# Caymanian



**Friday Edition** 

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January 5, 2024 **Complimentary** —



ENVIRONMENT — page 4



**Environment group protests coastal** development

● LOCAL NEWS — page 5



2024 Welcomed in Grand Style in **Grand Cayman** 

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JA economy is booming



# **Great news** for cruise

"It's been busy ever since November," said one of the staff in a gift shop in the Flaghip building on George Town Wa-

ered from the pre-covid times, and are December exceeding the Department of still at less than two thirds of the figures terfront. With over one million cruise for 2019. But overnight guest numbers passengers coming here, numbers are much nearer to 2019, with a score of

looking good. But they still haven't recov- 93%, with the totals for November and Tourism's targets.

**SEE GREAT NEWS FOR CRUISE, PAGE 10** 

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# New Year, New Articled Clerk at HSM

The HSM Group has announced Merary Eden as the recipient of their 2024-25 Article Clerkship Programme.

Over the next 18 months, Merary will gain a variety of legal experiences across corporate, immigration, employment, private client, real estate, intellectual property and more.

Merary joined HSM in July 2022 as a paralegal for the firm's debt collection and litigation practice. She graduated from the University of Liverpool in July 2022 with a Bachelor of Laws Degree (Hon-

ours) (Class 2 Division 1) and prior to that she attained a Master of Business Administration Degree from the University of Tampa. Merary also attained a Professional Practice Course (Commendation) from Oxford Brookes University, which is affiliated with the Truman Bodden Law School in the Cayman Islands.

Merary is particularly interested in investment funds and is also excited to gain experience in trusts, wills and es-

Lisaida Swaby-Oliva

Former Scholarship Recipient

**HR Administrator** 



▶ Merary Eden in front of a workstation at HSM, 68 Fort Street in George Town

tate administration. HSM Partner Sarah Allison is her principal and will provide guidance to Merary as she progresses through her articles to become an attorney.

"We are pleased to have Merary undertaking her articles with HSM," shares HSM Managing Partner, Huw Moses OBE. "HSM is committed to fostering legal talent and we look forward to her contributions across the firm's practices."

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# Caymanian Times

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# Save Our Seven Mile Beach



We at the Caymanian Times have always been very clear on where we stand when it comes to our core values. We are steadfast in our belief that our environment is something so precious and so easily spoilt that it is worth fighting for, so we are launching a new series focussing on stories that promote the protection of Cayman's natural world. If you have any campaigns, news, events, ideas or activities geared towards saving and protecting our environment, then please get in touch with us at news@caymaniantimes.ky and we will be happy to feature them in the

We begin this series in this edition with a story from the environmental group, Protect Our Future, which is worried about the serious erosion at the southern end of Seven Mile Beach. They encourage our government to take the big, brave steps it needs in order to attempt to remediate this crucial issue. They believe that a managed retreat of Seven Mile Beach is the only solution, whereby properties which have

been built too close to the coastline and which are exacerbating the coastal erosion are moved back. They say that the current measurement of the highwater mark is not a sufficient marker for working out how far back a development needs to be from the shoreline because of the extent to which the highwater mark changes over time. New developments along Seven Mile Beach in the pipeline should therefore abide by tougher new calculations that mean their development won't make the coastal erosion even worse. To this end, they have launched a campaign called Coastal Development Erodes Our Future. Expect to hear more on this in future editions of our newspaper.

As a responsible news house, we believe it is our duty to highlight these issues so they can be properly discussed by everyone who shares a love for these Islands, as we do. We intend to do our part in ensuring environmental issues are kept at the forefront of discussions in the Cayman Islands and we encourage our readers to join us in this endeavour.







▶ Photos by Ryan Mclellan

# Environment group protests coastal development







A managed retreat from Seven Mile Beach is urgently needed to protect Cayman's precious Seven Mile Beach from further erosion, according to environmental group Protect Our Future. This means that proposed developments, including the 10-storey Aqua Bay currently in the works, must come under much more rigorous scrutiny before they are allowed to progress, the group stated.

To highlight the dangers such developments pose to Cayman's fragile ecosystems, Protect Our Future has created a campaign, entitled Coastal Development Erodes Our Future, bringing awareness to these potential dangers.

"The far-reaching impacts of erosion are evident at the South end of Seven Mile Beach," they stated. "The impact of coastal developments and the resulting increasing rate of erosion on our beautiful beaches is far-reaching, including loss of critical nesting habitat for endangered sea turtles."

Protect Our Future is particularly concerned with the establishment of the mean highwater mark, which, they said, was not enough to prove the highwater mark given the speed at which the coastline changed.

"The current planning regulations, requiring a single survey to establish the

mean highwater mark as the reference point for the coastal building line, are not enough," the group stated. "This is due to the highly dynamic nature of the coastline along Seven Mile Beach, which can change drastically on any given day and even more so over the span of a few months. This change is exacerbated by extensive coastal development."

Singling out this latest proposed development, Protect Our Future said Aqua Bay would not only impact beach erosion on a critical nesting beach for sea turtles, but also increase traffic and danger of accidents for both vehicles and pedestrians in an already ever-growing congested area.

The group said it implored developers and planning committees to follow the Department of Environment's and National Conservation Council's recommendations for a managed retreat, as this would be greatly beneficial not only to the value of that land, but also the value and beauty of all the surrounding land as well, and to the future of Grand Cayman as a whole.

A managed retreat along with a national policy on seawalls and for all structures to be moved back from the water's edge as they are rebuilt or repaired, is critical for our future had been the been the driving force behind our campaign, they said.



▶ Thousands filled Seven Mile Beach in anticipation of the New Year's Countdown celebration.

# 2024 Welcomed in Grand Style in Grand Cayman



▶ The Westin was ablaze with fireworks displays as the clock struck midnight on 1st January, 2024.



A great display of joy was expressed with fireworks for the New Year celebration in Grand Cayman.



▶ People from all walks of life came together to greet the New Year in Grand Cayman.

# By Stuart Wilson

The entire Cayman Islands were ablaze with fireworks to bring in 2024, as revelers greeted the New Year with the customary lighting of spectacular displays filling the night sky.

The countdown to midnight saw celebrations across Grand Cayman and particularly the Seven Mile Beach on the West Bay Road, where festivities crescendoed into a feverish climax of incendiary devices, making the location one of the main attractions for

many during the countdown to midnight.

From Public Beach, to the Kimpton and Westin, thousands of residents, visitors and locals came out in scores to enjoy the celebratory atmosphere.

The Royal Cayman Islands Police also provided a strong presence along the Island's popular tourist district, ensuring the evening's events were well supervised and traffic flowed at maximum efficiency.

This year marks many major sporting events including the Olympics, which will take place in Paris, France from 26

July to 11 August 2024.

The Paris 2024 Olympic and Paralympic Games will be the biggest event ever organised in France.

Other major events scheduled to take place in 2024 include the United States' Presidential Election on 5th November and the Russian Presidential Election to be held on 17th March.

According to the Chinese calendar, 2024 is the year of the Green Wooden Dragon.

This symbol is considered the most powerful in Chinese astrology, representing energy, strength, and power.





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# **MONDAY, 06 MAY 2024**

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Cayman is home to many people with substance abuse. As a community we can all make a difference in the lives of those individuals.

# The Guyana- Venezuela Dispute: Possible Implications for the Caribbean

By Livingston Smith, PhD
Professor, Department of the Social
Sciences
University College of the Cayman
Islands

In his recent book, Challenged Sovereignty: The Impact of Drugs, Crime, Terrorism, and Cyber Threats in the Caribbean, prominent expert on Caribbean Security, Ivelaw Griffith, turns the spotlight on these cross border 'Problems Without Passports' as former UN Secretary General, Kofi Annan, referred to them, are challenging the ability of politically independent states in the Caribbean to provide security to their people. The book is about how these PWP's defy the desire of regional governments to protect their peoples and develop their societies within the context of them being sovereign states These are global problems affecting Carib-

One can add to these threats mass migration of its skilled and educated citizenry, money laundering and geopolitical tensions arising from the power play of powerful countries that seek to have an important presence in the Caribbean. Caribbean countries are just now recovering from the COVID-19 pandemic which had a serious impact on tourism and have had to brace themselves against the rise in food and oil prices due to the Russia/ Ukraine war. There is also the urgent threat of en-



**▶** Dr Livingston Smith

vironmental degradation.

As if these were not enough, there are also border disputes among countries such as between Venezuela and Guyana, Venezuela and Columbia, Guatemala and Belize, Surinam and Guyana, and France and Surinam. The recent presence of a British warship sent to Guyana as a show of support for this country in its dispute with Venezuela, must be concerning for every citizen of the Anglophone Caribbean

and beyond who desire to see the region as a zone of peace.

The border dispute between Guyana and Venezuela is a long-standing one. Guyana is a country of 83,000 square miles, and Venezuela is claiming some two thirds of it. Events have been spiraling seemingly out of control since the Venezuelan government decided to have a referendum on the matter and reported after that some 95% of Venezuelans approved the referendum that claimed most of Guyana. The President of Venezuela, Nicolas Madura, has since ordered his country's oil companies to issue extraction license in the Essequibo.

This is clearly a major development in the region, and we must applaud the work of Prime Minister Gonzalves of St. Vincent and efforts of CARICOM to maintain the Caribbean as a zone of peace.

