

# Times Caymanian

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March 25, 2026



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SCAN FOR INFO

## 2026 CARIFTA Athletes

By Stuart Wilson

The Cayman Islands Athletic Association (CIAA) held a press conference to introduce this year's CARIFTA athletes at the Truman Bodden Sports Complex on 20th March, 2026.

In attendance for the meet and greet were members of the press, as well as CIAA and representatives from the Caribbean Utilities Company (CUC).

CUC sponsors the Cayman Islands CARIFTA team on an annual basis.

See story on page 6-7 >>



## Government launches new tourism grants

The Ministry of Tourism and Trade Development is once again giving out grants of up to CI\$50,000 to help Caymanians who have tourism-related projects that they would like to get off the ground. The Visitor Experience Development Grant (VEDG) Programme will reopen on March 23rd, for the third time. Government said this grant programme continued its commitment to supporting Caymanian entrepreneurs and strengthened the country's tourism offerings.

The VEDG Programme provides finan-

cial support of up to CI\$50,000 to Caymanians seeking to develop new tourism-related products or services in the Cayman Islands. The initiative aims to encourage innovation within the tourism sector while helping local entrepreneurs turn their ideas into viable visitor experiences that enhance the Cayman Islands' reputation as a world-class destination.

SEE TOURISM GRANTS, PAGE 3

## Cooking at Home: A Healthy Cooking Approach



SEE GAS PRICES, PAGE 10

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# WORC Prepares Staff Ahead of Immigration Changes



► Employees and Board members gained the knowledge needed to effectively support the public when legislative changes come into effect.

Workforce Opportunities & Residency Cayman (WORC) has taken significant steps to ensure staff are well informed and prepared to implement and enforce upcoming immigration changes.

Under the leadership of Director Jeremy Scott, and in collaboration with the Attorney General's Chambers, WORC recently conducted a series of full-day and half-day training sessions. These sessions were designed to equip employees, and members of the respective Boards under WORC, with the knowledge and tools needed to effectively support the public when the legislative changes come into effect.

Director Scott has also prioritised strengthening internal communication and feedback mechanisms across the organisation. These efforts are intended to keep staff engaged, informed, and able to respond effectively to evolving legal requirements through continued staff development and proactive communication.

By investing in training and improved internal communication, WORC aims to maintain a knowledgeable and responsive workforce capable of delivering high-quality service as new immigration measures are introduced.

NCFCA 2026 STUDENT EXHIBITION

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## Caymanian Times

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# New traffic law tweaks

On Tuesday, Parliament passed two laws that it was hoped would clarify two specific areas that needed attention. The Traffic (Amendment and Validation) Bill, 2026, was brought forward by the Minister of Planning, Lands, Agriculture, Housing & Infrastructure Jay Ebanks to “strengthen legal clarity within the Traffic Act and ensure the continued integrity of the Cayman Islands’ vehicle licensing framework”, the Ministry stated.

The amendments confirmed certain administrative actions previously taken by the Director of Licensing and also clarified statutory definitions within the law, ensuring consistency in how vehicle licensing and registration services are administered across the Cayman Islands.

Minister Ebanks said the legislation reflected government’s commitment to responsible governance and clear, workable laws.



► Hon. Johany Jay Ebanks

“This legislation ensures the law is clear, fair, and practical,” he said. “Where actions were taken in good faith, we are

confirming them properly under the law. That protects the integrity of our licensing system and ensures the process remains consistent and transparent for the public.”

The legislation addressed two key matters within the Traffic Act. It clarified the legal definition of a pedal cycle by removing references to speed. This provided a clearer distinction between pedal cycles and motorised vehicles, supporting consistent classification and enforcement, the Ministry said.

The Bill also validated fees previously charged and collected by the Director of Licensing for single registration plates and single trade plates for motorcycles and trailers. These fees were imposed as part of normal administrative operations, and the legislation confirmed their legal validity. The validation provisions also ensured that existing court decisions remain unaffected.

Clear legislative frameworks also supported the wider objectives of the National Road Safety Strategy (2023–2038), which aimed to reduce road fatalities and serious injuries across the Cayman Islands through improved enforcement, regulation, and public education.

Eric Bush, Chief Officer for the Ministry of Planning, Lands, Agriculture, Housing & Infrastructure and Chairman of the National Road Safety Committee, said clear laws supported effective administration.

“Clear legislation supports consistent enforcement,” he said. “When administrative actions are validated and the law is precise, the entire system operates with greater certainty and public confidence.”

The Traffic (Amendment and Validation) Act, 2026 will come into force on a date to be appointed by Cabinet. The full legislation is available at: <https://gov.ky/w/traffic-amendment-and-validation-bill-2026-lg7-s11>

# New law passed clarifies mortgages

On Tuesday, Minister for Planning, Lands, Agriculture, Housing & Infrastructure Jay Ebanks brought forward reforms in Parliament to strengthen transparency and fairness in the mortgage system, with Parliament passing the Registered Land (Amendment) Act, 2026.

The reforms strengthened transparency in mortgage lending by improving borrower disclosures, requiring advance written notice of interest rate changes, and introducing clearer procedures when mortgages fall into default.

The new law also introduced a formal pre-action engagement process, encouraging meaningful dialogue between lenders and borrowers before enforcement action can proceed. The objective was to promote earlier communication, improve understanding of repayment options, and support fair and orderly resolution where financial difficulties arise, the Ministry stated.

Additional amendments modernised aspects of the power of sale provisions, aligning statutory procedures with current lending practices while maintaining



important safeguards, including independent valuation requirements and clear legal standards governing enforcement.

Minister Ebanks said the amendments strengthened consumer understanding

while maintaining confidence in Cayman’s property and financial systems.

“These changes are about clarity and fairness. They help ensure people understand what they are agreeing to, encour-

age earlier conversations when challenges arise, and set out clearer processes where action is required. This is about improving transparency while maintaining confidence in Cayman’s land and financial systems,” he said.

The reforms supported the government’s Public & Affordable Housing Policy and Ten-Year Strategic Plan, which aimed to strengthen housing stability and expand pathways to sustainable home ownership for Caymanians. By improving transparency within the mortgage process, the legislation reinforced a fair and predictable framework for both borrowers and lenders, strengthening confidence in Cayman’s land registration system and the stability of its property and financial markets, the Ministry said.

The Act will come into force on a date appointed by Cabinet Order, allowing time for continued engagement with financial institutions, legal practitioners, and other stakeholders to support smooth implementation. The full legislation is available at: <https://legislation.gov.ky>

# Government launches new tourism grants

CONTINUED FROM Page 1

Hon Gary Rutty, Minister for Tourism and Trade Development, said the relaunch reflected government’s ongoing efforts to ensure that Caymanians played a central role in shaping the future of the tourism industry.

“The Visitor Experience Development Grant Programme is about empowering Caymanians to bring their ideas to life and actively participate in the growth of our tourism sector,” Mr Rutty said. “By supporting new and innovative tourism products and services, we are strengthening our industry while creating opportunities for Caymanians to build sustainable businesses.”

The programme is designed to support



► Hon. Gary Rutty

a wide range of tourism-related concepts, including but not limited to cultural experiences, eco-tourism ventures, culinary offerings, heritage-based attractions, and other unique visitor activities that showcase the Cayman Islands’ culture, environment and community.

Since its initial launch, the VEDG Programme has already supported 18 Caymanian entrepreneurs with developing and expanding their tourism offerings, contributing to the diversification of experiences available to visitors, while creating new economic opportunities locally.

Applicants must be Caymanian and present a viable and actionable concept that enhances the visitor experience and aligns with the Cayman Islands’ broader tourism development goals. Successful applicants may receive funding of up to CI\$50,000 to support eligible start-up or development costs associated with their proposed tourism product or service.

Interested applicants are encouraged to review the programme guidelines and submit their applications before the deadline of 1 May. Further information about eligibility criteria, funding requirements and the application process can be found at: <https://ourcayman.ky/en-us/business-in-tourism/how-to/visitor-experience-development-grant-programme>

# National Study Launched to Understand the Prevalence of Lupus in the Cayman Islands

A landmark national study to estimate the prevalence of systemic lupus erythematosus (SLE) in the Cayman Islands is now underway marking the first research of its kind in the country and a significant step toward understanding the impact of this complex autoimmune disease within the local population.

Systemic lupus erythematosus (SLE), the most common and severe form of lupus, is a chronic condition that can affect multiple organs including the skin, joints, kidneys, and brain. Symptoms and signs such as fatigue, joint pain, mouth ulcers and rashes can fluctuate over time, often making the disease difficult to recognise and diagnose early.

Despite its serious health implications, there is currently limited national data on how many people in the Cayman Islands are living with SLE. Based on global estimates, between 20 and 90 individuals may be affected locally, with a midpoint estimate of approximately 40 people in a population of around 88,000. However, regional research from Barbados suggests prevalence may be significantly higher, indicating the need for accurate, localised data.

