers</b>	<b>Total Passengers</b>	<b>Total Passengers</b>
2,500	0	10,450	6,334	0



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## Simpson, Allen, Lynn charge to 4H Le Castellet victory



Algarve Pro Racing's trio of Kyffin Simpson (CYM), James Allen (AUS) and Alex Lynn (GBR) charged to overall victory at the 4 Hours of Le Castellet last weekend at Circuit Paul Ricard, France, in the second round of the 2023 European Le Mans Series.

Bouncing back from a disappointing result at the Barcelona season opener, 18-year-old Kyffin and his APR teammates executed a near-perfect four hour run to the checkered flag, taking an early lead, and maintaining track position through most of the event's duration.

Although the #25 Kimpton Seafire Resort + Spa ORECA 07 LMP2 machine

lacked speed in Saturday's qualifying session, signs from longer practice runs indicated strong race pace and low tire drop-off – something APR's competitors in the LMP2 Pro class were evidently struggling with as heatwave temperatures exceeded 92°F.

Simpson opted to start the race for the #25 team, and it was clear from the opening laps that the Caymanian driver had plenty of speed to deploy. Kyffin was fourth by turn one, third a lap later, and then second – all in just the frenetic opening minutes of the race.

Chasing down the #47 COOL Racing team in first, Simpson set about closing

down the six-second gap as the LMP2 Pro class began to encounter slower traffic from the LM GTE field of cars. By the first fuel stop, Kyffin was within a second of the #47 car, and the young Caymanian delivered some of the fastest racing laps seen all weekend to 'overcut' the leaders once both teams had stopped for fuel.

The #25 Algarve Pro Racing machine now had control of the race, extending its lead by up to six seconds as fellow Chip Ganassi Racing driver Alex Lynn took over from Simpson in the second hour.

Unfortunately, a mid-race safety car period effectively reset the gap to zero, and APR's race was further complicated by tire

damage that forced an unplanned change of two left-side tires at the halfway point.

James Allen took over for the final race stint and emerged from the pits fifth overall after the unfortunate timing of safety car, further yellow flags, and the tire issue. However, APR's stunning pace elevated the team back to third in short order – second in class – with the #25 around 15 seconds behind the leaders with 30 minutes to go.

The combination of heat and tire wear was now clearly impacting the race leaders – and did so in dramatic fashion as the #28 in first suffered a puncture, promot-



## Simpson, Allen, Lynn charge

CONTINUED FROM Page 7

ing APR to second overall. The final 10 minutes of the race saw the top three cars close together in a dramatic fight for the win.

As the leading #34 ORECA suffered its own tire wear issues, James executed a decisive move for the lead through turns one and two with just seven minutes left on the clock. APR duly set about extending its lead by several seconds, once again demonstrating the team's inherent pace, and took the checkered flag to seal victory at the 2023 4H Le Castellet.

Speaking after the race, Kyffin said:

**"God is good! I'm proud of what we've accomplished today. Alex, James and the whole team executed flawlessly. A few things went against us, and it was really quite challenging with the heat to keep**

**the tires alive, but we stayed focused on our own race. It's a well-deserved win for the team and it's nice to bounce back from Barcelona with this one."**

Alex Lynn added:

**"It has been a fantastic day for Algarve Pro Racing. We always felt we would be competitive in the race and that was the case. Kyffin got us up into the lead, the team had a great first full service and from there we just set about trying to build our advantage. We had good pace to do it, although the Safety Car scuppered that a bit and we had to be really clever on strategy to make sure we got the win we felt we deserved. After my stint, James had a fantastic drive under difficult circumstances with high tyre wear, not really knowing how hard we could push. In the end, it was an exciting finish and I'm super proud to be part of the team."**

James Allen said:

**"It was a fun race and we come away with a great result for Algarve**



**Pro Racing. Kyffin's first stint was amazing and he handed the car to Alex in the lead of the race, which was maintained right through to when I took over during the third hour. We somehow lost track position in the final driver-change, but I fought hard to get back up from fifth to the front before the end. There was a lot of tyre management and many teams had failures on the front-left corner, which made it very difficult. However, we were able to get the car to the end in first position and I can't thank Algarve Pro enough. The strategy, set-up and pit stops were all on point, the**

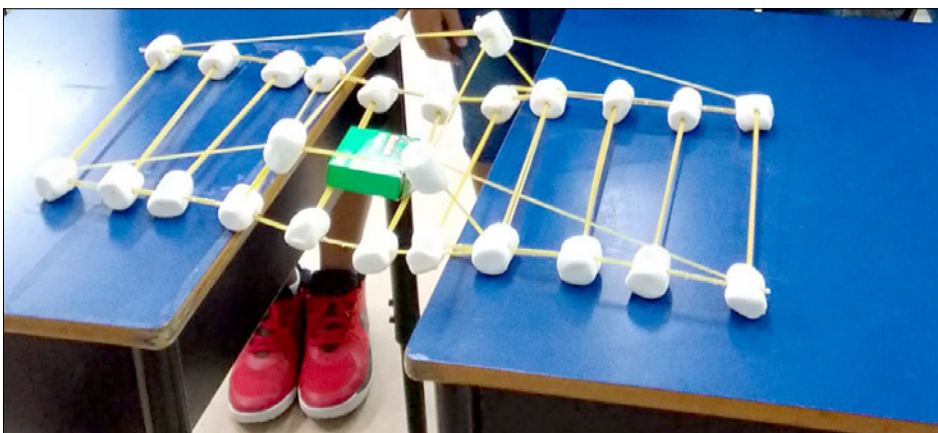
**effort from my teammates Kyffin and Alex was amazing."**

With two of five ELMS rounds complete, Algarve Pro Racing next travel to MotorLand Aragón, Spain for Round 3 of the series, August 26th 2023.

Kyffin's next event is Round 8 of INDY NXT by Firestone at Iowa Speedway, Newton IA this coming July 22nd weekend.

Kyffin Simpson is a Chip Ganassi Racing development driver supported by The American Legion, Ridgeline Lubricants, InvestCayman, Visit Cayman Islands, Boddens Legal, Kimpton Seafire Resort + Spa Grand Cayman, Simpson Race Products and Kokoro Media.

# Year 6 Summer Programme in Schools



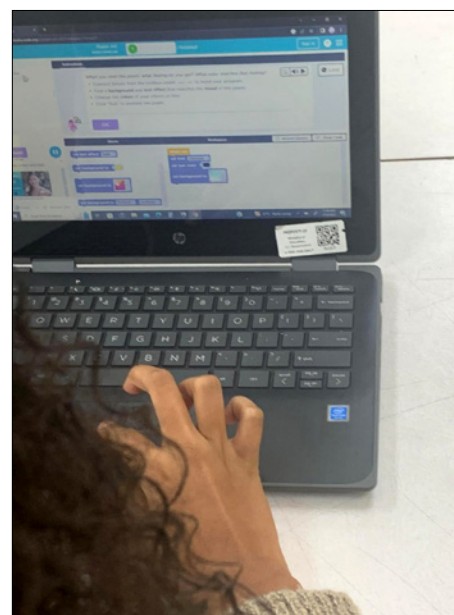
► The summer catch up programme includes weekly field trips and a daily STEM challenge

The 2023 Year 6 summer school programme, organised by the Ministry of Education and the Department of Education Services (DES) in conjunction with primary schools will take place in Cayman Brac 31 July to 11 August. The two-week programme, which also ran in Grand Cayman, ended on Friday.