The present territorial dispute goes back to centuries ago and is rooted in the colonial era. It is the contention of Venezuela that in 1841 when the British got British Guiana (Guyana) from the Netherlands, Venezuelan territorial integrity was compromised. They were deprived of the Essequibo and even though an international tribunal of Arbitration further decided on the border making the area British controlled to Guyanese controlled, the Venezuelan government is insisting that it was wrongfully deprived of this area which is some 159, 500 sq-km. Though the issue is before the International Court

of Justice (ICJ), Venezuela, which has the largest proven oil reserves in the world, has not agreed that this court has jurisdiction over this dispute. Once its ruling goes against the wishes of the Venezuelan government, they are likely to reject it. The court has advised Venezuela not to use force but to wait on its decision. The court is to address this case sometime this year. It is the riches of the Essequibo that is further driving these interests. The Essequibo region not only has oil, but gold, bauxite, and diamond. Guyana now boasts some eleven billion barrels of oil and one of the fastest growing economies in the world.

So where does this leave Guyana, a member of CARICOM and the Commonwealth? Understandably, the Guyanese President has shored up support from the US, the UK, and other main players. In the world of international politics, players define and defend their interests, and this is certainly the case in this situation. Even though an all-out war between these two countries is unlikely, Venezuela's military capabilities far exceed that of Guyana. The matter must be dealt with by an international court and international law.

The Guyanese government also knows that the world is quietly shifting from oil and gas, but this will not happen overnight. The oil wealth must be used to change the lives of the Guyanese people and Caribbean countries are poised to benefit.



# **COMMUNITY EVENTS**

## **Overseas Scholarships** for the 2024/2025

# Ongoing until 31 January 2024

- The Ministry of Education is pleased to announce the opening of applications for Overseas Scholarships for the 2024/2025 academic year. These scholarships provide financial assistance to eligible Caymanians to pursue further education at accredited institutions abroad. The application period closes on Wednesday, 31 January 2024. Successful applicants will be eligible to access funding from September 2024 onwards. To verify eligibility and to apply for an MOE Overseas Scholarship, please visit the Scholarship Secretariat Unit's online application portal at www. moescholarships.gov.ky.

# **National Museum - Free** entry to Residents

6 January - Residents can enjoy free entry to the National Museum every first Saturday of the month. View two floors of galleries that contain six exhibitions to learn about the unique natural and cultural heritage of our three Islands. Call 949 – 8368 for more information.

# **Family Resource Centre** Beginning 8 January - The Family Resource Centre's 2024 parenting programmes begin on Monday, 8 January. Three impor-

tant programmes that will begin this month include - 1) "Understanding ADHD" a virtual 4-week lunchtime workshop beginning on Monday, January 8th 2) "Parenting Children with Anxious Behaviours" a virtual 4-week lunchtime workshop beginning on Friday, January 19th and 3) "Fathers First" an 8-week in person evening programming beginning on Wednesday, January 31st. For a full list of workshops, to learn more, or to register, contact the Family Resource Centre on frc@ gov.ky or 949-0006.

### **January 2024 Church** Services at St. Alban's Church of England, **Shedden Road**

7 & 21 January - Services of Holy Communion will be held on Sunday, January 7th and Sunday January 21st at 9:30am. Morning Prayers (Matins) will continue on all other Sundays at 9:30am as

# One Dog Jog

14 January - Help Save A Life - the One Dog Walk/Jog is back January 14th, 2024. The jog starts at 7:00am, beginning by the road at Safehaven down to the Holiday Inn and back. Pre-register on Cayman Active or email onedogatatimeky@gmail.com. On the day registration is also available from 6pm. This is a child and dog friendly event. All participants get entry into spot draw on the day. Funds go towards \$11,000 monthly vet costs.

# **Ormond Panton Inaugural Lecture**

18 January - Join UCCI on January 18, 2024, at 6 pm, in the Sir Vessel Johnson Hall, UCCI for The Ormond Panton Inaugural Lecture! This inspiring inaugural lecture series celebrates the extraordinary legacy of Mr. Ormond L. Panton (1920-1992), a true icon of the Cayman Islands' political history. Discover Mr. Panton's profound impact on our political landscape and gain valuable insights into his vision for our nation's future.

# **Cayman Islands Orchid** Society - Orchid Sale and **Show**

20 January - The Cayman Islands Orchid Society will be holding an orchid sale and show on Saturday 20 January 2024 from 9am to 5pm at the Agriculture Grounds on Agricola Drive in Lower Valley. On sale will be fantastic orchids and accessories. Classes will be held on the care of your orchids and the Society members will be on site to assist and answer your questions about the growing of these beauties.

**Garden Club of Grand Cayman - Family Fun Day** 21 January - The Garden Club of Grand Cayman is hosting its annual Family Fun Day on Sunday



▶ Stride Against Cancer

21 January from 10am to 3pm at the Queen Elizabeth 11 Botanic Park. Discover nature's wonders, enjoy family activities, and create lasting memories. For more information, call 947 - 9462.

# **National Gallery - Family Fun Day**

27 January - The National Gallery is hosting a Family Fun Day on 27 January from 10am to 1pm. This is a free event and everyone can enjoy in - gallery activity sheets, guided studio workshops and pop - up outdoor activities.

## **Cayman Islands Cancer Society - Stride Against** Cancer 2024

28 January - The Cayman Islands Cancer Society's annual Stride Against Cancer is back for 2024 and is happening in both George Town and North Side. It is a family event with people coming together united in the common goal of striding against cancer. In George Town, the

event starts and finishes at Public Beach on West Bay Road, with the option of walking or running for 5k or 10k and for the running enthusiasts there is a Half-Marathon. In North Side, the event begins and ends at Kaibo. Register at RaceCaribbean.ky. The cost is \$10 for kids under 12 and \$25 for adults and includes a commemorative t-shirt with registration until supplies last. There will be music and prizes at the finish line, with lots of refreshments and food for everyone! For more information call 949-7618 or email info@cics.ky

**Send your community** events to wendy@ caymaniantimes.ky

# **Dinner in 5 Minutes**

Most of us want to eat healthy - we really do – but a single detrimental factor gets in our way...we simply don't have the time.

I get it, we all lead busy lives that leave very little extra time for healthy meal prep, but the alternative of fast food meals, frozen dinners and restaurant fare is making us lose in the battle of the bulge.

All too often I see people exercise hard everyday, and then flush their results away with irresponsible eating. Don't let this be you!

To get you on the fast track to quick, healthy eating here are 5 healthy meals that take only 5 minutes to prepare:

Fast Meal #1: Traditional pancakes are filled with carbs, grains and a plethora of simple sugars - not something you'd consider healthy. In fact, eat pancakes regularly and you'll find your fitness results quickly disappear. However, this simple, wholesome, 3-ingredient pancake recipe is the exception. It's a pancake that you're able to enjoy without guilt.

# 3-Ingredient Pancakes

Here's what you need:

- 3 ripe bananas
- 2 eggs
- 3 Tablespoons almond butter
- ½ teaspoon vanilla extract or ground cinnamon \*optional

1. Mash the bananas in a bowl (or blend in a food processor). Add the eggs, almond butter and flavor additions. Mix until smooth.

- 2. Preheat a griddle or skillet. Lightly grease with coconut oil. Pour the batter in ¼ cup scoops.
- 3. Once you see bubbles form, flip and cook the other side until golden.
- 4. Serve with fresh fruit.

Fast Meal #2: Tuna is a wonderful fish that's packed with muscle-building protein. However, most tuna salad recipes drowned out the benefits with a boatload of calorie-packed mayonnaise. Here's a refreshing tuna salad recipe that, in addition to being quick to prepare, avoids the trap of high-calorie dressing.

# **Quick Tuna Salad**

Here's what you need:

- 1 green apple, chopped
- 2 green onions, tops only, chopped
- 1/4 cup fresh parsley, chopped
- 2 cans albacore tuna, in drained • 1 Tablespoon dijon mustard
- ¼ cup coconut oil, melted
- ¼ cup red grapes, halved
- sea salt and pepper to taste
- 1. Mix all of the ingredients in a large bowl and serve immediately. I like to serve this salad in large butter lettuce leaves, or scooped onto avocado halves.

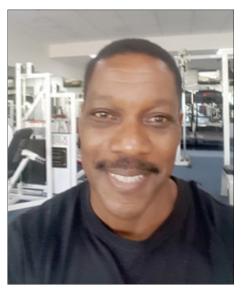
Fast Meal #3: Yogurt has often been advertised as a healthy, guilt-free snack or meal replacement. This always bothers me because I know just how many simple carbs and sugars most flavored yogurts contain. Many people are deceived into thinking that the creamy, fruit flavored snack will help them lose fat, while it does just the opposite. Here's a recipe for a creamy, fruit flavored snack that is actually packed with protein and free of fatten-

# **Creamy Protein Mousse**

Here's what you need:

- 1 cup chopped fruit
- 1 (13.5oz) can coconut milk, full fat (chilled in the fridge overnight)
- 1 teaspoon vanilla extract
- 2 frozen bananas, peeled
- 1 Tablespoon coconut oil
- ¼ teaspoon almond extract
- ½ cup stevia-sweetened vanilla protein powder
- 1. Chill the can of coconut milk in the fridge overnight. Do NOT shake the can up at all! Carefully turn the can over and open from the bottom. Drain out the liquid and scoop the white cream into a food processor. Discard the liquid.
- 2. Throw all of the ingredients into a food processor. Blend on high until creamy. Enjoy chilled.