"This study is designed to generate a much-needed evidence base on the



► Dr Sharon Chambers

scale of SLE in our population," said Dr. Sharon Chambers, Consultant Rheumatologist at Doctors Hospital and Chief Investigator.

"Reliable prevalence data is essential for healthcare planning, policy development, and improving awareness among both clinicians and the public."

The study is recruiting individuals who had a diagnosis of SLE in 2024, whether newly diagnosed or previously known cases. In addition to estimating national prevalence, researchers will

analyse clinical and demographic characteristics at diagnosis and compare two internationally recognised SLE classification systems.

This collaborative project brings together clinical and public health expertise from Doctors Hospital and the Cayman Islands Health Services Authority. Data analysis will be led by Rachel Corbett, National Epidemiologist at the Ministry of Health and Wellness.

Dr. Richard Preece, Medical Director at Doctors Hospital and Study Supervisor, added:

"The more we understand the impact of SLE in the Cayman Islands, the better we can target care and support. Medical research is central to delivering the high standard of care our patients deserve."

Findings from the study are expected to support improved access to diagnosis, specialist care, and treatment, while also strengthening public and clinical awareness. The data will play a critical role in shaping healthcare policy, supporting advocacy efforts, and guiding future research initiatives aimed at improving outcomes for patients living with lupus.

Community awareness efforts are being supported by the Wings of Hope

Lupus Warrior Support Group Cayman Islands.

Reshma Ragoonath, Founder of the group, said: "Having this study done on island helps us better understand how many people are living with lupus here. The data will be critical in shaping policy and improving access to treatments that can enhance quality of life. Lupus remains widely misunderstood, and this research is an important step toward greater awareness, empathy, and support for those affected."

Ethical approval has been granted by the Health Services Authority Ethics Committee, and recruitment is currently ongoing.

Study Team Includes:

- Dr. Delroy Jefferson, Medical Director, Cayman Islands Health Services Authority
- Dr. Sharon Chambers, Consultant Rheumatologist, Doctors Hospital
- Dr. Santiago De Solo, Visiting Consultant Rheumatologist, HSA
- Dr. Schadé Stanton, Consultant Internal Medicine Physician, HSA
- Rachel Corbett, Ministry of Health and Wellness
- Diane Obana, Registered Nurse, Doctors Hospital

## MHES and PHD monitoring meningitis outbreak in the UK

The Ministry of Health, Environment and Sustainability (MHES) and the Public Health Department (PHD) are actively monitoring an outbreak of meningitis in the United Kingdom. On 15 March, the UK Health Security Agency (UKHSA), issued a public health alert confirming two people had died during an outbreak of meningitis in the county of Kent, near London. To date, 15 cases of meningococcal disease have been confirmed and an additional 12 are under investigation within that region. The local response has included the distribution of antibiotics to students and close contacts of confirmed cases at the University of Kent and other impacted schools in Kent, as well as a targeted vaccination programme for students in the area.

"I appreciate that there is a lot of concern locally about the meningitis outbreak in the UK," explains Chief Medical Officer, Dr. Hilary Wolf. "It is important to state that this is not the type of outbreak that easily transcends borders. The transmission of meningitis requires close contact with those who have it, which is why it spreads so easily in school settings, especially where young people are also living together in dormitories. Thus, the reason why this outbreak is only affecting students in the Kent area at this time. However, we will continue to monitor the situation and will issue periodic updates as needed."



► Dr. Hilary Wolf

Dr. Wolf continues: "As part of our National Vaccination Schedule, students who are going to college abroad are given 2 different meningococcal vaccines that cover a multitude of meningococcal strains. Vaccination continues to be the best form of prevention against meningitis, so we encourage both parents and young people to make sure they are up to date on their vaccines."

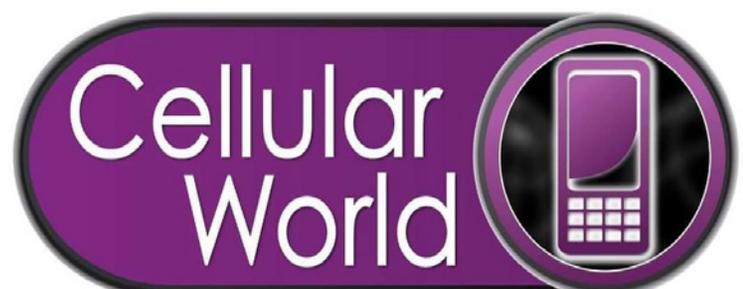
To date, there have been no confirmed cases of meningitis in the Cayman Islands this year. "The Public Health Department (PHD) conducts routine surveillance and monitoring for meningitis," adds Medical Officer of Health, Dr. Samuel Williams-Rodriguez. "The

Cayman Islands Molecular Biology Laboratory (CIMBL) has the ability to test for Meningitis B locally, allowing for early diagnosis and prompt treatment. Bacterial meningitis, which is caused by different types of bacteria, falls under the list of notifiable disease in the Cayman Islands, so practitioners are reminded of their duty to notify Public Health should there be a suspicion of a case."

Residents who have returned from the UK and are feeling unwell are urged to seek medical care immediately if they develop the following symptoms that rapidly worsen:

- fever (greater than 38.0 °C or 101 °F)
- severe headache
- vomiting
- stiff neck
- rapid breathing
- sensitivity to light
- rash (initially appear as small, red pinpricks which spread and change to red or purple blotches)
- confusion
- unusual drowsiness or difficulty to rouse from sleep
- joint and muscle pain

For more information, contact the Public Health Department on 244-2889 or 244-2621.



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# ANGUILLA AT THE HEART OF THE GLOBAL .AI WAVE

The rapid expansion of AI is driving digital technology and shaping the global economy—from industry and technology to the creative arts.

At the heart of all this now lies Anguilla. This British Overseas Territory in the Eastern Caribbean is putting its stamp on the digital world as its now-famous .ai domain ramps up over a million listings, raking in a massive revenue intake from registrations for the local government.

Anguilla's Premier Cora Richardson-Hodge said, "This milestone is about far more than domain registrations. The success of .ai has enabled Anguilla to invest in critical infrastructure that will serve our people for generations, while connecting our island to the future of global technology."

Akram Atallah, CEO of Identity Digital, which manages registry services for the .ai domain, stated, "Identity Digital is committed to providing best-in-class safety, security, and support for the .ai domain and is thrilled to be part of its growth story. Equally rewarding is seeing how .ai's success is directly contributing to Anguilla's economy and the well-being of its people."

Anguilla (population est. 15,000) has seen its GDP per capita trending upwards annually since it 'logged into' and literally started 'capitalising' on its fortuitous .ai internet designation.

According to a BBC News report, Anguilla's .ai designation was assigned to it by chance in 1995. Quite interestingly, an AI-sourced review states that 'the AI boom—sparked by ChatGPT's 2022 release—turned this domain into a valuable, high-demand digital asset for tech firms, bringing in nearly US\$39 million for the government in 2024.

The British territory's per capita income has been rising steadily from US\$23,000 in 2015 to currently around US\$30,000 in 2023–2024, despite a major hurricane and COVID-19 in the intervening years. (Cayman's estimated GDP per capita is

US\$90,000/CI\$73,647 (Economic and Statistics Office - ESO).

