# Caymanian



**Friday Edition** 

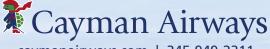
Issue No 1149

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December 19, 2025 **Complimentary** —

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DRESS FOR A CAUSE SUPPORTS DISABILITIES WITH MEANINGFUL **NATIONAL INITIATIVES** 



# Christmas In Cayman

By Flynn Bush

This year, like so many hundreds of them before, will see families turn their fo- of Jesus Christ. Thankfully, here in the cus toward the birthday of one particular Cayman Islands, we have a strong culture

individual. While Christmas has become more and more commercialized over the years, it is still the celebration of the birth

and heritage and have many meaningful traditions that go along with this blessed holiday.

Many decades ago, I'm talking of the

SEE CHRISTMAS IN CAYMAN, PAGE 2



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## **Christmas In Cayman**

CONTINUED FROM Page 1

childhood days of my grandparents, the Christmas season was filled with activities focused on faith, family and food. The preparation started weeks and months before with things such as the identification and fattening-up of a cow, the beautification of the home like with a new coat of paint for the house and fresh sand for the yard. Although the family members, including extended family, all played their part, it was hard work. But, on Christmas Day, everyone loved how the house stood out, and how the yard glistened with white that had been backed in thatch baskets from the beach.

The Christian spirit was in full bloom as Christmas Day inched nearer and nearer. During Christmas Week, the focus began to get clearer and folks all over were visiting family and friends and making sure that any grudges or quarrels were left behind when the new year rolled in. And they were making sure that those in the community who could not provide for themselves as they wished were taken care of as well.

During those years, the church bells always rang on Sundays and at the start of any midweek service that congregation might have. At Christmas, it seemed like those bells rang more often and, if it is pos-



sible, louder than usual. Folks made sure to make it to church, dressed in their best clothes and shoes, accompanying their family members. Worship and celebration of God's only Son, born to give the world an eternal King and the chance to live with

Him forever, was on the forefront of everyone's minds. This was the faith side of the holiday.

After church, and throughout the Christmas Week, everyone gathered in their own family units to partake of the smorgasbord

of delicious food prepared by loving hands. Oh, the smells must have been incredible; the aroma of Christmas beef or pork, breadkind, and heavy cakes, punctuated by the fruity scent of fresh apples and grapes. The fact that so many of these foods were only available at Christmas made it even more special. That was the food side of the holiday.

Nowadays, these traditions may look a little different, but they are still prevalent. A great amount of us still makes it a point to pass down our heritage and customs. The tables are still lined with the same type of foods as before; we still reach out to old friends and family members and try to help others in the community; and the churches are still

packed at the Christmas Eve and Christmas Day services. Above all, the Reason for the Season is celebrated- the birth of our Lord and Savior, Jesus Christ.

Merry Christmas from the Management and staff of Caymanian Times.

## NOW, THE REAL 'WORC' STARTS

The single issue of amending the Immigration (Transition) (Amendment and Validation) Bill 2025 not only dominated last week's meeting of Parliament but will be the dominant feature driving Cayman's immigration policy for the foreseeable future.

Meant principally to rebalance current trends and practices in the labour market to the advantage of Caymanian nationals, the wide-ranging changes have also seen late-stage amendments to the original amendments and the introduction of new clauses.

And, there could be further changes ahead as Cayman grapples with the economically and socially delicate task of a

'managed migration' system that the pillars of its economy rely on. (Work permit fees - with increased rates and tighter oversight - are a key government revenue source from mainly financial services, tourism, construction, education and health sectors).

Cayman with its enviable first-world economy, finds itself in a dichotomy where expatriates make up more than half of the population, unemployment is trending at an equally enviable low of 2.9 per cent (where expatriates comprise more than half of the labour force), yet claims persist of Caymanians struggling to get jobs and struggling more to progress when they do get one.

The changes to the immigration laws are intended to correct that.

As was stated during the two-day session, "this is more than immigration reform, this is a reset".

This reset extends to how Caymanian citizenship is awarded to non-nationals whether by extended length of stay and more stringent requirements surrounding marriage.

That 15 of the 19 members of Parliament voted in support of the measures across party lines is telling. It tells us that politicians have listened to voters who have told them what they've wanted over many years and elections. Four members of the main opposition were absent from the final Parliamentary vote; one due to a business conflict with the legislation, and another said to be out of the territory.

Immigration is one of the most divisive global issues of the modern era. It's an issue about borders that knows no borders. The Cayman case is more nuanced and complex in that while it's less about illegal immigration, the core issue is about managing the legal migration with its implica-

tions for 'jobs for Caymanians', the economy, culture and population growth.

Coming out of the landmark changes to the immigration law intended to 'reform and re-balance' the system to the advantage of Caymanians, a more delicate balancing act awaits. That will determine how Cayman itself navigates and manages the changes to what is expected to revert to the title of the original 1971 law (repealed in 2003) - The Caymanian Protection Law. The suggestion by Hon. Min. For Finance Rolston Anglin to consider the name 'Cayman Integration Law' as an alternative has merit. Nuance matters in these delicate matters.

Also, with the governing coalition operating under the banner of the National Coalition For Caymanians(NCFC), and the Labour Ministry rebranded to the Ministry for Caymanian Employment and Immigration, a campaign promise will have been achieved.

It's now that the real work - especially that of the pre-coalition and equally-aptly-named Workforce Opportunities and Residency Cayman(WORC) - will begin, if this is to really work.





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# Explanation of Cayman Brac Water Quality Incident and Resolution

Following the lifting of the boil water notice in Cayman Brac, the Water Authority would like to explain what caused the issue and the steps taken to rectify it.

What Happened:

The issue resulted from a failure at the water production plant in Cayman Brac. There was a mechanical issue where a connector within one of the pressure vessels failed. The pressure vessels house the membranes that are used to process feed water.

Additionally, the automatic controls that shut down the system when water quality parameters fall outside the Authority's standards did not operate as designed.

This system failure occurred overnight on Friday, 12 December. It was discovered the following day (Saturday, 13 December) during manual system checks. The operations team took immediate action to rectify the issue upon its discovery. When the scope of the problem became apparent, actions were escalated, and our emergency plan was activated.

Measures Taken:

One of the initial issues identified was the water's high conductivity, indicating high salinity. Our team began the work to normalise these levels both at the water production plant and across our distribution network.

Members of our Quality Control and Operations Team, who are usually stationed in Grand Cayman, travelled to the Brac on Saturday and on Sunday for the extensive testing required, working alongside the Cayman Brac team.

At the water production plant, the water production train that had a mechanical failure was taken offline, and another train was put into service to begin producing potable water that meets our quality control standards and pumping it into our distribution system.

Simultaneously, a crew began systematically flushing our main pipeline and conducting tests of salinity and other parameters.

By Sunday morning, the salinity levels in the water storage tanks had returned



▶ Dr. Gelia Frederick van Genderen

to the Authority's water quality standards.

Test results indicated that the salinity issues did not affect areas east of Coastal Way.

The Authority also conducted tests to ensure its water delivery trucks were not compromised – the results show that all meet our strict safety standards.

Why a Boil Water Notice was Issued:

Initial tests showed high conductivity, indicating high salt content. Additionally, the mechanical failure at the plant meant the source water did not undergo the required process to produce potable water, in which case bacteriological issues could be a factor. As such, the Authority carried out a regulatory definitive test for bacteriological quality, a measure that assesses public health risk and takes 18 hours to produce results.

While the Authority awaited the results of the comprehensive analyses, screening tests were conducted across the distribution network. These screenings consistently showed no bacteriological contamination, indicating that if the water (while



▶ A laboratory staff member gathers a sample for testing

not meeting salinity standards) was consumed, it did not pose a health risk.

To protect public health, a boil water notice was issued just before 3:00 PM on Saturday, 13 December.

"The decision to issue and maintain the boil water notice was made out of an abundance of caution, with public health as our top priority," explains Water Authority Director, Dr Gelia Frederick van Genderen. "While initial screening tests showed no bacteriological contamination, we kept the notice in place until comprehensive analysis confirmed those early results."

The boil water notice was lifted on Sunday evening, following the results of the comprehensive analyses.

Next Steps:

The Authority is working with our vendors to rectify the programming issue that caused the automatic shutoff safety feature to fail. Additionally, the component that caused the mechanical failure to occur has been replaced. As these measures are

implemented, the Authority will increase the frequency of its manual system checks.

Flushing of the main pipeline has been completed, and salinity levels are back within the Authority's water quality standards. The Authority is working to complete flushing along all side roads to remove residual salinity and ensure our water quality standards are met across the entire distribution network. This work is anticipated to be completed by the end of business tomorrow (Tuesday, 16 December)

"I want to sincerely thank our team who worked around the clock to resolve this issue as quickly and safely as possible. We apologise to our customers for the inconvenience this situation has caused. We are also grateful to the Cayman Brac community for their understanding and patience while we took action to protect our customers and ensure the safety of our water", expresses Dr Frederick-van Genderen.

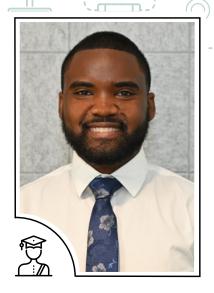


► A gathering of samples ready for testing



# Powering the Euture

### Welcoming back our Scholarship Recipients



Marcus Lawrence Graduate Engineer

A 2020 CUC scholarship recipient, Marcus completed a Bachelor of Science degree in Mechanical Engineering with a focus on Sustainable Energy Systems from the University of Southampton in the United Kingdom.

Prior to receiving the scholarship, Marcus completed his A level studies at St. Ignatius Catholic High School in 2020 attaining passes in Mathematics, Physics, Biology and Geography.

Marcus returned to the Company following his graduation. He currently holds the title of Graduate Engineer in the Engineering & Planning Department.



**Justin Whyte**Engineering Technologist I

A CUC employee with the Electrical Maintenance Department since 2018, Justin was awarded a CUC scholarship in 2022. He completed an Advanced Diploma in Electrical Engineering Technology from Conestoga College in Kitchener, Canada in 2025.

Prior to receiving the scholarship, Justin completed Technical Vocational Studies at the University College of the Cayman Islands (UCCI) in 2019 earning an Electro-Technology Certificate. Justin joins an elite group of young apprentice electricians and technicians from the Company who have graduated from Conestoga College with an Engineering Technology Diploma.

Justin currently holds the title of Engineering Technologist 1 in the Electrical Maintenance Department.



Tazmar Dawkins Graduate Engineer

A 2021 CUC scholarship recipient, Tazmar completed a Bachelor of Science degree in Mechanical Engineering from the Milwaukee School of Engineering in Wisconsin in the United States.

In 2024, Tazmar received a second scholarship from CUC to pursue a Master's degree in Engineering Management at Arkansas State University in the United States.

Prior to receiving his first scholarship in 2021, Tazmar completed an Associate of Science degree in Engineering Technology from the University College of the Cayman Islands (UCCI).

Following his graduation from Arkansas State University, Tazmar returned to the Company in 2025 and is a Graduate Engineer in the Engineering & Planning Department.



Aliyah Myers Regulatory & Sustainability Officer

A 2021 CUC scholarship recipient, Aliyah completed a Bachelor of Arts degree in Environment and Urban Sustainability from the Toronto Metropolitan University (formerly Ryerson University) in Toronto, Canada.

In 2025, Aliyah received a second scholarship from CUC to pursue an online Master's degree in Sustainable Development and Policy through the University of Illinois in the United States.

Also in 2025, Aliyah joined the Company on a full time basis and holds the title of Regulatory & Sustainability Officer in the Regulatory & Sustainability Department.





The Environmental Management System at the North Sound Road Power Plant is registered to ISO 14001







CO Nellie Pouchie, SATC Suzette Stewart, Acting Governor Franz Manderson - Sunflower



# MSDI and Cayman Islands Government Mark International Day of Persons with Disabilities with Meaningful National Initiatives



▶ MSDI with Disability Council and Acting Governor Manderson, IDPD 2025

The Ministry of Social Development & Innovation joined the wider Government and community to commemorate International Day of Persons with Disabilities (IDPD) with an island wide Dress for a Cause - Wear Yellow initiative, reinforcing its commitment to strengthening disability inclusion across the public service and the wider community. A vibrant group of 150 Civil Servants and Sunrise Adult Training Centre clients gathered in front of the Government Administration Building (GAB) for the annual photo, a record-breaking turnout, with participants proudly wearing yellow in recognition of disability inclusion. This tradition, which has been observed for more than a decade, continues to grow

in participation and visibility, symbolising a shared determination to remove barriers for persons with disabilities. The public is encouraged to join the observance every 3 December.

The 2025 global IDPD theme: "Fostering disability-inclusive societies for advancing social progress" is aimed at full and effective participation in society for persons with disabilities in all aspects of life.

There are initiatives across Government, not just to recognise this day, but to make meaningful change to benefit persons with disabilities in the Cayman Islands into the future.