Fast Meal #4: Breakfast is the most important meal of the day, and not only because it's the meal that breaks your overnight fast. What you decide to eat



► Ernest Ebanks

for breakfast sets the tone for the rest of your food decisions for the day. A donut or breakfast sandwich grabbed from a drive thru will set you up to eat junk for the rest of the day. On the other hand, a wholesome, nutritious breakfast will get you geared up to eat good-for-you foods all day long. This quick breakfast recipe is packed with amazing, natural flavor as well as protein-filled eggs to power your

# **Zucchini Egg Scramble**

Here's what you need:

• 1 teaspoon olive oil

SEE DINNER IN 5 MINUTES, Page 11

# Amplify Your Brand in 2024: Unleash Google Visibility and Brand Magic

### By Qamar Zaman, Technology Reporter, Caymanian Times

Welcome to a new year brimming with endless possibilities for your brand! In today's digital landscape, standing out isn't just about being loud, it's about crafting unique experiences that resonate with your audience. Forget generic marketing tactics, let's unlock your brand's true potential with these ten potent strategies:

### 1. Dive into Local Lore:

Tap into the rich tapestry of your local history, myths, and legends. Think beyond tourist cliches and weave these narratives into your brand identity. Imagine a clothing line inspired by ancient folklore, or a bakery crafting treats named after mythical creatures. Authenticity and cultural connection are key!

### 2. Champion Sustainability:

Consumers are increasingly eco-conscious. Showcase your commitment to responsible practices like using recycled materials, supporting local farmers, or adopting energy-efficient solutions. Highlight green initiatives, partner with conservation organizations, and make sustainability a core value your audience can rally behind.

# 3. Go Beyond Products, Create Experiences:

Turn your brand into a playground of discovery. Offer workshops, classes, or events that allow customers to engage with your offerings in a deeper way. Think cooking classes in your restaurant, DIY craft workshops in your store, or even educational tours led by your passionate team.

# 4. Partner with Local Heroes:

Find authentic influencers who embody your brand spirit and resonate with your target audience. Collaborate with artists, artisans, or community leaders to create unique products, host engaging events, or spread your message organically. Remember, trust and authenticity are priceless commodities.

# 5. Cater to Individuality:

Offer customization and personalization options that make your customers feel special. Think bespoke jewelry pieces, personalized tours with tailored itineraries, or even custom-designed products based on individual preferences. Make your brand a platform for self-expression and create lasting connections.

# 6. Celebrate Local Flavor:

Embrace the vibrant festivals and events that define your community. Create themed campaigns, special offers, or limited-edition products that tap into the festive spirit. Think Oktoberfest-inspired brews in your pub, back-to-school themed stationery in your store, or even street art murals celebrating local holidays.

# 7. Share Your Knowledge:

Become a valuable resource for your audience! Host workshops, classes, or seminars related to your expertise. Think yoga classes in your sportswear store, writing workshops in your bookstore, or even financial planning sem-



▶ Qamar Zaman

inars in your bank. Building trust and authority leads to brand loyalty.

### 8. Give Back to Your Community:

Show your genuine commitment to your surroundings by actively supporting local causes. Volunteer your time, donate to charities, or sponsor community events. Being a good neighbor fosters goodwill and strengthens your brand's positive image.

# 9. Embrace the Digital Frontier:

Utilize cutting-edge technologies like AR and VR to create immersive experiences that transport your custom-

ers. Imagine offering virtual tours of your facilities, showcasing products in 3D, or even hosting interactive games that bring your brand to life. Push the boundaries and create unforgettable moments.

# 10. Tell Your Story:

Go beyond product features and technical specifications. Craft compelling narratives that connect with your audience on an emotional level. Share your brand's origin story, highlight your values, and showcase the passion behind your work. Stories build bridges and make your brand relatable.

Remember, amplifying your brand is a continuous journey. Experiment, measure your results, and adapt your strategies. With dedication and these powerful tools, you'll unlock your brand's true potential and shine brighter than ever in 2024 and beyond!

Let's turn heads and make your brand the talk of the town! Share your unique amplification strategies in the comments below and inspire others.

Unleash your brand magic, the world is waiting!

Qamar Zaman Tech News Report – Your partner in Caymanian brand evolution can be connected at Instagram @qamarzamanofficial - Sign up for a FREE masterclass in Personal Branding











▶ Anna and Joseph from Nova Scotia and Washington State

# Great news for cruise as numbers for 2023 exceed 1 million



▶ Dana and Delany from Philadelphia



► Sam and Jane from the UK



CONTINUED FROM **Page 1** 

On Christmas Eve there were five ships - with over 11,000 passengers in total, and Christmas Day saw 3 ships a-sailing in. Boxing day was back to five ships, including ships from Celebrity and Reflection. December 29 was particularly busy in George Town, with a total of four ships (two in George town and two at Spotts because of the rough seas) representing over eight thousand passengers all together. On New Year's day there were just two ships, but things picked up again on the second day of 2024, with four ships and more than 11,000 passengers.

"We love the food here, and the people are so friendly, said Eryn and Michael and Nadine from North Carolina, who were enjoying a nice bit of sun and Christmas Breeze on George Town Waterfront. "We went to Key West. It was good but Cayman is different. - the food, the people, and the culture. "We find the people very friendly. she saidl Eryn Michael and Nadine "we're exploring a little bit by foot. so we don't have a destination. we thought about going over there and getting a taxi and just

# Great news for cruise

CONTINUED FROM Page 10

riding somewhere."

Anna and Joseph from Nova Scotia and Washington State were planning to spend some money in one of the Jewely stores, which was having a big sale with 70% off on gold and tanzanite jewelry. "We went on a tour of the Botanical gardens and liked it very much we saw all the wonderful vegetation and healthy plants for medicinal purposes. "We also went to Pedro St James Castle we sat up there on the balcony and looked at the ocean. there's a lot of history at st james castle and we saw the interactive display. This cruise ship started off from Ft Lauderdale then we went into Key West for the day on Christmas Day. We had a nice day at sea the next day and then today we a spending a beautiful day here in the Caymans and then we are going back to fort lauderdale tomorrow."

looking at the jewelry, Dana and Delany were really enjoying their day on Grand Cayman. "We went to Seven Mile Beach. I liked it - the water there is very beautiful and I loved the color of the sea and the people here are very nice and friendly. i saw lots of seashells. I didn't go in the water but just gazed at the water - and the scenery is very beautiful. I come from Philadelphia and it is very cold there now so it is very nice to come here and enjoy some summer weather in December."

in one of the stores of the Flagship building staff agreed that things had been nice and busy since November.

There had been plenty of cruise tourists but the only trouble was, they were not spending as much money as they used to. They put it down to the hard economic times and the rise in the cost of living since the war in Ukraine and other global economic effects.

Sam and Jane from the UK were loving their visit, too: "We took a trip on the bus, and a little walk round the town. We're really enjoying it - its beautiful" he said. We went to Seven Mile beach - lovely and beautiful. We saw the Rum Factory where they make the rum - Cayman Spirits Company - we thought it was very interesting and beautiful. And we also went to Hell and we liked that too." they said.



► Shoppers outside Diamond Marquis



▶ Happy cruise passengers returning to the Celebrity Equinox



▶ Cruise ship on the horizon at Prospect Point on 29 December

# Dinner in 5 Minutes

CONTINUED FROM Page 8

- 1 zucchini, thinly sliced
- 2 Tablespoons green onion, chopped
- 2 Tablespoons chives, chopped
- 1 teaspoon fresh rosemary, minced
- 2 organic eggs
- 1. In a small skillet place the olive oil over medium heat. Add the zucchini, green onion, chives and rosemary. Cook until the zucchini is lightly browned on both sides.
- 2. Crack the eggs into the skillet and

continue to cook, mixing, until the eggs are set. Remove from heat and enjoy immediately.

Fast Meal #5: I've saved the best for last, in this list of 5 Fast Meals. There was a time when most people would turn their nose up at the idea of a salad being a meal, but times are changing, and we are now more aware tever how traditional meals are too heavy and lead to obesity. I'd like you to consider a 'Everything Salad' to be the perfect, quick and guilt-free meal. Sure, there are plenty of ways to take a salad and make it fattening, but that's not what we want to do. By taking a big bowl of fresh greens and topping it with

lean protein, colorful veggies and a light, homemade dressing – you've got yourself the perfect meal!

# **Everything Salad**

Here's what you need:

- Dark leafy greens (spinach, arugula, kale)
- Lean protein (chicken, turkey, lamb, hard boiled egg)
- Colorful veggies, chopped (bell peppers, tomatoes, zucchini)
- Fresh Herbs (basil, rosemary, oregano, mint)
- Homemade dressing (see recipe below)

1. Raid your fridge for fresh, organic produce and lean, cooked protein. Add in some fresh veggies and chopped herbs and mix together with a simple, homemade dressing. There you have it, the perfect meal!