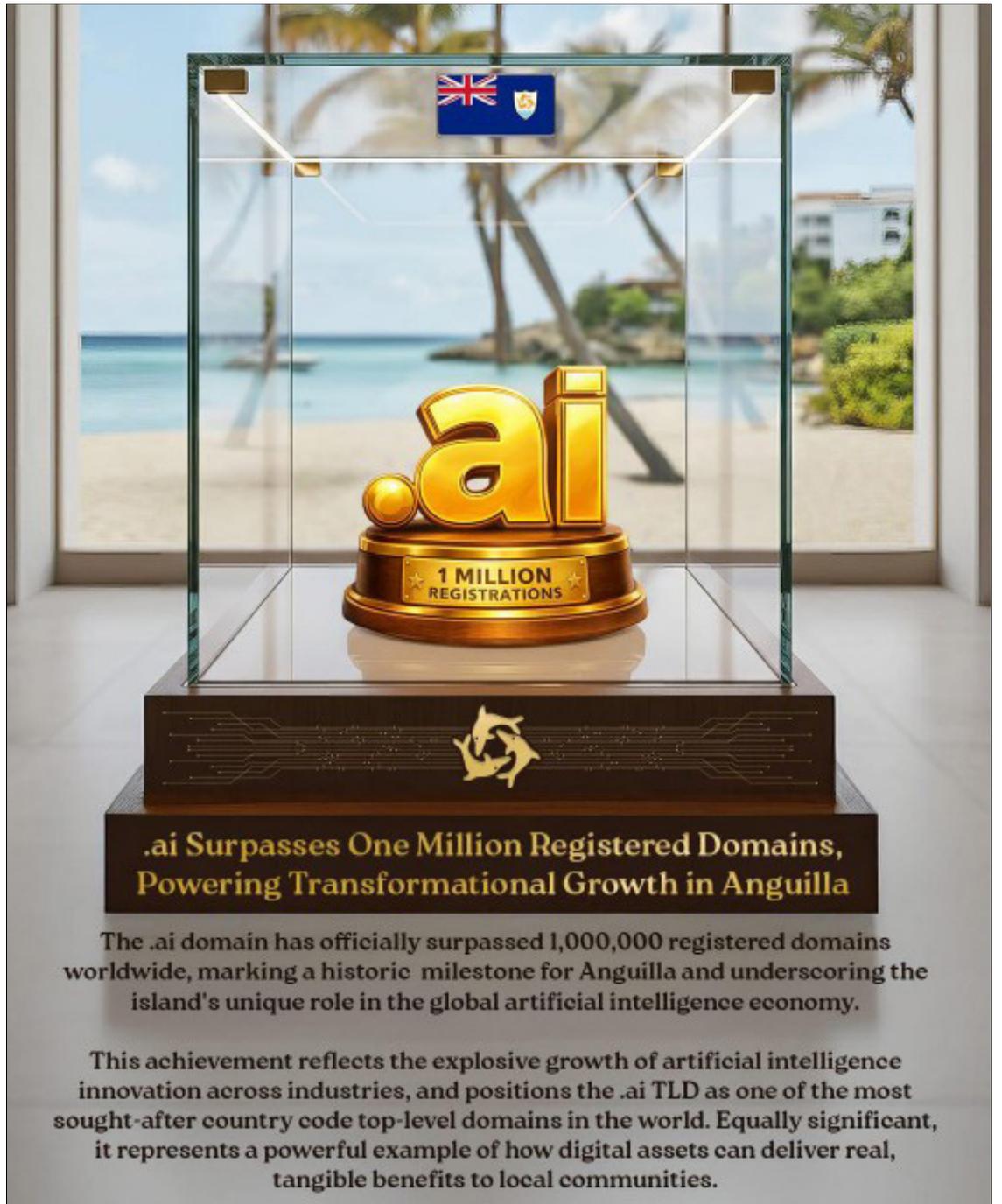
The territory also has a thriving tourism industry.

In reviewing the 2025 national economic performance while presenting the 2026 budget projections last November, Anguilla's Premier Cora Richardson-Hodge reported then that "few small islands can claim a global footprint in the digital economy, but Anguilla can. Our .ai domain name has become more than an address on the internet; it is a symbol of how intelligence, governance, and innovation can converge to create lasting value."

She also stated that "revenue from domain name registration continues to exceed expectations, reflecting the growing global demand for artificial intelligence and the steady professionalism with which Anguilla manages this unique asset."

According to the Anguilla government, revenues from .ai domain registrations are projected to contribute nearly forty per cent of total non-tax revenue, which Premier Richardson-Hodge termed "a remarkable example of how a small island can create global value through good governance and foresight."

She however added: "But our task is not simply to collect revenue, it is to manage it



wisely. The message is clear: .ai is not just a revenue stream; it is a nation-building tool for the digital age. And through prudent management, we will ensure that this

opportunity uplifts every Anguillian, not for a moment, but for a generation."

**Michael L. Jarvis London UK**

## POLICE NEWS

# Woman Arrested in relation to Serious Assault Incident

A woman, age 40, residing in West Bay, has been arrested on suspicion of assault GBH in relation to a domestic incident.

On 5 March, officers received a report that a man and woman known to each

other had been involved in an altercation at a bar off Shedden Road, during which the man was struck by a car driven by the woman. The incident was reported to have occurred on the evening of Saturday, 28 February. Following in-



vestigative enquires into the matter it was revealed that the man sustained severe leg injuries and was transported to hospital for treatment on the night of

the incident.

The woman has been subsequently arrested by officers and remains in custody as investigations continue.

# CARIFTA Athletes Introduced

CONTINUED FROM Page 1

CIAA President, Mr. Delroy Murray noted the importance of parenting in producing world class athletes.

"I want to thank you for encouraging your children to take part in sports, which builds character and I see before me a group of youngsters who have shown their character on the field. I suspect this translates to school as well because in athletics you have to be disciplined, as is the case in every area."

Mr. Murray said he was happy to see the progress of several young athletes who have now trimmed their times to under 13 seconds in the 100m dash and encouraged them to continue to strive, even beyond what they thought was possible for themselves.

"...You are representing a country that is the smallest country per capita in the CARIFTA region but sits as number 12 out of the 28 countries in terms of medals.

"We are little but we 'tallawah'...", he exclaimed

"You are competing at a very high level at this stage and outside of the World Youth and the World Junior Championships, the meet that has gotten the Presidents of the World Athletics Association to travel to regional meets, is the CARIFTA Games, adds the CIAA President.

"Winning medals is in our DNA. Do not go out there fearing anyone. Go out there and compete. When we do what we do, people should look up and say is that Cayman Islands?"

"We have a strong tradition to live up to," he told the youngsters.

Chief Executive Officer of CUC, Mr. Richard Hew said, "It gives me great pleasure to be here representing CUC on this occasion. The company is celebrating 60 years of operations this year and for 47 of those years, we have been sponsoring athletics in the Cayman Islands."

He echoed the comments of the CIAA President regarding the importance of athletics in developing young bodies, minds, and attitudes for the demands of life.

"You often hear about CUC and the amount we invest in assets but the company also invests significantly in people because it is people that matter, and in particular, young people. The future of this country and the future of all the businesses operating in this country relies on you developing into outstanding citizens," he remarked.

"Some of you may even be running the country in the future and so it is very important that we invest in you..." added Mr. Hew, who reminded the young athletes that though it is important for them to be on the podium, it is also as important to achieve personal bests.

Young Captains of the team gave remarks on behalf of the athletes.

"I am honored to be this year's female captain. This is my third year competing at the games and so I know a thing or two about it. As someone who has been there before, I can remember competing for the first time at the Caribbean's biggest junior meet, seeing all of the athletes and seeing all the countries cheering for their athletes. This can be very nerve racking but



► Cayman Islands' CARIFTA athletes at a press conference to introduce the team at the Truman Bodden Sports Complex on 20th March.



► Under 20 Boys and Girls Captains, Jah'Muari Watkins and Delora Johnson addressed the room at the introduction of the Cayman Islands team for this year's CARIFTA Games.



► CUC is the sponsor of Cayman's team for the 53 staging of the CARIFTA Games. The company was represented by its CEO, Mr. Richard Hew at the introductory press conference held at the Truman Bodden Sports Complex on 20th March.

SEE CARIFTA, PAGE 7



► CIAA President, Mr. Delroy Murray addressing the athletes

## CARIFTA

CONTINUED FROM Page 6

go into the meet with confidence. Use your nerves and the adrenaline as the fuel for your performance," Under 20 Girls Team Captain Delora Johnson told her fellow athletes.

Under 20 Boys Team Captain, Jah'Muari Watkis noted:

"We have worked very hard to get here and relentlessly to get here and we are happy to go out there representing our team and our Cayman colors. We are excited to go out there and make our country proud."

Second Vice President, Mrs. Maxine Anglin introduced the team, among whom included:

### Under 17 Girls

Gabriella Linton (Shot Put and Discuss); Kalia Haye (Shot Put and Discuss);

Kerikea Edwards (400m and 4x100m Relay); Daquana Howell (100m, 200m, and 4x100m Relay); Giavanna Henry (High Jump); Madison Lyn (100m and 4x100m Relay); Je Leah Maise (4x100m Relay)

### Under 17 Boys

Talan Blake (100m and 200m); Reagan Jacques (High Jump); Donardo Henry (100m); Walter McLaughlin (Octathlon)

### Under 20 Girls

Delora Johnson (Long Jump)

### Under 20 Boys

Jah'Muari Watkis

### Delegation:

Paula Dawkins (Safeguarding Officer); Simon Savage (Manager); Patricia Isaac (Assistant Manager); Kenrick Williams (Head Coach); Dwayne Williams (Assistant Coach/Masseur)

This year's (53rd CARIFTA Games) will be held in St. George's, Grenada, from April 4th-6th.



## Community Announcements

Family and Friends have organized the Annual **Fishing Tournament** for **Easter Monday (6<sup>th</sup> April 2026)** in **Barkers, West Bay**

This Fishing Tournament is in **Memory of Mr. Gressmon "Gressy" Ebanks**

This Fishing Tournament is about preserving our Heritage and Culture as it was always a Caymanian Tradition to hold Easter Catboat Regattas, Picnics, Fishing and Children Racing Miniature Coconut Boats in the Barkers Bay area.



