

Times Caymanian

Wednesday Edition

Issue No 1165

www.caymaniantimes.ky

February 25, 2026



Hey You!!

ARE YOU MOVING OR RENOVATING?

RENT A CONTAINER TO STORE YOUR ITEMS

CALL 929-UNIT (8648)

SCAN ME FOR SAVINGS UNITS.KY

Public Consultation requested on Immigration Application Fees

See story on page 2 >>

Impacts of Imported explored

By Stuart Wilson

Renowned Yale University Professor of Economics, Mushfiq Mobarak delivered a public lecture at the Sir Vassel Johnson Hall at the University College of the Cayman Islands on 17th February, entitled: "Imported Labour: Implications for Caymanians' Long-term Economic and Human Development."

The lecture was part of a series of lectures to celebrate the University's 50th anniversary.

With an audience of hundreds on hand for the discussion including members of the Cayman Islands' Parliament, Mr. Mobarak, who is married to a Caymanian and has a first hand vantage point of the Islands' unique situation as it relates to foreign labour and the effects on the local economy, set out the case for why he thinks immigration is important for both established and developing nations.

SEE IMPACTS OF IMPORTED LABOUR, PAGE 3

CIFWK Trailblazer Awards Nominations Now Open

Cayman InStyle Fashion Week (CIFWK) has announced that nominations are currently open for the CIFWK Trailblazer Awards, a prestigious recognition honouring individuals making outstanding contributions across the Cayman Islands' creative, cultural, and community landscape.

The Trailblazer Awards celebrate excellence and impact across a wide range of categories, including beauty and fashion innovation, arts and culture, music, media and communications, education, youth leadership, environmental advocacy, and special recognition awards honouring visionary leaders and global impact.



SEE CIFWK, PAGE 9

Emergency?

We're ready, 24/7.

24/7 EMERGENCY SERVICES & URGENT CARE

SCAN FOR INFO

IMMIGRATION LAW CHANGES DELAYED FOR MORE CONSULTATIONS



► Hon Michael Myles



CONTINUED FROM Page 1

Never far from the headlines, the hot-button topic of immigration has flared up again in the past few weeks ahead of government plans to enact the Immigration Amendment Act passed last December.

The implementation of the law has now been pushed back beyond the previously indicated March 1st target date to allow time for public consultation.

A press release from the National Coalition For Caymanians (NCFC) administration this week said that “the Ministry of Caymanian Employment and Immigration has opened public consultation on the proposed update to immigration application fees, which have not been adjusted in more than 15 years.”

According to the statement (see full release below), “under the proposed updates, work permit fees will not change but work permit application fees will be restructured under a new tiered system and several new fees will be introduced.” The public consultation is open for a two-week period from 19 February to 5 March 2026.

It’s expected that the issues surrounding this will be extensively debated in an upcoming meeting of the Cayman Islands Parliament in early March.

In recent days there has been a flurry of media statements and appearances by both the government and the main opposition party, the Progressives, with both sides offering different perspectives on this high-profile issue with its wide ramifications for Cayman’s immigration poli-

cies and procedures.

(FULL CIG PRESS RELEASE)

The Ministry of Caymanian Employment and Immigration has opened public consultation on the proposed update to immigration application fees, which has not been adjusted in more than 15 years. Under the proposed updates, work permit fees will not change but work permit application fees will be restructured under a new tiered system and several new fees will be introduced. Public consultation is open for a two-week period from 19 February to 5 March 2026.

The proposed changes are set out in the Immigration (Transition) (Fees) Regulations, 2026 and reflect the significant growth in population and demand for public services and infrastructure that the Cayman Islands has experienced since immigration application fees were last reviewed. The updated fee structure is designed to ensure that permit processes are used appropriately, support effective administration, regulation and long-term national resilience. The increases are based on a tiered structure which will be applied to the following application fees: • Working by Operation of Law Application Fee; • Provision for Continuation of Work Application Fee; • Application for the grant of a Temporary Work Permit; • Work Permit Application Fee; • Application fee for

the variation of an Annual Work Permit Grant; • Application fee for the variation of a Temporary Work Permit; • Express Determination Fee – Business Visitor Permit; • Express Determination Fee – Temporary Work Permit; • Introduction of an Express Determination Fee – Annual Work Permit; and • Permanent Residency (8+ years) Application Fee.

In commenting on the proposed changes to work permit application fees, Minister of Caymanian Employment and Immigration, Hon Michael Myles emphasised, “Work permit fees are not changing. We are, however, increasing various immigration application fees for the first time in over 15 years.

This is a necessary step to ensure our fee structure reflects current economic

realities and supports the critical infrastructure, administration, and services our growing population depends on. These changes will help strengthen immigration administration and contribute to sustainable national development.”

The public is invited to view the proposed fee schedule and submit feedback by visiting <https://publicconsultation.gov.ky/> or visit <https://gov.ky/web/mcei/immigrationreform> for more immigration information. Written submissions can be emailed to immigrationconsultation@gov.ky by 5 March 2026.

The Ministry has also advised that 1 March 2026 is no longer the commencement date for the new legislation and the public will be advised of the new date in due course.

Elections Act (2022 Revision)

FORM 10

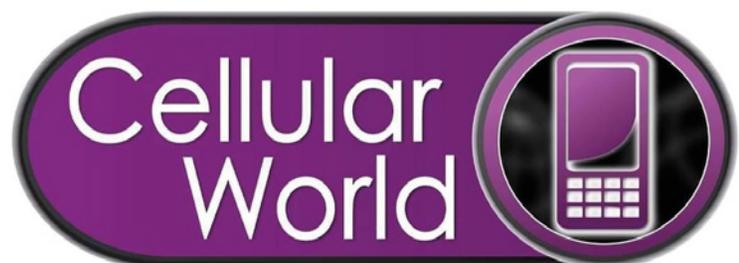
section 16(3)

REVISION NOTICE

TAKE NOTICE that the revised lists of electors for the **George Town North, George Town South and George Town East** electoral districts for the quarter commencing on the **first day of April, 2026** will be settled by me the undersigned on the **6th day of March, 2026** at the **Elections Office, 68 West Bay Road, George Town, Grand Cayman** at **11:00 A.M.**

Dated this **23rd day of February, 2026.**

Hon. Chief Magistrate Hernandez
Revising Officer



PHONES • ACCESSORIES • REPAIRS
BAYTOWN PLAZA, WEST BAY ROAD



Caymanian Times

Issue # 1165

Publisher: Ralph Lewis

Company: Lewis Cayman Islands Ltd

Telephone: 345 9162000

Email: info@caymaniantimes.ky

Website: www.caymaniantimes.ky

Yale Lecturer Examines Immigration and Labour at UCCI Lecture



► Audience members ask questions at a public lecture held at UCCI, featuring Yale University Professor of Economics, Mushfiq Mobarak on 17th February.



► Renowned Yale University Professor of Economics, Mushfiq Mobarak delivered a public lecture at the Sir Vassel Johnson Hall at the University College of the Cayman Islands on 17th February, entitled: "Imported Labour: Implications for Caymanians' Long-term Economic and Human Development."

CONTINUED FROM Page 1

In doing so he used the example of how countries whose aging population is not replaced by a productive younger class of workers have benefited from immigration to prop up the chasm in productivity created by an aging population, as has been the case in America.

The antithesis of this is the scenario which took place in Japan, where the aging working class were not replaced by a vibrant immigrant community and the result was a loss of the country's global commercial status.

Research has shown that when countries become wealthy, fewer people tend to have children and this is why immigration begins to become an important part of maintaining the jurisdiction's productivity levels, according to the Professor.

However, he acknowledged that traditionally, when the immigrant population in America has risen to 14 percent or above, the rhetoric has historically changed to be of a nationalist tone and is somewhat discriminatory; a bias that the Professor espoused is not based in reality but more the result of human nature and the illusion that there may be a threat where none exists.

He explained that the reasoning for his conclusion in this regard was that data has shown that the majority of the work the immigrant class comprises are jobs that the nationals of the sample home countries do not desire to do.

The Professor argued that because immigrants usually fill lower skilled and somewhat menial jobs such as nannies, landscaping and security and many times for lower wages, this allows businesses owners in Countries like Cayman the opportunity to create more economic activity, ultimately fueling the economy.

"I chose a topic that everyone has a strong opinion on," noted Professor Mobarak, who added that he had not met a person in Cayman who didn't have an opinion on the topic of immigration and does not have some passionate feeling about it.

He acknowledged that his job would not be easy and noted that his job was not to tell Caymanians what their immigration policy ought to be but instead to share the data and evidence that comes out of other countries and how this might help to inform the Caymanian condition.

"You have to decide what kind of country you want and all I am here to do is provide a framework for trying to understand how we use data and evidence to guide your policy."

In sharing the stories of the US and Japan he laid out the positives and negatives of a welcoming immigration policy such as the one in the US in the 1980s and that of a very closed scenario, as was the case in Japan during the same time period.

Professor Mobarak posited that countries like Cayman had to determine which model, or whether a hybrid com-

prising a more uniquely Caymanian social contract was the best way forward for the British Territory.

"I am not advocating for an open border without having a policy that is restrictive to any extent," said Professor Mobarak, who noted that one big difference between the model of the US and Cayman was size considerations.

He added that he was aware of the situation in Cayman where immigrant persons might be in more senior roles and are then able to bring in people whom they may have a bias toward, which made the matter even more complex, as the variables in Cayman and the unique situation here are not factored in the data from more industrialised, first world nations.