The programme is aimed at providing additional intense support in Mathematics and English for those students working towards age-related expectations. It is anticipated that through engaging and

interactive learning experiences, students' academic growth will continue during the summer break.

The four hubs sites for the sessions are George Town Primary, Red Bay Primary, Edna Moyle Primary and West End Primary, which identified students from all government primary schools. Specific intervention programmes, including Read Write Inc. Fresh Start, On Track English, and Math Whizz, which includes a virtual tutor, are being implemented in the summer sessions. Math Whizz combines adaptive



► Year 6 students participate in the MOE summer school programme aimed at providing support in Maths and English.

technology, interactive content, and gamification to enhance mathematics learning. It offers personalized learning experiences, fosters motivation, and provides valuable insights for educators and parents.

In commenting on the catch up initiative, Department of Education Services Director Mark Ray noted, "The summer school programme demonstrates how the Ministry of Education, the Department of Education Services, educators, and parents are dedicated to the ongoing academic success of our students".

In addition to targeting academic skills in Mathematics and English, the programme is also providing students with the opportunities to extend learning throughout the community with weekly field trips and a daily science, technology, engineering and mathematics (STEM) challenge. Through the group STEM activities, it is expected that students will have the opportunity to develop essential interpersonal skills, such as communication, collaboration and leadership.

The Department has also developed a website, [www.summerlearningci.com](http://www.summerlearningci.com) to provide parents and guardians with the resources to support their child's continued practice and learning throughout the summer. On the site, parents will find recommended resources and summer learning activities for students in every year group of primary school.



# Messi is Miami's new maestro

Lionel Messi copied Dwyane Wade, Dan Marino and LeBron James on Sunday as he was unveiled as Miami's latest sporting superstar. Messi is a fantastic addition to the Major League Soccer franchise and for football fans in the Cayman Islands another great reason to visit the already buzzing city which is only a short hop away.

Messi may be in the twilight of his career but he is still an immense talent, worth watching at any level.

His first official appearance as an Inter Miami player took place in front of thousands of adoring fans at Fort Lauderdale's DRV PNK Stadium.

"I'm very moved to be here in Miami," Messi told the crowd in Spanish, which is spoken by over half of Miami's population. "I want to thank you for the kindness and love that you have given me."

The seven-time Ballon d'Or winner was given a number 10 shirt to rapturous applause on a \$60 million a season deal until the end of 2025.

He has been reunited with defensive midfielder Sergio Busquets - with whom he played at Barcelona - who has also signed for Miami until 2025. Busquets,

too, was formally unveiled at the event.

Inter Miami really made an effort to welcome the 36-year-old striker. Seven-time Super Bowl winner Tom Brady and four-time NBA champion Stephen Curry also recorded welcoming video messages.

Don Garber, commissioner of Major League Soccer, said someone of Messi's status choosing to play in the league was a "transformational moment", and he hoped the signing would "shout to the world that this is a soccer nation". He added: "It's been so many years of developing this league into becoming a player on the global stage, so it's a very momentous night for us."

The DRV PNK Stadium is Inter Miami's temporary stadium and has a capacity of 18,000, making it the joint-smallest in MLS along with San Jose Earthquakes' PayPal Park in California. A temporary grandstand has been erected to allow more fans into the ground.

Messi left French champions Paris St-Germain in May after scoring 32 goals in 75 games across a two-year spell. He turned down lucrative offers from other countries to play in the US. This the first time he will play for a non-European club.



► Lionel Messi, 36, will enhance the MLS

Inter Miami co-owner David Beckham hailed Messi's signing as a "dream come true". He said: "Leo, we are so proud that you have chosen our club for the next stage in your career."

Inter Miami's primary owner, American billionaire Jorge Mas, called Messi "the best player ever to don boots".

Messi is expected to make his Miami debut against LIGA MX side Cruz Azul on Friday in their opening match of the Leagues Cup.

He reunites with his former Barca and

Argentina boss Gerardo Martino after the 60-year-old was appointed manager in June following the sacking of Phil Neville. Miami only started playing in the Eastern Conference of the MLS in 2020.

Messi was offered a deal by Saudi Arabian club Al-Hilal worth \$1.5bn over three years. But he chose Florida for many reasons other than money; its language and culture is more like Barca's, it is easier to get to Argentina, the football standard is higher and Miami is a more exciting place for his wife and three sons to enjoy.

# Americans want World Cup hat-trick



► The United States women want another World Cup win

The United States have won the past two Women's World Cups - and there is a strong chance they could complete an unprecedented hat-trick by next month.

The Americans are the favourites to triumph in Australia and New Zealand this summer and repeat their wins of 2015 and 2019. However, they are far from overwhelming tournament favourites. Germany are second in the world rankings behind the Americans and their chances are good too. The tournament started this week and runs until 20 August.

England, led by Chelsea's Millie Bright, are in one of the most competitive groups at the World Cup. Group D also features Denmark and China alongside debutants Haiti. Nevertheless, the Lionesses, who won the Euros last year, should have little trouble navigating their way through to the knock-outs.

Sweden, ranked third in the world by FIFA, are capable of becoming cham-



► Millie Bright is England's World Cup captain

pions. Sweden beat United States 3-0 in the group stage at the 2020 Olympic women's football tournament.

# Windies ton up against India

West Indies cricket is still spinning out of control despite all the good intentions of the new regime over the last few years.

The Cricket West Indies selection panel's squad for the second Test match against India in Trinidad and Tobago only has one change despite being humiliated in the first Test in Dominica. The match started on Thursday.

Only Raymon Reifer was replaced-by Kevin Sinclair, the off-spinning all-rounder. Reifer will still travel to Trinidad as cover in case of injury. Guyanese Sinclair has made a huge impression. So far, he has played 18 first-class matches taking 54 wickets including three five-wicket hauls at an average of 23.98 each. He has scored 756 runs at an average of 29, including six half-centuries.

This is his maiden call-up to the West Indies Test squad. The Trinidad Test is historic as it marks the 100th Test between West Indies and India, since the two teams first met at the Feroz Shah Kotla in Delhi in 1948.

#### FULL SQUAD

Kraig Brathwaite (capt)  
Jermaine Blackwood (vice-capt)  
Alick Athanaze  
Tagenarine Chanderpaul  
Rahkeem Cornwall

Joshua Da Silva  
Shannon Gabriel  
Jason Holder  
Alzarri Joseph  
Kirk McKenzie  
Kemar Roach  
Kevin Sinclair  
Jomel Warrican  
Traveling Reserves:  
Tevin Imlach  
Akeem Jordan



► Kevin Sinclair is an exciting newcomer



► 3rd Cayman Islands Biennial Lower Exhibition Hall Installation View



► 3rd Cayman Islands Biennial Dart Auditorium Installation View

# NATIONAL GALLERY LAUNCHES THIRD CAYMAN ISLANDS BIENNIAL



► Jamie Hahn's 'Throughline, South Sound, Grand Cayman' on view in the NGCI Sculpture Gardens



► Sarah McDougall's 'Hanging by a Thread' (2023) displayed at the Mind's Eye Cultural Centre in South Sound

The National Gallery of the Cayman Islands (NGCI), with support from Butterfield, is pleased to announce the launch of the third Cayman Islands Biennial, a tri-island multi-venue art project held every two years that seeks to highlight the latest developments in the contemporary art scene.

