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New help for those in need

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NEW 45% MINIMUM WAGE INCREASE SUBMITTED

LOCAL NEWS — page 14-15



Red Sky at Night serves up a rich culture stew















Celebrating International Women's Day

Strong independent women have been the backbone of the Cayman Islands since the islands were first inhabited centuries ago, running the day-to-day island living while men were away at sea

earning a living fishing for their families. It took a while before women were at the forefront of Cayman's political and business life, however, today, women play a significant role in leading the country,

earning a living fishing for their families. with Cayman's top three leading roles of It took a while before women were at the Governor, Premier, and Chief Justice, as

SEE WOMEN'S DAY, PAGE 10

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EDITORIAL / COMMUNITY

In celebration of women



Join with us at the Caymanian Times as we play tribute to the amazing women

who have helped to shape our islands – past and present - in our four-page special

ands – trailblazing women who are creating a special path for other women to follow so, one

created to celebrate International Women's Day. Read about how the brave, strong women in history helped to create our modern-day society, and how women populate many of the highest seats in office today. Our Governor, Premier, Chief Justice, Deputy Speaker and many others are all women, certainly a first in Cayman's history. These are

day, it will not be a novelty that these high seats of office are held by women.

International Women's Day is a celebration of women which takes place globally on 8th March and this year's theme for the event is Inspire Inclusion. We therefore encourage our readers to do all they can to ensure their workplace, school, home and leisure space are inclusive to all people, regardless of their gender, ethnicity, religion and ability.

Let's celebrate how far we have come in the quest for equality, be thankful that we live in such a progressive and open society where educational opportunities are available equally to women as they are to men, and let's ensure that women are not held back or paid less in the workplace because of their gender. Let's ensure that women in Cayman are included, encouraged and celebrated not just on 8th March, but every day of the year.

Breast Cancer Foundation Cayman's "Light Up The Night" Walk Illuminates Hope with Record-Breaking Attendance



The Breast Cancer Foundation Cayman proudly announces the unprecedented success of its annual "Light Up The Night" beach walk event, which took place this past Saturday evening along the stunning Seven Mile Beach. This year's event saw the highest attendance in its history, with over1700 participants joining together in a luminous display of support, solidarity, and hope for those affected by breast cancer.

Under the stars, participants of all ages, armed with glowing accessories, created a moving sea of pink light along the beach. The event, renowned for its powerful symbolism and community spirit, aims to raise awareness about breast cancer, support those currently battling the disease, and remember lives lost. This year, the foundation also celebrated it's 15th anniversary and 14th walk.

"The overwhelming turnout for this year's 'Light Up The Night' walk is a testament to the incredible spirit of our community and the shared commitment to making a difference in the lives of those touched by breast cancer," said Beverly Edgington, Chief Administrator, the event organizer. "Seeing such a massive crowd come together, illuminating the night with hope and unity, was profoundly moving and underscores the importance of our mission."

The evening was launched by Kim Lund, founder and Board Director, and the walk was led by BCF patron, Her Excellency Governor Jane Owen. Funds raised from the event will go directly towards the foundation's various support



es, educational initiatives, and financial assistance for patients undergoing treatment. "We are immensely grateful for the

programs, including counseling servic-

we are initiensely grateful for the support of our sponsors, volunteers, and every single participant who made this event not just possible, but incredibly impactful," added Kim Lund. "Your generosity and spirit have lit up the night in more ways than one, bringing us closer to a future where breast cancer is no longer a life-threatening disease."

Directors: Kim Lund, James Bovell & John Broadbent Patrons: Hoda Kotb, Victoria Wheaton& Her Excellency Governor Jane Owen

19 Grand Harbour, PO Box 30189, Grand Cayman KY1-1201 345 923 1135 www. breastcancerfoundation.ky

The Breast Cancer Foundation Cayman extends its heartfelt thanks to the community for their support and participation in this year's "Light Up The Night" event. In particular to Island Heritage who are the 5-year title sponsor of the event. The foundation remains committed to its mission of ending breast cancer through advocacy, education, and direct support to those affected by the disease.

For more information about the Breast Cancer Foundation Cayman and how to support its ongoing efforts, please visit www.breastcancerfundation.ky.

Caymanian Times Issue # 963

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Honouring Women Month International Women's Day Remarks



Merta Day

During the month of March, the focus worldwide is to celebrate women's successes and their determined efforts in these islands. Department of Sports place even more emphasis during this month, to further inspire, educate, and involve our women and girls, on the significant role sports in every capacity can positively impact lives. It is vital, that we recognize women and girls for their accomplishments. Also, that we highlight the advancements made and, continue to ensure that we bridge gaps by providing and supporting inspiring initiatives, that will increase participation in sports overall; and, physical exercise activities.

Our women and girls have experienced enormous pressure, uneasiness and selfdoubt post Covid 19. Some of us coped more ably than others; which in no way belittle anyone who struggled more than others, or may still be struggling. In the coming weeks we will post short remarks from a variety of people in our community, who play a role in the forward movement of sports in our community, in myriad



Kurt Hyde

ways recreationally and competitively. We believe that countless others will continue to be inspired by this. We cannot echo this quote enough. "International Women's Day is not country, group or organization specific. It is a day that belongs to ALL groups, collectively everywhere". This year's theme worldwide is #InspireInclusion.

Director of Sports Kurt Hyde, lends his wholehearted support to our ventures and had this to say ... "In Women's Month 2024, we acknowledge the resilience, courage, and achievements of women worldwide. It's a time to celebrate the progress made in advancing gender equality and to recognize the ongoing challenges that women still face. From breaking barriers in traditionally male-dominated fields to leading movements for social justice and equality, women continue to inspire us with their determination and strength. As we honor Women's Month this year, let us reaffirm our commitment to empowering women, amplifying their voices, and creating a more inclusive and equitable world for all. It's a time to celebrate the past, embrace the present, and work together towards a future where every woman has the opportunity to thrive and succeed".

My supervisor Assistant Director of Sports, Everton Edwards fully lends his support, to all wellness initiatives; programmes; and events. He had this to say... "Absolutely, March 2024 stands as a testament to honoring the incredible achievements of women worldwide. From groundbreaking leaders to resilient athletes, their impact spans across various fields, leaving an indelible mark on history. This Women's Month serves as a moment of tribute, acknowledging strides in gender equality, science, arts, and sports".

Let's highlight individuals like Everton Edward: "I seized wonderful opportunities to champion women's empowerment, fostering a legacy that resonates with future generations. As we celebrate, let's reflect on the progress made and renew our commitment to supporting the journey toward a more inclusive and equitable world for all women".



Everton Edwards

That being said, we thank all women and girls for: The immeasurable ways, they each have devoted their effort and time, contributing exceptionally to the advancement of sports or health for our sports women and girls in our islands. The work is far from over, if we want better opportunities for women and girls in our islands. This is not to be taken lightly, and more so, in times where we face so much challenges. It corroborates that women and girls should be given the necessary resources, that will allow them to get explore opportunities, so that they can accomplish even more. This will inspire others to the same point.

I thank all residents and stakeholders who support gender inclusion; and appeal to all in our community to please, continue to encourage your circle that they might decide to join you, as you reignite your passion. Collectively let us #Inspire-Inclusion. There is a quote that coins it aptly; "A woman is human. She is not better, wiser, stronger, more intelligent, more responsible than a man. Likewise, she is

never less. Equality should be a given". It's been said that individually we are all responsible for our own thoughts and actions; all day every day. As the quote says: "When treatment of women is not equitable, we must take action! And we must do this every time"!

We must create a Cayman Islands where our females and males, have equal opportunity; not only in sports but in every area of their lives; we must, continue to join forces. To attain this, it is imperative that we remain resolute; and unite communally as a people, that calls for inclusion for all. We must stand for no less. That way our girls and boys; women and men will all be positioned for better opportunities and a chance for a brighter future. When women, have improved lives and opportunities, it is a fact, that it lends to a better quality of life for all. Merta (Meita) Day

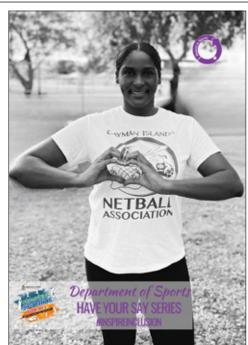
Sports Coordinator for Women

-Head Coach CIG Department of Sports.



DEPT OF SPORTS HYS

5



Department of Sports HWM "Have Your Say Series" Number 1. in the Series is: Rose Wilson Member of the Cayman Islands National Netball Team 58 international Caps Representing the Cayman Islands at: 2009 - Jamaica (MVP) U-16 Jean Pierre Youth Tournament 2010 - Barbados U-16 Jean Pierre Youth Tournament 2012 - Glasgow, Scotland - U-21 World Youth Netball Championships 2014 - Calgary, Canada AFNA Championships Senior National Squad 2018 - Vancouver, Canada Test Series (Ranking) 2019 - Isle of Man, Europe Netball Open Challenge 2019 - St. Marten, Battle of the Saints Championships 2022 - Jamaica (Team V-Captain) Netball World Cup Qualifiers 2023- Dominica U-16 Jean Pierre Youth Tournament - (Assistant Coach) 2023- El Salvador, CAC (Central Americas & Caribbean) Games (Team Captain) 2023- Antigua, ECCB Eastern Caribbean Netball tournament (Ranking) 2024- Guadeloupe, C.I U-21 National Team Head Coach Ouote:

"Display positive leadership. As women attain power, barriers will fall. #WomensEquality #IWD2024" #InspireInclusion



Department of Sports HWM "Have Your Say Series"

Number 3. in the Series is: Betty Ebanks

Member of the West Bay Seniors Community Fitness Exercise Group.

Organised by Department of Children and Family Services (DCFS) and Department of Sports (DOS).

"The West Bay Seniors Exercise Group is one that inspires inclusion! We are all from different areas of West Bay, of different backgrounds & denominations, and we all look forward to the camaraderie we share on a weekly basis. #InspireInclusion".

Department of Sports HWM "Have Your Say Series"



Department of Sports HWM "Have Your Say Series" Number 2. in the series is: Aryana Grant

Member of the Cayman Islands National Netball Senior Squad

- 27 International Caps representing the Cayman Islands at:
- 2019 Europe Open Netball Challenge in Isle of Man

2022 - Europe Open Netball Challenge in Isle of Man

2022 - Netball World Cup Qualifiers in Jamaica

2023 - ECCB International Series in Antigua

Assistant Coach for the U-16 National Squad preparing for the 2023 Jean-Pierre U-16 Tournament

Captain of the Senior Squad at the World Cup Qualifiers Vice-Captain of the Senior Squad at ECCB Tournament Coach of the U-21 National Squad preparing for 2024 U-21 World Cup Qualifiers.

Quote: "From grassroots to grandstands, women's voices echo across stadiums worldwide.

Let's amplify their stories, celebrate their victories, and champion their right to play. #EqualityInSports #IWD2024 #InspireInclusion "



Number 4. in the Series is: Jenny Manderson

Member of the West Bay Seniors Community Fitness Exercise Group.

Organised by Department of Children and Family Services (DCFS) and Department of Sports (DOS).

"The exercise classes are inspirational, motivational and energizing! I appreciate the opportunity to improve and safeguard my physical health, while interacting with peers, sharing ideas, and meeting new friends. Our capable coach gently guides us to exceed our own expectations and teaches us correct postures to maximize benefit and avoid injury, so we also feel confident exercising on our own".

On behalf of the West Bay seniors exercise group I thank the Department of Sports and DCFS for investing in our health and wellbeing, with special thanks to Coach Merta and Ms. Vanda.