While eating healthy, nutritious meals is awesome, don't forget that exercise is half of the battle when it comes to getting and staying fit. Call Ernest at Body Shapers Personal Training Fitness Studio 325-8696 or email me today bodyshaperscayman@gmail.com and we will get you started on the exercise program that will reshape your body once and for all!



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# Cayman Islands Sailing Club Champions Success at Annual Jammin Regatta in Montego Bay

The Cayman Islands Sailing Club (CISC) proudly announces their remarkable triumph at the annual Jammin Regatta held in the picturesque waters of Montego Bay, Jamaica, from December 1st to 3rd, 2023. Despite facing logistical challenges due to unforeseen circumstances, two teams from the CISC J22 class showcased outstanding skill and resilience in a competitive field comprising teams from Canada, the USA, and Jamaica.

The regatta encountered an unexpected turn when the arrival of the team's own boats was delayed owing to the Seaboard ship breakdown. Consequently, through a random draw, the teams found themselves sailing with club boats. Undeterred by this setback, the CISC teams swiftly adapted, rigging their own equipment, and ensuring necessary adjustments were made to partake in the competition.

Team Yahoo, captained by the experienced skipper Bruce Johnson, a three-time Jammin Regatta victor, demonstrated their expertise by securing a commendable placement within the top five. Meanwhile, Team Adjusted, under the leadership of skipper Mike Farrington, along with crew members, Karin McGrath and Joe Palone, emerged as the champions for the second consecutive year, showcasing unparalleled consistency and skill despite the unforeseen challenges.



▶ Competitors from 4 countries competed for the Jammin 2023 J22 title.

The regatta witnessed thrilling sailing conditions characterized by shifting winds, elevating the excitement for both participants and spectators. Over the course of the event, a total of nine races were completed, allowing for one discard.

Reflecting on their success, Mike Farrington, skipper of Team Adjusted, expressed, "We always relish the well-executed Jammin Regatta. While racing can be unpredictable, our strategic maneuvers played a pivotal role in our success. We eagerly anticipate next year's event and aim to bring more sailors from the J22 fleet for a competitive showing in 2024."

Deidre Redfern, the Communications Officer at CISC, remarked, "The dedication and adaptability showcased by our teams at the Jammin Regatta truly exemplify the spirit of sailing and the strength of our community. We are immensely proud of their achievements despite the logistical hurdles faced."

For further inquiries and information, about Cayman Island Sailing Club and getting involved, please contact Denise Couch ay dcouch@sailing.ky





▶ Chiefs quarterback Patrick Mahomes remains upbeat

# Kansas must raise form

The Kansas City Chiefs are the reigning Super Bowl champs but after a promising start to the NFL they had such an underwhelming December that hopes of retaining their title are far from certain.

At least the Chiefs' 25-17 win over the Cincinnati Bengals on Sunday helped soothed nerves. In doing so they eliminated the Bengals from playoff contention and confirmed the Chiefs as AFC West champions for the eighth consecutive season.

Patrick Mahomes and company are the class of the division -- and even in a season where they haven't been at their best, the Chiefs will still enter the playoffs guaranteed at least one home game after seeing off challenges from Denver Broncos, Los Angeles Chargers, and Las Vegas Raiders.

The pressure was on the Super Bowl champions after their Christmas Day defeat by the Raiders, but Mahomes' return of 21 passes for 245 yards and

a touchdown helped them overcome a difficult test in Cincinnati and bounce back in style.

Mahomes has now won the AFC West title in every one of his NFL season with the Chiefs, who uncharacteristically slumped to three defeats out of five in December.

Their star quarterback also drew widespread criticism for his furious reaction to a late offside call in their loss to the Buffalo Bills on December 10. Mahomes said: "It's cool to win the AFC West, but obviously, [we've been] dealing with some adverse situations over these last few weeks.

"For guys to respond against a good football team — and find a way to win even when the game wasn't going our way at the beginning of it? It was special."

Repeat division titles were once an unusual occurrence for the Chiefs, who had never won back-to-back championships in their first 56 seasons. But not anymore.

Mahomes acknowledged this division title feels different. This season's Chiefs took a different path to their 10-6 record and the top of the AFC West. They are no longer the consistently high-scoring team they had been for much of Mahomes' time as their starting quarterback.

"To come out on top, it feels good," Mahomes said. "We're excited about catching some traction going into the postseason. We have everything that we need right here in Kansas City to achieve all of our goals and that's to end up in Las Vegas in February."



► Kansas City had a wobbly December

# Windies draft in seven Novices for Australia

West Indies are on tour in Australia with a squad of vastly mixed experience.

Kraigg Brathwaite leads a squad featuring seven uncapped players in the 15-man squad for a two-Test series with key players opting out with an eye on the home T20 World Cup.

West Indies must cope without experienced fast bowler Jayden Seales, out with a shoulder injury while all-rounders Jason Holder and Kyle Mayers have opted out of the tour to prioritise T20 cricket.

Holder, a former West Indies captain, and Mayers, who struck an unbeaten fourth-innings double-hundred on his Test debut against Bangladesh three years ago, both turned down Cricket West Indies central contracts this year.

Holder will play in the UAE's ILT20 competition and Mayers is part of the Durban squad in the SA20 competition while the NRMA Insurance Test series is underway.

Holder, who said his priority was to play in next year's T20 World Cup in the US and Caribbean, Mayers, Shai Hope and Nicholas Pooran are among the names expected to feature in the Windies white-ball squads in the three ODIs and three T20s against Australia following the Test series.

"The squad has been affected by the unavailability of some key players. However, we have had a very strong red-ball program being run over the past year, which has unearthed significant talent throughout the region," said West Indies lead selector Desmond Haynes, the legendary opening batter.

The uncapped players are batter Zachary Mc-Caskie, wicketkeeper Tevin Imlach, all-rounders Justin Greaves, Kavem Hodge and Kevin Sinclair, and fast bowlers Akeem Jordan and Shamar Joseph.



► Kraigg Brathwaite leads a depleted West Indies side in Australia

The Windies squad's most experienced Test players are captain Kraigg Brathwaite (87), veteran fast bowler Kemar Roach (77), newly-appointed vice-captain Alzarri Joseph (30) and gloveman Joshua DaSilva (22).

The next most experienced player is opening batter Tagenarine Chanderpaul, the 27-year-old Guyanese son of Windies legend Shivnarine Chanderpaul who made his Test debut on the Windies last tour Down Under in 2022 and has played eight Tests.

Tour match: January 10-12, Karen Rolton Oval First Test: January 17-21, Adelaide Oval Second Test: January 25-29, Gabba

West Indies Test squad: Kraigg Brathwaite (c), Alzarri Joseph (vc), Tagenarine Chanderpaul, Kirk McKenzie, Alick Athanaze, Kavem Hodge, Justin Greaves, Joshua DaSilva, Akeem Jordan, Gudakesh Motie, Kemar Roach, Kevin Sinclair, Tevin Imlach, Shamar Joseph, Zachary McCaskie

# Liverpool target Mbappe as year starts top of table



► Kylian Mbappe may feature at Anfield next season

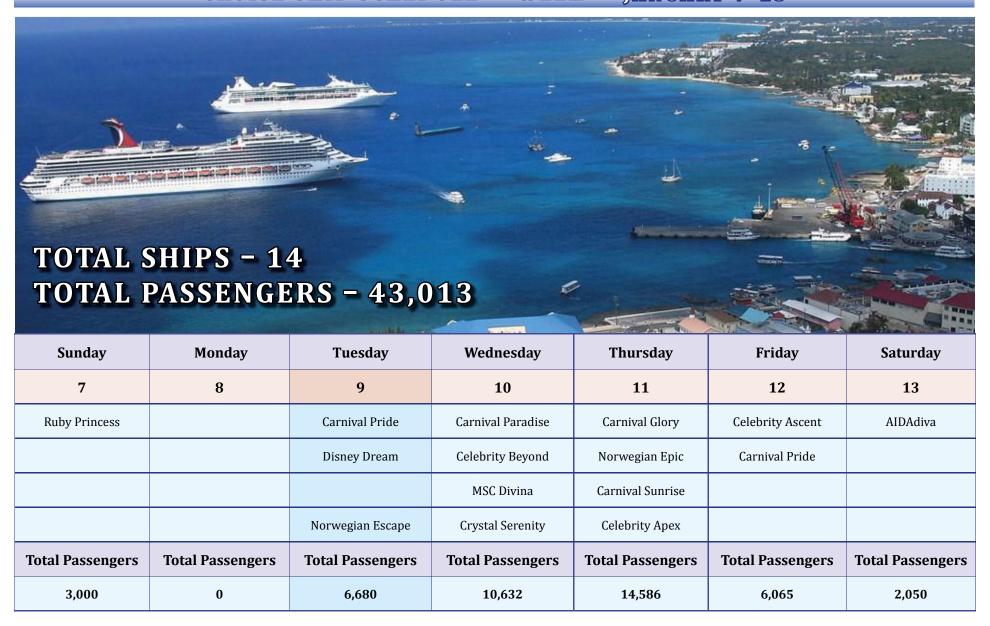
Liverpool made a good start to 2024 with a chaotic and entertaining win over Newcastle and attention now turns to Arsenal and the January transfer window with France superstar Kylian Mbappe in their sights.