In countries such as the UAE, the immigrant population is roughly 80 percent. However, there is no prospect of those workers ever assimilating to becoming permanent residents or citizens of the UAE.

One issue that was not touched on by the Professor was that of workers who come to Cayman possibly being more savvy in some areas due to having more experience/touch points, which is vastly different from the situation in many other nations, where he surmised that immigrant or foreign workers were not usually in upfront/public facing jobs dealing with the public.

Additionally, the distinction between migrant workers and immigrant work-

ers was not defined or explored in the Caymanian context or otherwise, (migrants are usually only passing through temporally and immigrants are usually seeking more permanent residence in a country).

In Cayman, the latter has traditionally been more true than the former.

Though the Professor did explain that among the reasons he was looking at countries apart from the Cayman Islands - other than those countries comprising the majority of the research he was familiar with - was that, 'we could speak about the data in a more 'dispassionate' way.'

However, during the question and answer period, it became clear that passion was palpable in the room and some were not at ease with the messaging regarding the mostly positive spin on immigration conveyed in the lecture.

One young man explained that despite the data showing that migrants and immigrants were good for economies and productivity, this was no constellation for the reality on the ground of Caymanians having to leave their home in search of opportunities after being displaced, overlooked or marginalised.

In managing the temperature of the room and deploying a statesman level of diplomacy, Professor Mobarak accepted that everyone's feelings were valid and that his hope that Caymanians would find a model that works for them by eventuating the positives of foreign labour and trying to mitigate the negatives.

This, he said, was a matter for successive governments, voters and society at large, taking into consideration all of the information and data that was available from the existing research.

OAWWC
OAWILLIAMS CONSULTING
A Leadership & People Development company



More Than a Corporate Training Company

*We help organizations
and individuals achieve
breakthrough results*

- Consulting
- Training
- Assessments
- Coaching

Learn More:
OAWilliamsConsulting.com

Statement on the Premier's Update Regarding Cannabis Decriminalisation and the National Lottery



► Hon Joseph Hew

For some time, the Opposition has called for these matters to be addressed openly and with proper public engagement. It is therefore encouraging to see further confirmation that the Law Reform Commission is making progress with reviewing the legal frameworks governing both proposals.

However, genuine respect for the people's voice requires more than procedural updates given after insistence by the Opposition. It requires full and honest disclosure.

"The Caymanian people deserve transparency from start to finish on issues of this importance," said Hon. Joseph Hew, Leader of the Opposition. "Once the Law Reform Commission has completed its work, its recommendations must be made public in full so that Caymanians can understand the facts, the analysis, and the direction being proposed."

Deputy Leader of the Opposition, Mr. Kenneth Bryan, added, "These matters have been in public discussion for years, and Caymanians have consistently called for fairness, accountability, and the right to make informed choices. The public must be properly engaged, and the process must be open."

In light of the recent update provided by the Honourable Premier regarding the timelines of the Law Reform Commission (LRC), the Opposition welcomes the clarification now given to the public.

The issues of cannabis decriminalisation and the establishment of a national lottery are matters of significant national importance. They require careful, evidence-based consideration, and above all, transparency.

While the Opposition welcomes this update, it must also be noted that the Premier and several members of his Government previously did not support the people's right to choice on these issues, despite strong public interest and ongoing national discussion.

The recommendations of the Law Reform Commission, once received, should be released in their entirety. The public is entitled to see the analysis, reasoning, and conclusions that will inform any future policy direction on these important matters.

Accordingly, the Premier should commit, at the next sitting of Parliament, to making the LRC's recommendations public immediately upon receipt. Also to give a timeline for this to happen.

These are not issues to be considered behind closed doors. They must be debated transparently and with the people fully informed.



Queen Elizabeth II Botanic Park New Nursery Open House

Get a first look at the Queen Elizabeth II Botanic Park's new nursery funded by the UK Government through Darwin Plus.

Enjoy a guided trail spotting Cayman's native and endemic plants, learn about the Park's plans for the new nursery, and learn how seeds are prepared and sowed.

Saturday 28 February 2026

9am-12pm. Guided park tours at 9am and 10.30am only.

Queen Elizabeth II Botanic Park, North Side, Grand Cayman

FREE



CIFA, Coca-Cola enter exclusive beverage partnership

The Cayman Islands Football Association (CIFA) has entered into an agreement with Coca-Cola to become CIFA's exclusive beverage partner across all official events and competitions.

The contract was signed Friday, Feb. 6, at the CIFA Center For Excellence by CIFA President Alfredo Whittaker and Coca-Cola Sales & Brand Manager Dylan O'Connor.

Under the agreement, Coca-Cola will serve as the exclusive beverage distributor for CIFA events, including domestic leagues, cup competitions, national team fixtures and other official activities. Products will include Coca-Cola beverages, sports drinks and water. Coca-Cola will also have a strong presence at the CIFA Center For Excellence, CIFA's headquarters and primary competition venue for youth leagues.

"This partnership represents an important milestone for CIFA as we continue to professionalise and enhance the football environment in the Cayman Islands," Whittaker said. "Aligning with a globally recognised brand such as Coca-Cola strengthens our ability to deliv-



er quality events for players, supporters and stakeholders across all levels of the game."

The agreement comes as CIFA undertakes a major infrastructure redevelopment program at the Center For Excel-

lence. Work is currently underway to install two new artificial turf fields and replace the surface on the existing field. Additional upgrades include spectator seating, lighting and other essential infrastructure improvements designed to sup-

port domestic competitions and national team training.

The next phase of development will include the construction of a stadium and dormitories, further positioning the Center For Excellence as a hub for football development in the region.

O'Connor said the partnership reflects Coca-Cola's commitment to supporting sport and community initiatives throughout the Cayman Islands.

"We are proud to partner with CIFA as its exclusive beverage partner and to support football at every level," O'Connor said. "This agreement allows us to contribute to events that bring communities together while strengthening our connection to players and supporters across the islands."

CIFA hosts competitions year-round, including youth, women's and men's leagues, as well as regional and international matches. The new partnership ensures a consistent beverage offering across all official events while supporting the continued growth of football in the Cayman Islands.

BUTTERFIELD ANNOUNCES AGREEMENT TO ACQUIRE RAWLINSON & HUNTER GUERNSEY

The Bank of N.T. Butterfield & Son Limited ("Butterfield" or "the Bank") (NYSE: NTB; BSX: NTB) today announced that it has entered into an agreement to acquire Rawlinson & Hunter in Guernsey ("R&H Guernsey"), the independently owned Guernsey member firm of the Rawlinson & Hunter International Network ("R&H"). The acquisition will further expand the Bank's Channel Islands presence and strengthen its trust and fiduciary offering with the addition of approximately 50 highly qualified colleagues in Guernsey, 71 client groups and \$9.0 billion of assets under administration.

Michael Collins, Butterfield's Chair-

man and Chief Executive Officer, said: "R&H Guernsey is a great addition to our growing private trust business, which is a significant fee revenue generator for Butterfield. This acquisition will increase Butterfield's presence as a leading provider of private trust services in Guernsey and globally. It also demonstrates our commitment to grow through strategic M&A in jurisdictions where we have both scale and market leadership. We look forward to welcoming R&H clients and colleagues to Butterfield."

Alasdair Cross, Senior Partner of R&H Guernsey, said: "Butterfield is a well-known leader in the trust industry and

we look forward to working with them to provide our clients with the same high quality of service and continuity they have enjoyed under current ownership."

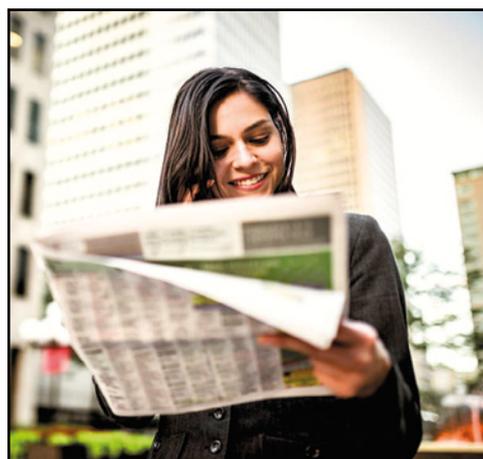
Butterfield has been in the business of establishing and administering fiduciary structures for clients since the advent of international trust legislation more than 85 years ago. Butterfield's award-winning private trust businesses deliver services to international clients through trust companies based in Bermuda, The Bahamas, the Cayman Islands, Guernsey, Singapore and Switzerland, which together have responsibility for \$134.7 billion in assets administered by a team of over 280 trust



► Butterfield Michael Collins

professionals.

The transaction, which is expected to close in the first half of 2026 and is subject to customary closing conditions, including regulatory approvals, relates solely to the R&H Guernsey entity and does not include any other R&H member firms or network interests.



REACH MORE READERS

ADVERTISE WITH US

2 days per week Wednesday & Friday

Email sales@caymaniantimes.ky or call 9162000

Water Authority Laboratory International Accreditation Renewed

The Water Authority is pleased to announce that its Laboratory has successfully renewed its accreditation with the American Association for Laboratory Accreditation (A2LA) in accordance with ISO/IEC 17025, the international standard for laboratory competence.