#InspireInclusion"

GOVERNMENT

New help for those in need

Support is now available for those who need immediate financial assistance, thanks to new laws that are soon coming into effect. The Needs Assessment Unit (NAU), working with the Ministry of Investment, Innovation and Social Development, has just announced a series of significant enhancements to the financial assistance programmes which are not only aimed at providing better support to individuals and households in need, making them align with the Financial Assistance Act, 2022. This means these new enhancements are implemented and delivered in the manner designed prior to official commencement of the new Act and associated Regulations.

One key change to how financial assistance is given is that people facing emergency situations can now receive immediate relief for one month, even if they are unable to provide all the documentation outlining their eligibility. This assistance aims to alleviate immediate financial burdens and ensure individuals have access to necessary resources during times of crisis, allowing them time to gather documents and apply.

A new one-time rental deposit programme is now also available, offering households up to \$3,000 to cover rental deposits, empowering families to secure stable housing arrangements. Responsibility for the care of the rental property lies with the household, enabling them to reclaim the deposit for future rentals. To strengthen support, financial assistance amounts for accommodation, utilities, and food have been increased. The exact amount will be determined by the size of the household. Current clients who receive food support have already have received this increase. People can now get up to \$3,000 for accommodation, up to \$600 per month for utilities and up to \$850 per month for food.

NAU has also expanded its services to include internet (up to \$100 per month), transportation (up to \$100 per month), and phone assistance (up to \$150 per month).

Current clients do not need to re-apply to implement these changes. Adjustments to increased food assistance amounts will immediately come into force for eligible clients. Other services will be adjusted as current approvals end or new applications are submitted so that the assistance provided covers the shortfall clients are experiencing.

New applicants should note that online application forms will include these new services as of Tuesday, 5 March, 2024.

In addition to the policy changes to financial assistance, NAU has also implemented a policy allowing older persons or older couples living with their adult children, adults living with their parents or those with permanent disabilities who are currently living with others, to apply for long-term financial assistance as if they were living alone.

Household Maximums	Households of 1 to 3 Persons	Households of 4 to 6 Persons	Household of 7 or More Persons
Maximum Income	\$3,000	\$3,500	\$4,000
Maximum Savings	\$3,000	\$3,500	\$4,000
Maximum Savings for Households with Older Persons or Adults with Permanent Disabilities	\$15,000	\$15,000	\$15,000

New Savannah Preschool: Register interest now!

A new Preschool is planned to open in Jan 2025. Places will be limited; register your interest now!







This change means that these individuals will not need to provide financial information for other household members and their income alone will be used to determine the amount of financial assistance they may qualify for. Additionally, long-term financial assistance will now be provided to all qualifying individuals up to their deficit amount, with exceptions made for those with no other income.

linistry of Investment

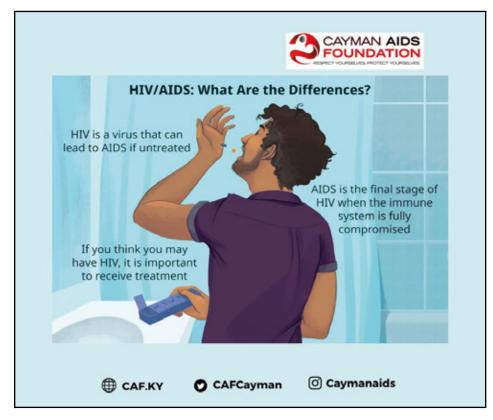
Innovation & Social Development

To ensure equitable access to support, tiered income and savings eligibility criteria have been established, tailored to household size and composition.

Director of the Needs Assessment Unit, Tamara Hurlston said, "These enhancements represent a significant step forward in our joint mission to serve individuals and families in need across our community; from offering immediate relief to expanding services addressing essential needs such as internet, transportation, and phone assistance, these changes demonstrate our collective commitment to providing comprehensive and meaningful support to those who rely on us."

Needs Assessment Unit

Deputy Premier and Minister for Social Development, André Ebanks expressed gratitude for the collaboration and input received from the community. "The invaluable feedback received at the close of last year and during the development of the new Act and associated Regulations has guided our decisions; instilling confidence that these reforms will significantly improve the lives of those dependent on our services. For too long changes to financial assistance have been static or incremental one-offs that have not been community or data-driven. Given existing economic and societal pressures, it is time for more strident steps to help the most vulnerable in the community and provide stronger opportunities to enter the formal economy."



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Going Bananas for Your Brand's Attention: Learn How to Get Better Website Leads

A Tech-Savvy, Funny Guide by Qamar Zaman, Your Tech News Reporter at Caymanian Times

In today's digital jungle, grabbing attention and converting it into action is akin to trying to catch a monkey with a butterfly net – challenging, yet not impossible. The trick lies not in narrowing your focus to just a few trees but in spreading your bananas far and wide. Here's a cheeky guide to help your brand swing from the treetops and into the spotlight:

Expand Your Territory: Don't just focus on a small patch of the jungle. Broaden your audience to increase your chances of being seen. You never know in which tree your next customer is hiding.

Enticing Bananas: User attention is becoming increasingly elusive. In the first 3 seconds, you need to make your offer as irresistible to your audience as a banana is to a monkey. We call these irresistible offers "call to actions" in the web world. Use vibrant images, captivating videos, or headlines that make monkeys stop midswing. Remember, a bored monkey is a lost opportunity.

Show the Banana: Make your call-toaction as clear as showing a banana to a monkey. Whether you want them to visit your website or sign up for your newsletter, ensure the "banana" is in plain sight.

Banana Testing: Not all bananas are created equal. Experiment with different types of content (a.k.a. bananas) to see which one garners the most engagement. A/B testing is your friend here.

Retargeting: Once a monkey has shown interest in your banana, don't let them get away! Use retargeting strategies to keep



Qamar Zaman

tempting them until they can't resist taking a bite.

More Monkeys, Please: Once you've found a group of banana-loving monkeys, use lookalike audiences to find more with similar tastes. The more, the merrier!

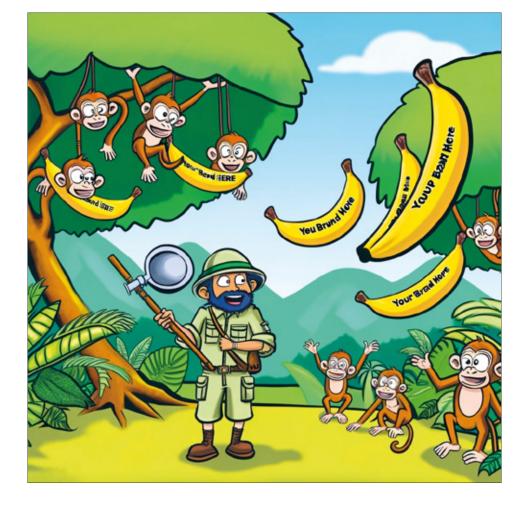
Keep Your Eyes on the Bananas: Continuously monitor the performance of your content. If one isn't getting enough engagement, it might be time to try a different type of banana.

If all this talk of bananas and monkeys has you feeling a bit lost in the jungle, fear not! Reach out to JC at Jaki@storytellers. ky for some expert guidance. With the right strategy and a bunch of bananas, your brand can become the king of the digital jungle in no time!



Book Your Interview T: 345-926-5224

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ALL ABOUT EDUCATION

Ormond Panton and the Struggle for Political Consciousness

Three Caymanians, Mr. Roy Bodden, Mr. Erren Merren, and Dr. Steve McField wrote tributes as part of the education thrust on Ormond Panton. In this series of articles, I present these tributes as written by these eminent persons who knew Mr. Ormond Panton well.

The tribute written by Mr. Roy Bodden is presented in three parts.

Part Two

Ormond Panton and the Struggle for Political Consciousness

Politics in Practice:

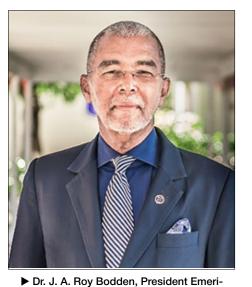
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In September of 1961, Ormond Panton assembled a group of trusted men, prominent in Caymanian society.

These men were not members of the merchant class, rather they were men who can more accurately be described as 'of the solid middle class', known for their scrupulousness in business, their intellect, and their standing in the community. It is posited here that Ormond Panton saw in these men a reflection of himself. These men T.E. (Teacher) McField, Warren Conolly, Val Anderson and Anton Bodden were the core of what was to become a political party.

In the formation of this party, Ormond Panton applied himself assiduously and gave his personal attention to every important detail. To ensure he was working constructively, Ormond travelled to Jamaica to consult with Norman Manley on how to set up the party machinery. Upon his return to Cayman the original members were complemented by his nephew Colin Panton.

Satisfied that he had complied with his external advisor's suggestions and



tus. UCCI

with the loyalty and support of his chosen colleagues, Ormond Panton launched the Cayman National Democratic Party (CNDP), later the word "Cayman" was dropped from the name and it became known as the National Democratic Party, well before the next scheduled elections in November 1962. Its officers were:

Ormond Panton – President Warren Conolly – Vice President Anton Bodden – Vice President Evelyn Wood – Treasurer

Mable Hurlston – Secretary

There was island wide enthusiasm, great expectation and the rank and file were pregnant with an excitement not previously experienced in Caymanian politics. The party executive embarked upon a series of island-wide public meetings held in the town halls of each district including Cayman Brac where two candidates Edon Kirkconnell and Burns Rutty joined his ranks. It was a campaign which yielded a resounding success, netting one thousand one



Ormond Panton

hundred, paid-up card-carrying members. The National Democratic Party made history and Ormond Panton was unquestionably the most popular politician in the history of these islands. His followers made a song, proclaiming their loyalty to him:

We will follow Ormond Panton

We will follow Ormond Panton We will follow Ormond Panton, till we die.

This kind of loyalty and devotion is the material that many populists use to create 'cults of personality'. But Ormond Panton was not a Machiavellian, nor was he puffed up with ambition, that quality which popular account suggests was the demise of Julius Caesar. On the contrary, Ormond Panton's agenda was the party's agenda and that as I shall show was his undoing.

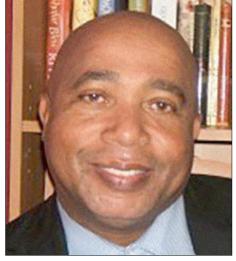
To begin to underscore this point, permit me to take a digression- an important digression in my view as it serves to show that neither Ormond nor his colleagues learnt from history. The National Democratic Party, although better organized, better funded and with an established constituency base, was not the first political party.

That fact of history belongs to the Cayman Vanguard Progress Party. Formed in 1957 by a group of prominent black persons, the leadership comprised of:

- Warren Conolly President
- William Nixon Vice President Sydney Piercy - Secretary
- Florence Cayasso Asst. Secretary Bertram Ebanks - Treasurer

In a letter to Commissioner Donald, the Cayman Vanguard Progressive Party (CVPP) informed Donald that the party had been duly registered with the intention of contesting the 1958 general election.

The winds of change were blowing in the Cayman Islands from 1950 but when it became clear that to the 'near white' merchant establishment that their dominance for political control was being challenged, "all hell broke loose". There followed a scathing and coruscating indictment of the party members and there were charges that Jamaicans were on the cusp of taking control of Caymanian politics. To



Professor Livingston Smith, Vice-President, UCCI

many Caymanians the threat of Jamaicans entering Caymanian politics was a trespass not to be tolerated. There was society wide opposition and in the meltdown which followed the 1958 elections the CVPP as an organization was decimated. Not one single member was elected and the organization as a political entity was relegated to the 'thrash heap' of Caymanian history. Complaints of fraud and corruption by the losing party carried no weight and the candidates on the CVPP tickets were left to wallow in the detritus of their best efforts. The merchant establishment had been challenged and the trespass was met with a high-handed reaction. It was a lesson which should not have gone missing on one so astute as Ormond Panton.