The 4-2 win over Newcastle means Jurgen Klopp's side are still top of the Premier League before an FA Cup third-round tie against Arsenal on Sunday. Liverpool waved goodbye to Mohamed Salah and Wataru Endo, off for international duty at the Africa Cup of Nations and Asian Cup.

The New Year started with eye-catching reports from France, claiming Liverpool were a 'credible' option for Mbappe in the summer. Mbappe's contract with Paris Saint-Germain ends in June and his future remains unresolved, with the superstar forward now allowed to speak to foreign clubs about a summer move.

Mbappe has flirted with Real Madrid for years, but Liverpool may gazump them this summer. It is an alluring prospect and does stand up to some scrutiny, if Salah heads to the Saudi Pro League.

# CRUISE SHIP SCHEDULE - WEEK - JANUARY 7-13



# PwC, CCSA drive greater climate resilience in Caribbean region with plan to create world's first Climate-Smart Zone

PwC Trinidad and Tobago is collaborating with the Caribbean Climate Smart Accelerator (CCSA) on a groundbreaking tool and roadmap to help drive greater climate resilience in the region.

As a pivotal step towards creating the Climate Smart Zone, the CCSA unveiled the Climate Smart Map at COP28 in Dubai. An interactive platform, which includes climate action data from over 26 countries, the Map is designed to empower action and decision-making for resilience and sustainability across the Caribbean region, including key milestones with costs, implications and timelines.

The Climate Smart Zone will help align key stakeholders behind climate targets and provide specific climate action guidance for philanthropists, investors, and other partners, while actively supporting private sector action aligned with government initiatives.

# Zia Paton, Partner and Consulting Leader, PwC Trinidad and Tobago, said: "While the region is not a significant net contributor to global anthropogenic carbon emissions - less than 1% - the impact of climate change is disproportionately severe with costs from adverse weather events for the region accounting for close

to 40% of total global damages.

"For some Caribbean countries, losses exceed the size of their economy and range up to 225% of GDP for just one event, according to the IMF. The roadmap being



Anthony Bridgewater, Senior Associate, Trinidad and Tobago; Zia Paton, PwC Trinidad and Tobago Partner and Consulting Leader; Racquel Moses, United Nations Framework Convention on Climate Change (UNFCCC) Global Ambassador and CEO of CCSA; and Dillon Ramsook, Manager, PwC Trinidad and Tobago.

developed provides a path to tangible solutions desperately needed for driving greater climate resilience for the region."

The PwC team working with CCSA includes a combination of PwC regional and global specialists, and a team from PwC India, providing a strong blend of local input with global best-in-class guidance on climate smart actions.

Racquel Moses, United Nations Framework Convention on Climate Change

**(UNFCCC) Global Ambassador and CEO of CCSA,** said: "The launch of the Climate Smart Map propelled us toward the realisation of our vision for the Caribbean as the world's first Climate-Smart Zone.

"This unprecedented project initiated by the CCSA focuses on comprehensive climate data collection, to align goals and identify strategic investment opportunities across the region, for the benefit of the region. CCSA is working with trusted advisors, PwC Trinidad and Tobago, to co-develop this comprehensive roadmap for the Caribbean supported by meticulous data assimilation and compilation, to ensure recommendations are firmly grounded in a thorough understanding of the region's climate dynamics and investment opportunities."

# CCSA's approach toward defining the Climate Smart Zone involves:

- Climate Smart Zone measurement: collecting data and insights towards setting realistic and achievable goals to measure progress toward a Climate-Smart Zone;
- *Baseline analysis:* reviewing the current climate actions in the region and identifying gaps and opportunities;
- *Targets and milestones:* formulating a data-driven roadmap with precise targets and milestones;
- *Costs:* exploring costs associated with actions and inactions, presenting strategic investment plans for impactful and inclusive outcomes for the 26 countries in the Caribbean region; and
- *Stakeholder actions:* outlining specific opportunities and actions for non-state actors, private sectors, and governments.

# Importance of collaboration

Over the course of the project CCSA and PwC embarked on extensive stakeholder engagement across the public and private sectors in the region with further engagement expected as the roadmap is developed.

# JA economy is booming

Jamaica's economy is exceptionally strong having grown by 2.1 per cent in the third quarter of last year when compared to the same quarter in 2022.

According to the Statistical Institute of Jamaica, Statin, this was as a result of 2.1 percentage growth in the services and goods producing industries.

Statin said growth was recorded for Transport, Storage and Communication at 6 per cent, Hotels and Restaurants 6.7 per cent, Finance and Insurance Services at 1.5 per cent, Electricity and Water Supply at 6.7 per cent, Real Estate, Renting and Business Activities at 0.9 per cent, wholesale & Retail Trade; Repairs: Installation of Machinery & Equipment at 0.3 per cent and other services at 4.5 per cent.

Growth in the Goods Producing Industries was influenced by higher output levels in Mining and Quarrying at 103.1 per cent, Manufacturing at 2.1 per cent and Construction at 0.7 per cent.

However, the Agriculture, Forestry and Fishing Industry continued to be impacted by dry conditions resulting in a 9.3 per cent decline in its value added.

Along with its unique visitor and tourist attractions, Jamaica stands among the "ideal locations" to operate businesses, said Alando Terrelonge, Minister of State in the Ministry of Foreign Affairs and Foreign Trade, recently.

Terrelonge said in promoting Jamaica as a place for leisure, they should also seek to highlight the many economic strides that the country has made.

"Jamaica is also one of the most ideal locations for trade, investment and commerce. Our investment market has been booming over the last seven years, and we have one of the best stock exchanges in the world," he said.

"We can use our own resources to build out the space. It also means providing greater opportunities for our young persons. Our real estate market continues to grow, so we want you to see Jamaica also as a destination for trade and investment," he added.

While highlighting the low unemployment rate that the country now enjoys, Terrelonge said a "a lot of entrepreneurs are looking to Jamaica for real estate, Airbnb, as well as using the stock market"

Citing the creative industries as areas of growth and innovation too, Terrelonge said there are scores of millennials in the diaspora who have "amazing skillsets" in animation, and they are encouraged to do business in their home country.

Jamaica has been previously criticised by the World Bank in 2019 for having too many rules and practices that make it difficult for that country to trade internationally. That has changed considerably recently.



▶ Jamaica's mining industry is flourishing



▶ Tourists enjoy buying souvenirs in Jamaican markets

# Trinidad's Panday, 90, dies from heart issues



▶ Basdeo Panday was an iconic Trinidad politician

Basdeo Panday, a former prime minister of Trinidad and Tobago who was the first person of Indian descent to hold that position, has died, aged 90.

Panday died on Monday surrounded by his family, according to a statement that his daughter, Mickela Panday, posted on social media.

"He passed with his boots on, keeping everybody around him on their toes with his wit and humour," she wrote.

Panday served twice as prime minister from 1995 to 2001 following key elections that marked a turning point for the Indo-Trinidadians who lived on the twin-island nation, whose population is currently 35 per cent East Indian and 34 per cent of African descent.

Panday was a lawyer, economist and union leader who also co-founded three political parties, including United National

Congress. He temporarily stepped down as opposition leader of that party after being convicted in 2006 of failing to disclose a bank account in London.

In 2005, Panday and others were charged with corruption and arrested in a case related to an airport construction contract. The charges were later dropped, with supporters claiming the allegations were political persecution.

Panday is survived by his wife Oma Panday. He had four daughters: Niala, Mickela, Nicola, and Vastala.

Panday had suffered heart issues, undergoing triple bypass surgery in 1989 and an angioplasty procedure in 1995. A month ago, his family issued a statement regarding that said that, after consultation with his doctors in Trinidad and Tobago, Panday travelled to the US to investigate medical concerns about his heart issues.

# St Lucia loves its enduring romance with weddings



► Saint Lucia's wedding scene is vibrant

Saint Lucia has again secured its position as the World's Leading Honeymoon Destination. The island won the prestigious award for the 15th time at the World Travel Awards ceremony held in Dubai, UAE, last month

Saint Lucia's victory in the Honeymoon Destination category seals its status as a leading choice for couples seeking a romantic and idyllic escape. The island provides an unparalleled experience for honeymooners, offering the perfect blend of luxury, natural beauty, adventure, and authentic Caribbean hospitality.

The World Travel Awards is a global in-

itiative that recognises and rewards excellence in the travel and tourism industry.

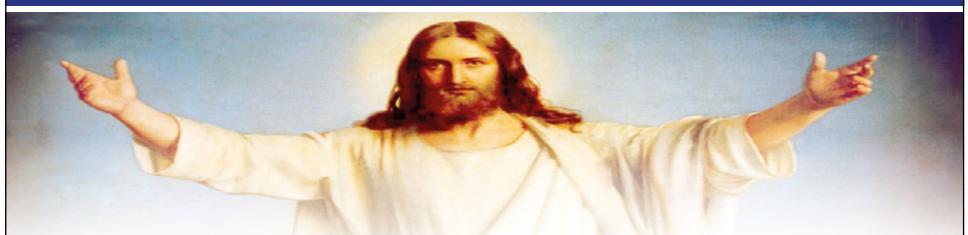
Saint Lucia Prime Minister Philip J. Pierre said: "I am honored to accept this award on behalf of the people of Saint Lucia. Our island is not just a destination; it is a haven of love, tranquility, and natural splendor. This achievement reflects the dedication of our tourism industry and the warmth of our people who contribute to making Saint Lucia a world-class honeymoon destination."

