

# T Caymanian Times



Easter Edition

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## Celebrating Women's Fitness

See story on page 10-11 >>

► West Bay Senior 82 yr old Nellie Booth plank hold!

## Women Who Dared

The Journey to Representation in the Cayman Islands honors those who secured the vote and entered Parliament, fundamentally changing our national trajectory.

While we celebrate this history, our progress must now be measured by the parity of women and men in Parliament and executive governance.

As Women's Month concludes, my call is for true representation—an invitation extended to our women and held

with equal importance by our esteemed gentlemen.

Together, we ensure that leadership reflects the full strength of our community. This reflection is dedicated to all those, past and future, who take a stand for equal leadership in the Cayman Islands.

Lucille Seymour, MBE, BEM, JP, Hon Phd humanitied

SEE WOMEN WHO DARED, PAGE 2-3

## Topping out The Centre for Health & Wellness



SEE HEALTH & WELLNESS, PAGE 8-9



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# Women Who Dared: A Call for Parity

CONTINUED FROM Page 1

## Women Who Dared: The Journey to Representation in the Cayman Islands

In honour of International Women's Month, this reflection traces the journey of Caymanian women in public life — from the petitioners who demanded the right to vote, to the early candidates, to the fifteen women who have served in the Legislature and Parliament. "Women Who Dared" is a tribute to their courage, their service, and the legacy they created for future generations.

As the month closes, I honour the long journey that brought Caymanian women into political life — a journey built on courage, persistence, and the belief that women deserved a voice in shaping their country.

By Lucille Seymour, MBE, BEM, JP, Hon. PhD (Humanities)

### The First Door Opens

More than 300 Caymanian women signed the petition for the right to vote. Led by Ms. Georgette and her Committee of 24, they walked from home to home, gathering signatures with quiet determination. Their strength was not new. Caymanian women had long held families together, guided communities, and carried this country through hardship. Leadership was already in their bones — in their spirit and in their very genes.

### The First Women Who Dared to Run

Then came the early women who stepped forward to run for office at a time when society did not expect them to lead. Among them was National Hero Mrs. Francine Jackson, whose courage inspired many. These women ran without guarantees. They ran knowing they might lose. At that time, only one woman — Hon. Evelyn Wood — had ever won a contested seat. Miss Annie Huldah Bodden, though a towering figure, had been appointed, not elected. Victory for women was rare, yet these early candidates stepped forward anyway.

Their resilience pushed boundaries and encouraged the next generation to step forward.

### Honouring the Women Who Ran and Did Not Win

Today, I honour not only the women who succeeded, but also the women who ran and did not win. Some ran once. Some ran twice. They ran with courage and persistence, paving the way for those who would follow. Their names may not appear on official lists, but their courage softened the ground and normalized women on the ballot.

This is what women must do:

We must not give up.

SEE **WOMEN WHO DARED**, Page 2



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**The Fifteen Who Entered Parliament**

Then came the fifteen of us who entered the Legislature and Parliament. We did not merely run for office — we stepped forward and carried the weight of representation. Three of us have since gone to our eternal rest, leaving legacies woven into our national story.

We are the women who carried the weight of representation so others may walk with ownership.

We entered a House not originally built with us in mind — and we made it our own.

**A Call to Action for 2029 and Beyond**

As we look toward the 2029 General Election, we must ensure that the Commonwealth observers never again highlight gender inequality in our Parliament. A country as advanced as ours must also be advanced in representation. The newly formed Women’s Parliamentary Caucus has a vital role to play in ensuring that all genders have a fair and genuine chance to serve.

The doors have been opened by those who came before us; now it is our duty to keep them open wide.

**A Message to the Women of the 21st Century**

To the young women of today: strength is already in your genes. It is the same strength that carried Caymanian women through the Southwell years, the same strength that gathered over 300 signatures for the vote, and the same strength that pushed the early women to run when no one expected them to.

Now it is your turn. Equality in Parliament is not something to consider someday — it is your enabled right. Walk through the doors that have been opened for you. Walk with confidence.

Walk knowing you come from women who dared.

The lot fell to us, and we answered the call.

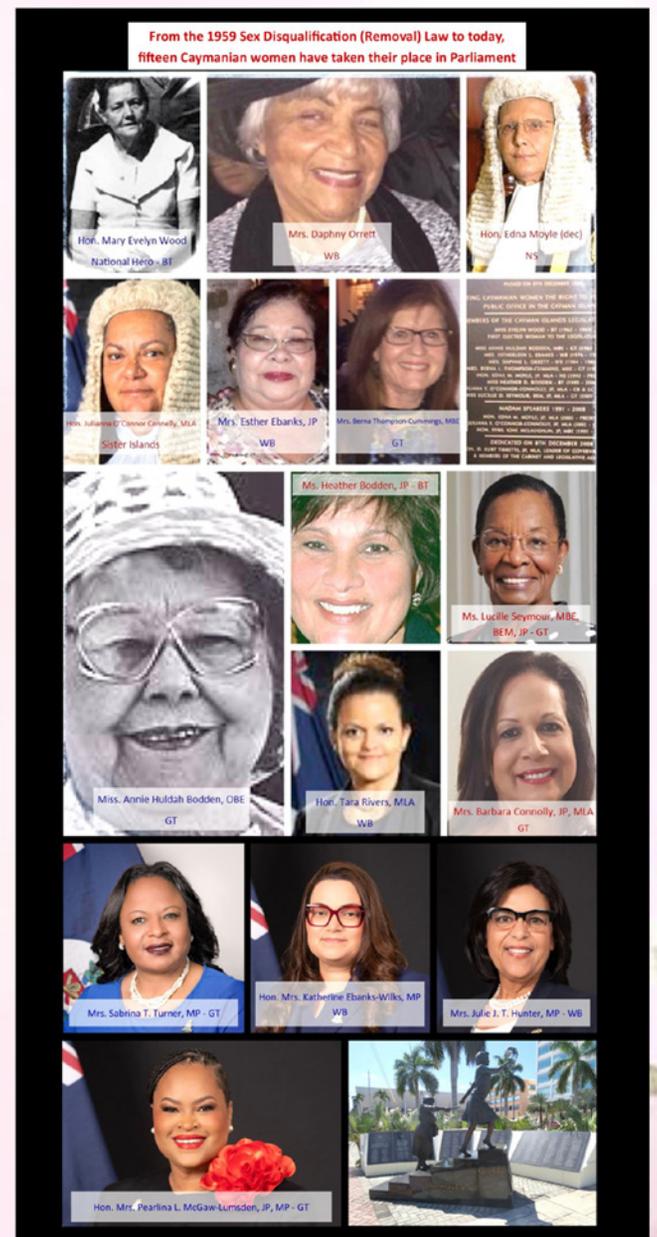
**Women Who Dared**

CONTINUED FROM Page 3



**Women Who Dared: The Fifteen Who Entered Politics**

01. **Miss Annie Huldah Bodden, OBE, National Hero**  
1961–1984, MLA
02. **Hon. Mary Evelyn Wood, National Hero**  
1962–1965, MLA
03. **Mrs. Esterleen Ebanks**  
1976–1980, MLA
04. **Mrs. Daphne Orrett**  
1984–1987, MLA
05. **Mrs. Berna Thompson-Cummings, MBE**  
1992–1996, MLA
06. **Hon. Edna Moyle, OBE, JP**  
1992 - 2009, MLA  
2005–2009, Speaker
07. **Ms. Heather Bodden, OCI, Cert. Hon., JP**  
1995–2000, MLA  
2021–present, MP
08. **Hon. Juliana O’Connor-Connolly, JP**  
1996–present, MLA/MP  
2012–2013, 2023-2025, Premier  
2001-2003, 2013-2017, Speaker  
2009-2012, 2023, Deputy Premier
09. **Ms. Lucille Seymour, MBE, BEM, JP, Hon. PhD, Humanities**  
2005–2009, MLA
10. **Hon. Tara Rivers, JP**  
2013–2021, MLA
11. **Mrs. Barbara Connolly, JP**  
2017–2025, MP  
2017-2025, Deputy Speaker
12. **Mrs. Sabrina Turner**  
2021–2025, MP
13. **Hon. Katherine A. Ebanks-Wilks**  
2021–present, MP  
2021–2022, Deputy Speaker  
2022–2023, Speaker
14. **Hon. Pearlina McGaw-Lumsden, JP**  
2025–present, MP  
2025–present, Deputy Speaker
15. **Mrs. Julie J. T. Hunter, JP**  
2025–present, MP



# Cayman Islands Delivers Strong February Performance with Continued Growth Across Key Markets

Grand Cayman, Cayman Islands. The Cayman Islands welcomed 49,075 stayover visitors in February 2026, representing a 10.1% increase year over year and marking the second-strongest February on record, just 3% below the all-time high set in 2020.

Cruise passenger arrivals also increased by 6.5% compared to February 2025, registering 159,917 passengers.

Total visitation for the month – including both stayover visitors and cruise passengers – reached 208,992 visitors, reflecting a 7.3% increase year over year.

Canada led February's performance and continued its record setting momentum with double-digit percentage increases in stayover visitation for the fourth consecutive month.

Overall, this strong February performance builds on January's record-breaking results with YTD stayover arrivals reaching 95,112 visitors, an 11.8% increase over the same period in 2025.

The Hon. Gary Ruddy, Deputy Premier and Minister of Tourism and Trade Development, noted that the sustained growth highlights the strength of the Cayman Islands' tourism strategy,

"Delivering one of the strongest February performances in our history, following a record-breaking January, demonstrates the continued success of our strategic focus on airlift expansion, targeted marketing and strong industry partnerships. The Cayman Islands continues to perform at a high level across multiple markets, reinforcing our position as a leading premium destination in the Caribbean."

## Canada Continues to Boost Overall Visitation

The Cayman Islands Department of Tourism's (CIDOT) strategic investment



► Cayman Islands Director of Tourism Rosa Harris

in advertising and public relations in Canada continued to pay dividends as the market maintained its exceptional momentum by recording 6,102 visitors in February – a 47.0% increase year over year and the highest monthly visitation total ever recorded from the market.

Canada's performance reflects sustained demand and significant airlift expansion, including increased service from Toronto and new service from Ottawa.

## United States Remains the Largest Source Market

The United States remained the destination's largest source market, generating 38,673 stayover visitors in February, an increase of 5.4% year over year and the second-highest February total on record.

Growth within the U.S. was led by the Midwest (up 10.0%) and South (up 7.2%), supported by expanded airlift from Chicago and Miami.

## UK & Ireland, Europe and Emerging Markets Contribute to Growth

Visitation from the UK & Ireland reached 1,783 visitors in February, an increase of 12.8% year over year. This number represented the strongest February performance ever for the region and was achieved with no increase in airlift capacity. This signals that the increase in visitation was driven by underlying demand, brand resonance and market conversion – the result of CIDOT's strategic marketing, public relations and trade engagement in the region.

Continental Europe also delivered strong gains, up 24.0% year over year showing increased demand despite the lack of non-stop service to the region. This underscores the success of the UK team, supported by public relations and trade engagement via agencies W Communications and Kleber Group who were appointed in 2025.

Latin America recorded a 7.0% increase

adding incremental growth and reflecting the success of CIDOT's business development strategy to diversify the visitor base through investment in emerging markets.

## Expanded Airlift Continues to Drive Demand

Total inbound airlift capacity from the United States, the United Kingdom, and Canada increased by 20.9% in February 2026, supported by expanded service from key gateways including Chicago and Miami, as well as new February services from Fort Lauderdale, New York, Detroit, Toronto and Ottawa.

These increases continue to strengthen connectivity to the destination and support sustained visitation growth across high-performing markets.

Hotel performance in February also remained strong with global hotel intelligence firm, STR Inc. recording an 8.7% increase in the destination's average daily rate (ADR) over the same period in 2025.

## Strong Outlook for Q1 2026

With continued airlift expansion and strong demand across key markets, the Cayman Islands is well-positioned to sustain its growth trajectory throughout the first quarter of 2026.

Director of Tourism, Rosa Harris, emphasised the importance of strategic planning and investment in emerging markets to ensure that Cayman's tourism industry remains resilient in the face of global economic and geopolitical instability, "Cayman's visitor chooses our destination due to its accessibility, safety and premium positioning. February's performance reflects the strength of our global demand and the effectiveness of our strategic investment in developing emerging markets. We look forward to continuing to deliver meaningful results for the destination."

# Swanky Kitchen Band Recognizes Cayman Airways at Red Sky at Night

At this year's Red Sky at Night cultural festival on Grand Cayman, hosted by the Cayman Islands National Cultural Foundation (CNCF), Cayman Airways was recognized by Swanky Kitchen Band for supporting their historic international East Coast tour with airline tickets to key Cayman Airways U.S. destinations on the tour.

CAL's Executive Vice President for Commercial Affairs & CFO, Mr. Paul Tibbetts (pictured second from left), was on hand for the presentation, along with representatives from the Cayman Islands Government and CNCF who were also recognised for their support.