Why then did he fall so totally into the wake left by the foundered CVPP? **Was it because** Ormond Panton, being a Caymanian thought himself immune from that kind of punishments as there were no Jamaicans in his party hierarchy ?

Or was it because Ormond Panton the man of political principles and a proponent of equality of opportunity expected his opponents to play by the same rules as he did?

I pose these questions in the shameless admission that Ormond Panton was my political hero. As a sixteenyear-old witnessing his political juggernaut roll into the Bodden Town, Town Hall Yard where Anton Bodden - a close cousin of mine and Evelyn Wood ("Miss Evie") two people whom I knew on his platform, I felt excited and even then I realized that I was witnessing history being made as Ormond Panton spoke.

I pose these questions – to let Caymanians realize that politics in Cayman is like the buildings Ormond Panton stated in his biography that he visited in London in 1961 "clean on the outside, but dirty on the inside".

I pose these questions too because posterity needs to preserve this history – the history of what frequently happens to those who expect that colonialism, and its sycophants are going to yield to any rules-based order than its own.



NEW 45 PER CENT MINIMUM WAGE INCREASE SUBMITTED



L-R Maureen Nabi, Wesley Howell, Lemuel Hurlston, Adolphus Laidlow

By Staff Writer

A recommendation has been put forward to raise the minimum wage in the Cayman Islands to CI\$8.75 from the CI\$6.00 where it has been for the past seven years.

It comes in the final report of the Minimum Wage Advisory Committee and will now be considered by the government.

In a comprehensive 154-page document outlining the justification for the CI\$2.75 increase (45.8 per cent), the MWAC said it "considers this a fair wage that would be affordable to most employers and beneficial to low-wage employees."

It stated that there was unanimous agreement that the minimum wage rate should apply equally to all persons regardless of gender and immigration status.

"The minimum wage applies to all employees, including those in the domestic or household sector and by organisations legally defined as non-governmental, notfor-profit and charitable organisations, and employees (as defined in the Labour Law) of all ages."

The Minimum Wage Advisory Committee(MWAC) also recommends that for employers who pay gratuities and commission "no more than 25 per cent of the CI\$8.75 minimum wage may be paid by gratuities or commissions - at least 75% of the minimum wage rate must come directly from the employer - beginning July 2024 to June 2025. It goes on to state that "after that, the gratuity contribution to the prevailing minimum wage will be reduced by 5 per cent annually, with the reduction occurring in July of each year until June 2029."

According to the MWAC, starting July 2029, there should be no gratuities contribution to the minimum wage.

For household employers of 'live-in employees' only, the MWAC says a maximum of 25 per cent in-kind credit should be applied to the new CI\$8.75 per hour (gross) minimum wage rate (CI\$2.19 per hour) for accommodations and utilities only.

There are also provisions for part-time employment of Caymanians aged 12 to 17 years old. They will benefit from a proposed school-age minimum wage of CI\$6.00 per hour. "This encourages school-age youth employment to improve work ethics, and discipline and gain experience, and encourages employers to hire young Caymanians for part-time employment opportunities," the MWAC said.

LIVING WAGE vs MINIMUM WAGE

Chairman Lemuel Hurlston explained that one of the core issues they had to grapple with was whether to opt for a Living Wage instead of a Minimum Wage.

"A Living Wage is a wage that allows a worker to attain a socially acceptable living standard and this approach is typically not legally binding as a socially acceptable living standard is difficult to define legally. Alternatively, a minimum wage protects against undue low pay and ensures a just and equitable share of the economic wealth to all, provides a minimum living for unskilled employed persons and helps to overcome poverty and reduce inequality."

He said the MWAC agreed that the concept of the living wage was outside of its mandate, and that the focus should instead be made on "the upscaling of Caymanians to increase their earning potential rather than mandating businesses to hire low-skilled staff at high cost."

ECONOMIC IMPACT

The broad economic impact of increasing the minimum wage was addressed by Adolphus Laidlow, Director of the Economic and Statistics Office(ESO).

He outlined the main areas where the additional costs of paying the recommended new minimum wage are likely to be passed on to the public by businesses.

"What is likely to happen is that the firms with the highest costs are likely to try to pass it on if it's possible to pass it on because it may not be possible. It depends on competition in the marketplace as to whether you can pass it on or not."

The impact on the cost of goods and services is estimated to range from approximately 4 per cent up to around 23 per cent depending on the type of business.

Regarding the overall economic impact, ESO Director Laidlow said there was the potential for a 3.1 per cent inflation impact if companies decide to pass on the cost to consumers and clients.

The MWAC said it differed with claims by some businesses that this could result in around 700 job losses. It said a more realistic figure would be in the region of 200.

BALANCING ACT

"Setting the minimum wage requires a balancing act to ensure that there is economic stability but, at the same time, allowing people to meet their basic needs," the MWAC said.

Other details coming out of the report showed that the CI\$8.75 per hour proposed increase in the minimum wage will directly benefit an estimated 10,457 employed persons or around 18 per cent of the employed labour force.

The direct cost of the proposed minimum wage is Cl\$51.5 million per annum, with businesses paying Cl\$38.7 million while households will be responsible for Cl\$12.8 million. Caymanians will receive Cl\$13.2 million and non-Caymanian Cl\$38.3 million annually.

The wide-ranging consultation involved the business community, employees, the public, civil society groups and advice from the International Labour Organisation (ILO).

The report was presented by Lemuel Hurlston - MWAC chairman, Adolphus Laidlow - Director of the ESO, Maureen Nabi - Director of the Business and Professionals Women's Club and Wesley Howell, Chief Officer in the Ministry of Labour and Border Control.

HONOURING WOMEN

Celebrating International Women's Day 8th March 2024

For more than a century, women have been specifically celebrated on 8th March with the day marked as International Women's Day. In 1911, the idea to celebrate women was first officially initiated, however the seeds of the idea came about in 1908, when 15,000 women marched in New York for better pay and the right to vote. In 1910, the idea was suggested during an annual event at the International Conference of Working Women in Copenhagen. The idea grew, with Austria, Denmark, Germany, and Switzerland all beginning to celebrate International Women's Day. In 1975, the United Nations started celebrating the day, eventually employing a specific theme each year. In 1996, the first theme was 'Celebrating the Past, Planning for the Future'.

This year's International Women's Day 2024 campaign theme is 'Inspire Inclusion' under the hashtag #InspireInclusion.

IWD is not country, group, or organisation specific; instead, it is a day of collective global activism and celebration that belongs to all those committed to forging women's equality, summed up well by a quote from world-renowned feminist, journalist and activist, Gloria Steinem:

"The story of women's struggle for equality belongs to no single feminist nor to any one organisation but to the collective efforts of all who care about human rights."

International Women's Day is powered by the collective efforts of all and inspires everyone to make International Women's Day a day to truly make a positive difference for women.

Cayman's female leaders



► Chief Justice Margaret Ramsay Hale with Governor Jane Owen



MP Barbara Conolly



 Incoming Chamber of Commerce President, Joanne Lawson



► National Hero, Ms Evie Wood



Melanie Carmichael Chairperson of the National Trust



Premier Juliana O'Connor Connolly



National Hero, Ms Sybil McLaughlin

CONTINUED FROM Page 1

well as other crucial positions, all populated by women.

The **Governor of the Cayman Islands is Mrs Jane Owen** who was appointed to the Cayman Islands in December 2022, a long-serving diplomat and civil servant who had been HM Ambassador to the Swiss Confederation and non-resident Ambassador to Liechtenstein in the years prior to her appointment to Cayman. Before that, she was the Deputy CEO and Chief Operating Officer with UK Trade and Investment and prior to that she served as HM Ambassador to Norway. Governor Owen has also served in various roles in India, Japan, Vietnam, and the UK.

Since taking up her role in the Cayman Islands, Governor Owen has applied herself with gusto to Cayman life, scuba diving with the Department of Environment to understand more about Cayman's precious coral life, attending important fundraisers for worthy causes



Health, Wellness and Home Affairs Minister Sabrina Turner



Former teacher and education official, Lucille Sevmour

such as Jasmine Palliative Care, and taking the time to understand community programmes such as one2onecayman which supports young people, among many other activities and events.

Juliana O'Connor-Connolly, JP, MP is a groundbreaking Caymanian, serving first as Cayman's first Deputy Premier and now first female Premier of the Cayman Islands. She also serves as the Minister for Finance & Economic Development, Education and District Administration and Lands and is the Elected Representative for Cayman Brac East.

She was elected to the Legislative Assembly (now Parliament) for the first time in November 1996 to represent the District of Cayman Brac and Little Cayman. In doing so, she became the first female to represent that district in the legislature. In 1997, Mrs. O'Connor-Connolly became Cayman's first female Minister and served until 2000 as the Minister of Community Affairs, Sports,













Empowering Women

As the sole provider of electricity to Grand Cayman, Caribbean Utilities Company, Ltd. (CUC) employs a substantial workforce of which 23% are women.

Thoughout our four divisions and 19 departments, the Company is very proud to boast women working, supervising, managing and directing in the fields of finance, customer service, communications, compliance, engineering, information technology, systems operations, transmission and distribution planning, energy delivery, energy supply and fleet and security services.

The Company has always strived to attract the brightest, best qualified, most enthusiastic and well-rounded individuals for positions, no matter the gender. We will continue to make an extra effort in encouraging young Caymanian women to pursue careers in the science technical, engineering and mathematics (STEM) fields.

The International Women's Day 2024 campaign theme of "Inspire Inclusion" is at the forefront of CUC's commitment to diversity, equity and inclusion and the Company's strategy to increase the number of women in the workplace.



The Environmental Management System at the North Sound Road Power Plant is registered to ISO 14001

INVESTORS IN PE⊖PLE[™] We invest in people Gold



Governor Owen at the Jasmine fundraiser



 Katherine Ebanks-Wilks, Minister of Sustainability & Climate Resiliency

Women's Day

Women, Youth and Culture. She was an opposition backbencher for a short period before becoming the Speaker of the Legislative Assembly in 2001, making her the first female member of the legislature to do so.

Now in her seventh consecutive term as an MP, Premier O'Connor-Connolly is the longest-serving female Member.

Cayman's **Chief Justice, Margaret Ramsay Hale,** BSc (Econ)(LSE), LLB (UWI) was called to the Bar of Jamaica, 1991 and worked in private practice immediately afterwards, appearing as an advocate in a wide range of criminal and civil matters at all levels of the Court. She became the Crown Counsel, Office of the Director of Public Prosecutions in 1994 and, after furthering her career in



mentary Secretary to Tourism and Social Development

Jamaica, she moved to Cayman in 1998 where she was a Magistrate in Cayman's Summary Court for a decade, after which she became Chief Magistrate of the Cayman Islands. Following a stint as a Judge of the Supreme Court in Turks and Caicos Islands and then six years as that country's Chief Justice, Ms Ramsay Hale became a Judge of the Grand Court of the Cayman Islands in 2020 and the islands' first female Chief Justice in 2022. She also serves as an Honorary Bencher, Hon. Society of Gray's Inn.

Ms Ramsay Hale has participated in several engagements enriching Cayman society, including serving as a part-time lecturer in criminal law at the Truman Bodden Law School for a decade, as well as acting as a session leader in regional training workshops on criminal procedure reform, domestic violence and special measures for vulnerable witnesses under the aegis of the Commonwealth



Chief Justice Ramsay-Hale

Secretariat. She has been a participant in consultative seminars on the development of a model law on Judicial Service Commissions led by the Commonwealth Secretariat, Wellington, NZ and the Cayman Islands and a keynote speaker and panel presenter on issues bearing on the independence of the Judiciary, Commonwealth Magistrates and Judges Association conferences.