All are invited to attend. This is a Catch and Release Tournament.

There is no registration fee but bring your own Fishing lines/bait and supplies

**Fishing start at 9:00am**

**Break/Refreshments at 11am**

**Tournament finishes at 12:30pm**

**Prize Giving at 1pm** for first fish, biggest fish & most fish caught/released  
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There is also a Children Easter Egg Hunt



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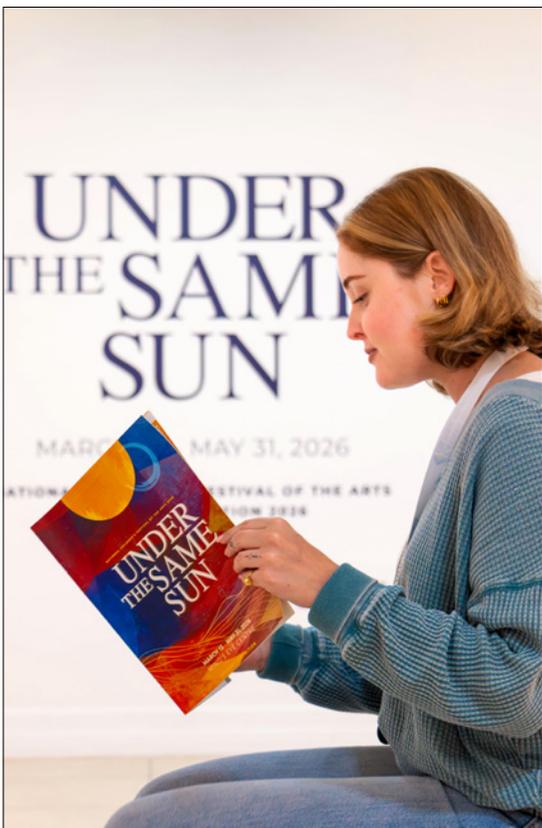
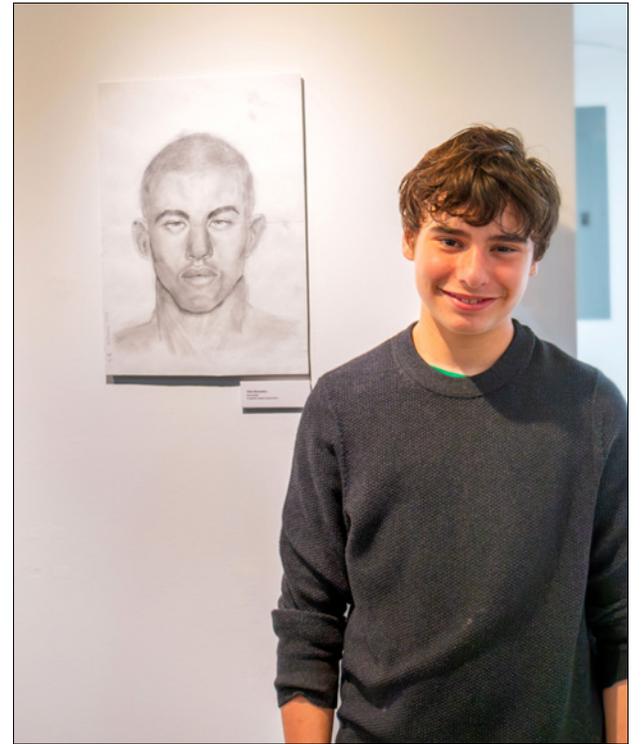
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**Published by Lewis Cayman Islands Ltd**

# *Under the Same Sun Celebrates Young Artists Across the Cayman Islands*



Under the Same Sun celebrates the creativity and artistic expression of young people across the Cayman Islands. Presented in partnership between the Cayman National Cultural Foundation (CNCF) and the Department of Education Services, the exhibition highlights the imagination, talent, and perspectives of the next generation of Cayman's visual artists.

Co-curated by John Reno Jackson and Rory Marchant-Kelly, the exhibition showcases the work of 51 students selected from eight schools, drawn from more than 120 submissions across 15 schools in Grand Cayman and Cayman Brac. This year's strong response reflects both the excitement surrounding the exhibition's return and the growing engagement of young artists across the islands.

"Under the Same Sun was curated as a shared space for multiple forms of expression, where each work not only stands on its own but also interacts in dialogue with others across ages, materials, and perspectives," said co-curator John Reno Jackson. "Each artist brings a unique background, yet all are exploring what it means to see and be seen."

The exhibition forms part of the National Children's Festival of the Arts, a cultural tradition that has nurtured and celebrated young artists for over 40 years. Following a two-year pause in public display, the return of student artwork has been warmly welcomed by teachers, students, and families. The Mind's Eye Centre now comes alive with colour, creativity, and the dynamic perspectives of young artists eager to share their voices.

This year's exhibition also pays tribute to the intuitive art tradition represented in the permanent collection at the Mind's

Eye Centre, including the work of Miss Lassie. Through painting, drawing, and mixed media, students explore themes of community, identity, observation, and the natural environment—revealing a cultural future that is bright, bold, and full of promise.

Highlighting the significance of the exhibition, Rosie Twohey, CNCF Director, noted that the show reflects both the depth of student talent and the importance of providing platforms for young creatives. "This year's exhibition highlights the remarkable talent of Cayman's secondary school students, and CNCF is proud to present such a dynamic and thoughtfully curated show at the Mind's Eye Centre. We look forward to seeing how these young artists continue to develop."

The exhibition also underscores the strength of collaboration between cultural and educational institutions. Tammy Hopkins, Deputy Director for the Department of Education Services, emphasised the value of this ongoing partnership and the opportunities it creates for students. "The creativity demonstrated by our students is inspiring, and we remain committed to expanding opportunities in the arts and strengthening this collaboration in the years ahead."

Under the Same Sun demonstrates the power of arts education and the importance of nurturing creative confidence in young people, reflecting a shared commitment to cultural learning, artistic development, and the continued growth of Cayman's creative community.

**The exhibition is open to the public Monday to Friday, 10:00 AM to 2:00 PM at the Mind's Eye Centre, South Sound (behind Miss Lassie's House).**

# Scheduled Roadworks at the CUC Roundabout (RaB) – Phase 1 opened on Sunday March 15th 2026

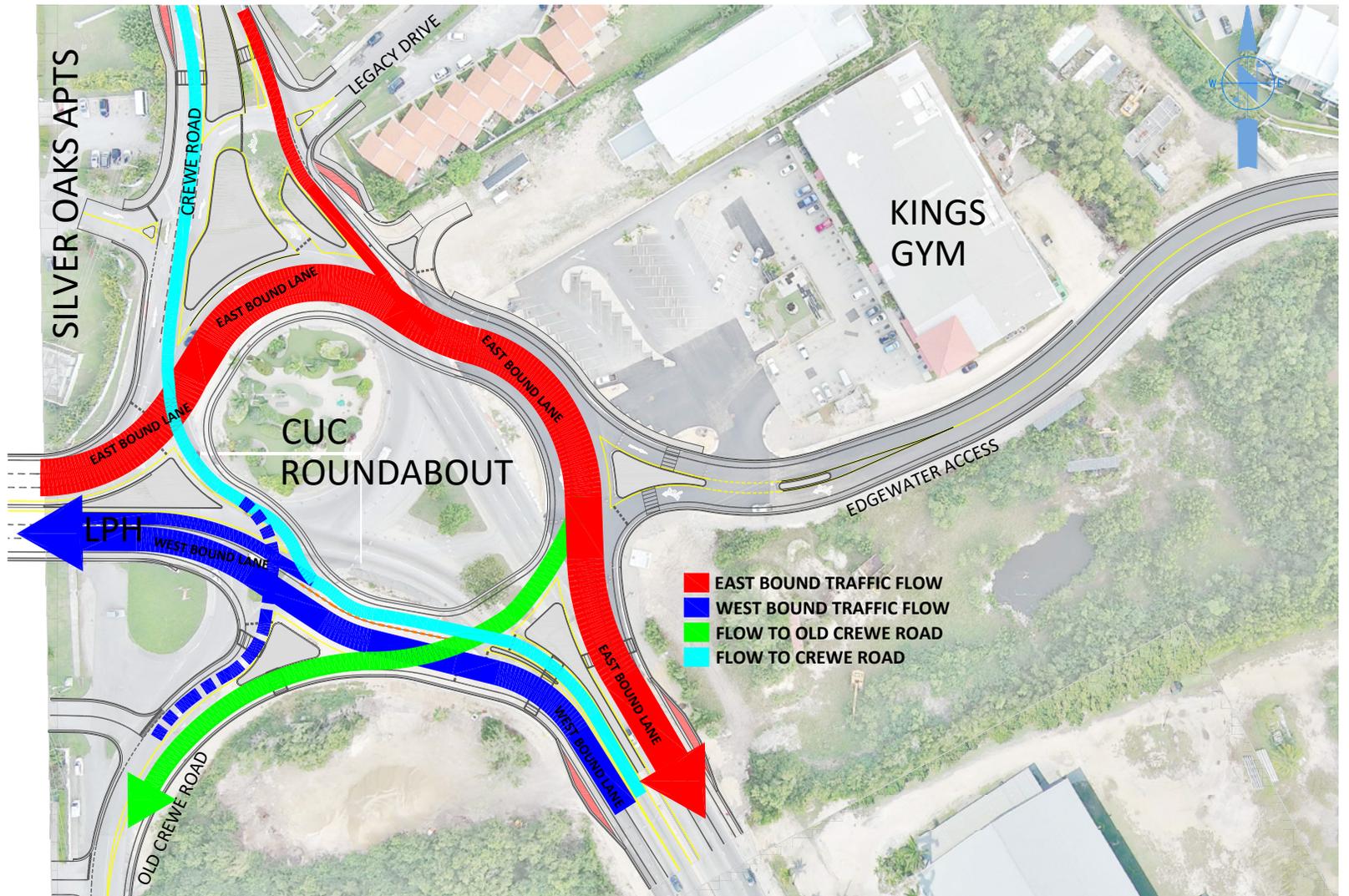
Phase 1 of the CUC Roundabout opened on Sunday March 15th 2026; please see layout below.