This year's exhibition is organised under the title 'Conversations with the Past—In the Present Tense', inviting artists to respond to the ways in which history continues to shape our experiences in the present. Reflecting further on questions of personal and collective identity,



► Michael Mothen's digital animation 'Exploring History' (2023)

the exhibition explores the multi-faceted nature of Caymanian culture from a variety of perspectives—foregrounding traditions that have endured to this day, as well as aspects of our heritage that have evolved over time. In turn, the featured artworks provide an illuminating portrait of our ever-changing society—initiating conversations around Caymanian history and its various social, political, and artistic legacies.

Following an open call for participation that was circulated to artists across the Cayman Islands and the Caymanian diaspora, NGCI received 136 submissions from 87 local artists. The final selection, short-listed through a rigorous juried process, includes work by 57 local artists in a wide variety of media: from performance, photography, and video, to painting, ceramics, textiles, sculpture, site-specific works, AI-generated image making, and instal-

lation art. Participating artists include: James Adams, Diane Anglim, Babbity Barwick, John Bird, Luelan Bodden, Cameron Bridgeman, John Broad, Mark Chen, Kerri-Anne Chisholm, Randy Chollette, DALLE.E 2 (AI), Alan Darvill, Bryony Dixon, Angelica Dodds, Patrice Donalds-Morgan, Kerwin Ebanks, Kaitlyn Elphinstone, Kathryn Elphinstone, Samuel Etoh, Latoya Francis, Carlos Garcia, Alyssa Gilbert, Lana Gilyun, Teresa Grimes, Jamie Hahn, Cera-Tan Kennaird, John Reno Jackson,

Andre Jennings, Marc Laurensen, Pamela Kelly-Laurensen, Anthony Lawrence, Ian MacRae, Tansy Maki, Chris Mann, Linda McCann, Sarah McDougall, Bridget McPartland, Ena Isabel Miller de Selman, Rochelle Miller, Michael Mothen, Maia Muttoo, Isy Obi, Raphael Powery, Yonier Powery, Janine Scriven, Jeffrey Sfeir, Eliza-



► Kerwin Ebanks' sculpture 'Perpetuity' (2023) installed at Barker's Beach

## NATIONAL GALLERY

CONTINUED FROM Page 10

beth Paige Smith, Kay Smith, Gordon Solomon, Nasaria Suckoo Chollette, Larisa Sved, Scott Swing, Simon Tatum, Debbi Truchan, Avril Ward, Zhenya Xia, and John Gray High School students.

Given its expansive scale, this year's biennial has been structured into three distinct sub-themes, providing a strong sense of stylistic and thematic coherence within each of the principal display spaces. These include 'Identity and its Multiple Origins', which is on view in the NGCI Dart Auditorium Community Gallery; 'Sites of Memory', which is presented in the Gallery's Lower Exhibition Hall; and 'Cultural Mythologies', which is displayed within a modern annex space on the grounds of the CNCF Mind's Eye Cultural Centre in South Sound. In keeping with the exhibition's ambitious scope, artworks are being displayed at seven further locations across the Cayman Islands, drawing attention to the unique characteristics of the venues in which they appear. These include Owen Roberts International Airport, the Cayman Brac Museum, Cayman Brac Heritage House, the Little Cayman Museum, Gram Bella's in Northside, John Gray High School, and Barker's National Park.

"Artwork has been positioned at each venue based on both the sub-themes and the context of the location," says Natalie Urquhart, NGCI's Director and Chief Curator. "For example, at the newly renovated annex space at Mind's Eye – home of Gladwyn 'Miss Lassie' Bush's 140-year old wattle and daub cottage – the work on display engages with historical themes and subject matter, and demonstrates the profound influence of Cayman's cultural heritage as an ongoing source of inspiration for our contemporary artists". William Helfrecht, Collections Curator at the National Gallery, further emphasised the importance of such institutional partnerships, stating that "NGCI is grateful to each of the satellite hosts for helping to make the multi-site, decentralised vision of the biennial a reality", adding that "the National Gallery is particularly excited to be collaborating with the Cayman Brac Museum, Cayman Brac Heritage House, and the Little Cayman Museum to help extend even greater access to our exhibitions and public programming in the Sister Islands".

As with each recurring edition, the biennial includes the prestigious Bendel Hydes'

Award component, presented to the top selected artist, as well as an Emerging Artist Award for the most promising newcomer. Both awards have been selected by a jury comprising local and international arts professionals Leonard Dilbert, Davin Ebanks, and Lisa Howie. Taking place in mid-July, the biennial awards ceremony will also mark the launch of the 140-page accompanying exhibition catalogue, which includes essays, artwork images and biographies of all the participating artists, and will be on sale in NGCI's gift shop later this month. The project is further supported by an extensive education programme of workshops, conversation circles

(hosted at historic venues across all three islands), late night opening events, and guided exhibition tours, which have been designed to provide developmental support for creative professionals, as well as opportunities for community members to engage with the project through a variety of settings and public platforms.

The 3rd Cayman Islands Biennial has once again been made possible through partnership with the inaugural biennial supporters, Butterfield Bank (Cayman) Limited. Speaking of their ongoing collaboration, Michael McWatt, Butterfield's Managing Director, commented "as a committed supporter of the arts, Butterfield is pleased to be the lead sponsor of the Cayman Islands Biennial. Building upon the success of its predecessors, the exhibi-



► Rochelle Miller, 'Duppy Tales' (2023)

tion highlights the remarkable ways local artists are engaging with topical subject matter, whilst also encouraging constructive dialogue within our community that is both stimulating and thought-provoking".

The project is curated by Megan Arch, William Helfrecht, Daniela Granados Solis, and Natalie Urquhart, with the original selection committee comprising Davin Ebanks, Lisa Howie, and Natalie Urquhart. Additional support has been provided by

the Ministry of Youth, Sports, Culture and Heritage, and participating venues. For a full list of all workshops, lectures and events running throughout the biennial, which is on view until 29 September, please visit <https://www.nationalgallery.org.ky/whats-on/exhibitions/3rd-cayman-islands-biennial/>. To participate in the related school programme or book a tour, please email [education@nationalgallery.org.ky](mailto:education@nationalgallery.org.ky).



► John Gray High School Students at work on Scott Swing's mural installation 'The Great Wall' (2023)

# Passport Office Extends Hours

The Cayman Islands Passport & Corporate Services Office wishes to advise the public that the office will operate extended opening hours on three days during the week, from 18 July to 7 September 2023.