She has held a variety of high level positions in addition to the above, including Vice President for the Caribbean Region, Commonwealth Magistrate and Judges Association, Council Member of the Commonwealth Magistrates and Judges Association, a member of the National Drug Council of the Cayman Islands and Chair of Big Brothers Big Sisters of the Cayman Islands.

Other female leaders who are currently helping to shape the path of these islands include: Sabrina Turner, Minister



Danielle Coleman, Hazard Management Director

of Health & Wellness and Home Affairs; Katherine Ebanks-Wilks, Minister of Sustainability & Climate Resiliency; Heather Bodden, OCI, Cert. Parliamentary Secretary to Tourism and Social Development and Deputy Speaker; Barbara Conolly, Member of the Opposition; Gina Ebanks-Petrie, the Director of the Department of Environment; Rosa Harris, Director of the Department of Tourism; Paulinda Mendoza-Williams, the Director of the Department of Children Family Services; Danielle Coleman, Director of Hazard Management Cayman Islands; Cindy Scotland, Managing Director of the Cayman Islands Monetary Authority: Natalie Urquhart, Executive Director of the National Gallery of the Cayman Islands, Melanie Carmichael, Chairperson of the National Trust; Joanne Lawson, soon to be President of the Cayman Islands Chamber of

HONOURING WOMEN

Caymanian Times | Friday, March 8, 2024 | Issue No 963 13



Governor Owen enjoyed a dive with DoE



Annie Huldah Bodden celebrated on a Cayman stamp



Rosa Harris, Director of Tourism

Women's Day CONTINUED FROM Page 12

Commerce; and Sue Winspear, Cayman's Auditor General, among many more women currently in leadership roles.

History of strong women

Cayman's history is filled with the names of strong women who worked tirelessly for the betterment of their country. They helped to create the foundations of the islands and helped move them towards the success story that the islands have achieved in the present day.

The Cayman Islands was granted its first written Constitution on 4th July



Natalie Urquhart, Executive Director of the National Gallery

1959, with **Ms Sybil McLaughlin** playing a key role at that time, serving as Clerk of the Legislative Assembly and Executive Council. She became the first person to hold this post in the Cayman Islands and the first women to ever hold that position in the whole of the Commonwealth. Ms Sybil was made a National Hero in 1996.

In 1961, two years after women got the right to vote and run for office, **Annie Huldah Bodden** made history by being the first woman nominated as a Member of the Legislative Assembly where she served for three years. Then, in 1965 she ran for office for George Town and became an elected member of the Legislative Assembly, where she served until 1984.

Also, in 1962, **Mary Evelyn Wood** (known as Miss Evie) made history by being the first woman elected into the



Premier O'Connor Connolly presenting a cheque for a scholarship



Nurse Leila commemorated

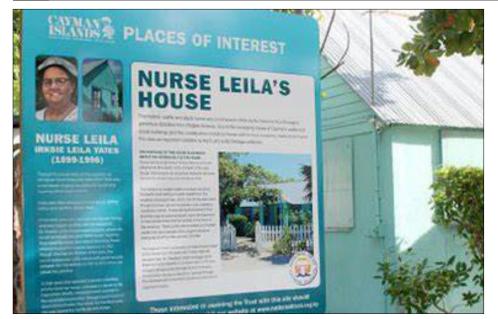


► Governor Owen learning about vital programmes helping Cayman's youth

Legislative Assembly. Miss Evie was made a National Hero in 2011.

Irksie Leila Yates was an early pioneer in health. Born in 1899 and passing away in 1996, Nurse Leila was a revolutionary nurse, midwife, and resident of West Bay, famously known for walking from her home in West Bay to George Town every Monday and Friday to attend nurse training classes. She carried out her first midwifery case single-handedly in 1921 and continued to deliver more than 1,000 babies in their family home or in her own home before the 14 Issue No 963 | Friday, March 8, 2024 | Caymanian Times

HONOURING WOMEN



Nurse Leila's house in West Bay is a famous landmark



▶ Premier O' Connor Connolly speaking at the Chamber Economic Forum

Women's Day

CONTINUED FROM Page 13

government opened its hospital in 1952. She never lost a baby or his/her mother. Nurse Leila retired in 1971 and was recognised posthumously as a National Hero of the Cayman Islands. She was also featured in the 'Pioneers in our History' Cayman Islands stamp collection.

Miss Isabel Powery was a leader in education. Born in 1910 and passing away in 1984, she was known as Miss Izzy and made significant contributions to the advancement of Caymanian society through education. Having begun her career as a teacher's assistant, in 1929 she opened her own private schoolhouse where there was a strong focus on both academic success and discipline and practical, real-life lessons were also taught. She was known to be incredibly kind hearted and charitable and was a much-loved character in the Cayman Islands.

Lucille Seymour is one of the most celebrated Caymanian women in its rich history. A former teacher and education official, in the Cayman Islands Government, she was Permanent Secretary in the Ministry of Community Development, Sports, Women, Youth Affairs and Culture.

Sharon (Marie) Martin, was recently honoured with an MBE for her outstand-



INSPIRE • NURTURE • EMPOWER

ing services to education and the community. She is the former Principal of George Town Primary School and in her honour the school will be renamed the Sharon (Marie) Martin Primary School.

Helping women help themselves

Cayman's thriving business community has a significant number of female executives; however, men still outnumber women when it comes to the top jobs in business and finance. Here are some great organisations which can help women reach their full potential in the business community.

100 Women in Finance is a global organisation that empowers women in the finance industry. Its mission is to strengthen the global finance industry by empowering women to achieve their



▶ The life of Annie Huldah Bodden is celebrated at the Cayman Islands National Museum



▶ Premier O'Connor Connolly at Creek Primary Cayman Brac



Women in Finance[®]

professional potential at each career stage. It operates under a guiding principle called Vision 30/40, whereby its goal is for women to occupy 30% of senior investment roles and executive committee positions by 2040. In the Cayman Islands, they provide compelling programming relevant to members' professional lives and run the GirlForce 100 mentoring programme for young women.

GirlForce 100 is the flagship mentoring programme of 100 Women in Finance in the Cayman Islands. It pairs mentors with female high school students, exposing them to finance careers and providing guidance and support. It is a strategic community partnership between 100WF and the Cayman Islands Ministry of Education which provides support, educational guidance and opportunity to young women aged 13-25 years old, attending local educational institutions in the Cayman Islands. Vis-



it https://100women.org/initiatives/ invest-next-gen/girlforce100/ for more information.

Gender Equality Cayman is a non-profit organisation focused on achieving greater gender balance in the workplace. They provide tools and training to foster equal opportunities and help businesses create diverse and inclusive working environments.

The Business and Professional Women's Club of Grand Cayman aims to develop professional and leadership potential for women. They advocate for women's rights, provide mentoring and training programs, and engage in initiatives to empower women and children.

Girl Power Cayman is a non-profit organisation that mentors young women aged 15-25. They focus on equipping young women with communication and soft skills, promoting Caymanian culture and values, empowering them, and fostering a safe space for their development.

Join us in commemorating International Women's Day and, in particular, the brave, fearless and tenacious women in the Cayman Islands who have been, and continue to be, hardworking leaders and advocates for the country.

Wymondham an Elite, Affordable Option for Boarding School



Wymondham Principal, Mrs. Zoe Fisher and her son, Ethan visited Grand Cayman on a recruitment and promotional campaign in early March, 2024.



▶ Wymondham is set on a sprawling 83 acre property in Norfolk, England.

By Stuart Wilson

Parents in the Cayman Islands looking for the right boarding school for their children may have just found the perfect fit in Wymondham College in the United Kingdom.

The school is a State boarding school, which means it is more affordable than private boarding institutions, because State boarding schools provide free education but only charge fees for boarding.

Such schools also give priority to children who require boarding.

This unique designation means that the cost of attending Wymondham for boarding students is only £4,500 per term, which is considerably less than the £30,000 to £50,000 one might normally expect to pay for boarding school and traditional boarding school models.

Add to that the fact that in the Cayman Islands, the British curriculum is not always offered in private secondary schools and Wymondham becomes an even more attractive option for persons seeking to have their children exposed to the British system at the secondary level in a highly competitive environment that is conducive to learning.

There are already Caymanian students attending the Wymondham boarding school and that number is steadily growing.

Wymondham Principal, Mrs. Zoe Fisher visited Grand Cayman along with her son Ethan, who is a student at the school, during the first week of March, 2024. Both she an Ethan were on a recruitment and promotional campaign for the school and spoke with the Caymanian Times about what parents in the Cayman Islands should know about all of their options when it comes to boarding schools, particularly those with with the stellar reputation and attractive price point that Wymondham offers.

"Wymondham is the first school to achieve an 'outstanding' designation in all 9 categories of the Office for Standards in Education, Children's Services and Skills (OFSTED), Boarding and Education Inspection," not Mrs. Fisher.

The school also represented the United Kingdom in the Model European Parliament Debate, among many other achievements in academia, sports and extracurricular activities.

Founded in 1952, Wymondham is located in rural Norfolk (2 hours outside London) on 83 acres of countryside and features top notch facilities for sports such as rugby, soccer, swimming and cricket, in addition to first class learning and educational spaces and living accommodations



Wymondham is among the most elite and affordable State boarding schools in the United Kingdom.

for boarding students such as gyms, reading rooms, restaurants, laundromats, and even a wellbeing garden.

There is also a Jazz band, a wind and brass concert band at the school.

"In October of last year (2023), we came to a boarding school fair here in the Cayman Islands and there was lots of interest," Mrs. Fisher remarked, adding that her sister had lived in the Cayman Islands previously and so she always knew that Cayman was a unique and special place.

As fate would have it, Mrs. Fisher then became the principal at Wymondham and never lost sight of the fact that the school could be a well needed alternative to broaden parents' options with regard to boarding schools.

"Lots of people were overlooking the UK for the US," she noted, explaining that interest in Wymondham is growing really quickly in the Cayman Islands and as a result she would be returning to Grand Cayman before the summer and again in November of this year.

"Choosing a boarding school is like buying a house. It has to feel right and I understand this from a personal point of view. In fact, I believe so much in the high quality of the school that my son is also a student at Wymondham," said Mrs. Fisher, who added, "As a 'Mum' I understand this. 13-year-old, Ethan Fisher spoke about what it was like to attend the school for him as a 13-year-old:

"There are loads of opportunities. I enjoy the high standard of studies and I play sports like cricket, and rugby. I also do swimming and have recently joined the baking club," he noted.

Boarding students at the secondary school range from ages 11 to 16 all live together, "so it feels like a family," explained Mr. Fisher. She added that the school has many different nationalities, with 1400 students attending the school in total.

"It's like living in a village, where children can become independent in a supervised setting. Their learning and development tends becomes synchronised as a result and they all want to do well," said Mrs. Fisher.

Wymondham also has the largest Sixth Form in Europe, with over 400 students, of whom 200 are Boarding students and even features a cadet course with the largest contingency in England.

There are only two State boarding schools for prep school aged children and Wymondham is one of them, offering accommodation to students as young as 9 years of age.

Currently there are 30 students boarding in the Prep programme, with 400 Prep school student in total at the school.



LOCAL NEWS



► Wonderful local food included the best conch fritters ever

Something for the whole family!