Motorists are advised to exercise patience, caution, adhere to the posted speed limit of 25 mph, and remain alert for large trucks and heavy equipment operating along the route.

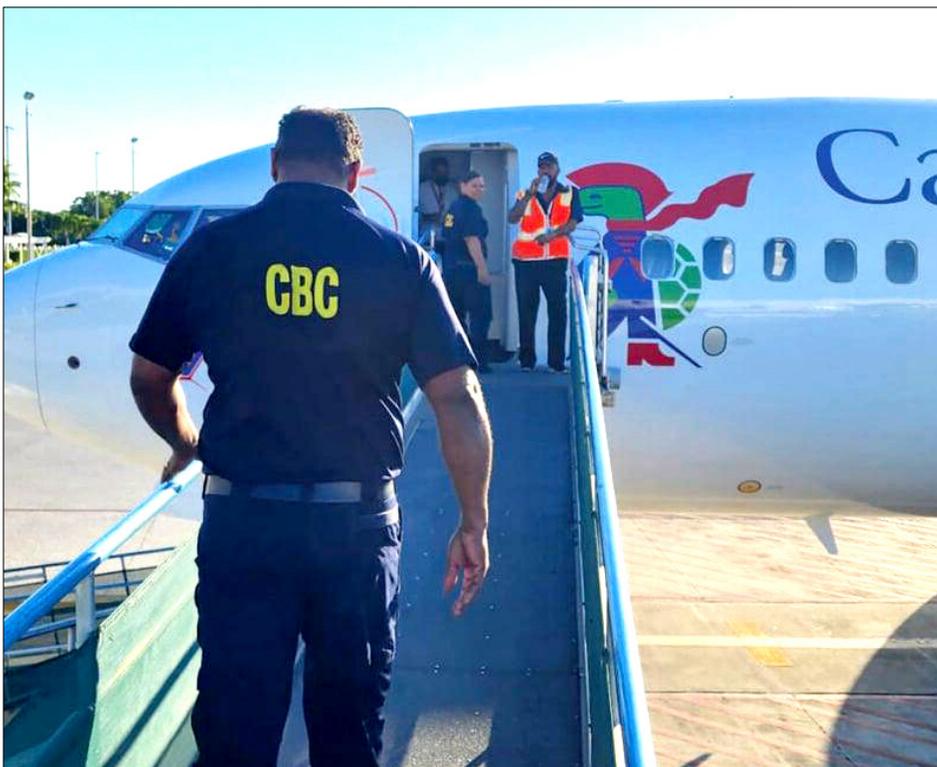
Drivers are reminded to follow the basic rules of roundabout navigation:

- Yield to vehicles already in the roundabout, giving way to the right
- Travel in a clockwise direction around the central island
- Signal appropriately when exiting

The NRA appreciates the public's patience and cooperation as work progresses on this important infrastructure project. Once completed, the CUC RaB will provide improved connectivity and support the long-term development of the eastern districts.



## REPATRIATION OF SIX CUBAN MIGRANTS



The Cayman Islands Customs and Border Control Service (CBC) repatriated six (6) irregular migrants to the Republic of Cuba on Friday, 6 March 2026.

The six male migrants were escorted by Customs and Border Control Officers and Prison Officers. They departed Grand Cayman on a non-chartered Cayman Airways flight at approximately 12:55 p.m. This brings the total number of migrants repatriated to Cuba since the beginning of 2026 to twenty (20).

CBC Director Bruce D. Smith expressed his thanks for the support of our partner agencies in executing another successful operation.

There are twenty-four (24) irregular Cuban migrants currently in the Cayman Islands and additional repatriation flights will be arranged as processing continues.

## CBC Public Auction

**CBC Public Auction**  
on undeclared & seized goods

Saturday, 28 March 2026  
10:00 am - 2:00 pm  
at 42 Owen Roberts Drive,  
George Town.

gov.ky/cbc

The Cayman Islands Customs & Border Control Service (CBC) will host a public auction on Saturday, 28 March 2026.

Various categories of undeclared and seized goods will be auctioned from 10:00 am to 2:00 pm in the parking lot at Customs & Border Control headquarters located at 42 Owen Roberts Drive, George Town, Cayman Islands.

**Items for auction include:**

- Electronics
- Clothing and Shoes
- Office and School Supplies
- Automotive Parts, Accessories and Tools

- Cosmetics, Beauty and Fashion Accessories
- Home, Health and Fitness

**Additional Information:**

• All sales are final. Items are sold strictly "as is" to successful bidders, with no warranties, refunds, or exchanges permitted.

• Full payment is required at the time of purchase and must be made by cash or approved card methods.

• Successful bidders are responsible for the removal of items immediately following purchase.

# Cooking at Home: A Healthy Cooking Approach that Supports Nutritional Quality and Reduces Nutrient Loss in Vegetables



By Sandra A. Farrell, MPH, BA

Home cooked meals can serve up a host of benefits such as improving diet quality, maintaining healthy eating habits, while reducing the risks of chronic diseases. Cooking at home offers numerous nutritional advantages, primarily due to the control it provides over ingredients such as salt, sugar and oil.

Vegetables are important components of our diet and methods of food preparation and cooking, can improve their nutritional quality and minimise nutrient loss.

As a Public Health Nutritionist and trained chef, while preparing meals at home, I make decisions about how to maximise nutrient content of plant foods and identify the critical phases during preparation and cooking, when the nutrients might be lost. Following are some tips on healthy cooking that I use.

## Nutrient focused cooking

- During food preparation, whenever possible, I avoid cutting vegetables before cooking, preferring to cook them whole, as it helps to preserve nutrients, vitamins and minerals by reducing exposure to oxygen and heat.

- I use chopped fruits without delay, to protect their nutritional quality, texture, flavour and freshness.

- I use shorter cooking times when cooking, but ensuring that vegetables are properly and safely cooked, minimal water and gentle heat to help maximise nutrient retention.

- In addition to ingredient choice that meets our health needs, cooking methods can impact how many nutrients are provided. When cooking at home, try to avoid unhealthy cooking methods such as deep frying and long periods of high temperature cooking.

- Opt for healthier cooking methods such as steaming, stir frying, sautéing, microwaving, baking and roasting (at moderate temperatures) with minimal oil. I avoid overcooking and enjoy vegetables with a crunch, as they will retain more nutrients this way.



## Maximise vitamin retention

- Instead of peeling vegetables, gently scrub them with a vegetable brush, as many nutrients and phytonutrients are concentrated just under the skin. When cooking, I leave vegetable skins on to retain nutrients.

- I often steam vegetables for a few minutes to reduce vitamin and mineral loss. Steaming retains texture, colour and doesn't add calories, as you don't need to use oil.

- Water soluble B and C vitamins, fat soluble vitamins A, D, E, K and minerals such as potassium and calcium are easily destroyed during preparation and cooking. This occurs when they are exposed to heat, light, water and oxygen.

- Boiling vegetables can result in vitamins leaching in the water. To minimise losses, avoid prolonged boiling, use minimal water, steam or stir fry instead and use leftover cooking water in soups, stews, sauces, gravies and curries.

An evidence based framework of healthy cooking suggests the following:

- **Cooking Frequency:** Decision to cook at home opposed to going to a restaurant or ordering a takeaway. Cook from scratch, prepare meals from basic ingredients and without the use of ultra-processed foods.

- **Techniques and Methods:** Avoid cooking meat with high temperature methods, avoid deep frying foods and use low fat cooking methodologies such as

steaming, baking and grilling. Accurately measure ingredients such as salt, sugar and oil.

- **Minimal Usage:** Limit red meat, limit / avoid processed foods, limit animal fats.

- **Additions/Replacements:** Add unprocessed fruits and vegetables to main dishes, use olive oil, replace refined grains with whole grains.

- **Flavourings:** Reduce salt, avoid margarine and cream based sauces on vegetables, use herbs, spices, citrus and alliums (onions, garlic and shallots).

**Research studies conducted and cited in the International Journal of Gastronomy and Food Science suggest the following:**

- Steaming seems to be the best method for maintaining the nutritional qualities

(phytochemicals, carotenoids and folate).

- The best methods for cooking onions were sautéing and baking to improve flavonols' content.

- Sous vide cooking which involves cooking in a vacuumed plastic pouch at precisely controlled temperatures was the best method for folate retention.

- Studies found that boiling whole potatoes (skin and flesh) did not result in significant reduction in folate content.

- Soaking and cooking legumes (peas, beans and lentils) were effective in removing or reducing anti-nutrients such as tannins and phytic acid (phytate).

- Soaking with salt, discarding water and cooking in fresh water was the best method to reduce cooking time and to improve the texture, protein quality and appearance of beans while reducing gastric issues.

## About the Author

Sandra A. Farrell is a UK based Registered Nutritionist and member of Plant Based Health Professionals (UK). She has a MSc in Global Public Health Nutrition, BA (Hons) in Food, Nutrition and Professional Cookery and is a certified Health Coach. Sandra is presently pursuing studies in Behavioural Science to promote health and wellbeing.

## Disclaimer:

The contents of this article, regardless of date, is not intended to replace personalised medical advice from your doctor or healthcare professional.

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# SUDOKU

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

## Conceptis Sudoku

By Dave Green

	6		9					
			8	3		6		4
	7			2				
		5					6	
6	9						7	8
	1				9			
			6					5
7		4		1	8			
				2			9	

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### Answer to previous puzzle

6	5	2	7	9	3	8	1	4
3	4	7	8	1	5	2	9	6
1	8	9	2	4	6	7	3	5
8	9	4	5	2	1	3	6	7
2	3	1	4	6	7	5	8	9
5	7	6	3	8	9	4	2	1
7	1	8	9	5	2	6	4	3
9	2	3	6	7	4	1	5	8
4	6	5	1	3	8	9	7	2

Difficulty Level ★★★★★

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Difficulty Level ★★★★★

2/17

## Word Search

E	A	T	N	E	C	N	A	T	S	I	S	E	R	
V	M	R	E	K	L	F	U	V	N	X	U	R	W	B
I	H	F	E	C	M	E	N	W	B	R	E	H	W	P
T	W	H	O	E	H	X	C	Y	C	P	W	C	F	K
I	O	O	Z	R	T	A	Z	T	M	B	O	A	B	I
S	Q	Y	L	P	C	H	R	A	R	N	M	P	T	E
O	S	R	K	F	S	E	W	G	D	I	Q	E	L	T
P	K	E	M	W	R	P	K	U	E	T	C	V	A	S
Y	Q	T	I	E	A	J	C	W	I	R	E	I	I	G
D	F	T	H	Y	C	T	U	U	V	G	I	T	T	X
P	C	A	C	J	O	H	C	O	B	B	U	A	N	Y
H	C	B	K	R	N	R	H	E	I	C	T	G	E	T
A	T	B	G	C	I	M	G	K	L	S	D	E	T	L
E	S	U	F	C	T	C	E	C	G	L	M	N	O	O
E	J	J	T	A	T	S	O	E	H	R	O	K	P	V

- Ampere
- Battery
- Cell
- Charge
- Circuit
- Conductor
- Electricity
- Flow
- Force
- Fuse
- Negative
- Ohm
- Positive
- Potential
- Resistance
- Rheostat
- Switch
- Volt
- Watt
- Wire

Find the listed words in the diagram. They run in all directions – forward, back, up, down and diagonally.

## CROSSWORD

By THOMAS JOSEPH

- ACROSS**
- 1 Kaaba setting
  - 6 Ancient Mexican
  - 11 Flynn of film
  - 12 Molar, for example
  - 13 "Go ahead, ask"
  - 14 Instructional kind of book
  - 15 Fencing sword
  - 17 Eat late
  - 18 Waste container
  - 22 Gambling city
  - 23 Worries
  - 27 Higher than
  - 29 Towel material
  - 30 Comic-strip makeup
  - 32 Glimpsed
  - 33 Drake's genre
  - 35 Bit of humor
  - 38 Aspirin target
  - 39 Highway ramps
  - 41 Washington's successor
  - 45 Pond growth
  - 46 Olympics award
- DOWN**
- 47 Rider's straps
  - 48 Bitter humor
  - 1 Got together
  - 2 Make mistakes
  - 3 Weep
  - 4 Visits
  - 5 First Hebrew letter
  - 6 Essentially
  - 7 Menagerie
  - 8 Pulls along
  - 9 Words from Caesar
  - 10 Pork serving
  - 16 Flow out
  - 18 Snare
  - 19 Singer
  - 20 Shortly, in poems
  - 21 Fails
  - 24 Metal sources
  - 25 Zwei follower
  - 26 Agreement, of a sort
  - 28 Passes
  - 31 Relaxing resort
  - 34 Home of the Marlins
  - 35 Bike part
  - 36 Car bar
  - 37 Leslie Caron movie
  - 40 Light brown
  - 42 Commotion
  - 43 Fellow
  - 44 Cunning

C	A	R	D	S	A	B	A	S	E	
E	V	E	R	T	C	O	D	E	D	
S	E	G	U	E	T	A	M	E	S	
A	N	I	M	A	L	I	K	E		
R	U	M	K	E	S	T	R	E	L	
S	E	E	B	A	T	H	E	R		
			T	O	D	A	Y			
	G	D	A	N	S	K	S	E	T	
N	A	I	V	E	T	E	U	N	E	
O	L	E			O	R	A	N	G	E
M	O	T	E	L		A	U	D	I	T
A	R	E	N	A		C	R	O	N	E
N	E	R	D	Y		E	A	G	E	R

### Saturday's answer

- 19 Singer
- 20 Shortly, in poems
- 21 Fails
- 24 Metal sources
- 25 Zwei follower
- 26 Agreement, of a sort
- 28 Passes
- 31 Relaxing resort
- 34 Home of the Marlins
- 35 Bike part
- 36 Car bar
- 37 Leslie Caron movie
- 40 Light brown
- 42 Commotion
- 43 Fellow
- 44 Cunning

1	2	3	4	5		6	7	8	9	10	
11						12					
13						14					
				15		16			17		
18	19	20						21			
22					23			24	25	26	
27				28		29					
30						31		32			
				33				34			
35	36	37		38							
39				40				41	42	43	44
45								46			
47								48			

2-10



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- Setting and overseeing assignments of the journalism team including; staff, freelancers and contributors

- Produce and present content across the various platforms of Caymanian Times as directed by the Publisher

- Maintaining news files and archives

- Represent Caymanian Times at news and related events as directed by the Publisher

- Liaise with the production teams across the various content output of Caymanian Times as directed by the Publisher

#### Candidate profile:

- Qualification in Journalism or relevant field

- Previous journalism experience of at least five years with prior editorial management responsibility is a necessity.

- Portfolio of published articles or newscasts

- Graduate-level proficiency in the English language

- Proficiency to a professional level with news content software and digital production processes across print, online, video and audio including television and radio

- Excellent communication and networking skills

- The successful candidate must be familiar with current socio-economic and political developments in the Cayman Islands, as well as the Caribbean and global news agenda with a focus on how they relate to the Cayman Islands.

- An understanding of the history, culture, and society of the Cayman Islands is desirable.

All applicants must have a clean Police Record (no prior convictions or pending judgments), a clean Medical Record, a clean and valid Driver's License and be able to provide at least three suitable references, with two of those being from previous employers.

Salary will be commensurate with experience and qualifications and will be **CI\$5,100** per month. Benefits will be in accordance with Cayman Islands Labour, Health Insurance and Pensions Laws

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We are seeking exceptional teachers to join our high-performing **Primary School team from August 2026**. This is an outstanding opportunity for accomplished and creative educators who are passionate about child-centred education and eager to positively contribute to, and grow within, a highly respected, values-driven school community known for academic excellence and innovation.

We are looking for reflective, inspirational, and forward-thinking teachers who are inspired by working with motivated learners, value professional collaboration, and are excited by the opportunity to further develop their practice within a supportive environment that invests deeply in its people and empowers educators to make a meaningful impact.

**Teacher – EYFS (KG – 4-5 yr olds)****(JobRef#A157-26-27)**

The successful applicant will be responsible for delivering excellent, child-centred learning that meets the needs of all students within Early Years Foundation Stage (EYFS), underpinned by the UK Early Years Foundation Stage Framework, the Development Matters guidance, and the Cayman Islands Early Years Inspection Framework (2024).

**In addition to the responsibilities listed above the duties will include, but will not be limited to:**

- Teaching a broad, balanced, inquiry-based and adapted EYFS curriculum.
- Working closely with the Early Years Team to prepare long, medium, and short-term plans for all subjects.
- Working and teaching collaboratively with parallel class teachers, subject specialists and learning support staff.
- Providing rich child-initiated and adult-initiated learning opportunities through continuous provision, teacher-led, collaborative inquiry, and targeted instruction in order to support, meet and challenge the needs of all learners.
- Designing and maintaining stimulating indoor and outdoor learning environments that promote curiosity, independence, and exploration.
- Undertaking ongoing, rigorous assessment aligned with the Development Matters framework, and in line with school policies, and EYFS baselines.
- Maintaining accurate records of students' progress and attainment, using assessment data to inform instruction.
- Building and maintaining positive relationships with all members of the school community.
- Creating and maintaining a stimulating and supportive learning environment.
- Participating in a wide range of extra-curricular activities, including leading clubs.
- Upholding and fully adhering to and supporting the Christian ethos of the school.

**Qualifications, experience and skills required for the position listed above are:**

- A Bachelor's degree in a relevant subject together with an internationally recognised teaching qualification, such as a PGCE, a Bachelor of Education or H.Dip.Ed.
- Minimum of three years' current experience teaching a British-based curriculum.
- Current knowledge and experience of teaching the revised Early Years Foundation Stage 2014 (EYFS) and ability to model and facilitate the Development Matters framework.
- Knowledge of the Cayman Islands Early Years Inspection Framework (2024).
- Outstanding classroom practice, passionate about facilitating student learning skills with creative and innovative ideas.
- Proven experience and skills in providing adapted learning opportunities in order to support, meet and challenge the needs of all learners is essential.
- Fully proficient in using Management Information Systems (SIMS) and Microsoft office products, especially MS Word and Excel.
- Must have excellent written and verbal communication skills.
- Must be organised, ensuring all record keeping is up to date.
- Prior experience in a multicultural international school environment is an advantage.

Salary range for the position listed above is CI\$50,700.00 – CI\$69,950.00 per annum commensurate with experience based on the school's point salary scale. Benefits include:

- Generous medical insurance plan – medical premium cost paid for employee at 100%
- Contribution to a pension plan
- Exceptional monetary relocation allowance on arrival
- Return Airfare on initial relocation
- Annual travel allowance
- Discounted school fees: first child 100% and 50% for up to 2 additional dependent children
- Tax free salary
- Generous school holidays
- Continued Professional Development Opportunities throughout the School Year

**Cayman Prep and High School is fully committed to safeguarding the welfare of our children and young people and expects the same commitment from all our employees. All successful candidates will be subject to enhanced pre-employment clearance including prohibition from teaching checks, identity checks, criminal background checks, qualification checks and employment checks to include an exploration of any gaps in employment and three satisfactory employment checks.**

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**The cover letter should be addressed to:**

**Mrs. Sacha Strand, Primary School Principal**  
P.O. Box 10013  
Grand Cayman KY1-1001  
Cayman Islands

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We are seeking exceptional teachers to join our high-performing **High School team from August 2026**. This is an outstanding opportunity for accomplished and creative educators who are passionate about child-centred education and eager to positively contribute to, and grow within, a highly respected, values-driven school community known for academic excellence and innovation.

We are looking for reflective, inspirational, and forward-thinking teachers who are inspired by working with motivated learners, value professional collaboration, and are excited by the opportunity to further develop their practice within a supportive environment that invests deeply in its people and empowers educators to make a meaningful impact.

#### Teacher - Science (Chemistry)

(Job Ref# B197-26-27)

The successful candidate must have a degree in Chemistry and an internationally recognised teaching qualification, such as a PGCE, Bachelor of Education or H.Dip.Ed in Chemistry or in a specific science discipline. The successful candidate must have at least three years' experience teaching Chemistry at Key Stage 4 and Key Stage 5 (A-Level) and have the ability to teach a second subject within the Science Faculty to at least to Key Stage 4 (GCSE Level). The successful candidate will additionally teach general Science at Key Stage 3, and the ability to teach an additional science subject would be advantageous. In the role of teacher, the successful candidate may be assigned additional responsibilities as required by the school.

**In addition to the requirements for the teaching position listed above, the successful candidate:**

- Must be an excellent classroom practitioner with creative and innovative ideas and committed to achieving high academic standards.
- Must have recent teaching experience in the relevant subject and up to date knowledge of the British National Curriculum.
- Must have excellent communication skills, both oral and written, and can differentiate learning to meet the needs of each student.
- Must have the ability to work collaboratively, while managing multiple priorities, setting and meeting appropriate targets, be solution driven and be a positive force of good at the school.
- Must be fully IT literate.
- Must be willing to drive and support a wide range of school-related activities.
- Must understand character-based learning and be able to deliver using an individual learning plan for every child.
- Will be expected to fully adhere to and support the Christian ethos of the school.

Prior experience teaching in a multicultural international school environment is an advantage.

Salary range for the position listed above is C\$50,700.00 – C\$69,950.00 per annum commensurate with experience based on the school's point salary scale. Benefits include:

- Generous medical insurance plan – medical premium cost paid for employee at 100%
- Contribution to a pension plan
- Exceptional monetary relocation allowance on arrival
- Return Airfare on initial relocation
- Annual travel allowance
- Discounted school fees: first child 100% and 50% for up to 2 additional dependent children
- Tax free salary
- Generous school holidays
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Applicants must apply using this link - <https://wkf.ms/4bpxpeS>

The cover letter should be addressed to:

Mr. Karl Murphy, High School Principal  
P.O. Box 10013  
Grand Cayman KY1-1001  
Cayman Islands

For further information about all job vacancies and how to apply please use **this link** - [www.cayprep.edu.ky/about-cphs/vacancies/](http://www.cayprep.edu.ky/about-cphs/vacancies/)

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We are looking for enthusiastic, positive, and forward-thinking individuals to join our supportive, collaborative community. We are focused on excellent, child-centred learning for all and invite your application to be a part of our high-performing team at the **Primary School site April/May 2026** for the following position:

#### TEACHING / LEARNING ASSISTANT (Key Stage 2)

(Job Ref# A156-26-27)

The successful candidate will be responsible for assisting the Classroom Teacher within Key Stage 2 with teaching and learning as well as with other aspects of school life. The successful candidate must have experience working with students in Year 3 through Year 6 (ages 7-11).

**Duties for the position listed above will include, but are not limited to:**

- Providing support and guidance to students to develop knowledge, skills and understanding across the curriculum.
- Presenting learning tasks and curriculum content in a clear and stimulating manner.
- Developing secure subject knowledge and an understanding of how students learn, by observation of and with guidance from the teacher and other staff members.
- Identifying and responding appropriately to individual needs of students.
- Working with the classroom teacher to assess students' attainment and progress to address next steps to learning initiatives.
- Creating and maintaining a stimulating and supportive learning environment, both inside and outside of the classroom.
- Facilitating, through effective supervision, positive playtimes and mealtimes.
- Supporting and covering classes and duties across the school, as required.
- Building and maintaining positive relationships with all members of the school community.
- Participating in a wide range of extra-curricular activities, including the School's After School Care.
- Actively demonstrating a passion for education and a strong commitment to being an active member of the CPHS community.

**Qualifications, experience, and skills required for the position listed above are:**

- High School Diploma or equivalent or currently pursuing a qualification in Education; a strong willingness and enthusiasm to engage with the school's professional development program.
- An internationally recognised teaching certificate, such as a PGCE, a Bachelor of Education or H.Dip.Ed is an advantage, to enable cover of lessons.
- A minimum of two years' experience working with children within a Primary School environment.
- Experience supporting students in Mathematics and English.
- Experience of working within the English National Curriculum (2014) is desirable.
- Passionate about facilitating student learning with creative and innovative ideas in and out of the classroom.
- Proficient in using Microsoft Office, especially MS Word and Excel and ability to learn other online systems.
- Excellent written and verbal communication, organization, presentation, and time-management is essential.
- Commitment to fully supporting and adhering to the Christian ethos of the school.

Salary range for the position listed above is C\$30,000.00 – C\$48,000.00 per annum, commensurate with experience based on the school's point salary scale. Benefits include:

- Generous medical insurance plan – medical premium cost paid for employee at 100%
- Contribution to a pension plan
- Annual travel allowance
- Discounted school fees: first child 100% and 50% for up to 2 additional dependent children
- Generous school holidays
- Continued Professional Development Opportunities throughout the School Year

**Cayman Prep and High School is fully committed to safeguarding the welfare of our children and young people and expects the same commitment from all our employees. All successful candidates will be subject to enhanced pre-employment clearance including prohibition from teaching checks, identity checks, criminal background checks, qualification checks and employment checks to include an exploration of any gaps in employment and three satisfactory employment checks.**

**APPLICATIONS WILL ONLY BE CONSIDERED IF SUBMITTED ON THE RELEVANT SCHOOL APPLICATION FORM and submitted along with a cover letter and CV.**

Applicants must apply using this link - <https://wkf.ms/4ssrY8j>

The cover letter should be addressed to:

Mrs. Sacha Strand, Primary School Principal  
P.O. Box 10013  
Grand Cayman KY1-1001  
Cayman Islands

For further information about all job vacancies and how to apply please use **this link** - [www.cayprep.edu.ky/about-cphs/vacancies/](http://www.cayprep.edu.ky/about-cphs/vacancies/)

**Deadline for receipt of applications: Tuesday, April 14<sup>th</sup>, 2026**  
Only shortlisted candidates will be contacted.

The Captain's Bakery (Cayman) Ltd at 105 West Bay Rd, invites applicants for the following positions:

Cashiers, Counter Clerks, Cleaners, Bakery Assistant 1 and Bakery Assistant 2, Bread Packers, Kitchen Assistant, Packer, Dishwasher 1 Dishwasher 2 and Dishwasher 3, Cake Baker and Decorator and Cake Baker and Decorator 2.

Applicants must have a minimum of nine (9) years of experience in commercial food preparation or baking, packing, cleaning, cashiering, or serving.

Must be honest and possess good interpersonal skills and be able to work as a part of a team.

Must be willing to work on Saturdays, Sundays and Public Holidays and on shifts.

Salary is C.I. \$8.75 per hour, plus health and pension benefits.

Caymanians, persons married to Caymanians and status holders are being invited to apply for this position.

Please apply on the JobsCayman website.



**Planning Permission**

This is to inform the public that an application for planning permission to build a mixed use development with #4 commercial buildings (including #2 restaurants/bar), a hardware store, #4 triplexes, a cabana and pool, 4 feet high chain link fence, signs and parking lots with entrance/exit from West Bay Road on Block 5C Parcels 33, 192, 193 has been submitted to the Central Planning Authority (CPA), Grand Cayman.

The application can be inspected on the Department's website <https://www.planning.ky/planning-notices/>, or at the Department of Planning; located at the Government Administration Building, 133 Elgin Avenue, George Town, Grand. If you wish to object or support the application you should do so in writing stating your precise grounds within 21 CALENDAR DAYS of the final advertisement of this notice. Please note: only owners of full legal capacity who for the time being reside within a radius of one thousand feet of the boundaries of the land to which the application relates, or who own land (including a strata lot) within a radius of one thousand feet of the boundaries but reside elsewhere in the Islands, may object to an application for planning permission. Your comments should be addressed to the Director of Planning, P.O. Box 113, Grand Cayman KY1-9000, Cayman Islands, or via e-mail to [planning.dept@gov.ky](mailto:planning.dept@gov.ky). Please include your return address (typically a PO Box number).

**NOTICES**

**PLANNING PERMISSION**

This is to inform the public that an application for planning permission for 74 residential units, pool, cabana with deck area, commercial area with food kiosks, restaurant/bar & sports/play area, gym, 6' high fence, 6 signs, and generator, modification of north-east portion of car park on 22E 273, and modification of portion of sea wall on 22E 557 on Block 22E and Parcels 459, 550, 557 and 273 has been submitted to the Central Planning Authority (CPA).

The application can be inspected on the Department's website <https://www.planning.ky/planning-notices/>, or at the Department of Planning; located at the Government Administration Building, 133 Elgin Avenue, George Town, Grand Cayman or at the District Administration Building, Stake Bay, Cayman Brac. If you wish to object or support the application you should do so in writing stating your precise grounds within 21 CALENDAR DAYS of the final advertisement of this notice. Please note: only owners of full legal capacity who for the time being reside within a radius of one thousand feet of the boundaries of the land to which the application relates, or who own land (including a strata lot) within a radius of one thousand feet of the boundaries but reside elsewhere in the Islands, may object to an application for planning permission. Your comments should be addressed to the Director of Planning, P.O. Box 113, Grand Cayman KY1-9000, Cayman Islands, or via e-mail to [planning.dept@gov.ky](mailto:planning.dept@gov.ky). Please include your return address (typically a PO Box number).

**Please note that should you lodge an objection to an application for Planning Permission, your objection will be forwarded to the applicant and it will be included in the Central Planning Authority's Agenda which is a public document, in accordance with the Department of Planning Data Protection Policy.**

**NOTICES**



THE ROADS LAW (2005 Revision)  
Section 3 Declaration of Intent

In exercise of the powers conferred on Cabinet by section 3 of the Roads Act (2005 Revision), acting upon recommendation by the National Roads Authority, it is hereby declared that:

1. It is the intention of the National Roads Authority to gazette a new public road as described hereunder:

**REGISTRATION SECTION:** North Side

**REGISTRATION BLOCK:** 53A

**BOUNDARY PLAN:** BP 629

**PORTIONS OF LAND NEEDED:** The proposed roadwork is defined by boundaries outlined in green on BP 629 and listed in the Schedule below.

2. Boundary Plan Number 629 may be inspected at the offices of The National Roads Authority, 370 North Sound Road, or at The Lands & Survey Department, 133 Elgin Avenue, George Town, Grand Cayman or at the Lands Office, 256 Creek Road, Cayman Brac, or online at [www.caymanlandinfo.ky](http://www.caymanlandinfo.ky) under 'Road Schemes'.

Block	Parcel	Approximate Area loss in acres
53A	48	Less than 0.01

Made in Cabinet this 21 day of January 2026  
Clerk of Cabinet



THE ROADS LAW (2005 Revision)  
Section 3 Declaration of Intent  
Section 6 Authority to Enter Lands

In exercise of the powers conferred on the Governor by Section 3 and 6 of the Roads Act (2005 Revision), and acting upon recommendation by the National Roads Authority, it is hereby declared that:

1. It is the intention of the National Roads Authority to gazette a new public road as described hereunder:

**REGISTRATION SECTION:** Little Cayman West

**REGISTRATION BLOCK:** 83A

**BOUNDARY PLAN:** BP 700

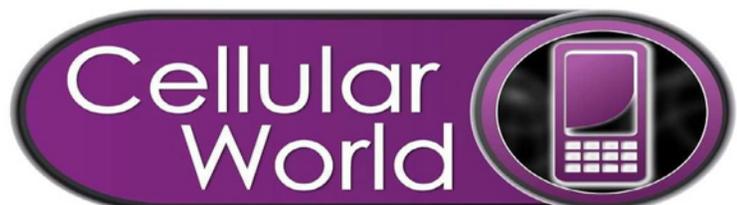
**PORTIONS OF LAND NEEDED:** The proposed roadwork is defined by boundaries outlined in green on BP 650 and listed in the Schedule below.

The National Roads Authority and its agents are authorized to enter upon lands listed in the Schedule below for the purposes of road works as publicly declared as intended under Section 6 of The Roads Act (2005 Revision); Such authority will take effect 15 days from the date of publication of this Notice in the Cayman Islands Gazette; The line and anticipated boundaries of the road works are shown edged green on Boundary Plan 700.

Boundary Plan Number 700 may be inspected at the offices of The National Roads Authority, 370 North Sound Road, or at The Lands & Survey Department, 133 Elgin Avenue, George Town, Grand Cayman or at the Lands Office, 256 Creek Road, Cayman Brac, or online at [www.caymanlandinfo.ky](http://www.caymanlandinfo.ky) under 'Road Schemes'.

Block	Parcel	Approximate Area loss in acres
83A	50REM1	3.85 (whole parcel)

Made in Cabinet this 11<sup>th</sup> day of February 2026  
Clerk of Cabinet



**PHONES • ACCESSORIES • REPAIRS**  
**BAYTOWN PLAZA, WEST BAY ROAD**



# Women

# Empowerment Event

*Featuring:*  
**John Gray High School Choir**

Join us for Fitness Demonstrations, Power Walk & More

**Saturday, 28 March 2026 | 2:00pm - 4:00pm**

*Intergenerational Hub (131 MacLendon Drive, behind Fosters Airport next to DHL)*

*Refreshments Served*



**#HWM2026**  
**#GiveToGain**



Ministry of Youth,  
Sports & Heritage  
Cayman Islands Government



Department of Sports  
Cayman Islands Government