The renewal confirms that the Authority's Laboratory continues to meet rigorous international requirements for technical competence, quality management, and reliable testing results. The Laboratory's accreditation is valid through November 30, 2027, following a comprehensive on-site assessment and evaluation by the A2LA Accreditation Council.

"Achieving and maintaining accreditation is a clear demonstration of our commitment to the highest quality standards," said Laboratory Manager Marcela Martinez-Ebanks. "It reflects the strength of our technical procedures, the competence of our staff, and our continuous focus on accuracy, consistency, and accountability in all testing activities."

The accreditation applies specifically to the tests listed on the Laboratory's official Scope of Accreditation (Cert. No. 1931.02), which is published in A2LA's



► Water Authority laboratory staff member at work.

searchable online directory. Accreditation provides independent verification that the Laboratory operates in compliance with internationally accepted best practices

and quality assurance principles.

Water Authority Director Dr Gelia Frederick-van Genderen emphasized the importance of accreditation in building confidence and

trust. "Accreditation by A2LA provides assurance to regulators, stakeholders, and the community that the Authority's Laboratory operates to globally recognised standards. This achievement reflects our ongoing investment in quality systems and reinforces our commitment to delivering dependable and scientifically sound results."

The Laboratory has maintained continuous accreditation since 2002, demonstrating a long-standing commitment to quality and continual improvement. It carries out routine quality control testing of the Authority's potable water supplies and treated effluent from the wastewater treatment plant, and also provides laboratory testing services to government agencies, the private sector, and the general public.

As an A2LA-accredited organisation, the Laboratory is authorised to promote its accredited status in accordance with A2LA requirements, further reinforcing confidence in the Authority's testing capabilities and services.

The accreditation can be viewed on the Authority's website, under the Laboratory page.

HOUSE OF LORDS REVIEWS UK-OTs RELATIONSHIP

The British Parliament's House of Lords (HOL) Constitution Committee is currently conducting an inquiry into the 2023 UK Overseas Territories Joint Declaration, focusing on the effectiveness of intergovernmental engagement mechanisms.

The ongoing inquiry reviews progress on commitments regarding security, sustainability, and the partnership between the UK and its 14 Overseas Territories. According to a House of Lords statement, the inquiry seeks to ensure the partnership between the UK and its territories grows stronger through improved cooperation and parliamentary scrutiny.

Key aspects include assessing the impact of the 2023 Joint Declaration, which aims for closer collaboration on law enforcement, economic resilience, and climate change.

It's also evaluating how the UK Government and Overseas Territories interact, including the role of the Joint Ministerial Council (JMC) and potential improvements in communication.

The HOL review committee has already taken evidence from current and former officials, including the incumbent Minister for Overseas Territories Stephen Doughty.

During an oral hearing on February 11th, present via video link from their respective territories were the Premiers of the British Virgin Islands, Dr Natalio Wheatley, and the Turks and Caicos Islands, Washington Missick. Also participating via link from Bermuda was the Bermuda Attorney General, with the heads of



the UK-based OT missions of Anguilla and Montserrat appearing in person.

The Cayman Islands did not directly participate in that session but is said to have made written submissions. (A delegation of UK parliamentarians from the House of Commons and House of Lords visited the jurisdiction last week. Read the article in last Friday's paper).

In reviewing the 2023 Joint Declaration during the House of Lords hearing, much attention was placed on the future of the relationship between the jurisdictions and the UK as the administrative. The constitutional relationship was examined with discussions looking at the potential for greater representation of territories in the UK Parliament, and the option of territories to pursue independence.

Another prominent feature of the in-

quiry is hotly-debated and time-sensitive Public Access to Registers of Beneficial Ownership (PARBO) law. The transparency legislation, which holds implications especially for OTs heavily invested in the financial services industry as a main economic pillar, is set to be imposed on all OTs by the UK by mid-year unless each territory voluntarily enacts the full legislation. There has been resistance to the measure by OTs concerned about what they regard as the intrusive nature of the legislation over privacy issues of persons and entities registered in their respective financial service sectors, with the resulting threat to their economies.

The UK insists that the legislation is a vital tool in the global fight against money laundering, financing terrorism and other illicit activities.

Addressing the PARBO issue, the UK Minister for the Overseas Territories, Stephen Doughty, reported during a January sitting of the inquiry advising that while initially, legitimate interest access registers are expected to be in place across all jurisdiction by the middle of this year, the goal is for eventual full public access.

"It is important to recognise where progress has been made. Gibraltar already has a fully publicly accessible register of beneficial ownership. St Helena introduced one. Cayman has made some substantial progress," he reported.

Asked about the pace of the PARBO process which has been discussed since 2022, Min. Doughty also stated: "Have they moved as fast as I would have liked? No. We have been robust in challenging them and had discussions with a number of specific territories about what we expect to see. We offered support to enable those things to be put in place. Our ultimate expectation remains fully accessible registers of beneficial ownership. As an interim step, it is most important to have the legitimate interest access registers."

The UK Overseas Territories Minister also updated that several OTs have already passed the legislation or it's still being drafted. "But we also expect them to be of a high accessibility standard so that practical impediments will not be put in place that make the legislation difficult to apply in practice," he added.

Michael L. Jarvis London UK

From Green to Purple: Phytonutrients that give fruits and vegetables their colours and health benefits

By Sandra A. Farrell, MSc, BA,
Contributor

Colour your plate with nature's goodness! Phytonutrients – natural compounds in fruits and vegetables, may help to reduce the risk of chronic diseases. Their colours tell a vibrant story: green leafy vegetables glow with carotenoids and chlorophyll, while deep purple berries are packed with anthocyanins, a type of polyphenol. Eating a rainbow of colourful fruits and vegetables is a simple way to boost your intake of essential nutrients and phytonutrients.

Exploring phytonutrient rich foods

Green foods rich in lutein and chlorophyll (broccoli, spinach) and support eye and liver health. Blue, purple and black foods contain anthocyanins and other compounds (blueberries, eggplant) for brain and heart health. Red foods, high in lycopene (tomatoes, red peppers) aid heart and prostate health. Orange foods provide beta carotene (carrots, sweet potatoes) for vision. Yellow foods contain lutein (pineapple, corn) supporting immunity. White/tan/brown foods are rich in selenium and cellulose (mushrooms, ginger) and provide digestive and heart health benefits.

Blueberries & anthocyanins: Unlocking the colour of purple

Professor Ana Rodriguez - Mateos, an expert in human nutrition at King's College London (KCL) who has studied blueberries for over 2 decades, suggested that they are full of polyphenol flavonoids called anthocyanins – a purple pigment that gives berries their deep colour.

Blueberries are good sources of fibre and polyphenols that nourish beneficial gut bacteria and support microbial diversity. Professor Rodriguez - Mateos further highlighted that research shows that berries have a probiotic effect on the gut and improves the diversity in our gut microbiome.

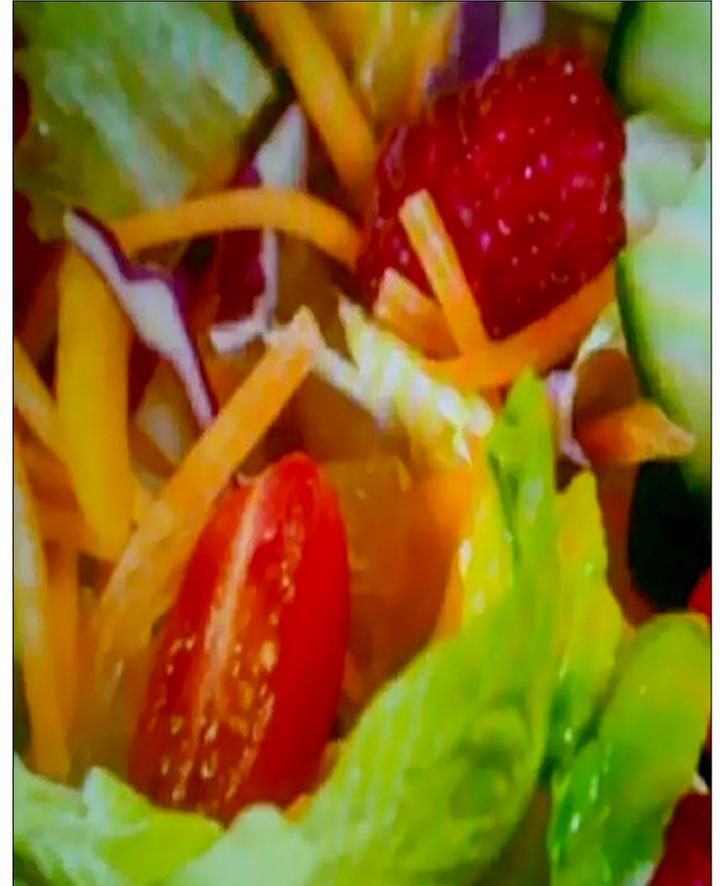
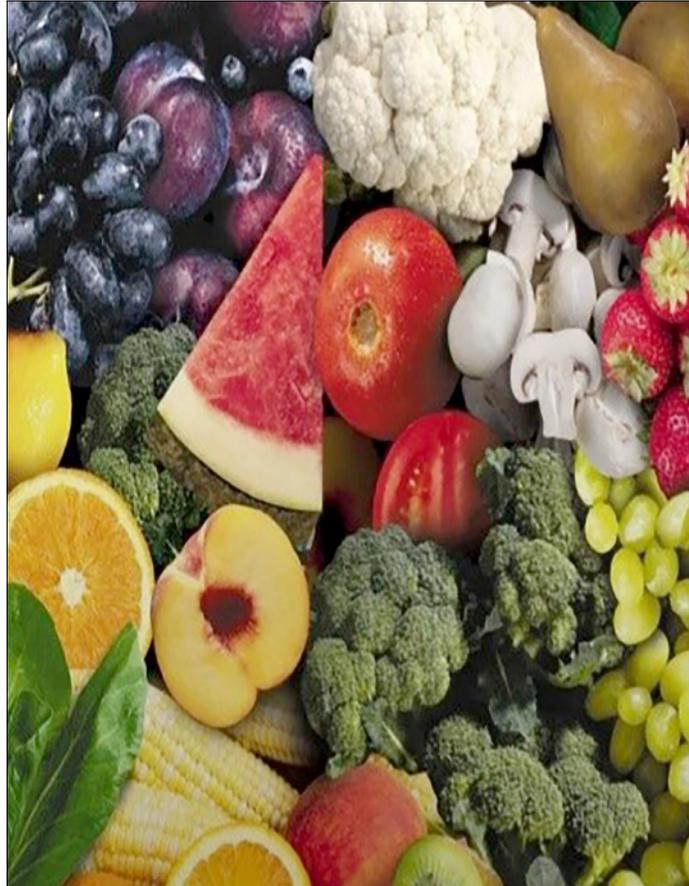
A further study found that consuming wild blueberries was linked to improvements in memory performance and lowering of blood pressure.