Red Sky at Night serves up a rich culture stew



Janet Minzett and her stall

By Christopher Tobutt

Red Sky at Night inside – and in the grounds of – the Harquail Theatre on Saturday 2 March is a glorious Cayman Islands culture-stew-celebration with every aspect of culture you can think of thrown into it. Singing, dancing, cooking, painting, traditional craft, poetry and drama are all there. Put your ladle deep into the pot and swirl it around to see what comes up. There really is so much to see and do – all the way from 4pm to 11pm. The color, sounds, aromas – what a spectacle!

Janet Minzett had an amazing stall "I have jewelry, Caymanite , conch shells, baskets, wood carving, bags and hats and fans" she said, before blowing the conch shell – it made a loud sound and it was the sound that they used to hear when the fishing boats came in, in the old days.



▶ Theresa Thomas – and her friend reading her book, "Girl, sit right here..."

Waisted is a company owned by Aigulon Thomas "We sell customized and unique waist beads, bracelets and I'm starting to do some crochet too," she said. Aigulon's mother, Theresa Thomas had a stall right next door where she was selling decorated wine bags and bottles as well as a book she had written full of inspirational and motivational and encouraging quotes for ladies, called "girl, sit right here..." Artist Mark Ebanks – who was recently honored with an award at Heroes Day - was there with his lovely drawings and paintings. Donovan Sewell was there too, with his wonderfully colourful paintings of local scenes, flowers, butterflies, and birds.

There are so many artists and so many displays crammed into such a

SEE RED SKY, Page 17



Something for everyone – young and old



Cayman Scents



Wray Bank playing Warri with a pirate



Rose May Ebanks and her wonderful silver thatch work



Pandemix



Sadie and the Socks book by local author

Red Sky CONTINUED FROM Page 16

small space, it is really impossible to try to describe all that goes on. There's traditional music, modern reggae bands, solo musicians, and steel pans – the Pandemix were treating everyone to their beautiful sounds, and then Caribbean Balance – a contemporary reggae band stepped onto the stage. Later in the evening was Madam Nirosa, the 5TH Division Band, Heat, Rico Rolando, and DJ Cardiac & Zosia – to get you up and dancing if you hadn't eaten too much by that time.

In the Harquail Theatre, JGHS put

together a drama – "The Wizard of Oz." Then there was Floetry – and the Dreamchasers gave a dance medley as they chased their dreams. There was even a short film, "Ivan," by Jazz Pitcairn. Radiance and the Cayman Islands Dance Company, the UCCI Dance Company all brought something different to the stage – each one highlighting a different aspect of Caribbean dance, celebrating our culture and heritage.

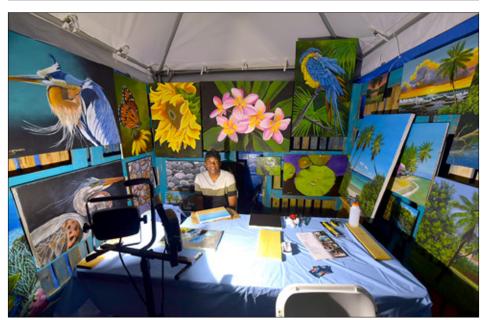
In the Caymanian Village two young children were making bare footprints in the sandy path leading up to one of the traditional house -fronts – bordered by pink conch shells. Deal Ebanks was giving a demonstration about how, in the old-days, they used to burn iron pots full of dried out cow dung to keep the mosquitoes away. It certainly seemed to work pretty well.

Rose May Ebanks was giving a demonstration of silver thatch weaving – surrounded by her beautiful bags and hats and baskets. Artisan Wray Banker was playing Warri – a traditional game – with a local pirate but he didn't seem to be warri-ing too much.

Local cuisine included stalls selling fried chicken, oxtail, conch fritters, Cayman style beef, fried snapper, curried goat, corn on the cob, fried dumplings, and of course, Achee and Saltfish. The smell was heavenly.



Waisted



Donovan Sewell



Beautiful paintings and henna tatoos from artist Shilpa

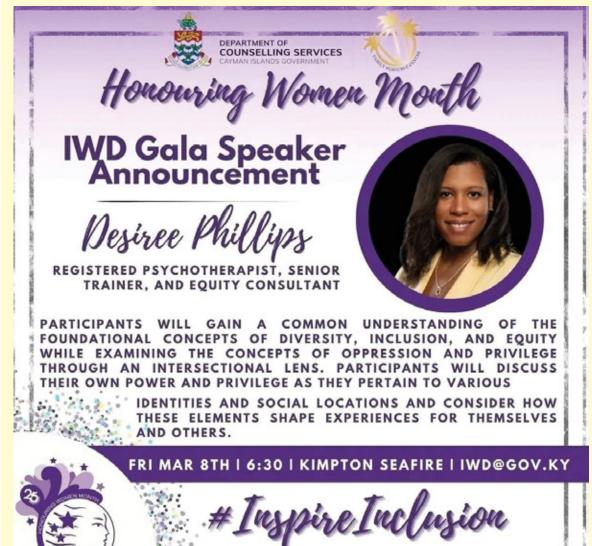
COMMUNITY CALENDAR / HEALTHY LIVING

COMMUNITY EVENTS

Cayman Carnival Junior Batabano T Shirt Design Competition

Ongoing until 15 March – The Cayman Carnival Batabano Committee invites all students between the ages of 5 to 17 years old who are residents of the Cayman Islands to participate in the Junior Batabano T Shirt Design Competition. The winner will receive a tablet and have the honour of their design used on the official Junior Batabano t shirts 2024. Go to the Junior Batabano FB page for more information.

St. Ignatius Lenten Fish Fry 8 March – St. Ignatius is holding its annu-



al Lenten Friday Fish Fry Nights at the St. Ignatius School canteen. You can dine in or carry out and the menu includes a Seafood Bake, fried or baked snapper, mahi mahi with delicious sides and a free dessert. All proceeds go to the Youth Ministry. The Friday Fish Fry Nights are on until 22 March.

UCCI Open House - Early Childhood Programme

8 March – UCCI invited interested persons to its Early Childhood Programme Open House on Friday 8 March from 6:30pm to 7:30pm.

Meet experienced faculty, explore the innovative curriculum and learn about career opportunities in Early Childhood Education.

International Women's Day Gala

8 March - In honour of Women's Month, the Resource Centre is hosting its International Women's Day Gala at the Kimpton Seafire Resort on Friday 8 March beginning at 6:30pm. Take part in an unforgettable evening and prepare to be inspired and delve into the crucial topic of "Setting the Stage for Equity" with the esteemed Keynote Speaker, Des Phillips. Tickets are CI\$150 per person. Don't miss out on this opportunity! Reserve your seats today by emailing IWD@gov.ky

NCVO Book Festival for Children

9 March - NCVO is

hosting a Children's Book Festival at the ARC in Camana Bay on Saturday 9 March from 11am. Entry is free. There will be lots of activities – from arts and crafts to a used book stall and a costume competition and much more. For more information, visit their Facebook page.

Pink Ladies Fashion Show

9 March - The Pink Ladies Fashion Show is on 9 Mar from 3pm to 6pm at the Marriott Grand Cayman. For information, email pinkladiesfashionshow@gmail. com. Tickets can also be purchased on the bento app.

Turtle Crawl 5K

17 March - Cayman Turtle Conservation and Education Centre is excited to be hosting its 4th annual Turtle Crawl 5k Walk/ Run on Sunday 17 March from 6.30am. Registration fee \$25 and includes race shirt. All funds raised will support the conservation of Green sea turtles in the Cayman Islands. To register or for more information, go to turtle.ky

Cayman National Choir & Orchestra – Spring Fantasy

22 March - Cayman National Choir & Orchestra presents Spring Fantasy, a blend of classical masterpieces and modern favourites. This event takes place on Friday 22 March at the Harquail Theatre beginning at 7:30pm. Tickets are CI\$30 and can be purchased on eventpro.ky

Jubilate! An Ode to Classical Elegance

27 March – The Rotary Club of Grand Cayman and Jubilate Cayman present "Jubilate! An Ode to Classical Elegance." This concert will feature the 2024 Jubilate Choir and Orchestra and takes place at the Harquail Theatre on Wednesday 27 March beginning at 6pm. Tickets are \$50 and can be purchased by emailing info@ jubilate.ky

Send your community events to wendy@caymaniantimes.ky

3 Steps to Snack Smart

A big part of eating for fat loss is keeping your metabolism going all day long with small, sensible meals and snacks. In theory, this is simple and easy: eat a little something every 2-3 hours throughout the day.

Unfortunately very few people do it right, resulting in frustrating weight gain.

The content of your snacks and small meals is of utmost importance. If you're eating the wrong thing every 2-3 hours then it's easy to gain weight quickly, rather than what you want, which is to drop fat and clothes sizes.

Let's jump into the 3 Steps to Snack Smart that I have for you today to keep you on track and burning fat all day long...

Snack Smart #1: Watch out for added sugar.

Sugar is the biggest problem when it comes to fattening snacks, and so this needs to be the number one nutrient that you check. Your frequent snacks should contain very little, or zero, added sugars.

This is a pet peeve that I have: many

'health' foods have massive amounts of added sugars, which will destroy your results. Items like protein bars, jerky, dried fruit, green juice, and trail mix often have added sugars and preservatives that you need to watch out for and avoid.

Your snacks should have little to zero added sugars, and should be a nice blend of protein, fiber and complex carbohydrates.

Snack Smart #2: Check the serving size.

When your snack comes in a package, after you make sure that it isn't filled with sugar, check the serving size. It's a popular technique for food manufacturers to give the nutritional facts for 2 or even 2.5 servings, on an item that you will likely polish off the entire package.

If the servings are more than just one then you'll need to do some quick math. Calculate the total calories, sugar, carbs, fat and protein. Make sure that the numbers line up with your target nutrition sums. Always be aware of how many servings you are eating in a single sitting. Do the math if you're eating more than one serving – be honest with yourself!

Snack Smart #3: Homemade and made-in-nature are best.

As convenient as packaged health snacks are, you will always see better results by eating whole foods found in nature, or snacks that you've made at home with real food ingredients. Even the healthiest packaged protein bar from the store is going to contain preservatives and additives that are completely avoided in homemade foods.

A handful of raw nuts, a piece of fruit with fresh nut butter, a hard boiled egg, a homemade fitness muffin (recipe below), some chicken breast on veggies or chopped flank steak on a salad are all better options than any packaged snack.

When possible, stick with whole foods found in nature and snacks and meals that you make at home.



Ernest Ebanks

Are you participating in a consistent, challenging exercise program? If not then give me a call Ernest at Body Shapers Personal Training Fitness Studio 325-8696 or shoot me an email today bodyshaperscayman@gmail.com . Let's get you started on the best exercise program that you'll ever try!

CRUISE SHIP SCHEDULE

CRUISE SHIP SCHEDULE - WEEK - MARCH 11 - 16

TOTAL SHIPS - 10 TOTAL PASSENGERS - 37,758

		and the second s			
Monday	Tuesday	Wednesday	Thursday	Friday	Friday
11	12	13	14	15	16
	Disney Fantasy	Carnival Horizon	Caribbean Princess		Celebrity Equinox
	MSC Seascape	Celebrity Constellation			Norwegian Pearl
	Norwegian Escape	Odyssey of the Seas			
	Celebrity Reflection				
Total Passengers	Total Passengers	Total Passengers	Total Passengers	Total Passengers	Total Passengers
0	17,897	11,411	3,100	0	5,350

1







Cayman Islands 3 vs. 2 Jamaica

Lee Ramoon (2) Carlos Welcome Easton Smith Donald Hewitt

1994 Shell Caribbean Cup Group 5 Qualifying Round

Sunday, March 6th, 1994 • Ed Bush Sports Complex • West Bay, Grand Cayman, Cayman Islands

Cayman beats Jamaica – The Roar heard around West Bay

Wednesday, March 6, 2024 will come and go like any other weekday. Children will go to school, mothers and fathers will go to work – a normal Wednesday for most. But 30 years ago, on this very date, a legendary and truly remarkable sporting event occurred. An event that will forever be embedded in the minds and hearts of those spectators present at the Ed Bush Sports Field in West Bay that night, or those tuning in to Radio Cayman and every Caymanian sports enthusiast.