As Cayman's uniquely Caymanian national airline, Cayman Airways is honoured to play an important role in connecting Caymanian artists with international audiences, supporting the global visibility of the Cayman Islands and its culture, music, and local talent and creativity.



► Swanky Kitchen Band thanks CAL and partners

# Government to Strengthen Fuel Sector Regulation and Enhance Consumer Protection

*Cabinet approves drafting instructions to align licensing and regulation under a single authority and establish a modern, sustainable regulatory framework*

The Government has approved drafting instructions to strengthen oversight of the Cayman Islands' fuel sector, advancing reforms that will enhance public safety, improve consumer protection, and establish a more sustainable regulatory framework.

This major reform will consolidate fuel-sector licensing and regulatory authority under the Utility Regulation and Competition Office (URCO), transferring licensing responsibilities from the Department of Commerce and Investment (DCI) to create a single, accountable regulator with clear authority for oversight, compliance and enforcement.

Premier the Hon. André Ebanks said:

"By placing oversight responsibility where it is most effectively managed, Government will significantly enhance its ability to ensure that our fuel sector delivers what Caymanians depend on – reliable, better regulated, fuel supply for families, businesses, and essential services. This is yet another longstanding, unaddressed matter, that our NCFC Government seeks to transform as part of our vision for a stronger, fairer Cayman for our people."

## Strengthening Oversight and Eliminating Fragmentation

Currently, fuel-sector licensing is administered by DCI as part of its general business licensing function, while URCO is responsible for the full scope of regulatory oversight, including safety inspections, compliance monitoring, and price tracking across more than 400 regulated sites.

This separation has resulted in fragmented authority, operational inefficiencies, and a structural funding gap within URCO's Fuels Division.

Under the approved framework, licensing and regulation will be consolidated under URCO, allowing for:

- clear and enforceable licensing conditions aligned with pricing rules, safety and environmental standards;
- improved market oversight and competition monitoring;
- a streamlined, single point of contact for fuel-sector operators; and
- a sustainable funding structure to support effective long-term regulation that benefits consumers and the country.



► Premier Hon. André Ebanks

## Benefits for the Public and Industry

The changes are expected to deliver tangible benefits across the Cayman Islands, including:

- enhanced public safety at fuel storage and service facilities;
- more consistent and transparent fuel pricing oversight;
- reduced administrative burden for operators through a single regulatory interface;
- stronger resilience in fuel supply chains, particularly during emergencies; and
- greater confidence for consumers that the sector is being independently and effectively regulated.

Minister for Finance and Economic Development, Hon. Rolston Anglin, said:

"This reform is about efficiency, accountability, and sustainability. At present, we have a situation where licensing and regulation sit in two different places. By bringing these functions together under URCO, we are closing that gap and ensuring that oversight is both coherent and effective. Importantly, this is not about increasing costs or expanding government. It is about aligning responsibility with capability, and adopting a proven, self-sustaining model that supports better outcomes for the public. This reform ensures that oversight of the fuel sector keeps pace with the needs of our country."

The Government will now proceed with legislative drafting, including amend-

ments to the Trade and Business Licensing Act; the development of new Fuel Market Licensing Regulations; and amendments to the Dangerous Substances Act and Regulations.

Stakeholder engagement will form a key part of the implementation process to ensure a smooth transition for fuel-sector operators, with provisions in place to maintain continuity of existing licences and minimise disruption to operations.

Interim Chief Executive Officer of URCO, Sonji Myles, added:

"I am pleased that Government has recognised the importance of these reforms and moved swiftly to implement them. Consolidating licensing and regulation under URCO will enable clearer standards, stronger compliance oversight, and a more effective regulatory environment. This reform represents a significant step toward modern, integrated regulation of the fuel sector, promoting fair competition, strengthening pricing rules and transparency, and supporting the long-term resilience of the Cayman Islands' energy infrastructure."

Cayman Islands Government

**NEWS**

30 March 2026

## Government to strengthen fuel sector regulation

Cabinet approves drafting instructions to align licensing and regulation under a single authority and establish a modern, sustainable regulatory framework

## MCEI Launches "Caymanians in Careers" Campaign to Empower Caymanian Talent

The Ministry of Caymanian Employment and Immigration is proud to launch "Caymanians in Careers", a new campaign highlighting Caymanians working across different sectors while offering greater insight into the career opportunities available within those industries.

The campaign aims to showcase Caymanians currently in the workforce while educating students, job seekers, families, and the wider public about the opportunities,

pathways, and value of different sectors in the Cayman Islands.

The first phase of the campaign will focus on the Tourism Industry, featuring Caymanians who are contributing to the sector and sharing their experiences, career journeys, and advice for other Caymanians who may be interested in following a similar path.

Hon. Michael Myles Minister for Caymanian Employment and Immigration

said: "This campaign is about visibility, awareness, and opportunity. We want Caymanians to see the many ways they can build meaningful careers across a wide range of industries, and we want the public to better understand the roles Caymanians are already playing in those sectors."

The first feature launches on 31 March 2026, with additional industries to be highlighted thereafter.



► Hon. Michael Myles

# Baker & Partners Appoints Natascha Steiner-Smith as Partner in Cayman

Leading offshore law firm Baker & Partners is pleased to announce the appointment of Natascha Steiner-Smith as Partner. Natascha's arrival further reinforces the firm's reputation in the Cayman Islands for independent, conflict-free advice and advocacy in complex, cross-border disputes, and marks another significant step in its growth story in the Caribbean. Natascha joins Partners Jennifer Colegate, Fleur O'Driscoll and Robert Jones in the Cayman Islands.

Natascha is a highly accomplished lawyer in commercial litigation and international arbitration. Her practice encompasses complex multi-jurisdictional disputes arising out of commercial contracts and shareholders' agreements, as well as strategically significant disputes involving financial institutions and high net worth individuals. She specialises in the enforcement of foreign judgments and arbitral awards and she regularly advises shareholders, insolvency practitioners, banks and energy companies in cross-border proceedings. Natascha also has extensive experience acting in Section 238 merger appraisal proceedings.

She trained and practised at DLA Piper and has subsequently held roles at



► Natascha Steiner-Smith, Partner, Baker & Partners

leading international firms including Akin Gump, Maples & Calder and Collas Crill. Originally from Austria, educated in the UK and North America and having practised in the UK and the Cayman Islands, Natascha offers a genuinely international perspective, both academically and professionally. This breadth of experience enhances the firm's ability to navigate the legal, commercial and sometimes political complexities in cross-border disputes.

Natascha is among a very small cohort of practitioners in the Cayman Islands with significant experience in international arbitration. Her experience advising clients across arbitral

regimes and enforcement actions positions her at the forefront of growing demand for this specialism in the Cayman Islands.

Baker & Partners Global Managing Partner, Stephen Baker, commented:

"Natascha's appointment is a significant addition to the firm. Her exceptional credentials, Cayman

knowledge and international experience support our strategic direction in the Cayman Islands, pan-Caribbean and internationally. We warmly welcome Natascha to the team."

Natascha added:

"I am delighted to be joining a firm with such an established name for handling complex high-stakes disputes, and a committed and capable Cayman Islands practice. Baker & Partners' ethos aligns perfectly with my core values and I look forward to contributing to the firm's continuing growth."

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## CRUISE SHIP SCHEDULE — WEEK — APRIL 6 - 10



**TOTAL SHIPS - 12**  
**TOTAL PASSENGERS - 37,682**

Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
Rhapsody of the Seas	Celebrity Eclipse	Norwegian Encore	Carnival Dream	Artania
Oosterdam	Norwegian Star	Carnival Venezia	Norwegian Prima	
	Disney Treasure	Resilient Lady	Carnival Horizon	
<b>Total Passengers</b>				
4,283	8,558	10,932	12,649	1,260

# CABINET APPROVES CBC VISA REGULATION AMENDMENTS TO STRENGTHEN CAYMAN ISLANDS BORDER SECURITY

Cabinet has approved amendments to the Customs and Border Control (Visas, Entry and Landing) Regulations (2025 Revision) to enhance border security and improve traveller screening. The revised Regulations — cited as the Customs and Border Control (Visas, Entry and Landing) (Amendment) Regulations, 2026 — will take effect on Thursday, 2 April 2026.

The Honourable Nickolas DaCosta, JP, MP, Minister for District Administration and Home Affairs, emphasized that “these amendments represent a proactive and essential measure to safeguard our borders and uphold our international obligations. By reinforcing our visa framework, we ensure that the Cayman Islands are not exploited as a transit point for irregular or unlawful migration.”

The amendments strengthen the Cayman Islands’ visa framework to ensure the jurisdiction is not used as a transit point for irregular or unlawful migration, while maintaining compliance with international

obligations and continuing to facilitate legitimate travel.

## Key Changes

### New Visa Requirements

- Nationals of **Peru** and **Venezuela** will now require visas for both entry into and transit through the Cayman Islands.

- Nationals of **Haiti** and the **Dominican Republic** will require in-transit visas when travelling via the Cayman Islands.

### Fees

- The schedule of visa fees and extensions is now incorporated into the Regulations. Fees remain unchanged.

### New Visa Exemptions

The amendments also introduce specific exemptions to facilitate legitimate travel, including:

- **Cruise ship passengers** completing short-term transfers — those who, within 24 hours of arriving, transfer to another cruise ship, depart on the same vessel, or leave by air.

- **Operational crew members** — including commercial airline crew, private jet charter crew, and air ambulance personnel operating on behalf of a recognised health facility.

Bruce D. Smith, Director of CBC, said, “These regulatory updates strengthen our operational capability to effectively screen travellers and manage risk at our borders. CBC remains committed to facilitating legitimate travel while ensuring that appropriate controls are in place to protect the Cayman Islands.”

Members of the public are encouraged to review the Customs and Border Control (Visas, Entry and Landing) (Amendment) Regulations, 2026, and ensure they meet all requirements before travelling. Visa information and application guidance are available at: <https://gov.ky/web/cbc/travel/visas-extensions>.

The Cayman Islands Government remains committed to maintaining a secure, well-regulated, and internationally



► Hon Nickolas DaCosta

compliant border management system that protects the Cayman Islands’ reputation as a safe and responsible jurisdiction.

# CDS holds 2026 AGM

The Annual General Meeting of the Cayman Drama Society was held at the Prospect Playhouse on Friday 27th March 2026. It was a well-attended evening and thoroughly enjoyable since after the AGM itself, a series of presentations highlighted the productions and events for the remainder of the 2026 season and a glimpse of what is already planned for 2027.

Mike Bishop was re-elected Chairman and is supported by Judith Nicholls (Deputy Chairman), Chad Powell (Theatre Manager), Victoria Conner (Secretary) and Aidan O’Donoghue (Treasurer) on the Management Committee, and Alison Bishop, Erica Ebanks, Emily Harris, Caroline Neale-Allenger, Cynthia Powell, Nicola Moore-Gothar, Alena Valiaeva and Melanie Wright on the Executive Committee. Artistic Director and Head of Training, Haidee Elise, is also an ex-officio member of the Executive Committee.

Chairman Mike Bishop gave a breakdown of the 2025 season and its highlights including the appointment of new Artistic Director/Head of Training Haidee Elise to replace Kirsty O’Sullivan who he thanked for building the vibrant CayStage training community.

2010-2025 Outgoing Theatre Manager Paul de Freitas gave his final Theatre Manager’s report during which he nominated Chad Powell to the role as his replacement. The two have been working together on a number of productions over the past two years and expect that close working relationship to continue. It was noted that Mr.

de Freitas is now the longest serving CDS Theatre Manager, a significance previously held by his mentor Peter Phillips.

Treasurer Aidan O’Donoghue noted a healthy financial position for CDS despite some loss of training revenue in the period of recruitment for the new Head of Training.

Voting for the new board as mentioned above was then followed by presentations from each of the directors of the coming season - *IN THE HEIGHTS* (Judith Nicholls and Cynthia Powell), *SUMMER 1976* (Gavin McDougall), *THE KITCHEN WITCHES* (Caroline Neale-Allenger), *ROOM ON THE BROOM* (Emily Harris), and *ELF* (Jack Townson).

The evening concluded with the cutting of a Thank You cake for Past Theatre Manager Paul de Freitas and a bouquet of flowers for his wife Fay Anne de Freitas.

For information on joining the Cayman Drama Society see: [www.cds.ky/JOIN-CDS](http://www.cds.ky/JOIN-CDS)



► Chad Powell, Paul de Freitas and Haidee Elise



**In The Heights**

**Production Team:**  
 Directors: Judith Nicholls & Cynthia Powell  
 Producers: Erica Ebanks & Stuart Street  
 Choreographer: Carlie Price  
 Stage Manager: Tracey Burns  
 Costume Design: Isaline Soller  
 Set design: Paul de Freitas, Judith Nicholls & Cynthia Powell  
 Sound design & technician: Chad Powell  
 Lighting design & technician: Mel Wright

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**Show Dates:**  
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 June 4, 6, 7, 11, 12, 14

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# Topping-out' ceremony for new Camana Bay Health and Wellness Centre

CONTINUED FROM Page 1

By Stuart Wilson

The new Center for Health and Wellness at 55 Cerasee Way, Camana Bay, reached a milestone moment in its construction on 26th March with a traditional 'Topping Out celebration'.