The extended days will be on Tuesdays, Wednesdays and Thursdays, from 8:00 a.m. to 3:00 p.m. Normal office hours will continue on Mondays and Fridays, 9:00 a.m. to 3:00 p.m.

By extending the opening hours, the Passport & Corporate Services Office will

provide the public with increased access to services while ensuring efficient application processing.

The Passport & Corporate Services Office provides passport services to British Overseas Territory citizens residing in the Cayman Islands, U.S. visa waivers and other travel documents. The office is also responsible for the issuance of the Governor's special marriage licence and the legalisation of documents.

To learn more about their services visit: <https://www.gov.ky/passport-office>



## POLICE NEWS

### Cayman Islands' Customs & Border Control Confirms Arrests

The Cayman Islands Customs and Border Control confirms the arrests of two

American nationals, Jelena Noura Hadid and Leah Nicole McCarthy for the importation of marijuana and importation of utensils used for the consumption of marijuana, on 10 July 2023.

The two females, who arrived on a private aircraft to the Cayman Islands from

the United States were arrested following a search of their luggage, and a small amount of marijuana was recovered.

Both parties appeared in Summary Court on 12 July and were charged with the importation of a controlled drug and the importation of a drug utensil. They entered guilty pleas and were fined CI \$1,000.00 and no conviction was recorded.

### 21 year sentence for attempted murder

On Tuesday, 11 July, a man, age 28 of East End, was sentenced following his conviction for Attempted Murder and Possession of an Unlicensed Firearm, in relation to an incident on 20 April 2022, where he shot a man known to him. The man was sentenced to 21 years imprisonment for Attempted Murder and 12 years imprisonment for Possession of an Unlicensed Firearm, with the firearm sentence running concurrently.

In addition, a 35-year-old-man and a 26-year-old-woman of Bodden Town were sentenced on Tuesday, 4 July 2022, following convictions for Possession of an Unlicensed Firearm and Ammunition, in relation to a firearm and ammunition that were recovered during the search of

a residence on Bodden Town Road on 9 December 2021. The man was sentenced to 11 years and 6 months imprisonment for the firearm, while the woman was sentenced to 10 years. Both were sentenced to 12 months for the ammunition, running concurrently with the firearm sentence.

"These sentences reflect the serious consequences of violent crime, particularly firearm crime," says Chief Superintendent Brad Ebanks, "and we hope this will serve as a deterrent to those persons presently involved in these ongoing firearm incidents. These sentences also demonstrate our islands continued commitment to protecting our communities from these appalling crimes by pursuing and bringing the perpetrators to justice."

### Driver dies in early morning crash in Cayman Brac

Shortly after 2:00AM Saturday morning, 15 July, police and other emergency services in Cayman Brac responded to a fatal single vehicle collision along Dennis Foster Drive, in the vicinity of Public Works. A Honda Fit was travelling eastbound when it left the roadway and collided with a

fence and a building. The driver of the vehicle was pronounced dead on the scene.

Investigations into the collision are ongoing and accident reconstructionists from Grand Cayman travelled to Cayman Brac to assist.

### Water-Related Death in West Bay

Shortly after 10:00AM on Thursday, 13 July, the 9-1-1 Communications Centre dispatched officers to a report of a person in distress on the shore in the vicinity of Boggy Sands Road, West Bay. It was reported that a woman had been swimming offshore when she experienced difficulties and lost consciousness. She was assisted

to the shore by family members who administered CPR until the arrival of Emergency Medical Services. The woman was then transported to the Cayman Islands Hospital via ambulance, and was later pronounced dead.

The deceased, a woman age 80, is a visitor from the United States.

### Water-Related Death in East End

Shortly after 3:10PM on Monday, 17 July, officers responded to a report of a person in distress on the shore off Austin Conolly Drive in East End. It was reported that a man had been in the water snorkeling when he experienced difficulties. He was assisted back to shore by

family and members of the public, who administered CPR until the arrival of emergency services. He was transported to hospital by ambulance, and subsequently pronounced dead.

The deceased is a man age 70 of East End.

## F. C. INTERNATIONAL

WHERE CHAMPIONS ARE MADE



**ONE WEEK**  
**AUGUST**  
**14 -18, 2023**  
**9AM - 1PM**  
**BOYS & GIRLS**  
**AGES 4-17**

**LUNCH PROVIDED DAILY**  
**T-SHIRT PROVIDED**  
**ON LAST DAY OF CAMP**  
**T-SHIRT PROVIDED**

**GT PRIMARY SCHOOL**  
**REGISTRATION OF 1ST OF CAMP**  
**ALL PARTICIPANTS MUST BE REGISTERED**  
**COME EARLY AND REGISTER**

FOR ADDITIONAL INFORMATION CONTACT:

CAMP TECHNICAL DIRECTOR: 925-7296

F.C.INTERNATIONAL:926-1993

# Marley biopic trailer is out

Jamaican fans of Bob Marley are excited after the release of the trailer for his biopic last week.

The first trailer for Reinaldo Marcus Green's *Bob Marley: One Love*,

The movie, set to hit cinemas next year, stars 37-year-old British actor Kingsley Ben-Adir as the reggae icon, and is produced by Bob's son Ziggy Marley. Ben-Adir has previously played Malcolm X in *One Night In Miami* and Barack Obama in *The Comey Rule*.

*One Love* charts the "Three Little Birds" singer's rise to fame and the turbulent social conditions that gave rise to his *One Love Peace Concert* in 1978, which was held during a violent political crisis in Jamaica.

"It was exciting and emotional," Ziggy told *Entertainment Weekly*. "I was very focused on making sure that we represented him right, and being given that responsibility to help Reinaldo was a very serious thing for me. We explored different elements of Bob that people don't know, different emotions that he went through. I actually learned some stuff, too. As someone who was there in this time period, it brings back a lot of

memories and things that were hidden inside of me before. It was a very emotional journey."

Green, 41, is best known for directing *King Richard*, the 2021 biopic starring Will Smith as the father of tennis stars Venus and Serena Williams.

"To get the blessing of Ziggy and the family to come on and be the steward of the ship was significant for me because I knew that I was gonna get access to things that aren't in the public domain: real conversations and memories from people who were there in the room," Green said.

"Ziggy was young, but he was still there. And when you are 11 or 12, that's the most impressionable time. You do remember a lot from those periods of time."

Lashana Lynch plays Marley's wife and Ziggy's mother, Rita, whom the musician married in 1966. Jesse Cilio plays Marley's father Norval, and James Norton plays Island Records founder Chris Blackwell.

The film follows Marley to the point of his death in 1981, aged 36, which came as a result of melanoma – an aggressive type of skin cancer.



► Kingsley Ben-Adir plays the reggae king

He had 11 children, three born to Rita, two adopted from Rita's other relationships and several others from different women.

Bob Marley: *One Love* is scheduled for release on 12 January 2024 in the US.



► Bob Marley died in 1981, aged 36

## Guyana offer \$25k to families of fire kids

Guyana's government says it will pay \$25,000 to parents of each of the 20 children burned to death in a fire at a state-run high school in May, as part of a settlement to avoid any further claims in the case. Guyana is now an oil-rich country and paying bereaved families far more in the future will not be an issue.

The country's main opposition party slammed the settlement in a statement saying it provided too little money for the families and was aimed at avoiding obligations to address safety issues raised by the fire, at a boarding school for indigenous families in the town of Mahdia.

The May 21 fire in a heavily fortified girl's dormitory killed 19 female students and the son of a school administrator. Officials say one of the students deliberately started the fire, and she has been arrested and charged with murder.

Announcing the settlement late Monday, Attorney General Anil Nandlall said



► Guyana was saddened by the arson death of 20 children

the families had requested the cash to "enhance their ability to continue to provide for their families" and that they all had signed agreements with the government.

The state also had taken care of all burial and related expenses. One badly burned girl was sent to a New York hospital for specialized treatment.

The main opposition party, A Partnership For National Unity, APNU, said in a statement that the settlement wasn't sufficient because the money isn't enough to build a house in the capital, much less in the interior where materials are more expensive to transport. Nevertheless, the families of the victims have been promised more money in the future.

## Grenada's violence and suicide rates rise



► Grenada's prime minister is worried by disturbing trends

Grenada has seen an alarming increase in murders, general violence and mental health issues, a worrying trend that is worrying the government.

Grenadians are being urged to think before they act and to be kinder in their interactions with one another as society has been recently dealing with acts of violence and loss of life.

Prime Minister Dickon Mitchell said the violent acts in recent weeks are a sad reminder that the actions of a few can derail the shared progress of Grenada as well as plunge families into deep despair.

He is calling on citizens to think before they act as every act of violence affects the entire community emotionally and

economically, as well as the livelihoods of Grenadians across the island.

Community policing will be strengthened to get to the root of this violence.

Mitchell said according to statistics from the Royal Grenada Police Force, 14 homicides have been recorded so far for the year. There has been an increase of illegal firearms too. At this time in 2022, 16 illegal firearms were recorded, while 31 have been recorded so far.

Prime Minister Mitchell is also concerned about mental health incidents. He noted in the last two weeks there has been a lot of attention on suicides arising from the alleged suicides of two women, one a prominent lawyer.

# COMMUNITY EVENTS

## West Bay Library – Summer of Friendship Art Programme

**Ongoing until 27 July** - Need something for kids between 8 years to 12 years during summer? Contact the West Bay Library about their Summer of Friendship arts programme that will be happening every Tuesday, Wednesday, and Thursday from 10:30am to 12:30pm. during July. Call 949-7659 for more information about this great opportunity!

## The Cayman National Cultural Foundation – Grants for the Arts

**Ongoing until 31 July** - The Cayman National Cultural Foundation is accepting applications now for its Grant for the Arts Initiative. For the chance to receive funding for an upcoming artistic project, send us your application to ndurrant@arts cayman.org by Monday, 31 July to be considered. For more information, head to arts cayman.org.

## National Trust Summer Camp – Cayman Brac

**Ongoing until 28 July** - The National Trust is hosting a summer camp for kids 7 to 12 years old at the Cayman Brac Heritage House from 8am to 12pm daily. The camp begins on Monday 17 July and ends on Friday 28 July.

## Cayman Islands Public Library Service – Summer Reading Challenge

**Ongoing until 31 August** - The annual Summer Reading Challenge has begun. This year's theme is World Cultures, however books

of any genre can be read! Stop in at your district library branch to sign up your child for this year's challenge or email libraryprogrammes@gov.ky for the registration form or more information.

## East End United Church Vacation Bible School

**23 July** - The East End United Church is hosting Vacation Bible School for children ages 5 to 18 from 6pm to 9pm. The Vacation Bible School begins on Sunday 23 July and ends on Friday 28 July. Call 947 – 7522 for more information.

## Turtle Hatchling Evening Releases

**27 July** - Join Cayman Turtle Conservation and Education Centre as they release baby Green sea turtle hatchlings into the wild. This exclusive experience includes transportation to and from the release location from various pickup points. For more information, call 949 – 3894.

## Plastic Free Cayman – Beach Cleanup

**30 July** - Plastic Free Cayman is hosting its July Clean up on 30 July at 8am at Barker's Beach. Participants are reminded to bring gloves, wear a hat and have a reusable water bottle. Go to <https://www.plasticfreecayman.com/> for more information.

[www.plasticfreecayman.com/](https://www.plasticfreecayman.com/) for more information.

## July Church Services at St. Alban's Church of England

**30 July** - Services of Holy Communion will be held on Sunday 30 July at 9:30am. All are invited.

## Boatswain Bay Presbyterian Church Annual Vacation Bible School

**31 July** - Boatswain Bay Presbyterian Church will be having their Annual Vacation Bible School from July 31st thru August 4, 2023 for children ages 5 years - 12 years old. This year's theme is "KEEP-

ERS OF THE KINGDOM" and registration can be made through the Church FaceBook page or by calling 327 9775 to obtain an application. Early registration is encouraged as space is limited.

## Moonlight & Movies

**1 August** - Bring a blanket and snacks and enjoy family movie night under the stars on The Crescent at Camana Bay on Tuesday August 1 from 7pm to 8:30pm. The movie shown will be How to train your Dragon (2010PG).

Send your community events to [wendy@caymaniantimes.ky](mailto:wendy@caymaniantimes.ky)



► Moonlight & Movies

# Don't believe these 5 LIES about fitness

Don't waste your time on these:

## Lie #1: Take diet pills to boost your effort.

It's so tempting! The commercials make compelling claims about the power of diet pills, but don't fall for it. The 'magic pill' has yet to be discovered (it has been discovered – exercise. It's just not in pill form...). Diet pills are more likely to damage your health and burn your pocketbook than to slim you down.

• Tip: Don't pop a pill—instead burn calories with exercise.

## Lie #2: Starve the pounds away.

Attempting to lose weight by starving yourself is not only ineffective, it's also dangerous. It may seem that severe calorie restriction would deliver the quickest weight loss, but your body is complex and by doing so you'll disrupt your metabolism and slow your results.

• Tip: Don't starve yourself—instead eat healthy small meals throughout the day.

## Lie #3: Do extra crunches to flatten your abs.

We all want our midsection to look toned as we stroll down the beach, but excessive crunches aren't the answer for tight abs. In order to achieve a lean look you'll have to focus on burning off the layer of fat that is covering up your abs.

• Tip: Don't obsess about crunches—instead focus on fat burning.

## Lie #4: Eat packaged diet foods for speedy results.

It is amazing to see the kinds of foods that are packaged as 'diet' or 'weight loss' aids. More often than not these products are packed with refined sugar and other artificial ingredients that your body doesn't need.

• Tip: Don't eat packaged diet foods—instead stick with nutritious whole foods.

## Lie #5: Avoid all carbohydrates in order to slim down.

Carbohydrates have been given a bad rap, which is unfortunate because you can

(and should) eat carbs while losing weight. The key is to stick with whole grains, oatmeal and brown rice while avoiding processed and refined flours and sugars.

• Tip: Don't swear off all carbohydrates—instead stick with wholesome carbs.

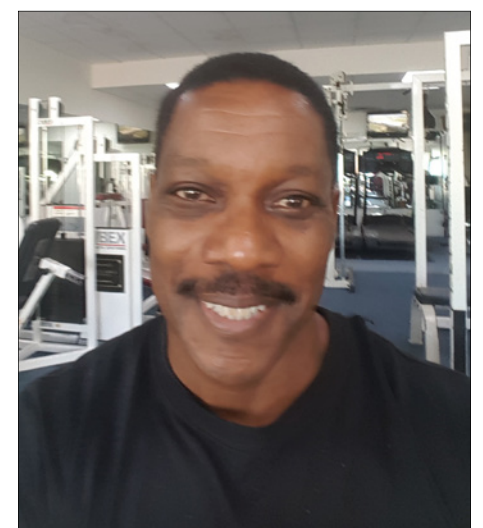
Now that you know what not to do in order to look great this summer, it's time to go over your beach ready game plan. Here's what you need to know in 3 simple steps:

### • Step One: Cut out the junk.

The best way to do this is to start by purging your kitchen. Get rid of sugary, processed and fat-filled foods. Once the junk has been cleared out don't buy any more of it. Remember that your beach ready abs depend on what you eat – don't eat junk!

### • Step Two: Focus on whole foods.

Replace the junk food in your life with plenty of the following: cooked and raw vegetables, fresh fruits, whole grains,



► Ernest Ebanks








moderate amounts of seeds and nuts, lean meats and low fat dairy. Clean eating really is that simple.

### • Step Three: Come train with me.

This is the most obvious step. You're ready to get into great shape and I'm in a unique position to make that happen for you.

Call Ernest at Body Shapers Personal Training Studio 325-8696 or email [bodyshaperscayman@gmail.com](mailto:bodyshaperscayman@gmail.com) to get started on an exercise plan that will make you look great all year round.

WEEKLY WEATHER FORECAST

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
						
88° / 84°	89° / 84°	89° / 85°	90° / 77°	87° / 83°	85° / 82°	83° / 80°
Morning thunderstorms; otherwise, breezy with sunshine and patchy clouds	Times of clouds and sun, breezy and very warm	Partly sunny, breezy and very warm	Mostly sunny, breezy and remaining very warm	Variable cloudiness with a couple of thunderstorms, especially late; breezy	Mostly cloudy with widely separated thunderstorms in the afternoon	Cloudy with a couple of showers in the afternoon

# Update on the Poinciana Residential Mental Health Facility

The Ministry of Health & Wellness wishes to advise the public of the following updates pertaining to the Poinciana: Residential Mental Health Facility (formerly the Long Term Residential Mental Health Facility) in East End:

### Facility Update

Poinciana's Project Management Team (Public Works Department) has advised that the main facilities, including administration, workshop and cafeteria building are now in the final building inspection phase with some items not yet being cleared; the cottage works and perimeter security system are nearing completion; and the expected handover to the Ministry of Health and Wellness is end of September 2023 and not June 2023 as previously anticipated. The Ministry will continue to keep the public

apprised as to the status of the ongoing inspections and handover of the facility.

### Appointment of Director

The Ministry of Health & Wellness is pleased to announce the appointment of Mrs. Marcia Amoy Mullings-Thompson as the incoming director of the Poinciana: Residential Mental Health Facility in East End.

"I know that there continues to be great anticipation and interest about the status of the facility and the human resources complement of the facility," explains Ministry of Health & Wellness' Chief Officer, Nellie Pouchie. "As such, the Ministry is pleased to make this announcement today. The recruitment process for this post was rigorous, and we are confident that, based on Mrs.

Mullings-Thompson's diverse and rich experience and qualifications, she is suitably poised to assume the Director role and lead the management and administration of the Poinciana Residential Mental Health Facility. We look forward to working with her as we seek to bring the facility on-board and to fill the mental health needs in our community."

Mrs. Mullings-Thompson has been a registered nurse for twenty-eight (28) years, sixteen (16) of which were spent in management positions. She holds her Bachelor's Degree equivalent (formerly certificate) in General Nursing Care from the Kingston School of Nursing in Jamaica and a Master's Degree in Mental Health/Psychiatric Nurse Practitioner from the University of the West Indies.

Since 2005, Mrs. Mullings-Thompson has held the post of Regional Mental Health Officer for the Southern Regional Health Authority (SRHA) in Jamaica, which constitutes of three parishes, coordinating, supervising and managing the nursing and other aspects of the community mental health services. She transitioned into Jamaica's Ministry of Health to act as the National Mental Health Coordinator for a short period of time where she was responsible for assisting with monitoring and auditing, policy development, and legislative reviews. Her experience also allowed her to be seconded for two years to the Bellevue Hospital (BVH), the largest psychiatric facility in the Caribbean, to work as the Chief Executive Officer with the overall responsibility for the day-to-day management of the hospital with over 500 patients and 600 staff members.

Along with her advanced degree, Mrs. Mullings-Thompson has continuously engaged in continuing education activities in the field of mental health. She is a Trainer of Trainers in several areas,



as, including disaster related psychological trauma, mental health support and crisis intervention, psychosocial support and psychological first aid, human rights and ethical issues in mental health, PAHO/WHO mhGap intervention, PAHO/WHO Problem Management Plus intervention.

"I understand that there is a lot of hope and many expectations around this facility, and I take the responsibility of being accountable not only to the Ministry of Health and Wellness but also to the residents we serve, their families and the community as a whole very seriously," Mrs. Mullings-Thompson states. "This facility is not intended to stand alone, but rather to help enhance the full suite of mental health services that already exist on island. I am looking forward to developing strong and meaningful relationships with not only these providers, but also the advocates and civil society organisations that have their finger on the pulse of the community," she concludes.

Mrs. Mullings-Thompson will take up her post as the Director of Poinciana: Residential Mental Health Facility on Monday, 10 July 2023.

### Senior Management Recruitment

In addition to the appointment of the facility's director, the recruitment process for the remainder of the facility's senior management team is also currently underway.

The listings and job descriptions for the posts for the Clinical Manager, Facility Manager, Finance and Business Manager, Human Resources Manager, and Programme Manager all go live on the Cayman Islands Government's career portal (careers.gov.ky) today, Friday, 30 June.

"With the Director in post and directly involved in assembling the senior management team, the care services, programming, processes and overall management of the facility, the Ministry's focus on the commissioning and occupancy of the facility continues. We look forward to the on-boarding of new staff, services and occupancy in due course," Chief Officer Pouchie adds.

"Mental health and wellness continue to be a priority for my ministry, not only as it pertains to this facility but holistically in strengthening and enhancing the national capacity for and access to mental health services, promotion and prevention," states Hon. Sabrina Turner, Minister for Health & Wellness. "While the completion of the facility remains under the remit of the Public Works Department, our Ministry team continues to work diligently to mitigate against delays relating to the staffing, forthcoming handover, and upcoming occupancy of the facility. It has been a long road, but we continue to take positive steps forward and I am confident that the finish line is fast approaching in getting the facility ready to receive its first residents," Minister Turner adds.

## DEATH ANNOUNCEMENTS

The family of the late **Claribel Athelyn Watler Miller** regret to announce her passing on Sunday July 16th, 2023.



A funeral service will be held at 11am Saturday, July 22nd, 2023 at The William Pouchie Memorial United Church in North Side.

Interment will follow at the Old Man Bay Cemetery, North Side.







# Caymanian Times Classifieds

## Line Cook

Must have knowledge of all food handling, health and safety.

- 6 years' experience in fast kitchen environment, be flexible to work in all stations of the kitchen.
- Be able to work with different members of staff.
- Skills to include and not limited too, be able to work cook in a fast kitchen environment, the skills to prep in every area of the kitchen.

Must be willing to work long shifts, weekends, public holidays and early morning, late night shifts. Salary between \$6.50-8.00 per hr., plus all other benefits as per Cayman labour law.

Please submit resumes to

[pds069@yahoo.com](mailto:pds069@yahoo.com)

## PDs

Food & Beverage Server needed.

- Day to day service of bar and restaurant Tables
  - Communication skills on the phone for take-out orders
  - Cash out skills
  - Open and closing duties
  - Keeping restaurant clean at all times
- Qualifications
- 5 yrs. F&B experience
  - Willing to work shifts, weekends and public holidays
  - Knowledge of sports and schedules
  - Computer literacy
  - Must have knowledge of Aloha POS
  - Inventory checks

Salary \$5.50 per hour plus gratuities

All parties must provide clean Police record.

Please send resume

[Pds069@yahoo.com](mailto:Pds069@yahoo.com)



## Master Auto Repairs and Installations

Seeks the services of a Mobile Auto Mechanic

### Description of Job:

Conduct regular maintenance on auto vehicles and machinery. Meet with clients to assess concerns and identify issues. Design action plans to solve arising issues. Plan and design maintenance logs and assessments of auto vehicles and machinery. Assemble mechanical components according to specifications. Perform diagnostic system testing and assessments of functionality issues.

**Years of Experience:** Over 8 Years

### Qualifications:

- High School Diploma or Equivalent Trade School Qualification
- Trade School Qualification to Level I1 Auto Mechanic Certification is required.
- Ability to meet with clients to assess needs, must be attention detail oriented with aptitude for problem solving.
- Excellent communication and customer service skills.
- Must be willing to work on holidays and weekends if needed.
- Must have clean police clearance certificate.
- Full knowledge and workings of all Automotive Systems

Salary based on years of experience and qualifications.

Contact [masterauto345@gmail.com](mailto:masterauto345@gmail.com) or Auto Mechanic P.O. Box 10728, Grand Cayman KY1-1007



## CAYMAN ISLANDS GOVERNMENT MINISTRY OF BORDER CONTROL & LABOUR

Applications are invited for the post of:

**DEPUTY DIRECTOR – COMPLIANCE,  
WORKFORCE OPPORTUNITIES & RESIDENCY CAYMAN (WORC)**  
**SALARY BAND: CI\$93,192.00 – CI\$122,268.00 PER ANNUM**

The purpose of this senior post is to support the Director in providing leadership, and developing and implementing strategic plans to:

- 1) reduce illegal, unethical and improper conduct and ensure compliance with Immigration Acts, Regulations, policies and established guidelines ensuring these standards are communicated internally and externally;
- 2) serve as a focal point for compliance activities, ensuring reports ascertained and recommendations made to improve trends, identified areas of weaknesses, gaps and loopholes are communicated to stakeholders and continuous improvements being made; and
- 3) overseeing internal/external investigations on Work Permit, Residency and Caymanian Status Applications ensuring that both the employer and employee are adhering to Immigration Acts, Regulations, internal policies and established guidelines; utilising the highest standards of customer service, effective communication, fairness, transparency and innovative information technology.

### Knowledge / Experience:

Essential: A postgraduate qualification or Bachelor's degree in Business Administration, Management, Criminal Justice or similar field plus ten (10) years' experience with at least five (5) years in a management position OR an Associate's degree in Business Administration, Management, Criminal Justice or similar field plus ten (10) years' experience with at least five (5) years in a management position. A Master's degree would be desirable. Broad experience in, and an in-depth working knowledge of, the Government's organizational structure, functions and policies and procedures (including, but not limited to budget preparation and financial control, personnel management and strategic planning) would be an asset.

The post holder must also have sound knowledge of:

1. Cayman Islands Immigration (Transition) Act;
2. UK Immigration and Nationality Legislation, including relevant provisions of the British Nationality Act 1981;
3. Domestic Acts relating to Criminal Procedure Code, Bail Act, Police Act, Penal Code or Training in Criminology/Criminal Justice;
4. Procedures and criteria for determining Refugee Status as defined by the United Nations High Commission for Refugee;
5. How government works in the Cayman Islands and the United Kingdom;
6. Freedom of Information Legislation;
7. Human Right Legislation (domestic and international); and
8. The Cayman Islands Constitution.

### Skills:

Excellent analytical, research and drafting skills whilst having excellent written and verbal communication and interpersonal skills with the ability to develop relationships and deal with sensitive and confidential matters with integrity. Strategic thinker with ability to continually look at the future to identify and plan the capabilities the organization and its people will need to deliver success.

Benefits will be determined in accordance with the Public Service Management Act, Personnel Regulations, Public Service Pensions Act and the CINICO Health Plan.

DETAILED job description, benefits information and application form are available at:

[www.careers.gov.ky](http://www.careers.gov.ky)

**DEADLINE: 31 JULY, 2023**

## Career Opportunities



CIBC FirstCaribbean is a major Caribbean bank offering a full range of market-leading financial services in Corporate Banking, Retail Banking, Wealth Management, Credit Cards, Treasury Sales and trading and Investment Banking. We are a large, regionally listed bank in the English and Dutch speaking Caribbean. The bank has over 2,600 staff; 52 branches, banking centres and offices in 13 regional markets. We are looking to fill the following position:

### Senior Corporate Credit Manager

Salary, dependent on qualifications and experience, is in the range of CI\$98,114 to CI\$147,171 per annum.

The Senior Corporate Credit Manager will lead and motivate the credit team and support the relationship management team through regular client interactions on lending and non-lending activities. The incumbent is responsible for the efficient management of the credit portfolio of corporate clients through:

- coordinating and executing all necessary due diligence for the preparation and review of all applications
- ongoing top quality credit risk control activities through the preparation and review of credit renewal reviews for all borrowing clients
- maintaining expired, unauthorised excess, delinquency and out of order collateral
- key liaison for Credit Risk Management Department relative to exposure
- primary liaison for regulatory reporting and identification of high risk credit exposure

### About You

- 5-7 years' of experience in Credit Risk Management and Corporate Banking
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- Demonstrated results in leading and overseeing credit teams and exposure to large corporate deals
- Team leadership attributes, mentoring and coaching experience
- Excellent financial and credit analysis skills, coupled with strong financial modelling skills
- Industry specific knowledge of the financial and operational metrics and methodologies employed as well as understanding trends and macro-economic factors affecting customer and markets
- Knowledge of business, finance, economics and accounting

### About Our Offer

You will have a challenging, diverse experience with opportunities for professional growth. Our compensation and reward package is attractively structured and performance bonuses are offered.

To apply for this and any other positions, kindly visit <https://www.cibcfib.com/about-us/careers>. Applications with detailed resumes should be submitted no later than **28 July 2023**.

CIBC FirstCaribbean thanks all applicants for their interest, however only those under consideration will be contacted.



LINKEDIN [cibc-firstcaribbean-international-bank](https://www.cibcfib.com/about-us/careers)



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Pension and Medical benefits as per law. Caymanians, status holders, individuals married to Caymanians, and Permanent Residents with the right to work will be preferred.

**Qualified applicants may forward detailed resume to: PO Box 30561, Grand Cayman, KY1-1203 or via email to [info@vantagegroup.biz](mailto:info@vantagegroup.biz)**

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**Over 3 - 5 Years' experience**  
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The *HVAC Technician* spends much of the time maintaining Heating, Ventilation, and Air Conditioning (HVAC) equipment across a large portfolio of properties. This position is fast paced, a very demanding role that requires close attention to detail regarding the safety and operation of equipment on various sites.

**RESPONSIBILITIES**

- Maintain systems and equipment (air condition HVAC, plumbing, electrical) by completing preventive maintenance schedules, restoring, repairing, rebuilding, or replacing faulty or inoperative components and parts.
- Establish new preventive maintenance programs and procedure guidelines, as necessary.
- Keep accurate and timely records of maintenance performed in accordance with equipment warranties.
- Ability to prioritize and complete work orders in a timely manner meeting deadlines.
- Maintain a safe and healthy work environment by following standards and procedures and complying with legal codes and regulations.
- Improve function and reliability of facility systems and associated equipment by studying performance results, identifying, recommending, and implementing changes, expansions, and additions.
- Administer and adhere to policies and procedures to ensure proper operations, preventive maintenance, and repair programs and procedures.
- Must be willing to be on call for after-hour emergencies.

**REQUIREMENTS**

- 3 to 4 years of working experience.
- Must have a Trade Certificate in HVAC.
- Demonstrated knowledge to read blueprints and construction sketches.
- General knowledge of Building Management Systems and associated controls.
- Basic computer skills, including Email, scheduling, procurement, and product research.
- Understanding of life safety equipment such as fire alarm systems, fire pumps, and sprinkler systems.
- Supervises a small group of staff in an organization characterized by highly transactional or repetitive processes.
- Must be in good physical condition. Working conditions include heights, crawl spaces, carrying tools, etc.
- Must hold a valid driver's licence (Group 2 or higher)

Salary range: KYD14.00 to KYD18.00 per hour. Benefits met and/or exceed the Labour Law. Caymanians, Status Holders and Legal Residents Preferred. Only suitably qualified applicants will be contacted for an interview. Closing date for applications is **25 July 2023**.



**Applications are invited for:**

**REGISTERED NURSE (RN)**

Full time position with a minimum of 5 years current experience in caring for the elderly in a health care facility.

- Current Red Cross First Aid CPR/AED certification
  - Valid license with C.I.H.P.C.
  - Good observation skills, and excellent oral and written communication skills.
  - A valid driver's license.
  - Willing to work nights, shifts, weekends and Holidays.
  - Coordinate staff activities in the performance of their duties, ensuring residents' needs are met through the assignment of staff.
  - Assist in planning and carrying out assignments.
  - Ensure medications are administered to residents as prescribed.
  - Supervise non-professional nursing and auxiliary staff.
  - Assist with Doctor's rounds and follow-up care of residents.
  - Assist in planning and organisation of functions.
  - Undertake any other duties as directed by the Manager or Nursing Supervisor when necessary
- Salary range: CI\$30,388 - \$39,782 per annum

**NURSING ASSISTANT**

Full time position, minimum 5 years current experience in caring for the elderly, preferably in a healthcare facility.

- Must have a high school diploma or equivalent.
  - Relevant certification such as the Home Care Aide Course or a Nursing Vocational Qualification (N.V.Q.) Grade 2 or above.
  - Current Red Cross First Aid CPR/AED certification.
  - Good observation skills, and excellent oral and written communication skills.
  - A valid driver's license.
  - Willing to work nights, shifts, weekends and holidays.
  - Be in good health as the position is physically demanding.
- Salary: \$18,720 - \$21,004 per annum

**Laundry Attendant**

Must have at least a high school diploma. At least two years experience as a laundry attendant, preferably in the healthcare field. Willing to work weekends and holidays and be in good health, as the job is physically demanding.

- Additional duties include washing, folding and ironing residents' laundry.
- Salary - \$8.00 per hour

**Housekeeper**

Same requirements as Laundry Attendant. Duties include:

- Cleaning private rooms, including making beds, changing linens, emptying trash cans, properly disposing of trash.
- Reporting any safety hazards to the manager in charge.
- Completing tasks like sweeping, mopping floors, dusting shelves and cleaning windows
- Performing special cleaning tasks, replenishing supplies, cleaning and storing housekeeping equipment.

Salary - \$8.00 per hour

**Assistant Cook**

Same requirements as Laundry Attendant and Housekeeper. Some duties include:

- Helping to prepare and arrange food.
- Maintaining kitchen supplies.
- Washing dishes and utensils and assisting with inventory control
- Maintaining a clean and sanitized work environment.

Salary - \$8.00 per hour

Benefits include Pension and Health Insurance in accordance with the Laws of the Cayman Islands

We are seeking individuals with a friendly and caring disposition to interact with our elderly residents who have various medical needs.

Only Caymanians and Permanent Residents with the Right to Work need apply.

Please send resumé, certificates and references with a covering letter to:

The Pines Retirement Home  
P.O. Box 66, Grand Cayman KY1-1102

**Deadline for receipt of applications is – Friday, August 11, 2023**

**NO PHONE CALLS PLEASE**

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## YOUR GUIDE TO REAL ESTATE



Condo in Seven Mile Beach Corridor

### BRITANNIA LIONS COURT 212

1 Bed + 1 Bath | 1,272 sqft | Listed at US \$749,000

Nancy Chen: 345-327-5888

MLS 416077 | Member of CIREBA



Condo with Pool View in South Sound

### VELA 42

4 Bed + 4.5 Bath | 2,780 sqft | Listed at CI \$6,500 per month

Sebastien Nehme: 345-923-2223

RMLS 3026 | Member of CIREBA



Condo in Seven Mile Beach Corridor

### BRITANNIA LIONS COURT 322

2 Bed + 2 Bath | 1,696 sqft | Listed at CI \$745,000

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Townhome in Prospect

### THE PALMS AT DOMINO STREET 3

1 bed + 1.5 Bath | 874 sqft | Listed at CI \$370,000

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# PROPERTY RENTALS & SALES

YOUR GUIDE TO REAL ESTATE



Brand New Two Story Condo in South Sound

## THE MANTRAS 20

2 Bed + 2.5 Bath | 1,369 sqft | Listed at CI \$645,000

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Brand New condo in George Town

## URBAN FLATS 5

2 Bed + 1 Bath | 716 sqft | Listed at CI 425,000

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1 Bedroom Condo in Grand Harbour

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