It was 9:30 p.m. and the Cayman Islands Senior National Football Team had just beaten mighty Jamaica 3-2 in the 1994 Shell Caribbean Cup Qualifying Zone to win the group and advance to the Finals in Trinidad.

Before we get ahead of ourselves and reminisce about the game, a brief history lesson is needed.

Following a spattering of good results and performances during the late 1980s and early 1990s under Winston Chung and then Ed Wilson, most notably a 2-2 draw with the touring Brazilian U-21 Olympic Team boasting a young Bebeto and others, a very unfortunate 2-0 defeat to Santos FC from Brazil complete with World Cup superstar Socrates, a draw with Southampton FC and Norwich FC from England and a draw with Borussia Dortmund from Germany, the Cayman Islands National Football Team had now reached the pinnacle of Caribbean football - a final showdown with the mighty Jamaicans.

After all, this was the National Team that Winston Chung had built and it was his dream to one day conquer the Caribbean beginning with Jamaica. Veteran players from the 1980s mixed with youngsters from the victorious Miami Classic Youth Tournament campaigns – the Cayman team was complete and ready.

For head coach Ken Fogarty and Assistant Coach Joscelyn Morgan, who had assumed the reigns earlier in the year, it was a tweak here, a tweak there and the team was ready – all the pieces were in place. Bring on the Jamaicans.

I distinctly remember the journey that evening from the Island House guest house on West Church Street where we stayed in West Bay to Rev. Blackman Road, to Stadium Drive and on to the Ed Bush Sports Field. Both sides of Stadium Drive and portions of Rev. Blackman Road were lined with cars and as we approached the stadium, an unusual "buzzing" noise got increasingly louder.

As we pulled up to the rear of the grandstand and the doors of the bus swung open, the buzzing noise transformed into a deafening roar from the crowd as we disembarked and headed to the dressing room.

Red and blue flags and banners hung everywhere. For once, the famous Jamaican black, green and gold was shrouded in a sea of red, blue and white. With the Wight brothers – David and

With the Wight brothers – David and Christopher – darting to and fro on the full to capacity main stand holding aloft the Cayman flag all the while ignoring the taunts of the Jamaican faithful, to Brent McLean complete with painted face incessantly beating a small drum, to the temporary broadcast booth erected across the field on the 'pond side' complete with "legends of the game" Lennie Hew and Renard Moxam, who would be providing play-by-play commentary for radio listeners island wide – the setting was complete.

Cayman had disposed of St. Maarten and the British Virgin Islands earlier in the group as had Jamaica. This clash would settle the group and the winners would book their passage to Trinidad.

With all the tension and excitement during the game, to me the actual game itself was mostly a blur but I vividly remember the three goals we scored and the heroics of our goalkeeper Cecil Walton.

To relive portions of this special event, we need to highlight certain sections from the article that appeared in the Caymanian Compass on Tuesday, March 8, 1994 written by then sports writer Paul Drury who splashed the headline "Cayman beats Jamaica!" across the back page.

The article began, "Cayman's National Soccer Team made history Sunday beating Jamaica for the first time ever in senior competition. And what a spectacle it was!"

He continued, "This fabulous victory in front of a capacity crowd in the magnificent new Ed Bush Soccer Stadium marks a new era for Cayman soccer. It will go down in the annals of Cayman sports as one of the greatest nights ever.

Cayman's captain and twin goal scoring hero of the night, Lee Ramoon, was moved to shed tears of happiness and relief afterwards, and said emotionally, "We created history tonight!"

With the Shell Caribbean Cup Qualifying Zone trophy in his hands, he cried gleefully over the loudspeaker system, "This is for you Cayman! This is for you."

Coach Ken Fogarty was "delighted" at this success and conceded "there'll be no training tomorrow!" He added enthusiastically "it's all down to the players and the supporters – we've never had support like this We want to than

this. We want to thank them, they were fantastic."

Playing a part in the game and listening to the supporters relive certain events during the game, from all accounts, it was a very, very exciting game.

Cayman went ahead in the eighth minute thanks to a wonderful Lee Ramoon goal only to see Jamaica draw level in the 25th minute through Easton Smith. Lee grabbed his second with a ubiquitous chip over Jamaican goalkeeper Warren Barrett just before half-time to make it 2-1 and Carlos Welcome added a third early in the second half as he rose to power home an inviting cross from Rohan Clarke. Jamaica scored their second in the 80th minute off the boots of Donald Hewitt and the pressure was on.

Cayman's goalkeeper on the night, Cecil "CI" Walton, had a remarkable game between the posts. He was truly outstanding as he managed to stop everything that was thrown at him and in my opinion, a performance like that has never been equalled by a Caymanian goalkeeper. He deservedly won the "Man of the Match" award following the game.

We held on for the last 10 minutes or so and at the sound of the final whistle, we had finally achieved what some said could never be done by a team from Cayman – we had beaten Jamaica at the



senior level.

Of course, there are those detractors who claim that it wasn't a 'great' Jamaican team but with the likes of Warren Barrett, Hector Wright, Linval Webb, Easton Smith, Devon Ricketts, Altimonte Butler, Donald Hewitt, Durrent Brown and Clive Smith, this was the best team Jamaica had and some of those players on that field that night, would go on to play a key role in Jamaica's journey to and participation in the FIFA World Cup Finals in France in 1998.

The then Sports Editor Guy Harrison from the Compass summed the night up best for the supporters when he wrote, "I've heard many knocks against Caymanians for not supporting their football team. But Cayman showed up in force with flags and painted faces. The fans gave meaning to the home field advantage and the value of their support had no small part in the inspired play of Cayman. Yes, Cayman stood proud Sunday night like never before."

So, for those of you who were there or who had their radios tuned in to Radio Cayman that night, if you come across one of the Cayman players, coaches or staff members this week who were on the field or on the sidelines that night, just tell them, "We will always remem-



▶ The Cayman Islands Senior National Team competing in the 1994 Shell Caribbean Cup Qualifying Zone

Cayman beats Jamaica

CONTINUED FROM Page 20

ber what you achieved and what you were a part of. Thank you."

Cayman's starting team that night was Cecil 'CI' Walton, Paul 'Cap' McField, Richard 'Farmer' Hew, Sylvester 'Pongo' Coleman, Noel Williams, Greg 'Hammer' Ebanks, Neil Murray, Anthony 'Anti' Ramoon, Rohan 'Scratch-eye' Clarke, Carlos 'J'can' Welcome and Lee 'Granny' Ramoon. Substitutes and squad members were Gary 'Wiz' Whittaker, Lloyd 'Stoka' Ramon, Ricky 'Seven' Seymour, Arden 'Cheeky'

Rivers, Floyd 'Jacko' Webb, Henry Ebanks, the late Gladstone 'Gladdy' Brown, Ivan 'Rockman' Kelly, Clay 'Tupac' Coleman, Winston 'Henny Dog' Hurlston, Alton Davis, Kim 'Kimo' Samuels, Ercley 'Kobe' Bodden and Clifton 'Bobo' Parsons. Coaches were Ken Fogarty and Joscelyn 'Bugs' Morgan and Team Manager was Kennedy Kelly.

At the end of his article 30 years ago, Paul Drury wrote, "To see Lee's face at the end made one realize why sport can be such an integral and crucial part of life for so many. It gives you something to get excited about, something to strive for. It's capable of taking you higher than any drug. The passion it instigates deep within is almost indescribable. Sport is simply a metaphor for life, and still one of the most irresistible catalysts known to man. It is a psychological magnet for anyone who wishes to take life to a higher level."

We will never forget what happened on the night of March 6, 1994.



happy spirit.

memorial service for Josie, as she

was fondly known, will be held at

Elmslie Memorial Church on

Monday, 18th March at 2:30pm

The family of the late

day of FEBRUARY, 2024

The funeral service for the late Mr.

rdinall William Mowbray Dacosta wil

e held on 16th day of March, 2024 at

Church 163 Pedro Castle Road,

Savannah, Grand Cayma

on March 15, 2024

at Bodden Funeral Service

Interment will follow at the

Eden Cemetery, Pedro Castle Road

SB

viewing will be held 5:00pm-7:00pm

Opm at the Cayman Islands Baptis

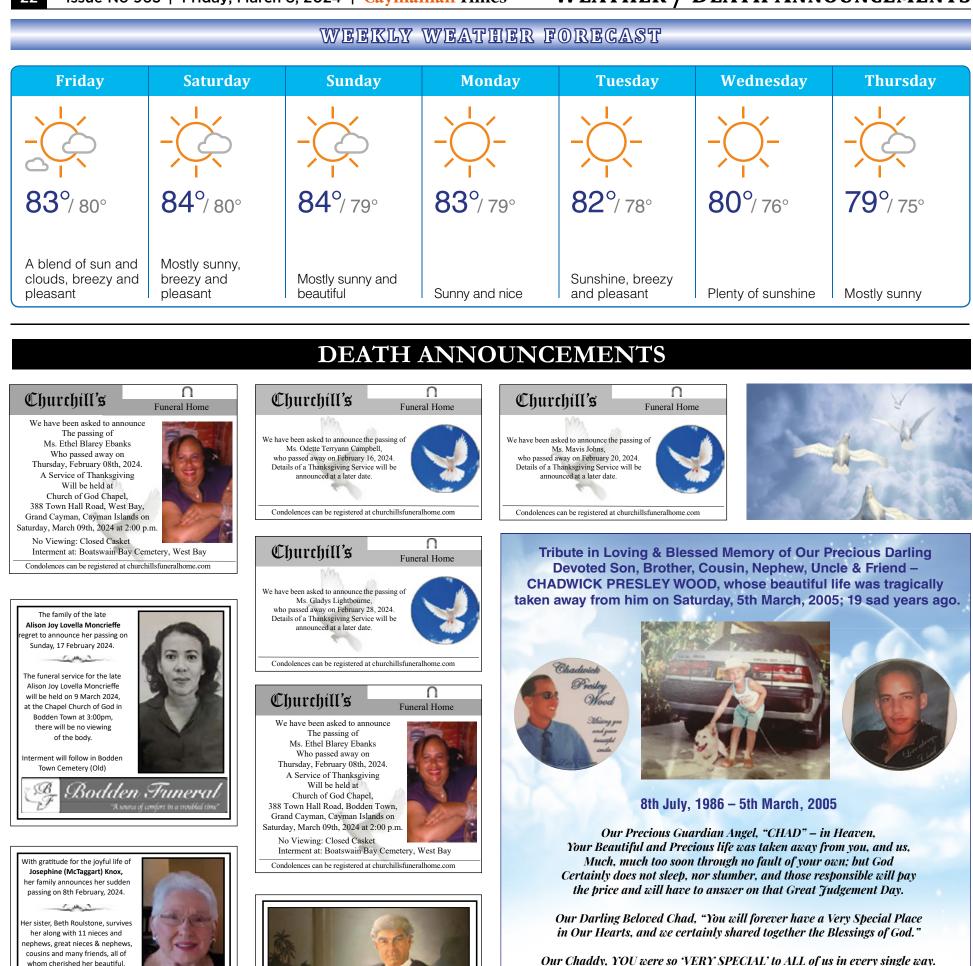
dinall Willia

Bodden Funeral

Bodden Funeral

on 17th

5B



It is with heavy hearts that we announce the passing of

Ramon Alberga KC who peacefully departed from this world on the 23rd of January,

2024. He was surrounded by his loving family. Ramon leaves behind

a legacy of love, kindness, and cherished memories that will forever

remain in the hearts of those who knew him. Ramon is survived by his devoted children, Michael, Charles, Ruth, Mary and Cathy along with his beloved grandchildren and his

cherished great-grandchildren. His presence in their lives will be

deeply missed, but his love and guidance will continue to inspire

them.Ramon was predeceased by his beloved wife, affectionately

will forever remain intertwined with his, a testament to a life lived with love and devotion to family.A memorial service to honor and

celebrate Ramon's life will be held on 9th March, 2024 for family

and friends to pay their respects. The service will take place at First

Baptist Church, Crewe Road at 3 in the afternoon. In lieu of flowers

the family kindly requests that donations be made to Jasmine,

Additional parking will be available at the Lion Centre.