It marked the placement of the final structural beam at the highest point of the building.

Representatives from the Dart organisation and Health City, as well as the Cayman Islands Government, media and members of the public were present to witness and celebrate the occasion.

Dart's Executive Vice President for Development, Gary Gibbs, welcomed the audience and outlined the details of the new building and its objectives.

"We are here to mark a significant milestone in the construction of this purpose built multi-disciplinary medi-

cal facility," he remarked.

Mr Gibbs said the beam that was about to be hoisted represented not only the highest point of the building but also the coordinated and cohesive work of the teams involved in getting the project to the present stage, ahead of schedule.

"For more than 20 years, Dart's approach has remained steadfast: to create spaces that are of the place, carefully thought and planned to sustainably cater to a growing community."

He added that from the outset, Camana Bay has been a carefully master-planned hub that now features over 1 million square feet of thoughtfully-designed retail, residential and commercial office space.

"Health City, which sits just next door to the new Centre for Health and Wellness in Camana Bay, is a modern facility delivering world-class healthcare. Together the two will form an exciting and new District in Camana Bay where Cayman's medical and wellness profession-

als can serve those who live in and visit the Cayman Islands."

## UNIQUE FEATURES

Mr Gibbs explained that the project represents 118,000 sq ft purpose built medical and wellness space designed to be flexible and resilient, supporting a wide range of healthcare leases, now and well into the future.

Features include infrastructure that accommodates specialist equipment and design features that make it easier for tenants to 'fit out' their premises in line with local guidelines.

The facility is designed with areas for reinforced structural loading for medical equipment, high ceiling, and an integrated biohazard waste disposal. It incorporates full system redundancy and energy recovery.

Another design feature makes it adaptable to meet future medical, technological and operational needs, allowing the build-

ing to evolve without compromising its performance.

"At Dart sustainability is at the heart of what we do and as with other developments at Camana Bay, we are constructing to LEEDS standards, a globally recognised certification programme that promotes the whole building approach," Mr Gibbs stated.

## WELCOME BOOST FOR WELLNESS IN CAYMAN

Heart Surgeon and Health City's Clinical Director, Dr. Binoy Chattuparambil gave the keynote address, in which he elaborated on the preventative care, which the new building will facilitate. He said a common pattern he sees with patients in his practice is that they come too late to seek help.

"Very rarely do patients come for a general test without complications," he pointed out.

SEE TOPPING-OUT, PAGE 9



► Members of the Dart organisation sign the final structural beam at the 'topping out' ceremony for the Center for Health and Wellness at 55 Cerasee Way, Camana Bay on 26th March.



► Director for Dart Enterprises Ltd. Jackie Doak (L) stands with Dart Senior Vice President for Sales and Leasing, Mrs. Kristy Rivers at the 'topping out' ceremony for the Center for Health and Wellness at 55 Cerasee Way, Camana Bay on 26th March.



► Cayman Islands Government Health Minister, the Honourable Katherine Ebanks-Wilks signs the final beam to be hoisted at the topping out ceremony for the Centre for Health and Wellness at Camana Bay.



► Dart staff at the topping out ceremony at what is to be the Centre for Health and Wellness at 55 Cerasee Way, Camana Bay.

# Topping-out

CONTINUED FROM Page 8

Stressing the importance of early diagnosis, Dr Chattuparambil added:

“If we want people to take prevention seriously, healthcare has to be a part of everyday life. Camana Bay is a place where people live, work and spend their time and this makes access more practical.”

Hon. Minister for Health, Katherine Ebanks-Wilks informed that the Government would also be rolling out several programmes to promote wellness and healthy living in the coming months.

“What we are trying to do in the Ministry of Health is to educate the public on taking care of your health at an early stage. We have taken the ‘steps survey’ and rather than taking a report and shelving it, we are starting to move forward with trying to ensure that we bring down non-communicable diseases such as hypertension and high blood pressure.”

She also announced that the Ministry will also be launching a movement challenge at the end of this month as a way “to make sure persons are taking preventative care more seriously.”

The strong connection between the address of the new facility - ‘Cerasee Way’ - and traditional healthcare in Cayman was also highlighted.

“Cerasee has long been valued across the Caribbean for its medicinal properties. As a child, I remember my father giving me cerasee tea for just about everything – from rashes to stomach ailments,” Min. Wilks recalled.

The cerasee herb has been associated with nutrition and healthcare locally for generations.

Dart Senior Vice President for Sales and Leasing, Kristy Rivers, said every detail in the new development would deliver better outcomes for both practitioners and patients.

“Camana Bay has matured over the years, from an ambitious vision to a vibrant fully realised Town Centre...Our understanding of what a community needs to truly thrive has deepened and today it is abundantly clear that wellness is not a luxury, it is a priority,” she remarked.



► A ‘Topping Out’ celebration to mark the placement of the final structural beam at the highest point of the building was held at the Centre for Health and Wellness at 55 Cerasee Way, Camana Bay on March 26th. Here the final beam is hoisted.

► Members of the Dart’s marketing team at the topping out ceremony for the Centre for Health and Wellness.

# Department of Sports, HWM Women's Empowerment Event Celebrates Fitness, Voices and Giving Back

CONTINUED FROM Page 1

The Department of Sports successfully hosted its Women's Empowerment Event on 28 March 2026, bringing together 73 participants for an engaging and inspiring afternoon as part of Honouring Women's Month (HWM) celebrations.

The event opened with a series of interactive fitness demonstrations, showcasing functional movement, spatial awareness, fine motor skills, full-body strength and conditioning, decision-making under pressure, and more. These demonstrations highlighted the progress women can achieve through regular participation in physical activity. Participants from the Department of Sports' various fitness groups demonstrated a range of exercises—from core-strengthening movements such as planks to functional, full-body activities like sit-to-stand presses, resistance band training, and Boxfit—emphasizing the wide-ranging benefits of staying active. A standout moment of the afternoon was Nellie Booth (82), who impressed attendees by holding a plank for 40 seconds, demonstrating remarkable core strength, resilience, and the power of staying active at any age.

The demonstrations were followed by panel discussions featuring participants from the Department's various fitness groups, who shared their personal journeys and experiences. The discussions

explored improvements in physical and mental wellbeing, the importance of community support, and how participation in these programs has helped build confidence and connection.

The event concluded with a captivating performance by the John Gray High School Choir, which entertained the audience for approximately 40 minutes. Their performance was met with great enthusiasm and appreciation from attendees.

Refreshments were provided for guests, generously sponsored by Welly's, adding to the welcoming and enjoyable atmosphere of the event.

In keeping with this year's International Women's Day theme, #GiveToGain,

participants were encouraged to support the choir as they prepare for an upcoming trip to Italy. The Department of Sports extends sincere thanks to Naomi Allnut, Director of the Cayman Youth Choir, for her continued dedication to nurturing young talent.

The Women's Empowerment Event reflected the core message of Honouring Women's Month - celebrating achievement, fostering connection, and creating opportunities for women and girls to grow and thrive. It also reinforced the importance of supporting one another and investing in the next generation. #GiveToGain

The Department of Sports remains

committed to delivering programs and initiatives that empower women across all ages, promoting healthy lifestyles and strong connected communities.

Events such as these would not be possible without the generosity of our generous sponsors: Ministry of Youth, Sports, Culture & Heritage; Department of Sports, CUC, & Welly's. Also, committed volunteers such as James Myles and others not named here. Thanks to the community who supported by attending these events; also, to all who donated to the jar to aid the choir's tour of Italy this summer. Thanks so much for supporting our HWM Women Empowerment Event 2026 - Theme #GiveToGain!



► Women Empowerment - Fierce!



► Women Empowerment Panel 6PM Group



► Women Empowerment - West Bay Senior Betty Ebanks front push kick



► Women Empowerment - Tic Tac Toe - HUB 630AM and 10AM group



► Women Empowerment - Attendees enjoying refreshments sponsored by Welly's



► Women Empowerment - Volunteers, Spectators and Fitness Group Members enthusiastically pose



► Women Empowerment - JGHS Choir Performing

# Department of Sports Hosts Stretch & Recovery Session for Honouring Women's Month 2026

The Department of Sports continued its Honouring Women's Month (HWM) 2026 activities with a Stretch & Recovery session held on 23 March, focused on promoting physical wellbeing and sustainable movement practices.

The session was led by Jermaine James, Physiotherapist at The Physiotherapy Center, and welcomed 18 participants. Attendees were guided through

a series of deep stretching routines and core-strengthening exercises designed to improve flexibility, mobility, and overall body awareness.

Stretching plays a vital role in maintaining muscle health, reducing the risk of injury, and supporting recovery. Equally important is core strength, which provides stability, improves posture, and enhances balance – all key elements for everyday

movement and long-term wellness.

The session offered participants practical techniques they can incorporate into their daily routines, reinforcing the importance of caring for one's physical health as a foundation for an active lifestyle.

Aligned with this year's International Women's Day theme, #GiveToGain, the session also served as a reminder that personal wellbeing is essential to sus-

tained contribution. By taking the time to care for their own health, individuals are better equipped to support others, remain active in their communities, and continue to give of themselves in meaningful ways.

The Department of Sports remains committed to providing opportunities that support the holistic wellbeing of women and the wider community throughout Honouring Women's Month and beyond.



► Stretch & Recovery Participant



► Stretch & Recovery - Breathing exercise



► Stretch & Recovery - Head Coach Lavern Ebanks presenting CUC Gift Card to Jermaine James

## DOS HWM Bocce Event a Huge Hit!

The DOS HWM Bocce Event held on Wednesday, 25 March, was a thrilling display of teamwork and sportsmanship, showcasing the talents of athletes with intellectual disabilities paired with dignitaries, sponsors, CIG senior staff, and other staff. The event, held at the Lions Club of Grand Cayman, saw 2 SOCI athletes' team up with notable figures, including Hon. Minister for Youth Sports Culture & Heritage Isaac Rankine, who won the bronze medal alongside Youth Services Unit Program Coordinator James Myles.

Lions President Siri Jones-Russell and Lions Member Cordella Cholette took top honors, winning the gold medal.

"In my tenure, I always wanted to be involved in events such as these; I am so happy that Lions Club of Grand Cayman was able to sponsor the venue for this event – it was a wonderful experience and so much fun!" said Lions President Siri.

Refreshments provided by in-kind sponsors Welly's added to the festive atmosphere, with 2 of their staff members joining forces with 2 athletes to also make up a team, making the event a memorable one.

The event drew notable attendees, aside from Hon Minister for Sports Isaac Rankine. In attendance was Parliamentary Secretary Ms. Heather Boddin, and Deputy Premier Garry Rutty, and his wife Mrs. Rutty who stopped in for a period. DOS Acting Assistant Director Redver Ebanks was also present and played on a team along with Head Coach, Mrs. Lavern Ebanks, winning silver.

"The athletes demonstrated incredible skill and teamwork," said DOS organisers. "We're grateful to our sponsors Ministry of Youth, Sports, Culture & Heritage, Department of Sports, Lions Club of Grand Cayman, Welly's, and CUC."

"The inaugural Bocce competition for HWM proved to be a showcase of talent from trained Special Olympics athletes and the introduction of the fun, skill and teamwork of a new sport to the unified participants. Everyone enjoyed the experience and walked away with medals and memories that last. We hope this event will become recurring on the calendar about every other year as we leave room for other Special Olympics sports to be considered." Said National Head Bocce Coach Nicole Thompson.

The event would not have been possible without the huge dedication of SOCI National Director Darrel Rankine who coordinated the setup of the courts assisted by PWD team, he also organised the SOCI athletes who participated. Thank you to National Head Bocce Coach Nicole Thompson for organising the tournament and SOCI volunteers. Without the capable vol-

unteers from DOS CFG program and SOCI we would not have been able to run the event smoothly.

The success of the event is a testament to the power of inclusion and teamwork. #GiveToGain!

A list of winning teams & medal placements will be announced in another press release!



► Deputy Premier Garry Rutty, PS Heather Boddin, Hon. Minister Isaac Rankine & James Myles with SOCI Athletes



► Team Lions with SOCI Athletes



► Team Welly's & Hon. Minister Isaac Rankine



► Team DOS with SOCI Athletes

# MHES and Public Health launch revised immunisation schedule

The Ministry of Health, Environment and Sustainability (MHES) in partnership with the Public Health Department, today announced the implementation of an updated National Immunisation Schedule, effective 27 April 2026.

As part of this advancement, the existing Childhood Immunisation Schedule will formally transition to the Childhood and Maternal Immunisation Schedule, reflecting an integrated approach to lifelong disease prevention in the Cayman Islands.

This updated Schedule follows a comprehensive review of international scientific evidence, evolving epidemiological trends, and global best practice guidance. It reinforces the Cayman Islands' commitment to maintaining a modern, evidence-based immunisation programme that protects infants, children, adolescents, and pregnant women.

"Updating the Childhood and Maternal Immunisation Schedule marks a significant step forward in strengthening public health protection across the Cayman Islands," said the Minister for Health, Environment and Sustainability, Hon. Katherine Ebanks-Wilks. "By formally expanding our programme, we are acknowledging a fundamental health principle, that protection does not begin at birth, it begins before. A strong immunisation framework is one of the clearest markers of a resilient health system and it is our aim to continue, through significant programmes such as this, to build a healthier Cayman for generations to come."

## Strengthening protection before birth

A significant enhancement is the introduction of the Respiratory Syncytial Virus (RSV) vaccine for pregnant women between 28-36 weeks' gestation. Maternal vaccination during this window enables the transfer of protective antibodies



► Hon Katherine Ebanks-Wilks

to newborns, reducing the risk of severe RSV disease during the first months of life, when infants are most vulnerable to respiratory complications.

The inclusion of RSV immunisation formalises a strengthened maternal vaccination strategy and underscores the Ministry's commitment to proactive prevention and protection beginning before birth.

## Key updates to the Childhood Schedule

In addition to the maternal RSV programme, several refinements have been introduced in the childhood schedule.

- The hexavalent vaccine will now include protection against Hepatitis B and will be administered at 2, 4, and 6 months of age, with a booster dose at 18 months. As a result of this integration, the routine Hepatitis B birth dose will no longer be administered.
- The pneumococcal conjugate vaccine (PCV) schedule has been streamlined from four doses to two doses, given at 2 months and 6 months.

• The first dose of the MMR vaccine will now be administered earlier, at 12 months instead of 15 months.

• The updated meningococcal vaccine formulation (ACWYX) replaces the previous ACWY schedule with Meningococcal C introduced for adolescents aged 14-16 years with a booster three years later and Meningococcal B at age 14 with a second dose 2-6 months after. In addition, BCG vaccination will now be administered only to individuals assessed as high risk for tuberculosis.

Chief Medical Officer, Dr. Hilary Wolf stated: "The revision of our National Childhood and Maternal Immunisation 2026 Schedule reflects a structured policy review process grounded in international guidance, epidemiological surveillance, and system-level performance considerations. These updates align our programme with current WHO recommendations and normative guidance and reinforce our national commitment to evidence-based preventive care."

Medical Officer of Health, Dr. Samuel Williams added: "Vaccination remains one of the most effective public health interventions available. The integration of maternal RSV immunisation alongside the updated childhood schedule enhances protection for both mothers and infants while maintaining the highest standards of safety and clinical oversight."

## Implementation and public awareness

In preparation for implementation, MHES and the Public Health Department have begun comprehensive provider briefings, technical webinars, distribution of updated clinical guidance and dosing charts, and system updates to ensure seamless transition across healthcare facilities; A phased public awareness campaign will run from 23 March through 26 April 2026.

This preparatory work reflects months of quiet but critical system coordination behind the scenes. Beyond introducing a new schedule, it has provided an opportunity to strengthen and modernise how preventative services are delivered across the Islands.

MHES and the Public Health Department emphasise that vaccines administered within the Cayman Islands meet rigorous international safety standards and are subject to continuous monitoring. Members of the public are encouraged to rely on official sources for accurate information and to consult their healthcare provider with any questions.

Parents, guardians, and expectant mothers are encouraged to review immunisation records and discuss vaccination plans with their healthcare provider or contact the Public Health Department for further information.

For further information, please contact: Public Health Department – EPI Programme on telephone number 244-2648.

# Public Health offers meningitis vaccination clinic for returning university students

The Public Health Department will host a meningitis vaccination clinic this weekend Saturday, 28 March, 2026, from 9:00 AM to 1:00 PM for students who are returning from university overseas. The vaccinations will be administered at the Public Health Clinic, located on the 2nd floor of the Smith Road Medical Centre.

As part of the National Vaccination Schedule, it is recommended that students planning to attend college abroad receive two different meningococcal vaccines to protect against a variety of meningococcal strains. However, some students may not have received these vaccinations because they were not required at their colleges.

Due to a recent outbreak of meningitis in Kent, United Kingdom, Public Health is encouraging returning students to take advantage of this free clinic and get vaccinated. Vaccination continues to be the best

form of prevention against meningitis.

Students attending the clinic are asked to bring their immunization records, if available.

**This clinic is specifically for students who did not receive their meningitis vaccine before leaving for college and have returned for spring break. Students starting university for the first time this summer will be accommodated at a different clinic in June 2026.**

Residents who have returned from the UK and are feeling unwell are urged to seek medical care immediately if they experience any of the following rapidly worsening symptoms:

- Fever (greater than 38.0 °C or 101 °F)
- Severe headache
- Vomiting
- Stiff neck
- Rapid breathing
- Sensitivity to light

• Rash (initially appearing as small, red pinpricks that may spread and change to red or purple blotches)

- Confusion
- Unusual drowsiness or difficulty wak-

ing from sleep

- Joint and muscle pain

For more information, please contact the Public Health Department at 244-2889 or 244-2621.

**Caymanian Times**

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# Legacy Mas – a new Carnival band and much more

Cayman Carnival welcomes a bold new force this year: Gileen “Gigi” Macdonald, a proud Caymanian creative whose roots run deep in the islands’ heritage. Daughter of David Macdonald, founder of Design-Craft, and granddaughter of James Macdonald, founder of Macdonald Maples and Caulders who also wrote the company’s law establishing Cayman as a tax haven, Gigi carries a family legacy of vision, innovation, and influence. She also honors her grandmother, one of the first Pink Ladies, and her mother, recognized as one of the island’s best compliance officers.

Recently crowned Miss CaymanKind, Miss Congeniality and Second Runner-Up in Miss Cayman Universe, Gigi is much more than a beauty queen. She is an accomplished DJ, mixologist, visual artist, and holds an Associate’s Degree in Social Science. She is also the founder of the Cayman Music and Arts Foundation, an initiative dedicated to supporting and developing local talent across music, visual arts, dance, theatre, fashion, literary arts, culinary arts, and more. Her creativity, drive, and dedication to Caymanian culture are at the heart of her work — and her mission is clear: to unite the community through music, art, and celebration.

Her brainchild, Legacy Mas, is more



than a band — it’s a cultural experience. “It’s one carnival,” she says, smiling, “but it’s about unity, community, and Caymanian pride.” From immersive workshops to unforgettable performances, Legacy Mas brings Caymanian stories to life in ways that honor the past while celebrating the future.



A highlight of Legacy Mas is the “Build Yuh Own Mas” workshop, a hands-on, craft-and-sip experience where participants can decorate their own costume pieces under Gigi’s guidance, bringing the heart of traditional mas-making to life.

Gigi is also building The Garden Place, her creative sanctuary in Palmdale. Com-

plete with a music studio, beauty room, and gallery space, it’s a hub where artistry, culture, and community intersect — a place for Cayman creatives to thrive, collaborate, and inspire.

For those wanting to join Legacy Mas, attend the workshops, or collaborate with Gigi on creative projects, she can be reached at [kyrecords.info@gmail.com](mailto:kyrecords.info@gmail.com). For more information and tickets, visit:

- [Privata Island Pass](#)
- [Legacy Mas Tickets](#)

With Legacy Mas and her lineup of immersive events, Gileen Macdonald is not just bringing a band — she’s bringing Caymanian culture, creativity, and stories to life, inviting everyone to celebrate, connect, and experience the islands like never before and especially carnival!

Beyond the carnival, Gigi is leading a lineup of events that will make Cayman come alive: Roots & Rhythm, a day celebrating local music and craft; the Brunch & Boat Party with DJs and good vibes on the water; a high-energy Beach Party; Zumba & Soca sessions; and more! These events give local talent, families, and visitors a chance to connect with Caymanian culture in dynamic and interactive ways.

## Passport Office Closure and Easter Travel

The Passport and Corporate Services Office advises the public that it will be closed for the Easter public holidays on Friday, 3 April and Monday, 6 April. Persons are encouraged to prepare in advance and check their passports to ensure all is in order for upcoming Easter travel.

To prepare the public should:

- Check passport expiry date to ensure validity for the dates of travel
- Check that passport is valid based on the country’s entry requirements. For example, when travelling to the United States, British Overseas Territories pass-

port must be valid for at least six months after the date of intended departure from United States

- Apply for or renew passports before travel time, and
- Apply for any necessary visas as required for travel.

For more information on passport or corporate services, members of the public may contact the Passport and Corporate Services Office at 345-649-7678 or 345-943-7678, or via email, [passport&corporate@gov.ky](mailto:passport&corporate@gov.ky).

### POLICE NEWS

## Police investigates robbery at Harbour Walk

Detectives are investigating a robbery that occurred on the night of Friday, March 27, in the parking lot of Harbour Walk, off Shamrock Road.

Just before 10:00 PM, police responded to a report that a man had been robbed after leaving a local gym. The victim reported being approached by an unknown male who requested assistance with changing a car tire. After following the suspect to a secluded area of the parking lot, the suspect

assaulted the victim and forcibly stole a gold chain from his neck.

The victim fled the location when a second man, who appeared to be an accomplice, approached. The victim sustained non-life-threatening injuries and did not require immediate medical assistance.

The primary suspect is described as having brown complexion, medium height, an athletic build, and low-cut hair.

Police conducted an immediate search of the area and recovered physical evidence; however, the perpetrator remains at large.

“We are asking the public to remain vigilant, especially when walking alone late at night,” says Superintendent Seales in charge of Community Policing for the RCIPS. “If a stranger asks for assistance in a secluded area, please exercise extreme caution and consider staying in well-lit,

populated zones.”

Anyone with information regarding this incident is encouraged to contact the George Town Police Station at 949-4222.

Anonymous tips can be provided directly to the RCIPS via the Confidential Tip Line at 949-7777, or through the RCIPS website <<https://www.rcips.ky>>. Tips can also be submitted anonymously via the Cayman Crime Stoppers website or mobile app.

## Two Arrested After Police Recover Ammunition and Ganja

On Friday, 27 March, RCIPS officers executed a search warrant at an address in West Bay, supported by officers from Customs and Border Control (CBC). During the search, a quantity of ganja and two spear guns were recovered in the residence. Four

rounds of ammunition were recovered in a vehicle on the property.

A man residing at the location, age 28, was arrested on suspicion of possession of ganja and possession of an unlicensed spear gun.

The man and a woman age 34, also residing at the location, were arrested for possession of an unlicensed firearm (ammunition). Both have been bailed whilst enquiries continue.

The matter remains under investigation.



**CAYMAN ISLANDS  
CHAMBER OF COMMERCE**



# Chamber Careers Expo 2026 Showcases Opportunities and Strengthens Future Workforce Pipeline

The Cayman Islands Chamber of Commerce brought together students, school leavers and job seekers from across the Islands for its annual Careers, Education and Training Expo, held on Friday, 27 March at the Sir Vassell Johnson Auditorium at the University College of the Cayman Islands (UCCI).

A flagship initiative of the Chamber for more than three decades, the Careers Expo builds on a legacy dating back to the early 1990s, when the organisation began hosting job fairs, career exploration sessions, interview preparation work-

shops, and resume-writing programmes. Today, the event continues to evolve as a cornerstone platform that connects education with employment and prepares Caymanians for the future of work.

This year's Expo attracted 43 Chamber member businesses and public-sector employers, representing a broad cross-section of industries, including healthcare, law, financial services, banking, construction, technology, human resources, retail, and more. Exhibitors provided valuable insights into career pathways, as well as information on scholarships, internships,

apprenticeships and professional development opportunities.

The event forms part of the Chamber's Building a Future-Ready Workforce advocacy pillar, which emphasises the importance of early exposure to careers, skills development and adaptability in a rapidly changing global economy.

Chief Executive Officer Wil Pineau highlighted the Chamber's longstanding leadership in workforce development and its continued focus on innovation:

"For more than 30 years, the Chamber has been at the forefront of connecting

education with employment—through career fairs, training programmes and hands-on workshops that prepare individuals for the workforce. This Expo reflects that legacy, as well as our responsibility to adapt continuously.

The nature of work is changing rapidly, driven by technology, global competition and evolving business models. Our role is not simply to replicate what has been done before, but to anticipate what comes next—ensuring that Cayman's

SEE **CHAMBER CAREERS**, Page 15



► The Chamber of Commerce Careers, Education & Training Expo



► Department of Tourism



► EY



► Health City

# Chamber Careers

CONTINUED FROM Page 14

workforce is equipped with the skills, mindset and opportunities needed to succeed in a more complex and dynamic environment.”

Chamber President-Elect Cristina Spratt encouraged students to embrace flexibility and lifelong learning, drawing from her own diverse career path :

“Careers are rarely linear, and that is something students should embrace rather than fear. My own journey has taken me from teaching to IT, into project management, business development, and leadership, and now into national advisory work. Each step added new skills and perspectives that shaped my career.

Your first job does not define you—but it does equip you. What matters is how you build on those experiences, remain curious, and continue to grow.”

She also emphasised the importance of engaging with emerging trends, particularly the impact of technology and artificial intelligence on the workforce:

“We are entering a period of profound transformation. The jobs of the future will require not only technical knowledge but also critical thinking, adaptability, and ethical judgment. The ability to learn quickly and work alongside technology will define success in the years ahead.