From pristine beaches and lush rainforests to luxurious resorts and vibrant local culture, Saint Lucia's reputation as a romantic destination is world renowned.

# WEEKLY WEATHER FORECAST

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
-	-	-	-	-	-	
<b>82°</b> /79°	<b>83</b> °/ 79°	<b>83</b> °/ 79°	<b>83</b> °/ 79°	<b>82</b> °/ 78°	<b>81°</b> /77°	<b>79</b> °/ <sub>75°</sub>
Partly sunny, breezy and pleasant	Windy with sunshine and patchy clouds; pleasant in the afternoon	Beautiful with times of sun and clouds	Mostly sunny and windy	Mostly sunny, windy and humid	Humid with sunshine and patchy clouds	Intervals of clouds and sunshine with a stray shower





## **SAVED FROM THE STORM- MATTHEW 7: 21-27**

On August 29, 2005, Katrina, a monster Category 5 Hurricane, roared in from the Gilf of Mexico, and devastated Louisianna and Mississippi. Loss of life was placed at 1, 836 and property damage over \$160 billion dollars. Houses were swept away, leaving in some cases only

roofs being in tact. Building s along the beach were in utter ruins because tons of sands under their foundation had been washed away by the storm surge. Katrina ripped through with catastrophic damages.

Jesus spoke of a storm, the ultimate storm, that will come our way one day. THE RIGHTEOUS JUDGEMENT

OF GOD. This would be the unsurvivable storm in one's life that is not founded nor grounded in Jesus Christ.

Hear me well. Christ is the Solid Rock. He is the only who on whom our lives must be built. Make 2024- THE YEAR OF JESUS CHRIST.

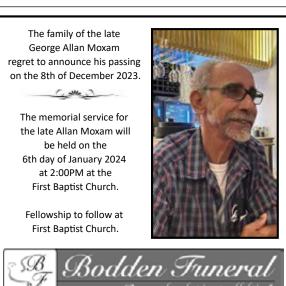
# **DEATH ANNOUNCEMENTS**













Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Con	cept	s S	Udok	(U		F	By Dave	e Green
7			1	3				
					9	3	6	
							5	
8				2			4	
3			9		4			1
	4			6				2
	6							
	2	9	8					
				4	2			3

# Answer to previous puzzle

9	6	7	3	5	4	2	1	8
3	2	4	1	8	6	7	5	9
8	1	5	9	2	7	3	4	6
5	8	1	7	6	2	9	3	4
4	7	9	8	3	5	6	2	1
6	3	2	4	1	9	8	7	5
2	5	3	6	4	8	1	9	7
7	4	8	2	9	1	5	6	3
1	9	6	5	7	3	4	8	2
Difficulty Level ★★★ 7/05								

Mick

Mike

Miles

Milton

Monty

Mordecai

Morgan

Morris

Moshe

Murray

Find the listed words in the diagram. They

run in all directions - forward, back, up

down and diagonally

Magnus

Malcolm

Manuel

Marcus

Marius

Marshall

Matthew

Maurice

Michael

Martin

Mark

Difficulty Level ★★★★

7/06

MEON

Word Search

G C

RRA

MTMGNWDMHYEUM

# CROSSWORD By THOMAS JOSEPH

**ACROSS** 41 Handy-1 Fake man's collection 5 Presentation staple 42 Warring **10** Fork god

features

**DOWN 12** Jimmy, 1 Arose e.g.

**13** Speculate 2 Rap's kin 14 Wear 3 Menagerie member away

**15** Resis-**5** Singer tance unit

16 In the past 18 Take the

prize 19 Within

one's powers 21 Rock

group

22 Unequivocal words 24 Lecturer's

aid 25 Airline offering

29 Spring shape 30 Hosted

**32** Ignored a diet

33 Ring great

34 Supporter's vote

35 Airport aid

37 Hawk's grasper

39 Top floor

**40** Turn outward

#### SIAWED |A|T| IR Α |G|A|V|E GOLAN MELON HIIS Е O R 0 TRAC Ε O|R|IOILER BUGLE REEDS |E|T|H|E|R

Yesterday's answer

17 Refined 28 Pal of 20 Insipid

21 Elementary

**7** Promise 23 House

8 Debt 25 Fries medium

9 Polister's find 11 Marine

4 Fellows

Laine

6 That lass

mammal

Pooh

29 Rock unit 31 Body shop challenges

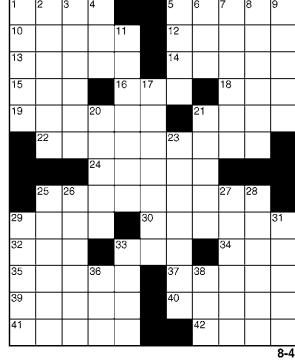
33 Curving muncher paths

36 Suffer source

38 Gardner **26** Deceived 27 Casino of "Mo-

worker gambo"

THOMAS CROSSWORD BOOKS 1-8! Send S4.75 (check/ m.o.) for each book to 628 Virginia Dr., Orlando, FL 32803



# Have fun with CAYMANIAN **TIMES**

YUKB

# THE AMAZING SPIDER MAN By Stan Lee





#### **CURTIS** By Ray Billingsley















# CaymanianTimesClassifieds



Heritage Holdings Ltd. | Heritage HR Ltd. | SureBuilt Construction Ltd.

#### **Senior Architectural Technologist**

The Senior Technologist will prepare detailed drawings of architectural designs and plans for buildings and structures according to specifications provided by the Design Team and Development Team.

#### **RESPONSIBILITIES**

- Analyse building codes, by-laws, space and site requirements, and other technical documents and reports to determine their effect on architectural designs.
- Prepare detailed architectural drawings for residential and commercial construction projects.
- Must be able to design and implement design from the conceptual design stage through the design development and construction documentation.
- Obtain and assemble data to complete architectural designs, visiting job sites to complete measurements as necessary.
- Knowledge of Planning submittal Process and OPS.
- Assisting with Feasibility studies for Potential Real Estate developments.
- Perform Site inspection to ensure projects are being constructed as per the approved plans and specifications.
- Assist Development Manager / Architect in developing project documents for design bids and construction proposals.
- Coordinate with Structural, and MEP Consultants to determine a method of presentation to graphically represent building plans.
- Assist Development Team with cost estimates, project timeline and specific reports for the Directors.
- Responsible for managing Project document controls and Files.
- Assist Project Manager with Design and Construction administration tasks.

### **REQUIREMENTS**

- 7 + years of Architectural drafting Experience.
- Bachelor's degree in architectural studies.
- Attention to detail, prioritisation, and ability to work well under pressure.
- Able to work with own initiative.
- Required: AutoCAD and Revit Architecture experience; Sketchup would be a plus.
- Proficient with Microsoft Office, Google Workspace, and Asana.

Salary range: KYD66k to KYD79k per annum based on qualifications and experience, plus an attractive bonus scheme and employee benefits. Only suitably qualified applicants will be contacted for an interview. Closing date for applications is **21 January 2024**. Apply by emailing <a href="https://hr/https://hr/https://hr/https://hr/https://hr/https://hr/https://hr/https://hr/https://



# **Senior Sales Associate**

Caymanian Times. is seeking a highly motivated sales professional who will develop, work and maintain sales targets and schedule and up sell on quality goods.

# **Mandatory Requirements:**

- The successful candidate must have a minimum of 3 years working in sales and service experience in selling Media and Newspaper Advertisements.
- Must be computer literate and advanced in the use of MS Excel.
- Must have excellent administrative and communication skills.
- Must speak, read, write, and comprehend English fluently.
- Must have the ability to drive.
- A current police record must be submitted.

# **Duties for the role are:**

- Develop, work and maintain Sales Targets.
- Develop and implement in-house and product knowledge training for staff
- Create weekly & monthly sales and customer reports.
- Be able to learn and sell variety of products.

A strong work ethic and a positive attitude will be required.

# Salary Range: CI\$2,500 - CI\$3,500.

An attractive compensation and benefits package (including medical insurance, vacation, pension and a 10% commission) is being offered to the qualified candidate. All applications received will be reviewed and only candidates meeting the mandatory requirements will be contacted for interview.

Applications should forward a detailed resume quoting reference "Senior Sales Associate" to:

The Publisher Caymanian Times

Email: ralph@caymaniantimes.ky



Cayman Electrical Supply Ltd. is an energetic and leading wholesale distributor located in Grand Cayman. Reporting to the General Manager, the Electrical Technician/Sales person will provide high level electrical knowledge to a large and diverse customer base.

Requirements for the position:

- 8+ years electrical counter sales experience;
- Ability to work with and advise the general public and contractor/construction clients;
- Excellent knowledge of electrical material with the ability to complete electrical drawing take off's;
- Strong computer knowledge;
- Excellent telephone/ communication skills;
- Detail-oriented with the ability to multitask and work independently;
- Production of accurate quotations and excellent numeracy is essential;
- Long Term Knowledge of MS Excel, MS Word, Outlook;
- Strong knowledge of Eclipse Operating System is essential;
- Group 3 driver's license;

Applicant must be able to work 7 AM to 5:00 PM Monday to Friday and scheduled Saturdays. Some overtime may be required. We offer excellent benefits, health, pension, vacation. Job offers are contingent upon successful completion of medical exam and driving test.

Salary range \$14-\$20 per hour depending on qualifications and experience.

### Send applications to:

P.O. Box 10419, Grand Cayman, Cayman Islands KY1-1004

Cayman Electrical Supply Ltd – Unit 1 & 2 High and Dry Warehouse, Ebony Lane, Grand Cayman EMAIL: SALES@CES.KY

# Advertisement for Applications to fill OfReg Consumer Council Positions

# The Utility Regulation and Competition Office (OfReg), invites applications for a Chairperson and members of the Consumer Council.

**OFREG** is the independent Utility Regulation and Competition Office established pursuant to the Utility Regulation and Competition Act (2021 Revision) (the URC Act). In accordance with this Act, OfReg is responsible for regulating information and communications technology, electricity, fuels, water, and wastewater services.

**THE CONSUMER COUNCIL** – The purpose of the Consumer Council is to advise the Office on issues of significance to consumers that relate to the services provided by sectoral participants as defined in the URC Act.

**COUNCIL MEMBERS** – The Council comprises a Chair and five other members, each representing the views of consumers across the Cayman Islands.

TERM-Successful applicants will serve a term of one year and are eligible for reappointment.

# **PROFILE OF BOARD MEMBERS** – Applicants, must:

- be at least 18 years old;
- willing to serve their community;
- be able to demonstrate knowledge and experience relevant to at least some of the functions of the office;

It will be considered advantageous for applicants to have:

- previous experience with traditional and digital communications regarding educational and outreach campaigns;
- a history of community service through organized service clubs or institutions.

**PROFILE OF BOARD CHAIRPERSON** – Additionally, the Council Chairperson should have a proven track-record of leadership.

Applications must include a curriculum vitae and cover letter stating why they would like to serve as the Chairperson or member of the Consumer Council, and how they can promote the work of the Council.

Council Members will receive a stipend for their service

 $\label{lem:members} \mbox{Members of Parliament, their political/constituency-related staff, and public officers are not eligible to be appointed to the Council.}$ 

# **Submissions**

BY EMAIL: Daniel.lee@ofreg.ky

**OR BY MAIL:** 'The Selection Committee – Consumer Council', Care of the Manager, Consumer Affairs and Public Education, OfReg, 3rd Floor, Monaco Towers II, 11 Dr. Roy's Drive, George Town.

**DEADLINE:** Applicants are to submit a curriculum vitae and a cover letter no later than Sunday, January 21st, 2024.

Heritage Holdings Ltd. | Heritage HR Ltd. | SureBuilt Construction Ltd.

#### CHIEF FINANCIAL OFFICER

To act as a key advisor and strategic partner to the Board of Directors on finance-related matters. The CFO protects and improves the financial integrity of the company, participates in the development of strategic plans to increase profitability and mitigates financial risk.

GROUP OF COMPANIES

#### Responsibilities include:

#### Financial Operations:

20

- Participate in the various operations and business activities to ensure they produce the desired results and are consistent with the overall financial strategy and mission of the Organisation.
- Provide leadership and guidance for the finance function of the Organisation.
- Ensuring the integrity of financial information and preparation of annual operating and capital budgets including planning and directing the financial aspects of new development projects including cash flow, ROI, and financing needs.
- Managing bank reconciliation process and balance sheet accounts in a timely manner.
- Manage vendor payments ensuring each property is properly billed for their expenditures including proper separation of strata expenses.
- Monitor Accounts receivable and ensure collections are made in line with company objectives with regular reporting to the Board of Directors.
- Calculate and pay monthly Owner Distributions.
- Driving system improvements on the corporate reporting system Rent Manager.

#### Strategy:

- Executing the company's financial strategy.
- Identifying investment opportunities and managing mergers and acquisitions.
- Developing plans for growth to increase company profit while also reducing expenditure.
- Advise on the incorporation of new development companies to align with the funding requirements.

#### Assessment and Reduction of Company Risk:

- Identify, quantify, and advise on financial and operational risks.
- Lead risk reduction initiatives to ensure plans are executed.
- Identify procurement efficiencies to increase profitability.

#### Financial Reporting:

- Produce monthly Reports for each Property with a presentation to the Board of Directors including variance and other analyses with tight dead-
- Preparation of quarterly and annual financial statements for internal and external sources including variance analysis.
- Produce financial statements at project, company, owner, property, and unit levels as required.

### Strategic Business Financial Modelling:

- Provide the Board of Directors with recommendations for business and process improvement through detailed analysis, improved efficiencies, and financial modelling.
- Multidimensional and innovative approach to solving business problems.
- Develop applicable strategies and supervise the action plans to be consistent with the business objectives.
- Analyses factual information using analytical financial methods with quantitative and qualitative reasoning.

# Property Management and Financial Control of Associated Strata:

- Prepare Financial reports, budgets, and presentations for various Stratas.
- Advise on levels of Strata Fees and reserves required to keep Strata in a strong financial position and reduce risk.

# Strategic Project Finance:

- Plan, implement and control the budgeting process for property, development, and strata budgets providing recommendations for improved profitability, efficiency, and comparison to actual.
- Optimising ROI for both Property Development and Rental Portfolio.

# Property Development Adviser:

- Assist with Development and other major decisions through financial analysis.
- In-depth knowledge of contractual and technical aspects of property developments required to manage both the contractual and financial elements.
- Work closely with Quantity Surveyors, Architects, Engineers, and BOD to ensure developments are delivered financially to plan to highlight any risks and opportunities during all construction phases from proposal to completion.

# Bank Funding and Cash Flow:

- Manage relationships with Banks, Funders, and Shareholders with regard to loans and collateral levels.
- Obtain funding for future developments as required for BOD approved property developments.
- Produce Monthly and Annual Cash Flow forecasts ensuring funding is always in place for the ongoing operational and development commitments which include bank and other financing.
- Advising on accounting controls and working capital management.

  Advising the ROD as investored traders.
- Advising the BOD on investment matters.

# Property Sales advising:

- Ensure all property sales are closed in agreement with Sales Contracts, funds cleared, and transactions closed out accurately.
- Advise on potential property sales and provide input.

# Finance Team leadership:

- Manage a team of in-house accountants who are direct reports.
- Ensure outsourced accounting partners perform as required to support business activities.
- Train, mentor, and evaluate staff in relation to their duties for the smooth running and continuous improvement of the finance functions of the Organisation.

# MINIMUM REQUIRED SKILLS FOR SUCCESSFUL APPLICANT:

- Professional Accounting Qualification CA, CPA, CIMA.
- Bachelor's degree and/or 10+ years of accounting experience specifically in the property development or construction industry.
- Financial Modelling Qualification.
- Extensive Experience with Rent Manager and Quickbooks software.
- AML trained.
- Advanced use of Asana and Microsoft Projects, Excel, and Powerpoint.
- Proven experience as CFO or in other higher managerial positions.
- Strong understanding of corporate finance and performance management principles.
  In-depth knowledge of corporate governance and general management best practices.
- Standard concepts and procedures within the Real Estate Development, Property Management, and Construction field.
- Positive, self-motivated, team player with excellent communication and presentation skills.
- Detailed and organised, working proactively with excellent follow-through skills.
   Ability to loarn adapt quickly and work independently.
- Ability to learn, adapt quickly, and work independently.

   Maintain Confidentiality.
- Maintain Confidentiality.

Salary range CI\$100K - CI\$150K per annum based on qualifications and experience, plus an attractive bonus scheme and employee benefits. Only suitably qualified applicants will be contacted for an interview. Closing date for applications is **21 January 2024**. Apply by emailing <a href="mailto:hr@heritageholdings.ky">hr@heritageholdings.ky</a>.

ICOA is in need of a Food and Beverage Server

- Must have at least 3 years experience as a Food and Beverage Server
- Must have a basic knowledge of the POS/Lightspeed system
- Knowledge on cocktails and other specialized drinks is an advantage
   Salary will be CI\$ 4.50 per hour plus tips and gratuity.

Pension and Medical are also provided.

Applicants may email their resume to: <a href="mailto:ICOACAYMAN@OUTLOOK.COM">ICOACAYMAN@OUTLOOK.COM</a>

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Only 48 hours' notice required Call 916-2000



Description	CI\$	Size (inches) W x H
Newspaper Advertisement Full page	750	10 x 13.5
Newspaper Advertisement 2/3 page	650	10 x 8.37 or 6.6 x 13.5
Newspaper Advertisement 1/2 page (horizontal)	450	10 x 6.67
Newspaper Advertisement 1/2 page (Vertical)	450	4.9 x 13.5
Newspaper Advertisement 1/3 page	350	4.9 x 8.37
Newspaper Advertisement 1/4 page	250	4.9 x 6.67
Newspaper Advertisement 1/5 page	150	4.9 x 4.96
Newspaper Advertisement 1/8 page	75	4.9 x 3.25 or 3.22 x 4.96
Newspaper Advertisement 1/16 page (Small)	50	4.9 x 1.55 or 2.38 x 3.25
Newspaper Advertisement (Mini)	5	2 x 1
Front Page Banner	200	10 x 1.5
Inserts	300	
Advertorial 1/2 Page	500	
Graphic Design	50	

All ads are full colour

# Advertising Deadlines (48 Hours prior Publication Day)

<b>Publication Day</b>	Deadline (12pm (noon))
Wednesday	Monday
Friday	Wednesday

# 2 days notice for ads

For further information or to book an advert call 916 2000 or email: sales@caymaniantimes.ky



#### lournaliet

Applications are invited from suitably qualified and experienced persons for the position of Journalist at Caymanian Times

#### Role:

The Journalist will play a vital role in the output of Caymanian Times across several platforms in addition to the printed paper reporting directly to and assisting the Publisher.