Bodden

uneral

pice and palliative care or to the Cayman Islands Humane Societ

Condolences may be registered on Bodden funeral service.com & Bodden Funer Service Facebook page.

> A livestream link will be provided at a later date.

as "Miss Patsy" and his son. John Alberga, Their n

Our Chaddy, YOU were so 'VERY SPECIAL' to ALL of us in every single way. You were Fun to be with; you were Kind-hearted; Warm, Caring, Gentle, Joyful, SMART, LOVELY, HANDSOME, VERY SWEET, CHARMING, FAITHFUL, WONDERFUL, LOVING, DELIGHTFUL, COMPASSIONATE, and so much more.

Among the Richest Blessings that life could ever bring to us was a VERY KIND and Thoughtful Son, Brother, Cousin, Uncle, Nephew, Wonderful Friend & Great Co-worker whose LOVE MEANT EVERYTHING TO ALL OF US.

YOU GAVE SO MUCH LOVE, CHAD, YET YOU ASKED for SO LITTLE IN RETURN. Your Caring Ways were ALWAYS there for each one of us to Comfort and Encourage, to Nourish our Hopes and Dreams; to Warm each 'Treasured Memory' we shared. You taught by your example what 'True Love' Really Means... and which was a lesson that our hearts cannot repay.... in spite of ALL YOUR LOVING and CARING WAYS, we still want you to know That YOU WILL ALWAYS MEAN MUCH MORE TO ALL OF US WITH EVERY SINGLE PASSING DAY.

Forever in our hearts and always on our minds. LOVE FOREVER AND EVER. Sadly missed always by your heart-broken Parents – Aline & Cebert Wood; Brother – Cebert, Jr.; Sister – Gina; Nephews & Nieces; Special Cousins, Aunts & Uncles; many Loving and Caring Friends and Co-Workers, who ALL continue to LOVE you and miss you each day.

REST IN HEAVENLY PEACE OUR PRECIOUS GUARDIAN ANGEL.

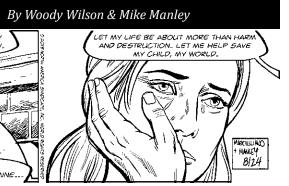
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THE AMAZING SPIDER MAN By Stan Lee JU









CaymanianTimesClassifieds

CAYMANIAN PARTICIPATION SOUGHT IN LOCAL BUSINESS VENTURE

Caymanian participation is sought in the ownership and operation of a local company which intends to develop and construct rooftop and ground-mount solar PV projects in the Cayman Islands. The initial capital investment required is in the region of Cl\$300,000.

Expressions of interest in this project at any level are invited from Caymanian individuals or entities on or before the 22 March 2024. Interested parties should provide evidence of financial ability to participate in a business of this nature supported by a letter from a financial institution within the Cayman Islands.

Any Caymanian interested in making a financial investment in this project should apply to P O Box 10190 Grand Cayman, KY1-1002, Cayman Islands to the attention of Dinner Martin Attorneys t/a Dentons.

A copy of any Caymanian interest must also be sent to the Trade and Business Licensing Secretariat, c/o the Department of Commerce and Investment, Suite 126 Elgin Avenue, Government Administration Building, Grand Cayman, KY1-9000.

In the absence of any Caymanian parties interested and able to participate an application will be made to the Department of Commerce and Investment/Trade and Business Licensing Board for the appropriate licenses.

MAC PLUMBING

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APPRENTICE PLUMBER

MIN 2 YEARS EXPERIENCE

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DRIVERS LICENSE/CLEAN POLICE RECORD REQUIRED.

CI\$10.00 - CI\$14.00 per hour plus statutory benefits ATTN: MANAGEMENT P.O. BOX 11156 KY1-1008 Fax 946-5218 Email: mac@macplumbing.ky

PLANNING PERMISSION

This is to notify the public that **James Adrian Bodden** has applied for planning permission for the purpose of **extending the existing quarry by 1.06 acres to excavate 34,200 cubic yards of material to a depth of 20 feet** on **Block 59A** and **Parcel 279** has been submitted to the Central Planning Authority (CPA) or Development Control Board (DCB).

The application can be inspected on the Department's website https://www.planning. ky/planning-notices/, or at the Department of Planning; located at the Government Administration Building, 133 Elgin Avenue, George Town, Grand Cayman or at the District Administration Building, Stake Bay, Cayman Brac. If you wish to object or support the application you should do so in writing stating your precise grounds within 21 CALENDAR DAYS of the final advertisement of this notice. Please note: only owners of full legal capacity who for the time being reside within a radius of one thousand feet of the boundaries of the land to which the application relates, or who own land (including a strata lot) within a radius of one thousand feet of the boundaries but reside elsewhere in the Islands, may object to an application for planning permission. Your comments should be addressed to the Director of Planning, P.O. Box 113, Grand Cayman KY1-9000, Cayman Islands, or via e-mail to planning.dept@gov.ky. Please include your return address (typically a PO Box number).

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SERVICE DISPATCHER

Minimum 3 yrs Service dispatching experience

As a key member of the team, the dispatcher must be Professional, Welcoming & Confident in dealing with Customers.

Must have a Strong work ethic, a positive attitude and ability to work on one's own initiative, and meet tight deadlines.

Computer Literate with knowledge in Bookkeeping, Payroll and timekeeping

CIS\$ 19,700 - CI\$ 26,400 per annum plus statutory benefits

Duties include:

- o Reception Duties & Logging Service Calls
- o Organizing and Dispatching work daily to technicians

o General Administration Duties

o Perform Accounts Payable & Receivable functions - knowledge in QuickBooks an asset

ATTN: MANAGEMENT P.O. BOX 11156, KY1-1008

Email: <u>mac@macplumbing.ky</u>

ACCOUNTABILITY SERVICES LTD

ACCOUNTS CLERK

MINIMUM OF 3 YRS EXPERIENCE

DUTIES:

- MAINTAIN A PORTFOLIO OF CLIENTS WITH MINIMUM SUPERVISION.
- DATA ENTRY & LOGGING OF FINANCIAL TRANSACTIONS
- LIASING WITH VENDORS
- ACCOUNTS PAYABLES
 BANK RECONCILIATIONS
- BANKTIEGONOIEIAHON

QUALIFICATIONS/EXPERIENCE

- BACHELORS OR GRADUATE DEGREE IN ACCOUNTING OR FINANCE
- PROVIDE QUALITY AND TIMELY SERVICE TO CLIENTS EXCEEDING EXPECTATIONS
- EXCELLENT ORAL AND WRITTEN COMMUNICATION SKILLS
 COMPUTER LITERATE, PROFICIENT IN WORD, ADVANCED MICROSOFT EXCEL
- SKILLS AND KNOWLEDGE IN QUICKBOOKS. • MUST BE ABLE TO WORK ON ONE'S OWN INITIATIVE, WORK UNDER PRESSURE
- AND MEET TIGHT DEADLINES.
- MUST BE VERY ORGANIZED AND DETAILED ORIENTED

Salary will be commensurate with experience CI\$ 20,400 - CI\$ 42,000 PER ANNUM

Labour law benefits

EMAIL acctb98@accountability.ky

P.O. BOX 2219 KY1-1005



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Wednesday Friday

Description	CI\$	Size (inches) W x H
Newspaper Advertisement Full page	750	10 x 13.5
Newspaper Advertisement 2/3 page	650	10 x 8.37 or 6.6 x 13.5
Newspaper Advertisement 1/2 page (horizontal)	450	10 x 6.67
Newspaper Advertisement 1/2 page (Vertical)	450	4.9 x 13.5
Newspaper Advertisement 1/3 page	350	4.9 x 8.37
Newspaper Advertisement 1/4 page	250	4.9 x 6.67
Newspaper Advertisement 1/5 page	150	4.9 x 4.96
Newspaper Advertisement 1/8 page	75	4.9 x 3.25 or 3.22 x 4.96
Newspaper Advertisement 1/16 page (Small)	50	4.9 x 1.55 or 2.38 x 3.25
Newspaper Advertisement (Mini)	5	2 x 1
Front Page Banner	200	10 x 1.5
Inserts	300	
Advertorial 1/2 Page	500	
Graphic Design	50	

All ads are full colour

Advertising Deadlines (48 Hours prior Publication Day)

Publication Day	Deadline (12pm (noon))
Wednesday	Monday
Friday	Wednesday

2 days notice for ads

For further information or to book an advert call 916 2000 or email: sales@caymaniantimes.ky



IT SUPERVISOR – Caymanians Only

The Ritz-Carlton Grand Cayman is seeking a Caymanian to fill an IT Supervisor Role.

Responsible for support of all IT equipment, applications, and computer users within the hotel. Troubleshoot and resolve technical problems or issues related to computer software and systems. Verification of backup jobs, user ID creation and termination, imaging computers, troubleshooting computer and printer issues.

Knowledge of Microsoft Active Directory, Switch Configuration, Opera PMS, MICOS Symphony POS are a plus. Microsoft and Cisco certifications recommended.

The ideal candidate will possess:

• Proficient knowledge in Windows 10, MS Office 2016 & 365, DOS, MS Server 2016 and Active Directory.

- Installation and configuration of PCs, printers, and peripheral devices.
- Experience with wireless networking, VLANs, and Switch Configuration is a plus.
- Experience working with computers in a network environment
- · Good organizational and guest service skills.

• Self-motivated and able to work independently whilst able to meet deadlines.

Salary Range: USD \$16.00 to USD \$19.00 per hour. Plus a share of House Gratuities. Benefits package.

All job applications are to be done via our Careers Application website.

Cayman Armoured Requires a Courier

to work in their Armoured Car Division.

At this time applications **must have previous experience** in <u>high value cargo transit</u> as a Courier with firsthand knowledge of the protocols involved.

Major responsibilities will be:

o Represent Cayman Armoured as a transportation and customer service professional.

- o be vetted for integrity and work ethic and subject to thorough background checks
- o must have International Security training for ports of entry
- o must know how to prepare shipment for export including Customs paperwork
- o must know how to clear incoming imports including customs paperwork
- o must have Cargo acceptance, essentials, and dangerous goods training
- o must have experience on the tarmac along with airport safety training
- o must be able to read, write, understand, and converse in English
- o must be able to write legibly

o must have a clean driving record with a Group 3 License or previous experience driving specialty vehicles

o must be between the ages of 35-50

o must have a clean police clearance from all jurisdictions that the Applicant has lived in (for six months or over) during his lifetime

- o must be physically fit with no ailments
- o must have previous customer service experience
- o must have basic computer skills
- o Must be able to maintain basic logs and records

o Can be counted on to maintain professionalism, courtesy, respect, and uniform standards.