Reviewing Legislation: Amendments to the Disabilities (Solomon Webster) Act, 2016

Cabinet has granted approval for amendments to be drafted for the Disabilities (Solomon Webster) Act, 2016. The updates aim to modernise the legislation to provide a comprehensive framework for persons to protect and support persons with disabilities to access their rights. This legislative step is part of a wider national effort to strengthen participation and remove barriers. MSDI is working closely with the National Council for Persons with Disabilities to modernise the framework. The National Council for Persons with Disabilities (NCPD), a Council within the MSDI Portfolio, continues to lead national advocacy, public education, and key initiatives. The Council works across ministries and

with private-sector partners to advance accessibility, support legislation, and promote inclusive development.

#### **Becoming Sunflower-**Certified

MSDI is proud to be the first Ministry to complete the Sunflower Training Programme - a globally recognised initiative that helps organisations support people with hidden disabilities with greater awareness and sensitivity. Through Sunrise Adult Training Centre's leadership, the training process has been made accessible for public and private organisations to take part, noting that SATC is

SEE MSDI AND CAYMAN ISLANDS, Page 7



▶ IDPD 2025 Group Photo

# MSDI and Cayman Islands

CONTINUED FROM Page 6

available to help facilitate staff training and provide Sunflower lanyards free of charge.

### Government-Wide Policy Workshop: Mainstreaming Disability Across Public Policy

In honour of IDPD, the Cabinet Office hosted a workshop for policy professionals titled "Mainstreaming Accessibility in Policy Work", which was facilitated by a Senior Policy Advisor within the MSDI. The session, which was attended by policy officers and other civil servants,

guided participants through practical strategies for integrating disability perspectives into policy development and public service delivery. Emphasis was placed on ensuring that government policies work effectively for all persons, regardless of disability by design, not by exception.

#### **QUOTES**

Mr. Franz Manderson, Acting Governor

"This year's record turnout reflects the dedication of our civil servants and partners to building a more welcoming and inclusive public service. International Day of Persons with Disabilities offers us an important moment for reflection and collective leadership,

and I am proud of the role the civil service continues to play in advancing disability inclusion across our Islands."

Hon. Isaac Rankine, Minister for Social Development & Innovation

"Our government's vibrant show of yellow reflects our commitment to build a society where everyone can participate fully. Inclusion must be intentional, which is why we are strengthening legislation, improving service delivery, and ensuring accessibility considerations are built into how we design public services. I'm proud of the unity shown, and I encourage our community to keep disability inclusion at the forefront."

Mrs. Nellie Pouchie Chief Officer, Ministry of Social Development & Innovation

"We are committed to meaningful, sustained progress - through modernised legislation, meaningful removal of barriers, and practical collaboration. Advancing amendments to the legislative framework is an important step toward ensuring our laws meet the real needs of persons with disabilities."

Dr. Annette Stephenson Chair, National Council for Persons with Disabilities

"Wearing yellow is a powerful show of unity, but true inclusion requires more than awareness, it demands sustained, collective action. As Chair of the NCPD, my focus is ensuring that disability inclusion becomes standard practice across legislation, policy, and everyday life. I encourage all organisations to partner with us, engage in Sunflower training, and take

practical steps to remove barriers. Inclusion must be built, not assumed."

#### Call to Action

Community members, schools, businesses, community groups, & civic organisations are encouraged to:

- \* Participate in the Sunflower Training Programme
- $^{\ast}$   $\,$  Engage with the work of the NCPD and SATC
- \* Promote accessibility and inclusion in everyday life

MSDI remains committed to ensuring that disability inclusion is fully integrated into Cayman's social development efforts, legislative agenda, & government service delivery, strengthening outcomes for all.





### REGISTRATION NOTICE

#### TAKE NOTICE that -

- Every person who is entitled to be registered as an elector in the Cayman Brac East and Cayman Brac West & Little Cayman electoral district(s) and who wishes to have his/ her name placed on the Register of Electors for the three month period commencing on the 1st day of April, 2026 shall, unless already registered in the current Register of Electors, apply in writing in Form 4 for registration as an elector, which duly completed form must be received by the registering officer for the said electoral district(s) on or before the registration date, namely the 1st day of January, 2026.
- Every person not disqualified on any of the grounds set out in the next paragraph of this notice is qualified to be registered as an elector in the said electoral district if he or she—  $\,$

#### **Qualifications of Electors**

- 90(1) Subject to section 91, a person shall be entitled to be registered as an elector in one electoral district only, but he or she shall not be entitled to be registered as an elector for elections to the Legislative Assembly unless
  - he or she was, on the day immediately preceding the date of commencement of this Constitution, entitled to be registered as an elector; or
  - heorshe
    - i) isaCaymanian;and
    - ii) has attained the age of eighteen years; and
    - iii) is resident in the Cayman Islands at the date of
    - iv) has been resident in the Cayman Islands for a period or periods amounting to not less than two years out of the four years immediately preceding the date of
  - on the day of the issue of a writ ordering an election, he or she is otherwise qualified under paragraph (b) but has not attained the age of eighteen, but he or she will attain that age on or before the polling day

#### Disqualifications of Electors

at the election

- 91(1) A person shall not be entitled to be registered as an elector in any electoral district who
  - subject to subsection (2) is serving a sentence of imprisonment (by whatever name called) exceeding twelve months imposed on him or her by a court in any country or substituted by competent authority for some other sentence imposed on him or her by such a court, or is under such a sentence of imprisonment the execution of which has been suspended;
  - is a person certified to be insane or otherwise adjudged to be of unsound mind under any law in force in the Cayman Islands; or
  - is disqualified for registration as an elector by any law in force in the Cayman Islands relating to offences connected with elections.
  - For the purposes of subsection (1)(a)—
  - where a person is serving two or more sentences of imprisonment that are required to be served consecutively he or she shall, throughout the whole time during which he or she so serves, be regarded as serving a sentence exceeding twelve months if (but not unless) any one of those sentences exceeds that term;
  - no account shall be taken of a sentence of imprisonment imposed as an alternative to or in default of the payment of a fine; and
  - no account shall be taken of a sentence of imprisonment imposed by a court outside the Cayman Islands other than a sentence on conviction of an offence constituted by conduct which, if it occurred within the Cayman Islands, would constitute an offence punishable under the law of the Cayman Islands by imprisonment of twelve months or any greater punishment.
  - $A\,revised\,list\,containing\,the\,names, street\,address$ and occupation of all persons qualified to vote in the
    - whose names appear in the current Register of Electors: or
  - ii) who have submitted to the registration officer a duly completed and signed application for registration in Form 4 will be available at the Elections Office in George Town, the District Administration Office in Cayman Brac and the Post Office in Little Cayman for od of twenty-one days beginning on the 16th day of January, 2026.
  - copies of Form 4 may be obtained at the following
    - i) any post office or sub-post office;
    - ii) the registering office for any electoral district; or
    - iii) the Elections Office
  - The registering officer for the electoral district(s)

19th December, 2025 DATE

Ellen Lazzari REGISTERING OFFICER

#### TAKE NOTICE that -

- Every person who is entitled to be registered as an elector in the **North Side** electoral district and who wishes to have his/her name placed on the Register of Electors for the three month period commencing on the 1st day of April, 2026 shall, unless already registered in the current Register of Electors, apply in writing in Form 4 for registration as an elector, which duly completed form must be received by the registering officer for the said electoral district on or before the registration date, namely the **1st** day of January, 2026.
- Every person not disqualified on any of the grounds set out in the next paragraph of this notice is qualified to be registered as an elector in the said electoral district if he

#### **Qualifications of Electors**

- 90(1) Subject to section 91, a person shall be entitled to be registered as an elector in one electoral district only, but he or she shall not be entitled to be registered as an elector for elections to the Legislative Assembly unless-
- he or she was, on the day immediately preceding the date of commencement of this Constitution, entitled to be registered as an elector; or
- heorshe
  - isaCaymanian; and
  - $has\,attained\,the\,age\,of\,eighteen\,years; and$
  - is resident in the Cayman Islands at the date of registration; and
  - has been resident in the Cayman Islands for a period or periods amounting to not less than two years out of the iv) four years immediately preceding the date of registration;

on the day of the issue of a writ ordering an election, he orshe is otherwise qualified under paragraph (b) but has not attained the age of eighteen, but he or she will attain that age on or before the polling day at the election.

#### Disqualifications of Electors

- 91(1) A person shall not be entitled to be registered as an elector in any electoral district who
  - subject to subsection (2) is serving a sentence of imprisonment (by whatever name called) exceeding twelve months imposed on him or her by a court in any country or substituted by competent authority for some other sentence imposed on him or her by such a court, or is under such a sentence of imprisonment the execution of which has been suspended;
  - is a person certified to be insane or otherwise adjudged to be of unsound mind under any law in force in the Cayman Islands; or
  - is disqualified for registration as an elector by any law in force in the Cayman Islands relating to offences connected with elections.
  - For the purposes of subsection (1)(a)-
  - where a person is serving two or more sentences of imprisonment that are required to be served consecutively he or she shall, throughout the whole time during which he or she so serves, be regarded as serving a sentence exceeding twelve months if (but not unless) any one of those sentences exceeds that term;
  - no account shall be taken of a sentence of imprisonment imposed as an alternative to or in default of the payment of a fine; and
  - no account shall be taken of a sentence of imprisonment imposed by a court outside the Cayman Islands other than a sentence on conviction of an offence constituted by conduct which, if it occurred within the Cayman Islands, would constitute an offence punishable under the law of the Cayman Islands by imprisonment of twelve months or any greater punishment.
  - A revised list containing the names, street address and occupation of all persons qualified to vote in the said district-
  - whose names appear in the current Register of
  - who have submitted to the registration officer a duly completed and signed application for registration in Form 4 will be available at the Elections Office in George Town, the District Administration Office in Cayman Brac and the Post Office in Little Cayman fora period of twenty-one days beginning on the 16th day of January, 2026.
  - copies of Form 4 may be obtained at the following nlaces
    - i) any post office or sub-post office;
    - ii) the registering office for any electoral district; or iii) the Elections Office
  - The registering officer for the electoral district is

19th December, 2025 DATE

E. Patricia Ebanks REGISTERING OFFICER

#### TAKE NOTICE that -

- Every person who is entitled to be registered as an elector in the **East End** electoral district and who wishes to have his/her name placed on the Register of Electors for the three month period commencing on the 1st day of April, 2026 shall, unless already registered in the current Register of Electors, apply in writing in Form 4 for registration as an elector, which duly completed form must be received by the registering officer for the said electoral district on or before the registration date, namely the 1st day of January, 2026.
- Every person not disqualified on any of the grounds set out in the next paragraph of this notice is qualified to be registered as an elector in the said electoral district if he

#### **Qualifications of Electors**

- 90(1) Subject to section 91, a person shall be entitled to be registered as an elector in one electoral district only, but he or she shall not be entitled to be registered as an elector for elections to the Legislative Assembly unless
  - he or she was, on the day immediately preceding the date of commencement of this Constitution, entitled to be registered as an elector; or
  - heorshe
    - i) isaCaymanian;and
    - $\textbf{ii)} \quad \text{has attained the age of eighteen years; and} \\$
    - $\textbf{iii)} \ \ \text{is resident in the Cayman Islands at the date of} \\$ registration; and
    - iv) has been resident in the Cayman Islands for a period or periods amounting to not less than two years out of the four years immediately preceding the date of registration;

on the day of the issue of a writ ordering an election. he or she is otherwise qualified under paragraph (b) but has not attained the age of eighteen, but he or she will attain that age on or before the polling day at the election.

#### **Disqualifications of Electors**

- 91(1) A person shall not be entitled to be registered as an electorin any electoral district who
  - subject to subsection (2) is serving a sentence of imprisonment (by whatever name called)
    exceeding twelve months imposed on him or her by a court in any country or substituted by competent authority for some other sentence imposed on him or her by such a court, or is under such a sentence of imprisonment the execution of which has been suspended;
  - is a person certified to be in sane or otherwise adjudged to be of unsound mind under any law in force in the Cayman Islands; or
  - is disqualified for registration as an elector by any law in force in the Cayman Islands relating to offences connected with elections.
  - (2) For the purposes of subsection (1)(a)-
  - where a person is serving two or more sentences of imprisonment that are required to be served consecutively he or she shall, throughout the whole time during which he or she so serves, be regarded as serving a sentence exceeding twelve months if (but not unless) any one of those sentences exceeds that term:
  - no account shall be taken of a sentence of imprisonment imposed as an alternative to or in default of the payment of a fine; and
  - no account shall be taken of a sentence of imprisonment imposed by a court outside the Cayman Islands other than a sentence on conviction of an offence constituted by conduct which, if it occurred within the Cayman Islands, would constitute an offence punishable under the law of the Cayman Islands by imprisonment of twelve months or any greater punishment.
  - $A \, revised \, list containing the \, names, street \, address \,$ and occupation of all persons qualified to vote in the said district
    - whose names appear in the current Register of
    - who have submitted to the registration officer a duly completed and signed application for registration in Form 4 will be available at the Elections Office in George Town, the District Administration Office in Cayman Brac and the Post Office in Little Cayman for a period of twenty-one days beginning on the 16th day of January, 2026.
  - (e) copies of Form 4 may be obtained at the following
    - i) any post office or sub-post office;
    - ii) the registering office for any electoral district: or
  - iii) the Elections Office
  - The registering officer for the electoral district is Leisa V. Welcome.

19th December, 2025 DATE

Leisa V. Welcome REGISTERING OFFICER



### REGISTRATION NOTICE

section 13(2

#### TAKE NOTICE that -

- (a) Every person who is entitled to be registered as an elector in the West Bay North, West Bay West, West Bay Central and West Bay South electoral district(s) and who wishes to have his/her name placed on the Register of Electors for the three month period commencing on the 1st day of April, 2026 shall, unless already registered in the current Register of Electors, apply in writing in Form 4 for registration as an elector, which duly completed form must be received by the registering officer for the said electoral district(s) on or before the registration date, namely the 1st day of January, 2026.
- (b) Every person not disqualified on any of the grounds set out in the next paragraph of this notice is qualified to be registered as an elector in the said electoral district if he

#### **Qualifications of Electors**

- 90(1) Subject to section 91, a person shall be entitled to be registered as an elector in one electoral district only, but he or she shall not be entitled to be registered as an elector for elections to the Legislative Assembly unless—
  - (a) he or she was, on the day immediately preceding the date of commencement of this Constitution, entitled to be registered as an elector; or
  - (b) heorshe
    - i) isaCaymanian;and
    - ii) has attained the age of eighteen years; and
    - iii) is resident in the Cayman Islands at the date of registration; and
    - iv) has been resident in the Cayman Islands for a period or periods amounting to not less than two years out of the four years immediately preceding the date of registration:

or

on the day of the issue of a writ ordering an election, he or she is otherwise qualified under paragraph (b) but has not attained the age of eighteen, but he or she will attain that age on or before the polling day at the election.

#### Disqualifications of Electors

- 91(1)A person shall not be entitled to be registered as an elector in any electoral district who—
  - (a) subject to subsection (2) is serving a sentence of imprisonment (by whatever name called) exceeding twelve months imposed on him or her by a court in any country or substituted by competent authority for some other sentence imposed on him or her by such a court, or is under such a sentence of imprisonment the execution of which has been suspended;
  - is a person certified to be insane or otherwise adjudged to be of unsound mind under any law in force in the Cayman Islands; or
  - is disqualified for registration as an elector by any law in force in the Cayman Islands relating to offences connected with elections.
  - (2) For the purposes of subsection (1)(a)—
  - (a) where a person is serving two or more sentences of imprisonment that are required to be served consecutively he or she shall, throughout the whole time during which he or she so serves, be regarded as serving a sentence exceeding twelve months if (but not unless) any one of those sentences exceeds that term;
  - (b) no account shall be taken of a sentence of imprisonment imposed as an alternative to or in default of the payment of a fine; and
  - (c) no account shall be taken of a sentence of imprisonment imposed by a court outside the Cayman Islands other than a sentence on conviction of an offence constituted by conduct which, if it occurred within the Cayman Islands, would constitute an offence punishable under the law of the Cayman Islands by imprisonment of twelve months or any greater punishment.
  - (d) A revised list containing the names, street address and occupation of all persons qualified to vote in the said district.
    - i) whose names appear in the current Register of Electors; or
    - ii) who have submitted to the registration officer a duly completed and signed application for registration in Form 4 will be available at the Elections Office in George Town, the District Administration Office in Cayman Brac and the Post Office in Little Cayman for a period of twenty-one days beginning on the 16th day of January, 2026.
  - (e) copies of Form 4 may be obtained at the following places –
    - i) any post office or sub-post office;
    - ii) the registering office for any electoral district; or
    - iii) the Elections Office
  - f) The registering officer for the electoral district(s) is **Bethany Powery**.

19th December, 2025 DATE BethanyPowery
REGISTERING OFFICER

#### TAKE NOTICE that -

Every person who is entitled to be registered as an elector in the George Town North, George Town West, George Town Central, George Town South, George Town East, Red Bay and Prospect electoral district(s) and who wishes to have his/her name placed on the Register of Electorsforthe three month period commencing on the 1st day of April, 2026 shall, unless already registered in the current Register of Electors, apply in writing in Form 4 for registration as an elector, which duly completed form must be received by the registering officer for the said electoral district(s) on or before the registration date, namely the 1st day of January, 2026.

,\*

(a) Every person not disqualified on any of the grounds set out in the next paragraph of this notice is qualified to be registered as an elector in the said electoral district if he

#### **Qualifications of Electors**

- 90(1) Subject to section 91, a person shall be entitled to be registered as an elector in one electoral district only, but he or she shall not be entitled to be registered as an elector for elections to the Legislative Assembly unless—
  - (a) he or she was, on the day immediately preceding the date of commencement of this Constitution, entitled to be registered as an elector; or
  - (b) heorshe
    - i) isaCavmanian:and
    - ii) has attained the age of eighteen years; and
    - iii) is resident in the Cayman Islands at the date of registration; and
    - iv) has been resident in the Cayman Islands for a period or periods amounting to not less than two years out of the four years immediately preceding the date of registration;

or

(c) on the day of the issue of a writ ordering an election, he or she is otherwise qualified under paragraph (b) but has not attained the age of eighteen, but he or she will attain that age on or before the polling day at the election.

#### **Disqualifications of Electors**

- 91(1) A person shall not be entitled to be registered as an elector in any electoral district who—
  - (a) subject to subsection (2) is serving a sentence of imprisonment (by whatever name called) exceeding twelve months imposed on him or her by a court in any country or substituted by competent authority for some other sentence imposed on him or her by such a court, or is under such a sentence of imprisonment the execution of which has been suspended;
  - (b) is a person certified to be insane or otherwise adjudged to be of unsound mind under any law in force in the Cayman Islands; or
  - (c) is disqualified for registration as an elector by any law in force in the Cayman Islands relating to offences connected with elections.
  - (2) For the purposes of subsection (1)(a)—
  - (a) where a person is serving two or more sentences of imprisonment that are required to be served consecutively he or she shall, throughout the whole time during which he or she so serves, be regarded as serving a sentence exceeding twelve months if (but not unless) any one of those sentences exceeds that term;
  - no account shall be taken of a sentence of imprisonmentimposed as an alternative to or in default of the payment of a fine; and
  - (c) no account shall be taken of a sentence of imprisonment imposed by a court outside the Cayman Islands other than a sentence on conviction of an offence constituted by conduct which, if it occurred within the Cayman Islands, would constitute an offence punishable under the law of the Cayman Islands by imprisonment of twelve months or any greater punishment.
  - (d) A revised list containing the names, street address and occupation of all persons qualified to vote in the said district
    - i) whose names appear in the current Register of Electors; or
    - ii) who have submitted to the registration officer a duly completed and signed application for registration in Form 4 will be available at the Elections Office in George Town, the District Administration Office in Cayman Brac and the Post Office in Little Cayman for a period of twenty-one days beginning on the 16th day of January, 2026.
  - (e) copies of Form 4 may be obtained at the following places
    - i) any post office or sub-post office;
    - ii) the registering office for any electoral district; or
    - iii) the Elections Office
  - (f) The registering officer for the electoral district(s) is Kathryn Myles.

19th December, 2025 DATE <u>Kathryn Myles</u> REGISTERING OFFICER

#### TAKE NOTICE that -

- (a) Every person who is entitled to be registered as an elector in the Newlands, Savannah, Bodden Town West and Bodden Town East electoral district(s) and who wishes to have his/her name placed on the Register of Electors for the three month period commencing on the 1st day of April, 2026 shall, unless already registered in the current Register of Electors, apply in writing in Form 4 for registration as an elector, which duly completed form must be received by the registering officer for the said electoral district(s) on or before the registration date, namely the 1st day of January, 2026
- Every person not disqualified on any of the grounds set out in the next paragraph of this notice is qualified to be registered as an elector in the said electoral district if he orshe

#### **Qualifications of Electors**

- 90(1) Subject to section 91, a person shall be entitled to be registered as an elector in one electoral district only, but he or she shall not be entitled to be registered as an elector for elections to the Legislative Assembly unless—
  - (a) he or she was, on the day immediately preceding the date of commencement of this Constitution, entitled to be registered as an elector; or
  - b) heorshe-
  - i) isaCaymanian;and
  - ii) has attained the age of eighteen years; and
  - iii) is resident in the Cayman Islands at the date of registration; and
  - has been resident in the Cayman Islands for a period or periods amounting to not less than two years out of the four years immediately preceding the date of registration;
  - or

    (c) on the day of the issue of a writ ordering an election, he orshe is otherwise qualified under paragraph (b) but has not attained the age of eighteen, but he or she will attain that age on or before the polling day

### attheelection. Disqualifications of Electors

- 91(1) A person shall not be entitled to be registered as an elector in any electoral district who—
  - (a) subject to subsection (2) is serving a sentence of imprisonment (by whatever name called) exceeding twelve months imposed on him or her by a court in any country or substituted by competent authority for some other sentence imposed on him or her by such a court, or is under such a sentence of imprisonment the execution of which has been suspended;
  - (b) is a person certified to be insane or otherwise adjudged to be of unsound mind under any law in force in the Cayman Islands; or
  - (c) is disqualified for registration as an elector by any law in force in the Cayman Islands relating to offences connected with elections.
  - (2) For the purposes of subsection (1)(a)—
  - (a) where a person is serving two or more sentences of imprisonment that are required to be served consecutively he or she shall, throughout the whole time during which he or she so serves, be regarded as serving a sentence exceeding twelve months if (but not unless) any one of those sentences exceeds that term;
  - (b) no account shall be taken of a sentence of imprisonment imposed as an alternative to orin default of the payment of a fine; and
  - (c) no account shall be taken of a sentence of imprisonment imposed by a court outside the Cayman Islands other than a sentence on conviction of an offence constituted by conduct which, if it occurred within the Cayman Islands, would constitute an offence punishable under the law of the Cayman Islands by imprisonment of twelve months or any greater punishment.
  - (d) A revised list containing the names, street address and occupation of all persons qualified to vote in the said district—
  - i) whose names appear in the current Register of Electors; or
  - ii) who have submitted to the registration officer a duly completed and signed application for registration in Form 4 will be available at the Elections Office in George Town, the District Administration Office in CaymanBracandthePostOfficeinLittleCaymanfor a period of twenty-one days beginning on the 16th day of January, 2026.
  - (e) copies of Form 4 may be obtained at the following places –
    - i) any post office or sub-post office;
    - ii) the registering office for any electoral district; or
    - iii) the Elections Office
  - The registering officer for the electoral district(s) is Carlene Watler-Scott.

19th December, 2025 DATE Carlene Watler-Scott
REGISTERING OFFICER

# Health City Cayman Islands Sleep Lab Marks 2,000<sup>th</sup> Patient, a Major Milestone for Regional Sleep Medicine



Health City Cayman Islands has reached a significant milestone, with its Sleep Lab having treated its 2,000th patient since opening in 2015. The achievement underscores the clinic's leadership in diagnosing and managing sleep disorders in the Cayman Islands and across the Caribbean. Of the 2000 patients, 1,083 were men and 946 were women. The patients ranged in age from 15 years up to 93 years old. The highest percentage of those with sleep disorders was 26.3%, in the 41-50 age group.

Established to provide a holistic approach to sleep health, the Sleep Lab treats a full spectrum of disorders — from insomnia and sleep apnea to narcolepsy and

restless legs syndrome. Led by Dr. Archita Joshi-Bhatt, Consultant in Pulmonology, Critical Care, and Sleep Medicine, the facility combines clinical expertise with advanced diagnostic tools such as polysomnography, actigraphy, and multiple sleep latency testing.

"Sleep is essential to overall health and quality of life, yet millions of people live with undiagnosed or untreated sleep disorders," said Dr. Joshi-Bhatt. "Reaching our 2,000 th patient highlights both the growing awareness of sleep medicine in our region and our team's commitment to providing comprehensive, patient-centered care."

Since its inception, the Sleep Lab has

expanded access to accredited diagnostics and treatment throughout the region, raised awareness of the link between sleep health and chronic conditions such as hypertension, diabetes, depression and cardiovascular disease, and offered evidence-based therapies ranging from behavioral and cognitive interventions to CPAP and surgical options.

Miss Rita Ebanks, the patient with whom the milestone was reached, shared what it was like doing a sleep study. "It was a wonderful experience — I slept like a baby. The room was comfortable and peaceful, and the team was so professional and caring. I'd definitely recommend the Sleep Lab to

anyone who needs it."

The milestone also reflects the broader vision of Health City Cayman Islands, founded by world-renowned heart surgeon and humanitarian Dr. Devi Shetty, to deliver affordable, world-class care to local, regional and international patients.

"Reaching our 2,000 th patient is not just about numbers — it's about lives improved and communities empowered through better health," said Dr Binoy Chattuparambil, Clinical Director at Health City Cayman Islands. "The Sleep Lab exemplifies our mission to deliver excellence across multiple specialties — from cardiology and oncology to neurology and sleep medicine."

# Health City Celebrates Shomari Scott's Honor at the 2025 CMEx Leadership Awards

Health City Cayman Islands has announced that Shomari Scott, Chief Business Officer, was honored as a distinguished laureate at the 2025 Caribbean Media Exchange (CMEx) Leadership Awards, which occurred on December 7th at the Lowe's Coral Gables Hotel in Miami. This prestigious event recognizes exemplary leaders making significant impacts across the Caribbean.

Shomari Scott's innovative approach has been pivotal in transforming health-care in the region. Under his leadership, Health City Cayman Islands has not only improved medical services but has also played a crucial role in boosting Caribbean tourism. Dr. Binoy, Clinical Director at Health City, remarked, "It is a pleasure to work with such an outstanding Caymanian professional. Shomari has played an integral role in establishing Health City as a quality brand and in our overall success."

Scott expressed his gratitude for this



► Shomari Scott Receiving Award

recognition, stating, "I am truly honored to receive this award for leadership. I want to thank CMEx for upholding Caribbean leaders. I look forward to continuing our efforts to make the Cayman Islands proud and to fostering partnerships that enhance the health and wellness of our communities."

In his role, Scott has successfully implemented strategies that have significantly raised the profile of quality medical services achievable in the Caribbean, showcasing the region's potential as a hub for health and tourism. His relentless dedication to service and excellence embodies the spirit of the CMEx Leadership Awards, which celebrate those committed to uplifting the Caribbean.

The CMEx Leadership Awards ceremony was an inspiring afternoon, bringing together cultural icons, tourism executives, and community champions dedicated to the advancement of the Caribbean.

# Art the heart of the community: Gram Bella's



► Kerri-Anne Chisholm

#### By Lindsey Turnbull

The Caymanian Times chats with Cultural Practitioner and PhD student Kerri-Anne Chisholm, who runs the unique art space, Gram Bella's, to find out more about how this relatively new cultural space came about and plans for future use.

Gram Bella's is a creative project space in North Side, which provides a platform to support artistic exchange and community dialogue. Through dialogues, exhibitions, events, workshops and other activations, the space invites individuals to engage with art as a way of considering contemporary local and global identities.

**Caymanian Times:** Please tell us about where the idea for Gram Bella's first came from.

**Kerri-Anne Chisholm:** For a little over a decade, I've been curious about how we use space — in art and everyday life, and how it shapes the ways we come together. This curiosity expanded during my early training as a curator and creative practitioner, where I explored constructing cre-

ative spaces that, at its core, felt safe for individuals to gather under the shared 'language' of art. I questioned how we create safe spaces to explore and that encourage exploration and meaningful interactions across cultural, ethnic, linguistic differences.

Enchanted in this search, I started my PhD studies and found myself examining the Caribbean backyard from a curatorial space rooted in "commoning" and care. Intensive conversation with creatives who mobilise innovative spaces — Alice Yard in Trinidad, Ruby Cruel in London, Beta Local in Puerto Rico, Tilting Axis, OVADA in England, and P4 Platform in South Korea, and practitioners in Kerala, Oslo and Berlin — guided me toward the core questions that envisaged Gram Bella's: "Can the yard be (re)centered as a creative space for negotiating community and cultural identity? Can engaging with the arts in this way generate cultural and social capital that supports social mobility?"

**CT:** How long did the project take to come together?

**K-A C:** The physical space has been in development and use since 2023, but the conceptual vision for the project space has been in motion for the better part of a decade. This process has taught me that sturdy roots do not sprout up overnight.

CT: Why this particular location?

K-A C: I have a particular affinity for North Side — it is where I grew up, where my ancestral roots run deep, and where I've seen the district often overlooked in terms of access and resources. When imagining a space for gathering and creating, I wanted to share my personal experiences of connecting to this landscape, and the peace and clarity that comes with its generally slower pace.

The building's site itself holds personal significance, it is where my fraternal great-great-grandmother, Isabella "Gram Bella" Bodden, and her husband John Bodden had their caboose and backyard, with their home just across the road on the seaside. The corner of the lot was known as



► Gram Bellas exterior view

"The Pound" where stray animals — and occasionally overly intoxicated people — were held until collected.

Envisioning Gram Bella's as a backyard gathering space branches from childhood memories of wandering the property with my brother, building forts and exploring the overgrowth as we imagined new worlds. In many ways, Gram Bella's in its conceptual entirety could only exist here,

it is inseparable from this place.

The privilege I bring to running this project space lies in having complete access to such a historically and geographically significant property and a desire to create a space that reconnects us with the land, with once another across district and heritage, and with the critical possibilities of art.

Next week, find out more about this exciting art space.





#### Cayman Islands

#### Please note our holiday opening hours

Wednesday, December 24, 2025 Branch Closure 1:00 p.m.

Local Domestic Transfers usual cut-off 3:30 p.m.

**Thursday, December 25, 2025** (Christmas Day) Closed

Friday, December 26, 2025 (Boxing Day) Closed

Monday, December 29, 2025

Tuesday, December 30, 2025 Open normal business hours.

Wednesday, December 31, 2025 Branch Closure 1:00 p.m. Local Domestic Transfers usual

Thursday, January 1, 2025 (New Years Day) Closed

cut-off 3:30 p.m.

Friday January 2, 2025 Open normal business hours

We encourage you to use our Online Banking, Mobile App services and ATMs to facilitate transfers, bill payments, check your account balance and other transactions.

Thank you for choosing CIBC Caribbean as your preferred bank.

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# Cayman Prep and CIS secure Appleby Under 18 high school football titles

The always exciting and competitive 2025 Appleby Under 18 high school football leagues concluded this week with Cayman Prep & High School winning the boy's league title and Cayman International School (CIS) retaining the girl's title.

For the second year running, a Champions Cup and Consolation Cup system was introduced for the boy's league where schools were divided into two groups with the top two schools in each group advancing to the Champions Cup and the remaining schools competing in the Consolation Cup.

The girl's league remained a single-league system due to the limited number of participating schools.

In the Appleby Under 18 Boys' division, Cayman Prep's road to the title began as

SEE CAYMAN PREP AND CIS, Page 13

# Anderson starts strongly as indoor season opens

Cayman's Aaliyannah Anderson opened her indoor season in style at the Indiana Early Bird Meet on Friday. She won the women's 60 metres hurdles with a personal best 8.48 seconds, which is the fifth fastest time in NCAA Division II so far this season. Anderson later returned to the track

for the 200m, finishing second overall in 24.93secs.

At the Spire Holiday Classic, Imala Edwards-Smith had a strong showing across two events. She placed fourth overall in the girls' 60m in 7.95secs, then followed up with a silver medal in the 200m, clocking 25.61secs.

Teammate Alex Irons competed in both sprints as well, finishing sixth in heat eight of the boys' 60m in 7.49secs, and fifth in his section of the 200m in 24.10secs.

Rounding out the Cayman performances, DaQuana Howell excelled in the girls' 300m, winning her race in 39.41secs.



► Aaliyannah Anderson is in impressive form

# Howell shortlisted for Pan Am Junior award

Cayman sprint sensation Davonte Howell was one of the big surprises in athletics this year winning the men's 100 meters with a spectacular 100 metres time of 9.98 seconds in a new Junior Pan American Games record. It even surpassed the results of the last two adult 100m Pan American Games in Lima 2019 and Santiago 2023. With that time, How-

ell also qualified for the 2025 World Athletics Championships in Tokyo. The former John Gray High School pupil is a member of the Mustang Track Club. He turned 20 in October.

Howell is on the shortlist for Online voting for the 2025 Panam Sports Awards which closes on Sunday 21 December. These awards recognise and honour the best young athletes on the continent who participated in the 2025 Pan American Junior Games. Many of them broke event records, while others continued to triumph on the world stage after their participation in Paraguay.

To vote for Howell, go to the

https://www.panamsports. org/en/panam-sports-awards-2025-en/



▶ Davonte Howell won gold at the Pan Am Juniors

# Double bronze for 3x3 hoopsters

The Cayman Islands Men's National 3x3 Basketball Team performed brilliantly in the FIBA 3x3 Caribbean Cup in Nassau, Bahamas, earning a bronze medal at Stop 2 of the tournament.

They returned home on Monday celebrating the historic medal grab.

Representing the men representing the Cayman Islands were Daric Ebanks, Alwin Buttrum Jr, Nathaniel Anderson and Bryan Ebanks.

The women's 3x3 national team featured Vivian Worrell, Arleny Ebanks, Atira White and Jaymie Rankin.

Cayman competed with five other top Caribbean nations in a week of elite competition and development. Cayman went head-to-head with teams from the Bahamas, Jamaica, Trinidad and Tobago, St Lucia and Haiti.

In Saturday's action, Cayman men defeated Trinidad and Tobago 13–8, followed by a thrilling 12–11 win over host nation Bahamas, before falling 15–10 to Jamaica. The results secured third place at Stop 2, giving Cayman podium finishes in both stops of the inaugural Caribbean Cup.

The victories were historic, marking the first-ever 3x3 wins for Cayman over both Trinidad and Tobago and the Bahamas. With bronze medals from Stop 1 and Stop 2, the men's team were one of the tournament's standout performers.

In the women's division, the Cayman Is-



▶ The Cayman Islands 3x3 teams and coaches



► The men's team won two bronze medals

lands Women's National 3x3 Team faced stiff competition, falling to Haiti 13–0 and later to Jamaica 21–1, who went on to claim the championship. Despite the results, the women's team gained valuable experience competing against the region's best

The regional event included a high-performance training camp, a competitive 3x3 tournament, and development workshops for coaches, referees, and team managers.

Coaching the delegation were Duran Whittaker, Wendy Manzanares, Cory McGee and Victor O'Garro. Kadane Hall served as team manager, with Gregory Hamilton officiating as referee.

It's been a busy end of year period for the men's and women's national teams because they competed in the 2025 FIBA 3×3 AmeriCup in León, Mexico at the end of November

# Cayman Prep dominate primary school football finals



▶ Action from the CUC PFL Under 11 Champions Cup final between eventual champions Cayman Prep 11A and Marie Martin Primary (blue and black).

Cayman Prep continue to roll-out title winning teams after securing four championships this past Saturday at the conclusion of the 2025 CUC Primary Football League (PFL) and Girls' Primary Football League (GPFL) Under 9 and Under 11 boys' and girls' Champions Cup and Consolation Cup finals.

#### **CUC GPFL Consolation Cup (Girls):**

The young ladies from Cayman Prep GB secured a hard-fought 2-0 victory over Cayman International School (CIS) Blue to register Cayman Prep's first championship of the day.

#### **CUC GPFL Champions Cup (Girls):**

In the third-place contest, Sir John A. Cumber Primary outlasted a spirited Joan-

na Clarke Primary team 1-0.

In a repeat of the 2024 GPFL Champions Cup final, Cayman Prep GA needed penalties once again to see off a talented NorthEast Schools outfit 2-1. With the score locked at 1-1 following the end of regulation time, five minutes of extra time could not separate the two schools as the dreaded penalty shootout loomed. Prep's confidence shone through as their goalkeeper and eventual Marie Martin Most Valuable Player (MVP) Sophie Pearson saved two penalties to clinch the title for her teammates. This was the second year in a row that Miss Pearson was awarded the prestigious MVP trophy for her exploits between the posts.







CUC Girls' Primary Football League

the powerful ga

#### CUC PFL Under 9 Consolation Cup

Island Primary 9B defeated Joanna Clarke Primary 1-0 to win the CUC PFL Under 9 Consolation Cup final much to the delight of their supporters, complete with band and all. The sounds of Island Primary drums could be heard throughout the game.

#### CUC PFL Under 9 Champions Cup (Boys):

In the third-place encounter, St. Ignatius Catholic defeated Prospect Primary 2-0 following an enthralling penalty shootout. With both schools unable to find the back of the net during regulation time and extra time, St. Ignatius Catholic showed their metal as they sunk two of their three penalties to secure third-place.

In the final, Cayman Prep 9A continued their dominance of the Under 9 division with a 3-0 win over Island Primary 9A. Prep's energetic Liam Stewart was awarded the Gerome Graham Most Valuable Player Award for his influential display during the final.

#### CUC PFL Under 11 Consolation Cup (Boys):

Another nail-biting game was decided by the goal of the day as Red Bay Primary downed Cayman Brac 1-0 to take home the trophy.

#### CUC PFL Under 11 Champions Cup (Boys):

In the third-place game, St. Ignatius Catholic regained a great deal of pride after they came from behind to defeat Island Primary 2-1. The young men from St.

Ignatius Catholic were devastated after losing on penalties to reigning champions Cayman Prep 11A in their semi-final last week.

In the battle of undefeated schools, Cayman Prep 11A clinched their ninth straight Under 11 Champions Cup title after defeating Marie Martin Primary 4-0 (respect rule) in the final. An early goal was enough to frustrate the Marie Martin boys who went 'off script' and lost their way for the remainder of the first half. Cayman Prep's 'suffocating' pressure limited their opponents' attacking opportunities although credit was due to the Marie Martin players for never giving up and battling to the end. Cayman Prep's Fraser Gow was selected the Justin Henry Most Valuable Player for his inspirational play and two goals in the final.

Coordinators of the CUC PFL/GPFL, the Cayman Youth Football Leagues (CYFL) organisation, thank Progressive Distributors and Gatorade for their continuing support of the CUC PFL and GPFL and Winners Circle for their support of the youth officials.

Special thanks to the youth officials who performed admirably throughout the season and to Chastine Rankine, Lovane Joven and Shirley Amerally for coordinating the officials. Thanks also to Miss Marie Martin, Rah'Shawn Henry and to CUC PFL/GPFL Youth Ambassador and professional footballer Gunnar Studenhofft for their assistance with team and individual trophy presentations.

Visit www.caymanyouthfootball.ky for the full CUC PFL and GPFL playoff scores.

# **Cayman Prepand CIS**

CONTINUED FROM Page 11

the runners-up from Group B, dispatching Group A winners CIS White 2-0 in the first semi-final.

As runners-up in Group A, St. Ignatius Catholic's run to the final saw them down Group B winners Clifton Hunter High School (CHHS) 6-4 in a wild penalty shootout (2-2 full time; 4-2 penalties) in the second semi-final.

The final was a thrilling encounter played at the Truman Bodden Sports Complex. With few clear-cut chances created, both schools were absorbed in a midfield battle that ebbed back and forth. The wet surface was a dangerous element for the defenders and timing of tackles was essential. Both defences and goalkeepers were coping well but it was Cayman Prep who broke the deadlock late in the first half as a Cayman Prep corner was not cleared properly by the St. Ignatius defenders allowing Roger Johnson II to guide his header into the back of the net.

Undettered and with plenty of time remaining on the clock, St. Ignatius set about



► Cayman Prep & High School (teal) defeated St. Ignatiusn Catholic in the 2025 Appleby Under 18 Boy's Final.

in search of the equalizer. The second half mirrored the first as attacks were oftentimes stymied by perfectly timed tackling. Loose passes littered the midfield as neither team could take control of the game. Desperation began to set-in as St. Ignatius searched for the equalizer but Prep's de-

fender were up for the task.

Alas, time ran out for the Catholic boys and Cayman Prep secured their third Under 18 championship in six years.

On hand to present the trophies on behalf of Appleby was Cayman Youth Football Leagues (CYFL) representative Mark Whiteside. On the girls side, CIS retained their 2024 Appleby Under 18 title by defeating Cayman Prep 7-6 on penalties. In the semi-finals, Cayman Prep got by St. Ignatius Catholic as the latter were unable to field a team and CIS defeated CHHS 7-2.

The final, which was played at the Annex Field, was a captivating display by the young ladies from both schools. The regular season encounter between the two schools saw Cayman Prep triumph 5-2 but this day would be different. Cayman Prep took the lead through Abigail Proud only for CIS' Kaija Danter to level the score late in the second half.

With the score level at 1-1 at the end of full time, it would be penalties that would decide the 2025 champions. With both schools scoring their five allotted penalties (5-5), the game would be decided by sudden death penalties where CIS emerged as eventual winners (1-0).

Appleby's representative Simon Raftopoulos and CYFL's Richard Hew were on hand to present the Girl's Appleby Cup and individual trophies to CIS and Cayman Prep following the final.

Complete 2025 scores and standings can be viewed on the Cayman Youth Football Leagues (CYFL) website at www.caymanyouthfootball.ky.

### PwC Cayman Islands wins two Captive Review Cayman awards amid record participation

PwC Cayman Islands has been named the winner of two categories in this year's Captive Review Cayman awards, which saw the highest number of votes cast across more than a dozen categories at the company and individual levels.

Results indicate:

- Accountancy, Audit or Tax Advisory Firm: PwC Cayman Islands — Winner
- Accountancy, Audit or Tax Advisory Individual: Ric Agrella, PwC Cayman Islands — Winner

"I'm incredibly proud of our team at PwC Cayman Islands for winning the award for Best Accountancy, Audit, or Tax Advisory Firm in the Cayman Islands for the second consecutive year. While I may be biased, I truly believe we have the best team in Cayman, one that consistently delivers continuity of staff, unwavering commitment to deadlines, value-added insights, and an innovative, tech-enabled approach to doing business," said Ric Agrella, Insurance

Ric Agrella added, "This achievement is a testament to the hard work and dedication of our local (re)insurance team, with



► Ric Agrella

special recognition to Damian, Evelyn, Rebecca, Luke, Semir, Stephanie, and Taylah, among many others. We pride ourselves on being trusted advisors to our clients, and this award reflects that commitment. Looking ahead, we remain focused on



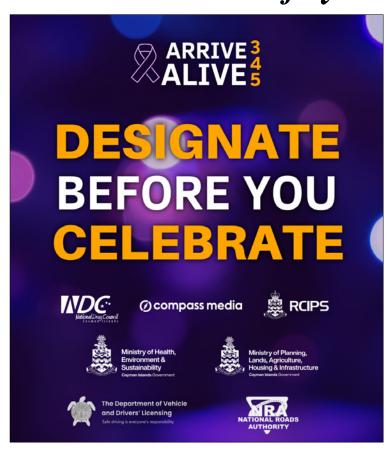
raising the bar even higher, continuing to innovate, invest in our people, and deliver exceptional value to our clients and the Cayman community.'

About the judging process, winners of the Captive Review awards are selected by an independent panel of expert judges who score entries using a numerical system and detailed justification. Judges are assigned to specific categories to ensure impartiality and avoid conflicts of interest. The highest-scoring submission in each

category is automatically determined as the winner by an online judging platform. In addition to the winner, judges may also award a "Highly Commended" distinction to other strong submissions in a category.

"These awards reflect the strength of the Cayman Islands as a leading (re)insurance domicile and the commitment of our team to helping clients navigate complex audit, U.S. tax and advisory needs within the captive insurance industry," said Graeme Sunley, Territory Leader, PwC Cayman Islands.

### Ministry of PLAHI Announces New Partnership Between the National Road Safety Committee and NDC's AA345 Campaign



The Ministry of Planning, Lands, providers—under a unified mis-Agriculture, Housing & Infrastructure (PLAHI) is pleased to announce an enhanced road safety partnership between the National Road Safety Committee (NRSC) and the National Drug Council (NDC) through its long-standing Arrive Alive 345 (AA345) campaign. This collaboration brings together multiple agencies—including the NDC, Compass Media, the Ministry of Health & Wellness, NRSC representatives, and private transport

sion to promote responsible road use during the holiday season and into the new year.

The NRSC, operating under the Ministry of PLAHI, leads national behavior-change messaging through its "Be Smart, Be Alive," campaign. The NDC, through AA345 campaign, provides safe, free New Year's Eve transportation aimed to reduce impaired driving and encourage responsible choices. Together, these organizations are

aligning messaging, coordinating outreach, and expanding public awareness leading up to New Year's

This year's AA345 campaign includes its traditional main-route service, along with a pilot expansion into inner communities such as Newlands, Birch Tree Hill and Windsor Park Rd (the official map can be found on ndc.ky/arrive-alive-345-2025/)—improving access to safe transportation options for more residents.

Eric Bush, JP - Chair, National Road Safety Committee:

"The NRSC's goal is simple but critical: to reduce road fatalities during the New Year's holiday to zero — and to see that improvement expand across the entire year. Keeping Cayman's roads safe requires a multi-agency effort, and AA345 has been a vital part of that mission for 25 years. We want people not only to know about this free service, but to use it. This holiday season, plan ahead, make responsible choices, and remember: Be Alive. Arrive Alive 345."

As AA345 enters its 25th year, the Ministry, NRSC and NDC are urging the public to pay close attention to all road-safety messaging being shared across Cayman during the Christmas and New Year period, Residents will see increased reminders across roadside signage, social media, news outlets, WhatsApp updates, and community channels. We encourage every-

Plan ahead and choose a sober

option-whether that means riding the AA345 bus, choosing a designated driver, or arranging trans-

Familiarize yourself with the AA345 bus routes and times to ensure safe travel on New Year's Eve.

Circulate route information within families, workplaces, churches, and friend groups to help ensure no one drives impaired.

Every share, conversation, and safe choice plays a part in keeping our community safe.

Brenda Watson - Director, National Drug Council:

"For 25 years, the NDC's AA345 Campaign has focused on one mission: promoting responsible decisions on our roads. Our messaging has remained consistent - designate before you celebrate, drive safe and drive sober, and ride free on New Year's Eve. By keeping the AA345 bus service free of charge, we support safer choices during a time of heightened risk. This collaborative approach reinforces our shared goal: saving lives, reducing harm, and encouraging responsible decisions."

Together, let's help ensure Cayman arrives alive this holiday sea-

#### About the Ministry of Planning, Lands, Agriculture, Housing, & Infrastructure (PLAHI):

Under the guidance of Honorable Minister Johany 'Jay' Ebanks, the Ministry of PLAHI is dedicated to enhancing the quality of life and economic prosperity of the Cayman Islands through comprehensive planning, smart land use and port management, sustainable agriculture, efficient housing solutions, and critical infrastructure development. Our mission is to create a resilient and thriving future for all residents and visi-

#### About Arrive Alive 345 Campaign (AA345):

Arrive Alive 345 unites the Purple Ribbon Pledge, Designated Driver initiative, and the Purple Ribbon Bus under one banner in an effort to reduce impaired driving and promote responsible celebrations. The program has served thousands of residents and visitors since its inception, offering free New Year's Eve transportation and community-based prevention initi-

#### **About the National Road Safe**ty Committee (NRSC):

The NRSC, under the Ministry of PLAHI, leads public education, behavior-change strategies, and cross-agency coordination to reduce road accidents and promote safe road use in the Cayman Islands.

#### **About the National Drug Coun**cil (NDC):

The National Drug Council is a statutory authority dedicated to building safer, healthier communities through prevention, education, and research. For more than 25 years, the NDC has led substance-use prevention and public safety initiatives across the Cayman Islands, including the nationally recognised Arrive Alive 345 cam-

#### CRUISE SHIP SCHEDULE - WEEK - DECEMBER 22-26



### UCCI AND DOCTORS EXPRESS LAUNCH NEW HEALTHCARE SCHOLARSHIP FOR CAYMANIAN STUDENTS

Doctors Express, one of Cayman's leading healthcare providers, has partnered with the University College of the Cayman Islands (UCCI) to launch a dedicated healthcare scholarship for Caymanian students. This initiative underscores Doctors Express' commitment to developing local talent in health, wellness and community care and aligns with UCCI's strategic focus on workforce readiness.

The Doctors Express Healthcare Scholarship has been established at UCCI to help qualified Caymanian students access programmes that feed directly into Cayman's healthcare ecosystem, such as Nursing, Allied Health, Science, Social Work, Office Administration, and Community Care pathways. The scholarship is designed to remove financial barriers for students who show academic promise, strong attendance and a clear desire to serve in the health sector.

Dr. Livingston Smith, Provost and Vice President of Academic Affairs and Workforce Education at UCCI said, "Cayman needs more home-grown healthcare talent, not just doctors and nurses, but the full range of people who make the system work: clinic staff, allied health technicians, community care workers, rehabilitation and wellness personnel. When a committed local provider like Doctors Express steps forward to fund a scholarship, it does two things at once, it opens the door for a Caymanian student, and it strengthens our national capacity. We are very pleased to welcome Doctors Express as a UCCI scholarship partner."

The scholarship will prioritise Caymani-



an students who are enrolled in health-related programmes at UCCI and who meet core academic and engagement standards, specifically those who have achieved a minimum GPA of 3.0, maintained attendance of 90% or higher, and can demonstrate clear financial need. In addition to these baseline criteria, applicants must also show a stated commitment to working in healthcare or community wellness in the Cayman Islands. This approach ensures that the funding supports students who are both capable of succeeding academically and genuinely motivated to contribute to Cayman's healthcare workforce.

This mirrors UCCI's wider approach to private-sector scholarships, ensuring that funds go to students who are both deserving and likely to complete their studies and contribute back to the local economy. Recipients may be invited to engage with Doctors Express for career talks, site visits or internship-style opportunities, giving the business early visibility of emerging talent.

Mr. Samuel Banks, founder and Director of Doctors Express said, "As a generational Caymanian, I feel strongly that we should be encouraging our Caymanian students to pursue a career in healthcare. Healthcare is exactly the kind of profession that remains strong even in tough economic times and we want young Caymanians to step into it with confidence, knowing it can provide them a modern, secure, well paid and meaningful career. Partnering with UCCI is the natural way to do that because UCCI already has the

students, the lecturers and the programmes; we are simply providing the financial support."

This scholarship forms part of Doctors Express' ongoing strategy to invest in the Caymanian workforce. As part of its operational plan, Doctors Express recognises the importance of supporting Caymanians not only through employment but also through education and training opportunities that feed directly into the healthcare pipeline.

In addition, Doctors Express is reinforcing its commitment to education and training by serving as a clinical practicum site for student nurses from the Ruth Eleanor McLaughlin School of Nursing at UCCI. Student nurses began their clinical practicum with Doctors Express on 13 October 2025, gaining hands-on experience in a real-world clinical environment.

The new scholarship aligns with UCCI's 50th Anniversary focus on partnerships that directly expand access to education while meeting real labour-market demand. Cayman's population growth, ageing demographics and the increasing complexity of healthcare delivery mean that the islands require more trained personnel across the board, from clinic reception and triage to nursing assistants, lab and diagnostic support, wellness, and administrative roles.

Applications for the 2026 academic intake are closed. Interested students are encouraged to check UCCI's website at https://ucci.edu.ky/scholarships for future scholarship opportunities and upcoming intake dates.

#### Issue No 1149 | Friday, December 19, 2025 | Caymanian Times

# GOVERNMENT MODERNISES REMUNERATION FRAMEWORK FOR HEALTH SERVICES AUTHORITY BOARD

Cabinet has approved a modernised remuneration structure for the Health Services Authority (HSA) Board of Directors, replacing the previous per-meeting payment model with fixed monthly stipends. This strategic change is designed to enhance transparency, strengthen governance standards, and ensure responsible management of public resources.

The HSA was established on 1 July 2002 under the Health Services Authority Act to provide healthcare services in accordance with the Government's National Health Policy and Strategic Plan. Under section 8(1) of the Act, the Board is responsible for the policy direction and oversight of the Authority's operations, a mandate that requires sustained time, expertise, and informed decision-making.

Board remuneration is governed by section 13 of the Public Authorities Act. Remuneration and allowances are determined by Cabinet, must remain within limits set by the Deputy Governor under the Public Service Management Act, must be published, and must be clearly stated in appointment letters. All such costs are borne by the Authority.

In February 2021, Cabinet approved a remuneration structure based on payment per meeting:

- Chair: CI\$750 per meeting
- Deputy Chair: CI\$600 per meeting
- Members: CI\$500 per meeting

Between January 2022 and June 2023, the Board held 190 meetings at a total cost of CI\$490,850, compared to 13 meetings costing CI\$23,700 during the 2016–17 period.

Reports from the Office of the Auditor General highlighted concerns regarding the number and categorisation of meetings counted for payment, instances where board remuneration exceeded the earnings of full-time medical professionals, and inconsistencies in remuneration practices across statutory boards. The per-meeting model did not regulate meeting frequency, allowing costs to escalate without a corresponding increase in accountability or value for money.

Effective 1 December 2025, remuneration for the HSA Board of Directors has moved to a fixed monthly structure:

- Chair: CI\$3,360 per month
- Deputy Chair: CI\$2,760 per month
- Other members (non-civil servants): CI\$2,400 per month

This revised framework establishes a clear monthly cap on payments, improves cost predictability, and removes incentives linked to meeting volume. The structure aligns more closely with remuneration practices across other statutory authorities and reflects established public-sector governance benchmarks, while recognising the significant responsibilities of Board members.



► Hon Katherine Ebanks-Wilks

Minister of Health, Environment and Sustainability, Hon. Katherine Ebanks-Wilks, said, "Transparency, accountability and strong governance standards must guide the stewardship of public resources. This revised remuneration framework responds directly to concerns raised by residents and oversight bodies, ensures better value for money, and reinforces the principles that underpin effective public-sector governance."

The Minister noted that the issues surrounding board remuneration have affected public confidence in the HSA and have had an impact on staff morale.

Further measures under consideration include a review of the HSA Act to assess whether additional accountability mechanisms are required for very senior management where performance does not meet acceptable standards, as well as steps to improve transparency in board operations. This includes examining how board decisions and minutes can be made more accessible to the public through clearer and more consistent publication on the HSA website, alongside existing statutory requirements.

The Ministry is also reviewing board appointment processes to strengthen transparency and public confidence, including consideration of publicly advertising board vacancies and formalising clearer criteria to demonstrate that prospective directors meet statutory requirements relating to integrity, skills, experience and the management of conflicts of interest.

The introduction of a revised remuneration structure for the HSA Board forms part of a broader programme to uphold governance standards, ensure responsible use of public funds, and support effective long-term oversight of the healthcare system. By moving to a transparent, capped and sustainable payment model, the Ministry and the HSA reaffirm their commitment to accountability, effective leadership, and the delivery of safe, high-quality healthcare services for the people of the Cayman Islands.

# Temporary Change to Vehicle Renewal Services



The Department of Vehicle & Drivers'

Licensing (DVDL) is advising the public

that all vehicle licence renewals will be

available online only from 17 December

Members of the public are encouraged

to use DVDL's online services at www.

dvdl.gov.ky to renew their vehicle license

How to renew your Vehicle License

2. A valid Certificate of Roadworthi-

ness/inspection (the next inspection due

date must be at least 90 days/3 months

or drivers' licenses during this period.

through 31 December 2025.

Ensure your vehicle has:

1. Valid insurance.

online

in the future).

What you will need:

- 1. **Vehicle registration number** (licenses plate number or text).
- 2. A digital copy of current insurance documents (PDF, PNG, TIFF, GIF or IPEG).
- 3. A **valid email address** (for your receipt).
- 4. A **valid debit or credit card** for payment. We accept the following card types:

CCV code and an expiry date within 14 years.

Notes:

1. Renewals may only be completed **within 30 days or less** of the vehicle licenses expiry date.

2. The selected renewal period **cannot exceed** the Certificate of Roadworthiness/inspection expiry date.

- 3. **Terminated or suspended** vehicle licenses are **not eligible** for renewal.
- 4. Browser guidance: Use Google Chrome, Safari, or Firefox (Internet Explorer is not preferred).
- 1. **Enable pop-ups** to complete payment.
- Credit/debit card information is not saved.

This document serves as both a Press Release and a Public Notice

# Increased Fees for BOTC Applications Effective 1 January



The Office of the Deputy Governor has announced that application fees for naturalisation and registration as a British Overseas Territories citizen (BOTC) will increase, starting 1 January 2026. The revised fee structure reflects the first adjustment in over 15 years.

For adults applying for naturalisation, the application fee will increase from CI\$625 to CI\$1,300, while the filing fee will rise from CI\$200 to CI\$500, bringing the total cost per application to CI\$1,800. For applications for registration as a BOTC (for minors and adults, where applicable), the fee will increase from CI\$250 to CI\$800, with the filing fee also rising to CI\$500, for a total of CI\$1,300 per application. All filing fees are non-refundable.

Additionally, a new non-refundable fil-

ing fee of CI\$300 will be introduced for administrative services provided by the Office of the Deputy Governor in relation to the registration as a British citizen process.

The revised fees will reflect the administrative costs and effort required to

process applications. Services covered include comprehensive background checks conducted through the online system, verification of marriages where applicable, scheduling and hosting of pledge ceremonies for successful applicants, coordination with the United Kingdom Home Office and ongoing operation and maintenance of the BOTC online system.

The Cayman Islands fees which have been unchanged since 2020 continue to remain significantly lower than those charged in the United Kingdom for naturalisation as a British citizen. Further information regarding both naturalisation and registration as a BOTC and registration as a British citizen can be found on the Office of the Deputy Governor website

17

48 Pricey

1 Lawyer:

Abbr.

Yankee

Doodle Dandy"

4 Flows

Erik

6 Inlaid artworks

from a container

2 Spoil

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

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3			6			1	4	
	2	8					3	
5		9		7				
				9		5		6
	5					4	2	
	7	3			4			8
					8		7	

#### Answer to previous puzzle

									_
7	5	2	9	8	3	1	6	4	1
6	8	4	1	2	5	7	9	3	
1	9	3	4	6	7	5	2	8	A real layers to
8	7	5	3	9	2	4	1	6	Same
2	4	9	6	7	1	3	8	5	
3	6	1	5	4	8	2	7	9	
9	2	7	8	3	4	6	5	1	Pr zzles
5	3	8	7	1	6	9	4	2	Niles Committee
4	1	6	2	5	9	8	3	7	63419 Consents Pezzles, Disc by King Tenforts Symforts, Inc.

Difficulty Level ★★★

#### Difficulty Level ★★★

#### Word Search

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٧	E	Υ	R	Т	Ν	Α	F	N	ı	Т	Р	Α	R	N
٧	Т	Н	Ε	Ε	F	В	В	L	U	В	F	Α	Υ	G
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Α	R	Υ	Α	L	1	D	G	Ρ	s	Α	Α	Р	٧	R
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Ε	Р	Р	I	Υ	Н	Υ	Ε	N	Н	Ε	Α	D	Ε	D
Р	s	Ν	R	Υ	G	٧	D	Υ	G	Α	٧	D	L	Р
М	Ι	U	В	Р	Ι	0	Ε	Т	٧	Υ	N	Ν	R	D
Υ	Н	Н	0	В	Ε	F	Т	Ρ	М	N	G	D	В	Ε
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D	Ε	Н	N	U	D	G	Ε	G	D	N	Ε	С	С	1
N	s	0	Р	Ε	R	Α	Н	В	s	Н	Α	D	N	Ε

Breeze Meter Brigade Minded Bulb Opera Fingered Pen Footed Reading Ship Handed Headed Spirited Hearted Verse Weight House Infantry Year

Find the listed words in the diagram. They down and diagonally

#### **CROSSWORD** By THOMAS JOSEPH

**ACROSS** 

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6 Captain's superior

11 Florida

city **12** Rust, for one

13 Characteristic

**14** Convoy trucks

15 Maggie and Bart's 5 Composer 5 sister

17 Termite's

cousin 18 Good at

sports 22 Derisive

calls 23 Plot

27 Company 10 Take a symbols

29 Ambulance 16 Ave. sound

a result

33 Nursery

**35** Naughty

players

Sprat's

**45** Argo

46 Because of

neckwear

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U	Z	Α		C	0	D	D	┙	Е	D
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god

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**38** NFL

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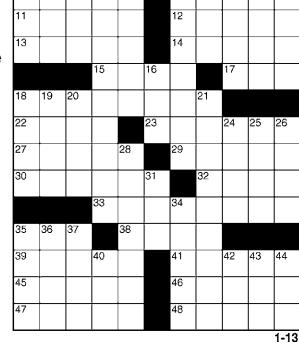
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21	Re	la	xe:	s			W	ord	ľ		
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31 Knight's а breather title snack 34 Homes for 44 Spinning crossers koi toy 10 12 14



# Have fun with CAYMANIAN







#### **CURTIS** By Ray Billingsley



WHATCHA GONNA

DO WITH YOUR OLD

NO, THIS HAT AND I HAVE BEEN THROUGH TOO MUCH! I'LL PUT IT IN THE CLOSE WHERE IT'S SAFE!





By Woody Wilson & Mike Manley





**JUDGE PARKER** 



#### WEEKLY WEATHER FORECAST

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
	-)-		-)	-)		
<b>83</b> °/ 80°	<b>83</b> °/ 80°	<b>83</b> °/ 80°	<b>83</b> °/ 79°	<b>82</b> °/ 78°	80°/77°	82°/ 78°
A couple of morning showers; otherwise, intervals of clouds and sunshine	Sunny and breezy	A little morning rain; otherwise, breezy with clouds giving way to some sun	Partly sunny and windy	Partly sunny and windy; an afternoon shower in spots	A couple of morning showers; otherwise, windy with times of clouds and sun	A little rain in the morning; otherwise, mostly cloudy and windy

# **COMMUNITY EVENTS**

#### **Christmas at Bayshore**

19 - 24 December - Visit Santa in his grotto at Bayshore Mall in George Town and light up your child's Christmas. Enjoy seasonal treats and holiday music as you explore the enchanting winter wonderland. Santa's Grotto Schedule:

Friday, December 19, from 3pm-7pm Saturday, December 20, from 3pm-7pm Monday, December 22 from 3pm-7pm Tuesday, December 23 from 3pm-7pm Wednesday, December 24, from 11am-3pm

#### Breakfast with Santa at the **Turtle Centre**

20 & 21 December - Families are invited to celebrate the holiday season at Cayman Turtle Centre's Breakfast with Santa, held at Schooner's Bar & Grill on Saturday 20 December, and Sunday 21 December 2025, from 8:30 to 10

a.m. Guests will enjoy a festive breakfast experience complete with Christmas music, games, and treats, as well as a special meetand-greet with Santa Claus. Each child will receive a gift to take home and can write a letter to Santa to post in his personal mailbox. The cost is USD\$40. For bookings and further information, visit www.turtle.ky

#### **Christmas Market**

20 December - The Agricultural Society invites the public to a Christmas Market on 20 December at West Bay Heritage Park beginning at 8am. For more information, call 947 -

#### December 2025 Services at St. Alban's Anglican Church

21 & 25 December - Services of Holy Communion will be held on Sunday 21 December at 9:30am. The Christmas Day Service of Holy Communion will be held on Thursday, December 25th at 9:30am.

#### **Christmas Day**

25 December - Merry Christmas and Happy Holidays to all! May this day be filled with peace and joy.

#### **Boxing Day**

26 December - Boxing Day is a public holiday in the Cayman Islands. However, most supermarkets and gas stations will be opened.

#### **Boxing Day Lunch for seniors**

26 December - The Rotary Club of Grand Cayman invites seniors to their 60th. Annual Boxing Day lunch on Friday 26 December from 12:30pm to 3:30pm at the First Baptist Church on 920 Crew Road. There will be good food, gifts, great company and live entertainment. Entry is free and free transportation is also available. For more information, visit their Facebook page.



#### New Year's Eve Fireworks

**31 December -** Ring in 2025 by enjoying the many fireworks displays along Seven Mile Beach and Camana Bay. At Camana Bay, the fireworks show will begin at 8pm.

Send your community events to wendy@caymaniantimes.ky

### How to Avoid Overeating at the Christmas Party

Christmas parties are meant to be joyful—filled with laughter, connection, and celebration. Unfortunately, they're also notorious for leading to overeating, bloating, and the familiar "I'll start again in January" mindset. With buffet tables, endless drinks, and festive treats everywhere you turn, it's easy to lose control without even realizing it.

The good news? You don't have to avoid parties or deprive yourself to stay on track. With a few smart strategies, you can enjoy the food, the fun, and the season—without overdoing it.

#### 1. Don't Arrive Hungry

One of the biggest mistakes people make is "saving calories" by skipping meals earlier in the day. While it sounds logical, this often backfires. Arriving at a party starving leads to poor food choices, oversized portions, and mindless eating.

Instead, eat a balanced meal or snack beforehand that includes:

- Lean protein (chicken, eggs, yogurt)
- Fiber-rich vegetables or fruit
- Healthy fats (nuts, avocado)

This stabilizes blood sugar and helps you approach the buffet calmly rather than ravenously.

#### 2. Survey the Food Before Filling Your **Plate**

Before grabbing a plate and diving in, take a quick walk around the food table.

This allows you to:

- See what's available
- Decide what you genuinely want
- · Avoid piling food you don't actually

Choose foods you truly love rather than eating everything simply because it's there. Remember: you can't taste food you eat out of obligation.

#### 3. Use the Plate Strategy

A simple but powerful tactic is the single-plate rule. Commit to filling one plate intentionally instead of returning for multiple rounds.

A balanced party plate might look like:

- Half vegetables or salad
- One quarter protein
- One quarter indulgent or festive foods This approach allows you to enjoy hol-

iday favorites while maintaining portion control.

#### 4. Eat Slowly and Mindfully

Holiday parties are social events, not speed-eating competitions. Slowing down helps your brain recognize fullness before you overeat.

Try these mindful eating habits:

- Take smaller bites
- Put your fork down between bites
- Chew thoroughly
- Engage in conversation between mouthfuls

It takes about 20 minutes for your body

to signal fullness. Eating slowly gives that signal time to arrive.

#### 5. Watch Liquid Calories

Alcohol, cocktails, and festive drinks are often the hidden culprit behind holiday overeating. Liquid calories add up quickly and lower inhibitions, making it easier to

Smart strategies include:

- · Alternating alcohol with water or sparkling water
- Choosing wine, light beer, or spirits with soda water instead of sugary mixers
- Setting a drink limit before the party

Staying hydrated also helps control appetite and prevents mistaking thirst for

#### 6. Be Selective with Sweets

Christmas desserts are everywhere cookies, cakes, pies, chocolates, and candies. Instead of sampling everything, pick one or two desserts you genuinely love.

Ask yourself:

- "Is this worth it?"
- "Would I still want this tomorrow?"

When you choose intentionally, you enjoy it more and avoid the mindless sugar overload that often leads to guilt.

#### 7. Focus on People, Not Just Food

Food may be central to the party, but it's not the only reason you're there. Shift your focus toward:



▶ Ernest Ebanks

- Conversations
- Dancing

snacking.

- Games
- Catching up with friends and family Keeping your hands busy with a drink or engaging socially reduces unconscious

#### 8. Manage Emotional Eating Triggers

The holidays can stir up stress, nostalgia, or emotional eating habits. If you notice yourself eating out of boredom, anxi-

SEE AVOID HOLIDAY POUNDS, Page 19



We have been asked to announce The passing of Ms. Gloria Victoria Powell-Rankin

Who passed away on November 30th 2025. A Thanksgiving Service will be held at

Presbyterian Church, Bodden Town, Grand Cayman, Cayman Islands on Saturday, December 20th 2025 at 11:00 a.m.

Viewing: Closed Casket Interment: New Pease Bay Cemetery



Condolences can be registered at churchillsfuneralhome.com

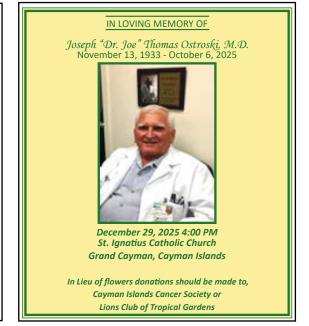


The funeral service for the late Benjie Davis Rivers will be held on 20 December 2025 at 10:00 a.m. at St. George's Anglican Church, with viewing at 9:00am.

Interment will follow at the North Side Cemetery.









The passing of Ms. Verna Beverlee Pars who passed away on November 28th 2025.

A Thanksgiving Service will be held at Ninety and Nine Church, 209 Powell Smith Dr., West Bay, Grand Cayman, Cayman Islands on Saturday, December 20th 2025 At 11:00 a.m.

Viewing: Closed Casket

Interment: Boatswain Bay Cemetery

Condolences can be registered at churchillsfuneralhome.com





Condolences can be registered at churchillsfuneralhome.com



# **Avoid Holiday**

CONTINUED FROM Page 18

ety, or social pressure, pause and check in with yourself.

Helpful alternatives include:

- Stepping outside for fresh air
- Drinking a glass of water
- Talking to someone you enjoy
- Taking a few deep breaths

Awareness alone can significantly reduce overeating.

#### 9. Ditch the "All-or-Nothing" Mindset

One of the biggest holiday pitfalls is thinking, "I've already blown it, so I might as well keep eating." This mindset leads to far more damage than one indulgent meal ever could.

Instead:

- Enjoy the party
- Eat until comfortably satisfied
- Get back to your normal routine at the

next meal

**Progress** isn't ruined by one evening—it's built by consistent habits

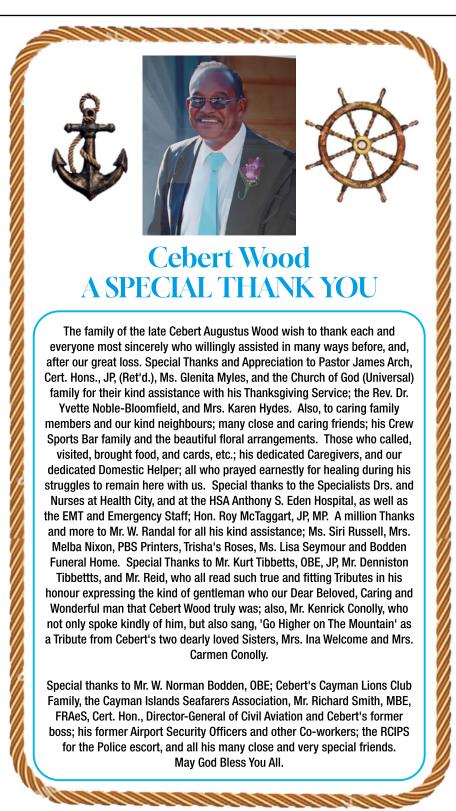
#### 10. Remember: Enjoyment Beats Excess

Overeating rarely enhances enjoyment. Feeling uncomfortable, bloated, or regretful doesn't make the celebration better. True enjoyment comes from balance tasting favorite foods, savoring moments, and leaving the party feeling good both physically and mentally

#### **Final Thoughts**

Avoiding overeating at a Christmas party isn't about strict rules or perfection it's about intention. By planning ahead, eating mindfully, and focusing on what truly matters, you can fully enjoy the festive season without sacrificing your health goals.

Celebrate the season, not the scale. Christmas comes once a year-make it memorable for the right reasons.





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**Department** 



#### **UTILITY REGULATION AND COMPETITION OFFICE**

Applications are invited for the following post:

#### CHIEF FUELS INSPECTOR

**Ref:** OF12/25 **Salary Range:** KYD\$143,268.00 - \$166,176.00

The Utility Regulation and Competition Office (OfReg, the Office) is the independent multi-sector regulatory body with responsibility for the Energy & Electricity, Fuels, Information and Communication Technology (ICT), and Water & Wastewater sectors. The Office maintains regulatory oversight for all utilities providers in the Cayman Islands. Created by the enactment of the Utility Regulation and Competition (URC) Act, OfReg, has wide powers for consumer protection and is particularly mandated to facilitate innovation in the sectors for which it has responsibility for the promotion of economic development.

The Chief Fuels Inspector (CFI) reports directly to the Chief Executive Officer (CEO) and has statutory responsibility for the regulation, development and compliance within the Fuels sector in the Cayman Islands, in accordance with the Utility Regulation and Competition Act, Dangerous Substances Act and Regulations, the Building Code Regulations, the Fire Code, and international codes and standards and subsidiary legislation. The post also serves as a member of the Office's Senior Management Team the principal advisor to the Board on regulatory matters relating to the Fuels sector and works directly with the CEO. The post holder is accountable for oversight of the Fuels Critical National Infrastructure while developing new technological and innovative opportunities that will enhance competition in the Fuels sector of the Cayman Islands The role Is a highly safety-sensitive position requiring a high degree of specialization on sectoral matters and the duties of the post shall cover the entire Cayman Islands

#### **KEY RESPONSIBILITIES:**

#### **Regulatory and Sectors Operations**

- Direct the regulation of the fuel sector and utility providers in accordance with primary legislation and written policy guidelines provided by Cabinet.
- Accountable for and advocates on sector Issues to the CEO and creates the vision and work culture of the Fuels division in-line with the strategic direction set by the CEO. The post holder also effects, plans and formulates section strategies, policies, procedures and programmes and ensures their effective implementation and measurement.
- Monitor the economic, qualitative and technical performance of each Licensee and report outcomes to the CEO and Board. Consequently, to advise the Board and CEO on the effectiveness of competition in the market and if there is market failure to recommend appropriate corrective measures.
- Advises on the development of performance measurement standards as required for monitoring performance of regulated utilities.
- To advise the CEO on the regulation of the operations and trade practices of the industry to encourage orderly and fair competition, prevent monopolies and collusive practices within the industry.
- Robust monitoring regime applicable to local, regional, and global landscape.
- Provide leadership in identifying challenges; disclosing threats; challenging norms; expose conflicts and make tough choices.
- Assists in establishing and maintaining a high level of professional relationship across all public utility regulators and Industry associations in the local and international arena, through which OfReg may obtain information as to best practice in utilities and sector regulation.
- Acts as an official spokesperson for the Office and maintains positive external relations on behalf of the Office.
- Demonstrate strategic leadership in a safety sensitive environment by applying sound engineering, risk analysis and management techniques, technical industry
- Directs the issuance of all classes and types of Permits approved by the Board subject to an efficient and transparent process. Ensure key enabling processes and programs, particularly the Inspection Regime, are effective and robust, taking into consideration relevant internationally recognized and established Codes, Standards, and best practices to uphold health, safety, and environmental preservation in the discharge of this function.
- Participate as a member of the National Emergency Response Team. and exercise powers of inspection and enforcement to correct deficiencies in accordance with provisions under the Law.
- Chairs the Fuel Standards Committee and ensures the effective implementation and enforcement of fuel quality standards developed by the Office
- Continually evaluate through the work of the committee and/or direct review, changes in fuel standards and availability of ready supply to ensure the public is continually served with a ready supply of fuels to the requisite standard.
- Ensure the effective deployment of relevant weight and measure standards and programs which are applicable to the fuel sector and traceable to local and international metrology standards.
- Drive environmental stewardship across the sector through (he implementation of systems, policies, and directives for effective handling, custody, storage, and accounting of dangerous substances.

#### **General administration and governance:**

- Demonstrate visionary leadership across the sector team, the broader organization and entire fuel sector.
- Manages an expenditure budget of approximately \$1.8M.
- Manage the general administration of the assigned sector through effective teamwork, resourcing and the identification of opportunities to build and ensure capacity maintain a vibrant and sustainable sector regulated by a highly efficient and competent team.
- Represents the Office at forums and overseas delegations, and supporting, on request, the subject Ministry and/or Minister as required by Cabinet, Finance Committee etc. as necessary on sectoral.

#### **Qualifications and Experience**

At a minimum, the post holder must possess the following:

- A First Degree with a master's degree in Utility Regulation or Competition, Accounting, Economics, Engineering, Finance, Law, or Public Policy, or an equivalent professional qualification from a recognized educational institution.
- In the absence of a Masters' Degree, another post-graduate qualification and/or 15 years' experience in one of the above fields will be considered.
  A minimum of seven (7) years' experience in a utility regulatory operation including four (4) years at a middle or senior management level.
- The Office will also consider a minimum of seven (7) years' progressive experience in the Oil & Gas sector, related consulting field, or other related industry.
- A minimum of four (4) years' financial and people management experience at the senior management level.
- Three (3) years' experience of working at the interface between government and private sector business, whether from the public sector side or from the private sector side would be advantageous.
- Proven track-record of facilitating, negotiating, arbitrating, or supervising contracts, licences, or equivalent forms of authorisation, preferably between the Government and the private sector.

#### Benefits

- 25 days' vacation per annum
- Non-contributory health and pension

#### How to apply

- To be considered for this position, applicants must submit all the following:
- Cover letter
- Curriculum Vitae (CV)
- Completed OfReg application form
- Two professional references

The detailed job description, and the OfReg application form are available online at: <a href="www.ofreg.ky/job-opportunities">www.ofreg.ky/job-opportunities</a>
Please note: Incomplete applications will not be considered.

Preference will be given to suitably qualified and experienced Caymanians.

Application Closing Date: January 31st, 2026



#### MINISTRY OF DISTRICT ADMINISTRATION & HOME AFFAIRS

JOIN THE CAYMAN ISLANDS POSTAL SERVICE (CIPS) TEAM:

#### **FINANCE DIRECTOR**

**Salary:** \$87,444 - \$114,768 per annum

The Role: We are seeking a strategic leader to oversee the CIPS' financial, procurement, and risk management functions. You will manage international mail accounting, budget preparation, and financial reporting, while analysing and managing the financial impact of international postal regulations.

#### Requirements

- Education: Bachelor's degree in Finance, Accounting (or related field) AND a formal accounting/finance qualification.
- Experience: Minimum 8 years in a senior finance role (including 3 years experience in budget control, revenue forecasting, and staff management).
- Skills: Expertise in accrual accounting, International Accounting Standards (IAS), and International Public Sector Accounting Standards (IPSAS).

Note: Applicants will be required to complete a recruitment project.

#### **HUMAN RESOURCES MANAGER**

Salary: \$67,260 - \$88,248 per annum

The Role: This is a stimulating opportunity for an HR professional to drive performance and development across our three islands. You will manage the performance management system, recruitment, onboarding, and training, while ensuring compliance with regulations and assisting with disciplinary matters.

#### Requirements

- Education: Bachelor's degree in Personnel Management or a related field.
- Experience: Minimum 3 years in mid-management. Familiarity with Government structure, PSMA, and personnel procedures is essential.
- Skills: Computer literacy and the ability to relate to people from diverse social and educational backgrounds.

Note: Applicants will be required to complete a recruitment project.

#### **ACCOUNTS OFFICER II - RECEIVABLES**

**Salary:** \$43,452 - \$57,036 per annum

The Role Are you an intrinsically motivated professional? Join our dynamic Finance Team to manage the receipt of all funds collected by CIPS. You will also assist with filling stamp orders for internal and external customers, when required.

#### Requirements

- Education/Experience: Associate Degree in Accounts/Business (with 2 years' experience) OR a Certificate in Accounts/Business (with 4 years' experience).
- Skills: Proficiency in MS Excel, Word, and Outlook. Experience with Point of Sale (POS) or accounting software.
- Certification: Must possess (or obtain within 6 months) certification in handling Dangerous Goods and Lithium Batteries.

Note: Applicants will be required to sit a computerised test.

#### **POSTAL SERVICE OFFICER**

Salary: \$36,036 - \$41,772 per annum

The Role Postal Service Officers are the core of our team. In this critical role, you will handle mail transportation (driving), processing, and delivery. You will assist customers with selecting the best service for their needs and provide exceptional customer service. You will be required to work some Saturday mornings.

- Skills: Excellent customer service, manual dexterity, and the ability to work quickly under pressure. Computer literacy is required.
- Physical: Ability to repeatedly lift heavy items and mailbags.
- Certification: Must possess (or obtain within 6 months) certification in handling Dangerous Goods and Lithium Batteries.

Note: Applicants will be required to sit a computerised test

To view details of these exciting opportunities, please visit our HR Careers portal at careers.gov.ky.

**DEADLINE FOR RECEIPT OF APPLICATIONS: 2 JANUARY 2026** 



Our Vision: To provide world-class airport services

The Cayman Islands Airports Authority (CIAA) invites applications for the post of

#### | Technical Operations Analyst

The successful applicant will carry out administrative, coordination, technical documentation. system and process evaluation duties relating to the Communication Navigation and Surveillance (CNS) Section ensuring that CNS and Air Traffic Management (ATM) standards in the Cayman Islands meet local and international standards and recommended practices. Provide support to the Manager CNS and team in ensuring uninterrupted safe service, technical administration, ATM asset management, maintenance procedures updates, fault reporting and identifying risks to Aeronautical Telecommunication Services safety, efficiency, and continuity of service.

#### Why Join CIAA?

You'll work alongside a supportive team, gain hands-on experience in airport safety operations, and be part of protecting one of the Cayman Islands' most critical pieces of infrastructure. The CIAA offers competitive salaries, health insurance, paid vacation, a contributory pension plan, and opportunities for ongoing training and development.

#### **Qualifications and Educational Requirements:**

- A Bachelor's degree, HND or a minimum of an HNC in Electronic Technology,
- Telecommunication or related discipline preferred, or
- A minimum of 10 years' experience in Aviation Electronic Engineering and maintenance of communication, navigation, and surveillance systems, or
- Minimum of five years' experience in aviation electronic engineering and maintenance of communication and navigational systems, if in possession of a Bachelors degree or HND In Electronics Technology or Telecommunications
- Computer knowledge and literacy with advanced proficiency in Microsoft Office Suite of
- Familiarity with the function of the International Civil Aviation Organization and a detailed knowledge of the standards and recommended practices of Annex 10 and 11, and OTAR 171 & 172. Familiarity with the other ICAO annexes, especially Annex 14.
- Some knowledge of the application of radar in an air traffic control environment.

#### **Preferred Oualifications and Skills:**

The ideal postholder will have strong interpersonal, team-working and communication skills as well as strong analytical and problem solving skills.

#### Salary and Benefits:

Salary range is CI\$65,640 - CI\$88,248 and will be commensurate with experience and qualifications. Benefits include a contributory pension plan, paid vacation, health insurance, and wellness days

A pre-employment drug screen and medical, and a clean police certificate are conditions of

Applicants are required to submit a completed CIAA Application form, cover letter and CV showing no less than five (5) years' work history.

Applications should be emailed to HR. Recruitment @ Cayman Airports.comor mailed to: Human Resources Officer P.O. Box 10098 Grand Cayman KYI-1001

**CAYMAN ISLANDS** 

Job Description and Application Form are available at CaymanAirports.com

Applications submitted without a completed CIAA application form will not be considered.

Deadline for receiving applications is 5 January 2026.



#### **Contact Centre Representative**

CUC is an equal opportunity Company with over 270 employees who are committed to meeting the electricity needs of Grand Cayman and to providing quality customer service.

Reporting to the Supervisor Customer Services the successful candidate will:

- respond within the prescribed timeframe, in a professional and courteous manner to all inquiries and requests received via telephone, e-mail and in-person from existing customers or new customers providing advice and information on Company requirements and required government electrical inspections;
- efficiently and accurately process customer applications and directives according to established procedures on the computerised Customer Information/Work Order systems and Customer Service Department policies and notify customers of any concerns or delays relating to requests;
- provide complete and accurate information on all work orders to insure that all internal staff have adequate information to accomplish their intended tasks according to established procedures on HTE/Customer Service policies;
- participate in collecting and processing of customer deposits and bill payments according to established HTE/Customer Service Department procedures while ensuring the security and accurate accounting of all Company funds collected;
- ▶ liaise with the Billing and Receivables sections to ensure that proper rates are applied and that established Customer Service Department policies are adhered to, specifically ensuring customers are properly charged and receivables are kept to a minimum:
- ▶ provide customer extensions and payment plans where requested to customers meeting the requirements of the Customer Service Collection and Credit Policy;
- promptly and accurately enter information into the Customer Information/Work Order systems for incoming connection approvals or disconnection requests from the Government's Planning Department and contact customers to advise them of the necessary documents and required deposit for connection of service.

Applicants should possess a high school diploma; an Associate's degree (preferred); three to four years general office or clerical work experience; customer service experience (preferred); experience with the Microsoft Office suite; the ability to learn technical applications; and significant typing experience (70 to 80 words per minute).

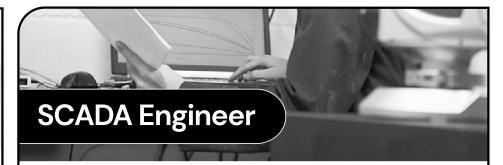
Salary is from CI\$3,298 to CI\$4,297 per month.

CUC offers a very competitive benefits package including pension, health and life insurance. Caymanians, Cayman Status holders and permanent residents are preferred. To apply, visit the Company's website (<a href="www.cuc-cayman.com">www.cuc-cayman.com</a>), click on the "About CUC" tab on the Home Page, click on the "Careers" tab, scroll down to "Start Your Journey with CUC", click on "View Current Openings", click on the designated job title and follow the instructions. Applications must be submitted not later than Monday, December 22, 2025. Applications through recruitment agencies will not be accepted. Only candidates who are short-listed will be contacted for an interview.



The Environmental Management System at the North Sound Road Power Plant is registered

INVESTORS IN PEOPLE Gold



CUC is an equal opportunity Company with over 270 employees who are committed to meeting the electricity needs of Grand Cayman and to providing quality customer service.

Reporting to the Manager Electrical Maintenance, the successful candidate will:

- ▶ provide application support of the new SCADA system software;
- assist in the development and delivery of training related to the new SCADA system;
- ▶ assist in systems integration of the new SCADA system and corporate applications;
- ▶ work with vendors and CUC's O&M to resolve systems issues;
- resolve queries from system users and stakeholders;
- ▶ maintain the SCADA system within performance specifications.

Applicants must possess a Bachelor's degree in Electrical, Electronic or a related Engineering field; a Professional Engineer designation or equivalent or be able to prove that he/she is working towards achieving this; a minimum of five years related engineering experience; knowledge of SCADA, RTU, PLC and control systems and components used for the generation, transmission and distribution of power; and knowledge of data communications protocols, networking equipment and computer operating systems.

Salary is from CI\$5,630 to CI\$7,319 per month.

CUC offers a very competitive benefits package including pension, health and life insurance. Caymanians, Cayman Status holders and permanent residents are preferred. To apply, visit the Company's website (www.cuc-cayman.com), click on the tab "Careers" on the Home Page, navigate to "Job Opportunities", click on the designated job title and follow the instructions. Applications must be submitted no later than Monday, December 22, 2025. Applications through recruitment agencies will not be accepted. Only candidates who are short-listed will be contacted for an interview.



The Environmental Management System at the North Sound Road Power Plant is registered to ISO 14001

INVESTORS IN PEOPLE We invest in people Gold

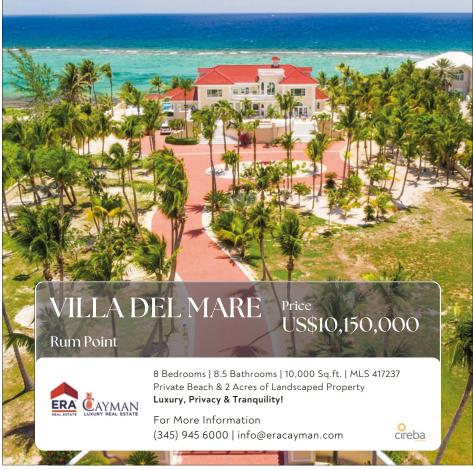


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