Is it necessary to peel fruits and vegetables?

I tend to avoid peeling most fruits and vegetables as they contain fibre and a rich source of phytochemicals particularly polyphenols. To wash, under running water, rub fruits and vegetables briskly. Firm skinned produce can be scrubbed gently with a vegetable brush.

Professor Tim Spector, a prominent UK based genetic epidemiologist at King's College London and expert in personalised nutrition and gut microbiome, suggest that you could be losing some of the vital nutrients from your food through peeling. He further noted that the skin of fruits such as apples, kiwis and vegetables contain polyphenols.

Interestingly, the peel of citrus fruits contain a larger amount of polyphenols compared to the edible portion of the fruit, making it nutritionally valuable. The peel of citrus fruits can be used to add zest



and flavour to dishes, infuse teas, enhance baking, blend into smoothies, create spice blends and prepare citrus infused oils and vinegars.

Frequently Asked Questions

• What are phytonutrients and why are they important in our diet?

Phytonutrients are thousands of different healthful compounds in plants. Eating a variety of phytonutrient dense fruits and vegetables provide health benefits. In research conducted, people who eat more plant foods tend to have lower rates of heart disease, cancer, diabetes, dementia and other chronic diseases.

• How can I increase my intake of phytonutrients?

Observe your meals and colours eaten on a daily basis. Whenever possible, gradually shift to eating a broader spectrum and colour diversity. 'Eat the Rainbow' a concept which includes eating a variety of colourful fruits and vegetables in your diet.

• Are some plant foods richer in phytonutrients than others?

The answer is **yes**. Some plant foods have more phytonutrients than others. For example sweet potatoes or purple potatoes contain more phytonutrients than white potatoes. One approach is to swap foods that are lower in nutrients for more nutrient dense alternatives.

• Should we aim to eat a variety of phytonutrients?

In nature, there are thousands of phytonutrients. Instead of getting blue purple phytonutrients from blueberries, try other blue purple foods like purple rice and purple cabbage which will give different phytonutrients. One helpful tip is to try a new food every week to ensure a variety of phytonutrients.

About the Author

Sandra A. Farrell is a UK based Registered Nutritionist and member of Plant Based Health Professionals (UK). She has a

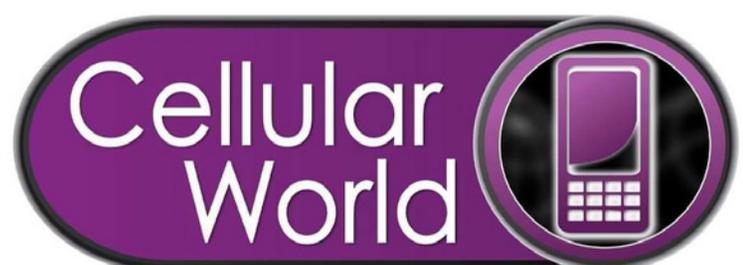


MSc in Global Public Health Nutrition, BA (Hons) in Food, Nutrition and Professional Cookery and additional qualifications in Psychology, Health and Wellbeing Coaching, Health Behaviour Change, Health Improvement, Plant Based Nutrition, Setting up and Hosting Healthy Eating Cookery Clubs, Education and Training, Horticulture and Garden Design. Sandra is presently pursuing further studies in Behavioural Science to promote health and wellbeing.

She is a mentor with Trailblaze St Kitts and Nevis, a mentorship initiative empowering youths in St Kitts and Nevis, by connecting with professionals for guidance, skill development and career preparation.

Disclaimer

The contents of this article, regardless of date, is not intended to replace personalised medical advice from your doctor or healthcare professional.



PHONES • ACCESSORIES • REPAIRS
BAYTOWN PLAZA, WEST BAY ROAD



► Managing Partner of the Cayman Islands office, Michael Richardson



► Partner, Christina Gordon presenting a spot prize to TBLs student Michael Elliot

Maples Group Connects with Cayman Islands Law Students at Early Careers Mixer



► Finance partners Joe Jackson and Wanda Ebanks and TBLs students.



► Partner, Katrina Watson and TBLs students



► Global Managing Partner, Jonathan Green and TBLs students

For over 20 years, the Maples Group has recognised the importance of ensuring team members and the legal workforce have the opportunity to learn, thrive and

excel. The Early Careers Programmes, inclusive of articled clerkships, internships and scholarships, foster this supportive and structured environment for young

professionals and those seeking a legal-focused career.

As part of a series of collaborative events, the Group hosted an Early Careers Mixer on 5 February, which was open to students of all education levels and faculty of the Cayman Islands' Truman Bodden Law School ("TBLs"). The evening was an occasion to meet Maples Group partners, TBLs alumni and recent participants of the Group's various programmes, as well as members of the firm's Early Careers Committee, including Global Managing Partner, Jonathan Green, and Managing Partner of the Cayman Islands office, Michael Richardson. These events serve as a platform for the Group to establish a bond with future talent who may qualify for the Group's scholarship, internship and legal training programmes.

"Connecting with TBLs students and faculty aligns with goals set out in our Early Careers Programmes. Our events are curated to create meaningful opportunities for students to engage with members of our Firm, ask questions and gain insight into the many pathways available at the Maples Group, and get a sense of the Firm's culture" noted Anjuli Muttoo, Learning and Development Lead for the Cayman office. "It's inspiring to see their enthusiasm as they take an active role in shaping their legal careers, and even more

rewarding when those familiar faces later walk our office hallways as colleagues.

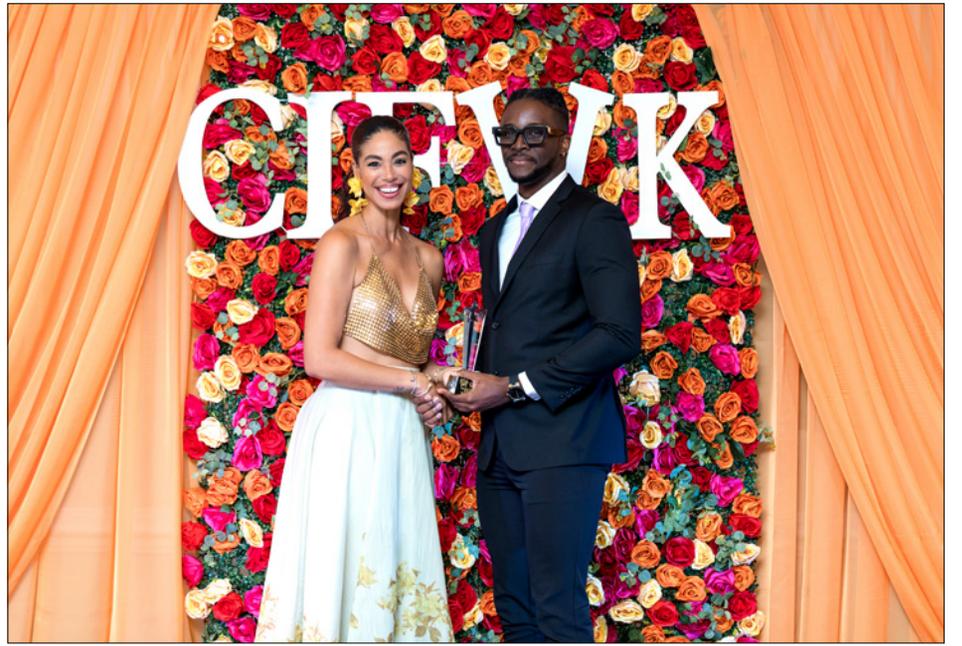
"Experiences like these underscore the value of investing in our Early Careers initiatives, and we are truly grateful to Rhian Minty and Mitchell Davies and the team at TBLs for partnering with us to support the next generation of legal professionals," she added.

Other key employees from the Group's HR team, as well as past legal scholars, current Articled Clerks and Partners were present to share their experiences and insights. Over the years these programmes have benefitted many young Caymanians, many of whom are currently at the Maples Group in roles ranging from Junior Secretary, Secretary, Articled Clerk and Partner.

Among the Firm's early career-focused initiatives, the Articles of Clerkship programme offers a comprehensive pathway for aspiring lawyers to gain practical experience and develop their legal careers. Participants of the programme benefit from a personalised mentorship approach, supportive work environment, practical skill development, and networking opportunities.

Applications are accepted year-round at any point in a student's educational journey.

For more information and to apply, visit maples.com/careers/students-and-graduates.



CIFWK Opens Trailblazer Awards Nominations Ahead of Exclusive Gala Celebration



CONTINUED FROM Page 1

As part of CIFWK's broader mission to support creative development, education, and community empowerment, the Trailblazer Awards align with key CIFWK initiatives and community partnerships. These include the Creative Fashion School (CFS), a non-profit organisation dedicated to education and training for emerging designers and creatives; Protect Our Future (POF), a non-profit youth organisation focused on leadership development, education, and empowerment; and InnaStar, a creative community platform that provides safe and empowering spaces for artists of all ages, nurturing artistic expression, confidence-building, mentorship, and personal growth through the arts.

Hosted as part of Cayman InStyle Fashion Week, the Trailblazer Awards culminate in an exclusive awards gala, bringing together creatives, leaders, innovators, and tastemakers for an elevated evening of recognition and celebration. The gala has become one of CIFWK's most anticipated moments — an intimate gathering where excellence, legacy, and future-forward leadership take centre stage.

"Trailblazers are the people shaping our cultural identity, uplifting our communities, and pushing Cayman forward," said Norma Ebanks, CEO and Founder of



Cayman InStyle Fashion Week. "The Trailblazer Awards exist to honour individuals whose impact extends beyond their industry and into the heart of our community — whether their influence is felt locally or on a global stage."

Nominations for the Trailblazer Awards are open to the public, and CIFWK encourages members of the community to nominate individuals whose work, leadership,



creativity, or service deserves recognition. To Nominate Click Here: <https://forms.gle/iCv2YeBeZvQTCsQm9>

Nominations close on February 28, 2026.

All CIFWK event tickets will go on sale from Wednesday, February 18, 2026, with tickets available for purchase and collection at Creative Fashion & Design and TicketsPlus. Tickets will also be available

exclusively at the Agriculture Show, offering attendees a limited-time opportunity to secure access at special rates.

Winners will be announced at the CIFWK Trailblazer Awards & Gala, with further details regarding nominees, programming, and ticketing to be announced in the coming weeks.

For nominations, tickets, and updates, visit the official CIFWK platforms.



► Volunteers dedicated to raising funds for Cayman's seniors during 2026 Change for Change Donation

Meals on Wheels Change for Change Drive Achieves Record-Breaking Success



Meals on Wheels Cayman Islands is celebrating an overwhelming success following its annual Change for Change Donation Drive, which reached record-breaking heights in 2026 thanks to extraordinary community support and a last-minute anonymous donor. On the first day of the weekend coin drive (30th January), the donor generously stepped forward to match every coin donated, providing a significant boost to the campaign's total and amplifying

the impact of the island-wide effort. Over 350 volunteers, ranging in age from two to 72 years old, were mobilised across Grand Cayman on Friday and Saturday 30th and 31st January, standing proudly at shops, markets, businesses and banks island-wide. The two-day effort showcased community spirit at its best, with neighbours showing up for neighbours and generosity

SEE CHANGE FOR CHANGE DRIVE ACHIEVES, Page 11

Change for Change Drive Achieves

CONTINUED FROM Page 10

flowing freely in support of Cayman's seniors.

The funds raised will go directly towards providing daily hot meals to 350 disabled, homebound and infirm seniors across all five districts of Grand Cayman, reinforcing the charity's mission to ensure older persons are fed, valued and never forgotten.

"Change for Change is a powerful reminder of what we can accomplish together," said Jennifer West, CEO of Meals on Wheels Cayman Islands. "Every coin, every note and every volunteer hour helps us deliver not just meals, but dignity, care and human connection to our seniors each day."

Meals on Wheels Cayman Islands relies on the dedication of more than 130 volunteers every week, who deliver free daily meals while also providing vital social interaction to some of the island's most vulnerable citizens.

A special feature of this year's drive was the enthusiastic participation of Island Primary School, whose students, staff and families demonstrated outstanding civic pride and compassion through their involvement.

Meals on Wheels wishes to extend a heartfelt thanks to its Change for Change 2026 sponsors, Perricone Family Trust and Compass Media, as well as the many civic-minded companies, schools, organisations and individuals who contributed their time and generosity.

Participating supporters included:

A.L. Thompson's, Butterfield, Book Nook, BuySmart, BCQS, Camana Bay, Cayman Airways, Cayman Islands Customs and Border Control, Cayman Islands Civil Servants, Cayman International School, Cayman Islands National



Archive, Cayman Learning Centre, Cayman National Bank, Cayman Turtle Centre, Cayman Prep and High School, CIBC Caribbean Bank and Trust (Cayman) Ltd., Clifton Hunter High School, Credit Union, Compass Media, Cost U Less, CSC, Department of Financial Assistance, Foster's, First Baptist Christian School, Grace Christian Academy, Health Care

Pharmacy (Grand Harbour), Hurley's Marketplace, Island Primary, John Gray High School, Kirk Market, Montessori By The Sea, Ogier, PROVEN, Public Pension Board, Royal International Miss Cayman Islands, KPMG, Maples, Ministry of Finance & Commerce, Miss Universe Cayman Islands - Tahiti Seymour, Miss Earth Cayman Islands - Latecia Bush, Saxon,

SteppingStones Recruitment, UCCI, Water Authority, Walkers, and every individual who donated and volunteered.

"From everyone at Meals on Wheels Cayman Islands — and from the seniors whose lives are touched every day — thank you for making Change for Change 2026 a remarkable success," added Ms. West.

Premier Congratulates Outgoing FATF President

At the recent Financial Action Task Force (FATF) Plenary held in Mexico, Premier and Minister for Financial Services and Commerce, the Hon. André Ebanks extended congratulations to outgoing FATF President Elisa de Anda Madrazo, in recognition of her distinguished tenure.

During the Mexican presidency, Ms de Anda Madrazo launched the Regional Bodies Guest Initiative, an important step toward strengthening collaboration between the FATF and regional bodies. Through this initiative, the Cayman Islands was among the first jurisdictions to benefit from enhanced participation and visibility at FATF Plenary meetings.

"It was an honour for the Cayman Islands to be recognised in this way during her tenure," Premier Ebanks said. "We felt it was important to convey sincere thanks and present a small token of appreciation. I am so pleased to know that this initiative will continue for the foreseeable future and that the second pair of guest jurisdic-



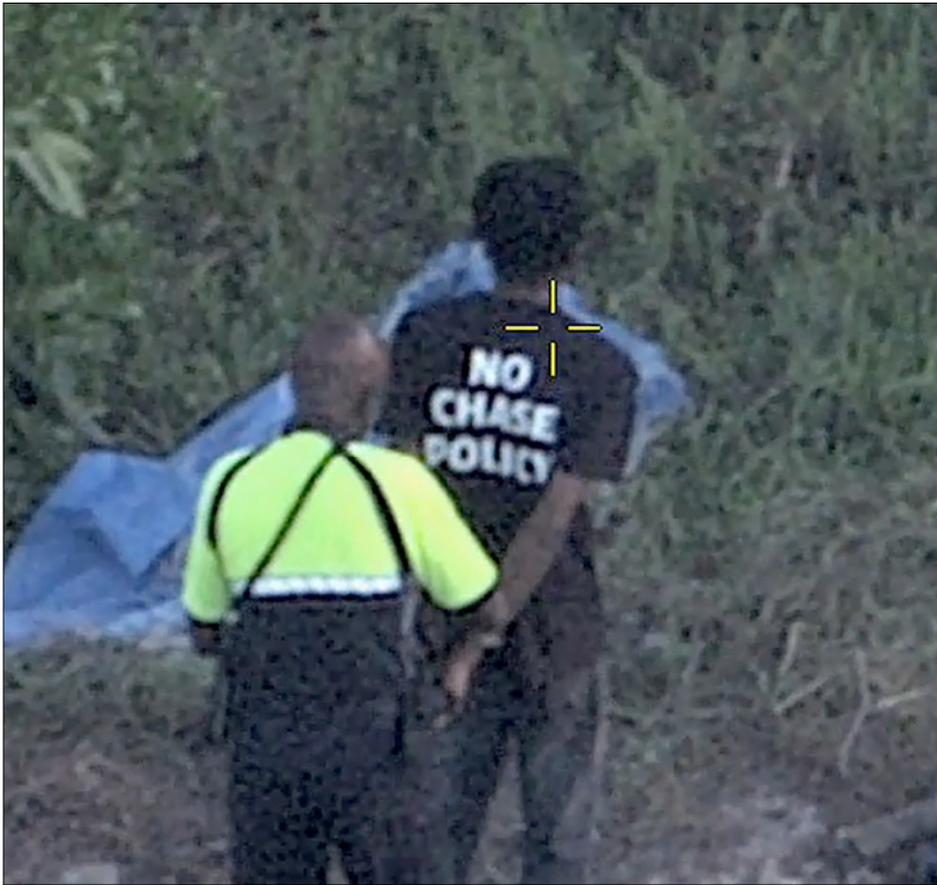
tions included a fellow Caribbean country, Jamaica."

Ms de Anda Madrazo, who is from Mexico, will conclude her term in July and will be succeeded by Mr Giles Thomson of the United Kingdom as incoming FATF President.

Premier Ebanks led a cross-agency Cayman Islands delegation to the plenary, forming part of a broader Caribbean Financial Action Task Force (CFATF) contingent. In addition to participating in the formal Plenary sessions, members of the Cayman delegation engaged in targeted bilateral meetings with regional and international stakeholders. Discussions focused on key priority areas, including virtual assets, beneficial ownership transparency and asset recovery.

"These engagements at the plenary provided invaluable insights that will support our ongoing efforts to strengthen our anti-money laundering framework and prepare for the CFATF mutual evaluation of the Cayman Islands scheduled for December 2027," Premier Ebanks added.

Motorcycles Seized, Two Men Arrested, Following Reckless Driving in Eastern Districts



On Sunday, 8 February, police received several complaints from concerned citizens, regarding motorcycles driving recklessly at high speeds along the public roadway on the Queen's Highway in East End. Police responded and attempted to stop several motorcycles, however, they failed to stop for police. Following this, the RCIPS developed a strategic plan to respond to any further such reports.

The following Sunday, 15 February, police received reports of a number of vehicles, including several motorcycles, driving recklessly in the Eastern Districts. Officers responded and with the assistance of AOU assets, those involved were monitored and eventually intercepted by police.

Police seized multiple motorcycles, in accordance with section 77A of the Traffic Act (2026 Revision). Two men, ages 21 and 26, residing in Bodden Town, were also arrested on suspicion of dangerous driving, driving whilst not qualified, and driving without insurance.

The matter remains under investigation by the Traffic & Roads Policing Unit.

The police are warning motorcycle and other vehicle operators who speed, drive recklessly, use unlicensed and unroadworthy vehicles on the roads, or otherwise violate the Traffic Act, that they will be dealt with the full extent of the law, and vehicles may be seized under section 77A of the Act.

Four arrested following theft of Motorcycles from George Town Business

The police are investigating reports of theft on Elgin Avenue. Four juveniles have since been arrested in relation to the theft of delivery motorcycles owned by a food delivery business.

On the morning of Tuesday, 17 February, police were notified that two motorcycles had been stolen from a private parking facility on Elgin Avenue. A third motorcycle was moved from the enclosure and left in an adjacent parking lot, where it was damaged.

A cellular phone was also taken. Upon arrival, police observed that CCTV cameras on the premises were damaged.

The police successfully thwarted two additional theft attempts at the same location later that evening; two teenaged juvenile males were arrested following

one incident, and a third was arrested after the other incident, on suspicion of theft (taking a conveyance), going equipped for stealing, and damage to property.

Yesterday, 19 February, officers arrested another juvenile male, on suspicion of criminal trespass and going equipped for stealing, after he was found having entered the facility wearing a mask.

Police are appealing to anyone who may have seen suspicious activity along Elgin Avenue between the night of 16 February and the early hours of 17 February to contact the George Town Police Station at 949-4222.

Anonymous tips can be provided directly to the RCIPS via our Confidential Tip Line at 949-7777, or via our website <<http://www.rcips.ky/submit-a-tip>>.

Woman Arrested Following Collision Involving Parked Vehicles

Police are investigating a collision that took place on Sea View Road, just west of Knot Street, on Wednesday, 18 February. Shortly before 7:00PM, officers responded to the location after receiving a report that a Honda Aria had collided with three vehicles which were parked on the roadside.

On arrival, officers observed damage to the Honda and the other vehicles involved. However, no injuries were reported.

Officers spoke to the driver, a woman age 28 residing in Bodden Town, who appeared to be intoxicated. A breath test was conducted with a positive result and she was arrested on suspicion of driving under the influence.

Officers also ascertained that three children had been inside the vehicle at the time of the collision, including one child riding unsecured in the lap of another adult in the front seat. Upon making further checks, it was discovered that the vehicle documents were also expired. The woman was further

arrested in relation to multiple other traffic offenses.

The matter is currently under investigation.

Police take this opportunity to remind motorists that driving under the influence of alcohol or drugs is a serious offence. Motorists are urged to plan ahead, designate a sober driver, or arrange alternative transportation if they intend to consume alcohol.

"When you drive under the influence, you put not only yourself, but your passengers and other road users at risk. To do so with young children in the vehicle is especially inexcusable," says Superintendent Adrian Seales, who oversees Traffic & Roads Policing. "Although there were no injuries in this incident, for which we are thankful, things could have had a much more tragic ending. Even so, the driver of the vehicle is facing several penalties, including severe fines and disqualification from driving. This is not an example other members of the public should follow."

Escaped Cuban Migrant Apprehended

Further to CBC's earlier release regarding the escape of two Cuban migrants from the Immigration Detention Centre at Fairbanks on 7 February 2026, the Cayman Islands Customs and Border Control Service (CBC) confirms

that the second individual was apprehended on Friday, 20 February 2026, by CBC officers.

CBC thanks its partner agencies and members of the public for their cooperation and assistance.

Police Investigate Burglary of Construction Tools



On Friday, 20 February, officers responded to a report of a burglary at a construction site on Bodden Town Road, in the vicinity of Anton Bodden Drive. The burglary was discovered when workers attended the scene at 7:30AM, and appears to have taken place overnight, sometime after 6:00PM the previous day.

It was reported that several tools were taken during the incident.

The items include:

- SDS INCO electric drill,
- Marital Mixer Drill,
- Flex battery saw,
- Flex charger,
- METABO impact drill,

- MAKITA 5" disc grinder, and
- Handheld electric rebar cutter

The matter is under investigation and police are advising the public to be on the lookout for the stolen items. Persons are advised not to purchase any of the mentioned items from unofficial channels or in suspicious circumstances.

Anyone with any information, including persons who have received offers to purchase this or similar equipment, is asked to contact Bodden Town CID at 947-2220.

Anonymous tips can be provided directly to the RCIPS via our Confidential Tip Line at 949-7777, or via our website <<http://www.rcips.ky/submit-a-tip>>.

SUDOKU

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Conceptis Sudoku

By Dave Green

5			9	1	2			6
	7			4				9
9								
2								5
	1			3				8
6								1
								8
	4			1				6
1		2	3		4			7

©2019 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

Answer to previous puzzle

8	1	6	9	7	3	2	5	4
9	7	4	5	6	2	1	8	3
3	2	5	1	8	4	9	7	6
1	6	7	2	3	9	8	4	5
5	3	2	8	4	6	7	9	1
4	8	9	7	1	5	6	3	2
6	5	8	4	2	7	3	1	9
2	9	1	3	5	8	4	6	7
7	4	3	6	9	1	5	2	8

Difficulty Level ★★★★★

©2019 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

Difficulty Level ★★★★★

2/09

CROSSWORD

By THOMAS JOSEPH

S	A	G	A	S		Q	U	A	S	H
E	X	I	L	E		U	M	B	E	R
W	E	N	D	T		E	P	E	E	S
			S	A						
P	A	L		P		P	U	N		G
A	M	I	N	O	R		V	I	V	A
G	I	N	A	N	D	T	O	N	I	C
E	G	G				L	O			F
D	O	S				B	E	T		I
						E	R	S	A	T
J	U	L	I	O		L	A	Z	E	D
A	G	E	N	T		U	T	E	R	I
W	H	I	S	H		P	A	S	S	E

- ACROSS**
- 1 Plague bards
 - 6 Some stingers
 - 11 Superfluous
 - 12 Kick out
 - 13 Rose feature
 - 14 Téa of "Madam Secretary"
 - 15 Road sealer
 - 16 Young fox
 - 18 Little rascal
 - 19 Avenue tree
 - 20 Some amount of
 - 21 Summer sign
 - 22 Bounty
 - 24 Ivy League school
 - 25 Books reviewer
 - 27 Bottle plug
 - 29 Some chocolates
 - 32 Writer Radcliffe
 - 33 Yacht spot
 - 34 Bar concern
 - 35 Long-running CBS drama
 - 36 PC key
- DOWN**
- 37 Before, to
 - 38 Door part
 - 40 Crooner Mel
 - 42 Defeated, but barely
 - 43 Leading
 - 44 Lab work
 - 45 Work breaks
 - 1 Improve
 - 2 Sigh, say
 - 3 Sailors heed them
 - 4 Slip
 - 5 Beer holder
 - 6 Writer Eudora
 - 7 Woodsman's tool
 - 8 Movie review
 - 9 Some calligraphers
 - 10 Like loafers
 - 17 Book parts
 - 23 Penguin's cousin
 - 24 "The Bells" writer
 - 26 Tiller puller
 - 27 Mark of distinction
 - 28 Like some kicks
 - 30 Rockies rodent
 - 31 Wins every game of
 - 33 Future flowers
 - 39 Acquire
 - 41 Early hour

Yesterday's answer

- 8 Movie review
- 9 Some calligraphers
- 10 Like loafers
- 17 Book parts
- 23 Penguin's cousin
- 24 "The Bells" writer
- 26 Tiller puller
- 27 Mark of distinction
- 28 Like some kicks
- 30 Rockies rodent
- 31 Wins every game of
- 33 Future flowers
- 39 Acquire
- 41 Early hour

Word Search

O	C	F	C	S	S	Z	N	I	A	H	C	G	C	F
T	H	C	A	H	O	T	E	L	A	H	C	C	H	F
C	K	L	H	C	H	A	M	P	C	M	E	R	K	A
H	C	E	V	A	Q	G	K	W	R	H	T	Z	U	H
A	R	N	C	I	P	T	T	A	C	C	A	M	D	C
R	G	N	U	N	N	E	H	E	G	H	B	S	C	S
A	E	A	W	A	A	C	L	Z	H	A	A	E	T	R
D	C	H	R	A	H	E	H	C	S	C	I	Y	E	
E	I	C	R	I	A	H	C	F	H	M	H	U	S	A
V	L	H	R	S	R	E	T	C	A	R	A	H	C	E
B	A	A	N	L	O	H	U	I	P	G	R	G	H	V
P	H	T	C	H	Y	A	W	H	T	R	T	W	A	R
A	C	T	E	G	N	A	H	C	E	G	E	I	L	D
P	R	E	B	M	A	H	C	C	R	M	R	I	K	H
B	W	R	M	M	U	N	C	H	A	R	G	E	H	C

- Chaff
- Chain
- Chair
- Chaise
- Chalet
- Chalice
- Chalk
- Chamber
- Champ
- Chance
- Change
- Channel
- Chant
- Chaos
- Chapel
- Chapter
- Character
- Charade
- Charge
- Charm
- Charter
- Chasm
- Chaste
- Chatter

Find the listed words in the diagram. They run in all directions – forward, back, up, down and diagonally.

1	2	3	4	5		6	7	8	9	10
11							12			
13							14			
15				16	17			18		
19				20				21		
22			23				24			
		25				26				
27	28				29				30	31
32				33				34		
35				36				37		
38			39			40	41			
42						43				
44						45				

1-31



Have fun with
**CAYMANIAN
TIMES**

CURTIS

By Ray Billingsley

THE PHOTO YOU TOOK OF ME WENT VIRAL WITH RECORD-SETTING LIKES, CURTIS!

IT CAUGHT THE ATTENTION OF A DISNEY CEO AND HE INVITED ME TO AUDITION FOR A DISNEY CHANNEL SERIES!!

THE AUDITION'S IN A COUPLE HOURS AND I'M PREPARED TO LAND IT!!

THIS OPPORTUNITY IS ALL BECAUSE OF YOU!

THE AMAZING SPIDER MAN

By Stan Lee

NAMOR MAY BE A MENACE TO THE WORLD'S SHIPPING, BUT HE SEEMED TO LIKE ME.

THAT'S PUTTING IT MILDLY, HONEY.

MAYBE IF I WENT TO HIM-- I COULD TALK HIM OUT OF DECLARING NAVAL WAR ON THE SLURFACE WORLD.

WHAT??

JUDGE PARKER

By Woody Wilson & Mike Manley

OKAY, AS A CAMPAIGN MANAGER YOU'RE GOING TO NEED POLITICAL CONSULTANTS, COMMUNICATION, FINANCIAL, LEGAL AND TECHNOLOGY DEPARTMENTS, A CONSTANT "ON-THE-GROUND" PRESENCE WITH A STOREFRONT CAMPAIGN OFFICE, AND ACTIVISTS WHO--

SOPHIE, INSTEAD OF FINDING ALL THESE PROJECTS TO WORK ON, IF YOU'D JUST FOCUS ON YOUR COLLEGE APPLICATIONS...

OKAY, ONE, YOU DIDN'T MIND WHEN THAT PROJECT WAS YOUR B&B. AND TWO, I TOLD YOU-- I'M NOT GOING TO COLLEGE.

OKAY, OKAY...

Caymanian Times Classifieds



HANDYMAN/GARDENER

Job Description:

- Carry out general gardening task such as weeding, trimming, planting, edging, pruning, raking, blowing, etc.
- Carry varying tasks inclusive of minor repairs, painting and cleaning
- Work on assigned projects alone or work team
- Keep work vehicle and clean and organized and tools in good working order
- Prepare daily entry of data in worksheets, providing accurate information for invoicing
- Any other related tasks as assigned by the management team

3-4 years experience High School Graduate or Similar

Salary range is \$8.75 - \$14 per hour

GARDENER

Job Description:

- At least 3 years' experience in tropical landscape care
- High school graduate with strong numeracy and literacy skills
- Valid Group 2 Drivers' Licence coupled with experience in towing trailers and driving both automatic & manual transmission vehicles (experienced persons with a Group 3 Licence will be given preference)
- Must be willing to work in the outdoor exposure, without problems, in varying weather conditions, among and with different types of plants and with some amount of garden chemicals.
- Excellent oral and written communication and interpersonal skills; strong command of the English Language
- Must be able to work as part of a team and be proficient in handling gardening and power tools
- Must be willing to work weekends and some overtime (when necessary)
- Must be able to lift up to 70lbs repeatedly without any problems
- Ability to identify plants and plant pests

The successful candidate will be required to undergo practical demonstrations in various areas.

Wages range from CI\$8.75 - \$12.00 per hour and will be commensurate with qualifications & experience.

Interested and qualified applicants may email a cover letter and resume with references listed, to:

office@powerflower.ky



Electrical Sales Associate

Cayman Electrical Supply Ltd. is an energetic and leading wholesale distributor located in Grand Cayman, Cayman Islands. Reporting to the General Manager, the Electrical Sales Associate will provide high level electrical knowledge to a large and diverse customer base.

Requirements to the position

We are seeking an experienced and motivated Electrical Sales Associate to join our team.

Work Schedule:

Applicant must be able to work 7am to 5:00pm Monday to Friday and may include scheduled Saturdays.

Key Requirements:

- 15+ years of experience in cold-calling electrical sales
 - Proficient in Eclipse Operating System
 - Excellent knowledge of electrical material with the ability to complete electrical drawing take off's;
 - Strong working knowledge of Microsoft Office (Excel, Word, Outlook)
 - Excellent communication skills, both written and verbal
 - Detail-oriented with the ability to multitask and work independently
 - Proven ability to meet and exceed sales targets
 - Strong organizational and customer service skills
- Responsibilities:
- Conduct cold-calling and follow-up with prospective clients
 - Maintain accurate sales records
 - Use internal systems to manage customer and sales data
 - Build and maintain strong client relationships
 - Contribute to achieving overall sales goals

Salary:

\$4,500-\$6000 per month plus health and pension benefits per Cayman Islands Labour Laws

Send applications to:

P.O. Box 10419, Grand Cayman, Cayman Islands KY1-1004

Cayman Electrical Supply Ltd – Unit 1 & 2 High and Dry Warehouse, Ebony Lane, Grand Cayman

EMAIL: SALES@CES.KY



Company

Harbour Partners Life is part of a Cayman-based insurance group working directly with UHNW families.

About the opportunity

Working for a dynamic independent Specialty Insurance and Reinsurance Group within the Life Insurance division, the role focuses on assisting the sales team with placing assets into client trusts, policy assets, and other fiduciary services. The international client base focuses on coordinating with UHNW Family Offices, working with the world's top law firms, CPAs, investment funds, and financial institutions.

About you

You must be personable and qualified within a relevant jurisdiction* with a minimum of 5 years post-qualification experience in all aspects of private client work. Desired skills include strong communication and administration skills, an ability to provide accurate information, issue resolving expertise for clients, and a proven ability to work both autonomously and as a part of a team. * Cayman Islands, UK, Ireland, Australia, New Zealand and Canada

Office location: George Town, Cayman.

Job Title: Onboarding manager.

Contact: Qualified applicants can apply in writing to Thomas Lawrence:

tlawrence@harbourpartners.com

Salary: \$155,000.00 Basic + up to \$50,000.00 Bonus Per Annum



CAYMAN ISLANDS GOVERNMENT MINISTRY OF CAYMANIAN EMPLOYMENT & IMMIGRATION

Applications are invited for the post of:

**DEPUTY DIRECTOR – BUSINESS OPERATIONS,
WORKFORCE OPPORTUNITIES & RESIDENCY CAYMAN (WORC)**

SALARY BAND: CI\$97,860.00 – CI\$128,388.00 PER ANNUM

Workforce Opportunities and Residency Cayman (WORC) ("the Department") plays a critical role in the economic growth of the Cayman Islands as it is charged with assessing the labour needs in the market, developing and training Caymanians for these needs, supplying the market with the labour resources required and ensuring fair employment practices are in place. The purpose of this senior post is to support the Director in providing leadership, developing and implementing strategic plans to support Finance, Administration and Customer Service functions utilizing the highest standards of customer service, effective communication and innovative information technology.

Knowledge / Experience:

A postgraduate qualification or Bachelor's degree in Business Administration, Management or similar field plus ten (10) years' experience with at least five (5) years in a management position. An MBA would be desirable. Broad experience in, and an in-depth working knowledge of, the Government's organizational structure, functions and policies and procedures (including, but not limited to budget preparation and financial control, personnel management and strategic planning) would be an asset.

The post holder must also have knowledge of:

1. Public Service Management Act; and
2. The Public Management Finance Act.

Skills

Excellent leadership, planning, organizational and managerial skills whilst having excellent written and verbal communication and interpersonal skills with the ability to effectively manage staff relations and confidential matters with integrity. Strategic thinker with ability to continually look at the future to identify and plan the capabilities the organization and its people will need to deliver success.

Benefits will be determined in accordance with the Public Service Management Act, Personnel Regulations, Public Service Pensions Act and the CINICO Health Plan.

DETAILED job description, benefits information and application form are available at:

www.careers.gov.ky

DEADLINE: 27 FEBRUARY, 2026



REACH MORE READERS

ADVERTISE WITH US

2 days per week Wednesday & Friday

Email sales@caymaniantimes.ky or call 9162000

Captain Bryan's Sail and Snorkel is seeking a

Tour Bus Operator

At least 3 years experience
Must have a valid Group 3 driver's license
Must have a valid public transport ID
Clean traffic records
Minor Mechanical Skills is a must
Salary: CI\$10 CI p/h plus health & Pension

Host/Tour Coordinator

Requirements:
3-4 years' experience working in the cruise ship industry.
Be computer literate.
Have at least High School level Education.
Salary: CI\$9 CI p/h 40 hrs/week plus health & Pension

Deck Hand

4 years' experience in boat maintenance
Must have some knowledge of how a boat operates and experience in navigation,
Must have experience on sailing catamaran.
Salary: CI\$10 per hour plus health & pension
captainbryans@candw.ky

Handyman

Required

5 years' experience

Wages: \$10.00 per hour plus benefits

Must be able to work in a clothing store and perform cashier duties

Apply to:

P. O. Box 115 Grand Cayman KY1 -

1101

Your Choice Pools Cayman is seeking a skilled and reliable **Painter** to join our team.

Duties include surface preparation, cleaning, sanding, filling, and priming, colour matching and paint mixing. Require high quality workmanship in accordance with project specifications. \$10 per hour.

Send resume to The Manager. Box 12015, KY1-1010

PARAGON BUILDERS

Is currently inviting experienced applicants for the position of:

Crane Operator

The Crane operator will work closely with other equipment operators and with ground crew.

Responsibilities will include:

- Operating 22-ton to 75-ton cranes to lift move or place equipment and materials
- Inspecting cranes and calculating capacities
- Performing routine crane maintenance such as cleaning and lubricating

Requirements:

- Group 4 license
- Crane operator certification

Hourly: CI \$14-15

Send resumes to info@paragon.ky



The National Gallery of the Cayman Islands is currently recruiting a **Maintenance Officer**:

The Maintenance Officer ("postholder") is responsible for ensuring the NGCI facilities are safe, operational, and well-maintained. This includes general building and grounds upkeep, repairs, and assisting with the preparation, mounting and hanging of artworks, as well as the setup and deinstallation of exhibitions. Working closely with the Head of Business and Operations, curatorial and events team, the post holder supports and maintains all spaces in line with museum standards and safety requirements.

Duties and Responsibilities

DIMENSIONS:

- **MAINTAIN** – Perform maintenance and repairs on building fixtures and property to ensure appearance and operational efficiency.
- **SAFETY** – Maintain a safe work environment by following safety procedures, identifying hazards, and ensuring tools, equipment, and facilities meet safety standards.
- **EXECUTION**: Implements complex exhibition installation under the oversight of the curatorial team, including the precise hanging of paintings to exact specifications, ensuring proper spacing and layout are consistent with established museum standards.
- **FABRICATION**: Design and build custom carpentry items, including pedestals, plinths, event materials, mounting systems for installations and sculptures, as well as crates for storing and transporting artwork.

SPECIFIC DUTIES AND RESPONSIBILITIES

The specific responsibilities and duties of this role include, but are not limited to:

Exhibitions Support

- Assist with exhibit installation and deinstallation, hanging of paintings and artworks under the guidance of the curatorial team, including arrangement, mounting and moving display cases and handling construction tasks.
- Assist with the safe handling, moving, packing, unpacking, and installation of artworks and exhibit materials in accordance with museum protocols and conservation best practices.
- Maintain and repair exhibition fixtures, mounts, and display hardware to ensure artwork is supported safely and securely with the direction of the Head of Business and Operations ("HOB") and curatorial department.
- Set up and break down spaces for special events, including moving furniture, staging, and technical equipment.
- Clean display cases and wall surfaces with approved, non-abrasive materials, ensuring no harm comes to artworks or sensitive exhibition components.
- Participate in staff training to remain up to date on safe art handling techniques and museum emergency procedures.
- Contributes to the aesthetic appearance and professional presentation of NGCI's collections and exhibitions, enhancing the public's engagement of Caymanian visual culture.

General Building Maintenance

- Replace floor tiles, outdoor fixtures, door locks, and other general infrastructure components, as needed
- Maintain an inventory of tools, supplies, and replacement parts.
- Monitor and report promptly all emergency maintenance issues such as leaks, broken equipment, or security concerns.
- Request orders and restock supplies as necessary.
- Assist the HOB with specialised repairs and buildout projects as instructed.
- Support the HOB with emergency preparedness and post-recovery.
- Assist with landscaping and grounds maintenance, ensuring that outdoor areas are well-kept, safe, and presentable at all times.
- Perform daily maintenance to meet the safety and operational needs of the institution.

Qualifications, Experience and Skills

The post holder will hold a minimum of a high school diploma (with a university degree in the related field preferred), trade certification, and five years of experience working in property maintenance and construction.

If this role is right for you, apply now: <https://ngcaymanislands.bamboohr.com/careers/38>

Caymanian Times



Newspaper Editor / Journalist

Caymanian Times is seeking a highly motivated **Newspaper Editor/Journalist**

Role & Responsibilities for the position of **Newspaper Editor/Journalist** at Caymanian Times

Role:

The Editor /Journalist will play a vital role in the output of Caymanian Times and its associated media endeavours across several platforms in addition to the printed paper reporting directly to and assisting the Publisher.

Duties and responsibilities include:

Assisting the Publisher with the complete news and current affairs production process from editorial planning to the final output of multi-platform news and current affairs content including; Compiling and reviewing content for the newspaper, covering events, researching news stories, interviewing and writing, on-mic and on-camera presentation in a multi-media environment.

- Editorial oversight of the general multi-platform news and current affairs output of Caymanian Times under the direction of the Publisher
- Setting and overseeing assignments of the journalism team including; staff, freelancers and contributors
- Produce and present content across the various platforms of Caymanian Times as directed by the Publisher
- Maintaining news files and archives
- Represent Caymanian Times at news and related events as directed by the Publisher
- Liaise with the production teams across the various content output of Caymanian Times as directed by the Publisher

Candidate profile:

- Qualification in Journalism or relevant field
- Previous journalism experience of at least five years with prior editorial management responsibility is a necessity.
- Portfolio of published articles or newscasts
- Graduate-level proficiency in the English language
- Proficiency to a professional level with news content software and digital production processes across print, online, video and audio including television and radio
- Excellent communication and networking skills
- The successful candidate must be familiar with current socio-economic and political developments in the Cayman Islands, as well as the Caribbean and global news agenda with a focus on how they relate to the Cayman Islands.
- An understanding of the history, culture, and society of the Cayman Islands is desirable.

All applicants must have a clean Police Record (no prior convictions or pending judgments), a clean Medical Record, a clean and valid Driver's License and be able to provide at least three suitable references, with two of those being from previous employers.

Salary will be commensurate with experience and qualifications and will be **CI\$5,100** per month. Benefits will be in accordance with Cayman Islands Labour, Health Insurance and Pensions Laws

Applicants should forward a detailed resume quoting reference

"Newspaper Editor" to:

The Publisher, Caymanian Times

Email: ralph@caymaniantimes.ky



Honouring Women Month March 2026

Thank you to our Sponsors



- 5-26**
Radio Discussion Series
#GiveToGain
Talk Today
Every Thurs 12:15 PM
- 5**
InspireHER:
Women Inspiring Girls
Conference
Teens 13-18 | 9AM-12PM
- 6-27**
The Power of
Giving Video
Series
Tues & Thurs
on social media
- 7**
Female-Owned Micro/Small
Business Pop-Up Market
10AM
- 11**
Self Defense
Workshop
with The Academy
Cannon Place
10AM
- 13**
The Art of
Networking
Camana Bay
5:30PM
- 14**
Women & their
Wheels in
partnership with
GAU & Superior Auto
10AM- 1:30PM
- 14**
Baby Supply
Drive
Fosters
Camana Bay
9AM- 3PM
- 15**
Women Fitness
session with School of
Fitness
Halfway Pond, George
Town | 10AM
- 18**
Open Canvas:
Art Inspired by
#GiveToGain
Karoo | 7PM
- 20**
#GiveToGain
International
Women's Day
Celebration
Indigo Hotel | 8:30 am
- 20**
Female
Farmers &
Artisan
Market in
Partnership
with the
Gender
Affairs Unit
11AM-5PM
Glass House
Lawn
- 21**
Women in Wheels in
partnership with
GAU & Superior Auto
10AM- 1:30PM
- 21**
Women in Gardening
Workshop
Pro Plus Gardening
Centre | GT
- 22**
Colour Me
Purple 5K
WALK/RUN
West Bay
Public Beach
6:30AM
- 26**
Women Who Rock
Bingo Night
The Foundry | 7PM
- 28**
STEAM
Girls Camp
8-12 yrs
FRC | GT

#GivetoGain
Strike the #givetogain Pose & Join the Movement

Proceeds raised will benefit the Family Resource Centre's Young Parent Services & events organised throughout the month of March

949-0006 | frc@gov.ky | www.frc.gov.ky | frccayman | FamilyResourceCentre