- o Must be able to lift up to 50 pounds regularly and 75 pounds occasionally.
- o Trustworthiness and the ability to act with integrity is of utmost important

Only Caymanians, PR Holders or those with Residency with the Right to Work need apply.

Wage range: CI\$ 7.75 – 9.00 per hour plus benefits.

Email applications to: jackson@cayman-armoured.info.

Please apply before 15th March 2024

HERITAGE HOLDINGS GROUP OF COMPANIES

The *Heavy Equipment Operator* position is a fast-paced, very demanding role that requires very close attention to detail regarding the safety and operation of multiple pieces of equipment on the site. This is an opportunity for an individual to put their own stamp on the position, make the position their own, and benefit from working in a supportive and growth-oriented professional environment.

RESPONSIBILITIES

• Safe operation of excavator/backhoe/telehandler/front end loader/ haul truck.

• Performs duties with awareness to avoid overloading, obstruction of equipment movement, working with overhead utilities, etc.

• Ensuring that projects are completed in an effective and safe manner.

Being able to operate multiple machines.

• May build level and excavate land surfaces using graders and other construction equipment.

Maintains daily logs of equipment usage, fuel, maintenance, etc.Daily and routine maintenance of equipment (including,

but not limited to, greasing, fuelling, and cleaning equipment).

 Performs tasks maintaining all health, safety, and environmental rules and ensures all work is done in a manner that apparent the sofety of the work environment.

- enhances the safety of the work environment.Identifies, reports and corrects hazards to the site coordinator.
- Effectively communicates to all site personnel.

REQUIREMENTS

- Minimum 3 years experience as a heavy equipment operator.
- Must possess required certifications to operate applicable equipment.
- \bullet Comprehends documents such as safety rules, operating maintenance instructions, load charts, and procedure
- Manuals.Ability to understand technical instructions.
- Working knowledge of equipment capabilities and limi-
- tations.May be required to work overtime based on business and facility needs.
- Must be able to perform each essential duty satisfactorily and with utmost regard to safety.
- Must have a valid driver's licence.
- Must have own transport.

Salary range: KYD15-20 per hour, based on qualifications and experience, plus an attractive bonus scheme and statutory benefits as required by law. Only suitably qualified applicants will be contacted for an interview. Apply at **Heritage Holdings Ltd.** email: jobs@heritageholdings.ky. Closing date 15 March 2024.

The **Quantity Surveyor (QS)** provides support in the areas of budget preparation, procurement, cost control, project administration and monitoring. [1 Development QS and 2 Construction QS's needed]

RESPONSIBILITIES

• Prepare feasibility studies and cost analysis based on the architectural and engineer's drawings, site conditions and construction methodology. Including Identifying commercial risks and logistical requirements of projects.

• Research labour materials and equipment pricing and make cost effective recommendations for assigned projects.

- Prepare tender documentation including bills of quantities.Evaluate tenders from contractors and subcontractors
- and provide appointment strategies and recommendations.Prepare contract documentation including negotiating
- Prices with contractors and subcontractors.Assist the Project Manager in managing and coordinating
- Provisional Sums and issuing contract instructions.Ensure that all projects are delivered on time, within scope and within budget.
- Assist the Project Manager and/or Director in regularly reviewing the budget and project schedules to ensure work stays on track.
- Prepare monthly payment certificates and manage change orders.
- Prepare monthly cost reports and cash flow forecasts.

- The *Heavy Equipment Operator* position is a fast-paced, very demanding role that requires very close attention to dors on all projects.
 - Assist the Project Manager and/or Director with a range of
 - other duties as may be required from time to time.
 - Manage post-contract commercial functions.
 - Maintain cost statistics on an island-wide and regional basis.
 - Maintain professional relations with clients, vendors, suppliers, and external consultants.
 - Promote commercial awareness and drive profitability on all assigned projects from inception, through procurement & construction, to final account.

REQUIREMENTS

• A Bachelor's degree in Quantity Surveying or a related field.

- A minimum of 5 years' post qualification experience, including project experience in the development and construction of large mixed-use developments
- Experience with Microsoft Projects, PlanSwift, Excel
- In-depth knowledge of market research, data analysis, and purchasing best practices.
- Excellent mathematical, planning, analytical, negotiation and time management skills
- Strong interpersonal and communication skills
- Able to work well within a team-based environment.
- Excellent computer skills necessary for analysing and monitoring commercial activities.

Salary range: KYD70,000.00 to KYD98,000.00 per annum, based on qualifications and experience, plus an attractive bonus scheme and statutory benefits as required by law. Only suitably qualified applicants will be contacted for an interview. Apply at **Heritage Holdings Ltd**. email: jobs@heritageholdings.ky. Closing date 15 March 2024.

The Foreman / Assistant Project Manager supports field

activities and spends most of the time working with the Construction Manager supporting project administration on multiple small projects. Activities include managing the job transition process; tracking bid quantities; supporting the management of cost and schedule, quality, safety, work planning, procurement, contract management, regulatory compliance, etc.

RESPONSIBILITIES

• Overseeing a wide variety of commercial, high-end residential and commercial projects including renovations and new construction

- Plan, organise, and participate in construction projects
 Ability to lead project crew including labourers, operators, and other trades
- Ability to read architectural and structural drawings/plans
- Supports project manager on management of cost and schedule
- Track quantities of work being completed on each bid item
- Ensures a safe work environment
- Participates in training/certificationsClient facing focus
- REQUIREMENTS
- 5+ years of progressive construction experience
- 3+ years in a leadership role
- A high degree of proficiency in MS Office Suite, Microsoft Projects, Outlook & Internet applications
- Ability to forecast, schedule and supervise manpower and resources
- Strong analytical, prioritising, interpersonal, problem-solving, presentation, budgeting, project management (from conception to completion), & planning skills
- Strong verbal and written communication skills (including
- analysis, interpretation, & reasoning)Ability to work well autonomously and within a team in a
- fast-paced and deadline-oriented environmentSelf-motivated with critical attention to detail, deadlines,
- and reportingMust hold a valid driver's licence (Group 2 or higher)
- Salary range: KYD50,000.00 to KYD70,000.00 per annum, based on qualifications and experience, plus an attractive bonus scheme and statutory benefits as required by law. Only suitably qualified applicants will be contacted for an interview. Apply at **Heritage HR Ltd.** email: jobs@herit-ageholdings.ky. Closing date 15 March 2024.

Live In Helper

To cook, wash, iron and clean

- Able to lift at least 50 lbs.
- Salary: CI\$6 per hour. Benefits as per Cayman
- Islands Labour Laws.
- Send application and 2 references to: PO Box
- 11632, Grand Cayman KY1 – 1009.

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- Cameraman O Concertary
- Email your ad to sales@caymaniantimes.ky Accepted by the Immigration Department

NOTICES



THE ROADS ACT (2005 Revision) Section 3 Declaration of Intent

In exercise of the powers conferred on the Governor by Section 3 of the Roads Act (2005 Revision), and acting upon recommendation by the National Roads Authority and Cabinet in the public interest, it is hereby declared that;

1. It is the intention of the National Roads Authority to gazette a road alignment as described hereunder:

REGISTRATION SECTION: Cayman Brac East **REGISTRATION BLOCK:** 106E

BOUNDARY PLAN: BP 669

PORTIONS OF LAND NEEDED:

The proposed roadwork is defined by boundaries outlined in green on BP 669 and listed in the Schedule below.

2. Boundary Plan Number 669 may be inspected at the offices of:

• The National Roads Authority, North Sound Road;

• The Lands & Survey Department, 133 Elgin Avenue, both of George Town, Grand Cayman or at the Lands Office, 19 Kirkconnell Street, Cayman Brac, or online at www.caymanlandinfo.ky under 'Road Schemes'.

SCHEDULE

Block	Parcel	Approximate Area loss in acres
106E	49REM1	0.04 (whole parcel)
106E	101	0.01
106E	103	0.02
106E	177	0.02
106E	176	0.01

Caymanian

Made in Cabinet this 16th of January 2024. **Clerk of Cabinet**

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UTILITY REGULATION AND COMPETITION OFFICE

Applications are invited for the following post:

Director of Economics and Regulatory Affairs

Ref: OF03/24 Salary Range: CI\$103,476.00 - \$139,164.00 per annum

The Utility Regulation and Competition Office (OfReg) is the independent multisector regulatory authority with responsibility for the energy and electricity, fuels, information, and communication technology (ICT), water and wastewater sectors.

Reporting to the Chief Executive Officer, the Director of Economics and Regulatory Affairs is the principal economic and policy advisor of the Office, responsible for leading assessment and the provision of sound advice, for all competition economics and regulatory economics matters to the various sectors under OfReg's remit. The post holder has responsibility to ensure that, as an economic regulator and competition office, OfReg discharges its duties in a manner that promotes fair regulation for consumers and industry and exercises its duties and decision making consistent with sound economic principles. This will include a focus on the mentorship and development of economic regulatory expertise within OfReg.

Key areas of accountability include, but are not limited to:

• Lead development of economic policy and provide advice and support to the CEO and all sectors, departments, and teams in OfReg.

• Direct the upgrading of policies and procedures to ensure compliance with economic statutory requirements and reviewing and providing input to all economic decisions, regulatory measures, and consultative documents to be issued by OfReg to ensure sound economic basis.

• Research, analyse and direct changes to the legislative and economic policy frameworks to ensure the Office is operating effectively and appropriately considering current circumstances, whilst enabling the environment to accommodate future changes in technologies and innovation.

• Lead development and supervise the implementation of tariff schemes and provide advice and support to the CEO and all sectors, departments, and teams in OfReg.

• Provide support in monitoring performance of the service providers in terms of level of investment, cost of services, and level of efficiency in production and distribution of the required services.

· Lead assessment and advise to ensure that the necessary systems and procedures needed to monitor regulated utilities and sectors are developed, established, and operated in a transparent and effective manner, in accordance with the enabling legislation and sound, relevant economic policy.

• Manage and deploy the technical competencies of OfReg, thus enabling the Office to discharge its economic regulatory functions efficiently.

• Support agreed strategies to promote awareness of the role of OfReg in the economic, social, and political development of the Islands.

Qualifications and Experience

 Master's degree in Economics with a concentration in Regulatory Economics and/ or Competition Economics is required, with a PhD being preferred.

• A minimum of 10 years' progressive senior level experience in utility regulation dealing with major licensees in competitive as well as non-competitive markets.

• Advanced knowledge and understanding of the technology, structure and economic principles of regulated markets, their development and trends related to public utilities and undertakings.

· Significant previous experience in developing economic policy related to public utilities regulation and competition regime.

• Knowledge and understanding of relevant legislation, regulations and procedures governing OfReg and working knowledge of the Cayman Islands utility and regula-

tory landscape. Familiarity with international and regional utility regulatory bodies. • Strong intellectual leadership and strategic economic advice and assessments across all sectors of OfReg.

• Strong research, analytical and investigatory skills to quickly analyse complex factual situations to understand key risk issues, include monitor expenditures in accordance with approved budget and submit reports on budget performance.

Applications

All applications must include (1) cover letter (2) Curriculum Vitae (3) OfReg application form and (4) two professional character references. All documents must be received for an application to be considered.

Detailed job description, OfReg application form and application notes are available online at: www.ofreg.ky/job-opportunities

Interested persons should submit their curriculum vitae, application form and cover letter to: https://ofreg.bamboohr.com/jobs/

Please submit the application form together with your curriculum vitae as a single PDF document.

Application Closing Date: March 22nd 2024



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sales@caymaniantimes.ky | 9162000

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CONTACT: