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Chamber of Commerce seeks mentors for Mentoring Cayman



From Boys 2 Men

By Lindsey Turnbull

A group of 15 and 16-year-old boys took part in an induction ceremony this week at John Gray High School, introducing them to the Boys 2 Men, turning boys into gentlemen programme which, it is anticipated, will help the boys choose positive paths for themselves in the future. Created in 2009 by Christopher Murray, a school counsellor at John Gray High School, the programme has helped steer numerous

SEE FROM BOYS 2 MEN, PAGE 10



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Pension access moving forward

By Lindsey Turnbull

People will soon be able to access their pensions for funds to either pay off their mortgage in full or obtain more funds than previously allowed to put down a deposit on a home. While the motion to make this happen was agreed in Parliament in June, the law has still not been amended to make that happen. This will be changing soon, according to Dwayne Seymour, Border Control and labour Minister, who was speaking to Orrett Connor on Radio Cayman's For the Record show.

The June Motion saw a request for people contributing to pensions covered under the National Pensions Act to be allowed to withdraw up to CI\$50,000 to apply to their mortgage (double for couples. The motion also allows each participant to withdraw up to CI\$100,000 to pay off their mortgage in full. (Doubled for couples.) In addition, the amount that could be withdrawn to assist with a deposit was also intended to increase from CI\$35,000 to CI\$50,000.

Minister Seymour said these things took time and he had only been in the post four months but he was trying his best to get it done.

"It's actually gone through Caucus and Cabinet now and I've worked very hard to get it to that place. I know people are in high anticipation for this and I've asked for a waiver on the amount of time it takes to submit this to Parliament for it to be brought at this session," he said.

The Minister said if it was not brought before Parliament in this month's session then



he suggested that it could be in October and he hoped it wouldn't have to wait until the November session which he said was a "very big and confusing session".

"I would hate for it to lose its muster in all the budget debates," he said.

It was not through any lack of support in his part that the decision had not progressed.

"Obviously I have to state we cannot make moves like this unless we are cognisant of the effects in the future. What's happening in this country now is not really thinking about tomorrow. People need to live today, with the cost of living and everything," he stated, adding he felt it was a "drastic and sensitive" move.

"I keep reminding people that two years of Covid is no joke. It really hurt the economy. People are in a time that they've never seen before and I think we keep forgetting that.



The Economics and Statistics Office

Labour Force Survey 2023 Starting Sunday, 1st October 2023.

The 2023 Fall Labour Force Survey (LFS) will be conducted by the Economics and Statistics Office (ESO) starting Sunday, 1st October 2023.

The LFS collects data on the employed and unemployed persons, as well as those who are not in the labour force.

Trained interviewers, with identification cards from the ESO will visit 2,000 randomly selected households in all districts.

The interviews are confidential in accordance with the Statistics Act (2016 Revision). No individual data will be published or disclosed. Survey data are exempt from Freedom of Information requests.



For further information on any aspect of the survey, please contact the **ESO hotline 516-3329.**



Yes, we need to use our pensions now," Minister Seymour said.

That said, Minister Seymour felt some kind of retirement fund ought to be established as there would be problems in the future in terms of having enough funds to live off in retirement.

The reality was that people ought not to rely solely on their pension and that ought to have other savings or investments to help them live in retirement, he said.

"The cost of living the way its going, the banking fees, the mortgage increasing almost every three months... for persons who don't have the burden of a mortgage, that can really help."

When asked about what the pension advisors and administrators have felt about the move, he said:

"I've heard that they have serious concerns about the funds. I haven't had a personal conversation with them. I know they have been trying to meet with the Ministry, but because of our Budget discussions we haven't been able to meet with them. I can only imagine that there are serious concerns there," he acknowledged.

What really troubled him was that when a person retires, no matter how much they have put in their plan they can only get about \$1,000 a month.

"That is not enough to sustain a person who is used to living a different quality of life and I must remind the politicians, even they will still only be receiving \$1,000 a month. That's not enough... It's very scary. We sacrifice our life to serve country. When we are out of office no one wants to hire us so that is very concerning and we must look into it and we need to protect all citizens. We need to be more respectful towards politicians. Not every politician is corrupt," he stated.

Breaking the work permit/ residency link

On the question of growth, Minister Seymour said however Cayman grew it needed



to work for Caymanians.

"If it's not working for Caymanians then we need to pause it or slow it down," he said.

The Minister said some of the initiatives in the works would "definitely make a difference, especially when it comes to PR and status".

"It's too easy to get status once you're married. Three years is definitely not long enough. It's definitely my determination to make a difference and there are many other areas where there are low hanging fruits where we can protect Caymanians," he confirmed.

He acknowledged there was always a lot of "chatter" about work permits.

"I always say though that no-one comes to Cayman unless a Caymanian requested a work permit so we have this taste for work permits. Everyone needs one and after that nobody else should get one! Only me!" he said.

Mr Seymour said the Cayman Islands was not ready infrastructure-wise for a population of 100,000 and went on to say that residency and work permits ought never to be linked.

"We need to change that. It will be my determination... No-one should do that. You came here for a work opportunity and we welcome you... so it's not about that... but we need to make it very clear from the time the person gets the first work permit this is not a right to status. I think we need to pause a bit," he said. "The people of the Cayman Islands need a pause to try and see where they fit in, in their own country."

Minister Seymour said that during July, 5,274 work permits were considered. Applications for PR under the 8 years application process numbered 75 processed in August and there were 280 in the pipeline. Year-to-date they had received 292 PR applications, and the pending number continued to fall from 361 in June to 280 in August, even with increasing numbers of applicants.

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2024 HEROES DAY AWARDS TO CELEBRATE CAYMAN ARTS AND CULTURE

By Cayman Conversations

Nominations are being encouraged for the prestigious 2024 Heroes Day awards.

The deadline for nominations is October 15th for national awards honouring outstanding citizens who have made exceptional contributions to the Cayman Islands.

The 2024 Heroes Day awards will pay special tribute to individuals and groups (including persons who are part of groups) in the category of culture encompassing the arts and creative pursuits which underlines the 2024 theme; 'Celebrating our Cultural Artists and Creatives'.

The categories are Cherished Classics, Cultural Luminaries and Cultural Heritage Groups.

Nominations started on September 1st with a deadline of October 15th for getting all submissions in to be scrutinised by a national committee before the awardees are announced in the 2024 National Heroes Day Celebrations on January 22nd.

Two members of the National Heroes Day coordinating committee, Melanie McField - Director of Programmes and Communications with the Cayman Islands National Cultural Foundation(CNCF), and Carl Brown - a national treasure in his own right, were guests on the Caymanian Times podcast, Cayman Conversations discussing the preparations and procedures.

As explained by Mr Brown, persons involved in Cayman's culture; from the culinary arts to the performance arts have

played a key role in the development of the Cayman identity and society and should be given due recognition. "The fact that we

are so definitively different than our neighbours, in terms of shipbuilding heritage and having one of the largest maritime inheritances legacies in the world means that we were so busy at work that we neglected parts of the which, community, in my estimation, we neglected to highlight our cultural icons," observed Mr Brown.

According to Mr Brown, this long overdue spotlight is now being shone on the people he described as the soul of the nation.

"We are now paused to recognise amongst us those who kept the soul alive; those who kept eyes sparkling with their poetry with their significant verse with their ability in music, whether it was in a group or in singularly and those who were storytellers."



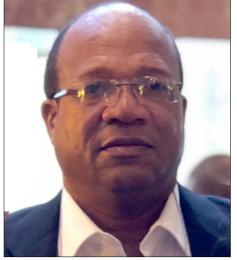
Melanie McField

Amongst that group, he also listed the artists and designers, sculptors, and skilled craftspeople in the textile industry.

"Now, these awards are not for everyone. They are for persons who have floated to the very top of our consciousness that their names are constantly in mind and on our lips regarding their contribution as when we sing our national song."

Nominations are expected to flood in with the public urged to identify deserving people and groups in their respective communities and throughout the wider Cayman society and get their nominations in before the October deadline. Posthumous nominations are also being accepted.

An important reminder to the public is nominations are being handled online



Director of Programmes Carl Brown

exclusively this year, explained Melanie McField.

"We've kept the process online this year to ensure the ease of the process is there but also to ensure that you receive collectively all of the information that makes that application complete. And there's also the public libraries that are available for those that are not the most tech-savvy and would need some help in explaining how the process works."

She assured that the nomination form 'is pretty self-explanatory' with various formats to upload information including audio, picture formats, documents and PDF files.

"We've made it quite accessible and quite easy for you to upload all the information that supports your application be-



Honouring Cultural Artists & Creatives

Nominations Open



Ministry of Youth, Sports, Culture & Heritage Visit gov.ky/ysch to nominate or email NHD@gov.ky for more information. Deadline: 15 October 2023



cause that's what's key. When the committee is looking through the nominations. It's better to have more information than not enough."

In urging the public to make a special effort to nominate persons they feel have made significant contributions to the Cayman Islands in the respective categories, Carl Brown said it would be quite unfortunate if deserving persons are left out because the deadline is missed. Self-nomination is also possible and a key criterion is that a nominee must have consistently contributed to the cultural fabric of the Cayman Islands for over 20 years.

Melanie McField the CNCF's programmes and communications director elaborated on the importance of culture to the Cayman Islands calling for cultural studies and activities to be embedded in the education system.

"The recognition of culture is something that's highly understated," she said.

"It's an area that I'm not only passionate about but it's what I do for a living. The importance of culture is something that we're missing out hugely especially where the education system is concerned. And that's where the National Cultural Foundation comes in. We feel it's our responsibility partly because it's a collective responsibility of other entities as well, that we integrate and become part of the curriculum that allows the schools to teach true Caymanian heritage and keep the spirit, the culture, the heritage of these islands alive. It's something that we really need to take home and, and take through the education system because, for me, that's where it starts. And it's truly invaluable. Culture is a significant part of us."

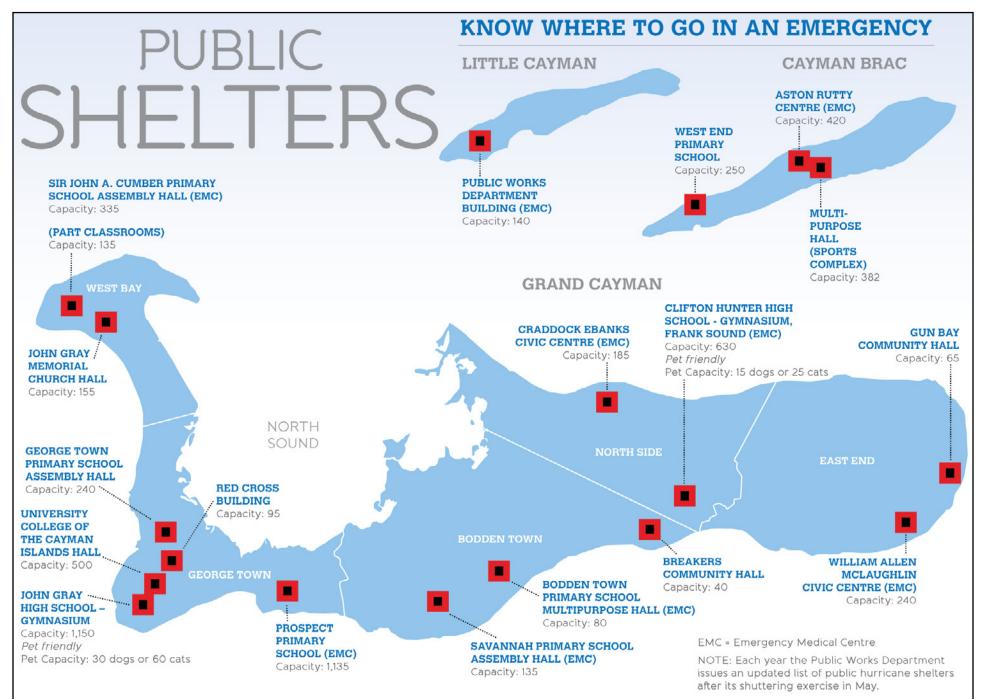
The entire interview is available on Caymanian Times Facebook and Youtube pages from Saturday September 23. CRUISE SHIP SCHEDULE - WEEK - SEPTEMBER 25 - 29

TOTAL SHIPS - 3 TOTAL PASSENGERS - 12,432

	A REAL OF THE REAL			
Monday	Tuesday	Wednesday	Thursday	Friday
25	26	27	28	29
	Celebrity Equinox	Carnival Horizon	MSC Seascape	
Total Passengers	Total Passengers	Total Passengers	Total Passengers	Total Passengers
0	2,850	3,936	5,646	

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SCOTIABANK CAYMAN COPS "BEST DIGITAL BANK AWARD" FOR 3RD YEAR



Scotiabank Cayman has been named, for the third consecutive year, as the Best Consumer Digital Bank in the Cayman Islands. The honour was bestowed by the highly respected North American finance magazine, Global Finance.

Scotiabank's operations in The Bahamas, Jamaica, Trinidad and Tobago, Barbados, and the Turks and Caicos Islands also shared the honour. Across the Caribbean region, the Bank also

2024

HEROES DAY

picked up sub-category awards for the best mobile app.

Sarah Hobbs, Vice President & Country Head of Scotiabank & Trust (Cayman) Ltd, expressed delight at the awards and has pledged to maintain the focus on driving customer satisfaction through a variety of channels including digital.

"We have made considerable investments in our physical and online infrastructure, thereby providing our customers with a first-class digital service. I also want to thank our staff members who have been integral in helping our customers to make the transition to and get comfortable with using our convenient digital channels to take care of their everyday banking needs," Hobbs said.

Solidifying the win for Scotiabank in the Cayman Islands were the ongoing digital transformation efforts which have resulted in offering a number of innovative advancements in banking technology including smart ABMs, increased functionality via the Scotia Mobile App and the transformation of the retail banking space to incorporate more digital technology. Earlier this year, the Bank also hosted a series of weekend events, dubbed 'Digital Saturdays' that were designed to onboard and orient new digital banking customers.

Over the past three years, Scotiabank has significantly expanded its online footprint, with more than 80 per cent of all banking customers now onboarded. Online and Mobile Banking now repre-



sent its second most utilized banking channel.

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Global Finance's Best Consumer Digital Award celebrates achievements in a number of performance indices, including the strategy to attract and service digital customers, success in the onboarding and growth of digital consumers, and web and mobile design and functionality.

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Honouring **Cultural Artists** & Creatives

Nominations Open

Categories:

Cherished Classics ("Early Pioneers")

To be selected for this category, an individual must have produced artistic and creative work prior to 1960.

Cultural Luminary ("Pioneers")

An individual must have evidently dedicated 20+ years of consistent excellence through their artistic and creative work.

Cultural Heritage Groups

A group must have evidently dedicated 20+ years of consistent excellence through their artistic and creative work.



Ministry of Youth, Sports, Culture & Heritage

Visit gov.ky/ysch to nominate or email NHD@gov.ky for more information. Deadline: 15 October 2023

Dart donates \$20,000 to ignite the fundraising for Team Stay-Focused as they journey to the 2023 TCS New York City Marathon

Five hospitality industry professionals from The Ritz-Carlton, Grand Cayman, The Grand Cayman Marriott Resort and The Westin Grand Cayman are preparing for the iconic marathon.



Back row (L – R): Lyndon Waite Jr., Richard Clarke, Luis Guillen, Roger Muller (Founder/ President of Stay Focused). Front (kneeling L - R): Matthew Forbes, Rey Quinto III

In celebration of the 20th anniversary of Stay-Focused, an organisation that brings young people with disabilities to the Cayman Islands each year to learn to dive, Dart has committed US\$20,000 to support their mission. The donation supports Team Stay-Focused, a group of five runners who work in the Cayman Islands hospitality industry and are racing in the world renowned TCS New York City Marathon on 5 November 2023, while raising money in support of Stay-Focused.

Founded in 2003 by Roger Muller and run with athlete and Paralympian Ryan Chalmers, Stay-Focused is a leadership development organisation that offers teens with disabilities an unparalleled opportunity to learn to scuba dive – experiencing the freedom that scuba diving offers, gaining confidence in themselves and forming lifelong friendships through the process. Participants are typically 13 to 17 years old and actively involved in water sports and other athletic programmes.

Stay-Focused is an official charity partner of the NYC Marathon. Lyndon Waite Jr. from The Ritz-Carlton, Grand Cayman, Luis Guillen and Rey Quinto III from The





L - R: Rey Quinto III, Lyndon Waite, Richard Clarke, Luis Guillen, Matthew Forbes, Roger Muller (Founder/President of Stay Focused)



▶ L - R: Rey Quinto III, Lyndon Waite, Richard Clarke, Luis Guillen, Matthew Forbes. Kneeling front: Luca Minasola (Team Manager/Coach, he also works at the Westin)

Grand Cayman Marriott Resort and Richard Clarke and Matthew Forbes from The Westin Grand Cayman are representing the Cayman Islands at the event. They will race through the five boroughs of New York City, while raising money to support Stay-Focused programmes. They all have dreamed of participating in a distinguished marathon and are excited for the challenge. They are also pleased to be supporting an organisation they've gotten to know year after year as their respective employers provide significant annual support through accommodation, meals, and more.

"I am honoured to be a member of team Stay-Focused and I am so excited to not only run a marathon in support of such a great cause, but for my first ever marathon to be the iconic New York City race," said Quito. "Helping these kids see the beauty of the ocean in a different perspective that many didn't think was possible is giving me such a sense of purpose as I train."

In addition to international programme participants, each summer Stay-Focused also selects Caymanian interns to assist the organisation and complete the same PADI Scuba Diver course as the visitors. The 2023 interns are John Gray High School students Carol-Ann Campbell and Tareek Ricketts, along with Jason Ricketts who returned to the internship programme for a second consecutive year and now manages it.

The interns stay with the divers, forming bonds and witnessing what it's like to live with a disability. They become ambassadors for travellers and athletes, sharing their experiences with their peers and helping to build awareness for all persons with disabilities.

"Dart has been a long-time supporter of Stay-Focused, and we congratulate them on their 20th anniversary. They have introduced 153 young people to the beauty of Cayman's people above the water and the wonders of free floating and exploring the world below it," said Dart Asset and Community Portfolio Manager Dominic Ross. "Each year, it's been rewarding to see the community and especially the hospitality industry come together in support of the programme. We hope everyone can help Lyndon, Luis, Rey, Richard and Matthew reach their fundraising goals as their represent our islands and cheer them on as they cross the finish line in honor of Stay-Focused."

Stay-Focused's success has been made possible through the generous support from corporations and the community. This year, each runner has as a fundraising goal of US\$7,500 which they're raising through individual initiatives such as car washes as well as donations from colleagues, businesses, friends and family. The community is invited to visit https://fundraisers.hakuapp.com/teams/ stay-focused-inc-1?partner=5b9b8fe3b-026cb3cc90d to donate to the 2023 team or contact ryan@stay-focused.org for information on other ways to help.

Cayman Represented at Postal Conference

By: Hayley Reid

Minister of Border Control and Labour, Hon. Dwayne Seymour and Acting Postmaster General, Melissa Martinez-Ebanks attended the 25th Annual Caribbean Postal Union Conference and the Caribbean Council of Ministers of Postal Affairs (CCMPA) meeting, which took place in Kingston, Jamaica last week (11 to 15 September).

The conference, held under the

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theme "The CPU at 25: Evolving for Economic Sustainability", was hosted by Jamaica's Post and Telecommunications Department. Attendees at the event included Ministers and Postmaster Generals from across the Caribbean as well as a mix of regional and international postal officials, including representatives from the Universal Postal Union (UPU).

Minister Seymour participated in the CCMPA meeting to discuss recommen-

dations and issues highlighted during the conference that required further ministerial deliberation.

In commenting on the conference, Acting Postmaster General Mrs Martinez-Ebanks said, "This year's conference focused on issues affecting posts in the region and how the postal service can be positioned for the future while meeting the key United Nations



(left to right) Postmaster General, Post and Telecommunications Department, Jamaica, Lincoln Allen; Minister of Tourism and Cabinet Office, Bermuda, Hon. Vance Campbell; Minister without Portfolio in the Office of the Prime Minister, Jamaica, Senator Hon. Dr Dana Morris Dixon; Minister of Border Control and Labour, Cayman Islands, Hon Dwayne Seymour and Minister of Home Affairs, Public Utilities and Transportation, Turks and Caicos Islands, Hon. Otis Chuck Morris.

sustainable development goals. The event's theme supports the Cayman Islands Postal Service's mandate for continual improvement and our goal to be our customers' chosen provider for postal solutions."

The UPU established the Caribbean

Postal Union in 1997 to promote cooperation among posts in the Caribbean. Its aim is to have a sustainable postal network that provides a wide range of solutions to develop and support communication and logistic services in the region and internationally.



Chamber of Commerce seeks mentors for Mentoring Cayman



Mentee and mentor share their experiences at the Closing Reception



Mentee and Mentor



Mentee and mentor at the Opening Reception

The Chamber of Commerce is seeking volunteers to become mentors for Mentoring Cayman. The programme matches high-achieving Year 11 students selected from all of Cayman's high schools – both public and private – and matches them according to common interests, with established businesspeople, professionals and entrepreneurs from the local community, enabling them to receive guidance with the career pathways they have chosen.

Strong and supportive relationships are steadily built over the six-month duration of the programme, often transforming into long-term friendships which continue long after the official program has finished. Each of the young people are also encouraged to 'shadow' their mentor in their work environment, too, so that they get a taste of the working world and an understanding of habits and attitudes that underscore success.

Along with the mentees, who gain enormously from the experience, mentors often find the experience very rewarding and fulfilling as well. Having completed the 2023 programme, many mentors have chosen to become a mentor for a second time when the programme begins again this November. But The Chamber still needs many more volunteers, 25 in all, to ensure the success of the 2024 program.

If you feel you would like to contribute to the success of Cayman's future leaders by becoming a mentor for Mentorship Cayman, you can find out more about what you need to apply, including a Police Clearance Certificate, and a Darkness to Light "Stewards of Children Certificate, by accessing the Mentoring Cayman on the Cayman Chamber website: https://www. caymanchamber.ky/events-training/signature-programmes/mentoring-cayman/

The filled-in application form can then be submitted via email to mentoring@caymanchamber.ky, or you can contact Swan at swan.sandoval@caymanchamber.ky for further information.



Mentees and mentor at the Closing Reception

Mentees and Mentors of Mentoring Cayman

Blue Belt expands in Caribbean, as Cayman Islands join UK's flagship marine protection programme



The Cayman Islands has become the latest Overseas Territory to join the United Kingdom Government's flagship Blue Belt Programme, helping to expand marine protection efforts across the Caribbean.

The announcement was made today after a two-day workshop where representatives from the Cayman Islands Government Department of Environment (DoE) and Ministry of Sustainability & Climate Resiliency (MSCR), the UK Government's Foreign, Commonwealth & Development Office (FCDO), the Centre for Environment, Fisheries and Aquaculture Science (Cefas), the Marine Management Organisation (MMO), the Joint Nature Conservation Committee (JNCC), and stakeholders from across the Cayman Islands' pelagic marine sector including the Cayman Islands Coast Guard, met to discuss the future ambitions and objectives of the Programme in the region.

The Cayman Islands, comprising the three islands of Grand Cayman, Cayman Brac and Little Cayman, is known for its incredible biodiversity. Located on the Cayman Ridge and bordered to the south by the Cayman Trench where the seabed plunges to over 7,000 metres, the islands are surrounded by a narrow coastal shelf which supports spectacular coral reefs. Home to a wide range of marine species, from sea turtles to Lemon sharks, these coral habitats are of huge importance both ecologically and economically.

The first Marine Protected Areas (MPAs) in the Cayman Islands were created almost 40 years ago. Today, nearly half of the Islands' shallow coastal waters are designated as 'no take zones', protected by a network of MPAs which regulate fishing, some boating and water related activities. Blue Belt Programme support will include work to protect the wider pelagic marine environment, which faces global and regional threats – from climate change to Illegal, Unreported and Unregulated (IUU) fishing. Support to the Cayman Islands will include:

• Undertaking a comprehensive review of fishing activity in the region to help inform management strategies.

• Developing satellite surveillance to support enforcement and explore alternative surveillance tools in the region.

• Exploring options for enhanced management of offshore natural resources, potentially including offshore MPAs.

David Rutley, Americas Minister with responsibility for the Overseas Territories commented:

"The UK is committed to preserving our planet's most vital resources for the benefit of future generations, and our Blue Belt Programme is one of the most successful and large-scale marine conservation initiatives in the world today.

"The Cayman Islands are pioneers in protecting the environment, so this collaboration promises to be a gold standard in the sustainable management of our oceans."

Hon. Wayne Panton, Premier of the Cayman Islands and Minister for Sustainability and Climate Resiliency, commented:

"The Cayman Islands has always been defined by our relationship with the sea. Over the past 40 years, the Cayman Islands Government has worked to develop a comprehensive framework of legislation and policy aimed at safeguarding the sustainable future of our islands' unique marine and terrestrial environments. Currently, an impressive 48% of our nearshore coastal waters are protected



through an enhanced marine protected area network. Even with protections, our unique marine and terrestrial environments are not immune from the threats of invasive, alien species and the impacts of global climate change. Further out at sea, beyond our coral reefs, human impacts of illegal fishing and pollution put our pelagic species and environments at risk.

The Blue Belt programme offers unique opportunities for the Cayman Islands to strengthen our governance and management frameworks, better understand and protect our marine biodiversity, manage human impacts on our marine areas, access compliance and enforcement assistance, and build capacity and ocean literacy. As part of global programmes like the Blue Belt we protect not just Cayman's future but the world's future. Just as our seafaring ancestors were citizens of the world our youth will be citizens of a more connected global economy and environment and we must do all that we can to leave them a homeland at least as good as our ancestors left us. The Blue Belt programme is one of the ways we will do that and I am proud that Cayman's participation in the programme has now begun."

Mrs Jane Owen, Governor of the Cayman Islands, commented:

"The commitment and ambition of Cayman towards conserving our marine environment is wonderful to see. I am delighted that local stakeholders and communities have joined together this week to begin implementation of the Blue Belt Programme. This will enhance our protection for the incredible biodiversity found in the water around our islands and bring lasting benefits to the marine environment and local communities for future generations".

SEE BLUE BELT EXPANDS IN CARIBBEAN, Page 12

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Tickets for the 20th International Scuba Diving Hall of Fame Induction Ceremony are now on sale. The Ceremony and dinner will be on the 29th of September 2023 at The Westin Grand Cayman Seven Mile Beach Resort & Spa. KYD \$100.00 pre sold and KYD \$125.00 at the gate.

To purchase, please visit:

www.ISDHF.com



Ministry of Tourism & Ports Cayman Islands Government

Programme giving boys positive role models

While the headlines of late may have dwelt on an appalling event at John Gray High School, representatives from the education arms of government - the Ministry of Education and the Department of Educational Services - were quick to defend the reputation of school, pointing out that such violence did not define the school.

One entity that seems to be a better representation of the school is the Boys 2 Men programme, for which an induction ceremony took place at the school last Monday. There, 75 boys from John Gray High School were given their blue ties with the Boys 2 Men programme logo and taught just exactly would be expected from them during the year-long programme in which they had just been inducted.

Established in 2009 by school counsellor Christopher Murray, Boy 2 Men has helped countless young men onto a better pathway, fulfilling a mentorship role which perhaps the young men in the programme lacked in their own homes. Boys are given the chance to develop skills, learn how to manage aggression, taught how to become kind and courteous individuals, and can develop the confidence they need to succeed in life. Mentors from all walks of life play a crucial role in this plan.

We believe programmes like these should be loudly lauded for attempting to make a positive difference for at-risk children who would otherwise possibly make bad life choices that could ruin their entire lives. Mr Murray works with just a handful of like-minded caring people and says they need funding and more volunteers to make more of a difference within the community. They hope to reach boys at a younger age when they can be helped along a more positive path before bad, sometimes irrevocable, choices are made. At the Caymanian Times, we believe people like Mr Murray are true heroes of the Cayman community and deserve all the help they can get.

If you have spare time or money and would like to help this incredibly worthy cause, please contact Christopher Murray at 345-329-0021 or by email CCMurray777@gmail.com.

New Boys 2 Men cohort inducted





CONTINUED FROM Page 1

young men who were at-risk to better lives, helping them to focus more on their studies, choose positive role models and develop into well-adjusted young men.

Mr Murray said this latest induction hosted 75 boys from John Gray High School, 10 from Hope Academy donning the blue ties with the Boy 2 Men labels. Clifton Hunter induction service will be in the coming weeks with an anticipated number of 60 plus boys. The Layman Scott High on the Brac programme began last year with 28 boys.

"We were delighted to welcome the Premier Mr Wayne Panton and his wife Mrs Jane Panton as well as representatives from the Ministry of Education and the Department of Education Services to the event," he said, underscoring the esteem in which the programme is held. Crucially, representatives from the business community were also in attendance, as they will be important mentors for the boys over the year-long programme.

The keynote speaker was Mr Bruce Gordon, a young Caymanian who has been incredibly successful in the music business and who now has 100 million followers. Bruce spoke to the boys about the impor-



From Boys 2 Men

CONTINUED FROM Page 11

tance of following their dreams and the importance of persevering through adversity. The boys were transfixed during his presentation.

John Gray High School Principal Clark outlined to the boys what would be expected from them in the programme, and how they were expected to raise their standards. In addition, the boys were informed how they would be helped to develop skills such as decision-making through interactions with positive individuals who cared enough to volunteer with the programme. It is anticipated that the young men will grow in confidence and ability over the year long programme.

Help needed

Boys 2 Men is run by a skeleton staff of Mr Murray, Mr Seaford Russell and Mr Simon Miller and they are in need of funding to help realise additional goals and for more volunteers to come on board.

"We are presently funded by well-wishers, and a few cooperate businesses and we would love to unfold the programme far more so we could reach out to younger boys," he advised. "We currently take boys onto the programme aged 15 and 16, but would love to be able to take on boys from younger ages."

Mr Murray believed that accessing the boys at a younger age meant they could help them to make better life choices earlier on, negating the need for intervention at an older age when sometimes changing behaviour is not so easy.

"With our stretched resources, expanding the programme to a younger age is most challenging," he said.

Mr Murray is therefore appealing to the community to get in touch if they can spare any resources, be it time or money, to help make a difference in the lives of Cayman's youths through this programme.

If you think you can help, please contact Christopher Murray at 345-329-0021 or by email CCMurray777@gmail.com.





Revisiting Lifelong Learning and no Age Restriction Scholarships

Now that covid has slowly loosened its stranglehold, we continue to look back and forward simultaneously. Klaus Schwab of the World Economic Forum believes that 'the pandemic represents a rare but narrow window of opportunity to reflect, reimagine and rest our world.' One of the 'reset' points must certainly be everything to do with education. While the experience with this pandemic has taught us resilience, we must make a concerted effort to regain whatever was lost in the education front. And this brings me to the focus of this article-lifelong learning.

Lifelong learning means investing in people's capabilities, enabling them to acquire skills, reskill and upskill and supporting them through the various transitions they will face over their life course says the International Labor Organization (ILO), while UNESCO defines it as "all learning activity undertaken throughout life, with the aim of improving knowledge, skills and/or qualifications for personal, social and/ or professional reasons". The European Commission explains that it is "all general education, vocational education and training, non-formal education and informal learning undertaken throughout life, resulting in an improvement in knowledge, skills, and competences within a personal, civic, social and/or employment-related perspective. It includes the provision of counselling and guidance services".

Lifelong learning can occur in our homes, schools, and workplaces.

Benefits of life-long Learning

Those who are motivated enough to pursue additional learning have many choices. They can register for one of the many evening courses at UCCI, in-



Dr Livingston Smith

cluding its many short courses, pursue another formal academic qualification, work and leisure skills, not for credit courses, professional development, and on-the-job-training, taking on a massive open online course (MOOC), or one of the Great Courses, or independent online learning offered for free by several online universities.

The Great Courses are condensed series of lectures given by professors and other experts in their various fields. The courses cover an enviable breadth of academic areas including economics and finance, fine arts, Mathematics, philosophy and intellectual history, literature and language, science, religion etcetera. I find the Great Courses to be especially useful and they are not too expensive.

The benefits to those who commit to life-long learning are many and enduring. These individuals are more marketable, versatile, and intellectually nimble. They are more able to keep up with trends in their industries, more adaptable to the ever-changing economy and its various demands. Studies in the field of lifelong learning are finding that lifelong learners are healthier, more fulfilled and productive, have sharper minds and a greater sense of purpose and confidence and are better able to take on new opportunities as they engage in new challenges, passions, and career goals.

Off course the benefits are not limited to the individual. Lifelong education helps to build and sustain a country's social and institutional capital making it more attractive for investment in multiple areas. The more educated the citizenry, the better the society.

And this takes us to the question of who should fund lifelong education. Individuals must themselves be motivated to do as much as they can. We must invest in ourselves as far as we are able to. Our workplaces must also lead the way as many are. Many employees leave their jobs for new ones, as they find they have little or no opportunities to learn and grow in their current roles. Investment in the continuing education of employees is a win-win experience. Employees have up-todate knowledge which improves their own performance and thus that of the organization. It ensures innovation. With exposure to new knowledge, even seasoned employees can do things differently and better. Innovation is key, continuing education is vital.

Continuing education is the way to

cultivate new skills in employees and short courses are key to accomplish this. Microcredentials are viable ways for employees to bring new skills to the table making themselves more valuable as employees while adding value to their organizations. With new knowledge being continuously created in a dynamic, modern world, skills and learning need constant updating. When organizations provide opportunities for continuing education it demonstrates that they value their employees and desire to see them grow professionally as persons. It signals to employees that they can grow in their work environments, and this is likely to make them more engaged and wanting to stay and produce.

Continuing education is for everyone, whether skill or academically inclined. And these two areas are not dichotomous. Both can go together. Continuing education is for helpers and nannies and everyone else. As the director of the CXC Education Volunteer Programme, which offers a second chance at education by engaging the voluntary commitment of over forty-five teachers of some sixteen subjects, done at various levels, I am constantly encouraged by the zeal of many adults who sit and pass CXC subjects and go on to receive a college education.

The recent no age limit for government scholarship recipients is certainly inspired and a step in the right direction. It would be interesting to find out the extent to which older persons are utilizing this opportunity. With longevity rates now up to 90 for women and 85 for men, and with far a more dynamic local and global economy, we must be constantly keeping up to be viable, productive, and current.

Blue Belt expands in Caribbean CONTINUED FROM Page 9

The Blue Belt is one of the UK Government's flagship marine conservation programmes and is at the forefront of realising global ambition to tackle the threats facing the world's oceans, including overfishing, species extinction, climate change and marine pollution.

The Cayman Islands is the third UK Overseas Territory located in the Caribbean to join the Blue Belt Programme, following the Turks and Caicos Islands in 2022 and Anguilla in 2023. Other Territories in the Programme are Ascension Island, the British Antarctic Territory, British Indian Ocean Territory, South Georgia & the South Sandwich Islands, the Pitcairn Islands, St Helena and Tristan da Cunha.

Currently MPAs across the Territories in the Blue Belt Programme cover over 4 million square kilometres, around 1% of the global ocean, making a major impact in safeguarding precious marine environments and resources, as well as helping to combat global ocean threats. The Programme supports the UK Government's commitment to ensure 30% of the world's oceans are protected by 2030. Notes to editors.

• The Programme also underpins some of the UK's commitments in the 25 Year Environment Plan, the UN Sustainable Development Goals (SDG14), as well as the commitment to ensure 30% of the world's oceans are protected by 2030.

• The Blue Belt has two sub programmes:

o The Blue Belt Ocean Shield: A programme to support UKOTs in improving awareness of human activities taking place within their marine areas. This enables UKOTs to ensure human activities comply with management measures, and helps to challenge issues such as Illegal, Unreported and Unregulated (IUU) fishing.

o The Global Ocean Wildlife Analysis Network (GOWAN): A global biodiversity and habitat monitoring network, using underwater cameras known as Baited Remote Underwater Video Systems (BRU-VS) to improve understanding of marine ecosystems and inform management and protective measures.

· Blue Belt is delivered by two world-leading organisations - the Centre for Environment, Fisheries and Aquaculture Science (Cefas) and the Marine Management Organisation (MMO) on behalf of the UK Government. These organisations provide advice and assistance in applied marine science, management, technology, remote monitoring and enforcement to the Overseas Territories. It is funded by the Foreign, Commonwealth & Development Office (FCDO).

• For more information, visit: The Blue Belt Programme - GOV.UK (www.gov.uk)

 Please contact ludy Hurlston at judy. hurlston@gov.ky for any further information or for spokespersons for interview.



NEW LEADERSHIP FOR CAYMAS CARNIVAL (NPO)

CayMAS Carnival was established in 2016 to create a vessel to experience the Carnival and to Discover the Islands. Cay-MAS is a movement made up of a collection of entities who have had influences in the Carnival scene in Cayman over the years, who want to see the development of Carnival in Cayman. This thing we call Carnival can become a viable tourism product for the Cayman Islands, especially during a period of the year when the tourism takes a dip in stay-over tourism.

The goal of CayMAS is to create a sustainable tourism product and highly organised events for locals and visitors alike. It is also a vessel to celebrate our Caribbean culture and to elevate the experience that has been established here for over 40 years. We aim to make this a more inclusive and democratic process of the operation of the Carnival, of different individuals who have the same goal of enhancing the Carnival product of Cayman and have thus created the best Boutique Carnival experience, arguably, in the world of Carnival.

We are pleased to announce the appointment of our new Chairman for Cay-MAS Carnival NPO, Mr. Jermaine Sharpe. Mr. Sharpe comes with a wealth of experience within the Cayman Carnival scene, being involved for over 10 years in Band operations. He also comes with a great calibre professionally as the Head of Sales & Marketing for Rubis Cayman. He is a Carnival Baby that is ready to do the work to continue to elevate CayMAS Carnival.

He states, "I would like to take this opportunity to thank the new Immediate Past Chairman, Mr Brent McLean, for his leadership and continued guidance and dedication to CayMAS. I want to thank the Board of Directors for entrusting me with this opportunity to help take us to the next level of making the Cayman Carnival experience one of the most phenomenal experiences on the calendar. As we move forward with this in the spirit of growth and inclusion, I want to invite everyone to help with the process by positive contributions & input and not distractions. We are stronger together when we all work together towards one unified goal."

The Immediate Past Chairman, Mr. Brent McLean, states, "CayMAS carnival was built on being open and transparent. From the inception, we insisted that we would change the leadership frequently to ensure the growth of the Carnival. Over the past seven years, the Carnival has gone from strength to strength, first through the leadership of Mr. Wayne Kirkconnell and more recently, my leadership. I would like to thank the Board of Directors for their support and guidance as we now usher in our new Chairman, Mr. Jermaine Sharpe. Mr. Sharpe is more than capable to take on this new role as he has been entrenched in 480 Shedden Rd., Box 1991, George Town, Grand Cayman, KY1-1104, Cayman Islands admin@caymas.ky the running of carnival Mas bands for many years. Congratulations Mr. Sharpe, we, the Directors, are here to support you and continue this journey of creating one of the best Carnivals in the region. We look forward to your leadership for CayMAS 2024 and beyond."

CayMAS Carnival NPO looks forward to a great CayMAS 2024 especially with its newest addition, CayMAS JR Carnival! We would like to recognise and thank the other Directors for their tireless commitment, Mr. Wayne Kirkconnell, Past Chairman, Ms. Cindy Adam, Ms. Erikka Moxam-Gil-



bert, and Mr. Craig Frederick. Visit us at www.caymas.ky and please follow us on Instagram and Tik Tok @caymas.ky and on Facebook @caymascarnival See you on the Road 29th June for Cay-MAS Carnival 2024!

Kazimir Burt finishes Top Third in the RS Feva World Championship Silver Fleet

Cayman Islands sailor Kazimir Burt was selected to represent Great Brittain at the recent RS Feva World Championship on 21-29 July in Follonica, Italy and placed in the top third of the silver fleet.

"Technical difficulties with a broken shroud forced me to retire during the qualifier series, however, I was able to push through and qualify for the silver fleet," says Kazimir Burt.

Burt qualified at 112 of 206 participants and gained over 15 positions in the full series to finish in the top third, a large improvement from last year.

"Conditions throughout the tournament were varied and the breeze was only strong from 11am to 4pm. The first and last races had light wind, while the races in the middle of the day were heavy winded," Burt continues. "On the second-last day of the full series, a large system came through bringing 30knot winds. This led to a fun day on the water and the cancellation of the later races."

His team placed between bronze and silver, and they were able to observe the

starts of their other fleets to improve their own race tactics and reflect on them for the next races.

In preparation for the tournament, their team practiced three days a week and ran a combination of boat speed and race tactic drills. This was aided by the diversity of the team, bringing a wide variety of race tactics from different teams.

"We are proud to continue our support of Kazimir Burt as our first Cayman Islands sailing ambassador," says Greg O'Driscoll, Partner and Head of Asset Management and Business Development at Grant Thornton Cayman Islands. "He has shown growth and dedication to the sport and is a great role model for other Cayman Islands sailors."

"Next year, it is likely our team will shift focus away from fleet racing and towards team racing, which we have beginner experience in," says Burt. "We won the spring trophy at Alton Water in the Feva division and will begin team racing in groups of three boats called fireflies, against other



► Kazimir Burt - RS Feva World Championship 2023

schools and universities."

"Racing against a larger group of people and communicating across a language barrier was an incredible experience,"

Burt continued.

For more information, please visit https://www.sailing.ky and www.grant-thornton.ky.

Cayman Prep to defend titles as Primary School football returns

Saturday morning excitement returns to primary school fields across Grand Cayman as the 2023 CUC Primary Football League (PFL) and the CUC Girls' Primary Football League (GPFL) regular seasons kick-off this Saturday, September 23. The 2023 season marks CUC's 17th year as exclusive sponsors of these flourishing youth football leagues.

In the CUC PFL Under 9 division, defending 2023 league champions Cayman Prep 9A look to add yet another trophy to their already crowded school trophy cabinet as they embark on a fourth consecutive Under 9 league title. Under 9 Consolation Cup champions George Town Primary will be out to defend their championship with the same guile they displayed in 2022.

In what has become a tradition of winning, the CUC PFL Under 11 division defending 2022 league champions Cayman Prep 11A look to continue their dominance in this division as they go for a record-setting seventh consecutive league title. Under 11 Consolation Cup champions Cayman Prep 11B are looking to go one better this year as they vie for the coveted Under 11 league championship, a title they hope to wrest from their fellow



Cayman Prep 11A defeated CIS in the 2022 Under 11 Champions Cup final.

classmates.

Schools competing in the CUC PFL this year include Sir John A. Cumber Primary, George Town Primary, Red Bay Primary, Prospect Primary, Joanna Clarke Primary, Theoline L. McCoy Primary, NorthEast Schools (a combination of Edna Moyle Primary and East End Primary), Cayman International School, Cayman Prep, St. Ignatius Catholic School, Triple C School, Cayman Academy, Small Schools (a combination of Montessori By the Sea, Hope Academy and First Baptist Christian School), Cayman Brac and newcomers Island Primary and Footsteps School.

In the CUC GPFL Under 11 division, Cayman Prep look to emulate the boys as they continue their dominance in the girls'

league. In 2022, Cayman Prep defeated St. Ignatius Catholic in the final to secure the title.

Schools competing in the CUC GPFL include Cayman Prep, Cayman International School, George Town Primary, Joanna Clarke Primary, Sir John A. Cumber Primary, St. Ignatius Catholic, Triple C and newcomers Red Bay Primary and Island Primary.

The CUC GPFL Under 11 league will follow a round-robin structure with each school playing the other schools once.

Supporters of the beautiful game are encouraged to go out to the various sports facilities and school fields and show their support for these Under 9 and Under 11 athletes as they compete for school pride.

Season opening games will be played at the Annex Field, Camana Bay SC, St. Ignatius Catholic, West Bay Town Hall Field, Prospect Primary and the Ronald Forbes Field.

The CYFL thank Progressive Distributors and Gatorade for their ongoing support of the CUC PFL and GPFL.

Visit www.caymanyouthfootball.ky for the full CUC PFL and GPFL schedules, scores and standings.

Cayman Motoring Federation Attains FIA Approval at World Motor Sport Council

ER

The Cayman Motoring Federation (CMF) is proud to announce its official approval by the World Motor Sport Council (WMSC) of the Fédération Internationale de l'Automobile (FIA). This recognition marks a significant milestone for the CMF and highlights its commitment to upholding international standards in motorsport.

The FIA is the governing body for motorsport worldwide, responsible for promoting safety, fairness, and sustainability in all forms of motor racing. The CMF's approval at the WMSC meeting signifies that it has met

the stringent criteria set forth by the FIA and is now recognized as an authorized national motorsport federation.

"This achievement is a testament to the dedication and hard work of the entire Cayman Motoring Federation team," said Ms. Jane Scaletta, President of the CMF. "We are delighted to be granted FIA approval, which will open up numerous opportunities for our motorsport community in the Cayman Islands. This recognition will facilitate increased participation, enhanced safety measures, and the ability to host international events on our beautiful shores."

With the FIA's approval, the CMF will now have access to FIA resources, guid-



ance, and expertise in the development of motorsport in the Cayman Islands. This collaboration will enable the CMF to further improve safety standards, promote youth development programs, and foster the growth of motorsport at all levels.

The approval process involved a thorough assessment of the CMF's governance, administration, sporting regulations, and technical standards. The FIA conducted an in-depth evaluation to ensure that the CMF met the requirements necessary to uphold the FIA's values and objectives.

As an FIA-approved national federation, the CMF will benefit from increased exposure and recognition on the international stage. The CMF will have the opportunity to collaborate with other FIA member federations, participate in FIA-sanctioned events, and contribute to the global motorsport community.

"We look forward to building strong relationships with other FIA member federations and working together to advance the sport we all love," added Ms. Scaletta. "We are excited about the future of motorsport in the Cayman Islands and the potential it holds for our athletes, teams, and motorsport enthusiasts." The Cayman Motoring Federation extends its gratitude to the FIA and the World Motor Sport Council for their support, guidance, and recognition. This significant achievement will serve as a stepping stone for the CMF as it continues to elevate motorsport in the Cayman Islands and contribute to the global motorsport landscape.

For media inquiries, please contact: Jane Scaletta, President, Phone: +1 345-916-6599 Email: info@caymanmotoringfederation.org GAS PRICES

Gas Prices as at Tuesday 12 September, 2023

Location	Gas Station	Regular	Premium	Dies
East End	Eastern Star Rubis (Woody's)	6.2	n/a	5.6
NorthSide	Jack's Esso (Jack's II)	6.09	6.22	5.4
Bodden Town	Lorna's Rubis	6.1	6.24	5.4
Bodden Town	Mostyns Esso	6.12	6.45	5.4
Savannah	Savannah Rubis	6.1	6.29	5.5
Red Bay	Barcam	6.16	6.36	5.4
Red Bay	On The Run (Brown's Red Bay)	6.09	6.23	5.4
George Town	Peanuts	5.91	6.21	5.2
George Town	Jose's Escape	5.92	6.22	5.2
George Town	Refuel	5.79	5.99	5.1
George Town	Esso Tigermart 4 Way Stop (JS)H&B 11	6.19	6.39	5.9
George Town	Eastern Avenue Rubis	5.99	6.24	5.4
George Town	Walkers Rd. Rubis	6.08	6.21	5.4
George Town	On The Run (Mike's Walkers Rd.)	6.09	6.23	5.4
George Town	On The Run (Brown's Industrial Park)	6.09	6.23	5.9
George Town	On The Run (Mike's 7 Mile)	6.09	6.23	5.42
West Bay Rd.	H & B Esso (H&B 1 Seven Mile)	6.19	6.39	5.9
West Bay Rd.	7 Mile Rubis (AA 7 Mile)	6.06	6.2	5.3
West Bay	Hell Esso	6.18	6.38	5.8
West Bay	Esso 4 Way Stop (Four Winds)	n/a	n/a	n/a
George Town	Scotts Landing	6.16	n/a	5.2
Cayman Brac	West End	n/a	5.99	5.7
Cayman Brac	The Pit Stop	n/a	5.99	n/a
Little Cayman	Village Square	n/a	6.98	7.0

Lowest Prices	Grand Cayman	5.79	5.99	5.19
Highest Prices	Grand Cayman	6.2	6.45	5.95

FUEL EXPENSE REDUCTION



Frequent and fast acceleration – Avoid heavy acceleration and drive below the speed limit. Frequent and swift acceleration burns fuel at a faster rate.



Additional Weight – Empty your car trunk of heavy items that can be located elsewhere. Your vehicle will use more fuel when carrying heavier loads.



Vehicle Replacement – Consider replacing your vehicle with a fuel efficient model.

COMMUNITY EVENTS

Music at the library – Adam Heron – Piano Recital

21 September – Prepare for an enchanting evening at the George Town Public Library as Adam Heron presents a captivating program of rare keyboard piecesand his own original creations. Don't miss this opportunity to witness a rising star in the world of classical music as he takes center stage. Starting time is 6pm and tickets are \$25 for adults and \$10 for students. Tickets are available on eventbrite.com and at the door. For more information, email enquiries@caymanartsfestival.com or 922-5550.

National Museum – Traditional Arts

Workshop – Rag Rugs 23 September - The National Museum invites you to register for its upcoming Traditional Arts Workshop featuring Rag Rugs from 3pm to 4pm at the Intergenerational Hub behind the airport Fosters. Cost is \$65. Register by emailing info@museum.ky.

Cayman Drama Society – Beef, No Chicken – A Play by Sir Derek Walcott

22 & 23 September – Don't miss the final weekend of Cayman Drama Society's presentation of Beef, No Chicken by Derek Walcott, a Caribbean poet, author, and playwright. Caribbean. Admission is CI\$30 for adults. For more information go to www.cds. ky. PG - content warning: adult language and sexual innuendo, reference to violence/robbery and bomb.

Hope Foundation – 5K Walk/Run for Recovery 24 September – The Hope Foundation is having their 5K Walk/Run on Sunday 24 September starting at the Seven Mile Public Beach. The walk begins at 6am and the run begins at 6:15am. Tickets are \$10 and there will be chances to win prizes for staycations, dinner and many other items. All proceeds will benefit the halfway house's programme. For more information, go to caymanactive.com.

September Church Services at St. Alban's Church of England, Shedden Road

24 September - Services of Holy Communion will be held on Sunday 24 September at 9:30am. Morning Prayers (Matins) will continue for the remaining Sundays in September at 9:30am as usual.

The Church of God Chapels - 26TH annual Praise Gathering -

Understanding the Times 24 September - The venue for these services is the Church of God Chapel George Town, 22 Academy Way beginning on Sunday, September 24th at 10:30 a.m. with nightly services from Sunday 9th through Wednesday 27th, beginning at 7:00 each evening. Radio Cayman will broadcast the services on Sunday morning and evening on 89.9 FM and will be livestreamed on the church of God Chapel George Town YouTube and Facebook pages. There will be childcare services during the evening meetings.

National Trust Cooking Class – Traditional cassava cake

30 September - The National Trust invites you to bake traditional cassava cake with them on 30 September at the Mission House, Bodden Town. The event will run from 10am to 12:30pm. Tickets can be purchased online at nationaltrust.org.ky.

Small Business Expo

5 October - The Cayman Islands Centre for Business Development is excited to announce the launch of a Small Business Expo on Thursday, 5th October from 9am to 6pm at the Grand Cayman Marriott Resort. The theme this year is "Ignite, Innovate, Elevate: Empowering Cayman's Small Business for a Thriving Future. To register, email cicbd@gov.ky or call 844.8009.

Pilates for Pink

7 October – Register now for Pilates for Pink to support breast cancer awareness and raise much needed funds for the Cayman Islands Cancer Society. The starting time is 9am at the ARC, Camana Bay. Registration is \$40 and includes an exclusive Pilates for Pink tank top and ball, and a chance to win amazing draw prizes. Tickets are available at eventpro.ky

Send your community events to wendy@ caymaniantimes.ky

<image>

Should you be eating that?

There's no questioning the fact that the foods you eat go far in determining how quickly you'll meet your fitness goals.

And if you're eating a number of your meals out at restaurants then you're going to want to keep reading because the average restaurant meal contains more than 1,200 calories.

Most people have no idea just how fattening restaurant entrées are. In fact, the following information may shock you.

Here, in no particular order, are 5 of the most fattening restaurant dishes along with tips that I've included to equip you in making lighter, healthier versions of these dishes at home.

#1: Cobb Salad

Cobb salads are loaded with cheese, bacon, egg, and topped with a creamy dressing. Sure, you're eating a salad, but that salad is likely to contain more calories than a burger.

At-Home Version: Making a lighter Cobb Salad at home is easy and quick. Start with a dark lettuce, like spinach or arugula, to get the most nutritional value. Top it with hard-boiled egg whites, baked turkey bacon, light cheese, avocado and drizzle lemon juice and vinegar for dressing. This at-home version has dramatically lower calories while still providing you with a satisfying, tasty dish.

#2: Spinach Artichoke Dip

When it comes to appetizers, spinach dip is filled with veggies so its calorie content is often underestimated. Don't be fooled: just half a cup of this creamy dip will set you back about 350 calories. And if you finish the bowl yourself then you've just taken in 1,000 calories in dip alone, not to mention the chips or pita bread you scooped it with.

At-Home Version: That delicious creamy spinach flavor can be recreated at home by using low-fat milk, spinach, some olive oil and a sprinkle of parmesan cheese. A quick Google search for 'light creamed spinach recipe' will give you plenty of recipe options that are much lower in fat and calories than the restaurant version.

#3: Chicken Tenders

Fried chicken of any kind from a restaurant is going to be loaded with more fat and calories than you'd believe. Even a serving on the kid's menu will tip the scales at over 800 calories.

At-Home Version: Making faux fried chicken at home is easy and surprisingly delicious. Whip up a few eggs with some Dijon mustard, garlic powder and onion powder. Dip your skinless, boneless chicken tenders in the mixture and then coat with almond flour, thyme, paprika and salt. Bake at 350 degrees F for 35 minutes or until no longer pink, flipping once halfway through. Turn on the broiler for the last couple of minutes to make it nice and crispy.

This at-home version will save you hundreds of calories that would have ended up around your waist.

#4: Sliders

Sliders are so small, there's no harm in enjoying a couple of, right? Wrong. Despite their petite package, enjoy a couple sliders and you'll have taken in more than 1,000 calories.

At-Home Version: The biggest problems with the restaurant slider are its fatty meat content and the refined-carbohydrate bun. So at home you can remedy these two issues. 1) Use lean, ground turkey to create petite patties. Use your grill pan to cook them with minimal oil. 2) Instead of the carbohydrate-filled bun, use large pieces of butter lettuce to wrap around your patties. Add sliced tomato, low fat cheese and grilled onion and secure the whole thing with a toothpick. These at-home sliders are guilt-free!

#5: Pasta

Eating a pasta-based dish at a restaurant is weight-loss suicide. There's no way to escape all those carbohydrate calories unscathed. The 1,000+ calories found in the noodles will quickly end up stored on your body as fat.

At-Home Version: There are two really easy and guilt-free ways to mimic pasta noodles at home. 1) Bake a spaghetti



Ernest Ebanks

squash until tender, then scoop out the soft, angel hair-like strands and top with your healthy pasta sauce. 2) Using a vegetable peeler, create long strips of zucchini and top with your healthy pasta sauce.

Cooking more of your meals at home, using the tips above, will save you many hidden calories and goes hand-in-hand with regular, challenging workouts in seeing you to your fitness goal,

Call Ernest at Body Shapers Personal Training Fitness Studio 325-8696 or email bodyshaperscayman@gmail.com today and I will schedule a time to meet with you one-on-one to strategize the quickest and most effective route to getting you to your fitness goals.

WEEKLY WEATHER FORECAST **Saturday** Sunday Friday Monday **Tuesday** Wednesday Thursday 80°/80° 88°/84° 87°/ 82° 89°/82° 88°/78° 85°/ 82° 84°/81° Times of sun Breezy in the A couple of and clouds Partly sunny with morning with a thunderstorms Sunny to partly a thunderstorm thunderstorm in with a couple of Mostly sunny and cloudy and in spots in the spots; otherwise, in the morning; thunderstorms in pleasant Partly sunny otherwise, cloudy pleasant partly sunny the afternoon afternoon **DEATH ANNOUNCEMENTS** Ω Churchill's The family of the late The family of the late Funeral Hom Emiline Oleta Whittaker Irvin Macdonald Rivers ret to announce her passing or regret to announce his passing on Tuesday, 12 September 2023. We have been asked to announce the passing of Mr. William James Watson, who passed away on Tuesday, August 22, 2023. 13th, September, 2023. C. ster. ? 1. 110 A Service of Thanksgiving will be held at West Bay Seventh-day Adventist Church, West Bay, Grand Cayman, Cayman Islands o Sunday, September 24, 2023 at 2:00 p.m. Viewing: 1:00 p.m. – 2:00 p.m. A memorial service for the late A funeral service will be held Irvin Macdonald Rivers will be :00 p.m Sunday, 24 September 2023 eld on Saturday, 23 September, at the Church of God Universal, 2023 at 4:00pm at the Interment: Prospect Cemetery with a viewing at 2:30 p.m. Cayman Islands Seafarers Hall, Condolences can be registered at churchillsfuneralhome 11 Victory Avenue, Prospect Interment will follow at the Old Man Bay Cemetery, North Side Servive goers are encouaged to wear shades of blue The Broken Chain Bodden Funera Bodden Funera ςB SB We knew little that the morning of September 20th that God was going to call your name, The family of the late The family of the late Sean Manfield Richardson In life we loved you dearly, in death we do the same, AKA Round Head **Rovyn Jerone Cameron** egrets to announce his passing on of Black Gold Production. It broke our hearts to lose you, you did not go alone, Monday August 28, 2023. egrets to announce his passing on Friday August 25, 2023. for part of us went with you the day A funeral service will be held A funeral service will be held on Sunday, 24 September, 2023 at n Saturday, 23 September, 2023 at 10:00am at the 10:00am at the Kings Seventh Day God called you home New Testament Church, East End Adventist Church, viewing will be prior to the service from 9:00 a.m Interment will follow at the Prospect Cemetery Interment will follow at the Prospect Cemetery. Bodden Funeral Bodden Funeral \$B ςB You left us peaceful memories Churchill's your love is still our guide; and though we cannot see you **Funeral Home** you are always at our side. Our family chain is broke, and nothing seems the same; We have been asked to announce the passing of but as God calls us one by one, Millicent Anita Whittaker the chain will link again. Who passed away suddenly and peacefully surrounded by her loved ones **Ron Tranmer** On September 2nd 2023. Left to continue her legacy are her beloved Two years gone, remembered daily. children: Richard Whittaker and Melissa Whittaker-Powery Son-in-law: Jerremy Powery Grandchildren: Jerremy Rev. Dr. Linda D. McField affectionately known as Josiah, Elias and Maliah Powery. 21 Jan 1953 - 20 Sept 2021 Brothers: Anthony Marshall, Bertram Marshall, Clyde Marshall AND SHORE AND A and Andrew Marshall Nieces: Felicia Alleyne and Belinda Marshall Special nephews: Barry Clarke and Steve Clarke, Special cousin in the UK; Angela Belgrave as well as a host of relatives and dear friends. A Funeral service for the late Millicent Anita Whittak will be held on Thursday September 28th, 2023 at St. George's Anglican Church, on Courts Road off Eastern Ave, George Town, Grand Cayman. At 2:00pm A Private Cremation will be held at a later date. In lieu of flowers, donations can be made to St. George's Positive Intervention Now Afterschool Programme, details are as follows: St. George's Anglican Church / Pin Program CNB Acc# 011-14068 / Checking Account Condolences can be registered at churchillsfuneralhome.com

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Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Answer to previous puzzle

	7	4	6	9	3	8	2	5	1	
	3	5	9	1	4	2	7	8	6	. Ioc.
	8	2	1	6	7	5	9	3	4	vudicate
	1	3	8	5	6	9	4	2	7	22018 Conceptis Puzzley, Dist. by King Features Syndicate. Inc.
	5	7	2	3	1	4	6	9	8	King F
	9	6	4	8	2	7	3	1	5	. Dist. by
	6	8	5	7	9	3	1	4	2	Puzzlev
	2	9	7	4	5	1	8	6	3	oneeptis
	4	1	3	2	8	6	5	7	9	0.8107.3
1	Difficulty Level ★★★★								6/03	

Difficulty Level *** * * ***

Word Search

А	Е	Н	Ι	S	Ι	Α	Е	S	Н	U	С	S	S	Α	
L	н	۷	С	R	G	D	М	Ρ	Ρ	С	U	Ν	М	Ν	
т	G	0	F	U	Е	т	G	L	Α	s	s	Ν	Е	Т	
с	0	I	Ν	s	G	L	в	ο	Y	Ρ	Ρ	G	G	н	
о	R	0	D	Р	s	L	Т	s	s	ο	F	Α	Р	С	
s	С	Ν	0	М	в	v	R	s	۷	s	s	s	М	F	
Е	R	D	L	Α	Ν	Е	в	н	۷	т	Κ	G	М	Т	
U	Е	М	L	т	т	Ρ	0	Ρ	н	С	0	Α	М	G	
Q	۷	R	s	s	Е	Y	т	Α	0	Α	0	s	s	U	
Т	L	D	0	w	т	R	т	R	U	R	в	т	Е	R	
т	Т	Ρ	т	т	Т	Е	L	G	Н	D	С	Ν	т	Т	
Ν	s	Е	0	Ρ	L	т	Е	0	Ν	s	D	Т	Α	Ν	
А	R	Y	н	Ρ	Т	т	s	т	s	w	Y	R	L	Е	
с	s	Ρ	L	U	Ν	ο	в	U	Ρ	н	I	Ρ	Р	s	
s	С	I	М	0	С	Ρ	Α	Α	v	D	Y	М	w	т	

Antiques	
Autographs	
Books	
Bottles	
China	
Coins	
Comics	
Dolls	
Figurines	
Fossils	
Gems	
Glass	

Find the listed words in the diagram. They run in all directions - forward, back, up, down and diagonally.

Maps Pewter

Plates

Pottery Prints

Rocks Silver

Stamps

Toys

Postcards Posters

CROSSW By THOMAS	
ACROSS	DOWN
1 Indian	1 Isaac's
gown	mother
5 Braille	2 Scents
bits	3 Take b
9 Sports	4 Quill ne
site	5 Brake
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15 Declara-	beach
tion signer	11 Preser
17 Old cabs 19 French	16 Oscar
article	nomine
20 Account	for "Go
21 For every	Baby
22 Come	Gone"
together	THOMAS CI m.o.) for each
24 Tell tales	
26 Give over	9
29 Gear part	
30 Tear	12
dabbers	14
32 Wall art	17
34 Sheep cry	20
35 Decorate	
36 Writer	
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LIBERTYTREE ٨N AESOP 1 | S | E | K IT saac's DE HEEH nother OE E R|E|D GO Scents APON BII ake back MAR LAG CESAR Quill need LIIBERTYBE Srake ODOR IBER ΠA /pe woos REDREW led-and-Yesterday's answer lack bird Shipping 18 One or 28 Casino nquiry worker more loes 21 Quick 29 Title nder holder look On the 23 Teriyaki 30 Suggeseach ingredient tion reserves 24 Cargo **31** Authority)scar worker 33 Hold onto iominee 37 Camor "Gone **25** Disregard 27 Lusty bridge Baby ìone" drive sch. MAS CROSSWORD BOOKS 1-8! Send \$4.75 (check/

Have fun with CAYMANIAN TIMES THE AMAZING SPIDER MAN By Stan Lee

MAYBE I DON'T RECOGNIZE YOUR FACE, RAND-BUT I'VE HEARD OF YOU. DIDN'T YOU SURVIVE A PLANE CRASH IN THE HIMALAYAS WHEN YOU WERE A KID?







CURTIS By Ray Billingsley



I WAS TH

1 1

NEDDY, THE DETECTIVE KEPT ASKING ME

YOU AND GODIVA WERE ARGUING OVER, IF I ANYTHING TO DO WITH SOME BUSINESS DE

IT HAD

JUDGE PARKER

큠

OW ON EARTH CAN I BE

/ŧ 7







P|E

O A H U

|K

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W|R|1|T|H|E|

TIS

CaymanianTimesClassifieds

SITE CLEAN

Janitors wanted 3 – 5 years' experience \$8 - \$9 per hour plus benefits Call: 322 – 0759 or email: siteclean@gmail.com

WALTA MOBILE KITCHEN

Is seeking a Kitchen Helper Must Have 3 – 5 years' experience Salary: \$250 per week plus benefits as prescribed by law Call: 327 - 5559 or email: cassetakidd21@yahoo.com

ICOA is in need of a Food and Beverage Server

· Must have at least 3 years experience as a Food and Beverage Server · Must have a basic knowledge of the

POS/Lightspeed system

tips and gratuity.

· Knowledge on cocktails and other specialized drinks is an advantage Salary will be CI\$ 4.50 per hour plus

Pension and Medical are also provided.

Applicants may email their resume to: ICOACAYMAN@OUTLOOK.COM

3D crystal engraver and UV laser engraver 2 years' experience Qualification Graphic design Closing 20th of September Send cv to Human Resources Krystal Kay263 George Town sales@crystal-cay.com Contact 9394297

Advertise your JOBS here

FAST EFFICIENT AFFORDABLE

Only 48 hours' notice required Call 916-2000



SECURITY SOLUTIONS

We are currently accepting applications from Caymanians only for the position of:

SECURITY GUARD

- · Securing premises and personnel by patrolling property
- Monitoring surveillance equipment
- Inspecting buildings, equipment, and access points
- Permitting entry

Duties involve:

- · Prevent losses and damage by reporting irregularities
- · Informing violators of policy and procedures.
- Completing reports by recording observations, information, and occurrences Interviewing witnesses

Experience in security, law enforcement or military preferred but will offer training to suitable and successful candidates.

- CCTV experience preferred
- Driver's license preferred
- Must be physically fit
- . Must have ability to stand for long periods of time
- . Must be willing to work shifts, days, nights, weekends and holidays
- A professional appearance and the ability to communicate effectively (written and spoken)
- Salary Starting at \$7 per hour
- · Benefits Pension and medical Insurance provided and other benefits in accordance with Cayman Islands Law

Applications should include a cover letter and CV and be emailed to: info@sterlingsecuritysolutions.com or delivered to Sterling Security Solutions Ltd, Cayman Corporate Centre, 27 Hospital Road, George Town, Grand Cayman.

Deadline for applications is September 29th, 2023

STERLING SECURITY SOLUTIONS LTD

PO Box 747 • Grand Cayman KY1-9006 • Cayman Islands • Tel: +1 (345) 946 4646

PARAGON **BUILDERS**

Is currently inviting experienced applicants for the position of:

Quantity Surveyor

The Quantity Surveyor will work to ensure accurate quantities and cost estimates based on those quantities and obtain bids from subcontractors, along with preparing bid packages for construction contracts.

Responsibilities will include:

- Estimation of material quantities based on construction drawings in order to calculate the quantities of materials to procure.
- Review Client tenders/RFQ's, attend negotiation meetings, estimate quantities and perform rate analysis to submit tenders in effort to procure contracts.
- · Prepare weekly/monthly bills based on work done on site.
 - Material reconciliation statements based on the quantity of materials received, used, balance and waste.
- · Prepare monthly cost, progress and cash ow reports.
- Manage costs to ensure the initial budget does exceed plan.
- Valuation reporting based on detailed information pertaining to the cost of elements of
- work on a periodic basis to enable payment for those works carried out to date.
- Reconcile changes and assist the general contractor to ensure accurate data. • Manage Cost impact / contingency management and commitment tracking logs.
- Communicate or meet with general contractor and owner project manager to gather status information to prepare cost estimate updates.
- Ensure that final accounts are negotiated and agreed in a timely manner.
- Requirements:
- Familiarity of industrial construction estimating life cycle and coordination with sales. engineering, and contracts departments.
- Knowledge of MEP systems.
- Previous experience in Estimating for construction projects preferred.
- Minimum 2 years of experience in a construction environment.
- BSc (Hons) in Quantity Surveying.

Monthly Salary: CI \$6000-8000 per month

Send resumes to info@paragon.ky



POSITION: SALES ASSOCIATE/CASHIER

Atlantic and Atlantic Kids is currently accepting applications for the above-named position. Holders of this position will be expected to offer exceptional customer service and assist customers with questions and purchases.

Other responsibilities include stocking of items, conducting inventory checks and ensuring that the work area and environment are clean, well-organized and welcoming.

Cashier responsibilities include receiving payments, scan goods and ensure pricing is accurate, collect payments whether in cash or debit/credit card, issue receipts, refunds, change, issue and redeem gift cards, cross sell products and introduce new ones, resolve customer complaints, guide them to provide relevant information, greet customers when entering and leaving store, gift wrapping packages and keeping track of all cash and card transactions.

The candidate must be prepared to work flexible schedules including evenings and every Saturday, seasonal hours, and must be able to stand for extended periods of time.

Applicants should possess the following:

• High School diploma or equivalent with passes in English and Mathematics at CXC or equivalent 2 or higher

- Clean police record
- · Good organizational skills and the ability to communicate fluently in English
- Work experience as a cashier in the retail clothing industry for a minimum of 5 years • Familiar with POS systems
- Good math skills
- A proven track record of excellence in customer service and sales in clothing retail
- Pleasant personality, self-confidence, the ability to work well within a dynamic team
- and willing to take direction
- Professional presentation and approach to work
- · An interest in and a sense of fashion Experience in merchandising would be an asset

Salary range: CI\$10.00-\$14.00 per hour, health insurance, pension and store discounts.

Applications plus three references may be submitted in confidence along with a Police Clearance certificate to be received no later than September 30th, 2023 to: recruitment@helpinghand.ky

Investor Opportunity: \$120,000 Convertible Note

www.jagovegalimited.com/investors

Unlock the potential for substantial returns with this exciting investment opportunity! Key Details:

- Investment Amount:\$120,000 USD

- Convertible Note Terms:
- Discount Rate: 20%
- Valuation Cap: \$5,000,000 USD
- Interest Rate: 12%
- Maturity Date: August 31, 2026
- Trigger Event: Listing on Jamaica JSE (Expected in Q2 2026)

Why Invest?

This convertible note offers a unique chance to invest in a promising venture with excellent growth potential. The 20% discount rate and \$5M valuation cap provide an attractive proposition for investors seeking a high-potential opportunity. With an interest rate of 12% and the trigger event of listing on Jamaica JSE (anticipated in Q2 2026), your investment could yield significant returns.

Act Now!

Don't miss out on this chance to become a part of a dynamic venture poised for success. Contact us today to secure your investment in a future-ready enterprise. For inquiries and further details, please contact:

www.jagovegalimited.com/investors or ceo@jagovegaapps.com

Opportunity closes September 30, 2023.



Cayman Islands National Attractions Authority - Invites applications from suitably qualified Caymanians for the post:

Full Time - Operations Assistant at Pedro St. James, National Historic Site

Job Summary:

The Operations Assistant at Pedro St. James plays a crucial role in beautifying and maintaining the property, coordinating special events, managing gift shop inventory, and assisting with tours. This role contributes to the overall visitor experience and site preservation.

Duties & Responsibilities:

• Assist in enhancing the property by selecting plants, decorating for events, and updating the Great House and grounds with new items.

· Assist in providing support to the maintenance team by participating in non-routine tasks, such as plant care, cleaning, and beautification projects, while also contributing to property improvement efforts.

· Assist with gift shop management by sourcing products, overseeing inventory logistics, handling budgeting, tracking shipments, and assisting as a Salesclerk when necessary.

· Assist in coordinating tour logistics, liaise with ShorEx managers, create engaging tour activities, oversee the Tea Tour, and manage tour-related documentation to enhance visitor experiences.

 Assist with the planning and execution of special events, the procurement of office supplies, and storeroom arrangement to contributing to the smooth operation of the facility.

Assist in all other duties as assigned by Management.

Qualifications & Requirements

· Possess a minimum of a high school graduate with five passes at GCSE/CXC or equivalent and 5 years' experience in the Tourism Industry.

 Possess good oral, written communication and interpersonal skills and be able to work well within a team structure

· Be highly organized, motivated and demonstrate the ability to think creatively and strategically.

· Seeking a creative individual with a passion for arts and crafts and hands-on skills to enhance our artistic projects and creative endeavors.

• Knowledge and passion for the history, heritage and culture of the Cayman Islands are a must.

• Attention to detail is necessary, as well as good knowledge of Pedro St. James' goals and purposes and the ability to work during evenings and on weekends.

Salary is commensurate with relevant qualifications and experience starting at CI \$35,880 per annum.

Applications can be requested by emailing <u>humanresources@cinaa.ky</u> or downloaded via the link: https://cinaa.ky/wp-content/uploads/2023/08/CINAA_Application_Form_ Fillable.pdf

Deadline for Receipt of Applications: October 6, 2023

Cayman Islands National Attractions Authority Pedro St. James, Pedro Castle Road, Savannah P.O. Box 305, Grand Cayman KY1-1501 Tel: 949-6999 | Website: www.cinaa.ky Email: <u>humanresources@cinaa.ky</u>



We are currently accepting applications for the post of:

Legal Support and Administrative Assistant

The ideal candidate will:

- 1) be highly organised with great time management skills
- 2) have an ability to work without supervision in a fast-paced boutique law firm.

3) possess a minimum of an Associate Degree with 2 years legal office experience as a Legal Secretary, Paralegal or Personal Assistant to an Attorney (ideally in Cayman or a common law jurisdiction) OR

4) have 4 years relevant experience working in legal practice either as a Legal Secretary, Paralegal or Personal Assistant to an Attorney (ideally in Cayman or a common law jurisdiction).

5) have experience in general office procedures, KYC, book keeping and familiarity with the production and filing of court and other documents, both physically and digitally, would be advantageous.

6) have amazing customer service skills.

7) have a valid driver licence and own transportation.

Mature individuals with strong administrative experience will also be considered for this post.

Salary range of \$10.00 - 12.00 per hour commensurate with experience plus bonus, pension, and health insurance in accordance with the law plus \$60 fuel allowance monthly. Preference will be given to Caymanians, spouses of Caymanians and PR holders.

Submit CV with previous employers' contact details and a cover letter to: pa@phillipebankslaw.com or mail to PO Box 10134, Grand Cayman, Cayman Islands, KY1-1102.

DEADLINE FOR SUBMISSIONS IS WEDNESDAY, 30 SEPTEMBER 2023



Senior Sales Associate

Caymanian Times. is seeking a highly motivated sales professional who will develop, work and maintain sales targets and schedule and up sell on quality goods.

Mandatory Requirements:

• The successful candidate must have a minimum of 3 years working in sales and service experience in selling Media and Newspaper Advertisements.

- Must be computer literate and advanced in the use of MS Excel.
- Must have excellent administrative and communication skills.
- · Must speak, read, write, and comprehend English fluently.
- Must have the ability to drive.
- A current police record must be submitted.

Duties for the role are:

- Develop, work and maintain Sales Targets.
- Develop and implement in-house and product knowledge training for staff
- · Create weekly & monthly sales and customer reports.
- Be able to learn and sell variety of products.
- A strong work ethic and a positive attitude will be required.

Salary Range: CI\$2,500 - CI\$3,500.

An attractive compensation and benefits package (including medical insurance, vacation, pension and a 10% commission) is being offered to the qualified candidate. All applications received will be reviewed and only candidates meeting the mandatory requirements will be contacted for interview.

Applications should forward a detailed resume quoting reference

"Senior Sales Associate" to:

Email: ralph@caymaniantimes.ky



The Publisher

Cavmanian Times



Heritage HR Ltd.

Accountant

SUMMARY ROLE DESCRIPTION

The Accountant will provide financial and management reporting, forecasting and project analysis along with providing insightful information to the management of our Construction division. The position reports to the CFO and will be responsible for performing the day-to-day financial activities. This is an office-based position.

RESPONSIBILITIES:

Posting of accounting system entries as needed for the preparation of month-end accounts, including but not limited to depreciation, amortization, loan interest, etc.
Prepare Monthly / Quarterly P&L and Balance Sheets using information from the

accounting software which is presently QuickBooks. The accounting software is subject to change.

• Preparing the Board Reporting package including Balance Sheet and P&L for the CFO.

- Responsible for the day-to-day aspects of finance within Construction division.
- Review Project Cost Reporting prepared by the Quantity Surveyor and agree to the management accounting records.
- Understand Construction Contracts and bill out work to customers.
- Calculate and respond to queries from management.
- Build relationships and collaborate with the construction team.
- Identify and suggest process improvements to the current financial processes.
- Taking ownership of allocated system improvement initiatives.
- Prepare vendor payment runs and process online payments using banking software.
- Reconcile Debtor and Creditor Accounts.
- Oversee / Perform Payroll and Wage Payments.
- Oversee a financial team of two based in the Construction office, as well as working remotely with the offshore team.
- Review and prepare Bank Reconciliations.
- Ensure timesheets are completed by all staff on the timesheet system.
- Additional tasks as allocated by CFO and Executive Management.

REQUIREMENTS:

- Professional Accounting Qualification CA, CPA, ACCA, CIMA or equivalent.
- 5+ years of accounting experience in a construction company or commercial environment is a must.
- Understanding of the Real Estate Development, Construction, and Property Management field is a plus.
- Experience with QuickBooks and Rent Manager software is a plus.
- Excellent Excel Skills.
- Positive, self-motivated, team player with excellent communication.
- Experience developing and implementing new processes.

Caymanian

• Must have own vehicle.

Salary range KYD56,000.00 to KYD78,400.00 per annum. Only suitably qualified applicants will be contacted for an interview. Closing date for applications is 30 September 2023.

"Apply Here!" link: https://heritageholdings.bamboohr.com/careers/60



Underwater Photographer/Photo Centre Assistant

Must have a valid SCUBA Divemaster certification equivalent or above with 2-3 years of experience in Underwater Photography. Employee will be required to photograph & video clients underwater. Must be experienced with cameras to assist with underwater camera rentals and sales. Broad experience with MAC computers, POS system and inventory control, digital printing and digital editing of photo and video.

Must be a non-smoker, have reliable transportation and punctual. Must be able to work five days a week, including Saturdays and some holidays. Must be able to commit at least two years.

Wage from CI\$10 to CI\$15 per hour, commensurate with experience, plus all benefits

required by law. Send detailed CV with references directly to maria@cathychurch.com

NOTICES

CAYMAN PARTICIPATION SOUGHT

Caymanian participation is being sought for investment in the ownership and operation of a local company which will purchase, subdivide, create infrastructure, sell and market, individual lots in Grand Cayman and Cayman Brac to Overseas Clients. The total initial investment required will be in the region of US\$5,000,000.00.

Interested parties investing at any level should provide evidence of financial ability to participate in an investment of this nature supported by a letter from a financial institution in the Cayman Islands on or before 6 October, 2023. In the event no offers of participation from Caymanians are received, an application will be made for the grant of a licence under the Local Companies (Control) Act (2019 Revision). All enquiries should be addressed to:

unes should be addressed

INVESTOR

c/o Bodden & Bodden

- P O Box 10335, Grand Cayman,KY1-1003 Cayman Islands
- Cayman Islanu
 - A separate copy should be submitted to:
 - The Trades & Business Licensing Board
 - Department of Commerce and Investment
- 133 Elgin Avenue ,Suite 126, Grand Cayman

Tighten your Belt Save on job advertising (Wednesday & Friday)

Deadline: only 48 hours Free posting on WORC

sales@caymaniantimes.ky / 9162000 jobmarket.ky







Member of CIREBA



Family Home on Butterfly Circle

Asking CI\$ 685,000 MLS# 415687 Call Natasha Casebolt +1(345) 949-3521 BERKSHIRE HATHAWAY HOMESERVICES CAYMAN ISLANDS For Sale

Member of CIREBA



Kaibo Escape - Beachfront Condo

Asking US\$ 795,000 MLS# 415035 Call Paula McCartney +1(345) 516-3521 BERKSHIRE HATHAWAY HOMESERVICES CAYMAN ISLANDS



YOUR GUIDE TO REAL ESTATE



PROPERTY CAYMAN

Three-Story Townhome in South Sound **SOUTH BAY ESTATES 10** 3 Bed + 3.5 Bath | 2,400 sqft | Listed at US \$988,000

Tamara Radojicic: 345-925-2605

MLS 416013 | Member of CIREBA



PROPERTY CAYMAN

Condo in Seven Mile Beach Corridor

BRITANNIA LIONS COURT 212

1 Bed + 1 Bath | 1,272 sqft | Listed at US \$699,000 Nancy Chen: 345-327-5888

MLS 416077 | Member of CIREBA



Walker's Road Apartment
EXECUTIVE SUITES 41

1 Bed + 1 Bath | 528 sqft | Listed at CI \$299,995 Courtney Henderson-Zimmer: 345-327-4582

MLS 416492 | Member of CIREBA



PROPERTY CAYMAN

Walker's Road Apartment
EXECUTIVE SUITES 46

2 Bed + 2 Bath | 792 sqft | Listed at CI \$439,995 Courtney Henderson-Zimmer: 345-327-4582

MLS 416487 | Member of CIREBA

ENTALS & ST YOUR GUIDE TO REAL ESTATE





South Sound Townhome

VELA 51

2 Bed + 2 Bath | 1,800 sqft | Listed at CI \$695,000

Jennifer Powell: 345-917-8335

MLS 416465 | Member of CIREBA

Condo in Grand Harbour

PERIWINKLE 27

2 Bed + 2.5 Bath | 2,250 sqft | Listed at US \$799,000 Nancy Chen: 345-327-5888



As a full-service law firm in the Cayman Islands, we draft trusts and wills as well as set up foundation companies and family offices for both residents and non-residents.

We are able to assist those who have assets in the Islands whether real estate, shares in a Cayman company or bank accounts.

We represent clients in connection with trust and estate disputes as well as provide guidance and advice on legal issues arising from trust and estate administration matters.

· Will drafting and maintenance

CONTACT:

- Trusts and estate administration
- Probate and dispute representation
- · Family offices and foundation companies