### **Duties and responsibilities include:**

- Assisting the Publisher with the complete news and current affairs production process from editorial planning to the final output of multi-platform news and current affairs content
- Produce and present content across the various platforms of Caymanian Times as directed by the Publisher.
- Maintaining news files and archives
- Represent Caymanian Times at news and related events as directed by the Publisher
- Liaise with the production teams across the various content output of Caymanian Times as directed by the Publisher.

### Candidate profile:

- · Basic qualification in Journalism or relevant field
- Previous journalism experience of at least three years with prior editorial management responsibility is a necessity.
- · Portfolio of published articles or newscasts
- Graduate-level proficiency in the English language
- Proficiency to a professional level with news content software and digital production processes across print, online, video and audio including television and radio Excellent communication and networking skills.
- The successful candidate must be familiar with current socio-economic and political developments in the Cayman Islands, as well as the Caribbean and global news agenda with a focus on how they relate to the Cayman Islands.
- An understanding of the history, culture, and society of the Cayman Islands is desirable. All applicants must have a clean Police Record (no prior convictions or pending judgments), a clean Medical Record, a clean and valid Driver's License and be able to provide at least three suitable references, with two of those being from previous employers.

A strong work ethic and a positive attitude will be required.

# Salary Range: CI\$2,750 - CI\$3,750.

An attractive benefits package (including medical insurance, vacation, pension) is being offered to the qualified candidate. All applications received will be reviewed and only candidates meeting the mandatory requirements will be contacted for interview.

Applications should forward a detailed resume quoting reference.

"Journalist" to:

The Publisher Caymanian Times Email: ralph@caymaniantimes.ky

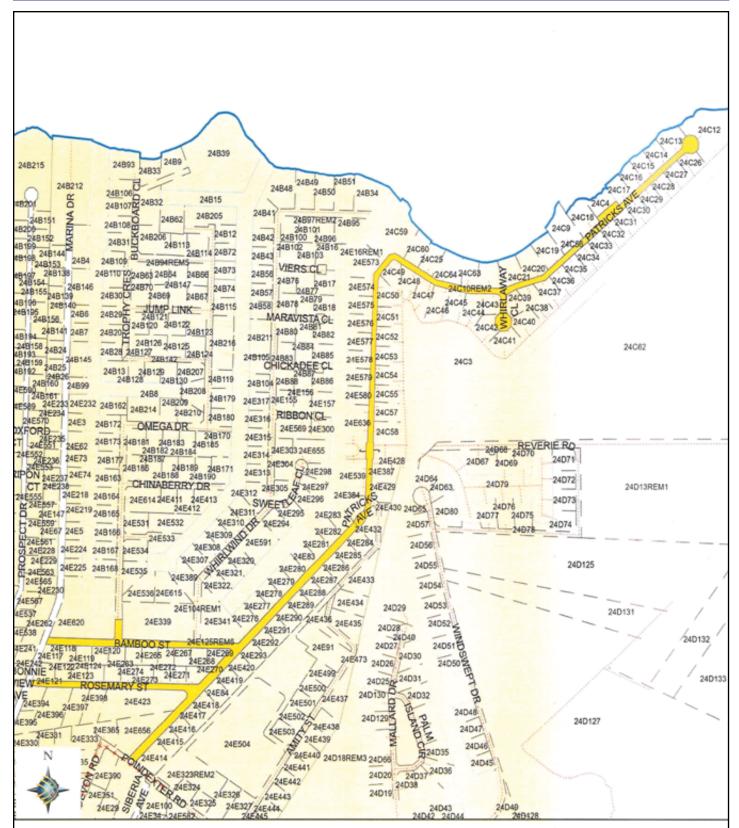
# NOTICES

# PLANNING PERMISSION

This is to inform the public that an application for planning permission for the purpose of **After-the-fact 2 acres land clearing for farming purposes** on Block **65A** and Parcel **42** has been submitted to the Central Planning Authority (CPA) or Development Control Board (DCB).

The application can be inspected on the Department's website <a href="https://www.planning.ky/planning-notices/">https://www.planning.ky/planning-notices/</a>, or at the Department of Planning; located at the Government Administration Building, 133 Elgin Avenue, George Town, Grand Cayman or at the District Administration Building, Stake Bay, Cayman Brac. If you wish to object or support the application you should do so in writing stating your precise grounds within 21 CALENDAR DAYS of the final advertisement of this notice. Please note: only owners of full legal capacity who for the time being reside within a radius of one thousand feet of the boundaries of the land to which the application relates, or who own land (including a strata lot) within a radius of one thousand feet of the boundaries but reside elsewhere in the Islands, may object to an application for planning permission. Your comments should be addressed to the Director of Planning, P.O. Box 113, Grand Cayman KY1-9000, Cayman Islands, or via e-mail to <a href="mailto:planning.dept@gov.ky">planning.dept@gov.ky</a>. Please include your return address (typically a PO Box number).

# NOTICES



# NOTICE UNDER SECTION 138(2) OF THE REGISTERED LAND ACT (2018 REVISION)

An application has been received from, MICHAEL JOSEPH, LAUREN CHRTISTIE and GEORGINA LOXTON and ALASTAIR LOXTON under Section 138 of the Registered Land Act, the registered proprietors of Registration Section SPOTTS Block 24C Parcels 59 to be registered as beneficiaries who has acquired an easement by virtue of the Registered Land Act, without registration by peaceable, open and uninterrupted enjoyment over the entire portions of the land, of Registration Section SPOTTS Block 24C Parcel 10REM2 AND over the entire portions of the land of Registration Section SPOTTS Block 24E Parcel 125REM6in favour of Parcels Registration Section SPOTTS Block 24C Parcels 59 for over twenty years shown in yellow on the extracts of the Registry Map above.

Therefore: NOTICE IS HEREBY GIVEN that an ORDER will be made for the registration of an EASEMENT BY PRESCRIPTION burdening Registration Section SPOTTS Block 24C Parcel 10REM2 and Registration Section SPOTTS Block 24E Parcel 125REM6 in favour of the registered proprietors of Registration Section SPOTTS Block 24C Parcels 59 along the entire portions of land on or after 9TH FEBRUARY 2024

Anyone who wishes to object to this claim or comment in any way must state their reasons in writing to:

# The Registrar of Lands

CAYMAN ISLANDS

Land s & Survey Department P.O. Box 120 Government Administration Building, 133 Elgin Ave. Grand Cayman, KY1-9000

All such correspondence should arrive before 9th FEBRUARY 2024.

290 580 1,160 1,740 2,320 ■ Feet

## Private Rights of Way + + Public Rights of Way

Proposed Roads

Parcel Boundary Types Undemarcated

High Water Mark Ponds/Canals Fence

Edge of Bluff

Demarcated

Parcel of Interest

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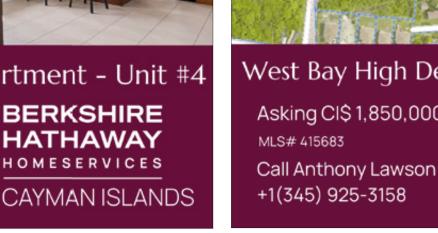


Asking CI\$ 340,000

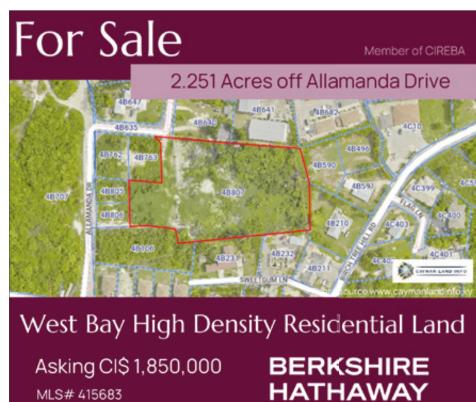
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# Company Structures and Legal Services

Our Corporate and Commercial Team provides expert and timely advice to both local and international clients in relation to a wide variety of matters, including the formation and establishment of all types of Cayman Islands legal structures.

Working closely with HSM Corporate Services Ltd., we are able to provide a comprehensive service through our team's ability to offer registered offices and regulatory advice.

- Assisting with all types of incorporations, partnerships, segregated portfolio companies, and unit trusts;
- · Legal opinions and compiling due diligence reports;
- Fund formation and ongoing legal advice;

  Trade and hypinass licensing:
- Trade and business licensing;
- Economic Substance; and
- · Shareholder agreements.



CONTACT:

+1 345 815 7360 cvictory@hsmoffice.com www.hsmoffice.com