Events like this are essential because they give students real exposure—real conversations with professionals who can help them better understand where

opportunities exist and how to prepare for them.”

Exhibitors reported strong engagement throughout the day, with students asking thoughtful and informed questions about qualifications, skills and long-term career progression.

Althea Zelaya, HR Manager at Kirk Market, noted:

“One of the reasons I love working at Kirk Market is because of the people. It’s a positive, supportive environment where individuals can grow and build meaningful careers over time.”

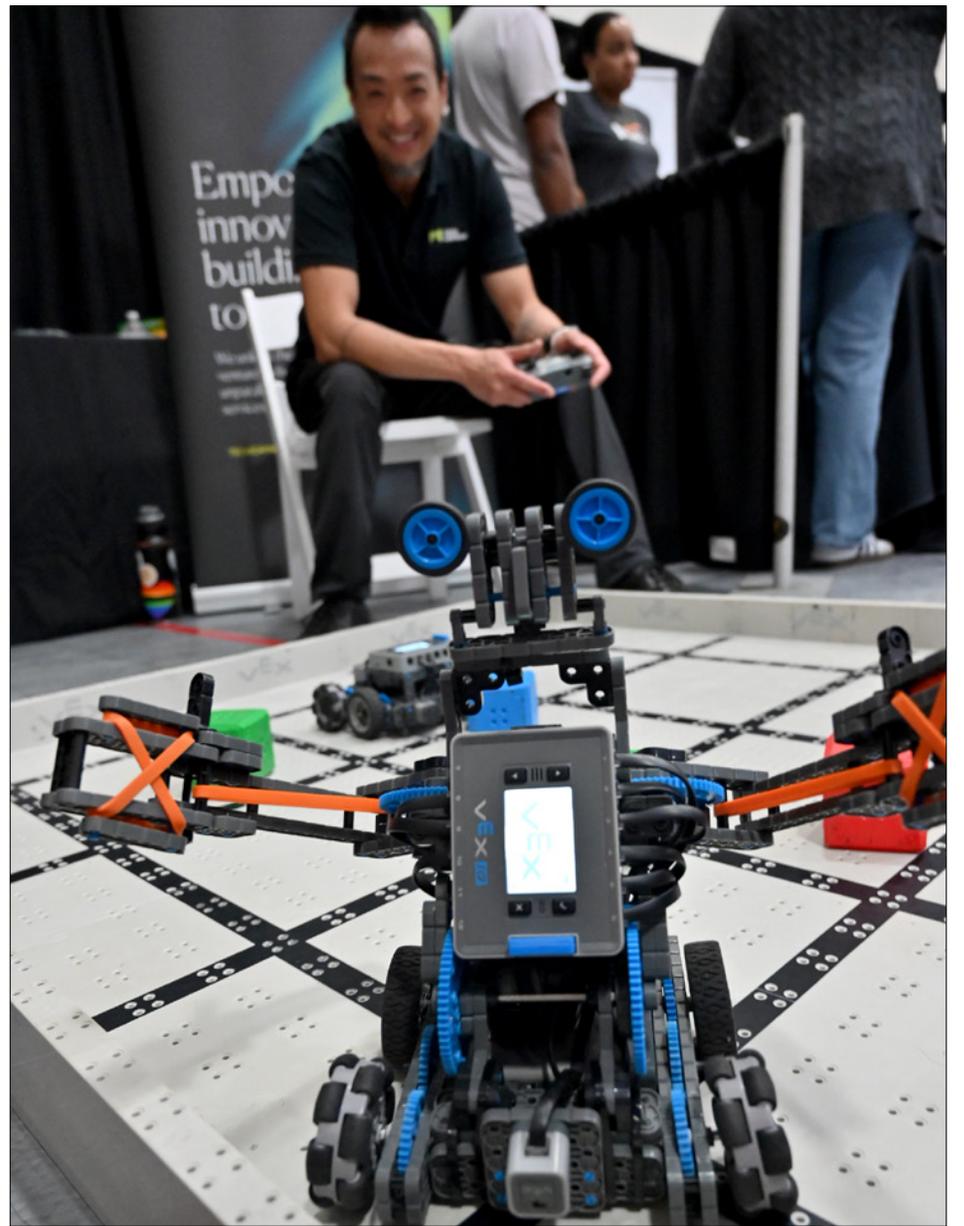
Industry associations also underscored the importance of early engagement. Danielle Hennings of Cayman Finance said:

“Events like the Chamber Careers Expo allow us to connect directly with students and demonstrate the many pathways available in the financial services sector. It helps break down misconceptions and opens doors.”

Technology careers were also a strong focus. Phillip Lui, Education Manager at TechCayman, added:

“We are showcasing both existing and emerging technology careers in Cayman, while also promoting accessible education programmes that support lifelong learning—from students to adults.”

The Chamber extends its sincere thanks to all exhibitors, educators, sponsors and volunteers who contributed to the success of this year’s Expo, and to UCCI for hosting the event. Together, they reaffirm a shared commitment to equipping Cayman’s next generation with the knowledge, skills and confidence needed to thrive.



► Tech Cayman – Phillip Lui and one of his robots



► Rawlinson & Hunter



► Stepping Stones



► Ogier



► University College of the Cayman Islands

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
						
80°/78°	82°/77°	82°/76°	81°/77°	79°/77°	79°/78°	80°/77°
A passing shower in the morning; otherwise, breezy with variable cloudiness	Breezy in the morning with a shower in places; otherwise, mostly sunny	Sunny	Mostly sunny	Partly sunny with a couple of showers in the afternoon	Some sun with a thunderstorm in spots	Some sun with a thunderstorm in spots

## COMMUNITY EVENTS

### Jr. Batabano T-shirt Logo Competition

**Ongoing until 15 April** – Children up to 17 years old are invited to participate in the annual Jr. Batabano T-shirt Logo Competition. This year's theme is "Celebrating Our Cultural Icons." The winner will receive a tablet and have the honour of having their logo on the official Jr. Batabano T-shirt 2026. For more information, visit the Jr. Batabano FB page or call 925 – 3970. Entry forms are also available at school or Le Classique, The Strand.

### Good Friday, Easter Sunday & Easter Monday – Public Holidays

**3 & 6 April** – These are religious and public holidays in the Cayman Islands. Most businesses, including offices and supermarkets will be closed on Good Friday. Restaurants and gas stations are usually open.

### April 2026 Services at St. Alban's Anglican Church on 461 Shedden Road

**3 April & 5 April** - The Good Friday Ser-

vice of Prayer and Devotions will be held at 12pm on Friday, April 3rd. The Easter Day Service and Holy Communion will be held at 9am on Sunday April 5th.

### Breakfast with Bunny at the Cayman Turtle Centre

**4 April** – The Cayman Turtle Centre is having "Breakfast with Bunny" on Saturday 4 April from 8:30am to 10am. This will be a festive Easter morning filled with music, games, treats, and a special opportunity to take photos with the Easter Bunny. This family-friendly experience combines a delicious breakfast with fun activities. Tickets are priced at \$40 USD per person, with an optional breakfast and park access upgrade available for \$55 USD. Children aged 12 and under receive the upgrade for free, making it an even more enjoyable day out for families. For more information, call 949 – 3894.

### Easter at Bayshore

**4 April** - Families are invited to round up the little bunnies and hop over to Bayshore Mall

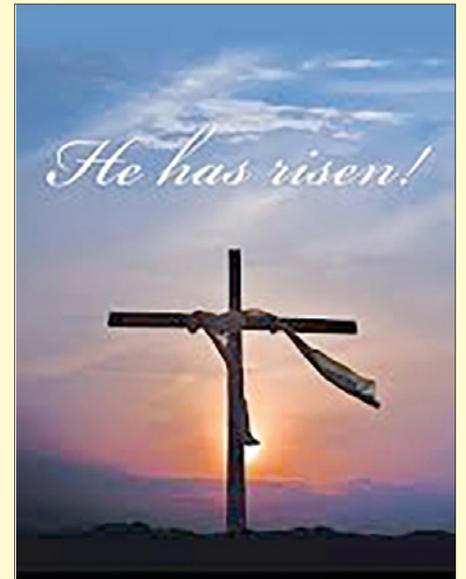
for an Easter celebration featuring games, treats and entertainment throughout the mall from 4pm to 6pm. Children can take part in the Bayshore scavenger hunt, enjoy a fresh face-paint design and keep an eye out for a special appearance from the Easter Bunny who may bounce by for photos. Activities include snow cones, popcorn, face painting, Easter chocolates, games, entertainment and a scavenger hunt. Free parking is available behind Bayshore Mall.

### Storytime at Gardenia Court

**5 April** - Join Next Chapter at Gardenia Court (located just behind Next Chapter) for a storytime session that will ignite children's imaginations - surrounded by greenery and in the fresh air. FREE to the public, bring along a picnic blanket and settle in at 10am for the reading of children's books, ranging from classic favourites to new best sellers

### Dr. Bill Hrudey Science Fair

**18 April** – Register now and get your projects ready for the 19th. Dr. Bill Hrudey Science Fair put on by Rotary Central. Project categories are Earth Science, Life Science, Food & Health and Physics, Chemistry and



► Have a Blessed Easter!

Computer Science. The Science Fair will be held at 8:00 a.m. on Saturday 18 April 2026 at the Arts and Recreation Centre ("ARC") at Camana Bay, Grand Cayman. For more information, go to [rotarysciencefair.ky](http://rotarysciencefair.ky)

Send your community events to [wendy@caymaniantimes.ky](mailto:wendy@caymaniantimes.ky)

# Lifestyle Mistakes Not to Make

In today's fast-paced world, many people are unknowingly sabotaging their health and well-being through everyday lifestyle choices. These mistakes often seem small or harmless in the moment, but over time they can lead to chronic fatigue, weight gain, stress, illness, and a reduced quality of life. The good news is that most lifestyle mistakes are preventable—and reversible—once you become aware of them. Below are five common lifestyle mistakes you should avoid if you want to live a healthier, more balanced, and more fulfilling life.

### 1. Neglecting Physical Activity

One of the most damaging lifestyle mistakes is living a sedentary life. Modern conveniences—cars, desk jobs, streaming services, and smartphones—have dramatically reduced the amount of daily movement most people get. Many assume that occasional exercise is enough, but long periods of inactivity can still harm your health even if you work out a few times a week.

Regular movement supports heart health, muscle strength, joint mobility, bone density, and mental well-being. When you neglect physical activity, you increase your risk of obesity, cardiovascular disease, type 2 diabetes, and

depression. Exercise doesn't have to be extreme; walking, strength training, stretching, and recreational sports all count. Consistency matters more than intensity.

### 2. Poor Sleep Habits

Sleep is often sacrificed in the name of productivity, entertainment, or social media. Unfortunately, chronic sleep deprivation takes a serious toll on both physical and mental health. Poor sleep affects hormone regulation, immune function, memory, mood, and metabolism.

Many people make the mistake of assuming they can "catch up" on sleep during weekends, but irregular sleep patterns disrupt the body's natural rhythm. Adults should aim for seven to nine hours of quality sleep each night. Establishing a bedtime routine, limiting screen time before bed, and creating a calm sleeping environment can significantly improve sleep quality.

### 3. Relying on Processed and Convenience Foods

Another major lifestyle mistake is consistently choosing highly processed foods over whole, nutrient-dense options. Fast food, sugary snacks, and packaged meals are convenient, but they are

often loaded with excess sugar, sodium, unhealthy fats, and artificial additives.

A diet dominated by processed foods can lead to inflammation, digestive problems, nutrient deficiencies, and increased risk of chronic diseases. Whole foods—such as fruits, vegetables, lean proteins, whole grains, and healthy fats—provide the nutrients your body needs to function optimally. While convenience foods are sometimes unavoidable, they should not be the foundation of your diet.

### 4. Ignoring Stress and Mental Health

Many people normalize constant stress, believing it is simply part of adult life. However, unmanaged stress can be just as harmful as poor diet or lack of exercise. Chronic stress raises cortisol levels, which can lead to weight gain, high blood pressure, sleep disturbances, anxiety, and burnout.

Ignoring mental health needs is a serious lifestyle mistake. Healthy stress management strategies—such as mindfulness, deep breathing, exercise, social connection, and setting boundaries—are essential for long-term well-being. Seeking support from a coach, counselor, or trusted friend is not a sign of weakness but of self-awareness.

### 5. Skipping Preventive Health Practices

Many individuals only focus on their health when something goes wrong. Skipping regular checkups, screenings, and preventive care is a common but avoidable mistake. Early detection of health issues can prevent minor problems from becoming serious conditions.

Preventive health includes routine medical visits, dental care, eye exams, proper hydration, and listening to your body's warning signs. Taking a proactive approach to health allows you to make informed decisions and maintain vitality as you age.

**Lifestyle** mistakes don't happen overnight, and correcting them doesn't require perfection. Small, consistent improvements in movement, sleep, nutrition, stress management, and preventive care can produce powerful long-term benefits. By avoiding these five common lifestyle mistakes, you set the foundation for a healthier body, a clearer mind, and a more energized life—today and well into the future.

Call Personal Trainer Ernest at Body Shapers Personal Training Fitness Studio 325-8696 for more helpful tip.

**MOMENTS OF INSPIRATION**



***“AND SITTING DOWN THEY WATCHED HIM THERE.”***  
**MATTHEW 27: 36**

The message of the Cross seemingly now despised and debunked by the human race, remains the hallmark of God’s infinite mercy and unending love for us. The pulpits of today are flooded with the new normal- inspiring speeches, motivational anecdotes, and prosperity have replaced the message of the Cross. That old and yet ever new message of Repentance of sin, redemption of the soul through His blood is said to be irrelevant, and just like the soldiers in the text, “MANY ARE STILL TODAY SITTING DOWN AND WATCHING HIM THERE,” gambling away their eternity. All we do today is watch, stare and mock at the life- changing, life- redeeming message. Let us therefore examine the text in 3 ways.

**FIRST- THE PURPOSE OF THE CROSS**

**A statement was made.** A profound statement. Here God’s love for you a lost sinner is revealed and displayed. This is the sacrifice from the foundations of the earth. This is the fulfillment of John The Baptist, “BEHOLD THE LAMB OF GOD WHO TAKETH AWAY THE SIN OF THE WORLD.” The purpose of the cross is God saying, “I see

you, I hear you, I know you, I love you and here is your way of freedom from sin.”

**A statement of Salvation was made.** There is no other way to be saved. Jesus is not another way, a familiar way, an alternative way, BUT THE WAY. Hear Him boldly declare, : IA AM THE WAY, THE TRUTH AND THE LIFE.”

**A statement of Satan’s defeat.** Ever since his demise in glory and eventual dismissal, Satan has been after the human race. Idolatry, fornication, adultery, homosexual and lesbian lifestyles, disobedience to parents have embodied his manipulation, deception and distraction of the human race. He has come to steal kill and destroy but JESUS CAME THAT WE MAY HAVE LIFE AND THAT MORE ABUNDANTLY.” Satan and his cohorts did a victory dance when Jesus hung on the cross but he never bargained for these words of victory, : IT IS FINISHED,” You do not to continue in sin but surrender through repentance and be saved.

**SECOND- THE POWER OF THE CROSS.**

**Sin dies.** With true REPENTANCE from sin comes a new life and lifestyle. Chains of sin are broken and redemption is achieved. That day death drank its own poison.

**Hell is defeated.** No blood washed, blood bought, re-

deemed soul will ever smell the flames of Hell’s inferno. Jesus’ death on the cross paid for your salvation and rendered a resounding blow to Satan. All Hell trembled as victory for us was accomplished.

**Heaven is delivered.** His blood that was shed unlocks the qualification to enter His glory. You no longer need to dwell in the mud and miry clay of sin but like the Prodigal Son declare, “I HAVE SINNED AGAINST YOU.”

***NOW WE TURN TO THE PERSON OF THE CROSS- THE MIDDLE CROSS***

That day on Calvary 3 men were executed. The Righteous man, the sinful man and the GOD-MAN. The first thief entered into mockery, scoffing, ridicule and damnation, accusing THE GOD-MAN of being weak. The other thief looked, beheld the GOD-MAN on the Middle Cross, recognized his sinful condition and cried, “LORD REMEMBER ME WHEN YOU COME INTO YOUR KINGDOM.” And the response shook all of heaven, Earth and Hell. “TODAY YOU ARE WITH ME IN PARADISE.” Jesus was saying to him, “GO AND SIN NO MORE.”

So do not sit down and watch Him there. Do something. Fall on your knees and REPENT. There will begin the new life. Will you obey?

**DEATH ANNOUNCEMENTS**

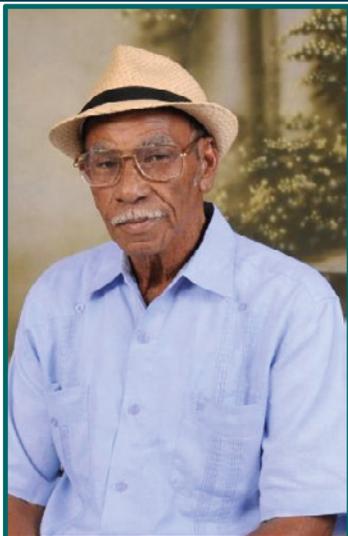


Churchill's Funeral Home

We have been asked to announce  
The passing of  
**Mr. Victoriano “Roy” Eden**  
Who passed away on March 13<sup>th</sup> 2026.

A Thanksgiving Service will be held at  
Red Bay Church of God Holiness,  
Grand Cayman, Cayman Islands on  
Saturday, April 11<sup>th</sup> 2026 at 2:00 p.m.

Viewing: 1:00 p.m. - 2:00 p.m.  
Interment: Prospect Cemetery



Condolences can be registered at [churchillsfuneralhome.com](http://churchillsfuneralhome.com)



Churchill's Funeral Home

We have been asked to announce  
The passing of  
**Mr. Alvin Bradford Connor**  
Who passed away on March 23<sup>rd</sup> 2026.

A Thanksgiving Service will be held at  
East End New Testament Church of God  
1695 Sea View Road, East End  
Grand Cayman, Cayman Islands on  
Saturday, April 11<sup>th</sup> 2026 at 11:00 a.m.

Viewing: 10:00 -11:00 a.m.  
Interment: East End Cemetery



Condolences can be registered at [churchillsfuneralhome.com](http://churchillsfuneralhome.com)

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# SUDOKU

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

## Conceptis Sudoku

By Dave Green

	7	4			5			
8			3		4		5	
			9		8		7	
			7		2		1	
		5			1	8	4	7
	3							2
1								8
5								6
3	6	2	1					9

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### Answer to previous puzzle

4	6	3	1	7	8	2	5	9
9	8	1	3	2	5	7	6	4
2	5	7	9	4	6	8	1	3
1	2	4	5	6	3	9	8	7
5	9	6	2	8	7	3	4	1
3	7	8	4	9	1	6	2	5
6	4	2	7	1	9	5	3	8
7	1	5	8	3	2	4	9	6
8	3	9	6	5	4	1	7	2

Difficulty Level ★★

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Difficulty Level ★★★

2/20

## CROSSWORD

By THOMAS JOSEPH

- |                        |                     |
|------------------------|---------------------|
| <b>ACROSS</b>          | <b>DOWN</b>         |
| 1 Reach across         | 1 Rough guess       |
| 5 Washroom sight       | 2 Game with mallets |
| 10 Way of speaking     | 3 Over again        |
| 11 Venus's sister      | 4 Cravat            |
| 12 Guinness of film    | 5 Bed on a boat     |
| 13 Guileful            | 6 Stand             |
| 14 Double loops        | 7 Brief time        |
| 16 Blonds              | 8 Tattoos, slangily |
| 20 Like some kicks     | 9 Dissenter's vote  |
| 23 Garden visitor      | 11 Vermont resort   |
| 24 Magnet ends         | 15 Tacit approvals  |
| 25 Lombardy city       | 17 Skilled          |
| 27 Period of history   | 18 College head     |
| 28 Gadget protector    |                     |
| 29 Hardly blue-blooded |                     |
| 32 Urban dwelling      |                     |
| 36 Director's cry      |                     |
| 39 Proceed slowly      |                     |
| 40 Is appalling        |                     |
| 41 Oklahoma city       |                     |
| 42 Pains in the neck   |                     |
| 43 — a one (zero)      |                     |

C	O	R	D			C	A	L	F		
A	M	O	U	R		M	A	M	I	E	
B	A	M	B	I		A	T	O	N	E	
A	N	A		L	I	N	S	E	E	D	
L	I	N	D	E	N	S		B	U	S	
	S	Y	R	U	P		R	A	P		
						O	P	E	R	A	
	L	I	P			R	U	N	G	S	
S	A	G		L	I	N	T	E	L	S	
L	I	N	C	O	L	N		L	A	T	
A	D	O	R	N		E	L	A	T	E	
P	U	R	E	E		R	A	T	E	R	
S	P	E	W					W	O	R	N

### Yesterday's answer

- |                        |                       |
|------------------------|-----------------------|
| 19 Dis-patched         | 31 Takes a gander     |
| 20 Milky stone         | 33 Radius partner     |
| 21 Canceled            | 34 Evening, in France |
| 22 Murdered            | 35 Water whirl        |
| 25 Prepare potatoes    | 36 Inquire            |
| 26 Reply to a knock    | 37 Letter before      |
| 28 Half of a chess set | psi                   |
| 30 Pain in the neck    | 38 Great weight       |

## Word Search

F	U	J	G	A	U	G	U	I	N	I	B	T	I	B
Q	O	I	D	S	K	S	X	M	L	Q	P	E	U	K
V	S	U	S	S	E	K	I	R	R	B	R	E	V	S
B	S	V	V	R	A	V	C	Z	U	E	Q	A	N	E
J	A	T	G	H	T	E	N	O	M	B	N	I	R	U
C	C	N	E	B	M	N	O	G	L	G	E	R	M	R
A	I	R	J	N	A	A	E	C	O	L	F	N	U	A
N	P	E	T	U	A	O	T	G	E	V	O	L	S	T
A	Z	L	W	L	D	M	H	I	R	R	C	P	S	D
L	Y	T	E	I	H	W	H	W	S	A	G	M	A	R
E	U	S	I	G	T	Y	A	A	U	S	S	L	G	I
T	L	I	H	F	I	J	G	Y	U	C	E	D	E	O
T	Y	H	T	X	I	E	P	I	O	I	L	A	D	N
O	D	W	C	H	A	G	A	L	L	G	P	B	C	E
W	A	R	H	O	L	U	K	J	U	A	M	Y	D	R

- |           |          |
|-----------|----------|
| Canaletto | Picasso  |
| Chagall   | Pollock  |
| Dali      | Renoir   |
| Degas     | Rubens   |
| El Greco  | Sargent  |
| Gauguin   | Seurat   |
| Goya      | Turner   |
| Ingres    | Van Gogh |
| Manet     | Warhol   |
| Matisse   | Whistler |
| Monet     |          |

Find the listed words in the diagram. They run in all directions – forward, back, up, down and diagonally.

1	2	3	4		5	6	7	8	9	
10					11					
12					13					
14				15						
			16				17	18	19	
20	21	22					23			
24					25	26				
27					28					
29			30	31						
					32			33	34	35
36	37	38					39			
40							41			
42							43			

2-13



Have fun with

# CAYMANIAN TIMES

## CURTIS

By Ray Billingsley

JUST WHAT IS IT THAT CAUSES BACK PAIN?

THERE IS NO ONE DEFINITIVE WAY, CURTIS! MAYBE IT'S A HERNIATED DISK IN THE SPINE...

OR IT'S WHEN THE SPINAL COLUMN NARROWS, OR EVEN LIFTING SOMETHING HEAVY!

LIKE BACK FAT?

2-13

## THE AMAZING SPIDER-MAN

By Stan Lee

SHH, HONEY, YOU WANT SOMEBODY TO HEAR YOU CALL ME SPIDER-MAN?

SORRY, BUT YOU COULD HELP ME CONTACT NAMOR IF YOU WANTED TO!

IN ALL THE WORLD'S OCEANS, HOW COULD I POSSIBLY FIND—

CALLING ALL CARS IN VICINITY OF EAST RIVER DOCKS! AN ATLANTIAN VESSEL HAS JUST SURFACED THERE—

—AND IT'S BRISTLING WITH WEAPONS!

STAN LEE CARRY LIEBER 2-13

## JUDGE PARKER

By Woody Wilson & Mike Manley

THERE'S NO DENYING YOU GAVE US THE CORE RUNNING CHARACTERS AND THEIR RELATIONSHIPS TO ONE ANOTHER.

BUT IT'S IN THE SETTING THAT YOU TWO SHONE... WHICH BRINGS US TO THE REALLY EXCITING PART OF MY NOTES...

ONE CAN EVEN SAY YOU GAVE US THE INITIAL PREMISE THAT EVOLVED INTO OUR CONCEPT...

MARCILLIANO + MANLEY 2/13

# Caymanian Times Classifieds



Applications are invited for the post of  
CUSIP and Office Administrator

## SUMMARY

The CUSIP Administrator is responsible for the CUSIP/ISIN Codes, and other general office and administrative duties to ensure the effective and efficient delivery of service generally.

The **ISIN** (International Securities Identification Number) is a unique global code that identifies securities in different countries to facilitate cross border trading. The CSX CUSIP/ISIN Code platform provides both our local and international clients with the ISIN number for companies, primarily Investment/Hedge Funds, Unit Trusts, Warrants, Debt Securities and Equity companies registered in the Cayman Islands and the British Virgin Islands.

## RESPONSIBILITIES

To perform the following tasks and duties, including, but not limited to:

### CUSIP Administration

- To process and send out all CUSIP/ISIN Codes in a timely manner;
- To prepare invoices in timely manner;
- To follow-up outstanding CUSIP/ISINs invoices monthly;
- Check USD bank account 2-3 daily and update payment spreadsheet;
- Allocate unidentified CUSIP/ISINs payments to the correct invoice;
- Process all credit card payments and perform end-of-day settlements; and
- To organize all CSX social events locally as well as travel, accommodations, and shipping for attending and exhibiting at conferences overseas.

### General Office Duties

- To answer and distribute all incoming calls;
- To prepare documentation for courier dispatch and mail distribution internally;
- Maintain and keep up-to-date administration files;
- To maintain the inventory of office stationery, promotional items, kitchen supplies and consumables, and supplies for emergency preparedness and disasters;
- To arrange for repair and maintenance of office and non-IT related equipment;
- To assist in finalizing the Document Retention Policy and assume responsibility for scanning, retaining, and destroying CSX records according to law;
- Update the Emergency Preparedness and Disaster Recovery Action Plan as directed by the CEO; and
- Provide support to colleagues when required to ensure the smooth running of the office.

## QUALIFICATIONS AND EXPERIENCE

The post holder must have a good understanding of accounting and some experience in the securities industry as well as a high level of experience and knowledge of computerized accounting systems, ideally this would include Quick Books. Having a Bachelor's Degree in a business related field would be a distinct advantage.

- A self-motivated, team player. Takes a proactive supportive role in working with managers and builds and maintains positive working relationships;
- Flexible approach with a willingness to undertake a range of tasks to facilitate the effective running of the various CSX departments;
- Confident dealing with people at all levels, in a tactful and sensitive way, presenting a credible image at all times;
- Previous experience in an office environment preferable although not essential, utilising a fair level of administrative, organisational and coordination skills;
- Effective oral, written and interpersonal communication skills including liaising with government and CSX clients;
- Ability to work in a small team environment, take initiative, work with limited supervision and pay close attention to detail; and
- Demonstrated experience in the use of various software packages including Word, Excel, MS Office and Outlook preferable although not essential, as training will be provided.

## SALARY

Remuneration will be commensurate with qualifications and experience – Salary Range CI\$53,616 - CI\$70,344.

Applications forms are available at [www.csx.ky](http://www.csx.ky)

## BENEFITS

A comprehensive benefits package is offered including health insurance and pension plan.

Applicants should apply in writing, with a detailed curriculum vitae addressed to:

### Operations & Finance Manager

Cayman Islands Stock  
Exchange 4th Floor,  
Pavilion East,  
Cricket Square  
P.O. Box 2408

Grand Cayman KY1-1105 Cayman Islands

E-mail [HR@csx.ky](mailto:HR@csx.ky)

Deadline for receipt of applications is Friday April 10, 2026



## CAYMAN PREP & HIGH SCHOOL

Owned and operated by the United Church in Jamaica and the Cayman Islands

Cayman Prep and High School is a private, co-educational Christian school with over 1,000 students ranging from Kindergarten to Year 13 and offers a British-based international curriculum leading to (I)GCSE and A-level qualifications. The school is renowned for providing a stimulating learning environment in which our students become critical, creative thinkers, responsible citizens, and lifelong learners. This is evident in our consistent record of outstanding academic achievements, pastoral care, and wide range of extra-curricular activities.

We are seeking exceptional teachers to join our high-performing **High School team from August 2026**. This is an outstanding opportunity for accomplished and creative educators who are passionate about child-centred education and eager to positively contribute to, and grow within, a highly respected, values-driven school community known for academic excellence and innovation.

We are looking for reflective, inspirational, and forward-thinking teachers who are inspired by working with motivated learners, value professional collaboration, and are excited by the opportunity to further develop their practice within a supportive environment that invests deeply in its people and empowers educators to make a meaningful impact.

### Teacher – Mathematics

(Job Ref# B198-26-27)

The successful candidate must have a degree in Mathematics or in a relevant subject area, along with an internationally recognised teaching qualification, such as a PGCE, Bachelor of Education or H.Dip.Ed in Mathematics. The candidate must have a minimum of three years' recent experience teaching Mathematics at Key Stage 3, 4 (GCSE) and 5 (A-level). In addition, the successful candidate may be expected to teach Additional Maths (WJEC) at Key Stage 4. Experience teaching Further Mathematics at A-level is an advantage. There may be opportunities for the successful candidate to take on additional teaching responsibilities, based on the individual professional strengths.

**In addition to the requirements for the teaching positions listed above, the successful candidate:**

- Must be an excellent classroom practitioner with creative and innovative ideas and committed to achieving high academic standards.
- Must have recent teaching experience in the relevant subject and up to date knowledge of the British National Curriculum.
- Must have excellent communication skills, both oral and written, and can differentiate learning to meet the needs of each student.
- Must have the ability to work collaboratively, while managing multiple priorities, setting and meeting appropriate targets, be solution driven and be a positive force of good at the school.
- Must be fully IT literate.
- Must be willing to drive and support a wide range of school-related activities.
- Must understand character-based learning and be able to deliver using an individual learning plan for every child.
- Will be expected to uphold and fully adhere to and support the Christian ethos of the school.

Prior experience teaching in a multicultural international school environment is an advantage.

Salary range for the position listed above is CI\$50,700.00 – CI\$69,950.00 per annum commensurate with experience based on the school's point salary scale. Benefits include:

- Generous medical insurance plan – medical premium cost paid for employee at 100%
- Contribution to a pension plan
- Exceptional monetary relocation allowance on arrival
- Return Airfare on initial relocation
- Discounted school fees: first child 100% and 50% for up to 2 additional dependent children
- Tax free salary
- Generous school holidays

**Cayman Prep and High School is fully committed to safeguarding the welfare of our children and young people and expects the same commitment from all our employees. All successful candidates will be subject to enhanced pre-employment clearance including prohibition from teaching checks, identity checks, criminal background checks, qualification checks and employment checks to include an exploration of any gaps in employment and three satisfactory employment checks.**

**APPLICATIONS WILL ONLY BE CONSIDERED IF SUBMITTED ON THE RELEVANT SCHOOL APPLICATION FORM and submitted along with a cover letter and CV.**

Applicants must apply using this link - <https://wkf.ms/3PuOMGo>

The cover letter should be addressed to:

Mr. Karl Murphy, High School Principal  
P.O. Box 10013  
Grand Cayman KY1-1001  
Cayman Islands

For further information about all job vacancies and how to apply please use this link - [www.cayprep.edu.ky/about-cphs/vacancies/](http://www.cayprep.edu.ky/about-cphs/vacancies/)

**Deadline for receipt of applications: Thursday, March 16<sup>th</sup>, 2026**  
Only shortlisted candidates will be contacted.



### CAYMAN PREP & HIGH SCHOOL

Owned and operated by the United Church in Jamaica and the Cayman Islands

Cayman Prep and High School is a private, co-educational Christian school with over 1,000 students ranging from Kindergarten to Year 13 and offers a British-based international curriculum leading to (I)GCSE and A-level qualifications. The school is renowned for providing a stimulating learning environment in which our students become critical, creative thinkers, responsible citizens, and lifelong learners. This is evident in our consistent record of outstanding academic achievements, pastoral care, and wide range of extra-curricular activities.

The **Primary School** invites applications from fully qualified, enthusiastic and experienced candidates to join our high-performing team **August 2026 for a Short-Term contract, up to 6 months, to cover Maternity Leave**. This is an outstanding opportunity for accomplished and creative educators who are passionate about child-centred education and eager to positively contribute to, and grow within, a highly respected, values-driven school community known for academic excellence and innovation.

We are looking for reflective, inspirational, and forward-thinking teachers who are inspired by working with motivated learners, value professional collaboration, and are excited by the opportunity to further develop their practice within a supportive environment that invests deeply in its people and empowers educators to make a meaningful impact.

#### Teacher – Additional Learning Support Needs (ALSN)

(Job Ref#A158-26-27)

The successful candidate will be responsible for enhancing student learning across the Primary Curriculum as part of the ALSN Team, by assisting students in developing effective strategies to overcome specific learning needs. The successful applicant must have a Bachelor's degree in a relevant subject together with an internationally recognised teaching certificate, such as a PGCE, a Bachelor of Education or H.Dip.Ed and a minimum of three years relevant teaching experience. A Post Graduate qualification in Special Educational Needs would be an advantage.

#### In addition to the responsibilities listed above, the duties will include, but will not be limited to:

- Working with learning support colleagues, to deliver systems for identifying, assessing and reviewing special educational needs.
- Closing the gaps on age related expectations enabling students to achieve high standards of learning.
- Liaising with class teachers over classroom environmental factors which impact the progress of students.
- Identifying and advising on the most effective teaching approaches for individual students' learning needs.
- Assisting to find effective ways of overcoming barriers to learning through individual, small group and in-class teaching methods.
- Liaising with classroom and subject teachers with regard to curriculum content, to ensure that children with additional educational needs are able to access the curriculum effectively.
- Assisting classroom and subject teachers with writing and implementing Learning Support Plans for all Phases.
- Implementing and evaluating Individual Education Plans and other appropriate interventions, maintaining detailed information for subsequent consultation meetings with parents and/or external agencies.
- Working collaboratively with other specialists such as Guidance Counsellors, Speech and Language / Occupational Therapists, Educational Psychologists.
- Evaluating the effectiveness of own teaching and interventions by monitoring the progress of students.
- Assisting the classroom teachers and subject specialists in encouraging supported students to gain self-esteem and independence, participating in all aspects of school life.
- Assisting the SENDCo in the strategic development of learning support policy and provision.

#### In addition, the qualifications, experience and skills required for the position listed above are:

- Knowledge of the British curriculum would be an advantage.
- Experience and understanding of teaching children with learning needs such as dyscalculia, dyslexia, dysgraphia, conditions such as ADHD, autism, social, emotional and mental health needs, or have a combination of these difficulties is essential.
- Up to date knowledge and experience of teaching the revised English National Curriculum 2014 and UK SEND Code of Practice 2014 and/or Cayman Code of Practice
- Prior experience in a Support for Learning or Special Education Needs role.
- Outstanding classroom practitioner, passionate about facilitating student learning skills with creative and innovative ideas.
- Experience and skills in providing adapted learning opportunities in order to support, meet and challenge the needs of all learners is essential.
- Fully proficient in using Management Information Systems, such as SIMS and Microsoft office products, especially MS Word and Excel.
- Must have excellent written and verbal communication skills.
- Must be organised, ensuring all record keeping is up to date.
- Prior experience in a multicultural international school environment is an advantage.
- Candidates will be expected to fully adhere to and support the Christian ethos of the school.

Salary range for the position listed above is CI\$50,700.00 – CI\$69,950.00 per annum commensurate with experience based on the school's point salary scale. Benefits include:

- Generous medical insurance plan – medical premium cost paid for employee at 100%
- Contribution to a pension plan
- Exceptional monetary relocation allowance on arrival
- Return Airfare on initial relocation
- Annual travel allowance
- Discounted school fees: first child 100% and 50% for up to 2 additional dependent children
- Tax free salary
- Generous school holidays
- Continued Professional Development Opportunities throughout the School Year

**Cayman Prep and High School is fully committed to safeguarding the welfare of our children and young people and expects the same commitment from all our employees. All successful candidates will be subject to enhanced pre-employment clearance including prohibition from teaching checks, identity checks, criminal background checks, qualification checks and employment checks to include an exploration of any gaps in employment and three satisfactory employment checks.**

**APPLICATIONS WILL ONLY BE CONSIDERED IF SUBMITTED ON THE RELEVANT SCHOOL APPLICATION FORM and submitted along with a cover letter and CV.**

Applicants must apply using this link - <https://wkf.ms/40MPe5b>

The cover letter should be addressed to:

Mrs. Sacha Strand, Primary School Principal  
P.O. Box 10013  
Grand Cayman KY1-1001  
Cayman Islands

For further information about all job vacancies and how to apply please use **this link** - [www.cayprep.edu.ky/about-cphs/vacancies/](http://www.cayprep.edu.ky/about-cphs/vacancies/)

**Deadline for receipt of applications: Thursday, April 16<sup>th</sup>, 2026**

Only shortlisted candidates will be contacted.

F & G Roofing Company  
Requires experienced Roof Technicians  
Over 3 - 5 Years' experience  
Salary CI\$10 - \$14 per hour plus standard benefits  
P.O. Box 30318 Grand Cayman KY1 1202

MDM Contractors  
requires  
Carpenters, Masons, Drywall Hangers and Mason Helpers

- Installation of truss roofs
- Hang and Finish Drywall
- Must be able to lay blocks
- To assist masons
- Minimum of 5 -10 years' experience
- Salary CI\$10 - CI\$12 p/h plus benefits as per Labour Law.

Apply to: PO Box 1608 Grand Cayman KY1 -1504

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you reach yours



## Account Manager, Fund Services

Salary: CI\$75,934 to CI\$113,900

The Account Manager, Fund Services will administer a portfolio of mutual funds and will be required to proactively identify and resolve all client issues in a timely manner.

### About you

- Internationally recognised professional accountancy qualification with 3-5 years' post-qualifying experience in an offshore environment
- Good knowledge/understanding of complex fund structures, the regulatory regime in Cayman and relevant Generally Accepted Accounting Principles
- Knowledge of significant provisions of the Cayman Islands Mutual Funds Act, FATCA/CRS, Cayman AML, etc.
- Strong technical knowledge on fund administration services and in depth understanding of fund accounting matters
- A thorough understanding of the theoretical and technical nature of hedge fund accounting and administration and generally accepted accounting principles
- Good working knowledge of the banking/asset management industry related to institutional and high net worth clients
- Knowledge of Bloomberg, Reuters, Mfact, MShare and 5 Series would be desirable

## Fund Administrator

Salary: CI\$44,490 to CI\$66,736

The Fund Administrator assists in administering a portfolio of hedge funds by performing a range of administrative duties. The incumbent assists in the day-to-day administration of a portfolio of accounts with varying degree of complexity.

### About you

- 2-3 years fund administrator/financial services customer service role experience, experience with dealing with financial transactions of investment funds
- Good knowledge & understanding of investment funds structures/accounting/security type and foreign tax compliance (FATCA CRS)
- Knowledge of Know Your Client (KYC) and other regulations relating to Cayman Islands Mutual Funds Act and fund investors.

## About our offers

You will have a challenging, diverse experience with opportunities for professional growth. Our compensation and reward package is attractively structured and performance bonuses are offered.



To view the full role profiles and apply for these and any other positions, kindly visit [cibccaribbean.com/about-us/careers](https://cibccaribbean.com/about-us/careers). Applications with detailed resumes should be submitted no later than April 10, 2026. CIBC Caribbean thanks all applicants for their interest, however only those under consideration will be contacted.



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[cibccaribbean.com](https://cibccaribbean.com)

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CIBC Caribbean

**Johnson Architecture**

Johnson Architecture is seeking applicants for the position of Project Architect.

**Job Description**

The Project Architect will be required to manage commercial and/or residential projects and work alongside other Architects in a local architecture firm. Duties will include:

- Schematic and Detailed Design Drawing
- Construction Drawing and Specification Writing
- Consultant Coordination
- Construction Administration
- Liaising with Contractors, consultants and clients
- Creating Solutions to Technical Problems
- Preparing Sketches, Designs and Renderings

**Job Qualifications**

In addition to the following qualifications, this position requires that the applicant possess sound judgment and demonstrated ability to work in a confidential environment.

- 10+ years Architectural experience
- Licensed Architect with NCARB certification
- An accredited Bachelor of Architecture degree, a Masters degree Preferred
- Construction Drawing and Construction Documents Experience
- Construction Administration Experience
- Experience with Consultant Coordination
- Solid knowledge of building codes
- Excellent Graphic and Architectural Design skills
- Proficiency in Rhino and AutoCAD (Revit experience also welcome)
- Proficiency in Adobe InDesign and Photoshop
- Experience with real-time rendering tools such as Lumion, D5, Enscape
- Strong verbal and communication skills

**Salary**

Compensation will be set relative to level of experience. Applicant will be required to work 5 days a week.

To apply, email a resume and a portfolio (less than 5MB) to [Robert@rjda.ky](mailto:Robert@rjda.ky)



**AVIATION COMMUNICATION (AVCOM) LTD**

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Aviation Communication Limited (Avcom) is an information and communications technology service provider, specializing in the development and delivery of optimal business and technology solutions including two-way radio communications, Tower/Mast Infrastructure maintenance, Access control systems, wireless communications, video surveillance and video analytics and Aeronautical Navigational Aide System. We master the art of combining imaginative and solid design techniques with leading-edge technology to produce creative and innovative solutions. The company offers a wide range of technological products and services designed not only to handle today's demands but also to meet future needs.

**JOB TITLE: Communication Navigation and Surveillance (CNS) Engineer**

Applicant must be a graduate of a reputable institution having the following minimum qualifications with at least five (5) years field experience.

Associate degree or higher in Electronics, Computers, and IT Technology.

The core requirement of the individual for this position is the maintenance and support of Aeronautical Navigation and Surveillance equipment at the airports. The applicant must have working experience and certification for Doppler VOR/DME and other air traffic control (ATC) equipment. Other experience in Aviation Communication systems and equipment and certification in ATSEP is a definite advantage. A strong IT background is essential.

Applicants should possess a valid Drivers Licence. A clean Police Record, with ability to obtain a Security Technician's clearance. Good oral and written communication skills are essential along with the ability to work as a team player.

Our business is an Essential Services Operation hence the individual will be on call seven days per week, twenty-four hours per day on a rotational basis.

Benefits include – 3 weeks' vacation, 5% Pension contribution, 50% of Health Insurance coverage. Salary commensurate with experience of **US\$54,000.00 to \$66,000.00** annually. A call out allowance is paid for being **ON CALL**.

Resume with cover letter and certificates should be submitted to the address below:

Aviation Communication (AVCOM) Ltd  
 21 Breezy Way, P O Box 10217  
 Grand Cayman KY1-1002  
 Cayman Islands or  
 Email: [racquel.ford-bodden@avcom.ky](mailto:racquel.ford-bodden@avcom.ky)

**NOTICES**



THE ROADS LAW (2005 Revision)  
 Section 3 Declaration of Intent

In exercise of the powers conferred on Cabinet by section 3 of the Roads Act (2005 Revision), acting upon recommendation by the National Roads Authority, it is hereby declared that:

1. It is the intention of the National Roads Authority to gazette a new public road as described hereunder:

**REGISTRATION SECTION: North Side**

**REGISTRATION BLOCK: 53A**

**BOUNDARY PLAN: BP 629**

**PORTIONS OF LAND NEEDED:** The proposed roadwork is defined by boundaries outlined in green on BP 629 and listed in the Schedule below.

2. Boundary Plan Number 629 may be inspected at the offices of The National Roads Authority, 370 North Sound Road, or at The Lands & Survey Department, 133 Elgin Avenue, George Town, Grand Cayman or at the Lands Office, 256 Creek Road, Cayman Brac, or online at [www.caymanlandinfo.ky](http://www.caymanlandinfo.ky) under 'Road Schemes'.

Block	Parcel	Approximate Area loss in acres
53A	48	Less than 0.01

Made in Cabinet this 21 day of January 2026  
 Clerk of Cabinet



THE ROADS LAW (2005 Revision)  
 Section 3 Declaration of Intent  
 Section 6 Authority to Enter Lands

In exercise of the powers conferred on the Governor by Section 3 and 6 of the Roads Act (2005 Revision), and acting upon recommendation by the National Roads Authority, it is hereby declared that:

1. It is the intention of the National Roads Authority to gazette a new public road as described hereunder:

**REGISTRATION SECTION: Little Cayman West**

**REGISTRATION BLOCK: 83A**

**BOUNDARY PLAN: BP 700**

**PORTIONS OF LAND NEEDED:** The proposed roadwork is defined by boundaries outlined in green on BP 650 and listed in the Schedule below.

The National Roads Authority and its agents are authorized to enter upon lands listed in the Schedule below for the purposes of road works as publicly declared as intended under Section 6 of The Roads Act (2005 Revision); Such authority will take effect 15 days from the date of publication of this Notice in the Cayman Islands Gazette; The line and anticipated boundaries of the road works are shown edged green on Boundary Plan 700.

Boundary Plan Number 700 may be inspected at the offices of The National Roads Authority, 370 North Sound Road, or at The Lands & Survey Department, 133 Elgin Avenue, George Town, Grand Cayman or at the Lands Office, 256 Creek Road, Cayman Brac, or online at [www.caymanlandinfo.ky](http://www.caymanlandinfo.ky) under 'Road Schemes'.

Block	Parcel	Approximate Area loss in acres
83A	50REM1	3.85 (whole parcel)

Made in Cabinet this 11<sup>th</sup> day of February 2026  
 Clerk of Cabinet

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### Newspaper Editor / Journalist

Caymanian Times is seeking a highly motivated **Newspaper Editor/Journalist**

Role & Responsibilities for the position of **Newspaper Editor/Journalist** at Caymanian Times

#### Role:

The Editor /Journalist will play a vital role in the output of Caymanian Times and its associated media endeavours across several platforms in addition to the printed paper reporting directly to and assisting the Publisher.

#### Duties and responsibilities include:

Assisting the Publisher with the complete news and current affairs production process from editorial planning to the final output of multi-platform news and current affairs content including; Compiling and reviewing content for the newspaper, covering events, researching news stories, interviewing and writing, on-mic and on-camera presentation in a multi-media environment.

- Editorial oversight of the general multi-platform news and current affairs output of Caymanian Times under the direction of the Publisher
- Setting and overseeing assignments of the journalism team including; staff, freelancers and contributors
- Produce and present content across the various platforms of Caymanian Times as directed by the Publisher
- Maintaining news files and archives
- Represent Caymanian Times at news and related events as directed by the Publisher
- Liaise with the production teams across the various content output of Caymanian Times as directed by the Publisher

#### Candidate profile:

- Qualification in Journalism or relevant field
- Previous journalism experience of at least five years with prior editorial management responsibility is a necessity.
- Portfolio of published articles or newscasts
- Graduate-level proficiency in the English language
- Proficiency to a professional level with news content software and digital production processes across print, online, video and audio including television and radio
- Excellent communication and networking skills
- The successful candidate must be familiar with current socio-economic and political developments in the Cayman Islands, as well as the Caribbean and global news agenda with a focus on how they relate to the Cayman Islands.
- An understanding of the history, culture, and society of the Cayman Islands is desirable.

All applicants must have a clean Police Record (no prior convictions or pending judgments), a clean Medical Record, a clean and valid Driver's License and be able to provide at least three suitable references, with two of those being from previous employers.

Salary will be commensurate with experience and qualifications and will be **CI\$5,100** per month. Benefits will be in accordance with Cayman Islands Labour, Health Insurance and Pensions Laws

Applicants should forward a detailed resume quoting reference

"Newspaper Editor" to:

The Publisher, Caymanian Times

Email: [ralph@caymaniantimes.ky](mailto:ralph@caymaniantimes.ky)



## UNIVERSITY COLLEGE CAYMAN ISLANDS

### UCCI invites qualified applicants for the following position:

**Position:** Director of Marketing and Communications

#### OVERVIEW

The Director of Marketing & Communications is responsible for the overarching outreach and marketing recruitment at UCCI. This position exists to present UCCI as a professional, engaging institution to all stakeholders and community groups related to the University, including current and potential students, faculty, staff, alumni, parents, government/community leaders, and citizens. This position reports to UCCI's Vice President, Business and Operations.

#### Key tasks include:

- Marketing and Communications: directing strategy, web, print, events, design, media relations, communications and social media, and other digital media.

#### KNOWLEDGE, SKILLS AND ABILITIES

- Bachelor's degree in a Marketing, Design or a related discipline.
- Minimum 10 years of professional work experience in marketing or a related field
- At least 5 years media relations experience with a thorough roster of media contacts. Crisis communications experience would be an advantage.
- Thorough knowledge of digital marketing including PPC, social advertising and CMS systems. Experience of digital marketing ROI tracking and monitoring.
- Demonstrated success leading to the development and execution of a marketing and communications team and all associated duties, preferably within an educational setting, University or public sector environment.
- Proven experience of labour market information development and reporting.
- Working relationship with local schools and community groups would be an advantage.

#### Responsibilities

##### Marketing & Communications

- Directs the development and implementation of marketing and communications strategies consistent with the mission, vision, and values of UCCI.
- Executes marketing strategies and campaigns, managing the production of marketing communications in various media.
- Creates promotional communications that may include print, electronic, new media, social media, and other collateral of significant strategic value to implement the University's overall marketing goals and objectives.
- Set goals and implements tracking to monitor campaigns for effectiveness and makes recommendations based on data and trends; monitor consumer and industry trends.
- Strategizes and oversees the development of new, data-driven campaigns based on strategic initiatives.
- Oversees all external media relations and crisis communications.
- Identifies, creates, and updates standard operating procedures for the unit, making recommendations for changes to policies and procedures.
- Advises the development of effective communication strategies to internal and external communities.
- Work collaboratively with UCCI staff to promote a consistent message to the public and UCCI's partners and donors.
- Forecasts staffing, capital, and operating budget needs in evaluating and reporting on market sensitivity, staff performance evaluation, etc.
- Facilitates cooperative and collaborative community and institutional relationships.
- In partnership with the President & CEO and Vice President, Business & Operations of UCCI creates marketing pieces for philanthropic efforts (annual report, etc.); leading efforts to create materials that engage donors.

#### COMPENSATION

- Salary Range: KYD \$87,444.00 – KYD \$114,768.00 per annum (Grade H)
- Employer-covered medical; co-contributory pension. and annual leave (20 days).

#### How to apply:

- Submit a CV and cover letter along with three (3) professional references to [recruitment@ucci.edu.ky](mailto:recruitment@ucci.edu.ky)

**Deadline:** 14 April 2026

Only shortlisted candidates will be contacted.

Caymanians/Caymanian Status, persons married to Caymanians and holding Permanent Residence are preferred.

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- Shareholder agreements.

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Partner

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